

The Southeast Breeze

The Newsletter of the Southeastern Massachusetts Chapter of the Appalachian Mountain Club | January 2020

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The Dedicated Dozen roll into 2020 with a New Year's Day ride, 26 miles from North Falmouth to Woods Hole. The ride has been a tradition for about 15 years. With Paul Currier under the weather, Jeff Hyman led the 2020 ride. *Photo by Bernie Meggison*

Cyclists wheel into Year 16 of 2000-Mile Club

By Paul Currier, Biking Registrar

Founded in 2004 by Jack Jacobsen and becoming operational in 2005, our AMC Southeast Massachusetts 2000-Mile Club is now beginning its 16th year of recording mileage and rewarding our cyclists for riding 1,000 miles or more annually. An achievement patch is awarded to riders the first time they ride and record 2,000 miles or more.

The club experienced its first significant growth during former vice chair Victor Oliver's tenure and has been growing since. We have had several volunteer registrars starting with Paul Currier and continuing with Dan Egan, Bernie Meggison, and Paul Currier (again). New members are always welcome—you don't have to ride 1,000 miles.

Record and send your quarterly 2020 mileage to me at paulbcurrier@comcast.net so we can post it on [our website](#) and in the Breeze.

For additional information about the 2,000-Mile Club, contact [Bernie Meggison](#), [Paul Currier](#) or Founder [Jack Jacobsen](#). See mileage records on page 6



View from the Chair: Spring Training Opportunities

Every January, as the Patriots season ends, thoughts turn to the Red Sox spring training season, only a month away. SEM, too, has spring training. On the horizon are a Leadership Training workshop, a Wilderness First Aid workshop, and a workshop for hiking & backpacking.

Leadership Training (LT) is a one-day course required for those wishing to lead safe and enjoyable hiking, biking, paddling, or skiing trips for the chapter. It is your once-a-year opportunity to learn about good trip management techniques and AMC's leadership guidelines and practices. We also welcome those who may just be curious about trip leadership skills and past workshop attendees who want a refresher in leadership. Taught by SEM's highly experienced trip leaders and visiting AMC staff, LT is a fun day of classroom instruction and structured exercises, both indoors and out. It's offered at no charge and includes lunch. This year's LT workshop will be on Saturday, April 4. For more information or to register, click [here](#).

Wilderness First Aid (WFA) is a two-day course for level 1 (local) leaders who want to qualify to lead hiking, backpacking, or other trips in the backcountry (such as the White Mountains or Berkshires), far from quickly available 911 emergency response personnel. SEM engages professionals trained specifically in backcountry first aid medicine to prepare trip leaders to treat typical injuries that could occur on the trail (but, luckily, rarely do). Certification is good for two years. WFA and optional CPR training will be held the weekend of May 2 and 3. For more information or to register, click [here](#).

Lastly, save the date for the hiking and backpacking workshop on Saturday, May 9. Focused on practical skills for those wishing to venture into the backcountry, it covers the rudiments of hiking equipment for first-time hikers (footwear, clothing, daypacks, etc.) and equipment (tents, sleeping bags, stoves, backpacks, etc.) for first time backpackers. Participants are given priority to register for our summer series, typically four progressive day hiking trips or overnight backpacking trips in NH. If this sounds interesting to you, be on the lookout for the "registration is open" announcement in the *Breeze*, under "Education" on the searchable ActDB [online trip listing system](#), or on www.amcsem.org.

Hope to see you on the trails,

Len Ulbricht, AMC-SEM Chapter Chair



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The Breeze Editor.....Mo Walsh
Blast Editor.....Marie Hopkins

Contact chair@amcsem.org if
you are interested in any
OPEN position



Joanne Newton, left, Ken Cohen, and Bob Vogel welcomed Walt Granda as the fourth member of the 500-Miler Club.

Photo by Karen Foley

Chilly day at the beach for 500-mile club and other intrepid hikers

By Ken Cohen, Hiking Vice Chair

On Thursday, December 19, seven intrepid hikers met at Horseneck Beach in Westport, MA. The air temperature at the beginning of the hike was 15 degrees with wind gusts up to 30 mph. Hike Leader Walt Granda laid out a terrific route which, after the first half-mile or so on the beach and into the wind, took us onto designated hiking trails on the much more sheltered sand dunes. Once we hiked to the mouth of the Westport River, we began our return trek on the beach with the wind at our backs! Our thrilled and chilled group covered 4-1/2 miles in challenging weather conditions.

Prior to the hike, I presented Walt with his 500 Miles Patch. That "ceremony" was followed by a group photo of our chapter's four current "500-Milers," which includes Walt, Joanne Newton, Bob Vogel and me. Hiker Karen Foley captured the photos while our two other hearty-hikers, Kate Sullivan and Jack Jacobsen, looked on.

The AMC-SEM website offers many excellent opportunities to participate in so many terrific hiking and achievement programs. I encourage you to consider the "Record Hiking Miles" option. It's a great way to set personal goals and casually compete with your fellow hikers.

As an incentive, our chapter has offered a neat looking "100 Miles" patch, which you can request from our Hiking Chair, after each 100 miles of AMC sanctioned hikes, with any AMC chapter, **in a calendar year**.

The "500 Miles" patch was added to the mix during 2019. That patch can be requested after you've exceeded 500 miles of AMC sanctioned hikes, with any AMC chapter, **during any period of time**. For example, 200 miles during calendar year 2019 and 300 miles during 2020 would fulfill that requirement. Of course, acquiring five 100 Miles patches over time would qualify you for the 500-miler. Note: Be on the lookout for our final distance patch, the 1000 Miles patch, during 2020!

Please check the details after downloading [the link](#) by clicking on "Hiking" under "Committees" on the left side of the AMCSEM website. That will take you to the comprehensive hiking activities page, where on the right side you'll click on "Record Hiking Miles." Give it some time to load, and read the details at your leisure to get started.



Hikers head into the wind, with gusts up to 15 mph, on Horseneck Beach. They got a push on the way back. *Photo by Ken Cohen*



Ken Cohen, left, awards a 500-Miler patch to Walt Granda.

Photo by Karen Foley



*Photo by
Ken Carson*

Volunteer of the Month: Anne Duggan

By George Danis, Hiking Chair

Each month the SEM recognizes one of our amazing volunteers. We are so fortunate to have people give their time, energy, and resources to make our chapter one of the best! This month the Hiking Committee recognizes **Anne Duggan** for her numerous contributions.

