

The Southeast Breeze

The Newsletter of the Southeastern Massachusetts Chapter of the Appalachian Mountain Club | March 2018

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Members take a "bridge to Nature" at the Blackstone River & Heritage Canal State Park in Uxbridge, MA. *Photo by Ken Cohen* More photos on page 3.

'Take it Outside' at April 14th Open House

Written by Maureen Kelly, Former Chapter Chair

The Appalachian Mountain Club (AMC) [Southeastern Massachusetts Chapter](#) (SEM) is holding its annual "Take it Outside" open house event once again this year at beautiful Myles Standish State Forest in Carver, MA on Saturday, April 14, 2018 from 10:00 am to 3:30 pm. The event, hosted in conjunction with the Friends of Myles Standish State Forest, is open to all (AMC members and non-members alike) and will feature a variety of fun outdoor activities. These include a nature walk, beginner and intermediate hikes, beginner and intermediate bike rides, trail work activities, informative mini-workshops, and a free lunch for participants.

Participation is free. For more information or to register, readers should visit <http://activities.outdoors.org/search/index.cfm/action/details/id/103107>.

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View from the Chair:

Is it finally time to get off the couch?

Have you ever heard the expression, “If not now, when?” Some believe it had its origins in ancient Jerusalem. Others credit U.S. Presidents Kennedy, Reagan, or Obama with the expression. In recent years, I’ve notice that it’s gained a lot more traction. A large national outdoors conservation club is now using “If not now, when?” as a rallying cry to solicit more funding because of the cutbacks in government funding and threats to the environment. I’m sure you have heard it in the media—it’s even been used on *Saturday Night Live!*

I like this expression because it is an immediate call to action! But rather than using it to raise funds, I have a different take on “If not now, when?” This relates to getting off the couch and “getting outside” with your other SEM chapter members. Our chapter is approaching 4,000 members. It’s somewhat perplexing to see less than 10 percent of our membership typically participate in the more than 300 hikes, bike rides, paddles, ski trips, and other fun events that our enthusiastic and well-trained volunteer leaders put on every year.

Over the past year as your Chapter Chair, I’ve had the opportunity to meet many of our wonderful chapter members. Unfortunately, all too often I hear excuses for not participating in activities like, “Yes, I saw that Full Moon Hike at Borderland and considered going, but I thought I might be too tired after working all day.” Or, “I really like to hike, but I’m so busy” or “I saw that bike ride along the canal and wanted to go, but then something came up.” It appears that, as with anything else, getting outside and becoming more active requires overcoming significant inertia.

So, to all you members out there who have not participated in a recent AMC Southeastern Mass. Chapter event, my question is: “If not now, when?” Here are just a few upcoming events you may wish to consider:

- Full Moon Hike on March 29th at Borderland State Park
- Leadership Training Workshop April 7th
- Red Line Hiking in the Blue Hills begins April 12th
- “Take it Outside 2018” Open House event April 14th at Myles Standish State Forest
- Hike and Clean Up John’s Pond in Mashpee April 22nd

Some of these activities take place during the week, some on weekends, some during the day, and some at night. In other words, there’s pretty much something for everyone who would like to get outside. You can find all SEM activities on our website (www.amcsem.org) by selecting the type of activity you’re interested in in the yellow box at the top center of the page.

Hope to see you outside...and soon!
Barry Young

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Contact chair@amcsem.org
if you are interested in any
OPEN position

Open House April 14

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This popular annual event is targeted at individuals and families who would like to become more active outdoors and meet like-minded people. It also provides an opportunity to learn more about the AMC Southeastern Massachusetts Chapter, which offers a wide variety of hiking, bicycling, paddling, skiing, trail work, and conservation activities for newcomers and experienced outdoorspeople alike.

All Open House-related activities will start at the Interpretive Center at the Myles Standish State Forest Headquarters located at the intersection of College Pond and Cranberry Roads in Carver, MA. For more information about the event, contact Maureen Kelly at mokel773@aol.com.

See all the events on page 9. For more details or to register, select those you might be interested in and follow the links. Everyone is welcome!

!

Schedule of Activities

10 AM—12 PM Your Choice:

Nature Walk with a Birder
Beginner Hike, East Head, with Naturalist
Intermediate Bicycling
Intermediate Hike, Cherry Pond
Intermediate Hike, Bentley Loop
Trail Work, Bog Bridge

11:15—11:45 AM Your Choice:

Bike Safety Workshop
Leave No trace Ethics

NOON—12:45 PM

Free Lunch!

12:45—1:30 PM Your Choice:

Tips for Taking Outdoor Photos
You Really Must Stay in an AMC Hut!

1:30—3:30 PM Your Choice:

Beginner Hike, East Head Loop
Family Hike, East Head Loop
Intermediate Hike, Pine Barrens Path
Beginner Bicycling, Charge & Fearing Ponds
Trail Work, Bog Bridge

A Warm Winter's Day Hike

Photos by Ken Cohen

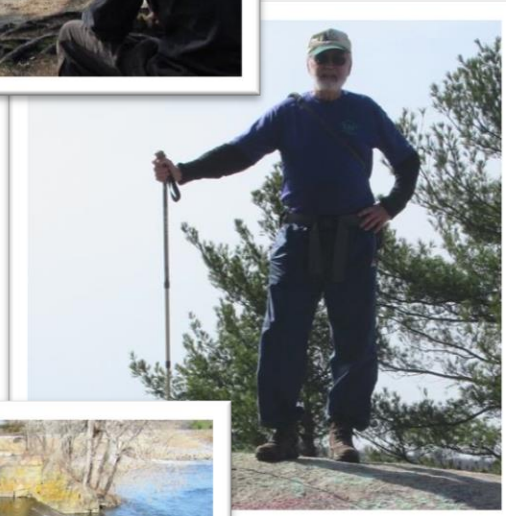
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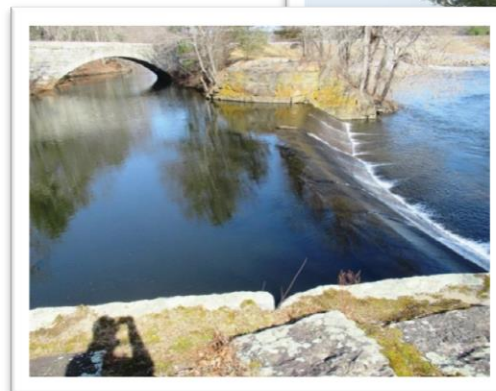
Top: River View

Above:
Picnic Rock

Right:
King of the Hill
Rich Carnes



Left:
Shadowman



March 1st, before winter reasserted itself, a group of 20 hikers followed Peg Qvicklund on a sunny trek through the Brookstone River & Heritage Canal State Park in Uxbridge, MA.



