



The Southeast Breeze

The Newsletter of the Southeastern Chapter of the Appalachian Mountain Club | February 2017

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Please send your Word doc and photographs to
breeze.editor@amcsem.org.

Please send photos as separate attachments, including the name of each photographer. Include the words "Breeze Article" in the subject line.

Shop the Breeze Market for equipment bargains!

Members looking to sell, trade, or free-cycle their used equipment can post for free.

Business advertisements are just \$15/month. Send inquiries to breeze.editor@amcsem.org



Back from the snowy summit of Mount Pierce, from left: Carlos Pena (standing), Maren Rojas (kneeling), Les Lechowicz (sitting), Denise Haskins (kneeling), Candace Reich (pink hat), Tom Garrahan (thumbs up), Maureen Kelly (green coat standing), Christine Racine (green coat kneeling), and Barry Young. *Photo by Les Lechowicz*

SEM Winter Hiking Series Update

Participants in the popular SEM Winter Hiking Series hiked through snow and cold Feb. 4th to the summit of Mount Pierce (4310') in the Crawford Notch, NH, region of the White Mountains. This was the third hike in the series open to members who attended the Winter Hiking Workshop in November and others with significant winter hiking experience.

The fourth and final trip in the series is a March 3-5 overnight in the White Mountains, NH. On Friday, the group will hike into the AMC Lonesome Lake Hut from the Lafayette Campground in Franconia Notch. There will be time to explore the beautiful Lonesome Lake area before enjoying "social hour" and group-prepared dinner in the hut. Following breakfast on Saturday, leaders will offer one or more hikes to nearby peaks. After returning, the group(s) will get together for a social hour and group-prepared dinner. After breakfast on Sunday, the group will pack up and hike back down to the trailhead for the drive home. Preference will be given to those who participated in the SEM Winter Hiking Workshop and earlier hikes in this winter series. See Activities listings for more details. **More photos on page 8.**

View from the chair



Let it Snow!

Just because the lyrics to the song say “Oh, the weather outside is frightful,” that is no reason to stay inside. Your dedicated and knowledgeable leaders have plenty of outside activities planned for February and March. Cape hikes, local hikes, White Mountain hikes—we’ve got it all. Skiing and snowshoeing—you bet! Volunteer opportunities—absolutely!

And now for an inside story. Your Chapter was well represented at the 141st AMC Annual Summit meeting held in Norwood, MA, on January 28th. In addition to myself, members from the Board included Christine Racine, chapter vice chair; Maureen Kelly, past chapter chair; Pete Tierney, trails chair; Bill Cannon, conservation chair; Sandy Santilli, membership chair; and Leslie Carson, hiking chair. Several other leaders, past and present, were also there attending the great workshops and presentations. It is always so impressive to hear about all the great work AMC is doing and hear all the stories from all the volunteers.

And now back outside. Spring is just around the corner and in addition to all the usual hikes, bikes, and paddles, it will be extra busy as we have plans for Leadership Training, Open House, and Wilderness First Aid. But in the meantime, “Let it snow, let it snow, let it snow.”

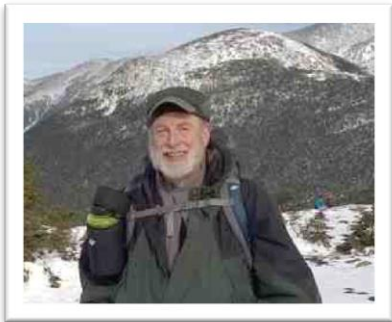
See you all outside!

Barry Young

AMC SEM Chapter Chair chair@amcsem.org

Barry Young, Chapter

Chair chair@amcsem.org



2017 Executive Board

Chapter Chair	Barry Young	Communications Chair	Paul Miller	Membership Chair	Sandy Santilli
Vice Chair	Christine Racine	Communications Vice Chair	Open	Membership Vice Chair	Ed Miller
Secretary	Ann McSweeney	Communications Vice Chair	Kristina Williams	Membership Vice Chair	Ellen Thompson
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Cape Hiking Vice Chair	Cathy Giordano	Hiking Vice Chair	Open	Trails Vice Chair	Wayne Anderson
				Trails Vice Chair.....	Skip Maysles

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Social Director	Open	Webmaster	Cheryl Lathrop
Social Vice Chair	Open	Breeze Editor	Mo Walsh
Social Networking Moderator	Susan Mulligan	Blast Editor	Marie Hopkins

Contact the Chapter Chair at chair@amcsem.org if you're interested



Winter Weekenders Jeannine Audet (Leader), left, Debra Kass, Kathy Blythe, Bruce Eisenhut, Barbara Havumaki, and Paul Audet enjoy a cross-country ramble.

MLK Weekend at Applebrook B & B Written by Jeannine Audet, XC Skiing vice chair

For the 31st year, AMC members gathered for the Martin Luther King Jr. weekend to enjoy cross-country skiing and camaraderie. Organized by the SEM Chapter, 17 members of SEM, NH, and Boston Chapters once again called Applebrook Bed & Breakfast in Jefferson, NH, our home base. Our hosts, Remy & Priscilla, prepared a hearty breakfast each morning and kept the fireplace stoked. Dinners were organized by our leader, Barbara Hathaway.

Saturday, we skied as one group on a brisk but sunny day, along the Ellis River Trail at Jackson Cross-Country Ski Touring Center. The views of the river were beautiful and the small hills provided just enough challenge, as the snow was somewhat packed and icy. *Après ski*, some of the group headed to the Wildcat Tavern for a cocktail, while others did some shopping. Back at the B & B, we regrouped for a dinner of pizza and salad, followed by lively conversation and the Patriots game.

Sunday, after some morning flurries, our group divided at Bear Notch Center. One group chose the lovely, largely flat trails along the river, while the other group skied some more challenging trails in Bartlett that passed

waterfalls and provided some views of the nearby mountains. We then met for a lunch break of Bear Notch's tasty soup and bread. Afterward, the second group skied the river trails, while some chose to snowshoe. Others tried out skis for sale at Great Glen Center. Back at the B & B, we met for happy hour, followed by a delicious dinner of three choices of homemade soups with bread and strawberry shortcake. After dinner, some chose to converse and play games, others to watch more football.

We bade each other farewell Monday morning, to look forward to our next SEM weekend in March at the Old Field House in Intervale, NH.

Leadership Training Offered in April 2017 Written by Doug Griffiths, Education Chair

There is still plenty of space in the next one-day Leadership Training course on Saturday, April 8, 2017. The all-day training, with a mixture of classroom and outdoor exercises, is held at the Foxboro Recreation Department Rec Hall, 68 Mill Street, Foxboro, MA 02035. This course is offered at no cost to chapter members. Lunch and refreshment breaks are provided.

This training is required for prospective SEM trip leaders, but is useful for any participants interested in improving their outdoor skills and anyone wishing to become familiar with group trip management. The course covers leadership styles, trip planning considerations, screening criteria to insure similar group member skills, risk mitigation, and qualifications to become a leader. This course prepares trip leaders for managing AMC sanctioned trips, but non-trip leader candidates are also welcome.

Those interested in this Leadership Training course may also wish to consider Wilderness First Aid training, coming up May 6 and 7, 2017.

To register, please contact AMCSEM Education Chair Doug Griffiths at RedDougG@aol.com or 508-758-4315 after 6 PM.

Wilderness First Aid Training in May 2017 Written by Doug Griffiths, Education Chair

The next Wilderness First Aid two-day training course will be held Saturday and Sunday May 6 and 7, 2017, in Foxboro, MA. The course runs 8:00 AM to 4:00 PM both days with an optional CPR course available Saturday at 4:00 PM. The course will be given at the Rec Hall, 68 Mill Street, Foxboro, MA 02035.

