

### Southeastern Massachusetts Chapter-Appalachian Mountain Club

May, 1990

## **SEM/AMC** Camp Farley Festival

#### FRIDAY, JUNE 15 - SUNDAY, JUNE 17

What: A potpourri of activities over a whole weekend. A great chance for newcomers to meet lots of people and learn more about the club, and for longtime members to share their fun.

Where: Camp Farley Outdoor Education Center, Sandwich, Cape Cod. We'll be staying in simple cabins. Showers and flush toilets available. Community cooking. Plan to pitch in!

What to Bring: sleeping bag, flashlight, raingear, swimwear, activity gear (bikes, canoes, etc.), BYOB.

What's Happening: (tentative schedule)

Friday, June 15. Check-in 6 PM on. Have dinner before arriving. No meals provided Friday. Snacks, dips, punch will be provided. 8 PM Slide show on AMC trips and activities.

Saturday, June 16. 7-8:30 AM Breakfast. 8:30-9:30 AM lunch items will be available to make your trail lunch. Preparation for day's activities. 9:30 AM - 3:30 PM Hiking, biking, canoeing. 4-5 PM Happy hour, BYOB. 5-6 PM Dinner, community cooking. 7-10 PM Square dancing with caller "Toots" Tousignant.

Sunday, June 17. 7-8:30 AM Breakfast. 8:30 AM Educational Workshop: Ocean Charts and Tidal Navigation. 8:30-9:30 AM, lunch items available to make your trail lunch. Preparation for day's activities. 9:30 AM - ??? Hiking, biking, canoeing.

How to register: Send check for \$45 (members) or \$55 (non-members) made out to SEM/AMC, SASE, and registration form to: John Abbott, 9 Joaquin Ave., Assonet, MA 02702. Deadline for registration is Saturday, June 2. No refunds unless someone is available to take your place.

Further information: General: John Abbott (644-5626 6-8 PM only), Vicki Fitzgerald (617-585- 3424), John Smart (888-4811). Biking: Al Johnson (775-8959), Nancy Wigley (548-2362). Hiking: Bruce Dunham (587-0679), Mary Beth Baptiste (993-6518). Canoeing: Mark Klim (617-344-6341). Educational Workshop: Anita Franks (617-545-7157).

Name:	
Address:	
Phone:	
Chapter Aff	iliation:

## **Executive Board Notes**

The Spring Fling was a great success. 96 people attended. The \$500 raised will be donated to the AMC Board of Natural Resources for the Clean Air Campaign.

A backlog of size small Century Ride T-shirts left over from previous years will be donated to the Camp Farley Outdoor Education Center for distribution to the children.

We are considering having SEM/AMC pins made to honor long time membership and service to the Chapter. Bill and Margaret Brown are getting cost estimates from jewelry manufacturers.

Reminder. The Chapter has scholarship money available for courses and conferences relevant to AMC activities. You will be expected to share what you learn. Contact Walter Morin (697-5795). AMC training sessions coming up: Wilderness First Aid, 5/19-20, \$100; Mountain Leadership, 6/13-17, \$110; First Aid, 6/10-12, \$150.

#### **Conservation Corner**

#### Pam Carter (398-2605)

\*\* Thanks to all of you who wrote to your congressmen about a strong Clean Air Bill and forest protection legislation. Thanks, too, to Bruce Dunham for capturing the essence of wetlands in his drawing for the Earth Day Pledge.

\*\* Did you know that at one time the U.S. boasted some 200 million acres of wetlands and that currently, according to the EPA, less than half of that remains. Scarey, when you realize the valuable resource wetlands are: the removal of pollutants from water, water storage, habitat for fish and other wildlife, recreational areas.

Currently 200-400 thousand acres of wetlands are lost annually. In our own back yard the Hockomock Swamp, the largest vegetated freshwater wetlands in the state, is under pressure by shopping mall developments.

What can we do about it? Chapter Chair, Walter Morin, and the Conservation Committee are following the issue closely. Keep your eyes on the papers. Learn how to use state and local governments to protect our wetlands. What we learn from this issue we can apply to future threats to our wetlands.

Remember, once they're gone, they're gone forever!

\*\* Update on Greylock Glen: New proposed legislation would eliminate second home development any any use of the land not compatible with non-motorized public outdoor recreational activities. This legislation, which allows relatively low impact activities such as ski trails and golf courses, differs from the AMC position of NO new development. Let your state legislator know how you feel.

# HIKING

Bruce Dunham, Chair (587- 0679) Mary Beth Baptiste (993- 6518) HIKE RATING

First character indicates distance: AA=over 13 mi; A=9-13 mi; B=5-8 mi; C=less than 5 mi. Second character indicates leader's pace (average terrain): 1=very fast (2.5mph or faster); 2=fast (2-2.5 mph); 3=moderate (1.5-2 mph); 4=leisurely (less than 1.5 mph). Third character indicates terrain: A=very strenuous; B=strenuous; C=average; D=easy.

**NOTE:** Backpacking equipment is available for rent for use on scheduled SEM/AMC trips. Call Bruce Dunham Mary Beth Baptiste (993-6518).

Sat., Apr. 28. Intermediate Map & Compass, Blue Hills. L Carolyn Crowell (888-4923 before 9 PM),
CL Tom Waddell (617 837-5537).

Sat., May 5. Skyline Trail, Blue Hills (B3B). Excellent warm-up hike for the White Mts. Should have previous experience hiking on strenuous terrain. Meet 9:15 AM at Houghton's Pond pkng. lot on Hillside St., S of MDC Police Sta. Bring lunch. L Bruce Dunham (587-0679 before 9:30 PM), CL John Paananen (586-3652).

Sat., May 5. Introductory Hike, D.W. Fields Park, Avon/Brockton (C4D).Walk around Avon Reservoir and ponds. 9:30-11:30 AM, approx. From Rte. 24 take Exit 19A, Harrison Blvd., E to first traffic light. Turn L onto Pond St. into Bay Bank pkng. lot. Rain cancels. L Sally Foran (586-6013 before 9:30 PM).

Sun., May 6. Walk for Hunger. Use your feet in a good cause. Walk with SEM/AMC "team" to raise money to feed the hungry. 20 miles (or part of it) in Boston, Newton, Cambridge. Get sponsors to pledge \$\$\$ for your miles. For info, pledge papers, meeting place call Vicki Fitzgerald (617-585-3424 eves. until 10).

Sat., May 12. Mt. Monadnock. Day hike in southern NH. Call before 9:30 PM for details. L Ginger Blais (617-957-1826), CL Ray Butts (636-8992).

Sat., May 19. Mid-State Trail (A3BC). Rutland State Park to

Moore State Park. Continuation of our hike across MA. L Walter Morin (697-5895).

Sun., May 20. Introductory Hike, Borderland State Park (C4D). Meet 2:30 PM at main entrance on Massapoag Ave. Potluck supper follows. Call L or CL to register. L Bruce Dunham (587-0679), CL Emily Powers (617-784-8752 before 9:30 PM).

Fri.-Mon., May 25-28. Backpacking in White Mts. to Desolation Shelter. Spend two overnights in remote Pemigewasset "Wilderness" near Mt. Carrigan. 28 mi. in 3 days. Fri. night at Crawford Notch Hostel. Community Cooking. \$15 non-ref. dep. by 5/18. L Bruce Dunham (587-0679 before 9:30 PM), CL Tom Waddell (617-837-5537).

Fri.-Sun., June 1-3. White Mts. Day Hiking (A3B). Three 4000- footers: Mt. Osceola and the Tripyramids. Daypack hiking, tenting at campground. Community cooking. Reg. and \$5 dep. by 5/29. Call L Bob Benvissuto (697- 2025), CL Ken Brady (617-986- 6716).

- Wed., June 6. HIKING COMMITTEE MEETING. Call ' for location and time. Bruce Dunham (587-0679), Mary Beth Baptiste (993-6518).
- Fri.-Sun., June 8-10. White Mts. Backpacking. Hike into Imp Shelter. Hike Moriah. Intermed. level. Community cooking. Limit 6. L Ken Lipman (993-1776 days, 994-7590 eves).
- Fri.-Sun., June 8-10. Day Hikes in White Mts. (A3B). Franconia Notch area. Mts. Lafayette and Lincoln. Stay at campground. Community cooking. Sunday leader's choice. Call to reg. L Walter Morin (697-5795), CL Mary DuBois (997-4489).

Sun., June 10. Introductory Hike at World's End, Hingham (C4D). Call before 9:30 PM for Details. L Ginger Blais (617- 957-1826), CL Linda Schorm (617-331-6662).

#### **Advance Notice**

Fri.-Sun. June 29-July 1. Day Hikes in White Mts. (A3B). Crawford Notch area. Webster Cliffs, Mts. Jackson and Webster. Stay in condo. Community cooking. Indoor pool, etc. to soothe aching body. Next day hike Arethusa Falls, Ripley Falls and Frankenstein Cliffs. Limit 10. Call to reg. by 5/25 and find out whether to send non-ref. \$40 dep. L Walter Morin (697-5795), CL Tom Waddell (617-837-5537), CL John Paananen (586-3652).

# **1990 Chapter Hut Night**

Join us for the weekend at our 3rd Annual Chapter Hut Night in the White Mts. This year the Chapter has reserved Carter Notch Hut for Sat., August 4. The \$42 cost includes Happy Hour after the Saturday hike, Saturday supper and lodging, Sunday breakfast. Include \$7 more if you would like a custom- designed T-shirt (total \$49).

Deposits due by 6/7. Send non-refundable check (refunds only if a replacement can be found for you) for \$42 (no shirt), or \$49 (with shirt), payable to: Bruce Dunham, 29 Rockford St., Brockton 02401. Please call before mailing any check. Limited to 36. Non-members will be charged an additional \$7. L Bruce Dunham (587-0679, eves. before 9:30), CL Walter Morin (697-5795), CL Vicki Fitzgerald (617-585-3424), CL Bob Benvissuto (697-2025).

Limited reservations are available at Pinkham Notch for Friday night at an additional cost of \$24.

# CAPE HIKES

Harry Dombrosk (385-9502) Sun. hikes start 11AM, last 4 hrs; 8-11 mi. Bring lunch. Thurs. hikes start 9:30AM, last 2 hrs; 5-7 mi. Mod/brisk pace.

NO DOGS ALLOWED.

- Thurs., May 3. Harwich, Herring River Scenic Trail. From Rte. 28 in Dennisport turn N on Depot Rd. at Barbos Furniture Co. Travel 1.5 mi. and park on R where Bike Path crosses Depot. Rd. L Larry Cotreau (896-5710).
- Sun., May 6. Harwich, T.W. Trail. Canoe trip joins us for lunch. Meet in Bike Path pkng. lot on Headwaters Dr. which is off Rte. 124 just N of Exit 10, Rte. 6. L Larry Cotreau (896-5710).

Thurs., May 10. Orleans, Pleasant Bay. Meet in pkng. lot rear of CITGO Sta. on Rte. 28 about 200 yds. N of Jct. Rte. 139. L Bill Dickson (255-0299).

Sun., May 13. Truro, Paradise Valley. Meet in abandoned rest area on left (W) side of Rte. 6 about 1 mi. N of Truro town sign. L Kathy Meads (487-1517).

Thurs., May 17. Mashpee River Woodlands. From Mashpee rotary take Rte. 28 toward Hyannis. Go 0.4 mi. and take first R on Quinaquisset Ave. Go 0.7 mi. and turn R on Mashpee Neck Rd. Then go 1.1 mi. and turn R into pkng area at sign. L Nancy Wigley (548- 2362).

Sun., May 20. Brewster. Last Hike of Season. Meet in main pkng. lot of Nickerson State Park on Rte. 6A. L Nancy Wigley (548- 2362).

## BIKING

Al Johnson, Chair. (775-8959)

Nancy Wigley, Co-Chair. (548-2362) Bicycle Ratings:

Beginner: Up to 15 mi, 2 or more hours. Geared to inexperienced riders. Easy: 15-25 mi. Slow to moderate pace. Few hills.

Intermediate: 25-50 mi. Moderate pace. Occasional hills.

Advanced: 50 mi. or more. Fast pace and/or very hilly.

Riders are encouraged to have a bike in good working order (preferably IO speed). Helmets are strongly recommended. Riders should dress for weather. If weather doubtful, check with leaders. Riders should check with leaders about any uncertainties they have pertaining the pace, ability, equipment etc. needed for the ride.

**TUESDAY EVENING CAPE RIDES** 

The Chapter will be offering bike rides on Tuesday evenings May 15 - Sept. 18. All rides start 6 PM. Easy, 12-20 mi. This year's co-ordinator is Nancy Wigley (548-2362). Please phone her if you need more information.

SUNDAY MORNING BIKE RIDES.

June 3 - Sept. 2. Cape side of Cape Cod Canal. Meet 11 AM at E end of Canal at Corps of Engineering pkng. lot. Leisurely lunch ride. L Al Johnson (775-8959).

Sat., May 5. Mattapoisett. Enjoy a brisk-paced, 28 mi. ride. Int.-Adv. L Dave Poole (617- 293-9415). Sun., May 6. Bridgewaters, Middleboro, Halifax. Afternoon trip, starts 1 PM. L Walter Morin (697-5795).

Sat., May 12. Lakeville to Marion. Int. 35 mi. L Elsie Laverty (823-0634).

Sun., May 13. Coastal Ride. Norwell, Cohasset, Scituate. Int. 27 mi. L Art Wessel (617-878-9626).

Tues., May 15. Meet at Friendly's for north side Canal ride.

Sat., May 19. Freetown. Enjoy a leisurely paced ride in and around Freetown. Easy. 18 mi. Cookout will follow. L John and Nancy Abbott (644-5626, 6-8 PM).

Sat., May 19. Nickerson State Park to Harwichport via Bike Trail. Easy/Int. approx. 25 mi. L Walter Morin (697-5795).

Tues., May 22. Meet at Rte. 134 off Rte. 6 at start of Cape Cod Rail Trail.

Fri.-Sun., May 25-27. Nantucket Island. Joint trip with Narragansett Chapter. Ferry over to this beautiful isle for a weekend of biking. swimming, beach walking, exploring. Stay Fri. and Sat. nights at A.Y.H. with beach (and full moon!) right out the front door. Cost approx. \$40 for lodging, 2 breakfasts, and Sat. night steak barbeque. Ferry an additional \$18 plus \$9 for each bike. Limited space. Register early. Send \$25 non-ref. dep. to L Mary DuBois. 370 Russels Mills Rd., S. Dartmouth, MA 02748, (997-4489).

Tues., May 29. Meet at E end of Canal near Corps of Engineering pkng. lot.

Sat., June 2. Pembroke/Duxbury. Int. 35 mi. L Linda Coombs (617-293-7390, before 9 PM), CL Vicki Vinal (617-934-2777).

Sat.-Sun., June 2-3. Martha's Vineyard. Annual Family Bike Trip. Adults must be accompanied by a child. The trip will be geared to the weakest rider, but 10-speed bikes and helmets are strongly recommended. Average daily mileage less than 12 mi. Visit the old Methodist Campground in Oak Bluffs, the antique merry-go-round and Wind Farm. Stay at Youth Hostel. \$15 dep. req. by 5/13. Non-refundable unless there is a waiting list. Cost est. \$40 includes everything except lunches which you bring. For more info call or write L Betsy Mac Lean, PO Box 313, W. Barnstable, 02668 (778-6864), CL Nancy Ellis (240-0147).

Sun., June 3. Canal.

Sun., June 3. Easton. 30 mi. Meet 10:30 AM. Rte. 126 & 106. L Claire Braye (238-3434).

Tues., June 5. Meet at Dennis Town Hall for ride to Scargo Tower.

Wed., June 6. CENTURY RIDE PLANNING MEETING, Carver. Call Bob Bentley (866-3057) for directions.

# CANOEING

Mark Klim (617-344-6341) NOTE: Boats are available for rent on SEM-AMC trips only. Aluminum canoe, \$7/day; Chinook Kayak, \$7/day; C-1, \$5/day. All include PFD, paddles and roof carrier. Contact trip leader. FLATWATER

Sat., May 5. North River. Joint trip with Narragansett Chapter. Potluck supper. L Hank Stahr and Jane Thompson Stahr (617-545-4486).

Sun., May 6. Walkers Pond. Meet hikers for gourmet lunch. L Nancy Wigley (548-2362), CL Anita Franks (617-545- 7157).

Sat., May 12. Bass River. Yarmouth, Tidal. L Bud Carter (398-2605), CL Nancy Wigley (548-2362).

Sat., May 19. Taunton River. Joint trip with Taunton River Watershed Alliance. L Dave Gunning (997-6876).

Sat.-Sun., May 19-20. Wood River,
RI. Joint with Narragansett Chapter.
L Judy O'Bryant (617-293-2277),
CL Bob Fuller (617-585-8751), CL
John Botelho (824-6354). \$10 dep.
req.

Fri.-Mon., May 25-28. Batten Kill River, VT. Flat-Class 1. L Bill Rehill (543-3921). \$10 dep. req. Sat., June 9. Waquoit Bay, Washburn Island, Falmouth. Tidal. L Barbara Rogers (362- 3954), CL Lee Rogers.

ADVANCE NOTICE: Lake Champlain Canoe Camping. Interchapter Excursion. July 7-14, (note date change). Paddle through Missisquoi National Wildlife Refuge — hiking, birding, looking for mammals in the 6,000-acre Missisquoi River delta. Paddle to and explore lake islands. Limit 12. Approx. cost \$160. For info send SASE to L Paula Phillips, 101 Washington St., Pembroke, MA

02359 (617-826-8080), CL Ruth Irwin (617-447-4637).

#### WHITEWATER

Sat.-Sun., May 5-6. West. (2 + 3). Upper and Lower sections. L Paul Farrington, CL A.J. Farrington (285-7041).

Sun., May 20. T-Ville or Better. (2-3) L Mark Klim (617-344-6341).

#### TRAILS

Stephen Ouellette (339-7727) John Pribilla (477-2817)

TRAILS T-SHIRTS Support your chapter TRAIL CREW. Contribute \$10 or more and get a special T-shirt with our new Lonesome Lake Beaver logo. Contact Stephen Ouellette.

Most Trail Crew Trips have tasks for all skill levels... you don't have to be Paul Bunyan. Call trip leader for details. Unless otherwise stated, bring work clothes, gloves, lunch and beverage. Tools will be provided. Sat., May 5. Plymouth County
Wildlands Trust, Rochester.
9 AM. Call trip leader for details.
L Russ Ottey (563-6637).

Sat.-Sun., May 19-20. Adopted Trail, Camp Dodge, NH. Space for 20. Bring sleeping bag and be prepared for warm and cold weather. Food provided. \$10 dep. req. Will be returned when you show up. L John Pribilla (477-2817), L Stephen Ouellette (339- 7727).

# DANCE

The April potluck and contra dance was a success. Time and place for May dance not yet decided. Get on dance mailing list by writing to Vicki Fitzgerald, 220 high St., Duxbury 02332.

# POTLUCK

Sun., May 20. Introductory hike 2:30PM at Borderland State Pk. Potluck follows at CL's home in Sharon. Call L Bruce Dunham (587-0679 bef. 9:30PM), CL Emily Powers (617-784-8752).

## **NEWCOMERS' NOTES**

Margaret Brown (394-7008)

To get the most out of your membership, get involved with your club. Call trip leaders for information about any trip which interests you. Committee Chairs will be glad to help you find activities to meet your level of skill. Formal and informal instruction are offered. Our potluck suppers and activities are an excellent way to learn about programs and to meet other old and new members and Chapter officers.

We welcome these new Members:

Richard Williams, Brewster; Daniel Stewart, Carver; Bob Elder, E. Falmouth; John Nieman, Fairhaven; Robena Meda, Norfolk; Jaime Pereira, N. Dartmouth; Stanley Parker, Orleans; Carolyn Tower, Scituate; Bob Weiman, Woods Hole; Louise Candela, Wrentham

# **Activity Fees**

Fees for trips are as follows: Day trips: No fee. Weekend trips: Members \$2, Non-members \$5. (Above cost of trip.)

# Safe Trips

All trips involve some risk. Participants assume responsibility for their own welfare. Discuss your abilities with trip leader prior to trip. Leaders have the authority to deny participation to anyone whose clothing, equipment or level of skill makes their participation unsafe.

# FOR SALE

17' Grumman, whitewater design, \$375; 17'Grumman, T keel, \$350; custom molded medium volume C-1, \$150; Mithril touring kayak, flotation and skirt, \$375. Call Lee and Barbara Rogers (362-3954).

Heart-breakingly beautiful wood strip canoe. Tandem. 50 lb. New. Worth \$1200. Will take first reasonable offer. Might even deliver. Please call Lois Rogers (477-8557).

The Southeast Breeze is published ten times a year by the Communications Committee of the Southeast Mass. Chapter of the Appalachian Mountain Club. Subscriptions for non-members are \$3 for one year. Members of other Chapters may renew annually. Subscriptions, distribution and public relations: Chuck Wright, 123 Chester St. N.Falmouth, MA 02556 (564-4250). Change of address: AMC, 5 Joy St., Boston, MA 02108. Editor: Naomi Lipton, 35 Provost St., Brockton, MA 02402 (587-4505). Printed by The Job Shop, Woods Hole 02543

# DATED NOTICES

APPALACHIAN MOUN 5 Joy Street Boston, MA 02108



Southeastern Massachusetts Chapter APPALACHIAN MOUNTAIN CLUB

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Southeastern Massachusetts Chapter–Appalachian Mountain Club

October, 1991

### Annual Meeting Program: "Alaska"

AMC volunteer naturalist team, Timothy Williams, PhD, and his wife Janet McL. Williams, MED, from the Biology Department of Swarthmore College, Pennsylvania, will be featured at this year's Annual Meeting. The pair present a brilliantly illustrated lecture conveying not only the essence of our spectacular northernmost state, but also a geological and biological perspective relating to our own Cape Cod and White Mountain glacial topography.

These noted lecturers speak from their extensive knowledge of migration ecology, glaciation, and meteorology, as well as over 25 years of hiking and nature photography. Timothy has taught Biology for 25 years. Janet has spent 25 years doing research on birds, mammals, and natural history, and 15 years lecturing to college and special interest groups and volunteer teaching Science in puplic schools.

Summer residents of Gorham, NH, and formerly engaged in scientific studies at Woods Hole, The couple maintain their ties to our area by sharing their vast knowledge of the environment as naturalists at Pinkham Notch Camp, Cold River Camp, and the AMC huts.

Meet this stimulating couple as they join in the full day of activities planned for our annual chapter celebration and then treat us to their outstanding performance.

Suzanne Scolamiero, Vice-Chair

## Chapter Slide Show

Suzanne Scolamiero and John Pribilla are putting together a slide show featuring Southeast Mass. Chapter activities. The slides will be shown at pot-lucks and other gatherings.

They have most of what they need, but a few activities are under-represented. If you have prints or slides of the following activities that you could loan, please call John, at 508-394-7008, or Suzanne, at 617-545-6015. Your photos and slides will be returned.

We need pictures of: Coastweeks Conservation Activities; Century Ride; Square Dancing with Toots; Appalachian Trail through-hiking; Winter Camping; Biking, day and weekend trips; and Board or other meeting at Bourne Community Center.

## **Conservation Corner**

#### **The Northern Forest**

It is not the intention of this Conservation Co-chair to do any preaching, but as a 23-year AMC member who has served with Club conservation for quite a little while, I am singularly concerned with the future of the Northern Forests.

At the August meeting of our chapter's Executive Committee, Club Director Andy Falender stressed the responsibility which AMC shares for their protection. We are all responsible and need to give the forests the care and concern that we do our hiking boots, canoes, or whatever else we use to go off and enjoy the world outdoors. (at least!)

Please take time out to read again the Northern Forest Report in September's" Appalachia". It offers a splendid collection of writings pertaining to this beautiful wilderness area we've got here in northern New England.

Take note of the legislation in the works geared toward their protection; The Forest Legacy Act, for which the Senate has approved \$6,000,000. This is a far cry from the \$25,000,000 which we and other environmental groups had hoped for, but it is a step in the right direction. The House/Senate Conference Committee will make final recommendations this month, so please stay tuned to the outcome. You may need to do some letter-writing to our legislators.

#### Southeast Chapter Heroes

A tip of the hat to Al Johnson for his quick tree-removal work along the Cape Cod Bicycle Trail after Hurricane Bob!

Hats off, too, to our chapter's Trail Crew, enthusiastically co-chaired by John Pribilla and Steve Ouelette.

#### **Bay Circuit Trail dedication**

Special Notice: A trail dedication ceremony, preceded by a hike of the newest 15 miles of official Bay Circuit Trail will be held in Andover, on Saturday, Sept. 28. The dedication is being sponsored by the Andover Trails Committee and the Bay Circuit Alliance, who can be reached for more information at 508-470-1982.

Pam Carter, Conservation Co-chair

# Safe Trips

All trips involve some risk. Participants assume responsibility for their own welfare. Discuss your abilities with trip leader prior to trip.

## HIKING

Bob Benvissuto, Chair, (697-2025) HIKE RATING

First character indicates distance: AA=over 13 mi.; A=9-13 mi; B=5-8 mi.; C=less than 5 mi. Second indicates leader's pace: 1=very fast (2.5mph or faster); 2=fast (2-2.5 mph); 3=moderate (1.5-2 mph); 4=leisurely (less than 1.5 mph). Third indicates terrain: A=very strenuous; B=strenuous; C=average; D=easy. Hikers unsure of their ability should try only one level higher than previously attempted.

NOTE: No pets allowed on any hikes. Backpacking equipment is available free of charge to all members. A nominal fee will be charged for non-members. All equipment rental requires a refundable deposit. Call Bruce Dunham, Equipment Manager (587-0679)

Sat. Oct. 5. Wapack Trail (B3B). Daytrip to Wapack Mountain Range, S of Monadnock. Hike over 3 2000' peaks. Fine views of fall foliage. Please call for info. before 9:30 PM. L Bruce Dunham (587-0679), CL Ray Butts (636-8992).

Sat. Oct. 12. Cliff Walk - Newport RI (B4D). Hike historic trail set between the ocean and Newport's mansions. Please call only 6 - 8 PM. L John & Nancy Abbott (644-5626).

Sat. - Mon. Oct. 12 - 14. Backpack to Mt. Isolation - 4005' (AA3B) via Davis Path and Rocky Branch Trail. Total 19 mi. 2 overnights, intermediate level. Community cooking. \$8 dep. req. Please call before 9:30 PM. L Bruce Dunham (587- 0679), CL Linda Schworm (617-331- 6662).

Thurs. Oct. 17. Winter hike planning night. Burger King, northbound on Rte. 24, Bridgewater. 7 pm. Interested hikers are encouraged to attend. We will discuss the hike schedule for November through March, year - end review, and new hiking ideas. All are welcomed. Bring a friend! L Bob Benvissuto (697-2025) Sat. Oct. 19. Mt. Monadnock, Pumpelly Trail (A3B). Enjoy beautiful views and the fall weather on this uncrowded trail. Call for details. L Ginger Blais (957-1826).

Sat. Oct. 19. Blue Hills - North- South Skyline Trail (A3B). Liesurely pace, ideal for beginner hiker to test abilities and interest for more advanced hiking.
Please call 6 - 8 PM only.
L John & Nancy Abbott (644-5626).

Fri. - Sun. Oct. 18 - 20. Carter -Moriah Backpack (A2A). Hike to Moriah, stay at Imp Shelter. Hike across Carter and Carter Dome, Stay at Carter Hut. Out over Wildcat. Experienced Hikers only. Call for details. L Walter Morin (697-5795), CL Bob Marchand (674-2905).

Fri. - Sun. Nov. 1 - 3. White Mts. Day Trips (B2B). Leader's choice. Stay at Randolph Mountain Club Greyknob Cabin and use it as our base. L Walter Morin (697-5795).

Fri. - Sun. Nov. 8 - 10. Cardigan Lodge hiking weekend. Stay at "Little House" Fri. & Sat. nights. Popular weekend with limited space. Non-refundable \$35 dep. req., unless replacement can be found. Please call before 9:30 PM.

L Vicki Fitzgerald (585-3424), CL Bruce Dunham (587-0679).

#### CAPE HIKES

Harry Dombrosk (385-9502) Sun. Hikes start 11 AM, last 4 hrs. 8 - 11 mi.. Bring lunch. Thurs. Hikes start 9:30 AM, last 2 hrs. 5 - 7 mi., brisk pace. No Dogs allowed.

Thurs. Oct. 3. Harwich. Herring River Scenic Trail. From Rte. 28 in Dennisport turn N on Depot Rd. at Barbo's Furniture. Go 1.5 mi. and park on R where bike path crosses Depot Rd. L Al Meade (896-2296), CL Nancy Wigley.

Sun. Oct. 6. Brewster. Meet at main pkg. lot at Nickerson State Park. Rte. 6A. L Bud & Pam Carter (398-2605). Thurs. Oct. 10. Eastham. Meet in pkg. area across from Roach Gravel Pit. Travel N on Rte. 6, turn R at 2nd set of lights after Salt Pond Visitors' Center. L Stan Parker (255-3681),

CL Monica Eldred.

Sun. Oct. 13. Truro. Paradise Valley. Meet in abandoned rest area on left (W) side of Rte. 6 about 1 mi. N of Truro town sign. L Kathy Meads (487-1517), CL Al Johnson.

Thurs. Oct. 17. Brewster. Tri - Town Trail. From Rte. 6A in E Dennis turn S on Airline Rd. (8/10 mi. E of lights at Rte. 134). Drive 1.2 mi. and bear L on Slough Rd. Go 8/10 mi., park on L in pkg area for Walker Pond. L Ann Hamilton (385-2943), CL Stan Parker.

Sun. Oct. 20. Wellfleet. Great Island. Meet in pkg lot at end of Chequessett Neck Rd.. From Rte. 6, turn W at sign for Wellfleet Center. L Hortense Kelly (255-3021), CL Monica Eldred.

Thurs. Oct. 24. Mashpee River Woodlands. From Mashpee Rotary take Rte. 28 Towards Hyannis. Go 4/10 mi., take 1st R on Quiaquisset Ave. Go 7/10 mi. and turn R on Mashpee Neck Rd. Go 1.1 mi., turn R into pkg area at sign. L Nancy Wigley (548- 2362).

Sun. Oct. 27. Sandwich. Maple Swamp Trail. From Rte. 6, take exit 4, Chase Rd., South. Almost immediately, turn R (W) on Service Rd.. Drive about 1 mi. and turn L into pkg lot at sign "Maple Swamp Conservation Lands." L Janet Taylor (362-8149),

CL Al Johnson.

Thurs. Oct. 31. Yarmouthport. Gray's Beach. Turn N from 6A at Getty Station. follow to parking lot at beach.
L Al Johnson (775-8959), CL Janet Taylor.

# BIKING

Tom Waddell, Co- Chair, (617-837-5537) Richard Iovanni, Co-Chair

#### (617-331-6662)

#### **Bike Trip Ratings:**

Beginner: Up to 15 mi., 2 or more hr. Geared to inexperienced riders. Easy: 15-25 mi. Slow to moderate pace. Few hills. Intermediate: 25-50 mi. Moderate pace. Occasional hills. Advanced: 50 mi. or more. Fast pace and/or very hilly.

Riders are encouraged to have bike in good working order (preferably 10 speed). Helmets are required at discretion of trip leader. If weather doubtful, check with leader. Riders are encouraged to check with trip leader about pace of trip and ability and equipment needed for participation. One 10-speed bike and helmet available to AMC members.

#### Great job, Century Riders and Crew!

Sat. Oct 5. Cranberry Cruise. Enjoy an easy to intermediate 25 - 30 mi. ride and watch the cranberry harvest. Flat ride. Bring lunch, helmet required. Optional 15 mi. additional loop. Rain date Sun. Oct. 6. L Claire Cabral (866-2564).

Sat. Oct. 19. Foliage Tour with Winery Stop. Leisurely 30 mi. ride through Raynham and Bridgewater. L Elsie Laverty (823-0634), CL Linda Thomas.

# CANOEING

NOTE: Boats are available for rent on SEM-AMC trips only. Aluminum canoe, \$7/day; Chinook Kayak, \$7/day; C-1, \$5/day. All include PFD, paddles and roof carrier. Contact trip leader.

#### **FLATWATER**

Lois Rogers (477-8557)

Sat. Oct. 5. Chase Garden Creek. L Nancy Wigley (548-2362).

Fri. - Mon. Oct. 11 - 14. Connecticut
River. Canoe camping. Foliage
should be nice and there be Bald
Eagles there.
L David Shephard (548-8717).

Sun. Oct. 20. Leader's Choice. Tidal. L Ed York (385-6118).

Sat. Nov. 2. Taunton River. L Herb Edgren (617-472-7271).

#### WHITEWATER

Mark Klim (617-344-6341)

Sun. Oct. 20. Farmington, (3 - 4). L Mark Klim (617-344-6341).

#### Sat. - Sun. Nov. 2 - 3. Tohican, (3). L Paul Farrington (285-7041).

# TRAILS

Stephen Ouellette (339-7727)

John Pribilla (477-2817)

TRAILS T-SHIRTS. Support your chapter TRAIL CREW. Contribute \$10 or more and get a special T-shirt with our new Lonesome Lake Beaver logo. Contact Stephen Ouellette.

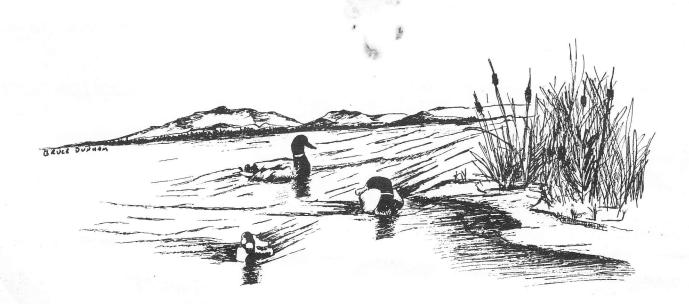
Most Trail Crew Trips have tasks for all skill levels. Call trip leader for details. Unless otherwise stated, bring work clothes, gloves, lunch and beverage. Tools will be provided.

- Sat. Oct. 5. Plymouth County Wildlands Trust. Call leader for location. L Russ Ottey (563-6637).
- Sat. Oct. 19. Warner Trail, Wrentham. Call leader for location. L Don Ouelette (339-7727).
- Sat. Nov. 9. Herring Run. Meet at Herring Run Rest Area in Bournedale, 9 AM. L John Pribilla (759-4431).

# Social Events

Vicki Fitzgerald (617-585-3424)

- Let Vicki know what your ideas are for chapter social activities.
- To get on Dance mailing list, contact Vicki at 220 High St., Duxbury, MA 02332.



## Why Become A Trip Leader?

There's the obvious reason: no leaders, no trips. But there are other reasons. Getting some of your trip expenses paid may be one. Traditionally, a portion of the leader's costs can be charged to the trip to be split among the participants as an incentive/reward for leadership. Doing a trip where, when, and how you choose is a good reason.

But the best reason I have found for leading trips is the increased pleasure and satisfaction. First, you begin to plan weeks or months ahead. This adds to the anticipation of the trip.

And then there is the trip. Nothing contributes more to your alertness than the responsibility of leading. As leader, you are more aware of things around you and the possible implications for the group. Is the weather changing? Is someone getting tired? Are you on course? Should we alter our plans? Does someplace look more interesting than where we planned to go?

Yes, leading trips is sometimes exhausting but your satisfaction and the appreciation of others at the completion of a trip well run is the pay-back. And you don't easily forget a trip you run yourself.

The leadership workshop tentatively scheduled for this fall will not occur. Your indefatigable leadership chairman grew fatigued! his apologies to all.

#### Chuck Wright, Education Chair

### **Family Activities**

Suzanne Scolamiero (617-545- 6015)

If you have any ideas for this new program, we would love to hear from you.

#### Skiing

Marie Johnson (238-7250)

Yes, I know, It's only October, but it's time to start planning for the upcoming ski season and call Marie with your ideas!

Fri. - Wed. Dec. 27 - Jan. 1. New Year's at Craftsbury Common Nordic Ski Center in Vermont. Cross-country skiing on groomed ski trails plus longer trips through nearby hills and dales and on Catamount Trail. Informal family-style dining. Further information: SASE to Jane Thomson- Stahr, 13 Circuit Ave., Scituate, MA 02066-4349.



The Southeast Breeze is published ten times a year by the Communications Committee of the Southeast Mass. Chapter of the Appalachian Mountain Club. Subscriptions for Chapter members are provided as a member benefit. Subscriptions for members of other chapters or non-members are \$3 for one year. Subscriptions and distribution: Dave Shephard, P.O. box 44, Woods Hole, MA 02543 (508 548-9600 days, 548-8717 home). Change of address: AMC, 5 Joy St., Boston, MA 02108. Editor: Nancy Connors, 73 Center St., North Easton, MA 02356 (508 238-3924). Printed by The Job Shop, Woods Hole 02543

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# **DATED NOTICES**



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Southeastern Massachusetts Chapter 5 Joy Street Boston, Ma 02108



Southeastern Massachusetts Chapter–Appalachian Mountain Club

July/August 1992

# Annual Southeastern Mass. Chapter Fall Frolic/Coast Weeks Day Dinner and Square Dance

# Sat., Sept 19, 1992 Bourne Community Center Main St., Buzzards Bay

Southeastern Mass. Chapter will kick off the new season on Sept. 19 by continuing a tradition, our annual Fall Frolic/Coast Weeks observance. It's a big day filled with a choice of activities, to be followed by a dinner and square dance at the Bourne Community Center.

You can take an active, pro-environment stance by participating in one of three scheduled beach clean-ups. See details in Conservation Insert.

Or, if outdoor recreation is your choice for the day, take a hike or bike ride, or join a canoe trip-cum beach cleanup. See Sept. 19 listings for hiking, biking, and canoeing.

Afterwards, head for the Bourne Community Center. (The building will be open after 3 p.m. for members attending the event, and those who wish to will be able to wash up and change.)

## Social hour: 4:30 to 6 p.m.

## Dinner: 6 p.m.

# Square Dance: 7 to 10 p.m; "Toots" Toussignant, caller.

Cost for the Dinner and Dance is \$12.50 per person.

Advance registration only. Reserve early, using the registration form. Reservation deadline: Sept. 11. Your prepaid tickets will be at the door.

This day is always a great one for getting into the fall swing of things after summer relaxation, catching up with old AMC friends and making new ones. Hiking, biking and the beach cleanups are all suitable for beginners. So come on along and join the fun. Mark the date on your calendar and reserve your tickets.

Questions? Call Suzanne Scolamiero (617-545-0036) or Vicki Fitzgerald (617-585-3424, before 10 p.m.).

# Leadership Training Weekend.

# Fri. - Sun. Oct. 2 - 4..

A Dynamic, fun and educational Weekend for potential and new leaders as well as our current leaders. It will take place at Camp Squanto on the edge of Miles Standish State Park, and will be subsidized by the Chapter so it is only \$20 for the whole weekend.

We will stay in heated cabins, and do community cooking: Fri. night, snaks, coffee etc., Sat. breakfast, lunch, and dinner, Sun. breakfast and lunch. There will be a full program rain or shine with as much time outdoors as possible. Questions on program or whatever call 6 to 8 p.m.: Ray Butts (636-8992) John Abbott (644-5626) or Bob Bentley (866-3057).

Register early, Space is limited! Send the Registration form on the insert, a self addressed stamped envelope and a \$20 non-refundable check payable to SEM/AMC to: Ray Butts, Education Chair, 992 Fisher Rd., North Dartmouth, MA 02747

# And Don't Forget! Chapter Hut Night.

Lonesome Lake Hut Sat. - Sun., Aug. 22 - 23

\$27 deposit required by July 9 (see registration form on the insert and the detailed notice under Hiking.)

# **Century Ride**

## Saturday Sept. 26

Register before Sept. 1. See notice and registration form on insert.

# And all our other Fantastic Outdoor Activities

# Scheduled for this Summer

Seriously folks, trips, especially those designed for beginners, are going begging for lack of attendance.

# Safe Trips

All trips involve some risk. Participants assume responsibility for their own welfare. Discuss your abilities with trip leader prior to the trip.

## BIKING

Tom Waddell, Chair, (617-837-5537) Richard Iovanni, Vice-Chair (617-331-6662) Nancy Wigley Vice-Chair/Cape (548-2362)

**Bike Trip Ratings:** Beginner: Up to 15 mi., 2 or more hr. Geared to inexperienced riders. Easy: 15-25 mi. Slow to moderate pace. Few hills. Intermediate: 25-50 mi. Moderate pace. Occasional hills. Advanced: 50 mi. or more. Fast pace and/or very hilly.

Riders are encouraged to wear a helmet and to have bike in good working order (preferably 10 speed). If weather doubtful, check with leader. Riders are encouraged to check with trip leader about pace of trip and ability and equipment needed for participation. One 10-speed bike and helmet available to AMC members.

- Tues. July 7. Ride Till Dark Mountain Bike. Foxboro, 6:00 p.m. Moderate pace on Trails and Paths. L Bill Boles (508-583-0067 after 7:00 p.m.). HR
- July 10 12. Nantucket Bike Weekend. Trip limit 20. COST \$70 includes round trip fare for passenger & bike, 2 nights at camp, Sat. night barbecue. Send check, SASE and telephone number to L John Smart, 296 Old Plymouth Rd., Buzzards Bay, MA 02532 for details (888-4811). CL Ernie Goff, 68 Elm St., Berkley, MA 02779 (880-3863). HR
- Sat. July 18. Holliston Hopkinton area. rolling, one tough hill for a total of 32 miles. Start at K-Mart intersection of Routes 109 - 495 in Milford at 10 a.m. L Don Auclair (376-4911). HR
- Fri. Sun. July 24 26. Tent camping. River campground Townshend, VT. 38 miles rolling countryside Sat., intermediate ride. Swimming & canoeing available. Bring lunches, all other meals provided. \$20 deposit by July 17. L Ed Kaunelis (695-7837) CL Bill Rehill (543-6879).
- Sat. July 25. Bourne to Woods Hole. Intermediate to advanced 40 mi. Senic beyond belief! Rolling to hilly through back roads, coastal roads several miles. Bring lunch, Binoculars. L Carol Swete (759-4458).
- Fri. July 31 Sun. Aug. 2. Franconia NH. Intermediate to experienced biker. Stay in campground Fri & Sat nights - bring tent. Sat is 30 mile trip from Franconia to Lost River to N. Woodstock (lunch) to the Flume and bike path through Franconia Notch. It's an all day trip. Community cooking in campground. Approx cost \$25. Call
  - L Walter Morin (697-5795.
- Sun. Aug. 2. Raynham. Leisurely breakfast ride to diner about 7 miles. 40 to 50 total miles starting at 7:30. Call L/CL Edna/Albert Meserve (822-6249).
- Tues. Aug. 4. Ride Till Dark Mountain Bike. Wrentham, 6:00 p.m. Moderate

pace on difficult trails. L Bill Boles (508-583-0067 after 7:00 p.m.). HR

- Sat. Aug 8. Pembroke/Hanover/Hanson. Intermediate 25 miles. Enjoy the backroads of the south shore and bring lunch. No calls after 9 pm. L/CL Vicki/Tom McGrath (681-8740). HR
- \*Sat. Aug. 15. Osterville Ride. Meet at 10 am for a slow ride of 10 miles. Partly on bike path. Will stop at Dowse's Beach for lunch. Bring lunch & swim suit. Rain date Aug. 22. Call L Betsy MacLean (778-6864) or CL Rich Iovanni (617-331-6662).
- Sat. Aug. 22. Wachusett Reservoir (West Boylston, Clinton, Boylston). Intermediate 18 miles of hilly long steady hills. Call L Don Auclair (376-4911). HR
- Sun. Aug. 23. Raynham. Leisurely 40-50 mile breakfast ride to restaurant. Leaving at 7:30 am. Call L/CL Albert/Edna Merserve (822-6249).
- Sat. Aug. 29. South Shore Ride. Intermediate 40-45 miles through Hingham, Cohasset, and Scituate. Bring Lunch. Meet Wompatuck State Park. Call L Rich Iovanni (617-331-6662). HR

## **Advance Notice**

\*Sat. Sept. 19. Fall Frolic Ride/Century Warm-up. Call L. Tom Waddell (617-837-5537) for info.

- Sat. Sept. 26. Century Ride. Register NOW! see special notice.
- Fri. Mon. Oct. 9 12. Cambridge, N.Y. (junction with MA and VT). Intermediate, rolling hills through farm country and back roads. Stay in lovely Cambridge Inn Carriage house. Cook or eat out. Cost \$90 for weekend due by Sept 10. Limited to 26 people. Send SASE to L John Smart, 296 Old Plymouth Rd, Buzzards Bay, MA 02532. (508-888-4811) CL Janet Richardson.

## **Tuesday Evening Cape Rides**

All rides start at 6:00 p.m. The rides are easy and will vary between 12 and 20 miles. Coordinators are Alice Oberdorf (771-8261) and Nancy Wigley (548-2362). Please phone for more info.

- \*Tues., July 7. Meet at Friendly's for Northside canal ride.
- \*Tues., July 14. Meet at the A&P parking lot in Chatham. There are two A&P parking lots on Rt 28 in Chatham. We will meet at the 2nd one from Harwich for ride to fish pier, lighthouse, coves, etc. Blue Hydrangeas in full bloom.
- \*Tues., July 21. Meet at Nickerson State Park for ride to Rock Harbor.
- \*Tues., July 28. Meet at east end of the Canal near Corps of Engineers pkg. lot.
- \*Tues., Aug. 4. Meet at Rt 134 off Rt 6 at the start of the Rail Trail for ride to Fisherman's Landing, Nickerson St Park.

- \*Tues., Aug. 11. Meet at North Falmouth Library for County Road to drawbridge on Canal.
- \*Tues., Aug. 18. Meet at Shining Sea Bike Parking lot, Falmouth, for ride to Woods Hole ferry dock, aquarium, the Mary Garden overlooking Eel Pond, Quissett Harbor, Spohr Estate.
- \*Tues., Aug. 25. Meet at Rock Harbor parking lot which is right off Orleans rotary for ride to National Seashore.
- **\*Tues., Sept. 1.** Meet at Friendly's for Northside canal under-the-lights ride.
- \*Sunday Morning Cape Cod Canal Rides. Meet 11 AM at Corps of Engineers Pkng. Lot in Sandwich near Canal Electric Plant. Easy rides all Summer. Bring lunch. Questions, call Nancy Wigley (548-2362).

