

the southeast *Breeze*



OPEN HOUSE
Bourne Community Center
3/29 4-9pm

Spring Leadership Training **Borderland**
State Park - 5/3

Hike Planning Meetings
6:30pm - 3/5, 6/4, 9/3, 12/3

Board Meetings
6:30pm electronic
3/12, 4/9, 5/14, 6/11, 9/10, 10/8, 11/12

Open Volunteer Positions

Contact Chapter Chair Cheryl Lathrop at chair@amcsem.org if you are interested in a position on the Executive Board.

- Biking Vice Chair
- CYP Vice Chair
- Communications Vice Chair
- Trails Chair
- Conservation Vice Chair
- Education Vice Chair
- XC Skiing Vice Chair

March 2014

Visit AMC SEM Website

Breeze Newsletters

Photos



The Southeast Breeze, the newsletter of the Southeastern Massachusetts Chapter (SEM) of the Appalachian Mountain Club (AMC), is published 12 times a year.

Editor: Andrea Holden
breeze.editor@amcsem.org



AMC SEM
Spring
OPEN
HOUSE

March 29 | 4pm - 9pm
 Bourne Community Center

For more information contact Membership Chair
 Ed Miller membershipchair@amcsem.org

The Education Committee organizes and promotes training of trip leaders for our chapter. Two fundamental programs, Leadership Training and Wilderness First Aid, are planned and supported every year. Other programs may be offered at the committee's discretion.

The Vice Chair and Chair share tasks that typically involve the planning, coordination and hosting of training sessions, nominally two or three weekend sessions per year. Presenting training material is not

required. Upon expiration of the Chair's term in office, the Vice Chair normally moves into the Chair's position.

Volunteer Opportunity
Education Committee Vice Chair

Small event planning experience helpful. Completion of Leadership Training or Wilderness First Aid desirable but not required.

To explore this volunteer position further, contact Len Ulbricht, the Education Committee Chair, at lenu44@gmail.com.

2014 Executive Board

Chapter Chair

chair@amcsem.org
 Cheryl Lathrop, 508-668-4698

Vice Chapter Chair

vicechair@amcsem.org
 Maureen Kelly, 508-224-9188

Secretary

secretary@amcsem.org
 Karen Singleton, 508-730-7701

Treasurer

treasurer@amcsem.org
 Patty Rottmeier
 508-982-1099 (c) 508-228-4207 (h)

Past Chapter Chair

pastchapterchair@amcsem.org
 Jim Plouffe, 508-562-0051

Membership Chair

membershipchair@amcsem.org
 Ed Miller, 774-222-0104
 5-9pm, no calls after 9pm

Membership Vice Chair

membershipvicechair@amcsem.org
 Ellen Thompson

Biking Chair

bikingchair@amcsem.org
 Cheryl Washwell, 774.259.4535

Chapter Youth Program (CYP) Chair

cypchair@amcsem.org
 Sally Delisa, 781-834-6851

Cape Hiking Chair

capehikingchair@amcsem.org
 Farley Lewis, 508-775-9168

Cape Hiking Vice Chair

capehikingvicechair@amcsem.org
 Peter Selig, 508-432-7656

Cape Hiking Vice Chair

capehikingvicechair@amcsem.org
 Janet DiMattia, 508-394-9064

Paddling Chair

paddlingchair@amcsem.org
 Betty Hinkley, 508-241-4782

Paddling Vice Chair

paddlingvicechair@amcsem.org
 Ed Foster

Communications Chair

commschair@amcsem.org
 Gina Hurley, 508-362-6573

Trails Vice Chair

trailsvicchair@amcsem.org
 Wayne Anderson, 508-697-5289

Conservation Chair

conservationchair@amcsem.org
 Joanne Jarzowski, 508-775-7425

Education Chair

educationchair@amcsem.org
 Len Ulbricht, 508-359-2250

Hiking Chair

hikingchair@amcsem.org
 Paul Miller, 508-369-4151

Hiking Vice Chair

hikingvicechair@amcsem.org
 Leslie Carson, 508-833-8237

Ski Chair

xcskichair@amcsem.org
 Barbara Hathaway, 508-880-7266

Ad Hoc Committees

Family Events Chair

familyeventschair@amcsem.org
 Chris Pellegrini, 508-244-9203

Family Events Vice Chair

familyeventsvicechair@amcsem.org
 Bill Pellegrini, 508-244-9203

Social Director

socialchair@amcsem.org
 Melissa Powers

Staff

Social Networking Moderator

social.nw.moderator@amcsem.org
 Susan Salmon

Blast Editor

blast.editor@amcsem.org
 Gina Hurley, 508-362-6573

Breeze Editor

breeze.editor@amcsem.org
 Andrea Holden, 508.837.6998

Find activities (hikes, bikes, etc.)

1. The monthly *Breeze* - email
2. *AMC Outdoors magazine* - mail
3. [Online trip listings](#)
4. Sign-up for [short notice trips](#) (center bottom of page)

Pictures and Article Submissions

We encourage SEM members to submit articles and photos for both the *Breeze* and our website. Materials will be edited at the editor's discretions. Send to breeze.editor@amcsem.org

Breeze Deadline

Monthly on the 15th

Sign-up for the Breeze

Call 800-372-1758 or email amcinformation@outdoors.org

Where to find Breeze Publications

Volunteers Wanted

Volunteer for the Executive Board. Do you have skill and want to see where you fit? Lead hike, bike, ski, snowshoe, x-country or paddle trips. We have volunteer positions open! Contact chair@amcsem.org

Want SEM activities delivered right to your email inbox? Sign up for AMC "digests". Access the Member Center from our home page (amcsem.org) or call 800-372-1758.



View from the Chair

By Cheryl Lathrop

Winter isn't over yet! Remember, March comes in like a lion and goes out like a lamb. But, here in New England it could be quite the reverse! That's why our activity leaders have a March full of winter outdoor activities set up for you. So, get outside!

Newbie SEM member? Wannabe SEM member? Come to our annual SEM Open House—Saturday, March 29, 4-9:00pm at the Bourne Community Center. Meet SEM volunteer leaders and find out what our chapter is all about. Free food, slide shows, and lotsa info!

Want to get more involved? Email me and I'll find something for you. We have both large and small volunteer needs. And I'll find something that matches your interests and capabilities.

Cheryl Lathrop

Chapter Chair

Got something to say? Got a good idea? Want to volunteer?
Feel free to contact me anytime about anything!
chair@amcsem.org



Courtesy Nancy Minah

As always, feel free to contact your chapter chair, or vice chapter chair at any time.

Chapter Chair: Cheryl Lathrop (chair@amcsem.org) ~ Vice Chapter Chair: Maureen Kelly (vicechair@amcsem.org)

GET INVOLVED

Be a volunteer and reap the rewards

If you'd like to give back to your SEM chapter, we'll find something small for you to do to get started. Contact the Chapter Chair at chair@amcsem.org and we'll match up your interests and capabilities with our needs.

Are you a detail person, long-time chapter member & former board member?

We're forming a committee to update our chapter Bylaws and Operating Rules.

See our current [Bylaws and Operating Rules](#). Contact your Chapter Chair at chair@amcsem.org.

Like to work with groups of children? Want to share your outdoor knowledge with the next generation?

Our Chapter Youth Program (CYP) is looking for leaders. A typical CYP might include a local walk with some nature lesson or trail game. Contact Sally Delisa cypcoordinator@amcsem.org

Like to ski? Want to see more ski trips?

Our Ski Committee needs a Vice Ski Chair to work with our Ski Chair to help to plan ski events, both downhill and cross-country. Contact xcskichair@amcsem.org for more information.

Conservation minded? Want more conservation activities?

Our Conservation Committee needs a Vice Conservation Chair to work with our Conservation Chair to help plan conservation events and education. Contact conservationchair@amcsem.org for more information.

2014 LEADERSHIP TRAINING

Leadership Training will be held on **Saturday, May 3, 2014** at **Borderland State Park, N. Easton, MA**. This course prepares trip leaders for managing groups they will be leading on AMC sanctioned trips. The course covers leadership styles, trip planning considerations, screening criteria to insure similar group member skills, risk mitigation, and qualifications to become a leader. Non-trip leader candidates are also welcome. It is an all day course with a mix of classroom and outdoor exercises. Lunch and refreshment breaks are provided. This course is offered at no cost to chapter members.

Please register by April 19 with Len Ulbricht at lenu44@gmail.com

Leadership Training - Why Take It?

In order to foster safe outdoor recreation enjoyable to all, AMC has for many years offered a variety of [training programs](#) - both for personal growth and trip leaders/organizers. The most basic program is Leadership Training. This program covers the essential elements our trip leaders need to understand when organiz-

ing, planning and managing groups of hikers, bikers, paddlers, or skiers. It is offered by all AMC chapters to train leaders with a common set of guidelines for situations they will likely face in running an outdoor activity. Anyone wishing to lead trips for our chapter should take this program.

Suppose one is uncertain as to whether or not they want to lead trips. Can they take it? Or how about members new to AMC who are not seeking to lead but want to learn how our organization operates. Can they take it? And there are those members who just wish to participate and not lead. Can they take it?

Yes! Yes! Yes! to all three questions. Leadership Training is for participants, too. You will learn how leaders manage groups, screening considerations leaders undertake and may ask you about to insure group compatibility, how to deal with accidents and AMC liability protections, and ways to personally prepare for your outdoor experience whether it's hiking, biking, paddling or skiing. You'll also meet and interact with SEM trip leaders who present course materials. So give LT some thought.

CYP Leadership Training

A CYP Leadership Training class will be given in our region one Saturday in March
However, we need to guarantee 6 people.

IF YOU ARE INTERESTED IN BECOMING A CYP LEADER, CONTACT THE CYP CHAIR ASAP! cypchair@amcsem.org

Mt. Pierce Winter Hike Doesn't Disappoint

by Paul Miller, SEM Hiking Chair

With temperatures frequently in the single digits down here in Massachusetts in the weeks leading up to SEM 2014 Winter Hike #3 on Feb. 1st, I had been a little concerned about the weather and trail conditions we would encounter for Saturday's trip to 4,300 foot Mt. Pierce in New Hampshire's Presidential Range. On the Friday before the hike the local weather forecast posted at the AMC Highland Center in beautiful Crawford Notch wasn't all that encouraging. But rather than the anticipated bitterly cold temperatures, the forecast now called for lots of clouds and unseasonably mild temperatures with the possibility of snow or rain in the afternoon.

