



SOUTHEASTERN MASSACHUSETTS CHAPTER

YOUR CONNECTION TO THE OUTDOORS

July/August 2014



View from the Chair

By Cheryl Lathrop

Happy summer! Heat! Humidity! And everything we were dying for all that long winter! Well, now you got it!

Thank you leaders for all the fun activities I see coming up in July and August—we're gonna be out on the trails, the roads, and the waterways.

Grab your spot now for Chapter Hut Weekend! Fun doings at the Highland Center Sept. 18-21. I'm going. Are you? And mark your calendar now for our SEM Annual Meeting and Dinner on Nov. 1. Come for the social hour, for the meeting, for the dinner—or for all three! And remember, we run our Winter Hiking Workshop that afternoon. (And maybe some fun local hikes that day.)

Email me and I'll find something for you that matches your interests and capabilities. And your time and energy available!

Got something to say? Got a good idea? Want to volunteer?
Feel free to contact me anytime about anything! chair@amcsem.org

Chapter Chair

2014 Executive Board

Chair	Cheryl Lathrop	Education Chair	Len Ulbricht
Chapter Vice Chair	Maureen Kelly	Education Vice Chair	Open
Secretary	Karen Singleton	Hiking Chair	Paul Miller
Treasurer	Patty Rottmeier	Hiking Vice Chair	Leslie Carson
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Biking Vice Chair	Open	Membership Vice Chair	Ellen Thompson
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Communications Vice Chair	Open	Skiing Chair	Barbara Hathaway
Conservation Chair	Joanne Jarzobski	Skiing Vice Chair	Open
Conservation Vice Chair	Open	Trails Chair	Open
CYP Chair	Sally Delisa	Trails Vice Chair	Wayne Anderson
CYP Vice Chair	Open		

Ad Hoc Committee Chairs and Other Chapter Contacts

Social Director	Melissa Powers
Social Vice Chair	Open
Family Events Chair	Chris Pelligrini
Family Events Vice Chair	Bill Pelligrini
Social Networking Moderator	Susan Franconi-Salmon
Webmaster	webmaster
Breeze Editor	Gina Hurley
Blast Editor	Gina Hurley

Contact Chapter Chair at chair@amcsem.org if you are interested in any open position.

Upcoming Board Meetings:
September 10, October 8,
November 12.

Save the Date

[Chapter Hut Weekend](#)

September 18-21

[Fall Gathering \(AMC\)](#)

October 17-19, Jefferson, Maine

[SEM Annual Meeting and Dinner](#)

November 1

[Wilderness First Aid](#)

November 8-9

Summer BREEZE...makes me feel fine!

We have moved to a July/August edition of the Breeze. Although we will continue to publish a monthly newsletter from September to June, July and August will be a combined edition. **Also, the July/August edition is the last one that will include the listing of activities.**

We will always provide the website link for the activities. This is the most up to date way of providing you current information. To find current activities, [click here](#), or see the listings one last time at the end of this edition.

Important Chapter Information and Links

Find activities (hikes, bikes, etc.)

1. The monthly *Breeze* - email
2. *AMC Outdoors* magazine - mail
3. [Online trip listings](#)

Pictures and Article Submissions

We encourage SEM members to submit articles and photos for both the Breeze and our website. Materials will be edited at the editor's discretion.

Submissions must be copy ready.

Credit for all photos must be included.

Send to breeze.editor@amcsem.org

Breeze Deadline

Monthly on the 15th

Sign-up for the Breeze

Call 800-372-1758 or email

amcinformation@outdoors.org

Where to find [Breeze newsletters](#)
(current and past).

Volunteers Wanted

Volunteer for the Executive Board. Do you have skill and want to see where you fit? We have volunteer positions open! Contact chair@amcsem.org

Want SEM activities delivered right to your email inbox?

Sign up for AMC "digests". Access the Member Center from our [homepage](#) or call 800-372-1758.

TRAILWORK FOR NATIONAL TRAILS DAY, JUNE 7

by the Red-Liners

In keeping with the SEM guidelines for incorporating conservation and trails concepts into our everyday SEM lives and activities, the Thursday evening Red Line the Blue Hills (RLBH) hiking series dedicated its Thursday, June 5, Ponkapoag hike to conservation and trail work by picking up trash. It was a rainy day and the trails were muddy, but 17 intrepid hikers arrived at the Fisherman's Beach trail head early to pick up the considerable trash there. Then each hiker donned protective gloves and carried a trash bag to collect trash while hiking. The promise of a prize provided great motivation and a little competition. "No, no, that's my beer can! I saw it first!"



Trash consisted of the usual detritus: cans, bottles, candy wrappers, snack wrappers, and cigarette butts. Along with a few unmentionables! And there were 2 big bottles of hand sanitizer waiting at the end of the hike.

A lot of recognition and good will was generated. The Friends of the Blue Hills (FBH) donated trash bags. The Blue Hills Rangers donated trash bags also. The SEM Trails Committee supplied the

What a wet, muddy, and trashy crew we are!

(Photo courtesy of Cheryl Lathrop)

Rangers to leave the trash gathered at the Fisherman's Beach map board sign for pick up by truck. All of this made a nice cooperative collaborative effort with both the FBH and the Rangers. It put SEM on their radar as caring and giving back. All in all, a lot of good will was generated!

And who was the winner? Sue Svelnis picked up the most trash and won a \$20 AMC book. (She had the biggest bag!)

protective gloves and hand sanitizer. Prior arrangements had been made with the

Wilderness First Aid Training

by Len Ulbricht, Education Chair

The fall SEM offering of WFA (Woofers as some call it) will be held November 8 & 9 at the Chapel Meeting House in Foxboro, MA. It is taught by a professional instructor from SOLO schools.

The WFA course runs 8-4 that Saturday and Sunday. CPR follows the Saturday session. Pricing is as follows: \$145 AMC Member Price, \$170 for non-AMC members. CPR is optional for additional \$35.

This course covers back woods first aid for those hikers who want to be prepared should a medical situation arise when they are in a remote area far from a quick 911 EMT response. Whether one is hiking up north or out west, camping or backpacking away from populated areas, biking distant routes, paddling the hinterlands or backcountry skiing, accidents do happen and adverse health conditions

do arise. This course teaches the skills necessary to identify and treat medical issues common to wilderness settings and to prepare for long-term care scenarios. This emergency response training includes patient assessment, trauma, musculoskeletal and soft tissue injuries, splinting, environmental emergencies, animal and insect bites, and a variety of other topics. The course is a mix of classroom lecture and practical exercises. Both days are required to certify. WFA prepares you to treat and stabilize victims until professional help arrives, which could take many hours and perhaps overnight. If you venture into remote areas, whether or not you are an AMC trip leader, WFA will give you confidence you can handle that unexpected situation we all hope will never occur. To register or for further information, contact Len Ulbricht, Education Chairperson, at lenu44@gmail.com.