Anne is a tireless worker and true outdoor enthusiast who loves to be outdoors and on her snowshoes! She leads the annual snowshoe hiking series, in addition to leading other hikes throughout the year. Also, she is a regular presenter at various hiking workshops, where she enthusiastically shares her knowledge and experience with all the participants (including her hand-knitted mittens and food pouch). She always encourages them to join her (and us) on the trails.

Anne's "best gift to herself" was her initial AMC membership, which perfectly illustrates her commitment to the outdoors. The Hiking Committee is pleased to announce Anne as our volunteer of the month for January 2020. Anne will receive a Volunteer of the Month Certificate and a \$50 gift card.



This hardy crew of Cape Cod hikers celebrated the first Sunday of the New Year with a traipse through the Bell's Neck Conservation Lands in Harwich. The 4.5-mile route consisted of mostly flat terrain along the east & west reservoirs, cranberry bogs, marshland, and a herring run.

Photo by Barbara Gaughan

Save the Date!

**AMC-SEM's Annual Open House is
Saturday, April 25th
at Wompatuck State Park
in Hingham, MA.**

More details are coming soon!



Photo of Wompatuck State Park is courtesy of TripAdvisor.



AMC-SEM 1,000-Milers 2019

Robyn Saur	6,516	Lee Eckart	2,036
Ed Nelson	5,477	Jim Kilpela	1,857
<i>Albany, Buffalo, Erie</i>		Louis Outor	1,753
Rick Roberts	4,444	Paul Currier	1,682
Mike Garrity	4,235	Mark Gurnee	1,496
<i>634 in Ireland July</i>		Bill Cook	1,455
Grtz Jean-Claude Castelein	4,061	Glenn Mathieu	1,383
Susan Eliason	3,469	Jean Orser	1,370
Paul Corriveau	3,060	Joe Balboni	1,145
Bernie Meggison	3,028	Barbara Gaughan	939
<i>Erie Trails & CCRT Ranger; NC, SC</i>		Jack Jacobsen	749
Larry Kornetsky	2,676	Larry Decker	749
Joe Tavilla	2,502	Lawton Gaines	689
Alan Greenstein	2,077	Peter Linhares	512

For information about joining, or to add mileage, contact Paul Currier. paulbcurrier@comcast.net

For your consideration:

- * Our elite group of 25 reporting cyclists pedaled almost 59,627 miles in 2019.
- * The earth is 24,901 miles around.
- * Our cyclists pedaled a distance equal to almost 2-1/2 times around the world, or 10 round trips from Boston to Los Angeles (3,000 miles each way), or 23 round trips from Boston to Orlando (1.295 miles each way), or 260 round trips from Boston to Provincetown (115 miles each way)!



Explore Prince Edward Island this Summer or Fall

My two-bedroom cottage near Tignish provides sweeping views of the ocean, the beach, and the North Cape lighthouse. Enjoy kayaking, bicycling, walking the beach, swimming the warmer Gulf Stream waters, and exploring the community of Nail Pond and the many PIE attractions. The newly constructed cottage sleeps six comfortably. Weekly rent is only \$900. Contact me, AMC member Scott, for more information at 603-254-5032, or scottm@plymouth.edu.



Activities

For the most current information, [search activities online](#)

Hiking Key:

C4D

Indicates distance in miles

AA 13+

A 9-13

B 5-8

C less than 5

Indicates pace

1 very fast

2 fast

3 moderate

4 leisurely

Indicates terrain

A very strenuous

B strenuous

C average

D easy

Found in the description

L Activity leader

CL Activity co-leader

FT First Time

NM ... New Members

AN Advance Notice

C Conservation

BICYCLING

Sun., Feb. 9. Road Cycling - Sunset & Full Snow Moon, Cape Cod Canal area, MA. Mainland side - Flats and hills. Registration required. Start time: about 2 hours prior to sunset. Contact leader for registration, start time, etc. paulbcurrier@comcast.net Please arrive with tires and riders pumped and ready to roll. Helmets, water, spare tube required; pump and tools would be nice. Cancellation/rescheduling sent to registered riders only. We'll ride streets from from Sagamore Recreation Area (mainland side) into Sagamore Highlands with a stop at Peaked Cliff. Return to the recreation area and along the canal to Buzzards Bay for sunset at MMA or on Three Mile Outlook. Then back along the canal for moonrise over the Sagamore Bridge or at the end of the canal service road. Since the heaviest snow usually falls during this month, native tribes of the north and east most often called February's full Moon the Full Snow Moon. Some tribes also referred to this Moon as the Full Hunger Moon, since harsh weather conditions in their areas made hunting very difficult. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

Mon., Mar. 9. Road Cycling - Sunset & Full Worm Moon -, MA. DST is here! 22+/- Miles & 2+ hours. Mostly Flat. Start time: about 2 hours prior to sunset. Contact leader to register paulbcurrier@comcast.net. Please arrive with tires and riders pumped and ready to roll. Helmets, water, spare tube required; pump and tools would be nice. Cancellation/rescheduling sent to registered riders only. We'll start in the large parking lot on the canal in Sandwich in front of the Coast Guard Station. Take Freezer Rd. to Ed Moffit Drive past the Pilot House to the lot. Park close to Ed M. Drive in my reserved spots (marked "P") and leave the canal scenic spaces for the canal viewers. We'll cycle the canal and streets to the private Colony of Tahanto and return along Shore Road and perhaps through Gray Gables and Mashnee Island for sunset at Tidal Flats Recreation Area across the canal from MMA. Return along the canal with stops possibly at the RR Bridge for the Energy Train and Aptuxet Trading Post/ President Cleveland's personal railroad station. - Full Worm Moon - As the temperature begins to warm and the ground begins to thaw, earthworm casts appear, heralding the return of the robins. The more northern tribes knew this Moon as the Full Crow Moon, when the cawing of crows signaled the end of winter; or the Full Crust Moon, because the snow cover becomes crusted from thawing by day and freezing at night. The Full Sap Moon, marking the time of tapping maple trees, is another variation. To the settlers, it was also known as the Lenten Moon, and was considered to be the last full Moon of winter. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

