



Lonesome Lake Trail Crew, Left to Right Wayne Anderson, Sandy Santilli, Frank Butterworth, Hadley Donaldson, Leslie Carson, Dexter Robinson is in the fog, photo by Ken Carson

Monthly e-newsletter of the Appalachian Mountain Club Southeastern MA Chapter

June 2013

Visit AMC SEM Website

Breeze Newsletters

Calendar

Photos

Open Volunteer Positions

- Biking (Vice)
- Conservation (Vice)
- XC Ski (Vice)
- Trails (Vice)

Please contact the Chapter Chair Cheryl Lathrop at chair@amcsem.org if you are interested in a position on the Executive Board.



The Southeast Breeze, the newsletter of the Southeastern Massachusetts Chapter (SEM) of the Appalachian Mountain Club (AMC), is published 12 times a year.

Editor: Andrea Holden
breeze.editor@amcsem.org

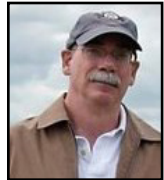
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amcinformation@outdoors.org

Monadnock Without the Crowds

By Paul Miller,
SEM Vice Hiking Chair



It's well-known that Mt. Monadnock in Jaffrey, NH is one of the most frequently climbed mountains in the world. What's not so well known, is that it's easy enough to (largely) avoid the crowds if you make the effort to avoid the popular White Dot and White Cross Trails that lead directly from the main parking area to the main summit. I've been climbing Monadnock two or three times a year now for the last fifteen or so years and in that time have come up with a number of interesting hikes, most that avoid those two crowded trails like the plague.

One of my favorite hikes starts at the main parking area off Poole Road. But rather than going straight up to the summit on either the White Dot or White Cross Trails, this hike first loops around toward the other side of the mountain via the little-trod Parker and Lost Farm Trails and includes a visit to the peaceful summit of Monte Rosa, one of the two sub-peaks (along with Bald Rock) in Monadnock State Park before finally hitting the typically crowded main summit of Grand Monadnock. This is the

route that a group of thirteen intrepid SEM hikers (including leaders Ken Jones and I) took on April 27th for an excellent early-spring hike.



Scrambling up the Monte Rosa Trail by Sal Spada



Approaching Summit of Grand Monadnock by Sal Spada

SAVE THE DATES

AMC Boston Gear Swap

June 5 (Joy Street) - See Listing

Family Weekend

Aug. 23-25

Chapter Hut Weekend

Sep. 20-22

Fall Gathering (all chapters) Hosted Delaware

Oct. 18-20

Annual Meeting & Dinner

Nov. 2

Hike Planning Meetings 6:30pm

6/5, 9/4, 12/4

Board Meetings 6:30pm

6/12 (in-person), 9/11, 10/9, 11/13

Where to find activities (hikes, bikes, etc.)

1. The monthly **Breeze** - email
2. **AMC Outdoors magazine** - mail
3. [Online trip listings](#)
4. Sign-up for [short notice trips](#)

Pictures and Article Submissions

We encourage SEM members to submit articles and photos for both the Breeze and our website. Materials will be edited at the editor's discretion, send to breeze.editor@amcsem.org

Breeze Deadlines

Monthly on the 7th, trips; 15th articles/pix

Sign-up for the Breeze

Call 800-372-1758 or email amcinformation@outdoors.org

Where to find [Breeze Publications](#)

Volunteers Wanted

Volunteer for the Executive Board. Do you have skill and want to see where you fit? Lead hikes bike, ski, snowshoe, x-country or paddle trips. We have volunteer positions open! Contact chair@amcsem.org

AMC Gear Swap

June 5, 2013 6:30pm - 9:30pm

4 Joy Street, Boston

Find a new home for that old, unused gear you have around the house, in the barn, or under the bed. You know, the stuff you never use, but it's still usable, or just needs minor repairs. Most items will be free and some items will be for sale. We hope that all the gear stays in the AMC family, but feel free to invite friends, family, coworkers and neighbors you think might want to come who could put the gear to good use. If you want to sell, donate, or volunteer, please register [here](#) and review [list of gear](#) available.

2013 Executive Board

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chair@amcsem.org
Cheryl Lathrop, 508-668-4698

Vice Chapter Chair

vicechair@amcsem.org
Maureen Kelly, 508-224-9188

Treasurer

treasurer@amcsem.org
Patty Rottmeier
508-982-1099 (c), 508-228-4207 (h)

Secretary

secretary@amcsem.org
Karen Singleton, 508-730-7702

Cycling/Biking

bikingchair@amcsem.org
John Fortier, 508-982-1855

Canoe/Kayak

paddlingchair@amcsem.org
George Wey, 781-789-8005

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paddlingvicechair@amcsem.org
Betty Hinkley, 508-241-4782

Cape Hiking

capehikingchair@amcsem.org
Farley Lewis, 508-775-9168

Cape Hiking (Vice)

capehikingvicechair@amcsem.org
Peter Selig, 508-394-9064

Cape Hiking (Vice)

capehikingvicechair@amcsem.org
Janet DiMattia, 508-394-9064

Communications

commschair@amcsem.org
Andrea Holden, 508-989-4239

Communications (Vice)

commsvicechair@amcsem.org
Gina Hurley, 508-362-6573

Conservation

conservationchair@amcsem.org
Joanne Jarzobski, 508-775-7425

Chapter Youth Program (CYP)

cypchair@amcsem.org
Sally Delisa, 781-834-6851

Education

educationchair@amcsem.org
Len Ulbricht, 508-359-2250

Education (Vice)

educationvicechair@amcsem.org
Barry Farnsworth, 508-272-1522

Hiking

hikingchair@amcsem.org
Walt Granda, 508-971-6444

Hiking (Vice)

hikingvicechair@amcsem.org
Paul Miller, 508-369-4151

Membership

membershipchair@amcsem.org
Ed Miller, 774-222-0104
5-9pm, no calls after 9pm
please

XC Ski

xcskichair@amcsem.org
Barbara Hathaway, 508-880-7266

Trails

trailschair@amcsem.org
Lou Sikorsky, 508-678-3984

Past Chapter Chair

pastchapterchair@amcsem.org
Jim Plouffe

AD Hoc Committees

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socialchair@amcsem.org
Jodi Jensen, 781-762-4483

Social (Vice)

socialvicechair@amcsem.org
Ellen Correia

Family Events Chair

familyeventschair@amcsem.org
Chris Pellegrini, 508-233-9203

Staff

Social Networking Moderator

Susan Salmon

Webmaster

webmaster@amcsem.org
Cheryl Lathrop/Andrea Holden

Breeze Editor

breeze.editor@amcsem.org
Andrea Holden

Blast Editor

blast.editor@amcsem.org
Andrea Holden



View from the Chair

By Cheryl Lathrop

Wondering what to give your June graduate for a gift? I was recently wondering just this as I held the invitation to my nephew's graduation in my hand—and then I received an email from the AMC entitled “The Gift of Adventure”. Certainly curious, I opened it to see: “Give the gift of the outdoors. Give a U-30 membership.” I immediately clicked and bought my nephew a 2-year under-30 (U-30) membership. It came with a logo pouch and a clip-on LED light. Then I threw in my copy of a popular funny hiking the AT book. Problem solved with one click!



My nephew's graduation invitation e-vite (all is electronic nowadays!) had a picture of him in the Alaskan mountains from a family vacation. In my card I wrote: “You don't need to travel so far to find mountains; the Appalachian Mountains are right here in your own backyard!” (He'll be in the MD/DC chapter.)

So, forget briefcases and pens and watches. Congratulate your favorite member of the class of 2013 with the gift that brings them closer to the outdoors.

I'LL SEE YOU ALL OUTSIDE THIS JUNE!

Got something to say? Got a good idea? Want to volunteer?

Feel free to contact me anytime about anything!

chair@amcsem.org

Cheryl Lathrop

Chapter Chair

As always, feel free to contact your chapter chair, or vice chapter chair at any time.

Chapter Chair: Cheryl Lathrop (chair@amcsem.org) ~ Vice Chapter Chair: Maureen Kelly (vicechair@amcsem.org)

William E. Leahey, 91



AMC lost a loyal and long-time member on May 10, 2013 when Colonel William Leahey of Brewster passed away at age 91.

As an AMC SEM member, Bill participated in bicycling, hiking, and canoeing trips. He competently led AMC hikes on trails in the mid and lower-Cape areas. In addition, he participated in hiking trips to the White Mountains with AMC friends and one particularly memorable one was when we accompanied former hiking chairperson Janet Kaiser on her final 4,000 footer!

Bill's generosity and camaraderie was demonstrated in hosting large New Year's parties in his home for his AMC friends and others for which he will always be remembered as well as for his dedication to his country serving in both the National Guard and the U.S. Army for a total of 33 years retiring as a full colonel.

Written by Nancy Wigley, AMC Life Member

“ *AMC has lost a generation of renaissance men who were the leaders in the 80's and 90's.*

They had mountain and white water experiences and joined AMC when membership requirements challenged the applicants skills and knowledge.

