



# The Southeast Breeze

The Newsletter of the Southeastern Massachusetts Chapter of the AMC | November 2016

**Get SEM activities delivered right to your email inbox!**

Sign up for the AMC Activity Digest

Email [amcinformation@outdoors.org](mailto:amcinformation@outdoors.org)

Or call 1-800-372-1758

Find past issues of *The Southeast Breeze* on our [website](#).

Like us on [Facebook](#)

Follow us on [Twitter](#)

Have a story for *The Southeast Breeze*?

Please send your Word doc and photographs to [breeze.editor@amcsem.org](mailto:breeze.editor@amcsem.org).

Please send photos as separate attachments, including the name of each photographer. Include the words "Breeze Article" in the subject line.

**Shop the Breeze Market for equipment bargains!**

Members looking to sell, trade, or free-cycle their used equipment can post for free.

**Business advertisements are just \$15/month. Send inquiries to [breeze.editor@amcsem.org](mailto:breeze.editor@amcsem.org)**



**White Line Series: Oh, what fun it is!** Photo by Cathy MacCurtain

## SEM winter programs in the Blue Hills

Written by Cathy MacCurtain, Trails Chair

Help us prepare our adopted Blue Hills trail for winter. The work will include cutting back encroaching vegetation, raking stones off rockwork stairs, and digging out blocked water diversion structures. No experience necessary, and tools will be provided. Called off if it rains.

**When:** Saturday, November 19, 2016, 9:30 am until 1:30 pm

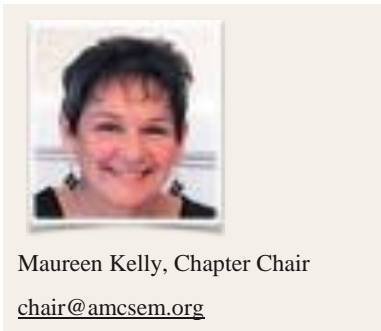
**Where:** Houghton's Pond parking lot, Blue Hills Reservation, Milton, MA

**Leader:** Cathy MacCurtain

**Co-Leader:** Pete Tierney

**Co-Leader/Registrar:** Skip Maysles, [piks126@yahoo.com](mailto:piks126@yahoo.com) or 781-344-0611

*Trails Chair Cathy MacCurtain was interviewed by Harvard Magazine about year-round—especially winter—activities in the Blue Hills Reservation for a November-December 2016 article, "[Destination: Take to the Hills](#)." Among the outdoor delights mentioned in the article, Cathy encouraged participation in the free hikes sponsored by ACM-SEM, particularly the weekly four-hour hiking series she leads with Paul Brookes from December 27 to March 14.*



## View from the chair

Hello SEM Members,

This is my last *View from the Chair* as I step down as Chapter Chair on November 5. I've enjoyed meeting many of you hiking, paddling and in our workshops and trainings. Together we have shared some wonderful times in beautiful New England places. Thank you to all of my activity leaders for getting so many SEM members outdoors.

The incoming SEM Chair is Barry Young, who has the desire and the skills to lead SEM for the next two years. Please give him your help and support as he continues to offer recreation, conservation, and education to the SEM Members. One way to help is to volunteer for our activity committees, our service committees, and membership and social committees. Email [Barry](#) to talk about it.

There are a few seats left if you'd like to join us at the AMC SEM **Annual Meeting and Dinner** on November 5 at the **Brookside Club** in Bourne. AMC President John Judge will be there as well as guest speaker Doug Arion, the AMC astronomer.

I am honored to have been the SEM Chair for the past two years and I will still...

*See you outside!*

Maureen Kelly  
AMC SEM Chapter Chair

## 2016 Executive Board

Chapter Chair .....	Maureen Kelly	Communications Chair .....	Open	Membership Chair .....	Jodi Jensen
Vice Chair .....	Barry Young	Communications Vice Chair .....	Open	Membership Vice Chair .....	Ed Miller
Secretary .....	John Pereira	Communications Vice Chair .....	Kristina Williams	Membership Vice Chair .....	Ellen Thompson
Treasurer .....	Patty Rottmeier	Conservation Chair .....	Joshua Tefft	Paddling Chair .....	Ed Foster
Past Chapter Chair .....	Cheryl Lathrop	Conservation Vice Chair .....	Open	Paddling Vice Chair .....	Open
Biking Chair .....	Bernie Meggison	Education Chair .....	Doug Griffiths	Skiing Chair .....	Barbara Hathaway
Biking Vice Chair .....	Open	Education Vice Chair .....	Open	Skiing Vice Chair .....	Open
Cape Hiking Chair .....	Farley Lewis	Hiking Chair .....	Leslie Carson	Trails Chair .....	Cathy MacCurtain
Cape Hiking Vice Chair .....	Peter Selig	Hiking Vice Chair .....	Open	Trails Vice Chair .....	Wayne Anderson

## Ad Hoc Committee Chairs and Other Chapter Contacts

Social Director .....	Open	Web-master .....	Cheryl Lathrop
Social Vice Chair .....	Open	Breeze Editor .....	Mo Walsh
Social Networking Moderator .....	Susan Mulligan	Blast Editor .....	Marie Hopkins

Contact the Chapter Chair at [chair@amcsem.org](mailto:chair@amcsem.org) if you're interested in any open position.