CAPE HIKING

Sat., Jan. 25. Hike-Brewster, Punkhorn Parklands (Moderate), Brewster, MA. Easy 7.5 mile hike with wooded, hilly trails and 4 pond views. Expect uneven terrain, many tree roots, slippery leaves and pine needles will be encountered. Route 6 Exit 9B, 2 miles to a right on Satucket Rd. for 2.8 miles, then bear right at Stony Brook Road. In 0.3 miles, turn right on Run Hill Road. 1.3 miles to parking lot on the left. Meet 9:45 am 3 hours. Proper foot gear and poles suggested in snow or ice conditions. L Richard Kaiser (508-246-7582 Before 8:30 PM, rjkaiser@comcast.net)

Thu., Jan. 30. Hike Cataumet Greenways, Bourne, MA. Enjoy hiking Cataumet Greenways in Bourne. Traverse gently rolling wooded trails, bog paths, and grassy pastures. View ponds, bogs and historic sites. This hike is scheduled to last for 2hr 30 min. May be shorter (2hrs) depending on weather, trail conditions. Approximately 5 miles. Bring: warm layers, sturdy hiking boots, water, snacks, Yaktrax/Stabilicers/Microspikes. Hiking poles are strongly recommended Call leader Cathy Giordano if you have questions: 508 243 3884 before 9 PM Check the status of this hike before leaving home as stormy/ extreme weather may cancel the hike Go to: www.amc.org select Cape Hiking under Committees, click on Cape Schedule. Check the status of Hike Cataumet Greenways. L Catherine Giordano (508-243-3884 Before 9 PM, cmgiordan@msn.com)



Activities

For the most current information, [search activities online](#)

CAPE HIKING

Sun., Feb. 2. Hike Ryder Conservation/Lowell Holly Reservation Hike, Cotuit Rd., Sandwich, MA. Join us for a 4-4.5 mi hike in Sandwich conservation area and Mashpee Trustlands of Reservation property. The terrain is mostly flat with a few steep but short climbs thrown in. Meet at 12:45 for a 1 p.m. start. Rt 6 to Exit 3 > Quaker Meetinghouse Rd South x 2.5 mi > L @ light on Cotuit Rd x 2 mi. Trailhead parking on R for about 12 cars. L Barbara Gaughan (781-572-1321 before 9 p.m., barbaragaughan12@comcast.net, SEM Level 1 hike & bike leader)

Thu., Feb. 6. Hike Santuit Pond, Mashpee, MA. This will be a relatively flat hike to Santuit Pond and River to view herring ladder and continue on past active and inactive cranberry bogs.. We will be starting from a new location which provides better parking. Meet up time is 12:45 PM. Driving Directions: From Rte 28 in Mashpee turn onto Rte 130 to Sandwich and look for Santuit Pond Parking area in 0.6 miles on right. From Rte 6 take Exit 2 off of Mid Cape and Turn S on Rte 130 go 8.4 to parking area on L. L David Selfe (508-771-0620, kdsselfe@comcast.net)

Sun., Feb. 9. Hike Scorton Creek Sandwich, Old County Rd. East Sandwich, MA. Hike along saltmarsh, through old state game farm and past one of the original pilgrim homesteads. Contour is fairly flat, with lots of roots and some trails may be muddy. Driving Directions from Sagamore Bridge take exit 3 and turn N on Quaker Meetinghouse Rd to 6A and turn R and follow 6A to E Sandwich Post Office and turn R onto Old County Rd and park in horseshoe across from Grange Hall. From down cape take Rte 6 to Exit 4 Chase Rd and turn N and take 2nd L onto Old County Rd and park in horseshoe on L across from Grange Hall. Meet at 12:45 PM for 1 PM hike start. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

Thu., Feb. 13. Hike - South Cape Beach Mashpee (Easy), Mashpee, MA. Flat hike through woods for 2 miles, then 2 miles on sandy peninsula, or dirt fire road. From Mashpee rotary, take Great Neck Road South 4.8 miles. Left on Great Oak Road for 0.7 miles to the Mashpee Town Beach Parking Lot. Do not park at the state beach lot. Meet at 9:45 AM 2 hours. L Richard Kaiser (508-246-7582, rjkaiser@comcast.net)

Thu., Feb. 20. Hiking Snail Rd, Provincetown, Provincetown, MA. Are you ready for some dunes? This hike is spectacular and strenuous. Walk over the dunes toward the beach experiencing 360 views of sandscape, observe dune shacks close up. All soft sand and hilly. Slower pace. Trail head is on the right side of Rte 6 in P-town opposite Snail Rd which is first left into P-Town after town line sign on Rte 6. Park on right side of Rte 6 or take the left onto Snail Rd and park. Meet 9:45 for 10:00 start. May be slightly longer than 2 hours. L Pat Sarantis (508-430-9965 Before 8:30 PM, patsarantis@gmail.com)

Sun., Feb. 23. Hike--Bourne Town Forest and Four Ponds, Bourne, MA. This 2 hour approximately 4.5 mile hike is in the Bourne Four Ponds Conservation Area and adjacent Bourne Town Forest. The terrain is wooded pathways, fire roads, and mountain bike trails with several moderate hills. It offers views of the ponds and some wildlife. It is a loop so does not offer easy bail-out points. This is not a novice hike. Note that the parking and trailhead is not the Four Ponds parking lot. From the Bourne Rotary/Cape side, take Route 28S for 1.7 miles. Take a right onto Clay Pond Road/Monument Beach (green state sign) before McDonald's. Go 0.5 miles and turn left onto Valley Bars Road. Go 0.3 miles and park on the side of the road before the Weary Traveler's club. Do not use your GPS to find this location. Please bring water for drinking, dress in layers. Sturdy boots/shoes are suggested. If you have questions please contact leader -Robin McIntyre 508 789-8252. L Robin McIntyre (508-789-8252 Before 9 p.m., robinmcintyre@comcast.net, Robin is a fourth year Level 1 SEM/Cape hike leader with WFA training)

Thu., Feb. 27. Hike--Island Pond, Harwich, MA. Hike bike path to wooded trails, pass Island Pond and lavender farm with hilly trails. Rte 6 Exit 10 Rte 124S. L Old Colony Rd at crosswalk. Park R Harwich Town lot. Meet 9:45. 2 hrs. L Janet Kaiser (508-432-3277 Before 9:00 pm, jtkaiser@comcast.net, Many years Cape hike leader, AMC life member)