But we lucked out once again. When the 16 intrepid SEM winter hikers, many of us who had driven up to Crawford Notch the day before, showed up at the large Crawford Connector parking area off the Mt. Clinton Rd. at 8:45 am on Saturday morning, the sun was shining brightly and the temps in the high 20's at the trailhead suggested that we would have fine winter weather for our hike. Leaders for this Winter Series hike included myself, Mike Woessner, Wayne Anderson, and Chris and Bill Pellegrini, with Anne Duggan serving as co-leader.

Based on the AMC info desk reports that trail conditions on the Crawford Path were mostly hard-packed snow with several icy spots, we decided to leave our snowshoes in the cars and wear our microspikes to start out. But we also brought our full crampons...

because you never know what kind of conditions you'll encounter along the way.

At the last minute, we also decided to modify our route. Since several people had expressed concern about potentially icy conditions on the steep section of the Webster Cliff Trail between the summit of Pierce and the AMC Mizpah Hut, we decided to do a reverse,

The group pauses for a photo op on the summit of Mt. Pierce. That's Mt. Eisenhower and Mt. Washington in the background. (Mike Woessner photo)



Barry Farnsworth

Memorial Scholarship

Map and Compass Training

To honor the late Barry Farnsworth, our recent Education Committee Vice Chair, the Executive Board has voted to create a \$100 scholarship toward the cost of M&C training tuition. Barry had a personal interest in promoting M&C training within the chapter, and the Board chose to recognize him in this manner. The funds may be used for training programs offered by any AMC chapter or those offered by non-AMC entities. This scholarship is open to both trip leaders and non-trip leaders in SEM. Interested parties should review the scholarship [application form](#) and, upon completion of training, submit an SEM scholarship application to the Education Committee chair. Reimbursement will be made upon approval by the chapter's Executive Board.

Contact Education Committee chairperson, Len Ulbricht, at lenu44@gmail.com for further information.

Map & Compass Training Opportunities

A map and compass (M&C) are two of the ten must have essentials for wilderness hiking. (Do you know the other eight.) Key elements of M&C instructional training include basic compass use, correction for magnetic variation, terrain map reading, following a compass course, triangulation and bushwhacking. If M&C is new to you or if you could use a refresher session, consider the following M&C offerings.

March 9, 15 or 22 at Rocky Woods in Medfield. Offered by REI. See <http://www.rei.com/outdoorschool/140/programs/23>

April 25-27 at Cardigan Lodge in NH. Offered by NH Chapter. See <http://activities.outdoors.org/search/index.cfm/action/details/id/72532>

May 2-4 at Highland Center in Crawford, Notch NH. Offered by AMC. See <http://activities.outdoors.org/search/index.cfm/action/details/id/70838>

SEM is offering the Barry Farnsworth Memorial Scholarship for Map & Compass training. This scholarship will help defray the tuition expense for any of the above training opportunities. Contact the Education Chair, Len Ulbricht, at lenu44@gmail.com for further details.



Julianne and Sue change from microspikes to crampons at the closed-for-season Mizpah Hut. (Mike Woessner photo)

counter-clockwise loop. This involved taking the Crawford Connector to the Crawford Path; heading up the Crawford Path and taking the Mizpah Cutoff on the inbound (rather than outbound) loop, before hitting the summit Pierce via the Webster Cliff Trail from the hut. This would mean we would be climbing up (rather than down) the short, but very steep section of the Webster Cliff Trail to the summit of Pierce. The rationale here, of course, was that it's usually a safer to scramble up steep icy sections of trail, than slip, slide, and stumble down...

As it turned out, either loop probably would have worked fine on this particular day, but I for one certainly did enjoy the variety of doing the loop in a counter-clockwise direction.

As promised, the snow-packed Crawford Path offered excellent footing and the few icy sections were not difficult to negotiate with our microspikes, which were able to get a grip on the relatively soft ice (this might not have been the case if the temperatures had been colder). We made it up to the Mizpah Cutoff in

pretty good time and then followed this up toward the hut. As we got closer to the hut, gaining altitude along the way, the snow got a bit deeper and less consolidated, the temperature dropped, and the trail became even prettier as we passed through the peaceful snow-draped birch forest.

It was only about 11:30 am when we broke out of the trees into the clearing in which the closed-for-the-season Mizpah Hut sits, but it was so sunny and pleasant there that we decided to stop for a quick lunch before negotiating the short (.9-mile), section of the Webster Cliff Trail that leads up to the summit of Pierce.

At this point, I retook the lead, but even at my tortoise-like pace, this section of the trail provided everyone with an excellent cardio workout. One step at a time (in full crampons now), we eventually got up the steep section and arrived at a false summit that offered some wonderful views north toward Mt. Washington, and even across to Jefferson and Adams in the Northern Presis. Very cool!

From this false summit, it was a pretty easy jaunt up through the increasingly smaller trees to the partially exposed (but on this day, virtually windless) summit of Pierce, which added a nice view of the rounded summit of nearby Mt. Eisenhower to the panorama.

After stopping to enjoy the views and take the obligatory summit photos, we changed back into our microspikes, shouldered our packs, and headed down the short remaining stretch of the Webster Cliff Trail to the Crawford Path. The jog back down the Crawford Path was quite enjoyable, since now we had gravity working in our favor and the hard-packed snow was easy on the knees. We didn't even mind that the predicted clouds had started to fill in, with a clear threat of snow in the air.

We got back to our cars at around 3:30 pm, having completed the 6.6-mile loop hike with app. 2,400 elevation gain in about 6.5 hours. While several lucky hikers had made plans to stay up in Crawford Notch, most of us had to make the long drive back down to Massachusetts. Before doing so, I stopped briefly at the Highland Center to change into street clothes and grab the first of several cups of coffee for the drive.

AMC SEM 100-MILE HIKING CLUB



Log your miles; earn an awesome patch!

SEM Hiking Committee has just initiated an "100-Mile Hiking Club" for SEM members who get out on the trails regularly with the club.

Membership is open to any SEM member who, starting on July 1, 2013, hikes at least 100 miles with the SEM and/or any other

AMC chapter and remembers to log those miles along with the date hiked and location on our online spreadsheet linked to the SEM Hiking page on www.amcsem.org.

To get your name included on the online spreadsheet so you can record your miles hiked with the AMC after July 1st (using the honor system), just send an email to either hikingchair@amcsem.org or hikingvicechair@amcsem.org.

PUZZLE ANSWERS

Answers

1. biking
2. hiking
3. communication
4. paddling
5. conservation
6. education
7. membership
8. skiing
9. social
10. trailwork
11. family

Final: Committees of the SEM executive board

Meet the SEM Executive Board



The executive board is a group of people that work for you, the membership! Although we are all volunteers, we are serious about our work, and love the outdoors! We thought it would be good for you to know a little bit about us, so we posed these 5 questions to the executive board. We would also like to learn more about you. If you would like to share your answers to questions 3, 4, and 5 in an upcoming Breeze newsletter, please email the communications chair communicationschair@amcsem.org. We will highlight a member or two each month.

1. Name and position on the executive board?
 2. How long have you been on the executive board?
 3. How long have you been an AMC member?
 4. What is your favorite outdoor activity?
 5. What is your dream outdoor adventure?

1. Name and position on the executive board?
2. How long have you been on the executive board?
3. How long have you been an AMC member?
4. What is your favorite outdoor activity?
5. What is your dream outdoor adventure?

Cheryl Lathrop, Chapter Chair



Executive Board: 7 years
 AMC member: Since 2005
 Favorite activity: Hiking (and the more in the wilderness, the better!)
 Dream adventure: I think I have already had my 'adventure'. Years ago I was skiing at Wachusett, and a blizzard arrived. Most

people left the mountain, but they didn't close it! My kids and I kept on skiing. It was wild and primal, and I loved it. Another time, I was on an AMC hike. When we were on the top of the mountain, some weather blew in. Obviously we started our descent, but there for our first half a mile, it was wild and primal. Wild wind, trees swaying. Clearly I love wild primal weather, but only as long as I am safe. (Yes, I love roller coasters!)

My future dream is to have a mild adventure every day-- to retire in NH, and live near/in the mountains. And, instead of my daily walk around town for exercise, to bop up a mountain every morning. And to do this as long as I am vertical!

Maureen Kelly, Vice Chair



Executive Board: 2.5 years
 AMC member: 9 years
 Favorite activity: It's very hard to pick one favorite outdoor activity; I just love to be outdoors. Some of my favorite outdoor things are: hiking to a summit with a view; every time I feel like I am on top of the world being on the wa-

Executive Board Puzzle

Direction: Unscramble each of the clue words. Copy the letters in the numbered cells to other cells with the same number.

NGKIIB
 24 22

HIGNIK
 14

MONNUCCIIMAOIT
 13 2

DAPLNGID
 5

TESINCNOROVA
 1 16 8 23 21

DUIICOTENA
 9 28 20 19 6

SBMERIEPHM
 3 15 18 17 27

KIGISN
 10

LAI SOC
 11 26

RWKOTIRAL
 7 25

LIMFYA
 12 4

 X
 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 8 8 19 20 21 22 23 8

24 25 26 27 28

Want to sell your stuff?

Send to breeze.editor@amcsem.org with details.

SALE

Rossignol Touring X Country Skis w/ bindings. 190/05741776

Women's boots to match size 7 1/2 to 8



\$75 or Best Offer
Great Condition, bought at EMS

Madeleine
508-331-5334

*Images are for illustration purposes only and are not the items for sale, please contact seller for details

AMC ACTIVITY PARTICIPATION POLICY

AMC encourages involvement in its mission and activities through its membership, programs, policies, and procedures. Our goal is to be a community that is comfortable, inviting, and accessible for people of any age, gender, race, religion, ethnicity, ability, sexual orientation, or socioeconomic status. Some AMC programs are designed for a certain age range of members or for a special activity or topic. However, any person who meets the minimum qualifications (age, skills, experience, fitness) established by the trip leader(s) for an activity is eligible to attend, if space is available. Individuals under 18 must be accompanied by a responsible adult. All participants in AMC activities are required to sign the AMC waiver form provided by the leader. Preview the waiver at: <http://amcsem.org/documents.html>

ter in my kayak, seeing wildlife around me like seabirds and seals and using my strength to paddle through the water -hiking or skiing in a winter wonderland of snow and blue skies, waiting for the stars to come out with my backpacking buddies in the Maine mountains

5. Dream adventure: My dream outdoor adventure would be to hike the Grand Canyon with my 3 sons

Karen Singleton, Secretary

Executive Board: 4th year as Secretary
 AMC member: Since October 2002
 Favorite activity: hiking
 Dream adventure: Would love to go hiking in New Zealand



Patty Rottmeier, Treasurer

Executive Board: Third year as treasurer.
 AMC member: Since 2007
 Favorite activity: Love Downhill skiing and cross country skiing...just don't get to do it often enough. I love to hike and bike (rail trails are great fun on Cape Cod and are being developed around Mass)
 Dream adventure: Most likely a ski adventure...guided back country trip.