## Acadia National Park Trail Crew

Written by Kristen Yngve

For 2016 the AMC Trails Department issued an Award Voucher (value of \$425) for an active member in each chapter to participate in a one-week AMC staff-managed Volunteer Trail Crew Program in the Northeast Region. Kristin Yngve, selected by the SEM chapter, reports on her experience at Acadia National Park in Maine.

I had an amazing week, and I'm sure I'll sign up for future trail work weeks.

We worked on building a new section of trail in Acadia to replace a section of trail that was as old as the park. Happy 100th Birthday, Acadia! While some purists argued that the old trail could have simply been improved a bit, the Park's goal was to create a more accessible (wider, smoother, level) trail that more visitors could use.



**Rain or shine, the work goes on.**

Photo by Kristin Yngve



### Cadillac Mountain in Acadia National Park

Wikimedia Photo by [Jr Libby](#)

We learned how to build an effective retaining wall, create a culvert to direct water flow off-trail, and build a lasting pathway with layers of various-sized rocks and dirt. Tool-wise, we:

- used a pick-mattock and rock bar to safely dig up and move large rocks for the retaining wall
- used a cutter-mattock and a grip hoist to remove a stubborn tree stump
- used a double-jack for breaking large rocks and a single-jack for crushing rocks (for creating a stable trail base)
- sourced materials (rocks and dirt) from the immediate surroundings without disturbing the woods within sight of the trail.

Through all that, we learned about conservation philosophies and strategies, saw the impact that even a small group can make within just four days, and simply had fun with a diverse group of fellow nature-loving people.

I put the rain gear Cathy sent me to good use. And I did indeed enjoy my beer at the end of the work day.



Watch Barbara's winning Trip Talk video [here](#).

## Adventure in the White Mountains

Written by Barbara Gaughan

It was my good fortune, as the winner of the trip talk video contest, to receive an AMC gift certificate for two people for two nights at the lodging of my choice. (Thank you, Jeff Hyman, my videographer!) Emboldened by my hikes from Cardigan Lodge on our Chapter Hut Weekend (Thank you, Maureen Kelly and Paul Miller!), and setting aside fears that I had not stayed in one of the high mountain huts for over 30 years, I was ready to get outdoors with AMC for another adventure.

Staying at the Highland Center in Crawford Notch Thursday, we did a warm-up hike. My co-worker hikes the Blue Hills and Borderland, but had never hiked the Whites. The only trail up Mt. Willard is off Rt. 302 behind the Crawford Depot, across the train tracks. The first real cold front of the fall season was forecast, but this day was sunny, warm, and perfect for spending an afternoon on the open ledges at the 2,865-foot summit with views of Mt. Washington, as well as the notch and unusual disc-shaped clouds.

It hadn't been a strenuous day of hiking, but that didn't stop me from enjoying a 4,000 Footer IPA

from the Woodstock Inn Brewery with my dinner back at the Highland Center. The center was to be filled to capacity the next night, but for this night the main dining area was populated with a large group from the German International School Boston with their adult chaperone. Our dining room had about 16 guests. I enjoyed my stay in the Alpine Garden room, and the Highland Center overall with its L.L. Bean décor and AMC photos dating from the 1890's to the present day adorning the walls throughout.

Friday we set out for the hiking hub of Franconia Notch, Lafayette Place Campground. Our destination for the night was Lonesome Lake. It had rained heavily Thursday night and, while no precipitation was falling at the start of our hike, it was raining when we reached the hut via Lonesome Lake Trail. Two hikers were just departing for Cannon, but we opted to play cards, build a jigsaw puzzle, and nap. I filled my head with stories of 150 years of misadventure on the Presidential Range of the White Mountains from Nicholas Howe's *Not Without Peril*, a book on the shelves in the hut.

(Note to self: On your next visit to a high hut, bring a new deck of cards and a new jigsaw puzzle as gifts. I am sure they would be received if I hiked out with one of the many incomplete packs of playing cards and one of the jigsaw puzzles with missing pieces!!)

We had an upper bunkroom to ourselves, as only 17 people were spending the night. And what a night it was for viewing stars, the Milky Way, Cassiopeia, and the moon! The rain had stopped, the skies had cleared, and the temperature dropped to 35 degrees.

The hut crew shared the Mt. Washington Observatory weather forecast Saturday morning over breakfast. (Continued on Page 5)

## White Mountain Adventure

(Continued from Page 4)

Visibility from the summit—130 miles! Summit in and out of clouds under a partly sunny sky with chance of snow showers late. Valley outlook—mostly sunny, lower 60s, NW wind 10-15 mph. We were psyched for a perfect hiking day!

