

The Southeast Breeze

The Newsletter of the Southeastern Chapter of the Appalachian Mountain Club I April 2017

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Have a story for The Southeast Breeze?

Please send your Word doc and photographs to breeze.editor@amcsem.org.

Please send photos as separate attachments, including the name of each photographer. Include the words "Breeze Article" in the subject line.

Shop the Breeze Market for equipment bargains!

Members looking to sell, trade, or free-cycle their used equipment can post for free.

Business advertisements are just \$15/month. Send inquiries to breeze.editor@amcsem.org



Pat Achorn presents Bill Doherty with his White Lining patch at the quay overlooking Ponkapoag Pond. *Photo by Paul Brookes*

White Liners Endure Stormy Season

Written by Paul Brookes, Hiking Leader

Our second annual season of White Lining the Blue Hills has sadly come to a close. We met weekly Tuesday mornings and hiked in the Blue Hills during the winter months from the Winter Solstice to the Spring Equinox.

Although in general the winter was mild, the few storms that we did have arrived on precisely the wrong days, forcing us to cancel three of the twelve hikes. The first cancellation was at the trailhead. Only the leaders and three other people turned out, which just shows that the majority can be wiser than the few. I and three hardy souls did an informal hike through horizontal rain for a couple of hours before retreating back to the warmth of our cars. The blizzard on March 15 stopped us from being able to do our final week's hike, which was planned as a shorter hike followed by lunch at the Hillside pub. This cozy, family-run pub with good beers and food is located on RT138 between Little Blue and Great Blue Hills, ideally situated to quench the thirst and hunger of active Blue Hill hikers. Ask for the Irish pizza.

Continued on Page 8





Barry Young,
Chapter Chair
chair@amcsem.org

2017 **Executive Board**

View from the Chair

This month we are starting a new feature in the Breeze called "Remember When?" which will feature a photo from times past. Breeze readers are encouraged to try to recognize the people, time, and place of the photo. Prizes will occasionally be awarded for correct identification of photos. Also, we are seeking submissions of photos from times past, so if you have one you would like to see published, please send it along.

This year marks the 41st anniversary of the SEM Chapter. We have a lot of archival information, which unfortunately is all over the place; some at Joy Street, some with the Chapter Chair's records, and some squirreled away in members' files. Our current webmistress, Cheryl Lathrop, has done an excellent job of posting a lot of this information on our website. This includes making many of the past Breeze newsletters available to everyone.

In an effort to bring all this history together in some organized fashion, we are seeking an ad hoc Chapter Historian/Archivist—someone who would like to gather this information and organize it for everyone to view. This person should have some minimum computer skills, photo and document scanning capabilities, perhaps an interest in scrapbooking, and most importantly—a desire to want to document the history of our great chapter. If you are interested, please contact me at chair@amcsem.org.

Also, please join me and your fellow SEMers for our chapter-wide "Take it Outside" open house event at Myles Standish State Forest on Saturday, April 15. We're offering a variety of fun outdoor activities starting at 10:00 am and 1:30 pm. Enjoy a family-friendly nature walk, beginner and intermediate hikes, beginner and intermediate bike rides, trail work activities, and a free lunch at noon! For more information about the open house and to register for any of the events, just visit www.amcsem.org.

See you all outside! Barry Young, AMC SEM Chapter Chair

Chapter Chair	Barry Young
Vice Chair	.Christine Racine
Secretary	.Ann McSweeney
Treasurer	.Patty Rottmeier
Past Chapter Chair	.Maureen Kelly
Biking Chair	.Bernie Meggison
Biking Vice Chair	Open
Cape Hiking Chair	.Jane Harding
Cape Hiking Vice Chair	.Cathy Giordano

Communications Chair	Paul Miller
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Communications Vice Chair	Kristina Williams
Conservation Chair	Bill Cannon
Conservation Vice Chair	Open
Education Chair	Doug Griffiths
Education Vice Chair	Open
Hiking Chair	Leslie Carson
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Skiing Chair	Barbara Hathaway
Skiing Vice Chair	Jeannine Audet
Trails Chair	Peter Tierney
Trails Vice Chair	Wayne Anderson
Trails Vice Chair	Skip Maysles

Ad Hoc Committee Chairs and Other Chapter Contacts

Social Director	.Open
Social Vice Chair	.Open
Social Networking Moderator	.Susan Mulligan

Webmaster	Cheryl Lathrop
Breeze Editor	Mo Walsh
Blast Editor	Marie Hopkins

Contact the Chapter Chair at chair@amcsem.org if you're interested in any open position.





Remember When?

Photo provided by Barry Young

Can anyone identify the date, location, and people in this month's photo? A \$50 REI gift certificate will be awarded this month to the person who can identify the most information and the most people in this photo. All submissions should be sent to chair@amcsem.org.



Take it Outside on Saturday, April 15!

Spring is here, SEM members! Dig out your bike, garden gloves, and hiking boots, and join us Saturday, April 15, at the AMC SEM Open House at Myles Standish State Forest. One hike is full, but we have more activities to choose from. Click on each activity to see a description and the registrar to sign up with.

Time to get ready for all those summer adventures. We'll see you there!

Everyone is welcome!

Join the Southeastern Massachusetts Chapter of the Appalachian Mountain Club for:

SEM Chapter Open House

Take it Outside with AMC

Saturday, April 15, 2017

Myles Standish State Forest
Activities

Nature Walk with a Birder and a Botanist 10:00 - 12:00

<u>Intermediate Bike</u>, 10:00 - 12:00

Intermediate Hike - Cherry Pond, 10:00 - 12:00

Intermediate Hike - The Bentley Loop, 10:00 - 12:00

Trail Work Event, 10:00 - 12:00

Free Lunch! 12:00-1:00

Beginner Hike - East Head Loop, 1:30 - 3:30

Intermediate Hike - Pine Barrens Path, 1:30 - 3:30

Beginner Bike - Charge and Fearing Ponds, 1:30 - 3:30

Trail Work Event, 1:30 - 3:30

Questions about Take it Outside with AMC? Email Maureen at mokel773@aol.com or call 508-224-9188. Visit www.amcsem.org and click on Open House for more information.



AMC Earth Day Gear Swap April 22 Written by Lisa Robbins, AMC

AMC is hosting its 1st annual Spring Gear Swap on Earth Day, April 22, in conjunction with other open house activities at Joy Street.

Clear out your gear closet, shop for gear, or both! Reuse. Recycle. Get Outdoors with Great Deals on Gear!

The open house activities include sign-making for the March for Science, starting at 2 pm on Boston Common. We'll provide the sign-making supplies and light refreshments.

Staff scientist Georgia Murray will present "AMC's Climate Change and Air Quality Research," followed by audience Q&A.