# HIKING

Bob Benvissuto, Chair, (697-2025) Linda Schworm, Vice-Chair,

(617-331-6662)

HIKE RATING First character indicates distance: AA=over 13 mi; A=9-13 mi; B=5-8 mi.; C=less than 5 mi. Second character indicates leader's pace (average terrain): 1=very fast (2.5mph or faster); 2=fast (2-2.5 mph); 3=moderate (1.5-2 mph); 4=leisurely (less than 1.5 mph). Third character indicates terrain: A=very strenuous; B=strenuous; C=average; D=easy. Hikers unsure of their capacity should try only one level higher than previously attempted.

**NOTE:** No pets allowed on any hikes. Backpacking equipment is available free of charge to all members. A nominal fee will be charged for non-members. All equipment rental requires a refundable deposit. Call Bruce Dunham, Equipment Mgr.(587-0679)

- \*Sat. July 18. Family Hike. ride a ferry, hiking & swimming at Boston Harbor Islands State Park. Enjoy the sun and have fun. Bring lunch, swimsuit, shades. For cost & details call L Bob Benvissuto (697-2025).
- \*Fri. Sun., July 24-26. Beginners backpack Instruction Weekend. Emphasis on Instruction, not miles for Beginners wanting to try backpacking for the first time. Stay in AMC High Cabin (2600 ft). Sturdy Hiking Boots Required. Com- munity cooking. \$13 deposit required. Backpack equipment is available thru Chapter. Limited to eight. L Bruce Dunham (587-0679 before 9:30 p.m.).
- Fri. July 31, Aug. 1-2. Day Hiking in Vermont. Mt. Mansfield and Camel's Hump. both over 4000 ft. A2C. Weekend includes tenting, community cooking & enjoying the Green Mts. \$10 deposit required by July 25. Call L Bob Benvissuto (697-2025).
- Sat. Sun. Aug. 22, 23. Annual Chapter Hut Night. Lonesome Lake. If you never joined us this is your year. We reserved

# Conservation Supplement, 1992

#### **Letter Writing**

'Letter writing. . . why me?' a question asked repeatedly within our membership when 'asked' to write a legislator asking his support for a bill of current environmental concern. The answer is simple. All representatives and senators have one thing in common: to be re-elected. And because it is up to us to help in the care of our natural resources, a key way of doing so is to keep informed and to make sure our elected officials are doing what we want them to do. Thus, letter writing becomes an excellent tool.

#### **Letter Writing Tips**

- 1. Identify your subject clearly and give the name of the legislation you are writing about along with the House or Senate bill number.
- 2. Explain how the issue would affect you or the environment.
- 3. Remember that the representative of your district and the senators of your state cast YOUR votes in the Congress, so your views are important.
- 4. Ask your legislator for his or her position on the issue in reply.
- 5. It's always nice to thank your legislator if she or he pleases you with a vote on an issue; who doesn't like a compliment?
- 6. BE SURE your exact return address is on the letter and envelope.
- 7. Remember, the worst thing for a legislator is not to be reelected.

We all know our local representatives and senators and that they can be reached at the State House, Boston 02113. Others:

- Charles F. Flaherty, Speaker of the House, Room 358, State House, Boston MA 02133
- House Ways & Means Chairman Thomas M. Finneran, Room 243, State House, Boston MA 02113
- Senate President William M. Bulger, Room 330, State House, Boston MA 02113
- Senate Ways & Means Chairman Patricia McGovern, Room 212, State House, Boston MA 02113.

For National issues the following information will be helpful:

Senator Edward Kennedy, Senate Office Bldg, Washington D.C. 20510

- Senator John F. Kerry, Senate Office Bldg, Washington D.C. 20510
- Rep. Gerry Studds, House of Representatives, Washington D.C. 20510

Transportation Secretary Samuel Skinner, U.S. Dept. of Transportation, Washington D.C. 20590.

Currently the future of our Northern Forests is the Club's biggest concern.

Why is AMC devoting so much time and energy into worrying about the future of the Northern Forest, which, after all, is so large it spans some 25 million acres of northern Maine, N.H., Vermont and New York? **Because we need it!** It cannot be replaced — 'an irreplaceable life support for humans.' We depend upon it not only for outdoor recreation, but for the essentials of clean air and clean water and timber and other natural resources.

So why the concern? AMC and other leading environmental organizations know it is up to US to save the Northern Forest. In recent years economic pressures have been the cause of millions of acres within it to be sold. If this development continues we are all going to lose public access to the land and experience a gradual loss of the clean water - and the clean air - which we so long have taken for granted. Well, what can be done about it? Besides spreading the word to promote awareness of the problem, AMC members should support the Management Plans that our club has coordinated with other members of the Northern Forest Alliance – the Northern Forest Legacy Program – a tool for ensuring its stability for future generations. This program is an essential part of a conservation strategy 'that will likely include economic incentives and revitalization programs, purchase of land, and state and local regulation.' The cost? \$50 million – which the 18 environmental groups with the Northern Forest Alliance are asking Congress to appropriate for this program for 1993.

In other words, members are asked to write letters? YES. The Northern Forest needs help now to continue being the reliable friend it has been - and is. All of us need to take time out and write either our senator or representatives asking for support of the \$50 million Northern Forest Legacy Funding for 1993. Please write today.

Mass. Rep. Chet Atkins, 504 Cannon House Office Bldg., Washington D.C. 20515. (Atkins is a member of the Appropriations Committee.)

Sen. Robert Byrd, Chair, Senate Appropr. Comm., 311 Senate Hart Office Bldg., Washington, D.C. 20515.

Pam Carter

Conservation CoChair (398-2605)

## **New! Conservationworks Book**

Global warming, ozone depletion, rain forest destruction, acid rain, toxic waste... the list goes on and on. Sometimes it is a little overwhelming and you can start to wonder when it will all end. Well don't be discouraged because there is a lot that you can do that will make a difference.

The Appalachian Mountain Club has just published a wonderful little book called *Conservationworks Book: Practical Conservation Tips for the Home and Outdoors.* It is part of a conservation/education program developed by the AMC. Geared for the family, the book is simply written and gives many easy ideas for things that every person can do to help save the earth. Here are just a few of the ideas mentioned:

Install low-flow shower heads, faucet aerators, and toilet dams to save water.

- Fix leaky pipes and faucets and run appliances only when they are full.
- Keep your heating furnace tuned up and lower the thermostat on your water heater to 120 degrees F.
- Buy food packaged in recycled materials and recycle as much as you can: glass, plastics, paper cardboard, steel and aluminum.
- Keep your automobile tuned up and car pool as much as possible.
- Have a lot of respect for nature when you are enjoying the out-of-doors. Be gentle to the environment and follow posted rules.
- Avoid the use of chemicals in cleaning products, fertilizers, pesticides.

And there are many other ideas. Get the book. Have your children read it and help them to develop some responsibility for the future of the earth. Kids are really enthusiastic about conservation if they have some guidance. We are responsible for teaching them and for doing all we can to reduce the impact of modern life on the earth.

#### Conservation Supplement, page 2

Chief Seattle in 1854 said: 'The deer, the horse, the great eagle, these are our brothers. The earth is our mother . . . all things are connected like the blood which unites one family. Whatever befalls the earth befalls the sons and daughters of the earth.'

Let's do something good for ourselves. Get involved with conservation - you'll be glad you did.

The book is available for \$7.95 (\$6.95 for AMC members) by calling 1-800-262-4455 or wherever AMC books are sold.

#### SE Mass AMC Conservation Patch

What is it? A really pretty patch which was designed by our own Bruce Dunham (an avid conserva- tionist) made to be proudly displayed on your favorite piece of outdoor clothing or equipment. Where can you get one? You can't just 'get' one ... you must earn it. It isn't hard to earn at all, in fact every good AMC member should be able to meet the 'requirements.' Here they are.

1. Display initiative and practice the three R's - 'Reduce,

- Reuse, Recycle' on group outings and social events.
- 2. Write letters on environmental issues to our legislators.
- 3. Participate in Conservation Day in the spring.

4. Participate in a beach cleanup in the fall.

You say you do all these things anyway and don't need a patch for a reward? Look at it as an advertisement for the cause of conservation — people will ask you what it is and you may convince someone to be more environmentally aware.

The patches will be awarded at the Annual Meeting in November. We will be calling on trip leaders and committee chars to give us names of deserving members. If you know someone who you think really should have one of these feel free to let one of us know.

> Louise Desrochers Conservation CoChair (673-9752).

#### **Ever heard of the NSRWA?**

Read on. Since it involves a wonderful natural resource right in our own territory. The North and South Rivers Watershed Association deserves recognition by all SEAMC members. Founded in 1970, its main goal was to assure the North River protection by the Mass. Scenic Rivers Program; and it has succeeded — in spite of so much development going on all around.

A Non-Point Pollution Project is the major means the Association has been using to keep the North River as relatively unspoiled as it is; in this program, data are collected during rain storms at a number of storm drain system outfalls, water samples are collected at other specific sites on a regular basis, etc. . . all for the purpose of tracking down any possible source of pollution.

Who is involved with an Association which wants to assure the North and South Rivers "remain a cherished natural resource for generations to come"? A membership of some 600 companies form the basis of this non-profit environmental organization. Members, friends and families supporting it are kept informed of their beloved Watershed by way of *River Watch*, a newsletter they can depend upon four times annually. The Table of Contents in the Spring '92 Special Issue talks about the North River Shad Run, Spring Canoe Trip, Annual River Clean Up Date (June 27) and an *On the River* feature.

This remarkable environmental association has a number of other qualities of special merit as well, so truly deserves more attention and recognition from our chapter. We shall pursue! In the meantime, if any member wishes more infonow, please contact: NSRWA, P.O. Box 43, Norwell, MA 02061

### **Clubwide Conservation Committee**

Currently the Committee, along with SAEC (Ski Area Expansion Committee) is working on AMC ski area expansion policies, current status and next steps. To explain: the SAEC is trying to reach a consensus on the preparation of issues for chapter debate and expects to complete an issue paper by early August. . . allowing two months before the CCC's next meeting (October) for chapter action. Stay tuned. But any member possessing any thoughts or feelings on the matter at present are encouraged to get in touch with Louise or Pam.

Pam

## League of Conservation Voters

This year I celebrated Earth Day in New Hampshire where I visited an Earth Day Fair sponsored by N.H. Public Radio (WEVO) at the Rockingham Mall. There were lots of interesting exhibits (including one by AMC) and some great folk music. One exhibit was by the League of Conservation Voters which was formed in 1970 by environmental leaders to represent the national environmental community in elections. They support candidates with outstanding environmental records, publish voting records on key energy and environmental bills, organize grassroots support, and conduct educational drives in local communities. Their address is 1707 L. Street NW #550, Washington D.C. 20036, tel: 202-785-VOTE.

In 1991 the League rated all of the U.S. senators and congressmen on how they voted on environmental issues. A + indicates a pro-environmental vote and a - indicates a vote against the environment.

On 13 key issues here is how the representatives scored:

4 ineligible to vote

Olver (D)	8+	1-
Neal R. (D)	9+	4-
Early (D)	7+	6-
Frank, B. (D)	13+	
Atkins, C. (D)	11+	2-
Mavroules (D)	9+	4-
Markey (D)	12+	1-
Kennedy J. (D)	12+	1-
Moakley (D)	7+	6-
Studds (D)	11+	2-
Donnelly (D)	9+	4-
F 1 1		

On 15 key issues our senators scored like this: Kennedy E (D) 15+

Kennedy, $E(D)$	12+	
Kerry, J (D)	14+	1-

If you are interested in voting for representatives and senators who are dedicated to environmental issues you may be very interested in the League of Conservation Voters. Obtain some valuable information and support them in their efforts to get good laws passed to save our world.

Louise

#### A Word in Edgewise!

I think all of our outings should have a conservation officer to insure that we do our best both to make sure we don't add to the problems out there and, if possible, to leave the scene cleaner than we found it! [ed.]

#### July/August, 1992

Registration Form	hapter Hut Night	August 22 -23, Name(s):
		Address:
t. enclosed:	No. of Reservations:	Phone:
		Register Early (space is limited) mail the

267 North St., Bridgewater, MA 02326 before July 9

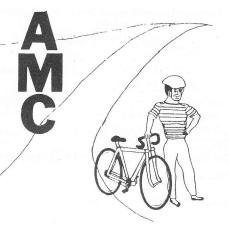
Sat. September 19 Name(s):	FALL FROLIC	<b>Registration Form</b>
Address:	*	
Phone:	No. of Reservations:	Amt. enclosed:
Register early (space is limited) mail the com		
300 Sea St., Hyannis, MA 02601 by Sept. 11. 1	992	

Oct 2 - 4,	Leadership Training Weekend	<b>Registration Form</b>
Name(s):	· · · · · · · · · · · · · · · · · · ·	
Address:		
	Phone:	
Special Interests:		
Experience:		
For registration (space is	limited) detailed agenda and directions, mail the completed	form, a self- addressed stamped
envelope and a \$20 check	k payable to SEM/AMC to: Ray Butts, Education Chair, 992	Fisher Rd., North Dartmouth, MA
02747		





Southeastern Massachusetts Chapter





**Appalachian Mountain Club** 

# 11th Annual Century Bicycle Ride 100 miles – 100 kilometers (62.5 mi) Saturday, September 26th, Town Hall, Carver, MA

A century ride is riding 100 miles in 12 hours or 100 kilometers in 7 hours. All riders are given a map and a well marked route to follow. Check points offer water, juice, fruit and encouragement. It is a go-at-your-own-pace event and not a race. All riders should wear a helmet and carry water, lunch, spare tube, pump, patch kit and tools. A sag wagon will keep you in the ride if you have mechanical problems or return you to your car if you reach your "personal best" before the end of the ride. As always, a tee shirt marks your participation in this annual event.

## Register before Sept. 1st to guarantee a tee shirt.

Riders under 18 (min. age 14) must ride with a responsible adult at all times.
100 Mile Riders register at 6:30 a.m., start at 7:30 a.m.
100 Kilometer Riders register at 7:30 a.m., start at 8:15 a.m.

Questions, call Tom Waddell, (617-837-5537), Richard Iovanni (617- 331-6662) or Nancy Wigley (508-548-2362). Rain Date Sept. 27th, decision will be made Friday Sept 25th. Call between 7 and 9 p.m. if in doubt.

Name:		(if under 18, r	iding with:)				
Address:							
Town:	a de server		State:		Zip:		
Phone:		Check one:	100 mi:	100 km:_		Crew:	(no charge)
Vehicle Registration:		Tee s	hirt size: M	LX	IL		

AMC Member \$12.00 Non-member \$15.00 make checks payable to SEM/AMC. Use separate form for each rider.

the entire hut for our club. Easy hike in, more challenging hiking later. Swimming, fishing, canoeing or just enjoying the outdoors. Stay overnight at the hut, meals provided. Designer t-shirt \$7.25 give size. Hut cost: m \$47, nm \$53, under 12, \$20. Register and send \$27 deposit payable to L Bob Benvissuto 267 North St., Bridgewater MA 02326 by July 9. No hikers signed up after July 9. No refunds if you cancel after Aug. 18. Call (697-2025) 6 - 9 p.m. for info.

\*Sat Sept. 19. Fall Frolic Hikes (2!). Call Ls. Bob Benvissuto (697-20250 or Carolyn Crowell (888-4923)

# CANOEING

NOTE: Boats are available for rent on SEM-AMC trips only. Aluminum canoe, \$7/day; Chinook Kayak, \$7/day; C-1, \$5/day. All include PFD, paddles and roof carrier. Contact trip leader.

# Flatwater

Lois Rogers, Chair (477-8557)

- Sun. July 5. 3rd Annual Minots' Light Circumnavigation. Tidal and white-water. Experience required. Potluck following. Joint trip with Wanpanoag Paddlers. L Anita Franks (617-545-7157) CL Paul Stankus (617-545-3851).
- Sat. July 11. Uncle Robert's Cove. Rt 6 to exit 7S. L immediately on Higgens Crowell Rd. to Berry Ave and Englewood Beach parking lot. 10:00. L Al Johnson (775-8959)
- July 12 July 18. Attention Canoe Campers. Lake Champlain. SE Chapter is planning a week of camping and canoeing on the shores of Lake Champlain, near Burlington, VT. 5 rivers feed the lake and we plan to run a different one each day. Water will vary from flat to Class II. For more info call L Ruth Irwin 85 West St. Whitman 02382 (617-447-4637) or Bob Milburn 645 W. Chestnut, Brockton, 02401 (587-9743). \$30 deposit required by July 1. MAKE YOUR VACATION PLANS NOW!
- Sat. July 18. Westport River. Tidal. Bring lunch. Meet at 9 AM. Trip duration about 6 hours.
  L Bob Fuller (617-293-9044), CL Dave Gunning (997-6876)
- \*Fri. Sun., July 24 26. Campout, Washburns Island. Another chance at this popular spot. Call for information or to register by July 17. L Herb Edgren (617-472-7271).
- Sat. Aug. l. Hingham Harbor/World's End. Tailgate party finale. L Anita Franks (617-545-7157)
- Fri. Sun. Aug. 7-9. Knubble Bay, Me. Stay in Cabin. Popular annual tidal trip. L Ed Dennehy (617-982-0725), CL Dave Williams (238-3638)

- \*Sat. Aug. 8. Chase Garden Creek. CL Pam and Bud Carter (398-2605).
- \*Thurs. Aug. 13. 3rd Annual John's Pond Moonlight Cruise and Potluck Supper. 7:00 til ? L Lois Rogers (477-8557)
- Sat. Aug. 15. Pleasant Bay. Main St. Orleans to Barley Neck Rd. to town landing on right. 10:00. L Al Johnson (775-8959)

Sun. Aug. 30 - Sun. Sept. 6. Lake Aziscohos, Maine. Wilderness canoe touring camp. Dep. \$25 by Aug. 8. L Dave Shephard (548-8717) CL Herb Edgren (617-472-7271

\*Sat. Sept. 19. Fall Frolic Paddle, Picnic and Beach Clean-up, Washburns Island. Call L. Lois Rogers (477-8557) for info.

# Whitewater

Paul Farrington, Chair (285-7041)

- Sat. Sun June 27 28. Dead, 3. (Alt is 6/21 6/22 or both may run. Call early) L Dave Lundquist (674-8830).
- Sat. Su. July 11 12. Dead, 3. Tenting, individual meals L Paul Farrington (285-7041).
- Sat. Sun. Aug. 1 2. Rapid/Magalloway, ME, 4. L Matt Johnson (238-7656).

\*Sun. Aug. 16. Tarriffville, 2. L Dave Lundquist (674-8830).

Sat. - Mon. Sept. 5 - 7. Laborday Weekend, Dead, 3. L Paul Farrington (285-7041) CL Dave Lundquist (674-8830).

#### **Cape Cod Thursday Canoe Trips** Easy outings for beginners, begin 10:30 a.m, last 3-5 hrs, bring lunch. PFDs required for everybody. Coleaders Nancy Wigley (548-2362) and Harry Dombrosk.

- \*July 2. Truro-Pamet River. Driving N on Rt 6 in Truro, turn R at sign "Pamet Rds". Park where Rd divides into S. Pamet and N. Pamet Rds.
- \*July 9. Orleans-Pleasant Bay. From Rt 6A in Orleans turn E on Main St. at Lts. In about 1 1/2 mi bear R on Pochet Rd. In about 1/4 mil. bear R on Barley Neck Rd. In about 1/2 mi turn R on Harveys Lane (fence) to Town Landing.
- \*July16. Dennis-Bass River. From Rt 6A in Dennis Village turn S on Old Bass River Rd at the Mobil station. In about 3 mi turn R on Mayfair Rd. In about 3/4 mi turn L on Follins Pond Rd to Town Landing.
- \*July 23. Brewster-Long Pond. From Mid-Cape (Rt 6) take Exit 10. Turn N on Rt 124. In about 1 3/4 mi turn R on Crowell Bog Rd. In about 1/4 mil turn R to Town Landing. We will use shuttle to parking area on Rt 124.

\* Trip especially suitable for beginners

- \*July 30. Harwich-Herring River. Drive towards Chatham on Rt 28 in Harwich. Turn R into parking area immediately after crossing the Herring River Bridge.
- \*Aug. 6 Mashpee-John's Pond. From Mashpee rotary go W on Rt 151 1.8 mi and turn right on Old Brickyard Rd.. Proceed .4 mi to sandy Beach area. After launching, Cars will park at Lois Rogers (corner of Tuspaquin and Old Brickyard).
- \*Aug. 13. Dennisport-Swan Pond. Take Exit 9 (rt 134) South from the MidCape and turn left on Upper County Rd. at the 3rd set of lights. Go 1.6 mi and turn left on Clipper La. follow to pkng lot on Swan Pond.
- \*Aug 20. Marston Mills-Indian Lakes. Off Rt 149 in Marstons Mills. (exit 5 South from MidCape or North from Rte 28). Turn W at development Sign "Indian Lakes" and proceed to town landing sign, bear right to pkg lot at pond.
- \*Aug 27. Mashpee-Ockway bay and Poponesset Creek. From Mashpee Rotary take Great Neck road South 2.6 mi and turn left at sign "Ockway Bay Boat Landing."
- \*Wednesday Evening Canoeing. Informal trip every Wed. evening 6:30 till dark. On Cape, Falmouth area. Call Dave Shephard (548-8717) or Chuck Wright (564-4250) for current trip info.

# EDUCATION

Ray Butts, Chair. (636-8992)

Fri. - Sun. Oct. 2 - 4. Leadership Training Weekend. Register Now! see article page 1 and form on special insert.

# SOCIAL EVENTS

Vickie Fitzgerald, Chair (617-585-3424) Sat. Sept. 19. Fall Frolic Conservation and Outdoor Activities followed by Dinner and Square Dance. Register Now! see page 1 and form on special insert.

# MEMBERSHIP

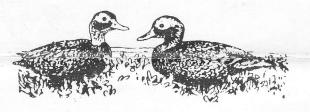
Karen Cassidy, Chair (548-5070)

- New Members: lots of nice easy summertime activities. Look especially for the Asterisked items and join in. Particularly suitable are the Sunday Cape Canal Rides, the Cape Wed. evening and Thurs. Morning Canoeing.
- **Everyone Come to:**
- Sat. Sept.19. Fall Frolic Conservation and Outdoor Activities followed by Dinner and Square Dance. Register Now! see page 1 and form on special insert.



# Whale Watch Sat. - Sun., October 3 - 4 Whale Watch Weekend from Provincetown

Join with the Boston Chapter for an exciting weekend learning about and observing whales. We will start on Saturday evening with a lecture and wonderful slides of whales given by Stormy Mayo, Senior Scientist at Provincetown Center for Studies. Those who wish can take a short walk on the beach Sunday morning to stretch their legs prior to boarding the boat. On Sunday afternoon we have chartered the Dolphin III for the Whale Watch. A naturalist from the center will be on board during our trip to answer our questions about whales. Cost for the weekend is \$18.50 per person and includes the lecture and the Whale Watch. We need 75 participants paid up by Aug. 30 or the trip will be cancelled. Questions, or to register, call: CL Anne Chase (824-8871 until 10 PM) or Carolyn Brooke (617-738-0089, until 10 PM). L: Martha Brisco, Registrar: Willa MacAllen.



# Coastweeks '92 Beach Cleanups – Sept. 19

The time is early but it is not too soon to plant a little seed of interest in our members' minds about our chapter's annual beach cleanups. Once again the time will be in September, after a summer of heavy beach use. We expect that many beaches will need some serious help especially after the storms of 1991. Coastsweeps (the name for the beach cleanup part of Coastweeks and sponsored by the Costal Zone Management) focuses on collecting trash from the beaches and documenting the types of refuse found. This tallying effort helps scientists determine the source of the 'junk' which will hopefully lead to stricter laws controlling ocean dumping. Checklists are provided to the volunteers by the Massachusetts Coastal Zone Management to keep track of what is collected.

The SE Mass Chapter has traditionally co-sponsored the cleanup of Whitehorse Beach in Plymouth with the Plymouth Conservation Commission. This year we will once again be participating in that cleanup, but we are adding three other beaches to our list and the cleanup will be on September 19 in conjunction with the Fall Frolic so everyone can participate.

Beach	Rendevous tin	ne Coordinator
White Horse Beach, Manor	net 11 AM	?
Washburns Island, Falmouth	h 10 AM	Lois Rogers
Sandy Neck, Barnstable	11 AM	Pam & Bud Carter
Horseneck, Westport	10 AM	Louise Desrochers

Final details will be published in the September *Breeze*. So choose a beach and plan to be there. We may be calling on some of you to help coordinate the cleanups at the different sites, or if anyone wants to volunteer early give me a call - Louise Desrochers 673-9752.

The Southeast Breeze is published ten times a year by the Communications Committee of the Southeast Mass. Chapter of the Appalachian Mountain Club. Subscriptions for Chapter members are provided as a member benefit. Subscriptions for members of other chapters or non-members are \$5 for one year. Editor, Subscriptions and distribution: Dave Shephard, P.O. box 44, Woods Hole, MA 02543 (508-548-9600 days, 548-8717 home). Co-Chair, Maureen McKeary (617-335-1738). Change of address: AMC, 5 Joy St., Boston, MA 02108 (617-523-0636). Printed by The Job Shop, Woods Hole 02543

M7908 18665 5401 B07908 Mr. Bruce Arthur Dunham 29 Rockfor, AM 02401 Brockton, AM 02401

# **DATED NOTICES**



Southeastern Massachusetts Chapter 5 Joy Street 5 Joy Street Boston, Ma 02108

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Southeastern Massachusetts Chapter-Appalachian Mountain Club

October, 1993

# Annual Dinner & Festivities November 6, in Bridgewater

A revised format is being used this yearall the fun and no boring presentations! Plus new features like the used equipment sale. This is an event that all members should attend. It isn't a club if its members never meet. Besides, the dinner will be excellent, as usual, the evening's enertainment, exciting and all the rest of us will be there.

All the details and a registration form are on a sheet inside. Register now.

# **AMC Fall Meeting**

#### Oct. 22 to 24 Hebron CT

This is one of the three annual get togethers of the whole AMC (formerly Fall Town Meeting). The functions of these meetings range from governance and education, to social and getting out and enjoying fall foliage in Connecticut. Those interested in club affairs should consider attending. Write for registration packet to: Doug McKain, 5 Brownstone Rd., Berlin, CT 06037. Enclose a self-addressed, stamped envelope. Contact a SEM Chapter Officer for more information.

# From the Chapter Chair

As chairperson of one of the eleven groups of AMC folks who actually interact with each other in entities known as CHAPTERS, I often find myself trying to define 'us.' I'm saying who we are, what we do, and why!

A new nominee to the board wants to know why our chapter couldn't put in an application to lease one of the writers' shacks on the Cape Cod National Seashore for chapter trips. A member who just transferred from another chapter asked why our Lonesome Lake adopted trail was so far away—she'd never been to 'the Whites.' Bike rides on paved paths are her activity of choice.

The concept of the Appalachian Mountain Club is difficult to explain. What is it about this club that inspires so much enthusiasm and long term commitment on the part of so many of our chapter members? Is it the Northern Forest Initiative that draws the 'founding fathers' of this chapter to actively participate year after year? Or do we members possess topflight expertise in our various sports activities? But winning personal recognition or shaping economic politics don't seem to enkindle much enthusiasm around the campfire.

Maybe the answer to WHO or WHY we are is hinted at in a thank you letter which the SEM board received from Jeffrey Hogan, our chapter recipient of a scholarship to the AMC Mountain Leadership School in June.

'The courses were well organized ... and served to refine many of the skills that I had originally acquired from our own chapter's wonderful leadership training program. Please feel free to call upon me to help the executive board in cultivating our chapter's training program.

'Thanks for affording me this unique opportunity. The experience has inspired my enthusiasm for leading hikes and organizing the family hike program.'

Is the heart of the AMC in the experiences which we share, give away, and then pass on? Does our deep-seated enthusiasm grow every time we challenge ourselves to go that one step further because we're in the company of our friends? What better explanation for 'us' and our commitment to the AMC!

#### Suzanne Scolamiero

#### **Hello Hikers!**

Well, 93's biggest hiking season, summer, has flown by. I hope the chapter is offering trips that interest all of you, and if not, give me a call and we will see if we can. The number of hikers seems to be down a little this summer, that's why I bring up the subject. I know myself, I didn't get to hike as much as I would like to, but I would have to say time was and is my biggest problem, not the variety of hikes.

I was fortunate to be able to hike two of the season's three long weekends, Memorial and Labor Day. The 4th of July was sacrificed at home. The Memorial weekend trip, with Jeff Hogan leading, was a great experience. We hiked from Lafayette Campground up to Galehead Hut. The winds were so strong, (approx. 80 mph), it was difficult to stand up with our large packs without being blown over. It had to be my most exciting experience so far in the Whites. I was so tired I ended up being the last one to reach the hut, and that was with a lot of help from Jeff. It took me a good while to get warm once we got to Galehead, probably because I hadn't taken in enough fuel (food) during the hike. Another lesson sorely learned is that I wasn't in as good shape as I thought. The hike we did would have been ambitious on a good day, and when the weather got bad, it bordered on difficult. I'll be better prepared next year. Got to get some of those power bars.

This year's Chapter Hut Night was a small success. Small as in small group. Hut Night was held this year at Bascom Lodge, atop Mt. Greylock, the highest point in Massachusetts. Some of us arrived Friday night, in time for dinner and the great local musicians who played for us. We also were treated to a talk on "Leave No Trace," a low impact concept, by a north to south through hiker. Saturday, we awoke to a very thick cloud cover, the morning and full day hikes were delayed about an hour, until we got word that it was sunny everywhere except right on top of the mountain. We were led on our hikes by AMC naturalists working at Bascom. The long hike started at the point where the AT starts over Greylock from

Continued on page 2

CHAPTER MAJOR ACTI	VITIES CALENDAR
Oct. 22-24AMC Fall Meeting Nov. 6Chapter Annual Meeting JanAMC Annual Meeting	April 29–May 1 AMC Spring Meeting Sandwich MA—We are the Host Chapter!

#### Hello, Hikers (continued from page 1)

the south, stopped at the top for lunch, and ended at the bottom to the north. Some of our members also participated in a nature walk from the Mt. Greylock Visitors Center (now managed by AMC). It was an easy loop hike with lots to see and learn. We were entertained Saturday evening by SEM AMC's own world traveller, the always pleasant Louise Desrochers, who had recently returned from a month in Alaska. Louise shared stories and photos with us and answered lots of questions. Next year's Hut Night will be back in the Whites, hopefully Galehead Hut, and under caretaker status. P.S. We finished the puzzle, at least some of us did, we owe them thanks for proving there were no missing pieces. - Next planning meeting will be Oct. 7th for the winter hiking schedule, December, January, and February. Call me for time and location, 376-4911.

Don Auclair, Hiking chair

#### **Slate of Officers**

The Nominating Committee's slate at this time is:

- Chapter Chair: Suzanne Scolamiero
- Vice-Chair: Bruce Dunham
- Treasurer: Mary Angulo
- Co-Secretary: Joan Luiz
- Co-Secretary: Jean Kennedy Historian: Regina Auclair
- <sup>Q</sup> Education Chair: Ray Butts Conservation Co-Chair: Pam Carter Conservation Co-Chair: John Pribilla
- Trails Chair/Co-Chair: Ginger Blaise Trails Chair/Co-Chair: Steve Oulette Membership Co-Chair: Mary Graffigna
- Membership Co-Chair: Dianne Yohe
  - Communication, Breeze: Dave Shephard Biking Chair: Position Open
  - Biking Co-Chair: Mark Tisdale
  - Biking Co-Chair, Cape: Nancy Wigley Canoeing, Flat Water: Lois Rogers
     Canoeing, White Water: Paul Farrington Hiking Chair: Don Auclair
  - Hiking Vice Chair: Donna Newman Hiking, Cape Hikes: Al Johnson Skiing Chair: Tom Waddell

Your chance to vote on these wonderful people is at the Chapter Annual Meeting, November 6.

Louise Desrochers, Chairman

**SAFE TRIPS** All trips involve some risk. Participants assume responsibility for their own welfare. Discuss your abilities with trip leader prior to the trip.

## BIKING

Tom Waddell, Co-Chair, (617-837-5537) Richard Iovanni, Co-Chair (617-331-6662) Nancy Wigley, Vice-Chair, Cape, (548-2362)

**Bike Trip Ratings:** Beginner: Up to 15 mi., 2 or more hr. Geared to inexperienced riders. Easy: 15-25 mi. Slow to moderate pace. Few hills. Intermediate: 25-50 mi. Moderate pace. Occasional hills. Advanced: 50 mi. or more. Fast pace and/or very hilly.

Riders are encouraged to have bike in good working order (preferably 10 spd). If weather doubtful, check with leader. Riders are encouraged to check with trip leader about pace of trip and ability and equipment needed to participate. Helmets are required (HR in the description) on many bike rides and highly recommended on most others(HHR).

Tue. Oct. 19. Wompatuck State Park Mountain Bike Ride, Hingham MA, 6 p.m. Moderate pace, interesting terrain. A good mix of singletracks and woods roads. Call L Bill Boles (583-0067) after 7 p.m. to sign up.

Sat. Oct. 23. Beautiful afternoon ride in Taunton/Norton area. ALL downhill – Really! Approx 20 mi with additional loop if desired. Potluck at leader's home will follow. Call Marie Gravel (822-1296) or Elsie Laverty (823-0634).

Sat. Nov. 6. Annual Meeting Ride. Bridgewater area, 30 miles intermediate. Call for details L Ernest Goff (880-3863).

### CANOEING

NOTE: Boats are available for rent on SEM-AMC trips. Contact trip leader.

# FLATWATER

Lois Rogers, Chair (477-8557)

- Sat. Sun. Oct. 2 3. Annual Fall Foliage Adirondack Trip. L. Dick Williams (896-3050).
- Sat. Mon. Oct. 9 11. Saco R. Swans Falls to Hiram. Choice of 2 or 3 day trip. CL. Barbara and Dave Williams (238-3638).
- Sat. Oct. 16. Nemasket Foliage trip. L. David Shephard (548-8717).

Sat. Oct. 23. Princes Cove, tidal. L. Herb Edgren (617-472-7271) CL Nancy Wigley (548-2362).

### WHITEWATER

Paul Farrington, Chair (285-7041)

- Sun. Sept. 26. Schroon NY, 3. L Paul Farrington (285-7041).
- Sat.-Sun. Oct. 16 & 17. West VT, 2 & 3. L Toby Savage (540-9381).
- Sat.-Sun. Oct. 23 & 24. Farmington New Boston, 2-4. L Robin Ketchen (563-6332).

Sat.-Sun. Nov. 6 & 7. Tohickon PA, 2-4. L Paul Farrington (285- 7041).

 Trip especially suitable for beginners.
 Note: all phone numbers are area code 508 unless 617 is specified.

## HIKING

Don Auclair, Chair (376-4911) Donna Newman, Vice-Chair (477-3854) Al Johnson, vice-chair, Cape (775-8959)

HIKE RATING First character indicates distance; Second character indicates leader's pace (average terrain); Third character indicates terrain.

Miles	Pace/mph	Terrain
AA=13+	1 = v. fast/2.5 +	A=v. stren.
A=9-13	2=fast/2	B=strenuous
B=5-8	3=mod/1.5	C=average
C=5-	4=leis/1.5-	D=easy

Hikers unsure of their ability should try only one level higher than previously completed.

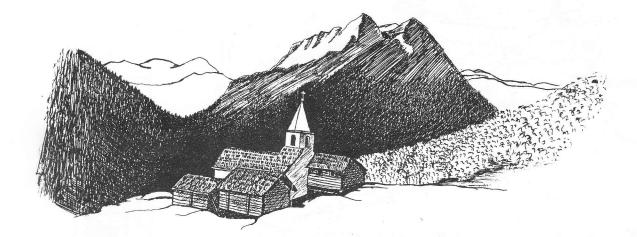
**NOTE:** No pets allowed on any hikes. CHIL-DREN are not allowed on Adult Hikes. Please see listing for Family Hikes. Backpacking equipment for use on Southeastern Mass. trips only is available free of charge to members. A fee will be charged for non-members. A refundable deposit is required on all rentals. Call Bruce Dunham, Equipment Mgr. (587-0679).

\*Sun, Sep 26 Borderland State Park, Easton B3D. Easy afternoon hike for beginners capable of walking 5 miles. Call 6-9:30 pm L Ray Butts (636-8992), CL Dan Dempsey (238-7530).

- Sat., Oct. 2, Wapack Trail B3B. Day hike in S New Hampshire near border. Enjoy fall foliage as we hike up two 1800'peaks and along a ridge. Possible supper stop after hike. Bring lunch and sturdy hiking boots. Call 6-9:30 pm L Bruce Dunham (587-0679), CL Carol Swete 759-4458.
- Sat. Sun., Oct. 2 3, Glastenbury Mt, Bennington, VT A3B. 10 mi backpack on long trail into Vermont foothills. Beautiful views of south Vermont in Berkshires from fire tower. Overnight at Goddard Shelter.
  \$10 Deposit. Call 7-9:30 pm L Dan Dempsey (238-7530), CL Ray Butts (636-8992).
- Sat. Oct. 9. Mid-State Trail Section VII AA3C. From Wachusett Ski Area base lodge, Princeton to Rt. 12 at Jewell Hill Road, Ashburnham. Approx. 15 miles L Don Auclair (376-4911) CL Rich Iovanni (617-331-6662).
- \*Sun., Oct. 10, Nanonet Woods, Sherborne, MA. Good for beginner and novice hikers. Beautiful trails, lovely trees, rolling hills. Great autumn foliage. L Ann Chace (824-8871), CL Gay Rinker (441-0314), CL Don Auclair (376-4911).
- Fri. Sun., Oct. 15 17, Osceola (2 4000'ers) A3B. The hard way via Greeley Ponds off the Kancamagus highway. Tecumseh (4000')- Sunday. Stay at campground, community cooking. L Walter Morin (697-5795), CL Kent Brady (617-986-6716).
- Fri. Sat., Oct. 29 30, Mt Moosilaukee-Halloween Hike. Be prepared for cool weather, Limited cabin/platform space available. Cost \$15/1 night, \$25/2 nights. BYOF. L Carol Swete (759-4458), CL Jeff Hogan (823-9762).
- Sat. Oct. 30, Mid-State Section VIII B3C. From Rt. 12 at Jewell Hill Road, Ashburnham to NH state line Rt. 119 and Old Pierce Road. Approx. 8 miles

# Southeastern Mass. Chapter, AMC Annual Dinner and Festivities—November 6

Rondileau Center, Bridgewater State College.



# Main Event: A Slide Show- Hut to Hut Hiking in the Austrian Zillertal Alps.

# by Roger Zimmerman and Sony Martineau

These AMC Major Excursion Leaders have been leading this trip for 10 years. It promises to be a great slide program of spectacular Alpine scenery. They will also answer questions about their trips.

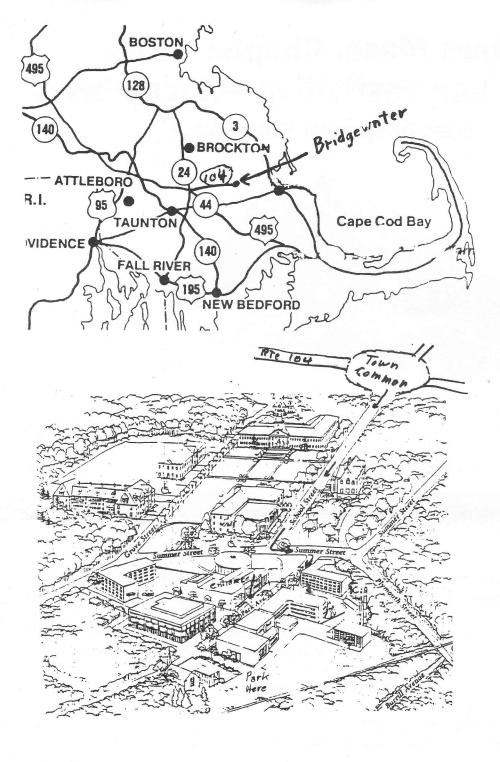
le	Day's Schedule		
	<ul> <li>Activities: hiking and biking</li> </ul>	9 a.m.–3 p.m.	Call Ray Butts (hiking) 636-8992 or
	0		Ernie Goff (Biking) 880-3863. for details
	• Hiking Workshop (for New Members and Be	eginners) 2 –3:30 p.m.	Bruce Dunham describes our chapter's hiking program.
	• Happy Hour (cash bar and hors d'oeuvres)	3:30-4:45 p.m.	A good time to look at all the outing pictures and talk.
	<ul> <li>Business Meeting</li> </ul>	4:45-5:15 p.m.	NEW, REDUCED FORMAT!
	• Dinner	5:30-6:30 p.m.	Buffet style: baked chicken, Swedish meatballs, rice with
	•		mushrooms and more, including dessert and beverage
	Evening Slide Program	6:30–7:30 p.m.	as promised
	Square Dancing	7:30–10 p.m.	Fun for all and all for fun
	a Dhata diadaa Caasa Catio A		

• Photo displays of many of this years' outings

0-1---

- Used equipment sale. (Call Bruce Dunham for info.) 587-0679
- This is an event not to be missed! New Members, find out who you have joined; you will be greeted at the door 3:30-4.

lame:					
ddress:					
own:	8		State:	Zip:	
hone:	Number of	people attending:	Fee enclosed \$		



**Directions to Bridgewater State College:** 

From Route 24 north or south: Take Bridgewater exit, Route 104 (exit 15) east to STOP sign (approximately three miles); turn left and follow straight toward Bridgewater Center. Follow rotary half right around Town Common and proceed straight down School Street (passing Fire Station on left); at STOP sign turn left and take next right (Park Avenue);

From Route 435: Follow Route 495 south to Bridgewater exit (you must leave Route 495 south and proceed on Route 24 north). Once

on Route 24 north take Exit 15 and proceed as directed above from that point. From the east: Follow Route 106 west to Route 104 into Bridgewater. Pass Waterford Village on the right. After passing over railroad tracks turn left at island (Summer Street). Take first left (Park Avenue). L Don Auclair (376-4911) CL Rich Iovanni (617-331-6662).

Sat., Nov. 6, Blue Hills, Easy hike to build up appetite for annual dinner. L Dave Bennett (222-6943), CL Ray Butts (636-8992).

### **Cape Cod Hikes**

Al Johnson, vice-chair, Cape (775-8959)

Sun. Hikes start 11 a.m. Last 4 hrs. 8 - 11 mi. Bring lunch. Thurs Hikes start 9:30 a.m. Last 2 hrs. 5 - 7 mi. Moderate pace. No Dogs Allowed.

Thurs. Sept. 30, Dennis. Indian Lands Trail. From Rt 6A in Dennis Village turn S on Old Bass River Rd at the Mobil station. Go 4 mi to the RR crossing turn R into the pkg lot of Dennis Town Offices. L Mary Field (362-2041).

Sun. Oct. 3, Mashpee. Quashnet River Valley Path. From Mashpee Rotary on Rt 28 take Rt 151 and turn L at blinking lights to park in Mashpee Library pkg lot. L Bill Howe (995-3875).

Thurs. Oct. 7, Falmouth. Beebe Acres Woods. From Rt 28 turn onto Ter Heun Dr. Go past Falmouth Hospital and the JML facility. Park in small unpaved parking lot which will be on the L just past the JML facility. L Shirley Rothwell (540-8303) CL Frances Helyar (540-4817).

Sun. Oct. 10, Truro, Paradise Valley. Approx. 0.25 mi past sign "entering Truro" on Rte. 6, turn left George Neilson Rd. Park along edge of rd. L Kathy Meads (487-1517).

Thurs., Oct. 14, Harwich, Herring River Scenic Trail. From Rt. 28 in Dennisport, turn N on Depot Rd. at Barbos Furniture. Travel 1.5 mi and park on right where bike path crosses road. L Al Meade (896-2296).

Sun., Oct. 17, Bourne, Four Ponds Conservation Area. From the Bourne Bridge, go south on Rte. 28 3 mi. Turn right on Barlow's Landing Rd. Proceed about a mile and turn right into Four Ponds pkg lot. L John Poinert (295-5391) CL Bill Howe.

Thurs., Oct. 21, Falmouth, Holly Hill Trail. From the stop light at the Stop 'n Shop on Rte 28 in Falmouth turn north onto Gifford St. Turn right at next stop light on Jones rd. proceed .5 mi and turn left into Good Will Park. Park immediately on right. L Nancy Wigley (548-2362).

Sun., Oct. 24, Sandwich, Sandy Neck. From Rte 6A take Sandy Neck Rd. Go to pkg lot at end.

L. Bud and Pam Carter (398-2605).

Thurs. Oct. 28, Barnstable, Deacons Farm. Take exit 5 north from Rte. 6 and look for Fire Station on right. Park behind it. L Al Johnson (775-8959).

Sun. Oct. 31, Mashpee, Daniel Webster Footpath. From Mashpee Rotary on Rte 28 take Great Neck Rd. south toward New Seabury for .6 mi and turn left at sign "Sandalwood". Proceed .4 mi on Amos Landing Rd and park at cul-de-sac. L Mark Tisdale (775-1682).

Thurs. Nov. 4, Mashpee, Quashnet River. From Mashpee Rotary on Rte. 28, take rte 151 and turn left at blinking light to park in Mashpee Library pkg lot. L Al Johnson (775-8959).

# **Low-Impact Triping**

You're a 'Low Impact' rider, and you know it. You're conserving gas, taking up less space in the parking lot, tucking those power bar wrappers in your pockets and . . . yikes! What's this you say? A little banana peel on the side of the road won't hurt anyone? Think again, my low impact friends.

When is the last time you saw a banana tree in New England? Or oranges growing on the side of the road? Remember this little equation: Non-native fruit peels = trash on the road. They don't degrade quickly, they're just quickly degrading to your personal style.

No one has to tell you they attract animals to the side of the road; you knew that. You just haven't figured out how to get that mushy thing home. Hey, how about that power bar wrapper? How about an empty zip lock that (I promise you) weighs less than an average valve stem cover?

Pass the word - Pack A Peel - and stay low impact all the way. We all thank you for it.

Carol Swete

#### TRAILS Co-Chairs:

Stephen Ouellette (617-696-6464) and John Pribilla (457-5231)

Sat. Oct. 2, Miles Standish State Forest. 9:00 a.m. Location to be announced Bring work clothes, gloves, lunch, and drinks. Tools will be provided. L Bob Bentley (866-3057).

# **BULLETIN BOARD**

Found, one ladies blue chamois shirt in Ray Butts' car last April after Blue Hills Hike, Call Ginger Blaise (957-1826).

## MEMBERSHIP

Elsie Laverty, Chair (823-0634), Jeannine Washburn, Co-Chair (947-8536).