Mt. Tom Redux, May 20, 2014

by Len Ulbricht, Education Chair

Mt. Tom served as the capstone hike for the Tuesday Blue Hills Conditioning Series. Previously hiked this past March in cold icy conditions by several of the participants, this return trip brought delightful sunny warmth for the 8.7 mile loop hike.



The Oxbow

Dominated by terrific views along the west facing ridge line between Mt Tom in the south and Mt Nonotuck in the north, participants took in the Oxbow Lake, ruins of the Eyrie House, gliding hawks, a 360 degree panorama from the Goat Peak

viewing tower, a garden labyrinth in a resident's yard below the ridge, Mt Greylock on the distant horizon, groves of oak and pine trees, and trailside spring flowers. Images that follow capture several of the pleasures of this hike that are best experienced in person.



Columbine

Photos courtesy of Len Ulbricht

THE COMMUNICATIONS COMMITTEE NEEDS YOU!

- Do you like the Breeze?
- Have ideas for improving it?
- Do you like technology?
- Do you have an interest in publishing?
- Do you simply want to help out?

If any of these apply to you, please contact the Communications Chair.

WE NEED YOU!

Don't miss out on the fun! Reserve your spot at Chapter Hut Weekend Now!

by Melissa Powers, Social Chair

Mark your calendars for September 19th - 21st as we will be hosting our annual SEM Chapter Hut Weekend at The Highland Center at Crawford Notch, New Hampshire. These weekends are full of fun, hikes, paddles, bikes and most important laughs.



We are excited to be hosting this weekend at the beautiful Highland Center. The accommodations will not disappoint. Your package includes your lodging as well as breakfast and dinner. The food is absolutely delicious and we can meet up after our various activities over a drink in front of the fireplace.

With an extensive trail network at its front door, waterfalls, lakes, and more, the Highland Center is the perfect base for any outdoor adventures.



We have already had people reserving their spots. Don't wait - [book your reservation](#) today! This will be a year you won't want to miss. Check out our [flyer](#) to learn more and register.

Questions? Contact Melissa Powers at socialchair@amcsem.org

AMCSEM FIVE DO MT. GREYLOCK BACKPACK/OVERNIGHT

by Alan Greenstein

The day following the big mid-May rainstorm Jim Plouffe and Maureen Kelly led five veteran AMCSEM hikers including Karen Singleton, Jeannine Audet and Alan Greenstein on a trip which included 12.6 miles of hiking over two days and an overnight at the Sperry Campground. The adventure began at the access road to the trailhead which was blocked by a tree felled by the storm the night before. Alan's folding pack saw proved an asset in clearing the substantial limbs which Maureen rapidly moved to the side of the road just in time for Jim's carpool to arrive. He offered a big THANKS! We packed-in the 1.7 miles to the campground, had lunch and proceeded to hike down, down, down the Hopper Trail, ascended to the Stone Ledge campground, enjoyed the view and then back in time for lots of wine, starting a bonfire and

preparing dinner on a JetBoil and a white gas stove. A surprise treat of toasted marshmallows with chocolate syrup was enjoyed by all. We stowed remaining food in the prominent bear box and retired for the night. Alan slept in his tent while the others utilized the shelter. Everyone professed to have a good night's sleep. It was clear and 39 degrees when we awoke on Sunday. We left most equipment at the campground, energetically ascended Mt. Greylock, enjoyed the view and interpretive signage and toured the Bascom Lodge. The hike down and out to the trailhead was uneventful, but one challenge remained. Jim's truck would not start. Jumper cables were available and the hurdle was quickly overcome. It was a terrific couple of days and a preview of the great hiking/camping program available this summer.



Photos courtesy of Alan Greenstein

PADDLE REPORT: BASS RIVER SOUTH 6-7-14 by Betty Hinkley



Paddlers: Paul Corriveau, L, Jean Orser, CL, Vickie Blair-Smith, Bill Fischer, Margot Fitsch, Gary Robinson, Pat Carden, Seth Stoffregen, Imelda Stoffregen, Lilo Kimball, Mary O'Connor, Beverly Ferris

Twelve paddlers left Cove Road put-in and paddled south on Bass River into Horse Foot Cove past Bass River Marina and under Route 28 bridge to Winkle Point where we checked out the large boats moored in the fingers. Just past the West Dennis Boat Club we looked at the Loring Ave Bridge to Weir Creek where we had paddled last year, but the tide was going out too fast to get under the bridge. So we headed to West Dennis Beach passing a family of geese with a really cute baby. We lunched opposite the dredging crane on West Dennis Beach and one brave paddler went swimming and she said the water was great. Afterwards we headed back on the opposite shore out of the slight breeze passing Grand Island and the Yarmouth Windmill. Most headed to the put-in but a few circled Grand Cove. Bill reported the mileage as 7.6. A really nice day for paddling with perfect temp, light breeze and sunshine.



Photos courtesy of Betty Hinkley

Conservation News from the AMC

The Cleanest Energy is the Energy Not Used

Energy dependence is a huge issue. With some of your favorite places to recreate at risk from big energy projects like Northern Pass, it's time to look at why these threats are popping up in the first place. Hint: it has a lot to do with high demand.

AMC's dedication to recreation goes further than caring for your trails, helping you plan your next adventure, and introducing you to new places to explore all over the Northeast. Your club is dedicated to all things outdoors – including protecting your natural playgrounds.

Conservation has been part of our mission from the start and today we're recognized as experts for our independent research and our impactful advocacy. Every time you pay your dues, you support our conservation efforts. The same goes for every kWh you conserve.

AMC has asked members to take a pledge to schedule a home energy audit. If you've already done so, kudos to you! Now, encourage a friend to take the pledge. Think about how your daily energy consumption affects the demand for new energy projects. Consider how you get from place to place and see if you can make less of an impact on air quality.

It's true, many energy projects are greener than in the past, but **the cleanest energy is the energy not used**. Keep up with AMC's Cleanest Energy campaign by joining the Conservation Action Network today at www.outdoors.org/CAN.



