



The Southeast Breeze

The Newsletter of the Southeastern Massachusetts Chapter of the AMC | Nov. 2015

Vote for your favorite photos!

Member voting for the AMC Photo Contest—People’s Choice Award opens on November 1 and will remain open until November 9. Vote for your favorite photos and share them with friends by visiting outdoors.org/photocontest.

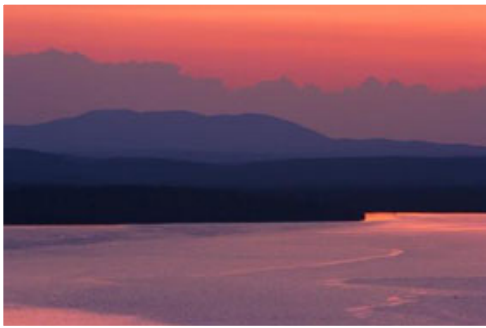


Photo: 2014 People’s Choice winner “Sunset on Moosehead Lake,” by Maury Eldridge

Want SEM activities delivered right to your email inbox?

[Sign up](#) for the AMC Activity Digest or call 1-800-372-1758 or email amcinformation@outdoors.org.

Find past issues of The Southeast Breeze on our [website](#).

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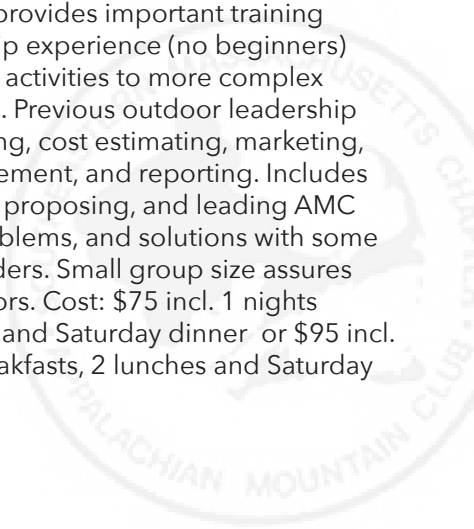


Sign up for Adventure Travel Leadership Training!

November 20-22, 2015

Visit some of the most exciting places in the world as the leader of an AMC Adventure Travel trip! This workshop provides important training to people who have AMC chapter leadership experience (no beginners) to transition from leading weekend chapter activities to more complex and longer trips, domestically and overseas. Previous outdoor leadership training is necessary. Emphasis is on planning, cost estimating, marketing, trip management, people skills, risk management, and reporting. Includes procedures and guidelines for researching, proposing, and leading AMC Adventure Travel trips. Exchange ideas, problems, and solutions with some of AMC’s most experienced and skilled leaders. Small group size assures abundant discussion and access to instructors. Cost: \$75 incl. 1 nights lodging on Saturday, 1 breakfast, 2 lunches and Saturday dinner or \$95 incl. 2 nights lodging Friday and Saturday, 2 breakfasts, 2 lunches and Saturday Dinner at Prindle Pond in Charlton, MA.

[Learn more](#)





Maureen Kelly,
Chapter Chair

chair@amcsem.org

View From the Chair

Hello SEM Members,

Time is running out to register for our [Annual Dinner](#) at [Salerno's](#) in Onset on Saturday, November 7, 2015. The Social Cocktail Hour (cash bar) begins at 4:30 and the Annual Meeting will start at 5:30. Dinner will begin at 6:30 followed by awards, dessert and a great speaker, Dianne Benson Davis.

Before the Annual Meeting we are hosting our Annual [Winter Workshop](#) in Sandwich in the afternoon. It is free and packed full of how-to-hike-in-the-winter knowledge. Whether you are walking the dog on snowshoes or hiking a 4K, we will help you be more comfortable outside in the winter.

Don't dread the coming of winter - celebrate it - with SEM!

See you outdoors!

Maureen Kelly

2015 Executive Board

Chapter Chair	Maureen Kelly	Communications Chair	Gina Hurley	Membership Vice Chair	Ed Miller
Vice Chair	Open	Communications Vice Chair	Open	Membership Vice Chair	Ellen Thompson
Secretary	John Pereira	Conservation Chair	Joshua Tefft	Paddling Chair	Open
Treasurer	Patty Rottmeier	Conservation Vice Chair	Open	Paddling Vice Chair	Ed Foster
Past Chair	Cheryl Lathrop	Education Chair	Doug Griffiths	Skiing Chair	Barbara Hathaway
Biking Chair	Cheryl Washwell	Education Vice Chair	Open	Skiing Vice Chair	Open
Biking Vice Chair	Open	Hiking Chair	Paul Miller	Trails Chair	Cathy MacCurtain
Cape Hiking Chair	Farley Lewis	Hiking Vice Chair	Leslie Carson	Trails Vice Chair	Wayne Anderson
Cape Hiking Vice Chair	Peter Selig	Membership Chair	Jodi Jensen		