Sat. Oct 23. Potluck supper for new members and old faithfuls. Good opportunity to meet other members in a congenial setting. We will have an easy bike ride first for those interested, or just come to eat. For details call Marie Gravel (822-1296) or Elsie Laverty (823-0634).

Jeanine and I have been sending out a lot of 'welcome' letters this year, and would like to see some of the faces that go with the names on our lists. A good opportunity for us to meet is at the Annual Dinner on November 6. We'll be at the door to greet you and introduce you to some of the other members. Do come – it's a fun event. To get the most out of your membership, you need to participate and, as the saying goes, just do it.

## **EDUCATION**

Ray Butts, Chair (636-8922)

Note the Beginners Hiking and

Backpacking workshop in conjunction with the Annual Meeting, Nov. 6.

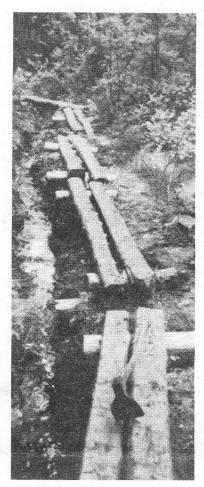
The Southeastern Massachusetts Chapter of the Appalachian Mountain Club has made preliminary plans for a leadership training day on February 5, 1994. Jean Twehaus and Mark Treadup of the Joy St. Staff will join us and give the presentations. The Tentative Plans call for meeting at a motel/hotel probably just over the bridge on the Cape. The all day Saturday affair will begin with coffee in the morning. A substantial meal will be served at midday, with the conference breaking up at about 4:00 p.m.

However, we do not want to go ahead with plans unless a fair number of potential/veteran leaders are interested in participating. We foresee that the entire day will cost each person about \$15.00 with SEM/AMC taking care of about half of the cost. Hence the day will cost leaders about \$8.00.

So that we may get a clear idea of interest, would you write of call Ray Butts at 508-636-8992, or 992 Fisher Rd., North Dartmouth, MA 02747, telling him of your plans to attend (no commitment necessary).

Below, Some of our Wilderness Canoeists on Upper Richardson Lake in Maine a few weeks ago. Might that be a camel in the center boat? We again proved that canoes can carry a seven day feast into the Northern Forest.





The Southeast Breeze is published ten times a year by the Communications Committee of the Southeastern Massachusetts Chapter of the Appalachian Mountain Club.

Subscriptions for Chapter members are provided as a member benefit. Subscriptions

for members of other chapters or non-members are \$5 for one year. Editor and

days, 548-8717 home). Co-Chair, Maureen McKeary (617- 335-1738).

Printed on recycled paper by The Job Shop, Woods Hole, MA 02543

Change of address: AMC, 5 Joy St., Boston, MA 02108 (617-523-0636)

## Lonesome Lake Trail Weekend

Thirteen lucky chapter members participated in this Fall's work day on our adopted trail. Hiking up to Lonesome on Friday evening; working on the trails Saturday and feasting a bit. Out on Sunday (some of us by hiking the rest of the way up Cannon Mountain and catching the Tram down). The ditch and bog bridges should look familiar to many of you. Since it rained fairly hard most of Saturday we got to test the function of the ditches and drains more carefully than we would have liked.

The unexpected denoument of the trip was the engagement of Co-leader Steve Oulette and Jerri Anne-- on Sunday morning just before we left. Truly a match made in Heaven (or, perhaps, the Lonesome Lake mud), but either way, a new high for the trails crew.

# Water Quality: Septic Tanks

Please Note! Marilyn Lopes, extension specialist with the Barnstable County Home Extension system, U.S. Dept. Agriculture, UMass, gave me permission to use the following information.

According to the 1990 U.S. census there are 24,670,675 households in the U.S. that use septic tanks or cesspools, and this figure represents 24% of the total number of households in the census!

Since the purpose of a septic system is to treat liquid wastes from the home, proper maintenance is very important - not just to assure a lasting septic system – but to prevent contamination of one's well, groundwater, and nearby lakes, streams and coastal waters.

According to Ms. Lopes, many people fear that using the wrong toilet paper will damage their septic systems, and because toilet paper is one of the top ten purchases in the supermarket, consumers need to know which paper is 'best for my tank.' Should it be white? Can it be scented? Does it have to be thin? Etc. 'In reality,' she says, 'choosing the best toilet paper depends upon factors such as how much is used, frequency of pumping (which generally should be on an average of every 2-4 years, based on use, number of occupants, etc.).

'Consumers,' she says, 'can make a simple comparison (of toilet paper) by using the Mason Jar test. Put one square of paper in a jar with water and let it sit. Use only those papers that have started to dissolve after one hour.'

The bottom line: it is our individual responsibilities to be careful in what we put down into our septic systems (as in NO grease, hazardous household materials and wads of t.p.) and to give them sound maintenance. After all, water pollution is serious business.

#### Northern Forest: What YOU Can Do to Help Protect It

Go see it! Canoeing on Maine's West Branch of the Penobscot River, hiking on the Long Trail in Vermont or just resting quietly within its awesome proximity to pond, pristine woodlands, peak, river, wildlife ... then let your legislators know you've been there. Suggest they go too. And ask them to find ways to protect it so it won't be lost forever. More info: SEAMC Conservation Committee.

#### Pam Carter, Conservation Co-Chair

Club Officers: Chair, Suzanne Scolamiero, (617-545-0036); Vice-Chair, Bruce Dunham, (508-587-0679); Co-Secretary, Joan Luiz, (697-6204); Co-Secretary, Mary Graffigna, (255-8468); Treasurer, Mary Angulo, (771-1192); Historian, Don Auclair, (376-4911); Membership Chair, Elsie Laverty, (823-0634); Membership Vice-Chair, Jeannine Washburn, (947-8536); Education Chair, Ray Butts, (636-8992)

Subscriptions: Dave Shephard, P.O. Box 44, Woods Hole, MA 02543 (508-548-9600)

These officers and the activities chairs (names and phone nos. in calendar headings) constitute the chapter Executive Board. We meet on the fourth Tuesday each month, 7:15 p.m., at the Bourne Community Center. Members are invited.

# DATED NOTICES



Boston, Ma 02108 5 Joy Street **BPPALACHIAN MOUNTAIN CLUB** Southeastern Massachusetts Chapter

Permit No. 41 Buzzards Bay MM 02532-9998 **DIA9** U.S. Postage Organization Non-Profit



Southeastern Massachusetts Chapter-Appalachian Mountain Club

June, 1994

# From the Chapter Chair

#### "WHALE OF A WEEKEND" LIVES UP TO ITS NAME!

If you were one of the 45 Southeastern Massachusetts Chapter members who joined the festivities or helped to register, host or lead one of the hiking, biking or canoeing trips during the recent AMC Spring Meeting in Sandwich, then you know that it was a whale of a good time for all the representatives from the other ten chapters as well as the staff from Boston. You also know that Stormy Mayo took us all by storm with an impressive show of whales and conservation issues after the Saturday night clambake. You know that the weather was so idyllic that the meetings had to be rescheduled into the open air (The planning team worked really hard on that!).

What you might not know is that there were a record number of attendees. The spring and fall weekends anticipate 100 people; we had 191 who came for at least part of the weekend. The whale watch drew over 20 participants on Sunday,

And you should be proud that your chapter members, according to Samuel Pryor, AMC President, "created a wonderful atmosphere which was very conducive to getting a lot of valuable work done and bonding all of us in a manner that should carry us a long way." He warmly thanks all the members of the Southeastern Massachusetts Chapter for hosting the AMC Spring Meeting.

Executive Director Andy Falender knows that "events like this don't happen on their own and a LOT of people went to a LOT of hard work to make this weekend special and successful." His thanks were written to all of us.

As we set goals for the event, the Planning Team frequently spoke of extending the hand of friendship which is characteristic of our chapter. I know Patti Roka, AMC Chapter Relations Director, spoke for many of our weekend guests when she wrote the following in a thank you letter to us;

"When I arrived in Sandwich last Friday night, the accumulated commitment, care, and energy of all the planning time, and of many people, instantly impressed me. Cheerful greetings were followed by ice cream and a ready hand to make sure I made it to my cabin. The mood was infectious. Your team spirit became an important part of the weekend."

So, from Sam, Andy, Patti and the *Whale of a Weekend* team, many thanks to all of you who participated and congratulations for sharing in the fun and the effort with a vitality that produced a remarkable and successful Spring Meeting for the whole AMC. I certainly am proud to be a member of this chapter and grateful that we had this opportunity to show what a chapter can do! !!

> Suzanne Scolamiero Chapter Chair



Part of the Southeastern Mass. Crew at the Spring Meeting, including much of the Organizing Committee: John Abbott, Mary Angulo, Bob Bentley, Ray Butts, Vicki Fitzgerald, and Suzanne Scolamiero, with help from Don Auclair, Bruce Dunham, Paul Murphy, Russ Ottey, Lois Rogers and many others.

Editor's note: I am sure that Suzanne wanted the letters from Andy and Patti printed, but space is limited and she summarized them well. Here is a letter from Mary Mady, our representative on the Board of Directors, that came in after Suzanne's article:

To the Southeast Chapter,

A hearty thanks to the Southeast Chapter for putting on the best Clubwide Meeting that we have had in several years. The setting was wonderful, the organization of the schedule and coordination of Southeast Chapter volunteers was outstanding. A special thanks to each of you who volunteered your time. You all helped to set the tone for good interaction. Several AMC members mentioned to me that this weekend was much more like the AMC they always loved...

> Thanks for a Whale of a Weekend! Mary Mady, YOUR Regional Director

Another Editor's note: Volunteer committees also run many of the AMC facilities, and do a very good job of it. We have recieved more material than we can print from the committees for Cardigan Lodge and Three Mile Island saying that they really need more sign-ups for the summer. These facilities provide super summer vacation places for families, couples or individuals wanting a comfortable outdoor experience. See the descriptions of their weekly programs in the AMC Outdoors Camps Supplement or any issue, or call their registrars: Three Mile Island, Sally Hopkins (207-583-2629); Cardigan, (603-744-8011). They deserve and need our support.

Last Chance for the	CHAPTER MAJOR ACTIVITIES CALENDAR	
Spring Outdoor Weekend Details on the back page.	June 17-19       Outdoor Activities Weekend       Sept. 24       Bicycle Century Ride         Sept. 9-10       Adopted trails-Lonesome Lake       Oct. 15       Chapter Hut Night         Sept 17       Coast Weeks/Fall Frolic       Nov. 5       Chapter Annual Meeting	

#### BIKING

Mark Tisdale, Chair (775-1682) Nancy Wigley, Vice-Chair, Cape, (548-2362)

**Bike Trip Ratings:** Beginner: Up to 15 mi., 2 or more hr. Geared to inexperienced riders. Easy: 15-25 mi. Slow to moderate pace. Few hills. Intermediate: 25-50 mi. Moderate pace. Occasional hills. Advanced: 50 mi. or more. Fast pace and/or very hilly.

Riders are encouraged to have bike in good working order (preferably 10 spd). Riders having any doubts are encouraged to check with trip leader about pace of trip, their ability and equipment, and the weather if doubtful. Helmets are required (HR in the description) on many bike rides and highly recommended on most others (HHR).

- Tues., May 31. Mountain Bike Spring Warm Up - Carver, MA. This will be a follow-the-leader ride. We will divide up into groups. Mileage and pace will vary with desire. 10-25 miles. 9:30 a.m. Call (866-4033) to sign up.
- Sat. June 4. Senic ride joint with Narragansett Chapter. Start in Tiverton and tour coastal farmland and beaches. 25 and 50 miles. Maps if you want to go ahead. One of the best rides in the area. CLs D. MacQuattie (401-246-0449) and Elsie Laverty (823-0634).
- Sat., June 4, Marconi Metric Century. L Mark Tisdale (775-1682) HHR.
- Sat. Sun., June 4 5. Plymouth to Provincetown. Fourth annual Bike Ride. 65 mi on first day; 35 on second. Stay at Eastham Youth Hostel on Sat. Bring or buy lunches; Sat. dinner and Sun. bkfst provided. Boat ride back to Plymouth on Sun. Riders should be self-sufficient, its a go-at-your-own-pace ride. Cost \$40. For details call L Tom Waddell (617-837-5537). CL Rich Iovanni.
- Sat. June 11. Wellfleet Harbor to Race point. Lunch in Provincetown (minimum mileage on Rte. 6) Approx 40 mi, medium pace. L Mark Tisdale (775-1682).
- \*Fri. Sun., June 17 to 19. Instruction in bike mechanics and tripping plus beginning and intermediate level trips. Bunk or tent with us for the Chapter Outdoor Weekend. Use the registration form on p. 3. L Bill Rehill.
- Tues., June 21. Ride Til Dark, Mountain Bike - Hingham, Ma. Nice trails including singletrack. Moderate pace. Join us on the longest evening ride of the year. 6:00 p.m. Call Bill Boles at (583-0067).
- Sat. July 2 9:00 a.m. Thirty mi bike trip. Meet at Head of Cape Cod Rail Trail, Dennis (heading East on Rt 6, take Exit 9. Turn Right on Rt 134 and go through two sets of lights. Watch for sign "Cape Cod Rail Trail" on left). Bring lunch. Trip includes stop at Star Spangle Spectacular event at Rock Harbor.

L Al Johnson (775-8959).

- Fri-Sun., July 15-17. Townshend, VT. 40 miles, easy pace, mostly flat, 12-20 speed bike a must. Tent camping. Biking, scenery and campground fantastic. \$15 deposit by July 9. L Bill Rehill (543-6879).
- July 23. Plymouth to Provincetown. From the Rock to the Dock. Take the boat back after 80 mile ride. Deposit \$10 by June 30. Call L Carol Swete (759-4458).

#### **Tuesday Evening Cape Bicycle Rides**

All rides start at 6:00 p.m. The rides are easy-12 and 20 miles. Coordinators, Alice Oberdorf (771-8261) and Nancy Wigley (542-2362).

- Tues., May 31. Meet at Dennis Town Hall parking lot for ride to Mill Pond and Scargo Tower.
- Tues., June 7. Meet at North Falmouth Library for County Road to drawbridge on the Canal.
- Tues., June 14. Meet at Rock Harbor Parking Lot which is right off Orleans Rotary for ride to Visitor's Center, Eastham.
- Tues., June 21. Meet at Shining Sea Bike Path parking lot, Falmouth, for ride to Woods Hole, Quisset Harbor and Oyster Pond Road.
- Tues., June 28. Meet at Gray's Beach. Yarmouthport coastal ride. ancient Cemetery.
- Tues., July 5. Meet at Friendly's for Northside canal ride.

### HIKING

Don Auclair, Chair (376-4911) Donna Newman, Vice-Chair (477-3854) Al Johnson, Vice-chair, Cape (775-8959)

HIKE RATING First character indicates distance; Second character indicates leader's pace (average terrain); Third character indicates terrain.

Miles	Pace/mph	Terrain
AA=13+	1=v. fast/2.5+	A=v. stren.
A=9-13	2=fast/2	B=strenuous
B=5-8	3=mod/1.5	C=average
C=5-	4=leis/1.5-	D=easy

Hikers unsure of their ability should try only one level higher than previously completed.

NOTE: No pets without permission from the leader. Individuals under 18 must obtain prior consent from Trip Leader. Limited hiking equipment is available for use on Southeastern MA trips only. Call Bruce Dunham, (587-0679).

- \*Wed. June 1 Midweek Hike In The Early Evening (B3C) 5 to 6 miles in Lakeville . Unbelievable beauty. Hike on fire service road past sacred Wampanoag Indian cemetery. L Carol Swete (759-4458)
- Sat. June 4. Hike Mts Morgan & Percival (B3C) Beginners welcome. Views of the Squam Lakes region. Dinner on the way home at The Common Man in Ashland. L Anne Chase (824-8871) before 10p.m. Cl Louise Desrochers (672-9009.
- \*Wed. June 8 Midweek Early Evening Hike (B3C) in Borderland State Park. L's Mary & Dan Dempsey (238-7530).
- \*Sat. June 11. Chickatawbut Section of Blue Hills (B3C). Good hike for beginners. Mostly easy terrain with some hills. L Bruce Dunham (587-0679 before 10 p.m.) CI Lou Sikorsky (678-3984).
- \*Wed. June 15. Midweek Early Evening Hike (B3C) in the Gilbert Hills State Forest Foxboro. L Dave Bennett (222-6943).
- \*Fri. Sun. June 17 19 Spring Outdoor Weekend. Hiking/Backpacking Training Camp with us on Cape Cod. Work on skills and test and fit that new equipment before heading to the mountains. Use the registration form on p. 3. L Don Auclair.

- \*Wed. 22 June. Midweek Early Evening Hike In Massasoit State Park L Don Auclair (376-4911).
- Thurs. June 23 Fall Hike Planning Meeting Sept. Oct. Nov. Call Don Auclair for time & place (376-4911).
- Sat. June 25 Mid State Trail (A3C) L Don Auclair (376-4911).
- \*Wed. June 29. Midweek Hike in the early evening (B3C). 5 to 6 miles in Lakeville. Unbelievable beauty. Hike on fire service road past sacred Wampanoag Indian cemetery. L Carol Swete (759-4458).
- July 4th Weekend (AA2B). The Long Trail from Vt.11/30 to Vt.140 25 miles approx. L Don Auclair (376-4911).
- Sat. Mon. July 9 11 (AA2B). Hike into Imp Shelter on Sat. Via Mt. Moriah. Sun. Hike the Carters and stay at hut Sunday night. Mon. out over Wildcat Ridge Trail. Community Cooking. \$20 Deposit required. Limited to 6 backpackers in good shape. L Ray Butts (636-8992) Cl Dave Bennett (222-6943).
- Sat. Sun. July 9 10. Duxbury Barrier Beach Overnight. B4D. Hike Powder Point Bridge to Gurnet Light and overnight at dune cotage, Saquish Beach. Community cooking, swimming, hikes, lobster boil. \$20 deposit limited to 6. L Lilla Cingolani (585-5622).

#### Mass./R.I. Trail Guide

Volunteers are needed to check the following trails on Martha's Vineyard: Indian Hill, M.V. State Forest, Felix Neck Wildlife Sanctuary, South Beach, Long Point Wildlife Refuge, Cedar Tree Neck Wildlife Sanctuary and Chappaquiddick Island. Other nearby areas needing checking: Cuttyhunk Island and Monomoy National Wildlife Refuge. Please contact me. Bruce Dunham (508) 587-0679 29 Rockpond St., Brockton. MA 02401

### **MEMBERSHIP**

Diana Yohe, Chair (947-5622), Mary Graffigna, Co-Chair (888-1481).

Please, if you have questions about our activities or need information about the Southeastern Mass. Chapter call us.

**Events of Special Interest this Month**: The Chapter Spring Outdoor Weekend, June 17 to 19. Outdoor instruction and activities for newcomers and oldtimers alike.

#### **BULLETIN BOARD**

Bulletin Board items not sponsored or endorsed by AMC. Use your normal discretion in responding.

- For Sale. Class A Motor Home, 1984 Itasca 33'. Low mileage and all the goodies. Call Carrie Dobson (548-6297).
- Lost. at Spring Meeting, Grey sweatpants and shirt. Contact SEM Vice Chair: Bruce Dunham (508-587-0679).
- **SAFE TRIPS** All trips involve some risk. Participants assume responsibility for their own welfare. Discuss your abilities with trip leader prior to the trip.
- Note: all phone numbers are area code 508 unless 617 is specified.
- \* Indicates that the trip is suitable for novices.

### CANOEING

NOTE: Boats are available for rent on SEM-AMC trips and for longer terms to members. Contact trip leader or Canoe Chair. We will try to match you up with a partner, too. Call matchmaker Ruth Shephard (548-8717)

## Flatwater

Lois Rogers, Chair (477-8557)

- Sat., June 4. Bass River at Lady Slipper time. Joint trip with George Ellmore and Boston Chapter. CLs Dave Shephard (548-8717) and Nancy Wigley (548-2362).
- Sun., June 5. Intermediate Insturctional Class. Limit 12. Call by May 30. L Ed York (385-6118).
- Sat., June 11. Slokum River, Dartmouth. Bring lunch. L Janet Taylor (362-8149).
- Sun., June 12. Hingham Harbor-World's End. L Anita Franks (617-545-7157).
- \*Fri Sun. June 17 19. Canoe Instruction with beginning and intermediate trips. Bunk or tent with us for the Chapter Outdoor Weekend. Use registration form p.3. L. Lois Rogers.
- Fri., June 24. Annual John's Pond Moonlight Cruise and Potluck Supper. 7:00 til ? L Lois Rogers 9477-8557).
- Sat., June 25. Monponsett Pond. L Herbie Edgren. (617-472-7271) CL Al Johnson (775-8959).
- Fri. Sat. July 2 9. Maine. Canoe on Kezar Lake, and nearby rivers and ponds. Hike Evans Notch trails in White Mt. Nat. Forest and Mt. Sabattus. Lodging in furnished cottage on Kezar Lake. Limited to 6. Approx. cost \$165. Send SASE to L Paula Phillips, 101 Washingtoon St., Pembroke, Ma 02359.

#### **Cape Wednesday Evening Canoeing**

Informal trips, 7 p.m. till dark, starting in June. Send SASE to: P.O. Box 44, Woods Hole, MA 02543 for schedule. L Dave Shephard.

## Whitewater

Paul Farrington, Chair (285-7041)

- Sat. Mon., May 28 30, Mem. Day, To be Determined, Contact Paul Farrington (285-7041).
- Sat. Sun., June 4 5, Deerfield, MA, 2-4, L John Payton (660-4961).
- Sat. Sun., June 18 19, Dead and Seboomic, ME, 2-3,
- L Alice-Jean Farrington (285-7041).
- Sun., June 26, Deerfield, MA, 2-4, L Toby Savage (540-9381).
- Sat. Mon., July 2 4, To be Determined, L Dave Lundquist (674-8830), CL Paul Farrington (285-7041).

#### **Cape Cod Thursday Canoe Trips**

Thurs. Easy 3 to 5 hour paddling for beginners. All trips start at 10:30 a.m. unless otherwise noted. PFD's required for all participants. Bring lunch. Co-leaders Ralph Upton (398-9680) and Nancy Wigley (548-2362).

- Thurs. May 26, Mashpee River. From Mashpee Rotary, take Rt 28 East .5 mi. to first right on Quinaquisett Ave. Go .7 mi to R on Mashpee Neck Rd., to launch ramp.
- Thurs. June 2, Swan Pond/River in Dennisport. From Rt 6, Exit 9, go south on Rt 134 to third set of lights. Take L on Upper County Road; go 1.6 mi. to Clipper Lane on left, bear left to pkg. lot.
- Thurs. June 9, Bass River/Indian Lands (lady slippers) in Dennis. From Rt 28, S on School St. to R on Lighthouse Rd. to W. Dennis Beach rotary. R onto Loring Ave., W. Dennis Yacht Club immediately on left.
- Thurs. June 16, Mashpee-Wakeby Pond, Mashpee. From Rt 28, take Rt 130 N 2 mi. to R at "State Landing" sign just before Great Neck Road.
- Thurs. June 23, Ryders Cove, Pleasant Bay in Chatham Port. From Rt 28 take Ryder Cove Rd. to Town Landing.

Thurs. June 30, Pamet River in Truro. From Rt 6 take exit at Pamet Rd. (First R north of Town Line). Park at end of exit ramp on right. Pot Luck at Tom & Jody's in Orleans. Call 240-0814 to register and for directions, and don't forget to attend!

Thurs. July 7, Herring River in Wellfleet. From Rt 6, first left past Herring River sign (and just before Truro line) onto Pamet Point Rd., to left on Bound Brook Rd., to bridge over Herring River.

# FAMILY OUTINGS

Jeff Hogan, Chair (823-9762).

We are planning a variety of activities this season. We are going to integrate different outdoor activities including hiking, canoeing and biking into our family outings program.

- Fri. Sun. June 17 19. Spring Outdoor Weekend. A family outing weekend. We will camp as a group with plans for numerous activities including hiking, canoeing and outdoor workshops. Kids of all ages welcome with their parents. We'll join with other SEM chapter members for meals and other planned activities. Limit 40. Use registration form below. L Jeff Hogan call for details (823-9762, 7 to
  - 9 p.m. only.)

## CONSERVATION

John Pribilla, Chair (457-5231) Laura Judd, CoChair (617-878-7395)

#### TRAILS

Chair: Stephen Ouellette (617-696-6464) Information: Jennifer Hogan (823-9762)

June 17 to 19 Chapter outdoor weekend will have conservation and trails activities for you.

## SOCIAL EVENTS

Vickie Fitzgerald, Chair (617-585-3424)

At least daytrip to the chapter Spring Outdoor Weekend. June 17 to 19

### EDUCATION

#### Ray Butts, Chair (636-8992)

Instruction in the chapter's activities is the main theme for the Chapter Outdoor Weekend, June 17 to 19.

Spring Outdoor Weekend Registration	Form
(Must be returned with full fee by June 3 to assure	e a place.)
Name:	number of adults/kids attending
Instructional/activities group to register us with; Canoeing, Biking Failed other	mily Outings, Hiking/Backpacking (We are amenable to proposals.)
□ daytrip or □ overnight, which days and nights	
Mailing Address	
Phone	
Fee Structure: Bikers/Canoeists, full weekend including 2 breakfasts and Sat. dinner: in bu and Hiking/Backpacking groups, \$10 for the weekend. Other groups and a la Carte: tent night, \$3 to reserve a slot in instructional program for day trippers. A limited number of pe etc. may register for space in the bunkhouse at \$10 per night and meals at \$3 for ea (community cooking, remember!). For general information call: Bob Millburn (587-9743)	ting, \$5 per site (individual or family) per ople helping in instruction or organization ch breakfast and \$7 for Saturday dinner
Send form and full fee to appropriate registrar by June 3: Biking; Bill Rehill, P.O. Box 471, Foxboro, MA 02035, (543-6879) Canoeing & General; David Shephard, P.O. Box 44, Woods Hole, MA 02543, (548-8717 Family Outings; Jeff Hogan, 53 Sunset Dr., Raynham, MA 02332, (823-9762, 7 to 9 p.m Hiking/Backpacking; Don Auclair, 220 Pleasant St., Millis, MA 02054, (376-4911).	

# Southeastern Massachusetts Chapter's Spring Outdoor Weekend, June 17 to 19

at Camp Nan-Ke-Rafe, accessible from Nickerson State Park on Cape Cod

Fun

Skills Development All Levels All Ages Everyone Should Come

Tailor it to suit your needs: Day-trip/Picnic to Full WeekendFriday EveningSaturdaySunday Mon

6:00 to 7:30 7:30 to 9:00 9:30 10:00

12:00 noon1:30 to 3:303:30 to 5:005:00 to 7:007:00 to 9:00Orientation sessions for new membersInstructional talks, videos and slide shows9:00 to 11:00Social, campfire, night hikes

SaturdaySHike, bird watchHBreakfastHIntermediate level trips departHMain training sessions:Hcanoeing, biking,<br/>hike/backpack, family outingsPicnic lunchIntroductory level tripsGroup conservation/trail workSocial hour (bring your own)/dinnerReview session for trip leadersSlide shows of chapter activities etc.

Campfire/social, night hikes

Sunday Morning Hike, bird watch Breakfast Brief training session/review Intermediate level trips depart

- The weekend is organized by and around the Activities Committees: Biking, Canoeing, Hiking/Backpacking and Family Outings. Participants should register with one of these groups, each of which will have somewhat different arrangements and fees (see application form on page 3.) A confirmation-map-instruction sheet will be mailed to you.
- · Children participate only under the supervision of their parents.
- Day-trippers/picnickers need not register unless you wish to participate in instructional sessions.
- Those wishing only to tent and be social or join the trips register as "General". Large charcoal grills available to all.
- Pets are strongly discouraged, if you bring one, it must be leashed and attended at all times and some leaders may not permit it on their trips.
- Registration to participate must be received with full fees by June 3 to assure a space.
- Use the registration form on page 3 and send to the appropriate registrar (General, to Dave Shephard).
- More Information? Off Cape, call Bob Millburn (587-9743); on Cape, Dave Shephard (548-8717) or activities leader.

Minimal driving instructions: Proceed on main park road about 3 miles after gate. 4/10 mile after sign for areas 6 and 6X (some groups and tenters may be at area 6X) and immediately after bike path crosses from right to left side of road, turn right on dirt road at rock with "Nan-Ke-Rafe" on it and proceed carefully 4/10 mile to parking area on left (sign). Camp is just below parking area.

The Southeast Breeze is published ten times a year by the Communications Committee of the Southeastern Massachusetts Chapter of the Appalachian Mountain Club. Subscriptions for Chapter members are provided as a member benefit. Subscriptions for members of other chapters or non-members are \$5 for one year. Editor and Subscriptions: Dave Shephard, P.O. Box 44, Woods Hole, MA 02543 (508-548-9600) days, 548-8717 home).

Change of address: AMC, 5 Joy St., Boston, MA 02108 (617-523-0636). Printed on recycled paper by The Job Shop, Woods Hole, MA 02543



Club Officers: Chair, Suzanne Scolamiero, (617-545-0036); Vice-Chair, Bruce Dunham, (587-0679); Co-Secretaries, Jean Kennedy, (617-834-4246); and, Mary Graffigna, (888-1481); Treasurer, Mary Angulo, (771-1192); Historian, Regina Auclair, (376-4911); Membership Co-Chairs, Mary Graffigna, (888-1481); and, Diana Yohe, (947-5622); Education Chair, Ray Butts, (636-8992); Activities Coordinator, Nancy Hurley (888-1617). These officers and the activities chairs (names and phone nos. in calendar headings) constitute the chapter Executive Board. We meet on the fourth Tuesday each month, 7:15 p.m., at the Bourne Community Center. Members are invited.

**DATED NOTICES** 



Southeastern Massachusetts Chapter 5 Joy Street Boston, Ma 02108

Non-Profit Organization J.S. Postage PAID Bay MM 2232-9998 Bay M0. 41 Permit No. 41



Southeastern Massachusetts Chapter-Appalachian Mountain Club

# **From the Chapter Chair**

Spring is a time of awakenings! New beginnings, new awarenesses, and new ventures seem to be sprouting up from many directions. Who can believe that it is already time to begin the vitally important search for chapter leadership for the upcoming year? I am pleased to announce the 1994 Nominating Committee. Serving as Chairperson will be Past Chapter Chair Walter Morin. He has put together a capable and experienced committee: Russell Ottey, Vicki Fitzgerald, Richard Iovanni, and Janet Richardson. Call Walter (508-697-5795) or contact any of these nominators if you are interested in serving the chapter or if you have suggestions for the new board. Our chapter functions so well because of the many people who are willing to share their time, energy, and enthusiasm to work for the goals of the AMC.

Speaking of AMC goals ... our Spring Fling participants awoke to new awareness of the problems facing the 26 million acres of Northern Forest. We heard Tom Steinbach from the AMC staff outline the goals our club is working for: (1) a sustainable forest and forest economy; (2) continued public access to the 4,000 miles of rivers and 3,160 miles of trails which mean so much to us; (3) maintenance of wildlife diversity, clean air and rivers; and (4) the economic and ecological health of the region. It's a gigantic task. Laura Judd and John Pribilla planned this hour long program with the emphasis on action. Laura will be our conservation representative to the Northern Forest Council Listening sessions in Boston and invites interested members to join her. Locally we will once again be helping to preserve the fragile barrier beaches by planting beach grass on the Duxbury coastline. Of the various activities available during our ninth spring conservation day, the best attended was the trailwork session! Conservation-mindedness is a strong commitment for us.

The Bay Circuit Trail, a proposed greenway extending around Boston from Ipswich to Duxbury is generating some excitement in Pembroke. Peter Donahue from AMC staff in Boston, and I as your chapter observer, participated in a local meeting. Glen French, director of the Bay Circuit Alliance, shared the experiences of the North Shore communities in establishing areas of continuous public access in their heavily populated region. The concept is not new. It has been talked about since 1897, and the AMC has promoted Trails Day and Bay Circuit Trek events for several years. More than 50 people attended the early April meeting. All of us could be involved. You might be the key to opening a particular piece of the corridor through your contacts or knowledge of the area. Or you might be interested in exploring or eventually maintaining this priceless 'highway.' Please contact me if you want more information.

Make your springtime fresh and new-get involved with new people and new projects. Suzanne Scolamiero, Chapter Chair

# **Chapter Spring Outdoor Weekend**

This event is intended to provide something for everyone in the Chapter. Whether or not it works depends on the support of all of you—both in attending and in helping to plan the event to suit your desires. Here is where the plans stand now: **Date:** Friday evening, June 17 to Sunday afternoon June 19.

Place: Camp Nan-Ke-Rafe, accessed from Nickerson State Park on the Cape.

**Organization:** As close to a three ring circus as possible, except we are all more players than spectators.

**Costs:** As low as we can make them. Tentatively \$30 per head for the weekend in the bunkhouses and \$20 or less for adults in tents, and \$5 for day trippers participating in activities.

#### General Schedule:

#### Friday:

Open for registration etc. about 4 p.m. Informal, bring your own happy-hour and cookout. Slide and video shows—instructional and of chapter trips. Campfire, evening walks etc.

#### Saturday:

Bird walk etc. early

Instructional activities in Canoeing (flatwater and whitewater, Biking, Backpacking, etc. all morning. Picnic Lunch.

Possible equipment displays by EMS, others? Beginning level outings: canoeing, biking, hiking, etc. Possible conservation/trailwork projects in vicinity. Happy-hour, cookout, evening activities as on Friday.

#### Sunday:

Bird walk etc. early. Quick instruction/review after breakfast.

Easy, intermediate level trips leave from camp.

All packed up and out by early afternoon.

#### **Registration:**

Those interested in the instructional sessions in canoeing, biking, family/childrens activities and backpacking must sign up with those groups—special plans are being made vis-a-vis food and overnights. (Canoeing, Dave Shephard, 548-8717; Biking, Mark Tisdale, 775-1682; Family, Jeff Hogan, 823-9762; Backpacking, Don Auclair, 376-4911).

Those who want only to overnight and enjoy the weekend should contact Dave Shephard as should anyone with general questions (548-8717 at home, 548-9600, at work).

Day trippers are welcome without registration, but if you want to go on a trip please call the trip leaders (tba, next issue).

Declaring your intentions by phone or the coupon on page 3 would be immensely helpful to the organizers!

#### CHAPTER MAJOR ACTIVITIES CALENDAR

Last Chance for the	May 20-21 Adopted trails-Lonesome Lake Sept 17 Coast Weeks/Fall Frolic
AMC Spring Meeting	April 29-May 1 AMC Spring Meeting Sept. 24 Bicycle Century Ride
Use form in March issue	June 17-19 Outdoor Activities Weekend Oct. 15 Chapter Hut Night
or Call Mary Angulo (771-1192).	Sept. 9-10 Adopted trails-Lonesome Lake, Nov. 5 Chapter Annual Meeting

May, 1994

#### HIKING

#### Don Auclair, Chair (376-4911) Donna Newman, Vice-Chair (477-3854) Al Johnson, Vice-chair, Cape (775-8959)

HIKE RATING First character indicates distance; Second character indicates leader's pace (average terrain); Third character indicates terrain.

Miles	Pace/mph	Terrain
AA=13+	1=v. fast/2.5+	A=v. stren.
A=9-13	2=fast/2	B=strenuous
B=5-8	3=mod/1.5	C=average
C=5-	4=leis/1.5-	D=easy

Hikers unsure of their ability should try only one level higher than previously completed.

NOTE: No pets without permission from the leader. Individuals under 18 must obtain prior consent from Trip Leader. Limited hiking equipment is available for use on Southeastern MA trips only. Call Bruce Dunham, (587-0679).

- Sat., May 7, Blue Hills, Skyline Trail A3B Warm-up hike for the Whites. Twelve rugged miles. L Bruce Dunham (587-0679, between 6-9:30pm) CL Dave Bennett (222-6943).
- Sat., May 14, Mt. Monadnock B3C The long way. Pumpelly Trail and Marlborough Trail. L Dave Bennett (222-6943) CL Ginger Blais (957-1826).
- Sat., May 14, Mt. Lafayette A3A Spend night at Greenleaf Hut. L Carol Swete (759-4458).
- \*Sat., May 21, George Washington State Forest, RI B3D L LouiseDesrochers (673-9752) CL Rich Iovanni (all calls to L).
- \*Sun. May 22. Borderland Beginner's Hike B3D. Hike 5 mi through State Park. CL Don and Mary Dempsey (238-7530).
- Fri Sun., May 27 29, AA3A Friday take Falling Waters Trail to Franconia Ridge Trail to Greenleaf Hut and spend the night. Saturday - take Garfield Ridge Trail to Galehead Hut for Saturday night. Sunday out over Gale River or North Twin Spur Trails. L Jeff Hogan (823-9762) CL Don Auclair (376-4911).
- Sat. Mon., May 28 30. Backpack Mt. Isolation, AA3B. Via Davis Path and Rocky Branch Trails. 3 days, 2 overnights, intermediate level. Community cooking. \$10 deposit. Call L for more info. L Bruce Dunham (587-0679) CL Dave Bennett (222-6943).
- Sat., Jun 4th, Morgan & Percival Mountains B3C Squam Lakes region. Limited to 24 hikers. Eat at Common Man on the way home. CLs Louise Desrochers (673-9752) and Anne Chase (824-8871).

SAFE TRIPS All trips involve some risk. Participants assume responsibility for their own welfare. Discuss your abilities with trip leader prior to the trip.

Note: all phone numbers are area code 508 unless 617 is specified.

\* Indicates that the trip is suitable for novices.

# **Cape Cod Hikes**

#### Al Johnson, Vice-chair, Cape (775-8959)

Sun. Hikes start 11 a.m. Last 4 hrs. 8 - 11 mi. Bring lunch. Thurs Hikes start 9:30 a.m. Last 2 hrs. 5 - 7 mi. Moderate pace.\* No dogs allowed.

- Thu., Apr. 28, W. Yarmouth, Buck Island Trail. From Mid-Cape take Exit 7 and head S towards Hyannis. Approx. 100 yds. turn left on Higgins Crowell Rd. At 1st set of Its turn right on Buck Island Rd. Approx. 1mi turn right and park at sign "Sandy Pond Rec Area" almost across fromthe Yarmouth Highway Dept. Garage. L Al Johnson (775-8959).
- Sun., May 1, Mashpee, Daniel Webster Footpath. From Mashpee Rotary on Rt 28 take Great Neck Rd S toward New Seabury. Go 0.6 mi and turn L at sign "Sandalwood". Proceed 0.4 mi on Amos Landing Rd and park at Cul-De-Sac. L John Peinert (295-5391)
- Thu., May 5, Falmouth, Holly Hill. From Mashpee Rotary on Rt 28 take Rt 151. Drive 3.2 mi and turn L on Sandwich Rd .Go another 3.7 mi and at the Lts. turn R on Brick Kiln Rd. Drive 0.8 mi and take the 2nd L on Gifford St. and the Lts. Go 1 mi and turn R into Goodwill Park. Park on R immediately after entering park. L Nancy Wigley (548-2362).
- Sun., May 8, Bourne. Four Pond Conservation Area. From the Bourne Bridge go S on Rt 28 approximately 3 miles. Turn R on Barlows Landing Road. Proceed about 1 mi and turn R into Four Pond Conservation Area parking lot. L John Peinert (295-5391).
- Thu., May 12, Sandwich. Talbot Wildlife Refuge. Driving W on 6A in East Sandwich, turn L on Old County Rd almost across from Post Office.Drive 1.4 mi and turn L towards pkg. area at sign "Talbot PointConservation Lands". L TBA.
- Sun. May 15, Harwich. Herring River Scenic Walk. From Rt 28 in Dennisport, turn N on Depot Rd at Barbos Furniture Co. Travel 1.5 mi and park on R where Bike Path crosses Depot Rd. L Al Meade (896-2296)
- Thu., May 19, Sandwich. Ryder Conservation Lands. From Rt 28 in Mashpee take Rt 130 N. Go 1 mi and turn R onto Cotuit Rd. Go another 1.8 mi and turn L at sign: "Ryder Conservation Lands Town of Sandwich". L Nancy Wigley (548-2362)
- Sun., May 22, Harwich. Headwater Hike and LUNCH WITH CANOE GROUP. Meet in Bike Path pkg. lot on Headwaters Drive which is off Rt 124 just N of Exit 10, Rt. 6. L Al Meade (896-2296).
- Last Spring Cape Hike will resume in September.

#### EDUCATION Ray Butts, Chair (636-8992)

Beginner Hiking. See Hiking May 22. See Canoeing, June 5.

AND plan on comming to the Spring Outdoor Weedend, June 17 to 19.

## CANOEING

NOTE: Boats are available for rent on SEM-AMC trips and for longer terms to members. Contact trip leader or Canoe Chair. We will try to match you up with a partner, too . Call matchmaker Ruth Shephard (548-8717)

#### Flatwater

- Sat., May 7. The Nemasket River. Cold and quick water requiring some experience. L Dave Shephard (548-8717).
- Fri.-Sun., May 13-15. Midstate Waters Weekend. Quinebaug River, Westville Lake with optional white water romp at take out, Sevenmile River. \$20.00/person for mobil home accommodations; Sat. lunch, trailer portage and shuttle. L Clarence Burley (867-5814).
- Sun., May 22. Annual combined canoe-hikers Gourmet Picnic at Walkers' Pond. L Nancy Wigley (548-2362) CL Muriel Thomas (428-3593).
- Fri.-Sun., May 27-29. Bald Mt., Vt. Combined canoe-biking tent camping weekend. L Bill Rehill (543-6879).
- Fri.-Sun., May 27-29. Battinkill River. Canoe camping. L Bob Milburn (587-9743).
- Sat., June 4. Bass River at Lady Slipper Orchid time. Joint trip with George Ellmore and Boston Chapter. CLs Dave Shephard (548-8717) and Nancy Wigley (548-2362).
- Sun., June 5. Intermediate Insturctional Class. Limit 12. Call by May 30. L Ed York (385-6118).

#### **CAPE COD THURSDAY CANOE TRIPS**

Thurs. Easy 3 to 5 hour paddling for beginners. All trips start at 10:30 a.m. unless otherwise noted. PFD's required for all participants. Bring lunch. Co-leaders Ralph Upton (398-9680) and Nancy Wigley (548-2362).

- Thurs. May 26, Mashpee River in Mashpee. From Mashpee Rotary, take Rt 28 East .5 mi. to first right on Quinaquisett Ave. Go .7 mi to R on Mashpee Neck Rd., to launch ramp.
- Thurs. June 2, Swan Pond/ River in Dennisport. From Rt 6, Exit 9, go south on Rt 134 to third set of lights. Take L on Upper County Road; go 1.6 mi. to Clipper Lane on left, bear left to pkg. lot.

# **SOCIAL EVENTS**

#### Vickie Fitzgerald, Chair (617-585-3424)

Consider participating in the AMC Spring Meeting April 29 to May 1!

Sun. May 15. Marshfield, Pot Luck Supper and Beach Hike. 1 p.m. hike, 3 p.m. supper, 4:30 Slides of China by Suzanne Scolamiero. Call Jean Kennedy (834-4246) or Edith Miller (834-4889) for reservations and directions. \$1.00 at the door.



#### Whitewater

Paul Farrington, Chair (285-7041)

Sat. - Sun., Apr.30 - May 1, White Mountains, Saco & Swift, NH, 2-3, L John Payton (660-4961).

Week of April 30 to May 8 or May 8 to 15, Tennessee, Georgia and North Carolina Week of Rivers, 2-4, L Paul Farrington (285-7041), Call early, reservations required and strict screening will apply. Dates to be determined

- Sat., May 14, Dead, ME, at 7500 CFS, 3-4, L Mark Klim (697-2878).
- Sat., May 14, Tariffville, CT, 2, L Dave Lundquist (674-8830), CL John Payton (660-4961).
- Sat. Mon., May 28 30, Mem. Day, To be Determined, Contact Paul Farrington (285-7041).
- Sat. Sun., June 4 5, Deerfield, MA, 2-4, L John Payton (660-4961).

#### CONSERVATION

John Pribilla, Chair (457-5231) Laura Judd, CoChair (617-878-7395)

Mon. May. 2. Arbor Day (week) tree planting with students from Pebles School. Tidal Flats Recreation Area Bell Rd. (off Trowbridge Rd from Bourne Rotary) 1 p.m. More info, call JohnPribilla (457-5231).

# FAMILY/CHILDRENS EVENTS

Jeff Hogan, Chair (823-9762).

We are planning a variety of activities for the spring season. This year we are going to integrate different outdoor activities including hiking, canoeing and biking into our family outings program.

\*Sun. April 30. Intro Family Hike. Massasoit State Park C4D. Leisurely hike through the park to meet new families and to welcome new family outings season. Children in backpacks welcome. Limit 20. L Jeff Hogan (823-9762 7-9p.m. only).

### TRAILS

Co-Chairs: Stephen Ouellette (617-696-6464) and Ginger Blais, (422-8008).

- Sun., May 8. Miles Standish State Forest. We'll be cutting brush back and painting trail blazes on the scenic trail that winds its way through the State Forest. We may also be putting up a couple of signs to help hikers find their way across the meadows. This is a good project if you've never done any trailwork and want to get the feel of it. Tools are provided. Call leader for details. L Bob Bentley (866-3057)
- Fri. Sun., May 20 -22. Lonesome Lake at Franconia Notch. Stay at Lonesome Lake Hut Friday and Saturday nights. Work on trails all day Saturday and enjoy our own home cooked dinner on Saturday night. Sunday is free for your own activities. \$10 reservation fee required, refunded when you come. Limited to 15. Call leader for details. L Ginger Blais (422-8008).

## BIKING

Mark Tisdale, Chair (775-1682) Nancy Wigley, Vice-Chair, Cape, (548-2362)

**Bike Trip Ratings:** Beginner: Up to 15 mi., 2 or more hr. Geared to inexperienced riders. Easy: 15-25 mi. Slow to moderate pace. Few hills. Intermediate: 25-50 mi. Moderate pace. Occasional hills. Advanced: 50 mi. or more. Fast pace and/or very hilly.

Riders are encouraged to have bike in good working order (preferably 10 spd). Riders having any doubts are encouraged to check with trip leader about pace of trip, their ability and equipment, and the weather if doubtful. Helmets are required (HR in the description) on many bike rides and highly recommended on most others (HHR).

\*Sat. Apr. 30, Spring Bicycle Ride. Enjoy easy 15 mi. ride along beautiful Cape Cod Canal. Meet 9 am at Friendly's Restaurant at Sagamore Rotary (traveling from the Cape take first right off rotary. Bridge. H R. Ride to Mass Maritime Academy, stopping at Canal Visitor's Center for display and history of the Canal and Canal control office where ship traffic is monitored. For details call L Nancy Wigley (548-2362).

