

The Southeast Breeze

The Newsletter of the Southeastern Massachusetts Chapter of the Appalachian Mountain Club I September 2017

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Please send your Word doc and photographs to breeze.editor@amcsem.org.

Please send photos as separate attachments, including the name of each photographer. Include the words "Breeze Article" in the subject line.

Shop the Breeze Market for equipment bargains!

Members looking to sell, trade, or free-cycle their used equipment can post for free.

Business advertisements are just \$15/month. Send inquiries to breeze.editor@amcsem.org



The 4000-footer trio: Terry Stephens, left, Eva Borsody Das, and Tammy Straus. *Photo by Tammy Straus*

Trio Complete their New Hampshire 48 Article by Len Ulbricht, Trip Leader

Saturday August 19, 2017 was an auspicious day for Terry Stephens, Eva Borsody Das, and Tammy Straus. All three women summited Mt Isolation, thereby completing their individual quests to hike all 48 New Hampshire 4000-footers. And their achievement was an arduous 13.3 miles of slippery rocks and tree roots; bootsucking mud; five river crossings and, in the first 3.2 miles, 3200 feet of rugged elevation gain.

They and seven others hiked into the White Mountains National Forest Dry River Wilderness, starting at the Glen Boulder trailhead and exiting via the Rocky Branch trail. Slippery conditions, due in part to the previous day's rain, caused several falls and almost-falls, with one hiker twisting an ankle and limping out and a second sporting a cheekbone bruise and subsequent black eye. This hiking route is a candidate for the toughest any of us have been on.

Sign Up by September 10th for the Chapter Hut Weekend!





Barry Young, Chapter Chair chair@amcsem.org

View from the chair

"Get Outside and Bring a Friend"

Did you know the membership of the AMC Southeastern Massachusetts Chapter is approaching 4000 members, yet less than 10 percent take advantage of all the great (mostly free) events put on by our chapter volunteers? We offer a variety of hikes, bicycle rides, and paddling trips, as well as opportunities to do trail work and other volunteer activities. Check out our activities on our website and after looking at all the trips and activities, if you still can't find something you like, send me an email at chair@amcsem.org and I'll try to find a leader to plan a trip just for you.

And while you're looking for something to do outside, why not "ask a friend" to come along? You do not have to be a member of AMC to participate in one of our events. Hopefully, your friends have a good time and will want to join AMC at some point, but membership is not necessary to go on our hikes, bike rides, and paddles.

Here is a great idea to get outside—we still have a few spots left for our Chapter Hut Weekend at the AMC Cold River Camp in Evans Notch, NH. The dates are Friday through Sunday, September15—17th, with an optional also to stay Thursday night, the 14th. To register, go to our activities database and see the detailed instructions. This is a popular event with several hikes of varying abilities, or you can just hang out and relax at the camp. The accommodations include small, cozy cabins, most with fireplaces, and all meals for the weekend are included.

While membership in AMC is a very worthwhile way to support the outdoors, conservation, and the environment, don't be an "armchair member"—take full advantage of your membership and participate in one of our activities!

Hope to see you outside!

Barry Young, Chapter Chair AMCSEM

2017 Executive Board

| Chapter Chair | Barry Young |
|------------------------|-----------------|
| Vice Chair | , , |
| Secretary | Ann McSweeney |
| Treasurer | Patty Rottmeier |
| Past Chapter Chair | Maureen Kelly |
| Biking Chair | Bernie Meggison |
| Biking Vice Chair | Open |
| Cape Hiking Chair | Jane Harding |
| Cape Hiking Vice Chair | Cathy Giordano |
| | |

| Communications Chair | Paul Miller |
|---------------------------|----------------|
| Communications Vice Chair | Open |
| Conservation Chair | Bill Cannon |
| Conservation Vice Chair | Open |
| Education Chair | Doug Griffiths |
| Education Vice Chair | Open |
| Hiking Chair | Leslie Carson |
| Hiking Vice Chair | Open |
| | |

| Membership Chair | Sandy Santilli |
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| Membership Vice Chair | Ellen Thompson |
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| Trails Chair | Peter Tierney |
| Trails Vice Chair | Wayne Anderson |
| Trails Vice Chair | Skin Maysles |

Ad Hoc Committee Chairs and Other Chapter Contacts

| Social Director | Open |
|-----------------------------|----------------|
| Social Vice Director | Open |
| Social Networking Moderator | Susan Mulligan |

| Web-master | Cheryl Lathrop |
|---------------|----------------|
| Breeze Editor | Mo Walsh |
| Blast Editor | Marie Hopkins |

Contact the Chapter Chair at chair@amcsem.org if you're interested in any open position.



Ten Reasons to Come to Chapter Hut Weekend Sept. 15 thru 17



Need a good reason to join AMC Southeastern Mass. Chapter members for our rapidly approaching Chapter Hut Weekend at Cold River Camp, Sept. 15-17?

Here are ten:

- Get outdoors, reconnect with old friends, and meet new ones. Bring a friend—doesn't have to be an AMC member.
- Drive in to AMC Cold River Camp through beautiful and peaceful Evan's Notch, straddling the New Hampshire and Maine Border in North Chatham, NH.
- 3. Sleep in a small, cozy cabin, most equipped with a fireplace or wood stove.
- 4. Enjoy the "civilized" amenities at Cold River Camp, including flush toilets and hot showers.
- 5. Fill your plate with wonderful, hearty breakfasts and dinners prepared by the Volunteer Staff, and pack a trail lunch from the bountiful table they lay out for us each day—all included in the fee.
- 6. Choose from easy, moderate, and more challenging hikes each day in the nearby hills and mountains.
- 7. Cycle the beautiful, uncrowded roads in the area and paddle the nearby lakes and rivers.
- 8. Just "hang around" the Cold River Camp; explore the area, read a book, or play games in the library, or laze around in a rocking chair on the lodge porch or in the comfortable, fireplace living room.

- 9. Socialize and compare notes on the day's activities during "Happy Hours" on the lodge porch, with its excellent views of nearby Baldface Mountain.
- 10. For only \$70.00 per night, lodge in cozy two-to-four person cabins, enjoy hearty breakfasts and dinners in the dining hall, and pack daily make-it-yourself trail lunches.

Friday, Sept. 15-Sunday, Sept. 17

Cost of \$140 includes hearty meals and lodging for two nights; come a day early for an additional \$70.

Contact Sandy Santilli at smsantilli@comcast.net to register. Do it NOW!

Deadline extended to September 10th!







Photos by Jeannine Audet

FAMILY HIKE IN F. GILBERT HILLS Written by Jeannine Audet & Brian Duane

It was a great day in F. Gilbert Hills on Sunday, June 25th, as two families joined us for a Family Hike! The weather was perfect, and our young hikers, ranging from ages 2 to 6 years, had an abundance of energy. The hikers eagerly searched for treasures along the trails, checking off the pictures on their scavenger hunt sheets. We even found a red salamander, which caused considerable excitement.

The boys shared their knowledge and interest in their findings, with one participant particularly interested in the caterpillars, which he pointed out along the way. The young hikers learned about following trail blazes, and attentively helped the leaders follow the trails. I am looking forward to leading more Family Hikes for SEM! Please watch for them in the online listing and spread the word! Co-leaders also are welcome!



Hanging Out Above Treeline in the Northern Presidentials Written by Paul Miller, Trip Leader

Based on my previous visits, I already knew that the AMC Madison Hut, nestled as it is just above treeline in the rocky knoll between Mts. Madison and Adams in the Northern Presidentials, is a very special place. But since it had been a number of years since I'd last visited, I was looking forward to organizing an SEM trip to be able to check out the recently rebuilt hut and re-explore the area with others.

When I finally got around to arranging the logistics for this trip earlier this year, I discovered that no bunks were to be had at Madison Hut on Saturday night in the July "high season" in New Hampshire (no surprise there). So, resorting to "Plan B," I booked some bunks at the much larger, drive-in AMC Joe Dodge Lodge in Pinkham Notch for Saturday night and at Madison Hut for Sunday night, with plans to return to the trailhead on Monday. While this worked out okay for my own reasonably flexible work schedule, as I learned subsequently, it did not for several otherwise-interested participants. This made for a small group of five, including the two leaders, Mike Swartz and myself, which worked out just fine since we all hiked well together and had a great time.