We'll be accepting your items for sale at 5 Joy Street the week before the swap. Gear for all seasons and all outdoor sports welcome, items big and small items in good condition. Have a price you'd like in mind, or donate the proceeds to AMC's conservation work. All transactions will be in cash.

Contact Lisa, <u>Irobbins@outdoors.org</u>, if you have questions.

AMC 1st Annual Earth Day Gear Swap

April 22, 10 am-5 pm

Cabot Auditorium, 5 Joy Street, Boston, MA 02108

Gear Drop-off Hours:

Tuesday thru Friday, April 18-20, 11:30 am-7 pm

Earth Day Open House Schedule at Joy Street.

10 am-5 pm: Gear Swap

10 am—1:30 pm: Sign-making for the Science March

11 am: "AMC's Climate Change and Air Quality

Research" followed by audience Q&A.



See you on Earth Day!

Get Free GPS-Plus Program Account Written by Bernie Meggison, Bike Chair

Our AMCSEM bike group has acquired a new and exciting GPS mapping, cue sheets, and voice turn-by-turn program from <u>ridewithgps.com</u>. This is by far the most advanced GPS-based activity program in the world. They have about a half million users worldwide and hundreds of club accounts.

This program is available FREE to all AMC/SEM current members.



This will provide our riders and leaders alike with have precise directions for all their rides. The saved rides are stored FREE in our AMC/SEM Club Account. All our rides can be viewed, and you will have the ability to extract maps, written cue sheets, and voice directions on your personal Apple or Android smartphones.

NOTE: This is also great for our hiking community, but the hiking committees should have separate club accounts to minimize any confusion.

Please check out the links below to get a "feel" for this product.

Here is the link to their <u>PowerPoint presentation</u>. 1) Sign up for a free or starter Ride with GPS account or, if you have an existing account, sign in.

2) After you are signed into your account, click this link which will automatically add you to the <u>AMC Southeastern</u> Massachusetts Club Account.

After you are added to the club, you'll have access to <u>all of</u> these features on all club routes and events

Note: I will hold a ride and training meeting for all ride leaders on Saturday, April 29th, in Sandwich. Details will be listed shortly.



AMC Women's Conservation Leadership Program

The Appalachian Mountain Club has three guiding principles: *Recreation*, *Conservation*, and *Education*.

But sometimes obstacles get in the way and, like invasive species, we need to understand how to manage or remove them. During the two-day program, we will come together to discover and explore how nature and leadership are often closely aligned.

Our leaders are trained as trail leaders with skills in safety and nature, as well as leadership.

Saturday night's accommodations will be at Noble View Outdoor Center's Double Cottage which includes beds, kitchen and bath area.

Noble View Outdoor Center's 358.5 acres of <u>trails</u> wind through woodlands and abandoned farm fields, passing brooks, stonewalls, cellar holes, and diverse habitats including an old-growth hemlock stand.

Who Should Attend This Program?

- Women interested in the Appalachian Trail and/or the Berkshire Chapter of AMC
- Women who want to help protect the indigenous/rare species along the trail
- Women who want to learn more about conservation and what each of us can do to promote a healthier lifestyle
- Women who want to align with nature and our environment
- Women who would like an opportunity to bond with other conservation-minded women
- Women interested in exploring leadership styles and enhancing their own personal leadership style

What to Expect?

- Participate in experiential hikes, discussions on conservation and leadership, and training on how to identify and remove invasive species
- Enjoying fresh air and exercise

- Learning about conservation by helping to restore the balance of nature by removing the invasive species that harm indigenous species on the Appalachian Trail
- Discovering your own style of leadership through experiential hiking and follow-on discussions
- Strengthening ourselves as women leaders, striving to achieve our goals and potentials while acquiring new friends
- Experiencing teambuilding through group dynamics and assigned collective activities

Agenda Includes:

June 10, 2017

9am to 3pm—Conservation: A learning and work day focused on identifying indigenous and invasive species, and removing the invasives (led by Steve Smith).

4pm to 5pm—Showers and clean up at Noble View and set up for dinner.

5pm to 7pm—BBQ dinner, bonding, and campfire chatter about leadership and conservation.

8pm to 10:30pm—Experiential Night Hike on Noble View trails with an experienced guide/leader (Frank Evans, Bess Dillman, Deena Gilbert, Laura Stinnette).

June 11, 2017

7am to 8:30am—Breakfast: A lesson in group dynamics and leadership.

9am to 10am—Gathering to discuss and explore leadership roles and styles, including solutions to challenges and best behaviors (whole group).

10am to 11am—Yoga Class outdoors: Finding inner peace and strength.

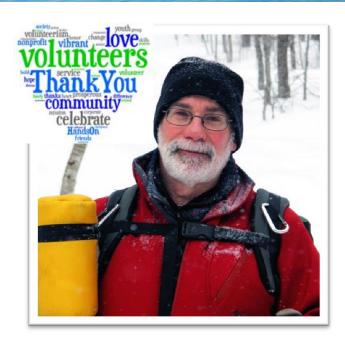
11:30am to noon—Kristen Sykes: Presentation on Conservation.

Noon to 1pm—Experiential hiking (Laura Stinnette, Bess Dillman and Deena Gilbert).

1:30 to 2:30pm—Roundtable discussion and lunch (sandwiches and cold cuts/pizza).

Call for details and registration: 413-881-4009/203-898-3131, referencing the event, or access registration form through Eventbrite.





Volunteer of the Month: Paul Miller Written by Leslie Carson, Hiking Chair

Each month the SEM recognizes one of our amazing volunteers. We are thankful for the wonderful people who donate their time and energy to lead terrific trips. This month the Hiking Committee recognizes PAUL MILLER for his continuing contributions.

For more than 10 years, Paul has been an active volunteer member for the Southeast Mass Chapter. He was the Communications Chair from 2006 to 2008, took a few years off to lead hikes, returned to become the Hiking Vice-Chair then Hiking Chair and is our current Communications Chair (again). Paul is a 4-season hike leader and enjoys leading hikes, particularly in the winter months. He recently completed the 2016-2017 Winter Hiking Series with a frigid, yet enjoyable overnight weekend at Lonesome Lake Hut. Paul has also been an organizer and presenter for the SEM Winter Hiking Workshops offered each fall in November, imparting his vast winter hiking knowledge and experience to those who are new to winter hiking.

Thank you, PAUL, for all you do!

Paul will receive a Volunteer of the Month Certificate and a \$50 gift card.

Members Go Native on Morocco Trip Photos by Ken Carson



Co-leader Eva Borsody Das in traditional Moroccan dress.



