



# The Southeast Breeze

The Newsletter of the Southeastern Massachusetts Chapter of the Appalachian Mountain Club | June 2018

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Please send photos as separate attachments, including the name of each photographer. Include the words "Breeze Article" in the subject line.

## Shop the Breeze Market for equipment bargains!

Members looking to sell, trade, or free-cycle their used equipment can post for free.

Business advertisements are just \$15/month. Send inquiries to [breeze.editor@amcsem.org](mailto:breeze.editor@amcsem.org)



DCR Park Ranger Marguerite Denoncourt with Bernie Meggison at the Bike Safety checkpoint at the start of the Cape Cod Rail Trail in Dennis.

## Free Bike Safety Checks from AMC-SEM

By Bernie Meggison, Biking Chair

On Saturday, June 16, I started the first AMC-SEM complimentary bike safety checks program. It was at the starting point parking lot on the Cape Cod Rail Trail in Dennis. Time frame: 9 a.m. to 1 p.m.

Thirty-nine bikes were checked for general safety issues: brakes, tires, shifting and bearings on the handle bars, pedals etc. In general, it was total success. Many people were interested to learn about AMC. I had a supply of our **"Love the outdoors? Join the club!"** flyers.

Hopefully this effort will increase the awareness of AMC—and our SEM chapter. I'll try to perform this service one day a week on weekends at these locations:

- |                      |                     |
|----------------------|---------------------|
| Dennis Rail Trail    | Falmouth Rail Trail |
| Nickerson State Park | Cape Cod Canal      |

Thanks to you all for your support!

## View from the Chair: Have a Great Summer—Outside!

Summer is officially here and that's when most people think about being outside. We have a full line-up of hikes—local hikes like our Red Line the Blue Hills series and, of course, the more challenging hikes up north in the “Whites” or out in the Berkshires. Several paddling trips on the Cape and some exciting destination bicycle rides are also coming up. Check out our activities [on our website](#).



When you go on an AMC event this summer, why not ask a friend to come along? Hopefully, your friends will have a good time and will want to join the club, but AMC membership is not necessary to go on our hikes, bike rides, and paddles.

While we have several activities going on this summer, the Executive Board will be taking a brief break from our monthly meetings. *The Breeze* will not be published in July and August, but please continue to send your articles and photos to [the Breeze editor](#) so everybody can read about “How I spent my summer!” when we publish again in September.

This fall we will hold our first ever Chapter Retreat! Join us September 21-23 at Camp Burgess in East Sandwich for a weekend of biking, hiking, paddling, and socializing with some of the finest outdoor enthusiasts around, your fellow SEM members. Just think, you can take a bike trip, hike a trail, **and** paddle a kayak/canoe **all in a single weekend** and all in Southeastern Massachusetts. Plus we'll throw in several special events and a couple of evening campfires, too. Further details can be found in [the trip listing](#).

*Hope to see you outside!*  
**Barry Young**  
AMC-SEM Chapter Chair

### 2018 Executive Board

Chapter Chair .....Barry Young  
Vice Chair .....Len Ulbricht  
Secretary .....Ann McSweeney  
Treasurer .....Patty Rottmeier  
Past Chapter Chair .....Maureen Kelly  
Biking Chair .....Bernie Meggison  
Biking Vice Chair .....OPEN  
Cape Hiking Chair .....Jane Harding  
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Communications Chair .....Paul Miller  
Communications Vice Chair .....Dio Goncalves  
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Skiing Vice Chair .....Barbara Hathaway  
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### Ad Hoc Committee Chairs & Other Chapter Contacts

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Social Media Administrator .....Christine Racine  
Social Networking Moderator.....Sue Mulligan

Webmistress..... Cheryl Lathrop  
The Breeze Editor.....Mo Walsh  
Blast Editor.....Marie Hopkins

Contact [chair@amcsem.org](mailto:chair@amcsem.org)  
if you are interested in any  
OPEN position



Our Group on the summit of Grand Monadnock. *Photo by Paul Miller*

## Mt. Monadnock hike via uncrowded Pumpelly Trail doesn't disappoint

By Paul Miller, Communications Chair & Hike Leader

At 4.4 miles each way, the Pumpelly Trail is the longest route up to the 3,165-foot summit of Mt. Monadnock. But it's also one of the least crowded routes and arguably the most scenic.

Rather than starting from the often-bustling park headquarters off Poole Road in Jaffrey, NH, the Pumpelly trailhead is at quiet Dublin Lake on Lake Road in nearby Dublin, NH. The trail starts out very gently through some pretty woods on Wildland Trust property, but eventually starts climbing steeply up to the Pumpelly Ridge. From there it keeps poking up above tree line, offering "teaser" views to the still-distant Monadnock summit.



