



**SOUTHEASTERN  
MASSACHUSETTS CHAPTER**  
YOUR CONNECTION TO THE OUTDOORS

# The Southeast Breeze

The Newsletter of the Southeastern Massachusetts Chapter of the Appalachian Mountain Club | April 2018

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Please send photos as separate attachments, including the name of each photographer. Include the words "Breeze Article" in the subject line.

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Members looking to sell, trade, or free-cycle their used equipment can post for free.

Business advertisements are just \$15/month. Send inquiries to [breeze.editor@amcsem.org](mailto:breeze.editor@amcsem.org)



*Apple Blossoms* by Ken Cohen has been chosen for an exhibit at the Blue Hills Trailside Museum gallery. *Photo by Ken Cohen*

## Spring celebrated in exhibit at Trailside Museum

One of AMC-SEM member Ken Cohen's large framed photographs, *Apple Blossoms*, was chosen as part of an ongoing art exhibition at the Blue Hills Trailside Museum in Milton, MA. *April Showers & May Flowers: New England Reborn* displays the works of 19 local artists through June 24.

Ken will be among the artists honored at the gallery on Wednesday, May 2, at 6:30 p.m. The reception is open for all to enjoy the artwork and to explore the indoor nature center. Refreshments, Ken reports, will be plentiful.

"Please let me know if you plan to attend—or, if you can, just appear at your leisure!" said Ken. "The *Apple Blossoms* image was captured a couple of springs ago at The Arnold Arboretum in Jamaica Plain. Many angles and exposures were attempted to get just the one I had hoped for."

Here is a [link](#) to the exhibit and the reception details. Sue Scheible's article on the exhibit for the April 16 issue of the *Patriot Ledger* can be viewed [here](#).

The regular gallery hours are Tuesday through Sunday from 10 am to 5:00 pm.



## View from the Chair: “Volunteer High”

The topic of this month’s View from the Chair has a double meaning: 1. Volunteering often provides a natural “high,” and 2. the level of active volunteers in our chapter also appears to be at an all-time “high.”

Several studies have shown that volunteering can have significant health benefits. Volunteering provides many people with an emotional high. Volunteering helps us stay socially connected and grow as individuals. I am pleased to be able to report that we had 20 members attend our chapter’s recent Leadership Training workshop. Many are now well on their way to becoming actively involved as volunteer leaders.

Second, it’s great to be able to mention here that the volunteer level in the SEM Chapter is also at an all-time high at the board level. For the second year in a row, all 15 voting SEM Board positions are filled. Unlike typical “armchair” boards, SEM board members are all very active in what the chapter does and accomplishes. This year we also have a significant increase in vice chairs, which are important positions because they help ensure continuity of leadership. Just in the last month-and-a-half we’ve added two new vice chairs: Conservation Vice Chair (Nancy Coote) and a Paddling Vice Chair (Luther Wallis).

We’re also excited about our new ad hoc committee for “Young Members,” chaired by Susie Schobel. This new Young Members Committee will have its first organization meeting at the end of May, so we want to get the word out to as many people as possible. It’s no secret there has been a “graying” of the AMC membership, so this is an important initiative for our SEM Chapter. I know many of you reading this have children in their teens, 20s, and 30s who might want to get outdoors with their peers, so let them know about this new group and check out the [AMC SEM Young Members Facebook page](#).

Even though the SEM Chapter has a “volunteering high,” we can always use more volunteers, including activity leaders. And at the board level, we still need Vice Chairs for our Biking, Communications, Education, and Paddling Committees. If you wish to improve your mental health and well-being while helping out your chapter, you can contact me at [chair@amcsem.org](mailto:chair@amcsem.org).

*Hope to see you outside!*  
**Barry Young,**  
*AMCSEM Chapter Chair*

### 2018 Executive Board

|  |                                       |  |
|--|---------------------------------------|--|
| Chapter Chair .....Barry Young             | Communications Chair .....Paul Miller | Membership Chair .....Sandy Santilli     |
| Vice Chair .....Len Ulbricht               | Communications Vice Chair .....OPEN   | Membership Vice Chair .....OPEN          |
| Secretary .....Ann McSweeney               | Conservation Chair .....Bill Cannon   | Membership Vice Chair ... Ellen Thompson |
| Treasurer .....Patty Rottmeier             | Conservation Vice Chair .....OPEN     | Paddling Chair .....Ed Foster            |
| Past Chapter Chair .....Maureen Kelly      | Education Chair .....Doug Griffiths   | Paddling Vice Chair .....Luther Wallis   |
| Biking Chair .....Bernie Meggison          | Education Vice Chair .....OPEN        | Skiing Chair .....Jeannine Audet         |
| Biking Vice Chair .....OPEN                | Hiking Chair .....Mike Woessner       | Skiing Vice Chair .....OPEN              |
| Cape Hiking Chair .....Jane Harding        | Hiking Vice Chair .....George Danis   | Trails Chair .....Peter Tierney          |
| Cape Hiking Vice Chair .....Cathy Giordano |                                       | Trails Vice Chair .....Wayne Anderson    |
|  |                                       | Trails Vice Chair.....Skip Maysles       |

### Ad Hoc Committee Chairs & Other Chapter Contacts

|  |                                 |
|--|---------------------------------|
| Social Director.....OPEN                         | Webmistress..... Cheryl Lathrop |
| Social Vice Chair .....OPEN                      | The Breeze Editor.....Mo Walsh  |
| Social Media Administrator .....Christine Racine | Blast Editor.....Marie Hopkins  |
| Social Networking Moderator.....Sue Mulligan     |                                 |

Contact [chair@amcsem.org](mailto:chair@amcsem.org)  
if you are interested in any  
OPEN position.

## Good times for all at the 2018 AMC-SEM Open House Event

By Paul Miller, SEM Communications Chair

Photos by Ken Carson

The Southeastern Mass. AMC Chapter held our annual Open House Event on Saturday, April 14<sup>th</sup> at Myles Standish State Forest in Carver. If you didn't get a chance to "take it outside" with us, you sure missed a good time! Thanks in no small part to the cooperation of the weather gods, more than 130 people turned out for the event, held in conjunction with the [Friends of Myles Standish State Forest \(FOMS\)](#). For many participants, this was their first encounter with the AMC and/or the SEM chapter and I think we made a good impression. Thanks to the weather and our friends at the "Friends," we were able to host a range of fun outdoor activities, including a nature walk with a professional birder, beginner and intermediate hikes, a family hike, beginner and intermediate bike rides, and several trail work events.



Bill Cannon and Maureen Kelly

Thanks, once again go out to John Bescherer from the Friends, and our own Maureen Kelly for organizing this event, and also to all the activity leaders and support people who made the event possible.