Bill Swanton, left, Luther Wallis, Doug Craib, Leszek Lechowicz, Mike Woessner. *Photo by Mike Woessner*

High Cabin Winter Weekend

Written by Mike Woessner, Hiking Vice Chair

This past February 23, five hearty souls donned heavy back packs and hiked the two miles from the AMC's Cardigan Lodge, gaining 1,258 feet of elevation up to High Cabin. High Cabin is a popular rustic retreat for backcountry enthusiasts looking for a secluded escape with breathtaking scenery. It sits protected a half-mile below the summit of Mt. Cardigan (3,155') just below the tree line.

High Cabin accommodations include twelve bunks with mattresses in the main room heated by a wood stove. There is a dry sink and a two-burner propane stove in the kitchen area. A composting toilet is conveniently located on the porch.

Upon arrival our first priority is to get the woodstove going. Next, we check out the stream behind the cabin for running water. This year we are lucky, water is running. In past years it has been frozen solid, forcing us to melt snow for water. Once the water is filtered and the stove is heating the cabin nicely, we settle in for the weekend. Since there are only five of us this year, the accommodations are spacious. In past years we have had up to ten in the cabin, and with all of the winter gear it gets quite close.

Soon our exclusive chef, Luther, has dinner simmering on the stove, and we break out our libations and snacks for a quick "Happy Hour" before dinner. Our first night's dinner is cream of broccoli soup and pulled pork

sandwiches. Chocolate chip cookies for dessert! After clean up, we discuss the next day's hiking plan. We decide to first summit Mt. Cardigan and then head over to Mt. Orange via Rimrock and the Skyland Trail.

Saturday morning breaks cloudy, but not too cold, temps just around freezing. After a quick breakfast, we get our gear, including micro spikes, snowshoes, water, and lunch. We also carry essential group gear among the five of us. Should we encounter an emergency, we have a group First Aid kit, small stove, water, hot chocolate, a 0° sleeping bag, z-fold ground pad, and an emergency shelter.

Heading up to the summit of Cardigan, the wind is stiff and the weather is cloudy, with rime ice forming on surfaces. There is very little snow, so we use micro spikes to get us to the summit. Not much of a view today. We huddle on the leeward side of the fire tower, out of the wind. After making a few adjustments to gear we head back into the wind and follow the cairns down the West Ridge Trail to the Skyland Trail junction. Once we are on the Skyland, we climb through a thick spruce forest and soon emerge on the summit of Rimrock. Up over the "rim" and down into the saddle between Rimrock and Mt. Orange, the trails are mostly ice with a little snow around the summits. We are soon at the summit of Mt. Orange and the weather has lifted a little so we get views to the northeast. We can see what looks like Franconia Ridge and other summits in the Whites.



Checking the trail markers: Luther Wallis, left, Doug Craib, Les Lechowicz, Bill Swanton. *Photo by Mike Woessner*

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Whiteout Snow Conditions

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After a brief lunch, we are off again. We head east down the Vistamount Trail, which is tricky at times due to the ice on the trail. Vistamount intersects the Clark Trail just south of the Holt-Clark Cutoff. We now head back west, uphill to Hurricane Gap, the home of High Cabin. We stop to admire the view at PJ Ledge with great views to the east.

Back at the cabin, we once again gather wood and water to have our dinner. This evening Chef Luther has prepared chili and cornbread. Since this all had to be hauled in on our backs, Luther had taken the time to dehydrate his chili. All that had to be added was water. The cornbread was from a mix as well. We all ate our fill and there were no leftovers, which is good because all trash has to be packed out as well. After dinner we gather round to play a card game, "ButterScotch," and swap hiking and camping stories that get more interesting as years go by.

Sunday morning, we awaken to whiteout snow conditions. We pack our gear, give the brooms a good workout, then head out into the maelstrom. Soon we are down in heavy forest and out of most of the wind. The snow continues for the rest of our hike out. Back at Cardigan Lodge, we say our goodbyes and well wishes for future hikes together.



Into the maelstrom: Doug Craib, left, Bill Swanton, Leszek Lechowicz, Luther Wallis. *Photo by Mike Woessner*



Volunteer of the Month: Barbara Hathaway

Written by Jeannine Audet, Skiing Chair

Each month the SEM recognizes one of our amazing volunteers. We are thankful for the wonderful people who donate their time and energy to lead terrific trips. This month the Skiing Committee recognizes BARBARA HATHAWAY for her continuing contributions.

Barbara served the AMC SEM for many years as Ski Chair, stepping down in November, 2017. She has been a highly-active Skiing leader, organizing multiday overnight trips in New Hampshire for several years. Barbara is an energetic, organized, and enthusiastic leader. She knows how to ensure an enjoyable trip with her warm and friendly manner.

Thank you, Barbara, for all you do!

Barbara will receive a Volunteer of the Month Certificate and a \$50 gift card.

We ♥ Volunteers!

See page 2 for OPEN positions or email chair@amcsem.org to learn how you can use your time and talents to help your fellow AMC-SEM members!





Hiking in on the Zealand Road *Photo by Mike Woessner*

Escape to Zealand Falls Hut

By Paul Miller, SEM Winter Hike Leader
and Communications Chair

On Friday, March 2nd, while almost everyone else in Massachusetts was hunkering down for what the weather forecasters predicted would be a severe winter Nor'easter with significant coastal flooding, thirteen SEM winter hikers drove up to New Hampshire in driving rain for our 2018 Winter Series Overnight trip to the AMC Zealand Falls Hut. Zealand is one of the three AMC huts that stays open in winter on a "caretaker" basis—which just means we carry in and cook our own food.

Luckily for us, while the storm back home ultimately reached near-epic proportions, by the time we passed through Franconia Notch the temperature dropped a few degrees and the rain turned to snow, tapering off to flurries by the time we arrived at the trailhead parking area off Rte. 302 in Twin Mountain. And the weather stayed nice for us in the mountains the entire weekend, with partly cloudy-to-sunny skies and mild winter conditions with temps in the high 20s to low 30s during the day and "balmy" temps in the low 20s at night.

After lugging our heavy winter backpacks 3.5 miles up the snow-covered Zealand Road (closed in winter) to the actual trailhead, we hiked in another 2.3 miles on the pretty Zealand Trail up to the hut. Once there, we checked in with Josh, the amiable caretaker, selected our bunks in the comfortable bunkrooms, and enjoyed

our traditional "happy hour" in the hut dining room. After happy hour, we had a wonderful dinner of tortilla soup, pulled pork, and cornbread prepared by Luther Wallis, and then we settled in for a serious evening of socializing before hitting our bunks at around 9:00 pm.

While we chowed down to a hearty morning breakfast of coffee, juice, oatmeal, and pancakes prepared by Mike Woessner, Sal Spada, and others; George Danis was leading a group of six more participants up the trail to spend Saturday night with us at the hut.