Nice views from the summit! *Photo by Dio Goncalves*

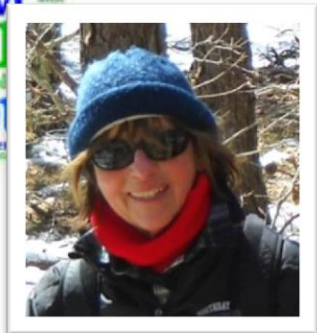
Eventually, after passing the intersection with the Cascade Link and Spellman Trails, the Pumpelly Trail breaks free of the tree line. The dramatic views in several directions include one up to the summit, upon which many hikers can often be seen milling around. After passing several other trail intersections and alpine bogs, hikers finally start the final approach to the summit. Some steep and rugged sections include a few fun scrambles.

On Saturday, June 16, Walt Granda, Anne Duggan, Peggy Qvicklund, and I led seven other AMCers from the SEM and Boston Chapters up the Pumpelly Trail to the summit of Grand Monadnock. The weather was beautiful, the views excellent (as promised), and the trail uncrowded until we approached the summit. As could be expected on a nice day such as this, the summit was swarming with dozens of hikers of all shapes, sizes, and ages...who all appeared to be on a natural high.



Approaching a major trail intersection on the Pumpelly Trail. *Photo by Dio Goncalves*

We took in the expansive views and hungrily consumed our lunches on the summit, before heading back down to the trailhead. We descended via the same route, which in this direction offers nice views down to Dublin Lake for much of the way.



**Volunteer of the Month: Janet Kaiser**

**By Cathy Giordano, Cape Hiking Vice Chair**

Each month the SEM recognizes one of our amazing volunteers. We are so fortunate to have people give their time, energy, and resources to make our chapter one of the best! This month the Cape Hiking Committee recognizes **Janet Kaiser** for her numerous contributions.

Janet has introduced many a hiker to the uniqueness of Cape trails. She enthusiastically explores, pre-hikes, and leads enjoyable hikes in beautiful settings. Just as Janet followed the lead of AMC leaders before her, she recruits and encourages hikers to attend Leadership Training. But it doesn't end there...Janet offers support and energy to help new leaders get started.

Impressed by well-maintained, clearly marked trails when she was summiting Mount Washington in 1984, Janet gratefully joined the Appalachian Mountain Club. She quickly became a dedicated peak bagger, hiking the remaining NH 4,000-footers over the next eight years.

Now an AMC life member, Janet still finds it rewarding to introduce a Cape trail to new hikers. She finds great joy in discovering new trails and vistas under the direction of our newer AMC-trained, highly competent hike leaders!

Janet will receive a Volunteer of the Month Certificate and a \$50 gift card.

**We ♥ Volunteers!**

See page 2 for OPEN positions or email [chair@amcsem.org](mailto:chair@amcsem.org) to learn how you can use your time and talents to help your fellow AMC-SEM members!



**Register NOW for Our Chapter Retreat on Cape Cod Sept. 21-23, 2018**

Come join your fellow AMC-SEM members at our first-ever [Cape Cod Chapter Retreat](#) weekend, September 21-23. We'll enjoy the 300 acres of forests, fields, and freshwater ponds at the Camp Burgess Outdoor Education and Retreat Center in East Sandwich, MA.

We'll offer a variety of hiking, biking, and paddling events to choose from during this fun weekend, plus workshops on bike maintenance/repair, map & compass orienteering, and even a yoga session (bring your mat). Socialize with your fellow SEMers while strolling the camp grounds, at the social hour before dinner, or on a pontoon boat cruise from the camp's Spectacle Pond waterfront.

For the more adventurous, try the zipline or climbing wall. After dinner, gather around a campfire to share war stories or relax in the camp's cozy lodge.

The weekend includes accommodations for two nights in gender-specific camp bunkhouses with bathroom facilities and hot showers; two breakfasts; two dinners; Saturday lunch; and two pre-dinner BYOB social hours...all for just \$187 per person.

Saturday-only registrants can join in any hikes, bikes, and paddles, the social hour and dinner, and close out the day by the evening campfire for \$30 per person.

For further information about our Chapter Retreat, contact Len Ulbricht at [lenu44@gmail.com](mailto:lenu44@gmail.com). Register with Sandy Santilli at [smsantilli@comcast.net](mailto:smsantilli@comcast.net).





## Discoveries at World's End

Photos by Ken Cohen

Thursday, May 31, was a near-perfect weather-day for our five-mile hike at World's End in Hingham. Leader Eva Borsody das, Ed Fopiano, and I had a very scenic, moderate to fast-paced trek. (I presume many of the usual Thursday participants were well into the Thursday cycling series.) The Thursday hikes will resume in September.



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## Yo-ho! Yo-ho! A-hiking we will go!