Eva Borsody Das (left), co-leader Leslie Carson, and Ingrid Cantarella-Fox explore the bazaar.



Brave Bedouins Leslie Carson, left, Ken Carson, and Joe Cours ride camels—on the beach! Yep, there's sand there.





Sunny waits patiently while Bob Jabaily takes a break. *Photo by Paul Brookes*.

White Lining the Blue Hills

Continued from page 1

For those of you who like statistics, the White Liners hiked 63 miles over 9 hikes. We did trails in all the sections of the reservation (except for Fowl Meadow) over diverse terrain, from flatter, longer hikes to hilly and (slightly) shorter hikes (see p. 10). With between 15 and 20 people turning up most weeks, we appreciated the good company, were happy to keep fit during the winter months, and enjoyed the winter trails.

This year, we had two hikers complete their White Lining series. This is where you hike every trail in the Blue Hills during the 12 weeks of winter usually over multiple seasons. Equal congratulations to them both! Bill Doherty completed his first White Lining series on January 16th and we celebrated with him on our hike around the AMC cabins. Bill maintained the tradition started by the Red Liners of bringing cookies to share and Pat Achorn, our newest hike leader, presented Bill with a patch.

Then, Bob Jabaily completed his White Lining March 12, becoming the only person to complete two White Lining

series. Bob tells me that this winter was so mild that he felt it was a little bit of a cheat. He tells me his new goal is to complete a single-season White Line during a winter such as that of 2015, when hurricane Juno dropped 6 feet of snow on Jan 27. That prompted me to put pen to paper and come up with this poorly prosed but appropriate thought:

Whether the weather is cold or Whether the weather is not; Whether the weather, whatever the weather, White lining in one season is a lot.

Here are a few of the sites we mentioned during the series:

DCR map of the Blue Hills
Red Lining website
100 mile patch
Adopt a trail program
Writings and old maps
St. Moritz Winter Carnival
Nike Missile Site

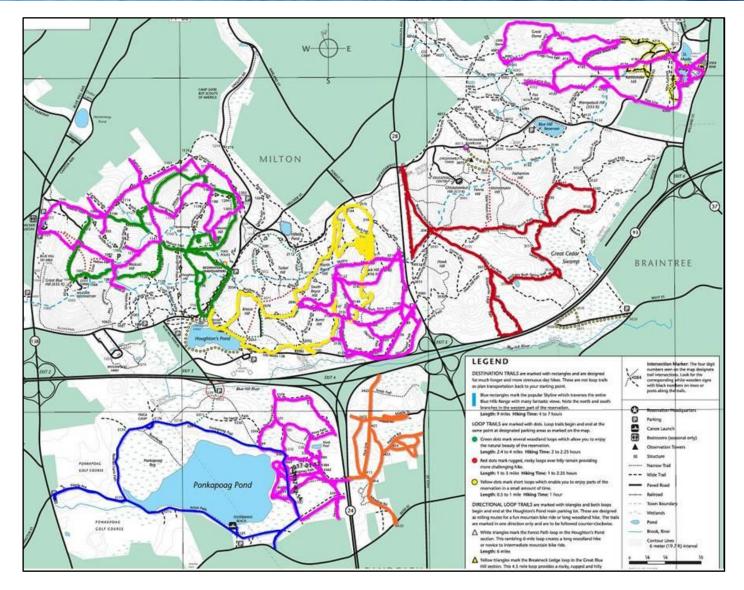
I would like to end with a few thank-yous. First to Pat and Cathy MacCurtain, my other hike leaders. They are a joy to work with and they keep me honest. Without their moderating influence on my British tendencies, I would be leading you into polar vortexes during sub-zero temperatures and white-out conditions with the entreaty to "Keep Calm, and Carry-on." Thank you also to everyone who sent me condolences while I was in England for my Dad's funeral, as well as the picture that you sent of your hiking poles making a heart. Lastly, thank you to all who participated in our series; you made it easy for us leaders. Thank you for turning up to the hikes early, coming in the right clothes and with the proper gear, keeping together, and giving us grace when we needed to retrace a path after taking a wrong turn.

Until next year's White Lining, we wish you blue skies and happy trails!



Bill Doherty completed his White Lining series to earn his patch. Bob Jabaily's patch is being kept in the vault until he can claim it for completing his second White Lining series. Photo by Paul Brookes





White Line Series 2017

Our White Lining series offered nine hikes (three others cancelled due to weather) of varying lengths and terrain for a total distance of 63 miles.

AMC Adventure Travel: New Zealand's Wild South



This remarkable journey on New Zealand's South Island could be your adventure of a lifetime! We have worked with local experts to hand-select a variety of the island's most spectacular—and often most remote—destinations to explore. We have included many creature comforts, like an overnight cruise on fabled Milford Sound. By utilizing creative means of transportation when necessary, we are able to offer hikes which otherwise would be impossible without backpacking. Contact the leaders and see a <u>full prospectus</u>. This trip is already half full so don't delay!





New Leaders-in-Training Photo by Ken Carson

The Leadership Training Workshop held April 8 at Gilbert State Forest in Foxboro, MA, was once more filled to capacity with enthusiastic participants. The course prepared students to lead AMC-sanctioned trips with material on leadership styles, trip planning considerations, screening criteria to ensure similar group member skills, risk mitigation, and qualifications to become a leader. Presented by experienced AMC trip leaders and staff, the all-day workshop included classroom studies and outdoor exercises. The course is free for AMC members.

Canyon Hiking in Bryce and Zion National Parks Written by Len Ulbricht

This fall, September 23 to October 1, I will be co-leading an AMC Adventure Travel trip to hike the canyons of Bryce and Zion National Parks. Bryce Canyon, known for it's hoodoos and sculpted multi-color landscapes, and Zion, for it's narrow steep red rock walls and awesome geological features, offer unique hiking experiences, be they high up on the canyon rim or down on the canyon floor. Check out the Prospectus or email me at lenu44@gmail.com for details.



