



The Southeast Breeze

The Newsletter of the Southeastern Chapter of the Appalachian Mountain Club | February 2019

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Please send your Word doc and photographs to breeze.editor@amcsem.org.

Please send photos as separate attachments, including the name of each photographer. Include the words "Breeze Article" in the subject line.

Shop the Breeze Market for equipment bargains!

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Moonlight reflects off the snow during January's Full Moon Hike. Photo by Sue Svelnis

Full Moon Hikes at Borderland State Park

By Bill Cannon, Hike Leader

Have you ever hiked at night under a Full Moon? The moon can be so bright, especially when there is snow on the ground, that you don't need a headlamp. You can even see your shadow—your Moon Shadow.

Every month from October through April, Leaders Patty McNally, Nancy Coote, Sue Svelnis, and Bill Cannon take a group for an evening hike under the full moon around the ponds at Borderland State Park in North Easton. They start at 6 pm and generally hike for 2 hours. The trails are wide and flat, making it safe for nighttime traversing.

The grounds are part of the old Ames Estate. They hike past a stone mansion that was built for Blanche and Oliver Ames and a lakeside stone cabin that on most nights has a few embers still glowing in the fire place for hikers to warm their fingers and toes.

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View from the Chair: What's on your mind?

We hear a lot about big data nowadays and its impact on the nation and world. I've been musing about SEM's "little data." Those of you who attended this past November's SEM Annual Meeting or read the annual report know that 71 trip leaders led 354 activity trips last year, 10% more than the prior year. That's an average of five trips per leader. That gave me pause to look back a few years to 2015. I found the number of active leaders leading trips has increased from 56 to 71. That volunteers are stepping up and adding to our cadre of leaders is very good news and a credit to all who promote and implement our Leadership Training program. Developing new leaders is necessary, both to replace those leaders who have moved on to other interests and to enable us to expand the number of trips we can offer our members going forward.

Other interesting "little data" comes from changes in our chapter makeup over the 10 years from Oct. 2008 to Oct. 2018. Our membership has increased by 11%, the number of families by 16%, and—as a sure sign of baby boomer impact—the number of seniors has tripled to 8%. A new stat AMC didn't track 10 years ago is 20- and 30-year-old young members, which is at 3% of our current membership. That's not too bad when you consider that the Boston chapter, which one would think should easily draw in young members, is only at 4%.

So now what? "Little data" forms a backdrop to your Executive Board decision-making. We are gratified by the uptick in active trip leaders and memberships. It speaks to the vibrancy in our chapter. Both are positive directions which we hope will continue. The Board is currently considering which activity areas to focus on going forward. There's a general feeling we should expand the number of trip offerings in underserved areas of southeastern MA, weekend trips for families and young members, and trail work and local conservation efforts. All would require more trip leaders and increased communication efforts to reach beyond our current *Breeze* readership and perhaps membership. More easily said than done.

As your Executive Board continues to explore the SEM chapter's future direction, we'd really appreciate hearing your ideas. Just email me at chair@amcsem.org with your thoughts or to arrange a time for a telephone conversation to discuss what you have in mind. Hope to see you out on the trails!

Thanks!

Len Ulbricht, SEM Chapter Chair

2019 Executive Board

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Vice ChairOPEN	Communications Vice ChairDio Goncalves	Membership Vice ChairSandi Santilli
SecretaryAnn McSweeney	Conservation ChairBill Cannon	Paddling ChairEd Foster
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Cape Hiking ChairJane Harding	Hiking Vice ChairOPEN	Trails Vice ChairPete Tierney
Cape Hiking Vice ChairCathy Giordano		

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Social Vice ChairOPEN	Webmistress.....	Cheryl Lathrop
Social Media AdministratorChristine Racine	The Breeze Editor.....	Mo Walsh
	Blast Editor.....	Marie Hopkins

Contact chair@amcsem.org if you are interested in any OPEN positions



Photo by Cathy Giordano

Volunteer of the Month: Richard Kaiser

By Cathy Giordano, Cape Cod Hiking Vice Chair

Each month the SEM recognizes one of our amazing volunteers. We are so fortunate to have people give their time, energy, and resources to make our chapter one of the best! This month the Cape Hiking Committee recognizes Richard Kaiser for his numerous contributions.

Richard is an accomplished AMC leader, beginning with hikes and canoe trips in Westport and North Dartmouth in the early 90s to leading three-season hikes on Cape Cod.

His love for the mountains of New Hampshire, as well as hiking, influenced Richard to introduce hut-to-hut hiking to his children at an early age. It also led him to meet his wife, Janet, on an AMC hike in the White Mountains! Richard's intrigue with the diversity of cliffs and marsh life impact his choice of hikes to lead on the Cape.

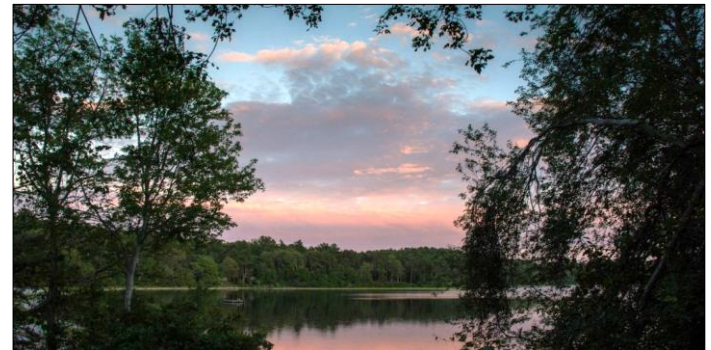
Richard aptly uses GPS to map hikes, to scope out old and new venues for hiking, to locate vistas and special features that shouldn't be missed. Old hikes become new again! He's also quick to step up whenever a hike leader needs help.

Now that he is retired, Richard has stepped up to lead numerous hikes helping the AMC-SEM Cape group offer a more robust hiking schedule. We greatly appreciate his service.

Thank you, Richard for all you do!

Richard will receive a Volunteer of the Month Certificate and a \$50 gift card.

Richard is also an AMC Life Member.



Save the Date Fall Gathering 2019 October 18th to 20th Camp Burgess in Sandwich, MA

We are looking for volunteers for leading activities, workshops, registration, logistics. If you can help out for even a couple of hours, it would be much appreciated. Contact FG2019 Event Chair, Barry Young at pastchapterchair@amcsem.org.

Full Moon Hikes

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By the ponds there are small weirs and waterfalls, several bridges over streams, and the remnants of an old ice house that supplied ice to ice boxes in the area.

And there is plenty of wildlife too. It is typical for the group to see deer and hear owls hooting, as well as hear the peepers in early spring.