Ad Hoc Committee Chairs and Other Chapter Contacts

Social Director	Open	Webmaster	Open	Short Notice Email List: snel.admin@amcsem.org
Social Vice Chair	Open	Breeze Editor	Gina Hurley	
Social Networking Moderator	Susan Mulligan	Blast Editor	Gina Hurley	

Contact the Chapter Chair at chair@amcsem.org if you're interested in any open position.

Upcoming Executive Board Meetings: Nov. 11, Dec. 9

2015 SEM chapter hut weekend at Cold River Camp.



Winter Hiking Workshop

Sat., Nov. 7, 2015 1:00PM - 4:00PM

It's still not too late to register for our free annual Winter Hiking Workshop. Learn how much fun winter hiking can be!

Experienced Southeastern Mass. Chapter winter hike leaders will cover clothing, equipment, nutrition, and conditioning for safe and enjoyable winter hiking as a prelude for participating in our popular Winter Hiking Series. The Series will start out with a local hike in December, then proceed to increasingly more challenging winter hikes in MA and NH, culminating with an overnight trip to an AMC hut.

The workshop will be held in the afternoon in Sandwich, MA and will end in time for SEM members to attend the Chapter's annual meeting and dinner in Onset that evening, if they so choose. Either participation in the Winter Hiking Workshop or prior winter hiking experience will be a prerequisite for participation in the Winter Hiking Series.

To register for the workshop, please contact Paul Miller via at paulallenmiller@verizon.net.

Photo: SEM Winter Hikers atop Mt. Pierce in the Presidential Range of NH (Photographer: Dexter Robinson)



Volunteer of the Month

Jane Harding



Jane has been a terrific leader and organizer for Cape Hikes and for another very popular walking group here. Her hikes are always well-planned, and well-attended. We very much appreciate her concerned and dependable commitment to Cape Hikes. Thank you Jane for your dedication! Jane will receive a Volunteer of the Month certificate and a \$50 gift card.





Breeze Information

Pictures and Article Submissions

We encourage SEM members to submit articles and photos for both the Breeze and our website. Materials will be edited at the editor's discretion. Submissions must be copy ready. Title and credit for all photos must be included. Send to breeze.editor@amcsem.org

Breeze Deadline

On the 15th of the preceding month.

Volunteer!

AMC SEM is always looking for volunteers to volunteer a little or a lot. Contact the chapter chair at chair@amcsem.org if you'd like to volunteer. We have outdoorsy opportunities (e.g., leading a hike); we also have indoorsy opportunities (e.g., web work, arranging events). Something for everyone!

Mark your calendars & save the dates!

AMC club-wide & SEM chapter-wide events.

COMMITTEE PLANNING MEETINGS:

SEM quarterly hike planning meetings (6:30pm)

Next meeting: 12/2- Contact Hiking Chair for details.

SEM Cape hike, paddle, bike planning meetings (contact activity chair)

SAVE THE DATE - EVENTS:

SEM Annual Meeting & Dinner (Nov 7, Salernos)

AMC Annual Summit (Jan 30, 2016)

SAVE THE DATE - TRAINING:

AMC Mountain Leadership School

AMC Adventure Travel Leadership Training (Nov. 2015)

Reunite with old friends and make some new ones

Annual meeting and dinner

The Southeastern Massachusetts Chapter Invites You to the Annual Meeting and Dinner. All SEM members, potential members, spouses and friends are welcome!

When: Saturday, November 7, 2015

Where: Salerno's in Onset

Time: 4:30 pm - Registration and Cocktail Hour (no charge)

5:30 pm - Annual Meeting (no charge)

6:30 pm - Buffet Dinner
\$20.00 or \$30.00 after 10/27

2016 Biking Innsbruck to Venice:

AMC-Adventure Travel Trip #1614 August 15-27, 2016

Bike downhill through the lush green valleys and meadows from Brennero Pass through South Tyrol. Hang a left at Lake Garda to Verona and follow the rolling Adige River landscape, passing villas of the ancient Venetian nobility to glorious Venice!

\$3,800 includes accommodations, most meals, bike rental, local guide, luggage transfers, medical evacuation insurance and AMC trained AT Leaders. Excludes airfare of approx. \$1,000.