Anne Rapp receives her patch from Joe Keogh for successfully hiking every trail in the Blue Hills. Anne, in keeping with tradition, treated the 24 hikers with chocolate chip cookies. *Photo by Bill Cannon*



## Additional AMC Fall Outdoor Events

If you can't join us for our own [Southeastern Mass. Chapter Retreat on Cape Cod](#), Sept. 21 to 23, you may want to consider two other outdoor options:

The AMC [Fall Hiking Week](#), Sept. 28-Oct. 5, at Woodward's Resort in Lincoln, NH. This event is being put on by our friends at the Connecticut AMC Chapter. There will be several guided hikes each day, ranging from easy to challenging. Last year they offered a total of 38 hikes over the week. All meals are included, as well as afternoon tea & cookies and pre-dinner social hour snacks/appetizers. Stay for the week or a few days. For registration information, a tentative hike schedule when it's available, and any other information, please visit [www.fallhikingweek.org](http://www.fallhikingweek.org). Registration deadline is Aug. 31.

The Connecticut chapter is also hosting an AMC [Fall Gathering](#) Oct. 12-14 in Woodstock, CT. Camp Woodstock on the shores of Black Pond offers heated cabins, unheated yurts, and a campsite with parking close by. Numerous hiking, biking, and paddling activities will be led by experienced local leaders. Additional activities will be offered at camp, and there are nearby sites for daytime touring. See details and registration [information here](#).



Maureen Kelly, left, Len Ulbricht, and Jeannine Audet on Owl's Head summit June 23, 2018. Maureen completed her 47th 4000-footer and Len his XLVIII-th. *Photo by Jeannine Audet.*



## Speak Up for Conservation!

### Campaign for renewal of the Land and Water Conservation Fund (#SaveLWCF)

The Land and Water Conservation Fund (LWCF) is a visionary and bipartisan federal funding program for protecting our nation's most special places. From Sterling Forest in the New York Highlands, to White Cap Mountain in Maine, to the Appalachian National Scenic Trail, LWCF has funded the protection of some of our most iconic landscapes and trails in the Northeast.



In December of 2015, after briefly allowing the LWCF to expire, Congress reauthorized the Land and Water Conservation Fund for three years. Now the clock is ticking down once more, with just three months to go until LWCF expires again on September 30, 2018. As a leader within the nationwide LWCF Coalition, AMC is calling on our elected officials to permanently reauthorize LWCF and provide full and permanent funding to unleash the true promise of this critically important conservation and recreation program.

### AMC Voices are Needed!

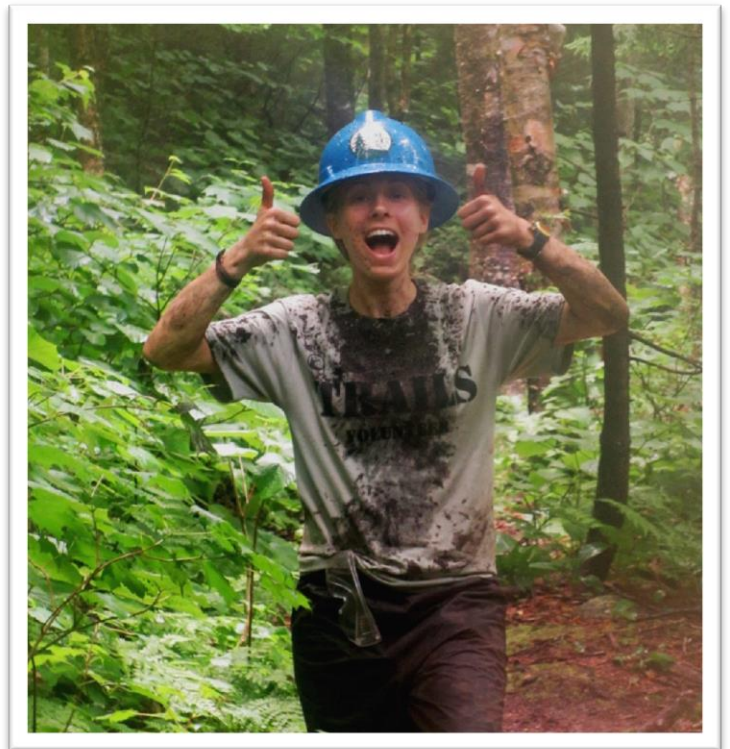
Countless AMC outdoor trips have been hosted in places protected by this program, many of which may still be private property or would have been lost to development if not for LWCF. But one reason LWCF is threatened with expiration is that most people do not know its role in protecting the places they love. So, this year we are shining a light on this unsung hero of conservation!