Welcome to the SEM Open House!

We also had several "learn stuff" talks on outdoor photography, bike safety, conservation, and the AMC High Mountain Huts—plus an impromptu kayaking demonstration. And, of course, everyone was treated to a hearty lunch thanks to the efforts of Sandy Santilli and others on our Membership Committee. All Open House participants received a nifty green SEM bandana and we sold 21 imprinted t-shirts, enabling us to donate the profits (\$105.00) to the [School on Wheels Massachusetts](#), which support local students affected by homelessness with tutoring, mentoring, and school supplies.



The food crew laid out a feast for all the hungry Open House participants.

*More photos on page 4*



### AMC-SEM 2018: 'Take It Outside!'

Continued from page 3



Happy Family Hikers—the future of the SEM



The family that hikes together...



The Bike Crew gets ready to ride.



John Bescherer, left, and Barry Young



Left: Nature hike with a professional birder. *Photo by Paul Miller; all others by Ken Carson*



Grandpa...we going hiking today?



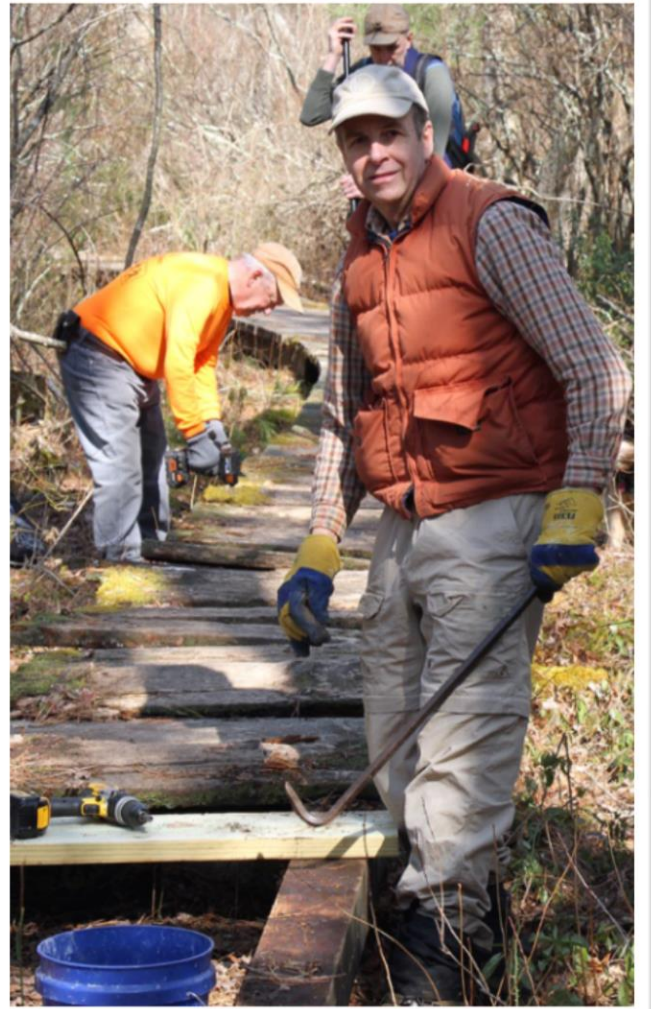
One hiking group ready to set out.



## Trail workers at Open House replace popular park boardwalk

Photos by Ken Carson

At the Open House on April 14, a trail crew of SEM members and Friends of Myles Standish cleared brush and worked on replacing one of the boardwalks on the popular trail that goes around the East Head Reservoir.



As the spring hiking season finally gets underway, volunteers will be needed to clear deadfall and repair the ravages of winter. If you are interested in helping to make trails clear and safe, check the Trail Work listings or contact the chapter's Trails Chair Peter Tierney at [trailschair@amcsem.org](mailto:trailschair@amcsem.org)

## Successful Leader Training Workshop Welcomes Eighteen New Graduates

By Doug Griffiths, Education Committee Chair

The Southeastern Massachusetts Chapter presented its Leadership Training Workshop for 2018 to an enthusiastic group of eighteen aspiring trip leaders on Saturday, April 4th, in Foxboro. We are grateful to the dedicated chapter volunteers who presented the talks this year at our program. Year after year, our experienced trip leaders donate their time and expertise to encourage members to step into the leadership role.

AMC Leadership Training Manager Colby Meehan traveled from New Hampshire to add her expertise to the workshop. AMC central office maintains a staff of trainers ready to augment local education efforts and provide backup to answer complicated or controversial questions that may be encountered by local chapter volunteers. Leaders and presenters prepare lectures,



Leaders in training learn trip planning and posting, participant screening, leader styles for different group dynamics, risk management awareness, leave no trace principles, running a show-and-go trip, and how to progress through advanced levels of leadership.

We welcome our new workshop graduates and look forward to joining their trips. I encourage everyone to talk to the leaders and co-leaders on your next AMC venture and find out what it's like to be a leader. Keep an eye out for our yearly leader training workshop next April 2019.



AMC's Colby Meehan

but also provide personal insights into what it is like to start out as a beginning trip leader. Questions and discussion are an important aspect of getting prospective co-leaders to become comfortable with taking the first step towards leading trips. Our workshop includes practice scenarios, stimulating and fun, that help develop confidence as participants prepare to take on their first co-lead.



Paul Brookes considers a practice scenario.



## 'Red Line the Blue Hills' starts 13th year of weekly hikes

Article & Photos by Alan Greenstein

Long-term hike leader Joe Keogh led a group of 31 hikers on the first hike of the "Red Line the Blue Hills" series on April 12. This is the 13th year of this popular weekly activity, which runs every Thursday evening at 6 pm from April through mid-September.

The dual goals are to Get Outdoors and enjoy nature and to hike every inch of every one of the 125 trails in this state park. The hike leaders make every effort to minimize the duplication of trails hiked, but the availability of trailhead parking results in some duplication. In the best of circumstances, a regular Thursday night attendee will complete the circuit in 1.5 years based solely on the Thursday hikes, but hiking additionally on one's own is encouraged.

The April 12 hike was on flat land. It encircled Houghton's Pond and continued on Old Route 128 to the Pudding Stone Rock, where Bob Vogel read the Oliver Wendell Holmes poem about the rock. Hikes will become more rigorous as attendees become conditioned and the length of days increases. Sign up to receive the weekly email notice of meeting locations and trail routes at [RLBH\\_registrar@amcsem.org](mailto:RLBH_registrar@amcsem.org).

Joe honored four hikers who had completed a circuit and awarded them their patches: Susan Dew, Ellen Thompson, Bill Doherty, and Peter Tierney.

