



The Southeast Breeze

The Newsletter of the Southeastern Chapter of the Appalachian Mountain Club | March 2017

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Please send your Word doc and photographs to breeze.editor@amcsem.org.

Please send photos as separate attachments, including the name of each photographer. Include the words "Breeze Article" in the subject line.

Shop the Breeze Market for equipment bargains!

Members looking to sell, trade, or free-cycle their used equipment can post for free.

Business advertisements are just \$15/month. Send inquiries to breeze.editor@amcsem.org



Ready, set, go! "Wintery wonderland" offers ideal conditions for cross-country skiing and snowshoeing. *Photos by Walt Granda*

Fresh Snow Is Ideal for Noble View Weekend Trip

Written by Walt Granda

WOW, what a perfect winter weekend! This is my fifth winter weekend at Noble View, and every year exceeds my expectations. This year was especially good because of the Thursday storm that gave us 14 inches of snow on the trails.

The Noble View outdoor center in Russell, MA, is one of the AMC's larger land holdings. It is located on 358 acres on a quiet mountaintop that offers great views of the Pioneer Valley to the east of Mt. Wachusett. The really great aspect of the location is that it is the perfect place for anyone to experience cross-country skiing, snowshoeing, or winter hiking without the stress of having to carry in a lot of extra gear or food.

Continued on page 3

View from the chair

Take it outside in April!

Have you been cooped up all winter and now you're good and ready to get outside? We have some terrific events coming up to help cure your cabin fever.

First, on April 8, we will be holding our annual Leadership Training for prospective new activity leaders. While this event is primarily intended for those who want to become activity leaders, it is open to all AMC SEM members who would like to learn more about AMC and what goes into planning an event. You will learn what goes on behind the scenes to make a hike, bike, paddle, ski trip, or trail work trip successful. You'll also become a better participant, knowing the decisions that need to be made on a trip, how you can show up with the right equipment, and how to influence the group dynamics in a positive manner. This free, all-day training session is being held in Foxboro near the F. Gilbert Hills State Forest.

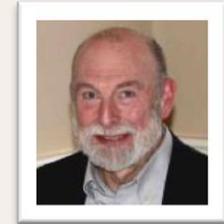
Next up, on Saturday April 15, is the AMC SEM Open House with this year's theme: "Take it Outside 2017." The Open House event will be held this year at Myles Standish State Forest in Carver and Plymouth. Join us for beginner and intermediate hikes and bike rides. This year, we will also have trail work events to help maintain the many hiking trails in the forest. We'll serve a free lunch for participants from noon to 1 PM at Park Headquarters, where we'll also provide presentations on conservation activities.

At the end of the month—tentatively scheduled for Wednesday, March 29—we will have an event to help clean up the National Seashore on the outer Cape. This will most likely be a morning work party followed by a pizza party. Details are still being worked out, so stay tuned and visit our website (www.amcsem.org) often.

See you all outside!

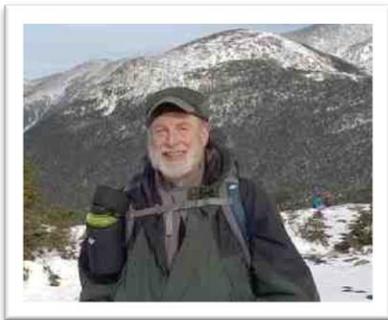
Barry Young

AMC SEM Chapter Chair <mailto:chair@amcsem.org>



Barry Young, Chapter

Chair chair@amcsem.org



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Contact the Chapter Chair at
chair@amcsem.org if you're
 interested in any open position.



Snowshoe enthusiasts love that fresh powder! *All photos by Walt Granda*

Noble View Weekend

Continued from page 1

The first winter weekend was organized in 2012 by Maureen Kelly and Luther and Joyce Wallis. Over the last five years we got to explore the trails that were snow-covered, icy, or free from snow and ice. It doesn't make a difference; we always have a great time. The fifth annual winter weekend took place from February 10 to 12.

Friday afternoon was reserved for unloading our gear, finding a room in one of the two cottages, socializing, and exploring the trails near the cottages. Our meals for the weekend were planned and prepared by Sandy, Lysa, and Sue. Because of their terrific preparation, recipes, and fantastic cooking ability, we never went hungry.

On Saturday, after a hearty breakfast, everyone was looking forward to exploring the trails on skis or snowshoes. Jeannine Audet and Walt Granda were the leaders who guided the cross-country ski and snowshoe trips, and neither wasted any time getting everyone out on the trails.

The 14 inches of fresh snow on the trails and the snow-covered trees gave us that wintery wonderland look that we don't get to experience at home. The snowshoers and skiers returned to the cottage by noon for lunch and a short break, before heading out for the afternoon

adventure. The late afternoon and evening activities were sledding, socializing, games, relaxing, and, most important, eating. After dinner, Jeannine led a yoga session in the North Cottage for those interested in stretching out after a day on the trails.

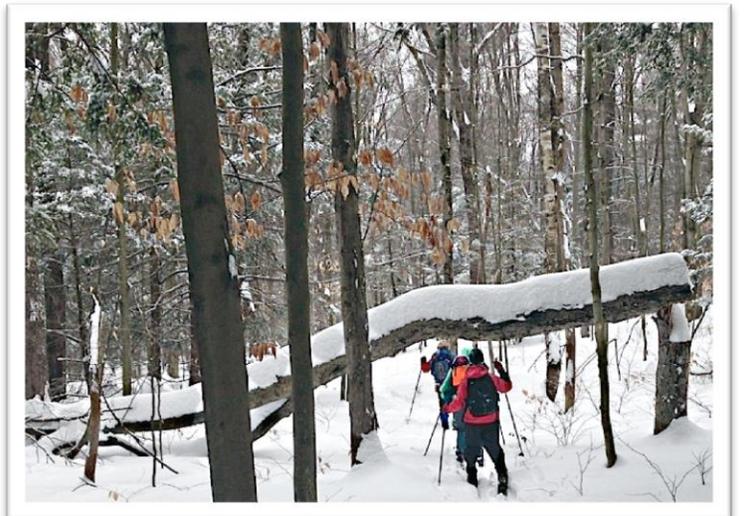
The fun-filled weekend ended Sunday with breakfast, clean up, and packing before heading home, though a few stayed for a quick snowshoe hike before leaving.



Relaxing with great food and friends after a fun, but strenuous day outdoors.

Thanks to all our volunteers who made this weekend a great success, especially Sandy and Lysa for keeping us well-fed, and Sue Mulligan, who was unable to attend.

A great time was had by all, and everyone is looking forward to Noble View 2018!



A fallen tree over the trail creates an arch, not an obstacle.



Deborah, left,
Gretel,
and Hans.



Volunteers of the Month: Deborah Lepore and Hans Luwald

Written by Leslie Carson, Hiking Chair

Each month the SEM recognizes one of our amazing volunteers. We are thankful for the wonderful people who donate their time and energy to lead terrific trips. This month the Hiking Committee recognizes **Deborah Lepore** and **Hans Luwald** for their continuing contributions.

Deborah and Hans have been AMC members for approximately 16 years and became leaders in 2011. Since 2012, they have led more than 30 hikes and are active leaders for the SEM Thursday Morning hikes, which run from September through May. This dynamic duo leads many hikes around such local areas as the Blue Hills, Powissett Farm in Dover, Adams Farm in Walpole, and Pequisett Farm in Canton, to name a few. Recently they were recognized in the *Easton Journal* for one of their Borderland hikes, which attracted more than 25 participants and ended with a reading of a short poem and a social gathering at the visitors' center.