For the most current information, search activities online

Hiking Key: Found in the description L Activity leader CL Activity co-leader Indicates distance in miles Indicates pace Indicates terrain FT First Time AA 13+ 1....very fast Avery strenuous NM...New Members A.....9-13 2fast Bstrenuous AN Advance Notice B.....5-8 3moderate Caverage C......Conservation C.....less than 5 4leisurely D easy

EDUCATION

Sat., Apr. 15. Take It Outside with AMC 2017 - AMC SEM's Open House at Myles Standish SF, Myles Standish State Forest, MA. (C) (FT) (NM) Are you a member of AMC but haven't tried any of our activities yet? Good, because we have an Open House for you! Join us at Myles Standish State Forest in Plymouth, MA, on Saturday, April 15, 10:00-3:00 for "Take it Outside with AMC 2017" to meet our leaders and try a hike, some trail work, a nature walk, or a bike. All are welcome; bring a friend. Free lunch to participants. We know once you try it, you'll be hooked. Contact Maureen, mokel773@aol.com for more information. Each activity has a separate listing and you will need to register. Free Parking! L/R Maureen Kelly (508-224-9188 4-8pm, mokel773@aol.com)

Thu., May 4. Blue Hills PHOTO-OP Trek, Thursday Morning, Ponkapoag Pond, Canton, MA. 4 ½ - 5-mi. hike around Ponkapoag Pond with Boardwalk/Bog option. (FT) (NM) Slower pace than usual for photo opportunities and instruction. More frequent stops than usual, in order to "smell the roses". The walk and talk will concentrate on some of the composition and technique aspects of photography. The "Art of Nature" will be the theme during this "Renaissance of The Seasons" hike. Bring Point-and-Shoot and/or DSLR Camera, lunch & water. Sunscreen and bug repellant suggested Limited to 20 hikers - Registration required "No Dogs" please. L Walt Granda (wdgranda@aol.com) CL/R Ken Cohen (508-941-0060 5:50pm to 7:30pm, kcohen@comcast.net.

Sat., May 6-7. Wilderness First Aid Two Day Training, 68 Mill Street, Foxboro, MA 02035. Wilderness First Aid is a comprehensive lesson in how to react, respond, and save lives in remote, life-threatening situations. Wilderness First Aid is a two-day class designed for trip leaders, co-leaders, and outdoor enthusiasts. This course teaches the skills necessary to identify and treat medical issues common to wilderness settings and to prepare for long-term care scenarios. This emergency response training includes patient assessment, trauma, musculoskeletal and soft tissue injuries, splinting, environmental emergencies, animal and insect bites, and a variety of other topics. The course is a mix of classroom lecture and practical exercises. Both days are required to certify. Instruction is provided by SOLO, experts in providing wilderness medical training. The course runs 8:00 AM to 4:00 PM both days with an optional CPR course available Saturday at 4:00 PM. The course will be given at the Rec Hall, 68 Mill Street, Foxboro, MA 02035. Contact leader for registration form. L Douglas Griffiths (508-758-4315) After 6 pm, RedDougG@aol.com

SOCIALS

Sat., Apr. 15. Take It Outside with AMC 2017 - AMC SEM's Open House at Myles Standish SF, Myles Standish State Forest, MA. (C) (FT) (NM) Are you a member of AMC but haven't tried any of our activities yet? Good, because we have an Open House for you! Join us at Myles Standish State Forest in Plymouth, MA, on Saturday, April 15, 10:00-3:00 for "Take it Outside with AMC 2017" to meet our leaders and try a hike, some trail work, a nature walk, or a bike. All are welcome; bring a friend. Free lunch to participants. We know once you try it, you'll be hooked. Contact Maureen, mokel773@aol.com for more information. Each activity has a separate listing and you will need to register. Free Parking! L/R Maureen Kelly (508-224-9188 4-8pm, mokel773@aol.com)



For the most current information, search activities online

SOCIALS

Thu., May 25. Hike- Long Pond and Picnic, Goodwill Park, Falmouth, Cape Cod, MA. Traverse rolling wooded trails through Falmouth's Town Forest. Enjoy scenic views of Long Pond, a kettle pond formed at the edge of the glacial moraine. Sturdy shoes, plenty of water, sunscreen and tick repellent are strongly recommended. The Cape is a known tick habitat! Poison ivy is also abundant in the woods and along the sides of the trail. You may consider wearing long pants. Meet at 9:45 for trail talk. Hike begins promptly at 10 AM. PICNIC LUNCH to follow hike. Bring your own main course plus a salad, dessert or snacks to share with the group. Call leader with questions 508 243 3884. L Catherine Giordano (508-243-3884 before 9 PM, cmgiordan@msn.com)

BIKING

(NM) Sat., Apr. 15. Take It Outside with AMC 2017- Intermediate Road Cycling, Myles Standish State Forest, Carver, MA. Join the AMC SEM Chapter Open House event with the Friends of Myles Standish at Myles Standish State Forest in Plymouth for a morning (10am-12pm) 20 mile, 13-15 mph intermediate bike ride starting at Cranberry Rd & Lower College Pond Rd and heading out to mostly flat main & secondary roads thru scenic Carver & Middleboro. FREE parking. FREE lunch for all participants. Bring water, snacks. Helmet required. Bike in good working condition. Tires pumped and ready to roll at 10am. L Barbara Gaughan (781-572-1321 before 9 pm, barbaragaughan12@comcast.net, Level 1 SEM bike & hike leader) CL Jeff Hyman (SEM leader in training.)

Sat., Apr. 15. Take It Outside with AMC 2017- Open House beginner/ intermediate bike ride, MA. This will be two loops of a 6 mile ride. On state park paved roads. Some small rolling hills. Average speed will be 8-11 MPH Have your tires pumped up and the bike ready ready to roll for a 1:00 PM start. FREE pre ride bike safety check by leader, Bernie Meggison from noon to 1:00PM. L Bernie Meggison (617-930-4029, those-meggisons@gmail.com) CL Irene Caldwell (774-454-3361)

Wed., May. 10. Sunset & Full Flower Moon Bike Ride, Cape Cod, MA. 22+/- Miles/ 2 +/- hours. Mostly flat - We'll start and end on Town Neck Beach in Sandwich; down Freeman Ave from Horizons on the Bay to the beach parking lot. The moonrise and sunset are within a few minutes of each other so we can catch the sun descending over the marsh and the moon ascending over the bay. Registration required - paulbcurrier@comcast.net Flowers spring forth in abundance this month. Some Algonquin tribes knew this full Moon as the Corn Planting Moon or the Milk Moon. L Paul Currier (508-833-2690, 9 AM-7 PM, paulbcurrier@comcast.net)

Tue., Jul. 11. Nantucket Island Day Bike Trip, Nantucket, Cape Cod, MA. Take the Steamship Authority high speed ferry from Hyannis to Nantucket for a day long riding and sightseeing adventure. We will visit the quaint villages of Siasconset, the beaches of Surfside, and with time permitting Madaket beaches. Finish off the day with fun at the Cisco Brewery for entertainment, food and libations. Cost of ferry is \$64.00 round trip including bike. Depart Hyannis at 8:15 AM, arrive in Nantucket 9:15 AM. Return trip, depart Nantucket 6:15PM, arrive Hyannis, 7:15 PM We must make reservations by June 26th!! Rain cancels. Rain date, July 12th. Maximum riders 15. Must be 21 years of age to attend. First come, first served. Contact leader for additional details. Approx 40 miles. Pace of 12-15 MPH. Small rolling hills. L Bernie Meggison (617-930-4029 8:00-8:00, thosemeggisons@gmail.com, AMC/SEM Bike Chair)