Leader: Janis Stahlhut, jstahlhut@me.com, 203-820-9275

Co-leader Robert Matson, rm@theinnovationworks.com, (646) 233-1219. Email preferred.

See the full [prospectus](#)



AMC August Camp 2015 – Central Cascades, Oregon

By Leslie Carson

This past August, I was able to participate, once again, as a leader in the wonderful experience known as August Camp. It was set up at the Hoodoo Ski Resort near Sisters, Oregon amid the Cascade mountain range, Oregon's recreational heartland. This was my third year of being an AC leader and hopefully, not my last.

For those of you who are not familiar with August Camp, let me provide you with a brief description from the AC website (www.augustcamp.org). August Camp is a volunteer-run summer program of the Appalachian Mountain Club. Each summer August Camp sets up a tent community for about 60 people in the chosen area, which serves as a base camp, with most activities being within an hour's drive. Participants sleep on cots in 2-person tents, and are provided three meals a day, transportation to the day's activities, and an evening campfire program. This year, because of the wildfire dangers and drought, we were not allowed to have campfires in Oregon. It offers four one-week sessions of group hiking for adults in or near National Parks, Forests, and Wilderness areas, chiefly in the Western US. The hikes are led at several levels (A, B, C) of pace and challenge daily, to accommodate a variety of preferences. When the area allows, the program may also offer (at an extra fee) canoeing, kayaking, bicycling or other outings as well.

For Week 3, I had the opportunity to lead some fantastic hikes and day trips around the area. On Day one, our group walked through old growth forest on a waterfall loop around the McKenzie River's two grandest cascades, the 100-foot Sahalie Falls and 70-foot Koosah Falls. From there, we drove up the old McKenzie Pass Highway to the Dee Wright Observatory, a rock lookout hut with 360-degree views of the surrounding mountains. Crossing the alpine lava fields on a paved nature path looping through lava flow, we had views of Mount Washington, Little Belknap, North Sister and Black Butte, to name a few. Day two led us through wildflower meadows and lodge pole pine snags up a steep glacier

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AMC August Camp 2015, Continued from page 5

moraine to a cirque lake with breathtaking views of Three-Fingered Jack (Elevation 7841 ft.).

A hike on the Obsidian Trail led us through alpine meadows nestled between Middle Sister and Little Brother strewn with obsidian glass. The most challenging hike I co-led with Sarah Keats, an AMC Maine leader, was hiking South Sister (10,358 ft.), Oregon's third tallest peak. The trail up south Sister was long, steep and rugged, but the views from the top were fabulous and well worth the effort. These are just a few of the wonderful hikes offered at August Camp each year.



In 2016, August Camp will set up on the shore of Lake Leland in Quilcene, Washington. The wonderful new site is located in the foothills of the Olympic Range west of Seattle, just outside Olympic National Park. Dates are July 16 through August 13. The forest, coastal, and mountain ecosystems of the Olympic Peninsula combine to create a spectacular wilderness park. We will explore this diverse environment with multiple hike offerings each day at varying levels of difficulty. We will also feature special activities such as sea kayaking, biking, swimming, and various tours to unique destinations in the area.

Several of our own SEM members have joined me Week 3 the past three years in Oregon, the North Cascades and Mount Rainier National Park. If you have an interest in joining in on the fun at August Camp 2016, please submit your application the first few weeks of January as it tends to fill quickly, particularly Week 3. If you have any questions, please ask me or visit the August Camp website.

Photos by Leslie and Ken Carson

2016 volunteer vacations

Dates	Title	Destination	Ages	Costs
January 23-30, 2016	Costa Rica Hut Trail Volunteer Vacation	San Luis de Monteverde, Costa Rica	18 - 70+	\$385 - \$425
February 13-20, 2016	Virgin Islands National Park Volunteer Vacation	Cinnamon Bay, St. John, USVI	18 - 70+	\$350 - \$385
February 20-27, 2016	Virgin Islands National Park Volunteer Vacation	Cinnamon Bay, St. John, USVI	18 - 70+	\$385 - \$425
Coming March 2016	Pacific Crest Trail Adult Volunteer Vacation	Southern California	18 - 70+	\$385 - \$425

Contact: Alison Violette, Volunteer Trails Administrative Supervisor
(603)466-8156
aviolette@outdoors.org