Gina Hurley, Communications Chair

Executive Board: 1 year
 AMC member: Since 1996
 Favorite activity: Hiking
 Dream adventure: There are so many dream trips....one is hiking in the Swiss Alps.



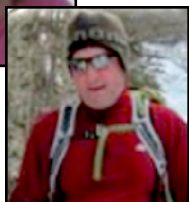
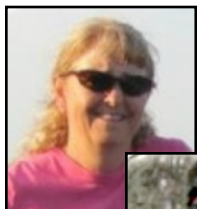
Farley Lewis-Chair Cape Hikes

Executive Board: Second year
 AMC member: 12+ years.
 Favorite activity: hiking.
 Dream adventure: Explore Norway



Christine Pellegrini, Family Events Chair and Bill Pellegrini, Family Events Co-chair

Executive Board: Chris 6+ years, Bill 4yrs
 AMC member: 8 yrs.
 Favorite activity: Riding our Tandem Bike
 Dream adventure: Riding the Tandem across the US



Elizabeth Hinkley, Paddling Chair

Executive Board: 4 years
 AMC member: Since 2002
 Favorite activity: Kayaking
 Dream adventure: Kayaking in other places around the world (Baja, New Zealand etc.)



Len Ulbricht, Education Committee Chair

Executive Board: Six years, the first three as Membership Chair
 AMC member: Since February 2008
 Favorite activity: Hiking and sailing
 Dream adventure: Hiking to the Napali Coast on Hawaiian island of Kauai



Paul Miller, Hiking Chair

Executive Board: Just started as Hiking Chair; previously served two tours as Communications Chair
 AMC member: Since 1995
 Favorite activity: Hiking in winter and sailing and biking in summer
 Dream adventure: Trekking in Nepal or chartering a sailboat in the Caribbean.



Melissa Powers, Social Director

Executive Board: 1 Month
 AMC member: Since September 2013.
 Favorite activity: I love Hiking!
 Dream adventure: I hope to one day walk the Camino de Santiago en route to Santiago de Compostela.



Ellen Thompson, Vice chair Membership

Executive Board: A few months
 AMC member: 4 years
 Favorite activity: Hiking, biking, kayaking and cross country skiing. All of them.
 Dream adventure: Skiing in the Alps.



Cheryl Washwell, Biking Chair

Executive Board: On board and Vice Biking Chair in June 2013
 AMC member: Since 2013.
 Favorite outdoor activity is road cycling – love it, love it, love it!
 Dream adventure: I don't have a specific outdoor dream trip but I think cycling all over the globe – I would love to see the world from a bike.



Leslie Carson, Hiking Vice Chair

Executive Board: One month; was the SEM Treasurer for 3 years
 AMC member: Ten years
 Favorite activity: Hiking
 Dream adventure: Hiking and exploring in New Zealand



Explore the Bay Circuit Trail

One of Boston's premier recreation destinations, with AMC.

The 200-mile trail stretches around Boston from Newburyport all the way to Duxbury!

First proposed in 1929 by Benton MacKaye and Charles Eliot II, the Bay Circuit Trail and Greenway is a 200-mile outer "emerald necklace" linking 57 Boston area communities in Eastern Massachusetts and providing open space and recreational opportunities to metropolitan Boston.

Join AMC Staff on monthly hikes to explore and learn about different sections of the trail. We will meet at

the designated trailhead 15 minutes prior to the start of each hike. Each hike will be two hours long with little elevation gain. Be prepared to be walking for the full two hours as there is limited time for breaks. Also be sure to bring snacks, water, and wear proper hiking gear. Hike locations may be subject to change depending on weather conditions and response.

Specific trailhead locations and directions will be sent to you after you register, along with information about hike difficulty.

To learn more or to register, contact Tessa Olson at 617-391-6634 or tolson@outdoors.org.

- Thursday, April 22 (Earth Day!) - 10am-12pm - Easton/West Bridge-water
- Wednesday, July 23 - 10am-12pm - North Andover
- Thursday, August 14 - 10am-12pm - Walpole

Trail Maintenance

<http://www.outdoors.org/conservation/trails/volunteer/trailopps/vol-work-parties.cfm>

Bay Circuit Trail Stewardship Programs, MA

May 3

BCT Trail Volunteer Day
Bay Circuit Trail, MA - Exact Location TBA
Free
(603) 466-8156

June 7

National Trails Day - BCT Trail Volunteer Day
Bay Circuit Trail, MA - Exact Location TBA
Free
(603) 466-8156

July 12

BCT Trail Volunteer Day
Bay Circuit Trail, MA - Exact Location TBA
Free
(603) 466-8156

August 16

BCT Trail Volunteer Day
Bay Circuit Trail, MA - Exact Location TBA
Free
(603) 466-8156

September 27

National Public Lands Day - BCT Trail Volunteer Day
Bay Circuit Trail, MA - Exact Location TBA
Free
(603) 466-8156

October 11

BCT Trail Volunteer Day
Bay Circuit Trail, MA - Exact Location TBA
Free
(603-466-8156

November 8

BCT Trail Volunteer Day
Bay Circuit Trail, MA - Exact Location TBA
Free
(603) 466-8156

August Camp 2014 Mount Rainier National Park, WA

Hike in the shadows of majestic Mount Rainier

© Peter Selig

In 2014 August Camp experiences the incredible beauty of Mount Rainier National Park. Marvel at spectacular scenery,

wildflowers and towering hemlocks, relieve the drama of Mt. St. Helens, and hike on the shoulders of one of the highest peaks in the lower 48. Camp will be set up in the small former lumbering town of Packwood, adjacent to the park.

After a day of the activity of your choice, relax around the nightly campfire, listening to ranger talks, reports from the day's hikes, and a description of the next day's activities, followed by singing and conversation.

This full service tent village for 64 campers each week offers home-cooked meals, daily hikes at all levels, evening campfires and wonderful camaraderie.

The designated airport is Seattle-Tacoma International, and the camp fleet of vans provides transport between camp and SeaTac each Saturday.

The Application and Camper information forms, as well as detailed Camp information can found on the August Camp website at <http://www.augustcamp.org/>. Plan your one or two week adventure now and be part of one of the AMC's oldest traditions.

Southeast MA chapter leaders Leslie Carson and Éva Borsody Das will be leading hikes at August Camp during weeks 3 and 4.

Applications will be accepted after Jan 1, 2014.

Week 1: July 19 - July 26

Week 2: July 26 - Aug 2

Week 3: Aug 2- Aug. 9

Week 4: Aug. 9 - Aug. 16

Questions about August Camp? Contact SEM Chapter and August Camp leader Éva Borsody Das, at borsody@gmail.com.



Other Interests *not endorsed by AMC

Winter Boot Camp

Milton, MA:
Mondays and Fridays
Meet at Blue Hills Reservation/Houghton's Pond Visitor Center
840 Hillside Street, Milton

9:00 am, approximately 1 hour

DCR MassParks and YMCA/Hyde Park co-sponsor the first Boot Camp Exercise Program at the Blue Hills Reservation. A heart-pounding exercise, repetitive drills, running trails and sweating guaranteed! Wear workout clothes for outdoors (including heat, rain, dirt, grass and pavement), proper foot gear and bring water.

<http://www.mass.gov/dcr/parks/bluehills/>

The Massachusetts Department of Conservation and Recreation (DCR), an agency of the Executive Office of Energy and Environmental Affairs, oversees 450,000 acres of parks and forests, beaches, bike trails, watersheds, dams, and parkways. Led by Commissioner Edward M. Lambert Jr., the agency's mission is to protect, promote, and enhance our common wealth of natural, cultural, and recreational resources. To learn more about DCR, our facilities, and our programs, please visit www.mass.gov/dcr.



2014 Adventure Travel Trips

Adventure Travel has many exciting adventures lined up for 2014! Are you interested in hiking Big Bend, backpacking in Death Valley or maybe fly fishing in Montana? If international travel is more enticing, consider cycling in Tuscany or trekking in Peru. The adventures take our participants all over the globe in a dynamic and active group setting. To learn more about our program and view our trip listings, visit www.outdoors.org/adventuretravel.

Cascades trip group photo - Mt Adams in the background.
Photo credit: Eduardo Garcia



Mount Rainier from Van Trump Park, Mt. Rainier National Park.

August Camp 2014

Experience Van Trump Park, Mt. Rainier National Park and Mount St. Helens with AMC's August Camp, July 19 to Aug. 16, 2014.

Come for one or two weeks, starting any Saturday. It's a full service summer camp for grown-ups, with hikes at all levels every day! Details available in December at www.augustcamp.org.

Questions?
Contact Sam Jamke, 472-2536 before 8 pm or regionaldirectornh@amc-nh.org



NIKE REUSE-A-SHOE RECYCLING PROJECT

Recycle your old sneakers and athletic shoes. The Nike recycling facility grinds them up into materials that are used to make indoor and outdoor track flooring. They won't accept dress shoes, sandals, flip-flops or cleats. Drop off your old sneakers with any leader they will get them to the vice chair, Maureen Kelly, vicechair@amcsem.org. Check out the website: www.nikereuseashoe.com

www.outdoors.org

Where's my member number?

- On your Member Card
- AMC Outdoors Magazine
- In your "Welcome" email
- Contact Member Services at amcinformation@outdoors.org or 1-800-372-1758

How to Log into your AMC Member Center

- 1 Hover over the membership tab and click on "Member Center."
- 2 If you've logged in before, click "Log into Member Center." If this is your first time, click on "Member Validation," located under "Never logged in?"
- 3 Enter your member number and zip code into the appropriate field. (Live outside the US? Contact Member Services at amcinformation@outdoors.org or 1-800-372-1758)
- 4 Select the correct name. (Note: if you have a family membership, more than one name may appear)
- 5 Create your Username and Password. (Note: your Username will be your new Login Name)
- 6 Enter in the Login Name and Password you just created and hit Submit!



Search Outdoors.org

[Classifieds](#) > [Online Store](#) > [AMC Outdoors Magazine](#) >

[Login](#) [Join/Renew](#) [E-news Signup](#) [Charter](#)

Membership **Donate**

- Join the AMC
- Member Center
- Get Memberships
- AMC Charities
- Membership FAQs

Click Here! →

Welcome!

MEMBERSHIP **WELCOME**

Join the AMC

- Member Center
- Get Memberships
- AMC Charities
- Membership FAQs

MEMBER CENTER

Welcome, Candice!

AMC Member Center: This is the place where you can manage your membership information. You can view your membership information, update your profile, and get a variety of upcoming chapter activities sent to your email inbox.