Instruction is provided by SOLO, experts in providing wilderness medical training. Their excellent courses have been well received by AMC members for years and we look forward to continuing to sponsor their trainings.

As usual, we have a lot of interest in Wilderness First Aid from various sources, including Scout troops and leaders. If there are AMCSEM leaders who want to sign up, we will give them preferred status, but I would like to hear of that interest soon. Please contact me ASAP.

Wilderness First Aid is a comprehensive lesson in how to react, respond, and save lives in remote, life-threatening situations. Wilderness First Aid is a two-day class designed for trip leaders, co-leaders, and outdoor enthusiasts. This course teaches the skills necessary to identify and treat medical issues common to wilderness settings, and to prepare for long-term care scenarios. This emergency response training includes patient assessment, trauma, musculoskeletal and soft tissue injuries, splinting, environmental emergencies, animal and insect bites, and a variety of other topics. The course is a mix of classroom lecture and practical exercises. Both days are required to be certified.

The training is required for most AMCSEM trips leaders, but is a great experience for any outdoor enthusiast. I would encourage any AMC trip participant to consider taking this course. You will find it exciting and stimulating.

Pricing is as follows: \$160 AMC for AMC members, \$175 for non-AMC members. Price includes lunch and break service both days. The optional CPR course costs an additional \$35. To register, please contact AMCSEM Education Chair Doug Griffiths at RedDougG@aol.com or 508-758-4315 after 6 PM.

Volunteer of the Month: Dave Selfe



Dave & Kathy Selfe



Written by Cathy Giordano, Cape Hiking Vice Chair

Each month the SEM recognizes one of our amazing volunteers. We are so fortunate to have people give their time, energy, and resources to make our chapter one of the best! This month the Cape Hiking Committee recognizes Dave Selfe for his numerous contributions.

Dave has been a gold star participant in at least 80% of Cape hikes, logging nearly 400 miles as part of the 100 Mile Club. Dave's artistic eye captures Mother Nature's beauty in photos he takes along the trails, and he generously shares them with appreciative fellow hikers.

His GPS maps are used by leaders to scout and review hikes, as well as to assist with developing new hiking routes. Dave also actively recruits new hikers and welcomes them into the group. Finally, he is a proud supporter of SEM activities. Dave and his wife, Kathy, attended the Annual Dinner in November and have already signed up for the Welcome Spring Pot-Luck in March.

Thanks for all you do, Dave!

Dave will receive a Volunteer of the Month certificate and a \$50 gift certificate.

Registration Open for Spring End2Ender

Written by Paul Brookes, Hike Leader

This fun End-to-End hike traverses the Blue Hills from the northernmost end of Fowl Meadow in Canton to Shea Ice Rink in Milton, with a stop at Houghton's Pond for a leisurely lunch. We will avoid the summits and generally stick to well-maintained trails in the wooded lowlands. The total distance is 11 miles, and we will hike at a moderate pace ideal for walking and talking at the same time. It's a beautiful hike to do in the spring, since the woods are alive with spring flowers and the twitter, croak, and grunt of new life.

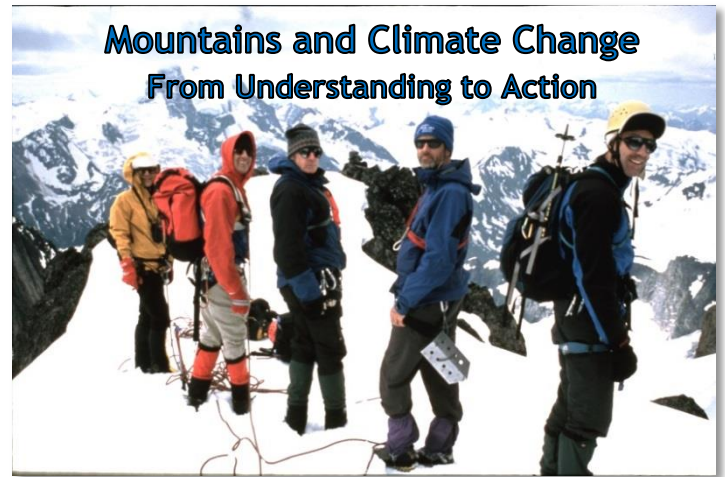
Other than a short section around Little Blue and Great Blue Hill, the trails will be flat or gently inclined. This popular hike is limited to 24 people so register early to avoid being wait-listed. Also, since we are keeping to lowlands, heavy rain or flooding will cancel. Lastly, one of the leaders, Paul, will have his well-behaved dog with him, if you wish to bring your dog, please discuss during registration.

Pat Achorn is the registrar for this hike, as she has been for the White Lining series. Here's the [registration link](#).

If you've been approved for White Lining, she will consider you already screened for the Woodland end-2-end so you just need to email her at plachorn@me.com.



FOR SALE: Outdoor Research Men's Crocodile Gaiters. Brand new, unused, XX-Large, black, 100% Nylon Bottom Shear Tab Secures Front Closure, Durable, waterproof, and breathable, Abrasion Resistant Cordura Inner Leg and Boot, Larger Circumference Accommodates Plastic Boots, Lightweight and Durable Bio Thane Instep strap. \$45, Dexter Robinson, dexpcdoc@gmail.com.



Mountains and Climate Change From Understanding to Action

Yuki Fujita, left, Paul Dale, Tom Carey, Richard Doucette, and Tom Boydston on the summit of Pioneer Peak, Northern Adamants, British Columbia.
Photo by Chris Dame

Written by Paul Dale, Boston Chapter

I have been a climber, skier, and mountaineer for over 40 years and active with the AMC for decades. I have served as vice chair, chair, and now former chair of the Boston Chapter. In thinking about what is the most important way in which I can give back to other outdoor enthusiasts and to future generations, including my kids, addressing the problem of climate change is by far the most important.

I have spent the last year learning about the options and programs to deal with this challenge, and participating in climate change activities. I have dedicated myself to writing a series of articles that I hope will educate you about energy and climate change initiatives in Massachusetts, and thus move you from agreeing that climate change is a problem to taking action to deal with it, both personal and political. I want to provide easy to follow guidance on how to be effective in the fight for a better future. The first article lists personal things you can do (other than the standard call to install low wattage light bulbs).

The first article in the series begins on the next page.

10 Things You Can Do About Climate Change

Written by Paul Dale, Boston Chapter

2017 is here with record global warmth and record risk to our national commitment to address climate change. Many of us are frustrated by the feeling that whatever action we take will be insignificant. The problem is so large, how can one person make a difference? Your efforts **will** make a difference, more so than you might think. The U.S. has the 11th largest per capita carbon footprint of 204 countries ranked. Just like voting, each of us can make a difference, and your decision to do something about climate change makes more of a difference than people in other countries can.

Here are 10 things you can do:

Watch Leonardo DiCaprio's movie "Before the Flood" (1hr 30min): Why? It's eye-opening, informative, entertaining, and available online on YouTube (and it's Leo). Google search for "stream before the flood".

Investigate solar for your home: The investment can pay back in 5 to 7 years. Why? Solar produces clean electricity right on your rooftop with no pollution.

Join the Green Electricity program at Mass Energy Consumer's Alliance: Why? If you cannot go solar, this program ensures your electricity is generated from renewable sources, not fossil fuels. Visit www.massenergy.org/renewable-energy

Eliminate or reduce beef from your diet.: Why? Livestock production is the leading source of methane emissions, a greenhouse gas 72 times more potent than carbon dioxide and it takes 1800+ gallons of water to produce 1 pound of beef.