Before each hike they send out a Poop Sheet to those who register, with information regarding expected weather and trail conditions and outlining what equipment will be required. Last month's hike was on icy trails with a high temperature of five degrees. Chances of fresh snow are high in the winter months.

Hikers are encouraged to take the Winter Hiking Workshop and Leadership Training. This series is a great way to test out your gear and preparedness for a slightly more strenuous winter hike in, say, the White Mountains.

Future hikes are February 19, March 19, and April 16. They are all posted on the SEM web site. Hope to see you at Borderland!

New Hampshire winter weekend

By Jeannine Audet, Skiing Chair



Happy Skiers ready to go. *Photo by Jeannine Audet*

On January 11-13, our group of 22 filled the Mountain Fare Inn in Campton, NH, to enjoy a weekend of cross-country skiing, snowshoeing, and hiking. There were some long-term returning skiers/snowshoers and some who were brand new to our trips from as far away as New York.

On Saturday morning it was very cold, in the single digits, as we enjoyed our delicious breakfast at the Inn. Then the temperature slowly rose to the teens, but the skies were clear and sunny. The trails at the Waterville Valley Adventure Center were well groomed. Our two morning ski groups (“fast” and “half-fast”) covered a lot of ground and braved a stiff morning breeze, which calmed in the afternoon.

The snow-covered trees and views were beautiful, and the bridges were a great spot for photos!

Some of the group chose to relax back at the Inn for the afternoon. Another ski group went out to ski other trails,

and a few chose to snowshoe at Waterville Valley. We all reconvened for Happy Hour by the fireplace at the Mountain Fare. A hearty dinner followed at the Mad River Tavern, with some trying out the local microbrews and lively conversation by all.

Following our breakfast Sunday morning, a group returned to Waterville Valley for skiing, including the scenic Moose Run Loop. A second group hiked the beautiful nearby Welch-Dickey loop, an invigorating 4.4 miles, and enjoyed spectacular views. Some chose to ride the fat bikes at the WV Center, while others went for a snowshoe near the Inn. As we were allowed a late checkout of 3:30 pm from the Mountain Fare, the group had time for our morning activities, packing up, and watching most of the Patriots-Chargers game, loudly rooting on our Pats.



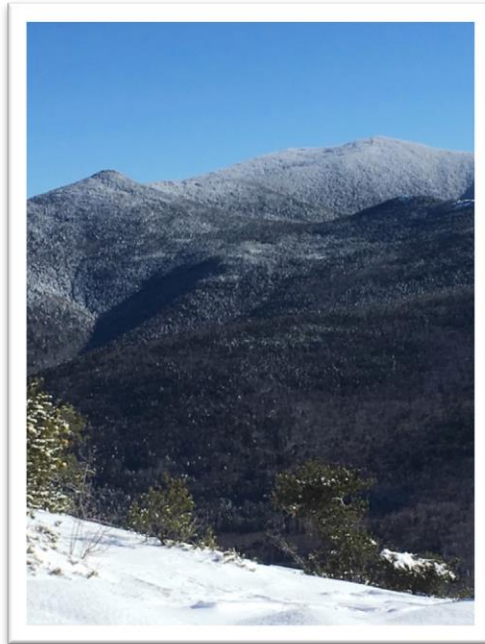
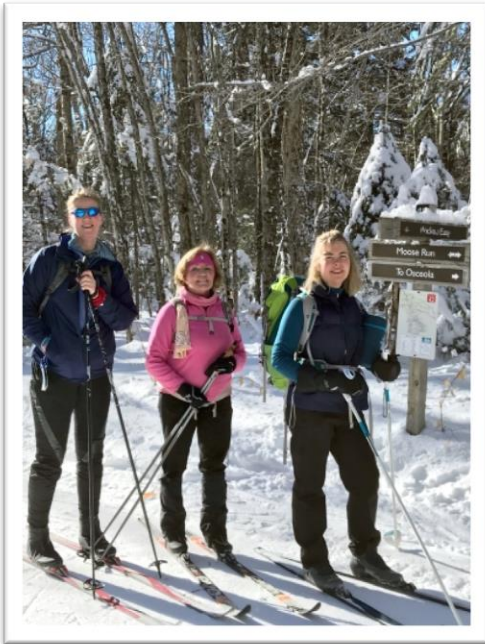
Skiers starting out from the Inn. *Photo by Susan Eliason*

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New Hampshire winter weekend

Continued from page 4

This was our second year at the Mountain Fare. Our hosts were gracious and welcoming, provided beautiful rooms, abundant coffee and tea, and stoked a roaring fire. Their easygoing dog, Sam, hung out nearby. The WV Center staff was also very welcoming, providing a group discount on activities, helpful trail information, and outstanding ski lessons for members of our group who were new to cross-country skiing or just wanted to brush up on their skills. We have requested dates with the Mountain Fare for a return trip in January, 2020.



Left: Sunday morning skiers tackle the scenic Moose Run Loop.

Photo by Jeannine Audet

Right: The view from Welch-Dickey Loop.

Photo by Paul Audet



Group members chill out during Happy Hour on Saturday night at the Mountain Fare Inn.

Photo by Jeannine Audet

‘White-Lining the Blue Hills on a Red-Lining kind of day’

Essay and Photos By Ken Cohen



White-Line hikers set off into the woods around the pond.

During the early morning of Saturday, February 2, 2019, the now infamous groundhog, Punxsutawney Phil, was pulled from his borrow. He did not see his shadow! That fact resulted in the less-than-scientific prediction of an early spring.

The following Tuesday, February 5, thirty enthusiastic White-Liners gathered at the Ponkapoag Golf Course parking lot. That’s where we began our 5.48-mile trek down Maple Avenue with the goal of circumnavigating Ponkapoag Pond. Our leader/trip-organizer was Pam Johnson. Pam also presented the group with a very interesting chronological and geological history of the Ponkapoag vicinity at various points along the way.



Great Blue Hill visible in the distance.

The near-record number of enthusiastic participants blazed the Green Dot and other Ponkapoag Trails at a very rapid pace. All of us were astounded by the spring-like weather, with the air temperature reaching approximately 63 degrees, under wispy clouds in calm-soothing air. An early spring, indeed, Mr. Punxsutawney Phil!

One of the highlights of the outing occurred during our lunch break by the water near the AMC Cabins. The White-Lining Program creator, Paul Brookes, and our leader Pam presented Bill Doherty with a White-Lining achievement patch. Bill had recently completed all 125 miles of trails in the Blue Hills Reservation while hiking during the winter months (from the Winter Solstice through to the Vernal Equinox). This was the second time Bill had reached that lofty goal! An impressive achievement indeed!



Ice-covered paths melted in the 60-plus-degree sun.



Beth Mosias and other hikers at Ponkapoag Pond.