Others gone but not forgotten . . . Colonel Dalton, Harry Dombrosk, Jack Handlen, and Bud Carter. They initially had established and implemented the AMC outdoor activities on the Cape, including trail maintenance.

May we remember with great appreciation these men and their legacy of commitment to AMC activities on the Cape ”

- AMC member Janet Kaiser

Egg Island, The Quasi Phoenix

by Louise Riemenschneider Foster

**Thanks to James Gould, Historian; Brian Braginton-Smith, Executive Director of the Lewis Bay Research Center; and Fred Stepanis, Barnstable Conservation Agent for the historical information in this report.*

The plan for our Lewis Bay trip is the “flip” of most of our others and the result is a delightful concoction of contrasts. This season, weather permitting, Ed Foster will be running this paddle on

July 17. It begins in bucolic estuaries and coves and then for the grand finale, heads into one of the busiest working harbors on the Cape. All this is punctuated by an ethereal lunch site, which is quite unexpected if you haven’t before been on this adventure. When leaders select dates for their events, they usually target high tides at mid day for travel as far as possible into tidal areas. This one is fundamentally based on the opposite, when the tide cycle around noon is near low. It is then when the waters finely retreat to expose Egg Island, seemingly, but not really, “rising” like a Phoenix from the deep. It is surreal and this will be our lunch spot!

The trip begins in Yarmouth, moving clockwise along the perimeter of Lewis Bay, aka Sepnessett (its ancient Wampanoag name)*, into little estuaries and

coves, the seclusion of Uncle Robert’s Cove and around Grand Island. The route is scattered with buoys marking shellfish grants and offers splendid, sweeping panoramas of the skyline of the Village of Hyannis, the “metropolis” of Cape Cod. On some trips we have an “encounter” in this area with a pirate ship! It is filled with kids dressed like bandits, and they point their huge cannons at us. These can deliver very hefty streams of water, but the adults in charge are saving the water for a summer hire floating in the harbor, pretending to be Slash, a nasty stranded mutineer. They soon head off searching for sunken treasure and the unfortunate Slash, leaving us in the midst of osprey screeching above.

Just when we are more than ready for lunch, we move past a breakwater

The Ferry Departing Hyannis for The Islands. Courtesy of Louise Riemenschneider Foster



Egg Island, Cont'd

into the harbor. If the timing is perfect, somewhere out there in Hyannis Outer Harbor, the waters part and our lunch spot magically appears as the Egg grows! This is a serene place, completely void of footprints other than our own. The water drains from the porous sand, instantly creating dry land so we can sit. Nirvana!

It is hard to imagine that not so long ago, there was a very different ecosystem here. Egg Island was a full fledged island with substantial upland dunes dotted with summer camps and could be accessed from Kalmus Beach by a shallow sand bar. A 13 foot deep channel into Hyannis Inner Harbor ran on the other side between it and Grand Island, and established the boundary between the Towns of Yarmouth and Barnstable, placing Egg Island in the Town of Barnstable. A popular social destination, girls rowed out with picnic supplies and boys waded over on the sand bar at low tide. It was known as a place where gulls' eggs hatched, hence the name. In about 1900, when today's wider channel into the harbor was dredged, the hydrodynamics of the Egg Island area were dramatically affected; sand accreted in the original channel and the island fell prey to major erosion, finally meeting its end at the hands of the hurricane of 1938. A sand bar now blocks the original channel, connects Egg Island to the mainland on the Yarmouth side and holds back waters from flushing the bay.* A robust land mass reduced to a sand bar and a once major channel choked with sand - perhaps an over simplification on my part, but a sad, all too familiar example of how a well intentioned project can trigger an upset elsewhere, and have far

reaching consequences.

After lunch, we depart the still growing sand bar and cautiously cross the boat channel, then through a large, crowded mooring basin and finally into the inner harbor. Here we pass and are passed by commercial vessels going off to work and excursion boats taking folks out to see some of the places we have just been. Almost always, we see the Duck Boat; the passengers "quack" at us as it whirs by. We stay off to the side to give a wide berth to the ferries, which create surprisingly small wakes. The atmosphere is colorful and noisy. Artists' shanties, ice cream stands and water-side restaurants lining the shore above, beckon us to return when we are ashore! There are

many kinds of marine tour operations and commercial fishing boats moored along the wharf at our level. We notice the pirate ship is back in port. Slash is no where in sight.

With little threat of pirate attack, it is back to the put in. All this covers 8 to 9 miles and as you load up your gear, you will feel "you have seen it all!" Hope for good weather on July 17 for the [Good Egg!](#)



The Pirate Ship, The Sea Gypsy VIII, Back in Hyannis Harbor (but where is Slash?)
Courtesy of Louise Riemenschneider Foster



The AMC Storming Egg Island. Courtesy of Louise Riemenschneider Foster

PADDLE TRIP REPORT - Pamet River, Truro

May 8, 2013

By Donald J Palladino

Paddlers: Jean Orser, Paul Corriveau, Vicki Blair-Smith, Gary Robinson, Don Palladino (Leader), Louise Foster, Ed Foster, Pat Caarden

A dense early morning fog in Wellfleet did not bode well for the paddle, but by 8:30 the fog had lifted. The forecast was for showers later in the day, and so out we went and could not have asked for a more perfect day. It was a bit breezy at times - 10- 15 mph as reported, but we were mostly protected in the river and marsh.

We launched just at high tide and paddled upstream on the Pamet to Pamet Center where the Castle Road embankment had prevented flow from the ocean into the upper Pamet into the lower Pamet when the dunes were breached at Ballston Beach during the spring storm. Just as the tide turned we paddled downstream to the harbor and then into the tidal flat toward Corn Hill, returning to the south bank of the harbor near the breakwater for lunch - a total of 4.5 miles. After lunch we paddled into the marsh south of the harbor but the tide was retreating quickly so we returned to the launch site - overall just over 6 miles.

Did not see much wildlife, but saw enough of the sun to enjoy a great paddle.



PADDLE TRIP REPORT - Mashpee Wakeby Ponds

May 1, 2013

By Jean Orser L.



Paddlers: Jean Orser (Leader), Paul Corriveau (Co-Leader), Vicki Blair-Smith, Gary Robinson, Don Palladino, Marjorie Jordan, Bill Fischer, Louise Foster, Ed Foster, George Wey

A perfect sunny spring day with very little wind and temps in 60's was enjoyed by all. We paddled clockwise from the put-in on Mashpee Pond, Mashpee to the lunch spot at the end of Wakeby Pond in Sandwich arriving 1 minute before noon. The picnic tables were still there and sitting in the sun; catching up with everyone's winter activities was fun. After lunch we continued back to the put-in with a slight tail wind for approximately 7 miles total. It was great to see paddling friends again.



PADDLE TRIP REPORT - Swan Pond/River

May 11, 2013

By Jean Orser

Paddlers: Jean Orser, (leader), Paul Corriveau (Co-Leader), Vickie Blair-Smith, George Wey, Bill Fischer

Although the weather forecast was dismal with rain, thunderstorm, and high winds predicted, we decided to go as it didn't look like it would happen soon.

We paddled clockwise on the pond to Swan River and headed downstream under Upper County bridge which was still under construction to route 28 bridge where a temporary bridge is being built for future reconstruction of the main bridge to



Lower County bridge.

The river mouth where we stopped for lunch (well before noon) is different again this year with much more sand on the left side and a very narrow channel to the ocean. White caps were visible in the ocean and so we didn't venture out. The wind increased and we had a nice ride back. We passed many geese, ducks, snowy egrets, a few osprey (2 in nest by route 28) and one swan.

The rain held off and it was a nice day to paddle.



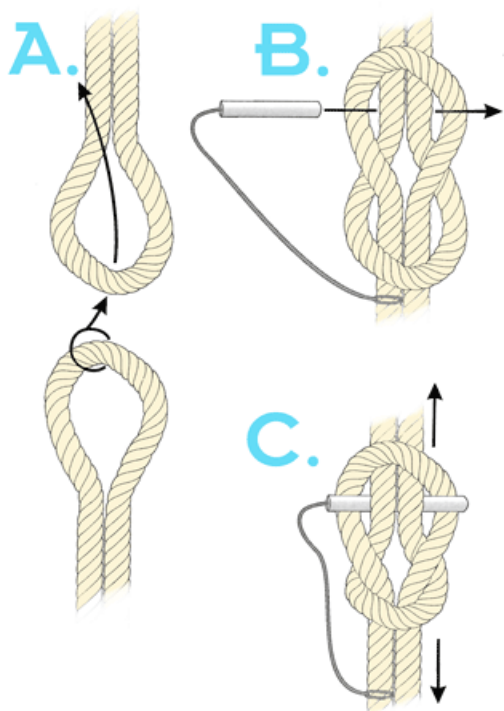
KNOTS

Mastering marlinespike

Provided by Max Sarazin

[Toggled reef knot >>](#)

When you need a quick and convenient temporary knot that can bear a continuous load and be rapidly untied, even under load, think of a toggle knot.