After breakfast, we broke off into two groups for the day's hikes. Mike and Leslie Carson led a group up to the summit of Mt. Hale (4,055 ft.). Ken Carson and I led another group up to Zeacliff and then on to the summit of Mt. Zealand (4,265 ft.). On the way back, we met George and a couple other of our Saturday hike-in participants at Zeacliff, where the skies had magically cleared, enabling us all to enjoy the fantastic views into Zealand Notch.

Once back at the hut, we socialized some more during our pre-dinner happy hour and then enjoyed a yummy spaghetti and meatball meal prepared by Leslie, Ken, and others. After dinner—with our own group of 19, a smaller group from the Boston chapter, and assorted other guests—the dining room became a bit crowded and somewhat raucous, but no one seemed to mind! Once again, we hit our bunks at about 9:00 pm.

Sunday morning, we had a quick breakfast of bagels & cream cheese before packing up, shouldering our somewhat-lighter winter backpacks, and hiking six miles to the cars. We hit the road to Massachusetts to survey the damage from the storm and (for several trip participants) clear away the debris and wait for the power to come back on!

For us winter over-nighters, at least, it was a fabulous weekend that, once again, demonstrated the many joys and some of the challenges of winter hiking.



Hearty Ken Carson.
Photo by Eric Geiger

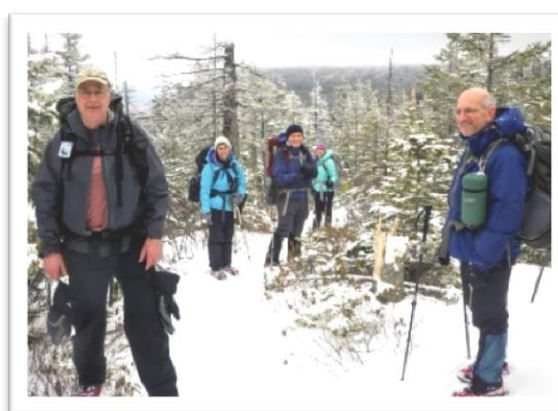
More photos on page 7

2018 Winter Series Overnight

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Left: The Friday Hike-In Group. *Photo by Mike Woessner* Right: Sunset over Zealand Notch. *Photo by Ken Carson*



Left: Sal Spada and Mike Woessner prepare breakfast. *Photo by Ken Carson* Middle: On Mt. Hale. *Photo by Mike Woessner*
Right: Eric and Wendy Geiger. *Photo by Eric Geiger*



Left: Paul Miller on Zeacliff. *Photo by Ken Carson* Middle: Leslie Carson, Luther Wallis, and Wendy Geiger in the kitchen. *Photo by Ken Carson* Right: Happy Hour in the hut. *Photo by Mike Woessner*

Sunshine follows the storm on the Cape

Barbara Gaughan led an intrepid Cape Cod group on a hike along the Sandwich Canal & Town Neck after one of the recent Nor'easters.

Gary Miller, left, Nancy Greenberg, Patti Maganello, Jim Merchant, Richard Kaiser, Janet Kaiser, Nancy Wigley, Mark Gurnee, Johanna Stamm, Paul Currier, Heather Hanley, Amber Laselle, Mark Hanley.

Photo by Barbara Gaughan



Free Leadership Training April 7th By Doug Griffiths, Education Chair

The next one-day Leadership Training course will be held on Saturday, April 7, 2018 at the Foxboro Recreation Department Rec Hall; 68 Mill Street; Foxboro, MA 02035. This course prepares trip leaders for managing groups they will be leading on AMC-sanctioned trips. The course covers leadership styles, trip planning considerations, screening criteria to ensure similar group member skills, risk mitigation, and qualifications to become a leader. Non-trip-leader candidates are also welcome. It is an all-day course with a mix of classroom and outdoor exercises. Lunch and refreshment breaks are provided. This course is offered at no cost to chapter members.

This training is required for prospective AMC-SEM trip leaders, but is useful for any participant interested in improving their outdoor skills and anyone wishing to become familiar with trip group management.

All those interested in this Leadership Training course may also wish to consider Wilderness First Aid training coming up May 5-6, 2018.

Instruction is provided by SOLO, experts in providing wilderness medical training. Their excellent courses have been well received by AMC members for years and we look forward to continuing to sponsor their trainings.

The AMC Member Price is \$175; non-AMC members pay \$185. Price includes lunch and break service both days. The optional CPR course costs an additional \$35.

Wilderness First Aid is a comprehensive lesson in how to react, respond, and save lives in remote, life-threatening situations. Wilderness First Aid is a two-day class designed for trip leaders, co-leaders, and outdoor enthusiasts. This course teaches the skills necessary to identify and treat medical issues common to wilderness settings and to prepare for long-term care scenarios. This emergency response training includes patient assessment, trauma, musculoskeletal and soft tissue injuries, splinting, environmental emergencies, animal and insect bites, and a variety of other topics. The course is a mix of classroom lecture and practical exercises. Both days are required to certify.

The training is required for most AMC-SEM trip leaders, but is a great experience for any outdoor enthusiast. I would encourage any AMC trip participant to consider taking this course. You will find it exciting and stimulating.



To register for either or both training courses, please contact the AMC-SEM Education Chair, Doug Griffiths, at RedDougG@aol.com or 508-758-4315 after 6 PM.

Take it Outside with AMC

Southeastern Massachusetts Chapter of the Appalachian Mountain Club's Open House

Saturday, April 14, 2018

Myles Standish State Forest, Carver

[Nature Walk with a Birder 10:00 – 12:00](#)

[Beginner Hike, East Head Trail with Naturalist, 10:00 – 12:00](#)

[Intermediate Bike, 10:00 – 12:00 Intermediate Hike – Cherry Pond, 10:00 - 12:00 Intermediate Hike – The Bentley Loop, 10:00 – 12:00 Trail](#)

[Work Event – Bog Bridge, 10:00 – 12:00](#)

Learn Stuff Talks 11:15 – 11:45

Bike Safety Workshop

Leave No Trace Ethics

Free Lunch! 12:00-12:45

Learn Stuff Talks 12:45 – 1:15

Tips for Taking Outdoor Photos

You Really Must Stay in an AMC Hut

[Beginner Hike – East Head Loop, 1:30 - 3:30](#)

[Family Hike – East Head Loop, 1:30-3:30](#)

[Intermediate Hike - Pine Barrens Path, 1:30 - 3:30 Beginner](#)

[Bike – Charge and Fearing Ponds, 1:30 - 3:30 Trail Work](#)

[Event – Bog Bridge, 1:30 – 3:30](#)

See the events on our website www.amcsem.org and click on Open House

Questions? Email Maureen at mokel773@aol.com or call 617-943-4288

Free - Everyone is welcome!