Sun., Mar. 15. Hike Shawme Crowell State Park Sandwich, MA. Two hour hike on wooded trails through the scenic campground, some hills. Driving directions: Take Rte 6 to Exit 2, Rte 130 and turn N. Stay on Rte 130 until you see entrance sign for Shawme Crowell. From Sagamore Bridge take 1st exit and at bottom of ramp turn R at lights, follow Sandwich Rd and merge left on 6A and then turn R onto Rte 130. Turn into Shawme Crowell and turn right drive past entrance booth and follow road until you come to open space and paved cutout on R. Park along road off pavement if possible. Meet at 12:45 PM. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)



Activities

For the most current information, [search activities online](#)

CAPE HIKING

Sun., Mar. 22. Hike--Plymouth Lane, Plymouth, MA. This 5 mile, 2.5 hour hike is in the triangle of land of Plymouth/Bourne/Wareham with the hike in Plymouth. The terrain is wooded pathways with some ruts and hills. Poles are strongly recommended with orange headgear and vests. From the OFF Cape side of the BOURNE Bridge rotary, exit the rotary onto Head of the Bay Road, between the Mobil gas station and Too Jasper motel. Go 1.2 miles to Plymouth Lane and go right for .9 miles to turn left on White Island Pond Road. Park on the left side of the road, facing outward, just adjacent to but not obstructing the sidewalk. We will carpool to the trailhead which is on a busy road with a very limited parking area. L Robin McIntyre (508-789-8252 Before 9 pm, robinmcintyre@comcast.net, Robin is a 4th year Level 1 hike leader for Cape Hikes/SEM with WFA training.)

Thu., Apr. 30. Hike--Monk's Park and Little Bay, Bourne, MA. This 2 hour hike over approximately 4 miles is in Bourne Conservation Trust properties of Little Bay and Monk's Park. We will hike wooded trails and a fire road with views of Little Bay from the bluff. A beach walk section will be included with views of Buzzards Bay. The terrain is moderate rolling hills on the wooded trails throughout the hike. Do not use your GPS to find the start of this hike. From Bourne Bridge/Cape side, take Route 28S toward Falmouth for 1.7 miles. Go right on Clay Pond Road/Monument Beach (green state sign) before McDonald's. Go 1.3 miles, cross County Road onto Beach Street for .2 mile. Go left onto Shore Road (Cumberland Farms on corner) for 1 mile. Go right onto Valley Bars Road and Monk's Park is at the end. Park at the end just before the underpass. L Robin McIntyre (508-789-8252 Before 9 p.m., robinmcintyre@comcast.net Robin is a fourth year Level 1 SEM/Cape hike leader with WFA training.)

EDUCATION

Sat., Apr. 4. Leadership Training Workshop, Wildlands Trust Community Conservation Barn, 675 Long Pond Rd., Plymouth, MA 02360. This course prepares trip leaders for managing groups they will be leading on AMC sanctioned trips. The course covers leadership styles, trip planning considerations, screening criteria to insure similar group member skills, risk mitigation, and qualifications to become a leader. Non-trip leader participants are also welcome. It is an all day course with a mix of classroom and outdoor exercises. The usual schedule is 8 am to 5 pm. Lunch is included and refreshment breaks are provided. This course is offered at no cost to AMC members. For Southeastern Mass chapter members, this is the first step in becoming a trip leader, followed by several co-leads with current chapter trip leaders, arranged in the weeks or months after this program. This training is required for prospective SEM trip leaders, but is useful for any participant interested in improving their outdoor skills and anyone wishing to become familiar with trip group management. L Douglas Griffiths (508-758-4315 after 6 pm, [reddoug@comcast.net](mailto:redDoug@comcast.net))

Sat., May 2-3. Wilderness First Aid Two Day Workshop, location: Wildlands Trust Community Conservation Barn 675 Long Pond Rd., Plymouth, MA 02360. Wilderness First Aid is a comprehensive lesson in how to react, respond, and save lives in remote, life-threatening situations. Wilderness First Aid is a two-day class designed for trip leaders, co-leaders, and outdoor enthusiasts. This course teaches the skills necessary to identify and treat medical issues common to wilderness settings and to prepare for long-term care scenarios. This emergency response training includes patient assessment, trauma, musculoskeletal and soft tissue injuries, splinting, environmental emergencies, animal and insect bites, and a variety of other topics. The course is a mix of classroom lecture and practical exercises. Both days are required to certify. This training is required for AMCSEM level 2 and above hiking trip leaders, but is a great experience for any outdoor enthusiast. Instruction is provided by SOLO, experts in providing wilderness medical training. L Douglas Griffiths (508-758-4315 after 6 pm, [reddoug@comcast.net](mailto:redDoug@comcast.net))

EXECUTIVE COMMITTEE

Volunteer Opportunities

Ongoing. Communications Chair - Southeastern Mass. Chapter, MA. As a key member of the SEM Executive Board, the Communications Chair oversees the timely production and distribution of chapter communications to chapter members and non-members, including: monthly issues of the Southeast Breeze newsletter (in conjunction with the Breeze editor); monthly Blast email announcements of important events (in conjunction with both the Chapter Chair and Blast editor); SEM annual report (jointly with the contributing chapter activity chairs such as hiking, biking, paddling, skiing, etc.) The Communications Chair also works closely with both the chapter Webmaster and Social Media Administrator to keep members (and potential members) informed; participates in monthly Executive Board meetings, soliciting content to communicate in a timely manner; interacts with AMC staff to ensure chapter communications follow current guidelines and best practices. This is a great opportunity for anyone with good communication skills and is comfortable with social media who wants to help keep the SEM chapter vital and encourage active engagement by members. For more information or to volunteer for this important position, please send an email to communicationschair@amcsem.org and/or to chair@amcsem.org. L Leonard Ulbricht (chair@amcsem.org)



Activities

For the most current information, [search activities online](#)

HIKING

Get your 100-mile patch! Contact hikingchair@amcsem.org.