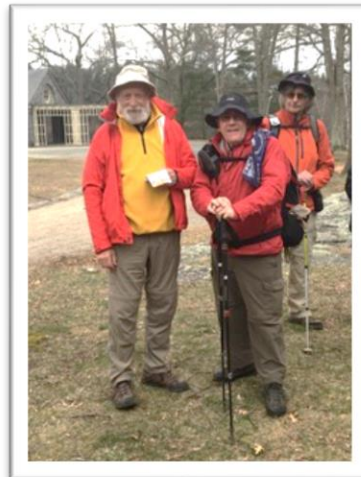


Susan Dew gets her RLBH patch from hike leader Joe Keogh.

Joe Keogh presents her RLBH patch to Ellen Thompson.



Bill Doherty completes the RLBH to earn his patch.



Pete Tierney is proud to receive his RLBH patch.





## Spring conditioning series gets off the ground

March 27: The first day of the 2018 Blue Hills spring conditioning series finds 25 participants on the summit of Buck Hill with the Boston skyline in the distant background. Though it is spring, note the remnants of winter snow and the hikers wearing micro-spikes for snow-covered trails. *Photo courtesy of Ken Carson*

## Enroll now for Mountain Leadership School

Mountain Leadership School is the AMC's most comprehensive outdoor leadership development program. MLS uses a learn-by-doing approach to teach the interpersonal and technical skills needed to lead and stay safe in the backcountry. Instructors are experienced outdoor leaders who keep the content relevant to today's challenges. The program is applicable whether you hike solo, with friends, or lead trips. Topics include: leadership styles, group dynamics, accident scene management, trip planning, and map and compass.

AMC is excited to offer three formats this year: standard, advanced, and Women's only. All courses are based out of the AMC Highland Center, and are 5 days with 4 days in the backcountry. June 2018 sessions enrolling now. More information: [www.outdoors.org/mls](http://www.outdoors.org/mls).

To register, call AMC Reservations at (603) 466-2727. Scholarships are available for Chapter members! E-mail [leadership@outdoors.org](mailto:leadership@outdoors.org) for an application.



## Teen Wilderness Adventure and Advocacy Program

In partnership with The Wilderness Society, AMC is excited to launch a new Teen Wilderness Adventure Advocacy and Program. The program will take place July 15 - July 28, 2018.

The program will combine wilderness backpacking in the White Mountains and a canoe adventure in New Hampshire's Lakes Region with learning about our public lands and developing advocacy skills. The advocacy training will culminate with a visit to Beacon Hill in Boston.

Financial aid is available. [More info >](#)



**"Princess" Pam Johnson won the White Line the Blue Hills finale costume contest. Note the St. Patrick's Day theme.**

*Photo by Claire MacDonald*





## Volunteer of the Month: Leslie Carson

By Mike Woessner, Hiking Chair  
Photo by Ken Carson

Each month the SEM recognizes one of our amazing volunteers. We are thankful for the wonderful people who donate their time and energy to lead terrific trips. This month the Hiking Committee recognizes Leslie Carson for her continuing contributions.

Leslie joined the SEM-AMC in 2004 and shortly after realized her passion!

She became an SEM Leader in 2006, and there was no stopping her from there.

As a Level 2 leader, Leslie has led many day and multi-day hikes in the White Mountain area, as well as Vermont, the western part of Massachusetts, and Maine. As a Level 3 leader, Leslie has been involved with the Backpacking Series, as well as participating in Backpacking workshops. Finally, as a Level 4 leader, Leslie has helped lead the hikes and participates in the workshops that happen during the winter months.

Leslie has also been involved with the SEM's Executive Board for many years: Treasurer 2009-2011; Hiking Vice Chair 2014-2015; Hiking Chair 2016-2017.

In addition to her many contributions to SEM, Leslie also serves as an AMC August Camp leader and AMC Adventure Travel leader.

Thank you, Leslie, for all you do! Leslie will receive a Volunteer of the Month Certificate and a \$50 gift card.

**Southeastern Massachusetts  
chapter of the  
Appalachian Mountain Club**

## **Save the Date** **for our first ever Chapter Retreat on Cape Cod Sept. 21 -23, 2018**

This year, as an alternative to Chapter Hut Weekend in New Hampshire, we will be assembling on Cape Cod in East Sandwich at Camp Burgess for a weekend of biking, hiking, paddling, and socializing with some of the finest outdoor enthusiasts around: Your fellow SEM members.

Just think, you can take a bike trip, hike a trail paddle a kayak/canoe, ALL IN A SINGLE WEEKEND and all in Southeastern Mass., and we'll even throw in a couple of evening campfires!

So save the date. Planning is underway. Volunteers to help out are always welcome.

For further information contact your Retreat Coordinator, Len Ulbricht, at [lenu44@gmail.com](mailto:lenu44@gmail.com)



## Volunteers clean up at John's Pond for 2018 Earth Day Observance

By Jane Harding, Cape Hiking Chair  
*Photos by Dave Selfe*

Eleven individuals participated in this hike to clean up around John's Pond in Mashpee. We collected about eleven bags of rubbish and hiked approximately 3.8 miles on Earth Day, April 22.



## Sunset Paddle

Wednesday May 16

Lake Rico

Taunton, MA

Come join us for an evening off Cape Paddle. We will be on the water for 1 ½ hours. We'll be finishing up just as the sun sets.

This trip is open to all levels of Kayak and Canoe Paddling for Adults (18+).

Contact the Trip Leader for more details:

Luther Wallis [lew89@comcast.net](mailto:lew89@comcast.net)

## Activities

For the most current information, [search activities online](#)

### Hiking Key:

# C4D

Indicates distance in miles

Indicates pace

Indicates terrain

AA ..... 13+

1 .....very fast

A .....very strenuous

A ..... 9-13

2 .....fast

B .....strenuous

B ..... 5-8

3 .....moderate

C .....average

C .....less than 5

4 .....leisurely

D .....easy

Found in the description

L .....Activity leader

CL .....Activity co-leader

FT .....First Time

NM ...New Members

AN ....Advance Notice

C ..... Conservation

## BICYCLING

**Sat., May 5. Chatham Stage Harbor, Cape Cod, Mass. Scenic ride about 30 miles starting at the Cape Cod Rail trail in Dennis.** Lots of scenery along the way including Stage Harbor and Coast Guard station in Chatham. Lunch break in Chatham at local venue. Easy pace between 12-15 mph. Helmets required. Start time is 10:00 AM, tires pumped and ready to ride. To register for this ride, contact the leader, Jeff Hyman at 774-521-9235 or email at [jsh17@comcast.net](mailto:jsh17@comcast.net). L Jeffrey Hyman (Jsh17@comcast.net) CL Joe Tavilla , R Jeffrey Hyman (Sandwich, MA 02563, 617-930-4029 8am-8pm, [jsh17@comcast.net](mailto:jsh17@comcast.net))