AMC Member Center: This is the place where you can manage your membership information. You can view your membership information, update your profile, and get a variety of upcoming chapter activities sent to your email inbox.

AMC Member Center: This is the place where you can manage your membership information. You can view your membership information, update your profile, and get a variety of upcoming chapter activities sent to your email inbox.

AMC Member Center

Use the Member Center to get your chapter's newsletter electronically, renew your membership, update your member profile, or get a variety of upcoming chapter activities sent to your email inbox.

[Log in to Member Center](#)

never logged in? Use your member number to confirm your member information on the Member Validation page. If you do not, please have a user name and password.

AMC Member Center Login

If this is your first time accessing the Member Center, you'll need to create a user name and password. If you've logged in before, you can use your existing user name and password.

Log in Name:

Password:

Remember Me

MEMBER VALIDATION - Step 2

[View Search](#)

Please click on your name below to select it.

CANDICE ← **That's Me!**

MEMBER VALIDATION - Step 1

Enter Your Member ID:

Zip/Postal Code:

[View Search](#)

1. Look for it on your member card.

2. Find any issue of AMC Outdoors—on the cover, above your name, in issue #, or in the magazine's masthead, followed by your chapter and your membership duration date.

3. Call Member Services at 1-800-372-1758, Monday-Friday from 9 a.m. to 5 p.m. Eastern Time. You can leave a message outside these hours.

4. Email us at amcinformation@outdoors.org. Please include your name and address with your request for your member number.

CREATE LOGIN

Please select a username and password.

Username:

Password:

Confirm Password:

Remember Me:

Security Answer:

ACTIVITIES

SOUTHEASTERN MASSACHUSETTS ANNOUNCEMENTS(S)

AMCS SEM "Open House" coming up this spring! Great chance for new or prospective members to get to know the chapter. Intro to Winter Fun Feb. 7-9. WFA April 5-6. Leadership Training May 3.

AMC SEM is always looking for volunteers to volunteer a little or a lot. Contact the chapter chair at chair@amcsem.org if you'd like to volunteer. We have outdoorsy opportunities (e.g., leading a hike); we also have indoors opportunities (e.g., web work, arranging events). Something for everyone!

BICYCLING

WANTED: Ride Leaders and Co-Leaders. Are you enthusiastic about cycling? Do you like showing other riders your favorite roads? If yes, then why not share your enthusiasm and routes w/ your fellow AMC members? Contact Bike Chair (bikingchair@amcsem.org) for more info.

AMC SEM 2,000 Mile Club. AMC SEM has a unique 2,000-mi Club. Certificates of achievement and embroidered award patches are presented annually to members who ride 2,000 mi or more per year. Contact the bicycling chair to register your mileage and for more info. (bikingchair@amcsem.org)

Bike Ratings: First character indicates distance in mi: AA=50+; A=35-50; B=25-35; C=under 25. Second is L's pace in mph: 1=17; 2=13-16; 3=11-13; 4=up to 11. Third is terrain: A=very hilly; B=hilly; C=rolling; D=flat.

Tues. Rides. Turn Those Tires on Tues. Rides scheduled all year long, weather permitting. 25 mi of road or 15 mi of mtn. biking. Tues. at 2 p.m. Flat to hilly. Contact L for start location and directions. Intermed. pace. Riders and bicycles in top shape; tires and riders pumped and ready to roll; helmets and water req'd. L Paul Currier (508-833-

2690 8 am-7 pm, pbencurrier@hotmail.com)

Chapter Trips

(CE) Tuesdays

Mar. 4. Tuesday Cycling. Scenic Cycling on Cape Cod - 22+ miles/2 hours. C2B-C2D. Casual intermediate road cycling. Alt. day Monday. Rides include views of and occasional stops at known and lesser known unique and interesting places. Tires and riders pumped and ready to roll. Helmets, spare tube & tools, and water required. Cancellation or rescheduling sent to registered riders only. L Paul Currier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

(CE) Tuesdays

Mar. 11. Tuesday Cycling. Scenic Cycling on Cape Cod - 22+ miles/2 hours. C2B-C2D. Casual intermediate road cycling. Alt. day Monday. Rides include views of and occasional stops at known and lesser known unique and interesting places. Tires and riders pumped and ready to roll. Helmets, spare tube & tools, and water required. Cancellation or rescheduling sent to registered riders only. L Paul Currier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

(CE) Sundays

Mar. 16. Sunset/Full Worm Ride. Start at Freezer Road in Sandwich for Road Cycling along the canal and through Gray Gables and Masnhee Island at an intermediate pace for 22+/- miles or 2 hours. We'll catch the sunset over Buzzards Bay and the moonrise over the Sagamore Bridge. Tires and riders pumped and ready to roll. Helmets and spare tube, tire tools, and water required. Cancellation/rescheduling sent to registered riders. Alt day - Sat. L Paul Currier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

(CE) Tuesdays

Mar. 18. Tuesday Cycling. Scenic Cycling on Cape Cod - 22+ miles/2 hours. C2B-C2D. Casual intermediate road cycling. Alt. day Monday. Rides include views of and occasional stops at known and lesser known unique and interesting places. Tires

and riders pumped and ready to roll. Helmets, spare tube & tools, and water required. Cancellation or rescheduling sent to registered riders only. L Paul Carrier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

(CE) Thursdays

Mar. 20. Vernal Equinox - Salute to Spring Ride. Start at Skaket Beach, Orleans to Audubon S Wellfleet along the bay and hills including Rock Harbor and perhaps cut over to the ocean side in Eastham. Return on some inner nook & cranny roads that include Sunken Meadow, Crooks, Campground, Thumpertown, and First Encounter Beaches for Sunset at Skaket. Tires and riders pumped and ready to roll. Helmets and water required as is registration -cancellation/rescheduling sent only to registered riders. Leader: Paul Carrier currierpaul@comcast.net or call daily until 7PM 508-833-2690. L Paul Carrier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

(CE) Tuesdays

Mar. 25. Tuesday Cycling. Scenic Cycling on Cape Cod - 22+ miles/2 hours. C2B-C2D. Casual intermediate road cycling. Alt. day Monday. Rides include views of and occasional stops at known and lesser known unique and interesting places. Tires and riders pumped and ready to roll. Helmets, spare tube & tools, and water required. Cancellation or rescheduling sent to registered riders only. L Paul Carrier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

(CE) Tuesdays

Apr. 1. Tuesday Cycling. Scenic Cycling on Cape Cod - 22+ miles/2 hours. C2B-C2D. Casual intermediate road cycling. Alt. day Monday. Rides include views of and occasional stops at known and lesser known unique and interesting places. Tires and riders pumped and ready to roll. Helmets, spare tube & tools, and water required. Cancellation or rescheduling sent to registered riders only. L Paul Carrier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

(CE) Tuesdays

Apr. 8. Tuesday Cycling. Scenic Cycling on Cape Cod - 22+ miles/2 hours. C2B-C2D. Casual intermediate road cycling. Alt. day Monday. Rides include views of and occasional stops at known and lesser known unique and interesting places. Tires and riders pumped and ready to roll. Helmets, spare tube & tools, and water required. Cancellation or rescheduling sent to registered riders only. L Paul Carrier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

(CE) Tuesdays

Apr. 15. Sunset/Full Pink Moon ride. Road cycle the hills and shores of Sagamore and Highlands Cliff and along the canal to Buzzards Bay and Mass Maritime Academy for sunset over Onset Bay. Return along the canal may include a stop at 3 Mile Outlook before moonrise over Plymouth Bay. Tires and riders pumped and ready to roll. Helmets, spare tube & tools and water required. Cancellation/rescheduling sent to registered riders only. L Paul Carrier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

(CE) Tuesdays

Apr. 15. Tuesday Cycling. Scenic Cycling on Cape Cod - 22+ miles/2 hours. C2B-C2D. Casual intermediate road cycling. Alt. day Monday. Rides include views of and occasional stops at known and lesser known unique and interesting places. Tires and riders pumped and ready to roll. Helmets, spare tube & tools, and water required. Cancellation or rescheduling sent to registered riders only. L Paul Carrier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

(CE) Tuesdays

Apr. 22. Tuesday Cycling. Scenic Cycling on Cape Cod - 22+ miles/2 hours. C2B-C2D. Casual intermediate road cycling. Alt. day Monday. Rides include views of and occasional stops at known and lesser known unique and interesting places. Tires and riders pumped and ready to roll. Helmets, spare tube & tools, and water required. Cancellation or rescheduling sent to registered riders only. L Paul Carrier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

currierpaul@comcast.net)

(CE) Tuesdays

Apr. 29. Tuesday Cycling. Scenic Cycling on Cape Cod - 22+ miles/2 hours. C2B-C2D. Casual intermediate road cycling. Alt. day Monday. Rides include views of and occasional stops at known and lesser known unique and interesting places. Tires and riders pumped and ready to roll. Helmets, spare tube & tools, and water required. Cancellation or rescheduling sent to registered riders only. L Paul Currier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

(AN) Sat., May. 3. Leadership Training. This course prepares trip leaders for managing groups they will be leading on AMC sanctioned trips. The course covers leadership styles, trip planning considerations, screening criteria to insure similar group member skills, risk mitigation, and qualifications to become a leader. Non-trip leader candidates are also welcome. It is an all day course with a mix of classroom and outdoor exercises. Lunch and refreshment breaks are provided. This course is offered at no cost to SEM chapter members. L Maureen Kelly (mokol773@aol.com), R Len Ulbricht (lenu44@gmail.com)

(CE) Tuesdays

May. 6. Tuesday Cycling. Scenic Cycling on Cape Cod - 22+ miles/2 hours. C2B-C2D. Casual intermediate road cycling. Alt. day Monday. Rides include views of and occasional stops at known and lesser known unique and interesting places. Tires and riders pumped and ready to roll. Helmets, spare tube & tools, and water required. Cancellation or rescheduling sent to registered riders only. L Paul Currier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

(CE) Tuesdays

May. 13. Tuesday Cycling. Scenic Cycling on Cape Cod - 22+ miles/2 hours. C2B-C2D. Casual intermediate road cycling. Alt. day Monday. Rides include views of and occasional stops at known and lesser known unique and interesting places. Tires

and riders pumped and ready to roll. Helmets, spare tube & tools, and water required. Cancellation or rescheduling sent to registered riders only. L Paul Currier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