Fishin' Jimmy Trail leads from Lonesome Lake to Kinsman Ridge Trail at Kinsman Junction. We passed the first-come-first-served Kinsman Pond Shelter on our way to the shore of Kinsman Pond, then returned to Kinsman Junction to summit 4,293' North Kinsman via Kinsman Ridge Trail. We were rewarded with the views, obscured as they were by clouds rolling in and clouds rolling out. Glorious!



After lunch on the summit, we opted for the same trails we'd ascended. This is a very popular hike for people with dogs, we discovered. We were back at the trailhead at 3:10 pm. It was then that we met up with what the croo had described as a "hiking club" of 35 that would be filling the hut Saturday night. It was a group of young girls, maybe 8-9 years old, and their adult chaperones, just setting out!

I'll leave you with the joke that 5-year-old Sydney, hiking with her Dad, told us after dinner Friday night.  
Q: "What do you call cheese that is not your own?"  
A: "NACHO CHEESE"!!!!!!

Thank you, AMC, for a wonderful adventure.



**Volunteer of  
the Month:  
Anne Duggan**  
Written by  
Leslie Carson,  
Hiking Chair

Each month the SEM recognizes one of our amazing volunteers. We are thankful for the wonderful people who donate their time and energy leading terrific trips to make our Chapter one of the best. This month, the Hiking Committee recognizes Anne Duggan for her continuing contributions. For those of you who don't know Anne, she:

- is a four season hike leader
- loves to find a swimming hole at the end of a hike
- always packs a bathing suit (except winter)
- has a hand-knit snack sack filled with snacks to share
- enjoys hiking the less crowded Berkshires
- leads at a pace to suit the group
- entertains us with stories of her sheep
- keeps the group engaged so no one feels left out
- likes hiking Mt. Tom with views of western MA, especially during the spring raptor migration
- is partial to winter snowshoe hikes
- volunteers at SEM workshops

Thank you, Anne, for all you do! It is greatly appreciated.

Anne will receive a Volunteer of the Month Certificate and a \$50 gift card.

## Bourne Rail Trail Update:

Dear Friends,

As summer has turned to fall on Cape Cod, we want to send a brief update on the status of the Bourne Rail Trail, and extend our thanks to the growing number of supporters who will help make the vision for the Bourne Rail Trail a reality.

You may have read about the trail in the news recently as it relates to potential future use of the existing rail tracks. As part of the Feasibility Study, the Cape Cod Commission has been reaching out to various stakeholders regarding their interests in future use of the state-owned land. This includes members of the Joint Base Cape Cod Military-Civilian Community Council and the Board of Managers of the Upper Cape Cod Transfer Station. These groups have expressed an interest in maintaining the tracks. This is not surprising, and it does not mean that the trail will not be built. Outreach to these groups is part of the Feasibility Study by the Cape Cod Commission. ***The Study is not yet complete.***

The Friends of the Bourne Rail Trail are interested in exploring ***all options*** for the use of this state-owned land. These include keeping the tracks in place and building a trail adjacent to them, or removing the tracks and building the trail. The most viable option will be the one that provides the greatest benefit to the public (including Bourne residents), is grounded in facts, and is vetted through a transparent public process.

To this end, we are committed to supporting a full and thoughtful exploration of the use of the corridor. We met many of you through our Trail Ambassador Program this summer, the Friends' efforts to raise awareness in Bourne and throughout the Upper

Cape about this tremendous opportunity. If you are receiving this email, count yourself among the trail's earliest supporters. Many of you have wondered how you can help: "Can I give a donation?" "Is there a petition to sign?"

At this point in the process, some of the things that you can do are to talk to friends and neighbors, [write a Letter to the Editor of our local papers](#), and [contact our elected officials](#) at [Allselectmen@TownofBourne.com](mailto:Allselectmen@TownofBourne.com) to let them know that you support the project. Most important, please attend meetings about the project. The Friends will keep you updated.

We anticipate the Feasibility Study will be complete [in late October] and we urge you to stay engaged with this project. We plan to host a community forum this fall, after the Feasibility Study is released, providing an important opportunity for the community to provide feedback on the Study and the vision for the trail.

Thank you so much for your interest, support, and enthusiasm for this project! We look forward to seeing you soon!

### Friends of the Bourne Rail Trail

*John Carroll, Ken Cheitlin, Alice Howe, Steven Johannessen, Kathleen Regan, Nathan Robinson, Russell Salamone* (Photo from website)





Department of Conservation and Recreation  
Commonwealth of Massachusetts

## **Public Meeting Draft Resource Management Plan for the Blue Hills Complex**

Including the following properties:

Borderland State Park  
Blue Hills, Cutler Park, Neponset River, and Wilson Mountain Reservations  
Bristol Blake State Reservation  
F. Gilbert Hills, Franklin, and Wrentham State Forests  
Bridgewater, Rehoboth, and West Bridgewater State Forests

**Thursday, November 10, 2016 - 6:00 p.m. to 7:30 p.m.  
Sharon Public Library, 11 North Main Street, Sharon, MA**

DCR will be presenting an overview of the draft plan's contents and recommendations, and inviting public comments. Prior to the meeting, the draft plan will be available on the DCR website at <http://www.mass.gov/eea/agencies/dcr/conservation/planning-and-resource-protection/rmp/blue-hillscomplex.html>, and review copies will be available during business hours at Blue Hills Reservation headquarters, Milton; Borderland State Park visitor center, North Easton; and Mass Audubon's Stony Brook Wildlife Sanctuary, Norfolk. Additional copies will be made available at local libraries, consult the DCR web page, at the above address, for a list of libraries with public review copies.