\*Sun. May 1, Sandwich. 30 miles. part of AMC Spring Meeting. L Carol Swete (759-4458).

- \*Sat., May 7, Onset. 30 miles. Beautiful backroad route past bogs and ponds to Onset beach for lunch. Return past the Tremont Nail Factory with ice cream stop. 30 mi. with shorter loop possible. L Elsie Laverty (823-0634 before 9 p.m.) HSR.
- Sat., May 14. Rock Harbor to Great Island. 45 miles. L Mark Tisdale (775-1682) HHR.
- Tues., May 16. Ride Til Dark, Mountain bike - Cohasset, MA - Nice trails, moderate pace. 6:00 p.m. Call L Bill Boles (583-0067).
- Sat., May 21, Mid-Cape Metric Century. L Mark Tisdale (775-1682) HHR.
- Fri-Mon., May 27-May 30, Townshend, VT. 40 miles, easy pace, mostly flat, 12-20 speed bike a must. Tent camping. Biking, scenery and campground fantastic. In conjunction with canoe trip. \$15 deposit by May 21. L Bill Rehill (543-6879) CL Dave Williams (238-3638). HR.
- Tues., May 30. Mountain Bike Spring Warm Up, Carver, MA. This will be a follow-theleader ride. We will divide into groups. Pace and mileage will vary with desire. 10-25 miles. 9:30 a.m. Call (866-4033) to sign up.

Sat. June 4. Senic ride joint with Narragansett Chapter. Start in Tiverton and tour coastal farmland and beaches. 25 and 50 miles. Maps if you want to go ahead. One of the best rides in the area. CLs D. MacQuattie (401-246-0449) and Elsie Laverty (823-0634).

Sat., June 4, Marconi Metric Century. L Mark Tisdale (775-1682) HHR.

Sat. - Sun., June 4 - 5. Plymouth to Provincetown. Fourth annual Bike Ride. 65 mi on first day; 35 on second. Stay at Eastham Youth Hostel on Sat. Bring or buy lunches; Sat. dinner and Sun. bkfst provided. Boat ride back to Plymouth on Sun. Riders should be self-sufficient, its a go-at-your-own-pace ride. Cost \$40. For details call L Tom Waddell (617-837-5537). CL Rich Iovanni.

#### **Tuesday Evening Cape Bicycle Rides**

All rides start at 6:00 p.m. The rides are easy and will vary between 12 and 20 miles. Coordinators are Alice Oberdorf (771-8261) and Nancy Wigley (542-2362).

- Tues., May 17. Meet at East end of the canal near Corps of Engineers parking lot.
- Tues., May 24. Meet at Rt 134 off Rt 6 at the head of the Cape Cod Rail Trail for ride to Fisherman's Landing and Nickerson State Park.
- Tues., May 31. Meet at Dennis Town Hall parking lot for ride to Mill Pond and Scargo Tower.

#### MEMBERSHIP

Diana Yohe, Chair (947-5622), Mary Graffigna, Co-Chair (888-1481).

Please, if you have questions about our activities or need information about the Southeastern Mass. Chapter call us.

Events of Special Interest this Month: The AMC Spring Meeting, April 30 to May 1.

Give it and associated daytime events a try. See Social, Sun. May 15. Pot Luck,

See Family Activities, April 30, famiily hike See Hiking May 22.

### **BULLETIN BOARD**

Bulletin Board items not sponsored or endorsed by AMC. Use your normal discretion in responding.

For Sale. Class A Motor Home, 1984 Itasca 33'. Low milage and all the goodies. Call Carrie Roscovics (548-6297).

Spring Outdoor W	eekend Advanced Registration
I/we plan to 🗌 daytrip or 🗌 overn	tructional activities; Canoeing, Biking ackpacking, Other
Name	
Address	and the second
	Phone



A composite of drawings Chapter Vice-Chair, Bruce Dunham has done for us over the years

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# **DATED NOTICES**



Southeastern Massachusetts Chapter 5 Joy Street Boston, Ma 02108

tion-Profit Organization Organoge Bege 2820 AM vsg 2828-9998 AM vsg 2828-9998 Permit No. 41



Southeastern Massachusetts Chapter-Appalachian Mountain Club

## ADVANCED NOTICE:

# **Spring Fling, Chapter Get-together**

Come one and all to our annual Spring Fling on Saturday, May 4. The details are still being worked out, but it will be a full day of activities, Country Dancing and Dinner. More details and a Registration Form in the next Breeze...

### **Chapter Leadership Positions**

Our Chapters issues are discussed and voted upon by a Chapter Executive Board. These meetings are held at the Bourne Community Building on the fourth Tuesday of each month. Most meetings last two hours and start at 7:00PM. These meetings are **open to all members** and if you are interested in attending please call the Chapter Chair at 587-0679.

The Executive Board consists of Chapter Chair, Vice-Chair, Secretary, Treasurer, and 9 Standing Committees... There are still **3 positions open** : Chapter Vice-Chair, Education, Conservation, These positions require as little as 3-6 hours per month. If you would like to be involved in Chapter issues and enjoy helping people, please call the Chapter Chair at 587-0679 or send your name and address to Bruce Dunham, 29 Rockford St., Brockton, MA., 02401.

## **COMMITTEE POSITIONS**

Help is needed on our **Social Committee** to organize our Winter Festival, Spring Fling, Summer Picnic, and Annual Dinner. These Committee positions require only a few hours and can be a great way to make new friends...

Our Membership Committee needs volunteers to welcome new members. Committee members help send out Welcome letters, and make phone calls to new Members - Contact Diana Yohe 947-5622. The Trails Committee plays a vital role in maintaining local trails and at our adopted trail in the White MTS, Lonesome Lake Trail. While helping to maintain Lonesome Lake Trail, participants stay at Lonesome Lake Hut at no charge. An excellant way to enjoy a hut experience, enjoy a free day of hiking on Sunday while giving something back for using the trails. Contact Lou Sikorski 678-3984. Conservation is a committee where our chapter needs the most help. Opportunities exists to help play an important role to protect our Rivers, Clean-up Beaches, and to write letters supporting Conservation. Contact Bruce Dunham 587-0679.

BRUCE DUNHAM CHAPTER CHAIR



Where: Borderland State Park, Easton, MA. Cost \$4.00 Pay-at-door, but sign-up by FEB. 8

For information and to register: Call Bruce Dunham, (587-0679, 6PM-9PM only) Starts at 9:00 AM with a Coffee Hour.

## Schedule:

9:00AM - 10:00AM. Coffee Hour / New Member Information. (Group size limited to 45).
10:00AM - 11:00AM. Introduction to Winter Hiking.
11:00AM - 12:00Noon. Introduction to Snow-Shoeing
11:00AM - 12:00Noon. Introduction to Cross-Country Skiing.
1200 Noon - 1:00PM. Lunch. Bring your own lunch.

1:00PM - 3:30PM. Hiking, Cross-Country Skiing Snow-Shoeing

Join us for an introduction to Winter Hiking, Snowshocing, and Cross-Country Skiing by experienced Chapter Leaders. A LIMITED amount of equipment is available for use by participants.

The Chapter will supply Hot Chocolate, Coffee, and Soup. <u>Please bring your Lunch</u>... and be prepared for cold winter weather.

Map and directions on Page 4.

# HIKING

Dave Bennett, Chair (508-222-6943) Dexter Robinson, Vice-Chair (617-294-8840)

HIKE RATING: First character indicates distance; Second character indicates leader's pace (average terrain); Third character indicates terrain.

Μ	iles	Pace.mph	Terrain
A	A=13+	l=v. fast /2.5+	A=v. stren.
A	=9-13	2=fast/2	B-strenuous
B	=5-8	3=mod/1.5	C=average
C=	=5-	4-leis/1.5-	D=easy

Hikers unsure of their ability should try only one level higher than previously completed.

NOTE: No pets without permission from the trip leader. Individuals under 18 must obtain prior consent from Trip Leader.

Mon., Jan. 1. Borderland State Park (B3D). Join us on this annual holiday hike. L Bruce Dunham 587-0679, 6-9:30 PM.

Jan. 6., Sat. Midstate Trail (A3C). L Don Auclair, (376-4911, before 9 pm). CL Walter Wells (586-3777).

January 13, Sat. Myles Standish State Forest 7.5 miles, flat hike, lunch on the trail. L Louise Desrochers (673-9752, before 10:00 pm) CL John Poirier (822-1372).

January 20, Sat. Warner Trail High Rock to Wampum Corner. L Ray Butts (880-8597).

January 27-28, Sat.-Sun., Zealand Mountain & Mt. Hale weekend ski or snowshoe to Zealand Hut with a side trip to Zealand Mountain on Saturday 11.5 miles. Stay at hut Saturday night. Out over Mt. Hale on Sunday 7.5 miles. Limited space. A joint venture by SEM and Connecticut chapters. CL Bob Emery (222-8460, before 9 pm) CL Jeff Hogan (203-677-5806, before 9 PM).

February 3, Sat. Massasoit State Park (B3D) L John Poirier (822-1372); CL Louise Desrochers (673-9752, before 10:00 PM).

February 17, Sat. Freetown State Forest L Lou Sikorsky (678-3984); CL Don Auclair (376-4911, before 9 PM).

February 24, Sat. Blue Hills Chickataubet Section (B3C). Easy terrain with some hills. L Bruce Dunham (587-0679, 6-9:30 PM). CL Walter Wells (586-3777).

March 2. Sat. Warner Trail from Moose Hill to High Rock (A2C). L Dave Bennett (222-6943), CL Dexter Robinson (617-294-8840, 7-9PM).

March 9, Sat. Horseneck Beach. (B3C). Hurry in the Spring on the beach in Westport. Seven miles at a moderate pace. L Ray Butts (880-8597);CL TBA.

March 16, Sat. Open. If you have any suggestions, call Dave Bennett (222-6943) or Dexter Robinson (617-294-8840, 7-9PM).

Mar. 23-24, Sat.-Sun. Snowshoe Back-pack to Ethan Pond Shelter (B4C). Let's play in the snow before it melts! This trip will be suitable for novice winter campers. Good bag, winter gear, 3 scason tent okay. L Bob Emery (222-8460); CL Dave Bennett (222-6943) 7-9 PM.

Mar. 30, Sat. Mid-State Trail (A3C). L Don Auclair (376-4911).

## **Cape Cod Hikes**

Al Johnson, Vice-Chair (508-775-8959)

Sunday Hikes start at 11AM and last 4 hrs. 8-11 Mi. Bring lunch.

Thursday Hikes start at 9:30AM last 2 hrs. 5-7 Mi. Moderate pace. --NO DOGS ALLOWED--

Sun., Dec. 31, Mashpee-Wampanoag Woodlands. From Mashpee Rotary take Rt 151 and turn L at blinking light to park in Mashpee Library pkg lot.

<u>Thurs., Jan. 4</u>, Dennis, Indian Lands Trail. From Rt 6A in Dennis Village turn S on Old Bass River Rd at the Mobil Station. In 4 mi at the RR crossing turn R into the pkg. lot of Dennis Town Offices.

Sun., Jan. 7, Wellfleet, Great Island. Meet in pkg lot at end of Chequessett Neck Rd. From Rt 6 turn W at sign for Wellfleet Center.

<u>Thurs.</u>, Jan. 11, Falmouth, Beebe Acres Woods. From Rt 28 turn onto Ter Heun Drive. Go past Falmouth Hospital and JML Facility. Park in small dirt pkg lot which will be on the L just past the JML Facility.

Sun., Jan. 14, Brewster, Punkhorn Parklands. From Rt 6A take Stoney Brook Rd. Turn S on Run Hill Rd about 100 yards E of the Old Mill. Go past the Town Dump and park in the Punkhorn pkg lot, about 2 mi.

<u>Thurs., Jan. 18</u>, Falmouth, Holly Hill Trail. From the Mashpee Rotary on Rt 28 take Rt 151. Drive 3.2 mi and turn L on Sandwich Rd. Go another 3.7 mi and at the lights turn R on Brick Kiln Rd. Drive 0.8 mi and take the 2nd L on Gifford St at the lights. Go 1 mi and turn R into Goodwill Park. Park on R immediately after entering park.

Sun., Jan. 21, Yarmouthport, Dennis Pond. From Rt 6A turn S on Summer St at the Old Yarmouth Inn. Meet in pkg area of Dennis Pond.

Thurs., Jan. 25, Yarmouthport, Gray's Beach. Turn N from Rt 6A at Getty gas station. Follow to pkg lot at beach.

Sun., Jan. 28, Mashpee, Daniel Webster's Foot-path. From Mashpee Rotary on Rt 28 take Great Neck Rd S toward New Seabury. Go .6 mi and turn L at sign 'Sandalwood.' Proceed .4 mi on Amos Landing Rd. and park at cul-de-sac.

<u>Thurs., Feb. 1</u>, Harwich, Herring River Scenic Trail. From Rt 28 in Dennisport turn N on Depot Rd at Barbo's Furniture Co. Travel 1.5 mi and park on R where Bike Path crosses Depot Rd.

Sun., Feb. 4, Brewster, Nickerson State Park, Fox Den Trail. Meet in main pkg lot of Nickerson State Park.

Thurs., Feb 8, Brewster, Fisherman's Landing. Meet in pkg lot at end of Fisherman's Landing Rd which is off Rt 124.

#### **Cape Hikes Continued**

Sun., Feb. 11, W. Barnstable, Heartbreak Hills Trail. From Rt 6A turn S on Rt 149 and then turn R (W) on the service road just after crossing over Rt 6. Park under the power lines.

<u>Thurs., Feb. 15</u>, Harwich, Quaking Bog Trail. Meet in Bike Path pkg lot on Headwaters Drive which is off Rt 124 just N of Exit 10, Rt 6.

Sun., Feb. 18, Mashpee, Wampanoag Woodlands. From Mashpee Rotary

take Rt 151 and turn L at blinking light to park in Mashpee Library pkg lot.

Thurs., Feb. 22, Bourne, Canalside. Meet at N side of Canal at Visitor's Center near the Herring run.

Sun, Feb. 25, Falmouth, Crane Wildlife Area. From Mashpee Rotary on Rt 28 take Rt 151. Turn R on Sandwich Rd. Watch for Ashumet Pond on R. There will be a large parking lot of which only a small portion can be seen from the road.

Thurs., Feb. 29, South Wellfleet, Marconi Headquarters. Follow signs from Rt 6.

## SKIING

Tom Wadell, Chair (617-837-5537)

Fri-Mon Dec 29 - Jan 1. NEW YEARS WEEKEND INTERMEDIATE SKI TRIP. Downhill, X-C, or snowshoe in Crawford Notch. Stay at a mountain

chateau 8 miles west of Attitash and 12 miles east of Bretton Woods (Cannon, Black, Wildcat, Jackson X-C and Mt. Washington X-C close by) with modern facilities, fireside dining, spectacular views of the Presidentials and lots of charm. The weekend includes 3 nights lodging, 3 breakfasts, 2 dinners and 2 happy hours for \$120.00. Register by Dec. 8 (trip limited in size) with \$40.00 nonrefundable deposit. Call L Mary DuBois-Leeson (997-4489, before 9 PM).

Sat-Mon., Dec 30 - Jan 1 NEW YEARS EVE ESCAPE WEEKEND Limit 20.

Soo Nipi Lodge in beautiful Sunapee, N.H. \$80 includes 2 nights lodging, 2 dinners, & 2 breakfasts. Payment in full due by Dec. 20. Make payable to Janet Richardson, P. O. Box 25, Easton, Ma., 02334. (238-2566).

Fri-Mon Jan. 12-15. SKI TOUR BRETTON WOODS. Enjoy the spectacular views of the Presidential Mountains, the gourmet cooking and the casual ambiance of a non-smoking bed and breakfast at APPLEBROOK.

COUNTRY INN, Jefferson, N.H. Other options include a 7 Km X-C ski run from the Top O' Quad restaurant (accessible by ski lift), skating at the old-fashioned town rink, or a trip north to ski at the Balsams in Dixville Notch. Dorm style accommodations are \$84 for the full weekend or \$64 for 2 nights. Doubles with baths also available. Register by Dec.15 with \$50 deposit. Call L's Suzanne and Bob Scolamiero (617-545-0036).

<u>Fri-Mon Jan 12-15.</u> X-C SKI WEEKEND. Wonalancet Cabin, N.H. Ski out back door of cabin onto miles of ungroomed backwoods trails in the Mt. Chocorua area. Rustic heated cabin has cold running water, full kitchen, large bunkroom and outdoor facilities. Trip is limited to 20 experienced skiers at the intermediate to advanced level. Due to the varying terrain and changeable snow

# SKIMG

conditions, no-wax skis are recommended. Trip fee of \$40.00 includes both lodging and meals. Bring trail lunches. Register by Dec. 31 with non-refundable \$20.00 deposit. Call leaders Marilyn Dunn and Tom Waddell (617-837-5537, until 9 PM).

Fri-Mon Jan 12-15 M.L. KING WEEKEND INTERMEDIATE SKI TRIP. Downhill, X-C, or snowshoe in Crawford Notch. Stay at a mountain

chateau 8 miles west of Attitash and 12 miles east of Bretton Woods with modern facilities, fireside dining, spectacular views of the Presidentials and lots of charm. The weekend includes 3 nights lodging, 3 breakfasts, 2 dinners and 2 happy hours for \$95.00. Register by Dec. 15 (trip limited in size) with \$30.00 nonrefundable deposit. Call L Mary DuBois-Leeson (997-4489, before 9 PM).

Fri-Sun Jan. 26-28. X-C SKI INSTRUCTIONAL WEEKEND. Southeast Mass/Narragansett Chapters. Beginner and novice X-C skiers will

enjoy the small group instructions on lovely trails at Boston University's Sargent Camp in Peterborough, N.H. Cost of \$90 includes two nights lodging in heated cabins with full bath, two breakfasts and dinner on Sat. night. On site ski rentals are available for an additional \$15. Please register by Nov. 22 with a \$40 NON-REFUNDABLE deposit and SASE to Chris Shafer, 36 Esmond St., Smithfield, R.I. O2917 or call leaders Anne Chase (824-8871); Chris Shafer (401-231-1943).

#### Fri-Mon Feb 16-19. X-C SKI & SNOWSHOE WEEKEND.

Fayette,Me. Drive to front door and ski out back door of rustic cabin with wood stove, gas lights, gas cooking stove and outdoor facilities. This annual trip is limited to eight intermediate skiers. Cost of \$35.00 includes meals and lodging. Register by Feb. 1 with \$25.00 deposit. Call L Carolyn Crowell at (888-4923).

<u>Fri-Mon Feb 16-19</u>. X-C SKI WEEKEND. Wonalancet Cabin, N.H. Ski out back door of cabin onto miles of ungroomed backwoods trails in the Mt. Chocorua area. Rustic heated cabin has cold running water, full kitchen, large bunkroom and outdoor facilities. Trip

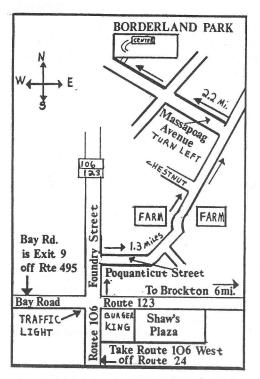
is limited to 20 experienced skiers at the intermediate to advanced level. Due to the varying terrain and changeable snow conditions, no-wax skis are recommended. Trip fee of \$40.00 includes both lodging and meals. Bring trail lunches. Register by Feb. 3 with non-refundable \$20.00 deposit. Call leaders Marilyn Dunn and Tom Waddell (617-837-5537, until 9 PM).

#### Fri-Mon Feb 16-19 PRESIDENTS DAY WEEKEND

INTERMEDIATE SKI TRIP. Downhill, X-C, or snowshoe in Crawford Notch. Stay at a mountain

chateau 8 miles west of Attitash and 12 miles east of Bretton Woods (Cannon, Black, Wildcat, Jackson X-C and Mt. Washington X-C close by) with modern facilities, fireside dining, spectacular views of the Presidentials and lots of charm. The weekend includes 3 nights lodging, 3 breakfasts, 2 dinners and 2 happy hours for \$120.00. Register by Jan 19 (trip limited in size) with \$40.00 nonrefundable deposit. Call L Mary DuBois-Leeson (997-4489, before 9 PM).

SKIING continued on page 4



From the junction of Rts. 123 and 106 (Shaw's Plaza) in Easton, go 1/2 mile & turn right onto Poquanticut St. Bearing left, stay on Poquanticut St. for 1.3 mi. passing a farm. Approx. 1/10 of a mi. past the farm, turn left onto Massapoag Ave. Go 2.2 mi. to entrance on right. Take first left after turning into entrance and follow sign to Visitor's Center SKIING coninued from page 3

Tom Wadell, Chair (617-837-5537)

<u>Fri- Sun Feb 23-25.</u> X-C SKI WEEKEND. Wonalancet Cabin, N.H. Ski out back door of cabin onto miles of ungroomed backwoods trails in the Mt. Chocorua area. Rustic heated cabin has cold running water, full kitchen, large bunkroom and outdoor facilities. Trip

is limited to 20 experienced skiers at the intermediate to advanced level. Due to the varying terrain and changeable snow conditions, no-wax skis are recommended. Trip fee of \$30.00 includes both lodging and meals. Bring trail lunches. Register by Feb 10 with non-refundable \$20.00 deposit. Call leaders Marilyn Dunn and Tom Waddell (617-837-5537, until 9 PM).

Sat. Morning X-C Ski. Depending on snow we will ski most Sat. mornings in Dec, Jan & Feb. Favorite locationsare the Duxbury Woods, Whitney Woods

in Cohasset and Wompatuck State Park in Hingham. Call leaders Marilyn Dunn & Tom Waddell by Thursday of each week (617-837-5537, until 9 PM).

### MEMBERSHIP

Diana Yohe, Chair (508-947-5622),

Please, if you have questions about our activities or need information about the Southeastern Mass. Chapter call me. I am also looking for volunteers in each town to contact the new member list each month.

**SAFE TRIPS** All trips involve some risk. Participants assume responsibility for their own welfare. Discuss your abilities with trip leader prior to the trip.

Note: all phone numbers are area code 508 unless 617 is specified.

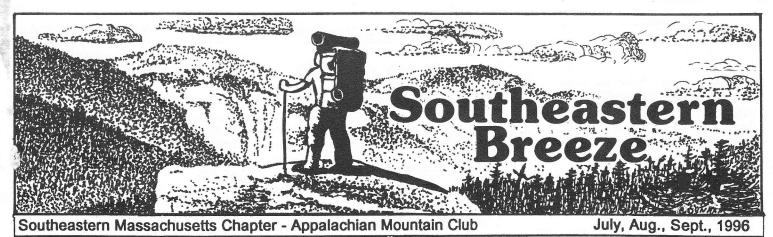
# **Happy Hollidays**

# **DATED NOTICES**



Southeastern Massachusetts Chapter APPALACHIAN MOUNTAIN CLUB 5 Joy Street Boston, Ma 02108

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## **ADVANCE NOTICE**

**Chapter Annual Dinner** 

The Southeastern Massachusetts Chapter Annual Dinner will take place on November 2, 1996. Our location will be the Fireside Grill in Middleboro. More details in next *Breeze*. *Speaker needed:* If any member has suggestions for a Speaker at the Annual Dinner, please send suggestions to Bruce Dunham,29 Rockford St., Brockton, Ma., 02401 or call 587-0679, 6-9:30PM.

## FROM THE CHAPTER CHAIR

I am pleased to announce the 1996 Nominating Committee. Serving on the Committee will be Elsie Laverty 822-0634, Ray Butts 880-8597, Mary Gavel 822-1296, Janet Richardson 238-2566. There will be 13 nominees to be presented at the Annual Dinner to include Chapter Chair, Chapter Vice-Chair, Secretary, Treasurer, four Activity Chairs (Biking, Canoeing, Hiking, Skiing), plus Education, Conservation, Communications, Membership, & Trails. These Executive Board positions will be chosen by ballot, however if there is but one nominee for an office election will be by voice. If you are interested in serving or you have a suggestion for the 1997 Board please contact one of the Nominating Committee members listed above. An Executive Board is essential for continuation of a Chapter & for providing the many activities we all enjoy.

Reserve Aug. 3, 1996-CHAPTER SUMMER PICNIC

Finally, let me extend an invitation to our Chapter's Annual Picnic, especially to our new members! Learn how to get the most out of your membership. More details are on the inside of this issue. Bruce Dunham

Chapter Chair

# FAMILY OUTINGS CO-ORDINATOR

There are <u>1800 Individual</u> Memberships & <u>529 Family</u> Memberships in the Southeastern Massachusetts Chapter. There is a need for more family activities. The Chapter needs a Family membership person to step forward & Co-ordinate activities for 529 Family Memberships. It involves only a few hours each month. If you have any suggestions or want to inquire about the position of Family Activities Coordinator call or write Bruce Dunham,29 Rockford St., Brockton, Ma., 02401, 587-0679, 6-9:30PM

## **CHAPTER HUT NIGHT**

Advance Notice: Chapter Hut Night will be held Nov. 15-17 at Cardigan Lodge. More details in Breeze.

#### INTERCHAPTER ACTIVITY



Sat.-Sun., Sept. 21-22. Whale Watching adventure. An exciting opportunity awaits you on this weekend in Provincetown learning about & watching Whales. It begins with a lecture on Saturday night by noted marine biologist Stormy Mayo from the Center for Coastal Studies in Provincetown. The adventure continues on Sunday on the Whale Watch, which we've chartered for the AMC. From the slide show you will learn how our environment is effecting this wonderful. animal. On Sunday, we'll have a naturalist on board our boat to answer questions while we are looking at Whales. We need 100 participants by September 1 to make the trip go. Cost of \$20.00 (per person) includes lecture Sat. night & whale watch on Sun. For information contact the following: Narrangansett Chapter: Dick Yeaw 401-295-0367, Boston Chapter: Dorothy Visco 617-235-1853 Mary Fagan 508-359-8387. To register send 2 SASE's & check for \$20.00 (per person) to Southeastern Massachusetts Chapter Leader: Willa MacAllen, 286 Chestnut Hill Ave., #20, Brighton, Ma., 02135 617-787-1107 until 10PM.

## SOCIAL COMMITTEE MEETINGS

Third Friday of every month - 7:30 PM. Location:Barnes & Noble Bookstore in Braintree, (Exit 37 North off Rt. 128). Bring ideas to blend our Outdoor activities with our Social Events. No registration necessary. See you there...Janet Richardson, Chair, Social Comm.

#### CROSS COUNTRY SKI MEETING & POT LUCK Mark your calendar for Sunday, Sept., 29, 1-4 PM. Contact Bob & Suzzanne Scolamiero at (617) 545-0036 for reservations &

directions.

# LEADERSHIP CONFERENCE

November 23, 1996

Leadership Training for: Those who wish to lead Chapter activities, Hiking, Biking, Canoeing, Skiing, etc. The location will be BORDERLAND STATE PARK in Easton. Fee:\$5.00. For more information or to register Call Ray Butts, 880-8597.

#### CANOEING

Canoe Chair: Ralph Upton, P.O. Box 549, South Dennis, Ma., 02660, 398-9680. Canoe Vice-Chair: Dave Williams, 5 Beatty Lane, South Easton, Ma., 02375, 238-3638. Canoe Vice-Chair: Carrie Dobson, 10 Lakewood Drive, Harwich, Ma., 02645, 430-9892.

Chapter boats: Available for rent are a 17' alum. Grumman @ Carolyn Crowell's in Sandwich, 888-4923, a 17' fiberglass Old Town @ Dave Williams', 238-3638, and a sea kayak @ Carrie Dobson's, 430-9892. Canoe rental is \$3.50 member, \$6.00 nonmember; Kayak at \$10.00 member, \$15.00 non-member, per day.

White water: No whitewater schedule will be published this year, but Paul Farrington, 285-7041, & Dave Lundquist, 674-8830, will be doing their usual on weekends. Call for dates & location.

Sat., Jun. 22. Taunton River. L. Lee & Barbara Rogers, 362-3954.

Sat., Jun. 29. Bass River, Yarmouth. Wilbur Park put-in. L. Janet &b Rich Kaiser, 375-0574.

Fri., Jul. 12-14. Onset Island. Day or weekend paddle. Weekend limited. Call Carrie Dobson for details.

Sat., Jul. 20. Hadley Harbor, Falmouth. Some experience with tide, chop, & wind suggested. Dave Shephard, 548-8717.

Sat., Jul. 27. Leader's choice. Dave Williams, 238-3638.

Sat., Aug. 3. Washburn Island. Herbie Edgren. (617)-472-7271.

Sat., Aug. 10. Wequaket Lake, Barnstable. Al Johnson, 775-8959.

Sat., Aug. 17. Slocum River Dartmouth. Janet & Rich Kaiser, 375-0574.

Sat., Sept. 7. Leader's choice. Bob Milburn. 587-9743.

Sat., Sept. 14. North River, Hanover. Herbie Edgren, 617-472-7271.

Sat., Sept 21. Boston Harbor. Anita Franks, 617-740-4226.

<u>Sat., Sept. 28</u>. Mashpee-Wakeby Ponds. Dave Shepherd, 548-8717.

Sat., Oct. 12-13-14 Saco River, Me. Barb & Dave Williams, 238-3638.

## Cape Cod Thursday Canoe Trips

Thurs., Jun. 20. Indian Lakes, Marston Mills. From Rt. 6, S on 149 to R at "Indian Lakes" sign, bear right to parking & beach at pond.

Thurs. Jun. 27. Waquoit Bay in Falmouth. From Rt. 28, S on Seapit Rd. (just W of Childs River bridge) to Town Landing Rd. on Left.

Thurs., July 11. Oyster Pond / Stage Harbor in Chatham. From Rt. 28, R onto Queen Anne Rd. to Pond St., to Stage Harbor Rd. to public beach on R.

<u>Thurs., Jul. 18</u>. Nauset Marsh, Eastham. From Rt. 6 rotary, N 1.5 mi. to R on Hemenway Rd., to Town Landing.

Thurs., Jul. 25 Pleasant Bay/Meeting House Pond, Orleans. From Rt. 28, E on Main St., to R on Pochet Rd. to R on Barley Neck Rd., 0.3 mi. to Town Landing on R.

Thurs., Aug. 1. Mashpee River in Mashpee. From Mashpee Rotary, Rt. 28 E 0.5 mi. to 1st R on Quinaquisett Ave., 0.7 mi. to R. on Mashpee Neck Rd., to launching ramp.

Thurs., Aug. 8. Prince Cove, & North Bay, Cotuit. From Rt. 28 @ junction of Rt. 149, E only a short distance to R on Prince Ave., 0.5 mi. to Town Landing on L. Parking restricted so unload and park on Price Ave., near Rt. 28 or on Rt. 28.

<u>Thurs., Aug. 15</u>. Swan Pond/River in Dennisport. From Rt. 6, exit 9, S. on Rt. 134 to 3rd set of lights L on Upper County Rd., 1.6 mi. to Clipper Ln. on L., bear L. to Parking.

Thurs., Aug. 22. Indian Lakes, Marston Mills. From Rt. 6, S on Rt. 149 to R at "Indian Lakes"sign, bear R to parking and beach at pond.

Thurs., Aug. 29. Wellfleet Harbor. From Rt. 6 in Wellfleet, W on Main St., to L on to Commercial St., to Town Beach & launching area. Optional trip if necessary: Herring River from Bound Brook Rd. in Wellfleet.

<u>Thurs., Sept. 5</u>. Walker-Mill Ponds in Brewster. From 6A, S. on Airline Rd. to L on Slough Rd. at Y, to Town Landing at South end of Walker Pond.

Wed., Sept. 11 Herring River in Harwich. Launch from parking area on E side of Hering River bridge, S. side of Rt, 28 in W. Harwich. Wed., Sept. 18. Ryders Cove in Chatham Port. From Rt. 28, Ryders Cove Rd. to Twon Landing. Parking available across Rt. 28 if needed.

Thurs., Sept. 26. Bass River in Dennis-Yarmouth. From Rt. 6, S. on Rt. 134 to R on Highbank Rd., to Wilbur Park on W side of bridge.

Wed., Oct. 2 Herring Pnd Bournedale. 5 mi. S of Sagamore Bridge on Rt. 6, R on Bournedale Rd., 1 mi. to R. on Herring P Rd., 5 miles to pond.

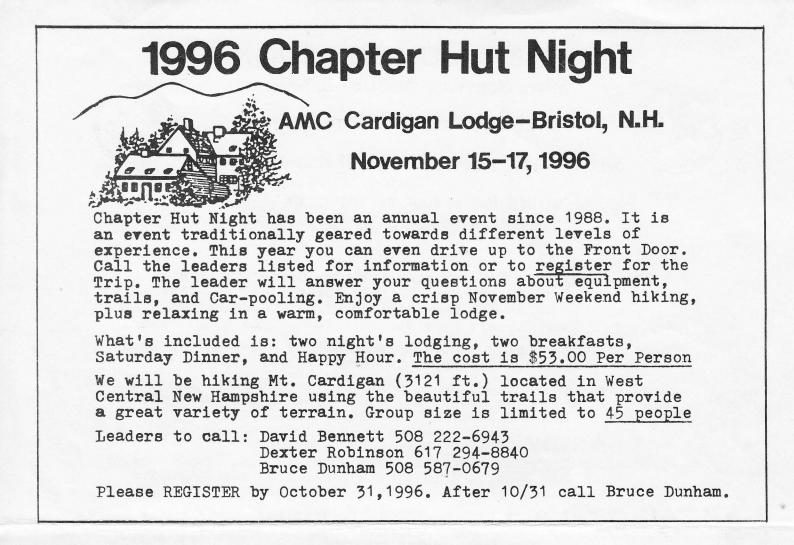
#### TRAILS

Chair: Lou Sikorski, 678-3984 Vice-Chair: John Poirier, 822-1372

We need your support to help us keep our Trails in the excellent condition that they have been kept in for many years. It would be great to see some new faces along with the regular crew that we have been able to keep together. My thanks to all of you who have been very supportive in our efforts & to those who made our trip in May a huge success. The work is not really that difficult & we have found projects for all to participate in. Our crew has done everything from picking up trash, cutting back brush, pruning branches to keep them from overgrowing the trail & becoming a hazard to rebuilding bridges & switchbacks. We get together for an "away" trip in May & then again in September when we stay at an AMC hut & work on our adopted Trail to Lonesome Lake, around the Pond and the Upper Lonesome Lake Trail. While there we have our Crew Gourmet Chefs cook up 3 excellent meals & our leaders usually offer up a day hike on Sunday before departing. So if you really want to get involved contact Lou Sikorski, 678-3984 or John Poirier, 822-1372. We would be happy to talk with you & answer any questions you may have.

Sat., Sept. 21. Come out & have some fun, get some exercise, &ngive back a little to one of our recently adopted sections of the Warner Trail. We will start at High Rock & work backwards this time. Call Lou Sikorski, 678-3984 or John Poirier, 822-1372.

Sat., Sept. 28. It's time to clean up the mess Mother Nature has left behind on The Bentley Loop Trail located in Myles Standish State Forest. Now here is a chance to really get involved in your Club. We run approximately 10 hikes in this area. Wouldn't it be great to give a little back for a change? We need the all the help we can get. Call Lou Sikorski, 678-3984.



#### TRAILS - cont.

Sat-Sun, Sept. 7-8. Now for the big one! Our adopted trail in the White Mountains. Come join us at Lonesome Lake Hut & have some real fun. Our Gourmet Chefs will prepare meals fit for a king. We will stay two nights at the hut. We have reservations for 18, but only have 13 left at this point. If I have enough people signed up I can possibly get more bunks, but I need a <u>definite</u> <u>committment</u> from those who wish to go. The cost is \$10.00. Now where can you stay in the White Mountains on a weekend for that price? Please respond ASAP as it is crucial to our reservation status. There will be a cut-off date because the preparations for this trip are quite intensive. <u>A deposit for the full amount is needed to reserve your spot</u>. Now remember space is limited & I might add that the trip in May filled up 2 weeks after it was published, so don't delay. Call Lou Sikorski, 678-3984 or John Poirier, 822-1372.

#### **BULLETIN BOARD**

Summer Rental: Cottage on private island on CC canal. Weekly:\$500.00 Monthly \$1600.00,. Carrie Dobson, 430-9892.

#### THREE MILE ISLAND CAMP

#### 1996 FALL WEEKENDS

Fall weekends represent a fantastic way to introduce folks to the magic of Three Mile Island. The weekends are quasi-full service. The only real differences in the Fall are that the Lake is less crowded, the Island is open to only 60 campers, you carry your own baggage, & you bring your own bedding & towels. Each weekend includes three meals on Saturday, breakfast & lunch on

Sunday as well as canoe and sailboat use. Of course, there is an extra day included Labor Day Weekend. Bring sleeping bags, pillow cases, towels, & flashlights. Children under 4 years of age & pets are not permitted. Meet the Launch, "Appalachia IV" at Browns Boat Basin on Friday at 8:30PM or Saturday at 9:30 AM & return Sunday after lunch. The Fall weekend rate is \$75.00 per person (\$115 for Labor Day weekend). Payment in full is due with your reservation. Weekend #1 - Aug 30-Sept. 2. #2 - Sept. 6-8; #3 Sept. 13-15; #4 - Sept. 20-22. Contact Sally Defoe, TMI Registrar, P.O. Box 127, Waterford, Me., 04088.

#### SOCIAL COMMITTEE

Chair: Janet Richardson, 238-2566

Meetings: Third Friday of every month - 7:30 PM. Location:Barnes & Noble Bookstore in Braintree, (Exit 37 North off Rt. 128).

#### MEMBERSHIP COMMITTEE

Chair: Diana Yohe, 947-5622

**SAFE TRIPS** All trips involve some risk. Participants assume responsibility for their own welfare. Discuss your abilities with trip leader prior to the trip.

Note: all phone numbers are area code 508 unless 617 is specified.

# CHAPTER SUMMER PICNIC

When: Saturday, AUGUST 3, 1996

Where: Borderland State Park, Easton



COST: \$5.00 Members \$6.00 Non-Members

Registration: Pay-at-door, but sign-up by <u>August 1</u> call Bruce Dunham 508 587–0679

#### SCHEDULE

1:30 p.m.-<u>Biking</u>- Meet at Park Visitors Center for a ride of 15-20 miles. L Richard Iovanni 617 364-2221 CL Carol Julien, Helmets strongly recommended. Easy terrain at a moderate pace. Ends about 4p.m.

3:00 p.m.-<u>Short hike</u> in the Park(no hills). Meet at Visitors Center Building. Ends about 4p.m. L Ray Butts

4:00 p.m.-<u>ORIENTATION</u>. Join us for a new member orientation (also for not-so-new members) with Chapter Chair Bruce Dunham-An AMC member for 17 years.

4:00 p.m. - Social Hour

5:00 p.m.- <u>Barbecue</u> - We will have grills going. Hamburgers, Hot Dogs, and salad are available. Ice Cream for dessert. Please bring a lawn chair.

7:00 p.m.- A short hike to enjoy the evening!

map & directions on page 6

#### BIKING

We would like to hear from members, suggestions for Bike Rides, places, distances, etc. This summer several offcape Rides will be offered in addition to the Cape Rides. Elsie Laverty will be the Leader-823-0634.If you enjoy biking, please contact Elsie or participate in a Bike Ride.

Sat., Jul. 6. Dighton Rock. Approx. 22 miles with picnic at the Rock. An old favorite to view hieroglyphics. Possible side trip to Profile Rock. HHR. E. Laverty 823-0634. C. Julian (617) 293-1100 office or (617) 293-6469 (home).

Sat., Aug. 10. Middleboro, Taunton, Raynham. Leisurely ride on back roads to lunch stop at state park. Pond swim and visit to local winery are options. About 25 mi. at easy pace.HHR. E. Laverty 823-0634.

Sat., Aug. 24. Lakeville Ride. Very pretty & popular ride around lakes & ponds. 15 or 25 miles at moderate pace. Lightly traveled roads. HHR. E. Laverty 823-0634.

#### **Tuesday Evening Cape Bicycle Rides**

All rides start at 6PM. The rides are easy & will vary between 14 to 20 mi. Helmets recommended. Alice Oberdorf 771-8261.

Tues., June 25. Meet at Shining Sea Bike Path parking lot, Falmouth for ride to Wood's Hole, Quissett Harbor, & Oyster Pond Road.

Tues., July 2. Meet at parking lot of Veteran's Beach in Hyannis, entrance on Ocean street at Gosnold St., for ride to Dowse's Beach in Osterville.

<u>Tues., July 9</u>. Meet at A&P parking lot in Chatham (there are 2 A&P's on Rt. 28 in Chatham. Meet at second one from Harwich). for ride to fish pier, lighthouse, coves, etc. Blue hydrangeas in full bloom.

Tues., July 16. Meet at Gray's Beach, Yarmouthport for coastal ride.

Tues., July 23. Meet at Friendly's for northside canal ride.

Tues., July 30. Meet at Nickerson State Park, Rt. 6A, Brewster for ride to Rock Harbor & into Eastham. Tues., Aug. 6. Meet at Dennis Town Hall parking lot for ride to Mill Pond & Scargo Tower.

Tues., Aug. 13. Meet at North Falmouth Library for County Road to drawbridge on the canal.

Tues., Aug. 20. Meet at Rock Harbor parking lot in Orleans which is right off Orleans Rotary for ride to Visitor's Center & out to beach in Eastham.

Tues., Aug. 27. Meet at Rt. 134 off Rt. 6 at the start of the Rail Trail for a ride to Fisherman's Landing in Brewster.

Tues., Sept. 3. Meet at Friendly's for Northside canal ride.

#### Canalside Bicycling Trips:

Canalside Bicycle Trips, every Sunday continuing through Sept. 8. Riders meet at the Corps of Engineers parking lot, East end of the Canal on Cape side. From Rt. 6A take Tupper Rd. Turn Left on Freezer Rd. & go to Army Corps. Engineers parking lot at end. Starts 11AM. Al Johnson (775-8959).

#### HIKING

Dave Bennett, Chair, 222-6943 Dexter Robinson, Vice-Chair (617) 294-8840, e-mail:ndr@idx.com Al Johnson, Vice-Chair, 775-8959

HIKE RATING: First character indicates distance; Second character indicates leader's pace (average terrain); Third character indicates terrain.

Miles	Pace /mph	Terrain	
AA = 13°	1=v fast /2.5+	A=v. stren.	
A=9-13	2=fast/2.0	B=strenuous	
B=5-8	3=mod/1.5	C=average	
C=5-	4=leis/<1.5-	D=easy	

#### OFF CAPE LOCAL HIKES

Wed., Jul. 10. Wonderful woodland walk on Moose Hill (B2C). 6-8 PM L. Dave Bennett, 222-6943, 7-9PM.

Wed., Jul. 17. Freetown State Forest C3C). Two hr. hike to Profile Rock. L. Ray Butts, 880-8597; CL. Charlie Farrell.

Wed., Jul. 24. Caratunk Wildlife Refuge (C4D).Short evening hike, about 1 hr., through fields & woods. Bring field glasses to view bluebirds. Come prepared for ticks. L. Louise Desrochers,673-9752.

Wed., Jul. 31. Ponkapoag Pond (C3D). A nice, easy walk around pond, hopefully with a beautiful sunset. About 5 mi. L. Anne Chace, 824-8871, 7-9 PM; CL. Walter Wells, 586-3777, 6-9 PM.

Sat., Aug. 17. Warner Trail, Wampum Corner to Diamond Hill. Let's walk the last section before the Mall moves in! L. Ray Butts, 880-8597; CL. Sandy Hall.

Sat., Sept. 21 Myles Standish State Park.(B3C). Seven miles around lakes & through woods. L. Ray Butts, 880-8597; CL Charlie Farrell.

#### SATURDAY HIKES ON CAPE COD

Sat., Aug., 10. Griffin & Bound Brook Islands (A3D).10 mi. hike in Wellfleet. Meet at 10AM at the National Seashore parking lot to the left of the end of Chequesset Neck Rd. in Wellfleet. Bring lunch & water. Heavy rain cancels. L. Patrick Kimball, 255-3717.

Sat., Sept. 21. South Beach & Morris Island (A3D). Ten mile hike in Chatham. Meet at 10AM at the parking lot for Chatham Light on Shore Rd. in Chatham. Bring lunch & water. Heavy rain or high wind cancels. L Patrick Kimball, 255-3717. (Low tide 12:39PM)

#### WEEKEND TRIPS & DAY TRIPS

Fri.-Sun., Jul. 5-7. Mts. Garfield, Galehead, & the Bonds (AA3B). Advanced 25 mi. backpack, six 4000 footers. Will be staying at Garfield & Guyot campsites. Geared for experienced hikers in good condition with appropriate backpacking equipment. L. Dexter Robinson, 617-294-8840, 7-9PM, email ndr@idx.com; CL. Walter Wells 586-3777.

Sat., Jul. 13. Wapack Trail, southern half (A2C). Good intermediate day hike with woods, hills, & ridges. L. Dave Bennett, 222-6943, 7-9PM.

Sat., Jul. 20. Franconia Ridge Day Hike (B3B). One of the most spectacular walks in the east! Up the Falling Waters Trail & down the Old Bridle Path. Two 4000 footers. L. Walter Wells, 586-3777, 6-9 PM. CL. Louise Desrochers, 673-9752.

Sun.-Mon., Jul. 28-29. Mts. Monroe & Washington via the Ammonoosuc Ravine Trail. (A3A). Stay Sunday night at Lake of the Clouds Hut. Deposit of \$20.00 required. Only 12 spaces are reserved so call early. Join Bruce as he bags #48. L. Dave Bennett, 222-6943, 7-9PM. CL. Ray Butts, 880-8597.

Sat., Aug. 10. Mt. Passaconaway. (A3B). A full day on the Dicey's Mill Trail. L. Anne Chace, 824-8871, 7-9 PM; CL. Walter Wells, 586-3777.

Sun., Aug. 18. Mt. Moosilauke (A2A). The furthest west of the over 4000 ft NH peaks. Up & down the steep & rough Beaver Brook Trail. Sturdy boots a must. L. Walter Wells, 586-3777, 6-9PM; CL. Bob Emery, 222-8460, 7-9PM.

Sat., Aug. 24. Mt. Tripyramid (A2C). 11 mi. loop hike crossing three 4000' peaks beginning at Waterville Valley. Dexter Robinson, 617-294-8840, 7-9PM, e-mail ndr@idx.com; CL. Walter Wells, 586-3777, 6-9PM.