For the year leading up to September 30, 2018, AMC and our LWCF Coalition partners launched the 52 Weeks Campaign to celebrate and feature every place that we could that has benefited from LWCF funding. This is a great opportunity to get outside to these places and share what you now know about LWCF. Encourage people to communicate with their elected leaders about permanent reauthorization of the fund.

### Call to Action:

1. Schedule or attend a trip on LWCF-protected land between now and September 2018.
2. Share photographs on social media using the hashtag: #SaveLWCF.
3. Speak up by going to the [Action Center](#) on Outdoors.org and sending a letter on LWCF to your Members of Congress. Use the drafted sample letter to get started. We will also be keeping our #SaveLWCF webpage up to date with current news, events and ways to get involved:

<http://www.outdoors.org/articles/blogs/conservation/savelwcf/>



### 2018 AMC Teen Trail Crews Open

It's not too late to sign up for an AMC Teen Trail Crew this summer! We have a variety of crews still available from the Delaware Water Gap to northern Maine. Sign up for a week-long crew or one of our 2-Week programs. We have base camp and backcountry crews to choose from to match up any experience level or interest. These volunteer trail crews also qualify for community service and provide up to 40 hours of service per-week! Check out the [full list of programs](#) and sign up today!



## Sign-ups still open for AMC Teen Wilderness Adventures

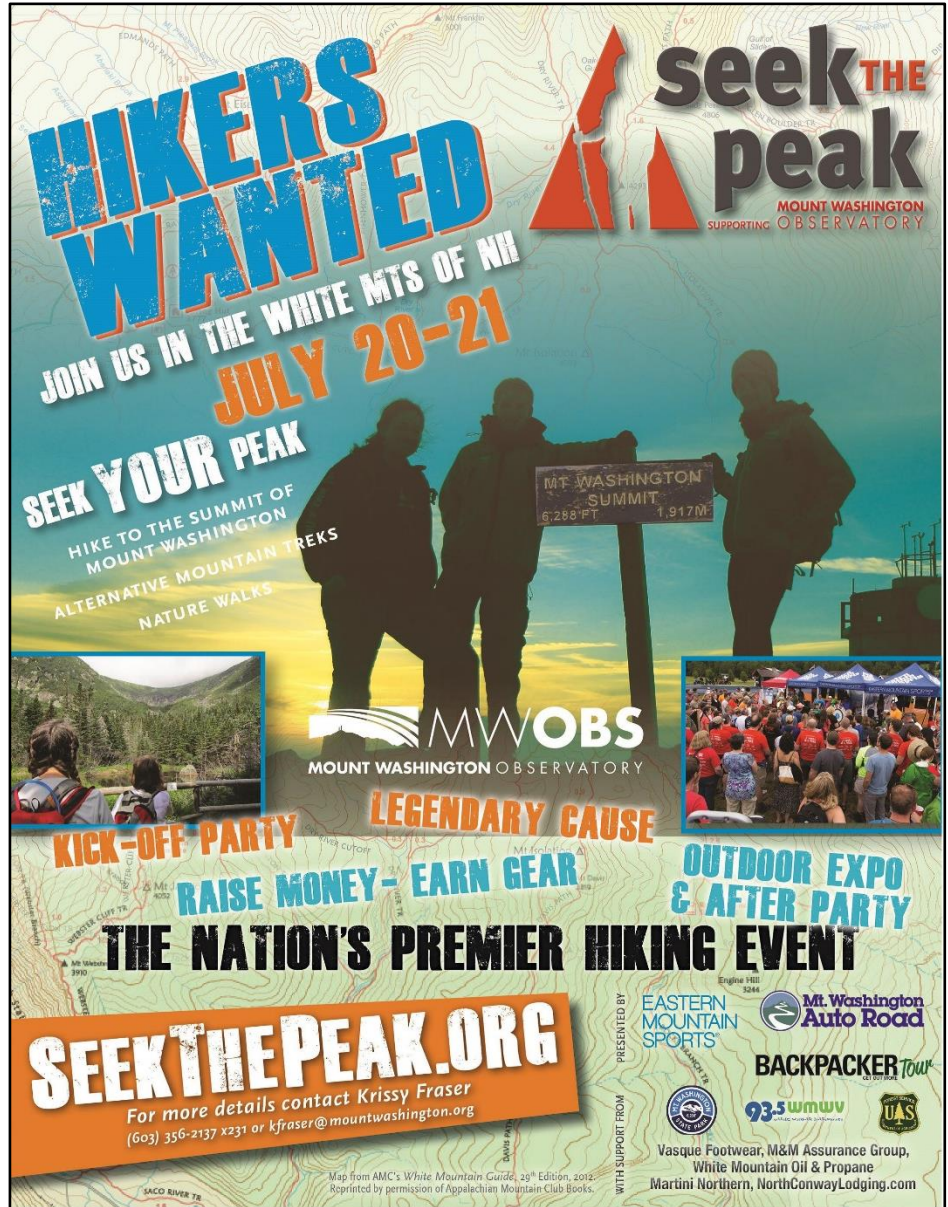
It's not too late to sign up your teen for an AMC Teen Wilderness Adventure! Are they interested in spending time on the water this summer? We have many different paddling programs, including multi-sport, canoeing, and whitewater kayaking! Check out our [teen paddling programs](#).