Avoid packaged or prepared foods that contain palm oil: Why? Palm oil is in 40-50% of household products in developed nations like the U.S. We lose 300 football fields of rainforest per hour clearing land for palm oil production. Forests are a necessary defense against a warming planet.

Drive less: Perhaps carpooling, biking, mass transit, or

walking are options for you. Why? Transportation is now the largest source of emissions in Massachusetts and across the United States.

When buying your next vehicle, consider only electric or hybrid models: Massachusetts offers a \$2500 rebate. See <http://mor-ev.org>. Why? Even when factoring in electricity generation, electric vehicles on average produce 70% less pollution than gas vehicles.

Call or meet with your elected officials: Your legislators have meeting times in your district. Why? They work for you, but they cannot represent you if they do not hear from you. Find your elected officials at <https://malegislature.gov/Search/FindMyLegislator> Don't be shy. The Massachusetts Sierra Club can help you prepare. Email energyactionbrigade@gmail.com with the subject line "Meet my Legislator."

Get informed and stay informed on environmental issues: One way is to subscribe to the EnergyActionBrigade@gmail.com by sending a note with "Subscribe" in the subject line.

Talk to your family, friends, and neighbors about these problems and solutions: Help make climate change a common topic of discussion for Massachusetts residents. State level engagement is critical. Host a viewing party of "Before the Flood" at your local library, school, or function hall. Or volunteer by sending a message to EnergyActionBrigade@gmail.com with "Volunteer" in the subject line.

Look for future climate change articles focusing on what we can do in Massachusetts. If you don't want to wait, learn about the Renewable Portfolio Standard (RPS). This program requires that a certain percentage of the electricity provided to you is from renewable resources such as wind and solar. Legislative action to strengthen this program is a top priority now. I'd love to talk with you. Write me a paulbdale@gmail.com or call 617 794-0851.



Teen Trail Crews on Bay Circuit Trail

Do you know a teen who is passionate about conservation?

Cares about making a difference in their community?

Wants to help in our mission to make the outdoors more accessible to all?

Maybe they're not ready to carry heavy packs miles into the backcountry, but they are excited to learn about trail stewardship and construction while enjoying the creature comforts of a front-country campground. If so, spread the word about AMC's Bay Circuit Trail Base Camp Teen Crews! Our BCT teen crews work on beautiful forest conservation areas in outer-Boston during the day, and come back each night to a camp with a swimming pond, bathhouse, and canoes!

We'll offer two crew weeks this summer:

July: Sun 7/23—Fri 7/28

August: Sun 8/6—Fri 8/11

[Sign up now through the Activities Database.](#)



Youth Opportunities NYC Program Update

Two groups from the Boys' Club of New York City are participating in YOP's first-ever Winter Cabin Stay Youth Adventure this February. Eighteen boys from multiple clubhouses throughout the city will learn backcountry snowshoeing, Winter First Aid, and teambuilding at the Mohican Outdoor Center. Two new YOP Members, who completed their Outdoor Leadership Trainings last year, are taking advantage of the Youth Adventure component of YOP NY/NJ where new members co-plan and lead an outdoor experience for their youth in preparation for future independent trips.

Date	Crew Name-Adult Volunteer Vacations FMI: http://www.outdoors.org/volunteer/trails/volunteer-vacations.cfm	Total Spaces	Fee
February 18-25, 2017	Virgin Islands National Park Volunteer Vacation	12	\$450/\$495
March 11-18, 2017	So. California Pacific Crest Trail Crew Volunteer Vacation	10	\$450/\$495
May 21-26, 2017	Lonesome Lake Hut Adult Trail Crew Volunteer Vacation	9	\$385/\$425
June 18-23, 2017	Harriman Outdoor Center Adult Volunteer Vacation	9	\$385/\$425
June 25-30, 2017	White Mountain Adult Base Camp Trail Crew	9	\$310/\$340
July 2-7, 2017	Not Your Parents Trail Crew! U-30	9	\$310/\$340
July 9-14, 2017	White Mountain Adult Base Camp Trail Crew	9	\$310/\$340
July 16-21, 2017	White Mountain Women's Spike Trail Crew	9	\$310/\$340
July 23-28, 2017	White Mountain Adult Base Camp Trail Crew	9	\$310/\$340
July 30-August 4, 2017	White Mountain Adult Spike Trail Crew	9	\$310/\$340

Poetry and Motion

Patriot Ledger reporter Sue Scheible, an AMCSEM member, shared with her readers the delight of a recent Thursday hike in Borderland State Park with leaders Hans Luwald and Debbie Lepore. Debbie recited a poem by Mary Oliver at journey's end, and then the leaders hosted a social gathering in the Visitors' Center. [Read the article here.](#)

Summiting Mount Pierce



Still having fun.



Where are we?



Packs on! *Photos by Les Lechowicz*



Second thoughts?



At the Top!

Medawisla Lodge, Cabins Open July 1

GREENVILLE, Maine— The Appalachian Mountain Club (AMC) is set to re-open Medawisla Lodge and Cabins July 1 following a major two-year reconstruction project. This “off the grid” destination, located on the shore of Second Roach Pond near Kokadjo, will again offer hiking, paddling, fly-fishing, wildlife watching, and skiing opportunities as well as new options for mountain biking and canoe camping. Guests will find a newly built waterfront pavilion, central lodge with water views for dining and programs, as well as nine new private cabins.

Medawisla Lodge and Cabins will connect to AMC’s two other Maine Wilderness Lodges, Little Lyford and Gorman Chairback, and the family-run West Branch Pond Camps, through a 130-mile trail network built and maintained by AMC. These trails are open to guests and the general public, and offer a range of lodge-to-lodge hiking, biking, and skiing adventures.

Reservations can be requested online at www.outdoors.org/lodging-camping/Lodges/medawisla/index.cfm, or by calling (207) 358-5187. AMC’s Maine Wilderness Lodges are open to the general public.

Guests will find a range of overnight options, from deluxe cabins with private bath to more traditional cabins with shared bath to a bunkhouse suitable for groups. Four-course dinner, breakfast, and trail lunch are included in most cabin rates, with linens and hot showers available. Several cabins and one bunkhouse will include kitchens, providing a self-service option for guests who wish to prepare their own meals.

Guests can enjoy miles of cross-country skiing, hiking, and paddling just steps from their cabin door. Adventurers can use Medawisla as a starting point for overnight and multi-day paddling trips using remote campsites created by AMC’s Maine Chapter members on Second, Third, and Fourth Roach ponds and Trout Pond.

Nearby day trips include Baxter State Park, Big and Little Spencer mountains, and the new Katahdin Woods and Waters National Monument. Hikers can also take on the challenge of the Moosehead Pinnacle Pursuit by climbing

to the summits of six nearby mountains: Mount Kineo, White Cap, Eagle Rock, Borestone, Big Moose, and Number Four mountains.

AMC lodge staff includes several Registered Maine Guides who will offer scheduled programs and custom guided trips. AMC is also partnering with local guides to offer additional outdoor experiences such as river rafting.



The new Medawisla is a component of AMC’s broader [Maine Woods Initiative](#), an approach to conservation that combines outdoor recreation, resource protection, sustainable forestry, and community partnerships. To date, AMC has purchased and permanently conserved more than 75,000 acres of forest land, all open to the public; created more than 130 miles of rec-reational trails, and opened three sporting camps to the public, established a Forest Stewardship Council-certified sustainable forestry operation that employs local forest products workers and supplies local mills; and developed partnerships with local Piscataquis County schools.