TRAIL WORK

(C) (FT) (NM) Sat., Apr. 15. TAKE IT OUTSIDE WITH AMC 2017 - Morning Trail Work Event, Myles Standish State Forest, Carver, MA. Join AMC SEM Chapter with the Friends of Myles Standish for Trail Work. All events will begin from the Headquarters on Cranberry Rd. Plenty of free parking. FREE LUNCH for all Open House participants! No experience needed because we have the right job for you and the experienced leaders to train you. Help open trails for the spring/summer hiking season. Participants bring their own water, snacks, long pants (no matter how hot it is!), sturdy hiking boots, and other clothing appropriate for the weather. The AMC Trail Crew Leaders will provide gloves, trail tools, instruction and supervision. No experience is required to participate; we encourage beginner and experienced trail volunteers alike. Event will last from 10am-12pm. L Maureen Kelly (508-224-9188 4-8pm, mokel773@aol.com) CL Pete Tierney (pxtierney@aol.com) CL Skip Maysles (781-344-0611 6-9 pm, piks126@yahoo.com), R Skip Maysles (781-344-0611 6-9pm, piks126@yahoo.com)



For the most current information, search activities online

TRAIL WORK

(C) (FT) (NM) Sat., Apr. 15. TAKE IT OUTSIDE WITH AMC 2017 - Afternoon Trail Work Event, Myles Standish State Forest, Carver, MA. Join AMC SEM Chapter Open House event with the Friends of Myles Standish for Trail Work. All events will begin from the Headquarters on Cranberry Rd. Plenty of free parking. FREE LUNCH for all Open House participants! No experience needed because we have the right job for you and the experienced leaders to train you. Help open trails for the spring/summer hiking season. Participants bring their own water, snacks, long pants (no matter how hot it is!), sturdy hiking boots, and other clothing appropriate for the weather. The AMC Trail Crew Leaders will provide gloves, trail tools, instruction and supervision. No experience is required to participate; we encourage beginner and experienced trail volunteers alike. Event will last from 10am-12pm. L Maureen Kelly (508-224-9188 4-8pm, mokel773@aol.com) CL Pete Tierney (pxtierney@aol.com) CL Skip Maysles (781-344-0611 6-9 pm, piks126@yahoo.com), R Skip Maysles (781-344-0611 6-9pm, piks126@yahoo.com)

Sat., Apr. 22. Hike and Remove Litter from Four Ponds Conservation Area Bourne (Pocasset), Bourne, MA, In recognition of Earth Day, April 22, 2017 join Nancy Wigley, AMC Life Member/Naturalist and Jane Harding Cape Hike Chair to hike and remove litter along the necklace of trails around ponds of the Pocasset River. This area seemingly untouched by human hands will reveal secrets of its past uses. You will walk where President Grover Cleveland and Calvin Coolidge once fished for Brook and Rainbow trout, stand on a bluff above one of the ponds and view the remains of the fishing camp where their catch was cooked and enjoyed. The walk will take you along paths by the ponds and we will follow the river on its journey to the sea. This area is used by 4th grade students studying forest ecology and AMC will set a good example to show that this area is not the place to dispose of beer bottles etc. Bring gloves, plastic bags will be provided. L Nancy Wigley (nrwigley@verizon.net) L Jane Harding (508-833-2864 before 9 PM, janeharding@comcast.net)

HIKING CAPE COD

Get your 100-mile patch! Contact hikingchair@amcsem.org. Always looking for additional hike leaders! Contact hikingchair@amcsem.org

Sun., Apr. 16. Quaker Woods Hike (C4C), West Falmouth, Cape Cod, MA. (FT) (NM) Easy 2-hour hike, stepping back in time 350 years to the site of one of the earliest Cape settlements, and see the first Quaker Burial Ground on the Cape. Depending on time, may also walk a bit on local bike path, West Falmouth Harbor, and possibly beach. Rain cancels. Call leader if in doubt about weather. Kids welcome, as well as adults. Directions: From the north or the east, take Route 28S to the Brick Kiln Road exit. Right at the end of the ramp. After 0.5 miles, turn right at the flashing yellow light onto Route 28A, then go 0.6 miles to a left at Old Dock Road. Go 0.1 miles and park in the lot on the right by the bike path. L John Gould (508-540-5779, jhgould@comcast.net)

Thu., Apr. 20. Hike Hawksnest State Park, Brewster, Cape Cod, MA. Spring hike on wooded trails and dirt roads by ponds in small state park. We will hike approximately 4 miles in 2 hours at a moderate pace. From Rte. 6 - exit 11 turn L at light and immediate R onto Spruce Rd. Park on side of road approximately 1/2 mile down the road. Meet at 9:45 AM for 10 AM start. L Janet DiMattia (jandimattia@verizon.net, Janet is a long time hike leader having been active in both CT chapter and SEM chapter.)

Sat., Apr. 22. Hike and Remove Litter from Four Ponds Conservation Area Bourne (Pocasset), Cape Cod, MA.. In recognition of Earth Day, join Nancy Wigley, AMC Life Member/Naturalist and Jane Harding Cape Hike Chair to hike and remove litter on the necklace of trails around ponds of the Pocasset River. This area seemingly untouched by human hands will reveal secrets of its past uses. Walk where President Grover Cleveland and Calvin Coolidge fished for brook and rainbow trout, stand on a bluff above one of the ponds and view the remains of the fishing camp where their catch was cooked and enjoyed. The walk will take you along paths by the ponds and we will follow the river on its journey to the sea. This area is used by 4th grade students studying forest ecology and AMC will set a good example to show that it is not the place to dispose of beer bottles etc. Bring gloves, plastic bags will be provided. L Nancy Wigley (nrwigley@verizon.net) L Jane Harding (508-833-2864 before 9 pm, janeharding@comcast.net)



For the most current information, search activities online

HIKING CAPE COD

Sun., Apr. 23. Hike Quashnet River (C3C), East Falmouth/Mashpee, Cape Cod, MA. (FT) (NM) Spend 2 hours walking in a small valley along a stream. May see some herring and trout. Meet at 1245 for 1300 start. Rain cancels, but phone or email leader if any doubt about weather. Kids welcome, as well as adults and new members. L John Gould (508-540-5779, jhgould@comcast.net)