## Volunteer Crew Vacations in New Hampshire and Maine

Looking for an exciting vacation opportunity where you can give back to some of the northeast's most iconic locations? Join an AMC Volunteer Trail Crew in the White Mountains or Cardigan Mountain in NH, or Baxter Park, Acadia National Park, or the 100 Mile Wilderness Area of ME.

These crews are open to all 18 and older and can match any experience level. The crews are an excellent way to have fun, meet new people, and give something back to the places you love. Check out the [full list of programming](#) and sign up today!



**HIKERS WANTED**  
JOIN US IN THE WHITE MTS OF NH  
**JULY 20-21**  
**SEEK YOUR PEAK**  
HIKE TO THE SUMMIT OF MOUNT WASHINGTON  
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(603) 356-2137 x231 or [kfraser@mountwashington.org](mailto:kfraser@mountwashington.org)

Map from AMC's White Mountain Guide, 29th Edition, 2012. Reprinted by permission of Appalachian Mountain Club Books.

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**Bring your bikes! Bring your boots! Bring your boats!**



**AMC Southeastern Massachusetts  
Chapter Retreat: Sept. 21-23  
Camp Burgess, Sandwich, MA**



## Activities

For the most current information, [search activities online](#)

### Hiking Key:

**C4D**

Indicates distance in miles

Indicates pace

Indicates terrain

AA .... 13+

1 .....very fast

A .....very strenuous

A ..... 9-13

2 .....fast

B .....strenuous

B ..... 5-8

3 .....moderate

C .....average

C .....less than 5

4 .....leisurely

D .....easy

Found in the description

L .....Activity leader

CL ....Activity co-leader

FT .....First Time

NM ...New Members

AN ....Advance Notice

C ..... Conservation

### BICYCLING

**Sun., Jun. 24. Great Adventure Ride #2.** Start 10:00 AM--Explore the scenic, hidden Cape Cod. Traverse Punkhorn, Nickerson, Bells Neck and more on quiet paved roads, sidewalk bikeways, dirt roads. Larger tire bike or mountain bike recommended. This is a relaxed pace ride with lunch stop--bring your lunch, water, snacks. Approximately 20 miles-- 3 hours+/- This ride is a large loop, self-contained ride; bring necessary equipment to sustain your cycle. We will not be near services. This is a No Drop ride. Start Dennis Senior Center, 1045 MA-134, Dennis, MA 02660, Route 134 and Setucket Road -- Park away from building. Arrive 9:45 for 10AM start. L Paul Corriveau (508-362-0451 8:00 AM-8:00PM, [paulcorri@gmail.com](mailto:paulcorri@gmail.com), Long long time MTB'r These trips are always exciting. Lots of hidden places and the great outdoors.)

**Thu., Jun. 28. Sunset and Full Strawberry Moon Ride.** - 22+/- Miles & 2+ hours. Flats with hills in Sagamore Highlands. Start time: 2+ hours prior to sunset. Registration required. Contact leader paulbcurrier@comcast.net. We'll ride from Sagamore Recreation Area (mainland side) into Sagamore Highlands. Back to and along the canal to Buzzards Bay for sunset at Mass Maritime. We'll return along the canal for a strawberry moonrise over the Sagamore Bridge. Please arrive with tires and riders pumped and ready to roll. Helmets, water, spare tube required; pump and tools would be nice; lights if you have them. Cancellation/rescheduling sent to registered riders only. "Full Strawberry Moon-June"—this name was universal to every Algonquin tribe. However, in Europe they called it the Rose Moon. Also because the relatively short season for harvesting strawberries comes each year during the month of June, so the full Moon that occurs during that month was christened for the strawberry! L Paul Currier (508-833-2690 8-7, [paulbcurrier@comcast.net](mailto:paulbcurrier@comcast.net))

**Sun., Jul. 1. Gravel Adventure Ride #3**—Start 10:00 AM--A mixed terrain tour featuring scenic bicycle sidewalks, quiet paved roads, dirt roads, cart ways and trails. See Princess Beach, Ye Olde Stoney Brooke Cart Way, Hayes Conservation and more. Relaxed pace, No Drop ride. Bring water, lunch, snacks. Carry necessary equipment to sustain your cycle also--tubes, etc. No services available. Approximately 20 miles--3 hours +/- . This ride is a loop. Larger tire bike ( mountain bike, cycle cross, hybrid, gravel bike, etc.) is necessary. Tire size 1-1/4 (32mm) or larger recommended. Start Dennis Senior Center, 1045 MA-134, Dennis, MA 02660 Route 134 and Setucket Road--Park away from building. Arrive 9:45 AM for 10:00 AM start. Register for updates, weather, cancellations, etc. L Paul Corriveau (508-362-0451 8:00 AM--6:00 PM, [paulcorri@gmail.com](mailto:paulcorri@gmail.com), Cape Cod Motor Vehicle Free (CCMVF) bicycle routes.)