To produce a toggled reef knot, any fixed loops will do, but the loops ends must be secure. This knot is ideal for joining two eye splices, the loops of loop-producing knots or any combination of loops.

A. Bringing two loops together from opposite directions, take the tip of one loop under and through the tip of a second loop. Press the legs of the second loop up through the first loop and hold them in position.

B. Place the toggle between the legs of the second loop in front and the legs of the first loop behind.

C. Draw up tightly and maintain constant pressure on the toggle.

Source: www.theensign.org

Original materials used with thanks to Irene Rodriguez and John Bennett

Block Island Cycling May 4, 2013

The Greenway, inspired by England's Greenway system of trails, is a growing enterprise that now includes more than 12 miles of trails covering much of the southern half of the island. The trails, which range from wide and flat swaths of mowed grass to rocky slopes, pass through many of Block Island's most revered natural areas: Rodman's Hollow, the Enchanted Forest, Nathan Mott Park, and Turnip Farm.

The Mohegan Bluffs are large clay cliffs about 150 feet (46 m) high, located on the southern shore of Block Island. They got their name because the battle of the Niantic and the Mohegan took place here in the mid 16th century. The battle was over supremacy of the island, and the intruding Mohegans were forced over the cliffs to their death by the native Niantic.



Mohegan Bluffs, Block Island RI. Photo by Andrea Holden



Mohegan Bluffs, Block Island RI. Photo by Andrea Holden



Cliff overlooking beach from trail at Greenway Walking Trails at the Nature Conservancy . Photo by (Connie) Lee Shih-Yuan

Block Island Cycling Cont'd



Trip leaders Jodi Jensen and Ellen Correia. Photo by Ken Jones



Ken Jones (front), Jodi Jensen and Robert Martinelli hike Greenway Walking Trails at the Nature Conservancy. Photo by Andrea Holden



Coming ashore to Block Island. Photo by Ken Jones

FAMILY HIKING SERIES

June 22, 2013

Last Hike of the Season

Hike #4 location TBD - New Hampshire

[View our webpage](#)

Got kids? Join us for our Family Hiking Series. Hike #4 is our final hike. We have learned a lot since our first hike and we plan to take what we learned and head to New Hampshire. The destination will be decided based on how our group has improved over the last 3 hikes. Appropriate for children 3 and older with some hiking experience. Children under 3 are welcome in child carriers.

Contact leader Christine Pellegrini 508-244-9203 (best time to call: 6-8pm) chrispellegrini@yahoo.com for more information or to register. Registration Required.



Family Hike Series #3

Blue Hills Reservation Milton, MA

The May weather threatened the hike but with the right window of opportunity we sneaked in a wonderful hike with the Families in the 3rd series hike at Blue Hills. We had some 2 yr olds that walked and rode in packs but the youngest hiker on the ground was just under 4 years old. Everyone had a great time.

Photos by Christine Pellegrini



The Family Events Committee of SEM AMC is led by dedicated volunteers who keep us connected through the planning of trips and posting of information through our email list. Join us on one of our upcoming adventures. There are other families ready to share the outdoors with you!





WHY VOLUNTEER FOR AMC? Gain work experience! Add it to your resume! Got a little free time to help us grow? Are you a people person who likes to help others? Are you concerned about environmental issues? Do you enjoy outdoor activities? Do you have some free time? If this sounds like you, then you may be interested in some opportunities to help our chapter of the AMC grow and better accomplish its mission. Get in touch with us and we'll be happy to tell you more. Contact: chair@amcsem.org



AmeriCorps Volunteers of Barnstable hosted the 2013 Cape Cod Canal Cleanup Day



By Maureen Kelly
SEM Vice Chair and Leader
vicechair@amcsem.org

The AmeriCorps Volunteers of Barnstable hosted the 2013 Cape Cod Canal Cleanup Day on Saturday April 20. The weather was predicted to be rainy all morning and that kept some people back in their houses. Four SEM AMCsers donned their rain gear and pitched in to work. Nancy Wigley picked up trash along the canal as she has done in past years. The rest of us didn't see her because we were working on the Sagamore Hill Trails. Our group consisted of Joe Keogh, Cathy Garry and me. This is a nice area of trails across the street from the parking lot with the fishing pier on the way to Scusset Beach. Sagamore Hill is surrounded by the marsh but brings you to the high point of the area with beautiful views out to Cape Cod Bay.

There was light rain in the morning when we met our Americorp Volunteers Jenna and Scott. They had about a dozen engraved slate signs that are taken down in the fall and put up again in the spring. This was our main job for the morning as well as doing any small-scale trail maintenance that we noticed along the way. Joining our group was another local group of 3 adults and one mother and son team, Owen and Janet. Owen was the main sign-attacher because he was the shortest and could reach under the posts easier than the rest of us.



View to Cape Cod Bay over Sagamore Beach, photo by Maureen Kelly



One of about a dozen slate trail signs, photo by Maureen Kelly

At the top of the hill was the remains of an old artillery base from World War II. The Sagamore Hill Military Reservation was built on state land. Its mission was to protect the Cape Cod Canal from possible air and naval attack. It never did have to fire its guns in defense though but it did play an important part in the defense of the canal. The Panama mounts (1942) and battery commander's station of a two-gun 155mm battery still remain here, as well as several magazine igloos. >> [Sagamore Hill Military Reservation](#).

By this time the rain had stopped and the day was warming up. Cathy and I persuaded Jenna to walk us through other trails in the area so we could do more trail work since we were there and ready to work. She walked us around for about an hour and then back to the cars. All of the workers were rewarded with pizza in Buzzards Bay for lunch. It felt good to help care for a great recreational area in my backyard and I learned some local history as well. Thanks to all the AMCSEMers for putting in some hours to help keep it in good shape.



AmeriCorps Volunteer Jenna, photo by Maureen Kelly



AmeriCorps Volunteers mother Janet and son Owen, photo by Maureen Kelly

Adopted Trail Work

Lonesome Lake Trail May 11-12th

Photos by Ken Carson, AMC SEM Member

Volunteers, Wayne Anderson-Leader, Dexter Robinson-Leader, Frank Butterworth, Leslie Carson, Ken Carson, Hadley Donaldson, Sandy Santilli



Wayne Anderson-Leader and Frank Butterworth



Lonesome Lake Trail Crew, from left to right Dexter Robinson, Sandy Santilli, Frank Butterworth, Hadley Donaldson, Wayne Anderson, Leslie Carson, Ken Carson.

BLUE HILLS Conditioning Series



Chickatawbut Hill Blue Hills Conditioning Series, photo by Ken Jones

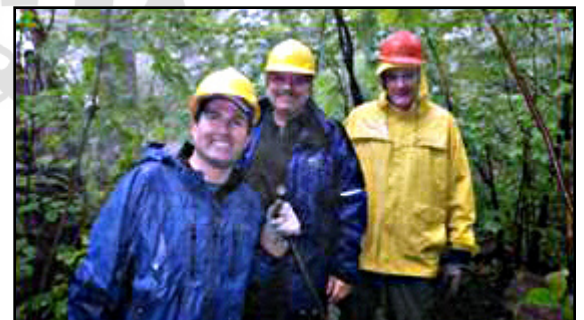
Waterfalls – Brought to you by you!

trails

A rushing waterfall welcomes hikers to snack, cool off, and reflect. How many steps, water bars, bog bridges, cleared blow downs, and trail blazes did it take to get to this picturesque oasis? Who keeps the trail clear of encroaching branches and makes it passable through mud and muck? Enjoying that waterfall depends on the work of people just like you who take time to learn about and do trail work.

AMC teaches trail work skills from basic brushing to stabilizing eroding trails with rocks. Chapters offer many opportunities to learn and make friends while you work. Imagine if instead of just passing by a piece of trail, you spent a day making it safer, more enduring, and easier to find? Get Out. Give Back.

We need people like you. [Volunteer >>](#)



President John Judge with Worcester Chapter Trails Chair, Steve Crowe.

Wilderness First Aid & SEM Rambler Spring Weekend

AMC's Noble View Outdoor Center, April 26-28, 2013



By Len Ulbricht
AMC SEM Education Chair

Photos courtesy of Christoph Gervais, Andrea Holden, Mark St. John and Len Ulbricht

Bird call courtesy of Andrea Holden

The stars were aligned for this absolutely fabulous weekend. Perfect sunny springtime weather in the 60s, gentle breezes perfect for kite flying, super sunrises from cottage porch lookout



Keystone Arches Bridge with modern concrete version in background. Courtesy of Len Ulbricht



The double arch dry stone bridge. Courtesy of Len Ulbricht

over the distant hills AND a 99% full pink moonrise above the glistening lights of Springfield, gurgling brooks, spring bird songfest, multi-course meals prepared on site by Luther and Joyce: what more could one ask.

In all 26 attendees from SEM, the Boston chapter and western MA scout

leaders took in the Noble View experience. Nineteen folks took WFA and nine took CPR. They had a fabulous professional instructor SEM engaged for the weekend. Our SEMers are now ready to splint you, CPR you or Heimlich you if you dare to give them a chance.