Both Deborah and Hans ski cross country and are members of the Audubon Society. Hans monitors bluebird boxes and demonstrates maple-sugaring at the Moose Hill Wildlife Sanctuary. If you have the opportunity, you may want to join in the fun on one of their upcoming hikes.

Thank you, Deborah and Hans, for all you do!

Hans and Deborah will each receive a Volunteer of the Month certificate and a \$50 gift card.



Dear Friends,

We are pleased to report that the [Cape Cod Commission](#) has issued the draft [Feasibility Study](#) of the extension of the Shining Sea Bikeway to the Cape Cod Canal. The Commission's draft report acknowledges the broad public support that the project has received and provides three alternatives for making the trail a reality.

The three alternatives include "Rail to-trail," "Rail-with-trail," and "Rail-with-trail with at-grade crossings." The "Rail-to-trail" option includes the removal of the existing rails and constructing a paved bike path (the new bike path would utilize the existing bridges). "Rail-with-trail" involves construction of a paved bike path adjacent to the existing rail line (the existing rail would remain active and new bridges would be required for the new bike path). The "Rail-with-trail with at-grade crossings" would include a new bike path constructed beside the existing rail line (the existing rail line would continue to be active). However, instead of constructing new bridges, some low-volume road crossings would be at grade.

We encourage you to review the report and submit any questions and comments to the Cape Cod Commission **by March 15, 2017**. Comments on the draft document may be submitted via regular mail or email to Glenn Cannon, Technical Services Director with the Cape Cod Commission: gcannon@capecodcommission.org.

**Cape Cod Commission Shining Sea Bikeway Study
c/o Glenn Cannon, Technical Services Director
P.O. Box 226
Barnstable MA 02630-0226**

Please make your voice heard! Your support of the project has been critical in advancing the project forward!
<http://www.capecodcommission.org/index.php?id=252>

Cheers,

Friends of the Bourne Rail Trail

Everyone is welcome!

Join the **Southeastern Massachusetts Chapter** of
the **Appalachian Mountain Club** for:

SEM Chapter Open House
Take it Outside with AMC
2017

Saturday, April 15, 2017

[Myles Standish State Forest](#)

Activities

[Nature Walk with a Birder and a Botanist 10:00 - 12:00](#)

[Intermediate Bike, 10:00 - 12:00](#)

[Intermediate Hike - Cherry Pond, 10:00 - 12:00](#)

[Intermediate Hike - The Bentley Loop, 10:00 - 12:00](#)

[Trail Work Event, 10:00 - 12:00](#)

Free Lunch! 12:00-1:00

[Beginner Hike - East Head Loop, 1:30 - 3:30](#)

[Intermediate Hike - Pine Barrens Path, 1:30 - 3:30](#)

[Beginner Bike - Charge and Fearing Ponds, 1:30 - 3:30](#)

[Trail Work Event, 1:30 - 3:30](#)

Questions about Take it Outside with AMC? Email Maureen at mokel773@aol.com or call 508-224-9188.
Visit www.amcsem.org and click on Open House for more information. Register for individual events on our website or by clicking the links above.

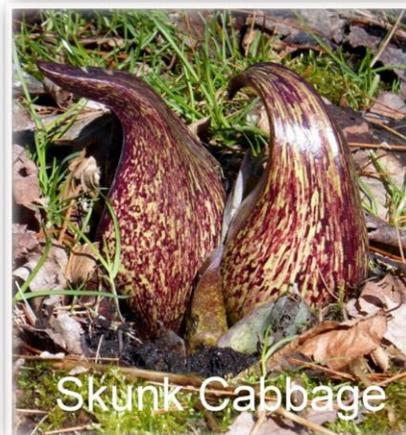
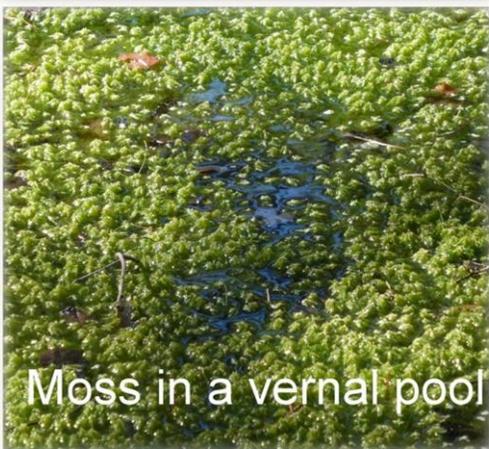
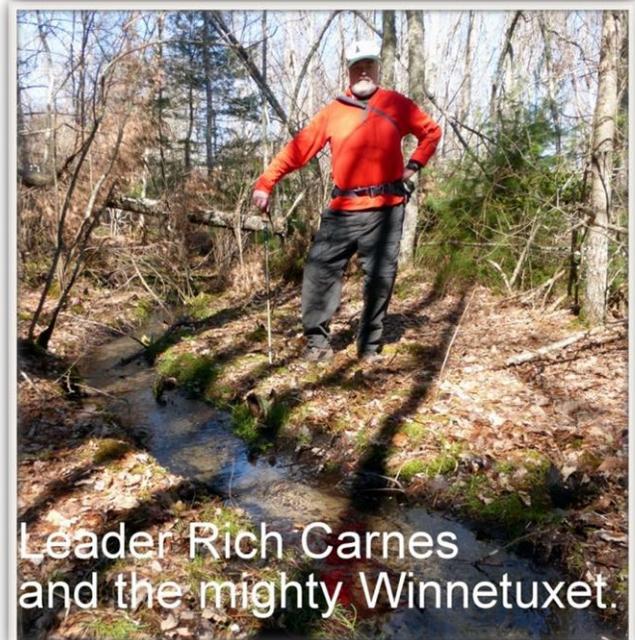


Rich River Habitats Support Rare Species Photos by Greg Gales

A group of AMC Thursday Morning hikers led by Richard Carnes enjoyed a beautiful day March 9th at the 164-acre Striar Conservancy along the lower Winnetuxet River in Halifax.

The preserve supports as many as 90 species of birds, plus deer, fox, and locally-uncommon river otters. The trails meander through mature woodlands and along marshes and streams with views of the second-largest river basin in Massachusetts.

“We saw vernal pools, ponds, feeder streams into the Winnetuxet River, chickadees, skunk cabbage,” said Greg Gales, who provided these photos. “And we heard loud wood frogs—they sound like ducks.”



Winter Cold No Match for SEM Winter Hikers By Paul Miller, SEM Communications Chair

The fourteen intrepid participants in this year's SEM Winter Hiking Series had an opportunity to put their winter gear and skills to the test in our series finale, a two-night stay at the AMC Lonesome Lake Hut above Franconia Notch on the weekend of March 3rd through 5th. As readers might recall, that weekend featured some of the coldest and windiest weather all year, with temps around zero and 20-to-30-mile-per-hour winds—and that was down here in Massachusetts!

Needless to say, the conditions were even more severe up in northern New Hampshire with below-zero temps at night in the (unheated) Lonesome Lake bunkrooms. We certainly were glad that we had hauled our warmest winter sleeping bags up to the hut, along with all our other winter gear and our group food. We were also glad that the Lonesome Lake Hut caretaker kept the wood stove in the main hut stoked for a good part of each day, providing respite from the bitter conditions outside.