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Beginner Hiking Program from AMC Boston Family Outings

AMC Boston Family Outings is an active group of parents, grandparents, and kids of all ages who like to get outdoors. We meet to hike, camp, bike, fish, canoe in summer, and snowshoe, ski, skate, or sled in winter. We lead both day hikes and weekend trips and our leaders are AMC members and parents active in the outdoors.

We will kick off our spring season with a Beginner Hiking Program, April through June. Look for information in late February on [our website](#) or through our newsletter.

To sign up for our mailing list, please send a blank email to amcfamilyoutings-subscribe@yahogroups.com. We send a monthly newsletter via this Yahoo Group as well as a emails with trip listings and/or reminders.

Recycle clothing & backpacks

Father Bill's in Brockton has requested large backpacks for the homeless. They also need warm clothing, especially large sizes, in good condition. Your donations are tax deductible.

Drop off donations or call:

Father Bill's, 508-894-8520
26 Spring Street, Brockton, MA

Maureen Kelly, 617-943-4288
1550 State Rd., Plymouth, MA

Sally Delisa, 781-834-6851
163 King Philip's Pathe, Marshfield, MA

Father Bill's & MainSpring (FBMS) is a registered 501(c)3 charitable organization. Its mission is to end and prevent homelessness in Southern Massachusetts with programs that provide emergency and permanent housing and help people obtain skills, jobs, housing, and services. It helps people who are struggling with homelessness or are at risk of homelessness to achieve self-sufficiency.



White-Lining at Ponkapoag Pond Photos by Ken Cohen

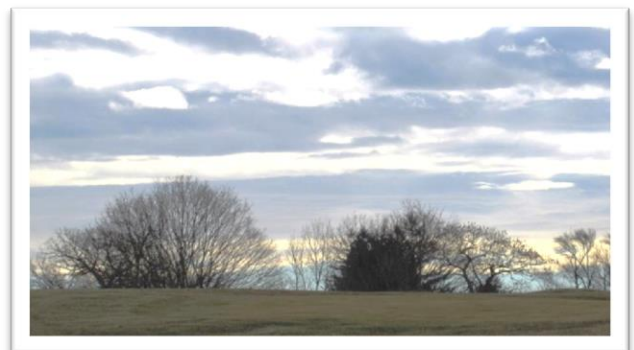
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Sunny the Yellow Lab joins the fun.



Pam Johnson presents Bob Doherty's White-Lining patch.



An inviting landscape for February.

Get quarterly newsletter on AMC Adventure Travel trips



AMC Adventure Travel group in the Dolomites.
Photo by Mike Darzi

AMC's Adventure Travel Program is taking you around the world! Led by our trained volunteer leaders, join us on a small group excursion to exciting destinations like skiing in Austria, cycling in Ireland or trekking in Nepal. It is an exciting and affordable way to recharge in nature and experience group travel. To learn about the latest trip offerings, sign up for our quarterly newsletter at www.outdoors.org/ATnews.

Are you an experienced chapter leader looking to take your next step in leadership? Adventure Travel leadership may be for you! Contact the programs manager, Nancy Holland, at nholland@outdoors.org to find out more.



Unique single and multi-element wilderness trips for teens aged 12 – 18. They'll have fun, gain confidence and competence, and enjoy New England's most spectacular wilderness areas.
www.outdoors.org/teenwilderness

White-Lining at Ponkapoag Pond

Photos by Ken Cohen

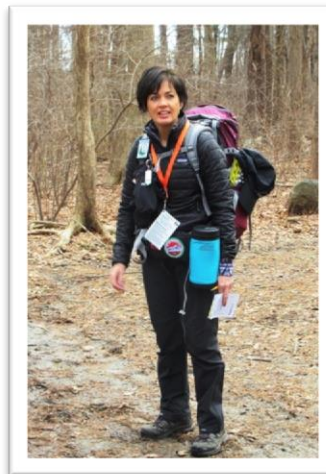
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Paul Brookes catches the patch presentation.



A mysterious shadow stalks the hikers. Is that a camera in its hand?



Our leader, Pam Johnson, is geared up for a good hike.

Leadership Training in April, Wilderness First Aid in May

By Doug Griffiths, Education Chair

The next **Leadership Training** one-day course will be held on Saturday, April 6, 2019, in Plymouth. This course prepares trip leaders for managing groups they will be leading on AMC sanctioned trips. The course covers leadership styles, trip planning considerations, screening criteria to ensure similar group member skills, risk mitigation, and qualifications to become a leader. Non-trip leader candidates are also welcome. It is an all-day course with a mix of classroom and outdoor exercises. Lunch and refreshment breaks are provided. This course is offered at no cost to chapter members.

This training is required for prospective SEM trip leaders, but is useful for any participant interested in improving their outdoor skills and anyone wishing to become familiar with trip group management.

All those interested in this Leadership Training course may also wish to consider **Wilderness First Aid Training** coming up May 4-5, 2019. The course runs 8 AM to 4 PM both days with an optional CPR course available Saturday at 4 PM.

Instruction is provided by SOLO, experts in providing wilderness medical training. Their excellent courses have been well-received by AMC members for years, and we look forward to continuing to sponsor their trainings.

Pricing is as follows: \$160 for AMC or Wildlands Trust members, \$175 for non-members. Price includes lunch and break service both days. The optional CPR course costs an additional \$40.

Wilderness First Aid is a comprehensive lesson in how to react, respond, and save lives in remote, life-threatening situations. Wilderness First Aid is a two-day class designed for trip leaders, co-leaders, and outdoor enthusiasts. This course teaches the skills necessary to identify and treat medical issues common to wilderness settings and to prepare for long-term care scenarios. This emergency response training includes patient assessment, trauma, musculoskeletal and soft tissue injuries, splinting, environmental emergencies, animal and insect bites, and a variety of other topics. The course

is a mix of classroom lecture and practical exercises. Both days are required to certify.

This training is required for AMC-SEM trip leaders, but is a great experience for any outdoor enthusiast. I would encourage any AMC trip participant to consider taking this course. You will find it exciting and stimulating.

Both courses are offered at the Wildlands Trust Community Conservation Barn; 675 Long Pond Road; Plymouth, MA 02360 (just south of Exit 3 off Route 3).

To register for Leadership Training or for Wilderness First Aid, please contact AMC-SEM Education Chair Doug Griffiths at RedDougG@aol.com or 508-758-4315 after 6 PM.

AMC to launch 'Be Outdoors' brand & membership campaign

You'll notice some changes in upcoming communications and advertising from the Appalachian Mountain Club with a new message, new logo treatments, and a variety of visuals. The changes address several goals, including an inclusive "you" orientation; an expanded view of outdoor activities for all interests, ages, and ability levels; a sense of fun, adventure and engagement with other people and the outdoors. The transition will be gradual, with both logos in use for some time.