Thu., Apr. 27. Hike Long Nook Truro, Cape Cod, MA. 2 hour hike. Visit AF Base and Jenny Lind Tower. Directions: From Route 6 take Right on Long Nook Rd (1.2 miles after Pamet Rd Exit) and follow to parking lot at the end. Meet at 9:45 and hike 10 am – 12:00 pm. L Richard Kaiser (508-432-3277, rjkaiser@comcast.net) CL David Selfe (kdselfe@comcast.net)

Sat., Apr. 29. Moraine Trail Hike, Falmouth, Cape Cod, MA. Nine mile, 5-hour, moderate, one-way, hike along moraine and pond with lunch stop. Meet in Goodwill Park in Falmouth at 0930, and will carpool at 0945 to hike start at 1000. Bring lunch, water, and your favorite tick prevention. Cancelled if rain. Please phone or email leader if any question about cancelling due to weather. L John Gould (508-540-5779, jhgould@comcast.net)

Thu., May 4. Sandy Pond Recreation, West Yarmouth, Cape Cod, MA. Wooded trails, pond views in mid-cape area. Route 6 Exit 7S, left on Camp Street, left on Buck Island Road, and left at Sandy Pond Recreation Area. Meet at 9:45 AM. L Janet Kaiser (508-432-3277 before 9:00 p.m., itkaiser@comcast.net) CL Kathy Selfe (508-771-0620 Before 9:00 p.m., kdselfe@comcast.net)

Sun., May 7. Hike Maple Swamp, Cape Cod, MA. Hike historic area which dates back to glacial erosion. This hike has lots pf steep climbs and declines with uneven terrain. Hiking boots and poles strongly recommended. Driving directions to start take Rte 6 to exit 3 Quaker Meetinghouse Rd and turn S off of ramp. Take first L onto Service Rd and look for Maple Swamp parking area on R past Mill Ln. Meet at 12:45 PM for 1 PM start. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

Sun., May 14. Hike Santuit Pond, Marston Mills, Cape Cod MA. Join us on Mother's Day for a delightful hike on wooded trails that will give us the opportunity to view a newly refurbished herring run and with some luck we will see rare Birdsfeet Violets blooming around a cranberry bog. Meet at 12:45 PM for a 1PM start. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net, Level 1 hike leader with 3 years' experience. Cape Hike chair for AMC.) L Nancy Wigley (nrwigley@verizon.net, Hike leader with many years of experience.)

Thu., May 18. Hike Herring River, Harwich, MA. Hike wooded trails around 2 reservoirs and cranberry bog. See working Herring Run. From Rte 6 take exit 9A. Follow Rte 134 to 3rd Traffic light and turn L and then take immediate L onto Great Western Rd. Go approx. 3 miles to R on Bells Neck Rd follow about 1/8 mile to reservoir and park on either side of dirt road. Meet at 9:45 AM for 10 AM start. L Janet DiMattia (<u>jandimattia@verizon.net</u>, Janet is a veteran AMC member who has led numerous hikes.)

Thu., May 25. Hike- Long Pond and Picnic, Goodwill Park, Falmouth, Cape Cod, MA. Traverse rolling wooded trails through Falmouth's Town Forest. Enjoy scenic views of Long Pond, a kettle pond formed at the edge of the glacial moraine. Sturdy shoes, plenty of water, sunscreen and tick repellent are strongly recommended. The Cape is a known tick habitat! Poison ivy is also abundant in the woods and along the sides of the trail. You may consider wearing long pants. Meet at 9:45 for trail talk. Hike begins promptly at 10 AM. PICNIC LUNCH to follow hike. Bring your own main course plus a salad, dessert or snacks to share with the group. Call leader with questions 508 243 3884. L Catherine Giordano (508-243-3884 before 9 PM, cmgiordan@msn.com)



For the most current information, search activities online

HIKING

Get your 100-mile patch! Contact hikingchair@amcsem.org. Always looking for additional hike leaders! Contact hikingchair@amcsem.org

Sat., Apr. 15. TAKE IT OUTSIDE WITH AMC 2017 - Morning Nature Walk with a Birder and a Botanist - East Head Loop, Myles Standish State Forest, Carver, MA, (C) (FT) (NM) Join AMC SEM Chapter Open House event with the Friends of Myles Standish at Myles Standish State Forest in Plymouth for a Nature Walk with birder, Glenn d'Entremont and botanist, Irina Kadis. All events will begin from the Headquarters on Cranberry Rd where there is plenty of free parking. Also, FREE LUNCH for all Open House participants! This Nature Walk is a great opportunity to meet two well-known area naturalists who will identify plants and birds in the local Plymouth / Carver habitat. This walk will be slow-paced with many stops to look at wildlife along the East Head Pond Loop. The Nature Walk will last about 2 hours. Bring your cameras! L Jane Harding (508-833-2864 before 9 pm, janeharding@comcast.net) CL Glenn d'Entremont CL Irina Kadis

Sat., Apr. 15. TAKE IT OUTSIDE WITH AMC 2017 - Intermediate Morning Hike - The Bentley Loop, Myles Standish State Forest, Carver, MA. (C) (FT) (NM) Join AMC SEM Chapter Open House event with the Friends of Myles Standish at Myles Standish State Forest in Plymouth for an Intermediate on the Bentley Loop. All events will begin from the Park Headquarters on Cranberry Rd where there is plenty of free parking. Also, FREE LUNCH for all Open House participants! (after the morning activities) This hike will be the Bentley Loop -- 3.7 miles of beautiful woodlands with rolling hills, open meadows and several ponds. It is one of the most used and loved trails in Myles Standish State Forest. Because it is well marked, it is also one of the better trails to walk in the winter in case there is still a snow coating obscuring the trail bed.. Since all hikes will meet at the Myles Standish headquarters for the open house, we will make a short five minute drive to the trail head once we are gathered. We encourage newcomers to join us for this walk. Dress warmly with hat and gloves and bring water. L Catherine Giordano (508-243-3884 Before 9pm, cmgiordan@msn.com) CL Vickstrom, William (774-454-7386 Before 9pm, wrwick@comcast.net, Bill has been leading hikes in Myles Standish State Forest for many years. He is the President of the Friends of Myles Standish State Forest), R Catherine Giordano (508-243-3884 before 9 pm, cmgiordan@msn.com)

Sat., Apr. 15. TAKE IT OUTSIDE WITH AMC 2017 - Afternoon Beginner Hike - East Head Pond Loop, Myles Standish State Forest, Headquarters on Cranberry Rd., Carver, MA (C) (FT) (NM). Join AMC SEM Chapter Open House event with the Friends of Myles Standish at Myles Standish State Forest in Plymouth for a Beginner Hike around the East Head reservoir. All events will begin from the Headquarters on Cranberry Rd where there is plenty of free parking. Also, FREE LUNCH for all Open House participants! This will be a slower paced hike along a nature trail that loops around the East Head pond reservoir. We will stop often at numbered trail posts to observe the various trees and flora outlined in the free Interpretive Program guide provided by Myles Standish State Forest. The loop is 2.6 miles long and we will plan to be on the trail for about 2 hours. Lunch will be available from 12 noon and our hike will start at 1:30pm at gate W39. Please bring a small pack with water and some trail snacks. Registration is required, however everyone is welcome whether you are a new member, non-member or newly active. L Paul Brookes (PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Peggy Qvicklund (qvickan@comcast.net), R Peggy Qvicklund (qvickan@comcast.net)