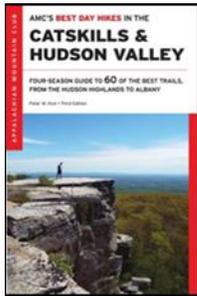
Luckily, while cold and windy all weekend, the winds didn't start to get really wild until later in the day on Saturday and into Sunday morning. As a result, we had a nice sunny hike up to the hut from the trailhead at the Lafayette Place Campground Friday morning. And by layering up appropriately and minimizing exposed skin, we were able to enjoy several hikes from the hut on Friday afternoon and Saturday. Saturday's hikes included one up Fishin' Jimmy Trail toward Kinsman Pond in the morning and up the Lonesome Lake Trail to the Kinsman Ridge Trail in the afternoon. For both hikes, we prudently used appropriate traction (either microspikes or full crampons, as needed) and stayed below treeline. This enabled us to avoid the exposed summit of Cannon Mountain and the somewhat less exposed summit of Kinsman North.

While we couldn't avoid the strong winds encountered on Sunday morning while hiking around the lake for the trip back down to the trailhead, we were only exposed to the worst of the wind for about 20 minutes or so and the rest of the hike out was a just a "walk in the woods" (albeit one carrying full winter packs and with microspikes strapped on to our insulated winter boots).

Not sure about everyone else, but I'm already looking forward to next year's winter series.

From top: 1. SEM Winter Hikers on Lonesome Lake with Franconia Ridge in background. 2. Descending the Kinsman Ridge Trail. 3. Lower Bunkroom at Lonesome Lake hut. 4. Happy Hour in Lonesome Lake hut. *Photos by Mike Woessner*





**AMC's Best Day Hikes in the
Catskills and Hudson Valley, 3rd
Edition: Four-Season Guide to 60 of
the Best Trails, from the Hudson
Valley to Albany**

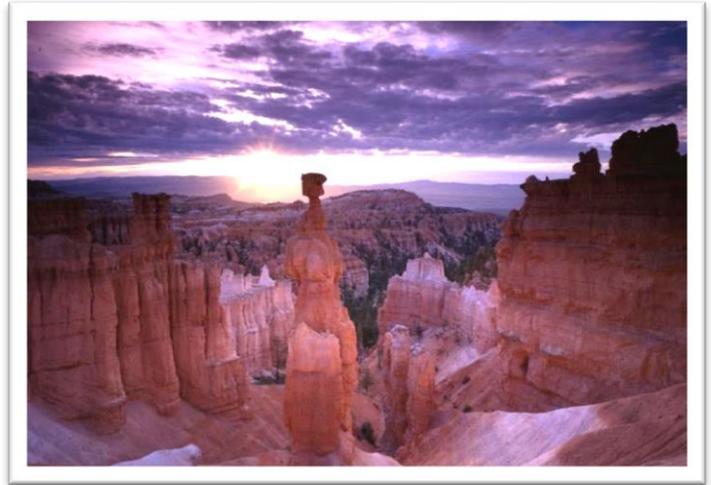
By Peter W. Kick

Available for the first time in rich full color, *AMC's Best Day Hikes in the Catskills & Hudson Valley*, Third Edition, is the go-to guide for hikes in this popular New York region. Encompassing more than 600 miles of trails within just a few hours of New York City, the Catskills and Hudson Valley are a hiker's paradise, boasting varied and scenic terrain from Westchester County to Albany, including Harriman State Park. This fully updated guide leads beginner and experienced hikers alike along 60 of the region's most spectacular trails, from shorter nature walks to longer day hikes. Including GPS coordinates for trailheads, info on parking, natural highlights, and summaries of time, distance, and difficulty, this is the ultimate guide to day-hiking in the Catskills and Hudson Valley.

Inside You'll Find:

- 60 hiking trips for all ability levels and seasons
- At-a-glance trip planner to help you find the trip that's right for you
- Detailed maps showing parking, trails, and highlights
- Summaries of time, distance, and difficulty level for each trail
- GPS coordinates for all trailheads
- Hiking and safety tips, including advice on what to carry in your pack
- Essays on nature and history of the region

About the Author: Peter W. Kick is a native of the Catskill Mountains, a New York State licensed guide, and author of several hiking and cycling guides, including *Catskill Mountain Guide*, *Discover the Adirondacks*, and *Desperate Steps*. Kick's work has also appeared in *Backpacker*, *Sailing*, *Cruising World*, and *Adirondack Life*. He is a lifetime member of AMC and lives in St. George, Maine.



Thor's Hammer at sunrise on a cloudy day in Bryce Canyon National Park. *Photo courtesy of the National Park Service*

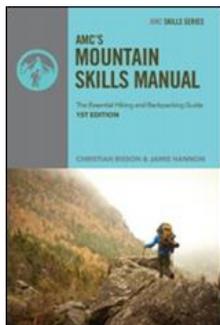
Hiking in Bryce & Zion National Parks

Written by Len Ulbricht

This fall, September 23 to October 1, I will be co-leading an AMC Adventure Travel trip to hike the canyons of Bryce and Zion National Parks. Bryce Canyon, known for its hoodoos and sculpted multi-color landscapes, and Zion, for its narrow steep red rock walls and awesome geological features, offer unique hiking experiences, be they high up on the canyon rim or down on the canyon floor. You can check out details of the trip (and view photos) by clicking on the prospectus link. Email me at lenu44@gmail.com with any questions.



Angels Landing towers 1,488 feet above the floor of Zion Canyon. *Photo courtesy of the National Park Service*



**AMC's Mountain Skills Manual:
The Essential Hiking and
Backpacking Guide**
*By Christian Bisson and
Jamie Hannon*

This comprehensive guide from the nation's oldest outdoors club covers the essential skills every hiker and backpacker must know. Novices will welcome the authoritative advice on trip planning, clothing, gear, food, navigation, setting up camp, and mountain safety, while experienced backpackers will benefit from the detailed discussions of weather, winter skills, ultralight backpacking, and group leadership. All outdoors-lovers will appreciate the thoughtful, comprehensive coverage of land ethics and trail etiquette.

AMC's Mountain Skills Manual is rooted in the best practices taught in the Appalachian Mountain Club's outdoor leadership training programs. Drawing on that wealth of field-tested knowledge, this book helps hikers and backpackers plan for the best but prepare for the worst. Bad weather, accidents, and a host of worst-case scenarios get their due, along with tried-and-true ways of avoiding hazards in the first place.

Whether you want to map out a new adventure in the wilderness, perfect your trail pace and pack weight, or simply plan a weekend of camping and day hikes, this manual is your essential companion to enjoying every moment outdoors.

Inside You'll Find:

- Vital information on weather patterns, land ethics, health, safety, wildlife, and winter recreation
- Essential tips on clothing, gear, first-aid and repair kits, and going ultralight
- Instruction in outdoor skills, from packing and lifting your pack to staying hydrated, compass and celestial navigation, knot tying, bushwhacking, and setting up camp in the backcountry

- Detailed advice on hiking with groups, young children, and people of all ability levels
- Original illustrations, including many step-by-step how-tos, depicting the skills discussed
- Detailed advice on hiking with groups, young children, and people of all ability levels
- Original illustrations, including many step-by-step how-tos, depicting the skills discussed

About the Authors: Christian Bisson (Ed.D.) teaches adventure education at Plymouth State University. He has been an instructor at the National Outdoor Leadership School (NOLS) since 1990, specializing in wilderness backpacking for outdoor educators. He lives in New Hampshire, where he hikes with his wife and children.