Here's part of the AMC statement on the new theme:

"Be Outdoors recognizes the essential connection of the human condition to its origin point. It's the biggest, simplest thing you can do in the biggest, simplest place you can do it. Be Outdoors celebrates the spirit of adventure in every possible form embracing everything that comes with it – wisdom, humor, work, fun, pain, and triumph. There is no wrong way or where to Be Outdoors. There's room for everyone to be, outdoors. Be yourself outdoors. Be together outdoors. Belong outdoors."



Chapter Volunteer Opportunities



Dear Fellow SEM Members,

The SEM Executive Board is seeking a Chapter Vice Chair volunteer to:

- *Support the SEM Chapter Chair and our great activity leaders;
- *Help run the 2019 AMC Fall Gathering which will be held on Cape Cod;
- *Represent the SEM Chapter at a variety of club-wide and chapter events;
- *Interface with AMC HQ and learn how AMC functions behind the scenes;
- *Support conservation, education, and recreation in Southeastern Massachusetts.

You will assist with the development of chapter goals, budgets and special events (such as Fall Gathering 2019), assist other committee members in coordinating chapter activities, and participate in monthly Executive Board meetings and periodic AMC meetings of chapter chairs. Experience with or willingness to learn straightforward Excel spreadsheet and PowerPoint-type applications helpful.

Please contact Chapter Chair Leonard Ulbricht (chair@amcsem.org)



SEM's Executive Board is seeking a Biking Vice Chair to assist the Biking Committee Chair with planning, organizing and leading bike trips in Southeastern Mass. A particular focus of this position is to promote bike trips off Cape in Plymouth, Bristol, and surrounding counties. This includes leading trips, identifying desirable routes, and encouraging development of additional bike leaders.

Please contact Chapter Chair Leonard Ulbricht

chair@amcsem.org

SEM's Executive Board is seeking a Hiking Committee Vice Chair to assist the Hiking Committee Chair in planning, coordinating, and leading hiking trips for the chapter. The Vice Chair will also assist the Chair in arranging quarterly planning meetings and workshops for new hikers, backpackers, and winter season preparation.

Please contact Chapter Chair Leonard Ulbricht

chair@amcsem.org



Mount Rainier

AMC's August Camp 2019



Experience magnificent Mount Rainier National Park! See stunning waterfalls, alpine meadows carpeted with wildflowers and grand scenic vistas on dozens of easy to challenging hikes led by trained AMC volunteers. Visit Mount St. Helens. Trek across the shoulders of one of the highest and most dramatic peaks in the lower 48 states.

Camp in the small former lumbering town of Packwood, WA, adjacent to the park. Just arrive and enjoy the activities and camaraderie. Everything's provided: tents, hearty, delicious meals prepared by our staff, local transportation and a free shuttle from Seattle-Tacoma International Airport.

July 13 through August 10. Attend one week or two. Detailed information and registration will be posted at augustcamp.org by early December. Camp filled by mid-January last year, so don't miss out! Registration opens January 2, 2019.

Week 1:	July 13 — July 20
Week 2:	July 20 — July 27
Week 3:	July 27 — Aug. 3
Week 4:	Aug. 3 — Aug. 10

One Week: \$975 for members; \$1150 for non-members.

Applications are accepted beginning January 2, 2019 in the order in which they are received. Get sign-up information after December 1 at our web site, augustcamp.org.

Questions? Ask Lois Rothenberger at ACRegistrar@comcast.net

augustcamp.org



Photos by Kathy Kelly-Borowski, August Camp 2014

Activities

For the most current information, [search activities online](#)

Hiking Key:

C4D

Indicates distance in miles

AA13+

A.....9-13

B.....5-8

C.....less than 5

Indicates pace

1.....very fast

2fast

3moderate

4leisurely

Indicates terrain

Avery strenuous

Bstrenuous

Caverage

Deasy

Found in the description

LActivity leader

CLActivity co-leader

FT.....First Time

NM...New Members

AN....Advance Notice

C.....Conservation

BICYCLING

Ongoing. Vice Chair, Biking Committee, SEM's Executive Board is seeking a Biking Vice Chair to assist the Biking Committee Chair with planning, organizing and leading bike trips in Southeastern Mass. A particular focus of this position is to promote bike trips off Cape in Plymouth, Bristol and surrounding counties. This includes leading trips, identifying desirable routes, and encouraging development of additional bike leaders. L Leonard Ulbricht (chair@amcsem.org)

CAPE HIKING

Thu., Feb. 14. Hike Cataumet Greenways, Bourne, MA. Enjoy hiking Cataumet Greenways in Bourne. Traverse gently rolling wooded trails, bog paths, and grassy pastures. View ponds, bogs and historic sites. This hike is scheduled to last for 2hr 30 min. May be shorter (2hrs) depending on weather, trail conditions WARM LAYERS, WATER, SNACKS YAKTRAX / STABIL ICERS Call leader Cathy Giordano if you have questions: 508 243 3884 You may want to check out info about Show and Go Hikes on the AMC web site. Go to amcsem.org/hikesignup.html. L Catherine Giordano (508-243-3884 Before 9 PM, cmgiordan@msn.com)

Sun., Feb. 17. Hike South Truro going North, Truro, MA. Woodland trails, hills, and scenic bay views, and roads, houses of interest. From Route 6, Truro, turn left on Prince Valley Road, go to the end. Right on County Road, then an immediate left on Ryder Beach Road. Park at the end. Meet at 9:45 am. 2 hours. L Janet Kaiser (508-364-5047 Before 9 p.m., jtkaiser@comcast.net, AMC life member)

Thu., Feb. 21. Eastham-Coast Guard Beach (C4D), MA. Easy hike through woods and marshes. Nice views of Nauset Marsh and Atlantic Ocean. Hike starts promptly from the Salt Pond Visitor off Rte.6 at 10am..2 hours. L Farley Lewis (508-737-6983 Before 9pm, farlewis@comcast.net)

Sat., Feb. 23. Hike Falmouth Moraine, Falmouth, MA. Hike approximately 5 miles along the Falmouth Moraine Trail, passing through some hilly, heavily forested areas. This is a one way hike. The pace will be moderate and the terrain is strenuous in parts. This is a one-way hike. Meet on the Service Rd. off of Brick Kiln Rd at 9:45. Trail Talk promptly at 10 AM. From here we will carpool to the start.. Not a beginners hike! Sturdy hiking boots, traction devices such as Yaktrax, Stabilicers are a must. Dress in layers, bring plenty of water, snacks/lunch, personal first aid kit. This is a known tick habitat. Repellent is strongly recommended. Deep snow, heavy rain cancels. CHECK AMCSEM.ORG WEBSITE FOR CANCELLATIONS OR CALL LEADER Any questions, call leader Cathy Giordano 508 243 3884. L Catherine Giordano (508-243-3884 before 9 PM, cmgiordan@msn.com)