Sat.-Sun, Aug. 31-Sept 1. Labor Day Weekend. Owl's Head (AA3B). Long day hike, 18 mi. round trip. Camp Sat. night, hike Sun. Sleep Mon. Be prepared for a long day to a remote mountain. Good trip for hikers who have good boots, have been hiking over the summer, & have hiked at least one 4000' Mtn. in the past month. L. Anne Chace, 824-8871, 7-9 PM; CL. Walter Wells, 586-3777, 6-9PM.

<u>Sat., Sept 14</u> Wapack Trail Northern Half. (A3C). Good intermediate day hike with woods, hills & ridges. Great views of Southern New Hampshire. L. Dave Bennett, 222-6943, 7-9PM. CL. Ray Butts, 880-597.

#### CAPE COD HIKES

Thurs., Sept. 12, Brewster. Meet in parking lot at end of Fisherman's Landing Rd. which is off Rt. 124.

Sun., Sept. 15, W. Yarmouth, Inkberry Trail. From Rt. 28 in W. Yarmouth, turn N on Winslow Grey Rd. at the lights and Bank of Boston. Go .4 mi. and park on left in conservation area.

Thurs., Sept. 19, Mashpee, Mashpee River Woodlands. From Mashpee Rotary, take Rt. 28 toward Hyannis. Go .4 mi. and take the first right on Quinaquisset Ave. Go .7 mi. and turn right on Mashpee Neck Rd. and go 1.1 mi. and turn right into pkg. area at sign.

Sun., Sept. 22, Brewster, leaders choice. Meet in main pkg. lot of Nickerson State Park, Rt. 6A.

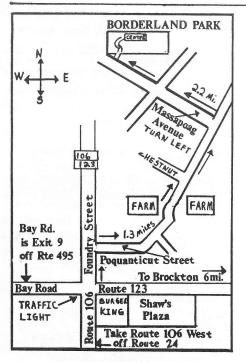
Thurs., Sept. 26, Dennis, Indian Lands Trail. From Rt. 6A in Dennis Village, turn S on old Bass River Rd. at the Mobil Sta. In .4 mi. at the RR Xing turn R into pkg. lot of Dennis Town Offices.

Sun., Sept. 29, Mashpee, Wampanoag Woodlands. From Mashpee Rotary take Rt. 151 and turn left at blinking lights to park in Mashpee library pkg. lot.

Thurs., Oct. 3, Falmouth Beebe Acres Woods. From Rt. 28 turn onto Ter Huen Dr. Go past hospital and JML facility. Park in small unpaved area on the left just past JML.

#### INTER-CHAPTER EXCURSION

Sun., Jul. 28-Fri., Aug., 2. White Mountains Summer Hiking Trip. Enjoy 5 glorious days of hiking in beautiful Crawford Notch, NH, gateway to the Presidentials. Geared for intermediates, the hikes will be moderate to strenuous. We'll sample several summits. trek along the Presential Ridge, & explore wilderness areas dotted with scenic mountain lakes, streams, & waterfalls. Swim & canoe in the crystal clear Saco River. Spend five nights in a charming mountain lodge with complete modern facilities. Cost of \$215 includes 5 nights lodging, 5 breakfasts, 3 dinners, & 3 happy hours. Register by June 15 by mailing a non-refundable deposit of \$75.00 & SASE to L. Mary Dubois Leeson, 370 Russells Mills Rd., S. Dartmouth, Ma., 02748 (997-4489).



DIRECTIONS

From the junction of Rts. 123 and 106 (Shaw's Plaza) in Easton, go 1/2 mile & turn right onto Poquanticut St. Bearing left, stay on Poquanticut St. for 1.3 mi. passing a farm. Approx. 1/10 of a mi. past the farm, turn left onto Massapoag Ave. Go 2.2 mi. to entrance on right. Take first left after turning into entrance and follow sign to Visitor's Center

#### **Committee Opportunities**

**Chapter Vice Chair**: The Vice Chair serves as the Chairperson in the absence or disability of the Chapter Chair, & shall assume other responsibilities as may be delegated by the Chapter Chairperson &/or Executive Board. This is an important Chapter position. Please call Chapter Chair Bruce Dunham **587-0679**. Or send resume to Bruce Dunham, 29 Rockford St., Brockton, Ma., 02401.

# COST: \$10.00 by Mail:\$12.00 Help Celebrate Our 20<sup>th</sup> Anniversary Limited quantities are available in Medium, & Large. T shirts are a <u>dark purple</u> with the Chapter

Large. I shirts are a <u>dark purple</u> with the Chapter Logo in white. Cost is \$10.00 at Chapter Events and \$12.00 if you order by mail. To order by mail send check made payable to <u>SEM/AMC</u> to Bruce Dunham 29 Rockford St.,Brockton, MA., 02401. Please include your name, address, telephone no., quantity, & sizes. QUESTIONS or information call Bruce Dunham at 587-0679 (6 - 9:30 PM)

### Meetings

Tuesday, July 9. Hiking Committee Planning Meeting at Rte. 24 North Burger King to plan for the months of October-December. L David Bennett 508 222-6943. Dexter Robinson 617 294-8840.

Sun., October 6, Warner Trail Annual Meeting. Hike goes from Wampum Corner to Diamond Hill. Annual Meeting & Potluck after hike. Call David Bennett at 508 222-6943.

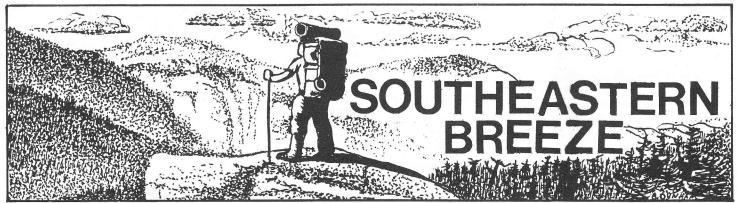
Tuesday, <u>August 27</u>, Southeastern Mass. Chapter Executive Board at Bourne Community Building in Bourne. Starts 7:00p.m. Call Bruce Dunham 508 587-0679.

#### **DATED NOTICES**

Brockton, MA 02401 8rockford Street S9 Rockford Street



Southeastern Massachusetta Chapter 5 Joy Street 5 Joy Street Boston, Ma 02108



Southeastern Massachusetts Chapter - Appalachian Mountain Club

Oct./Nov./Dec. 1996

#### ADVANCE NOTICE

The 1997 WINTER FESTIVAL will take place in late January or early February at Borderland State Park in Easton. It will an oportunity to learn about Winter Hiking and to try Snowshoeing. There are tentative plans for a Cross-Country Ski Workshop. More details in the next issue of the "BREEZE". For those of you who can't wait, join us for Chapter Hut Night Instruction in Winter for HIKING during the weekend.

### LEADERSHIP TRAINING Date: November 23, 1996

ON November 23, The Southeastern Massachusetts Chapter is organizing a Leadership Training Conference for all AMC you are activities. Whether interested in local trips or Weekend trips, this is a chance to learn how to get involved. The location is Borderland State Park in Easton. MASS. There is a \$5.00 FEE which includes morning coffee and lunch.

Mark Yerkes, AMC Director of Urban Programs and Outdoor Leadership will lead the Training session.

For Information Call Ray Butts at 508 880-8597.

To REGISTER Use the registraion form on page 5.

BEACH CLEAN-UP-September 28th See Conservation Update, page 4

### EXECUTIVE BOARD NOMINATIONS

A slate of four officers and nine Committee Chairs for **1996-1997** is being prepared by the Nominating Committee. The Committee consists of Chairperson Elsie Laverty, assisted by Ray Butts, Mary Gravel, and Janet Richardson. The Executive Board shall be chosen by ballot, provided however, that should there be but one nominee for an office, election may be made by voice vote. Additional nominations may be in writing

by any ten members, who shall specify their candidate and the office for which they nominate.Such nomination shall be placed in the hands of the Chairperson of the Nominating Committee not later than 21 days prior to the date of the Annual Meeting.

#### NOMINEES

Chapter ChairB	ruce Dunham
Chapter Vice-ChairLouise	Desrochers
TreasurerChar	les Farrell
SecretaryDo	onnie Magee
Biking ChairCo	arol Julien
Canoe ChairCa	rrie Dobson
Hiking ChairDa	vid Bennett
Skiing ChairMary Du	bois-Leeson
Trails ChairL	ou Sikorsky
Membership Chair	
Conservation	OPEN
Education	OPEN
Communication	OPEN

Committee Vice-Chairs are chosen at the first Executive Board Meeting following the Annual Meeting. Chapter Executive Board Meetings are held the fourth Tuesday of each month at the Bourne Community Building in Bourne.

If any member is interested in any of the positions still OPEN or interested in a Vice-Chair position please Contact Bruce Dunham at (508) 587-0679 or Elsie Laverty at (508) 823-0634.

#### HIKING

Dave Bennett, Chair, 222-6943 Dexter Robinson, Vice-Chair (617) 294-8840, e-mail:ndr@idx.com Al Johnson, Vice-Chair, 775-8959

HIKE RATING: First character indicates distance; Second character indicates leader's pace (average terrain); Third character indicates terrain.

Miles	Pace /mph	Terrain
AA = 13 <sup>-</sup>	1=v fast /2.5+	A=v. stren.
A=9-13	2=fast/2.0	B=strenuous
B=5-8	3=mod/1.5	C=average
C=5-	4=leis/<1.5-	D=easy

#### OFF CAPE LOCAL HIKES

Sat., Oct. 12. Blue Hills: The Great Dome Trail (A3C).Pleasant walk through woods with some hills. L. Bruce Dunham, 587-0679, 6-9:30PM. CL Janet Richardson 238-2566.

Sat., Oct. 19. The Four Seasons of Ponkapoag: Part 3. (C3D). Five easy miles including the Boardwalk. L Walter Wells 586-3777, 6-9 PM. CL Ann Chase 824-8871, 7-9PM.

Sun., Oct 20, Myles Standish State Park. (B3D). Seven miles around lakes &through woods. L Louise Desrochers 673-9752. CL John Poirier 822-1372.

<u>Sat., Nov. 2.</u> Annual Dinner hiking activity TBA.

<u>Sat., Nov. 9.</u> Blue Hills:Skyline Trail. (B3C). 8.5 miles from Rt. 138 to the Shea Rink. L Walter Wells 586-3777, 6-9PM.

<u>Fri-Sun., Nov. 15-17.</u> Chapter Hut Night at Cardigan Lodge. Hiking activities TBA.

Sat., Nov. 30. Borderland State Park. (B3D). Pleasant hike through woods & around ponds. L. Bruce Dunham, 587-0679, 6-9:30PM. CL Janet Richardson 238-2566.

Sat., Dec. 7, Blue Hills. (B3C). Circular hike 8.5 miles from Trailside Museum. L. Ray Butts, 880-8597. CL. Bruce Dunham, 587-0679, 6-9:30PM.

Sat., Dec. 14. George Washington Management Area, R.I. (B3D). 7 mile hike through woods & around ponds. L. Louise Desrochers 673-9752

<u>January 1, 1997.</u> Borderland State Park. (B3D). Pleasant hike through woods & around ponds. L. Bruce Dunham, 587-0679, 6-9:30PM.

#### HIKES ON CAPE COD

<u>Thurs., Sept. 26</u>, Dennis, Indian Lands Trail. From Rt 6A in Dennis Village, turn S on old Bass River Rd. at the Mobil Sta. In .4 mi at the RR Xing turn R into pkg. lot of Dennis Town Offices.

<u>Sun., Sept. 29</u>, Mashpee, Wampanoag Woodlands. From Mashpee Rotary take Rt 151 and turn left at blinking lights to park in Mashpee library pkg. lot.

<u>Thurs., Oct. 3</u>, Falmouth Beebe Acres Woods. From Rt 28 turn onto Ter Huen Dr. Go past hospital and JML facility. Park in small unpaved area on the left just past JML.

<u>Sun., Oct. 6.</u> Truro, Paradise Valley. Approx. .25 mi past sign `Entering Truro' on Rt 6 turn left on George Neilson Rd. Park along edge of road.

<u>Thurs., Oct. 10</u>, Harwich, Herring River Scenic Trail. From Rt 28 in Dennisport turn N on Depot Rd at Barbos Furniture Co. Travel 1 1/2 mi and park on R where Bike Path crosses Depot Rd.

Sun., Oct. 13, Bourne, Four Ponds Conservation Area. From the Bourne Bridge go south on Rt 28 approx. 3 mi. Turn R on BarlowsLanding Rd. Proceed about 1 mi and turn R into Four Ponds Conservation Area parking lot.

<u>Thurs., Oct. 17</u>, Falmouth, Johns Pond. N. on Currier Rd. off Rt 151and a quick right on Hoophole Rd. Follow the signs to town landing thru the trailer park and park at large parking lot. Bring canoe and lunch for possible full day activity after the hike.

<u>Sun., Oct. 20,</u> Yarmouthport, Dennis Pond. From 6A turn S on Summer St at the Old Yarmouth Inn. Park in parking area of Dennis Pond.

<u>Thurs., Oct. 24</u>, Barnstable, Deacons Farm. Take Exit 5 from Rt 6 and go N. Look for fire station on R. Park behind fire station.

Sun., Oct. 27, Mashpee, Daniel Webster Footpath. From Mashpee Rotary on Rt 28 take Great Neck Rd S toward New Seabury. Go 0.6 mi and turn L at sign Sandalwood.' Proceed 0.4 mi on Amos Landing Rd and park at the Cul-De-Sac.

<u>Thurs., Oct. 31</u>, Brewster, Punkhorn Parklands. From Rt 6A take Stoney Brook Rd. Turn S on Run Hill Rd, about 100 yds E. of the Old Mill. Go past the town dump and park in the Punkhorn pkg. lot, about 2 mi. Sat., Nov. 2. Nauset Beach & Pochet Island. (A3D). 10 mile hike in Orleans. Meet at 10:00AM at the parking lot for Nauset Beach at the end of Beach Rd. in Orleans. Bring lunch & water. Heavy rain or high wind cancels. L. Patrick Kimball, 255-3717.(Low tide inside Pleasant Bay 1:12PM).

Sun., Nov. 3, Eastham. Meet at Salt Pond Visitors Center on Rt 6.

<u>Thurs., Nov. 7</u>, Mashpee, Quashnet River. From Mashpee Rotary on Rt 28 take Rt 151 and turn left at blinking light to park in Mashpee Library parking lot.

Sun., Nov. 10, Brewster, Nickerson State Park. Meet in main pkg lot in Nickerson State Park, Rt 6A.

Thurs., Nov. 14, W. Yarmouth, Buck Island Trail. From Mid-Cape take Exit 7 and head S towards Hyannis. In about 100 yds turn L on Higgins Crowell Rd. At first set of lights turn R and park at sign `Sandy Pond Rec Area' almost across from the Yarmouth Highway Dept. garage.

Sun., Nov. 17, Barnstable, Heartbreak Hills. From Rt 6A turn S on Rt 149 and then turn R (W) on the service Rd just after crossing over Rt 6. Park under the power lines.

Thurs., Nov. 21, Sandwich, Ryder Conservation Lands. From Rt 28 in Mashpee take Rt 130 N. Go 1 mi and turn R onto Cotuit Rd. Go another 1.8 mi and turn L at sign `Ryder Conservation Lands -Town of Sandwich."

Sun., Nov. 24, Falmouth, Crane Wildlife Management Area. From Mashpee Rotary on Rt 28 take Rt 151. Turn R on Sandwich Rd. Watch for Ashumet Pond on R. There will be a large parking lot of which only a small portion can be seen from the road.

Thurs., Nov. 28, Bourne, Canalside. Parking Lot.

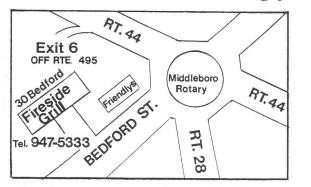
<u>Sun., Dec. 1.</u> Sandwich, Sandy Neck Beach Walk. From Rt 6A take Sandy Neck Rd. Go to parking lot at end.

Thurs., Dec. 5, Dennis, Indian Lands Trail. From Rt 6A in Dennis Village turn S on Old Bass River Rd at the Mobil station. In 4 mi at the RR crossing turn R into the parking lot of Dennis Town Offices. L Mary Field (362-2041). Sun., Dec. 11. Wellfleet, Great Island. Meet in pkg. lot end of Chequessett Neck Rd. From Rt. 6, turn west at sign for Wellfleet Center.

(CONTINUED ON PAGE 5)

### Southeastern Massachusetts Chapter of the Appalachian Mountain Club

# Annual Meeting Announcement, 1996 Saturday, November 2, 1996



Directions: Take exit 6 off Rte. 495 onto Rte. 44 east heading towards the Middleboro Rotary. Bearing right past a FRIENDLY'S Restaurant. The Fireside Grill is next to the Friendly's.

#### The Day's Schedule

HIKING..Ponkapoag Pond in the Blue Hills. Meeting time-12 Noon. Call David Bennett 508-222-6943

- 4:30-5:45p.m. Social Hour-Cash Bar (Information About the Southeastern MA. Chapter will be available).
- 5:45-6:15p.m. Business Meeting
- 6:30-7:30p.m. International Dinner Buffet Salad, Baked Stuffed Shells, Roastbeef, Chicken Fajitas, Spanish Rice, Vegatable, Coffee and Dessert.
- 7:30-8:30p.m. SPEAKER John Green
- 8:30p.m. Country Line Dancing with Janet Richardson & Frank Wagner

Join us on November 2, at the <u>Fireside</u> <u>Grill</u> in Middleboro. The cost is **\$17.00** per person which includes activities, Happy Hour Snacks, Dinner, Evening Slide Program, and Country Line Dancing. Use the **REGISTRATION Form** below and make a check payable to **SEM/AMC** 

Mail to Louise Desrochers, 30 Alsada Road, Swansea, MA. 02777. Checks are non-refundable unless a replacement can be found. **Register by October 25**.

QUESTIONS? Bruce Dunham (508) 587-0679

#### John Green, Naturalist Speaks at Annual Dinner

John Green is a freelance interpretive naturalist from Amherst, MA. He has offered programs from Maine to Florida and observed and photographed natural history subjects in a variety of areas in the U.S. and Canada.

#### EVENING PROGRAM

AQUARIUS highlights stars (jewels in the sky), the greens of nature, Baxter State Park (Maine), and water its many forms.

GLACIER NATIONAL PARK features beautiful lakes, magnificent mountains reflected in lakes and many of the exciting mammals found in this spectacular park located in northwestern Montana.

	COST: \$17.00 per Person
lame:	
ddress:	
'own:	State: Zip:
hana	Number of people attending: Fee enclosed \$
none	

# **1996 Chapter Hut Night**

# AMC Cardigan Lodge–Bristol, N.H. November 15–17, 1996

Chapter Hut Night has been an annual event since 1988. It is an event traditionally geared towards different levels of experience. This year you can even drive up to the Front Door. Call the leaders listed for information or to **Register** for the Trip. The leader will answer your questions about equipment, trails, and Car-pooling. Enjoy a crisp November Weekend hiking, plus relaxing in a warm comfortable lodge.

What's included is: two night's lodging, two breakfasts, Saturday Dinner, and Happy Hour. The Cost is **\$53.00** per person. Make Check payable to: **SEM/AMC** and <u>mail to Louise Desrochers</u>, **30** Alsada Road Swansea, MA. 02777.

We will be hiking Mt. Cardigan (3121 Ft.) located in West Central New Hampshire using the beautiful trails that provide a great variety of terrain. Group size is limited to **45 people.** For those of you interested in learning about <u>WINTER HIKING</u>, there will instruction in winter hiking during the weekend by experienced Southeastern MA. Chapter leaders.

Leaders to call: David Bennett (508) 222-6943 Dexter Robinson (617) 294-8840 Bruce Dunham (508) 587-0679

Please REGISTER by OCTOBER 31, 1996. After 10/31 call Bruce Dunham.

#### CONSERVATION UPDATE

Coastal Weeks Program,

Saturday, September 28. Join a Provincetown Coastal <u>Clean-up</u>. Walk the Cape Cod National Seashore at a leisurely pace, enjoy the <u>beach</u> while filling your garbage bag. Types of garbage collected may be surveyed as part of data collection done by the National Park Service. Co-sponsored with <u>Coastal Weeks</u> Program, Commonwealth of Massachusetts. Garbage bags and gloves provided. Bring Lunch and liquids. Meet at Herring Cove south parking lot in Provincetown, 10 a.m. For more information, contact Mike Flynn, at (508) 349-3788 ext. 246 during working hours or call Mike or Jennifer Flynn at (508) 349-3445 (before 9 p.m.)

**Cape Cod National Seashore** The Cape Cod National Seashore will have its Draft Management Plan and the accompanying Draft Enviromental Impact statement available for public review in mid-August. The first public hearing on the General Management Plan will be held before Labor Day. Following the first meeting, written public comments will be accepted by the National Park Service for **60 Days**. Other public hearings and formal hearings are planned and will be announced through regional news media. Summaries of the Draft Enviromental Impact Statement and the Draft General Management plan will be **available** to individuals who request them **in person** at the headquaters in Wellfleet. Sun., Dec 8. Welfleet, Great Island. Pkg. lot at end of Chequessett Neck Rd. off Rt. 6 at "Welfleet" sign.

<u>Thurs., Dec. 12.</u> Brewster, Punkhorn Parklands. From Rt. 6A take Stoney Brook Rd., S on Run Hill Rd., Park in Punkhorn Pkg lot past Town Dump.

Sat., Dec. 14. Herring River, Harwich. (A3D). 10 mile hike in Harwich. Meet at 9:30AM at the begining pf the Cape Cod Rail Trail on Rt. 134 to shuttle to Harwich Center. Bring lunch & water. Heavy rain or snow cancels. L. Patrick Kimball, 255-3717.

Sun., Dec. 15, Brewster, Meet in main pkg lot in Nickerson State Park Rt 6A.

<u>Thurs., Dec. 19</u>, Yarmouthport, Chase Garden Creek. From Rt. 6A turn north at Rod and Gun Club sign.0.5 mi east of Getty Station and Station Ave.

Sun., Dec. 22, Brewster, Nickerson State Park, Main parking lot.

<u>Thurs., Dec. 26.</u> West Barnstable, Deacons Farm. Take exit 5 from Rt 6 and go north. Look for and park behind Fire Station on right.

Sun., Dec. 29, Harwich Headwater Hike. Meet in bike path pkg. lot on Headwaters Drive, which is off Rt 124, just N of Exit 10 Rt 6.

#### WEEKEND TRIPS & DAY TRIPS

Sat., Oct. 26. New York City. Take the bus to N.Y.C. Hike the West Side of Manhattan, across Central Park; & down Fifth Avenue. Approximately 9 miles. L. Ray Butts, 880-8597. CL Ann Chase 824-8871, 7-9PM.

#### **INTER-CHAPTER EXCURSION**

Fri.-Mon., Oct. 11-14. 3 Nights. Columbus Day Weekend: Intermediate hikers. We will explore "off the beaten track" wilderness areas in Crawford Notch. Trip cost of \$175 includes 3 nights lodging, 3 breakfasts, 2 dinners & Happy Hours. For more information see "InterChapter Excursions" in AMC OUTDOORS or contact L. Mary DuBois -Leeson, 370 Russells Mills Rd., S. Dartmouth, Ma., 02748. 997-4489.

Wed.-Sun., Nov. 27-Dec. 1. 4 Nights. Thanksgiving Weekend: Intermediate hikes in the White Mountains. This trip is geared for intermediate hikers. We will make daily excursions into the shoulders of the Presidential Range, & to higher elevations as conditions allow. Trip cost of \$185.00 includes 4-nights lodging, 4 breakfasts, 2 dinners including Thanksgiving Dinner & Happy Hours. For more information see "InterChapter Excursions" in AMC OUTDOORS or contact L. Mary DuBois -Leeson, 370 Russells Mills Rd., S. Dartmouth, Ma., 02748. 997-4489.

Fri.-Wed., Dec. 27-Jan. 1. New Year's Eve Extended Weekend: Intermediate Ski/Snowshoe in the White Mountains. This trip is geared for intermediate skiers & Snowshoers. We will enjoy a smorgasboard of winter activies in the Crawford Notch area. Trip cost of \$275.00 includes 5 nights lodging, 5 breakfasts, 3 dinners & Happy Hours. For more information see "InterChapter Excursions" in AMC OUTDOORS or contact L. Mary DuBois -Leeson, 370 Russells Mills Rd., S. Dartmouth, Ma., 02748. 997-4489.

# FLAT WATER CANOEING & KAYAKING

Ralph Upton, Chair, 398-9680. Carrie Dobson. Vice-Chair, 430-9892 Dave Williams, Vice-Chair, 238-3638.

Chapter boats: Available for rent are a 17' alum. Grumman @ Carolyn Crowell's in Sandwich, 888-4923, a 17' fiberglass Old Town @ Dave Williams', 238-3638. Canoe rental is \$3.50 member, \$6.00 non-member per day each. And a kayak @ Carrie Dobson's, 430-9892.; \$10.00 for members, \$15.00 non-members, per day.

Easy (usually) 3-5 hour paddling. All trips start at 10:30 unless otherwise noted.

PFD's mnadatory all year & must be worn Sept. 15 thru May 15. Bring Lunch. CL's Ralph Upton & Carrie Dobson

White water: No whitewater schedule will be published this year, but Paul Farrington, 285-7041, & Dave Lundquist, 674-8830, will be doing their usual on weekends. Call for dates & location.

Non members will be charged \$2.00 per paddle.

Wed., Sept. 25. Bass River at Wilbur Park in Yarmouth. Park & launch on S. side of Highbank Rd. on W side of bridge.

<u>Fri., Sept. 27</u>. Pot Luck & moonlight paddle. Pot Luck at Carrie Dobson's Home 430-9892.

<u>Sat., Sept. 28</u>. Mashpee-Wakeby Ponds. Dave Shepherd, 548-8717.

<u>Wed., Oct. 2.</u> Herring Pond Bournedale. From Sagamore Rotary SW on Rt.6, approx. 5 mi to R at lights on Bournedale Rd., then 1 mi. to R. on Herring Pond Rd., to Parking lot on L.

Wed., Oct. 9. Mashpee River. S on Quinaquisett Ave. off Rt. 28 for 0.7 mi, to R on Mashpee Neck Rd., to launching ramp.

<u>Sat.-Mon., Oct. 12-14</u> Saco River, Me. \$20.00 deposit by 9/20 to L. Barb & Dave Williams, 238-3638.

<u>Thurs. Oct. 17</u>. Johns Pond, Mashpee. N. on Currier Rd off of Rt. 151, then R on Hoophole Rd. to Town Landing thru trailer park. Bring Lunch. <u>Canoe at 11:30 after</u> <u>9:30 hike.</u> Thursday Hikers meet Canoeists.

#### Education

Sat., Oct. 19. INTRODUCTION TO MAP & COMPASS. Workshop will show you how to identify features on a map, explain the various parts of a compass, & demonstrate how to use a compass with & without a map. Instructions followed by practical exercises. Workshop will be held at Borderland State Parkfrom 10Am to about 2PM. Maps provided, bring an orientieering compass & lunch. L. Tom Waddell, 617-837-5537. CL. Bob Emery.

#### TRAIL WORK

Lou Sikorski, Chair 678-3984

<u>Sat., Oct. 5.</u> At an undisclosed location. "This could be FUN!" Call Lou.

Form for SEM/AMC Leadership Co	onference, Nov. 23, 1996
Name	Tel
Address	
	SEM/AMC & send to Ray Butts,
75 Alcott Drive, Taunton, MA. 02	2780 by November 5, 1996.

#### SKIING

Tom Waddell, Chair, 617-837-5537

Sat. Morning X-C Ski. Depending on snow we will ski most Saturday mornings in Dec., Jan., & Feb. at Whitney Woods in Cohasset or Wompatuck State Park in Hingham. We will meet at 9:30Am & ski for about 4 hours, including a lunch break. Call leaders Marilyn Dunn & Tom Wadell by Thursday of each week for location (617) 837-5537 until 8PM.

Eri.-Mon., Jan. 17-20. MARTIN LUTHER KING WEEKEND SKI TOUR, Bretton Woods, NH. Enjoy the views, the gourmet cooking, & the ambiance of Applebrook Country Inn, Jefferson, NH. Other options include a 7K crosscountry run from the top of the chairlift, skating at the old fashion town rink, or a trip north to ski at the Balsams. Dorm (\$64 for 2 nights or \$84 for 3 nights). Doubles with baths also available. Total payment due by Jan. 1. Call Suzanne Scolamiero 617-545-0036 (before 9PM).

Fri.-Mon., Jan. 17-20. X-C SKI WEEKEND. Wonalancet Cabin, N.H. Ski out back door of cabin onto miles of ungroomed backwoods trails in the Mt. Chocorua area. Rustic heated cabin has cold running water, full kitchen, large bunkroom & outdoor facilities. Trip is limited to 15 intermediate to advanced skiers. Bring snowshoes for optional hike to lower elevations of Mt. Paugus on Mon. Some snowshoes available.Trip fee of \$30.00 (3 days) or \$40 (4 Days) includes both lodging and meals. Bring trail lunches. Register with a nonrefundable \$20.00 deposit. Call L Tom Waddell ,617-837-5537 until 8 PM, CL Melinda Lyon

Fri.-Sun. Jan. 24-26. X-C Ski Instructional Weekend in Peterborough, N.H. for Beginner & Novice X-Country skiers. Trip Fee includes 2 nights lodging in heated Cabins with full

bath, 2 breakfasts, Happy-Hour, Sat.Dinner, Register by November 21, with Non-refundable deposit of \$40 & SASE to Chris Shafer, 36 Esmond St. Smithfield, R.I. 02917 or call Leaders Anne Chase 508-824-8871 or Chris Shafer 401-231-1943.

#### In Memorial

Paul Murphy, long time Southeastern Chapter member, a veteran of World War II & an avid outdoorsman died Friday, June 28,1996. He was 80 yrs. old. Paul served as Chapter Chair in 1988.

Arthur Sproul, a Navy Veteran & active Southeastern Chapter member died Saturday, June 22, 1996. He belonged to many volunteer organizations & performed many hours of volunteer service.

#### SOCIAL COMMITTEE

#### Chair: Janet Richardson, 238-2566

Let's get together, bring ideas to blend our Outdoor activities with our Social Events. Meet at the Blackthorn Tavern in Easton on Wednesday, September 25, for coffee, dinner at 7:30p.m. Meet at the Charlie Horse at Rte.106 West, just off Rte. 24. on October 23. Meet at the Fireside Grill - Middleboro Rotary-Exit 6 off Rte.495. on November 20.

BREEZE Needs Help: Once again the BREEZE is in need of any volunteer help you wish to give! Newsletter or desktop publishing experience would be a real bonus. Call Mary Calhoun, 587-2428 (7-9PM) or Bruce Dunham, 587-0679,

#### **MEETING NOTICES**

Hiking: Tues., Oct. 15. Hike Planing Meeting for Jan-Mar. schedule. Call Dave Bennett, 222-6943.

Skiing: Tues., Oct. 1 Ski Planing Meeting. Call Tom Waddell, for info. 617-837-5537

Canceing: Call Carrie Dobson for info. 430-9892.

#### SEM Now on INTERNET

Southeastern Mass. Chapter of the AMC has its own home page on the Internet. Its address is http://www.cris.com/~Ndrma/ There is also a link from the AMC home page (http://www.lehigh.edu/ludas/public/wwwdata/amc.html) as well as some of the other Chapters (New York & Worcester).



20th Anniversary CHAPTER T-SHIRTS Available' in Extra Large, Large & Medium -----T-shirts are a dark purple with the Chapter LOGO in white. Cost is \$10.00 at Chapter Events and \$12.00, if you order by ORDER by Mail: Mail.TO Send Check made payable to SEM/AMC to: Bruce Dunham, 29 Rockford St., Brockton, Mass. 02401. Please include your NAME address, telephone number, quantity and sizes. Questions? call Bruce

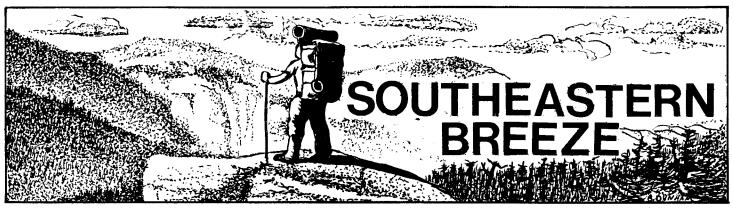
#### **DATED NOTICES**

Dunham 508 587-0679



Von-Profit Organization O.S. Postage PAID Parzarda Bay MA 02532-9998 Buzzarda Bay Mo. 41

Southeastern Massachusetts Chapter 5 Joy Street 5 Joy Street Boston, Ma 02108



Southeastern Massachusetts Chapter-Appaiachian Mountain Club

Jan/ Feb / March 1997

#### ADVANCED NOTICE

### 1997 Spring Fling

The Southeastern Massachusetts Chapter annual spring social event will take place on Saturday, May 3, 1997. The location will be near the Cape Cod Canal at the Bourne Community Building in Bourne. It will be a day of activities, social hour, dinner and an evening program about hiking on the Appalachian Trail.

## Ski Committee 96-97 Season

The 1996-97 ski trip leaders have planned an excellent season! There are seven weekend trips scheduled that range from a rustic cabin to mountain chalets and gourmet B&B's. These trips will feature snowshoeing, crosscountry & down hill skiing. Look for a new trip to a 200 year old farmhouse B&B in the Berkshires. As always, leaders choice day trips, both Cape and off-Cape round out the season

#### Biking

Chair, Carol Julien, 617 293-1100

Friday, January 24. Bike Planning Meeting & POTLUCK Supper. Help us plan the 1997 season and meet other Bikers. Time 6:00 P.M. Call Leader Carol Julien at 617 293-1100 If you have questions.

# Chapter Chair Message

November was a busy month for the Southeastern Massachusetts Chapter. The Annual Meeting on November 2, was well attended with 95 S.E.M. members enjoying a delicious international buffet dinner and a beutiful slide program featuring Glacier National Park and Baxter State Park in Maine. We were honored to have as our Guest, Andy Falender, the Executive Director of the Apalachain Mountain Club. Andy spoke about AMC highlights which included slides, it was an excellent presentation that was appreciated by everyone present.

Chapter Hut Night on November15-17 proved to be one of the best trips of the year. 44 S.E.M. members enyoed a great weekend of hiking and relaxing at Cardigan Lodge. The Weather was exceptional for November. On Saturday, the group had a choice of three hikes, 8 miles, 5.9 miles or 4 miles. Two of the groups hiked to the summit of Mt. Cardigan (3121 Ft.) and were fortunate to have an outstanding clear view of a snowcapped Mt. Washington and of Franconia Ridge. A very light wind made it posible to have lunch on the summitte of Mt. Cardigan. Saturday evening the group enjoyed Home-cooked food prepared by the leaders David Bennett and Dexter Robinson. They were greatly assisted with many long hours of work by Sheila Bennettt, Susan Robinson, and Louise Desresochers. The month ended with a succssful leadership training day attended by 14 AMC members from three Chapters, Finally, let me extend an invitation to our new members to attend the WINTER FESTIVAL on February 1, 1997.

#### **1997 Winter Hiking**

Join experienced winter hikers, Bob Emery, Walter Wells, and Dexter Robinson for a series of Winter Hikes. Details are on the inside of this issue.



# Skiing

Fri-Mon, Jan.11-14, Martin Luther King Weekend tour at Bretton Woods, N.H. Enjoy the views, gourmet cooking and the ambiance of APPLEBROOK COUNTRY INN, Jefferson, N.H. other options include a 7K crosscountry run from the top of the chair lift, skating at the oldfashioned town rink, or a trip north to ski at the Balsams. Dorm (\$64.00 for 2 nights or \$84.00 for 3 nights). Doubles with bath also available. Total payment due by Jan.1. Call Suzanne and Bob Scolamero at 617 545-0036 (before 9 P.M.)

Fri.-Mon., Jan,11-14, Martin Luther King Weekend. Downhill/Cross-country/Snowshoe, Choose your favorite sport and hit the trails on this winter adventure in beautiful rawford Notch, N.H. Downhill ski at nearby Attitash, Bretton Woods, Cannon Wildcat or Sunday River. Cross-country ski at Bretton Woods, Bear Notch, Jackson, Great Glen Gulf Touring Centers or enjoy the serenity of the many Backcountry trails in Crawford Notch. All ability levels weicomed! Back-country skiing will be at the intermediate level. Stay in a modern and comfy lodge with all the comforts of home. Cost of \$135.00 includes 3 nights lodging. 3 breakfasts, and 2 dinners with happy hours. Space is limited . Register with Non-refundable deposit of \$70.00 (non-refundable after 1-1-97) and a S.A.S.E. to Mary DuBois-Leeson at 370 Russells Mills Rd., South Dartmouth, MA. 02748. 508 997-4489.

Fri-Mon., Jan.17-20. X-Country Ski Weekend at Wonalancet Cabin, N.H. Ski out the back door of the cabin onto to miles of ungroomed backwoods trails in the Mt. Chocorua area. Rustic heated cabin has cold running water, full kitchen, large bunk room and outdoor facilities. Trip open to 15 intermediate to advanced skiers. Bring snowshoes for optional hike to lower elevations of Mt. Paugus 2 on Monday. Some snowshoes available. Trip fee of \$30.00(3 days) or \$40.00 (4 days) includes both lodging and meals. Bring trail lunches. Register with nonrefundable \$20.00 deposit. L Tom Waddell, CL Melinda Lyon. Call L at 617 837-5537 until 8p.m.



January 26

Sunday, January 26, 1997. Skiing and Potkuck Diner at Karen Reamsnyder's home in Raynham, MA., new members are especially welcome to find out about the AMC and to make new friends! Group will meet at Massasoit State Park at 1:30 P.M. to cross-country ski if conditions permit or hike if there is no snow. Potkuck supper will follow beginning at 4:00 P.M. at 92 N. Main St. Raynham. Call Karen at 508 823-4424 by Jan. 20th to sign up to bring your special "DISH" or for more information. Some "Rumblings" of a possible slide presentation of S.E.M. Chapter members engaging in winter frolic have been heard. No one dares to say for sure!!!

Fri.-Sun.., Feb.1-3, 1997 Ski tour in the Berkshires Mits. Stay at a 200 year old Maple House Farm. This Rowe, Massachusetts B&B off the Mohawk Trail offers 2 nights lodging, 2 homemade breakfasts, and 1 dinner. Ski out the back Cabin door onto 10 miles of forest trails or travel 10 minutes to downhill andcross-country groomed area. Three updated rooms with spectacular views sleep 3-4 persons each. Trip limited of 10. Only \$70.00!! Total payment due by January 1, 1997. Call Suzanne & Bob Scolamiero at 617 545-0036 before 9 P.M.

Fri.-Mon., Feb.14-17, President,s Day Weekend in the White Mts. of N.H., Down-hill, cross-country or snowshoes! Backcountry skiing will be at the intermediate level but all levels are invited to come along and ski at your favorite groomed or downhill ski centersin the Bretton Woods an Mt. Washington Valley area. Our lodging offers spectacular views, all the modern comforts and some trails right out the door. Cost of \$145.00 includes 3 night lodging, 3 breakfasts, and 2 candlelight Dinners with happy hours. To register send a deposit (nonrefundable after 2-1-97) and a S.A.S.E. to Mary DuBois-Leeson, 370 Rusells Mills Rd., So. Dartmouth, MA. 02748 508 997-4489.

Fri.-Mon., Feb. 14-17, X-Country Ski Weekend, Wonalancet Cabin, N.H. Ski oot the back door of the Cabin onto miles of ungroomed trails in th e Mt Chocorua area. Rustic heated cabin has cold running water, full kitchen, large bunk room and outdoor facilities. Trip open to 15 intermedite to advanced cross-country skiers. Bring snowshoes for for an optional hike on Monday. Some snowshoes available.

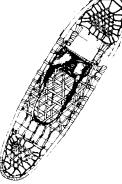
Cost \$40.00 to include both lodging & meals. Bring trail lunches. Register by Jan. 31 with \$20.00 nonrefundable deposit. Leaders Marilyn Dunn & Tom Waddell, 617 837-5537 until 8 P.M.

Fri.-Mon., March 7-9, Almost Spring Ski Trip in the White Mts. Enjoy the longer, warmer days of March. Choose down-hill, crosscountry, or snowshoe in the Presidential Range. Close to down-hill & cross-country ski areas. Intermediate backcountry skiers can access the bountiful trails in Crawford Notch. Cost of \$85.08 includes 2 nights lodging, 2 breakfasts, and 1 candlelight dinner & happy hour To Register send \$45.00 deposit (non-refundable after 2-20-97). to Mary DuBois-Leeson, 370 Russells Mills Rd., So. Dartmouth, MA 02748 508 997-4489

Saturday Morning X-Country Ski Depending on snow, we will ski most Saturday mornings in Dec., Jan., and Feb., at Whitney Wonds in Cohasset or at Wompatuck Sinte Park in Hingham. We will mee at 9:30 a.m. and ski for 4 hours, including a lunch break. Call leaders Marilyn Dunn & Tom Waddell by Thursday of each week at 617 837-5537 before 8 P.m.

# 1997 Winter Festival

at



# Borderland State Park - Easton, MA.

February 1, 1997 COST: \$5.25 perperson

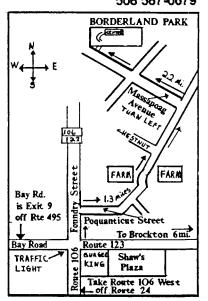
The 1997 Winter Festival will be a mixture of Social time, Instruction in Winter Hiking, Cross-Country Skiing, and time to enjoy the Outdoors at a Park that is ideal for Beginners. Three-season hikers will enjoy meeting and learning from Experienced S.E.M. Winter Hikers.

REGISTRATION: Use the Registration form below and make a check payable to <u>S.E.M./AMC</u> for \$5.25 and mail to Bruce Dunham, 29 Rockford St. Brockton, MA. 02401

In case of cancellation due to severe Weather your check will be returned.. Storm Date 2/2/97

There will be a limited number of snowshoes available on a first come, first served basis. Everyone will get a chance to try using Snowshoes. Snowshoes or Skis can be rented at places like Eastern Mountain Sports.

#### REGISTER by <u>January 29th</u> Questions? Call Bruce Dunham at 508 587-0679



From the junction of Rts. 123 and 106 (Shaw's Plaza) in Easton, go 1/2 mile & turn right onto Poquanticut St. Bearing left, stay on Poquanticut St. for 1.3 mi. passing a farm. Approx. 1/10 of a mi. past the farm, turn left onto Massapoag Ave. Go 2.2 mi. to entrance on right. Take <u>first left after</u> turning into entrance and follow sign to Visitor's Center

Winter Festival Schedule 9:00 a.m. -10:00 a.m. Registration & Coffee

10:00 a.m. - Noon Snowshoeing or Hiking Leader: Dexter Robinson 617 294-8840

10:00 a.m.-Noon X-Country Ski Instruction -- indoors Leader: Tom Waddell 617 837-5537 before 8:00p.m.

12:00 Noon - Lunch Please bring your own lunch. The Chapter will supply Coffee, Hot Chocolate and Hot Soup.

1:00 p.m. -3:30 p.m. -- Instruction in Winter Hiking. -- Indoors

1:00 p.m.-3:30 p.m. Outdoor Instruction in X-Country Sking

2:00-4:00 p.m. Winter Snowshoeing or Hiking

REGISTRATION & Workshops will take place inside the Park Visitors Center Building...

#### REGISTER by January 29th

tei

# **Flatwater Canoeing and Kayaking**

Carrie Dobson, Chair. 430- 9892. Dave Williams, Vice-Chair. 238-3638

All phone numbers are area code 508 unless noted otherwise.

\$2.00 / Person / Day / If nonmember.

Please, please...Trips other than Wed. or Thur. call & register for time and directions with leader, Chair or Vice-Chair...

Wednesday or Thursday trips start at 10:30 a.m. unless otherwise noted \* Bring lunch, drink, sunscreen & insect repellent.

PFD's mandatory in boat all year and must be worn. September 15-May 15.

Canoe/Kayak rentals for AMC Trips; Members **\$6.00**, Non-members **\$15.00** Easton, Canoe - Dave 238-3638 Sandwich, Canoe - Carolyn 888-4923. Harwich, Canoe or Kayak - Carrie

430-9892.

Thurs. March 27. John's Pond, Mashpee. N Currier Rd. off Rte. 151 then R onto Hoopdale Rd. thru Trailer Park to Town Landing. Bring Lunch.

\*Canceing (approx 11:15) following Lunch after 9:30 a.m. hike. Sat. March 29., Mid-Cape Area. Leaders Choice. Please register early. L Ed york 385-6118. Begin/instruction welcome.

Sat. April 12., Town River, W. Bridgewater. L Dave Williams 238-3638.

Sat. April 19. Mill & Springhill Creeks, Sandwich. L Carolyn Crowell 888-4923.

Wed. April 23. Mashpee-Wakeby Pond, Mashpee. From Rte. 28 take Rte. 130 N 2 Mi. to R at "State Landing" Sign just before Great Neck Rd.

Sat. April 26. Herring River, Harwich. From Hinkley's Pond if adequate Water. L Al Johnson 775-8959.

Wed. April 30. Pamet river in Truo. From rte. 6, R at "Pamet Roads" sign. Park off road on R at end of Exit ramp.

#### SNEAK PREVIEW

Saturday May 3. Spring filng. Nemasket River

Fri.-Sun., May 9-11. Willimatic River, CT. --Great Swamp, R.I. inside Accommodations.



Sunday, May 18. - Hikers meet Canoelsts. Gourmet Lunch provided by canoelsts. Walker Pond, Brewster.

Thurs. May 22. Bass river. Pot luck Lunch immediately after cance trip.

Instruction - April - May. Call to arrange Date and Time. L Ed York 385-6118

Mid April. - White Water Instruction. Equipment provided. Boston Chapter. Let's Carpool



### Hiking

David Bennett, Chair 508 222-6943 Dexter Robinson, Vice-Chair 617 294-8840, E-Mail: ndr@idx.com

Hike rating: First character indicates distance: Second character indicates leader's pace(average terrain); Third character indicates terrain.

Miles	Pace/mph	Terrain
AA=13	1=fast/2.5	A=v. stren.
A=9-13	2=fast 2.0	B=strenous
B=5-8	3=mod/1.5	C=average
C=5-	4=leis/<1.5-	D=easy

#### **Off-Cape Local Hikes**

Tues., Jan. 14. Spring Hike Planning Meeting. Walter Wells House. 105 Hollis St., Brockton, MA. Call Walter at 586-3777 for direction. All interested hikers are invited.