**Sat., Jul. 21-21. Osterville Village Day Bike Ride, Barnstable (Cape Cod) MA.** Ride Leader: Joe Tavilla silverski6184@comcast.net 508 450 1934 Start time: 9:00 AM Distance: 35(+/-) miles Terrain: Flat, rolling terrain, small hills Start Location: Osterville MA - Contact ride leader for details Ride Description: This is a "Follow-The-Leader" style ride. We will ride together at a group pace with occasional scenic view and water stops. The ride will be on the less traveled Cape Cod roads thru the villages of Osterville, Centerville, Craigville, Hyannis, and Hyannisport. Riders will visit several beaches and the Points-Of-Interest listed below. The ride will end in time for all to enjoy the activities, food, music and classic/antique automobile parade that are part of Osterville Village Day. Lunch at end of ride. Points-of-Interest: The Craigville Conference Center; Lewis Bay; the John F Kennedy Memorial; a small but exotic sports car collection; the Korean War Memorial; Osterville Village Day; the Kennedy Compound; Parade of Classic & Antique Automobiles; Hyannis Golf Club. L Joe Tavilla (508-450-1934, [silverski6184@comcast.net](mailto:silverski6184@comcast.net))

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## Activities

For the most current information, [search activities online](#)

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### CAPE HIKING

Get your 100-mile patch! Contact [capehikingchair@amcsem.org](mailto:capehikingchair@amcsem.org)  
.Always looking for additional hike leaders! Contact [capehikingchair@amcsem.org](mailto:capehikingchair@amcsem.org)

**Thu., Jun. 28. Full Moon Hike, Cape Cod Canal, Sandwich, MA.** We will walk along canal out to Town Neck Beach. We will walk Town Neck Beach to Mill Creek and watch moon rise at 8:41 PM. We will continue around dune to Sandwich Boardwalk. We will return to canal through town streets. Inclement weather will cancel. Bring flashlights. Driving directions, take Tupper Road off of Rte 6A Sandwich and turn onto Freezer Road. Continue to end of Freezer Rd and park in lot for bike trail. Arrive at 7:30 PM. L Jane Harding (508-833-2864 Call before 9 PM, [janeharding@comcast.net](mailto:janeharding@comcast.net), Current chair of Cape Hike Committee, has been leading hikes on Cape for 4 years.)

**Thu., Jul. 26. Hike - Full Moon, West Dennis Beach, West Dennis, MA.** Route 6 Exit 9A south on Route 134, go straight and cross Route 28, then go to the end and turn right. After 0.5 miles, turn left to beach parking near entrance and concession bldg. Hike mile-long stretch on beach for sunset views. Return on beach for moon-rise. Meet 7:00 p.m. Less than. 2 hours. Ice cream stop, post hike! L Janet Kaiser (508-432-3277 Before 9 p.m.) CL Richard Kaiser (508-432-3277 before 9 pm.

### HIKING

Get your 100-mile patch! Contact [hikingchair@amcsem.org](mailto:hikingchair@amcsem.org).  
Always looking for additional hike leaders! Contact [hikingchair@amcsem.org](mailto:hikingchair@amcsem.org).

**(FT) (NM) Thu., June 28. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(A3B) Sat., Jun. 30. Mount Jefferson via Caps Ridge Trail, Mount Jefferson, NH.** Mount Jefferson (5,712 ft) is the third highest peak in White Mountains. It is named after Thomas Jefferson, the third president of the United States and is flanked by Mount Adams to the north-east and Mount Clay to the south. With two distinct ridges leading to the summit: Ridge of the Caps and Castle Ridge, and three glacial cirques: Jefferson Ravine, Castle Ravine and the Great Gulf, Mount Jefferson offers unparalleled vistas all around with perhaps the most striking view down the Great Gulf with the Carter Range beyond. We will ascend Mt Jefferson via Caps Ridge Trail, traverse a portion of the Presidential Ridge via Gulfside Trail and descend via Jewell Trail (approx. 8 miles). We will meet at 8:30am at the Ammonoosuc Ravine trailhead parking and proceed to the Caps Ridge trailhead by hiking Boundary Line trail and Jefferson Notch Road (2.6 miles). This is a loop hike of approx. 10.6 miles total length that we will be covering at a moderate pace over steep and challenging terrain. The caps of the Ridge of the Caps are steep and exposed sections of the ridge, which require scrambling during the ascent. THIS HIKE IS NOT SUITABLE FOR BEGINNERS and you will be asked about your above-tree-line experience when you register for it. Please contact Les [lhi2015@yahoo.com](mailto:lhi2015@yahoo.com) to register for this hike. L Leszek Lechowicz ([lhi2015@yahoo.com](mailto:lhi2015@yahoo.com)) L Christine Racine