Appalachian Mountain Club Welcomes EPA Plan to Reduce Carbon Pollution from Existing Power Plants

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The Appalachian Mountain Club (AMC) applauds today's announcement by the Environmental Protection Agency of a much anticipated plan that will address carbon pollution from America's existing power generating facilities. As the nation's oldest conservation and recreation organization, AMC sees this as an essential step toward curbing greenhouse gas emission impacts, improving air and water quality, and encouraging a robust clean-energy future. Using proven market-based approach of cap-and-trade as one of the core tools to achieve emissions reductions of 30 percent from 2005 levels by 2030, the plan also will foster investments in energy efficiency and clean energy alternatives, AMC representatives said.

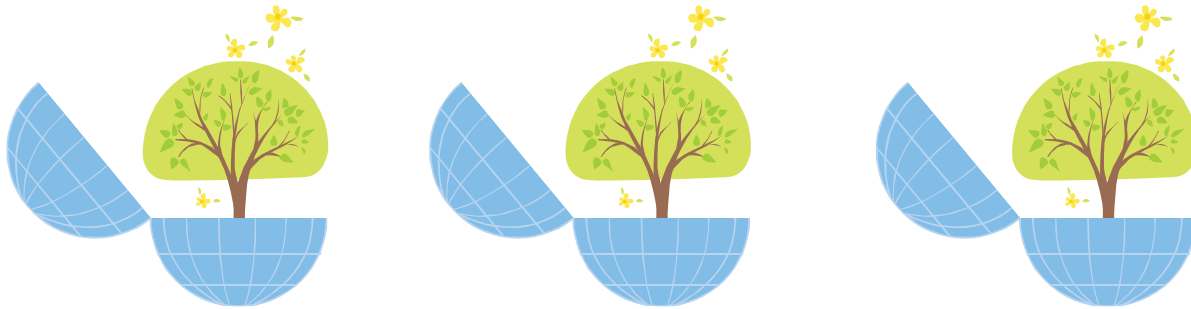
"AMC has been studying the impacts of air pollution and climate change in the northern Appalachian mountains for decades. As outdoor recreationists and conservationists, we take air pollution personally, given what it can do to our lungs, our views, and our environment," said AMC Air Quality Scientist Georgia Murray. "We promote outdoor activity to help kids and their families learn about and enjoy the natural world, and we encourage stewardship of our trails, forests, and waters. But dirty air is a barrier to healthy outdoor experiences and it degrades popular outdoor places that attract millions of people each year," she said.

Further, noted Murray, the release of greenhouse gases from fossil fuel combustion threatens the ecological stability of mountain and forested landscapes. She reports that over the past 80 years, the White Mountains of New Hampshire have warmed and snow melt timing is trending about two weeks earlier today in Pinkham Notch than in the 1930s. "While the mountain forests and unique alpine plants of the Northeast summits survived the last natural warming period, with human-caused climate change we are headed into uncharted waters," she said.

The good news, Murray said, is that air quality has improved, thanks to successful Clean Air Act cap-and-trade programs and Northeast states' participation in the Regional Greenhouse Gas Initiative (RGGI). "Mountain ozone levels have decreased, hazy polluted days have declined, and rain and cloud water are less acidic," she said. "The RGGI program has seen success with reduced CO2 emissions and increased energy efficiency investments that will pay off far into the future. AMC believes these same proven tools can be used to

make much needed additional progress nationally. And the Obama Administration agrees, as the plan announced today offers the successful RGGI model as an option for all states to use to meet carbon reductions requirements.”

Murray said AMC looks forward to helping finalize strong standards that focus on energy efficiency and conservation.



AMC CLUBWIDE NEWS

AMC'S FALL GATHERING 2014

Hosted by the Maine Chapter
October 17-19, 2014
Camp Wavus, Damariscotta Lake,
Jefferson, Maine

- **REGISTER BY OCTOBER 1, 2014:** Lodging/Tenting options and Day Rate available, including meals, activities, and registration fee. For more information or to register, visit www.amcmaine.org/fall
- **HIKING • PADDLING • BICYCLING • NATURE WALKS:** Gear up for some great AMC fun this October when AMCers from all Chapters will gather for three days of exciting outdoor activities and socializing along the Maine coast! Grab your friends and make plans now to join us in Jefferson, Maine, near the waterfront town of Damariscotta. Events for all ages including families, groups, and singles.
- **Come enjoy this club-wide event hosted by the Maine Chapter!** www.amcmaine.org/fall or www.outdoors.org/fallgathering

AMC's NEW LOOK

AMC is unveiling an updated look. You'll see a refreshed logo and some changes to how we talk about AMC. It's all a part of the effort to simplify AMC's message, address common misconceptions, attract a younger, more diverse constituency, and better represent the current, vibrant AMC community. Go to outdoors.org/AMCbranding and check out a new video featuring our tagline "Your Connection to the Outdoors." You will also find a Q&A on the refreshed branding.

AMC BOOK HIGHLIGHT

***Quiet Water Massachusetts, Connecticut, and Rhode Island: AMC's Canoe and Kayak Guide to 100 of the Best Ponds, Lakes, and Easy Rivers*, 3rd ed.**
By John Hayes and Alex Wilson Paperback • \$19.95 Pub date: 4/16/14

Explore the flatwater ponds, lakes, and rivers of southern New England with this fully updated guide in AMC's popular Quiet Water series. Great for families, anglers, and canoeists and kayakers of all abilities, this guide features 100 of the best flatwater paddling trips in Massachusetts, Connecticut, and Rhode Island, including twelve new trips. Explore the tidal estuary of the Parker River, trace the travels of Thoreau and Emerson on the historic Concord River, and observe abundant bird life on the great ponds of Martha's Vineyard. Look for blueberries and mountain laurel along the shores of Western Connecticut's Lake Winchester. Follow the meandering Wood River in Rhode Island and experience the Housatonic River on its run from the Berkshires to Long Island Sound. And much more!

Praise

- "*Quiet Water* is a fabulous, comprehensive resource ideally suited for novice as well as experienced paddlers. Use it to explore, enjoy, and especially to appreciate peaceful lakes, ponds, rivers and estuaries that are readily accessible throughout southern New England."—Gary R. Clayton, VP for Conservation Programs, Mass Audubon

Inside You'll Find:

- Detailed descriptions of each pond, lake, and river, with maps and photographs
- At-a-Glance Trip Planner listing trip time, distance, difficulty, and special features
- Safety and equipment tips
- GPS coordinates, driving directions, and put-in instructions

About the Authors

John Hayes is the Director of Sustainability at Pacific University. He has paddled extensively in New England and is co-author with Alex Wilson of three other books in AMC's Quiet Water series. Wilson is an avid canoeist and naturalist and

a widely published writer on energy, building technology, and environmental issues. He lives near Brattleboro, Vermont.