For the most current information, search activities online

HIKING

Sat., Apr. 15. Take It Outside With AMC 2017 - Intermediate Afternoon Hike- Pine Barrens Path, Myles Standish State Forest, Plymouth, MA, (C) (FT) (NM). Join AMC SEM Chapter Open House event with the Friends of Myles Standish at Myles Standish State Forest in Plymouth for an, Intermediate Hike to the Pine Barrens Path. All events will begin from the Headquarters on Cranberry Rd where there is plenty of free parking. Also, FREE LUNCH for all Open House participants! For this intermediate hike, we will hike the prettiest half of the Myles Standish Pine Barrens Path. The Pine Barrens Path is about 8 miles long and was marked in 2016. It is shown on the 2016 state-issued map of Myles Standish. (link below) We will do a portion of the southern half of the trail. The hike will be about 5 miles long. We will carpool to the start from headquarters after lunch is concluded. (Lunch starts at 12pm.) Everyone is welcome, members and non-members. L John Bescherer (508-742-7973 Before 9pm, johnbescherer@gmail.com, John has been leading hikes for the Friends of Myles Standish since 2010. He has attempted to explore every corner of the gigantic park and wants to show the best of it to AMC members.) L Eva Das (borsody@gmail.com)

Tue., Apr. 18. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. Hike hilly Skyline Trail and adjacent trails on ten successive Tuesday mornings 3/21-5/23, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Moderate to fast pace 3 to 4 hour hike, distance 3 to 8 miles. 9:30 am start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht (lenu44@gmail.com, Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He has summited 44 of the 48 NH 4K peaks and is an AMC Adventure Travel co-leader.)

Thu., Apr. 20. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

Thu., Apr. 20. Thurs Morn. Hike - Wallomonopoag Conservation Area, Wallomonopoag Conservation, Elysium St., Wrentham, MA. (C) (FT) (NM) Meet 10:00 am in Conservation Area parking lot off of Elysium St. Wrentham. Bring water, snack or lunch & sturdy footwear. Rain cancels. Great blue rookery and eskers and possible sighting of deer. L Muriel Guenthner (508-699-7461 Before 9:00pm, murielguenthner@comcast.net)

Tue., Apr. 25. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. Hike hilly Skyline Trail and adjacent trails on ten successive Tuesday mornings 3/21-5/23, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Moderate to fast pace 3 to 4 hour hike, distance 3 to 8 miles. 9:30 am start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht (lenu44@gmail.com, Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He has summited 44 of the 48 NH 4K peaks and is an AMC Adventure Travel co-leader.)

Thu., Apr. 27. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)



For the most current information, search activities online

HIKING

Thu., Apr. 27. Thursday Morning Hiking in the Blue Hills, Blue Hills Reservation, Milton, MA. (FT) (NM) A 5 mile hike in the Blue Hills on the Red Dot Trail that is marked by rugged, rocky loops over hilly terrain. L Sue Chiavaroli (508-496-6452 7PM-9PM, brillo6452@yahoo.com)

Sun., Apr. 30. Mt Greylock Hike, Near Adams, Berkshires, MA. Approach the summit of Mt Greylock (3,491ft) using the less frequented trails on the eastern side of the mountain. We will follow the Cheshire Harbor Trail and the Gould Trail, dipping into Peck's Brook ravine. This is one of the shortest routes to the summit, but the elevation gain is as significant as some trails in the White Mountains, at 1930 ft. The loop is approx. 6.6 miles. (This hike was originally scheduled for April 1, but was cancelled due to trail conditions.). L Peggy Qvicklund (qvickan@comcast.net, Lists are great, I've done NH 48, let's explore our own state!) L Jeannine Audet (MILMOD@aol.com)

Tue., May 2. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. Hike hilly Skyline Trail and adjacent trails on ten successive Tuesday mornings 3/21-5/23, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Moderate to fast pace 3 to 4 hour hike, distance 3 to 8 miles. 9:30 am start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht (lenu44@gmail.com, Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He has summited 44 of the 48 NH 4K peaks and is an AMC Adventure Travel co-leader.)

Thu., May. 4. Blue Hills PHOTO-OP Trek, Ponkapoag Pond, Canton, MA, (FT) (NM) 4 ½ - 5-mi. hike around Ponkapoag Pond with Boardwalk/Bog option. Slower pace than usual for photo opportunities and instruction. More frequent stops than usual, in order to "smell the roses". The walk and talk will concentrate on some of the composition and technique aspects of photography. The "Art of Nature" will be the theme during this "Renaissance of The Seasons" hike. Bring Point-and-Shoot and/or DSLR Camera, lunch & water. Sunscreen and bug repellant suggested Limited to 20 hikers - Registration required "No Dogs" please. L Walt Granda (wlgranda@aol.com) CL Ken Cohen (508-941-0060 5:50pm to 7:30pm, k-cohen@comcast.net), R Ken Cohen (508-941-0060 5:30pm to 7:30pm, k-cohen@comcast.net)

Thu., May. 4. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

Tue., May 9. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. Hike hilly Skyline Trail and adjacent trails on ten successive Tuesday mornings 3/21-5/23, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Moderate to fast pace 3 to 4 hour hike, distance 3 to 8 miles. 9:30 am start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht (lenu44@gmail.com, Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He has summited 44 of the 48 NH 4K peaks and is an AMC Adventure Travel co-leader.)