**(FT) (NM) Thu., Jul 5. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

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## Activities

For the most current information, [search activities online](#)

### HIKING

**Sat., Jul. 7. North Twin Hike, White Mountains. Ascend North Twin Trail to summit of North Twin Mountain.** Trailhead parking lot (fee/permit) at Haystack Road (FR 304) 2.3 miles west of Twin Mountain Village. Trail includes 3 crossings of Little River (each way) so water shoes are mandatory. Book time 3 hr, 40 min (4.3 miles) each way. Rain cancels due to river crossing. L George Danis (339-236-0597 Evenings 7-9 pm, [danisdad51@outlook.com](mailto:danisdad51@outlook.com)) CL Len Ulbricht

**Sat., Jul. 7. Summer Series 2018 Hike #2 Mt. Hedgehog.** This is the second of our Summer Hiking Series. We will be climbing Mount Hedgehog in the Sandwich Range which is north of Mt. Passaconaway. This small but rugged mountain rises between Downes and Oliverain brooks and commands views over the Swift River Valley. The UNH trail loop to the ledges of Hedgehog Mt. offers fine views for a modest effort. UNH Trail (WMNF; Map 3:J8) 4.7 mi. round trip, 1,400 ft. elevation gain. L Mike Woessner (508-577-4879, [stridermw@hotmail.com](mailto:stridermw@hotmail.com), Mike Woessner is a Level 5 Hike Leader with the Southeastern Massachusetts Chapter of the AMC. He has led hikes in the White Mountains in all seasons for the past 12 years. Mike has completed AMC's Mountain Leadership School as well as the Adirondack Mountain Club's (ADK) Winter Mountaineering School.) CL Peg Qvickland R Michael Woessner (508-577-4879 [stridermw@hotmail.com](mailto:stridermw@hotmail.com))

**(FT) (NM) Thu., Jul 12. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**Sat., Jul. 14. Map and compass for beginners (Sat), Blue Hills.** Come learn basic navigation skills using a map and compass to find your way. In this indoor and outdoor class, you'll learn the parts of a compass, how to read a topographic map and how to use them in tandem. You'll also learn some basic orienteering skills such as how to bushwhack from one trail to another by following a bearing. The Saturday after the workshop (July 21) there will be a directed hike & bushwhack, for class participants only, where you will have an extended opportunity to practice the skills you learned in the workshop. All activities will take place at the Blue Hills Reservation. No prior skills required for the class session on the 14th. To participate in the activities the following Saturday you will need appropriate hiking gear including sturdy boots for the bushwhack and be able to hike approximately 4 miles with a day-pack. Participants will need to come to class with a sighting compass. Prior reservation is required, and class size is limited to promote small group learning. L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.), R Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com))

**(FT) (NM) Thu., Jul 19. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

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## Activities

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### HIKING

**(FT) (NM) Thu., Jul 26. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Aug 2. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Aug 9. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Aug 16. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Aug 23. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

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### HIKING

**(FT) (NM) Thu., Aug 30. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Sep 6. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

### PADDLING

**Wed., Jun. 27. Paddle Swan Pond and River, Dennis, MA.** From town launch paddle down river to mouth on Nantucket Sound. Venture into sound if not too windy & explore. Lunch on beach. Return & circumnavigate Swan Pond. 7-8 mi. L Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com)) CL Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com))

**Sat., Jun. 30. Paddle Ockway Bay, Mashpee, from Shoestring Bay, Cotuit, Ockway Bay, Mashpee.** We'll paddle from Shoestring Bay into Popponesset Bay and then into Ockway Bay. After circumnavigating Ockway Bay we'll paddle up Popponesset Creek. Lunch will be at Meadow Point and we may explore Pinquickset Cove on the way back to the put-in. Plan on a 7-8 mile paddle. Arrive no later than 10:15 for a 10:30 departure. Bring water and a lunch. PFDs are required and a spray skirt may be necessary depending on wind and wave conditions. L Louise Foster (508-420-7245, [janlouise@comcast.net](mailto:janlouise@comcast.net))