Activities

For the most current information, [search activities online](#)

Hiking Key:

C4D

Indicates distance in miles

AA 13+

A 9-13

B 5-8

C less than 5

Indicates pace

1 very fast

2 fast

3 moderate

4 leisurely

Indicates terrain

A very strenuous

B strenuous

C average

D easy

Found in the description

L Activity leader

CL Activity co-leader

FT First Time

NM ... New Members

AN Advance Notice

C Conservation

EDUCATION

Sat., Apr. 7. Leadership Training Workshop, Foxboro Recreation Department Rec Hall, 68 Mill Street, Foxboro, MA 02035.

This course prepares trip leaders for managing groups they will be leading on AMC sanctioned trips. The course covers leadership styles, trip planning considerations, screening criteria to insure similar group member skills, risk mitigation, and qualifications to become a leader. Non-trip leader participants are also welcome. It is an all-day course with a mix of classroom and outdoor exercises. The usual schedule is 8 am to 5 pm. Lunch is included and refreshment breaks are provided. This course is offered at no cost to AMC members. For Southeastern Mass chapter members, this is the first step in becoming a trip leader, followed by several co-leads with current chapter trip leaders, arranged in the weeks or months after this program. This training is required for prospective SEM trip leaders, but is useful for any participant interested in improving their outdoor skills and anyone wishing to become familiar with trip group management. L Douglas Griffiths (508-758-4315 after 6 pm, RedDougG@aol.com)

Sat., May 5-6. Wilderness First Aid Two-Day Workshop, Foxboro Recreation Department Rec Hall, 68 Mill Street, Foxboro, MA 02035.

Wilderness First Aid is a comprehensive lesson in how to react, respond, and save lives in remote, life-threatening situations. Wilderness First Aid is a two-day class designed for trip leaders, co-leaders, and outdoor enthusiasts. This course teaches the skills necessary to identify and treat medical issues common to wilderness settings and to prepare for long-term care scenarios. This emergency response training includes patient assessment, trauma, musculoskeletal and soft tissue injuries, splinting, environmental emergencies, animal and insect bites, and a variety of other topics. The course is a mix of classroom lecture and practical exercises. Both days are required to certify. This training is required for AMCSEM trip leaders, but is a great experience for any outdoor enthusiast. Instruction is provided by SOLO, experts in providing wilderness medical training. L Douglas Griffiths (508-758-4315 after 6 pm, RedDougG@aol.com)

CYCLING

(C) (NM) Sat., Apr. 14. TAKE IT OUTSIDE WITH AMC 2018 - Intermediate Road Cycling -, Myles Standish State Forest, Carver, MA.

Join AMC SEM Chapter Open House event with the Friends of Myles Standish at Myles Standish State Forest in Carver for a morning (10 - 12) Intermediate Bike. All events will begin from the Headquarters on Cranberry Rd where there is plenty of free parking. Also, FREE LUNCH for all Open House participants! We will bike 20 mile at 13-15 mph. Starting at Cranberry Rd & Lower College Pond Rd we'll head out to mostly flat main & secondary roads through scenic Carver & Middleboro. Bring water and snacks. Helmet required. Bike in good working condition. Tires pumped and ready to roll at 10am. L Barbara Gaughan (781-572-1321 before 9 pm, barbaragaughan12@comcast.net, Level 1 SEM bike & hike leader) L Jodi Jensen (jodijensen@gmail.com)

(C) (FT) (NM) Sat., Apr. 14. TAKE IT OUTSIDE WITH AMC 2018 - Afternoon Beginner Bike - Fearing Pond and Charge Pond, Myles Standish State Forest, Carver, MA.

Join AMC SEM Chapter Open House event with the Friends of Myles Standish at Myles Standish State Forest in Carver for a Beginner Bike. All events will begin from the Headquarters on Cranberry Rd where there is plenty of free parking. Also, FREE LUNCH for all Open House participants! This ride will be two loops of a 6 mile trail on state park paved roads. There will be some small rolling hills and the average speed will be 8-11 MPH. Have your tires pumped up and the bike ready to roll for a 1:30 PM start. FREE bike safety workshop by biking committee chair, Bernie Meggison from 11:15 - 11:45. L Bernie Meggison (617-930-4029, thosmeggisons@gmail.com) CL Irene Caldwell (774-454-3361 before 9 pm, ivcaldwell87@gmail.com), R Irene Caldwell (774-454-3361 before 9 pm, ivcaldwell87@gmail.com)

Activities

For the most current information, [search activities online](#)

CAPE HIKING

Sat., Mar. 24. Walker Lookout and Beech Tree Trail Hike, Barnstable, West Barnstable, MA. A moderate hike with some hills. A wonderful view from Walker Lookout. Some fire roads and a some beautiful trees on the Beech Tree trail. Then a gentle climb up to the highest point in Barnstable with another beautiful view. If it is clear you can see Martha's Vineyard. Good boots of a mid height are recommended. This hike is under 5 miles but will feel like more. L David Selfe (508-771-0620 after 5, kdsselfe@comcast.net), lever 1 hike leader of Cape Hikes with over 500 miles on Cape Cod)

Thu., Apr. 5. Hike Crowes Pasture, Dennis, MA. Hike in Crowes Pasture, along surrounding marsh and beach and through historic Quivet Neck neighborhood. Expect soft sand! Meet at 9:45AM for 10:00AM start. Cold Storage Beach parking: RT 6 to Exit 9 and RT 134 North. Follow RT 134 north to traffic lights at RT 6A and turn right. Follow RT 6A for .8 miles and turn left on School St (Airline Rd on Right). Follow School St for .4 miles and turn left on Cold Storage Rd. Follow Cold Storage Rd for .5 miles to parking lot at the beach. L Deborah Hayden (508-274-2820 before 9:00PM, shaferhayden@gmail.com)

(C) (FT) (NM) Sat., Apr. 14. TAKE IT OUTSIDE WITH AMC SEM 2018 - Beginner's Hike with a Naturalist, East Head Reservoir Trail, Myles Standish State Park Carver, MA. Join AMC SEM Chapter Open House event with the Friends of Myles Standish at Myles Standish State Forest in Carver for a Beginner Hike. All events will begin from the Headquarters on Cranberry Rd where there is plenty of free parking. Also, FREE LUNCH for all Open House participants! We will hike the loop around the reservoir taking note of some of the flora and fauna, relatively flat trails with roots, stones, etc. creating some foot hazards. Good walking shoes, ideally hiking footwear and long pants are highly recommended. Bring water for hydration. Hike will be slightly over 3 miles and 2 hours in duration. Meet up at 9:45 AM so we can start promptly at 10 AM. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net, Cape Hiking chair for AMC-SEM, organizes 2 - 3 hikes a week from Sept. to May across the Cape. Jane leads many Cape hikes.) CL Nancy Wigley (nrwigley@comcast.net, Nancy is a lifetime member of AMC, frequent leader of Cape Hikes and a trained naturalist.) CL Janet Kaiser (jtkaiser@comcast.net, Janet is a long time member of AMC and currently leads many Cape Hikes.), R Jane Harding (P O Box 874, East Sandwich,, MA 02537, 508-833-2864 Before 9 PM, janeharding@comcast.net)