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HIKING

Thu., May. 11. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

Thu., May 11. Thursday Morning Hike - World's End, Hingham, MA, (C3C) (FT) (NM). Meet at 10am, \$6 pp non-Trustees members. Moderate 4-5 miles. Explore unique peninsula in Boston Harbor with stunning views, hilly, carriage ways and rocky paths. There could be muddy sections. Wear layers, wind protection, good shoes suitable for weather and conditions. Bring water, snacks/lunch. Directions at http://www.thetrustees.org/places-to-visit/greater-boston/worlds-end.html. L Eva Das (borsody@gmail.com)

Sat., May 13. Woodland End2Ender Hike in the Blue Hills, Southeast, MA. This fun End-to-end hike traverses the Blue Hills from the Northernmost end of Fowl Meadow in Canton to Shea Ice Rink in Milton, stopping at Houghton's Pond for a leisurely lunch. We will avoid the summits and generally stick to well-maintained trails in the wooded lowlands. The total distance is 11 miles and we will hike at a moderate pace ideal for walking and talking at the same time. Other than a short section around Little Blue and Great Blue Hill the trails will be flat or gently inclined. This popular hike is limited to 24 people so register early to avoid being waitlisted. Also, since we are keeping to lowlands, heavy rain or flooding will cancel. Lastly, one of the leaders, Paul, will have his well-behaved dog with him, if you wish to bring your dog, please discuss during registration. L Paul Brookes (603-799-4399 After 7am and before 9pm , PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Walt Granda (wdgranda@aol.com), L/R Pat Achorn (<a href="plack-pla

Tue., May 16. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. Hike hilly Skyline Trail and adjacent trails on ten successive Tuesday mornings 3/21-5/23, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Moderate to fast pace 3 to 4 hour hike, distance 3 to 8 miles. 9:30 am start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht (lenu44@gmail.com, Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He has summited 44 of the 48 NH 4K peaks and is an AMC Adventure Travel co-leader.)

(FT) (NM) Thu., May. 18. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)



For the most current information, search activities online

HIKING

Sun., May 21. Family Hike #1: Borderland State Park, Easton, MA. Join us for a 2 to 3 mile hike at a leisurely pace around the Leach Pond in beautiful Borderland State Park. The hike is suited to families with children ages 3 to 10 years. We will explore and learn about following trails, the wildlife and Leave No Trace principles. Wear sturdy shoes or hiking boots, as the trails may be damp. Bring water and a snack. You may choose to bring a picnic lunch to enjoy at the end of the hike. Heavy rain will cancel. L Jeannine Audet (508-493-8221 Weeknights after 7:00 pm, weekends anytime, milmod@aol.com) CL Anne Duggan (abduggan12@gmail.com)

Tue., May 23. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA. Hike hilly Skyline Trail and adjacent trails on ten successive Tuesday mornings 3/21-5/23, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Moderate to fast pace 3 to 4 hour hike, distance 3 to 8 miles. 9:30 am start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht (lenu44@gmail.com, Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He has summited 44 of the 48 NH 4K peaks and is an AMC Adventure Travel co-leader.)

(FT) (NM) Thu., May 25. Thursday Morning Hike at Ell/Long Pond, Hopkinton,RI, Fisherman's Parking Lot, Canonchet Road, Hopkinton, RI. A 4-5 mile hike along the Narragansett Trail in RI. The hike scrambles up and down through paths of rhododendrons, hemlocks, and mountain laurel. Part of the hike will be a scramble up a rock formation with a great view of Long Pond where the movie Moonrise Kingdom was filmed. L Sue Chiavaroli (508-496-6452 7PM-PM, brillo6452@yahoo.com)

(FT) (NM) Thu., May. 25. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Jun. 1. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Jun. 8. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)



For the most current information, search activities online

HIKING

Sat., Jun. 10. Photo Hike, Sandy Neck Beach, Sandwich/Barnstable, Cape Cod, MA. A Photo Hike on The Marshside Trail that parallels Sandy Neck Beach. The trail travels along a great marsh, dunes, a winding sandy trail, passing older summer homes. Hopefully, we will see wildlife in action as well as different fauna. The trail is approx. 10 miles long round trip, but because this is a photo hike, we will decide on a turn-around time instead of distance. We will have an early morning start to try and capture activity. Bring your own photo equipment, plenty of water, lunch, snacks, and sunscreen. There will be a parking fee. L Ken Carson (508-833-8237 between 10 am-7pm, kcciii@comcast.net)

(FT) (NM) Thu., Jun. 15. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Jun. 22. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

Sun., Jun. 25. Family Hike #2: F. Gilbert Hills State Park, Foxboro, MA. Join us for a leisurely 2 to 3 mile hike in the less-traveled, but lovely & wooded F. Gilbert Hills State Park. This hike is suited for families with children ages 3 to 10 years. It is the second in our 3 hike series for families. We will explore and learn about the local wildlife, following trails & Leave No Trace principles. Wear sturdy shoes to hiking boots, & bring water & a snack. You may wish to stay after the hike to have a picnic lunch. Heavy rain will cancel the hike. L Jeannine Audet (508-493-8221 weeknights after 7:00 pm, weekends anytime, milmod@aol.com) CL Brian Duane (781-820-9985, bduane105@comcast.net)

(FT) (NM) Thu., Jun. 29. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Jul. 6. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)



For the most current information, search activities online

HIKING

Sat., Jul. 8-10. Joe Dodge Lodge and Madison Hut Overnight, Mt. Madison, White Mountains, NH. On Saturday afternoon, prior to our group dinner at Joe Dodge Lodge, we'll take a short hike up to a scenic spot in Pinkham Notch to get to know each other and shake out any gear issues. After breakfast at JDL on Sunday, we'll carpool over to the Appalachia trailhead and hike up to the new Madison Spring Hut via either the Valley Way or Airline Trails (depending on the weather) and then summit Mt. Madison (5,367 ft.) in the afternoon to (hopefully) take in the amazing panoramic views before enjoying our Croo-served dinner in the hut. After breakfast at the hut on Monday, we may also have an opportunity to climb nearby Mt. John Quincy Adams before hiking back down to the trailhead. This is a great opportunity for strong hikers who may not have had an opportunity to spend much time above tree line to experience the beauty and drama of the Alpine Zone in the Northern Presidentials. Trip is limited to 10 people, including leaders. L Paul Miller (508-369-4151 before 9:00 pm, paulallenmiller@verizon.net, Paul Miller is an experienced four-season hike leader and former Hiking Chair for the Southeast Mass. Chapter) L Michael Swartz (swartz@brandeis.edu, Michael is an experienced hiking leader for both the Boston and Southeast Mass. Chapters), R Paul Miller (169 S. Washington St., N. Attleboro, MA 02760, 508-369-4151 before 9:00 pm, paulallenmiller@verizon.net)

(FT) (NM) Thu., Jul. 13. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Jul. 20. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Jul. 27. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Aug. 3. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)



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HIKING

- (FT) (NM) Thu., Aug. 10. Red Line the Blue Hills Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)
- (FT) (NM) Thu., Aug. 17. Red Line the Blue Hills Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)
- (FT) (NM) Thu., Aug. 24. Red Line the Blue Hills Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)
- (FT) (NM) Thu., Aug. 31. Red Line the Blue Hills Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)
- (FT) (NM) Thu., Sept. 7. Red Line the Blue Hills Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)



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HIKING

(FT) (NM) Thu., Sept. 14. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Sept. 21. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