**Wed., Jul. 11. Paddle Nauset Marsh from Mill Pond, Orleans, Orleans MA.** Paddle from beautiful put-in on Mill Pond to Nauset stopping to view split and have lunch on beach.. After circle Tern Island and head toward Town Cove and return to put-in. Wear life jacket, bring spray skirt in case of wind, bring water & lunch. E-mail leader to register & for directions & time. L Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com)) CL Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com))

**Sat., Jul. 14. Paddle Barnstable Harbor, Barnstable, MA.** We'll explore the east end of Barnstable Harbor: Clay's, Lone Tree, and Bass Creeks and possibly Sandy Neck. Arrive no later than 10:15 for a 10:30 departure. Bring water and a lunch. PFDs are required and a spray skirt may be necessary depending on wind and wave conditions. Plan on a 7 mile paddle. L Ed Foster ([erfoster@comcast.net](mailto:erfoster@comcast.net))

**Wed., Jul. 18. Paddle Walker/Mill Ponds, Brewster, Brewster, MA.** Paddle 3 fresh water kettle ponds & narrows between them. See Stoney Brook Grist Mill (1873) & herring run. Lunch Slough rd picnic area. Wear life jacket, bring spray skirt in case of wind, bring water & lunch. Register with leader for time and directions. about 7 mi. L Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com)) CL Paul Corriveau ([Paulcorri@gmail.com](mailto:Paulcorri@gmail.com))

**Wed., Jul. 25. Paddle Bass River North, Dennis, MA.** Paddle upstream seeing Indian Lands Conservation area where Nobsusset Indians spent winters, & new bridge for CCRT (formerly railroad bridge). Lunch at Wilbur park. Return & circumnavigate Grand Cove. Wear life jacket, bring spray skirt in case of wind, bring water & lunch. Register with leader for time & directions. L Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com)) CL Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com))

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## Activities

For the most current information, [search activities online](#)

### PADDLING

**Sat., Jul. 28. Leader's Choice Paddle, Cape Cod.** If one of my previous Barnstable Harbor paddles is cancelled because of weather, this paddle will do that one. Otherwise I'll try to pick something we haven't paddled recently. Contact me the week of the paddle for more information. PFDs are required and a spray skirt may be necessary depending on wind and wave conditions. L Ed Foster ([erfoster@comcast.net](mailto:erfoster@comcast.net))

**Wed., Aug. 1. Paddle Mashpee/Wakeby Ponds, Sandwich, Maspee.** Paddle 2 fresh water ponds. Lunch at end of Wakeby pond on beach. about 7 mi total Wear life jacket, bring spray skirt in case of wind, bring water & lunch. Register with leader for time & directions. L Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com)) CL Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com))

**Sat., Aug. 4. Paddle Lewis Bay, Lewis Bay, MA.** We'll circumnavigate Lewis Bay, have lunch on Egg Island (it only appears at low tide), and perhaps explore Hyannis Inner Harbor. Arrive no later than 10:15 for a 10:30 departure. Bring water and a lunch. PFDs are required and a spray skirt may be necessary depending on wind and wave conditions. Plan on a 6.5 mile trip. L Ed Foster ([erfoster@comcast.net](mailto:erfoster@comcast.net))

### CHAPTER RETREAT

**Fri.-Sun., Sep. 21-23. Hike, Bike, Paddle, and Socialize at SEM Chapter Retreat, East Sandwich, Cape Cod.** Come join your fellow Southeastern Mass. Chapter members at our first-ever Cape Cod Chapter Retreat weekend. We'll enjoy the 300 acres of forests, fields and fresh water ponds at the Camp Burgess Outdoor Education and Retreat Center in East Sandwich, MA. We'll offer a variety of hiking, biking and paddling events to choose from during this fun weekend, plus workshops on bike maintenance/repair and map & compass orienteering, and even a yoga session (bring your mat). Socialize with your fellow SEMers while strolling the camp grounds or at the social hour before dinner, or perhaps take a pontoon boat cruise from the camp's Spectacle Pond waterfront. For the more adventurous, try the zip line or climbing wall. After dinner, gather around a campfire to share war stories or relax in the camp's cozy lodge. There are two registration options, the full weekend Friday to Sunday, or Saturday day only. The full weekend includes two nights accommodations in gender-specific camp bunkhouses with bathroom facilities and hot showers, two breakfasts, two dinners, Saturday lunch, and two pre-dinner BYOB social hours...all this for just \$187.00 per person. Saturday-only registrants can join in any hike, bike, paddle, stay for the social hour and dinner, and close out the day by the evening campfire, for \$30.00 per person. For further information about our Chapter Retreat, contact Len Ulbricht at [lenu44@gmail.com](mailto:lenu44@gmail.com). L Len Ulbricht ([lenu44@gmail.com](mailto:lenu44@gmail.com)), R Sandy Santilli ([smsantilli@comcast.net](mailto:smsantilli@comcast.net))

*Happy Trails!*