“The new Medawisla was built from the ground up as a premier backcountry destination for outdoors enthusiasts who want to explore—or simply unplug and relax— here in the iconic Maine Woods,” said AMC Senior Vice President Walter

Graff. “We are excited to be bringing new nature-based tourism opportunities to the region.”



Aerial photo of recently conserved Silver Lake lands.
Forest Society of Maine Photo

Popular Forestlands Permanently Conserved for People and Wildlife

BANGOR, Maine—The Forest Society of Maine has teamed up with the Appalachian Mountain Club and the Open Space Institute to acquire and conserve 4,358 acres of forestland surrounding Silver Lake and 12 miles of the West Branch of the Pleasant River in Piscataquis County, Maine. These lands are visited each year by thousands of people from Maine and afar for fishing, hiking, camping, paddling, hunting, snowmobiling, and more. The property’s popular campsites and access to the river and lake are part of the amenities important to the region’s recreational and tourism economies. Public recreational access is now guaranteed forever.

The project safeguards vital river habitat for Eastern brook trout and Atlantic salmon spawning, and habitat for American black duck, Canada lynx, Northern long-eared bat, wood turtle, bald eagle, and many other species of state and national significance. The project additionally protects a 400-acre mature silver maple flood plain forest—one of the largest and best examples in Maine.

These newly conserved lands, adjacent to the historic Katahdin Iron Works, help buffer this state-owned site. Remnants of this operation can still be found. The area also became a popular tourist destination in the 1890s with the Silver Lake Hotel drawing visitors from across

the country. The hotel no longer stands, but the region’s beauty and natural resources persist and are now conserved for future generations.

“The remarkable mix of ecological and recreational values found here made this a high priority project for us, especially as it fills a key gap in the network of two million acres of already-conserved lands in this region of Maine’s North Woods,” said Alan Hutchinson, executive director of the Forest Society of Maine.

The Forest Society of Maine worked with Conservation Forestry—a New Hampshire-based timber investment firm and the owner of these lands since 2009—to develop a conservation future for the property. The Appalachian Mountain Club (AMC) now owns these lands, and the Forest Society of Maine holds a conservation easement on the property.

“Silver Lake and the watershed of the West Branch of the Pleasant River are an ecological treasure trove of plant and animal life. We are honored to be the new stewards of these spectacular lands and waters, and are committed to their protection and accessibility for nature-based recreation,” said Walter Graff, senior vice president of the Appalachian Mountain Club. “This parcel will also allow us to expand our outreach to local youth by providing new and accessible water-based opportunities for canoeing, kayaking, and fishing,” Graff said.

The lands are adjacent to AMC’s 70,000 acres of other conservation holdings in the area which provide the focus for its Maine Woods Initiative.

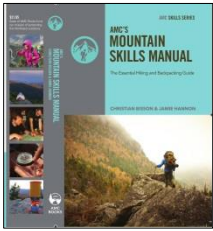
The Forest Society of Maine needed to raise \$4.35 million for this acquisition. Success was made possible with the help of many partners and supporters. Leadership gifts were provided by the Elmina B. Sewall Foundation, Jane’s Trust, the Knobloch Family Foundation, The Nature Conservancy, Sweet Water Trust, and the Wyss Foundation through the Open Space Institute.

The Forest Society of Maine extends its deep gratitude to the people and organizations whose help resulted in permanently conserving these thousands of acres of woods and waters in Maine’s North Woods that are so special to many people and many species of wildlife.

New AMC Books and Maps

Don't miss these new and updated books and maps, available from [AMC Books](#) in spring 2017.

All New Books



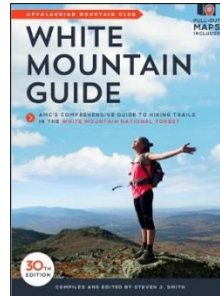
**AMC's Mountain Skills Manual:
The Essential Hiking and
Backpacking Guide**
*By Christian Bisson and
Jamie Hannon*

This comprehensive guide, from the nation's oldest outdoors club, covers the essential skills every hiker and backpacker needs to know. Novice and experienced outdoorspeople will appreciate this authoritative resource on trip planning, gear, food, navigation, and mountain safety, as well ways to be an active steward of our trails and natural resources. *AMC's Mountain Skills Manual* is rooted in the best practices taught in the Appalachian Mountain Club's outdoor leadership training programs. Whether readers want to map out a new adventure in the wilderness, perfect their pace and pack weight, or simply plan a weekend of car camping and day hikes, this guide will be an essential companion to enjoying every moment outdoors. *Available February 10, 2017*

**AMC's Real Trail Meals:
Wholesome Recipes for the Backcountry**
By Ethan and Sarah Hipple

Tired of following up those invigorating hikes with packaged meals full of preservatives? Kick your backpacking menu up a notch with AMC's first ever cookbook. Adopting a practical, easy-to-follow approach, *Real Trail Meals* teaches the basic principles of dehydrating food for preservative-free and trail-stable foods, with icons noting which recipes are vegetarian, gluten-free, kid-friendly, or require kitchen prep ahead of time. Each recipe comes with a breakdown of nutrition to pack weight, giving you the most nutrient-dense bang for your buck. *Available April 2017.*

Newly Updated AMC Books & Maps



**White Mountain Guide: AMC's
Comprehensive Guide to Hiking
Trails in the White Mountain
National Forest, 30th Edition**
*Compiled and edited
by Steven D. Smith*

With its 30th edition, AMC's *White Mountain Guide* marks its 110th year of serving hikers. This comprehensive guidebook is the most trusted resource for the hiking trails of the magnificent White Mountain National Forest and surrounding regions. The 30th edition has been thoroughly updated and revised, prioritizing easy-to-read at-a-glance stats for every hike. You'll find accurate descriptions of more than 500 trails, plus six pull-out topographic maps with trail segment mileage, trip planning and safety information, and a checklist of New England's 4,000-Footers. *Available mid-May 2017*

**AMC's Best Day Hikes near Washington D.C., 2nd
Edition: Four-Season Guide to 50 of the Best Trails
in Maryland, Virginia, and the Nation's Capital**
By Beth Homicz and Annie Eddy

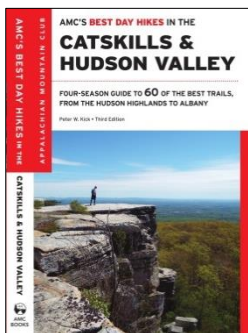
Discover 50 of the best day hikes in the Washington, D.C., area with this fully updated and revised four-season guide from AMC's Best Day Hikes series. This book is a must-have resource for shorter walks and day-long adventures along the trails of Washington, D.C.; Maryland; and Virginia. This updated edition features ten new hikes, expanding into the urban areas of Annapolis and Baltimore in Maryland and further south into Virginia's George Washington and Jefferson national forests. An at-a-glance trip planner highlights the best hikes near public transportation, as well as those for kids and for winter snowshoeing and skiing. GPS coordinates for trailheads make finding hikes a breeze, and updated essays throughout the book provide information on historical aspects of the area. *Available mid-March 2017*
Continued on page 12

Newly Updated AMC Books & Maps

Quiet Water Maine: AMC's Canoe and Kayak Guide to the Best Ponds, Lakes, and Easy Rivers, 3rd Edition

By Alex Wilson and John Hayes

Discover more than 100 spectacular ponds, lakes, and rivers ideally suited for canoeing and kayaking, newly updated for the first time in a decade. This revised edition highlights driving directions; parking; launch information; detailed tour descriptions including time, distance, and difficulty; and extensive notes on flora and fauna. Suitable for both beginner and experienced paddlers alike, *Quiet Water Maine* showcases this rugged state's most serene and spectacular paddling trips in a comprehensive, user-friendly format. *Available late April 2017*