The Ramblers took advantage of the great weather to mosey about the NV trails and waterfalls, and made offsite trips to bicycle, hike Mt. Tom, and visit the Keystone Arches Bridges in nearby Chester. These railroad bridges date back top the early 1800s and were dry stone built (no mortar), and their still standing. Spring bird calls abounded and one noteworthy call can be heard



Strawberries for dessert. Courtesy of Andrea Holden



Mealtime at Noble View. Courtesy of Andrea Holden



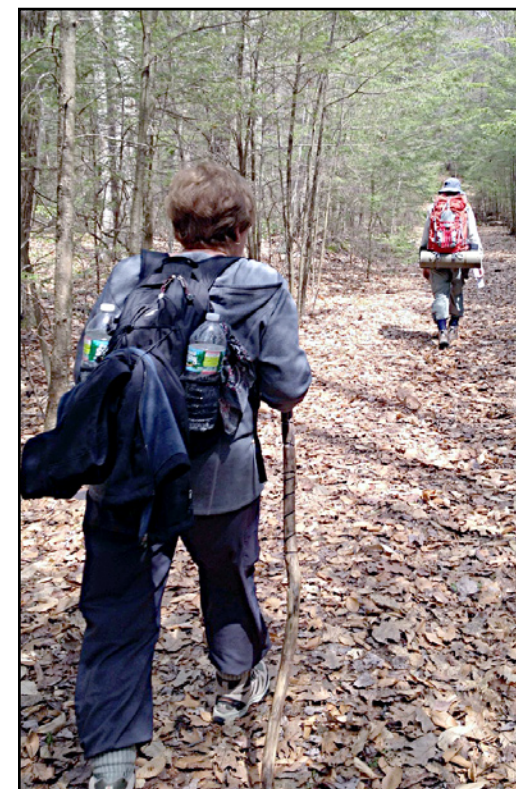
Socializing before dinner. Courtesy of Mark St. John



Luther hawking SEM vests. Courtesy of Len Ulbricht



Capturing the spring wildflower. Courtesy of Andrea Holden



A Noble View walking trail. Courtesy of Andrea Holden

Wilderness First Aid Cont'd

[here>>](#) with Pitcher Brook gurgling in the background. If you can name that bird, email Len at lenu44@gmail.com with "bird call" in subject line. Will report responses in next Breeze issue.

Green SEM vests were in vogue this weekend. Luther made his

sale pitch to all and sold several to the group from Hadley. Remarkable. Scout leaders in western Mass will now be wearing AMC vests emblazoned with SEM's logo.

Noble View is a self service camp and SEM is blessed to have two special members, Luther and Joyce Wallis, who volunteer to prepare meals for



CPR training class. Courtesy of Len Ulbricht



SEM vests adorning non-AMC participants. Courtesy of Mark St. John



TheWFA/CPR class of trainees. Courtesy of Len Ulbricht



Splinting practice. Courtesy of Mark St. John



Sunrise. Courtesy of Mark St. John

Wilderness First Aid Cont'd

attendees. Feeding 26 voracious weekenders is no small feat. It means planning meals, purchasing food and hauling it all to NV, waking at 4:30 to prepare breakfast, starting lunch soon thereafter, and dinner after that, then crashing early to get ready for the next day. And those meals: pan pizza dinner, breakfast quiche, French toast, pulled pork, chilli over rice, baked on site oatmeal cookies and brownies, hot hearty oatmeal, vegetarian options, and even cheese and veggie appetizers for social hour.

Each year SEM runs several events at AMC's Noble View Camp. If you would like to participate in a fun inexpensive weekend socializing with fel-



Upper Pitcher Brook Falls. Courtesy of Andrea Holden



©2013 Christoph Gervais
www.twisted-tree.smugmug.com

NV Waterfall Downstream. Courtesy of Christoph Gervais

Full moon rising. Courtesy of Mark St. John



Outdoor WFA classroom on a perfect weather day. Courtesy of Len Ulbricht



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Wilderness First Aid Cont'd

low SEMers while enjoying this beautiful location, consider this summer's family weekend in August, our winter weekend next February, or next April's combined Ramble and WFA training weekend.

At Left: Noble View and Full Moon.
Courtesy of Christoph Gervais

Bottom: Pink moon rise over Springfield.
Courtesy of Len Ulbricht



Monadnock Cont'd

While there was frost on my windshield when I left my home in North Attleboro at 6:15 am to meet up with several other hikers at one of our two designated carpool sites, by the time we arrived at the mountain, the day was already warming up nicely. We hit the trail at a little after 9:00 am as planned. This involved first ducking behind the recently renovated park store and skirting around the



Searching for the Thoreau Trail by Sal Spada

COLD RIVER CAMP LOOKING FOR LEADERS!

AMC Cold River Camp contacted South East Mass chapter looking for trained hike leaders to lead hikes for summer weeks at Cold River Camp. For leading four hikes over the course of a week, a leader would get free room (cabin) and board (great food) for seven days (a value of \$545). There is an extensive inventory of possible pre-existing hikes from Camp gathered in booklet form ranging the full spectrum from easy to heroic. A leader is bound by specific hikes on specific days. They are encouraged to customize the day trips based on the guests at Camp, weather, and leader interests. They usually have two hikes leaders and a naturalist each week with each leader leading four trips (two offered each day), so trip selection doesn't fall all on one person's shoulder. Having already the AMC leader certification is a big plus.

For more information, please contact Bill Gross, Hike Leader Coordinator wmgross4@verizon.net

Poole Reservoir to get to the Parker Trail. We followed the fairly level Parker Trail up to the Lost Farm Trail. This starts out level at first but soon starts to climb the side of the mountain. We followed the Lost Farm Trail up to the Cliff Walk Trail for a very short stretch to get to Thoreau's Seat (Monadnock was a favorite hangout for Thoreau, Emerson, and other Transcendentalists, who found its pristine beauty inspiring...). From there, after futzing around for a few minutes trying to find the correct trail (hey, I hadn't taken this particular hike for several years!) we found the sign for the Thoreau Trail, which brought us down to the clearing that marks the old Halfway House Site. Here, only a few pieces remain from the foundation of the small inn that used to house Victorian hikers.

From the Halfway Half Site, we followed the White Arrow Trail for a short stretch to the Monte Rosa Trail, which climbed with several steep sections up to the summit of Monte Rosa.

Other than one other hiking group that passed through us, we had this pretty spot all to ourselves (not at all an uncommon experience). We stopped atop Monte Rosa for a quick snack and to enjoy the view from our peaceful spot across and up to the well-populated summit of Grand Monadnock, just a half-mile away, but a good 1,000 feet higher.

From Monte Rosa, we dropped back down into the woods on the Smith Summit Trail and then alternately climbed and scrambled up to the crowded summit. Here, among the hordes, we located a spot for our group to hunker down on for lunch



Sue and Karen Scrambling up the Smith Summit Trail by Sal Spada



Water Break Atop Monte Rosa by Sal Spada

Monadnock Cont'd

and to enjoy the panoramic view. Uncharacteristically for Monadnock, there was very little wind on the summit and even on this early spring day we didn't have to pile on the layers to stay comfortable.

After enjoying our lunch and taking the obligatory summit photos, we started the return journey via the exposed, but scenic Pumpelly Trail and then down the Red Spot Trail. While this trail is not all that difficult to climb, its several steep sections often make it a bit challenging

to descend (a fact of which my 62-year old hips took the opportunity to remind me...). Luckily, the day was dry, so the footing remained secure. The Red Spot brought us to the gentler Cascade Link Trail, which follows a pretty stream for much of its length. This took us back to



On the Pumpelly by Sal Spada



Looking Back at the Summit by Sal Spada



Descending on the Pumpelly Trail by Sal Spada



Descending on the Red Spot Trail by Sal Spada

Monadnock Cont'd

the dreaded White Spot Trail for a short stretch, which was not really all that crowded this late in the day...) and, eventually, the main parking area. Here, we said our good-byes and hit the road back to Massachusetts, somewhat tired, but with smiles on our faces.

We finished this approximately 6.5-mile hike in a total elapsed time of about six hours. Not a speed record to be sure, but a great day all in all. No bugs, no ice (didn't need the Microspikes that I had declared to be mandatory equipment after all...), plenty of sunshine, little wind, and a really nice group of people. This included several AMC members who have never hiked with the SEM before, but are likely to do so again at some point in the future...



Obligatory Summit Photo by Madelyn Atwood



By Ray Anderson

Hello fellow hikers.

Peak-bagging is hiker jargon for those who get satisfaction in summiting mountains. Peak-baggers will climb (bag) peaks usually in some type of organized quest. It's how I developed a passion for hiking.

Some years ago, I met a hiker in the White Mountains who said he was going to summit all the 4000 footers



Washington's peak, looking down on Lakes of the Clouds Hut on the shoulder of Mt. Washington.



New Hampshire's Mount Washington, the highest mountain in the northeast, at 6288 feet.

in New Hampshire. There are 48, and he was up to 23. I checked my journals and realized I'd done seven. Over the next years, I finished the ones in New Hampshire and went on to complete all the 4000 footers in New England. There are five in Vermont and fourteen in Maine.