Paddle Report

Long Pond: Harwich/Brewster 10-7-15



Seven paddlers left the Harwich town landing heading in a counterclockwise direction under sunny skies with a slight breeze. We quickly reached the beach at the end of the pond and did a quick portage into Short Pond which is a lovely pond with many lily pads but no flowers now although we did see some minuscule pink flowers. The Tupelos lining the shore were a nice crimson color. We portaged back into Long Pond and continued until Paul found the passage to Greenland Pond which was much longer than the first one and more challenging. We all made it and paddled to a nice beach with picnic tables for lunch. Paul shared his lunch with some very friendly ducks. Afterwards we continued on along the shore and portaged back to Long Pond where two went back to the put-in and the rest of us continued on around. We passed the sea plane landing area, the Sea camp, a now private cranberry bog, the Girl Scout camp, and the Brewster town landing. We reached the Harwich town landing at 2:55 pm. Ed said we managed to increase a 6 mile paddle to a 8.8 mile paddle. It was a great day to be on the water as not too cold and very calm.

Leader: Jean Orser

Co-leader: Paul Corriveau

Paddlers: Bill Fischer
Ed Foster
Louise Foster
Christine Shreves
Pat Tun



SEM Conservation Corner

What's new in SEM Conservation?

We have a few conservation events scheduled for the rest of 2015, and a couple of them sound really interesting. "Impacts of Climate Change on Nature and the Outdoors in the Northeast" is one I'm excited for. This is a two part presentation that will focus on climate change in Massachusetts' ecosystems, as well as our northern playground some call the mountains. This is a great collaboration between AMC, Mass Audubon, and the Union of Concerned Scientist designed to give us a greater understanding on climate change in our own backyard. This event will be held on December 8, 2015 between 6:45 pm-8:30 pm.

A showing of the film "Chasing Ice" is another great conservation event happening in December. This is an epic story of one man's journey to gather undisputable evidence of melting ice caps and glaciers. If you want to see it for yourself, show up on December 16th at 6:45pm and stay until 8:30pm.

Both of these events are free of charge and do not require registration, all you need to do is show up ready to learn more about conservation. If you would like further information on these, or other, up and coming conservation events click on [Conservation](#). As always the SEM Conservation Committee loves to hear from Chapter members, so feel free contact me any time at conservationchair@amcsem.org.

Joshua Tefft
AMC SEM Conservation Chair

My 48!

By Peggy Qvicklund

I didn't realize it then, but my quest for the 48 began in 1970. A high school friend introduced me to hiking in the Whites, and we followed the maps that were included in the 1969 AMC White Mountain Guide. Those maps are laughable now! And there were only 46 mountains on the list back then! After high school graduation we drifted apart.

I moved to Sweden, (hiking in the Swedish mountains is SOOO different), began a family, and as often happens, children took all my attention. My cousin Jean gave me a membership to the AMC for my birthday one year, and by joining the weekly Thursday hikes I realized how much I missed getting out on the trails.

Using my backpack from 1970, Jean and I section hiked the AT of Massachusetts and slack packed the AT of Connecticut. We felt ready for NH.

The AMC SEM ran a wonderful summer hiking series led by Walt G., Maureen K., and Paul M., and that gave me my real jumpstart toward trying to complete the NH 48. I have had the company of various people on the hikes. Most memorably: My husband Lars, on Tom and Field for the 10th anniversary commemoration of 9/11, with Flags on the 48. (The blackhawk helicopter captured us waving from Mt Field). My daughter, Eva, who heard me bemoaning I couldn't find someone to hike with on a beautiful summer midweek day. She said, "I'll go with you Mom". She uncomplainingly got up in the wee hours, we hit the Osseo Trail for Mt Flume, and returned 11 miles later to drive home. Her first 4000'er! Anne D. who has arranged and rearranged her life to be off when I was off so we could make a quick run up to the Whites to knock another one off the list. Jean H. who is always so positive and trusting, (she never looks at a map in preparation). Her daughter Stephanie has also joined us several times, and has the same tireless hiking ability as her mother. All the patient and confident leaders of the AMC SEM, whose trips have always been a pleasure to be part of. (They don't allow any bullying!) The fellow hikers I have met along the trail who have helped guide me up the



difficult North Tripyramid slide, and down the Brutus Bushwhack from Owls Head.