Thu., Feb. 28. Hiking Provincetown Snail Road, Provincetown, MA. Hike Provincetown Snail Rd. Great hike with 360 degrees of amazing sandscape. Look and see Cape Cod Bay turn around and see the Atlantic Ocean. Walk over two high dunes. (This will be strenuous). Observe dune shacks close up. We will go at a slower pace in some places. The trail head is on the right side of Route 6 in Provincetown directly opposite Snail Rd. Park on Rte 6 (off the road) or take a left and park on Snail Rd. L Pat Sarantis (508-430-9965 Before 8:30 at night, patsarantis@gmail.com)

Continued on next page

Activities

For the most current information, [search activities online](#)

CAPE HIKING

Sun., Mar. 3. Hike Shawme Crowell State Park, Sandwich, MA. Two hour hike on wooded trails through the scenic campground, some hills. Driving directions: Take Rte 6 to Exit 2, Rte 130 and turn N. Stay on Rte 130 until you see entrance sign for Shawme Crowell. From Sagamore Bridge take 1st exit and at bottom of ramp turn R at lights, follow Sandwich Rd and merge left on 6A and then turn R onto Rte 130. Turn into Shawme Crowell and turn right drive past entrance booth and follow road until you come to open space and paved cutout on R. Park along road off pavement if possible. Meet at 12:45 PM. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

Thu., Mar. 7. Hike Long Nook, Truro, MA. 2 hour hike. Visit AF Base and Jenny Lind Tower. Directions: From Route 6 take Right on Long Nook Rd (1.2 miles after Pamet Rd Exit) and follow to parking lot at the end. Meet at 9:45 and hike 10 am - 12:00 pm. L Richard Kaiser (508-432-3277 Before 9 PM, rjkaiser@comcast.net)

Thu., Mar. 14. Hike--Four Ponds and Bourne Town Forest, Bourne, MA. This 2 hour approximately 4.5 mile hike is in the Bourne Four Ponds Conservation Area and adjacent Bourne Town Forest. The terrain is wooded pathways, fire roads, and mountain bike trails with several moderate rolling hills. It offers views of the ponds and some wildlife. It is a loop so does not offer easy bail-out points. This is not a novice hike. Note that the parking and trailhead is not the Four Ponds parking lot. From the Bourne Rotary/Cape side, take Route 28S for 1.7 miles. Take a right onto Clay Pond Road/Monument Beach (green state sign) before McDonald's. Go 0.5 miles and turn left onto Valley Bars Road. Go 0.3 miles and park on the side of the road before the Weary Traveler's club. Please bring water for drinking, dress in layers. Sturdy boots/shoes are suggested. If you have questions please contact leader -Robin McIntyre 508 789-8252. L Robin McIntyre (508-789-8252 Before 9 p.m., robinm McIntyre@comcast.net, Robin is a third year Level 1 SEM/Cape hike leader with WFA training)

Thu., Mar. 21. Hike-Brewster, Punkhorn Parklands (C3C), Brewster, MA. Wooded, hilly trails with pond views. Route 6 Exit 9B, 2 miles to a right on Satucket, then bear right at Stony Brook Road. In 0.3 miles, turn right on Run Hill Road. 1.3 miles to parking lot on the left. Meet 9:45 am 2 hours 15 mins. L Janet Kaiser (508-432-3277 before 9 p.m., jtkaiser@comcast.net)

Sat., Mar. 23. Truro Historical Trek, between Pamet Harbor and Truro's Great Swamp, Truro, MA. Truro Historical Trek: Fast-paced 6+ mile walk, along Cape Cod Bay beaches and coastal banks. A few friendly, well-behaved dogs allowed with prior approval of leader. Occasional stops to highlight points of interest, including the first European summer vacation in Truro (1603), the opening of the Cape Cod railroad (1873, in Truro), the most expensive 'McMansion lawsuit' on the Cape, the Pilgrim's theft of Indian seed corn (1620), and the loss of most of Truro's men at sea (1844). Three miles on the beach, three+ on the coastal bank and a little bit inland. A bit strenuous due to beach-walking and some hills and beach stairs. Beach-walking can be challenging when cold/windy so check weather forecast and dress appropriately. Optional lunch afterwards from very good 'diner' a mile from the hike. Heavy rain or snow may delay until Sunday March 24, 2019. L Jay Vivian (508-858-4855 6:30pm - 9:00pm, jvivan0@comcast.net)

(FT) (NM) Thu., Apr. 4. Hike Bourne Farms Hike, West Falmouth, MA. Enjoy a leisurely Spring meander beginning at a lovely old farm. We will enter a woodland with a few hills, cross two streams, and go around a cranberry bog. After the hike, the group could go together to a nearby restaurant for lunch. As with most hikes on the Cape, poison ivy, ticks, and mosquitoes can be present. Rain cancels the hike, but if in doubt about the weather, call the leader. Meet at 0945 for a 1000 start, and the hike should last about 2 hours. L John Gould (508-540-5779, jhgould@comcast.net)

(FT) (NM) Sun., Apr. 14. Hike the Coonamessett River Headwaters, East Falmouth, MA. An easy 1 3/4 hr hike through woods and along a dirt road on the south side of Coonamessett Pond in Falmouth, one of the larger ponds on the Cape. We will see the origin of the Coonamessett River (a very small "river") and follow it past old cranberry bogs, as it flows south toward Great Pond and the sea. As with most hikes on the Cape, poison ivy, ticks, and mosquitoes can be present. Rain cancels, but if in doubt about the weather, call the leader. Meet 1245 for a 1300 start. From the intersection of Rt 151 and Sandwich Rd, in North Falmouth, drive south on Sandwich Rd for 1.6 miles. Turn right on Hatchville Rd. Go 0.6 miles and turn left onto a dirt road leading to parking. L John Gould (508-540-5779, jhgould@comcast.net)

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CAPE HIKING

Thu., Apr. 25. Hike Crowes Pasture, Dennis, MA. Hike in Crowes Pasture, along surrounding marsh and beach and through historic Quivet Neck neighborhood. Expect soft sand! RT 6 to Exit 9 and RT 134 North. Follow RT 134 north to traffic lights at RT 6A and turn right. Follow RT 6A for .8 miles and turn left on School St (Airline Rd on Right). Follow School St for .4 miles and turn left on Cold Storage Rd. Follow Cold Storage Rd for .5 miles to parking lot at the beach. L Deborah Hayden (508-274-2820 before 9PM, shaferhayden@gmail.com)