Ordering Information for AMC Books

AMC Books are available nationwide through booksellers and outdoor retailers, and are distributed by The Globe Pequot Press, Inc., Guilford, CT 06437.

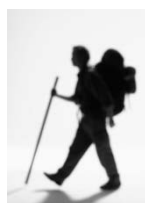
Members and then general public may order directly from AMC at www.outdoors.org/amcstore or by calling 800-262-4455. (Members receive a 20% discount.) The e-book versions are available online through Amazon, iBooks, and Barnes and Noble.

Don't Forget

- Do you have an AAA membership? Do you like to bike? If you answered yes to both of these....read on. AAA Southern New England covers your bicycle, too! AAA Bicycle Service is free and available to all membership levels AAA Members automatically receive two bicycle calls per year. If your bicycle breaks down while you're out for a ride, simply call the road service number on your AAA card (1-800-AAA-HELP).
 - **SEM 100-Mile Hiked Patches**
Any SEM member that would like to have his or her name entered into the 100-mile hiking log spreadsheet (accessible from the SEM Hiking Page on www.amcsem.org) to be able to log their own AMC hiking mileage to earn a patch, should contact the Hiking Chair via email hikingchair@amcsem.org
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How to Fit a Backpack

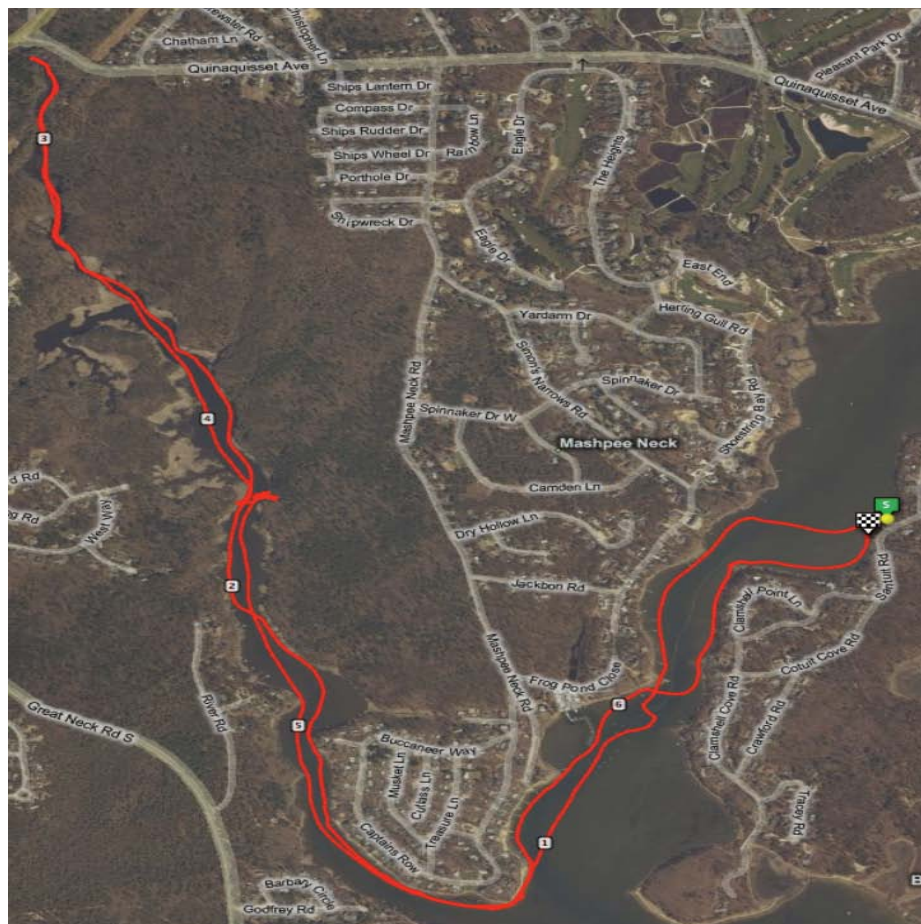
Learn how to fit a backpack so that you enjoy your days of hiking. Read this article to learn how to [carry in comfort!](#)



Paddle Report: Shoestring Bay and Mashpee River, 5-24-14 by Ed Foster - Leader

Despite predictions of rain and wind 7 paddlers showed up at the put-in. We headed out with the wind at our backs but crossed to the western shore to get relief from the chop. It was comfortable paddling to Punkhorn point where we turned north into the Mashpee River. Somehow we were sheltered from the wind and casually paddled all the way to Rte. 28. On the way up, the leader had noticed a possible lunch spot on the left (west) at the end of Amos landing Road and pulled out there on the way out. The other paddlers didn't like the sharp drop-off and opted to a somewhat sandy beach on the eastern side.

The leader dutifully went along. After lunch we continued out the Mashpee River planning to cross the entrance to Shoestring Bay and go into Pinquicket Cove. However there was significant chop and not wanting to deal with that we headed up Shoestring Bay planning to paddle to its head and go up the Santuit River. Unfortunately no matter which side of the bay we paddled on there was no relief from the stiff headwind (~15-20 mph) so we fought our way back to the put-in and called it a day after a 6.6 mile paddle. No rain and other than the headwind heading up Shoestring Bay it was a delightful paddle.



The Southeastern Massachusetts Bioreserve – This Land is Your Land! by Everett Castro

Down in the southeastern part of the state is a forested oasis almost completely surrounded by suburbia. Although some local residents have enjoyed its natural amenities for many years, this public open space land has only been fully accessible to the public for the past twelve years and is just now becoming known to a wider range of outdoor enthusiasts and those that simply enjoy viewing the natural world. What and exactly where is this public land? It is the Southeastern Massachusetts Bioreserve (SMB) in Freetown, Fall River and Dartmouth.



ORV damage and riverbank erosion
at Freetown State Forest
Photo courtesy of *Everett Castro*

Within a fifty mile radius from the center of the SMB reside more than one million people. Easy to see how this forested area is of importance not only to the human residents of southeastern Massachusetts, but also ...especially ... to the vanishing flora and fauna of Bristol County. Our Bioreserve consists of a large (for our small state) contiguous forest with diverse habitats and natural communities. The largest portion of land within the SMB is managed by the Massachusetts Department of Conservation and Recreation (DCR) and the Massachusetts Department of Fish and Wildlife. Also included within the SMB are the Watuppa Watershed lands of the Fall River Water Department as well as land owned and managed by The Trustees of Reservations.