**Sat., May 19. Rochester-Marion ride, Saturday, May 19th, Rochester-Marion ride,** 9am start. Around 33 miles over flat terrain. Beautiful lakes, ponds and ocean scenery. From Rochester We'll head to Marion with great views of the Weweantic River, Sippican Harbor, Buzzards Bay, Kittanset Golf Club and the ponds in Rochester. Near the end of the ride We'll stop at the Robins Nest for ice cream. Easy 12-13 mph pace. Please have tires pumped and bike ready for the 9:00 AM start. Helmets required. To sign up and get directions to the start, contact the leader, Jack Jacobsen at 508-353-3708 or email at [trailschair@amcsem.org](mailto:trailschair@amcsem.org) Contact leader for start exact location. L Jack Jacobsen (508-353-3708 8:00AM-8:00 PM, [cyclejac51@yahoo.com](mailto:cyclejac51@yahoo.com), Long time AMC bike leader xtrordinair.)

## CAPE HIKES

**Thu., May 3. Hike Quashnet River, Falmouth / Mashpee.** This is a 4.2 mile hike at a moderate pace along the Quashnet River and through adjacent woods. About ½ of the hike will be on moderate rolling terrain. Arrive at 9:45 for a 10:00 AM start. From the Mashpee Rotary take Rte. 28N towards Falmouth. Follow Rte. 28 for 2.1 miles to a right on Martin Rd. (just after crossing the Falmouth town line). Parking is in a small lot or along Martin Rd. L Deborah Hayden (508-274-2820 before 9 PM, [shaferhayden@gmail.com](mailto:shaferhayden@gmail.com))

**Sat., May 5. Hike Moraine Trail Hike, Falmouth, MA.** Nine mile, 5-hour, moderately difficult, one-way, hike along moraine and pond with lunch stop. Meet in Goodwill Park in Falmouth at 0915, and we will carpool at 0930 to the hike start at 1000. Bring lunch, water, and your favorite tick prevention. Poison ivy is also found along the trail. Hike cancelled if rain. Please phone or email leader if any question about cancelling due to weather. From Mashpee rotary, take Rt. 151 west 3.4 miles to Left at Sandwich Rd. Go 3.7 miles and turn Right on Brick Kiln Rd at light, and go 0.9 miles and turn Left on Gifford St at light.. After 1.1 miles take a Right to enter Goodwill Park and follow road 0.3 miles to parking. L John Gould (508-540-5779, [jhgould@comcast.net](mailto:jhgould@comcast.net))

**Thu., May 10. Hike--Great Neck Preserve, Wareham, MA.** This 4 mile, 2 hour hike in the Great Neck Preserve in Wareham is on wooded trails through New England Forestry Foundation and Wildlands Trust lands. There are several hills and some wet areas. Hikers will pass a sheep farm, see Swan Pond, and have views of marshes with Buzzards Bay in the distance. L Robin McIntyre (508-789-8252 Before 9 pm, [robinmcintyre@comcast.net](mailto:robinmcintyre@comcast.net), Robin is a 3rd year Level I SEM/Cape hike leader with WFA training) L Jane Harding ([janeharding@comcast.net](mailto:janeharding@comcast.net), Jane is Cape Hike chair for AMCSEM with over 4 years of hike leadership experience.)

Continued on next page

## Activities

For the most current information, [search activities online](#)

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### CAPE HIKING

**Sun., May 13. Hike Santuit Pond and River - Barnstable - Mashpee, Barnstable, MA.** Hike along woodland trails around Santuit Pond and River past a newly refurbished herring run and hopefully find some Bird's Foot violets in bloom around a cranberry . Celebrate Mother's Day by hiking this scenic area. Take mid-cape highway to Exit 5 (Rte 149) and turn South to Rte 28. Turn R on Rt. 28 and follow to R on Santuit-Newtown Rd. Go 0.8 mile to yellow gate on L; park on grass along edge of road. Meet at 12:45 pm. L Nancy Wigley (508-548-2362, [nrwigley@verizon.net](mailto:nrwigley@verizon.net)) L Jane Harding (508-833-2864 Before 9 PM, [janeharding@comcast.net](mailto:janeharding@comcast.net))

**Thu., May. 17. Hike -Mashpee-Mashpee River Woodlands (C3C), Mashpee Neck Rd, Mashpee, MA.** Wooded walk along Mashpee River. Take Orchard Rd. off Rte.28 to end. Turn R. then quick L onto Mashpee Neck Rd. Go 1.1 miles to Mashpee River Woodlands Pkg.Lot on R. Meet at 9:45AM. Hike 10 am - 12 pm. L Farley Lewis (508-775-9168 Before 9 PM, [farlewis@comcast.net](mailto:farlewis@comcast.net))

**Thu., May 24. Hike Long Pond, Falmouth, Goodwill Park, Falmouth, MA.** Traverse Falmouth's Town Forest on rolling wooded trails. Enjoy scenic views of Long Pond, Grews Pond and Angel Mirror Pond. The Angel Mirror Trail, a relatively new trail, has some steep, narrow sections. Sturdy shoes, layered clothing, plenty of water, snacks, sunscreen and tick repellent are strongly recommended. Be aware that the Cape is a known tick habitat. Poison ivy is abundant in the woods and along the sides of the trail. Meet promptly at 9:45 for trail talk and introductions. This hike begins in Goodwill Park at 10 AM. We will hike approximately 2 1/4 hours, about 4 1/2 miles. It is rated B3C, moderate pace, average terrain. A picnic lunch follows the hike. Please bring your own sandwich, and drink plus a salad, side or dessert to share with the group. Questions, call leader Cathy Giordano 508-243-3884 Directions - From Bourne bridge (Cape side) - Rt, 28S to Brick Kiln exit From Rt. 151 W (near the end) to Rt. 28S to Brick Kiln exit Then bear left off exit ramp. Travel 1.2 miles. Turn R at traffic light onto Gifford St. for 1.1 miles. Look for anchor chain fence on right. Turn right into Goodwill Park. Continue on paved road. Park in lot on right near Grews Pond and covered picnic area. L Catherine Giordano (508-243-3884 before 9 PM, [cmgiordan@msn.com](mailto:cmgiordan@msn.com))

### EDUCATION

**Sat., May 5-6. Wilderness First Aid Two Day Workshop, Foxboro Recreation Department Rec Hall, 68 Mill Street, Foxboro, MA 02035.** Wilderness First Aid is a comprehensive lesson in how to react, respond, and save lives in remote, life-threatening situations. Wilderness First Aid is a two-day class designed for trip leaders, co-leaders, and outdoor enthusiasts. This course teaches the skills necessary to identify and treat medical issues common to wilderness settings and to prepare for long-term care scenarios. This emergency response training includes patient assessment, trauma, musculoskeletal and soft tissue injuries, splinting, environmental emergencies, animal and insect bites, and a variety of other topics. The course is a mix of classroom lecture and practical exercises. Both days are required to certify. This training is required for AMCSEM trip leaders, but is a great experience for any outdoor enthusiast. Instruction is provided by SOLO, experts in providing wilderness medical training. L Douglas Griffiths (508-758-4315 after 6 pm, [RedDougG@aol.com](mailto:RedDougG@aol.com))

### HIKING

Get your 100-mile patch! Contact [hikingchair@amcsem.org](mailto:hikingchair@amcsem.org).