EDUCATION

Sat., Apr. 6. Leadership Training Workshop, Wildlands Trust Community Conservation Barn 675 Long Pond Rd., Plymouth, MA 02360. This course prepares trip leaders for managing groups they will be leading on AMC sanctioned trips. The course covers leadership styles, trip planning considerations, screening criteria to insure similar group member skills, risk mitigation, and qualifications to become a leader. Non-trip leader participants are also welcome. It is an all day course with a mix of classroom and outdoor exercises. The usual schedule is 8 am to 5 pm. Lunch is included and refreshment breaks are provided. This course is offered at no cost to AMC members. For Southeastern Mass chapter members, this is the first step in becoming a trip leader, followed by several co-leads with current chapter trip leaders, arranged in the weeks or months after this program. This training is required for prospective SEM trip leaders, but is useful for any participant interested in improving their outdoor skills and anyone wishing to become familiar with trip group management. L Douglas Griffiths (508-758-4315 after 6 pm, [reddougg@aol.com](mailto:redoug@aol.com))

Sat., May 4-5. Wilderness First Aid Two Day Workshop, Wildlands Trust Community Conservation Barn, 675 Long Pond Rd., Plymouth, MA 02360. Wilderness First Aid is a comprehensive lesson in how to react, respond, and save lives in remote, life-threatening situations. Wilderness First Aid is a two-day class designed for trip leaders, co-leaders, and outdoor enthusiasts. This course teaches the skills necessary to identify and treat medical issues common to wilderness settings and to prepare for long-term care scenarios. This emergency response training includes patient assessment, trauma, musculoskeletal and soft tissue injuries, splinting, environmental emergencies, animal and insect bites, and a variety of other topics. The course is a mix of classroom lecture and practical exercises. Both days are required to certify. This training is required for AMCSEM trip leaders, but is a great experience for any outdoor enthusiast. Instruction is provided by SOLO, experts in providing wilderness medical training. L Douglas Griffiths (508-758-4315 after 6 pm, [reddoug@aol.com](mailto:redoug@aol.com))

Sat., Jun. 22-23. Two-day Map and Compass Workshop (Sat/Sun), Blue Hills, Boston Area, MA. See listing under Hiking. R Paul Brookes (603-799-4399 After 8am and before 9pm, PaulBrookes1966@outlook.com)

EXECUTIVE COMMITTEE

Ongoing. Vice Chair, Southeastern Mass Chapter, MA. Dear fellow SEM Member, The SEM Executive Board is seeking a chapter Vice Chair volunteer to: *Support the SEM Chapter Chair and our great activity leaders; *Help run the 2019 AMC Fall Gathering which will be held on Cape Cod; *Represent the SEM Chapter at a variety of club-wide and chapter events; *Interface with AMC HQ and learn how AMC functions behind the scenes; *Support conservation, education and recreation in Southeastern Massachusetts. You will assist with the development of chapter goals, budgets and special events (such as Fall Gathering 2019), assist other committee members in coordinating chapter activities, and participate in monthly Executive Board meetings and periodic AMC meetings of chapter chairs. Experience with or willingness to learn straightforward Excel spreadsheet and Power Point-type applications helpful. L Leonard Ulbricht (chair@amcsem.org)

HIKING

Get your 100-mile patch! Contact hikingchair@amcsem.org.
Always looking for additional hike leaders! Contact hikingchair@amcsem.org

Ongoing. Vice Chair, Hiking Committee, Southeastern Mass Chapter, MA. SEM's Executive Board is seeking a Hiking Committee Vice Chair to assist the Chair in planning, coordinating, and leading hiking trips for the chapter. The Vice Chair will also assist the Chair in arranging quarterly planning meetings and workshops for new hikers, backpackers, and winter season preparation. L Len Ulbricht (chair@amcsem.org)

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HIKING

Tue., Feb. 19. White Line the Blue Hills hikes, Blue Hills, MA. See listing for January 22. L Claire MacDonald, R Cathy MacCurtain (camaccurtain@aol.com)

Tue., Feb. 19. Full Moon Hike at Borderland State Park, 259 Massapoag Ave., North Easton, MA. Come and hike under the Full Snow Moon or as some call it a Full Hunger Moon. We will be hiking about 5 miles on mainly flat wide trails in between and around 2 large ponds. When the moon is out the reflections are breathtaking and the trails are so bright you can see your shadow. Depending on the weather, snow gear may be required. A detailed Poop Sheet will be sent to all who register. Please include with your email registration: 1) The date of the hike you want to participate in 2) A contact number 3) A description of your latest hiking experience. L William Cannon (bcannon56@gmail.com, AMC Member for 8 years This is my 2nd year of leading Full Moon Hikes AMC SEM Conservation Chair) L Susan Svelnis (suesvelnis@gmail.com), R Bill Cannon (bcannon56@gmail.com)

Sat., Feb. 23. Winter Morning Out Hike at Halfway Pond Conservation Area, Halfway Pond Conservation Area, MA. Join me for an 8 am Saturday morning hike at Halfway Pond Conservation Area in Plymouth. See the beauty of the forest in winter. We will combine dirt road walking around the ponds with hilly trails in between the ponds for about 7 miles of beautiful trails. Once we're done, we'll still have the rest of the day for other things. Features along the trails include wetlands, kettle holes, beech forest and an area of cathedral pines. Halfway Pond is the headwater for the Agawam River and eagle nesting territory. Meet at the Long Pond Boat Ramp Parking Lot at 7:45 for a 8:00 am start. Take Exit 3 off Rt 3 and head southwest. At the intersection turn left onto Long Pond Rd and a quick right onto Clark Rd. Stay left to keep on Clark Rd which turns into West Long Pond Rt. Parking Lot is on the right. We'll plan on a moderate pace to complete the hike in approximately 3 hours. Registration is not required, but email the leader with questions or concerns. L Maureen Kelly (617-943-4288 before 8 pm, mokel773@aol.com) L John Bescherer (john.bescherer@gmail.com)

Tue., Feb. 26. White Line the Blue Hills hikes, Blue Hills, MA. See listing for January 22. L Claire MacDonald, R Cathy MacCurtain (camaccurtain@aol.com)

Thu., Feb. 28. Thursday Morning Blue Hills Hike/Snowshoe - Ponkapoag Pond, Canton, MA. Moderate to fast pace, with occasional stops. 4 ½ - 5 mile hike around The Pond. Approx. 10:00am-12:30pm. Please arrive by 9:45 am for a prompt 10:00 am start. Bring hiking shoes, micro-spikes or similar traction devices, snacks/lunch & water. We'll take a break at the AMC Camp, down near the pond, weather permitting. Steady rain or snow cancels. Dogs on leash O.K. L Ken Cohen (508-942-1536 Before 8:00 pm, k-cohen@comcast.net, Year-round hiker and snow shoe enthusiast. Join groups in the Blue Hills, other DCR reservations, land trusts (active supporter of many), White Mountains, and our nation's National Parks. AMCSEM Class I Hiking Leader for the past 18 months having organized approximately a dozen trips in The Hills and other local hiking destinations. Longtime member of DCR's "Trail Watch" in the Blue Hills. Active ad-hoc member of the Board of Trustees for The Friends of The Blue Hills. Avid nature photographer.)