The purpose of our Bioreserve, the first in the state, is to protect, restore and enhance the biological diversity and ecological integrity of a large scale ecosystem representative of southeastern Massachusetts. 15,000 acres is the minimum necessary, according to ecological consultants, required to achieve that goal. At present the SMB is 13,000 acres ...and growing! The SMB also permanently protects drinking water supplies, such as North Watuppa Pond and the Copicut Reservoir as well as wetlands that drain to coastal rivers. In addition, the Bioreserve protects early cultural resources and allows for interpretive educational programs on natural and human history.

In this densely populated area of the state, the SMB also provides opportunities for passive outdoor recreation and enjoyment of our natural environment. Great place to take a break from the urban environment most of us spend our days in and unwind by taking a hike around our shared property.

Let's take a look at a unique, biodiversity rich, coastal stream that lies almost entirely within the SMB. Flowing from Atlantic white cedar swamps, sphagnum bogs and hillside springs, deep within the SMB, is Rattlesnake Brook. Rattlesnake Brook is a lovely, high-gradient, cold water brook. Along and in Rattlesnake Brook live mink and otter, muskrats and raccoons, banded sunfish, red fin pickerel and stocked brook trout. Along the brook nest the rarely seen worm eating warbler, parula warbler, northern water thrush and Acadian flycatcher. In the not too distant past the brook hosted anadromous alewife, blueback herring, rainbow smelt and salter brook trout. A dam at tidewater has blocked the return of these former residents. The good news is that the dam is slated to be removed in the near future and this will, hopefully, help restore those extirpated anadromous species adding to the biodiversity of the Bioreserve.

However, even here in this forested oasis, there is illegal dumping and growing illegal off-highway-vehicle (OHV) use. OHVs have, unfortunately, destroyed a portion of the Rattlesnake Brook valley, just upstream of the old dam. For many years DCR turned a blind eye to this destructive and illegal activity. The damage is egregious.

Not a high profile DCR managed property ...think Horseneck Beach State Reservation, Blue Hills Reservation, Walden Pond State Reservation ...with thousands of patrons and the political interest that brings ...DCR is loath to secure that area of the Bioreserve and restore the brook and land. They need a little nudge.

We are reaching out for support to other regional and statewide groups and organizations that can provide some of the little nudges we feel are needed. Constant vigilance by those in charge and an environmentally aware public are essential to the preservation of such large bioreserves and reservations that are set aside in the public interest.

Those that use and love the forest ...hikers, trail runners, horse riders, berry pickers, birders, mountain bicycle riders, hunters, cross country skiers, etc. have a treasure in the SMB. Shall the land be conserved ...or wasted? These large and small abuses, seemingly minor concession here and there, may lead to the SMB's ultimate destruction before most even get to know it.

If interested in viewing the SMB, there is a small map [here](#):

And a free comprehensive map is available at:

- Freetown State Forest Headquarters, Slab Bridge Road, Freetown, MA.
- The Town Farm, 830 Drift Road, Westport, MA.
- Watuppa Reservation Headquarters, 2929 Blossom Road, Fall River, MA.



ORV and erosion damage at Freetown State Forest
Photo courtesy of Everett Castro

Biking Trips-by Cheryl Washwell

We have had a great spring season for biking. Paul Currier continues to share the beauty of the Cape with us with a variety of rides including his Full Moon rides. Linda Church has jumped back in to lead some Cape rides too!

6/23/14: we had an absolutely beautiful ride with Linda Church: We rode the bike path N, then stopped at Megansett, Fiddler's Cove and took the back way to Old Silver, Sippewissett Rd. to Oyster and cut over to surf drive and back to parking lot for a total of 23 miles. Everyone had a great time. We even saw a skunk run across the road. I have had many wildlife sightings over the years on my bike; however, this was my first skunk one!

Jack Jacobson is back too, leading great scenic rides alternating out of Rochester, Lakeville and Carver. Good to have you back!



Trail Hazard

AMC-SEM Bike trip – Nantucket Trek:

June 20, 2014 - June 22, 2014 (Fri - Sun)

Photos courtesy of Len Ulbricht

-Departed Hyannis Fri 6/20/14 at 12:00pm on the Steamship Authority Traditional Ferry (Slow boat).

-Arrived in Nantucket 2:15pm at the Steamship Wharf. Luggage was transported to the Hostel in Surfside. Everyone biked to the Hostel thru downtown (route was thru the historic district) and to the Surfside bike path (3.4 Miles). All checked in to the Hostel by 4pm.



The Nantucket Hostel



Dinner at Lola Burger

-Dinner was at LoLa Burger (casual dining with fun atmosphere) at the rotary about 5pm-ish. Although the restaurant was about 2 miles from hostel, we squeezed 7 people in a Mazda SUV and 4 in the little red Jeep Wrangler. Two others biked in for additional fun.

-After dinner 9 of us rode back, 2 walked back (the long way) to the Hostel for the sunset and evening at the beach. With minimal light pollution, and clear sky, viewing the constellations was splendid, while listening to the surf.

-Saturday bike trip – Breakfast was provided at the Hostel by 7am. First Trek was the Siasconset Loop – started from Surfside to Siasconset (east side of island) by way of Polpis road....about 13 miles. It was a windy bike path with slight ups and downs, with no big hills. Once in Siasconset we were able to do a little touring around of the town with cute little houses from the 1800's. Since it was early (11am) we decided to continue to Cisco Beach & Cisco Brewery on the way to Cisco Beach for lunch. This leg of the trip was 11 – 17 miles on Milestone Rd (very flat and straight stretch) to the Rotary, then to Fairgrounds Rd bike path to Surfside bike path; Surfside to Vesper Lane to Cisco bike path. We reached the Cisco Brewery where we were could pick up a lunch at one of the concession

trucks from local restaurants and a beverage from the brewery...one favorite was the Blueberry Triple 8 Vodka with Lemonade. We enjoyed the outside seating, at the brewery, in the beautiful day we were blessed with. We then biked back on to Cisco Beach for a little beach time and get our feet wet in the surf. Now we had a few who wanted to find some ice cream so we back tracked on the Cisco bike path and continued into downtown to find the ice! That was a bit tricky thru the narrow roads and Saturday afternoon traffic (with 12 bikers), but we survived it. We made it to the Juice Bar for the homemade ice cream....Then back to the Hostel to clean up for dinner.



Siasconset Town



Prepping for beach sunset

-Saturday night dinner was a NE Clambake (lobster, chowder, corn on the cob) or a non-seafood choice from Sayles Seafood. Food was served at Patty Rottmeier's house in Naushop on Old South Road for a little birthday revelry. We had the car shuttling again, and by now we are still all getting along, so that was still fun also. Fun evening of eating, and exchanging stories.