Public comments on the draft plan may be submitted to DCR until December 12, 2016, either online at <http://www.mass.gov/eea/agencies/dcr/public-outreach/submit-public-comments/> or by writing to the Department of Conservation and Recreation, Office of Public Outreach, 251 Causeway Street, 6<sup>th</sup> Floor, Boston, MA 02114.

If you have questions, concerns, or would like to be added to an email list to receive DCR project specific or general announcements, email [mass.parks@state.ma.us](mailto:mass.parks@state.ma.us) or call 617-626-4973.

The meeting presentation will be available after November 10, 2016 on DCR's website at <http://www.mass.gov/eea/agencies/dcr/public-outreach/public-meetings/>.

*Join us on Twitter @ MassDCR!*

Reasonable accommodations for people with disabilities are available upon request by emailing Agatha Summons-McGuire at [agatha.summons@state.ma.us](mailto:agatha.summons@state.ma.us) or by calling her at 617-626-1282. Please provide Ms. McGuire with a description of the accommodation you will need, including as much detail as you can, as well as information on how she can contact you if more information is needed. Please allow at least two weeks (14 days) advance notice to Ms. McGuire of a need for reasonable accommodations; last-minute requests will be accepted, but may be impossible to fill. To request materials in accessible formats (Braille, large print, electronic files, audio format), please also contact Ms. McGuire.

## AMC-SEM Member News



### In Memoriam: Robert A. Kennedy III

We are saddened by the loss of our good friend Bob Kennedy. See the full obituary [here](#).

Robert Andrew Kennedy III, 71, of Brockton died peacefully on Friday, October 21, 2016, in the presence of his family after a courageous battle with cancer. Robert, known as Bob or Andy to his family and friends, was born in Brockton, March 11, 1945.

After a long career in engineering, Bob pursued his love for teaching full time, first at Massachusetts Maritime Academy and then at Massasoit Community College for the past 15 years.

Bob lived in Brockton all his life and enjoyed many summers in Chatham creating treasured memories with his children, and in recent years pursuing his joy of biking and hiking.

He will be remembered by many for his unique character, wit and wisdom, small acts of kindness, and above all his devotion to his children and grandchildren.

Coming soon to a trail near you!



Photos by  
Cathy MacCurtain

# Happy Trails!





## Activities

For the most current information, [search activities online](#)

### Hiking Key:

**C4D**

<p>Indicates distance in miles</p> <p>AA .... 13+</p> <p>A ..... 9-13</p> <p>B ..... 5-8</p> <p>C ..... less than 5</p>	<p>Indicates pace</p> <p>1 .....very fast</p> <p>2 .....fast</p> <p>3 .....moderate</p> <p>4 .....leisurely</p>	<p>Indicates terrain</p> <p>A .....very strenuous</p> <p>B .....strenuous</p> <p>C .....average</p> <p>D .....easy</p>	<p>Found in the description</p> <p>L ..... Activity leader</p> <p>CL .... Activity co-leader</p> <p>FT .... First Time</p> <p>NM ... New Members</p> <p>AN .... Advance Notice</p> <p>C ..... Conservation</p>
---	---	--	--

### All-Chapter

Sat., Nov. 5. (FT) (NM) SEM Annual Meeting & Dinner, Brookside Club, 11 Brigadoone Rd, Bourne, MA 02532, Massachusetts, Southeast, MA. Join us for the SEM Annual Meeting & Dinner. We'll have chapter elections, social hour, buffet dinner, awards, raffle and speaker. All members, potential members, and friends are welcome. Buffet is \$20 / person before 10/29. Join us for a fun celebration of the year's events. See the flyer for more details, and to register. L Maureen Kelly (chair@amcsem.org) L Jodi Jensen (781-249-8346, membershipchair@amcsem.org), R See Registration Link below (membershipchair@amcsem.org)

### Bicycling

Sat., Nov. 5. AMC/SEM annual meeting bike ride, Cape Cod Canal, Massachusetts, Cape Cod, MA. Please join us for a short fun ride along the local area roads and the Cape Cod Canal. Will depart from the Brookside Club off Route 28 in Bourne, MA. Start time 2:00 PM. Some short hills but mostly flat. Distance, 15-20 miles, speed 12-15 MPH Please join us for our chapters annual meeting following the ride. Annual meeting event starts at 4:30 PM at the Brookside Club For details, go to AMCSEM.org for the annual meeting details. Or, contact ride leader,. L Bernie Meggison (617-930-4029 8:00 AM - 8:00 PM, thosmeggisons@gmail.com, AMC/ SEM bike chair)