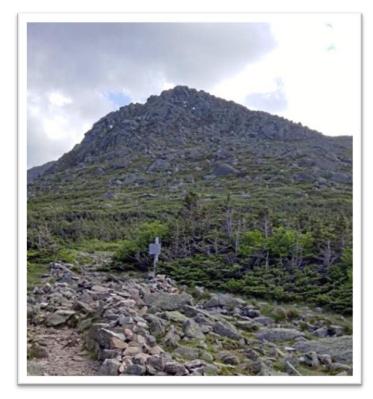
On the Airline Trail

Photo by Paul Miller

As planned, we all met up at Joe Dodge Lodge (JDL) Saturday afternoon for a quick "shake down" hike up to nearby Square Ledge to get to know each other a little better and work out any gear issues before tackling the main hike up to Madison Hut the next day.

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Mt. Madison from the AMC Hut Photo by Paul Miller

The Northern Presidentials

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While the morning had brought rain to the White Mountains, the sun returned by the time most of us got up to Pinkham Notch. But while waiting around for the last member of our group to arrive, the rest of us observed the ominously increasing cloud cover. It was still dry when the now-assembled group finally set off across Rte. 16 to hit the nearby trailhead, and remained so while we made our way up the short distance to Square Ledge. But due to some approaching thunder and lightning—we had to make a quick retreat from the exposed ledge before we could get a chance to fully appreciate the usual fine views down into Pinkham Notch, across to the ravines on Mt. Washington, and into the Northern Presidentials.

Other than some light rain showers, the storm passed us by and we made it back down to the lodge without getting too wet. (Although I did slip on some mud on the way down and managed to get a nasty gash on my leg).

After showering up and changing into dry clothes at JDL, we had a nice, hearty, family-style roast chicken dinner together at the AMC Pinkham Notch dining hall, with its wonderful views of the Wildcat Range.

After dinner, we checked out all the gear, maps, books, and other neat stuff in the Pinkham trading post and then some of us took in the traditional Saturday evening program in the dining hall. A reasonably eloquent ranger presented this lecture on the "Ghosts of the White Mountains." She recounted stories of many of the people who had died on the mountain, largely due to their own lack of preparedness or just outright foolishness. She also recounted her personal involvement in several of those rescue attempts. For dramatic effect, she passed around her personally updated list of those names; since —unfortunately—the printed copies can't keep up with the fatalities.

Following the presentation, I poured myself a nice glass of cab and snagged a comfortable seat in the cozy loft in the JDL library to read my book for about an hour or so before hitting the sack.

After a hearty breakfast in the dining hall at 6:30 am Sunday, we regrouped at 8:00 am and drove over to the Appalachia trailhead parking lot on Rte. 2 in nearby Randolph, NH. From the trailhead, we followed the Airline Trail steadily up through the woods until, after about four miles of hiking, we finally broke out of the trees onto the dramatic, and very exposed, Durand Ridge. From this vantage point, we enjoyed spectacular views down into King Ravine and upwards toward nearby Mounts Adams and Madison. After about another quarter of mile on the ridge, which included several fun scrambles, we dropped down the Madison Hut on the 0.2-mile long Airline Cutoff Trail. The hut is approximately 4.5 miles away from and 4,000 feet above the Appalachia trailhead, making for a vigorous climb.

Once at the hut, we checked in with the assistant hutmaster, a young woman who was busy preparing the yummy homemade bread for dinner, a staple in all the AMC huts. Then, we claimed our bunks in the new bunkroom, lightened our packs a bit, and ate our lunches in the refreshingly bright dining room while resting up our tired legs and feet. Since the weather appeared to be holding out okay, after lunch we re-shouldered our now-slightly-lighter backpacks and headed up the Osgood Trail toward the summit of Mt. Madison, approximately one-half mile and 541 feet above the hut.

Once out of the scrubby vegetation, rather than a "trail" in the traditional sense, this section of the Osgood Trail is not much more than some blazes painted on a jumble of rocks, rising haphazardly up toward the summit.

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The Northern Presidentials

Continued from Page 5

We had to make frequent stops to let the many descending hikers walk, stumble, or (on the steeper sections) "butt slide" down around us. As we approached the exposed, 5,367- foot high summit of Mt. Madison, we experienced some pretty healthy gusts of wind, adding to the drama.

Once at the summit, we were able to take in some pretty nice views across the Great Gulf to the summit of Mt. Washington and across Pinkham Notch to the Wildcat Ridge and beyond. But the thickening cloud cover and threat of afternoon thunderstorms conspired to encourage us not to linger for very long on this very exposed summit.

We got back down to the hut ahead of the rain and in time for a bit of socialized prior to consuming the hearty, croo-served dinner of soup, stuffed shells, homemade bread, and dessert. Following dinner, the croo put on one of the better skits I've seen, humorously reminding guests to tip the croo and demonstrating how to fold blankets, AMC-style. We all slept relatively well that night in the totally revamped (and booked-to-capacity) Madison bunkroom, which now features an ample number of handy pegs to hang up our clothing and gear, convenient benches to sit on while putting on and taking off our hiking boots, reading lights in the bunks, and other such relatively cushy amenities. The washrooms and toilet facilities had also been greatly upgraded since my previous visits before the hut was rebuilt.

Thankfully, the sun was out when we sat down for breakfast Sunday morning, so after eating, we packed up our stuff, shouldered our full backpacks once again, and then took the Gulfside Path back to Airline and continued on toward nearby Mt. Adams. But rather than going all the way up to the main summit of that 5,799-foot-high peak, we bushwhacked up some rocks to the top of 5,410-foot high Mt. John Quincy Adams, one of the two major Adams sub-peaks. From this summit, we paused for a bit to enjoy the views before scrambling back down to Airline (using great care to avoid stepping on the fragile alpine vegetation). For our return trip to the trailhead, we ad-libbed a very interesting and (I'm pretty certain) rarely used route that combined stretches on the Airline, Upper Bruin, Valley Way, Lower Bruin, and Brookside Trails, and finally returned to the Valley Way Trail for a short distance to the Appalachia Trailhead.



Waterfall on Snyder Brook Photo by Paul Miller

While certainly not the shortest (or quickest) way down, this route certain had its high points. These included fabulous views from the Airline Trail and several pretty waterfalls and easy water crossings of Snyder Brook on the relatively untrammeled Brookside Trail.



We made it back to the Appalachia Trailhead by about 3:00 pm, leaving plenty of daylight left for us all to make the long drive back down to Massachusetts.

AMC Madison Hut
Photo by Paul Miller





2017 AMC Fall Gathering

Oct. 13-15, 2017—Camp Robin Hood; Freedom, NH

Join fellow AMC members for a great time at the 2017 AMC Fall Gathering in the heart of the New Hampshire White Mountains. Plan your getaway weekend at this annual AMC October event—a great time to be in the White Mountains!

Immerse yourself in peak fall foliage, crisp air, and mountain views at this wonderful camp on the shores of Lake Ossipee. Enjoy your favorite outdoor activities, hearty food, guest speakers, entertainment, and the great company of your AMC community.

Come to...

Launch and paddle from the host camp.

Hike Mount Chocorua or other White Mountain greats.

Enjoy hearty meals and great company.

Celebrate Autumn's splendor.

Get away and enjoy the great outdoors.

Where: Camp Robin Hood, Freedom, NH

When: October 13-15, 2017

What: Outdoor activities (hiking, biking, paddling), entertainment, campfire, yoga, fall foliage, good

company and more!

More Info: outdoors.org/fallgathering

Registration closes September 15 or until the event is filled.

We hope to see you there! AMC New Hampshire Fall Gathering Committee

AMC Adventure Travel Training

Sign up for Adventure Travel Leadership Training, November 10-12, 2017. Become an AMC trip leader!