-Sunday – 9am the coach came to pick up the luggage and the group sang "Happy Birthday" to the 2 birthday girls. Lots of chuckles were had....Now it was time for all saddled to up for their bike ride to the Steamship. We had time before the boat departs at noon, so everyone strolled around downtown to window shop, have coffee, or buy gifts for their loved ones. Sandwiches were picked up on Broad Street (otherwise known as fast food alley) near the Steamship to take on the boat for lunch. One last laugh for the adventure was that once we unloaded the luggage from the car, there was one extra suit case that belonged to no one in the group...oops...we picked up someone else's luggage from the Hostel. With a quick call to the Hostel, disaster was averted for one distressed camper.

Boat sails back to America, with the happy bikers who hope to come back for another trip.



Path to the beach and dunes

Interested in being a Bike Leader??

There are many more opportunities for new bike leaders to emerge. I would love to chat with you about this if you have a passion for cycling and would like to show of your neck of the woods to the many cyclists that are looking for just what you have to offer. We all have very different styles and abilities. Let's share them with the many people who are like us.

If you would like to lead or co lead a ride or 2 or 10...or 64 like Paul Currier please let me know. If you are interested in a particular area for rides please let me know. If you or anyone you know is interested in a leadership position such as a committee vice chair position – send them my way!

If I can be of assistance to you please email bikingchair@amcsem.org
Bike Chair AMC SEM
Cheryl Washwell



SOUTHEASTERN MASSACHUSETTS ACTIVITIES

This July/August edition will be the last one that will include the listing of activities. We will always provide the website link for the activities. This is the most up to date way of providing you current information. Starting with the September 2014 edition the activities will be just a click away! To find current activities, see below, or [click here](#).

BICYCLING

WANTED: Ride Leaders and Co-Leaders. Are you enthusiastic about cycling? Do you like showing other riders your favorite roads? If yes, then why not share your enthusiasm and routes w/ your fellow AMC members? Contact Bike Chair (bikingchair@amcsem.org) for more info.

AMC SEM 2,000 Mile Club. AMC SEM has a unique 2,000-mi Club. Certificates of achievement and embroidered award patches are presented annually to members who ride 2,000 mi or more per year. Contact the bicycling chair to register your mileage and for more info. (bikingchair@amcsem.org)

Tues. Rides. Turn Those Tires on Tues. Rides scheduled all year long, weather permitting. 25 mi of road or 15 mi of mtn. biking. Tues. at 2 p.m. Flat to hilly. Contact L for start location and directions. Intermed. pace. Riders and bicycles in top shape; tires and riders pumped and ready to roll; helmets and water req'd. L Paul Currier (508-833-2690 8am-7pm, paulbcurrier@comcast.net)

Chapter Trips

(CE) Tue., Jul. 1. Scenic Cycling - Chatham in Bloom, Massachusetts, Cape Cod, MA. Chatham in bloom; Morris Island, the shore and the breaks. Views and stops at unique and interesting places. L Paul Currier (508-833-2690 7AM - 7PM, paulbcurrier@comcast.net)

(CE) Sat., Jul. 12. Sunset/Full Buck Moon Ride, Massachusetts, Cape Cod, MA. Road Cycling canal and Gray Gables and Masnhee Island for sunset over Buzzards Bay and moonrise over the Sagamore Bridge. L Paul Currier (508-833-2690 7AM - 7PM, paulbcurrier@comcast.net)

(CE) Tue., Jul. 29. Scenic Cycling - Chatham North, Massachusetts, Cape Cod, MA. Scenic Cycling on Cape Cod - 22+ miles/2 hours. C2B. Chatham North - spectacular scenery from hills and seaside. L Paul Currier (508-833-2690 7am- 7pm, paulbcurrier@comcast.net)

(CE) Sun., Aug. 10. Sunset/Full Sturgeon Moon Ride, Massachusetts, Cape Cod, MA. Road cycling - hills and shores of Sagamore & canal to Buzzards Bay for sunset at MMA and Sagamore moonrise. L Paul Currier (508-833-2690 7AM - 7PM, paulbcurrier@comcast.net)

(CE) Tue., Aug. 26. Scenic Cycling on Cape Cod, Massachusetts, Cape Cod, MA. Scenic Road Cycling on Cape Cod- Dennis - 22+ miles/2 hours. C2B-C2D. Views & stops at unique and interesting places. L Paul Currier (508-833-2690 7am-7pm, paulbcurrier@comcast.net)

(CE) Mon., Sep. 22. BIKE: Sunset & Summerset at Skaket, Massachusetts, Cape Cod, MA. Road cycling from Skaket Beach to Mass Audubon in Wellfleet. Beautiful views of marshes and beaches and spectacular Skaket sunset. L Paul Currier (508-833-2690 7am-7pm, paulbcurrier@comcast.net)

CANOE/KAYAK

Please see "paddle" committee. Contact paddlingchair@amcsem.org

Chapter Trips

Wed., Jul. 9. Paddle Wednesday July 9 - Oyster Pond/Stage Harbor - Chatham, MA, Oyster Pond, Chatham, MA, Massachusetts, Cape Cod, MA. Launch at 10:30AM. Exit 11 South from Route 6; Left on Route 28; first exit off the rotary in Chatham to beach. PFD required; spray skirt if windy. L Betty Hinkley (bhinkley@mindspring.com)

Wed., Jul. 16. Paddling - Shoestring Bay, Cotuit, Barnstable, MA, Massachusetts, Cape Cod, MA. Depending on conditions: rivers, bays, a creek, open water and a marsh. Likely wildlife galore! Probably about 8 miles. L Louise Foster (508-420-7245 Any Time, janlouise@comcast.net), R Louise Foster (508-420-7245 Any Time, louise.foster@alumnae.brynmawr.edu)

Sat., Jul. 19. Indian Lakes, Marstons Mills, Barnstable, MA, Massachusetts, Cape Cod, MA. Explore Middle Pond and Mystic Lake. Possibly Hamblin Pond, Likely 6+ miles. L George Wey (781-789-8005, geowey@comcast.net), R George Wey (781-789-8005 any time, geowey@comcast.net)

Wednesdays

Jul. 23. Paddling - Follins/Mill Ponds, Dennis, Dennis, MA, Massachusetts, Southeast, MA. Paddle ponds, 7-9 miles. Beach lunch. Life vest required. Spray skirt may be required. Registration required. L Paul Corriveau (508-362-0451 before 8 pm, paulcorri@gmail.com) CL Jean Orser (508-362-0451 before 8 pm, jeanorser@gmail.com)

Sat., Jul. 26. Leader's Choice Paddle, Massachusetts, Cape Cod, MA. Depending on conditions, Barnstable Harbor or Southway/Monomoy. 8 to 10 miles. L Ed Foster (508-420-7245, erfoster@comcast.net)