Jamie Hannon has been involved in outdoor and adventure education since 1981, guiding and teaching for a range of organizations, including NOLS, the Chewonki Foundation, and the University of Maine's MaineBound. He teaches adventure education at Plymouth State University.

Companion Videos

AMC has created three outdoor skills videos—on planning a day hike, the 10 essentials, and trail etiquette—based on AMC's Mountain Skills Manual. To view these videos, please visit:

- [outdoors.org/planningadayhike](https://www.outdoors.org/planningadayhike)
- [outdoors.org/10essentials](https://www.outdoors.org/10essentials)
- [outdoors.org/trail etiquette](https://www.outdoors.org/trail etiquette)

Ordering Information for AMC Books

AMC Books are available nationwide through booksellers and outdoor retailers, and can be ordered directly from AMC at [outdoors.org/amcstore](https://www.outdoors.org/amcstore) or by calling 800-262-4455. (AMC members receive a 20% discount.) E-book versions are available online through Amazon, iBooks, and Barnes & Noble. AMC Books are distributed to the book trade by National Book Network.

AMC: First in Conservation— Reaffirming Our Values

Written by John Judge, AMC President & CEO

As the nation's oldest conservation and recreation organization, the Appalachian Mountain Club's conservation leadership is needed more today than at any point in our history. From conservation policy and trail stewardship to science-based advocacy and protecting our outdoor places, AMC's time to lead is now.

I have been asked by many people—AMC members and the general public—about how AMC will lead in conservation during these turbulent times. Given threats with the potential to undermine or overturn the good work we have done on everything from air quality to public lands protection, it is important for us to reaffirm our role as a conservation leader.

In the weeks and months ahead, I ask for your support in making America's great outdoors the best it can be: open to all, protected from unwise development, and naturally clean and healthy for generations to come.

We hope to engage you in this important work. Our key strategic themes for conservation leadership include:

Science-based. AMC will continue to lead in policy and advocacy backed-up and supported by science. Our positions are more persuasive because they are supported by our well-known conservation science and research. In addition to a legacy that includes monitoring the impacts of weather and climate in the Northeast's alpine zone for almost 100 years, AMC continues to build its capabilities in other areas, including energy project siting and sustainable forestry.

Outdoor Citizenship. We will engage and rally public support. When many may question whether conservation is a priority, it is critical for citizens to stand-up for the outdoors. In addition to opportunities to galvanize people around policy priorities, we will work to engage people in understanding science, sharing knowledge and love of the natural world, and in leadership opportunities. As our region's premier trails organization, we will maintain, build, and steward a vibrant trails network to connect

people to the beauty and wonder of the outdoors.

Speaking-Out. We will speak out and defend our public lands and waters. These special places belong to all Americans and once they are destroyed there is no going back. AMC will lead the way in these efforts, as we have against the threat of the Northern Pass transmission project in New Hampshire's White Mountains. This mission-centric policy work will include our efforts in cities, suburban areas, and our long-standing work in rural and wilderness areas.

Advocate. We will advocate for public funding and appropriate management policies to secure wise stewardship of the outdoors. We will speak up to strengthen our regional trails network and to create new trails connections. We will work in coalitions to advance important programs like the Land and Water Conservation Fund. We will work to advance projects and policies that expand recreation opportunities, preserve natural areas, foster landscapes that mitigate against the effects of climate change, and lower greenhouse gas emissions.

Maine Woods. AMC has taken an incredible leadership role to preserve, protect and enact AMC's 75,000 acre Maine Woods. With nearly \$70,000,000 invested, this is AMC's biggest conservation effort and a world class conservation model. AMC will work to protect this critical wilderness region and ensure that the Maine Woods leads in sustainable forestry, eco-tourism, outdoor recreational infrastructure, environmental education and conservation stewardship.



Together we have an unprecedented leadership opportunity to elevate the conversation on conservation in our region, our nation, and around the world. Thank you for your continued support, encouragement, and hard work, and for helping AMC lead in conservation for our next 141 years.

Activities

For the most current information, [search activities online](#)

Hiking Key:

C4D

Indicates distance in miles

AA 13+

A 9-13

B 5-8

C less than 5

Indicates pace

1 very fast

2 fast

3 moderate

4 leisurely

Indicates terrain

A very strenuous

B strenuous

C average

D easy

Found in the description

L Activity leader

CL Activity co-leader

FT First Time

NM ... New Members

AN Advance Notice

C Conservation

EDUCATION

Sat., Apr. 8. Leadership Training Workshop Southeastern MA Chapter, 68 Mill Street, Foxboro, MA 02035. This course prepares trip leaders for managing groups they will be leading on AMC sanctioned trips. The course covers leadership styles, trip planning considerations, screening criteria to insure similar group member skills, risk mitigation, and qualifications to become a leader. Non-trip leader candidates are also welcome. It is an all-day course with a mix of classroom and outdoor exercises. Lunch and refreshment breaks are provided. This course is offered at no cost to chapter members. This course will be held at the Foxboro Recreation Department Rec Hall, 68 Mill Street, Foxboro, MA 02035. Topics are presented by experienced AMC trip leaders and staff. This training is required for prospective SEM trip leaders, but is useful for any participant interested in improving their outdoor skills and anyone wishing to become familiar with trip group management. All those interested in this Leadership Training course may also wish to consider Wilderness First Aid training coming up 5/6 and 5/7/2017. L Douglas Griffiths (508-758-4315 after 6 pm, RedDougG@aol.com)

Sat., Apr. 15. Take It Outside with AMC 2017 - AMC SEM's Open House at Myles Standish SF, Myles Standish State Forest, MA. (C) (FT) (NM) Are you a member of AMC but haven't tried any of our activities yet? Good, because we have an Open House for you! Join us at Myles Standish State Forest in Plymouth, MA, on Saturday, April 15, 10:00-3:00 for "Take it Outside with AMC 2017" to meet our leaders and try a hike, some trail work, a nature walk, or a bike. All are welcome; bring a friend. Free lunch to participants. We know once you try it, you'll be hooked. Contact Maureen, mokel773@aol.com for more information. Each activity has a separate listing and you will need to register. Free Parking! L/R Maureen Kelly (508-224-9188 4-8pm, <mailto:mokel773@aol.com>)

Thu., May 4. Blue Hills PHOTO-OP Trek, Thursday Morning, Ponkapoag Pond, Canton, MA. 4 ½ - 5-mi. hike around Ponkapoag Pond with Boardwalk/Bog option. (FT) (NM) Slower pace than usual for photo opportunities and instruction. More frequent stops than usual, in order to "smell the roses". The walk and talk will concentrate on some of the composition and technique aspects of photography. The "Art of Nature" will be the theme during this "Renaissance of The Seasons" hike. Bring Point-and-Shoot and/or DSLR Camera, lunch & water. Sunscreen and bug repellent suggested Limited to 20 hikers - Registration required "No Dogs" please. L Walt Granda (<mailto:wgrand@comcast.net>) CL/R Ken Cohen (508-941-0060 5:50pm to 7:30pm, <mailto:mokel773@aol.com>)