Each mountain brings memories, and finishing on Moriah during Chapter Hut Weekend, with all my best hiking buddies was superb, but I must share a unique experience from the Owl's Head hike. Not wanting to leave Owl's Head as my last hike, Anne, Jean and I were prepared to go mid

July. I watched the water discharge rates carefully as I have a fear of water crossings! The chosen day arrived, we drove to NH the evening before, along with Maureen K. Then it began to rain. And it rained. Discussion ensued, "it might stop... the next day is supposed to be better.." In the end, we put the hike on hold and drove all the way home again. Good thing, the discharge rate of the East Branch of the river went from 200 cubic feet/second to 1900! Not my kind of fun! Three days later we returned (without Maureen who had to work) and hit the trail at 6:00. Sunshine and 70 degrees. What could go wrong? As we approached the first water crossing, I looked and knew I could do it. Anne and Jean forged across, and I eventually made it too. As suggested by other hikers, we left our water shoes on, and made the second crossing. Then a complication became apparent. Jean had not secured her boots well, and had LOST one along the way. We scoured the river edge. Jean recrossed and went back to the first crossing, but no sign of a boot. What to do? We were only 5.5 miles in on the 18 mile total for the day. All options were discussed, but Jean being Jean, just started walking again, now in two rubber water shoes. All Anne and I could do was follow!

Checking in with her now and then, Jean said her feet felt fine, better than with her boots. We made an uneventful climb up the slide, and found the old and new summit. Best of all we met a group of seasoned hikers doing the grid. They were able to guide us down a bushwhack which saved Jeans's feet immensely. Tired and sore, we tumbled into the car, and headed for a motel with a hot tub! Jean's perseverance remains the highlight of all 48, and I thank her so much!

Activities

Hiking Key: Rating codes (e.g. C4D): first letter indicates distance in mi (AA=13+, A=9-13, B=5-8, C=less than 5 mi), middle number indicates pace (1=very fast, 2=fast, 3=moderate, 4=leisurely), second letter indicates terrain (A=very stren., B=stren., C=average, D=easy). FT=First Timer; NM = New Member; AN = Advance Notice; C = Conservation

(FT) (NM) Thu., Nov. 5. Thurs. Morn. Hike Horseneck/Westport Beach B3D, Westport, Ma, Massachusetts, Southeast, MA. Meet at 10:00 AM Horseneck Beach main parking lot. Five mile hike with an option to extend to 8 miles hiking Gooseberry Island. Bring snacks/lunch sturdy footwear, water, and rain jacket. Heavy Rain cancels. Directions: Rte 195 to Exit 10 Rte. 88 south. Follow Rte 88 to parking lot. After the hike a short drive to a local restaurant for pie and ice cream. L Walt Granda (508-999-6038 before 9 pm, wlgranda@aol.com)

Thu., Nov. 5-Dec. 10. Warming Up For Winter, DCR Blue Hills Reservation, Milton, MA, Massachusetts, Boston Area, MA. A series of five Thursday hikes (none on Thanksgiving Day) within the Blue Hills area as a conditioning program preparing for winter hiking. The length of the hikes will progress, and each individual can modify their packs and gear to prepare for winter hiking. L Peggy Qvicklund (508-883-1623 before 9pm, qvickan@comcast.net) L Len Ulbricht (lwu9944@verizon.net) CL Mike DiBartolomeo (mbart4fam@comcast.net), R Peggy Qvicklund (508-883-1623, qvickan@comcast.net)

(FT) (NM) Sat., Nov. 7. SEM Annual Meeting & Dinner, Massachusetts, Southeast, MA. SEM Annual Meeting & Dinner. Chapter elections, cocktail hour, buffet dinner, awards, raffle, speaker. All members, potential members, and friends are welcome. Buffet is \$20 / person before 10/27. Join us for a fun celebration of the year's events. See the flyer for more details, and to register. L Maureen Kelly (chair@amcsem.org) L Jodi Jensen (membershipchair@amcsem.org), R Membership Chair (membershipchair@amcsem.org)

Sat., Nov. 7-7. Winter Hiking Workshop, Massachusetts, Cape Cod, MA. Learn how much fun winter hiking can be at our free annual workshop! Experienced Southeastern Mass. Chapter winter hike leaders will cover clothing, equipment, nutrition, and conditioning for safe and enjoyable winter hiking as a prelude for participating in our popular Winter Hiking Series. The Series will start out with a local hike in December, then proceed to increasingly more challenging winter hikes in MA and NH, culminating with an overnight trip to an AMC hut. Workshop will be held in the afternoon in Sandwich, MA and will end in time for SEM members to attend the Chapter's annual meeting and dinner in Onset that evening, if they so choose. Either participation in the Winter Hiking Workshop or prior winter hiking experience will be a prerequisite for participation in the Winter Hiking Series. L Paul Miller (508-369-4151 before 9:00 pm, paulallenmiller@verizon.net) L Leslie Carson (ltc929@comcast.net), R Paul Miller (508-369-4151 before 9:00 pm, paulallenmiller@verizon.net)