Mon., Nov. 14. Cycle the Beaver Full Moon on the Cape Cod Canal, Sandwich, Cape Cod Canal, Freezer Road Rec Area, Massachusetts, Cape Cod, MA. The Beaver Moon got its name from our native American Indians. This moon is when they would set traps for harvesting meat and furs for the winter months. Ride with our group towards Buzzards Bay and Mashnee Island. Beautiful sunsets, and seeing the moon ride over the Cape Cod bay. Please have lighting at the ready and bikes and tires ready for a 3:30 PM Departure Distance. 22 miles, mostly flat. Pace, 12-15 MPH. L Bernie Meggison (617-930-4029, thosmeggisons@gmail.com)

### Education

Sat., Nov. 5. SEM Winter Hiking Workshop, Lakewood Hills, East Sandwich, MA, Massachusetts, Cape Cod, MA. Do you get bored indoors in the winter with nothing to do? Are you a three-season hiker who has wondered what winter hiking would be like? Then come join us for a fun-filled afternoon with presentations and anecdotes about winter hiking. You will learn about necessary clothing and gear, nutrition and hydration requirements, winter conditioning, winter issues and how to avoid them and why we love to hike in the winter. The workshop is free to all and is a prerequisite (or prior winter hiking experience) to join us for the SEM Winter Hiking Series. Workshop running from 12:00 to 3:00 pm. Join us for the Annual Meeting and Dinner after the workshop at the Brookside Club in Bourne. See the link below. L Leslie Carson (508-833-8237, ltc929@comcast.net)

### Hiking-Cape Cod

Thu., Nov. 3. Hike John's Pond Mashpee, Massachusetts, Cape Cod, MA. Hike around John's Pond through woodlands, wetlands and skirt a golf course. From Rte 151 turn NORTH not South onto Currier Rd then right on Ashumet Rd in a short distance Ashumet bears R but continue straight on Hoopple Rd (unmarked). Continue 1.5 miles and turn R onto Back Rd and follow .06 mile to large beach parking lot. Lunch following hike at Laura's kitchen. L Nancy Wigley (508-548-2362 Before 8 PM, [nrwigley@verizon.net](mailto:nrwigley@verizon.net))

*Continued next page*

## Activities

---

For the most current information, [search activities online](#)

### Hiking-Cape Cod

Sun., Nov. 6. Beebe Woods, Meet at the Conversatory Parking Lot in Falmouth, MA. Go thru lights at Ter Heun, R on Depot to end, Massachusetts, Cape Cod, MA. 2 1/2 hour moderate hike in Beebe Woods. Flat, rolling terrain. An occasional hill or two. Meet at 12:45 for a 1pm start. Bring water, snacks. L Linda Church ([lchurch@whoi.edu](mailto:lchurch@whoi.edu))

Thu., Nov. 10. Hike Hawknest State Park, Harwich, MA, Massachusetts, Cape Cod, MA. Hike through woods around some Cape Kettle Ponds. Take Route 6 to exit 11 and turn S off of ramp. Take Immediate R onto Spruce Rd and drive approximately 0.5 mile and park on shoulder of road. Meet at 9:45 AM for 10 AM start. L Janet DiMattia (508-394-9064 Before 8 PM, [jandimattia@verizon.net](mailto:jandimattia@verizon.net))

Sat., Nov. 12. Hike Herring River, Harwich, Massachusetts, Cape Cod, MA. 3 1/2 hour hike. Bring lunch. Directions: From Route 6 take Exit 9A onto Route 134 South. At third traffic light, turn left onto Upper County Road. Immediately turn left onto Great Western Road. Travel 2.1 miles then park in Sand Pond Parking Lot on left. Meet at 9:45 and hike 10 am - 1:30 pm. L Richard Kaiser (508-432-3277, [rjkaiser@comcast.net](mailto:rjkaiser@comcast.net)), R Richard Kaiser (508-432-3277 before 8 PM, [rjkaiser@comcast.net](mailto:rjkaiser@comcast.net))

Sun., Nov. 13. Hike Monk's Park/Little Bay, Massachusetts, Cape Cod, MA. This 4+ mile hike is through wooded pathways, fire roads, and along beach areas. Views of Mud Cove and Little Bay are seen. Frequent moderate hills. Sturdy hiking shoes a must. L Robin McIntyre (508-789-8252 Before 9 p.m., [robinmcintyre@comcast.net](mailto:robinmcintyre@comcast.net), Robin is a second year Level I SEM hike leader with WFA training.)