(FT) (NM) Sun., Apr. 15. Falmouth, Beebe Woods Hike (C3D), Falmouth, MA. Spring stroll through woods, passing ponds and a farm. Meet at 12:45pm. 2 hours. Take Route 28 South to hospital lights, then 0.6 miles to a right on Depot Avenue. Continue 0.4 miles up the hill and past Highfield Hall into the parking lot at Cape Cod Conservatory. If question about weather, contact L. leader. L John Gould (508-540-5779, jhgould@comcast.net)

Thu., Apr. 19. Hike--Bourne Sisters, Bourne, MA. This 2 hour approximately 4 mile hike is in the Bourne Conservation Trust areas of the Bourne Sisters and Perry Woods. It also includes a cranberry bog and Town of Bourne Leary Property. The terrain is wooded pathways with frequent moderate rolling hills. We will have views of Back River from the Leary Property. Icy trails may be a reason for cancellation of this hike due to the hills. L Robin McIntyre (508-789-8252 Before 9 p.m., robinmcintyre@comcast.net, Robin is a third year SEM/AMC Level 1 hike leader with WFA training.)

Sun., Apr. 22. Hike and Clean Up John's Pond Mashpee, MA. To celebrate Earth Day we will hike and clean up along the wooded trails along John's Pond and Moody Pond. Gloves and bags for the clean-up will be provided. From Falmouth RT 151 West, Turn North (L) on Currier Rd, then Right on Ashumet Rd. In short distance, Ashumet bears off to right, continue straight on Hooppole Rd. (No road sign). Go 1.5 miles and turn Right on Back Road. Go 0.6 mile to large beach parking lot. From Mashpee Rotary take Rte. 151 to Falmouth and proceed to Barnstable Fairgrounds and turn R onto Ashumet Rd., at stop sign turn R to continue on Ashumet which will become Hooppole continue 1.5 miles to R on Back Rd., go 0.6 miles to parking lot at John's Pond. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net) L Nancy Wigley (nrwigley@verizon.net)

Thu., Apr. 26. Hike Shawme Crowell State Park Sandwich, MA. Hike cleared trails with some up/down hills. We will hike to a view of Cape Cod Canal or the Adventure Park at Heritage Gardens. Driving directions from Sagamore Bridge take 1st exit and turn R onto Sandwich Rd and continue to merge with 6A bear L and follow to Rte 130 turn R go short distance entrance to park is on R drive past guard booth and follow road until you come to dumpsters. Park around dumpsters. From upper Cape take Rte 6 to exit 2 and turn L onto Rte 130 follow through town and continue until you see entrance to Shawme Crowell on L drive past guard house and follow road to dumpsters. Meet at 9:45 AM for 10 AM start. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

Activities

For the most current information, [search activities online](#)

CAPE HIKING

Sun., Apr. 29. Hike Maple Swamp, Service Rd., East Sandwich, MA. Hike historic area which dates back to glacial erosion. This hike has lots of steep climbs and declines with uneven terrain. Hiking boots and poles strongly recommended. Driving directions to start take Rte 6 to exit 3 Quaker Meetinghouse Rd and turn S off of ramp. Take first L onto Service Rd and look for Maple Swamp parking area on R past Mill Ln. Meet at 12:45 PM for 1 PM start. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

Sat., May 5. Hike Moraine Trail Hike, Falmouth, MA. Nine mile, 5-hour, moderately difficult, one-way, hike along moraine and pond with lunch stop. Meet in Goodwill Park in Falmouth at 0915, and we will carpool at 0930 to the hike start at 1000. Bring lunch, water, and your favorite tick prevention. Poison ivy is also found along the trail. Hike cancelled if rain. Please phone or email leader if any question about cancelling due to weather. From Mashpee rotary, take Rt. 151 west 3.4 miles to Left at Sandwich Rd. Go 3.7 miles and turn Right on Brick Kiln Rd at light, and go 0.9 miles and turn Left on Gifford St at light.. After 1.1 miles take a Right to enter Goodwill Park and follow road 0.3 miles to parking. L John Gould (508-540-5779, jhgould@comcast.net)

Thu., May 10. Hike--Great Neck Preserve, Wareham, Wareham, MA. This 4 mile, 2 hour hike in the Great Neck Preserve in Wareham is on wooded trails through New England Forestry Foundation and Wildlands Trust lands. There are several hills and some wet areas. Hikers will pass a sheep farm, see Swan Pond, and have views of marshes with Buzzards Bay in the distance. L Robin McIntyre (508-789-8252 Before 9 pm, robinmcintyre@comcast.net, Robin is a 3rd year Level I SEM/Cape hike leader with WFA training) L Jane Harding (janeharding@comcast.net, Jane is Cape Hike chair for AMCSEM with over 4 years of hike leadership experience.)

Sun., May 13. Hike Santuit Pond and River, Mashpee, Barnstable, MA. Hike along woodland trails around Santuit Pond and River past a newly refurbished herring run and hopefully find some Bird's Foot violets in bloom around a cranberry . Celebrate Mother's Day by hiking this scenic area. Take mid-cape highway to Exit 5 (Rte 149) and turn South to Rte 28. Turn R on Rt. 28 and follow to R on Santuit-Newton Rd. Go 0.8 mile to yellow gate on L; park on grass along edge of road. Meet at 12:45 pm. L Nancy Wigley (508-548-2362, nrwigley@verizon.net) L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

Thu., May 24-24. Hike Long Pond, Falmouth, Goodwill Park, Falmouth, MA. Traverse Falmouth's Town Forest on rolling wooded trails. Enjoy scenic views of Long Pond, Grews Pond and Angel Mirror Pond. The Angel Mirror Trail, a relatively new trail, has some steep, narrow sections. Sturdy shoes, layered clothing, plenty of water, snacks, sunscreen and tick repellent are strongly recommended. Be aware that the Cape is a known tick habitat. Poison ivy is abundant in the woods and along the sides of the trail. Meet promptly at 9:45 for trail talk and introductions. This hike begins in Goodwill Park at 10 AM. We will hike approximately 2 1/4 hours, about 4 1/2 miles. It is rated B3C, moderate pace, average terrain. A picnic lunch follows the hike. Please bring your own sandwich, and drink plus a salad, side or dessert to share with the group. Questions, call leader Cathy Giordano 508-243-3884 Directions - From Bourne bridge (Cape side) - Rt, 28S to Brick Kiln exit From Rt. 151 W (near the end) to Rt. 28S to Brick Kiln exit Then bear left off exit ramp. Travel 1.2 miles. Turn R at traffic light onto Gifford St. for 1.1 miles. Look for anchor chain fence on right. Turn right into Goodwill Park. Continue on paved road. Park in lot on right near Grews Pond and covered picnic area. L Catherine Giordano (508-243-3884 before 9 PM, cmgiordan@msn.com)

HIKING

Get your 100-mile patch! Contact hikingchair@amcsem.org.