(AN) Sun., Nov. 8-8. Hike - Eagle Pond Cotuit (C3C) 2 hours, Massachusetts, Cape Cod, MA. From Rte 28 in Cotuit turn onto Putnam Ave at CVS and travel approximately 0.5 miles to dirt parking area on left. Meet at 12:45 PM for 1 PM start. L Jane Harding (508-833-2864 before 9 PM, janeharding@comcast.net) CL Nancy Wigley (nrwigley@verizon.net)

Thursdays, Nov. 12-12. Warming Up For Winter Hike, DCR Blue Hills Reservation, Milton, MA, Massachusetts, Boston Area, MA. A series of five Thursday hikes within the Blue Hills area as a conditioning program preparing for winter hiking. The length of the hikes will progress, and each individual can modify their packs and gear to prepare for winter hiking. While not technically part of the "SEM Winter Hiking Series," these local hikes offer a complementary opportunity to get in shape for winter hiking, which typically involves carrying a lot more gear and a heavier pack. L Peggy Qvicklund (508-883-1623 before 9pm, qvickan@comcast.net) L Len Ulbricht (lwu9944@verizon.net) CL Mike DiBartolomeo (mbart4fam@comcast.net), R Peggy Qvicklund (508-883-1623, qvickan@comcast.net)

Activities

(FT) (NM) Sat., Nov. 14. AMC/SEM - INTRO HIKING SERIES - BLUE HILLS, Blue Hills, Massachusetts, Boston Area, MA. Intro Hike #5 - Buck Hill Loop The hike around the Buck Hill Loop is a 4.5 miles challenging hike to the rocky summit offering 360° views. Dress in layers. Bring 16 oz of water, snacks and sturdy footwear. Heavy rain cancels. L Catherine MacCurtain (781-848-9506 Before 9:00 p.m., camacurtain@aol.com) CL Patricia-Lee Achorn (plachorn@me.com), R Patrica-Lee Achorn (plachorn@me.com)

Sat., Nov. 14-15. North & South Kinsman Backpack Hike, New Hampshire, White Mountains, NH. This two-day/11-mile backpack trip will take us to the summits of North Kinsman (4,293') and South Kinsman (4,358'). We will set up base camp at Kinsman Pond campsite and possibly attempt both summits on Saturday. If not, an early morning attempt will be made on Sunday. Due to the exposed summits, severe weather may cause a change in destination, most likely to Cannon Mountain. This is an early winter backpack intended for those with a fair amount of cold weather backpacking experience and who are in very good physical condition. Winter clothing and gear will be required. L Bryan Jones (508-746-2379, bjones1017@live.com) CL John Pereira (774-473-8145, johnpereira33@gmail.com), R John Pereira (774-473-8145 6pm to 8:30pm, johnpereira33@gmail.com)

Thursdays, Nov. 19-19. Warming Up For Winter Hike, DCR Blue Hills Reservation, Milton, MA, Massachusetts, Boston Area, MA. A series of five Thursday hikes within the Blue Hills area as a conditioning program preparing for winter hiking. The length of the hikes will progress, and each individual can modify their packs and gear to prepare for winter hiking. While not technically part of the "SEM Winter Hiking Series," these local hikes offer a complementary opportunity to get in shape for winter hiking, which typically involves carrying a lot more gear and a heavier pack. L Peggy Qvicklund (508-883-1623 before 9pm, qvickan@comcast.net) L Len Ulbricht (lwu9944@verizon.net) CL Mike DiBartolomeo (mbart4fam@comcast.net), R Peggy Qvicklund (508-883-1623, qvickan@comcast.net)

(FT) (NM) Tue., Nov. 24-24. Full Moon Hike - Borderland, Massachusetts, Southeast, MA. Join us for a nearly full moon hike & burn some calories ahead of Thanksgiving. Moonrise is 3:45pm so we should have clear views if good weather. Hike will be approximately 4-5 miles at a moderate pace, lasting about 2 hours. Please bring \$2 dollar to contribute to permit needed for after-hours hiking if you haven't paid on a prior month. Registration is required for this hike. L Patricia McNally (pmcnallyma@comcast.net) CL Bob Vogel , R Patti McNally (pmcnallyma@comcast.net)