Visit some of the most exciting places in the world as the leader of an AMC Adventure Travel trip! This workshop provides important training to people who have AMC chapter leadership experience (no beginners). Transition from leading weekend chapter activities to more complex and longer trips, domestically and overseas. Previous outdoor leadership training is necessary. Emphasis is on planning, cost estimating, marketing, trip management, people skills, risk management, and reporting. Includes procedures and guidelines for researching, proposing, and leading AMC Adventure Travel trips. Exchange ideas, problems, and solutions with some of AMC's most experienced and skilled leaders. Small group size assures abundant discussion and access to instructors.

Click below for a registration packet. http://www.outdoors.org/pdf/upload/LeadershipRegistrati onForm2016.pdf.

Place: Prindle Pond Conference Center; Charlton, MA

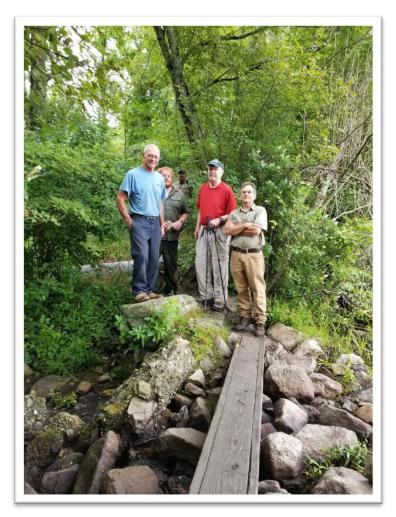
Cost: \$95 includes 1 night lodging on Saturday (Saturday lunch through Sunday lunch); \$115 includes two nights lodging, Friday and Saturday (Saturday breakfast through Sunday lunch).

For more information, visit: www.outdoors.org/adventuretravel



AMC AT Trip to Iceland Photo by Reji James





Visiting the location are Charlie Farrell (AMC-SEM), left, Glen Williams (DCR-Forest Supervisor, Freetown), Steve Cabral (DCR-State), Rick McNally (AMC-SEM), Mike Labossiere (Reservation Superintendent-City of Fall River). Photo by Barry Young

"Build a Bridge?"

AMC Southeastern Massachusetts Chapter is looking for possible locations and projects to help communities in our area. One possible project is constructing a bridge in the Southeastern Massachusetts BioReserve. On August 7th, representatives from AMC, DCR, and the City of Fall River met to survey a location on Doctor's Mill Pond in Fall River. The existing bridge consists of a single plank that washes away every spring. Tentative plans call for a new 20-foot bridge with hand rails.

If you know of any potential projects where AMC-SEM could help "give back" to a community effort in our area, please contact chair@amcsem.org.

"Where in Southeastern Massachusetts?"



Paying a visit to the Angle Stone Tree monument are Jim Goyea (on left), SEM member and president of the Friends of the Warner Trail; two members of F. Gilbert Hills Trails Advisory Group; and Tom Ashton (on right), Forest and Park Supervisor, F. Gilbert Hills State Forest. *Photo by Barry Young*

The Angle Tree Stone

The Angle Tree Stone is a nine-foot slate monument made in 1790 by a father and son team that manufactured gravestone markers. It replaced an actual tree that had long been used as a boundary marker between the Massachusetts Bay and Plymouth colonies. Today, the Angle Tree Stone marks the border between North Attleboro and Plainville, as well as boundary between Bristol and Norfolk counties. This DCR property is the smallest of all the DCR locations in the Commonwealth of Massachusetts and is accessible off High Street in North Attleboro.

If you know of a unique spot or two in Southeastern Massachusetts that our members might be interested in visiting, please submit a photo and the location to chair@amcsem.org with the subject line "Where in Southeastern Massachusetts?"





Cyclists had a beautiful day June 11 on Chatham's scenic shores. From left: Bill Brown, Barbara Gaughan, Karen Deangelis, Larry Decker, Joe Tavilla. *Photo by Barbara Gaughan*



Volunteer of the Month

Because of the early publication of this issue, the Volunteer of the Month for September will be announced in the October issue.

We depend on our members to volunteer for the executive board, for committees, and in other roles, so we can provide fun, challenging, and safe activities.

Look through the listings on page 2 of this newsletter for positions marked "Open," and consider volunteering. Contact chair@amcsem.org for information on any open position or if you have other talents you can share.

Four members earn their "Red-Lining the Blue Hills" patches

Written by Bill Cannon, Conservation Chair

Four members are the newest recipients of the Red Lining the Blue Hills patch. The recipient of the patch must hike all the trails in the Blue Hills.

There are approximately 140 miles of trails in the Blue Hills. Many of these trails have to be hiked multiple times to get to others for the first time. The hikers end up covering over 300 miles to get their patches.

Another rule that we take very seriously (my favorite rule) is that the recipients must bring a baked good to share with the group the night they receive their patches. No one can say we don't enjoy hiking to its fullest!









Clockwise from top left: Joe Keogh presents patches to Cathy Gerry, Linda Douglas, Randy Mills and Claire MacDonald. *Photos by Bill Cannon*



Renewable Portfolio Standard (RPS): Moving Massachusetts to Clean Energy Written by Paul Dale, Boston Chapter

This is the second article in a series, "Climate Change: from Understanding to Action," dedicated to informing you about energy and climate change initiatives in Massachusetts and giving specific ways you can help. (The first article, "10 Things You Can Do about Climate Change," appeared in the February 2017 issue of *The Breeze*.)

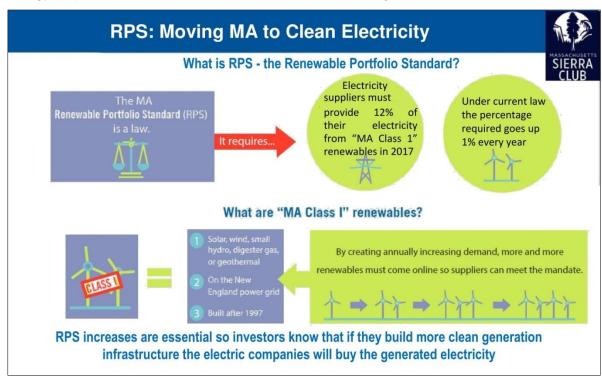
In a renewable energy economy we will not burn fossil fuels; instead we will use clean electricity for everything: cars, trucks and buses, mass transit, and heating and cooling for buildings. So moving electricity generation to renewable energy sources such as wind and solar is essential for meeting clean energy goals and creating local and regional green economy jobs.

Hopefully you saw the call to action on 7/28/17 from AMC's VP of Conservation, Susan Arnold, to write or call the Governor to strengthen the Regional Greenhouse Gas Initiative (RGGI). RGGI requires increasing year-over-year reductions in pollution from fossil fuel power plants.

Massachusetts and the New England states have a second hugely important legal mechanism that creates a demand for electricity from renewable sources, electricity with **no** pollution. This is the Renewable Portfolio Standard, or RPS. RPS is a key driver of renewable energy demand and development. Sixty percent of U.S. renewable electricity generation, primarily wind and solar, and 57 percent of capacity since 2000 has come online because of state RPS requirements. The problem is that under current law the RPS mandates are not nearly strong enough to stimulate further investments in renewable electricity generation. **Massachusetts state legislation is required.**

The RPS requires that electric utilities provide a certain percentage of the electricity they deliver from renewable sources, such as wind and solar. This year it is 12 percent. Currently the percentage goes up only 1 percent a year. At this rate we won't get to 100 percent renewable electricity until 2105. Several states are already above 30 percent today.