(CE) Wednesdays

May. 14. Sunset/Full Flower Moon Ride. Start at Freezer Road in Sandwich for Road Cycling along the canal and through Gray Gables and Masnhee Island at an intermediate pace for 22+/- miles or 2 hours. We'll catch the sunset over Buzzards Bay and the moonrise over the Sagamore Bridge. Tires and riders pumped and and ready to roll. Helmets and spare tube, tire tools, and water required. Cancellation/rescheduling sent to registered riders. Alt day - Start at Freezer Road in Sandwich for Road Cycling along the canal and through Gray Gables and Masnhee Island at an intermediate pace for 22+/- miles or 2 hours. We'll catch the sunset over Buzzards Bay and the moonrise over the Sagamore Bridge. Tires and riders pumped and and ready to roll. Helmets and spare tube, tire tools, and water required. Cancellation/rescheduling sent to registered riders. Alt day - Tue. L Paul Currier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

(CE) Tuesdays

May. 20. Tuesday Cycling. Scenic Cycling on Cape Cod - 22+ miles/2 hours. C2B-C2D. Casual intermediate road cycling. Alt. day Monday. Rides include views of and occasional stops at known and lesser known unique and interesting places. Tires and riders pumped and ready to roll. Helmets, spare tube & tools, and water required. Cancellation or rescheduling sent to registered riders only. L Paul Currier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

(CE) Tuesdays

May. 27. Tuesday Cycling. Scenic Cycling on Cape Cod - 22+ miles/2 hours. C2B-C2D. Casual intermediate road cycling. Alt. day Monday. Rides include views of and occasional stops at known and lesser known unique and interesting places. Tires and riders pumped and ready to roll. Helmets, spare tube & tools, and water required. Cancellation or re-

scheduling sent to registered riders only. L Paul Currier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

(CE) Tuesdays

Jun. 3. Tuesday Cycling. Scenic Cycling on Cape Cod - 22+ miles/2 hours. C2B-C2D. Casual intermediate road cycling. Alt. day Monday. Rides include views of and occasional stops at known and lesser known unique and interesting places. Tires and riders pumped and ready to roll. Helmets, spare tube & tools, and water required. Cancellation or rescheduling sent to registered riders only. L Paul Currier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

(CE) Tuesdays

Jun. 10. Tuesday Cycling. Scenic Cycling on Cape Cod - 22+ miles/2 hours. C2B-C2D. Casual intermediate road cycling. Alt. day Monday. Rides include views of and occasional stops at known and lesser known unique and interesting places. Tires and riders pumped and ready to roll. Helmets, spare tube & tools, and water required. Cancellation or rescheduling sent to registered riders only. L Paul Currier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

(CE) Fridays

Jun. 13. Sunset/Full Strawberry Moon Ride. Road cycle the hills and shores of Sagamore and Highlands Cliff and along the canal to Buzzards Bay and Mass Maritime Academy for sunset over Onset Bay. Return along the canal may include a stop at 3 Mile Outlook before moonrise over Plymouth Bay. Tires and riders pumped and ready to roll. Helmets, spare tube & tools and water required. Cancellation/rescheduling sent to registered riders only. L Paul Currier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

(CE) Tuesdays

Jun. 17. Tuesday Cycling. Scenic Cycling on Cape Cod - 22+ miles/2 hours. C2B-C2D. Casual intermediate road cycling. Alt. day Monday. Rides include views of and occasional stops at known and lesser known unique and interesting places. Tires and riders pumped and ready to roll. Helmets, spare tube & tools, and water required. Cancellation or rescheduling

sent to registered riders only. L Paul Currier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

(CE) Tuesdays

Jun. 24. Tuesday Cycling. Scenic Cycling on Cape Cod - 22+ miles/2 hours. C2B-C2D. Casual intermediate road cycling. Alt. day Monday. Rides include views of and occasional stops at known and lesser known unique and interesting places. Tires and riders pumped and ready to roll. Helmets, spare tube & tools, and water required. Cancellation or rescheduling sent to registered riders only. L Paul Currier (508-833-2690 8am - 7pm, currierpaul@comcast.net)

CANOE/KAYAK

Always looking for additional paddle leaders, both flat water and ocean. Contact paddlingchair@amcsem.org

Chapter Trips

Sat., Apr. 12. Leaders choice paddle. Leaders choice paddle. Contact leader for info. PFD/Spray skirt Wet/dry suit req. L. Bill Fischer (508 420 4137) before 9pm wmbarbarafischer@comcast.net. L Bill Fischer (508-420-4137 before 9 pm, wmbarbarafischer@comcast.net)

Wed., Apr. 16. PADDLE-Leader's Choice. Probably Barnstable Harbor, Well's, Bridge, and Brickyard Creeks, a trip of about 8 to 9 miles. L Ed Foster (508-420-7245, erfoster@comcast.net)

Wed., Apr. 23. PADDLE-Leader's Choice. Weather permitting, Lewis Bay with lunch on Egg Island. We'll explore Uncle Robert's Cove and perhaps Hyannis Inner Harbor. Otherwise Popponesset Bay and the Mashpee River. L Ed Foster (508-420-7245, erfoster@comcast.net)

Sat., Apr. 26. Leaders choice paddle. Leaders choice paddle. Contact leader for info. PFD/spray skirt wet/dry suit required. L Bill Fischer (508-420-4137)

before 9 pm. Email wambarbarafischer@comcast.net. L Bill Fischer (508-420-4137 BEFORE 9 PM, wambarbarafischer@comcast.net)

Wed., Apr. 30. PADDLE-Leader's Choice. Barnstable or Sandwich Old Harbor, or Scorton Creek. If the 4/16/14 trip goes as planned we'll do Sandwich Old Harbor, Scorton Creek, or the eastern end of Barnstable Harbor, otherwise we'll do the 4/16/14 trip. L Ed Foster (508-420-7245, erfoster@comcast.net)

CAPE HIKES

Always looking for additional leaders to lead hikes on the cape! Contact the capehikingchair@amcsem.org

Chapter Trips

Thu., Mar. 6. Hike-Truro, Bearberry Hill (C3C). Sand path Ballston to Longnook Bchs, hilltop 360 views. Rte 6 to Pamet Rd, R off ramp, L at S Pamet Rd to beach pkg lot. Meet 9:45, 10:00 start. 2 hrs.

Most Cape Hikes are "Show & Go." For additional info, contact trip Leader/Co-Leader (L/CL) or visit trips.outdoors.org. (Set Committee to "Cape Hikes.") Contact the Cape Hikes Chair: capehikingchair@amcsem.org. Cape Hikes are generally suspended during the summer months due to parking problems.

Miles	Pace (mph)	Terrain
AA = 13+	1 = very fast (2.5)	A = v. stren.
A = 9 - 13	2 = fast (2)	B = strenuous
B = 5 - 8	3 = moderate	C = average
C = <5	4 = leisurely	D = easy

L Pat Sarantis (508-430-9965, patsarantis@gmail.com)

Sun., Mar. 9. Barnstable-Under the tunnel & through woods (C3C hike). Newer trails with a unique feature near Marstons Mills Airport. From Route 149, travel west on Race Lane to lot on the left. 2 hours. Meet at 12:45 PM. L Gary Miller (508-540-1857, garymaxxx@gmail.com)

Thu., Mar. 13. Hike-Brewster, Punkhorn Parklands (C3C). Wooded, hilly trails with pond views. Route 6 Exit 9B, 2 miles to a right on Satucket, then bear

right at Stony Brook Road. In 0.3 miles, turn right on Run Hill Road. 1.3 miles to parking lot on the left. Meet 9:45 a.m. 2 hours. L Janet Kaiser (508-432-3277 before 9 p.m., jtkaiser@comcast.net)

Sat., Mar. 15. Hike- Harwich, Herring River (B3C). Wooded walk with views of the beautiful Herring River. Walk both sides of West Reservoir, cranberry bogs. From Rte 6 E, Ex 10, R at top of ramp, Rte 124 for 1.3 mi, R @ Main St. straight 2 mi to park @ Sand Pond on R. Meet 9:45 a.m. 3.5 hrs. Bring lunch. L Richard Kaiser (508-432-3277, rjkaiser@comcast.net)

Saturdays

Mar. 22. Hike - Provincetown Whales Whales Whales (B3B). Walk on the beach to the Race Point Lighthouse with binoculars in hand. Should see whales from the lighthouse! Meet at 9:45am, upper Race Point Beach parking lot, Provincetown. Walk will take 3 hours; eat lunch as we scan for whales with binoculars for another 2+ hours. (5+ hours RT.). L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Thu., Mar. 27. Hike -Mashpee-Mashpee River Woodlands (C3C). Wooded walk along Mashpee River. Take Orchard Rd. off Rte.28 to end. Turn R. then quick L onto Mashpee Neck Rd. Go 1.1 miles to Mashpee River Woodlands Pkg.Lot on R. Meet at 9:45AM. 2hrs. L Farley Lewis (farlewis@comcast.net)

Saturdays

Mar. 29. Hike - Provincetown Whales Whales Whales (B3B). Walk on the beach to the Race Point Lighthouse with binoculars in hand. Should see whales from the lighthouse! Meet at ***10:45am***, upper Race Point Beach parking lot, Provincetown. Walk will take 3 hours; eat lunch as we scan for whales with binoculars for another 2+ hours. (5+ hours RT.). L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Sun., Mar. 30. Hike - Yarmouth Three Ponds (C3C).