Thu., Nov. 17. (NM) (AN) Hike-Barnstable-Crooked Cartway (C3C), Massachusetts, Cape Cod, MA. Wooded walk to The Walker Point Observation Deck. Take Rte. 149 to Rotary at Cape Cod Airport, Marstons Mills. West on Race Lane for 1.1 miles. Right onto Crooked Cartway to end. Meet 9:45AM. 2 hours. Hike 10 am - 12 pm. L Farley Lewis (508-775-9168 Before 9 pm., [farlewis@comcast.net](mailto:farlewis@comcast.net))

Sat., Nov. 19. Hike Barnstable Conservation Land, Barnstable, MA, Massachusetts, Cape Cod, MA. Come hike this hilly area with us. You must pre-register for this hike. Details will be emailed to you. L Catherine Giordano (508-243-3884 before 9 PM, [cmgiordan@msn.com](mailto:cmgiordan@msn.com)) L Pat Sarantis ([patsarantis@gmail.com](mailto:patsarantis@gmail.com))

Thu., Nov. 24. Hike Herring River Dennis/Harwich line, Dennis/Harwich line, Massachusetts, Cape Cod, MA. Build up your appetite for the Thanksgiving feast. Take Rte 6 to Exit 9A and take Rte 134 to 3rd traffic light at Upper County Rd. Turn L onto Upper County Rd and then immediate L onto Great Western Rd. to Depot St. on R. Turn onto Depot St. cross over bike trail and park in small lot on your left. Meet at 9:45 AM for 10 AM start. Happy Thanksgiving. L Janet DiMattia (508-394-9064 Before 8 PM, [jandimattia@verizon.net](mailto:jandimattia@verizon.net))

Thu., Dec. 1. Hike Gray's Beach, Yarmouthport, MA, Massachusetts, Cape Cod, MA. Start at beach boardwalk and hike wooded trails and roads to scenic marsh overlooks and historic cemetery. Directions Rte 6 to exit 8 turn N to 6A. Turn L on 6A and in 1 block turn R on Center St. Go to end follow signs for Gray's Beach. Meet at 9:45 AM for 10 AM start. L Janet Kaiser (508-432-3277 Before 8 PM, [jtkaiser@comcast.net](mailto:jtkaiser@comcast.net))

Thu., Dec. 8. Hike Beebe Woods, Falmouth, MA, Massachusetts, Berkshires, MA. Hike in Beebe Woods passing near ponds and through lovely woods. From the Bourne Bridge head south on Route 28 into Falmouth. Proceed through the intersection at the first traffic light and go approximately 1/2 mile to right on Depot Avenue. Proceed up the hill and pass Highfield Hall to parking area behind Highfield Theater. L Deborah Hayden ([shaferhayden@gmail.com](mailto:shaferhayden@gmail.com))

Sun., Dec. 11. Hike Crowe's Pasture, East Dennis MA, Massachusetts, Cape Cod, MA. Hike through salt marshes around Quivet Creek to bay beach. We will hike to end of bay beach and take scenic roads past historic homes in Quivet Neck. Directions take Rte 6 to Exit 9 B and go through first traffic light on 134. Look for Airline Rd on R and take R. Follow Airline Rd across 6A and turn R on South St and go past cemetery to small parking area on R. Meet at 12:45 for 1:00 pm start. L Deborah Hayden ([shaferhayden@gmail.com](mailto:shaferhayden@gmail.com)) L Jane Harding (508-833-2864 Before 9 PM, [janeharding@comcast.net](mailto:janeharding@comcast.net))

*Continued next page*

## Activities

---

For the most current information, [search activities online](#)

### Hiking-Cape Cod

Thu., Dec. 15. Hike -Mashpee-Mashpee River Woodlands (C3C), Mashpee Neck Rd, Mashpee, MA, Massachusetts, Cape Cod, MA. Wooded walk along Mashpee River. Take Orchard Rd. off Rte.28 to end. Turn R. then quick L onto Mashpee Neck Rd. Go 1.1 miles to Mashpee River Woodlands Pkg.Lot on R. Meet at 9:45AM. Hike 10 am - 12 pm. L Farley Lewis (508-775-9168 Before 9 PM, [farlewis@comcast.net](mailto:farlewis@comcast.net))

### Hiking

Get your 100-mile patch! Contact [hikingchair@amcsem.org](mailto:hikingchair@amcsem.org).  
Always looking for additional hike leaders! Contact [hikingchair@amcsem.org](mailto:hikingchair@amcsem.org)

Thu., Nov. 3. (FT) (NM) Thursday Morning Hikes - Newport Cliff Walk, Cliff Walk, Newport, RI, Rhode Island, RI. Meet at 10 a.m. at foot of Narragansett Ave facing the Cliff Walk. Park on street. Leisurely 3.5 mi. walk each way. 2/3 paved, 1/3 rocky walk behind Newport Mansions. Return by mansions on Bellevue Ave. to complete 7-mi. loop. Sturdy walking shoes required. Bring water, snack. Lunch at local restaurant. Heavy rain cancels. Limited parking - carpool if you can. Call leader for carpool info. L Barbara Hathaway (508-880-7266 before 9 p.m., [barb224@tmlp.net](mailto:barb224@tmlp.net))