Always looking for additional hike leaders! Contact hikingchair@amcsem

Sat., Jan. 25. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA - Main Houghton Pond Parking Lot - Meet near playground. This hike is considered a 'moderate' hike. Approximately 3 hours and 5 miles of up & down, up & down at a moderate pace. We can pause as needed after each up and down. Arrive at 9:45 AM for a Yeti Yoga winter warm up with simple standing stretches prior to each hike. The hike will begin at 10 AM. Proper fitness and equipment is needed. One time registration required. L Roger Whidden (781-834-7722 9 am - 9 pm, wsfi1@verizon.net, See whiddenschool.com or zazenzone.com), R Roger Whidden (781-834-7722 9 am - 9 pm, wsfi1@verizon.net)

Sun., Jan. 26. Winter Morning Out Hike at Myles Standish State Forest, Plymouth/Carver, MA. Join me for an 8 am Sunday morning hike at Myles Standish State Forest in Plymouth/Carver with the Friends of Myles Standish. See the beauty of the forest in winter. Combining the flat, pond-side East Head Loop and the hilly, wooded Bentley Loop will give us about 7 miles of beautiful trails. Once we're done, we'll still have the rest of the day for other things. Meet at 7:45 at the Forest Headquarters Parking Lot, 194 Cranberry Road, Carver, 02330. We'll plan on a moderate pace to complete the hike in approximately 3 hours. Registration is not required, but email the leader with questions or concerns. If we have snow, the hike will become a snowshoe and the distance will be adjusted. L Maureen Kelly (617-943-4288 before 8 pm, mokel773@aol.com) L John Bescherer L Paul Miller (paulallenmiller@verizon.net)

(NM) Tue., Jan. 28. Blue Hills Tuesday Hiking Series, Blue Hills, Milton, MA. For your hiking pleasure, a continuing Tuesday Morning Blue Hills Series. We will hike 'all' of the trails within the Blue Hills over time, meeting in different parking lots and hiking different routes each week. So, if you are interested in hiking in the Blue Hills Tuesdays, from 10 to about 2:00, Contact the Leader/Registrar, Bob Vogel. He will provide full information about these hikes. That information will allow you to make an informed decision about your choice to partake in this exciting, slightly different, hiking series. In addition to 'just hiking', this series also aims to provide 'skill building', both for participants and Leaders. We will incorporate a range of 'educational opportunities' as we hike, :-). Come hike, and learn. This will be a "Register once, come as often as you want" series. L Bob Vogel (vogel.r@comcast.net, Bob is a 4 season Hike leader for the Southeastern Mass Chapter, as well as a hike leader for Boston Local Walks and a 3 Season Leader for Boston H/B.) L Joanne Newton (vogel.r@comcast.net), R Bob Vogel (vogel.r@comcast.net)

Tue., Jan. 28. White Line the Blue Hills, Blue Hills Reservation, Milton, MA. What is "White Lining?" White Lining is an honor system quest to hike all of the mapped trails in the Blue Hills Reservation between the Winter Solstice and the Spring Equinox. For most folks White Lining takes several winter seasons to complete, hiking trails both on their own as well as in our fun White Lining group! For the sixth year, this popular series will have 12 hikes and will run from December 31, 2019 through March 17, 2020. We will meet on Tuesdays at 9:45 AM to hike trails in the Blue Hills Reservation for 3 to 4 hours. We will hike at a moderate pace, perfect for moving and chatting at the same time. We will also enjoy lunch while out on the trails. Please consider the number of weeks you will be able to attend when deciding if this is the right group for you to join. If you are "White Lining" and think you can attend most of the 12 hikes, this is the group for you. If "White Lining" isn't your goal, there is another AMC winter hike also offered on Tuesdays in the Blue Hills that may be a better option. You only need to register one time for all 12 hikes. Registered hikers will be sent an email during the prior week detailing the meet up location and map plan of the hike. Hikes will be cancelled during active snow storms, heavy rain, icy conditions and/or excessive cold. Winter hiking clothing, insulated hiking boots, micro-spikes, snow shoes and hiking poles are a must. Prior winter hiking experience is helpful but we welcome hikers with proper clothing and gear to register. A complete clothing and gear list will be reviewed with you when you register. White Line the Blue Hills! Lots of fun, adventure, no bugs, and gorgeous winter landscapes! L Pamela Johnson (617-448-4446, pjohnson8992@gmail.com, Pam loves being outdoors! She is an AMC SEM Hike Leader and co-leads the White Lining Series, Conditioning Series and Introduction to Hiking Series in the Blue Hills. In the summer she volunteers as a "Naturalist" and "Information Volunteer" in the AMC high mountain huts. Pam has climbed the NH48 and is now working on 52WAV.) L Claire MacDonald (Claire and her husband, Craig, are AMC SEM Hike leaders. Claire and Craig have both completed their "Red Line" of the Blue Hills and have also completed the NH48. They love international treks including adventures hiking in Nepal and Patagonia. Claire and Craig were co-leaders of the White Lining series last year.) L Craig MacDonald (Craig is an AMC SEM hike leader and together with his wife, Claire, has been co-leader on the White Lining series and is also co-leader on the Conditioning Series.), R Claire MacDonald (781-582-0316, cfrmacdonald@hotmail.com)



Activities

For the most current information, [search activities online](#)

HIKING

Thu., Jan. 30. Advanced Conditioning Hike Series, Blue Hills Reservation, Milton, MA. This is a series of advanced conditioning hikes in the Blue Hills Reservation during the winter months on alternating Thursdays. The hikes are intended for those with previous winter hiking experience. This experience could include previous SEM white lining hiking in the Blue Hills. The series is not suitable for beginners. We will be doing at least 4 miles at a moderate to moderate fast pace on rugged trails in the Blue Hills Reservation to achieve over 1000 feet of vertical climbing. The hikes will take 3 to 4 hours. MICROspikes or similar spikes will be required since we will be looking for icy places to use them. Also, backcountry snowshoes (ones that have built-in traction) are required. The series will also focus on efficient layering and climbing techniques. Steady rain or bad driving conditions will cancel. Registration is required. Group size is limited to 10. Contact the leader at: dexpdoc@gmail.com to register. L Dexter Robinson (dexpdoc@gmail.com). Dexter is an avid 4 season hiker. He has been a member of the AMC since 1994 and for many years led AMC hikes and backpacks to various locations both local and throughout New England. He has climbed all of the NH four thousand foot mountains in winter and recently completed climbing the New England hundred highest mountains.)