The primary benefit of the RPS is that it provides a long-term financial incentive for investing in large-scale renewable energy projects. *Paul Dale can be reached at <u>paulbdale @gmail.com</u>.*





For the most current information, search activities online

Hiking Key: Found in the description L Activity leader CL Activity co-leader Indicates distance in miles Indicates pace Indicates terrain FT First Time AA13+ 1.....very fast Avery strenuous NM...New Members A.....9-13 2fast Bstrenuous AN Advance Notice B.....5-8 3moderate Caverage C......Conservation C.....less than 5 4leisurely D easy

BICYCLING

Thu., Sep. 14. Newport Bike Ride, Newport, Rhode Island. Cycle the historic seaside resort of Newport Rhode Island and adjacent communities. Lots of water views overlooking Narragansett Bay. 40 miles on a Follow-The-Leader style ride. Moderate stay together group pace. Occasional stops for water, re-group, scenic views, snack. NOTE: the route does not include the downtown/commercial area of Newport. The ride will include a lunch stop on the Salve Regina University campus. HELMETS REQUIRED. L Joe Tavilla (508-450-1934, silverski6184@comcast.net)

Sat., Sep. 23. Fall Cycling on the Vineyard-Intermediate cyclists, Martha's Vineyard, MA. Join us for an all day cycling adventure on the Vineyard, approximately 50 miles, 12-13 mph pace. We will take the 8:15 am ferry from Wood's Hole and return before sunset. Some bike paths but mostly road cycling with hills in Aquinnah. Optional dinner stop at Wood's Hole. \$25 for round trip with bike on the ferry. You must register. Ride limited to 12 cyclists. L Jodi Jensen (781-249-8346 after 6pm jodiajensen@gmail.com) CL Barbara Gaughan

Sat., Sep. 30. Cycling & Wine Tasting in Westport, Westport Rivers Winery & Vineyard, MA. Join us for a beautiful 30 mile ride though Westport MA & Tiverton, RI, on quiet roads, past farms, fields & conservation lands. Pace 12-15 mph, with some hills. We will end with a private wine tasting for our group at Westport Rivers Winery. Attendees must be at least 21 years old. L Jeannine Audet (508-493-8221 weeknights after 7:00 pm, weekends anytime, milmod@aol.com) CL Jodi Jensen (jodiajensen@gmail.com)

CAPE HIKES

Thu., Sep. 7. Hike Eagle Pond Cotuit, Cotuit, MA. 2 hour hike around Eagle Pond with views of Cotuit Bay and a White Cedar Swamp. From Rte 28, Marston Mills at CVS turn onto Putnam Road and drive 1+ miles look for dirt cutout on L and park in cutout. Meet at 9:45 AM for 10 AM start. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

Sat., Sep. 9. Sandwich Canal/Town Neck Hike, Sandwich, MA, Join us for a 4.5-5 mile hike along Cape Cod Canal, Town Neck & Boardwalk Beaches and the neighborhood of Town Neck. Meet 8:45 for a 9 a.m. start to take advantage of low tide. Start: Sandwich Recreation Area parking lot at end of Freezer Rd. Rt 6 to Rt 130N to end. Cross 6A. Tupper Rd for 0.8 mi. Left on Freezer Rd for 0.2 mi. Heavy rain cancels. L Barbara Gaughan (781-572-1321 before 9 p.m., barbaragaughan12@comcast.net, SEM Level 1 hike & bike leader)

Sat., Sep. 9. Cape Cod Canal/Town Neck Sandwich, MA. Taking advantage of low tide we will hike 4-5 miles along the canal, along Town Neck & Boardwalk beaches which vary from very rocky terrain to soft & hard packed sand then through the Town Neck neighborhood. Gather at 8:45 for a 9 a.m. start from Sandwich Recreation Area parking lot at end of Freezer Rd off Tupper Rd, Sandwich. Heavy rain cancels. L Barbara Gaughan (781-572-1321 Before 9 p.m., barbaragaughan12@comcast.net, SEM Level 1 hike & bike leader.)

Sun., Sep. 10. Hike, National Seashore, (C3C), Visitors Center Eastham, MA. Hike Nat'l Seashore from Salt Pond Visitor Center to Coastguard Station. From Rt 6, Eastham, turn R at lights and park at Visitor Center. L Janet Kaiser (508-432-3277 Before 9 p.m., jtkaiser@comcast.net)



For the most current information, search activities online

CAPE HIKES

(FT) (NM) Thu., Sep. 14. Hike Coonamessett River Headwaters, Falmouth, MA. An easy 1 3/4 hr hike through woods and along a dirt road on the south side of Coonamessett Pond in Falmouth, one of the larger ponds on the Cape. We will see the origin of the Coonamessett River ("river" on the Cape refers to anything wider than a foot!) and follow it past old cranberry bogs, as it flows south toward Great Pond and the sea. As with most hikes on the Cape, poison ivy and ticks are present. Rain cancels, but if in doubt about the weather, call the leader. Meet 0945 for a 1000 start. L John Gould (508-540-5779, jhgould@comcast.net)

Sat., Sep. 16. Hike West Barnstable Conservation Area, West Barnstable, MA. Come experience this new hike in West Barnstable conservation area. We will hike up and down hills and pass a vernal pool and some named rocks. We will also hike on some ancient cart ways. Take mid cape highway (Rte 6) to exit 5 (Rte. 149) and turn south towards Marston Mills. Take 1st right onto Service Rd and park under high tension lines. Meet at 9:45 AM. L Jane Harding (508-833-2864 before 9 pm, janeharding@comcast.net) CL David Selfe (508-771-0620 before 8 PM, kdselfe@comcast.net)

Thu., Sep. 21. Hike--Monk's Park and Little Bay, Bourne, MA. This 2 hour hike over approximately 4 miles is in Bourne Conservation Trust properties of Little Bay and Monk's Park. We will hike wooded trails and a fire road with views of Little Bay from the bluff. A beach walk section will be included with views of Buzzards Bay. The terrain is moderate rolling hills on the wooded trails throughout the hike. L Robin McIntyre (508-789-8252 Before 9 p.m., robinmcintyre@comcast.net, Robin is a third year Level 1 SEM/Cape hike leader with WFA training.)

(FT) (NM) Sun., Sep. 24. Bourne Farm, West Falmouth, MA. Enjoy a leisurely early autumn Sunday afternoon meander beginning at a lovely old farm. We will enter a woodland with a few hills, cross two streams, and go around a cranberry bog. As with most hikes on the Cape, poison ivy, ticks, and mosquitoes are present. Rain cancels, but if in doubt about the weather, call the leader. Meet 1245 for a 1300 start. The hike should last 1 1/2 to 2 hours. L John Gould (508-540-5779, jhgould@comcast.net)

Thu., Sep. 28. Hike Beebe Woods, Falmouth, MA. Come hike in historical Beebe Woods in Falmouth. Enjoy traversing a network of rolling wooded trails. This 383 acre parcel includes attractive ponds as well as Peterson Farm. We will hike approximately 4 miles at a moderate pace. Sturdy shoes are recommended. Bring plenty of water, snacks, sunscreen and bug spray. Cape Cod is a known tick environment. Meet at 9:45 to begin hike promptly at 10:00 am. Any questions, call leader Cathy Giordano 508 243-3884. L Catherine Giordano (508-243-3884 before 9 pm, cmgiordan@msn.com)

Sun., Oct. 1. Ryder Conservation/Lowell Holly Reservation Hike, Sandwich, MA. Join us for a 4-4.5 mi hike in Sandwich conservation area and Mashpee Trustrees of Reservation property. The terrain is mostly flat with a few steep but short climbs thrown in. Meet at 12:45 for a 1 p.m. start. Heavy rain cancels. Rt 6 to Exit 3 > Quaker Meetinghouse Rd South x 2.5 mi > L @ light on Cotuit Rd x 2 mi. Trailhead parking on R for about 12 cars. L Barbara Gaughan (781-572-1321 before 9 p.m., barbaragaughan12@comcast.net, SEM Level 1 hike & bike leader)

Thu., Oct. 5. Hike Herring River Conservation, (C3C), Harwich, MA. Hike dirt roads, woodland trails with water views in Herring River Coservation Area. Meet at 9:45 a.m. Park in small lot on Bell's Neck Rd. or on roadside. L Janet Kaiser (508-432-3277, jtkaiser@comcast.net)