Always looking for additional hike leaders! Contact [hikingchair@amcsem.org](mailto:hikingchair@amcsem.org).

**Tue., May. 1. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA.** Hike hilly Skyline Trail and adjacent trails on eight successive Tuesday mornings 3/27-5/15, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Moderate to fast pace 3 to 4 hour hike, distance 3 to 8 miles. 9:30 am start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht ([lenu44@gmail.com](mailto:lenu44@gmail.com)). Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He has summited 47 of the 48 NH 4K peaks and is an AMC Adventure Travel leader.)

Continued on next page

## Activities

For the most current information, [search activities online](#)

### HIKING

**(FT) (NM) Thu., May. 3. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com)).

**Thu., May 3. Arnold Arboretum - Spring into Spring hike!, Arnold Arboretum - Jamaica Plain, MA.** Arnold Arboretum - including two vistas, bonsai exhibit, and "explorer's garden". We will explore this "tree museum" during a 4 -5 mile hike at a moderate pace. Bring water, sturdy footwear, sun screen, bug spray, snack or lunch. Meet at the Visitors' Center (Hunnewell Building) located at 125 Arborway, Jamaica Plain at 9:45 for prompt 10:00 start. Plenty of on-street parking along the Arborway; or walk to the entrance from the Forest Hills Orange Line T-stop. Rain cancels. Leashed dogs OK L Ken Cohen [k-cohen@comcast.net](mailto:k-cohen@comcast.net) (508-942-1536 before 8:00 pm)

**Sat., May 5. Bear Mountain to Race Brook Falls Hike, Northwest Connecticut and Southwestern Massachusetts.** A 9.8 mile hike starting in Salisbury, CT to Bear Mountain and then into Massachusetts on the AT to Sages Ravine, Race Mountain and finishing at Race Brook Falls. Scenic views, waterfalls, water-crossings and some steep inclines make this hike both challenging and rewarding. Hikers should be in good physical condition and should have done recent hiking of at least 6 miles. L Dia Prantis (617-504-8797 after 6, [dprantis@yahoo.com](mailto:dprantis@yahoo.com)) L Anne Duggan (ab.duggan@verizon.net) L Jeannine Audet (508-493-8221 after 6, MILMOD@aol.com)

**(FT) (NM) Sun., May. 6. Hiking Bell's Neck Conservation, Harwich, Sand Pond, Harwich, MA.** 4.5 mile mostly flat hike along East & West Reservoirs, cranberry bogs, marshland, herring run. Perhaps the herring will be running? The mayflower blooming? Meet at 12:45 p.m. for a 1:00 p.m. start. RT 6 to Exit 10. S on Rt 124. Rt on 39S x 1.9 mi to Sand Pond prkg on right. HEAVY rain cancels. L Barbara Gaughan (781-572-1321 Before 9p.m., [barbaragaughan12@comcast.net](mailto:barbaragaughan12@comcast.net), Level 1 bike & hike leader. Love my hiking & biking peeps!) CL Sandra Weaver Santilli (smsantilli@comcast.net)

**Sun., May 6. Family Hike at Weetamoo Woods, Weetamoo Woods Tiverton, RI.** Join us for a spring hike in lovely Weetamoo Woods. We will hike approximately 3 miles at a pace that allows for exploration & discussion. We will learn about the wildlife, the history of the area, & about following trail markers & Leave No Trace principles. Bring water & a snack or lunch. Wear sturdy footwear. This hike welcomes families with children ages 3 to 10 years. L Jeannine Audet (508-493-8221 Weeknights after 7:00 pm, weekends anytime, [milmod@aol.com](mailto:milmod@aol.com))

**Tue., May. 8. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA.** Hike hilly Skyline Trail and adjacent trails on eight successive Tuesday mornings 3/27-5/15, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Moderate to fast pace 3 to 4 hour hike, distance 3 to 8 miles. 9:30 am start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht ([lenu44@gmail.com](mailto:lenu44@gmail.com), Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He has summited 47 of the 48 NH 4K peaks and is an AMC Adventure Travel leader.)

**(FT) (NM) Thu., May. 10. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

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## Activities

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### HIKING

**Thu., May 10-10. Thurs. Morning 10:00 AM Blue Hills Hike, Blue Hills Reservation, Milton, MA.** Hike the Skyline Trail for its great workout. This is a trail that goes up & down a number of steep hills, with rocky and uneven footing. We do the S-N skyline loop that takes us around 1 ½ - 2 hours, and then continue for another 1 ½ -2 hours in and out to Buck Hill. Hiker has the choice of opting out after completing the n-s skyline loop at ranger station. Moderate pace. Around 6-6.5 miles total. L Sui-Wen Yang (617-417-0757, [linsuiwen4@gmail.com](mailto:linsuiwen4@gmail.com))

**Sat., May 12. Intro to hiking and Backpacking workshop, 68 Mill Street Foxboro (F. Gilbert Hills State Forest).** Classroom session for those interested in learning about hiking and introduction to backpacking skills for those interested in expanding their hiking into overnight backpacking trips. Class to focus on gear and skills required for single and multi-day excursions. L George Danis (339-236-0597, [danisdad51@outlook.com](mailto:danisdad51@outlook.com)) L Bob Vogel ([vogel.r@comcast.net](mailto:vogel.r@comcast.net), Bob is a 4 season Hike leader for the Southeastern Mass Chapter, as well as a hike leader for Boston Local Walks and a 3 Season Leader for Boston H/B.)