Sat., May 6-7. Wilderness First Aid Two Day Training, 68 Mill Street, Foxboro, MA 02035. Wilderness First Aid is a comprehensive lesson in how to react, respond, and save lives in remote, life-threatening situations. Wilderness First Aid is a two-day class designed for trip leaders, co-leaders, and outdoor enthusiasts. This course teaches the skills necessary to identify and treat medical issues common to wilderness settings and to prepare for long-term care scenarios. This emergency response training includes patient assessment, trauma, musculoskeletal and soft tissue injuries, splinting, environmental emergencies, animal and insect bites, and a variety of other topics. The course is a mix of classroom lecture and practical exercises. Both days are required to certify. Instruction is provided by SOLO, experts in providing wilderness medical training. The course runs 8:00 AM to 4:00 PM both days with an optional CPR course available Saturday at 4:00 PM. The course will be given at the Rec Hall, 68 Mill Street, Foxboro, MA 02035. Contact leader for registration form. L Douglas Griffiths (508-758-4315) After 6 pm, RedDougG@aol.com

Continued on next page

Activities

For the most current information, [search activities online](#)

SOCIALS

Sat., Apr. 15. Take It Outside with AMC 2017 - AMC SEM's Open House at Myles Standish SF, Myles Standish State Forest, MA. (C) (FT) (NM) Are you a member of AMC but haven't tried any of our activities yet? Good, because we have an Open House for you! Join us at Myles Standish State Forest in Plymouth, MA, on Saturday, April 15, 10:00-3:00 for "Take it Outside with AMC 2017" to meet our leaders and try a hike, some trail work, a nature walk, or a bike. All are welcome; bring a friend. Free lunch to participants. We know once you try it, you'll be hooked. Contact Maureen, mokel773@aol.com for more information. Each activity has a separate listing and you will need to register. Free Parking! L/R Maureen Kelly (508-224-9188 4-8pm, <mailto:mokel773@aol.com>)

Thu., May 25. Hike- Long Pond and Picnic, Goodwill Park, Falmouth, Cape Cod, MA. Traverse rolling wooded trails through Falmouth's Town Forest. Enjoy scenic views of Long Pond, a kettle pond formed at the edge of the glacial moraine. Sturdy shoes, plenty of water, sunscreen and tick repellent are strongly recommended. The Cape is a known tick habitat! Poison ivy is also abundant in the woods and along the sides of the trail. You may consider wearing long pants. Meet at 9:45 for trail talk. Hike begins promptly at 10 AM. PICNIC LUNCH to follow hike. Bring your own main course plus a salad, dessert or snacks to share with the group. Call leader with questions 508 243 3884. L Catherine Giordano (508-243-3884 before 9 PM, cmgjordan@msn.com)

BIKING

(NM) Sat., Apr. 15. Take It Outside with AMC 2017- Intermediate Road Cycling, Myles Standish State Forest, Carver, MA. Join the AMC SEM Chapter Open House event with the Friends of Myles Standish at Myles Standish State Forest in Plymouth for a morning (10am-12pm) 20 mile, 13-15 mph intermediate bike ride starting at Cranberry Rd & Lower College Pond Rd and heading out to mostly flat main & secondary roads thru scenic Carver & Middleboro. FREE parking. FREE lunch for all participants. Bring water, snacks. Helmet required. Bike in good working condition. Tires pumped and ready to roll at 10am. L Barbara Gaughan (781-572-1321 before 9 pm, barbaragaughan12@comcast.net, Level 1 SEM bike & hike leader) CL Jeff Hyman (SEM leader in training.)

Sat., Apr. 15. Take It Outside with AMC 2017- Open House beginner/ intermediate bike ride, MA. This will be two loops of a 6 mile ride. On state park paved roads. Some small rolling hills. Average speed will be 8-11 MPH Have your tires pumped up and the bike ready ready to roll for a 1:00 PM start. FREE pre ride bike safety check by leader, Bernie Meggison from noon to 1:00PM. L Bernie Meggison (617-930-4029, thosmeggisons@gmail.com) CL Irene Caldwell (774-454-3361)

SNOWSHOEING

Sun., Mar. 19. SEM Snowshoe #3, Crawford Notch NH. Snowshoe or hike 4051-foot Mount Tom. This will be a moderate-paced 5.7-mile snowshoe with a 2300-foot elevation gain. Enjoy beautiful wooded scenery with some views and a waterfall and everything Crawford Notch has to offer. L/R Anne Duggan (177 Rounseville Road, Rochester, MA 02770; 508-789-5538 before 9 pm; <mailto:abduggan12@gmail.com>) CL Jeannine Audet (milmod@aol.com)

TRAIL WORK

Sat., Apr. 15. Take It Outside with AMC 2017 - Morning Trail Work Event, Myles Standish State Forest, Carver, MA, (C) (FT) (NM) Join AMC SEM Chapter Open House event with the Friends of Myles Standish at Myles Standish State Forest in Plymouth for a Trail Work Event. All events will begin from the Headquarters on Cranberry Rd where there is plenty of free parking. Also, FREE LUNCH for all Open House participants! No experience is needed because we have the right job for you and the experienced leaders to train you. Help open trails for the spring/summer hiking season. Participants bring their own water, snacks, long pants (no matter how hot it is!), sturdy hiking boots, and other clothing appropriate for the weather. The AMC Trail Crew Leaders will provide gloves, trail tools, instruction and supervision. No experience is required to participate, but we encourage beginners and experienced trail volunteers alike. Event will last from 10am-12pm. L Maureen Kelly (508-224-9188 4-8pm, mokel773@aol.com) CL Pete Tierney (mailto:pixtierney@aol.com) CL/R Skip Maysles (781-344-0611 6-9 pm, piks126@yahoo.com)

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Activities

For the most current information, [search activities online](#)

TRAIL WORK

Sat., Apr. 22. Hike and Remove Litter from Four Ponds Conservation Area Bourne (Pocasset), Bourne, MA, In recognition of Earth Day, April 22, 2017 join Nancy Wigley, AMC Life Member/Naturalist and Jane Harding Cape Hike Chair to hike and remove litter along the necklace of trails around ponds of the Pocasset River. This area seemingly untouched by human hands will reveal secrets of its past uses. You will walk where President Grover Cleveland and Calvin Coolidge once fished for Brook and Rainbow trout, stand on a bluff above one of the ponds and view the remains of the fishing camp where their catch was cooked and enjoyed. The walk will take you along paths by the ponds and we will follow the river on its journey to the sea. This area is used by 4th grade students studying forest ecology and AMC will set a good example to show that this area is not the place to dispose of beer bottles etc. Bring gloves, plastic bags will be provided. L Nancy Wigley (<mailto:nrwigley@verizon.net>) L Jane Harding (508-833-2864 before 9 PM, <mailto:janeharding@comcast.net>)

Sat., Apr. 15. Take It Outdoors with AMC 2017 - Afternoon Trail Work Event, Myles Standish State Forest, Carver, MA, (C) (FT) (NM). Join AMC SEM Chapter Open House event with the Friends of Myles Standish at Myles Standish State Forest in Plymouth for a Trail Work Event. All events will begin from the Headquarters on Cranberry Rd where there is plenty of free parking. Also, FREE LUNCH for all Open House participants! No experience is needed because we have the right job for you and the experienced leaders to train you. Help open trails for the spring/summer hiking season. Participants bring their own water, snacks, long pants (no matter how hot it is!), sturdy hiking boots, and other clothing appropriate for the weather. The AMC Trail Crew Leaders will provide gloves, trail tools, instruction and supervision. No experience is required to participate, but we encourage beginners and experienced trail volunteers alike. Event will last from 1:30-3:30 pm. L Maureen Kelly (508-224-9188 4-8pm, mokel773@aol.com) CL Pete Tierney (<mailto:pixtierney@aol.com>) CL/R Skip Maysles (781-344-0611 6-9pm, <mailto:piks126@yahoo.com>)

HIKING CAPE COD

Get your 100-mile patch! Contact hikingchair@amcsem.org.