Thu., Jan. 30. Thursday Morning Hike: Whitney and Thayer Woods (B3C), Cohasset/Hingham, MA. Whitney & Thayer Woods (B3C) Lovely woods walk across rolling hills on Trustees of Reservations property, for 3-4 hours. Meet at 10:00am at the Cohasset commuter rail parking lot off Route 3A, by the parking places sign-posted for the rail trail. Boots suitable for weather/trail conditions, traction devices (or possibly snowshoes), water, winter wear (layers, hats, mittens) and snacks/lunch required. Persistent rain or snow that morning will cancel. Contact L by email if weather is questionable. Please carpool if possible. L Eva Borsody das (borsody@gmail.com)

Sat., Feb. 1. Winter Series Hike #3 - 4000' Hike in Crawford Notch, NH. Join us for hike #3 of the SEM Winter Hiking Series on a 4000' mountain in Crawford Notch, NH. The hike will be chosen depending on weather, trail conditions and number of participants. Possibilities include Mt. Pierce, Mt. Jackson, Mt. Tom or Mt. Field. The hike will be approximately 6+ miles with about 2300 ft. of elevation. Proper winter clothing & gear are required (which may require snowshoes/ traction/ full crampons), as well as previous winter hiking experience &/or participation in the SEM Winter Hiking Workshop. L Maureen Kelly (617-943-4288 before 8 pm, mokel773@aol.com) L Paul Miller (paulallenmiller@verizon.net)

Sat., Feb. 1. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA. See details at January 25 listing.

(NM) Tue., Feb. 4. Blue Hills Tuesday Hiking Series, Blue Hills, Milton, MA. See details at January 28 listing.

Tue., Feb. 4. White Line the Blue Hills, Blue Hills Reservation, Milton, MA. See details at January 28 listing.

Thu., Feb. 6. Wompatuck State Park Woods Walk, Hingham, MA, MA. Thursday Morning Hike Series. Five to six mile moderate hike over Wompatuck trails, following a route with varied terrain including ponds, Prospect Hill and a brief stroll along a campground road. We'll explore a variety of trails and give everyone a chance to get familiar with the Wompatuck trail map in the process. All participants should bring Micro-spikes. Snowshoes may be needed as well, and given the range of possible mid-winter conditions & temperatures, all participants should be prepared with adequate layers, equipment, and snacks/lunch. Heavy weather/unsafe travel conditions will cancel. Contact leader by email if weather is questionable. Please contact the leader if this is your first winter hike. L Thomas Graefe (781-659-2441 Before 9:00PM, tmgraefe@comcast.net)

Thu., Feb. 6. Full Moon Hike at Borderland State Park, Borderland State Park, 259 Massapoag Ave., North Easton, MA. Come and hike under a Full Moon or as some may call it, a Snow Moon. We will be hiking about 5 miles on mainly flat wide trails in between and around 2 large ponds. In the past we have seen the moon at least 90% of the time. It is a beautiful site over the ponds and across the meadow. We may need to think about snow gear this time of year. Micro Spikes at a minimum. A detailed Poop Sheet will be sent to all who Register. Please include in your registration e-mail: 1) The date of the Full Moon Hike you wish to attend. I will be listing one for each month. 2) Your contact number. 3) A description of your latest hiking experience. L William Cannon (bcannon56@gmail.com, AMC Member for 8 Years 2 years leading Full Moon Hikes AMC SEM Conservation Vice Chair) L Susan Svelnis (suesvelnis@gmail.com) L Nancy Coote (cranstonstreet22@gmail.com) L Patricia McNally (pmcnallyma@comcast.net), R Bill Cannon (bcannon56@gmail.com)



Activities

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HIKING

Fri., Feb. 7-9. Winter Hiking and Cross-Country Ski Weekend - Noble View Outdoor Center, 635 South Quarter Rd, Russell, MA, 01071. Join the SEM Chapter for its eighth annual winter weekend get-away at Noble View Outdoor Center in Russell, MA, approximately 2 hours' drive west of Boston. The centers quiet, pristine, mountaintop location offers breathtaking views of the Pioneer Valley east to Mt. Wachusett. Numerous trails wind through quiet woodlands, pass old cellar holes or descend to two waterfalls. Snowshoeing and cross-country skiing will be offered assuming enough snow and hiking otherwise. Participants will need to bring their own equipment. Please note the leader will have his well-behaved dog, Sunny, with him. The cottages have electricity, water, wood-stove heating, and shared bedrooms. Separate but next to the cottages is a heated bathhouse with toilets and hot showers. Hot meals are included in the registration fee starting with dinner Friday night through lunch on Sunday. We have reserved all 28 beds in both cottages, and we hope you decide to join us; this event is popular however, so register early. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Jeannine Audet L Joanne Newton

Sat., Feb. 8. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA. See details at the Sat., Jan. 25, listing.

(NM) Tue., Feb. 11. Blue Hills Tuesday Hiking Series, Blue Hills, Milton, MA. See details at the Tue., Jan. 28, listing.

Tue., Feb 11. White Line the Blue Hills, Blue Hills Reservation, MA. See details at the Sat., Jan. 28, listing.

Thu., Feb. 13. Advanced Conditioning Hike series, Blue Hills Reservation, Milton, MA. See details at Jan. 30 listing.

Thu., Feb. 13. Thurs. Morn. Hike Moose Hill, 293 Moose Hill Pkwy, Sharon, MA. Enjoy a 5-6 mile moderately hilly hike at the Moose Hill Audubon trails. We'll hike to the ledge and also by the vernal pools. Bring snacks/lunch, sturdy footwear, and water. Depending on conditions, you may need traction devices or snowshoes. L Diane Simms (dianemsimms@comcast.net)

Sat., Feb. 15. Snowshoe #2 Ethan Pond Trail to Ethan Pond, Crawford Notch, MA. Starting at the Mt Webster turn off on the South side of Route 302 this out and back hike proceeds along the AT with views of Crawford Notch and Mount Willey. It climbs through forests and across bog bridges to the edge of Ethan Pond, first identified by Ethan Crawford in 1850. The Pond offers stunning views of the Mt Willey cliffs and the Pemi wilderness. Weather permitting we can walk out on the pond for panoramic views. Difficulty mod to strenuous, Distance 6.5 mi, Elevation gain 1400 ft, Time 6 - 7 hours. We will be chasing snow to begin a graduated series of snowshoe hikes in New Hampshire and Massachusetts. Hike locations will be posted 1 - 2 weeks prior to the planned hike. Full winter gear with snowshoes and microspikes will be required. Participants in the SEM Chapter Winter Hiking Workshop will be given priority for registration. L Anne Duggan (508-789-5538 before 9 pm, abduggan12@gmail.com) L Eva Das (borsody@gmail.com) L Peggy Qvicklund (Hike leader since 2014. Has completed the NH 48, but mainly enjoys sharing the outdoors with likeminded folks.) CL Joanna Dixon CL Diane Hartley (abduggan12@gmail.com), R Anne B. Duggan (508-789-5538 before 9 pm, abduggan12@gmail.com)

Sat., Feb. 15. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA. See details at the Sat., Jan. 25, listing.