**Sat., May 12. 8-mile woodland hike in the Blue Hills, Blue Hills.** This year our annual spring woodland end2end hike traverses the Blue Hills from North to South. We hike from Shea rink to Donovan elementary school. Other than a short but steep climb up Buck Hill and a long and gentle descent off Buck Hill we will stay in the woodland valleys and hike along flat or gently inclined trails. The total distance is 8 miles and we will hike at a moderate pace ideal for walking and talking at the same time. There will be brief but frequent stops along the way. This popular hike is limited to 24 people so register early to avoid being waitlisted. Some highlights include the site of the winter carnival, amazing views from the top of Buck Hill, an abandoned portion of Old RT 128, a leisurely break at Houghton's Pond concession stand (here soups and sandwiches are available for purchase), relaxing waters at the pier on Ponkapoag Pond and a horse bridge with a history. Since we are keeping to lowlands, heavy rain or flooding will cancel. Also, one of the leaders, Paul, will have his well-behaved dog with him. L Paul Brookes (603-799-4399 After 9am and before 8pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, [camaccurtain@aol.com](mailto:camaccurtain@aol.com)) L Patricia-Lee Achorn (781-784-8983, [plachorn@msn.com](mailto:plachorn@msn.com)), R Paul Brookes (603-799-4399 9am to 8 pm, preference is email, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com))

**Tue., May 15, Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA.** Hike hilly Skyline Trail and adjacent trails on eight successive Tuesday mornings 3/27-5/15, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Moderate to fast pace 3 to 4 hour hike, distance 3 to 8 miles. 9:30 am start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht ([lenu44@gmail.com](mailto:lenu44@gmail.com), Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He has summited 47 of the 48 NH 4K peaks and is an AMC Adventure Travel leader.)

**(FT) (NM) Thu., May. 17. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**Thu., May 17. Stepstone Falls and More Hike.** This loop hike starts off on a gravel road, taking us downhill to the Ben Utter Trail. We then follow the Falls River, passing along the way remnants of a gristmill and a sawmill, signs of times gone by. Once we reach Stepstone Falls, we will take a snack/early lunch break, then return to the beginning of the trail. We will continue our walk on the Escoheag Trail. This section includes a gradual uphill through hardwood forests, reaching a renovated stone pavilion before we return to our cars. Total mileage approx 6 miles. IT IS STILL HUNTING SEASON IN ARCADIA, FLUORESCENT ORANGE IS REQUIRED UNTIL 5/31. L Peggy Qvicklund (774-893-3011 before 9 pm, [qvickan@comcast.net](mailto:qvickan@comcast.net))

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## Activities

For the most current information, [search activities online](#)

### HIKING

**(FT) (NM) Thu., May. 24. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**Thu., May 24. The 2nd Annual Wilson Mountain Lady's Slipper Hike, Wilson Mountain/Whitcomb Woods - Dedham/Needham line- Route 135.** Lady's Slippers galore! In a good year there are hundreds on both sides of the well marked trail to the summit of Wilson Mountain on the Dedham/Needham line. Easy access off Route 128. Wilson Mountain Reservation is 207 acres of wild and varied terrain. Large tangled thickets of rhododendrons grow on a hillside. Wilson Mountain is the highest point in Dedham at 295 feet. While not a true mountain, it does provide hilltop views of the surrounding area. There are well marked trails to the summit of Wilson Mountain on the Dedham/Needham line. Managed by the Massachusetts Department of Conservation and Recreation (DCR). After Wilson Mountain, at your option, we'll cross Common Street to the Whitcomb Woods trail head. Forested level trails with views of the Charles River, gazebos. Total hike is 5 - 7 miles at a moderate pace. Bring water snacks/lunch, sturdy footwear. Steady rain cancels. Dogs on leash O.K. L Ken Cohen (508-942-1536 Before 8:00 pm, [k-cohen@comcast.net](mailto:k-cohen@comcast.net)) CL Walt Granda (508-999-6038 Before 8:00 pm)

**(FT) (NM) Thu., May. 31. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., May 31-31. Thursday Morning Hike - World's End (C3C), World's End, Hingham, MA.** World's End (C3C). Meet at 10am, \$6 pp non-Trustees members. Moderate 4-5 miles. Explore unique peninsula in Boston Harbor with stunning views, hilly, carriage ways and rocky paths. There could be muddy sections. Wear layers, wind protection, good shoes suitable for weather and conditions. Bring water, snacks/lunch. Directions at <http://www.thetrustees.org/places-to-visit/greater-boston/worlds-end.html>. L Eva Das ([borsody@gmail.com](mailto:borsody@gmail.com))

**Fri., Jun. 1-3. HIKING WEEKEND AT THE (LOW) HARVARD CABIN WITH BOSTON CHAPTER, Harvard Cabin (the low one, on route 16 between North Conway & Pinkham Notch).** This is a joint Boston H/B and SE Mass chapter trip. Using the historic Harvard Cabin (the low one, on Rt. 16) as our base, we will set out on hikes in the Pinkham Notch or nearby area. This rustic cabin has an upstairs sleeping loft (sleeping bags/pads on a shared floor space), an outhouse, cold running water. Simple but fun! Exact hikes will be determined Friday night depending on leaders and participants interests, latest weather/trail conditions reports, and participants abilities. On Saturday, we will likely offer two options if the group fills: one moderate/easier 4,000 footer mountain and one moderate/more strenuous 4,000 footer. On Sunday, we might go for another 4,000'er or often we opt for a shorter hike on the way home (perhaps a 52 With A View peak). You will help us as we prepare breakfast, a post-hike happy hour and dinner on Saturday and a breakfast on Sunday. Trip fee of \$80/members and \$85/non-members includes two breakfasts, one dinner, and happy hour snacks (planned and shopped for by the leaders, but prepared and cleaned up with the help of all participants). Boston H/B leaders: Erika Bloom and Claudine Kos. SE Mass leader: Leslie Carson. SE Mass coleader; Ken Carson. For those on the Boston REGI system, please register through REGI. For those in SEM not on REGI, please contact Erika Bloom (email preferred). L Erika Bloom (508-951-1001 before 9 PM, [erikabloom1234@gmail.com](mailto:erikabloom1234@gmail.com)) L Leslie Carson ([lrc929@comcast.net](mailto:lrc929@comcast.net)) CL Ken Carson

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## Activities

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### HIKING

**(FT) (NM) Thu., June 7. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**Fri., Jun. 8-10. Inter Chapter Backpack Trip (SEM/NH) - Mt. Greylock, Mt. Greylock State Reservation.** Join us for a wonderful weekend hiking and backpacking around Mt. Greylock and the Hopper. We'll hike in to our campsite Friday afternoon and hike Mt. Prospect, Mt. Williams, Mt. Fitch and summit Mt. Greylock on Saturday before setting up camp at the tent site Saturday night. Sunday we hike out after breakfast. Total mileage is 13 mi. with elevation gain/loss of 3050 ft. Hiking experience and gear is required. L Leslie Carson (508-833-8237 Before 9 pm, [lrc929@comcast.net](mailto:lrc929@comcast.net), Leslie, a 4-season hike leader with the AMCSEM chapter has been leading day and multi-day hikes since 2006. She has completed the NE 67 and has hiked in several US national parks and internationally. Not only is she involved with her local chapter, but she also leads hikes for AMC's August Camp and Adventure Travel.) CL Dirgny Perdigon ([dalexandra@hotmail.com](mailto:dalexandra@hotmail.com))