Late winter hike - bogs, ponds, woodland trails. Meet 9:25. Two hours. Exit 8 S from Rte 6. R. at second light. Go straight thru light to L on Yarmouth Rd. In about a mile pkg on both sides of road. Bad weather cancels. Doubt? Call L. L Janet DiMattia (jandimattia@verizon.net)

Saturdays

Apr. 5. Hike - Provincetown Whales and Trails (B3B). Meet at 9:45am, Herring Cove Beach parking lot, (far right of the right parking lot). Walk on bike trail, pine barrens, over dike, and through marsh to Race Point Lighthouse. Bring your binoculars! Hike will last 3 hours, but allow 2+ hours for lunch while scanning with binoculars for whales (5+ hours RT). L Nancy Braun (508-487-4004, nancytruro@comcast.net)(508-487-4004)

Sun., Apr. 6. Hike - Hawksnest State Park Harwich (C3C). Spring woods walk. Two hours. meet 12:45. Rte. 6 Exit 11. L at light then immediate R on Spruce Rd. Pkg approx. 0.8 on either side of road. Bad weather cancels. Doubt? Call L. L Janet DiMattia (jandimattia@verizon.net)

Thu., Apr. 10. Hike - Cataumet Greenways. Diverse terrain, bogs, farms, rolling woodland trails. Bourne Bridge to Otis rotary, 1st exit Cataumet. L on 28A s, 1/4m R on Longhill Rd, L on CountyRd, R on Red Brook Harbor, 1/2 m past stop sign park lot on R 9:45 AM. Heavy rain cancels. L Catherine Giordano (508-243-3884 before 9 PM, cmgiordan@msn.com), R Catherine Giordano (PO Box 1289, North Falmouth, MA 02556, 508-243-3884 before 9 pm, cmgiordan@msn.com)

Sat., Apr. 12. Hike-Yarmouth, Greenough Ponds (B3C). Walk through Yarmouth Botanical Gardens, Dennis & Greenough Ponds. Meet at 9:45, 3 1/2 hr. Exit 7 off Route 6 to North, right on 6A, at sharp turn go right on Summer St. to beach parking lot. Bring lunch. L Richard Kaiser (508-432-3277, rjkaiser@comcast.net)

Sun., Apr. 13. Hike - Barnstable Conservation

(C3C). Hike - Meet at 12: 45 PM for 1:00 PM start. 3 Hour Hike. Barnstable Conservation (C3C) Exit Rt. 6 at Exit 5, Head South and Park at parking lot on Service Rd. Hike Barnstable Conservation Land and Otis Atwood land. L Peter Selig (508-432-7656, pandmselig@hotmail.com)

Thu., Apr. 17. Hike-Truro, Ryder Beach (C3C). Beach to woodland trails, hills, and scenic bay views. Route 6, then left on Prince Valley Road to the end. Right on County Road, then an immediate left on Ryder Beach Road. Park at the end. Meet at 9:45 a.m. 2 hours. L Janet Kaiser (508-432-3277 before 9 p.m., jtkaiser@comcast.net)

Sun., Apr. 20. Hike - Nickerson State Park Brewster (C3C). Easter Sunday spring hike ponds, woodland trails. Meet 12:45. Two hours. Enter park from 6A in Brewster. Stay on main road 1.8 mi. to L on dirt road pkg at Fishermans landing. L Janet DiMattia (jandimattia@verizon.net)

Thu., Apr. 24. Hike-Barnstable-Crooked Cartway (C3C). Wooded walk to The Deck. Mostly flat, some hills. Take Rte. 149 (N or S) to Rotary at Cape Cod Airport, Marstons Mills. West on Race Lane for 1.1 miles. Right onto Crooked Cartway. Go to end. Meet at 9:45AM. 2 hours. L Farley Lewis (farlewis@comcast.net)

(FT) (NM) Sat., Apr. 26. "Celebrate Blue Hills" Hike, Paddle, Trailwork Event - Join Us!. "Celebrate Blue Hills" - Join the Southeast Mass Chapter in celebrating this 7000 acre parcel of land incorporated in 1893, containing 125 miles of trails and 22 hills with a day full of events on Saturday, April 26, 2014. The Blue Hills Reservation is located 19 miles South of Boston and is bounded by the towns of Quincy, Braintree, Randolph, Canton, Dedham and Milton. Numerous fun options! Sign up for an easy, intermediate or rugged hike on trails showing a variety of habitats and views of Boston, Mt. Wachusett or points south. Have little ones? Try the family hike. Or sign up to paddle the shores of Ponkapoag Pond in hopes of seeing early spring plants and birds. You could also choose to do Trail

work and give back to the Reservation by brushing and edging the trails with rocks on the popular Skyline Trail. All of these activities will be hosted by knowledgeable leaders. They are listed individually online and you must register for them. Enjoy your choice of activity and then join us for a cookout at 4:00pm by Houghton's Pond. Cost for the cookout is \$6/person payable by cash on the day of the event. Sign up for the cookout online when you sign up for an activity. Please join us; we hope to share this wonderful park and the activities with you rain or shine. L Maureen Kelly (508-224-9188 before 8 pm, mokel773@aol.com) CL Karen Singleton (karen.singleton@comcast.net), R Maureen Kelly (508-224-9188 before 8 pm, mokel773@aol.com)

Sun., Apr. 27. Hike - Maple Swamp Sandwich (C2B). Hilly hike through historic woodlands which date back to original settlers, home to Maple swamp, quaking bog and other sites. Take Rte 6 to Exit 3 turn S on Quaking Meetinghouse Rd and take immediate L on Service Rd, Maple Swamp approx. 1 mile on R. From upper Cape take exit 4 turn S over highway and take immediate right onto Service Rd, Maple Swamp approx. 1 mile on left. Meet 12:45 PM start 1 PM. L Jane Harding (508-833-2864 before 8 PM, janeharding@comcast.net)

Thu., May. 1. Hike-Harwich, Hawks Nest State Forest (C3C). Wooded hike past Olivers, Hawks Nest, Walkers Ponds. Rte 6, Ex11, L at traffic light, quick R onto Spruce Rd. Park 1/3 mi at 2nd blue hydrant. L Pat Sarantis (508-430-9965, patsarantis@gmail.com)

Sat., May. 3. Hike - Truro Bound Brook area (B3C). Saturday 3-3 1/2 hour hike woods, dunes, beach. Bring lunch. Meet 9:45. Meet 9:45. From Rte. 6- L on Prince Valley rd to end. R on County Rd. First L on Ryder Beach Road to pkg at end. Bad weather cancels. L Janet DiMattia (jandimattia@verizon.net)

(AN) Sat., May. 3. Leadership Training. This course prepares trip leaders for managing groups they will

be leading on AMC sanctioned trips. The course covers leadership styles, trip planning considerations, screening criteria to insure similar group member skills, risk mitigation, and qualifications to become a leader. Non-trip leader candidates are also welcome. It is an all day course with a mix of classroom and outdoor exercises. Lunch and refreshment breaks are provided. This course is offered at no cost to SEM chapter members. L Maureen Kelly (mokel773@aol.com), R Len Ulbricht (lenu44@gmail.com)

(C) Sun., May. 4. Hike - Mashpee/Barnstable Santuit Pond (C3C). Bogs, woodland trails, field w/ Bird's Foot violets in bloom! Rte. 6 Exit 5, So on Rte. 149 to Rte 28. R on 28, r on Santuit-Newtown rd for 0.8 to yellow gate, pkg on L. Meet 12:45. Two hours. L Nancy Wigley (nrwigley@verizon.net)

Thu., May. 8. Hike - Craigville Beach (C3C). Beach hike, Rte 6 to Exit 6, turn S take 1st R on Shottflying Hill Rd., follow signs to Craigville Beach, park to R of bathhouse. Meet 9:45 AM. L Jane Harding (508-833-2864 before 8 PM, janeharding@comcast.net)

Sun., May. 11. Hike-Eastham, National Seashore, Doane Rock (C3C). Hike Nat'l Seashore Lands to Three Sisters/Nauset Light. Rte 6 turn R at Eastham Visitor Center. Go to Doane Rock Picnic area Pkg lot on R, 1 mi. Meet 12:45 p.m. 2 hrs. L Janet Kaiser (508-432-3277 Before 9 p.m., jtkaiser@comcast.net)

Thu., May. 15. Last Hike/Picnic Great Island, Wellfleet (C3C). Meet at 9:45 Am for 10:00 AM start. Hike/Picnic - From Wellfleet Center take Chequesett Neck Rd, to Great Island Parking Lot. Hike on Trail, return via Cape Cod Bay Beach. End of season Picnic, bring food to share. L Peter Selig (508-432-7656, pandmselig@hotmail.com)

Fri., Jul. 11. Hike Full Moon Cape Cod Canal (C3C). Two hour hike, to enjoy the sunset and full moon while we walk to end of canal, east on Town Neck

Beach to Sandwich boardwalk and back through Sagamore village. From 6A take Tupper Rd and turn N onto Freezer Rd., park in lot at end of road. Meet 5:45 PM, hike starts 6 PM. L Jane Harding (508-833-2864 before 8 PM, janeharding@comcast.net)

Sat., Aug. 9. Hike - Full Moon West Dennis Beach (C4C). Route 6 Exit 9A south to Route 134, go straight and cross Route 28, then go to the end and turn right. After 0.5 miles, turn left to beach parking near entrance and concession bldg. Hike mile-long stretch on beach for sunset views. Return on beach for moon-rise! Option: Calm weather walk one more length of beach for 3rd mile Meet 7 p.m. Less than 2 hours. L Janet Kaiser (508-432-3277 Before 9 p.m.)

EDUCATION

Lookingforavicechair!Contacteducation@amcsem.org

Chapter Trips

(AN) (XCE) Sat., May. 3. Leadership Training. This course prepares trip leaders for managing groups they will be leading on AMC sanctioned trips. The course covers leadership styles, trip planning considerations, screening criteria to insure similar group member skills, risk mitigation, and qualifications to become a leader. Non-trip leader candidates are also welcome. It is an all day course with a mix of classroom and outdoor exercises. Lunch and refreshment breaks are provided. This course is offered at no cost to SEM chapter members. L Len Ulbricht (lenu44@gmail.com) CL Len Ulbricht (508-359-2250, lwu9944@verizon.net), R Len Ulbricht (11 Hilltop Circle, Medfield, MA 02052, lenu44@gmail.com)

EXECUTIVE COMMITTEE

We need an "Event Planner" for the AMC SEM Executive Board. Do you have event planning skills? Our events are typically: Annual Meeting/Dinner,

Holiday Party, Summer Picnic. Can you find and reserve a room, choose a menu that fits in our budget, worry about a projector and screen, set an agenda, and generally make an event happen? Contact the chapter chair at chair@amcsem.org.

Volunteer Opportunities

Until Filled. Chapter Youth Program (CYP) Leader. Share your outdoor knowledge and leadership skills with local groups of children. Give your time to these programs to help kids get outside who might not otherwise have the opportunity. A typical Chapter Youth Program (CYP) might include a local walk with some nature lesson or trail games. CYP leader training and screening is required. L Sally Delisa (picpocit@verizon.net)

FAMILY

Looking for ideas for new and fun Family Hikes. Looking for families that want to hike! Contact familyeventschair@amcsem.org.