Wednesday, Nov. 25. Sunset & Full Beaver Moon Road Cycling: 22+/- Miles/ 2 +/- hours., Massachusetts, Cape Cod, MA. Wednesday Nov. 25 - Sunset & Full Beaver Moon Road Cycling: 22+/- Miles/ 2 +/- hours. Mostly flat - a couple of hills. Alt. date 11/24. We'll ride from Sandwich Recreation Area at the end of Freezer Road in Sandwich to Monument Beach and return along Shore Road and through Gray Gables and Mashpee Island for sunset at Tidal Flats Recreation Area across the canal from MMA. Return along the canal with a stop at the Railroad Bridge for the Energy Train and Aptuxet Trading Post and moonrise over the Sagamore Bridge. According to folklore, the full moon for November is named after Beavers who become active while preparing for the winter. Contact leader for further information. Ride starts around two hours before sunset. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

Thursdays, Dec. 3-3. Warming Up For Winter Hike, DCR Blue Hills Reservation, Milton, MA, Massachusetts, Boston Area, MA. A series of five Thursday hikes within the Blue Hills area as a conditioning program preparing for winter hiking. The length of the hikes will progress, and each individual can modify their packs and gear to prepare for winter hiking. While not technically part of the "SEM Winter Hiking Series," these local hikes offer a complementary opportunity to get in shape for winter hiking, which typically involves carrying a lot more gear and a heavier pack. L Peggy Qvicklund (508-883-1623 before 9pm, qvickan@comcast.net) L Len Ulbricht (lwu9944@verizon.net) CL Mike DiBartolomeo (mbart4fam@comcast.net), R Peggy Qvicklund (508-883-1623, qvickan@comcast.net)

Thu., Dec. 3-3. Thurs. Morning Hike - Massasoit State Park, Massasoit State Park, E. Taunton, Massachusetts, Southeast, MA. Meet at 10 a.m. at Massasoit SP, East Taunton's "hidden jewel." Approx. 6 miles on trails lined with pine needles that wind around lakes and ponds on mostly flat to gently rolling terrain. Wear boots, bring water, snacks and lunch. Rain cancels. L Barbara Hathaway (508-880-7266 before 9 pm, barb224@tmlp.net)

Activities

Sat., Dec. 5. Winter Series Hike #1 - Mt. Wachusett, Massachusetts, Central, MA. We'll Hike to the summit of Mt. Wachusett (2006') in Princeton, MA to enjoy views of the Boston Skyline and Mt. Monadnock (weather permitting). Four miles round trip. Snowshoes and microspikes or other light traction devices may be needed. For this, the first hike in this season's winter series, hiking technique, food, hydration, and equipment will be featured during the hike. We'll also practice carrying our full winter backpacks. Note that either prior winter hiking experience or participation in our annual Winter Workshop in Sandwich on Nov. 7th (or equivalent) will be required. L Paul Miller (508-369-4151 before 9:00 pm please, paulallenmiller@verizon.net) L Leslie Carson (lrc929@comcast.net) L Walt Granda (wlgranda@aol.com) CL Barry Young

Thursdays, Dec. 10-10. Warming Up For Winter Hike, DCR Blue Hills Reservation, Milton, MA, Massachusetts, Boston Area, MA. A series of five Thursday hikes within the Blue Hills area as a conditioning program preparing for winter hiking. The length of the hikes will progress, and each individual can modify their packs and gear to prepare for winter hiking. L Peggy Qvicklund (508-883-1623 before 9pm, qvickan@comcast.net) L Len Ulbricht (lwu9944@verizon.net) CL Mike DiBartolomeo (mbart4fam@comcast.net), R Peggy Qvicklund (508-883-1623, qvickan@comcast.net)

Sat., Dec. 12. Mt. Washington Hike via Jewell Trail, New Hampshire, White Mountains, NH. We'll be hiking to the summit of Mt. Washington, the tallest peak in New England. The 10.4-mile (round trip) hike will take us up and down the Jewell and Gulfside trails, an elevation gain of 3,800 ft. Because of the exposed summit and ridge, severe weather and/or winter conditions may cause a change in destination, most likely to another 4,000 footer without such exposure. Winter clothing and equipment will be required. Experienced winter 4K hikers only please. L John Pereira (johnpereira33@gmail.com) L Maureen Kelly (mokol773@aol.com) CL Josh Tefft (tefft9wes@aol.com), R John Pereira (774-473-8145 6:00 to 8:30 P.M., johnpereira33@gmail.com)