Always looking for additional hike leaders! Contact hikingchair@amcsem.org

Tue., Mar. 27. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. Hike hilly Skyline Trail and adjacent trails on eight successive Tuesday mornings 3/27-5/15, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Expect rocks and granite ledges on most ascents and descents. Moderate initial 1.5 - 2 mph pace and 3 mile hike, progressing over the 8 weeks to 8 or more miles. 9:15 am sign-in, 9:30 am hike start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht (lenu44@gmail.com, Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He enjoys hiking the 48 NH 4K peaks and is an AMC Adventure Travel leader.)

Activities

For the most current information, [search activities online](#)

HIKING

Thu., Mar. 29. Bird Street Conservation land hike Stoughton MA, Bradley Lessa Park Stoughton MA. Easy, flat 4.5 mile hike on conservation land in Stoughton MA. Pretty lunch spot by pond. Bring traction devices. May be wet and slushy in areas. Rain cancels. Route 24 to exit 18B (Rte 27 N Stoughton MA). At light take left;; Go .4 miles to next light. Go right onto Pleasant Street. Follow Pleasant 1.3 miles to end. Turn right onto Route 138. Follow 138 2.0 miles to Plain Street on left. Town Spa restaurant is at corner. Follow Plain Street for 1.3 miles to intersection. Take left onto West Street. Go .5 miles and Bradley Lessa Park will be on left Follow dirt road to end. GPS 1239 or 1251 West Street. L Rachel Thibeault (508-583-5534 before 8:00 PM, ratebo@yahoo.com) CL Nancy Perlman (617-980-4878 before 8:00PM, nancyclist@gmail.com)

Thu., Mar. 29. Full Moon Hike at Borderland State Park, 259 Massapoag Ave, Easton, MA. Hike in the Moonlight at Borderland State Park. This hike will be a moderate pace, 4-5 miles and will last approximately 2 hours. Headlamps, water, and sturdy boots are a must. Dress for the weather. Registration is required. Trip details will be sent after registration, several days before the hike. L William Cannon (508-649-6730, bcannon56@gmail.com) L Patricia McNally L Nancy Coote , R Bill Cannon (508-649-6730, bcannon56@gmail.com)

Sat., Mar. 31. 15 Mile Plymouth Wishbone Trail hike, Ellisville Harbor State Park, MA. The Plymouth Wishbone Walking Trail was set up in 2007 by a local Boy Scout and runs from Myles Standish headquarters all the way to Ellisville Harbor State Park on Cape Cod Bay in Plymouth. It is approximately 15 miles in length. Most of the trail is in the State Forest or in other conservation property. The original layout had about a third of the hike along local dirt roads. We have now found ways to avoid the roads for the most part. The hike ends on the beach at Ellisville. This is a very long walk. Please do not come on this walk if you aren't regularly hiking at least seven miles plus fairly regularly already. People always want to know how long it will take-- I would estimate seven hours in total including the carpool, regular breaks and a stop for lunch. You need to wear good shoes, bring your lunch and lots of water. Sunscreen and tick protection are also recommended. We will meet at Ellisville Harbor State Park (off Route 3a in Plymouth north of Route 3 exit 2) and will carpool to Myles Standish State Forest headquarters Please drive to the inner parking lot for a nice view and so that you are not tempted to end your hike on Route 3a at the end of a long day. L John Bescherer (508-742-7973, johnbescherer@gmail.com, John has been leading hikes in and around Myles Standish State Forest for nearly 10 years.)

Tue., Apr. 3. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. Hike hilly Skyline Trail and adjacent trails on eight successive Tuesday mornings 3/27-5/15, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Moderate to fast pace 3 to 4 hour hike, distance 3 to 8 miles. 9:30 am start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht (lenu44@gmail.com, Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He has summited 47 of the 48 NH 4K peaks and is an AMC Adventure Travel leader.)

Tue., Apr. 10. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. Hike hilly Skyline Trail and adjacent trails on eight successive Tuesday mornings 3/27-5/15, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Moderate to fast pace 3 to 4 hour hike, distance 3 to 8 miles. 9:30 am start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht (lenu44@gmail.com, Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He has summited 47 of the 48 NH 4K peaks and is an AMC Adventure Travel leader.)

(FT) (NM) Thu., Apr. 12. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

Activities

For the most current information, [search activities online](#)

HIKING

(C) (FT) (NM) Sat., Apr. 14. TAKE IT OUTSIDE WITH AMC 2018 - Morning Nature Walk with a Birder - East Head Loop, Myles Standish State Forest, Carver, MA. Join AMC SEM Chapter Open House event with the Friends of Myles Standish at Myles Standish State Forest in Carver for a Morning Nature Hike with birder Glenn d'Entremont, from 10-12. All events begin from Headquarters on Cranberry Rd where there is plenty of free parking. Also, FREE LUNCH for all Open House participants! This Nature Walk is a great opportunity to meet a well-known birder who will identify birds in the local Plymouth / Carver habitat. This walk will be slow-paced with many stops to look for birds along the East Head Pond Loop. The Nature Walk will last about 2 hours. Bring your cameras! L Maureen Kelly (617-943-4288 4-8 pm, mokel773@aol.com) CL Glenn d'Entremont

(C) (FT) (NM) Sat., Apr. 14. TAKE IT OUTSIDE WITH AMC 2018 - Afternoon Beginner Hike - East Head Pond Loop, Myles Standish State Forest, Headquarters on Cranberry Rd., MA. Join AMC SEM Chapter Open House event with the Friends of Myles Standish at Myles Standish State Forest in Carver for an afternoon Beginner Hike. All events will begin from the Headquarters on Cranberry Rd where there is plenty of free parking. Also, FREE LUNCH for all Open House participants! This will be a slower paced hike along a nature trail that loops around the East Head pond reservoir. We will stop at some numbered trail posts to observe the various plants outlined in the free Interpretive Program guide provided by Myles Standish State Forest. The loop is 2.6 miles long and we will plan to be on the trail for about 2 hours. Our hike will start at 1:30 pm. Please bring some water. Registration is required, however everyone is welcome whether you are a new member, non-member or newly active. L Robin McIntyre (robinmcintyre@comcast.net) CL Bill Vickstrom