Thu., Oct. 12. Hike Falmouth Moraine, Falmouth, MA. Hike approximately 5 miles along the Falmouth Moraine Trail, passing through some hilly, heavily forested areas. This is a one way hike. The pace will be moderate and the terrain is strenuous in parts. Meet in Goodwill Park at 9:45 am promptly for trail talk. From here we will carpool to the start. Not a beginners hike! Sturdy hiking boots are a must. Dress in layers, bring plenty of water, snacks/lunch, personal first aid kit, sunscreen. Be aware that poison ivy is abundant along the trails. This is a known tick habitat. Repellent is strongly recommended. Any questions, call leader Cathy Giordano 508 243 3884. L Catherine Giordano (508-243-3884 before 9 PM, cmgiordan@msn.com)

Sat., Oct. 14. Hike Santuiit Pond and River - Mashpee, Barnstable, MA. Hike along woodland trails around Santuit Pond and River past a newly refurbished herring run and hopefully find some witch hazel in bloom. We will also hike around a cranberry bog. Take mid-cape highway to Exit 5 (Rte 149) and turn South to Rte 28. Turn R on Rt. 28 and follow to R on Santuit-Newtown Rd. Go 0.8 mile to yellow gate on L; park on grass along edge of road. Meet at 9:45 am. L Nancy Wigley (508-548-2362 Before 8 PM, nrwigley@verizon.net)



For the most current information, search activities online

CAPE HIKES

Sun., Oct. 22. Hike Maple Swamp, Service Rd., East Sandwich, MA. Hike historic area which dates back to glacial erosion. This hike has lots of steep climbs and declines with uneven terrain. Hiking boots and poles strongly recommended. Driving directions to start take Rte 6 to exit 3 Quaker Meetinghouse Rd and turn S off of ramp. Take first L onto Service Rd and look for Maple Swamp parking area on R past Mill Ln. Meet at 12:45 PM for 1 PM start. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net.

Thu., Nov. 2. Hike - Mashpee River Woodlands (C3C), Mashpee Neck Rd, Mashpee, MA. Wooded walk along Mashpee River. Take Orchard Rd. off Rte.28 to end. Turn R. then quick L onto Mashpee Neck Rd. Go 1.1 miles to Mashpee River Woodlands Pkg.Lot on R. Meet at 9:45AM. Hike 10 am - 12 pm. L Farley Lewis (508-775-9168 Before 9 PM, farlewis@comcast.net.

Sat., Nov. 4. Hike Bell's Neck Conservation Lands, Sand Pond, Harwich, MA. 4.5mi hike on trails surrounding West Reservoir, cranberry bogs, the herring run and salt marsh. Exit 10 to 124S to end. R on 39S x 1.9 mi to Sand Pond prkg on right. Arrive 9:45 a. m. for a 10:00 start. End 12:15. Heavy rain cancels. L Barbara Gaughan (781-572-1321 before 9 p.m., barbaragaughan12@comcast.net, AMCSEM Level 1 hike & bike leader.)

Thu., Nov. 9. Hike Crowes Pasture, Dennis, MA. Hike in Crowes Pasture out to Quivett Neck and on beach along Cape Cod Bay. Expect soft sand! Directions: RT 6 to Exit 9 and RT 134 North. Follow RT 134 north to traffic lights on RT 6A and turn right. Turn left on School St (Airline Rd on right) then turn right at intersection on South St. Pass cemetery on right and park in small wooded lot on right. L Deborah Hayden (shaferhayden@gmail.com) CL Paul Corriveau

Sun., Nov. 12. Hike--Four Ponds and Bourne Town Forest, Bourne, MA. This 2 hour approximately 4 mile hike is in the Bourne Four Ponds Conservation Area and adjacent Bourne Town Forest. The terrain is wooded pathways, fire roads, and mountain bike trails with some moderate hills. It offers views of the ponds. L Robin McIntyre (508-789-8252 Before 9 p.m., nrwigley@verizon.net, Robin is a third year Level 1 SEM/Cape hike leader with WFA training) L Deborah Hayden (508-548-8726 Before 9 p.m., shaferhayden@gmail.com, Debbie is a third year Level 1 Cape hike leader and paddle leader.)

Thu., Nov. 16. Hike Quashnet River, Falmouth and Mashpee, MA. Hike in woods surrounding the Quashnet River. Expect rolling terrain and a moderate pace. L Deborah Hayden (shaferhayden@gmail.com)

Sat., Nov. 18. Hike the Falmouth Moraine, Falmouth, MA. Hike approximately 9 miles along the Falmouth Moraine. Enjoy some densely forested areas, ponds, fresh air and some fall color. Trails vary from wide to a single lane. Roots and rocks abound. A couple of grassy areas and some strenuous hills. L Catherine Giordano (508-243-3884 before 9 PM, cmm:cmm couple of grassy areas and some strenuous hills. L Catherine Giordano (508-243-3884 before 9 PM, cmm:cmm:cmm couple of grassy areas and some strenuous hills. L Catherine Giordano (508-243-3884 before 9 PM, cmm:cmm couple of grassy areas and some strenuous hills. L Catherine Giordano (508-243-3884 before 9 PM, cmm:cmm couple of grassy areas and some strenuous hills. L Catherine Giordano (508-243-3884 before 9 PM, cmm couple of grassy areas and some strenuous hills. L Catherine Giordano (508-243-3884 before 9 PM, cmm couple of grassy areas and some strenuous hills.

Sun., Nov. 19. Hike Scorton Creek Sandwich, Old County Rd. East Sandwich, MA. Hike along saltmarsh, through old state game farm and past one of the original pilgrim homesteads. Contour is fairly flat, with lots of roots and some trails may be muddy. Driving Directions from Sagamore Bridge take exit 3 and turn N on Quaker Meetinghouse Rd to 6A and turn R and follow 6A to E Sandwich Post Office and turn R onto Old County Rd and park in horseshoe across from Grange Hall. From down cape take Rte 6 to Exit 4 Chase Rd and turn N and take 2nd L onto Old County Rd and park in horseshoe on L across from Grange Hall. Meet at 12:45 PM for 1 PM hike start. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

Thu., Nov. 30. Hike Shawme Crowell State Park, Sandwich, MA. Hike cleared trails with some up/down hills. Driving directions from Sagamore Bridge take 1st exit and turn R onto Sandwich Rd and continue to merge with 6A bear L and follow to Rte 130 turn R go short distance entrance to park is on R drive past guard booth and follow road until you come to dumpsters. Park around dumpsters. From upper Cape take Rte 6 to exit 2 and turn L onto Rte 130 follow through town and continue until you see entrance to Shawme Crowell on L drive past guard house and follow road to dumpsters. Meet at 9:45 AM for10 AM start. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

(NM) (AN) Thu., Dec. 7. Hike-Barnstable-Crooked Cartway (C3C), MA. Wooded walk to The Walker Point Observation Deck. Take Rte. 149 to Rotary at Cape Cod Airport, Marstons Mills. West on Race Lane for 1.1 miles. Right onto Crooked Cartway to end. Meet 9:45AM. 2 hours. Hike 10 am - 12 pm. L Farley Lewis (508-775-9168 Before 9 pm., farlewis@comcast.net)



For the most current information, search activities online

Thu., Dec. 14. Hike--Bourne Sisters, Bourne, MA. This 2 hour approximately 4 mile hike is in the Bourne Conservation Trust areas of the Bourne Sisters and Perry Woods. It also includes a cranberry bog and Town of Bourne Leary Property. The terrain is wooded pathways with frequent moderate rolling hills. We will have views of Back River from the Leary Property. Icy trails may be a reason for cancellation of this hike due to the hills. L Robin McIntyre (508-789-8252 Before 9 p.m., robinmcintyre@comcast.net, Robin is a third year SEM/AMC Level 1 hike leader with WFA training.)

HIKING

Get your 100-mile patch! Contact hikingchair@amcsem.org.

Always looking for additional hike leaders! Contact hikingchair@amcsem.org.