Chapter Trips

(FT) (NM) Sat., Apr. 26. "Celebrate Blue Hills" Family Hike. Join us for a Family springtime hike through the Blue Hills Reservation on the Skyline Trail in conjunction with the chapter's "Celebrate Blue Hills" event. Located only minutes from the bustle of downtown Boston, the DCR Blue Hills Reservation stretches over 7,000 acres from Quincy to Dedham, Milton to Randolph, providing a green oasis in an urban environment. Rising above the horizon, Great Blue Hill reaches a height of 635 feet, the highest of the 22 hills in the Blue Hills chain. From the rocky summit visitors can see over the entire metropolitan area. We will be hiking on the skyline trail out to the infamous Whale Rock where we will take a break and enjoy a snack. The rock actually looks like a whale from a distance and is a great place to take pictures. Appropriate for children 3+, under 3 in child carrier. Hike begins at 10:30. Registration necessary. Join us after the hike for a fun cookout at 4:00 pm at Houghton's Pond. Cost for the cookout is \$6/person. Sign up for the cookout with your leader when you sign

up for the activity (hike, paddle, or trail work).
 L Christine Pellegrini (chrispellegrini@yahoo.com)
 CL Bill Pellegrini (billpellegrini@yahoo.com)(chrispellegrini@yahoo.com), R Christine Pellegrini (508-244-9203 6-8 PM, chrispellegrini@yahoo.com)

HIKING

IMPORTANT: No pets w/o prior permission of trip leader. Individuals under 18 years of age must be accompanied by a parent or responsible adult, and obtain prior consent from L. Those accompanying a minor are responsible for minor's actions. Reg. req'd for most hikes, preferably at least 1 week prior to the trip so Ls can discuss prior hiking exp., conditioning, clothing, and equipment. Rating codes (e.g. C4D): first letter indicates distance in mi (AA=13+, A=9-13, B=5-8, C=less than 5 mi), middle number indicates pace (1=very fast, 2=fast, 3=moderate, 4=leisurely), second letter indicates terrain (A=very stren., B=stren., C=average, D=easy)

Get your 100-mile patch! Contact hikingchair@amcsem.org.

Always looking for additional hike leaders! Contact hikingchair@amcsem.org

Chapter Trips

(FT) Thu., Mar. 6. Thurs Morn. Hike (Walk) in Historic Plymouth. Meet at 10:00 AM parking lot beyond Jenny's Grist Mill, 6 Spring Lane, Plymouth. We will visit Burial Hill, Forefathers Monument, Plymouth Harbor, Sarcophagus of Pilgrim bones,

Rating codes (e.g. C4D): first letter indicates distance in mi, middle number indicates pace, second letter indicates terrain.

Miles	Pace (mph)	Terrain
AA = 13+	1 = very fast (2.5)	A = v. stren.
A = 9 - 13	2 = fast (2)	B = strenuous
B = 5 - 8	3 = moderate	C = average
C = <5	4 = leisurely	D = easy

and more. Please bring water and snack, be prepared for cold. L Ellie MacPherson (508-224-6465, elliemacp@comcast.net)

Thu., Mar. 13. Borderland Full Moon Hike. Come on a two hour, more or less, evening hike/snowshoe around the ponds, and maybe through the woods, on this 'Full Moon' hike at Borderland State Park in Sharon/Easton, MA. Please wear clothing and footwear appropriate for the weather. We walk at a 'moderate' pace, not fast, not dawdling. And we generally just get some exercise, see the park in the dark, see old friends and make new ones. (We hike monthly, October through March, except during heavy snow when they need the lot empty to plow, on a convenient evening that's at least close to the full moon.). L Bob Vogel (vogel.r@comcast.net) L Jim Casey (cmne@comcast.net) CL Nancy Coote, R Nancy Coote (nmcoote@yahoo.com)

(FT) (NM) Thu., Mar. 13. Blue Hills Hike. We will meet at 10:00 am on Hillside Street across from the Reservation Headquarters and the State Police Barracks. It will be a leisurely 4-5 mile hike with a lunch break either before or after the hike. It will all depend on when we reach the Houghton Pond area. Make sure you bring two liters of water, snacks, and a lunch. Bring a rain jacket in case or layers of clothing depending on the weather. L Sue Chiavaroli (508-496-6452, brillo6452@yahoo.com)

Thu., Mar. 20. Thursday Morning Moose Hill/TTOR Hike. Meet at 10AM at the Moose Hill Audubon parking lot for a 6 mile hike over relatively flat terrain with some gentle climbing. No parking fee for Audubon members; small fee for non members. Bring appropriate footwear, water and lunch. Storm cancels. L Deborah Lepore (781-828-0572 Before 9 PM, DLepore2@GMail.com)

Sat., Mar. 22. Mt. Tom and M&M Hike. 8.9 mile loop hike over moderate terrain through the Mt Tom Reservation and on the Metacomet-Monadnock Trail. Enjoy views of the Berkshires, Pioneer Valley, and the Connecticut River. L Anne Duggan (508-789-5538 before 9 pm, ab.duggan@verizon.net) L Len Ulbricht (lwu9944@verizon.net), R Anne Duggan (Rochester, MA 02770, 508-789-5538 before 9 pm, abduggan12@gmail.com)

(FT) (NM) Sun., Mar. 23. Ponkapoag Pond Hike. Intro. hike, great for new members. Hike around Ponkapoag Pond. Easy terrain, 4.5 miles. Bring sturdy footwear, water and snacks. Heavy rain cancels. Meet at 8:45 am Ponkapoag Golf Course (Rt. 138) parking lot in Canton. L Catherine MacCurtain (781-848-9506 Before 9:00 p.m., camaccurtain@aol.com)

Thu., Mar. 27. Thursday Morning Hike Joe's Rock/ Birchwold Wrentham. Wooded hike with short climb to Joe's Rock. Meet 10:00 a.m. at Joe's Rock pkg. area on 121, Wrentham. Bring water, lunch/snacks. Wear layers and suitable footwear. Traction devices if icy. Storm or rain cancels. L Joanne Staniscia (508-528-6799 7-9 p.m., jstaniscia@comcast.net)

Sat., Apr. 5. Great Woods Hike Norton to Mansfield. Great Woods from Yelle Conservation Area in Norton to Mansfield's Greatwoods via two previously unconnected trail systems with historical sites, vernal pools and varied glacial remnants. Car spotting. Rain or Shine. L Richard Carnes (508-947-3204, rcarnes2@aol.com), R Richard Carnes (508-947-3204 Before 9PM, rcarnes2@aol.com)

(FT) (NM) Sun., Apr. 6. Braintree Pass Path Hike. Sunday intro hike through the beautiful Braintree Pass Path in Blue Hills. Easy terrain, 4.5 miles. Bring sturdy footwear, water and snacks. Meet at 9:00 am at the parking lot at the intersection of Rt. 28 and Chickatawbut Rd. Heavy rain cancels. L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com)

(FT) (NM) Thu., Apr. 10. Thursday Hike in the Blue Hills. Nice Thursday morning hike through the Blue Hills. Meet at 10:00 AM at the third parking area on the left on Route 28 in Milton. There is limited parking. There are some parking areas along the road. Take Route 95 North, and then take 93 towards Boston. Take exit 5 North towards Milton. L Sue Chiavaroli (508-496-6452 7PM-9PM, brillo6452@yahoo.com)

Thu., Apr. 17. Thurs. Morning Hike - Oldham Trail & Harold Clark Forest. Hike the Oldham Trail and Harold Clark Forest in Foxboro. Meet at 10:00 am at parking lot on Rt. 140 across from Sunoco Station. Heavy rain will cancel. Bring lunch or snack and water and wear appropriate footwear. L Muriel Guenthner (508-699-7461 Before 9:00PM, murielguenthner@comcast.net)

(FT) (NM) Thu., Apr. 17-Sep. 18. Red Line Blue Hills. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8pm every Thursday night. Register once then show-n-go. L Joe Keogh (508-542-0665 before 9 pm, RLBH_leader@amcsem.org) L Michael Swartz (swartz@brandeis.edu) L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com), R Cathy Garry (508-524-8621 before 9 pm, cathygarry@comcast.net)

(FT) (NM) Sat., Apr. 26. "Celebrate Blue Hills" Wolcott and Border Path Hike. Intro hike through Wolcott and Border Path in conjunction with the chapter's "Celebrate Blue Hills" event. Easy terrain 4.5 miles. Bring sturdy footwear, water and snacks. Meet at 1:30 am at the parking lot to the left of the Trailside Museum. Heavy rain cancels. Join us after the hike for a fun cookout at 4:00 pm at Houghton's Pond. Cost for the cookout is \$6/person. Sign up for the cookout with your leader when you sign up for the activity (hike, paddle, or trail work). L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com) CL Cathy Fagan (fagankd@msn.com), R Cathy MacCurtain (781-848-9506, camaccurtain@aol.com)

(FT) (NM) Sat., Apr. 26. "Celebrate the Blues Hills" Beginner's Hike. A leisurely 4-5 mile hike with some rolling hills but basically flat in conjunction with the chapter's "Celebrate the Blue Hills" event. Join us after the hike for a fun cookout at 4:00 pm at Houghton's Pond. Cost for the cookout is \$6/person. Sign up for the cookout with your leader when you sign up for the activity (hike, paddle, or trail work). Meet at 12:45 for

1:00 start. L Sue Chiavaroli (508-496-6452 7-9 PM, brillo6452@yahoo.com) CL Nancy Coote (508-596-82227-9PM, nmcoote@yahoo.com), RSueChiavaroli (508-496-6452 7-9 PM, brillo6452@yahoo.com)

Sat., Apr. 26. "Celebrate the Blue Hills" Skyline Trail End-to-End Hike. App. 9-mile long, 6-hour hike in conjunction with the chapter's "Celebrate Blue Hills" event. Great spring conditioning hike to get you ready for some 4000 footers in NH! Join us after the hike for a fun cookout at 4:00 pm at Houghton's Pond. Cost for the cookout is \$6/person. Sign up for the cookout with your leader when you sign up for the activity (hike, paddle, or trail work). L Walt Granda (508-999-6038 Before 9:00 PM, wlgranda@aol.com) L Paul Miller (paulallenmiller@verizon.net), R Walt Granda (508-999-6038 Before 9 pm, wlgranda@aol.com)

Sat., Apr. 26. "Celebrate Blue Hills" Fast & Hilly Skyline Trail Hike. Join us for a fast and hilly loop on the rugged and rocky North & South Skyline trails, on to Tucker and beyond if we have time, 1pm-3:30pm, in conjunction with the Chapter's "Celebrate Blue Hills" event. Meet at Houghton Pond parking lot playground. Limited to experienced hill walkers who can maintain a steady pace with few breaks. Then join us after the hike for a fun cookout at 4:00 pm at Houghton's Pond. Cost for the cookout is \$6/person. Sign up for the cookout with your leader when you sign up for the activity (hike, paddle, or trail work). L Eva Borsody das (borsody@gmail.com), R Eva Borsody-Das (borsody@gmail.com)