Sun., Feb. 9. Borderland State Park in Easton. (C3D) Pleasant hike through woods and around ponds. If there is sufficient snow, we will snowshoe. L Bruce Dunham 508 587-0679 (6-9p.m.) CL Janet Richardson. 508 238-2566

Sat., Feb. 15., The four Seasons of Ponkapoag, Part 4 (B3C) An easy walk around pond including the Boardwalk. Bring your snowshoes. L Waiter Wells 508 586-3777, 6-9p.m. CL Dave Bennett 222-6943, 7-9 P.M.

SUN., Feb., 16. Massasolt State Park. 2-3 hour hike with pond views. L Louise Desrochers 508 673-9752 7-9 p.m.

Sat. March 15. Borderland State Park. (B3D) L Bruce Dunham 587-0679 (6-9:p.m.)

#### Weekend Trips & Day Trips

Sat., Jan. 11. Mt. Waumbek via Starr King Trall. (B3C) Full Winter gear including snowshoes. L Walt Wells 586-3777, 6-9 p.m. CL Dexter Robinson 617 294-8840, 7-9 P.M.

Sat., Jan. 18, Carter Dome with possible side-trip to Mt. Height. (A3B) Full Winter gear and winter hiking experience required. L Bob

Emery 222-8460, 7-9 P.M., CL Walter Wells 586-3777, 6-9 P.M.

Sat.-Sun., March 22-23., Nancy Pond backpack to Duck Pond. (AA2B) Full Winter gear including Snowshoes. For beginning and intermediate Winter campers. L Bob Emery 222-8460. 7-3 P.M.

#### Saturday Hikes on Cape Cod

Sat., Jan. 11 Little Sandy Pond and Horse Pond. (A3D). Eight mile walk in Yarmouth. Meet at 9:30 A.M. at the parking lot for the Sandy Pond Recreation area on Buck Island Road in W. Yarmouth. Deep snow or bad driving conditions cancels. Bring lunch and water. L Patrick Kimball 508 255-3717.

Sat., Feb. 222., Punkhorn Parklands (A3D). Ten mile walk in Brewster. Meet at 9:30 A.M. at the parking lot for Punkhorn Parklands at the end of Run Hill Rd. in Brewster. Deep snow or bad driving conditions cancels. Bring lunch and water. L Patrick Kimball 255-3717

Sat., March 15. Weilfleet Ponds. (A3D) Ten mile walk in Weilfleet. Meet at 9:30 A.M. at the beach parking lot on Ocean View Drive, One mile N. of Lecount Hollow Rd. Heavy rain cancels. Bring lunch and water. L Patrick Kimball 255-3717.

#### Sunday Hikes on Cape Cod

Cape Cod Hikes Coordinator: Alice Oberdorf (508 771-8261) Sunday hikes start at <u>11:00 A.M.</u>, iast about 4 hours, 9-11 miles. Bring lunch. <u>Thursday hikes start</u> at 9:30 A.M., last 2 hours, 5-7 miles, moderate pace, heavy rain cancels. No Dogs.

Sun. Jan. 2., Wellfleet, Great isiand. Park in lot at end of Chequessett Neck Rd. off Rte. 6 at "Wellflet Center" sign. L Bill Leahey 945-3089 CL Monica Elderd 255-1623.

Sun. Jan.12., Brewster, Punkhorn Parklands. Stoney Brook Rd. Park in Punkhorn pkg lot past town dump. L Nancy Wigley 548-2362

Sun. Jan. 19., Wellfleet to South Pamet. From Rte. 6, Go 2 mi past light at Main St. in Wellfleet, R on Guil Pond Rd., 2 mi on L, park at Guil Pond pkg lot at large granite bldr. L Hortense Kelly 255-3021

Sun. Jan. 26. Yarmouthport, Dennis Pond. S on Summer St. offf Rte. 6A at Old Yarmouth Inn. Park in Dennis Pond pkg area. L Alice Oberdorf 771-8261

Sun. Feb. 2. Brewster, Nickerson State Park. Main pkg lot at entrance on Rte. 6A. L Harry Dombrosk 385-9502 CL Nancy Wigley 548-2362

Sun. Feb. 9. West Barnstable, Heartbreak Hills. S on Rte. 149 off Rte. 6 at Exit 5, to R on Service Rd. Park under power lines. L Mark Tisdale 775-1682 CL Bill Leahey 945-3089.

Sun. Feb. 16. Truo, South Pamet. Meet at end of S Pamet Rd. in Truo. L Bill Leahy 945-3089 CL Alice Oberdorf 771-8261

Sun. Feb. 23. Faimouth, Crane Wildlife Area. N on Sandwich Rd. from Rte. 151 in Mashpee to Ashumet Pond pkg lot on R. L Nancy wigley 548-2362 CL Harry Dombrosk 385-9502

Sun. March 2. Brewster, Nickerson State Park. Main pkg lot at entrance on Rte. 6A. L Harry Dombrosk 385-9502 CL Nancy Wigley 548-2362.

Sun. March 9. West Yarmouth, Inkberry Trall. N from Rte. 28 on Winslow Gray Rd. at light, 0.4 mi. to pkg. on R. L Alice Oberdon 771-8261

Sun. March 16. Eastham, Salt Pond Visitor's Ctr., on Rte. 6. L Hortense Kelly 255-3021

Sun. March 23. Provincetown, Hatches Harbor Seal Walk. R at light and sign for Provincetown Visitor's Ctr. L Kathy Meads 487-1517 CL Bill Leahy 945-3089.

Sun. March 30. Sandwich, Sandy Neck Beach Walk. Meet for Easter at Sandy Neck Beach pkg. lot at end of Sandy Neck Rd. off Rte. 6A. L Bud Carter 398-2605 Cl Alice Oberdorf 771-8261.

hikes-continued on page 6

#### Thursday Cape Hikes

Thurs. Jan. 2 Barnstable Decons Farm. Exit 5 off Rte 6, go N. Park behind Fireside Station on R. L Harry Dombrosk 385-9502 CL Nancy Wigley 548-2362.

Thurs. Jan. 9. North Eastham. Park opposite Tilton Grave (formerly Roach's) on Nauset Rd., E offf Rte. 6. L Larry Cotreau 385-2943.

Thurs. Jan. 16. Dennis Indian Lands Trail. S. on Old Bass River Rd. from Rte. 6A in Dennis Village. R into pkg, lot in 4.0 ml. at town hall, after railroad crossing. L Al Meade 896-2296, CL Mary Geisthorpe 888-1481

Thurs. Jan. 23. Yarmouthport, Grays Beach. N from 6A at Getty Station to pkg lot at beach. L Janet Kaiser 375-0574 CL Barbara Rogers 362-3954.

Thurs. Jan. 30 Brewster, Fisherman's Landing Rd. off Rte. 124 to pkg lot at pond. L Al Meade 896-2296, CL Larry Cotreau 385-2943

Thurs. Feb. 6 Harwich, Herring River Scenic trail. N. on Depot Rd. from Rte 28 at Barbo's. 1.5 mi. on R, park at bike path. L Margaret Elliott 432-2613 CL Bill Leahey 945-3089.

Thurs. Feb 13. Truo, National Seashore. N on Rte. 6 to E on Long Nook Rd. (4th R on Service Rd.), park at end. L Larry Cotreau 385-2943. Thurs. Feb. 20 Brewster, Punkhorn Parklands. Stoney Brook Rd. off Rte. 6A to S on Run Hill rd. Park in Punkhorn pkg. lot past town dump. L Larry Cotreau 385-2943.

Thurs. Feb. 27. Wellfleet Marconi HQ. Follow signs from Rte. 6 (Marconi Beach Rd.), L to HQ pkg. L Bill Leahy 945-3089 Monica Eldred 255-1623.

Thurs. March 6. Yarmouthport, Chase Garden Creek. N from Rte. 6A at "Rod and Gun Club" sign 0.5 mi. E of Getty Sta. and Station Ave. L Janet Kalser 375-0574 CL Barbara Rogers 362-39954.

Thurs. March 13. Mashpee River Wodlands. From Mashpee Rotary go E 0.4 mi. on Rte. 28 to R on Quiniquisset Ave., 0.7 mi. to R on Mashpee Neck Rd. tp Pkg area at 1.1 miles on R L Nancy Wigley 548-2362.

Thurs. March 20. Sandwich Ryder Coservation Lands. N on Rte. 130 from Rte 28 for 1.0 mi. to R on Cotuit Rd, 1.8 mi. to "Ryder Cons. Land pkg. sign on left. L Alice Oberdorf 771-8261 CL Nancy wigley 548-2362.

Thurs. March 27. Falmouth, John's Pond. N on Currier Rd. off Rte. 151 and quick R onto Hopdale Rd. Follow signs to Town Landing thru trailer park. Bring cance and lunch for possible full day activity after hike. L Nancy Wigley 548-2362

#### Membership

Chair, Anne Silva, 508 675-2809 Change of Address: Contact AMC at 5 Joy Street in Boston. 617 523-0655 or membership information.

#### **Conservation Update**

Massachusetts Bike Trails: The upper Charles Rail Trail, expected to run from the Framingham train station through Hopkington. Sherborn and Holliston, will be the subject of a public hearing at the Milford Town Hall, at 7:30 P.M. on Dec. 5th. A central Massachusets Rail Trail is being planned from waitham to Berlin Center. approximately 23 miles. A public hearing concerning this trail will be held December 4th, at the Sudbury Town Hal at 7 p.m. For more information, Call Joan Blaustein (617) 451-2770.

**River Leadership School:** The planning group heid a conference call which focused on curriculum. If you are interested in participating in planning the River Leadership School, Instructing, or participating, please call Peter Donahue (617) 523-0655 X314 or E-Mail him at AMCDONAHUE@IGC.APC.ORG.

Ruth Dinerman

#### SEM Now on INTERNET

Southeastern Mass. Chapter of the AMC has its own home page on the Internet. Its address is http://www.cris.com/~Ndrma/

#### **DATED NOTICES**



Non-Profit Organization Organization Bestzerd. B.U Permit No. 41 Permit No. 41

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Boston, Ma 02108

5 Joy Street

**ВИЛО ИІАТИООМ ИАІНОАЛАЧЧА** 

Southeastern Massachusetts Chapter

# Southeastern Breeze

Southeastern Massachusetts Chapter

## Chapter Chair Message

I am pleased to announce the 1997 Nominating Committee. Serving on the Committee will be John Abbott 644-5626 Assonet, Nancy Ellis 240-0147 Orleans, Janet Kaiser 375-0574 Yarmouthport, Tom Waddell 617-837-5537 Marshfield and Dave Williams 238-3638 So. Easton. There will be 13 Nominees to be presented at the Annual Meeting on November 1. The positions are Chapter Chair, Chapter Vice-Chair, Secretary, four Activity Chairs, (Biking, Canoeing, Hiking, Skiing), plus Education, Conservation, Communication, Membership, and Trails. These Executive Board positions are chosen by ballot, however if there is but one nominee for an office, election will be by voice. If you are interested in serving or if you have a suggestion for the 1997 Board: please contact one of the Nominating Committee members listed above. An Executive Board is essential for a Chapter and provides the many activities we all enjoy.

#### **Chapter Annual Meeting**

The Southeastern MA Chapter Annual Meeting will take place on November 1 at the Fireside Grille in Middleboro. Our Speaker will be Micheal Tougias who will present a program on the "Quiet Places of New England."



### Saturday, August 2

Borderland State Park In Easton

Cost \$5:00 Adults Kids \$2:00 (14 and under) Registration: Pay-at-Door Sign up by **July 31** 

#### Call Bruce Dunham 508 587-0679 (6-9p.m.)

#### Schedule

**Canoeing** - Training by Certified Instuctor Call Carrie Dobson 430-9892

**Biking-**Meet at Park Visitor Center at **1:30pm** for 15 mile ride. L. Carol Julien 617 293-1100 or a 30 mile ride in Dartmouth, L. Louise Desrochers 673-9752

**Orientation** for new members, plus slide show about the Southeastern MA Chapter - 2:00 p.m.

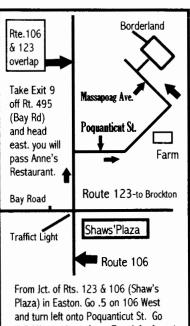
Hiking-Meet at Park Visitor Center - 3:00 p.m. ends about 4:00 p.m. L. Ray Butts 880-8597

**Family Hike** - Leader Richard Brech, 747- 6517 work or home 746-8189.- **3:00 pm.** 

Social Hour - 4:00 p.m.

**Barbecue - 5:00 p.m.** Hamburgurs, Hot Dogs, Salad & Ice Cream. Veggie Burgurs available, but let us know if you are a vegetarian when you register. Please bring a LAWN CHAIR If you have to drop out - *Please Call back!* 

**Non-Members Welcome** 



and turn left onto Poquanticut St. Go 1.3 Mi. passing a farm. Turn left after .1 pass Farm onto Massapoag Ave. Go 2.2 Mi. to ent. on right. Take first *left and follow Visitor Center Sign.* 

E-MAIL Sc mame & Ultranet, Com

# Biking

Chair, Carol Julien 617 293-1100



Fri., July 11. Century Planning Meeting, Call Carol Julien - 617 293-100.

**Sat., July 12.** Country Ride in the Carver area.Possible Ice Cream Stop, 20-30 miles. L. John Poirier 822-1372 7-9 P.M.

**Sat., July 19.** Country Ride in Halifax, 1 P.m., 20-30 miles possible volleyball. BBQ at L Carol Julien house - (617) 293-1100

Fri., August 1. 6 P.M. Bike Planning Committee Meeting. L. Carol Julien (617) 293-1100.

**Sat., Aug. 2.**, Chapter Summer Picnic Ride in Dartmouth, 15-20 miles on back roads through farmlands and saltmarshes. Mostly flat with a few gradual hills. L. Louise Desrochers 673-9752

**Sat., Aug. 9.** Meet at Wampatuck State Park. Leisurely 40 mile ride through Hingham, Cohasset, Scituate. Group determines pace, stops. Bring lunch, swimsuit, camera, etc. L. Rich Iovanni (617) 364-2221 7-9 P.M.

Sat., Aug. 23. Join Elsie on the popular Dighton Rock Ride. Call L. Elsie Laverty 823-0634.

Sat., Sept. 6. Martha's Vineyard. Helmets highly recommended. L. Alice Oberdorf 508 771-8261 **Sat., Sept. 13,** Cape Cod Rail Trail. L Alice Oberdorf 771-8261. Helmets highly recommended.

**Sat., Sept. 20.** ANNUAL RODMAN RIDE FOR KIDS. Fundraiser for Children at risk. Options for 25-50-100 miles. For Information call Biking Chair. Carol Julien (617) 293-1100. or RODMAN RIDE 1-800-395-RIDE

#### **Tuesday Evening Bike Rides**

SE Mass. Chapter offers bike rides on Tues. eves., **May 27-Sept.** 2. All rides start at 6:00 P.M. Rides are easy and vary between 14-20 miles. Helmets highly recommended. L Alice Oberdorf 771-8261 CL Connie Austin 428-1502

**Tues., July 1.** Meet at parking lot of Veteran's Beach in Hyannis, entrance on Ocean St. at Gosnold St., for ride to Dowse's Beach in Osterville.

**Tues., July 8.** Meet at A&P parking lot in Chatham (there are two A&P's on Rte. 28 in Chatham. Meet at 2nd one from Harwich) for ride to fish pier, lighthouse, coves, etc. Blue Hydrangeas in full bloom.

**Tues., July 15**. Meet at Gray's Beach, Yarmouthport for coastal ride.

**Tues., July 22.** Meet at Friendly's for Northside canal ride.

**Tues., July 29.** Meet at Nickerson State Park, Rte, 6A in Brewster for ride to Rock harbor and into Eastham.

**Tues., Aug. 5.** Meet at Dennis Town Hall parking lot for ride to Mill Pond and Scargo Tower.

**Tues., Aug. 12.** Meet at North Falmouth Library for Country Road to drawbridge on the canal.

**Tues., Aug. 19.** Meet at Rock Harbor parking lot in Orleans which is right off Orleans Rotary for ride to Visitor's Center and out to beach in Eastham. **Tues., Aug. 26.** Meet at Rte.134 off Rte. 6 at the start of the Rail Trail for ride to Fisherman's Landing in Brewster.

**Tues., Sept.2** Meet at Friendly's for Northside Canal Ride.

#### **Bike Touring Weekends**

Thurs.-Sun., July 3-6. Ever want to try bike touring but were concerned about the high mileage? We will ride 30-45 miles a day on roads with bicycle lanes or on quiet country back roads. Our route will follow rivers and take us past villages, country stores and dairy farms. Expect rolling to hilly terrain . Stay in Hostels and riverside Condo. Cost of \$160.00 includes lodging and all meals, except lunch. Helmets are required. Trip limited to 10. Register by June 1 with non-refundable \$100.00 deposit. Call L's Tom and Marilyn Waddell at 617 837-5537 before 8 p.m. Refundable if spot is fillable.

Fri.-Mon., August 29 - September 1. Labor Day Bike and Hike Weekend. Enjoy the scenic beauty of rural N.H. in the Mt. Chocorua area. Saturday bike 40 miles through small New England Villages and relax by the lake in a state Park or try the longer 60 and 80 mile routes. Expect hills, multi-gear bikes recommended. Sunday, hike up Mt. Chocorua or bike, depending on your interest. Cabin has cold running water. full kitchen, dining room, bunkroom and outdoor facilities. Showers available nearby. Weekend includes meals and lodging for \$40.00. \$20.00 deposit required. L Melinda Lyon, CL Tom Waddell . For Details call Cl at 617 837-5537 before 8 p.m.

#### Safe Trips

All trips involve some risk . Participants assume responsibility for their own welfare. Discuss your abilities with trip leader prior to the trip.

Note: All Phone numbers are area 508 unless 617 is specified.

# Canoe & Kayak

Chair, Carrie Dobson 430-9892 Vice - Chair, Dave Williams 238-3638

Non-members will be charged \$2/person/day.

Trips other than Wed. or Thurs: Please call and register for time and directions with Leader, Canoe Chair 430-9892 or Canoe Vice-chair, 238-3638

PFD's mandatory in boat all year and **must be worn** Sep 15 to May 15

Wednesday and Thursday Trips: Start at 10:30 a.m. unless otherwise noted.(\*) Bring lunch, drink, sunscreen, and insect repellent.

Canoe/Kayak rentals for AMC trips: \$6/members; \$15/non-members. Easton, canoe: Dave (238-3638); Sandwich, canoe: Carolyn (888-4923); Harwich, Canoe:Carrie (430-9892)

**Thurs., July 10**. Swan River, Dennisport clipper Ln off upper County Rd. to pkg. lot area at end.

**Sat., July 12.** Hadley Harbour, Woods Hole. L Dave Sheppard 548-8717. Tidal experience.

**Thurs., July 17.** Waquoit Bay, Falmouth, W on Rte 28 (approx 3.5 mi) from Mashpee Rotary to S on Seapit Rd. (just E of Childs river bridge) to Town landing on left.

**Sat.-Sun., July 19-20**. onset Island. Day or Weekend paddle. Weekend limited. L Carrie Dobson 430-9892.

**Thurs., July 24.** Prince Cove, Cotuit. R on Prince Ave. (just East of Rte. 149 on Rte. 28) 0.5 mi. to Town Landing on L. Wait for PARKING instr. L Connie Austin Pot Luck 428-1502.

Fri.-Sun., July 25-27. Washburn Isand. L Herbie Edgren 617 472-7271. **Thurs., July 31**. Indian lakes, Marston Mills. S from exit 5 on Rte. 149 to "Indian Lakes"sign on R to Pkg.

**Sat. Aug.2**. Borderland State Park. Picnic and canoe. Cape paddlers, please call Carrie for Caravaning, 430-9892. TENTATIVE Canoe Instruction offered. Call Carrie for registration.

**Thurs. Aug. 7.** Wellfleet Harbor. W on Main St. from Rte.6 to L on Commercial St. to Public Beach Launching and Pkg. at far end.

Sat., Aug. 9. Taunton River. Lee & Barbara Rogers 362-3954.

Fri., Aug 15. Potluck and Moonlight Paddle. L Carrie Dobson 430-9892.

**Sat., Aug. 16.** North River, Hanover. L Herbie Edgren 617 472-7271

**Thurs., Aug. 21**. Swan River, Dennisport Clipper Ln. offf upper County Rd. to Pkg area at end.

Sun.-Sun. Aug. 24-31. Rangely Lakes, Maine. L. Dave Shepard. 548-8717.

**Thurs., Aug. 28**. Ryders Cove, Chathamport. Ryders Cove Rd. off Rte. 28 to Town Landing. Pkg. across Rte. 28.S

**Sat., Aug. 30**. Bass River, Yarmouth. L's Janet and Richard Kaiser 375-0574

#### Thursday Rain Days Canoe/Kayak Videos at Carrio's

**Thurs., Sept. 4**. Herring River, West Harwich. Park E side Herring River Bridge on S side of Rte. 28.

**Sat., Sept. 6.** Leader's Choice. Dave & Barbara Williams 238-3638.

Wed. Sept. 10. Gray's Beach, Yarmouthport, Old Church St. of 6A to Centre St. to Pkg Lot.

Sat. Sept. 13. Slocum River, Dartmouth. L's Richard & Janet Kaiser 375-0574.

Wed. Sept. 17., Mashpee River. S on Quinaquisett Av. off Rte. 28 for .7 mi. to R on Mashpee Neck Rd. to Launching Ramp.

Wed. Sept. 24., Herring Pond, Bournedale. From Sagamore Rotary SW on Rte. 6 approx. 5 mi. to R at lights on Bournedale Rd. then 1 mi. to R on Herring Pond Rd. to Pkg lot on L

**Cottage for Rent** on Onset Island on Cape Cod Canal. 12 ft. Skiff available. \$500 per week. \$1600 per month. Carrie 508 430-9892

#### Help Wanted LEADERS

for Canoe/Kayak Saturday Trips FUN & EASY Call Carrie Dobson 430-9892 Dave Williams 238-3638

## Hiking

Chair, David Bennett 222-6943 Vice-Chair, Dexter Robinson 294-8840

Hike **Rating**: First character indicates distance in miles. Second Character indicates leader's pace. (average terrain), Third character indicates terrain:

#Miles	Pace mph	Terrain
AA=13+	1=v.fast/2.5+	A=v. strenuous
A=9-13	2=fast/2	B=strenuous
B=5-8	3=moderate/1.5	C=average
C=5-	4=leisurely	D=easy

Hikers unsure of their ability should try only one level higher than previously completed.

NOTE: NO PETS without permission from the trip leader. Individuals under 18 must obtain prior consent from the Trip Leader.

#### July Day/Evening Hikes

Wed., July 2. . Borderland State Park (C3D) L Bruce Dunham 587-0679.

Wed., July 9. Freetown State forest. (C3C) Pleasant evening hike; sunset at Profile Rock. L Ray Butts 880-8597.

**Tues., July 15.** Evening. Hiking Committee meeting to plan Fall Hikes. call David Bennett 222-6943 7-9 p.m.

Wed., July 16. Evening Hike. F Gilbert Hills State Forest Forest (C3C) L. John Poirier 822-1372

Wed., July 30. Evening Hike. Moose hill. (C3C) pleasant Hike in Audubon Sanctuary. L. David Bennett 222-6943 7-9 p.m. E-Mail: dbennett@tp.net

**Sat.-Sun., July 19-20.** Beginner's Backpack to the North and South Hancocks (A3C). Enjoy views of Signal Ridge and the Sawyer River Valley at an easy pace. 9.8 miles via the Hancock Notch and Loop trails. L. Dexter Robinson (617) 294-8840 7-9 p.m. E-Mail ndr@idx.com CL. Walter Wells 586-3777

Sat.-Sun., July 26-27. Intermediate Backpack to the North and South Kinsmans (A3C). 15.3 miles via Kinsman Ridge, Fishin' Jimmy and Lonesome Lake trails. L. David Bennett 222-6943, 7-9 p.m. E-Mail dbennett@tp.net. CL Walter Wells 586-777.

#### August Day/Evening Hikes

Sat., Aug. 2. Chapter Summer Picnic Hike at Borderland. See Page 1

Wed., Aug. 6 Evening Hike. Blue Hills. (C3C) L. John Poirier 822-1372

Fri.-Sat., Aug. 15-16. Mt. Whiteface, Mt. Passaconaway (A3B)( 4000fts.) Car camp Friday night near Kancamagus Highway. Long day hike on Sat. L Dexter Robinson (617) 294-8840 7-9 p.m.E-Mail: ndr@idx.com. CL Richard Brech 508 746-9189.

Wed., Aug.20. Borderland State Park. (C3C) evening Hike. L. Ray Butts 880-8597 Charley Farrell 822-2123

**Sat., Aug. 30**. Mt Tripyramid. (A3A). Long, strenous hike with steep grades. L. louise Desrochers 673-9752 Cl John Poirier 822-1372.

**Sat., Sept.6** Mt Carrigan via the Signal Ridge Trail (A3B). An early start for this long day hike with great views. L. Dexter Robinson (617) 294-8840 7-9 p.m E-Mail: ndr@idx.com CL Charlie Farrell 508 822-2123.

**Sat., Sept. 20.** Mt. Chocorua. L Walter Wells 586-3777, 6-9 P.M.

Sat., Sept.20. Borderland State Park in Easton (B3D) Bruce Dunham 587-0679 6-9 p.m.

**Sat., Sept. 27.** Myles Standish State Park. (B3C). Hike through pine woods and around blue ponds to begin the fall season. L. Ray Butts 880-8597 CL Charlie Farrell 822-2123

#### Local Hikes on Cape Cod

**Cape Cod Hikes, Coordinator: Alice Oberdorf (771-8261)**. Sunday hikes start 11:00 am., last 4 hrs, 9-11 mi. Bring lunch. Thursday Hikes start 9:30 am., last about 2 hrs., 5-7 mi. Moderate pace, heavy rain cancels. No Dogs.

Thurs. Sept.11. Banstable, Deacons Farm. Exit 5 off Rte. 6, go N. Park behind Fire Station on R. L Nancy Wigley 548-2362, CL Harry Dombrosk 385-9502 Sun. Sept. 14. Eastham, Salt Pond Visitor's Ctr., on Rte 6. L Hortense Kelly (255-3021).

Thurs. Sept. 18. Sandwich, Maple Swamp Trail. Exit 4 off Rte 6, go S., R (West) on Service Rd. .2 miles to Maple Swamp Conservation Area Pkg. on L. L Janet Kaiser (375-0574).

**Sun. Sept. 21. Truro, Paradise Valley.** Park on George Neilson Rd. off Rte 6 on L just N of town line. L Dave Ernst (349-3184) CL Alice Oberdorf (771-8261).

**Thurs. Sept.25. Brewster, Punkhorn Parklands.** From Rte. 6A take Stoney Brook Rd. to S on Run Hill Rd. Park in Punkhorn pkg lot past town dump. L Ken Coulson (432-9107).

Sun. Sept. 28. Brewster, Nickerson St. Pk. . Main pkg lot at entrance on Rte. 6A. L Jack Handlen (255-5292) CL Harry Dombrosk (385-9502).

**Thurs. Oct. 2. North Eastham.** Park opposite Tilton Gravel (was Roach's) on Nauset Rd., E off Rte. 6. L Larry Cotreau (385-2943).

Sun. Oct. 5. Mashpee River Woodlands. From Mashpee Rotary go E 0.4 mi. on Rte 28 to R on Quiniquisset Ave., 0.7 mi. to R on Mashpee Neck Rd to pkg area at 1.1 miles on R. L Nancy Wigley (548-2362) CL Alice Oberdorf (771-8261).

Thurs. Oct. 9. Yarmouthport, Chase Garden Creek. N from Route 6A at "Rod and Gun Club" sign 0.5 mi. E of Getty Sta. and Station Ave. L Richard Kaiser (375-0574), CL Barbara Rogers (362-3954).

**Sun. Oct. 12. Wellfleet, Great Island.** Park in lot at end of Chequessett Neck Rd. off Rte 6 at "Wellfleet Center" sign. L Ken Coulson 432-9107

Note: All phone numbers are area code 508 unless indicated otherwise.

All trips involve some risk. Participants assume responsibility for their welfare. Discuss your abilities with trip leader prior to the trip.

#### "Summer Smorgasboard"

Hiking in the White Mountains, August 2-9, 1997. Hike ,swim, and canoe in the beautiful White Mountains! We will explore the Presidentials and their foothills on search of peals, ridges, valleys, waterfalls and remote lakes and ponds. Daily excursions of 8-12 miles, with elevations gains and losses of over 2,000 ft. will be geared for intermediate hikers. A two-day Presidential traverse is possible. Less strenuous hike for advanced beginners will be offered.

Spend "lay-over" days swimming and canoeing in the crystal clear Saco River. Evenings will include forages into the Mt. Washington Valley in search of entertainment, AMC presentations and good food. Lodging will be at a modern and charming mountain home in Crawford Notch. Cost of \$280.00 includes 7 nights lodging, 7 breakfasts and 4 dinners with Happy Hour. Size is limited. Register with Leader Mary DuBois-Leeson **997-4489**.

#### Bay Circuit Trail

The Bay Circuit trail is a Massachusetts trail that needs support from chapter members in bringing the dream of a 200 mile trail to fruition.

Since its founding in 1989, the Bay Circuit Alliance has served as the catalyst for building the trail. The goal of the Alliance is "to create a permanent recreation trail by the year 2000 (that is) accessible to all, linking the parks and open spaces surrounding metropolitan Boston." The planned trail will extend from the North Shore to the South Shore, from Plum Island to Kingston Bay. he Alliance is specifically looking for local support from the Communities of **Pembroke, Easton, Bridgewater, Halifax, and Kingston.** 

Those with an interest in the project should call the Bay Circuit Alliance at **508 470-1982** and ask for Al French or write Bay Circuit Alliance, 3 Railroad Street, Andover, MA 01810.

### **Mead Bradner**

Mead Bradner, 82, died Sunday, May 25,1997 at home. He was active in maintaining the trails and leading hikes on the Warner Trail that runs from the Blue Hills in Milton to Diamond Hill in Cumberland, Rhode Island. Mead was a member of the AMC for many years.

A dedication will be held for Mead Bradner July 19th at 10:00 a.m. at High Rock in Wrentham. A Plaque will be permanently affixed to High Rock commemorating the 40 plus years that Mead had dedicated to maintaining the Warner Trail. The Warner trail is a hiking trail which winds its way southwest of Boston from Canton to Rhode Island approximately 36 miles. Mead has spent countless hours maintaining the trail, relocating portions of the trail taken over by Home Developers, coordinating with AMC Chapters, and working with state and local conservation officials. Mead's efforts have kept this a viable trail network. Up to the age of 79 years, he was still leading hikes every Spring and Fall. He was also instrumental in organizing The Friends of the Warner Trail to take over this love of the Trail for years to come. Cards of thanks can be sent to Mead at 30 water Street, Foxboro, MA 02035. Directions to Dedication: .3 mile south of Rte. 140 on Route 1, left onto High Rock Road, follow to parking lot.

#### Chapter Membership Count

Hingham has the largest number of members with 76, followed closely by Plymouth with 70. Duxbury has 54 members. Futher to the west, Brockton has 48, Taunton-44, Attleboro -44. To the South, Fall River has 23, New Bedford has 25.

On Cape Cod, the town of Brewster has the largest number of members with 43, East Falmouth -33, Orleans -29, Sandwich-25. The total number of memberships is 1853 with approxiamtely 70 per cent living in Bristol & Plymouth Counties and 30 per cent living on Cape Cod & the Islands.

5

#### White Mountain National Forest Parking Fees

On May 1, 1997, hikers and visitors to parking areas in the White Mountains noticed the presence of white signs announcing the implementation of the Forest Service recreational fee pilot project. Effective May 24, 1997, people who leave their cars in the parking lots within the forest are required to display a special "Passport" on the drivers side of their dashboard.

A one-week passport costs **\$5.00**, a year-round pass costs **\$20.00**. The fees are part of a national pilot program to raise money for the parks and forests. The revenue from the passports will be used in the forest where it is collected, rather than going into a general fund. Passports purchased at one national forest *cannot* be used in another, but each one is good for two vechicles. However, both vehicles *cannot* be parked in the forest at the same time.

To obtain the passport mail a check for either \$20 (yearly fee) or 5 (weekly fee) to the following address:

#### Forest Service White Mountain National Forest 719 Main Street Laconia, NH 03246 Attn. Fee Program

Be sure to include one or two license plate numbers. If you send only one license plate number, it is possible to write in another after you receive the passport. The passports can also be purchased at district ranger stations, some retails stores, and at Pinkham Notch Visitor Center.

**Exempt parking lots** include Pinkham, Appalachia, lots in Franconia Notch State Park and AMC Crawford Notch Hostel. Passports are required on vehicles at the Carter, Zealand and Galehead trailheads ( as well as at many other trailheads).

Trail adopters for the Whites will receive a free permit. The Forest Service *can fine violators*, but agency staff members say they will focus more heavily on education than on enforcement in the program's early stages.

Odycincyit@ Juna com

### **Conservation Update**

Many on going conservation related is sues affecting our region of Massachusetts need support by us citizens. The best way to address the causes most vital to us will be by the actions of contacting our local legislators by phone or personal letter. The Massachusetts Rivers Bill is presently going through a comment period open to June 13, 1997, formalized by August 7th.

Massachusetts old growth Forest issue will accept comments to June 11, 1997.

The Eel River issue in Plymouth has gone to Town Meeting but reconsideration may be in progress at this time.

Nationally, the air quality, Power Deregulation Bills, the Northern Forests, and National Parks issues need our Personal input if the public is to be effectively served. It is not too late to write or call our Congressmen.

Comments or questions can be directed to your Conservation Chairman - 947-9176 Luke Leonard, Jr. 123 Howland Road, Lakeville, MA 02347.

### Membership in a bottle

For \$40, you'll receive an AMC Nalgene water bottle with a \$40 individual one year membership enclosed along with a temporary ID card which you must **forward** to AMC Headquarters for a permanent ID Card, a \$10 gift certificate god towards AMC lodging, workshops, and books, and an AMC window decal. Your one year membership also includes 10 issues of *AMC Outdoors* and the *Breeze*, the Southeastern MA Chapter's newsletter. The Southeastern MA Chapter will also benefit from every bottle sold through the Chapter.

To receive your Gift membership, send your Name, Address, City/State/Zip Code and Phone Number, and the name and address to which you would like to have the bottle sent, along with your check for **\$40.00**, payable to SEM/AMC to:

Anne Silva,

140 Summerfield Street,

Fall River, MA 02720.

For more information call Anne Silva at 508 675-2809 or at the E-mail address of orange@ultranet.com



# Lonesome lake Trail Work Weekend

#### Summer & Fall Trail Work Schedule

#### **Camp Dodge**

**July 11 & 12.** Stay at Camp Dodge to give a hand to the crew destination for work unknown for details Call Lou 508-678-3984 limit 8 people.

August 15 & 16. Stay at Camp Dodge to give a hand to the crew at Dodge, Destination unknown for details Call Lou 508-678-3984 limit 8 people.

#### Lonesome Lake

September 12,13,14. Lonesome lake. Lets give them a show they will not forget .In the past, the September trip has been weak. We have 20 bunks reserved at Lonesome Lake Hut as lots of folks have told me they would go again. Well, Lets see it happen.

The cost is a deposit of \$20 from which \$10 will be returned on your arrival. (unless you choose to donate it to the trail crew). What's included is three excellent meals, lodging at the Hut and our leaders usually offer a day hike on Sunday before departing. The Lonesome Lake Trail has been this Chapter's adopted trail in the Whites since 1980. Call ahead of time as we need an exact count before August 15. Call John Poirier 822-1372. On the May 23-25 Trip, 22 people worked on the lower part of the trail putting in waterbars and steps.

I want to say **Thank-you** to those volunteers who worked on the Lonesome Lake Trail. Great Job by Everyone!!

#### Warner Trail

September 27. Warner Trail .We will meet at 9am for a full day of work Call Lou Sikorsky 508 678-3984.

#### **Bentley Loop**

**October 11.** Bently Loop Myles Standish. Meet at Rangers station at 9 A.M. Please Call Lou or John to confirm.

#### Southeastern Masachusetts Chapter Awarded \$1,000 Grant.

The Southeastern MA Chapter recently received from Lowe Alpine, a grant of \$1000.00 to buy Trail tools.

Thanks to Fred Abrams, Manager of Eastern Mountain Sports in Taunton for telling Chapter Chair Bruce Dunham about the opportunity to apply for the grant money. Without his assistance, the trail grant would not have been possible.

The check arrived just in time for National Trails Day on June 7TH. The new tools were put to good use on the Bentley Loop in Myles Standish State Forest. New Tools purchased included a chain saw, brush clearing machine, loppers, chaps, lumberjack helmets. hazelhoes, and 4 spuds.

On National Trails Day, over 2 dozen volunteers worked on the Bentley Loop. In Borderland State Park, volunteers helped pick up litter through out the Park.

#### History of the Formation of the Southeastern MA Chapter

This article is from the historic records of the Southeastern MA Chapter.

The development of the Southeastern Massachusetts Chapter stemmed directly from the formation of the Boston Chapter.

The formation of the Boston Chapter was initiated by members of the Club living in the Boston area in conjunction with the Club's membership Committee. In the process of forming the Boston Chapter, it was not known at the onset whether the geographic area should include all or only a portion of eastern Massachusetts. The Southeastern Massachusetts area became a focal point for further consideration. In the process of discussing this question with Club members who resided in the latter area, it came to light that there was a significant feeling that a chapter or chapters should cover all Boston and Southeastern Massachusetts areas, that is, those parts of Massachusetts not already included in chapter areas. It was also noted that the formation of a chapter or chapters would have enormous impact on the Club. All persons involved were concerned with the potential impact of the new chapter(s) on the Club and on other chapters already existent.

In August 1974, a questionnaire was sent to all Club members residing in eastern Massachusetts areas not already covered by a chapter requesting a statement of interest in the formation of a chapter in the area. A notice was printed in the Bulletin( now called AMC Outdoors) informing members of this upcoming questionnaire. This poll proved useful in determining that not one chapter but two chapters might be preferable. Four-out-seven expressed preference for the formation of two chapters, one centering around Greater Boston and the second in Southeastern Massachusetts. Two-out-seven expressed preference to have one large eastern Massachusetts chapter and oneout-seven felt no new chapter(s) should

# **1997 CHAPTER HUT NIGHT**



#### Where: Carter Notch Hut When: Saturday, October 18TH

**COST: \$29.00 per person** including happy hour, dinner, & Sunday breakfast) Chapter Hut Night has been an annual event since 1988. This fall it will be held at Carter Notch Hut, located between Wildcat Ridge and the Carter-Moriah Range. Two separate bunkhouses accommodate 40 guests. Mattresses, pillow, & blankets are provided, along with the use of a fully-equipped kitchen. Call the trip leaders for information about equipment, trails, and car pooling.

#### **LEADERS:**

David Bennett, (508) 222-6943, 7-9 p.m. Dexter Robinson, (617) 294-8840

> PLEASE REGISTER BY SEPTEMBER 30

GROUP SIZE LIMITED TO 40 PEOPLE

#### **REGISTRATION FORM for CHAPTER HUT NIGHT**

Mail by September 30th with non-refundable check payable to S.E.M./AMC to David Bennett 47 Wamsutta Road Attleboro, MA 02703

(Continued on page 8)

#### History of Southeastern MA Chapter

#### Continued from page 7

be formed. From this poll, it was evident that a second poll to only those members to only those members residing in Southeastern Massachusetts should be made. In January 1975, D. Bruce Langmuir, Chairman of the recently formed Boston Chapter of AMC, sent a questionnaire to the 720 members in the Southeastern MA area comprising the counties of Plymouth, Bristol, Barnstable, Nantucket, and Duke. He asked for a response to such questions as: "Do you favor a S.E. Mass. Chapter?"; "Will you serve as an officer or on a committee?"; and Suggestion?"

A sufficient number of members responded to prompt Bruce to organize an Ad Hoc Start-up Committee. He did this by personally telephoning to a number of respondees to ask their assistance.

On October 8, Charlie Culler, Paul Brodeur, Sam Raymond, Dr. Arthur Robinson, Lee Rodgers, and Howard Shearer met at Jim Fox,s home in Halifax to discuss organization procedures. Bruce Langmuir and Doug Prescott, Chairman, Club Membership Committee, also attended. Bruce and Doug outlined some suggestions for the formation of a chapter. They alerted the committee to its responsibilities and how to establish a list of priorities. Without their assistance it is doubtful whether sufficient progress could have been made in a little over three months to have assured an election of officers in January, 1976.

Culler was elected coordinator and Fox secretary for the Ad Hoc Committee.

During the next three months, seven more meetings were held either in Halifax or North Falmouth, and gradually other AMC members joined the committee to assist in the decision-making process. These included Susan Anderson, Bob Bentley, Bill Brown, Ed Kelly and Russell Ottey.

Sam Raymond and Paul Brodeur edited two informative newsletters to keep area members aware of the progress being made in their behalf . Gradually, the slate of initial officers and committee members was prepared after dozens of telephone calls to potential candidates, a list of possible chapter names was suggested, and plans were finalized for an initial chapter meeting with an election of officers and the signing of a petition to the AMC Council.

During this gestation period, the period, the officers of the Council (now Club Board of Directors) at 5 Joy Street received copies of all minutes of meetings of the organization committee.

Bruce Langmuir, by now the Chairman of the new Boston Chapter, continued to act as mentor and, while the committee occasionally hit some whitewater, he was always there to help. Doug Prescott was also of much assistance and prompt in responding in responding to a call for information vital to progress.

On January 21, 1976, an organization meeting was held at the East Bridgewater

Congregational Church to which all Southeastern MA members and others interested in forming a Chapter were invited. There 152 members present. Members of the AMC were asked to sign a petition requesting the authority to establish a Southeastern MA Chapter. The importance of the occasion was highlighted by the presence of Bruce Langmuir and Robert Wagner, Vice-President of Chapters.

Several members of the organization committee gave reports and there was an extended question and answer period. The name "Southeastern Massachusetts Chapter was finally selected by voice vote from a list containing such possibilities as "Pilgrim Chapter", "Sachem Chapter", and "Massasoit Chapter". The AMC members then voted for a initial slate of officers to serve for a one year period.

The Chapter formation petition was presented to the AMC Coucil at its February 1976 meeting, where it was warmly received and approved.

The Slate of Officers elected were: Chair -Ralph Poole,Jr., Vice-Chair -Paul D. Brodeur; Secretary -William Rasche, Phillis Whitford; Membership Committee-James Fox, William Moss; Excusion Committee- Charles Culler; Canoe Committee-Leon Rodgers; Bicycle Committee Chairman- Bob Bentley, David Wilson; Trails Committee Chairman-Ed Shoenly, Conservation Committee -Chairman-Edward Kelly.

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### **DATED NOTICES**



Southeastern Massachusetts Chapter 5 Joy Street Boston, MA 02108

Non-Profit Organization U.S. Postage PAID Buzzards Bay MA 02532-9998 Permit No. 41

# Southeastern Breeze

Southeastern Massachusetts Chapter



# Nominations for 1998 Executive Board

The Nominating Committee will present the following slate of Nominees at the Annual Meeting on November 1. According to our Chapter's By-Laws; the Executive Board shall be chosen by Ballot, provided however, that should there be but one nominee for an office, election may be by voice vote.

Additional nominations may be made in writing by any ten members, who shall specify their candidate and the office for which they nominate. Such nominations shall be placed in the hands of the Chairperson of the Nominating Committee not later than 21 days prior to the date of the Annual Meeting.

#### **1998** Nominees

Chapter ChairLouise Desrochers
Vice-ChairLou Sikorsky
TreasurerCharles Farrell
SecretaryLinda Wells
Biking ChairCarol Julien
Canoe ChairCarrie Dobson
Communication Chair Mary Calhoun
Conservation ChairLuke Leonard
Education ChairConnie Peterson
Hiking ChairDexter Robinson
Membership ChairMary Gravel
Skiing ChairMary DuBois-Leeson
Trails Committee ChairJohn Poirier

The four Chapter Officers and the nine Committee Chairs all serve one year with their terms starting and ending at the Chapter's Annual Meeting. Together, the 13 of them are the Executive Board that run the Chapter.

Our Chapter's Standing Operating Rules specify that Committee Vice-Chairs are approved at the first Executive Board meeting following the Annual Meeting. Executive Board meetings are held the fourth Tuesday of the month at Bourne Community Building starting at 7:00 P.M.

#### **Annual Meeting**

The Annual Meeting is a full day. There will be hiking and biking during the day. These activities are a good introduction to the Southeastern Massachusetts Chapter/AMC. See page 7 for details

The evening schedule starts with a Social Hour where it expected 90-100 will attend. Dress is casual. New members can meet and talk with hiking, biking canoeing and skiing leaders about trips they have read about in the "Breeze"

During the evening, a short business meeting will take place to elect a new Executive Board, recognize Chapter Leaders and to make announcements about Chapter events.

After a delicious Buffet Dinner, our evening speaker will be Michael Tougias. Michael is the an author of AMC Books such as Nature Walks in Eastern Massachusetts. Please Join us for a great time! Non-Members Welcomed.



#### SOLO Wilderness First-Aid Training next Spring

The Southeastern Massachusetts Chapter is organizing a SOLO Wilderness First-aid training for the Spring of 1998. It will be at Camp Lyndon in Sandwich, Massachusetts. Chapter Leaders will receive scholarships to help pay for the cost of attending. Members who are not leaders and want to take the course will pay full Price. The course will take place on April 18-19, 1998. More details and registration form in the next Breeze, Questions? Call Bruce Dunham at 508 587-0679 6-9 p.m.

# Hiking

Chair, David Bennett 222-6943 Vice-Chair, Dexter Robinson (781) 294-8840

Hike **Rating**: First character indicates distance in miles. Second Character indicates leader's pace. (average terrain), Third character indicates terrain:

#Miles	Pace mph	Terrain
AA=13+	1=v.fast/2.5+	A=v. strenuous
A=9-13	2=fast/2	B=strenuous
B=5-8	3=moderate/1.5	C=average
C=5-	4=leisurely	D=easy

Hikers unsure of their ability should try only one level higher than previously completed.

NOTE: NO PETS without permission from the trip leader. Individuals under 18 must obtain prior consent from the Trip Leader

Sat., Oct. 4. Warner Trail-Edgehill Road to S. Walpole St. (B3C) L Charley Farrell, 822-2123.

Mon., Oct 13. Borderland State Park (B3D). Good Beginner Hike. L. Bruce Dunham 587-0679. 6-9 p.m.