(FT) (NM) Thu., Sep. 7. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

Thu., Sep. 7. Thursday Morning Hike at Blue Hills, MA. Join us for a 4-5 mile hike in the Blue Hills Reservation. This hike is mostly flat, possibly with one hill but nothing technical. Moderate pace. The leader (Paul) will have his well-behaved dog Sunny with him. L Paul Brookes (PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.)

(FT) (NM) Thu., Sep. 14. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Sep. 14. Thursday Morning Hike - World's End (C3C), Hingham, MA. Meet at 10am, \$6 pp non-Trustees members. Moderate 4-5 miles. Explore unique peninsula in Boston Harbor with stunning views, hilly, carriage ways and rocky paths. There could be muddy sections. Wear layers, wind protection, good shoes suitable for weather and conditions. Bring water, snacks/lunch. Directions at www.thetrustees.org/places-to-visit/greater-boston/worlds-end.html. L Eva Das (borsody@gmail.com)

(C) (FT) (NM) Fri., Sep. 15-17. SEM Chapter Hut Weekend at Cold River Camp, North Chatham, NH. Join the fun at SEM's Annual Chapter Hut Weekend at Cold River Camp in North Chatham, NH. This is a great way to meet new people and meet like minded outdoor people. Details on AMC's Cold River Camp can be found at www.amccoldrivercamp.org Cost is \$140 for meals and lodging for two nights and an optional night for \$70 available on Thursday, September 14th. What are you waiting for? Bring a friend and register now. Register with Sandy Santilli at smsantilli@comcast.net. L Barry Young (508-339-3089 Before 9 PM, Barry.young@comcast.net) CL Sandy Santilli (Smsantilli@comcast.net), R Sandy Santilli (Smsantilli@comcast.net)

(FT) (NM) Thu., Sep. 21. Thursday Morning Hike at Blue Hills, Blue Hills Reservation, Milton MA. A 4-5 mile hike in the Blue Hills Reservation. L Sue Chiavaroli (508-496-6452 Anytime before 8:00PM, brillo6452@yahoo.com)



For the most current information, search activities online

HIKING

(FT) (NM) Thu., Sep. 21. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

Sat., Sep. 23. Mt Moriah Hike, Berlin, NH. Mount Moriah (4049 ft) is the northeastern outpost of the White Moutains high peaks, towering 3200 ft above the town of Gorham. A popular destination since mid-1800s due to its proximity to town, it offers scenic trail approaches from several directions with abundant views from open ledges and a near 360-degree panorama at the top. This is a loop hike of approx. 10.0 miles that we will be covering at a moderate pace over mostly moderate terrain. The AMC does classify this hike as moderate to strenuous. Please contact Les @ Ihi2015@yahoo.com to register for this hike. Related Link(s): http://www.outdoors.org/trip-ideas-tips-resources/plan-your-trip/nh-4000-footers/hiking-mount-moriah.cfm. L Christine Racine (christineracine1@gmail.com) CL Les Lechowicz (Ihi2015@yahoo.com), R Les Lechowicz (Ihi2015@yahoo.com)

(FT) (NM) Sat., Sep. 23. 2017 AMC/SEM Intro Hiking Series Blue Hills, Blue Hills, MA. This series of five hikes is for those who are new to or interested in getting back into hiking. For those unfamiliar with the Blue Hills, or who only know a small section of the 250 miles of hiking trails available, this is also a good way to broaden your experience of the Reservation. Each hike builds on a prior hike to increase stamina with increasing distance, elevation, challenging trails, or a combination of those features. No novice hikers will be registered after the second hike. Registration is required for this series. Exact meeting times and location will be sent to all registered hikers by the Wednesday preceding the hike. In order to accommodate busy schedules, we will start all the hikes at 8:30 a.m. Series Hike Dates: September 23, 2017 October 7, 2017 October 21, 2017 November 4, 2017 November 11, 2017. L Patricia-Lee Achorn (781-784-8983, plachorn@msn.com) CL Wendy Fox (wendyefox@gmail.com), R Pat Achorn (plachorn@msn.com)

Thu., Sep. 28. Thursday Morning Hike - F. Gilbert Hills - Foxboro, Foxboro, MA. Join us for enjoyable hike in the F. Gilbert Hills State Forest for a five mile hike from 10 AM till 2 PM. Easy to moderate pace. Meet at forest headquarters, 45 Mill Street, at 9:45. AM. Bring water and a lunch and or snacks. Route will encompass the Acorn Trail and parts of the Warner Trail. Along the way we will see several glacial erratics, several water holes constructed by the CCC, and a huge pine tree growing right out of a large rock! Mostly flat, with a few hills. Heavy rain cancels. Registration not required, however, if you have questions, contact leader. L Barry Young (508-339-3089 Before 9 PM, barry.young@comcast.net)

Sat., Sep. 30. Mount Cabot Loop Hike, Berlin, NH. Enjoy leaf peeking while climbing NH's northern most 4K mountain. This 11.4 mile loop hike will include Mount Cabot and The Bulge and the Horn from the New England Hundred highest list. Moderate hike at a 1.5 - 1.8 mile per hour pace. Elevation gain 3310 feet. Expect an early start. L Anne Duggan (508-789-5538 before 9 pm, abduggan12@gmail.com) CL Maureen Kelly (mokel773@aol.com) CL Linda Church (lchurch@whoi.edu), R Anne Duggan (Rochester, MA 02770, 508-789-5538 before 9 pm, abduggan12@gmail.com)

Sun., Oct. 1. Ryder Conservation/Lowell Holly Reservation, Sandwich/Mashpee, MA. 4-4.5 mile hike in Sandwich Conservation area and a Trustees of Reservation property. Relatively flat on varied terrain with a couple steep but short hills thrown in. Meet 12:45 for a 1:00 p.m. departure. Limited parking at trailhead. Rt 6 to Exit 3 > Quaker Meetinghouse Rd south x 2.5 mi > left @ light on Cotuit Rd x 2 mi. Parking on right. Heavy rain cancels. L Barbara Gaughan (781-572-1321 Before 9 p.m., barbaragaughan12@comcast.net, SEM Level 1 hike & bike leader.)

Thu., Oct. 5. Thursday Morning Hike at Hammond Pond Reservation, Chestnut Hill, MA. Join us for a 3-4 mile hike in the Hammond Pond Reservation and Webster Conservation area including a trip to a garden, now wild, created by Mrs. Clement S. Houghton in 1906. The hike leader (Paul) will have his well-behaved dog Sunny with him. L Paul Brookes (603-799-4399 After 7am and before 9pm, paulbrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.)