This whole idea can become addictive. There are lists of the 100 highest mountains in New England, the Northeast, and the USA. There are backpackers who try to "bag" all

those peaks. I stopped after the 4000 footers in New England, but will begin a quest of the 4000 footers in the Adirondacks of New York state this autumn. There are 46, so it will take me a while.

The landscape photo where you can just make out the towers is New Hampshire's Mount Washington, the highest mountain in the northeast, at 6288 feet. The other landscape photo is from Washington's peak, looking down on Lakes of the Clouds Hut on the shoulder of Mt. Washington. The profile photo shows the Franconia Ridge Trail up to the peak of another 4000 footer, New Hampshire's Mt. Lafayette (5260 ft).

Most peaks are scenic and peaceful, the perfect place to relax and put your life in perspective.

Ray's Hiking Blog: www.TakeaLongHike.com



Franconia Ridge Trail up to the peak of another 4000 footer, New Hampshire's Mt. Lafayette (5260 ft).

Attention Backpackers

Contributed by Len Ulbricht & Barry Farnsworth SEM Education Committee

Backpacker Magazine sponsors annual tours to review the latest in backpacker equipment. The tours stops in various locations around he country and this year there is a stop at Moosejaw Mountaineering, 1245 Worcester St. in Natick on June 25 at 7 pm and EMS, 300 Needham St. in Newton MA on June 26 at 6 pm .

The Moosejaw stop on June 25 is a Gear and Go Tour with Backpacker's ambassadors, Justin and Patrice Lavigne, who will inspire hikers and backpackers to gear up and go explore the great outdoors! The Gear & Go Tour will help outdoor enthusiasts "plan it, dream it, and do it" with regards to preparing for their outdoor adventures. The Gear and Go Tour will engage audiences with an informative skills clinic (plan it) an inspirational interview with a BACKPACKER Contributor and/or Brand Sponsored Athlete (dream it) and a highlight of local trail BETA (do it).

The EMS stop on June 26 is Get Out More Tour with Backpacker's ambassadors Sheri and Randy Propster will offer seasoned advice via an in-depth, 75-minute seminar that will both inspire and educate. This informative and fun seminar will cover a range of topics including:

- Backpacking essentials
- The latest in gear and apparel
- Survival skills
- Trail-tested tips

Admission is FREE and participants will have the chance to win great outdoor gear and apparel worth hundreds of dollars.

For further information on either tour checkout backpacker.com/events.

getting new life out of a old tent

By Doug
Karlson

AMC SEM
Member



“With a little common sense and Yankee thrift we saved some money and made do with a perfectly good tent”

Dougie Karlson in a dry tent, credit Doug Karlson

They need to be re-sealed, Google said. That prompted a trip to EMS in Hyannis where I purchased Nikwax Tent and Gear Solarproof Spray and also a bottle of seam sealer.

Setting aside all the build-up about New

Guinea and the Cub Scouts, here’s the information that’s useful to you, the reader: it worked. I sealed the bottom of the tent, then erected it in the backyard, after which I sealed all the seams and sprayed the fly and lower sides of the tent.

How do I know it worked? Because the next morning the lawn sprinkler came on. It was like a lab at a testing facility. The tent was pummeled on all sides. That afternoon we inspected it. It had leaked, so we applied a second coat of Nikwax until the bottle was empty. (I’m guessing the tent probably weighs more than 7 pounds now.)



Nikwax Tent and Gear Solarproof Spray



The “Old” tent sealed and ready to stay dry

I purchased my Eureka two-man tent in a sporting goods store in Lower Manhattan in 1987. I think I paid less than a hundred bucks. I was headed to Australia and New Guinea and a few other places, and while I was buying my backpack the tent caught my eye. It was an impulse purchase.

Turned out I didn’t schlep the tent across the Pacific. When my mother told my father I planned to bring a tent into the jungle he recommended I stick to hotels. That was probably good advice. In New Guinea they have spiders that hunt birds, and centipedes the size of your arm. I wouldn’t have slept a wink. Plus there are Anopheles mosquitoes, and, I think in 1987, still a few Japanese soldiers who didn’t know the war was over.

Anyway, fast-forward twenty years. I’ve still got the tent, only when we use it at a Cub Scout camping trip (not exactly Papua, New Guinea, but challenging in its own way) I realize the tent is no longer waterproof. It’s not even water-resistant. It’s water absorbent. Water beads through the tent fabric. My down sleeping bag becomes saturated, my clothes soaked. I begin to question the whole Cub Scouting movement.

Rather than chuck the tent I asked Google, “why do tents leak?”

That night the heavens open up and the second test began. No way could it still be dry after all that, I thought, but when the rain stopped I inspected the tent. The sealer had worked. The tent was dry. With a little common sense and Yankee thrift we saved some money and made do with a perfectly good tent. Maybe it never made it to New Guinea, but this tent could still have a few good years in the White Mountains left. We’re looking forward to using in the coming months. But I’m still hoping it doesn’t rain.

Have a question or comment about this article? Email Doug at dkarlson2@gmail.com.

Spring Skiing in Tuckerman's Ravine



By Gina Hurley
AMC SEM Comms
Vice Chair

commsvicechair@amcsem.org

One of my favorite spring activities is hiking up the Tuckerman's Ravine trail in April and May to watch the hundreds of skiers ski the huge bowl and gullies in the ravine.

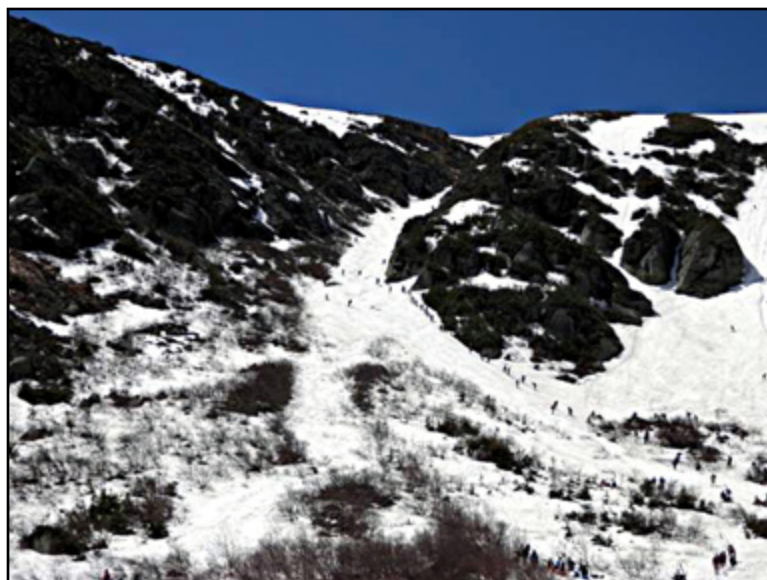
This spring, on a beautiful, clear Saturday we made the hike up to the ravine. Starting at Pinkham Notch Visitor's Center the Tuckerman's Ravine trail climbs 3.1 miles to the ravine. As we parked the car at 9:00 am in the overflow parking lot we saw many skiers, snowboarders, and day hikers getting ready to head up the trail. If you have never hiked this trail, it is a wide trail with a moderate slope. During spring season, on any good weekend day, the first ¼ mile of the hike is a line of skiers, snowboarders, and hikers starting the trek up the mountain. Even as you get further up the mountain, the crowd starts to spread out, but it is still very busy. The trail itself is very picturesque. There are bridge crossings, views of Wildcat Ski Resort, and a wonderful viewpoint for Crystal Cascade.

At 2.4 miles is Hermit Lakes caretaker cabin and shelters. Although the cabin is not for public use, there is a large covered porch and open patio with picnic tables. The shelters

are typical lean-to style, where skiers, snowboarders, and hikers can spend the night. This is where most people stop to regroup, talk to the rangers, and get an idea of the snow conditions. Conditions and avalanche information are posted, and during spring season additional AMC volunteers and rangers are present to answer questions and share information about the hazards of skiing and being in the ravine during spring conditions. These hazards include falling ice, crevasses, and waterfall holes. Many people have been injured or killed in the ravine, so anyone in the ravine, skier, snowboarder, or hiker, must be aware of the dangers.

We love to stop at Hermit Lakes cabin to take a break, talk to others, and see the activity as people check their equipment, and grab a quick snack before heading another half mile up the trail to the ravine, or deciding to climb one of the gullies near the cabin, such as Hillman's Highway. Although this gully is not as crowded, sitting at Hermit Lakes cabin you can watch some of the skiers climbing up and skiing down the gully. But if you really want to experience spring skiing in Tuckerman's Ravine make the extra half mile hike up the trail to the floor of the ravine. Not only are you awarded with spectacular views, you will experience a spring snow party like no other. There are hundreds of people in the ravine. Some are getting their skies or snowboards ready for the climb up one of

the gullies, while others are playing frisbee or sledding on the slopes in the ravine. Many are enjoying the views. Spectators and day hikers come prepared to spend some time in the ravine. They bring pads to sit on, food to eat, and all kinds of beverages to drink. And don't forget your sunblock, and the binoculars. Watching skiers climb up the ravine, and ski down is amazing. When someone makes a good run, the crowd cheers, yells, and applauds the person for their efforts. Each year my husband and I talk about attempting to ski the ravine ourselves. In the end, the time we have being spectators is so much fun, we put it off another year! If you haven't been up Tuckerman's Ravine for spring skiing, put it on your calendar for next year. I guarantee you will not regret it!