**(FT) (NM) Thu., June 14. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**Sat., Jun. 16. Mount Monadnock via Pumpelly Trail, Dublin and Jaffrey, NH.** Join us for this classic Mt. Monadnock hike that will take us from Dublin Lake to the summit of Grand Monadnock via the beautiful and uncrowded Pumpelly Trail.. Just under nine miles round trip, with several steep and rugged sections, If you've only climbed Monadnock from the more popular trails, this will be a real treat for you! L Paul Miller (508-369-4151, [paulallenmiller@verizon.net](mailto:paulallenmiller@verizon.net), Paul is an experienced four-season AMC hike leader.) L Walt Granda ([wgrand@aol.com](mailto:wgrand@aol.com)), R Paul Miller (508-369-4151, [paulallenmiller@verizon.net](mailto:paulallenmiller@verizon.net))

**(FT) (NM) Thu., June 21. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., June 28. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

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### HIKING

**(FT) (NM) Thu., Jul 5. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**Sat., Jul. 7. North Twin Hike, White Mountains. Ascend North Twin Trail to summit of North Twin Mountain.** Trailhead parking lot (fee/permit) at Haystack Road (FR 304) 2.3 miles west of Twin Mountain Village. Trail includes 3 crossings of Little River (each way) so water shoes are mandatory. Book time 3 hr, 40 min (4.3 miles) each way. Rain cancels due to river crossing. L George Danis (339-236-0597 Evenings 7-9 pm, [danisdad51@outlook.com](mailto:danisdad51@outlook.com)) CL Len Ulbricht

**(FT) (NM) Thu., Jul 12. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**Sat., Jul. 14. Map and compass for beginners (Sat), Blue Hills.** Come learn basic navigation skills using a map and compass to find your way. In this indoor and outdoor class, you'll learn the parts of a compass, how to read a topographic map and how to use them in tandem. You'll also learn some basic orienteering skills such as how to bushwhack from one trail to another by following a bearing. The Saturday after the workshop (July 21) there will be a directed hike & bushwhack, for class participants only, where you will have an extended opportunity to practice the skills you learned in the workshop. All activities will take place at the Blue Hills Reservation. No prior skills required for the class session on the 14th. To participate in the activities the following Saturday you will need appropriate hiking gear including sturdy boots for the bushwhack and be able to hike approximately 4 miles with a day-pack. Participants will need to come to class with a sighting compass. Prior reservation is required, and class size is limited to promote small group learning. L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.), R Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com))

**(FT) (NM) Thu., Jul 19. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

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### HIKING

**(FT) (NM) Thu., Jul 26. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Aug 2. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Aug 9. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Aug 16. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Aug 23. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkeo24@gmail.com](mailto:jpkeo24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

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## Activities

For the most current information, [search activities online](#)

### HIKING

**(FT) (NM) Thu., Aug 30. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkoe24@gmail.com](mailto:jpkoe24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

**(FT) (NM) Thu., Sep 6. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA.** Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh ([jpkoe24@gmail.com](mailto:jpkoe24@gmail.com)) L Paul Brookes (603-799-4399 After 7am and before 9pm, [PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz ([swartz@brandeis.edu](mailto:swartz@brandeis.edu)), R Sue Svelnis (781-849-9299 before 9 pm, [suesvelnis@gmail.com](mailto:suesvelnis@gmail.com))

### PADDLING

**Wed., May. 2. Paddle Indian Lakes, Marston Mills, Marstons Mills.** Paddle scenic Middle and Mystic fresh water lakes. Lunch on beach at end of Mystic Lake. Wear life Jacket, bring spray skirt in case of wind, bring water and lunch Exit 5 from route 6. R 149S, R Mystic Drive after cemetery, R at sign town way to water. L Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com)) CL Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com))

**Sat., May 5-5. Paddle Shoestring Bay and the Mashpee River, Popponesset Bay, MA.** We'll paddle up the Mashpee River and back and then explore Pinquicket Cove. Arrive no later than 10:15 for a 10:30 departure. Bring water and lunch. PFDs are required by Massachusetts law and a spray skirt may be necessary depending on wind and wave conditions. L Louise Foster (508-420-7245, [janlouise@comcast.net](mailto:janlouise@comcast.net))

**Wed., May. 9. Paddle Long Pond Harwich/Brewster, Harwich, MA.** Circumnavigate Long Pond, paddle small lily pond and Greenland Pond. Lunch on a beach. Wear life jacket, bring spray skirt for wind, bring water and lunch. E-mail for time and directions to put-in. Exit 10 route 6, R 124N, R Long Pond Drive, L Harwich town landing & parking. L Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com)) CL Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com))

**Sat., May 12-12. Paddle the Centerville River, Osterville, Ma.** Rte. 28 to S on to Old Stage Rd to Light on S Main St R on S Main st to E Bay take E Bay to entrance to Dowses Beach. Go to far end of parking lot. We will paddle the Centerville River and Scudder Bay with a possible trip into Nantucket sound for a total of 6-7 miles. L Bill Fischer (508-420-4137 before 9pm, [wmbarbarafischer@comcast.net](mailto:wmbarbarafischer@comcast.net))

**Wed., May. 16. Paddle Herring River north, West Harwich, Harwich, MA.** Paddle upstream to Coy Brook to end & to East Reservoir & to Herring River for lunch at North Bridge road. After paddle to West Reservoir to see herring run & then return to put-in. Wear life jacket, bring spray for wind, bring lunch & water. E-mail leader to register & for time & directions. Exit 9 route 6, R134S, L Upper County rd 3rd lite, BR, L route 28, R park lot & put-in after bridge. L Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com)) CL Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com))

**Wed., May 16. Sunset Paddle Lake Rico, Taunton, Lake Rico Taunton MA.** Come join us for an introductory off Cape Paddle. After work at 6PM. We will be on the water for 1 1/2 hrs. finishing up just as the sun sets. Open to all levels Kayak and Canoe. Contact leader for more detail. L Luther Wallis (508-923-1935, [lew89@comcast.net](mailto:lew89@comcast.net), Paddle leader both Kayak and Canoe.), R Luther Wallis ([lew89@comcast.net](mailto:lew89@comcast.net))

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## Activities

For the most current information, [search activities online](#)