**Sat.-Sun., Oct. 18-19.** Chapter Hut Night at Carter Notch. Hike in Saturday over 19-Mile Brook Trail or, for the ambitious and in shape, over the Wildcats. Please notify Dave Bennett which trail you prefer so an equitable distribution of food and supplies can be arranged. Preregistration is required.

Sunday, Oct. 26. Friends of the Warner Trail hike. Wampum Corner to Diamond Hill. Ten miles of mostly level walking. Bring lunch and water. Annual FOWT meeting to follow with pot-luck supper. For information call Loretta O'Brien (617-784-6971) or e-mail Jim Goyea (JGoyea@tne.com).

**Sat., Nov. 1.** Annual Meeting Hike in Massasoit State Forest. L. John Poirier, 822-1372.

**Sat., Nov. 8.** The Wapack Trail, from Windblown Ski Area to Mt. Watatic. (A2C) L. John Poirier, 822-1372. CL Charley Farrell, 822-2123.

**Sat., Nov. 15.** Mt. Sunapee (B4C). Loop hike on the Andrew Brook Trail with views overlooking Lake Solitude. L Dexter Robinson (781-294-8840 7-9p.m. e-mail to:ndr@idx.com CL Walter Wells, (586-3777, e- mail wells105@aol.com

Sat., November 15. Borderland State Park (B3D). Beginner Hike starting at 10:15A.M. Join us for coffee and a New Member Slide Show and Orientation at 9:00 A.M. L Bruce Dunham 587-0679

Sat., Nov. 22. Join an 8-mile walking tour of the historic Blackstone Canal. L. Ray Butts, 880-8597.

**Sat., Dec. 6.** Map and Compass Workshop in F. Gilbert Hills S.F. Hands-on experience using a compass and orienteering map. L. John Poirier, 822-1372. CL. Louise Desrochers, 673-9752.

**Sat., Dec. 13.** Winter Hiking, Part 1. The first of a series of hikes introducing three-season hikers to the rewards and pleasures of winter hiking. (A3C). Snowshoe the Sawyer Pond Trail. Snowshoes can be rented. L. Dexter Robinson (781-294-8840 7-9P.M., e-mail to:ndr@idx.com CL Walter Wells, (586-3777, e-mail to:wells105@aol.com

Sat., Dec. 20. Blue Hills-The Great Dome Trail. (A3C) A pleasant walk through the woods with some hills. L. Louise Desrochers, 673-9752. CL. John Poirier, 822-1372.

Thurs., Jan. 1. New Year's Day Hike. Borderland State Park (B3D) L. Bruce Dunham, 587-0679.

#### Local Hikes on Cape Cod

**Cape Cod Hikes, Coordinator: Alice Oberdorf (771-8261)**. Sunday hikes start 11:00 am., last 4 hrs, 9-11 mi. Bring lunch. Thursday Hikes start 9:30 am., last about 2 hrs., 5-7 mi. Moderate pace, heavy rain cancels. No Dogs.

Thurs. Sept.25. Brewster, Punkhorn Parklands. From Rte. 6A take Stoney Brook Rd. to S on Run Hill Rd. Park in Punkhorn pkg lot past town dump. L Ken Coulson (432-9107).

Sun. Sept. 28. Brewster, Nickerson St. Pk. . Main pkg lot at entrance on Rte. 6A. L Jack Handlen (255-5292) CL Harry Dombrosk (385-9502). **Thurs. Oct. 2. North Eastham.** Park opposite Tilton Gravel (was Roach's) on Nauset Rd., E off Rte. 6. L. Larry Cotreau (385-2943).

Sun. Oct. 5. Mashpee River Woodlands. From Mashpee Rotary go E 0.4 mi. on Rte 28 to R on Quiniquisset Ave., 0.7 mi. to R on Mashpee Neck Rd to pkg area at 1.1 miles on R. L. Nancy Wigley (548-2362).

**Thurs. Oct. 9. Yarmouthport, Chase Garden Creek.** N from Route 6A at " Rod and Gun Club" sign 0.5 mi. E of Getty Sta. and Station Ave. L Richard Kaiser (375-0574). CL Barbara Rogers 362-3954).

**Sun. Oct. 12. Wellfleet, Great Island.** Park in lot at end of Chequessett Neck Rd. off Rte 6 at "Wellfleet Center" sign. L Ken Coulson (432-9107).

Thurs. Oct. 16. Harwich, Herring River Scenic Tr. N on Depot Rd from Rte 28 at Barbo's. 1.5 mi. on R, park at bike path. L Margaret Elliott (432-2613) CL Al Meade (896-2296).

Sun. Oct. 19. Yarmouthport, Dennis Pond. S on Summer St. off 6A to park in Dennis Pond pkg lot. L Alice Oberdorf 771-8261 CL Harry Dombrosk 385-9502.

Thurs. Oct. 23. Orleans., Rock Harbor to Nickerson. Orleans Rotary on Rte. 6 follow signs to Rock Harbor for Bayside hike. Part barefooted (some water). L Malcolm Ide (255-2805) CL Jack Handlen (255-5292).

**Sun. Oct. 26. Wellfleet, Marconi HQ.** Follow signs from Rte 6 (Marconi Beach Rd., L to HQ pkg.). L Hortense Kelly (255-3021.

**Thurs. Oct. 30 Falmouth, John's Pond.** N on Currier Rd. off Rte. 151 and quick R onto Hoophole Rd. Follow signs to Town Landing thru trailer park. L Nancy Wigley (548-2362) CL Harry Dombrosk (385-9502).

Sun. Nov. 2 W. Yarmouth, Inkberry Trail. N on Currier Rd. off Rte. 151 and quick R onto Hoophole Rd. Follow signs to Town Landing thru trailer park. L Nancy Wigley (548-2362).



# LEARN WINTER HIKING

#### Part one starts December 13,

Hiking Committee launches winter hiking series for beginners Attention 3-season hikers!!! Here is an opportunity to extend your hiking into the winter season. Despite what you might have heard from the news media and others, winter can be a fun and enjoyable season to hike. The views are better than summer, trails are smoother, and best of all, there are no bugs. The hiking committee will be offering a series of hikes and an overnight backpack to acquaint 3season hikers with the pleasures of winter hiking. These hikes will require snowshoes which can be rented locally for a nominal fee. Check the hike listings for a description of the first hike. Call Dexter Robinson (781) 294-8840, 7-9 p.m., email: ndr@idx.com) or Walter Wells (508-586-3777, email:wells105@aol.com) for additional details.

Southeastern Massachusetts Chapter Hiking Leader Dexter Robinson on the left..

Ideal second step for people who have attended past Chapter Winter Festivals and want to learn more from experienced Chapter Leaders

#### Local Cape Hikes continued

**Thurs . Nov. 6 Wellfleet, White Crest Beach**. Rte. 6, E on LeComte Hollow Rd. to end, Left on Ocean View Rd. to White Crest Beach pkg. lot at end. L. Larry Coutreau 385-9502

Sun. Nov. 9 Eastham, Salt Pond Visitor's Ctr., on Rte 6. L Hortense Kelly (255-3021).

Thurs.Nov.13. Dennis, Indian Lands Trail. S. on Old Bass River Rd. from Rte. 6A in Dennis Village. R into pkg lot in 4.0 mi. at Town Hall, after railroad crossing. L Mary Gelthorpe (888-1481) CL Barbara Rogers (362-3954).

Sun. Nov. 16. West Barnstable, Heartbreak Hills. "Trail of Tears". S on Rte 149 off Rte 6 at Exit 5, to R on Service Rd. Park under power lines. L Mark Tisdale (775-1682), CL Alice Oberdorf (771-8261).

**Thurs. Nov. 20. Brewster, Punkhorn Parklands.** Stoney Brook Rd. off Rte. 6A to S on Run Hill Rd. Park in Punkhorn pkg lot past town dump. L Larry Cotreau (385-2943).

Sun. Nov. 23. Truro, South Pamet. Meet at end of S Pamet Rd. in Truro. L Alice Oberdorf (771-8261). Thurs. Nov. 27. Sandwich, Ryder Conservation Lands, Thanksgiving Hike. N on Rte 130 from Rte 28 for 1.0 mi. to R on Cotuit Rd, 1.8 mi. to "Ryder Cons. Land" pkg sign on L. L Nancy Wigley (548-2362) CL Alice Oberdorf (771-8261).

Sun. Nov. 30. Brewster, Nickerson State Park. Main pkg. lot at entrance on Rte. 6A. L Jack Handlen (255-5292) CL Harry Dombrosk (385-9502).

**Thurs. Dec. 4. Bourne, Canalside hike.** Park in main visitor parking lot on Rte 6 on northside of canal for hike along canal during hunting season. L. Nancy Wigley (548-2362) CL Blanche Greig (771-3696).

Sun. Dec. 7. Falmouth, Crane Wildlife Area. N on Sandwich Rd. from Rte. 151 in Mashpee to Ashumet Pond pkg lot on R. L Nancy Wigley (548-2362), CL Harry Dombrosk (385-9502).

Thurs. Dec. 11. Brewster, Fisherman's Landing Rd. off Rte. 124 to pkg lot at pond. L Al Meade (896-2296).

**Sun. Dec. 14. Truro, Paradise Valley.** Park on George Neilson Rd. off Rte 6 on L just N of town line. L Kathie Meads (487-1517) CL Alice Oberdorf (771-8261). Thurs. Dec. 18. Barnstable, Deacon's Farm. Exit 5 off Rte. 6, go N. Park behind Fire Sta. on R. L Nancy Wigley (548-2362, CL Harry Dombrosk (385-9502).

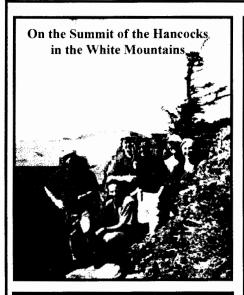
Sun. Dec. 21. Brewster, Punkhorn Parklands Long Trail. Stoney Brook Rd. off Rte. 6A to S on Run Hill Rd. Park in Punkhorn pkg lot past town dump. L Jack Handlen (255-5292). Thurs. Dec. 25. Christmas Day, no hike scheduled.

**Sun. Dec. 28. Wellfleet, Great Island.** Park in lot at end of Chequessett Neck Rd. off Rte 6 at "Wellfleet Center" sign. L Ken Coulson (432-9107).

Thurs. Jan. 1. Brewster, Nickerson Park. Brewster, Nickerson State Park. Main pkg lot at entrance on Rte. 6A. L Harry Dombrosk (385-9502), CL Alice Oberdorf (771-8261).

All trips involve some risk Participants assume responsibility for their on welfare. Discuss your abilities with trip leader prior to the trip.

**Note:** All phone numbers are area code 508 unless indicated otherwise.



#### **Columbus Day Weekend**

Fri.-Mon. Oct.10-13., Columbus Day Weekend intermediate hiking in the White Mountains of New Hampshire. Hike the Presidentials and trails in Crawford Notch during peak foliage season! We'll choose moderately strenuous routes each day seeking scenic peaks and ridges and remote ponds and waterfalls. Lodging will be at a modern and charming mountain home. Trip fee of \$175.00 includes 3 nights lodging, 3 breakfasts and 2 dinners with happy hour. To register, send S.A.S.E. and non-refundable deposit of \$75.00 by September 30th to Mary Dubois-Leeson, 370 Russells Mills Rd., So. Dartmouth, MA 02748, 508 997-4489.

### Thanksgiving Weekend

Wed.- Sun. November 26-30., Spend 4 days and nights in the glorious White Mountains! We'll hike moderately strenuous hikes each day in beautiful Crawford Notch and the lower Presidentials. Lodging will be at a cozy and modern house in Notchland. Thursday we'll top off a great hike with a delicious "Tom Turkey" with all the fixins! Cost of \$185.00 includes 4 nights lodging, 4 breakfasts, Thanksgiving dinner and one additional dinner with happy hours. To register please send a deposit of \$85.00 (non-refundable after 11/5) to Mary Dubois-Leeson, 370 Russells Mills Road., So. Dartmouth, MA

# Canoe & Kayak

Chair, Carrie Dobson 430-9892 Vice -Chair, Dave Williams 238-3638

Non-members will be charged \$2/person/day.

Trips other than Wed. or Thurs: Please call and register for time and directions with Leader, Canoe Chair 430-9892 or Canoe Vice-chair, 238-3638

PFD's mandatory in boat all year and **must be worn** Sep 15 to May 15

Wednesday and Thursday Trips: Start at 10:30 a.m. unless otherwise noted.(\*) Bring lunch, drink, sunscreen, and insect repellent.

Canoe/Kayak rentals for AMC trips: \$6/members; \$15/non-members. Easton, canoe: Dave (238-3638); Sandwich, canoe: Carolyn (888-4923); Harwich, Canoe:Carrie (430-9892)

Wed. Sept. 24., Herring Pond. Bournedale. From Sagamore Rotary SW on Rte. 6 approx. 5 mi. to R at lights on Bournedale Rd. then 1 mi. to R on Herring Pond Rd. to Pkg lot on L.

Wed. Oct. 1., Boatmeadow Creek, Eastham

**Sat. Oct. 4.,** Mashpee/Wakeby. L. David Shepard 548-8717

Wed. Oct. 8., Walker Pond

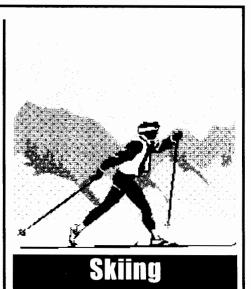
**Sat.,-Mon. Oct.11-13.**, Saco River, Maine. Leader Dave Williams 238-3638

**Thurs. Oct.16.,** Canoe After Hike - John Pond, Mashpee.

Sat. Oct. 18., Prince Cove and Grand Island, POT LUCK after paddle at Muriel's, 10:30 a.m. Park at Connie Austin's L.Nancy Wigley 548-2362 CL Muriel Thomas 428-3593

#### Help Wanted LEADERS

Canoe/Kayak Saturday Trips FUN & EASY Call Carrie Dobson 430-9892 Dave Williams 238-3638



Wed. Oct.1., 1997. SKI COMMITTEE MEETING. The Ski Committee will meet at Muldoon's Saloon in Taunton, MA (intersection of Routes 140 and 24, Exit #12 off Route 24)

Come with your ideas for upcoming cross-country. down-hill and snowshoeing trips! NEW MEMBERS who want to learn more about the ski commottee are encourage to come and get involved.

Please call Ski Chair, Mary DuBois-Leeson at 508 997-4489 for information and if you are planning to attend. A great chance to meet other skiiers!!!

### New Year's Extended Weekend

Cross-Country/Downhill /Snowshoe December 27, 1997-January 1,1998 Crawford Notch, N.H.

Pack up your holiday toys and choose your own adventure in spectacular Crawford Notch, N.H. Downhill (Attitash, Bretton Woods, Wildcat, Sunday River) and cross-country (Bretton Woods, Jackson, Great Glen Gulf) for all ability levels. Back-country crosscountry and snowshoe for intermediate.

Stay in a charming and modern chalet with woodstove and mountain views. Trip cost of \$255.00 includes 5 nights lodging, 5 breakfasts, New Year's Eve dinner and 2 additional dinners with Happy Hour. To Register please send \$100.00 deposit (non-refundable after 12/10) to Mary Dubois-Leeson, 370 Russell Mills Road., So.Dartmouth, MA 02748, by **12/1/97** 508 997-4489

Individual & Family Memberships Survey	NAMEADDRESS
Please help us plan Chapter Activities and mail this survey to <b>Bruce Dunham</b> <b>29 Rockford St. , Brockton, MA 02401</b> E-Mail semamc@ultranet.com	CITYSTATEZIP TELEPHONE
1 How long have you been a member?	Why did you join the AMC?
3. Have you climbed a 4000 Ft. Mountain in	Intermediate Advanced
5. Would you like to an Introduction to Backpacking Winter Hiking	more 4000 Ft. Mountain Hikes HikingBikingCanoeingCross-Country Skiing TrailworkSnowshoeingOther y, for instance, how would you define a Beginner Hike (miles, terain)
<ul><li>7. Do you prefer local activities within the S</li><li>8. If so, Why</li></ul>	Southeastern Massachusetts Area (Plymouth, Bristol Counties & Cape Cod)
10. Which do you prefer ?Camping i	in a tentHostelAMC HutRustic CabinAMC Camp
	(check more than one if you prefer)
FAMILY ACTIVITIES - Chapter Family	Activities Leader - Richard Brech 508 746-8189 Family Activities? What kind of Activities?
What ages	
Would you help lead an Activity	

# Trailwork

Chair - Lou Sikorsky 678-3984 Vice-Chair - John Poirier 822-1372

#### Warner Trail

**Sat. Septembet 27.,** Warner Trail. We will meet at 9 A.M. for a full day of work Call Lou Sikirsky 678-3984

#### **Bentley Loop**

**Sat. October 11.** Bentley Loop in Myles Standish Industrial Park. Meet at Ranger Station at 9 A.M. Please call Lou or John to confirm.



Looking down at Lonesome lake, elevation 2,750 ft. and our adopted trail in the White Mountains, Lonesome Lake Trail.

### Membership in a bottle

For \$40, you'll receive an AMC Nalgene water bottle with a \$40 individual one year membership enclosed along with a temporary ID card which you must **forward** to AMC Headquarters for a permanent ID Card, a \$10 gift certificate good towards AMC lodging, workshops, and books, and an AMC window decal. Your one year membership also includes 10 issues of *AMC Outdoors* and the *Breeze*, the Southeastern MA Chapter's newsletter. The Southeastern MA Chapter will also benefit from every bottle sold through the Chapter.

To receive your Gift membership, send your Name, Address, City/State/Zip Code and Phone Number, and the name and address to which you would like to have the bottle sent, along with your check for **\$40.00**, payable to SEM/ AMC to:

Anne Silva, 140 Summerfield Street, Fall River, MA 02720. For more information Call Anne Silva at 508 675-2809 or at the e-mail address: orange@ultranet.com

#### Eastern Mountain Sports

# One Day Sale for Outdoor Club Members

By joining an outdoor organization, you've shown your commitment to preserving America's public lands and waterways. Now we'd like to show you our appreciation with a special sale for members of outdoor organizations.

## 20% off Everything Tuesday, October 28

Just bring proof of membership in an outdoor organization or this ad, and we'll give you a 20% discount on all your purchases at EMS that day. Be sure to join us. Because you can't beat this deal - even with a club.



Silver City Galleria Taunton, Massachusetts 02780

# **1997 Chapter Hut Night**

Where: Carter Notch Hut - When: Saturday, October 18TH

**COST: \$29.00 per person** including happy hour, dinner, & Sunday breakfast) Chapter Hut Night has been an annual event since 1988. This fall it will be held at Carter Notch Hut, located between Wildcat Ridge and the Carter-Moriah Range. Two separate bunkhouses accommodate 40 guests. Mattresses, pillow, & blankets are provided, along with the use of a fully-equipped kitchen.

Call the trip leaders for information about equipment, trails, and car pooling. **LEADERS:** David Bennett, (508) 222-6943, 7-9 p.m.

Dexter Robinson, (781) 294-8840

REGISTER BY SEPTEMBER 30 GROUP SIZE LIMITED TO 40 PEOPLE

#### **REGISTRATION FORM FOR CHAPTER HUT NIGHT**

Mail by <b>September 30th</b> with to S.E.M./AMC to David Be		ble check payable msutta Road, Attleboro, MA 02703
Name		
Address		
City	_State	_Zip Code
Telephone	E-Mail	
Number of Registrations	Amount enclosed	

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# 1997 Annual Meeting

## Southeastern Massachusetts Chapter Appalachian Mountain Club

November 1, 1997

Join us on November 1, at the **Fireside Grille** in Middleboro. The cost is **\$17.00 per person**, Non-members **\$18.00 per person**. This includes activities, Social Hour ( Cash Bar), Hor'Deuvres, Dinner and our evening Speaker, Michael Tougias. There will be a short business meeting to elect a new Executive Board for 1998.

New Members can obtain information about the Chapter and meet Activity Leaders. It promises to be a fun day, so bring a friend and learn about the Appalachian Mountain Club Checks are payable to: SEM/AMC. Mail to: Charles Farrell

44 Pratt Street, Taunton, MA 02780

#### Register by October 24TH

Questions? Call Bruce Dunham 508 587-0679



#### Presented by Michael Tougias

ngland Wild Places

Our Evening Speaker will be author Michael Tougias. His Program is an entertaining and informative slide presentation about some of his favorite wild places. Fascinating anecdotes, historical stories, and wildlife encounters are woven into the presentation. All of these natural areas are accessible and make great day trips and weekend outings.

Tougias gives tips on where to stay, when to go, and how to find the secret spots.

Fifteen locations, ranging from Maine's Mount Kineo & Gulf Hagas to Massachusett's Quabbin Reservoir and Connecticut's Housatonic River. Day Schedule

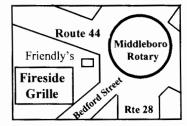
Hiking - Massasoit State Park in Taunton L. John Poirier 822-1372 Biking - L. Carol Julien 617 293-1100

> Evening Schedule 4:30-5:45 P.M.- Social Hour

5:45-6:15 P.M. - Business Meeting

**6:30-7:30 P.M.** Dinner - International Buffet - Salad, Baked Stuffed Shells, Carved Ham, Chicken Fajitas, Spanish Rice, Vegetable, Coffee & Dessert

7:30 P.M. - Micheal Tougias New England Wild Places



**Directions** to Fireide Grille: Take **Exit 6** off Route 495 onto Route 44 East. Head east for about two-tenths untill you reach the Middleboro Rotary. Bearing right past a Friendly's restaurant, the Fireside Grille is located on 30 Bedford next to the Friendly's. the Phone number at the Fireside Grille is 508 947-333

Name		
Address		
City or Town	State	Zip Code
Talanhana	Number of people attending	Amount Enclosed

## Chapter Chair Message

The Annual meeting on November 1, 1997 is a great opportunity to learn about the Chapter and the AMC. If you have any questions about the Annual Meeting call me at 508 587-0679 or e-mail at semamc@ultranet.com

During the year the Chapter Executive Board meets at the Bourne Community building. The Executive Board would like to find some alternate sites for meetings close to the Canal. If any member knows of a place for a meeting, please contact me.

The Chapter is also looking for a HISTORIAN. This person would maintain and keep all records of Chapter Events. If you have an background in History and would like to help, please call or e-mail me a message.

Bruce Dunham Chapter Chair

Southeastern MA WEB Site http://www.cris.com/~Ndrma/

# **Conservation** Update

Air Quality Standards: The House of Representatives is expected to take up the new EPA standards for air quality in September with the Senate following suit. Reps. Waxman (D-CA), Boehlert (R-NY) and Shays (R-CT) have 125 signatures supporting the EPA's new standards in a letter to President Clinton. This level of support in the House indicates that promoters of clean air may be able to sustain a presidential veto. If more representatives join in, then efforts to delay or prevent the standards from being adopted could be stymied! Remind your representatives to support the EPA new regulations and that the EPA is providing flexibility in terms of implementation.

Land and Water Conservation Fund: The Senate Appropriations Committee approved funding at \$866 million dollars, \$700 million more than the Administration request. If finalized, more than \$300 million would be set aside for the New World mine near Yellowstone and the Headwaters Forest in California. The dollars for Sterling Forest, N.Y., Lake Tarleton, N.H., and the Appalachian Trail as well as money to help states with land acquisition will come from the remaining amount. Among the projects earmarked for funding in our region: the Minute Man National Historic Park (MA), Rachel Carson and Petit Manon National Wilife Refuges (ME), Rhode Island Compex, Amagansett National Wildlife Refuge (NY), Green Mountain National Forest (VT), and Cape May and Crocodile Lake National Wildlife Refuges (NJ).

The Full Senate will take the issue of appropriations when Congress recovenes after Labor Day. Call or write to your Senators; remind them why the Land and Water Conservation Fund makes a difference in your quality of life. For more information, contact Eric Antebi, 617 523-0655 ext.353

Ruth Dinerman



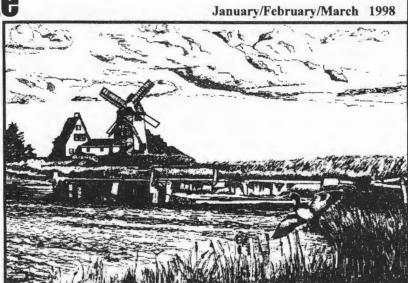
Southeastern Massachusetts Chapter APPALACHIAN MOUNTAIN CLUB 5 Joy Street Boston, MA 02108

## **DATED NOTICES**

Non-Profit Organization U.S. Postage **PAID** Buzzards Bay MA 02532-9998 **Permit No. 41** 

# **Southeastern Breeze**





### A message from Chapter Chair, Louise Desrochers

On November 1, 1997 at the Southeastern Massachusetts Chapter Annual Meeting, a new Executive Board was elected by the members of the club. As the new Chapter Chair I would like to welcome all of those new members and wish them a good year on the Board.

I would also like to thank those Board members who agreed to serve a second or third year, and those who have "retired" from the Board but will still remain active leaders in our Chapter.

The year 1998 will bring many activities and events to those who participate! There will be the regular assortment of hikes, bike rides, canoe and kayak trips, ski trips, and trailwork events led by our capable and enthusiastic leaders. This year we also hope to do a few more family activities for those who would like to share the outdoors with children. Our conservation committee chair will keep us informed on the important topics of the times. Our education chair is actively involved in the AMC Diversity Project which our chapter will probably become involved with in the near future.

There will also be our four annual social/learning/fun events: The Winter Festival on Feb. 7, The Spring Fling on May 16, The Summer Picnic in August, and the Annual Meeting on November 7.

I strongly encourage new members to call and sign up for as many activities as you can! I myself joined AMC in 1984 to get in shape for a bike trip.

Since then I have done countless canoe trips, hikes, ski trips and social events, met many wonderful people, learned new skills and sharpened old ones and tried new things! There is a place for everyone in AMC so get off the couch and come out and relax in a more healthy way!

Finally, I would like to publicly thank Bruce Dunham, our Chapter Chair for the past three years. Bruce is one of the most dedicated AMC'ers I have ever met and the amount of time and effort he has given to our Chapter is commendable. Bruce will continue to serve as the editor of this newsletter for which I am very grateful!

Make it your New Year's Resolution to get involved!!! Louise Desrochers

### **Chapter Notices**

#### **Bike Committee Meeting**

There will be a bike planning meeting on Friday, January 30, 1998 at 6 PM at Carol Julien's home in Halifax. It will be a Potluck and planning meeting for 1998. Please call Carol at **781-293-1100** if you would like to attend.

#### **Hike Leaders:**

We need you! Interested in qualifying or co-leading? Come to our next hike planning meeting. Even if you are not interested in leading, we would **welcome your input** to our hiking schedule. Our meetings are open to all. We meet in the basement of the Middleboro Unitarian Universalist Church four times per year (Jan., Apr., Jul., Oct.), usually the second Wednesday of the month. Call Dexter Robinson for more information/directions. Next hike planning meeting: Wednesday, **January 14**, 7 p.m. Middleboro UU Church

#### Local Weekday Ski Trips

Bob Kalchthaler is looking for companions to x-country ski or snowshoe during the week at local areas. Bob lives at 3 King Phillip Rd., Lakeville, MA 02347, and can be reached at 508 947-4924

#### **Advanced** Notice

The Spring Trail Work on Lonesome Lake Trail will take place May 30th & 31st, The Volunteers stay at Lonesome Lake Hut.

# Hiking

Chair, Dexter Robinson (781) 294-8840 Vice-Chair Walter Wells 586-3777

Hike Rating : First character indicates distance in miles. Second Character indicates leader's pace. (average terrain), Third character indicates terrain:

#Miles	Pace mph	Terrain
AA=13+	1=v.fast/2.5+	A=v. strenuous
A=9-13	2=fast/2	B=strenuous
B=5-8	3=moderate/1.5	C=average
C=5-	4=leisurely	D=easy

Hikers unsure of their ability should try only one level higher than previously completed.

NOTE: NO PETS without permission from the trip leader. Individuals under 18 must obtain prior consent from the Trip Leader

Thurs. Jan.1.,Borderland State Park (B3D). Annual holiday hike thru pine woods and beautiful blue ponds. Be prepared for cold weather. Hike starts late in the morning. L. Bruce Dunham (587-0679 CL Keith Jacobson (wkdays:617-527-2100, wkends: 679-2100

Sat, Jan. 3. Myles Standish State Forest (B3C). Enjoy a wonderful hike or snowshoe thru the woods. L. Ray Butts (880-8597), CL. Keith Jacobson weekdays:617527-2100 wkends: 679-2100

Sat. Jan. 10. Blue Hills - Ponkapoag Pond (B3D). Hike around the pond; flat and easy. Bring your snowshoes if there is snow. L. Linda Wells (586-3777, 7-9 p.m.,email:wells105@aol.com), CL.Walter Wells (586-377), 7-9P.M.

Sat, Jan. 17. Blue Hills (B2B) - 8 mile loop hike, lots of ups and downs, somewhat strenuous, 9:30 am meet at Houghtons Pond main lot. From Rt.93/128, exit 3, go north to Hillside St, right 3/10 mile to lot on right. L. Ed Kingman (336-6934), CL Rich Brech (746-189).

Sat, Jan. 24. Mt. Cabot (B3C) Intermediate day trip to northern 4000 footer, the second event of the winter hiking series. Snowshoes will be provided if needed. Sign up early; group size limited to 10. CL. Dexter Robinson (781-294-8840, 7-9 p.m. e-mail: ndr@idx.com CL. Walter Wells (508-586-3777 7-9 p.m. e-mail: wells105@aol.com



Ethan Pond Trail in the White Mts.

Jan. 31. Gilbert Hills (B3C). A classic 7-8 mile New England woodland walk, snowshoes if warranted. L. Dave Bennett (222-6943, 7-9 pm.), CL. Charley Farrell (822-2123).

Sat. Feb.7. Winter Festival hike at Borderland State Park (B3D), L. Ray Butts (880-8597), CL. Keith Jacobson, 617-527-2100, weekends: -679-2100).

Sun. Feb 8. Family hike at Myles Standish State Forest. Meet at 10 a.m. at Reservation, appx. 2 hours long. L. Rich Brech 746-8189, night, 747-6517,day

Sat. Feb. 14. Warner Trail - Section 2, Moose Hill in Sharon to High Rock in Foxboro (A3C). Moderate paced hike. L. Ray Butts (880-8597) CL. Keith Jacobson weekdays 617-527-100, weekends: 508-679-2100).

Sat. Feb.21. Mts. Lafayette, Lincoln, and Little Haystack (B3B). Day trip loop over three summits and the ridge between them. Depending on conditions, up the Falling Waters trail and down the Old Bridal Path. Full winter gear required. CL. Dexter Robinson (781-294-8840, 7-9p.m., email:ndr@idx.com CL. Walter Wells (508-586-3777,

Sat, Feb.28. Blue Hills (B2B) - 8 mile loop hike, lots of ups & downs, somewhat strenuous, 9:30 am meet at Houghtons Pond Main lot. From Rte.93/128, exit 3, go North to Hillside St R. 3/10 miles to lot on right. L. Ed Kingman 336-6934 CL Charley Farrell 822-2123.

Sat., Sun. Mar 14,15. (B3C) Introductory winter backpack to Sawyer Pond, NH. *The final event in the winter hiking series*. CL. Dexter Robinson (781-294-8840, 7-9p.m., email:ndr@idx.com, CL. Walter Wells 586-3777, email:wells105@aol.com).

Sat. Mar. 14. Gilbert Hills (B3C). Woodland walk, snowshoes if warranted. L. Ray Butts (880-8597), CL. Keith Jacobson weekdays:617-527-2100, weekends: 508-679-2100).

(Continued on page 3)



Hiking Leader Dexter Robinson standing in front of Ethan Pond Shelter in the White Mountains of N.H. Join us for a Winter Hike! (Continued from page 2)



Sat, Mar. 21. Blue Hills (B2B) - 8 mile loop hike, lots of ups and downs, some what strenuous, 9:30 am meet at Houghtons Pond Main lot. From Rt.93/128, exit 3, go north to Hillside St, right 3/10 miles to lot on right. L. Ed Kingman 336-6934 CL Charley Farrell 822-2123).

Sat. Mar. 28. Ponkapoag Pond Family hike. Hike around the pond; flat and easy. L. Rich Brech (746-8189, night, 747-6517,day).

Sat. Mar. 28 Horse Neck Beach (B3C). Mod. pace hike suitable for beginners located in Westport, MA. L.Charley Farrell 822-2123 CL Ray Butts (880-8597).

### Local Hikes on Cape Cod

**Cape Cod Hikes, Coordinator: Alice Oberdorf** (771-8261). Supday hikes start 11:00 am, last about 4 hrs, 9-11 mi. Bring lunch. Thursday hikes start 9:30 am, last about 2 hrs, 5-7 mi. Moderate pace, heavy rain cancels. No dogs.

Thurs. Jan. 1. Brewster, Nickerson Park. New Year's Day hike. Main pkg lot at entrance on Rte. 6A. L Harry Dombrosk (385-9502).

Sun. Jan. 4. Mashpee, Daniel Webster Footpath. S on Great Neck Rd. from Mashpee Rotary toward New Seabury. L on Amos Landing Rd. at 0.6 mi. at "Sandalwood" sign. Park at end in culde-sac. L Nancy Wigley (548-2362) CL Alice Oberdorf (771-8261).

**Thurs. Jan 8. N. Eastham.** Park opposite Tilton Gravel (was Roach's) on Nauset Rd., E off Rte. 6. L Larry Cotreau 385-2943

Sun. Jan 11. Brewster, Punkhorn Parklands. From Rte. 6A take Stoney Brook Rd. to S on Run Hill Rd. Park in Punkhorn pkg lot past town dump. L Jack Handlen (255-5292).

Thurs. Jan 15 Yarmouthport, Gray's Beach. N from 6A at Getty Station to

pkg at Beach. L Janet Kaiser (375-0574. Chili after hike at leader's house.

Sun. Jan. 18. Eastham, Salt Pond Visitor's Center. On Rte 6. L Malcolm Ide (255-2805).

Thurs. Jan. 22. Harwich, Herring River Scenic Tr. N on Depot Rd from Rte 28 at Barbo's. 1.5 mi. on R, park at bike path. L Margaret Elliott (432-2613) CL Al Meade (896-2296).

Sun. Jan. 25. Falmouth, Crane Wildlife Area. N on Sandwich Rd. from Rte. 151 in Mashpee to Ashumet Pond pkg lot on R. L Al Johnson (775-8959) CL Harry Dombrosk (385-9502).

Thurs. Jan. 29. Sandwich, Ryder Conservation Lands. N on Rte 130 from Rte 28 for 1.0 mi. to R on Cotuit Rd, 1.8 mi. to "Ryder Cons. Land" pkg sign on L Nancy Wigley (548-2362) CL Blanche Greig (771-3696).

Sun. Feb. 1. Wellfleet to S. Pamet. . From Rte 6 go 1 mi. past light at Main St. in Wellfleet, R on Gull Pond, Rd., 1 mi. go Left at large granite boulder to park at Gull Pond Pkg. Lot. L Dave Ernst (349-3184) CL Alice Oberdorf (771-8261).

**Thurs. Feb. 5. Harwich, Headwaters Dr. into Punkhorn.** From Rte. 6, Exit 10, N on Rte 124, 1st L. on Headwaters Dr. to pkg on L in 0.25 mi. L. Al Meade (896-2296).

Sun. Feb. 8. Yarmouthport, Dennis Pond. S on Summer St. off 6A to Dennis Pond pkg lot. L Alice Oberdorf 771-8261 CL Harry Dombrosk 385-9502).

Thurs. Feb. 12. Wellfleet, Marconi HQ. Follow signs from Rte 6 (Marconi Beach Rd., L to HQ pkg.). Go past HQ bldg., take 1st R, park on road. L Larry Cotreau (385-2943).

Sun. Feb. 15. Brewster, NickersonPark. Main pkg lot at entrance on Rte.6A. L Jack Handlen (255-5292).

**Thurs. Feb. 19. Mashpee River Woodlands.** From Mashpee Rotary go E 0.4 mi. on Rte 28 to R on Quiniquisset Ave., 0.7 mi. to R on Mashpee Neck Rd to pkg area at 1.1 miles on R. L Al Johnson 775-8959) CL Banche Greig 771-3696.

Sun. Feb. 22. Truro, Paradise Valley. Park on George Neilson Rd. off Rte 6 on L just N of town line. L Kathie Meads 487-1517 CL Alice Oberdorf 771-8261

Thurs. Feb. 26. Brewster, Fisherman's Landing Rd. off Rte. 124 to pkg lot at pond. L Al Meade (896-2296).

Sun. Mar. 1. W. Yarmouth, Inkberry Tr. N from Rte. 28 on Winslow Gray Rd. at light, 0.4 mi.to pkg. on L. L Alice Oberdorf (771-8261).

**Thurs. Mar. 5. Wellfleet, White Crest Beach.** From Rte. 6, E on LeComte Hollow Rd to end, L on Ocean View Rd. to pkg. lot. L Larry Cotreau 385-2943

Sun. Mar. 8. Brewster, Punkhorn Parklands. From Rte. 6A take Stoney Brook Rd. to S on Run Hill Rd. Park in Punkhorn pkg lot past town dump. L Jack Handlen (255-5292).

Thurs. Mar. 12. Barnstable, Deacons Farm. Exit 5 off Rte 6, go N. Park behind Fire Station on R.), L Harry Dombrosk 385-9502 CL Al Johnson 775-8959

Sun. Mar. 15. Truro, S. Pamet. Meet at end of S Pamet Rd. in Truro. L Alice Oberdorf (771-8261).

Thurs. Mar. 19. Yarmouthport, Chase Garden Creek. N from Route 6A at "Rod and Gun Club" sign 0.5 mi. E of Getty Sta. and Station Ave. L R Richard Kaiser (375-0574), CL Janet Kaiser.

Sun. Mar. 22. Barnstable, Heartbreak Hills. "Trail of Tears". S on Rte 149 off Rte 6 at Exit 5, to R on Service Rd. Park under power lines. L Mark Tisdale (428-6689), CL Alice Oberdorf (771-8261).

Thurs. Mar. 26. Falmouth, John's Pond. N on Currier Rd. off Rte. 151 and quick R onto Hoophole Rd. Follow signs to Town Landing thru trailer park. Bring canoe and lunch for possible full day activity after hike. L Harry Dombrosk (385-9502).

Sun. Mar. 29. Provincetown, Harbor Hatches Seal Walk. R at light and sign for Provincelands Visitors Ctr. L Kathie Meads (487-1517).

Thurs. Apr. 2. Dennis, Indian Lands Trail. S on Old Bass River Rd. from Rte 6A in Dennis Village. R into pkg. lot in 4.0 mi. at Town Hall after RR crossing. L Mary Gelsthorpe (888-1481).

# Skiing

Skiing Chair: Mary DuBois-Leeson 997-4489. Vice-Chair: Suzanne Scolamiero 781-45-0036

Sat., Jan.10, X-Country skiing and Pot-Luck Dinner in Marshfield, MA. Enjoy an afternoon of cross-country skiing at a local golf course or a walk on the beach in Marshfield if there is no snow. Complete the day with a pot-luck dinner at the home of Bill Sheehan. Call Bill at 617 837-2106 for time, directions and a food item. New members are particularly welcomed to come to learn about the AMC and to find out what's new on the ski scene! The event promises to be a break from the winter doldrums, so mark your Calendar and plan to be in on the fun!

Fri.-Mon., Jan.16-19, Martin Luther King Weekend Cross-country Skiing at the Applebrook Bed and Breakfast in Jefferson, N.H. Gourmet meals include 3 breakfasts and a Saturday evening feast! We're on our own for Friday and Sunday nights and lunches. Skiing possibilities are warranted by conditions. The options at Bretton Woods include: a. cross-country groomed trails b. riding the Quad chair to wooded 7 K mountain trail. Great Glen Gulf Trails, located at the foot of the Mt. Washington Auto Road is a new full service resort with these options ... a. cross-country area, b. take the 12 person snow cat vehicle to a point 4 miles up the Auto road above tree line, off load for photo op and to feel the wind and enjoy the view, then ride or ski down the mountain. We did it twice last year..WOW!!! The Balsams give us the possibility to take a day trip father North to Dixville Notch in the event that snow conditions are marginal. Good friends Plus good snow = Good times! Call Suzanne and Bob Scolamiero before 9 P.M. at 781 545-0036 ASAP to reserve a private, shared bath or dorm room.

Fri.-Mon., Jan 16-19. Martin Luther King Weekend at Wonalancet Cabin, Wonalancet, N.H. Ski out the back door of cabin onto miles of ungroomed backwoods trails in the Mt. Chorcorua area. Rustic heated cabin has cold running water, and outdoor facilities. Trip opened to 16 intermediate to advanced skiers. Bring Snowshoes for optional hike on Monday. Trip fee of \$30.00 includes (3 Days) 0r \$40.00 (4 Days) includes both lodging and meals. Bring trail lunches. Register by Dec.31 with non-refundable \$20 deposit. Call L's Marilyn Dunn & Tom Waddell at 781 837-5537 until 8 PM

Fri.-Mon., Jan. 16-19. Martin Luther King Weekend. Downhill/Cross-country/ Snowshoe/ in the White Mts. of N.H., Choose your favorite sport and hit the trails in beautiful Crawford Notch, N.H. Downhill at well know ski ares. Crosscountry at places like Bretton Woods or Great Glen Ski Touring Centers. Snowshoe on the scenic trails in the Notch. All ability levels are invited. Backcountry skiing and snowshoeing will be on the INTERMEDIATE level. Stay at modern Ski Chalet. Cost \$165 includes 3 nights lodging, 3 breakfasts and 2 candlelight dinners with happy hour. Space is limited so register early by sending a deposit of \$70.00 (non-refundable after 1/1. Leader Mary DuBois-Leeson 997-4489.

Fri.-Mon., Feb.13-16, Presidents' Weekend X-Country trip to Wonalancet Cabin, Wonalancet, N.H., Ski out the back door of cabin onto miles of ungroomed backwoods trails in the Mt.Chocorua area Rustic heated cabin has cold running water, full kitchen, large bunkroom and outdoor facilities. Trip open to 16 intermediate to advanced skiers. Bring snowshoes for optional hike on Monday. Trip fee of \$30.00 (3days) OR \$40.00 (4 days) includes both lodging and meals. Bring Trail lunches. Register by Jan. 31 with nonrefundable \$20.00 deposit, Call leaders Marilyn Dunn and Tom Waddell at 781 837-5537 untill 8 P.M.

Fri.-Mon., Feb.13-16, 1998, Presidents, Weekend Downhill/X-country/Snowshoe in the White Mts. of N.H. Choose your favorite sport and hit the trails in beautiful Crawford Notch. Downhill at Well know Local Ski areas. X-Country ski at places like Bretton Woods. Back country ski or snowshoe on scenic trails in Crawford Notch. All ability levels are invited. Backcountry skiing & snowshoeing will be on the intermediate level. Stay in Modern Chalet. Cost of \$175.00 includes 3 nights lodging, 3 breakfasts & 2 candlelight dinners with happy hour. Limited space, so register early with \$100 deposit (non-refundable after 2/1). L Mary DuBois-Leeson 997-4489

Fri.-Mon., Feb.20-22. X-Country Ski instructional Weekend, Sargent Camp, Peterborough, N.H. Joint trip with Narragansett Chapter. Novice and Beginner x-country skiers will enjoy the small group instruction on the lovely trails at Boston University's Sargent Camp in Peterborough, N.H. Trip Fee includes 2 nights lodging in heated cabins with full bath, 2 breakfasts, and dinner with happy hour on Saturday. On site ski rentals available for an additional fee. Please register by Jan.1, 1998 with a NON-REFUNDABLE deposit of \$40 and a S.A.S.E. to Chris Safer, 36 Esmond St. Smithfield, R.I. 02719 401 231-1943 or L in MA Anne Chace at 508 824-8871.

Fri.-Mon., March 6-8. Almost Spring Ski Trip in the White Mountains., Enjoy the warmer days of March for that

Enjoy the warmer days of March for that ski trip you have been dreaming of! Close to major downhill areas (Attitash/Bear Peak, Bretton Woods, Wildcat, Cannon) and Cross-country touring centers Bretton Woods, Lackson, Great Glen Gulf), our lodging will be in a modern and cozy chalet complete with woodstove and views of the Southern Presidentials. Intermediate backcountry skiers and snowshoers can access the bountiful

trails of Crawford Notch, Some of which are right out the door. Trip fee of \$90.00 includes 2 nights lodging, 2 breakfasts, and 1 candlelight dinner with happy hour. Reserve by sending a deposit of \$45.00 (non- refundable after 2/20). LMary DuBois-Leeson, 997-4489.

Fri.-Mon. March 13-15. Alpine and X-Country ski weekend at the Mt. Faire Inn in Campton, N.H. Joint trip with the Narra gansett Chapter. Stay at a warm and cozy Inn in the Waterville Valley area. Trip fee of \$110.00 (if paid before 1/1/98) includes 2 nights lodging, 2 breakfasts and Sat. dinner. To register, please send trip fee to Chris Shaffer, 36 Esmond St. Smithfield, R.I. 02917. 401 231-1943 or in Mass. Leader Anne Chace at 508 824-8871.

# **Bud Carter**



**Bud and Pam Carter** 

On Monday, December 1, 1997 this Chapter suffered a great loss in the death of Bud Carter. Bud was very active in our Chapter since it's earliest beginnings in 1976. He lead many activities on the Cape and played a major role in getting the Thursday & Sunday Cape Hikes started. Bud along with his wife Pam were active in Conservation Issues. Bud worked many hours for 7 years getting the Chapter Newsletter distributed to chapter members during the early years of this Chapter existence. Bud also served as Chapter Vice-Chair in the early 1980's.

Bud was a warm, friendly person who contributed much to sustaining this Chapter. He will be greatly missed. Burial will be in Philadelphia, Pennsylvania.

Pam Carter will have a Memorial Service in the Spring. Her address is 16 Driftwood Lane, South Yarmouth, MA. 02664

Telephone 508 398-2605.



# **Flatwater Canoeing and Kayaking**

Chair: Carrie Dobson 430-9892 Vice:Chair: Dave Williams 238-3638

**Non-Members** will be charged \$2/person/day

**Trips other than Weds. or Thurs.**; please call and register for time and directions with leader, Canoe Chair, Carrie Dobson 430-9892 or Canoe Vice-Chair Dave Williams 238-3638

Weds. and Thurs. Trips; Start at 10:30 a.m. unless otherwise noted (\*). Bring lunch, drink, sunscreen, and insect repellent. PFD's mandatory in boat all year and must be worn Sep. 15 to May 15.