For the most current information, search activities online

HIKING

- (FT) (NM) Sat., Oct. 7. 2017 AMC/SEM Intro Hiking Series Blue Hills, Blue Hills, MA. This series of five hikes is for those who are new to or interested in getting back into hiking. For those unfamiliar with the Blue Hills, or who only know a small section of the 250 miles of hiking trails available, this is also a good way to broaden your experience of the Reservation. Each hike builds on a prior hike to increase stamina with increasing distance, elevation, challenging trails, or a combination of those features. No novice hikers will be registered after the second hike. Registration is required for this series. Exact meeting times and location will be sent to all registered hikers by the Wednesday preceding the hike. In order to accommodate busy schedules, we will start all the hikes at 8:30 a.m. Series Hike Dates: September 23, 2017 October 7, 2017 October 21, 2017 November 4, 2017 November 11, 2017. L Patricia-Lee Achorn (781-784-8983, plachorn@msn.com) CL Wendy Fox (wendyefox@gmail.com), R Pat Achorn (plachorn@msn.com)
- (C) Sat., Oct. 7. Blue Hills Skyline Trail End to End Hike, Blue Hills Reservation, Milton, MA. Join us to hike the Blue Hills from one end to the other with fall color and cool breezes. This is a great hike of about 9 miles with 1300' of elevation as we go up and down most of the hills in the reservation. We'll maintain a moderate pace and expect about a 6 hour day with a planned lunch stop on Buck Hill. L Maureen Kelly (508-224-9188 before 8 pm, mokel773@aol.com) L Joe Keogh (jpkeo24@gmail.com), R Maureen Kelly (508-224-9188 before 8 pm, mokel773@aol.com)
- Sun., Oct. 8. Family Hike in Destruction Brook Woods, Dartmouth, MA. Join us for a leisurely, child-friendly hike through beautiful Destruction Brook Woods in Dartmouth, MA. Hike is geared for children ages 3-10 years. We will hike 2-3 miles. We will explore, talk about the plants & animals, & learn about following trails & Leave No Trace principles. L Jeannine Audet (508-493-8221 weeknights after 7:00 pm, weekends anytime, milmod@aol.com)
- Sun., Oct. 15. Hike Mount Tecumseh, Waterville Valley, NH. Join us for a nice hike and check off a 4000 footer from your list. Moderate paced up and back hike 5 miles RT with 2200 feet of elevation gain. Approximate hiking time of 5 hours plus lunch, snacks and breaks should keep the day under 6 hours. Chance for great leaf peeping adds to the trip! Trip limited to 10 participants. Recent experience with both the length of the hike and the altitude gain required. Proper gear required includes hiking boots/shoes, rain gear, day pack, lunch, snacks, 2 quarts of water and waste disposal gear. Leave no trace principles apply. L Len Ulbricht (781-749-3801, lenu44@gmail.com) CL George Danis (781-749-3801, gedan14@msn.com), R George Danis (781-749-3801, danisdad51@outlook.com)
- Thu., Oct. 19. Thursday Morning Hike Wachusett Mountain, Mile High Rd, Westminster, MA. Meet at the Wachusett Mountain Ski Area parking lot, between parking aisles 5 and 6 for a 10:00 am hike. We will hike to the summit via the Balance Rock and Old Indian Trail and loop back down to our cars on the Semuhenna Trail. The 4+ mile hike will take us to the summit of Wachusett, giving us great views of the Boston Skyline to the Berkshire Hills. Bring lunch/snacks, water, sturdy footwear, rain jacket. Steady rain cancels. L Walt Granda (508-999-6038 before 9:00 pm, wlgranda@aol.com)
- (FT) (NM) Sat., Oct. 21. 2017 AMC/SEM Intro Hiking Series Blue Hills, Blue Hills, MA. This series of five hikes is for those who are new to or interested in getting back into hiking. For those unfamiliar with the Blue Hills, or who only know a small section of the 250 miles of hiking trails available, this is also a good way to broaden your experience of the Reservation. Each hike builds on a prior hike to increase stamina with increasing distance, elevation, challenging trails, or a combination of those features. No novice hikers will be registered after the second hike. Registration is required for this series. Exact meeting times and location will be sent to all registered hikers by the Wednesday preceding the hike. In order to accommodate busy schedules, we will start all the hikes at 8:30 a.m. Series Hike Dates: September 23, 2017 October 7, 2017 October 21, 2017 November 4, 2017 November 11, 2017. L Patricia-Lee Achorn (781-784-8983, plachorn@msn.com) CL Wendy Fox (wendyefox@gmail.com), R Pat Achorn (plachorn@msn.com)
- Thu., Oct. 26. Thursday Morning Hike at Mt Misery, Lincoln, MA. Join us for a 4-5 mile hike around Mt Misery and Fairhaven Bay. The hike leader (Paul) will have his well behaved dog Sunny with him. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.)



For the most current information, search activities online

HIKING

Sat., Oct. 28. Blue Hills Fowl Meadow Hike, Royall St. Canton, MA. Join the 'Red Line the Blue Hills' hikers as they finish their season by hiking 9 miles of Fowl Meadow along the Neponset River. The terrain will be mostly flat and probably wet in some areas. Meet at the end of Royall St. Canton at 9:30. Only non-Red Liners need to register. Red Liners can just show n go. Bring lunch and a smile. L Joe Keogh (508-542-0665 before 9 pm, jpkeo24@gmail.com) L Michael Swartz (swartz@brandeis.edu), R Joe Keogh (508-542-0665 before 9 pm, jpkeo24@gmail.com)

Sat., Oct. 28. SEM Winter Hiking Workshop, Lakewood Hills clubhouse, 7 Kiah's Way, East Sandwich, MA. In the winter months, many of us think about going skiing or escaping to somewhere warm, but have you thought about winter hiking and snowshoeing? Do you like to be active and outside, but the thought of getting cold keeps you indoors? Then come join us for an informative afternoon that will change your mind about hiking and being outdoors in the winter months. You will learn about necessary clothing and gear, nutrition and hydration requirements, winter conditioning, winter issues and how to avoid them and why we love to hike in the winter. The workshop is free to all and is a prerequisite (or prior winter hiking experience) to join us for the SEM Winter Hiking Series. The workshop runs from 12:00-3:30 with clothing and gear demonstrations. Light lunch/snacks will be provided. After the workshop, join us for the SEM Annual Meeting/Dinner at the Brookside Club in Bourne (registration is separate- see listing). L Leslie Carson (508-833-8237 before 9 pm, <a href="https://liceographics.org/liceog

Oct. 28. Redliners do not need to register for this hike but other people do need to register. L Maureen Kelly (508-224-9188 before 8 pm, mokel773@aol.com) L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.), R Maureen Kelly (508-224-9188 before 8 pm, mokel773@aol.com)

(FT) (NM) Sat., Nov. 4. 2017 AMC/SEM Intro Hiking Series Blue Hills, Blue Hills, MA. This series of five hikes is for those who are new to or interested in getting back into hiking. For those unfamiliar with the Blue Hills, or who only know a small section of the 250 miles of hiking trails available, this is also a good way to broaden your experience of the Reservation. Each hike builds on a prior hike to increase stamina with increasing distance, elevation, challenging trails, or a combination of those features. No novice hikers will be registered after the second hike. Registration is required for this series. Exact meeting times and location will be sent to all registered hikers by the Wednesday preceding the hike. In order to accommodate busy schedules, we will start all the hikes at 8:30 a.m. Series Hike Dates: September 23, 2017 October 7, 2017 October 21, 2017 November 4, 2017 November 11, 2017. L Patricia-Lee Achorn (781-784-8983, plachorn@msn.com) CL Wendy Fox (wendyefox@gmail.com), R Pat Achorn (plachorn@msn.com)

(FT) (NM) Thu., Nov. 9-9. Thursday Morning Hike, Milton, MA. A 4-5 mile hike along the many trails at Little Blue. L Sue Chiavaroli (508-496-6452 9AM-6PM, brillo6452@yahoo.com)

Thu., Nov. 16. Thursday AM Hike on Bay Circuit Trail through Walpole Conservation Land, 109 Robbins Road, Walpole, MA. Meet at 10am at the VFW Post at 109 Robbins Rd in Walpole for a 4.5 mile hike on the Bay Circuit Trail through Conservation Land. Mostly flat but with a few steep, but short sections up and down eskers. Bring hiking boots,, rain gear, water, lunch. Rain or storm cancels. L Hans Luwald (508-668-0462 Before 9 pm, hans.luwald@gmail.com) CL Debbie Lepore (617-778-4339 Before 9 pm, dlepore2@gmail.com)

(FT) (NM) Sat., Nov. 11. 2017 AMC/SEM Intro Hiking Series Blue Hills, Blue Hills, MA. This series of five hikes is for those who are new to or interested in getting back into hiking. For those unfamiliar with the Blue Hills, or who only know a small section of the 250 miles of hiking trails available, this is also a good way to broaden your experience of the Reservation. Each hike builds on a prior hike to increase stamina with increasing distance, elevation, challenging trails, or a combination of those features. No novice hikers will be registered after the second hike. Registration is required for this series. Exact meeting times and location will be sent to all registered hikers by the Wednesday preceding the hike. In order to accommodate busy schedules, we will start all the hikes at 8:30 a.m. Series Hike Dates: September 23, 2017 October 7, 2017 October 21, 2017 November 4, 2017 November 11, 2017. L Patricia-Lee Achorn (781-784-8983, plachorn@msn.com) CL Wendy Fox (wendyefox@gmail.com), R Pat Achorn (plachorn@msn.com)