AMC's Best Day Hikes in the Catskills and Hudson Valley, 3rd Edition: Four-Season Guide to 60 of the Best Trails, from the Hudson Valley to Albany

By Peter W. Kick

Available for the first time in rich full-color, this title is readers' go-to guide for hikes in this popular New York region, encompassing more than 600 miles of trails within just a few hours of New York City. This fully updated edition—now including Harriman State Park—leads beginner and experienced hikers alike along 60 of the region's most spectacular trails, from shorter nature walks to longer day hikes. An at-a-glance trip planner highlights the best hikes near public transportation, as well as those for kids, pets, and winter snowshoeing and skiing, while each hike description includes GPS coordinates for trailheads; information on time, distance, and difficulty; and a trail map. *Available mid-February 2017*

AMC Books and Maps

AMC's Best Day Hikes near Boston, 3rd Edition: Four-Season Guide to 60 of the Best Trails in Eastern Massachusetts

By John Burk, Alison O'Leary, and Michael Tougias

Available for the first time in vibrant full-color, this indispensable guide has been fully revised and updated to bring you 60 of the best day hikes in the Boston area. Whether you are an avid local hiker or just visiting the city, this book is a must-have resource for shorter walks and day-long adventures. This is not your standard Freedom Trail guidebook to Boston. *Best Day Hikes near Boston* explores the Middlesex Fells and Blue Hills, the infamously soft sands of Crane Beach and Cape Cod, and the secluded forests of eastern Massachusetts. An at-a-glance trip planner highlights the best hikes near public transportation, as well as those for kids, pets, and winter snowshoeing and skiing, while each hike description includes GPS coordinates for trailheads; information on time, distance, and difficulty; and a trail map. *Available late March 2017*

Outdoor Adventures Acadia National Park: Your Guide to the Best Hiking, Biking, and Paddling*

By Jerry Monkman and Marcy Monkman

(*Formerly *Discover Acadia National Park*)

This retooled title puts outdoor activities front and center, highlighting 50 of the best hiking, biking, and paddling trips in Acadia National Park for all ability levels. First-time visitors and veteran explorers alike will enjoy this comprehensive guide to trips on Mt. Desert Island, Isle au Haut, and Schoodic Peninsula, paired with an indispensable pull-out trail map. *Available mid-April 2017*

Continued on page 13

Newly Updated Maps

Continued from page 12

White Mountain National Forest Trail Maps: Presidential Range, Franconia–Pemigewasset, Crawford Notch–Sandwich Range and Moosilauke– Kinsman, Carter Range–Evans Notch and North Country–Mahoosuc

- Available as four individual maps or as a set
 - Now easier to read: larger scale & brighter colors
 - Trail segment mileage
 - GPS-mapped
 - Waterproof & tear-resistant
 - Before-you-go safety, planning & packing tips
- Available March 2017*

White Mountain National Forest Map & Guide, 3rd Edition

- Coverage of the entire White Mountain National Forest
 - Now easier to read: larger scale & brighter colors
 - Trail segment mileage
 - GPS-mapped
 - Waterproof & tear-resistant
 - Before-you-go safety, planning & packing tips
 - 4,000-Footer checklist
- Available mid-May 2017*

Acadia National Park Map, 4th Edition

Coverage of the entire Acadia National Park

- Trail segment mileage
 - GPS-mapped
 - Waterproof & tear-resistant
 - Before-you-go safety, planning & packing tips
- Available mid-April 2017*



One of the wonders of winter hiking—sights like this gray jay almost, but not quite, blending in.
Photo by Ken Carson

Activities

For the most current information, [search activities online](#)

Hiking Key:

C4D

Indicates distance in miles

AA 13+

A 9-13

B 5-8

C less than 5

Indicates pace

1 very fast

2 fast

3 moderate

4 leisurely

Indicates terrain

A very strenuous

B strenuous

C average

D easy

Found in the description

L Activity leader

CL Activity co-leader

FT First Time

NM ... New Members

AN Advance Notice

C Conservation

EDUCATION

Sat., Apr. 8. Leadership Training Workshop Southeastern MA Chapter, 68 Mill Street, Foxboro, MA 02035. This course prepares trip leaders for managing groups they will be leading on AMC sanctioned trips. The course covers leadership styles, trip planning considerations, screening criteria to insure similar group member skills, risk mitigation, and qualifications to become a leader. Non-trip leader candidates are also welcome. It is an all day course with a mix of classroom and outdoor exercises. Lunch and refreshment breaks are provided. This course is offered at no cost to chapter members. This course will be held at the Foxboro Recreation Department Rec Hall, 68 Mill Street, Foxboro, MA 02035. Topics are presented by experienced AMC trip leaders and staff. This training is required for prospective SEM trip leaders, but is useful for any participant interested in improving their outdoor skills and anyone wishing to become familiar with trip group management. All those interested in this Leadership Training course may also wish to consider Wilderness First Aid training coming up 5/6 and 5/7/2017. L Douglas Griffiths (508-758-4315 after 6 pm, RedDougG@aol.com)

Sat., May 6-7. Wilderness First Aid Two Day Training, 68 Mill Street, Foxboro, MA 02035. Wilderness First Aid is a comprehensive lesson in how to react, respond, and save lives in remote, life-threatening situations. Wilderness First Aid is a two-day class designed for trip leaders, co-leaders, and outdoor enthusiasts. This course teaches the skills necessary to identify and treat medical issues common to wilderness settings and to prepare for long-term care scenarios. This emergency response training includes patient assessment, trauma, musculoskeletal and soft tissue injuries, splinting, environmental emergencies, animal and insect bites, and a variety of other topics. The course is a mix of classroom lecture and practical exercises. Both days are required to certify. Instruction is provided by SOLO, experts in providing wilderness medical training. The course runs 8:00 AM to 4:00 PM both days with an optional CPR course available Saturday at 4:00 PM. The course will be given at the Rec Hall, 68 Mill Street, Foxboro, MA 02035. Contact leader for registration form. L Douglas Griffiths (508-758-4315 After 6 pm, RedDougG@aol.com)(508-758-4315 after 6 pm, RedDougG@aol.com)

HIKING CAPE COD

Get your 100-mile patch! Contact hikingchair@amcsem.org.

Always looking for additional hike leaders! Contact hikingchair@amcsem.org

Thu., Feb. 16. Island Pond, Harwich (C3C), MA. Rte 6 Exit 10 Rte 124S. L Old Colony Rd (crosswalk). Park R Harwich Town lot. Meet 9:45. 2 hrs. L Janet Kaiser (508-432-3277 Before 9:00 pm, jtkaiser@comcast.net)

(FT) (NM) Sat., Feb. 18. Hike Crane Wildlife Area in Falmouth, Cape Cod, MA. Come hike with me. Terrain is flat and rolling, with a couple of hills. Hike to Mt. Zig and have a swing in the swing. RT 28S (from Bourne Bridge) to 151 exit. Right at ramp to dirt parking lot on right. Across from animal shelter. 1-3:30pm. Meet at 12:45pm for 1pm start. Contact the leader with any questions. L Linda Church (lchurch@whoi.edu)

Continued on next page

Activities

For the most current information, [search activities online](#)

HIKING CAPE COD

Thu., Feb. 23. Hike--Bourne Sisters, Bourne, MA. This 2 hour approximately 4 mile hike is in the Bourne Conservation Trust areas of the Bourne Sisters and Perry Woods. It also includes a cranberry bog and Town of Bourne Leary Property. The terrain is wooded pathways with frequent moderate rolling hills. We will have views of Back River from the Leary Property. Icy trails may be a reason for cancellation of this hike due to the hills. L Robin McIntyre (508-789-8252 Before 9 p.m., robinmcintyre@comcast.net, Robin is a second year SEM/AMC Level 1 hike leader with WFA training.)