Have an Outdoor related story or photos to share? Send to Andrea Holden, breeze.editor@amcsem.org

Take a Hike on the Bay Circuit Trail!

(Boston, Worcester, SEM, NA, NH)

Join AMC Staff on monthly hikes to explore and learn about different sections of the Bay Circuit Trail and Greenway. Each hike will be approximately two hours long. Register in advance to receive hike details, directions and updates. Be sure to bring snacks, water and wear proper hiking gear. Hike locations may be subject to change depending on weather conditions and response.

- Friday, June 21 10:00am-12:00pm - Duxbury, MA
- Friday, August 16 10:00am-12:00pm - Newbury, MA
- Thursday, September 19 10:00am-12:00pm - Boxford, MA
- Wednesday, October 16 10:00am-12:00pm - Sudbury, MA

To learn more or to register, visit www.bcthikes.eventbrite.com or contact Courtney Cutler at 617-391-6576 or ccutler@outdoors.org.

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ShArE

Pictures
Adventures
Say "hello"

Send your photos to
sendphotos@amcsem.org

August Camp 2013 in North Cascades Washington



Breathtaking North Cascades of Washington State. Photo by: Éva Borsody Das

Week 1: July 13 - July 20
Week 2: July 20 - July 27
Week 3: July 27 - Aug. 3
Week 4: Aug. 3 - Aug. 10

[REGISTER FOR AUGUST CAMP ▶](#)

In 2013 August Camp returns to the breathtaking North Cascades of Washington State. We'll hike in the North Cascades National Park, Mt. Baker-Snoqualmie National Forest, and Ross Lake and Lake Chelan National Recreation areas. Choose from a variety of hikes every day, or add in backpacking,

Photo by [Monika Jaeger more >>](#)



rafting on the Skagit River or kayaking in the San Juan Islands to expand your experience. No matter what you do, you'll be surrounded by amazing vistas!

Our full service tent village for 64 campers each week offers home-cooked meals, daily hikes at all levels, nightly campfires and wonderful camaraderie. The 2013 campsite is on the banks of the Skagit River, just down the road from Cascadian Farms, known for their organic food and the best ice cream we've ever had! Our site is reached by the North Cascades Highway, considered the most scenic drive in Washington State. Our designated airport is Seattle-Tacoma International, and our

Photo by [Marianne Page more >>](#)



fleet of vans provides transport between camp and SeaTac on each Saturday.

Registration forms and detailed Camp information can found [here](#). Plan your one or two week adventure now and be part of one of the oldest camps in the AMC.

Photo by [Nancy Crowther more >>](#)



Join the August Camp Yahoo Group!

This is a useful tool to communicate with other August Campers who are signed up to go this summer. Email each other about travel plans, ask the leaders questions, etc.

To join the Group:

[Click here to join our
Yahoo Group](#)

When you get to the page, click the button "Join This Group". If you don't already have a free Yahoo account, open one to become a Yahoo Group Member, then click to join the group.

ACTIVITIES

SOUTHEASTERN MASSACHUSETTS ANNOUNCEMENTS

AMC SEM is always looking for volunteers to volunteer a little or a lot. Contact the chapter chair at chair@amcsem.org if you'd like to volunteer.

BICYCLING

WANTED: Ride Leaders and Co-Leaders. Are you enthusiastic about cycling? Do you like showing other riders your favorite roads? If yes, then why not share your enthusiasm and routes w/ your fellow AMC members? Contact Bike Chair (508-428-6887, bikingchair@amcsem.org) for more info.

Bike Ratings: First character indicates distance in mi: AA=50+; A=35-50; B=25-35; C=under 25. Second is L's pace in mph: 1=17; 2=13-16; 3=11-13; 4=up to 11. Third is terrain: A=very hilly; B=hilly; C=rolling; D=flat.

AMC SEM 2,000 Mile Club. AMC SEM has a unique 2,000-mi Club. Certificates of achievement and embroidered award patches are presented annually to members who ride 2,000 mi or more per year. Contact the bicycling chair to register your mileage and for more info. (bikingchair@amcsem.org)

Tues. Rides. Turn Those Tires on

Tues. Rides scheduled all year long, weather permitting. 25 mi of road or 15 mi of mtn. biking. Tues. at 2 p.m. Flat to hilly. Contact L for start location and directions. Intermed. pace. Riders and bicycles in top shape; tires and riders pumped and ready to roll; helmets and water req'd. L Paul Currier (508-833-2690 8 am-7 pm, pbencurrier@hotmail.com)

Chapter Trips

(FT) (NM) (CE) Tuesdays
Jun. 11. Evening Cycling on Cape Cod. Evening cycling on Cape Cod - mostly road - for 2 hours/22 miles with select stops. Less miles for mountain bike rides. Intermediate paced cycling includes occasional stops at popular and lesser-known unique locations. Ratings from B3C to B2B. Tires and riders pumped and ready to roll with helmets, spare tube & tools, and water. Registration required as changes will be sent only to registered riders. L Paul Currier currierpaul@comcast.net 508-833-2690. L Paul Currier (508-833-2690 Until 7pm, currierpaul@comcast.net)

(FT) (NM) (CE) Tuesdays
Jun. 18. Cape Cod Evening Bicycling. Evening cycling on Cape Cod - mostly road - for 2 hours/22 miles with select stops. Less miles for mountain bike rides. Intermediate paced cycling includes occasional stops at popular and lesser-known unique locations. Ratings from B3C to B2B. Tires and riders pumped and ready to roll with helmets, spare tube

& tools, and water. Registration required as changes will be sent only to registered riders. L Paul Currier currierpaul@comcast.net 508-833-2690. L Paul Currier (508-833-2690 Until 7pm, currierpaul@comcast.net)

(FT) (NM) (CE) Sun., Jun. 23. Sunset/Full Strawberry Moon Ride. Ride Description: Road cycling. L Paul Currier currierpaul@comcast.net or 508-833-2690. Ride the hills and shores of Sagamore and the canal trail to Buzzards Bay. We'll catch the spectacular sunset over Onset Bay during a tour of Mass Maritime and moonrise over Plymouth Bay. C2B Tires and riders pumped and ready to roll. Helmets, spare tube & tire tools, and water required as is registration -cancellation/ rescheduling sent only to registered riders. Directions: From the former Sagamore Rotary now the Sagamore Straightaway, head toward Scusset and take Canal Road past Friendly's to the Sagamore Recreation Lot. L Paul Currier (508-833-2690 Until 7pm, currierpaul@comcast.net)

(FT) (NM) (CE) Tuesdays
Jun. 25. Evening Cape Cod Bicycling. Evening cycling on Cape Cod - mostly road - for 2 hours/22 miles with select stops. Less miles for mountain bike rides. Intermediate paced cycling includes occasional stops at popular and lesser-known unique locations. Ratings from B3C to B2B. Tires and riders pumped and ready to roll with helmets, spare tube & tools, and water. Registration required as changes will be sent

only to registered riders. L Paul Currier currierpaul@comcast.net 508-833-2690. L Paul Currier (508-833-2690 Until 7pm, currierpaul@comcast.net)

(FT) (NM) (CE) Tuesdays

Oct. 8. Tuesday Evening Cycling. Evening cycling on Cape Cod - mostly road - for 2 hours/22 miles with select stops. Less miles for mountain bike rides. Intermediate paced cycling includes occasional stops at popular and lesser-known unique locations. Ratings from B3C to B2B. Tires and riders pumped and ready to roll with helmets, spare tube & tools, and water. Registration required as changes will be sent only to registered riders. L Paul Currier currierpaul@comcast.net 508-833-2690. L Paul Currier (508-833-2690 8 - 7, currierpaul@comcast.net)

(FT) (NM) (CE) Tuesdays

Oct. 15. Tuesday Evening Cycling. Evening cycling on Cape Cod - mostly road - for 2 hours/22 miles with select stops. Less miles for mountain bike rides. Intermediate paced cycling includes occasional stops at popular and lesser-known unique locations. Ratings from B3C to B2B. Tires and riders pumped and ready to roll with helmets, spare tube & tools, and water. Registration required as changes will be sent only to registered riders. L Paul Currier currierpaul@comcast.net 508-833-2690. L Paul Currier (508-833-2690 8 - 7, currierpaul@comcast.net)