Thu., Dec. 17. Hike John's Pond and Beyond, Massachusetts, Cape Cod, MA. 9:45AM for sign-in. Hikes starts promptly at 10AM. 2hr. hike C3C. An old favorite revisited. Waterviews, wetlands, woodlands. From Rte. 151 turn North (not South) on Currier Rd. then right on Ashumet Rd. Short distance Ashumet bears off to right but continue straight on what will become Hoopole Rd. (unmarked). Continue 1.5 miles and turn R onto Back Road following it .06 mile to large beach parking lot. L Nancy Wigley (508-548-2362, nrwigley@verizon.net)

Thu., Dec. 17-17. Thursday Morning Hike in the Blue Hills, Massachusetts, Southeast, MA. A 3-4 mile hike up to Rattlesnake Hill. The hike will then continue on the Skyline Trail to Wampatuck Hill. Meet at Shea Ice Rink in Quincy. L Sue Chiavarioli (508-496-6452, brillo6452@yahoo.com)

Tuesdays, Dec. 22-22. White Line the Blue Hills Hike Series, Blue Hills, Massachusetts, Southeast, MA. White Line the Blue Hills. We will meet weekly, Tuesday mornings at 10:30am (for 10:45 start) and hike trails in the Blue Hills for about 4 hours. After the first snow fall appropriate winter clothing, including winter hiking boots and snow shoes will be required. A severe snow storm or unsafe driving conditions will cancel that week's hike. The series will run for the 13 weeks from the Winter Solstice (Dec 22) to the Spring Equinox (Mar 20). The leader will have his dog, Sunny, with him when weather permits, if you wish to bring your well behaved dog please discuss during registration. Register once and then Show and Go. Have you been a Red Liner and would like to try White Lining or do you simply enjoy winter hiking then consider joining us Tuesday mornings. L Paul Brookes (603-799-4399), R Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com)

Fri., Dec. 25. Sunset and Full Cold Moon Road Cycling, Massachusetts, Cape Cod, MA. Friday Dec. 25 - Sunset and Full Cold Moon Cycling - - 22+/- Miles/ 2 +/- hours. Flats & Hills. Perhaps we'll do this ride on Boxing Day. December is the month when winter begins for most of the Northern Hemisphere, hence, its full moon is called the Cold Moon. We'll ride from Sagamore Recreation Area (mainland side) into Sagamore Highlands with a stop at Peaked Cliff for a peek at Provincetown in the distance. Return to the recreation area and along the canal to Buzzards Bay for sunset at MMA or on Three Mile Outlook. Then back along the canal for moonrise over the Sagamore Bridge. Contact leader for further information. Ride starts around two hours before sunset. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)

Activities

Tuesdays, Dec. 29-29. White Line the Blue Hills Hike Series, Blue Hills, Massachusetts, Southeast, MA. White Line the Blue Hills. We will meet weekly, Tuesday mornings at 10:30am (for 10:45 start) and hike trails in the Blue Hills for about 4 hours. After the first snow fall appropriate winter clothing, including winter hiking boots and snow shoes will be required. A severe snow storm or unsafe driving conditions will cancel that week's hike. The series will run for the 13 weeks from the Winter Solstice (Dec 22) to the Spring Equinox (Mar 20). The leader will have his dog, Sunny, with him when weather permits, if you wish to bring your well behaved dog please discuss during registration. Register once and then Show and Go. Have you been a Red Liner and would like to try White Lining or do you simply enjoy winter hiking then consider joining us Tuesday mornings. L Paul Brookes (603-799-4399), R Paul Brookes (603-799-4399 After 7am and before 9pm, PaulBrookes1966@outlook.com)

Fri., Jan. 1. SEMAMC 13th Annual New Year's Day Road Cycling, Massachusetts, Cape Cod, MA. SEMAMC 13th Annual New Year's Day Ride - Road Cycling in Rochester/Marion - B2C/D - Friday Jan. 1, 2016 - late morning. *Weather-related relocation is possible. Kick off our year round cycling program and quests for 2,000+ miles in 2016. 27.5 +/- miles at an intermediate pace - early bailouts are easily available. This beautiful ride includes the coasts and harbors of Marion including Sea Shell Beach, Converse Road loop, Point and Delano Roads with an excursion into the Stone Estate, Sippican Land Trust, Planting Island, and Kittansett Golf Course offering a view of all three canal bridges. Please arrive with tires and riders pumped and ready to roll. Helmets, water, spare tube required; pump and tools would be nice. Cancellation/rescheduling sent to registered riders only. L Paul Currier (508-833-2690 8-7, paulbcurrier@comcast.net)



Happy Trails!