### PADDLING

**Sat., May. 26. Paddle Bass River South, Dennis, Dennis Port, MA.** From launch paddle 'fingers' & bays to mouth on Nantucket Sound. Lunch on West Dennis Beach, Return & Paddle Grand Cove. Wear life jacket, bring spray skirt for wind, bring water & lunch. Exit 9 rte6, R134S to 2nd lite, R Upper County rd, L Main st at stop sign, R Cove rd to end. L Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com)) CL Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com))

**Wed., May. 30. Paddle Swan Pond and River, Dennis, MA.** Paddle down river to mouth on Nantucket Sound, Venture into Sound if not too windy, Lunch on beach, Return & circumnavigate Pond. Wear life jacket, bring spray skirt for wind, bring water & lunch. E-mail leader to register & for time & directions. L Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com)) CL Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com))

**Wed., Jun. 6. Paddle Mill and Walker Ponds, Brewster, Brewster, MA.** Paddle 3 fresh water kettle ponds & narrows between them. See Stoney Brook Grist Mill (1873) & herring run. Lunch Slough rd picnic area & return to put-in past Punkhorn Conservation land Wear life jacket, bring spray skirt for wind, bring water & lunch. E-mail leader to register & for time & directions. L Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com)) CL Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com))

**Wed., Jun. 13. Paddle Herring River north, West Harwich, West Harwich, MA.** Paddle upstream to Coy Brook to end & to East Reservoir & to Herring River for lunch at North rd bridge. After paddle to West Reservoir to see herring run & then return to put-in. 8-9 mi. L Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com)) CL Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com))

**Sat., Jun. 16. Paddle Prince Cove from Cotuit Bay, North Bay Marstons Mills MA.** Paddle from Cotuit Bay through the Narrows into North Bay and on to Prince Cove. Possibly explore Warren's Cove or some of the islands, coves, and ponds on the northeast side of North Bay. Arrive no later than 10:15 for a 10:30 departure, Bring water and a lunch. PFDs are required and a spray skirt may be necessary depending on wind and wave conditions. L Louise Foster (508-420-7245, [janlouise@comcast.net](mailto:janlouise@comcast.net))

**Sat., Jun. 23. Paddle Follins & Mill Ponds, Dennis, Dennis, MA.** Paddle Follins Pond north to Weir Creek bridge & if tide allows into Mill Pond passing Crab Creek Conservation area & back to circumnavigate Follins Pond & see signs of Viking visit. Lunch on small beach. Afterwards paddle Dinahs Pond, Kelleys Bay & return past Mayfair Boat yard. 7-9mi. L Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com)) CL Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com))

**Wed., Jun. 27. Paddle Swan Pond and River, Dennis, MA.** From town launch paddle down river to mouth on Nantucket Sound. Venture into sound if not too windy & explore. Lunch on beach. Return & circumnavigate Swan Pond. 7-8 mi. L Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com)) CL Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com))

**Sat., Jun. 30. Paddle Ockway Bay, Mashpee, from Shoestring Bay, Cotuit, Ockway Bay, Mashpee.** We'll paddle from Shoestring Bay into Popponesset Bay and then into Ockway Bay. After circumnavigating Ockway Bay we'll paddle up Popponesset Creek. Lunch will be at Meadow Point and we may explore Pinquickset Cove on the way back to the put-in. Plan on a 7-8 mile paddle. Arrive no later than 10:15 for a 10:30 departure. Bring water and a lunch. PFDs are required and a spray skirt may be necessary depending on wind and wave conditions. L Louise Foster (508-420-7245, [janlouise@comcast.net](mailto:janlouise@comcast.net))

**Wed., Jul. 11. Paddle Nauset Marsh from Mill Pond, Orleans, Orleans MA.** Paddle from beautiful put-in on Mill Pond to Nauset stopping to view split and have lunch on beach.. After circle Tern Island and head toward Town Cove and return to put-in. Wear life jacket, bring spray skirt in case of wind, bring water & lunch. E-mail leader to register & for directions & time. L Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com)) CL Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com))

**Sat., Jul. 14. Paddle Barnstable Harbor, Barnstable, MA.** We'll explore the east end of Barnstable Harbor: Clay's, Lone Tree, and Bass Creeks and possibly Sandy Neck. Arrive no later than 10:15 for a 10:30 departure. Bring water and a lunch. PFDs are required and a spray skirt may be necessary depending on wind and wave conditions. Plan on a 7 mile paddle. L Ed Foster ([erfoster@comcast.net](mailto:erfoster@comcast.net))

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## Activities

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### PADDLING

**Wed., Jul. 18. Paddle Walker/Mill Ponds, Brewster, MA.** Paddle 3 fresh water kettle ponds & narrows between them. See Stoney Brook Grist Mill (1873) & herring run. Lunch Slough rd picnic area. Wear life jacket, bring spray skirt in case of wind, bring water & lunch. Register with leader for time and directions. about 7 mi. L Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com)) CL Paul Corriveau ([Paulcorri@gmail.com](mailto:Paulcorri@gmail.com))

**Wed., Jul. 25. Paddle Bass River North, Dennis, MA.** Paddle upstream seeing Indian Lands Conservation area where NobsCUSset Indians spent winters, & new bridge for CCRT (formerly railroad bridge). Lunch at Wilbur park. Return & circumnavigate Grand Cove. Wear life jacket, bring spray skirt in case of wind, bring water & lunch. Register with leader for time & directions. L Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com)) CL Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com))

**Sat., Jul. 28-28. Leader's Choice Paddle, Cape Cod.** If one of my previous Barnstable Harbor paddles is cancelled because of weather, this paddle will do that one. Otherwise I'll try to pick something we haven't paddled recently. Contact me the week of the paddle for more information. PFDs are required and a spray skirt may be necessary depending on wind and wave conditions. L Ed Foster ([erfoster@comcast.net](mailto:erfoster@comcast.net))

**Wed., Aug. 1. Paddle Mashpee/Wakeby Ponds, Sandwich, Maspee.** Paddle 2 fresh water ponds. Lunch at end of Wakeby pond on beach. about 7 mi total Wear life jacket, bring spray skirt in case of wind, bring water & lunch. Register with leader for time & directions. L Jean Orser ([jeanorser@gmail.com](mailto:jeanorser@gmail.com)) CL Paul Corriveau ([paulcorri@gmail.com](mailto:paulcorri@gmail.com))

**Sat., Aug. 4-4. Paddle Lewis Bay, Lewis Bay, MA.** We'll circumnavigate Lewis Bay, have lunch on Egg Island (it only appears at low tide), and perhaps explore Hyannis Inner Harbor. Arrive no later than 10:15 for a 10:30 departure. Bring water and a lunch. PFDs are required and a spray skirt may be necessary depending on wind and wave conditions. Plan on a 6.5 mile trip. L Ed Foster ([erfoster@comcast.net](mailto:erfoster@comcast.net))



*Happy Trails!*