Sat., Nov. 5. (FT) (NM) Stroll Down Memory Lane and Hike Eagle Pond Cotuit, Cotuit, MA, Massachusetts, Cape Cod, MA. A great way to connect with fellow members of AMCSEM. This hike will be paced to meet the skills of the group. We will take a walk along cartways and wooded trails to begin the social activities in a healthy way. Eagle Pond is a 106 acre conservation area with history back to the days of the Pilgrims. If desired we can take in a view of Cotuit Bay and hike around a white cedar swamp. There are several benches along the trail so people will have opportunities to stop, rest and hydrate. Rain will cancel event. For directions to meet up area please contact hike leaders. After the hike, join us for the 2016 AMCSEM Annual Meeting and Dinner at the Brookside Club in Bourne. Social hour begins at 4:30. See the link to register for the Annual Dinner. Come and join us! L Jane Harding (508-833-2864 Before 8 PM, [janeharding@comcast.net](mailto:janeharding@comcast.net)) L Catherine Giordano ([cmgiordan@msn.com](mailto:cmgiordan@msn.com)), R Jane Harding (508-833-2864 Before 8 PM, [janeharding@comcast.net](mailto:janeharding@comcast.net))

Sun., Nov. 6. Hike North South Trail, Section #8, Rt 44, entrance to George Washington Wildlife Management Area Camp Grounds, Rhode Island, RI. . The North-South Trail is a 77 mile continues marked footpath along the border of Rhode Island and Connecticut from Block Island Sound to the Massachusetts border. This hike will be an 8.56-mile-long section of this trail, tucked into the Northwest corner of Rhode Island. We will travel south from Buck Hill Rd. (Rt. 101) in Burrillville Rhode Island, through the George Washington Wildlife Management Area ending at Rt. 44. We will be mainly hiking on abandon gravel roads and single track hiker-only trails. Moderately hilly we travel in part through a beautiful swamp filled with white cedars and hemlocks, cross earthen dams and around several ponds. This could be your last chance to view the waning colors of fall. Registration is a requirement for this hike. Hike information sheet will be sent to you upon registering. Plan 5 hours, plus travel time for this section. Please join us for a pleasant day. L Fred Wason (508-838-6049, [fmwason@gmail.com](mailto:fmwason@gmail.com)), R Fred Wason (508-699-7635, [fmwason@gmail.com](mailto:fmwason@gmail.com))

Thu., Nov. 10. (AN) Thurs. Morn. Hike Gilbert Hills State Forest, Foxboro, MA (B3C), F. Gilbert Hills S.F., Foxboro, MA., Massachusetts, Southeast, MA. Thu. Oct. 20, 10 a.m. Meet Lakeview Pavilion, Foxboro. Dir. 95 Exit 7B. After rotary, 140N to Lakeview Rd. on left. .3 mi. on right. Water, snacks/lunch. L Joanne Stanisica (508-528-6799 7-9 p.m., [jstanisica@comcast.net](mailto:jstanisica@comcast.net))

Sat., Nov. 26. Thanksgiving Weekend Hike, New Hampshire, Monadnock Region, NH. A great opportunity to stretch your legs after a Thanksgiving feast. Our group will hike up both North Pack Monadnock and Pack Monadnock. With luck, a crisp, clear November day will reward us with great views from both "small" monadnocks. The Wapack Trail includes some short, steep, rocky sections, and a mixture of hardwood and hemlock forest. Total elevation gain approx. 1300', as we go up and down the two mountains. Hike distance approx. 5.5 miles. L Peggy Qvicklund (508-883-1623 please call before 9 pm, [qvickan@comcast.net](mailto:qvickan@comcast.net)) L Jeannine Audet (508-493-8221 please call any time before 9 pm, [MILMOD@aol.com](mailto:MILMOD@aol.com))

*Continued next page*

## Activities

---

For the most current information, [search activities online](#)

### Hiking

Sat., Dec. 3. Winter Series Hike #1 - Mt. Wachusett, Massachusetts, Central, MA. Join us for the first hike in this year's popular SEM Winter Hiking Series and discover the fun, beauty, and camaraderie of winter hiking. We'll be doing an enjoyable, app. 4.5-mile loop hike with some elevation gain and loss at Mt. Wachusett in Princeton, MA. Weather permitting, we should enjoy expansive views and, if we're really lucky, get an opportunity to try out our specialized winter hiking gear as well as practicing "layering" for winter hiking. Participation in the SEM Winter Hiking Workshop on Nov. 5th and/or significant winter hiking/snowshoeing experience required to participate in this series. L Leslie Carson (508-737-6627, ltc929@comcast.net, In addition to being an experienced four-season SEM hiking/backpacking leader, Leslie is an AMC August Camp hike leader and Major Excursions leader. Leslie currently serves as hiking chair for the Southeastern Mass. Chapter.) L Paul Miller (paulallenmiller@verizon.net, An experienced four-season SEM hike leader, Paul enjoys sharing his knowledge of and enthusiasm for winter hiking with others. Paul previously served as the hiking chair for the Southeastern Mass. Chapter.) L Barry Young (508-339-3089 Before 9 PM, Barry.young@comcast.net), R Leslie Carson (508-737-6627 before 9:00 pm, )