For the most current information, search activities online

HIKING

Tue., Dec. 26. White Line the Blue Hills Hike, Blue Hills, MA. This series will run from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Tue., Jan. 2. White Line the Blue Hills Hike, Blue Hills, MA. This series will run from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn, R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Tue., Jan. 9. White Line the Blue Hills Hike, Blue Hills, MA. This series will run from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn, R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Thu., Jan. 11. Thursday Morning Hike: Whitney and Thayer Woods (B3C), Cohasset/Hingham, MA. Lovely woods walk across rolling hills on Trustees of Reservations property. Meet at 10:00am in the Whitney and Thayer Woods main parking area. Boots suitable for weather/trail conditions, possibly traction devices or snowshoes, water, winter wear (layers, hats, mittens) and snacks/lunch required. Directions: from Route 3 (Exit 14), take Route 228N for 6.5 miles through Hingham. Turn right onto Route 3A eastbound and follow for 2 miles to the entrance. Parking is on the right. Contact L if weather is questionable. Please carpool if possible, as parking is limited. L Eva Borsody das (borsody@gmail.com)

Tue., Jan. 16. White Line the Blue Hills Hike, Blue Hills, MA. This series will run from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)



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HIKING

Tue., Jan. 23. White Line the Blue Hills Hike, Blue Hills, MA. This series will run from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Tue., Jan. 30. White Line the Blue Hills Hike, Blue Hills, MA. This series will run from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Tue., Feb. 6. White Line the Blue Hills Hike, Blue Hills, MA. This series will run from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn, R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Tue., Feb. 13. White Line the Blue Hills Hike, Blue Hills, MA. This series will run from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)



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Tue., Feb. 20. White Line the Blue Hills Hike, Blue Hills, MA. This series will run from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Tue., Feb. 27. White Line the Blue Hills Hike, Blue Hills, MA. This series will run from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn , R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

Tue., Mar. 6. White Line the Blue Hills Hike, Blue Hills, MA. This series will run from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for 3 to 4 hours at a moderate pace. The first hike is Tuesday Dec 26 (last hike is March 20). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required, also Paul, one of the hike leaders, will have his dog Sunny with him when weather permits. We hope you consider this winter series; it's pleasant hiking without bugs and it's an effective way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn, R Paul Brookes (603-799-4399 After 8am and before 8pm, PaulBrookes1966@outlook.com)

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PADDLING

- Sat., Sep. 2. Paddle Bass River South, Dennis, MA. From launch paddle 'fingers' and bays to mouth on Nantucket Sound. Lunch on West Dennis Beach. Return and paddle Grand Cove. About 7 miles. Wear PFD, bring skirt in case of wind, lunch and water. L Jean Orser (jeanorser@gmail.com) CL Paul Corriveau, R Je (jeanorser@gmail.com)
- Wed., Sep. 6. Paddle Jackknife Cove and Pleasant Bay, Chatham, MA. Explore Jackknife Cove, Pleasant Bay and possibly the Muddy River, as time permits. L George Wey (781-789-8005 before 9:00 PM, geowey16@gmail.com) CL Deborah Hayden (508-274-2820 before 9:00 PM, shaferhayden@gmail.com), R Deborah Hayden (508-274-2820 before 9:00 PM, shaferhayden@gmail.com)
- Wed., Sep. 13. Paddle Lewis Bay, West Yarmouth, MA. Our last attempt at this trip was cut short due to high winds so we'll try again. We'll paddle around Lewis Bay, explore Uncle Robert's Cove, have lunch on Egg Island (it's underwater except at low tide) and perhaps venture into Hyannis Inner Harbor. Plan on a 7 to 8 mile paddle. L Ed Foster (erfoster@comcast.net)
- Wed., Sep. 20. Swan Pond and River, Dennis, MA. From Swan Pond paddle down river to mouth on Nantucket Sound and venture into the Sound if it is not too windy. Lunch on beach. Return and circumnavigate pond for about 7 mile paddle. Wear PFD, bring spray skirt in case of wind, lunch and water. L Jean Orser (jeanorser@gmail.com) CL Paul Corriveau, R Jean Orser (jeanorser@gmail.com)
- Wed., Sep. 27. Paddle Indian Lakes, Marstons Mills., MA. Paddle Indian Lakes, Middle Pond and Mystic Lake. PFD reqired. Spray Skirt maybe required. Take Mystic Drive off of rt. 149. Stay to Rt. to put-in (less than a mile.) Fall Colors should be starting. L Bill Fischer (508-420-4137 before 9pm, wmbarbarafischer@comcast.net)
- Sat., Sep. 30. Follin's & Mill Ponds, Dennis, MA. Paddle Follin's Pond to Weir Creek bridge & if tide allows paddle into Mill Pond passing Crab Creek Conservation area & back to circumnavigate Follin's Pond & see signs of Vikings visiting. Lunch on small sandy beach. Paddle Dinah's Pond, Kelley's Bay and return past Mayfair boatyard for about a 7 mile paddle. Wear a PFD, bring a spray skirt in case of wind, lunch & water. L Paul Corriveau (paulcorri@gmail.com) L Jean Orser (jeanorser@gmail.com), R Jean Orser (jeanorser@gmail.com)
- Wed., Oct. 4. Paddle Herring River north, West Harwich, Dennis, MA. Paddle upstream to Coy Brook & to end & then to cut into the East Reservoir & circle it to cut to Herring River for lunch at North road bridge. Afterwards paddle to West Reservoir & see herring run & reverse direction heading directly back to the put-in for 7-8 mile paddle. Wear PFD, bring spray skirt in case of wind, lunch & water. L Paul Corriveau (paulcorri@gmail.com) L Jean Orser (jeanorser@gmail.com), R Jean Orser (jeanorser@gmail.com)
- Sat., Oct. 7. Leader's Choice Paddle, Hall's Creek?, West Hyannisport, MA. If the winds co-operate we'll paddle Hall's Creek in West Hyannisport, typically an easy 6 mile paddle. If the winds don't co-operate, we'll explore the creeks in Barnstable Harbor for a slightly longer paddle. L Ed Foster (erfoster@comcast.net)



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PADDLING

Wed., Oct. 11. Paddle Mashpee/Wakeby ponds, Mashpee, MA. Take rt. 130 to Fishermans Landing Just South of Great Neck Road. Drive down to the put-in, unload and park back up in the lot.. Paddle the Second largest fresh water ponds on cape Cod. fall Colors should on display. L Bill Fischer (508-420-4137 before 9pm, wmbarbarafischer@comcast.net)

Sat., Oct. 14. Paddle Long Pond, Harwich/Brewster, MA. Circumnavigate Long Pond checking small lily pond & if there is enough water visit Greenland pond. Lunch on beach and paddle back to put-in for 6-7 mile trip. Wear PDF, bring spray skirt (in case of wind), lunch & water. L Jean Orser (jeanorser@gmail.com) L Paul Corriveau (paulcorri@gmail.com), R Jean Orser (jeanorser@gmail.com)

Wed., Oct. 18. Leader's Choice Paddle, Barnstable Harbor?, Barnstable, MA. We'll probably paddle the creeks of Barnstable Harbor or Hall's Creek in Hyannisport. Which one depends on the winds and where the trip of October 7 ended up going. Check with the leader a couple days before the trip for a better idea of our destination. L Ed Foster (erfoster@comcast.net)

Sat., Oct. 28. Paddle Walker/Mill Ponds, Brewster, Dennis, MA. Paddle 3 fresh water kettle ponds & narrows between them. See Stoney Brook Grist Mill (1873) & herring run. Lunch either on beach or Slough road picnic area. Continue around ponds back to Punkhorn put-in for about 7 miles. Wear PFD, bring spray skirt (in case of wind), lunch & water. L Jean Orser (jeanorser@gmail.com) L Paul Corriveau (paulcorri@gmail.com), R Jean Orser (jeanorser@gmail.com)