Fri., Mar. 1-3. SEM Winter Hiking Series Overnight Trip to Carter Notch, NH. The fourth and final trip in the Southeastern Mass. Chapter's 2018-19 Winter Hiking Series will bring us to remote and pristine Carter Notch. On Friday, we'll hike or snowshoe into the AMC Carter Notch hut via the very pretty, 3.8-mile long Nineteen-Mile Brook Trail with a (mostly) gradual 1,900-foot elevation gain. On Saturday, we'll visit a nearby 4,000-foot peak such as Carter Dome and/or Wildcat A and then hike out on Sunday. Possible option for just staying Saturday night. Previous winter hiking experience and full winter gear required, including microspikes, snowshoes, crampons, insulated winter boots, and zero-degree sleeping bag. Preference given to those who have participated in previous SEM Winter Series hikes/snowshoes this season. L Paul Miller (508-369-4151 before 9:00 pm please, paulallenmiller@verizon.net, Paul, an experienced four-season hike leader, prefers to hit the trails in winter.) L George Danis L Maureen Kelly (mokel773@aol.com) CL Dio Goncalves , R Paul Miller (508-369-4151 before 9:00 pm please, paulallenmiller@verizon.net)

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HIKING

Tue., March 5. White Line the Blue Hills hikes, Blue Hills, MA. See listing for January 22. L Claire MacDonald, R Cathy MacCurtain (camaccurtain@aol.com)

(FT) (NM) Thu., Mar. 7. Thurs. Morning Hike - Oldham Trail & Harold Clark Forest, Foxboro, MA. Hike the Oldham Trail and Harold Clark Forest in Foxboro. Meet at 10:00 am at parking lot on Rt. 140 across from Sunoco Station. Heavy rain will cancel. Bring lunch or snack and water and wear appropriate footwear. L Muriel Guenther (508-699-7461 Before 9:00PM, murielguenther@comcast.net)

Sat., Mar. 9-10. Winter White Mountain Overnight at Carter Notch Hut, White Mountains, NH. Come enjoy the wonders of winter at an AMC Hut in the White Mountains of NH. Enjoy a snowy weekend of moderately strenuous hiking, focusing on scenery and good company! We will hike 3.8 miles (2322' elev gain) along the 19 Mile Brook trail to the unheated rustic Carter Notch Hut (3288'). Weather permitting and after a break at the hut, there will be an option to summit Carter Dome (4832') on Saturday (or possibly Sunday). Carter Dome is ~1.2 miles with a 1532' elev gain from the hut. Vegetarian meals for Saturday dinner and Sunday breakfast will be provided by the leaders, but prepared as a group. Full winter gear, including a minus 20 degree F sleeping bag, and winter hiking experience (or enrollment in an AMC Winter Hiking Program) are required. This trip is being co-listed with the Delaware Valley Chapter. Claudine Kos (claudinekos05@yahoo.com) is the leader from the DV chapter. L Robin Melavalin, Robin is a 4-season hike leader. She loves winter hiking in the White Mountains. In addition, she leads AMC adventure travel groups to exciting destinations such as Kilimanjaro, Patagonia and Nepal.), R Robin Melavalin (robinoutdoors@gmail.com)

Carter Notch Hut Hiking Weekend

March 9-10, 2019

Join your fellow SEMers and Delaware Valley members for winter hikes focused on great scenery and fellowship!

Tue., March 12. White Line the Blue Hills hikes, Blue Hills, MA. See listing for January 22. L Claire MacDonald, R Cathy MacCurtain (camaccurtain@aol.com)

Thu., Mar. 14. Thursday Morning Blue Hills/Buck Hill Hike, Blue Hills, Milton, MA. We will hike 5 hilly miles in the Blue Hills from the State Police Barracks on Hillside Street to Buck Hill and return. Bring water, lunch, sturdy footwear, rain gear. Storm cancels. L Deborah Lepore (617-778-4339 Before 9:00 pm, DLepore2@GMail.com) CL Hans Luwald (508-668-0462 before 9:00 PM, hans.luwald@gmail.com)

Tue., March 19. White Line the Blue Hills hikes, Blue Hills, MA. See listing for January 22. This last hike of the series will be a shorter hike followed by a social lunch at one of the local restaurants. L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Claire MacDonald, R Cathy MacCurtain (camaccurtain@aol.com)

Tue., Mar. 19. Full Moon Hike at Borderland State Park, 259 Massapoag Ave., North Easton, MA. Come and Hike under the Full Worm Moon or Crow Moon. We will be hiking about 5 miles on mainly flat wide trails in between and around 2 large ponds. The moon rise is 5:19 pm and if the clouds have parted we will be in for some breathtaking views. Depending on the weather, snow gear may be required. A detailed Poop Sheet will be sent to all who register. Please include in your registration email: 1) The date of the hike you wish to attend 2) A contact number 3) A description of your latest hiking experience. L William Cannon (bcannon56@gmail.com, AMC member for 8 years Full Moon Leader for 2 years AMC SEM Conservation Chair) L Susan Svelnis (suesvelnis@gmail.com) L Patricia McNally (pmcnallyma@comcast.net), R Bill Cannon (bcannon56@gmail.com)

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HIKING

Tue., Mar. 26. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. Hike hilly Skyline Trail and adjacent trails on nine successive Tuesday mornings 3/26-5/21, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Expect rocks and granite ledges on most ascents and descents. Moderate initial 1.5 - 2 mph pace and 3 mile hilly hike, progressing over the 9 weeks to 8 or more miles with cumulative elevation gain around about 2000 feet.. 9:15 am sign-in, 9:30 am hike start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht (lenu44@gmail.com, Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He enjoys hiking the 48 NH 4K peaks and is an AMC Adventure Travel leader.) CL Pam Johnson (pjohnson8992@gmail.com) CL Craig MacDonald (craigmacdonald695@gmail.com), R len ulbricht (lenu44@gmail.com)

Sat., Mar. 30. Winter Morning Out Hike at Myles Standish State Forest, MA. Join me for an 8 am Saturday morning hike at Myles Standish State Forest in Plymouth/Carver. See the beauty of the forest in winter. Combining the flat, pond-side East Head Loop and the hilly, wooded Bentley Loop will give us about 7 miles of beautiful trails. Once we're done, we'll still have the rest of the day for other things. Meet at 7:45 at the Forest Headquarters Parking Lot, 194 Cranberry Road, Carver, 02330. We'll plan on a moderate pace to complete the hike in approximately 3 hours. Registration is not required, but email the leader with questions or concerns. If we have snow, the hike will become a snowshoe and the distance will be adjusted. L Maureen Kelly (617-943-4288 before 8 pm, mokel773@aol.com)

Tue., Apr. 2. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. See details at Tuesday, March 26 entry.