(C) (FT) (NM) (SN) Sat., Apr. 26. "Celebrate Blue Hills" Hike, Paddle, Trailwork Event - Join Us!. "Celebrate Blue Hills" - Join the Southeast Mass Chapter in celebrating this 7000 acre parcel of land incorporated in 1893, containing 125 miles of trails and 22 hills with a day full of events on Saturday, April 26, 2014. The Blue Hills Reservation is located 19 miles South of Boston and is bounded by the towns of Quincy, Braintree, Randolph, Canton, Dedham and Milton. Numerous fun options! Sign up for an easy, intermediate or rugged hike on trails showing a variety of habitats and views of Boston, Mt. Wachusett or points south. Have little

ones? Try the family hike. Or sign up to paddle the shores of Ponkapoag Pond in hopes of seeing early spring plants and birds. You could also choose to do Trail work and give back to the Reservation by brushing and edging the trails with rocks on the popular Skyline Trail. All of these activities will be hosted by knowledgeable leaders. They are listed individually online and you must register for them. Enjoy your choice of activity and then join us for a cookout at 4:00pm by Houghton's Pond. Cost for the cookout is \$6/person payable by cash on the day of the event. Sign up for the cookout online when you sign up for an activity. Please join us; we hope to share this wonderful park and the activities with you rain or shine. L Maureen Kelly (508-224-9188 before 8 pm, mokel773@aol.com) CL Karen Singleton (karen.singleton@comcast.net), R Maureen Kelly (508-224-9188 before 8 pm, mokel773@aol.com)

(AN) (XCE) Sat., May. 3. Leadership Training. This course prepares trip leaders for managing groups they will be leading on AMC sanctioned trips. The course covers leadership styles, trip planning considerations, screening criteria to insure similar group member skills, risk mitigation, and qualifications to become a leader. Non-trip leader candidates are also welcome. It is an all day course with a mix of classroom and outdoor exercises. Lunch and refreshment breaks are provided. This course is offered at no cost to SEM chapter members. L Len Ulbricht (lenu44@gmail.com), R len ulbricht (lenu44@gmail.com)

Sun., May. 4. Buck Hill Hike. Challenging 3.5 mile Sunday hike (not for beginners) to the rocky summit of Buck Hill with great views. Bring sturdy footwear, water and snacks. Meet at 9:00 am at Houghton Pond parking lot. Heavy rain cancels. L Catherine MacCurtain (781-848-9506, camaccurtain@aol.com)

(C) (FT) (NM) Thu., May. 8. Thurs Morn. Hike - Wollomonopoag Conservation Area. Meet 10:00am in Conservation Area parking lot off of Elysium St. Bring water, snack or lunch & sturdy footwear. Rain cancels. Great blue rookery and eskers and possi-

ble sighting of deer. L Muriel Guenthner (508-699-7461 Before 9:00pm, murielguenthner@comcast.net), R Muriel Guenthner (99 Birchwood Drive, Attleboro Falls, MA 02763, 508-699-7461 Before 9:00pm, murielguenthner@comcast.net)

Fri., May 9-11. Mt. Greylock Backpack Hike. Enjoy a spring weekend hiking Mt. Greylock and camping under the stars. Backpacking experience preferred, but not necessary. L Leslie Carson (508-833-8237 Before 9 PM, ltc929@comcast.net) L Maureen Kelly (mokol773@aol.com) L Mike Woessner (stridermw@hotmail.com), R Leslie Carson

Sat., May. 17. North Pack Monadnock Hike. Great springtime hike near the MA/NH border. This section of the Wapack Trail to North Pack Monadnock offers some great views and a few challenging sections to the summit. The 8-mile hike will start at the Miller State Park using the Wapack and Cliff trails. L Walt Granda (508-999-6038 Before 9:00 p.m., wlgranda@aol.com) CL Luther Wallis (lew89@comcast.net), R Walt Granda (508-999-6038 Before 9:30 pm, wlgranda@aol.com)

Sat., May. 31. Mt. Holyoke Range Hike. Enjoy some of the nicest views along the Metacomet-Monadnock Trail, hiking the Seven Sisters and Mt. Holyoke. L Leslie Carson (508-833-8237 Before 9 PM, ltc929@comcast.net) L Eva Borsody das (borsody@gmail.com), R Leslie Carson

(FT) (NM) Sat., Jun. 21. Long/Ell Pond Hike on Narragansett Trail. We'll hike along the Narragansett Trail to the cliff that overlooks Long Pond. The hike will then descend through a gorge of rhododendrons and hemlocks to a beautiful lunch spot along another pond. A great hike for new members and hikers. L Sue Chiavaroli (508-242-4164 9AM-5PM, brillo6452@yahoo.com) CL Nancy Coote (nmcoote@yahoo.com)

Sat., Jun. 28. Alpine Garden via Nelson Crag Loop Hike. We'll visit the Alpine Garden on Mt. Washington on a challenging, but rewarding loop hike

via the Nelson Crag, Alpine Garden, Lion Head, and Tuckerman Ravine Trails. Experienced hikers only. Also see leader's hike on June 29th. Several overnight accomodation options available. L Paul Miller (508-369-4151 before 9:00 PM, paulallenmiller@verizon.net) L Eva Borsody das (borsody@gmail.com), R Paul Miller (508-369-4151 before 9:00 pm, paulallenmiller@verizon.net)

Sun., Jun. 29. Mt. Crawford Hike. A relatively easy White Mountain hike to the summit of Mt. Crawford from Rte 302 in Crawford Notch where (weather permitting) we'll get to enjoy the beautiful views. Also see leader's hike on June 28h. Several overnight lodging available. L Paul Miller (paulallenmiller@verizon.net) L Eva Borsody das (borsody@gmail.com), R Paul Miller (508-369-4151 before 9:00 PM, paulallenmiller@verizon.net)

PADDLING

Always looking for additional paddle leaders! Contact the canoe/kayak committee at paddlingchair@amcsem.org

Chapter Trips

Sat., Apr. 26. "Celebrate Blue Hills" Ponkapoag Pond Paddle. Paddle Ponkapoag Pond with us to see spring plants, birds and fish in conjunction with the chapter's "Celebrate Blue Hills" event. Launch time is 1:00 and paddle should last about 1.5 hours. PFD required. Wet/dry suit recommended. Join us after the hike for a fun cookout at 4:00 pm at Houghton's Pond. Cost for the cookout is \$6/person. Sign up for the cookout with your leader when you sign up for the activity (hike, paddle, or trail work). L Betty Hinkley (bhinkley@mindspring.com) CL George Wey (geowey@comcast.net), R Betty Hinkley (Bhinkley@mindspring.com)

Sat., Apr. 26. "Celebrate Blue Hills" Hike, Paddle, Trailwork Event - Join Us!. "Celebrate Blue Hills" - Join the Southeast Mass Chapter in celebrating this 7000 acre parcel of land incorporated in 1893, containing 125 miles of trails and 22 hills with a day full of events on Saturday, April 26, 2014. The

Blue Hills Reservation is located 19 miles South of Boston and is bounded by the towns of Quincy, Braintree, Randolph, Canton, Dedham and Milton. Numerous fun options! Sign up for an easy, intermediate or rugged hike on trails showing a variety of habitats and views of Boston, Mt. Wachusett or points south. Have little ones? Try the family hike. Or sign up to paddle the shores of Ponkapoag Pond in hopes of seeing early spring plants and birds. You could also choose to do Trail work and give back to the Reservation by brushing and edging the trails with rocks on the popular Skyline Trail. All of these activities will be hosted by knowledgeable leaders. They are listed individually online and you must register for them. Enjoy your choice of activity and then join us for a cookout at 4:00pm by Houghton's Pond. Cost for the cookout is \$6/person payable by cash on the day of the event. Sign up for the cookout online when you sign up for an activity. Please join us; we hope to share this wonderful park and the activities with you rain or shine. L Maureen Kelly (508-224-9188 before 8 pm, mokel773@aol.com) CL Karen Singleton (karen.singleton@comcast.net), R Maureen Kelly (508-224-9188 before 8 pm, mokel773@aol.com)

(AN) Sat., May. 3. Leadership Training. This course prepares trip leaders for managing groups they will be leading on AMC sanctioned trips. The course covers leadership styles, trip planning considerations, screening criteria to insure similar group member skills, risk mitigation, and qualifications to become a leader. Non-trip leader candidates are also welcome. It is an all day course with a mix of classroom and outdoor exercises. Lunch and refreshment breaks are provided. This course is offered at no cost to SEM chapter members. L Maureen Kelly (mokel773@aol.com), R Len Ulbricht (lenu44@gmail.com)

TRAILS

Looking for leaders to lead trail work events. Contact chair@amcsem.org. Looking for a trails chair.

Volunteer Opportunities

Until Filled. SEM needs a TRAILS CHAIR !. SEM needs a Trails Chair. Contact chair@amcsem.org to volunteer! L Cheryl Lathrop (chair@amcsem.org)

Chapter Trips

(C) (AN) (CE) Sat., Apr. 26. "Celebrate Blue Hills" Trail Work Event. Give back a little this year by helping maintain the trails we all love in conjunction with the chapter's "Celebrate Blue Hills" event. We will perform trail work on a section of the North Skyline between Reservation Headquarters and Elliot Circle. Tools and training will be provided. 12:30am - 3:30 pm. Join us after the trail work for a fun cookout at 4:00 pm at Houghton's Pond. Cost for the cookout is \$6/person. Sign up for the cookout with your leader when you sign up for the activity (hike, paddle, or trail work). L Maureen Kelly (508-224-9188 before 8pm, mokel773@aol.com), R Luther Wallis (lew89@comcast.net)

(C) (NM) Sat., Apr. 26. "Celebrate Blue Hills" - Hike, Paddle and Trailwork Event - Join Us!. "Celebrate Blue Hills" - Join the Southeast Mass Chapter in celebrating this 7000 acre parcel of land incorporated in 1893, containing 125 miles of trails and 22 hills with a day full of events on Saturday, April 26, 2014. The Blue Hills Reservation is located 19 miles South of Boston and is bounded by the towns of Quincy, Braintree, Randolph, Canton, Dedham and Milton. Numerous fun options! Sign up for an easy, intermediate or rugged hike on trails showing a variety of habitats and views of Boston, Mt. Wachusett or points south. Have little ones? Try the family hike. Or sign up to paddle the shores of Ponkapoag Pond in hopes of seeing early spring plants and birds. You could also choose to do Trail work and give back to the Reservation by brushing and edging the trails with rocks on the popular Skyline Trail. All of these activities will be hosted by knowledgeable leaders. They are listed individually online and you must register for them. Enjoy your choice of activity and then join us for a cookout at 4:00pm by Houghton's Pond. Cost for the cookout is \$6/person payable by cash on the day of the event. Sign up for the cookout online when you sign up for an activity. Please join us; we hope to share this wonderful park and the activities with you rain or shine. L Maureen Kelly (508-224-9188 before 8 pm, mokel773@aol.com) CL Karen Singleton (karen.singleton@comcast.net), R Maureen Kelly (508-224-9188 before 8 pm, mokel773@aol.com)