Always looking for additional hike leaders! Contact <mailto:hikingchair@amcsem.org>

Thu., Mar. 16. Hike Nickerson State Park, Brewster, MA. Late winter hike looking for signs of spring. Enter Nickerson State Park from 6A in Brewster. Park in front lot immediately on R. Two hours. Moderate pace. Meet at 9:45 for 10:00 start. Icy conditions may cancel. L Janet DiMattia (<mailto:jandimattia@verizon.net>), Janet is a long time AMC member who has led hikes both in CT and Cape Cod.)

Thu., Mar. 23. Hike--Four Ponds and Bourne Town Forest, Bourne, MA. This 2 hour approximately 4 mile hike is in the Bourne Four Ponds Conservation Area and adjacent Bourne Town Forest. The terrain is wooded pathways, fire roads, and mountain bike trails with some moderate hills. It offers views of the ponds. L Robin McIntyre (508-789-8252 Before 9 p.m., <mailto:robinmcintyre@comcast.net>), Robin is a second year Level 1 SEM/Cape hike leader with WFA training) L Deborah Hayden (508-548-8726 Before 9 p.m., <mailto:shaferhayden@gmail.com>), Debbie is a second year Level 1 Cape hike leader.)

Thu., Mar. 30. Hike Race Point Provincetown, MA, Provincetown, MA. Hike from Hatches Harbor in Provincetown to Race Pt. Beach for an opportunity to view whales. Bring binoculars and snack to enjoy on beach. We will plan to spend 1 hour on beach and then hike back to parking lot. Hike will be approximately 4.5 miles. Dress for brisk ocean breezes. Call Nancy Braun day before hike 413-297-2785 to check on weather conditions and possible changes. Meet at 9:45 AM for 10 AM start. L/R Nancy Braun (413-297-2785 Before 9 PM, <mailto:nancytruro@comcast.net>),

Thu., Apr. 6. Hike-Barnstable-Bridge Creek Conservation Cape Cod, MA. (C3D) (NM) (AN) Flat terrain, cedar upland, maple swamp and salt marsh, bogs, stone walls. Meet at 9:45AM. 2 hrs. From exit 5 off Rte 6 North on Rt 149. Park along grass triangle on immediate left beside church. L Farley Lewis (508-775-9168 Before 9pm, <mailto:farlewis@comcast.net>)

Thu., Apr. 13. Bell's Neck Conservation Lands Hike, Harwich, Cape Cod, MA. 4.5mi hike on trails surrounding West Reservoir, cranberry bogs, the herring run and salt marsh. Exit 10 to 124S to end. R on 39S x 1.9 mi to Sand Pond prkg on right. Arrive 9:45 a. m. for a 10:00 start. End 12:15. Heavy rain cancels. L Barbara Gaughan (781-572-1321 before 9p.m., <mailto:barbaragaughan12@comcast.net>), AMC SEM Level 1 hike & bike leader.)

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Activities

For the most current information, [search activities online](#)

HIKING CAPE COD

Sun., Apr. 16. Quaker Woods Hike (C4C), West Falmouth, Cape Cod, MA. (FT) (NM) Easy 2-hour hike, stepping back in time 350 years to the site of one of the earliest Cape settlements, and see the first Quaker Burial Ground on the Cape. Depending on time, may also walk a bit on local bike path, West Falmouth Harbor, and possibly beach. Rain cancels. Call leader if in doubt about weather. Kids welcome, as well as adults. Directions: From the north or the east, take Route 28S to the Brick Kiln Road exit. Right at the end of the ramp. After 0.5 miles, turn right at the flashing yellow light onto Route 28A, then go 0.6 miles to a left at Old Dock Road. Go 0.1 miles and park in the lot on the right by the bike path. L John Gould (508-540-5779, jhgould@comcast.net)

Thu., Apr. 20. Hike Hawksnest State Park, Brewster, Cape Cod, MA. Spring hike on wooded trails and dirt roads by ponds in small state park. We will hike approximately 4 miles in 2 hours at a moderate pace. From Rte. 6 - exit 11 turn L at light and immediate R onto Spruce Rd. Park on side of road approximately 1/2 mile down the road. Meet at 9:45 AM for 10 AM start. L Janet DiMattia (jandimattia@verizon.net, Janet is a long time hike leader having been active in both CT chapter and SEM chapter.)

Sat., Apr. 22. Hike and Remove Litter from Four Ponds Conservation Area Bourne (Pocasset), Cape Cod, MA. In recognition of Earth Day, join Nancy Wigley, AMC Life Member/Naturalist and Jane Harding Cape Hike Chair to hike and remove litter on the necklace of trails around ponds of the Pocasset River. This area seemingly untouched by human hands will reveal secrets of its past uses. Walk where President Grover Cleveland and Calvin Coolidge fished for brook and rainbow trout, stand on a bluff above one of the ponds and view the remains of the fishing camp where their catch was cooked and enjoyed. The walk will take you along paths by the ponds and we will follow the river on its journey to the sea. This area is used by 4th grade students studying forest ecology and AMC will set a good example to show that it is not the place to dispose of beer bottles etc. Bring gloves, plastic bags will be provided. L Nancy Wigley (nrwigley@verizon.net) L Jane Harding (508-833-2864 before 9 pm, janeharding@comcast.net)

Sun., Apr. 23. Hike Quashnet River (C3C), East Falmouth/Mashpee, Cape Cod, MA. (FT) (NM) Spend 2 hours walking in a small valley along a stream. May see some herring and trout. Meet at 1245 for 1300 start. Rain cancels, but phone or email leader if any doubt about weather. Kids welcome, as well as adults and new members. L John Gould (508-540-5779, jhgould@comcast.net)

Thu., Apr. 27. Hike Long Nook Truro, Cape Cod, MA. 2 hour hike. Visit AF Base and Jenny Lind Tower. Directions: From Route 6 take Right on Long Nook Rd (1.2 miles after Pamet Rd Exit) and follow to parking lot at the end. Meet at 9:45 and hike 10 am – 12:00 pm. L Richard Kaiser (508-432-3277, rjkaiser@comcast.net) CL David Selfe (kdselife@comcast.net)

Sat., Apr. 29. Moraine Trail Hike, Falmouth, Cape Cod, MA. Nine mile, 5-hour, moderate, one-way, hike along moraine and pond with lunch stop. Meet in Goodwill Park in Falmouth at 0930, and will carpool at 0945 to hike start at 1000. Bring lunch, water, and your favorite tick prevention. Cancelled if rain. Please phone or email leader if any question about cancelling due to weather. L John Gould (508-540-5779, <mailto:jhgould@comcast.net>)

Sun., Apr. 30. Hike Maple Swamp, Cape Cod, MA. Hike historic area which dates back to glacial erosion. This hike has lots of steep climbs and declines with uneven terrain. Hiking boots and poles strongly recommended. Driving directions to start take Rte 6 to exit 3 Quaker Meetinghouse Rd and turn S off of ramp. Take first L onto Service Rd and look for Maple Swamp parking area on R past Mill Ln. Meet at 12:45 PM for 1 PM start. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

Sun., May 14. Hike Santuit Pond, Marston Mills, Cape Cod MA. Join us on Mother's Day for a delightful hike on wooded trails that will give us the opportunity to view a newly refurbished herring run and with some luck we will see rare Birdsfeet Violets blooming around a cranberry bog. Meet at 12:45 PM for a 1PM start. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net, Level 1 hike leader with 3 years' experience. Cape Hike chair for AMC.) L Nancy Wigley (<mailto:nrwigley@verizon.net>, Hike leader with many years of experience.)