(FT) (NM) (XCE) Fridays

Oct. 18. Sunset/Full Hunter's Moon Ride. Ride Description: Road cycling. L Paul Currier currierpaul@comcast.net or 508-833-2690 Ride the hills and shores of Sagamore and the canal trail to Buzzards Bay. We'll catch the spectacular sunset over Onset Bay during a tour of Mass Maritime and moonrise over Plymouth Bay. C2B Tires and riders pumped and ready to roll. Helmets, spare tube & tire tools, and water required as is registration -cancellation/rescheduling sent only to registered riders. Directions: From the former Sagamore Rotary now the Sagamore Straightaway, head toward Scusset and take Canal Road past Friendly's to the Sagamore Recreation Lot. L Paul Currier (508-833-2690 8 - 7, currierpaul@comcast.net)

(FT) (NM) (CE) Tuesdays

Oct. 22. Tuesday Evening Cycling. Evening cycling on Cape Cod - mostly road - for 2 hours/22 miles with select stops. Less miles for mountain bike rides. Intermediate paced cycling includes occasional stops at popular and lesser-known unique locations. Ratings from B3C to B2B. Tires and riders pumped and ready to roll with helmets, spare tube & tools, and water. Registration required as changes will be sent only to registered riders. L Paul Currier currierpaul@comcast.net 508-833-2690. L Paul Currier (508-833-2690 8 - 7, currierpaul@comcast.net)

(FT) (NM) (CE) Tuesdays

Oct. 29. Tuesday Evening Cycling. Evening cycling on Cape

Cod - mostly road - for 2 hours/22 miles with select stops. Less miles for mountain bike rides. Intermediate paced cycling includes occasional stops at popular and lesser-known unique locations. Ratings from B3C to B2B. Tires and riders pumped and ready to roll with helmets, spare tube & tools, and water. Registration required as changes will be sent only to registered riders. L Paul Currier currierpaul@comcast.net 508-833-2690. L Paul Currier (508-833-2690 8 - 7, currierpaul@comcast.net)

CANOE/KAYAK

Always looking for additional paddle leaders, both flat water and ocean. Contact paddlingchair@amcsem.org

Chapter Trips

Saturdays

Jun. 1. Meetinghouse Pond/Little Pleasant Bay, Orleans. Put-in: From 6-A or Rte 28 East, R on Main St.; R at fork onto Barley Neck Rd and continue on Barley Neck Rd to Town Landing on R. PFD required; spray skirt if windy. L Betty Hinkley (508-255-2818, bhinkley@mindspring.com)

Wed., Jun. 5. BASS RIVER SOUTH-Dennis. Paddle Bass River 'fingers', Grand Cove to mouth at Nantucket Sound. Lunch West Dennis Beach. Life Vest & Spray Skirt required. Directions rte 6 exit 9, rte 134 South, R Upper County rd, L Main st, R Cove rd to landing at end. L Jean Orser (508-362-0451 before 8 pm, jeanorser@gmail.com), CL

Paul Corriveau (508-362-0451 before 8 pm, paulcorri@gmail.com)

Saturdays

Jun. 8. Centerville River. Rt.28 to S on Old Stage to light, R on S Main st. to L on Hayward st. to put in. PFD and spray skirt req. L Bill Fischer (508-420-4137 before 9PM, wmbarbarafischer@comcast.net)

Wednesdays

Jun. 12. Oyster Pond/Stage Harbor, Chatham. Put-in: Route 6, Exit 11 South to L on Route 28; at rotary take 1st exit (Stage Harbor Rd) to Oyster Pond. PFD required. Spray skirt if windy. L Betty Hinkley (508-255-2818, bhinkley@mindspring.com)

Saturdays

Jun. 15. Swan Pond/River, Dennis. Put-in: Clipper Lane off Upper County Road, Dennis; put-in is on the left. PFD required. Spray skirt if windy. L Betty Hinkley (508-255-2818, bhinkley@mindspring.com)

Wed., Jun. 19. Jackknife Cove and Chatham Cut. Pleasant Bay, from Jackknife Cove to the Barrier Beach at the Chatham Cut and return around Strong Island. L Ed Foster (508-420-7245, erfoster@comcast.net)

Sat., Jun. 22. Wellfleet Harbor Duck Creek. Explore Duck Creek from Wellfleet Harbor Put-in: From Route 6 in Wellfleet at the

traffic light just past P.J.'s turn left toward Wellfleet Center and Harbor. Go 0.3 m and turn left on East Commercial Street. Go 0.7 m to the Town Marina and Harbor. Turn right on Kendrick Ave. The parking lot for Mayo Beach is a few hundred feet on the left. Life vest and spray skirt req. L Don Paladino (508-349-2950, djp1958@comcast.net)

Wednesdays

Jun. 26. Childs River, Falmouth. Rt. 28 to Whites Landing Rd, Falmouth (near Mashpee town line). PFD and spray skirt req. Nice river and possible Bay paddle. L Bill Fischer (508-420-4137 before 9PM, wmbarbarafischer@comcast.net)

Sat., Jun. 29. Boston Harbor Inner Islands. Circumnavigate several harbor Islands. Put-In, Hull Gut, Hull, Ma. Level 3. PDF, spray skirt req. L George Wey (781-789-8005, geowey@comcast.net). L George Wey (781-789-8005 anytime, geowey@comcast.net)

Wed., Jul. 3. FOLLINS-MILL PONDS - Dennis. Paddle Follins Pond to Weir Creek & under bridge to Mill Pond passing Crab Creek Conservation area & back to circumnavigate Follins Pond.- 8 mi. Directions: rte 6 exit 9, rte 134 N, L Setucket, L Mayfair, R Follins Pond rd. Life Vest & Spray Skirt req. L Jean Orser (508-362-0451 before 8 pm, jeanorser@gmail.com), CL Paul Corriveau (508-362-0451 before 8 pm, paulcorri@gmail.com)

Sat., Jul. 6. Herring River. Herring River, Harwich. Four (4) hour trip on Herring River up to East and West Reservoirs and return. Go to Nantucket Sound if time permits. Bring lunch. DIRECTIONS: . Trip starts on Rt. 28 at Herring River Bridge in Harwich. L Robert Zani (508-246-3132, rzani1534@gmail.com)

Wed., Jul. 10. Oyster Pond. Four (4) hour paddle on Oyster Pond, Oyster River, Stage Harbor, Mitchell River to Mill Pond and return. Bring lunch for stop at Stage Harbor Lighthouse. Take exit 11 off rte 6, S on rte 137 to four way stop, L on Queen Anne, continue on Queen Anne with a right turn where the sign says Downtown, Stay R at next stop sign to rte 28, L on rte 28 to tfc light. Right at light still on Queen Anne to R at Pond St where the put in is. L Robert Zani (508-246-3132, rzani1534@gmail.com)

Sat., Jul. 13. Jackknife Cove and Chatham Cut. Pleasant Bay, from Jackknife Cove to the barrier beach at the Chatham cut, returning around Strong Island. L Ed Foster (508-420-7245, erfoster@comcast.net)

Wed., Jul. 17. Lewis Bay. Circle Lewis Bay. Explore Uncle Robert's Cove, have lunch on Egg Island and perhaps venture into Hyannis Inner Harbor. L Ed Foster (508-420-7245, erfoster@comcast.net)

Sat., Jul. 20. Bass River South. DESCRIPTION: Bass River,

Yarmouth south. Paddle can be from 8-12 miles depending on the weather and desires of the paddlers. PUT-IN DIRECTIONS: Exit 9 on rte 6 S on rte 134. Sharp R on Upper County Road and bear L onto Highbanks to the Wilbur Park put in on the left just after crossing over the Bass River. L Robert Zani (508-246-3132, rzani1534@gmail.com)

Wed., Jul. 24. Leader's Choice. Location will depend on wind and weather conditions. Contact leader the week of the trip for more definite information. L Ed Foster (508-420-7245, erfoster@comcast.net)

Saturdays

Jul. 27. Cotuit Bay, Marstons Mills. Route 6 to S on rt 149, R on Rt 28 L on Putnam St, L on Old Shore to Town Landing. Unload and park back up on Putnam. PFD and spray skirt req. L Bill Fischer (508-420-4137 before 9PM, wmbarbarafischer@comcast.net)

Sat., Aug. 3. Nauset Marsh. DESCRIPTION: Nauset Marsh, Eastham. We will paddle counterclockwise around the marsh. Enter Mill Pond if the tide allows and have lunch on the east side. Plan on a nine plus mile paddle. PUT-IN DIRECTIONS: 1.5 mi N from the rte 6 Eastham rotary to Hemenway on the right. Non Eastham residents park on Hemenway. L Robert Zani (508-246-3132, rzani1534@gmail.com)

Wed., Aug. 7. North

River, Marshfield-Hanover. Wed., Aug. 7

North River, Marshfield-Hanover. Put-in, Marshfield side of Union St. bridge. Spot cars in Hanover. Level 2/3. PFD req. Spray skirts may be req. L George Wey (781-789-8005, geowey@comcast.net). L George Wey (781-789-8005 anytime, geowey@comcast.net), R George Wey (781-789-8005 anytime, geowey@comcast.net)

Sat., Aug. 10. Shoestring Bay. Mashpee River, Thatch Island, Meadow Point, Pinquicket Cove, Santuit River, depending on conditions. Level 2-3; 8 - 10 miles. Spray skirt PFD required. Call for directions to put in 508-420-7245. L Louise Foster (508-420-7245 Any Time, janlouise@comcast.net), R Louise Foster (Cotuit, MA 02635, 508-420-7245 Any Time, louise.foster@alumnae.brynmawr.edu)

Wed., Aug. 14. Lewis Bay. Circle Lewis Bay. Explore Uncle Roberts Cove, lunch on Egg Island, and perhaps venture into Hyannis Inner Harbor. L Ed Foster (508-420-7245, erfoster@comcast.net)

Sat., Aug. 17. Bass River North. Bass River, Yarmouth. We will go north and if the tides oblige make our way into Mill Pond. Probably a nine mile paddle. PUT-IN DIRECTIONS: Exit 9 on rte 6 S on rte 134. Sharp R on Upper County Road and bear L onto Highbanks to the Wilbur Park put in on the left just after crossing over the Bass River.