Thu., Dec. 8. (FT) (NM) Thursday Morning Hike, Moose Hill, Sharon, MA, Sharon, MA, Massachusetts, Southeast, MA. Meet at 10 am in Sharon at the Audubon Moose Hill Wildlife Sanctuary parking lot for a 5-mile hike, starting on the Vernal Pool loop. Relatively flat route. Parking fee for non-Audubon members is \$3 for Seniors. Bring rain gear, lunch, water and sturdy shoes. Rain cancels. L Hans Luwald (508-668-0462 before 9 pm, hans.luwald@gmail.com) CL Debbie Lepore (617-778-4339 before 8 PM)

Thu., Dec. 15. Thurs. Morning Hike - Massasoit State Park, Massasoit State Park, E. Taunton, Massachusetts, Southeast, MA. Meet at 10 a.m. at Massasoit SP, East Taunton's "hidden jewel." Approx. 6 miles on trails lined with pine needles that wind around lakes and ponds on mostly flat to gently rolling terrain. Wear boots, bring water, snacks and lunch. Rain cancels. L Barbara Hathaway (508-880-7266 before 9 pm, barb224@tmlp.net)

Tuesdays, Dec. 27; Jan. 3, 10, 17, 24, 31; Feb. 7, 14, 21, 28; March 7, 14). White Line the Blue Hills, Blue Hills Reservation, Milton, MA, Massachusetts, Southeast, MA. This series will run from the Winter Solstice to the Spring Equinox. We will meet Tuesday mornings at 10am and hike trails in the Blue Hills for about 4 hours at a moderate pace. The first hike is Tuesday Dec 27 (last hike is March 14). Register once and then come when you can, info sheets for registered participants will be emailed the prior week. After the first snowfall winter clothing, winter hiking boots, micro-spikes and snow shoes will be required. Also, Paul will have his dog Sunny with him when weather permits. Have you been Red Lining and would like to try White Lining or do you simply enjoy winter hiking? Then we hope you consider joining us Tuesday mornings; it's fun to hike without bugs and is a good way to keep fit during the long winter. L Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com, Living in Boston I enjoy hiking around Greater Boston and beyond. You may often find me in the Blue Hills with my dog Sunny.) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) CL Pat Achorn (plachorn@me.com), R Pat Achorn (plachorn@me.com)

Sat., Jan. 7. Winter Series Hike #2 - Morgan-Percival, New Hampshire, Lakes Region, NH. Join us for the second hike in our popular SEM Winter Hiking Series. On this classic app. 5.4-mile loop hike we will visit the summits of both Mt. Morgan (2,220 ft.) and Mt. Percival (2,212 ft.) with expansive views of nearby Squam Lake to the south and into the Sandwich Range Wilderness to the north. In addition to appropriate winter-rated hiking boots and appropriate (non-cotton) clothing, depending on conditions, microspikes and/or snowshoes may also be required for this hike. Participation in the SEM Winter Hiking Workshop on Nov. 5th and/or significant winter hiking/snowshoeing experience required to participate in this series. L Paul Miller (paulallenmiller@verizon.net, An experienced four-season SEM hike leader, Paul enjoys sharing his knowledge of and enthusiasm for winter hiking with others. Paul previously served as the hiking chair for the Southeastern Mass. Chapter.) L Leslie Carson (ltc929@comcast.net, In addition to being an experienced four-season SEM hiking/backpacking leader, Leslie is an AMC August Camp hike leader and Major Excursions leader. Leslie currently service as the hiking chair for the Southeastern Mass. Chapter.), R Paul Miller (508-369-4151 before 9:00 P.M., paulallenmiller@verizon.net)

*Continued on next page*

## Activities

---

For the most current information, [search activities online](#)

### Hiking

Thu., Feb. 2. Thursday Morning Hike: Whitney and Thayer Woods (B3C), Whitney and Thayer woods, Cohasset, Hingham, Ma, Massachusetts, Southeast, MA. Whitney & Thayer Woods (B3C) Lovely woods walk across rolling hills on Trustees of Reservations property. Meet at 10:00am in the Whitney and Thayer Woods main parking area. Boots suitable for weather/trail conditions, possibly traction devices or snowshoes, water, winter wear (layers, hats, mittens) and snacks/lunch required. Directions: from Route 3 (Exit 14), take Route 228N for 6.5 miles through Hingham. Turn right onto Route 3A eastbound and follow for 2 miles to the entrance. Parking is on the right. Contact L if weather is questionable. Please carpool if possible, as parking is limited. L Eva Borsody das (781-925-9733, [borsody@gmail.com](mailto:borsody@gmail.com))

### Trails

Sat., Nov. 19. AMC/SEM Trail Work Opportunity, Until Filled. Blue Hills Reservation, Milton, MA, Massachusetts, Boston Area, MA. Help us prepare our adopted Blue Hills trail for winter. The work will include cutting back encroaching vegetation, raking stones off rockwork stairs and digging out blocked water diversion structures. No experience necessary and tools will be provided. Rain cancels. L Catherine MacCurtain ([camacurtain@aol.com](mailto:camacurtain@aol.com)), R Skip Maysles (781-344-0611 After October 26, [piks126@yahoo.com](mailto:piks126@yahoo.com))



Clip Art Photo