Sun., Feb. 26. Sandy Pond Recreation, West Yarmouth, MA. Route 6, Exit 7S to left on Camp Street, then left on Buck Island Road. Left at Sandy Pond Recreation Area. Meet at 12:45 p.m.. L Janet Kaiser (508-432-3277 before 9:00 p.m., jtkaiser@comcast.net)

Sun., Feb. 26. Ryder Conservation/Lowell Holly Reservation Hike Sandwich, MA. 4-4.5 mi hike thru Conservation areas with frontage on Mashpee & Wakeby Ponds. Footpaths, carriage roads, cpl moderate hills. Rare example of a Cape Cod old-growth forest embellished with plantings by Abbott Lowell. Rt 6 Exit 3 > Quaker Meetinghouse Rd so. x 2.5 mi > LT @ light on Cotuit Rd x 2 mi. Trail head prkg on right. 1 p.m-3-3:30 p.m. L Barbara Gaughan (781-572-1321 before 9 p.m., barbaragaughan12@comcast.net, SEM Level 1 hike/bike leader)

(AN) Sun., Mar. 5. Sandy Pond Recreation, West Yarmouth, Cape Cod, MA. Route 6, Exit 7S to left on Camp Street, then left on Buck Island Road. Left at Sandy Pond Recreation Area. Meet at 12:45 p.m.. L Janet Kaiser (508-432-3277 before 9:00 p.m., jtkaiser@comcast.net)

Thu., Mar. 16. Hike Nickerson State Park, Brewster, MA. Late winter hike looking for signs of spring. Enter Nickerson State Park from 6A in Brewster. Park in front lot immediately on R. Two hours. Moderate pace. Meet at 9:45 for 10:00 start. Icy conditions may cancel. L Janet DiMattia (jandimattia@verizon.net, Janet is a long time AMC member who has led hikes both in CT and Cape Cod.)

Thu., Mar. 23. Hike--Four Ponds and Bourne Town Forest, Bourne, MA. This 2 hour approximately 4 mile hike is in the Bourne Four Ponds Conservation Area and adjacent Bourne Town Forest. The terrain is wooded pathways, fire roads, and mountain bike trails with some moderate hills. It offers views of the ponds. L Robin McIntyre (508-789-8252 Before 9 p.m., robinmcintyre@comcast.net, Robin is a second year Level 1 SEM/Cape hike leader with WFA training) L Deborah Hayden (508-548-8726 Before 9 p.m., shaferhayden@gmail.com, Debbie is a second year Level 1 Cape hike leader.)

(FT) (NM) Sun., Apr. 16. Quaker Woods Hike (C4C), West Falmouth, Cape Cod, MA. Easy 2-hour hike, stepping back in time 350 years to the site of one of the earliest Cape settlements, and see the first Quaker Burial Ground on the Cape. Depending on time, may also walk a bit on local bike path, West Falmouth Harbor, and possibly beach. Rain cancels. Call leader if in doubt about weather. Kids welcome, as well as adults. Directions: From the north or the east, take Route 28S to the Brick Kiln Road exit. Right at the end of the ramp. After 0.5 miles, turn right at the flashing yellow light onto Route 28A, then go 0.6 miles to a left at Old Dock Road. Go 0.1 miles and park in the lot on the right by the bike path. L John Gould (508-540-5779, jhgould@comcast.net)

Thu., Apr. 20. Hike Hawksnest State Park, Brewster, MA. Spring hike on wooded trails and dirt roads by ponds in small state park. We will hike approximately 4 miles in 2 hours at a moderate pace. From Rte. 6 - exit 11 turn L at light and immediate R onto Spruce Rd. Park on side of road approximately 1/2 mile down the road. Meet at 9:45 AM for 10 AM start. L Janet DiMattia (jandimattia@verizon.net, Janet is a long time hike leader having been active in both CT chapter and SEM chapter.)

Sat., Apr. 22. Hike and Remove Litter from Four Ponds Conservation Area Bourne (Pocasset), MA. In recognition of Earth Day, join Nancy Wigley, AMC Life Member/Naturalist and Jane Harding Cape Hike Chair to hike and remove litter on the necklace of trails around ponds of the Pocasset River. This area seemingly untouched by human hands will reveal secrets of its past uses. Walk where President Grover Cleveland and Calvin Coolidge fished for brook and rainbow trout, stand on a bluff above one of the ponds and view the remains of the fishing camp where their catch was cooked and enjoyed. The walk will take you along paths by the ponds and we will follow the river on its journey to the sea. This area is used by 4th grade students studying forest ecology and AMC will set a good example to show that it is not the place to dispose of beer bottles etc. Bring gloves, plastic bags will be provided. L Nancy Wigley (nrwigley@verizon.net) L Jane Harding (508-833-2864 before 9 pm, janeharding@comcast.net)

Continued on next page

Activities

For the most current information, [search activities online](#)

HIKING CAPE COD

(FT) (NM) Sun., Apr. 23. Hike Quashnet River (C3C), East Falmouth/Mashpee, MA, Cape Cod, MA. Spend 2 hours walking in a small valley along a stream. May see some herring and trout. Meet at 1245 for 1300 start. Rain cancels, but phone or email leader if any doubt about weather. Kids welcome, as well as adults and new members. L John Gould (508-540-5779, jhgould@comcast.net)

Sat., Apr. 29. Moraine Trail Hike, Falmouth, Cape Cod, MA. Nine mile, 5-hour, moderate, one-way, hike along moraine and pond with lunch stop. Meet in Goodwill Park in Falmouth at 0930, and will carpool at 0945 to hike start at 1000. Bring lunch, water, and your favorite tick prevention. Cancelled if rain. Please phone or email leader if any question about cancelling due to weather. L John Gould (508-540-5779, jhgould@comcast.net)

Sun., Apr. 30. Hike Maple Swamp, Cape Cod, MA. Hike historic area which dates back to glacial erosion. This hike has lots of steep climbs and declines with uneven terrain. Hiking boots and poles strongly recommended. Driving directions to start take Rte 6 to exit 3 Quaker Meetinghouse Rd and turn S off of ramp. Take first L onto Service Rd and look for Maple Swamp parking area on R past Mill Ln. Meet at 12:45 PM for 1 PM start. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net)

Sun., May 14. Hike Santuit Pond, Marston Mills, Cape Cod MA. Join us on Mother's Day for a delightful hike on wooded trails that will give us the opportunity to view a newly refurbished herring run and with some luck we will see rare Birdsfoot Violets blooming around a cranberry bog. Meet at 12:45 PM for a 1PM start. L Jane Harding (508-833-2864 Before 9 PM, janeharding@comcast.net, Level 1 hike leader with 3 years experience. Cape Hike chair for AMC.) L Nancy Wigley (nrwigley@verizon.net, Hike leader with many years of experience.)

Thu., May 18. Hike Herring River, Harwich, MA. Hike wooded trails around 2 reservoirs and cranberry bog. See working Herring Run. From Rte 6 take exit 9A. Follow Rte 134 to 3rd Traffic light and turn L and then take immediate L onto Great Western Rd. Go approx. 3 miles to R on Bells Neck Rd follow about 1/8 mile to reservoir and park on either side of dirt road. Meet at 9:45 AM for 10 AM start. L Janet DiMattia (jandimattia@verizon.net, Janet is a veteran AMC member who has led numerous hikes.)