(C) (FT) (NM) (AN) Sat., Apr. 14. TAKE IT OUTSIDE WITH AMC 2018 - Afternoon Family Hike, Myles Standish State Forest, Carver, MA. Family Hike during Southeastern MA Chapter Open House at Myles Standish State Forest. L Jeannine Audet (508-493-8221 evenings, milmod@aol.com)

(FT) (NM) Sat., Apr. 14. TAKE IT OUTSIDE WITH AMC SEM 2018 - INTERMEDIATE MORNING HIKE, Cherry Pond, Myles Standish State Forest, MA. Join AMC SEM Chapter Open House event with the Friends of Myles Standish at Myles Standish State Forest in Carver for an Intermediate Morning Hike to Cherry Pond. All events will begin from the Headquarters on Cranberry Rd where there is plenty of free parking. Also, FREE LUNCH for all Open House participants on our return! We will leave together to drive to the hike start. The hike to Cherry Pond follows the Hooper House Trail starting near College Pond before heading off on unmarked trails. We will do a 5 mile circuit that passes several pretty ponds. Bring water and snacks. L John Bescherer (508-742-7973, johnbescherer@gmail.com, John has been leading hikes in Myles Standish State Forest for almost 10 years.) CL Sue Mulligan (milmod@aol.com)

(C) (FT) (NM) Sat., Apr. 14. TAKE IT OUTSIDE WITH AMC 2018 - Intermediate Morning Hike - The Bentley Loop, Myles Standish State Forest, Carver, MA. Join AMC SEM Chapter Open House event with the Friends of Myles Standish at Myles Standish State Forest in Carver for an Intermediate Hike. All events will begin from the Headquarters on Cranberry Rd where there is plenty of free parking. Also, FREE LUNCH for all Open House participants! This hike will be the Bentley Loop -- 3.7 miles of beautiful woodlands with rolling hills, open meadows and several ponds. It is one of the most used and loved trails in Myles Standish State Forest. Because it is well marked, it is also one of the better trails to walk in the winter in case there is still a snow coating obscuring the trail bed. Since all hikes will meet at the Myles Standish headquarters for the open house, we will make a short five minute drive to the trail head once we are gathered. We encourage newcomers to join us for this walk. Dress in layers and bring water. L Catherine Giordano (508-243-3884 Before 9pm, cmgiordan@msn.com) CL Vickstrom, William (774-454-7386 Before 9pm, wrwick@comcast.net, Bill has been leading hikes in Myles Standish State Forest for many years. He is the President of the Friends of Myles Standish State Forest), R Catherine Giordano (508-243-3884 before 9 pm, cmgiordan@msn.com)

(FT) (NM) Sat., Apr. 14. TAKE IT OUTSIDE WITH AMC SEM 2018 - INTERMEDIATE AFTERNOON HIKE, Pine Barrens Path, Myles Standish State Forest, MA. Join AMC SEM Chapter Open House event with the Friends of Myles Standish at Myles Standish State Forest in Carver for an Intermediate hike. All events will begin from the Headquarters on Cranberry Rd where there is plenty of free parking. A FREE LUNCH will be available for all Open House participants starting at noon! Once we assemble (at about 1:15pm), we will carpool to the hike start. The Pine Barrens Path runs north and south for almost the entire length of the state forest. We will do only a section of it in the two hours allotted for this hike. Bring water and snacks. The trail is moderately hilly but is not difficult. It goes through one of the prettiest parts of the park, well away from the camping areas. L John Bescherer (508-742-7973, johnbescherer@gmail.com, John has been leading hikes in Myles Standish State Forest for almost 10 years.) CL George Danis (danisdad51@outlook.com)

Activities

For the most current information, [search activities online](#)

HIKING

Tue., Apr. 17. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. Hike hilly Skyline Trail and adjacent trails on eight successive Tuesday mornings 3/27-5/15, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Moderate to fast pace 3 to 4 hour hike, distance 3 to 8 miles. 9:30 am start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht (lenu44@gmail.com, Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He has summited 47 of the 48 NH 4K peaks and is an AMC Adventure Travel leader.)

(FT) (NM) Thu., Apr. 19. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

Tue., Apr. 24. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. Hike hilly Skyline Trail and adjacent trails on eight successive Tuesday mornings 3/27-5/15, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Moderate to fast pace 3 to 4 hour hike, distance 3 to 8 miles. 9:30 am start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht (lenu44@gmail.com, Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He has summited 47 of the 48 NH 4K peaks and is an AMC Adventure Travel leader.)

(FT) (NM) Thu., Apr. 26. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, Suesvelnis@gmail.com)

Tue., May. 1. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. Hike hilly Skyline Trail and adjacent trails on eight successive Tuesday mornings 3/27-5/15, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Moderate to fast pace 3 to 4 hour hike, distance 3 to 8 miles. 9:30 am start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht (lenu44@gmail.com, Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He has summited 47 of the 48 NH 4K peaks and is an AMC Adventure Travel leader.)

(FT) (NM) Thu., May. 3. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

Activities

For the most current information, [search activities online](#)

HIKING

Thu., May. 3. Spring into Spring Hike!, Arnold Arboretum - Jamaica Plain, MA, - including two vistas, Bonsai exhibit, and "Explorer's Garden." We will explore this "tree museum" during a 4 -5 mile hike at a moderate pace. Bring water, sturdy footwear, sun screen, bug spray, snack or lunch. Meet at the Visitors' Center (Hunnewell building) located at 125 Arborway, Jamaica Plain at 9:45 for prompt 10:00 start. Plenty of on-street parking along the Arborway; or walk to the entrance from the Forest Hills Orange Line T-stop. Rain cancels leashed dogs O.K. L Ken Cohen (508-942-1536, k-cohen@comcast.net before 8:00 pm)

Tue., May. 8. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. Hike hilly Skyline Trail and adjacent trails on eight successive Tuesday mornings 3/27-5/15, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Moderate to fast pace 3 to 4 hour hike, distance 3 to 8 miles. 9:30 am start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht (lenu44@gmail.com, Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He has summited 47 of the 48 NH 4K peaks and is an AMC Adventure Travel leader.)

(FT) (NM) Thu., May. 10. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

Tue., May. 15. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. Hike hilly Skyline Trail and adjacent trails on eight successive Tuesday mornings 3/27-5/15, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Moderate to fast pace 3 to 4 hour hike, distance 3 to 8 miles. 9:30 am start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht (lenu44@gmail.com, Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He has summited 47 of the 48 NH 4K peaks and is an AMC Adventure Travel leader.)