Thu., May 18. Hike Herring River, Harwich, MA. Hike wooded trails around 2 reservoirs and cranberry bog. See working Herring Run. From Rte 6 take exit 9A. Follow Rte 134 to 3rd Traffic light and turn L and then take immediate L onto Great Western Rd. Go approx. 3 miles to R on Bells Neck Rd follow about 1/8 mile to reservoir and park on either side of dirt road. Meet at 9:45 AM for 10 AM start. L Janet DiMattia (jandimattia@verizon.net, Janet is a veteran AMC member who has led numerous hikes.)

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Activities

For the most current information, [search activities online](#)

CAPE COD HIKING

Thu., May 25. Hike- Long Pond and Picnic, Goodwill Park, Falmouth, Cape Cod, MA. Traverse rolling wooded trails through Falmouth's Town Forest. Enjoy scenic views of Long Pond, a kettle pond formed at the edge of the glacial moraine. Sturdy shoes, plenty of water, sunscreen and tick repellent are strongly recommended. The Cape is a known tick habitat! Poison ivy is also abundant in the woods and along the sides of the trail. You may consider wearing long pants. Meet at 9:45 for trail talk. Hike begins promptly at 10 AM. PICNIC LUNCH to follow hike. Bring your own main course plus a salad, dessert or snacks to share with the group. Call leader with questions 508 243 3884. L Catherine Giordano (508-243-3884 before 9 PM, <mailto:cmgiordan@msn.com>)

HIKING

Get your 100-mile patch! Contact hikingchair@amcsem.org.

Always looking for additional hike leaders! Contact <mailto:hikingchair@amcsem.org>

Thu., Mar. 16. Thursday Morning Rocky Woods Hike 10:00 AM, Hartford St. Medfield, MA, Hike 6+ miles in Rocky Woods, Medfield, MA Varied terrain with some hills. Open cart paths and trails suitable for socializing as you hike wooded terrain with some good views. The trustee of reservations property, a \$2.00 fee per person may be charged. Bring snack's for a lunch break.. Footwear should be boots, stabilicers, or snowshoes as weather conditions dictate. L Fred Wason (508-838-6049, <mailto:fmwason@verizon.net>)

Sun., Mar. 19. SEM Snowshoe #3, Crawford Notch NH. Snowshoe or hike 4051-foot Mount Tom. This will be a moderate-paced 5.7-mile snowshoe with a 2300-foot elevation gain. Enjoy beautiful wooded scenery with some views and a waterfall and everything Crawford Notch has to offer. L/R Anne Duggan (177 Rounseville Road, Rochester, MA 02770; 508-789-5538 before 9 pm; abduggan12@gmail.com) CL Jeannine Audet (milmod@aol.com)

Tue., Mar. 21. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA, Hike hilly Skyline Trail and adjacent trails on ten successive Tuesday mornings 3/21-5/23, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Moderate to fast pace 3 to 4 hour hike, distance 3 to 8 miles. 9:30 am start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht (<mailto:lenu44@gmail.com>, Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He has summited 44 of the 48 NH 4K peaks and is an AMC Adventure Travel co-leader.)

Thu., Mar. 23. Thurs. Morning Hike - Oldham Trail & Harold Clark Forest, Foxboro, MA. (FT) (NM) Hike the Oldham Trail and Harold Clark Forest in Foxboro. Meet at 10:00 am at parking lot on Rt. 140 across from Sunoco Station. Heavy rain will cancel. Bring lunch or snack and water and wear appropriate footwear. L Muriel Guenthner (508-699-7461 Before 9:00PM, <mailto:murielguenthner@comcast.net>)

Thu., Mar. 30. Thursday AM Ponkapoag Pond Hike, Ponkapoag Golf Course, Canton, MA. (FT) (NM) Meet at 10AM in Ponkapoag Golf Course Parking Lot for a five-mile hike/snowshoe (depending on conditions) around the pond. Bring: water, snack and appropriate footwear. L Deborah Lepore (617-778-4339 before 9 PM, <mailto:DLepore2@GMail.com>) CL Hans Luwald (508-668-0462 before 9 PM, <mailto:Hans.Luwald@Gmail.com>)

Thu., Mar. 30. Bird Street Conservation Land Hike on West Street, Stoughton, MA Opposite # 1239 West Street, New Venue: We will meet at 10:00 am at the Bradley Lessa Playground Parking lot on West Street. We will hike 5 mostly flat miles in this very remote feeling area just south of Stoughton center with a nice lunch spot at a lake. L/R Hans Luwald (508-668-0462 before 9:00 PM, <mailto:Hans.Luwald@Gmail.com>) CL Rachel Thibeault (508-583-5534 Before 9:00 PM, ratebo@yahoo.com)

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Activities

For the most current information, [search activities online](#)

HIKING

Sat., Apr. 1. April Fools Day hike to Mt Greylock, Mt Greylock State Reservation, West Mountain Rd, Adams, MA. No fooling, there is a mountain in Massachusetts as high as 3,491 feet! Explore the highest mountain in MA in early spring, as the first spring flowers poke through the earth. Approaching from the east, (Adams, MA), we will make a loop using the Gould Trail and the Cheshire Harbor Trail. The Gould Trail has some steep, rocky sections, (the State Reservation website lists this as moderate to strenuous). The open summit allows for 60-90 mile views on clear days. Layered clothing and traction for your hiking boots may be required, as we could even be fooled with a snowstorm! Elevation gain: 2100 ft Distance: 6.6 miles RT Time: approx. 5 hrs. L Peggy Qvicklund (774-893-3011, <mailto:qvickan@comcast.net>, Four season hiker, the NH 48 completed, but most importantly enjoy being outdoors with likeminded folks!) L Len Ulbricht (<mailto:lenu44@gmail.com>)

Thu., Apr. 6. Thursday Morning Hike at the Eleanor Cabot Bradley Estate, 2468 Washington St. (Route 138), Canton, MA, (FT) (NM) Join us for a 3 + mile hike in this 90-acre Eleanor Cabot Bradley country estate in Canton, MA. View a majestic home with elegant gardens, fields and woodlands-all the amenities of the turn-of-the-century living in the Neponset River Valley. Dress according to weather forecast for the day of hike. Traction devices may/may not be needed. Bring water, snacks, and lunch. Rain cancels. Directions: From Route 128 (I-93/Route 1), take exit 2A and follow Route 138 south. After crossing bridge (from Route 128 north exit) or coming off exit ramp (from Route 128 south exit), turn into first driveway immediately on right Follow signs to parking lot. L Fred Wason (508-838-6049, fmwason@gmail.com)