Thu., May 25. Hike- Long Pond and Picnic, Goodwill Park, Falmouth, Cape Cod, MA. Traverse rolling wooded trails through Falmouth's Town Forest. Enjoy scenic views of Long Pond, a kettle pond formed at the edge of the glacial moraine. Sturdy shoes, plenty of water, sunscreen and tick repellent are strongly recommended. The Cape is a known tick habitat! Poison ivy is also abundant in the woods and along the sides of the trail. You may consider wearing long pants. Meet at 9:45 for trail talk. Hike begins promptly at 10 AM. PICNIC LUNCH to follow hike. Bring your own main course plus a salad, dessert or snacks to share with the group. Call leader with questions 508 243 3884. L Catherine Giordano (508-243-3884 before 9 PM, cmgiordan@msn.com)

HIKING

Get your 100-mile patch! Contact hikingchair@amcsem.org.

Always looking for additional hike leaders! Contact hikingchair@amcsem.org

Tue., Feb. 14, White Line the Blue Hills series, Blue Hills Reservation, Milton, MA. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for about 4 hours at a moderate pace. Register once and then come when you can, info sheets for registered participants will be emailed the prior week. Have you been Red Lining and would like to try White Lining or do you simply enjoy winter hiking then we hope you consider joining us; it's fun to hike without bugs and is a good way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) CL Pat Achorn (plachorn@me.com), R Pat Achorn (plachorn@me.com)

(FT) (NM) Thu., Feb. 16., 10:00 am Hike/Snowshoe Copicut Woods, Indian Town Rd, Fall River, MA. Meet at 10:00 a.m. Indian Town Rd Parking lot. Required equipment: Hiking boots, rain gear, water and snacks. Heavy rains or snow will cancel. Snow or ice will require microspikes, or snowshoes. This 516-acre property is both a prime destination and the southern gateway to the Southeastern Massachusetts Bioserve. Copicut introduces nature lovers and outdoor enthusiasts to an entire regional ecosystem. Experience forests, streams, and cedar swamps, amid an array of flora and fauna, from deer and coyote darting among stands of hardwoods and conifers, to hawks, owls, and salamanders. L Walt Granda (508-971-6444 before 9:00 PM, wlgranda@aol.com)

Activities

For the most current information, [search activities online](#)

HIKING

Sat., Feb. 18. Mount Israel Snowshoe Hike, White Mountains, Sandwich Notch Road, Sandwich, NH. Mount Israel (2,630 ft.) is an out-of-the-way mountain with exceptional views. It is among the mountains listed in the "52 with a View". It is a moderate hike with roughly 1700' of elevation gain and 4.6 miles round trip.. We will take the Wentworth trail to the summit which will offer spectacular views of the Sandwich range, Squam and Winnepesaukee lakes, and Mount Chocorua. With snow this will be a snowshoe, Without snow, still a great hike. L Ken Carson (508-833-8237 between 10:00am and 6 P.M, kcciii@comcast.net) L Leslie Carson (508-833-8237, ltc929@comcast.net)

(AN) Sat., Feb. 18-20. High Cabin Winter Hiking/Camping Weekend, Mt. Cardigan in Central New Hampshire Lakes Region, NH. Mid-Winter weekend at AMC's High Cabin. Hike up to the cabin on Friday. Spend Sunday exploring Mt. Cardigan. Suitable for seasoned winter hikers ready to take it to the next level. Registration is first come, first serve and a deposit must be sent by January 15, 2017. L Mike Woessner (508-577-4879, stridermw@hotmail.com, Mike is a seasoned hike leader, leading trips for the South Eastern Mass Chapter since 2001. He has hiked all of the 48 New Hampshire 4,000 footers as well as Mt.s Madison in VT., Baxter Peak on Mt. Katahdin in Maine and Mt. Marcy in NY. He has back packed the Grand Canyon and the Great Smoky Mountains. He is certified in Wilderness First Aid and Healthcare provider CRP.) CL TBD , R Mike Woessner (508-577-4879, Stridermw@hotmail.com)

Tue., Feb. 21, White Line the Blue Hills series, Blue Hills Reservation, Milton, MA. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for about 4 hours at a moderate pace. Register once and then come when you can, info sheets for registered participants will be emailed the prior week. Have you been Red Lining and would like to try White Lining or do you simply enjoy winter hiking then we hope you consider joining us; it's fun to hike without bugs and is a good way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) CL Pat Achorn (plachorn@me.com), R Pat Achorn (plachorn@me.com)

Thu., Feb. 23. Ponkapoag Pond Hike, 2167 Washington Street, Canton, MA 02021. Meet at 10:00 am in Ponkapoag Golf Course Parking Lot for a five-mile hike/snowshoe (depending on conditions) around the Pond. Bring water, snacks and appropriate footwear. L Deborah Lepore (617-778-4339 before 9 PM, DLepore2@GMail.com) CL Hans Luwald (508-668-0462 Before 9 PM, Hans.Luwald@Gmail.com)

Thu., Mar. 2. Thursday Morning Hike - Burrage Pond WMA - 15 Hawks Ave, Hanson, Ma Hike in The Burrage Pond WMA in Hanson & Halifax. A three hour, 5 to 6 mile moderate hike on mostly flat sandy trails. This area was once the largest cranberry bog operation in the country and is now being reverted back to wild lands. Bring lunch, water, warm clothing and especially warm windproof head gear as these open spaces can get very chilling in the winter with a stiff breeze. Heavy rain or heavy snow will cancel. Good snow shoeing if weather permits. Please contact leader BEFORE bringing DOGS on this hike. L Richard Carnes (508-947-3204 Before 8 PM, rcarnes2@aol.com)

Fri., Mar. 3-5. Winter Hiking Series Trip #4 - Lonesome Lake Overnight, White Mountains, NH. Join us for the fourth and final trip in our popular SEM Winter Hiking Series. On Friday, we will hike into the AMC Lonesome Lake Hut from the Lafayette Campground in Franconia Notch. After checking into the hut, we will have an opportunity to explore the beautiful Lonesome Lake area before enjoying our "social hour" and group-prepared dinner in the hut. Following our group breakfast on Saturday, we will offer one or more hikes to nearby peaks (probably Cannon Mtn. and or North/South Kinsman). After returning to the hut, we will once again get together for a social hour and group-prepared dinner. After breakfast on Sunday morning, we will pack up our stuff and hike back down to the trailhead for the drive back home. While the hike into the hut from Franconia Notch is relatively short, we will be carrying full winter packs and either hike on Saturday will be relatively challenging. In addition to appropriate winter-rated hiking boots and appropriate (non-cotton) clothing, we will require microspikes, snowshoes, and 10- or 12-point crampons for this trip. Since the bunkrooms are unheated, we well also require a winter sleeping bag rated down to AT LEAST zero degrees F. Participation in the SEM Winter Hiking Workshop and/or significant winter hiking/snowshoeing experience required to participate in this series. For the overnight trip, we will also give preference to those who participated in the earlier hikes in this winter series. L Paul Miller (508-369-4151 before 9:00 pm, paulallenmiller@verizon.net, Paul, an experienced SEM winter hiking leader and instructor, takes great pleasure in introducing three-season hikers to the many pleasures of winter hiking.) L Barry Young (508-339-3089 Before 9 PM, Barry.young@comcast.net)

Activities

For the most current information, [search activities online](#)

HIKING

Tue., Mar. 7, White Line the Blue Hills series, Blue Hills Reservation, Milton, MA. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for about 4 hours at a moderate pace. Register once and then come when you can, info sheets for registered participants will be emailed the prior week. Have you been Red Lining and would like to try White Lining or do you simply enjoy winter hiking then we hope you consider joining us; it's fun to hike without bugs and is a good way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) CL Pat Achorn (plachorn@me.com), R Pat Achorn (plachorn@me.com)