Wed., Jul. 30. Paddle - Pleasant Bay, Massachusetts, Cape Cod, MA. Paddle around Tern Island to the Chatham cut. Return around Strong Island for 10 plus miles. L Ed Foster (508-420-7245, erfoster@comcast.net)

Saturdays

Aug. 9. Paddling - Herring River North, West Harwich, MA, Massachusetts, Southeast, MA. Paddle 8-9 miles. Lunch North Bridge. Life vests required. Spray skirts may be required. Registration required. L Jean Orser (508-362-0451 before 8 pm, jeanorser@gmail.com) CL Paul Corriveau (508-362-0451 before 8 pm, paulcorri@gmail.com)

Wed., Aug. 13. Paddling - Wellfleet Harbor, Massachusetts, Cape Cod, MA. Wellfleet Harbor. PFD required. Launch at 10:30 am. Registration required. L Don Palladino (djp1958@comcast.net) (508-349-2950). L Don Paladino (508-349-2950, djp1958@comcast.net)

Sat., Aug. 16. Paddling - Slocum River, Dartmouth, MA, Massachusetts, Southeast, MA. Mostly flat water trip down Dartmouth's Slocum river and up Little River, about 14 miles. L Haven Roosevelt (508-636-0006 any time, havenesq@comcast.net)

Wed., Aug. 20. Paddle Wednesday August 20 - Swan River, Dennis, MA, Massachusetts, Cape Cod, MA. Launch 10:30AM. Exit 9 South from Route 6; Left on Upper County Road to Left on Clipper Lane to put-in on left. PFD required; spray skirt if windy. L Betty Hinkley (bhinkley@mindspring.com)

Sat., Aug. 23. Leader's Choice Paddle, Massachusetts, Cape Cod, MA. Depending on conditions, Barnstable Harbor or Southway/Monomoy. 8 to 10. L Ed Foster (508-420-7245, erfoster@comcast.net)

Wed., Aug. 27. Paddling - Pamet Harbor, Massachusetts, Cape Cod, MA. Pamet Harbor. PFD required. Launch at 10:30 am. Registration required. L Don Palladino (djp1958@comcast.net) (508-349-2950). L Don Paladino (508-349-2950, djp1958@comcast.net), R Don Palladino (Box 352, South Wellfleet, MA 02663, 508-349-2950, djp1958k@comcast.net)

CAPE HIKES

Always looking for additional leaders to lead hikes on the cape! Contact the capehikingchair@amcsem.org

Chapter Trips

Fri., Jul. 11. Hike Full Moon Cape Cod Canal (C3C), Cape Hikes, Massachusetts, Cape Cod, MA. Hike canal to Sandwich boardwalk and back. From 6A take Tupper Rd and turn N onto Freezer Lane, park in lot at end of road. Meet 5:45 PM, hike starts 6 PM. L Jane Harding (508-833-2864 before 8 PM, janeharding@comcast.net)

Sat., Aug. 9. Hike - Full Moon West Dennis Beach (C4C), Massachusetts, Cape Cod, MA. Rte 6 Exit 9A S Rte 134, go straight, cross Rte 28, go to end, turn Right. In 0.5 mi turn Left to beach pkg near entrance and concession bldg. Meet 7:00 p.m. < 2 hrs. L Janet Kaiser (508-432-3277 Before 9 p.m.)

EXECUTIVE COMMITTEE

Volunteer Opportunities

Until Filled. Chapter Youth Program (CYP) Leader, Southeastern Mass Chapter, Massachusetts, Southeast, MA. Share your outdoor skills with local groups of kids. Additional training and screening required. Sally Delisa (picpocit@verizon.net)

Chapter Trips

(FT) (NM) (AN) Sat., Nov. 1. SEM Annual Meeting, Massachusetts, Southeast, MA. SEM Annual Meeting. L Cheryl Lathrop (chair@amcsem.org)

HIKING

IMPORTANT: No pets w/o prior permission of trip leader. Individuals under 18 years of age must be accompanied by a parent or responsible adult, and obtain prior consent from L. Those accompanying a minor are responsible for minor's actions. Reg. req'd for most hikes, preferably at least 1 week prior to the trip so Ls can discuss prior hiking exp., conditioning, clothing, and equipment. Rating codes (e.g. C4D): first letter indicates distance in mi (AA=13+, A=9-13, B=5-8, C=less than 5 mi), middle number indicates pace (1=very fast, 2=fast, 3=moderate, 4=leisurely), second letter indicates terrain (A=very stren., B=stren., C=average, D=easy)

Get your 100-mile patch! Contact hikingchair@amcsem.org.

Always looking for additional hike leaders! Contact hikingchair@amcsem.org

Chapter Trips

(FT) (NM) Thursdays

Jul. 3. Red Line the Blue Hills, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

(FT) (NM) Thursdays

Jul. 10. Red Line the Blue Hills, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

(FT) (NM) Thursdays

Jul. 17. Red Line the Blue Hills, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-

go. L Michael Swartz (swartz@brandeis.edu), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

(FT) (NM) Thursdays

Jul. 24. Red Line the Blue Hills, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

(FT) (NM) Thursdays

Jul. 31. Red Line the Blue Hills, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

(AN) Sat., Aug. 2. Whiteface and Passaconaway Loop Hike, New Hampshire, White Mountains, NH. Strenuous hike with challenging rock ledge scramble. Two 4K peaks with 2,850 ft elevation change, 10+ mile loop. Experienced hikers only. L Len Ulbricht (lenu44@gmail.com) CL Walt Granda (wlgranda@aol.com), R len ulbricht (lenu44@gmail.com)

(FT) (NM) Thursdays

Aug. 7. Red Line the Blue Hills, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

(AN) Sat., Aug. 9-16. Baxter State Park 7-Day Backpack, Baxter State Park, Maine, Maine, Inland, ME. EXPERIENCED BACKPACKERS ONLY: Scenic backpack in Maine Wilderness; Trip will be leisurely, allowing us to paddle in Russell Pond, spend midweek night in remote lean-to at Davis Pond, and then access Chimney pond via the Northwest Basin trail, hopefully traversing the Knife Edge. Only 3 spaces available. L Jim Plouffe (508-562-0051 5-8 PM, jimplouffe@comcast.net), R James Plouffe (508-562-0051 5-8 PM, jimplouffe@comcast.net)

(FT) (NM) Thursdays

Aug. 14. Red Line the Blue Hills, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

(FT) (NM) Thursdays

Aug. 21. Red Line the Blue Hills, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