Canoe/Kayak rentals for AMC trips: \$6/members; \$15/non-members. Easton, canoe: Dave (238-3638; Sandwich, canoe: Carolyn (888-4923) Harwich, canoe or kayak: Carrie 430-9892. Instruction: April-May. Call to arrange date and time. Ed York (385-6118)

Mid-April Whitewater Instruction: Equipment provided. Boston Chapter. Let's carpool.

Thurs., March 26. John's Pond, Mashpee. N. on Currier Rd. off Rte. 151, then R onto Hoopdale Rd. through trailer park to Town Landing. Bring lunch. \*Canoeing (approx. 11:15a.m.) following lunch after 9:30 a.m. hike. Sat., Mar. 28 Mid-Cape Area Leader's Choice. Please register early. Ed York (385-6118) Beginners/Instruction welcome.

Sat. Apr. 11. Town River, West Bridge water. L Dave Williams (238-3638)

#### **SNEAK PREVIEWS**

**Fri.-Sun., May 8-10.** Housatonic River, Great Barrington to Falls Village, CT. Accommodations on your own. Suggestions provided. L Clarence Burley 867-5814

Sat., May 16. Spring Fling, Nemasket River. Contact carrie 430-9892 or Dave Williams 238-3638

Sun., May 17., Walker Pond, Brewster. Hikers meet canoeists. Gourmet Lunch provided by Canoeists. L Nancy Wigley 548-2362 Cl Muriel Thomas 428-3593

All Area codes are **508** unless indicated otherwise.

All Trips involve some risk. Partici pants asume responsibility for their welfare. Discuss your abilities with the trip leader prior to the trip.



## **Conservation Corner**

The Department of Environmental Management will be awarding cities, towns and statewide non-profit groups up to 5,000 per application for new proposals for Public access to the seacoast, bays and rivers including plans for the restoration of former access routes. The project will continue through 1998 but proposals must be submitted by January 5, 1998. Details are available from Conservation.

The 1997 "Bottle Bill" failed in the last legislative session but is still alive. MASSPIRG will continue their activities in this direction because of so much early support and the continued need to recycle materials.

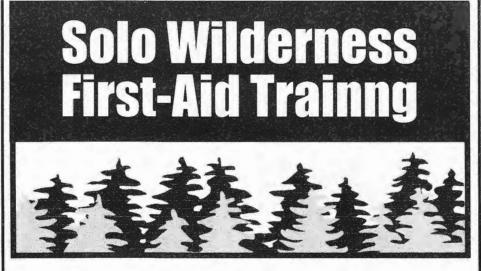
The electric Power Deregulation Bill was recently passed by the Massachusetts legislature, but the debate continues. A savings of 10% to 15% on individuals power bill can't be denied in the short run. Others argue that paying off the 12 Billion dollar "Stranded Costs" over the next 30 years will more than offset the savings realized and may create the re-use of coal burning as a power generating factor. The issue may recover for a second round of hearings.

Air Quality in the Northeast continues to be of mounting concern. Particles of unburned material leads to haze and haze leads to limiting the health of most living things. The Natural Resource Defense Council has produced a personal "Post Card" addressed to the E.P.A Administrator Carol Brown, where in any interested party can sign the card, stamp it, mail it and do their part to reduce haze and polluted air. Cards are available by contacting your Conservation Chair or contacting the Appalachian Mountain Club, 5 Joy Street, Boston, Massachusetts 02108. Telephone: 617 523-0655.

Luke Leonard, Jr. SEM/AMC Conservation

#### **AMC Online**

Members can visit Chapter Web pages at http://www.outdoors.org. or visit our Chapter's site at: http://www.cris.com/~Ndrma/



## Date: April 17-19, 1998

#### Location: Camp Lyndon - Sandwich, Massachusetts

#### Cost: \$114.00 per person non-members \$120.00

A SOLO Wilderness First-Aid Training will be offered the weekend of April 17-19, 1998. The location is Camp Lyndon in Sandwich Massachusetts. The 16 Hours of SOLO Instruction will help individuals to develop basic skills in patient assessment, shock, long-term patient care & soft tissue injuries, fractures,/dislocations, splint improvisation, preparedness, and learning how to evacuate the injured person. Cost of \$114.00 includes 2 Nights lodging, 5 Meals and SOLO Instruction. Advanced DEPOSIT and REGISTRATION are required.

Checks are payable to SEM/AMC

TO REGISTER: Call Bruce Dunham at 508 587-0679 6-9 P.M.

## Membership in a bottle

If you are a **non-member** and would like to join the Appalachian Mountain Club. Here is a way to join. It also make a great Holiday Gift for a member to give to a friend.

For \$40, you'll receive an AMC Nalgene water bottle with a \$40 individual one year membership enclosed along with a temporary ID card which you must **forward** to AMC Headquarters for a permanent ID Card, a \$10 gift certificate good towards AMC lodging, workshops, and books, and an AMC window decal. Your one year membership also includes 10 issues of *AMC Outdoors* and the *Breeze*, the Southeastern MA Chapter's newsletter. The Southeastern MA Chapter will also benefit from every bottle sold through the Chapter.

To receive your membership, send your Name, Address, City/State/Zip Code and Phone Number, and your name and address OR the person which you would like to have the bottle sent, along with your check for **\$40.00**, payable to SEM/AMC to:

Mary Gravel 30 Hodges Street Taunton,, MA 02780

For more information Call Mary Gravel at 508 822-1296





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Charles Charles

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The 1998 Winter Festival will

be a mixture of Social Time, Instruction in Winter Hiking, Cross-

Country Skiing, and time to enjoy 🎡

winter activities at a Park that is 🐐

ideal for Beginners and experi-

enced Three-season Hikers to

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## **Borderland State Park - Easton** February 7, 1998

#### Cost: \$5.00 per person

Winter Festival Schedule

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Directions

Poquanticut St

# Trail Work

Trails Committee Chair John Poirier 822-1372 or by Email at trail\_worker@msn.com.

I would like to take this opportunity to thank Lou for all his hard work as trails chair. He was responsible for many successful trips and was instrumental in prouring equipment for the chapter. He will be a hard act to follow. I would also like to thank all those who help on a regular basis. Their participation was instrumental in maintaining the Bentley loop and the Lonesome Lake trail and I know I can count on you in the future.

Over the next few months I would like to organize a trails committee. The aim of this committee will be to provide a forum for any interested members to get involved in planning work schedules and in deciding what projects are of the greatest interest. Tool maintenance and new tool purchases will also be on the agenda. Trails workshops are available for those who are interested. The opinions and ideas of trail users as well as trail workers are valued and all members are encouraged to respond. Any level of involvement will be greatly appreciated.

Mountain biking is becoming a major issue. As both a hiker and a mountain biker I am especially interested in hearing from the membership on this issue both pro and con.

I look forward to hearing from you. Please feel free to reach me (John Poirier)at (508) 822-1372 or by Email at: trail\_worker @ msn.com.



1997 Chapter Fall Trail Work Crew that worked on our adopted trail in the White MTs. Lonesome Lake Trail. Our Chapter works on this trail twice a year, The 1998 Trails Committee Chair John Poirier is second from the left (dark Shirt)



Southeastern Massachusetts Chapter APPALACHIAN MOUNTAIN CLUB 5 Joy Street Boston, MA 02108 Non-Profit Organization U.S. Postage **PAID** Buzzards Bay MA 02532-9998 **Permit No. 41** 

## **DATED NOTICES**

18665 SE 04/98 Mr. Bruce A. Dunham 29 Rockfor treet Brockton, MA 02401

# Southeastern Breeze

#### October/November/December 1999



**APPALACHIAN MOUNTAIN CLUB** 



### SOLO 2000 Wilderness First-Aid



DATE: May 13-14, 2000 PLACE: YMCA Lyndon Center in Sandwich, MA.

REGISTRATION TO: Louise Desrochers, 53 Christine Lane,

Taunton, MA 02780 (508 822-1372) by May 3, 2000

COSTS: Overnight \$120 for AMC members, \$145 for non-members (sleep in cabins, bring own sleeping bag, meals included are 2 lunches, Sat. dinner and Sunday breakfast and snacks) Day: \$95 for AMC members, \$115 for nonmembers which includes 2 lunches and snacks

LEADERS may apply for a scholarship to the Executive Board by sending a request to the Chapter Chair. The amount of the scholarship will be determined by the board and published in the Spring Breeze. Last year it was \$70.

## IN THIS ISSUE

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# **Executive Board Nominations for 2000**

The Nominating Committee of the Southeastern Massachusetts Chapter of the Appalachian Mountain Club presents the following Nominees for the 2000 Chapter Executive Board. Members attending the Annual Meeting will get a chance to vote on a slate of nominees during a brief business meeting. Additional nominations maybe made by any ten members who shall specify their candidate and the office for which they nominate. The nominations should be placed in the hands of the Nominating Committee Chairperson (Ray Butts 508 880-8597) or Chapter Secretary or mailed to either not later than 21 days prior to the Annual Meeting. Nominations can not be made from the floor except in the

Chapter Chair	Dexter Robinson - Hanson
Chapter Vice-Chair	Anne Chace -Taunton
Treasurer	Joey Gallus - Cotuit
Secretary	Linda Wells - Bridgewater
Biking Chair	Connie Austin -Marston Mills
Canoeing Chair	Muriel Thomas -Centerville
Conservation Chair	Cindy Letourneau - Lakeville
Communication Chair	To Be Announced Soon
Hiking Chair	Walter Wells - Bridgewater
Education Chair	Bob Vogel -Marshfield
Membership Chair	Jennifer Simmons - Dartmouth
Skiing Chair	Mary DuBois-Leeson - Dartmouth
Trails Chair	Lou Sikorsky - Weston

#### Chapter Annual Meeting is on November 13th.

case of death, incapacity or withdrawal of the Nominee.

The Southeastern Massachusetts Chapter's 1999 Annual meeting will be at the Fireside Grille in Middleboro. Last year, 120 members attended. Dress is informal. There will be a Social Hour and an opportunity to meet Chapter Leaders. If you are a new member who has not participated in a Chapter Activity; this will be a good chance to learn about the Southeastern Massachusetts Chapter. For more information and to register----- Please see PAGE 7.

# Hiking And Backpacking

ChairDexter Robinson 781 294-8840 Vice-Chair Walter Wells 279-1963

Hike Rating : First character indicates distance in miles. Second Character indicates leader's pace. (average terrain) Third character indicates terrain:

#Miles	Pace mph Terr	ain		
AA=13+	1=v.fast/2.5+	A=v. strenuous		
A=9-13	2=fast/2	B=strenuous		
B=5-8	3=moderate/1.5	C=average		
C=5-	4=leisurely	D=easy		
Hikers unsure of their shility chould the only one lo				

Hikers unsure of their ability should try only one level higher than previously completed. NOTE: NO PETS without permission from the trip leader. Individuals under 18 must obtain prior consent from the Trip Leader.

#### Third Annual Winter Hiking Series for beginners

Attention 3-season hikers!!! Here's an opportunity to extend your hiking into the winter season. Despite what you might have heard from the news media and others, winter can be a fun and enjoyable season to hike. The views are better than summer, trails are smoother. and best of all, there are no bugs. Once again the hiking committee will be offering a series of winter hikes concluding with an overnight backpack to acquaint 3-season hikers with the pleasures of winter hiking. These will be nontechnical hikes (i.e. no crampons and ice axes). You don't need to go out and purchase a lot of equipment. The kickoff to the series will be an indoor FREE workshop, Saturday, Nov. 13, 2-4:30 p.m., timed with the Annual Meeting. Call Walter Wells for more info (508-279-1963).

Sat. Oct. 2, Mt. Chocorua (B3B). A must-do mountain for everyone. Register with CL. Linda Church (495-1308, email: lchurch@whoi.edu), L. Dexter Robinson (781-294-8840, 7-9 p.m., email: dexsue@massed.net)

Sat. Oct. 9, Bus trip to NYC. Hike to U.N. and upper East Side of Manhattan. Bring lunch, water and wear comfortable, support, walking shoes. Trip goes rain or shine and limited to 12 participants. Call leaders for information and registration. L. Anne Chace, (824-8821), CL. Ray Butts (880-8597)

Sun. Oct. 10, Mt. Eisenhower (B3B). Up the Edmunds Path to the summit, back the same way. Great views. L. Richard Brech eves. (746-8189, email: brech@adelphia.net), Cl. Walter Wells (279-1963, email: wwells50@aol.com) Wed. Oct. 13, Hike Planning meeting for January – March, 2000. Our meetings are open to all. Call Walter Wells for information/ directions, (279-1963, wwells50@aol.com)

Sat. Oct. 23, Warner Trail (B3C). Edgehill St., Sharon to Foxboro. Best hike on the Warner trail. Great view from Bluff Hill. L. Steve Tulip (828-2689, 7-10 p.m.), CL. Charlie Farrell (822-2123, 7-9 p.m.)

Sun. Oct. 24, Three Easy Peaks: Doublehead, Squam & Percival (B3C). A moderate 7 mile hike with 2000 vertical feet spread over the three peaks. Provides "one of the finest views in the Squam range." See Squam Lake as the sailors never have. Also includes boulder caves! A nice hike for those working there way up to the 4000 footers. Register w/ CL: Cindy Letourneau (947-5533 7-9 P.M. email: cletourneau@state.ma.us), L. Bob Vogel (238-7732 email: rvogel@mediaone.net)

Sunday, Oct. 31, Quabbin Reservoir (C3C). Mixed woodlands hike, walk past beaver pond. Possible exploration of rock caves. Good for beginners. L. Linda Wells (279-1963, wwells50@aol.com, 7-10 p.m.), CL. Steve Tulip (828-2689, 7-10 p.m.)

Sat. Nov. 6, Borderland State Park.(B3D). Pleasant hike through woods and around ponds. L. Bruce Dunham (587-0679), CL. Richard Jussaume (285-8940)

All area Codes are 508 unless Noted

Sat. Nov. 13 Introduction to Winter Hiking Workshop, 2-4:30 p.m. Middleboro Unitarian Church basement. Call Walter Wells to register and/or information/directions, (279-1963, 7-10 p.m.,email:wwells50@aol.com)

Sun Nov. 14, IT'S OH SO CLOSE! Sandwich Dome 3993' (B3C). It's ALMOST a 4000 foot peak! (And is on the 100 highest list.) Come climb this peak and enjoy the fine views. You will definitely be ready to move up to the 4000 foot peaks next year! (2600 vertical feet) L: Bob Vogel (238-7732 email: rvogel@mediaone.net) CL: Paul Vermette (603-598-6623 email: pvermette@aol.com)

Sat. Nov. 20, Little Quittacus Pond and Great Quitticus in Lakeville and Rochester (B3D). Hike on mostly on old fire roads. Includes causeway to island. Appoximately 4 hours. L. Elsie Laverty (823-0634, email: <u>elavmca@aol.com</u>)

Sat. Nov. 27,Hill, Sharon Moose (A3D). Multiloop through oldest Audubon Reservation – scenic ledges with great views. Register with coleader. L. Louise Desrochers (822-1372, email: LouiseDes@tmlp.com), CL. Dick Carnes (781-871-5764, 7-9 p.m., email: poorich46@aol.com)

Sat, Dec, 4, Winter Hiking Series, Part 1, Greeley Ponds, NH (B3C), Kickoff to the winter hiking series. Snowshoe to ponds. We'll try out part of the Osceola trail as conditions allow. L. Walter Wells (279-1963, 7-10 p.m., email:wwells50@aol.com), CL. Charlie Farrell (822-2123, 7-9 p.m.)

#### Hiking - (Continued on page 3)



SEM Hikers at the summit of Mt. Osceloa (4340 ft). This hike was part of the 1999 Mountain Hiking Series. **Hiking** - (Continued from page 2)

Sun. Dec. 12, Carter Hut (B3B). Nineteen-Mile Brook trail to Carter Hut. Winter conditions will likely require extra gear. L. Jeff Lerman, 617-926-1298, email: jelerman@shore.net), CL. Dick Carnes (781-871-5764, 7-9 pm. or poorich46@aol.com

Sun. Dec 12, Borderland State Park - The Outback (B2D). Come explore the outback of Borderland, far from the crowded ponds. Visit Moyle's Quarry on this brisk hike designed to keep us warm. Reg. w/ CL Erika Bloom (996-3290 6-9 p.m.) L. Bob Vogel (238-7732 email: rvogel@mediaone.net)

Sat. Dec. 18, Chickatawbet, Blue Hills (B3C). Good for people who can do 5 level miles trying uphill for the first time. Great views. Register with co-leader. L. Dexter Robinson (781-294-8840, 7-9 p.m., email: dexsue@massed.net), CL. Dick Carnes (781-871-5764, 7-9 p.m., email: poorich46@aol.com)

#### Family Hikes:

Family Hikes are intended to bring adult and child family members together to experience the joys of backcountry foot travel. Anyone interested in participating on a Family Outing committee please call chair. Richard Brech for information (746-8189)

Sat. Oct. 9, Worlds End, Hingham, B3D. Scenic hike/walk — meadows, seaside cliffs, butterflies a plenty. Good family hike. Entry fee, \$4. L. Dick Carnes (781-871-5764, 7-9 p.m., email: poorich46@aol.com), CL. Steve Tulip 828-2689, 7-10 p.m.

Sun. Nov. 7, Blue Hills (C3B). Family hike for ages 7 and up, approx. 3 hours. Skyline trail, vigorous ups and downs. L. Richard Brech eves. (746-8189, email: brech@adelphia.net), CL. Steve Tulip (828-2689, 7-10 p.m.)

Sun. Dec. 5, Myles Standish State Park (C4D). Family hike for all ages. Smooth, gently rolling loop trail, L. Richard Brech eves. (746-8189, email: brech@adelphia.net)

AMC Activities Risk Statement: The activities listed in the Southeastern Breeze involve varying degrees of danger. When you participate in one of these activities, you should be both physically and mentally prepared and equipped with the appropriate gear. You should be aware of the risks involved and conduct yourself accordingly. The volunteer trip leader is not responsible for your safety: you are. Prior to registering for any activity , you are encourage to discuss your capabilities with the trip leader. In order to participate in Southeastern Massachusetts Chapter activities, individuals under 18 years must be accompanied by a parent or responsible Adult, or obtain prior consent from the trip leader. Those accompanied by a minor are responsible for the minor's actions.

# **Revisiting Monadnock**

#### By Wayne J. Taylor

I'm revising my opinion of Grand Monadnock. Not that it should really matter to anyone, but there was something about my last climb up this rocky tor that created a totally different feeling than what ago. I've now come to regard it for what it is: a "friendly" mountain, easily accessible for a day hike, with a variety of well-kept trails and rewarding views for a relatively modest effort. What's more, there's absolutely no chance of ever getting lonely on the trail.

Monadnock is one of the most climbed peaks in the world, according to the White Mountain Guide. It is said to be second in popularly only to Mt. Fuji in Japan (which now has a tramway to the top and probably shouldn't count). Although I read the guidebook's disclaimer, I don't think I was fully prepared for what I encountered on my first trip up the mountain. As my hiking partner and I reached treeline on the southeast shoulder and got our first close-up view of the summit cone. I was guickly reminded of the landfill near the northern terminus of Route 24. Throngs of hikers were perched atop the granite dome like so many seagulls, their shrill voices echoed in sharp contrast to the quietness of the late morning air. I was appalled and vowed never to return.

Vows uttered in self-righteous indignation seldom stand the test of time, and not that many years later, I decided to give Monadnock another try. Only this time I was going to be smart about it: we'd climb one of the less popular routes (the Marlboro Trail from the west side) and we'd do it in early April. This way we'd surely have the trail and the summit all to ourselves, undisturbed and temporarily detached from the push-pull rhythms of everyday life.

These carefully laid plans probably should have included a mid-week timeline, for even on a cloudy April Sunday, we met a few other hikers on the summit. Not our ideal, of course, but a good sight more bearable than our introduction to Monadnock.

Okay, so maybe it was possible for me to lighten up a bit after all. I might not be able to replicate what Emerson and Thoreau experienced in their mid-19th century hikes on this solitary peak. But at least I could try to accept the fact that others were probably seeking something very much akin to what I sought in the mountains. And how could I really object to that.

This past summer, on a steamy Sunday morning, I decided to take this neotranscendental philosophy out for a test drive, just to see if it was as comfortable in practice as it sounded inside my head. The result, after a fairly robust round-trip hike up the White Dot and down the White Cross trail, was my revised opinion of Grand Monadnock. There's a reason why it's such a popular hike. In fact, once you open your eyes to them, there are lots of reasons.

We saw (or heard) more than a dozen species of birds on the trail -- from towhees and whitethroated sparrows to a hermit thrush and winter wren, from a soaring raptor circling the summit (perhaps a turkey vulture) to a variety of warblers and a small pack of pan-handling junkos. No seagulls this time.

We exchange cheery "hellos" with at least 100 other hikers -- in groups of one and two, and eights and twelves: families, friends and lovers, as well as at least two camp groups. Coming down, we hear a succession of "omigods" from a gaggle of young campers on their way up one of the several steep ledges on the White Cross trail. Each of the three syllables -- OH-MY-GOD -- is articulated in youthful amazement. On the summit, we witness a seven-year-old boy saying to his father, "Wow, Dad, I'll bet I can see the whole world from here." Two infants, fast asleep on their parents' backs, are perhaps the only folks we meet who fail to offer a greeting.

Not nearly so reserved is the man we meet a few hundred yards short of the summit, perched on an outcropping of rock. Later, we dub him "Monadnock's official greeter." A wirey, whitehaired fellow (well into his 70s, we judge), he tells us he enjoys sitting there just to listen to the panting and groaning of hikers on their way up the trail. He chit-chats with us as we huff and puff past his rocky vantage. He's climbed the mountain over a thousand times, he says, and we assume he must be one of the

Monadnock regulars we've read about in preparing for the hike. We pass him in the same spot on our way down, and about five minutes later, he comes flying past us in descent, hopping nimbly from rock to rock.

When he is out of earshot, my hiking partner and I exchange a common observation: We may not choose to climb Monadnock as often, or with as much gusto, as this old fellow, but we're both very pleased to have shared this experience with him (and with the many others we've met on this Sunday morning). And we both express the hope that like our Old Man of Monadnock, we remain able to hike this friendly peak for many more years to come.  $\Delta\Delta$ 

R



Race Point Lighthouse



Thursday & Sunday Hikes—September to May. Coordinators: Janet Kaiser (375-0574) Harry Dombrosk (385-9502) & Barbara Hollis (240-1973). Area codes are 508 unless noted Thursday hikes start 9:30 a.m., last about 2 hr., 5-7 mi. Sunday Hikes start 1:00 p.m., last 2--2 1/2 hr., 6-8 mi. Moderate pace, heavy rain cancels. No dogs.

Sun. Sept 26. Harwich, Hawks Nest. Rte. 6 to Exit 11 S. on Rte. 137. Take first Right on Spruce Rd. At 0.5 mi. park on side of road. L. Lee Baldwin (432-0805).

Thurs. Sept. 30. Mashpee River Woodlands. Exit 5 S. from Rte. 6 on Rte. 149 to N. toward Falmouth on Rte. 28. At 2.6 mi. pass Botello Home Center. Turn L. on Orchard Rd., the next major crossroad. At end of road turn Right then immediate Left on Mashpee Neck Rd. At 1.0 mi. park on Right, off rd. L. Al Johnson (775-8959).

Sun. Oct. 3. Brewster, Nickerson State Park. Park in main pkg. lot at entrance on Rte. 6A. L. Don Costa (760-5478).

Thurs. Oct .7. Wellfleet, Griffin Island. Turn N. off Rte. 6 on at "Wellfleet Center" sign onto Main St. Turn L. on Chequessett Neck Rd. "at the dory". Park in Great Island pkg. lot on L. at end of Chequessett Neck Rd. L Brigitte Falzone 394-6343

Sun. Oct. 10. Dennis, Indian Lands. S. on Old Bass River Rd. from Rte. 6A in Dennis Village. R. into pkg. lot in 4.0 mi. at Town Hall. L. Barbara Hollis (240-1973).

Thurs. Oct. 14. Sandwich, Scorton Creek/Talbot Conservation. From Rte. 6 Exit 5 N on Rte. 149 and turn L. on 6A. At 3.6 mi. cross concrete bridge, take next L to Scorton Creek pkg. lot. L. George Bowman (362-0163).

Sun. Oct. 17. Barnstable, Heartbreak Hills. S. on Rte. 149 off Rte. 6 at Exit 5, to R. on Service Rd. Park in lot at power lines on Left. L. Mark Tisdale 428-6689) Thurs. Oct. 21. am, Salt Pond Visitor Center. From Rte. 6 at lights turn R. on Nauset Rd. and park in Visitor Center pkg. lot on R. L. Frank Handlen (349-7396).

Sun. Oct. 24. Yarmouth, Buck Island. Exit 7 S. from Rte. 6 to L. on Higgins Crowell Rd. Turn R. at lights onto Buck Island Rd. and park at Sandy Pond Recreation Area on R. opposite Buck Island Village. L Janet Kaiser (375-0574).

Thurs. Oct. 28. Mashpee, South Cape Beach. From Mashpee Rotary take Great Neck Rd. S. for approx. 3.0 mi. Turn L. on Great Oak Rd. and follow to end to town beach pkg. lot, approx. 3 miles L. Gary Miller (540-1857).

Sun. Oct. 31. Chatham, Goose Pond. Exit 11 S. from Rte. 6 onto Rte. 137. At 2.5 mi. turn R. on Morton Rd. Go 0.2 mi. & park on R. in dirt pkg. lot at power-line. L. Lee Baldwin 432-0805

Thurs. Nov. 4. Brewster, Sheep Pond. Exit 10 N. off Rte. 6 on Rte. 124 to Fishermen's Landing Rd. on R. Park in pkg. lot on pond at end of rd. L. Barbara Hollis (240-1973).

Sun. Nov. 7. Wellfleet, Duck Harbor. Turn N. off Rte. 6 at "Wellfleet Center" sign. Turn L on Chequessett Neck Rd. "at the dory", follow to the end, and Turn R. opposite the Great Island pkg. lot. Park in lot at end of this rd. L. Janet Kaiser (375-0574).

Thurs. **N**ov. 11. Bourne, Four Ponds Conservation. From Rte. 28, between Otis Rotary & Bourne Bridge, turn W. on Barlows Landing Rd. Go 0.7 mi. to pkg. lot on Right. L. Hilary Hunt (993-6680).

Sun. Nov. 14. Brewster, Punkhorn Parklands. Exit 9 N. off Rte. 6 onto Rte. 134. Turn R. at 2nd traffic light, on Setucket Rd. then R. on Run Hill Rd. Park in Punkhorn Parklands main pkg. lot past dump at end of road. L. George Byron 896-3359

Thurs. Nov. 18. Barnstable, Stonewall Loop South. Exit 5 S. off Rte. 6 onto Rte. 149 to R. on Service Rd. Park under power lines on Left. L Barbara Hollis (240-1973).

Sun. Nov. 21. Truro, The Pamets Cliffwalk. Meet at end of S. Pamet Rd. in Truro. L. Hortense Kelly (255-3021).

Thurs. Nov. 25, Thanksgiving. Yarmouth, Dennis Pond. Exit 7 N from Rte. 6 and take first R. on first S. on Summer St. off Rte. 6A at Old Yarmouth Inn. Park in Dennis Pond pkg. lot. L. Richard Kaiser (375-0574). Sun. Nov. 28. Sandwich, Ryder Conservation. N. on Rte. 130 from Rte. 28 for 1.0 mi. to R. on Cotuit Rd., 1.8 mi. to "Ryder Conser. Land" pkg. sign on Left. L. Barbara Hollis (240-1973).

Thurs. Dec. 2. Bourne, Canalside. Park in main visitor pkg. lot on Rte. 6 on northside of canal for hike along canal during hunting season. L. Donna Nickerson (528-3043).

Sun. Dec. 5. Sandwich, Scorton Creek/Talbot Conservation. Exit 5 N from Rte. 6 to L. on 6A. At 3.6 mi. cross concrete bridge, take next Left to Scorton Creek pkg. lot. L. George Bowman (362-0163).

Thurs. Dec. 9. Brewster, Parson's Perch. Exit 9 N off Rte. 6 onto Rte.134 and Turn Right at 2nd traffic light on Setucket Rd. At 1.0 mi. Turn R. on Slough Rd. and at 0.8 mi. park on Left at Walker Pond pkg. area. L. Harry Dombrosk (385-9502).

Sun. Dec. 12. Eastham, Tilcon Gravel (formerly Roaches). Turn R(East) on Railroad Avenue off Route 6, then R. at stop sign, on Nauset Rd. Pass Tilcon Gravel and park on L. on Oak Leaf Rd. L. Janet Kaiser (375-0574).

Thurs. Dec. 16. Falmouth, Holly Hills (Long Pond). From Mashpee Rotary, W. on Rte. 151 3.2 mi., turn L. on Sandwich Rd. at lights. In3.7 mi. turn R. on Brick Kiln Rd. at lights. In 0.8 mi. turn L. on Gifford St. at lights. In 1 mi. enter Goodwill Park on R. and park immediately. L Nancy Wigley (548-2362).

Sun. Dec. 19. Dennis, Run Pond. From the intersection with Old Bass River Rd., go W. on Setucket Rd. approx. 1.0 mi. and park in small lot on North (bike path) side of road, East of junction with Mayfair Rd. L. Richard Kaiser (375-0574).

Thurs. Dec. 23. Yarmouth, Chase Garden Creek. From intersection with Union St. at flashing light, go East on 6A 0.5 mi. Turn L. at Bass River Rod & Gun Club sign and park in pkg. area. L. Janet Kaiser (375-0574).

Sun. Dec. 26. Harwich Herring River. Exit 9 S. off Rte. 6 onto Rte. 134. Turn L. at 3rd traffic light on Upper County Rd., then L. onto Great Western Rd. Follow approx. 2.2 mi. Park inside fence on L. at Sand Pond. L. Barbara Hollis (240-1973).

#### Local Hikos on Cape Cod continued on page 5

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#### Local Hikes on Cape Cod continued)

Thurs. Dec. 30. Barnstable, Spruce Pond Conservation. Exit 6 from Rte. 6 to Burger King on Rte. 132. Park in commuter lot behind Burger King. L. Harry Dombrosk (385-9502).

Sun. Jan. 2. Bourne, Canalside. Park in main visitor pkg. lot at traffic lights on Rte. 6 on northside of canal for hike along canal. L.Al Johnson (775-8959).

Thurs. Jan. 6. Wellfleet, White Crest Beach. From Rte. 6, East on LeCount Hollow Rd. to end, left on Ocean View Drive to public beach parking lot on R. L. Larry Cotreau (385-2943).

### Longer Hikes on Cape Cod

Sun. Oct. 3. Truro, Paradise Valley. 11:00 am. From Rte. 6, park on George Nielson Rd., 1/4 mi. N of Truro town line on L. 10 mile hike thru woods to Bay. Bring lunch. L: Alice Oberdorf 771-8261.

Sun. Oct. 31. Wellfleet Ponds hike. 11:00 am. Park at Gull Pond Landing parking off Gull Pond Rd. in Wellfleet. National Seashore area of woods, dirt roads, ponds, and paths. Hike to Ocean. Approx. 9 mi. Bring lunch. L: Alice Oberdorf 771-8261.

Sun. Nov. 14. Truro, Pamet area hike. Meet at E. end of S. Pamet Rd in Truro for hike in woods and dunes. Approx. 10 mi. L. Alice Oberdorf 771-8261.



Don't Forget !

The Introduction to Winter Hiking Workshop On November 13 2:00 - 4:30 P.M.

Leader: Walter Wells 508 279-1963 Email: wwells50@aol.com M ywife is not what you'd call a good sleeper. It's not her fault, of course. Some of it is probably hereditary; her mom often operates for days on only minutes of shut-eye. Some of it no doubt has to do with the rumbling emanations she says come from my side of the bed. Add to these factors an unfamiliar or uncomfortable sleeping place and and -- well, you're probably way ahead of me by now.

Truth is, I'm not such a great sleeper myself when it comes to that first night in one of the AMC White Mountain huts. Comfortable and enjoyable

as they are in their own particular way, the huts also provide a fairly reliable nightly dose of distractions -- from teenage giggles and leadenfooted trips to the bath room to scratchy blankets, sticky mattress covers and ... did I mention the snoring? Earplugs and sleeping aids notwithstanding, the hut experience may not be for everyone.

Gayle had included herself among that group based on a few hut stays in past years. She'd not slept well (or at all)

on each of those occasions and found little enjoyment in the next day's activities. Since the reason for staying in the huts in the first place was to enjoy ourselves, there seemed little purpose in subjecting her further to an experience where enjoyment came in second.

It was really a shame she couldn't enjoy it, because there's an awful lot about the hut system and the hut experience to recommend. By staying in one of the eight huts that stretch from Lonesome Lake in the west to Carter Notch in the east, hikers are able to extend the scope of their trips without having to pack in their own room and board. Not everyone can carry a 30- to 40pound backpack with all the necessities for an overnight in the mountains, so a hut-stay allows one to pack relatively light and still be able to stay out in the woods for awhile.

And if you've got a healthy appetite and like family-style dining, then you're in for a special treat at the huts. Dinner and breakfast are included in the prix fixe, and if you walk away hungry from one of these meals, you've only yourself to blame. I can remember gorging myself on a full turkey dinner one mid-summer's night at the Lonesome Lake hut (with pumpkin pie for dessert, no less), then facing down a full table of White Mountain porridge, sausage and pancakes at breakfast the next morning. Bringing highenergy trail snacks for the midday munchies is definitely a good idea when hiking, but I always seem to pack more snacks than I can possibly eat when staying at the huts.

The camaraderie of fellow hikers is another enjoyable aspect of the hut experience. Exchanging tales of past trips and future plans is

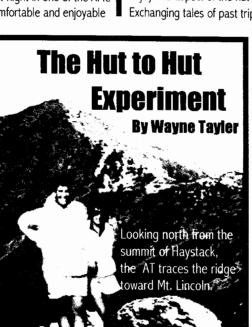
great way to share accumulated trail lore and also learn about possible new adventures. Each time I visit a hut it I'm introduced to something new: a card game (frequently one being played by an exuberant group of youngsters), a not-as-yet encountered variety of flora or fauna (thanks often to the resident hut naturalist), a new, but somewhat familiar story of derring-do by the hut croo (usually one involving a midnight quest in search of the storied Oakes Gulf airplane propeller).

On a recent trip to Greenleaf hut, we met a couple from Montreal who taught us an interesting new usage of the French word "cadeau," which means gift or, in their context, an unexpected encounter with something of such awesome natural beauty that it seems like a gift from above.

Gayle and I received a sort of "cadeau" this past July when we undertook an experiment to see if we could somehow find a way to wrest enjoyment from a hut-to-hut hike. Actually, aside from her difficulty sleeping in the huts, Gayle loves just about everything else involved in such a trip. So after numerous discussions and a few "sketchbook studies" involving different methods of inducing sleep away from home, we decided to give the huts another go. One weekend last March on our way skiing, we'd stopped at Pinkham and made hut reservations for two nights when the July moon would be full.

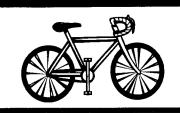
We have a strong connection to the Franconia region and since we'd not yet stayed at the Greenleaf or Lonesome Lake huts, we built our

Hut te Hut—Continued en Page 8



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# Bicycling



Connie Austin, Chair 420-8943 Helmets required on all Bike Rides Please call Leaders before 10: P.M.

Sat. September 25. Cranberry country; Carver-Middleboro; easy 30-35 miles. Call Leader John Poirier 822-1372

Sat. Oct. 23. Westport, MA. Approximately 25 miles. Ride past Horseneck Beach and Farmland. Call Co-Leaders for time for time and meeting place. L. Elsie Laverty 823-0634 . L. Connie Austin 420-8943

## SEM Member Bulletin Board

#### AMC Martha's Vineyard members

Lisa Amols (508 693-1009) who lives on Martha's Vineyard will like to get in touch with other AMC members on Martha's Vineyard. Lisa would also like to hear from members in Woodshole or Falmouth. Please call if you want to carpool or just want to get in touch with other AMC Members who live on Martha's Vineyard.

#### **Breeze Volunteers**

Thank-you to the July/August/September Breeze Volunteers: Joanne Staniscia, Claire Braye, Dave Costa, Barbara Hathaway, Joan Grigoire, Barbara and Dave Williams. Thanks and kudos to all.

#### Getting your copy of the "BREEZE"

The Breeze is mailed on or about March 18th, June 18th, September 18th and December18th-Contact Elsie Laverty at 823-0634 or ELavmca@aol.com if do not receive your Breeze

Change of Address: Contact 5 Joy Street at (617) 523-0655 EXT. 341

#### How to join the AMC

Contact Membership Chair Mary Gravel in Taunton at 508 822-1296 Ask about our Membership-in-a-Bottle

# Flatwater Canoeing & Kayaking



Nauset Spit" is the outer beach blocking the Atlantic Ocean from Nauset Marsh. We set up our milk carton tables with red & white table cloths in our windbreaks and enjoyed "pseudo" champaign (ginger ale), cavier and roast chicken. Nancy Wigly, Carol Clark-Rowe, Carrie Dobson, Herbie Edgren, Al Johnson, Al Meade, Ralph Upton and Max Sarazin among others in attendance.

Muriel Thomas, Chair 428-3593 Dave Williams, Vice-Chair 238-3638.

SEMass Canoe Info: Nancy Wigley 548-2362 Upper Cape Al Johnson 775-8959 Mid-Cape Larry Cotreau 385-2943 Lower Cape

For trips that list a Leader with phone no., call and register with that Leader for time, and directions to the Put-In.

Wed. and Thur. trips leave from Put-In at 10:30 AM.sharp.

PFD's must be worn from Sept. 15 until May 15, and must be in canoe the rest of the year. Paddlers participate at their own risk. Bring lunch on all trips.

Canoes for rent: Sandwich: Carolyn 888-4923 Harwich: Carrie 430-9892 Easton: Dave 238-3638 Kayak for rent: Harwich: Carrie 430-9892

Sat. Oct.2 Oyster Pond/River, Chatham. CL's Herbie Edgren 617 472-7271 or Muriel Thomas 428-3593 Email: mmtctrv@aol.com

Wed Oct 6. Prince Cove, Cotuit. S on Prince Ave (just E of rte 149 on rte 28) 0.5 mi to Town Landing on L. Wait for parking instr.

## Columbus Day Weekend.

Fri to Mon Oct 8 to 11. Saco River, Maine Reg by Oct 1 w/\$15.00 deposit. CL's Dave & Barb Williams (238-3638) before 9:00 pm. Sat Oct 9. Sandwich Harbor. Rte 6A Jarves Street to footbridge L. Paul Currier 888-2690 or 781-848-1671.

Wed Oct 13. Leader's Choice (possibly Hyannis Harbor). L Dick Coveny 790-1016 or LSI@capecod.net

Sat Oct 16. Leader's Choice - Tidal/experienced paddlers only. L Ed York 385-6118.

Wed Oct 20. Mashpee River. 0.5 mile E on Rte 28 from Mashpee Rotary to R onto Quinaquisset Ave. Proceed 0.7 mi to Mashpee Neck Rd to launching ramp. L Al Johnson 775-8959.

Sat Oct 23. Charles River (S. Natick to Needham). L Art Hart at 781-762-5251 or ajhart@webtv.net

Wed Oct 27. Mashpee/Wakeby Ponds. Put in at landing off Rte 130 opposite Coffee Grower's Outlet. L's Nancy Wigley 548-2362 or nrwigley@cape.com or Muriel Thomas 428-3593 or MMTCTRV@aol.com

Sat Oct 30. Leader's Choice, EXPERIENCED paddlers only L Ed York 385-6118.

All area codes are 508 unless noted

# **1999 Annual Meeting**

# Southeastern Massachusetts Chapter Appalachian Mountain Club

When: Saturday– November 13, 1999 Where: Fireside Grill in Middleboro, MA

COST: \$20.00 per person

### Evening Program "The Tour Du Mont Blanc" With Bill Russell

In 1997 Bill Russell led a group of 12 hikers on a 120 mile hike around this fabulous mountain, the highest in Europe. He started in Chamonix, France, then down into Courmayeur, Italy, up into Switzerland and ended in Chamonix, staying at high altitude cabannes and small alpine inns. "It was a hike of a lifetime!". Come and enjoy the spectacular scenery of this great hike.

Our Dinner will be Buffet Style meal consisting of chicken broccoli, baked stuffed shells, garden salad, potato of the day, vegetable of the day, rolls and butter, kahlua mousse for dessert and coffee.

During the day there will be WORKSHOP on Winter Hiking with Walter Wells, See page two for details....

Call Louise at 508-822-1372 with questions. --- Registration Deadline: November 6, 1999

### Schedule

6:00 - 7:00 PM.... Happy Hour with cheese and crackers and vegetables and dip, (CASH BAR)

7:00 – 8:00 PM.... Dinner Buffet

8:00 - 8:30 PM.... Annual Meeting, Election of Officers

8:30 -9:30 PM ..... Program, Bill Russell's Mountain Tours

Directions to Fireside Grille in Middleboro:

Take exit 6 off Route 495 onto Route 44 East. Head East for about two-tenths until you reach the Middleboro Rotary. Bearing right past a Friendly Restaurant, the Fireside Grille is located close to the Rotary, **NEXT** to the Friendly Restaurant. (taking route 28 will also take you to the Middleboro Rotary). The telephone number at the Fireside Grille is 508 947-333

Cost is \$20.00 (same price for members and non-members)	Registration Form for 1999 Chapter Annual Meeting
Registration Deadline: November 6, 1999	Name
Make Check (non-refundable) payble to: SEM/AMC	Address
Mail the completed form and check to: Louise Desrochers, 53 Christine Lane,	City/State/Zip
Taunton, MA 02780	Tel Number atttending Amt. enclosed

#### Hut to Hut Continued from page 5

plan around them. We spotted the car at the east end of the Franconia Ridge Trail, near the Cannon Mountain tramway station, then climbed the 2.5 miles to the Greenleaf hut via the Greenleaf Trail. This trail goes steeply up to Eagle Pass, then ascends more moderately up the ridge to the west shoulder of Mt. Lafayette. Here is where the hut sits, commanding a peerless view of the rocky peaks at the north end of the Franconia Ridge and a marvelous vantage point for the setting of the sun over Sugar Hill and the distant peaks of Vermont's Green Mountains. Later that evening, the full moon rose behind a thin veil of clouds beyond the ridge, silhouetting the summit of Mt. Lincoln in its ghostly aura.

Early the following day, we climbed the 1.1 miles to the summit of Lafayette, then headed south along Franconia Ridge, which has some of the most spectacular views of anywhere in the Whites. Along this stretch, a link in the Appalachian Trail, we stopped twice to chat with thruhikers, a young man, then a young woman. The woman, who'd started her Georgia-to-Maine hike of the AT in mid January, asked where she might find the next spring. Like her hiking companion, a mile or so ahead, she too was getting low on water and was extremely grateful for our offer of a spare quart. "It's trail magic," she said. "Just when things start looking bad, something good always happens to change it." We wished her well and hoped the magic would continue keeping her company for the 300-plus miles still remaining between her and Katahdin

Depending on the weather and how we were feeling when we reached the summit of Haystack, our plan was either to head down via the Falling Waters Trail or continue south for another couple miles along the ridge and descend via Liberty Springs. Once at the valley floor, we'd climb to Lonesome Lake either from Lafayette Camp ground or by continuing along the AT via the Cascade Brook Trail. The shorter route would be about 7.5 miles, the longer way closer to 10.5. We chose the shorter, but more interesting route down, which passes several very pretty waterfalls.

It would take us just about eight hours, with several short pit stops and a couple of major refuelings, to walk the 7.5 miles from Greenleaf to Lonesome Lake. Arriving just before 4 p.m., we were happy to learn that the hut was not completely full that night ... that we'd have our own "private" bunk room. We relaxed before dinner and later walked down to the edge of the lake to see the sunset paint the few lingering clouds a pale shade of fuscia. We read a bit before dousing our headlamps. Then, for the second night in a row, we slept. Both of us.

Somehow the hut-to-hut experiment had been a success. Our first night at Greenleaf, I'd awakened to the terrifying counterpoint of two Gargantuan snorers. Major leaguers, they were. Between choruses, I also heard a pitiful voice asking them over and over again P-L-E-E-A-S-E to be quiet. The voice was close-by. I was sure it was Gayle and that our experiment was at once going to be a miserable failure.

- "How'd you sleep?" I asked her next morning.
- "Not bad," she said.
- "Then it wasn't you?"
- "Wasn't me what?

Chances are you're not always going to get your best night's sleep at one of the AMC's huts. But that doesn't seem to deter the thousands of hikers that take advantage of their mountain hospitality each year. Trying to sleep under less than ideal conditions is only one small part of the hutto-hut experience. It can be an overwhelmingly small part if you let it. But if you're willing to experiment (and only Gayle can tell you her exact recipe for slumber), there's a whole lot of fun to be had during your waking hours.  $\Delta\Delta$ 

# The Tully Trail

#### Fellow Outdoors people:

I have recently been hired by Mount Grace Land Conservation Trust to spread the word about Tully Trail. Tully Trail is a 20-mile loop trail we're creating in central Massachusetts that has an abundance of panoramic vistas, gushing waterfalls pristine lakes and miles of secluded forest (I'm really not exaggerating). The trail leaves the summit of Tully Mountain 1,000 feet) passes Tully Lake and Doane's Falls which are both excellent swim holes, climbs up Jacob's Ridge for views to the distant west, crosses Spirit falls and Royalston Falls, jumps onto the M&M trail for a mile or so, then starts heading south toward Sheomet Lake (another great swimming hole), and back to Tully Mountain. There is a campground owned by The Trustees of Reservations near Tully Lake and food and drink opportunities near Tully Mountain. What is really amazing about this trail is that very few folks have been aware that all this beauty has always been right out their backdoor! I'm contacting you in hopes that you and some of your folks can spread the word about this wonderful hiking opportunity in Central Mass. My work phone number is (978) 544-7170 or Email: mail@ShaysNet.COM

I hope to soon hike with you on the Tully Trail! Gary Culver

### **Spring Fling 2000**

The Chapter's Annual Spring Fling will take place on April 22, 2000. More Details next Breeze.



Souutheastern Massachusetts Chapter APPALACHIAN MOUNTAIN CLUB 5 Joy Street Boston, MA 02108

DATED NOTICES

Mr. & Mrs. Wayne J. Taylor 409 Fairview Avenue Rehoboth, MA 02769 Non-Profit Organization U.S. Postage **PAID** Taunton MA 02780-9998 **Permit No. 511**