(NM) Tue., Feb. 18. Blue Hills Tuesday Hiking Series, Blue Hills, Milton, MA. See details at the Sat., Jan. 28, listing.

Tue., Feb 18. White Line the Blue Hills, Blue Hills Reservation, MA. See details at the Sat., Jan. 28, listing.

Thu., Feb. 20. Thursday Morning Hike - Pratt Farm Middleboro, Meet at Oliver Mill Park, 8 Nemasket Street, Middleboro, MA 02346 for car pool to trail head., MA. Explore the many paths and byways of Pratt Farm. Mostly gentle rolling hills. We will meet at an off site parking area due to limited trail head parking and car pool to Pratt Farm. Do NOT go to Pratt Farm directly. Meet before 10:00AM at the Oliver Mill parking area at the intersection of Rte 44 and Plymouth Street in Middleboro. Hike is approximately 5 miles and 2 - 3 hours depending on routes taken and time spent exploring. Bring light lunch, water and appropriate weather gear. Heavy snow or rain will cancel. Possible shorter snow shoe hike if weather permits. L Richard Carnes (508-947-3204 before 9 PM, rcarnes2@aol.com)

Sat., Feb. 22. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA. See details at the Sat., Jan. 25, listing.



Activities

For the most current information, [search activities online](#)

HIKING

Tue., Feb 25. White Line the Blue Hills, Blue Hills Reservation, MA. See details at the Sat., Jan. 28, listing.

(NM) Tue., Feb. 25. Blue Hills Tuesday Hiking Series, Blue Hills, Milton, MA. See details at the Sat., Jan. 28, listing.

Thu., Feb. 27. Advanced Conditioning Hike series, Blue Hills Reservation, Milton, MA. See details at Jan. 30, listing.

Fri., Feb. 28-Mar. 1. Lonesome Lake overnight, Franconia Notch, NH. Join us on a wonderful overnight trip to Lonesome Lake Hut. This is the last in the Winter Hiking Series. We leave from the Lafayette Campground on Friday and return Sunday morning. There is a possible Saturday hike into the hut but that is not final. Those hiking in on Friday will have day hikes on Saturday to Canon, Kinsmans or around the hut. Registrants are responsible for booking their bunk (details to follow-- 20 bunks are currently reserved) at the hut. Dinners and breakfasts are group meals and participants will be required to carry some food. Costs of the meals will be evenly divided among the participants. Participation in a winter hiking workshop is required and participants will need appropriate clothing, micro spikes, snowshoes, full crampons and a minimum zero degree rated sleeping bag. L George Danis (danisdad51@outlook.com) L Jeannine Audet (milmod@aol.com), R Jeannine Audet (milmod@aol.com)

Sat., Feb. 29. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA. See details at the Sat., Jan. 25, listing.

Tue., Mar 3. White Line the Blue Hills, Blue Hills Reservation, MA. See details at the Sat., Jan. 28, listing.

Thu., Mar. 5. Full Moon Hike at Borderland State Park, 259 Massapoag Ave., North Easton, MA. Come and hike under a Crow Moon or as some may call it, a Worm Moon. We will be hiking about 5 miles on mainly flat wide trails in between and around 2 large ponds. In the past we have seen the moon at least 90% of the time. It is a beautiful site over the ponds and across the meadow. We may need to think about Snow gear this time of year. A detailed Poop Sheet will be sent to all who Register. Please include in your registration e-mail: 1) The date of the Full Moon Hike you wish to attend. I have listed multiple dates 2) Your contact number 3) A description of your latest hiking experience. L William Cannon (bcannon56@gmail.com, AMC Member for 8 Years 3 years leading Full Moon Hikes AMC SEM Conservation Vice Chair) L Susan Svelnis (suesvelnis@gmail.com) L Nancy Coote (cranstonstreet22@gmail.com) L Patricia McNally (pmcnallyma@comcast.net), R Bill Cannon (bcannon56@gmail.com)

Sat., Mar. 7. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA. See details at the Sat., Jan. 25, listing.

Tue., Mar 10. White Line the Blue Hills, Blue Hills Reservation, MA. See details at the Sat., Jan. 25, listing.

Thu., Mar. 12. Advanced Conditioning Hike series, Blue Hills Reservation, Milton, MA. See details at Jan. 30, listing.

**Winter Hiking and
Cross-Country Ski Weekend
Friday-Sunday, Feb. 7-9, 2020
Noble View Outdoor Center in Russell, MA**

[REGISTER NOW!](#)



Photo by Ken Carson, 2015

Activities

For the most current information, [search activities online](#)

HIKING

Sat., Mar. 14. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA. See details at the Sat., Jan. 25, listing.

Tue., Mar 17. White Line the Blue Hills, Blue Hills Reservation, MA. See details at the Sat., Jan. 28, listing.

Sat., Mar. 21. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA. See details at the Sat., Jan. 25, listing.

Thu., Mar. 26. Thursday Morning Hike - Burrage Pond WMA - Halifax/Hanson, 15 Hawks Ave, Hanson, MA. Hike in The Burrage Pond WMA in Hanson & Halifax. A three hour, 5 to 6 mile moderate hike on mostly flat sandy trails. This area was once the largest cranberry bog operation in the country and is now being reverted back to wild lands. Bring lunch, water, warm clothing and especially warm windproof head gear as these open spaces can get very chilling in the winter with a stiff breeze. Heavy rain or heavy snow will cancel. Good snow shoeing if weather permits. Please contact leader BEFORE bringing DOGS on this hike. L Richard Carnes (508-947-3204 Before 8 PM, rcarnes2@aol.com)

Sat., Mar. 28. Saturday Yeti Hike in the Blue Hills, 840 Hillside Street, Milton, MA. See details at the Sat., Jan. 25, listing.