(AN) Mon., Aug. 25-27. White Mtns. Hut Hike (multi-day), New Hampshire, White Mountains, NH. Enjoy a fabulous hike in the Whites summiting 5 4K footers and staying at Lakes and Madison huts. Cost \$212. L Leslie Carson (508-833-8237, ltc929@comcast.net) L Maureen Kelly (moke1773@aol.com), R Leslie Carson

(FT) (NM) Thursdays

Aug. 28. Red Line the Blue Hills, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

(FT) (NM) Thursdays

Sep. 4. Red Line the Blue Hills, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

(FT) (NM) Thursdays

Sep. 11. Red Line the Blue Hills, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

Sat., Sep. 13-14. Mt. Isolation Hike, New Hampshire, White Mountains, NH. Hike along the Rocky Branch Ridge, camp among the stars and summit Mt. Isolation surrounded by wonderful views. L Leslie Carson (508-833-8237, ltc929@comcast.net) L Maureen Kelly (moke1773@aol.com), R Leslie Carson (508-833-8237, ltc929@comcast.net)

(FT) (NM) Thursdays

Sep. 18. Red Line Blue Hills, Massachusetts, Boston Area, MA. Hike all the trails in the Blue Hills. Location varies each week. 6pm. Register once then show-n-go. L Cheryl Lathrop (chair@amcsem.org), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

(FT) (NM) Thursdays

Sep. 18. Red Line the Blue Hills, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

(FT) (NM) (AN) Thu., Sep. 18-21. *** CHAPTER HUT WEEKEND 2014 *** , Highland Center, New Hampshire, White Mountains, NH. Join us for some Fabulous Chapter fun at the beautiful Highland Center at Crawford Notch, New Hampshire. http://www.amcsem.org/events_chw.2014_flyer.pdf. L Cheryl Lathrop (socialchair@amcsem.org) CL Melissa Powers (socialchair@amcsem.org), R Melissa Powers (socialchair@amcsem.org)

(FT) (NM) Thursdays

Sep. 25. Red Line the Blue Hills, Massachusetts, Boston Area, MA. Hike the Blue Hills. Location, terrain and elevation vary each week. 6-8pm every Thursday night. Register once then show-n-go. L Michael Swartz (swartz@brandeis.edu), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

(AN) (XCE) Sat., Nov. 8-9. Wilderness First Aid (WFA) Training [Foxboro], Massachusetts, Southeast, MA. SOLO WFA/CPR training for AMC hiking leaders and all outdoor enthusiasts to be held in Foxboro, MA. L Len Ulbricht (lenu44@gmail.com), R Len Ulbricht (lenu44@gmail.com)

(FT) (NM) (AN) Fri., Feb. 6-8. Winter Fun Weekend (hiking, snowshoeing, xc skiing, etc.), Noble View Outdoor Center, Massachusetts, Central, MA. SEM Annual "Winter Fun" Weekend at Noble View. Hiking, snowshoeing, XC skiing, sledding, etc. DETAILS TO COME. L Walt Granda (wlgranda@aol.com) L Jodi Jensen (jodiajensen@gmail.com)

PADDLING

Always looking for additional paddle leaders! Contact the canoe/kayak committee at paddlingchair@amcsem.org

Chapter Trips

Wed., Jul. 2. Paddle Cotuit Bay, Massachusetts, Cape Cod, MA. Paddle Cotuit bay, PFD and spray skirt req. 10:30 am. Registration required. L Bill Fischer (508-420-4137 before 9pm, wmbarbarafischer@comcast.net), R Bill Fischer (508-420-4137 before 9pm, wmbarbarafischer@comcast.net)

Wed., Jul. 9. Paddle - Oyster Pond/Stage Harbor - Chatham, MA, Oyster Pond, Chatham, MA, Massachusetts, Cape Cod, MA. Launch 10:30 AM; PFD/spray skirt required; Put-in: from Route 6, take Exit 11 South to Left on Route 28; at rotary take 1st exit (Stage Harbor Rd) to Oyster Pond. L Betty Hinkley (508-255-2818, bhinkley@mindspring.com)

Sat., Jul. 12. Paddle Waquoit Bay Falmouth, Massachusetts, Cape Cod, MA. Paddle Waquoit Bay, Falmouth. PFD and spray skirt req. 10:30am. Registration required. L Bill Fischer (508-420-4137 BEFORE 9 PM, wambarbarafischer@comcast.net), R Bill Fischer (508-420-4137 before 9pm, wambarbarafischer@comcast.net)

Sat., Aug. 2. Paddling - Monk's Cove, Buzzards Bay, Massachusetts, Cape Cod, MA. Circumnavigate Toby's Island & explore Back River. Contact leader for directions to put-in. PFD & spray skirt req'd. Level 2/3. Registration required. L George Wey (781-789-8005 anytime, geowey@comcast.net)

Wed., Aug. 6. Paddle Cotuit Bay, Massachusetts, Cape Cod, MA. Paddle Cotuit Bay. PFD and spray skirt req. 10:30am. Registration required. L Bill Fischer (508-420-4137 before 9pm, wambarbarafischer@comcast.net)

Wed., Aug. 20. Paddle - Swan Pond/River, Dennis, MA, Massachusetts, Cape Cod, MA. Launch 10:30 AM; PFD required/spray skirt if windy; Put-in: Clipper Lane off Upper County Road, Dennis; put-in (Swan Pond) is on the left. Description: Down the river to the Sound. L Betty Hinkley (508-255-2818, bhinkley@mindspring.com)

SOCIALS

Looking for leaders to lead social events. Contact: socialchair@amcsem.org

Chapter Trips

(FT) (NM) (AN) Thu., Sep. 18-21. CHAPTER HUT WEEKEND 2014 (Highland Center), AMC Highland Center, New Hampshire, White Mountains, NH. Chapter Hut Weekend 2014 at the AMC Highland Center. Register Now and Reserve Your Spot. Spaces are limited. L Melissa Powers (socialchair@amcsem.org), R Melissa Powers (socialchair@amcsem.org)

(FT) (NM) (AN) Sat., Nov. 1. SEM Annual Dinner, Massachusetts, Southeast, MA. SEM Annual Dinner. L Melissa Powers (socialchair@amcsem.org)

TRAILS

Looking for leaders to lead trail work events. Contact chair@amcsem.org. Looking for a trails chair. (We have a trails vice chair!)

Volunteer Opportunities

Until Filled. SEM needs a TRAILS CHAIR !, Massachusetts, Southeast, MA. SEM needs a Trails Chair. Contact chair@amcsem.org to volunteer! L Cheryl Lathrop (chair@amcsem.org)