Tue., Apr. 9. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. See details at Tuesday, March 26 entry.

Tue., Apr. 16. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. See details at Tuesday, March 26 entry.

Tue., Apr. 16. Full Moon Hike at Borderland State Park, 259 Massapoag Ave., North Easton, MA. Come and hike under a Full Pink Moon or as some may call it, a Full Fish Moon. We will be hiking about 5 miles on mainly flat wide trails in between and around 2 large ponds. In the past we have seen the moon at least 90% of the time. It is a beautiful site over the ponds and across the meadow. Hopefully we won't need any snow gear. A detailed Poop Sheet will be sent to all who Register. Please include in your registration e-mail: 1) the date of the Full Moon Hike you wish to attend 2) Your contact number 3) A description of your latest hiking experience. L William Cannon (bcannon56@gmail.com, AMC Member for 8 Years 2 years leading Full Moon Hikes AMC SEM Conservation Chair) L Susan Svelnis (suesvelnis@gmail.com) L Nancy Coote (cranstonstreet22@gmail.com) L Patricia McNally (pmcnallyma@comcast.net) CL Anne Rapp (anne.rapp99@gmail.com), R Anne Rapp (anne.rapp99@gmail.com)

Tue., Apr. 23. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. See details at Tuesday, March 26 entry.

Tue., Apr. 30. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. See details at Tuesday, March 26 entry.

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HIKING

Sat., May 4. Sat, 2nd annual "Spring into Spring" hike, Arnold Arboretum, Jamaica Plain, MA. 281 acres- including two hills with vistas, bonsai exhibit, lilacs, and "Explorer's Garden". We will explore this "tree museum" during a 4-5 mile hike at a moderate pace. Bring water, sturdy footwear, sun screen, bug spray, snack or lunch. Meet at the Visitors' Center (Hunnewell building) located at 125 Arborway, Jamaica Plain at 9:45 AM for prompt 10:00 start. Plenty of on-street parking along the Arborway; or walk to the entrance from the Forest Hills Orange Line T-stop. Steady rain cancels. Leashed dogs O.K. L Ken Cohen (508-942-1536 before 8:00 pm, k-cohen@comcast.net. Year-round hiker and snowshoe enthusiast. Joins groups in the Blue Hills, other DCR reservations, land trusts (active supporter of many), White Mountains, and our National Parks. AMC-SEM Class I hiking leader. Longtime member of DCR's "Trail Watch" in the Blue Hills. Active ad-hoc member of the Board of Trustees for the Friends of the Blue Hills. Avid nature photographer.)

Tue., May 7. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. See details at Tuesday, March 26 entry.

Tue., May 14. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. See details at Tuesday, March 26 entry.

Tue., May 21. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. See details at Tuesday, March 26 entry.

Thu., May 30. 3rd Annual Perennials Hike, Wilson Mountain & Whitcomb Woods, MA. Lady's slippers galore! In a good year there are hundreds on both sides, in sections of the well-marked trail, to the summit of Wilson Mountain. Wilson Mountain reservation is 207 acres of wild and varied terrain. Large tangled thickets of rhododendrons grow on a hillside. Mountain laurel too, in season. Wilson Mountain is the highest point in Dedham at 295 feet. While not a true mountain, it does provide hilltop views of the surrounding area. It is managed by the Massachusetts Department of Conservation and Recreation (DCR). After Wilson Mountain, at your option, we'll cross Common Street to the Whitcomb Woods trailhead. Forested level trails with views of the Charles River, many gazebos along the way. The total hike is 5-7 miles at a moderate pace. Steady rain cancels. Bring water snacks/lunch, sturdy footwear, bug spray, sunscreen. Well-behaved dogs on leash are O.K. L Ken Cohen (508-942-1536 before 8:00 pm, k-cohen@comcast.net, Year-round hiker and snowshoe enthusiast. Joins groups in the Blue Hills, other DCR reservations, land trusts (active supporter of many), White Mountains, and our National Parks. AMC-SEM Class I hiking leader. Longtime member of DCR's "Trail Watch" in the Blue Hills. Active ad-hoc member of the Board of Trustees for the Friends of the Blue Hills. Avid nature photographer.)

Sat., Jun. 22-23. Two-day Map and Compass Workshop (Sat/Sun), Blue Hills, Boston Area, MA. Come learn beginner to intermediate navigation skills using a map and compass to find your way in this two-day weekend workshop. No prior skills are required. All activities will take place at the Blue Hills Reservation; you will need appropriate hiking gear and be able to hike approximately 4 miles with a small day-pack. On Saturday we'll use the conference center at Brookwood Farms for both indoor and outdoor instruction. You'll learn how to read a topographic map, how to use a compass and how a map and compass work together. In the afternoon you'll get to practice your skills on a directed hike in the Blue Hills using the DCR trail map. On Sunday your group will plan your own route to find flags hidden both on and off the trail. For this hike, you will be using a topographical map which does not show the trails and will make use of terrain features such as valleys, brooks, and hills to stay found. Each group will have an instructor to help facilitate the learning. Prior reservation is required, and class size is limited to promote small group learning. To register for this workshop, you must commit to attending both Saturday and Sunday. You will need to purchase and bring to class a navigating compass with adjustable declination correction, the recommended compass is the Suunto M-3 (list price \$44). L Paul Brookes. (Living in Boston, I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) CL Doug Griffiths ([reddoug@aol.com](mailto:redDoug@aol.com)) CL Pete Tierney (pxtierney@aol.com), R Paul Brookes (603-799-4399 After 8am and before 9pm, PaulBrookes1966@outlook.com)

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Activities

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SKIING

Fri., Mar. 1-3. Cross Country Skiing- The Old Field House, 347 NH 16A, Intervale NH. Join us for a weekend at the Old Field House in Intervale, NH. We will cross country ski, snowshoe &/or hike, depending upon the snow conditions. The Old Field House is a cozy B & B, with a hearty breakfast included. There are many opportunities for outdoor activities and shopping close by. Dinners will be at local restaurants. L Jeannine Audet (508-493-8221 weeknights after 7:00 pm, weekends anytime, milmod@aol.com) CL Barbara Hathaway (508-662-0724, barb224@tmlp.net), R Barbara Hathaway (508-662-0724, barb224@tmlp.net)



Happy Trails!