(FT) (NM) Thu., May. 17. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., May. 24. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

Activities

For the most current information, [search activities online](#)

HIKING

Thu., May. 24. The 2nd Annual Wilson Mountain Lady's Slipper Hike, Wilson Mountain/Whitcomb Woods - Dedham/Needham line- Route 135, MA. Lady's Slippers galore! In a good year there are hundreds on both sides of the well marked trail to the summit of Wilson Mountain on the Dedham/Needham line. Easy access off Route 128. Wilson Mountain Reservation is 207 acres of wild and varied terrain. Large tangled thickets of rhododendrons grow on a hillside. Wilson Mountain is the highest point in Dedham at 295 feet. While not a true mountain, it does provide hilltop views of the surrounding area. There are well marked trails to the summit of Wilson Mountain on the Dedham/Needham line. Managed by the Massachusetts Department of Conservation and Recreation (DCR). After Wilson Mountain, at your option, we'll cross Common Street to the Whitcomb Woods trail head. Forested level trails with views of the Charles River, gazebos. Total hike is 5 - 7 miles at a moderate pace. Bring water snacks/lunch, sturdy footwear. Steady rain cancels. Dogs on leash O.K. L Ken Cohen (508-942-1536 before 8:00 pm, k-cohen@comcast.net) CL Walt Granda (508-999-6038 Before 8:00 pm)

(FT) (NM) Thu., May. 31. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

Fri., Jun. 1-3. Hiking weekend at the (low) Harvard Cabin with Boston Chapter, (the low cabin on route 16 between North Conway & Pinkham Notch). This is a joint Boston H/B and SE Mass chapter trip. Using the historic Harvard Cabin as our base, we will set out on hikes in the Pinkham Notch or nearby area. This rustic cabin has an upstairs sleeping loft (sleeping bags/pads on a shared floor space), an outhouse, cold running water. Simple but fun! Exact hikes will be determined Friday night depending on leaders and participants interests, latest weather/trail conditions reports, and participants' abilities. On Saturday, we will likely offer two options if the group fills: one moderate/easier 4,000-footer mountain and one moderate/more strenuous 4,000-footer. On Sunday, we might go for another 4,000'er or often we opt for a shorter hike on the way home (perhaps a 52 With A View peak). You will help us as we prepare breakfast, a post-hike happy hour, and dinner on Saturday and a breakfast on Sunday. Trip fee of \$80/members and \$85/non-members includes two breakfasts, one dinner, and happy hour snacks (planned and shopped for by the leaders, but prepared and cleaned up with the help of all participants). Boston H/B leaders: Erika Bloom and Claudine Kos. SE Mass leader: Leslie Carson. SE Mass coleader; Ken Carson. For those on the Boston REGI system, please register through REGI. For those in SEM not on REGI, please contact Erika Bloom (email preferred). L Erika Bloom (508-951-1001 before 9 PM, erikabloom1234@gmail.com) L Leslie Carson (lrc929@comcast.net) CL Ken Carson.

(FT) (NM) Thu., Jun. 7. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Jun. 14. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

Activities

For the most current information, [search activities online](#)

HIKING

(FT) (NM) Thu., Jun. 21. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Jun. 28. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., July 5. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., July 12. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., July 19. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., July 26. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

Activities

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HIKING

(FT) (NM) Thu., Aug. 2. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Aug. 9. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Aug. 16. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Aug. 23. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Aug. 30. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Sept. 6. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside, strengthen your hiking legs and socialize with a nice group of people. This is the 13th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

Activities

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SOCIALS

(C) (FT) (NM) (AN) Sat., Apr. 14. AMC SEM Wants You to TAKE IT OUTSIDE 2018 - AMC SEM's Open House at Myles Standish State Forest, Myles Standish State Forest, Carver, MA. Join AMC Southeast Mass Chapter along with the Friends of Myles Standish State Forest for our Open House - TAKE IT OUTSIDE WITH AMC SEM 2018. We offer beginner and intermediate hikes, bikes and nature walks. All participants receive a free lunch. Come explore the pine barrens of Myles Standish State Forest while you learn about AMC SEM's outdoor activities. L Maureen Kelly (617-943-4288 4-8pm, mokel773@aol.com, Maureen is a past SEM Chapter Chair and four season hike leader. She enjoys introducing people to great hikes.), R Maureen Kelly (617-943-4288 4-8 pm, mokel773@aol.com)

TRAIL WORK

(C) (FT) (NM) Sat., Apr. 14. TAKE IT OUTSIDE WITH AMC 2018 - Morning Trail Work Event, Myles Standish State Forest, Carver, MA. Join AMC SEM Chapter Open House event with the Friends of Myles Standish at Myles Standish State Forest in Carver for a Trail Work event. All events will begin from the Headquarters on Cranberry Rd where there is plenty of free parking. Also, FREE LUNCH for all Open House participants! We will have two trail work sessions, one in the morning (10-12) and one in the afternoon (1:30-3:30). We will be working with the Friends of the Myles Standish State Forest and the DCR to replace the deck boards on two bog bridges. We will be removing rotted boards and replacing them with new ones. As an alternate activity, we will also be doing light trail work cutting back vegetation on a path that is getting overgrown. No experience is necessary for either activity. Please wear long sleeves, long pants and sturdy shoes. The AMC SEM Trail Crew Leaders will provide gloves, trail tools, instruction and supervision. We encourage beginner and experienced trail volunteers alike. Please bring water. L Peter Tierney (pxtierney@aol.com) CL Skip Maysles (piks126@yahoo.com)

(C) (FT) (NM) Sat., Apr. 14. TAKE IT OUTSIDE WITH AMC 2018 - Afternoon Trail Work Event, Myles Standish State Forest, Carver, MA. Join AMC SEM Chapter Open House event with the Friends of Myles Standish at Myles Standish State Forest in Carver for a Trail Work event. All events will begin from the Headquarters on Cranberry Rd where there is plenty of free parking. Also, FREE LUNCH for all Open House participants! We will have two trail work sessions, one in the morning (10-12) and one in the afternoon (1:30-3:30). We will be working with the Friends of the Myles Standish State Forest and the DCR to replace the deck boards on two bog bridges. We will be removing rotted boards and replacing them with new ones. As an alternate activity, we will also be doing light trail work cutting back vegetation on a path that is getting overgrown. No experience is necessary for either activity. Please wear long sleeves, long pants and sturdy shoes. The AMC SEM Trail Crew Leaders will provide gloves, trail tools, instruction and supervision. We encourage beginner and experienced trail volunteers alike. Please bring water. L Peter Tierney (pxtierney@aol.com) CL Skip Maysles

Mon., Apr. 23. AMC SEM Trail Work at Blue Hills Reservation, Blue Hills Reservation, MA. Today we will be maintaining our adopted portion of the Skyline Trail in the Blue Hills Reservation in Milton, MA. We will meet at the north end of the Houghton's Pond parking lot at 9 AM. Everyone is welcome, no experience necessary, tools and instruction will be provided. We will be cutting back vegetation that encroaches on the trail, clearing rock staircases, cleaning out waterbars and other light work. Please wear long sleeves, long pants and sturdy shoes. Please bring water. L Peter Tierney (pxtierney@aol.com) CL Skip Maysles



Happy Trails!