Tue., Mar. 14-, White Line the Blue Hills series, Blue Hills Reservation, Milton, MA. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for about 4 hours at a moderate pace. Register once and then come when you can, info sheets for registered participants will be emailed the prior week. Have you been Red Lining and would like to try White Lining or do you simply enjoy winter hiking then we hope you consider joining us; it's fun to hike without bugs and is a good way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) CL Pat Achorn (plachorn@me.com), R Pat Achorn (plachorn@me.com)

Thu., Mar. 16. Thursday Morning Rocky Woods Hike 10:00 AM, Hartford St. Medfield, MA, Hike 6+ miles in Rocky Woods, Medfield, MA Varied terrain with some hills. Open cart paths and trails suitable for socializing as you hike wooded terrain with some good views. The trustee of reservations property, a \$2.00 fee per person may be charged. Bring snack's for a lunch break.. Footwear should be boots, stabilizer"s or snowshoes as weather conditions dictate. L Fred Wason (508-838-6049, fmwason@verizon.net)

Tue., Mar. 21. Blue Hills Tuesday Spring Conditioning Hike Series, DCR Blue Hills Reservation, Milton, MA, Hike hilly Skyline Trail and adjacent trails on ten successive Tuesday mornings 3/21-5/23, progressively increasing distance, elevation gain and pack weight (optional) to condition for summer hiking season up north. Moderate to fast pace 3 to 4 hour hike, distance 3 to 8 miles. 9:30 am start. Not suitable for beginners. May finish series with extended day hike. Register once for entire series. L Len Ulbricht (lenu44@gmail.com, Len has been an AMC Southeast Mass chapter member since 2008. He leads three season hikes in the White Mountains, both day hikes and multi-day hut trips, and an annual spring conditioning series in the Blue Hills. He has summited 44 of the 48 NH 4K peaks and is an AMC Adventure Travel co-leader.)

(FT) (NM) Thu., Mar. 23. Thurs. Morning Hike - Oldham Trail & Harold Clark Forest, Foxboro, MA. Hike the Oldham Trail and Harold Clark Forest in Foxboro. Meet at 10:00 am at parking lot on Rt. 140 across from Sunoco Station. Heavy rain will cancel. Bring lunch or snack and water and wear appropriate footwear. L Muriel Guenthner (508-699-7461 Before 9:00PM, murielguenthner@comcast.net)

(FT) (NM) Thu., Mar. 30. Thursday AM Ponkapoag Pond Hike, Ponkapoag Golf Course, Canton, MA. Meet at 10AM in Ponkapoag Golf Course Parking Lot for a five-mile hike/snowshoe (depending on conditions) around the pond. Bring: water, snack and appropriate footwear. L Deborah Lepore (617-778-4339 before 9 PM, DLepore2@GMail.com) CL Hans Luwald (508-668-0462 Before 9 PM, Hans.Luwald@Gmail.com)

(FT) (NM) Thu., Apr. 6. Thursday Morning Hike at the Eleanor Cabot Bradley Estate, 2468 Washington St. (Route 138), Canton, MA, Join us for a 3 + mile hike in this 90-acre Eleanor Cabot Bradley country estate in Canton, MA. View a majestic home with elegant gardens, fields and woodlands-all the amenities of the turn-of-the-century living in the Neponset River Valley. Dress according to weather forecast for the day of hike. Traction devices may/may not be needed. Bring water, snacks, and lunch. Rain cancels. Directions: From Route 128 (I-93/Route 1), take exit 2A and follow Route 138 south. After crossing bridge (from Route 128 north exit) or coming off exit ramp (from Route 128 south exit), turn into first driveway immediately on right Follow signs to parking lot. L Fred Wason (508-838-6049, fmwason@gmail.com)

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Activities

For the most current information, [search activities online](#)

HIKING

(FT) (NM) Thu., Apr. 13. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Apr. 20. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(C) (FT) (NM) Thu., Apr. 20. Thurs Morn. Hike - Wallomonopoag Conservation Area, Wallomonopoag Conservation, Elysium St., Wrentham, MA. Meet 10:00 am in Conservation Area parking lot off of Elysium St. Wrentham. Bring water, snack or lunch & sturdy footwear. Rain cancels. Great blue rookery and eskers and possible sighting of deer. L Muriel Guenther (508-699-7461 Before 9:00pm, murielguenther@comcast.net)

(FT) (NM) Thu., Apr. 27. Thursday Morning Hiking in the Blue Hills, Blue Hills Reservation, Milton, MA. A 5 mile hike in the Blue Hills on the Red Dot Trail that is marked by rugged, rocky loops over hilly terrain. L Sue Chiavaroli (508-496-6452 7PM-9PM, brillo6452@yahoo.com)

(FT) (NM) Thu., May. 4. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., May. 11. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

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Activities

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HIKING

Sat., May 13. Woodland End2Ender hike in the Blue Hills, Southeast, MA. This fun End-to-end hike traverses the Blue Hills from the Northernmost end of Fowl Meadow in Canton to Shea Ice Rink in Milton, stopping at Houghton's Pond for a leisurely lunch. We will avoid the summits and generally stick to well-maintained trails in the wooded lowlands. The total distance is 11 miles and we will hike at a moderate pace ideal for walking and talking at the same time. Other than a short section around Little Blue and Great Blue Hill the trails will be flat or gently inclined. This popular hike is limited to 24 people so register early to avoid being waitlisted. Also, since we are keeping to lowlands, heavy rain or flooding will cancel. Lastly, one of the leaders, Paul, will have his well-behaved dog with him, if you wish to bring your dog, please discuss during registration. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) L Patricia-Lee Achorn L Walt Granda (wlgranda@aol.com), R Pat Achorn (plachorn@me.com)

(FT) (NM) Thu., May. 18. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., May 25. Thursday Morning Hike at Ell/Long Pond, Hopkinton,RI, Fisherman's Parking Lot, Canonchet Road, Hopkinton, RI. A 4-5 mile hike along the Narragansett Trail in RI. The hike scrambles up and down through paths of rhododendrons, hemlocks, and mountain laurel. Part of the hike will be a scramble up a rock formation with a great view of Long Pond where the movie Moonrise Kingdom was filmed. L Sue Chiavaroli (508-496-6452 7PM-(PM, brillo6452@yahoo.com)

(FT) (NM) Thu., May. 25. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Jun. 1. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Jun. 8. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

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HIKING

(FT) (NM) Thu., Jun. 15. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Jun. 22. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Jun. 29. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Jul. 6. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Jul. 13. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

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HIKING

(FT) (NM) Thu., Jul. 20. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Jul. 27. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Aug. 3. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Aug. 10. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Aug. 17. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

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HIKING

(FT) (NM) Thu., Aug. 24. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Aug. 31. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Sept. 7. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Sept. 14. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

(FT) (NM) Thu., Sept. 21. Red Line the Blue Hills - Hiking, Blue Hills Reservation, Milton, MA. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8 pm Thursday night. Register once then show-n-go when you can make it. Once you register, an email will be sent to you every week telling you where to meet. This is a great way to end your day, get outside and strengthen your hiking legs and socialize with a nice group of people. This is the 12th year of the Red Line series! L Joe Keogh (jpkeo24@gmail.com) L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Michael Swartz (swartz@brandeis.edu), R Sue Svelnis (781-849-9299 before 9 pm, suesvelnis@gmail.com)

Happy Trails!