Mon., Apr. 6. Full Moon Hike at Borderland State Park, 259 Massapoag Ave., North Easton, MA. Come and hike under a Full Pink Moon or as some may call it, a Fish Moon. We will be hiking about 5 miles on mainly flat wide trails in between and around 2 large ponds. In the past we have seen the moon at least 90% of the time. It is a beautiful site over the ponds and across the meadow. We may still need to think about Snow gear this time of year. A detailed Poop Sheet will be sent to all who Register. Please include in your registration e-mail: 1) the date of the Full Moon Hike you wish to attend. I have listed multiple hikes 2) Your contact number 3) A description of your latest hiking experience. L William Cannon (bcannon56@gmail.com, AMC Member for 8 Years 3 years leading Full Moon Hikes AMC SEM Conservation Vice Chair) L Susan Svelnis (suesvelnis@gmail.com) L Nancy Coote (cranstonstreet22@gmail.com) L Patricia McNally (pmcnallyma@comcast.net), R Bill Cannon (bcannon56@gmail.com)

Sat., May 2. The 3rd Annual Spring Into Spring Hike, Arnold Arboretum - Jamiaca Plain, MA. Including two vistas, Bonsai exhibit, and "Explorer's Garden". We will explore this "tree museum" during a 4 -5 mile hike at a moderate pace. Bring water, sturdy footwear, sun screen, bug spray, snack or lunch. Meet at the Visitors' Center (Hunnewell Building) at 125 Arborway, Jamaica Plain at 8:45 for prompt 9:00 start. Plenty of on-street parking along the Arborway; or walk to the entrance from the Forest Hills Orange Line T-Stop. Rain cancels. Leashed dogs O.K. L Ken Cohen (508-942-1536 before 7:30 pm, k-cohen@comcast.net, Year-round hiker and snowshoe enthusiast. Joins groups in the Blue Hills, other DCR reservations, land trusts (active supporter of many), White Mountains, and our National Parks. AMC-SEM Hiking Vice Chair, Level I Hiking Leader. Longtime member of DCR's "Trail Watch" in the Blue Hills Reservation. At-Large Member of the Board of Trustees for the Friends of The Blue Hills. Nature photographer.)

Sat., May 16-17. Beginner Map & Compass for Hikers (Sat/Sun), Blue Hills, MA. Come learn navigation skills using a map and compass to find your way in this two-day weekend workshop. The course assumes no prior map or compass experience and is open to anyone that has not taken a map and compass course before. The class starts with basic instruction and progresses over the two days to cover some intermediate skills. All activities will take place at the Blue Hills Reservation; you will need appropriate hiking gear and be able to hike approximately 4 miles with a small daypack. On Saturday we'll use the conference center at Brookwood Farms for both indoor and outdoor instruction. You'll learn how to read a topographic map, how to use a compass and how a map and compass work together. In the afternoon you'll get to practice your skills on a directed hike in the Blue Hills using the DCR trail map. On Sunday your group will plan your own route to find flags hidden both on and off the trail. For this hike, you will be using a US geological survey topographical map that does not show the trails and you will need to make use of terrain features such as valleys, brooks, and hills to stay found. Each group will have an instructor to help facilitate learning. Prior reservation is required, and class size is limited to promote small group learning. To register for this workshop, you must commit to attending both Saturday and Sunday (9 am-5 pm). Only those that have not taken a map and compass course previously are eligible for the workshop; this ensures everyone in the group is at the same level. The fee for the workshop is \$60 (which includes both days). In addition, you will need to purchase and bring to class the Suunto M-3 NH navigating compass with adjustable declination correction, list price \$44 (currently \$29.69 on Amazon). If interested, please contact Doug Griffiths to register. L Paul Brookes (603-799-4399 after 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.), R Doug Griffiths (redDoug@aol.com)

Activities

For the most current information, [search activities online](#)

HIKING

Sat., May 30. 4th Annual Perennials Hike!, Wilson Mountain/Whitcomb Woods Reservations, Dedham, MA. Lady's Slippers galore! In a good year there are hundreds on both sides, located in sections of the well-marked trail to the summit of Wilson Mountain on the Dedham/Needham line. Wilson Mountain Reservation is 207 acres of wild and varied terrain. Large tangled thickets of Rhododendrons and Mountain Laurel grow and flower annually. Wilson Mountain is the highest point in Dedham at 295 feet. While not a true mountain, it does provide hilltop views of the surrounding area and the Boston skyline. It's managed by the Massachusetts Department of Conservation and Recreation (DCR). After Wilson Mountain and a snack break at the parking area, at your option, we'll cross Common Street to the Whitcomb Woods trail head. Here you'll experience forested, level trails with views of the Charles River, and wonder at the many gazebos along the way. The total hike is 4-7 miles at a moderate pace. Bring water snacks, sturdy footwear, bug spray, sun screen. Steady rain will cancel. Dogs on leash are O.K. L Ken Cohen (508-942-1536 Before 7:30 pm, k-cohen@comcast.net, Year-round hiker and snow shoe enthusiast. Joins groups in the Blue Hills, other DCR reservations, land trusts (active supporter of many), White Mountains, and our nation's National Parks. AMC-SEM Hiking Vice Chair, Level I Hiking Leader. Longtime member of DCR's "Trail Watch" in the Blue Hills Reservation. At-Large Member of the Board of Trustees for the Friends of The Blue Hills. Nature photographer.)

SKIING

Fri., Mar. 6-8. Cross Country Skiing & Snowshoeing in the White Mountains, The Old Field House, 347 NH 16A, Intervale, NH. Join us for a weekend of cross country skiing & snowshoeing in the beautiful White Mountains. We will stay at the lovely Old Field House in Intervale, NH. The B&B is located near many xc skiing areas; we will choose based upon snow conditions. Snowshoeing is also available, including on trails outside the B&B. Depending upon trail conditions & interest, hiking will also be an option. Or, you may spend some time at the inn with a book or go shopping in North Conway. All rooms have a private bath, & breakfast is included. We will dine out at nearby restaurants for dinner. L Jeannine Audet (508-493-8221 weeknights after 7:00 pm, weekends anytime, milmod@aol.com, Jeannine is the Skiing Chair for the SEM Chapter.) CL Dia Prantis CL Wayne Cardoza