Thu., Apr. 13. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM). Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

Sat., Apr. 15. Take It Outside With AMC 2017 - Intermediate Morning Hike- Cherry Pond, Myles Standish State Forest, Carver, MA, (C) (FT) (NM). Join AMC SEM Chapter Open House event with the Friends of Myles Standish at Myles Standish State Forest in Plymouth for an Intermediate Hike to Cherry Pond. All events will begin from the Headquarters on Cranberry Rd where there is plenty of free parking. Also, FREE LUNCH for all Open House participants! Cherry Pond is a scenic little pond north of College Pond in Myles Standish State Forest. An unmarked trail leads to Cherry Pond and continues into a valley running east and west for a mile. The trail returns via a tall pine plantation. This hike is only about 3 miles but if we get going on time, we can easily add another mile or two. We will have about a 5 minute carpool from headquarters to the hike start. L John Bescherer (508-742-7973 Before 9pm, <mailto:johnbescherer@gmail.com>, John has been leading hikes in Myles Standish State Forest since 2010 and has tried to explore every corner of the gigantic park. He began leading for the AMC in 2016 in order to show some of the best parts of it to AMC members.) L Leslie Carson (<mailto:lrc929@comcast.net>, Leslie is the hiking Chair for the Southeastern Mass AMC)

Sat., Apr. 15. Take It Outside With AMC 2017 - Intermediate Afternoon Hike- Pine Barrens Path, Myles Standish State Forest, Plymouth, MA, (C) (FT) (NM). Join AMC SEM Chapter Open House event with the Friends of Myles Standish at Myles Standish State Forest in Plymouth for an, Intermediate Hike to the Pine Barrens Path. All events will begin from the Headquarters on Cranberry Rd where there is plenty of free parking. Also, FREE LUNCH for all Open House participants! For this intermediate hike, we will hike the prettiest half of the Myles Standish Pine Barrens Path. The Pine Barrens Path is about 8 miles long and was marked in 2016. It is shown on the 2016 state-issued map of Myles Standish. (link below) We will do a portion of the southern half of the trail. The hike will be about 5 miles long. We will carpool to the start from headquarters after lunch is concluded. (Lunch starts at 12pm.) Everyone is welcome, members and non-members. L John Bescherer (508-742-7973 Before 9pm, <mailto:johnbescherer@gmail.com>, John has been leading hikes for the Friends of Myles Standish since 2010. He has attempted to explore every corner of the gigantic park and wants to show the best of it to AMC members.) L Eva Das (borsody@gmail.com)

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Activities

For the most current information, [search activities online](#)

HIKING

Thu., Apr. 20. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

Thu., Apr. 20. Thurs Morn. Hike - Wallomonopoag Conservation Area, Wallomonopoag Conservation, Elysium St., Wrentham, MA. (C) (FT) (NM) Meet 10:00 am in Conservation Area parking lot off of Elysium St. Wrentham. Bring water, snack or lunch & sturdy footwear. Rain cancels. Great blue rookery and eskers and possible sighting of deer. L Muriel Guenther (508-699-7461 Before 9:00pm, <mailto:murielguenther@comcast.net>)

Thu., Apr. 27. Thursday Morning Hiking in the Blue Hills, Blue Hills Reservation, Milton, MA. (FT) (NM) A 5 mile hike in the Blue Hills on the Red Dot Trail that is marked by rugged, rocky loops over hilly terrain. L Sue Chiavaroli (508-496-6452 7PM-9PM, <mailto:brillo6452@yahoo.com>)

Thu., May. 4. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

Thu., May. 11. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

Thu., May 11. Thursday Morning Hike - World's End, Hingham, MA, (C3C) (FT) (NM). Meet at 10am, \$6 pp non-Trustees members. Moderate 4-5 miles. Explore unique peninsula in Boston Harbor with stunning views, hilly, carriage ways and rocky paths. There could be muddy sections. Wear layers, wind protection, good shoes suitable for weather and conditions. Bring water, snacks/lunch. Directions at <http://www.thetrustees.org/places-to-visit/greater-boston/worlds-end.html>. L Eva Das (borsody@gmail.com)

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Activities

For the most current information, [search activities online](#)

HIKING

Sat., May 13. Woodland End2Ender Hike in the Blue Hills, Southeast, MA. This fun End-to-end hike traverses the Blue Hills from the Northernmost end of Fowl Meadow in Canton to Shea Ice Rink in Milton, stopping at Houghton's Pond for a leisurely lunch. We will avoid the summits and generally stick to well-maintained trails in the wooded lowlands. The total distance is 11 miles and we will hike at a moderate pace ideal for walking and talking at the same time. Other than a short section around Little Blue and Great Blue Hill the trails will be flat or gently inclined. This popular hike is limited to 24 people so register early to avoid being waitlisted. Also, since we are keeping to lowlands, heavy rain or flooding will cancel. Lastly, one of the leaders, Paul, will have his well-behaved dog with him, if you wish to bring your dog, please discuss during registration. L Paul Brookes (603-799-4399 After 7am and before 9pm [mailto: PaulBrookes1966@outlook.com](mailto:PaulBrookes1966@outlook.com), Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, <mailto:camaccurtain@aol.com>) L Walt Granda (<mailto:wgrand@aol.com>), L/R Pat Achorn (plachorn@me.com)

(FT) (NM) Thu., May. 18. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

(FT) (NM) Thu., May 25. Thursday Morning Hike at Ell/Long Pond, Hopkinton,RI, Fisherman's Parking Lot, Canonchet Road, Hopkinton, RI. A 4-5 mile hike along the Narragansett Trail in RI. The hike scrambles up and down through paths of rhododendrons, hemlocks, and mountain laurel. Part of the hike will be a scramble up a rock formation with a great view of Long Pond where the movie Moonrise Kingdom was filmed. L Sue Chiavaroli (508-496-6452 7PM-PM, <mailto:brillo6452@yahoo.com>)

(FT) (NM) Thu., May. 25. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

(FT) (NM) Thu., Jun. 1. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

(FT) (NM) Thu., Jun. 8. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

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HIKING

(FT) (NM) Thu., Jun. 15. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

(FT) (NM) Thu., Jun. 22. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

(FT) (NM) Thu., Jun. 29. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

(FT) (NM) Thu., Jul. 6. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

(FT) (NM) Thu., Jul. 13. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

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HIKING

(FT) (NM) Thu., Jul. 20. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

(FT) (NM) Thu., Jul. 27. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

(FT) (NM) Thu., Aug. 3. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

(FT) (NM) Thu., Aug. 10. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

(FT) (NM) Thu., Aug. 17. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

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HIKING

(FT) (NM) Thu., Aug. 24. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

(FT) (NM) Thu., Aug. 31. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

(FT) (NM) Thu., Sept. 7. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

(FT) (NM) Thu., Sept. 14. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

(FT) (NM) Thu., Sept. 21. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. (FT) (NM) Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (<mailto:jpkeo24@gmail.com>) L Paul Brookes (603-799-4399 After 7am and before 9pm, <mailto:PaulBrookes1966@outlook.com>, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (<mailto:swartz@brandeis.edu>), R Sue Svelnis (781-849-9299 before 9 pm, <mailto:suesvelnis@gmail.com>)

Happy Trails!