L Robert Zani (508-246-3132, rzani1534@gmail.com)

Wed., Aug. 21. Great Island Wellfleet Bay. Explore Wellfleet Bay and Great Island. Put-in: From Route 6 in Wellfleet at the traffic light just past P.J.'s turn left toward Wellfleet Center and Harbor. Go 0.3 m and turn left on East Commercial Street. Go 0.7 m to the Town Marina and Harbor. Turn right on Kendrick Ave. The parking lot for Mayo Beach is a few hundred feet on the left. Life vest and spray skirt req. L Don Paladino (508-349-2950, djp1958@comcast.net)

Sat., Aug. 24. Leader's Choice. Exact location will depend on wind/weather conditions. Contact the leader the week of the trip for more definite information. L Ed Foster (508-420-7245, erfoster@comcast.net)

Wed., Sep. 4. Pamet Harbor. Explore Pamet River and Harbor. Put-in Directions: From Route 6 northbound in Truro, right at the exit sign for Pamet Roads and Truro Center. At the junction signed for North and South Pamet Roads turn right, go a few hundred feet and turn right again onto South Pamet Road. Go under Route 6. After 0.1 m you come to Castle Road. Turn left, go about 100 feet and veer right onto Depot Road. After 0.5 m the road forks. Stay right toward Pamet Harbor. At 1.3 m you come to the harbor parking area. There is a \$6 launching fee. Life vest and spray skirt required. L Don Paladino (508-349-2950,

djp1958@comcast.net)

Sat., Sep. 7. Weir River, Hingham Bay Islands. Put-In, beach pkg.lot off Rt.3A, just before Hingham Harbor Rotary. Level 2-3. PDF, spray skirt req. L George Wey (781-789-8005 anytime, geowey@comcast.net). L George Wey (781-789-8005 anytime, geowey@comcast.net)

Wed., Sep. 11. Mashpee Wakeby Ponds. Perimeter of Mashpee Wakeby Ponds; Spray Skirt and PFD required. About 8 miles. Pre-register 508-420-7245. L Louise Foster (508-420-7245 Any Time, janlouise@comcast.net)

Sat., Sep. 14. Walker, Upper and Lower Mill Ponds. DESCRIPTION: Walker, Upper Mill, and Lower Mill Ponds, Brewster. PUT-IN DIRECTIONS: Exit 10 off rte 6 S to the four way stop sign and R on Queen Anne Road. R on Depot Road at the next four way stop sign. This becomes Slough Road after crossing the Brewster Town line. Stay on the road for the put in on the right. L Robert Zani (508-246-3132, rzani1534@gmail.com)

Wed., Sep. 18. HERRING RIVER NORTH-W Harwich. Paddle up stream to Coy Brook to end & back to Herring River for lunch at North Rd bridge. Afterwards paddle to west & east reservoirs for total of 8 mi. Rte 6 exit 10, R 124 S, R 39 S, R 28 N, L Town Landing. Life Vest & Spray Skirt req. L Jean Orser (508-362-0451 before 8 pm,

jeanorser@gmail.com), CL Paul Corriveau (508-362-0451 before 8 pm, paulcorri@gmail.com)

Saturdays

Sep. 21. Mashpee River. Put-in: Rt. 6 to Exit 5 (Rt 149); South on 149 to Rt. 28; Right onto Rt. 28 to Mashpee Rotary; From rotary take Great Neck Rd. S; Go 2.5 miles to unpaved parking lot on left marked Ocway Bay Boat Ramp. PFD required. Spectacular riverside wildflowers. L Nancy Wigley (508-548-2362, nrwigley@verizon.net)

Sat., Sep. 21. Leader's Choice. Exact location will depend on predicted wind/weather conditions. Contact the leader the week of the trip for more definite information. L Ed Foster (508-420-7245, erfoster@comcast.net)

Wednesdays

Sep. 25. Leader's Choice paddle. Contact Leader for information. PFD/spray skirt req. L Bill Fischer (508-420-4137 before 9PM, wmbarbarafischer@comcast.net)

Sat., Sep. 28. LONG POND, BREWSTER/HARWICH. Nice six mile paddle circumnavigating the pond with lunch on beach. Rte 6 exit 10, rte 124 N, R Long Pond Drive, L town beach. Life Vest & Spray Skirt req. L Jean Orser (508-362-0451 before 8 pm, jeanorser@gmail.com), CL Paul Corriveau (508-362-0451 before 8 pm, paulcorri@gmail.com)

Wed., Oct. 2. Nauset Marsh. Explore Nauset Marsh and Mill Pond. Perhaps venture into Salt Pond. L Ed Foster (508-420-7245, erfoster@comcast.net)

Saturdays

Oct. 5. Swan Pond/River, Dennis. Put-in: Clipper Lane off Upper County Road, Dennis; put-in is on the left. PFD required. Spray skirt if windy. L Betty Hinkley (508-255-2818, bhinkley@mindspring.com)

Wed., Oct. 9. INDIAN LAKES-Marston Mills. Paddle Middle & Mystic fresh water lakes with lunch on beach at end of Mystic Lake. total 7 miles. Rte 6 exit 5, rte 149 S for 3 mi, R Mystic Drive (after cemetery at sign for "Indian Lakes") for 7/10 mi, R at sign "Town Way to Water" to put-in. Life Vests & Spray Skirts req. L Jean Orser (508-362-0451 before 8 pm, jeanorser@gmail.com), CL Paul Corriveau (508-362-0451 before 8 pm, paulcorri@gmail.com)

Wed., Oct. 16. CHASE GARDEN CREEK, YARMOUTH PORT. Paddle 8 mi Chase Garden Creek & tributaries. Lunch at Bray Farm or on beach near Shellfishing Plant. Rte 6 exit 8, Union st N, L rte 6A, QUICK R Center st to Grey's Beach at end. Life Vest & Spray Skirt req. L Paul Corriveau (508-362-0451 before 8 pm, paulcorri@gmail.com), CL Jean Orser (508-362-0451 before 8 pm, jeanorser@gmail.com)

Sat., Oct. 19. Barnstable Harbor.

We'll explore some of the creeks in Barnstable Harbor, probably those on the western side. L Ed Foster (508-420-7245, erfoster@comcast.net)

Wed., Oct. 30. FOLLINS/MILL PONDS - Dennis. Paddle Follins Pond to Weir Creek & under bridge to circle Mill Pond passing Crab Creek Conservation area and back to circumnavigate Follins Pond & have lunch - total 8 miles. Rte 6 exit 9, rte 134 N, L Setucket, L Mayfair, R Follins Pond rd. Life Vest & Spray Skirt req. L Jean Orser (508-362-0451 before 8 pm, jeanorser@gmail.com), CL Paul Corriveau (508-362-0451 before 8 pm, paulcorri@gmail.com)

CAPE HIKES

Always looking for additional leaders to lead hikes on the cape! Contact the capehikingchair@amcsem.org

Rating codes (e.g. C4D): first letter indicates distance in mi, middle number indicates pace, second letter indicates terrain.

Miles	Pace (mph)	Terrain
AA = 13+	1 = very fast (2.5)	A = v. stren.
A = 9 - 13	2 = fast (2)	B = strenuous
B = 5 - 8	3 = moderate	C = average
C = <5	4 = leisurely	D = easy

Chapter Trips

Sat., Jun. 22. Full Moon Hike: West Dennis Beach (C4C). Route 6 Exit 9A south to Route 134, go straight and cross Route 28, then go to the end and turn right. After 0.5 miles, turn left to beach parking near entrance and concession bldg. Hike mile-long stretch on beach for sunset

views. Return on beach for moonrise! Option: Calm weather walk one more length of beach for 3rd mile Meet 7 p.m. Less than 2 hours. L Janet Kaiser (508-432-3277)

EXECUTIVE COMMITTEE

We need an "Event Planner" for the AMC SEM Executive Board. Do you have event planning skills? Our events are typically: Annual Meeting/Dinner, Holiday Party, Summer Picnic. Can you find and reserve a room, choose a menu that fits in our budget, worry about a projector and screen, set an agenda, and generally make an event happen? Contact the chapter chair at chair@amcsem.org.

Volunteer Opportunities

Until Filled. Chapter Youth Program (CYP) Leader. Share your outdoor knowledge and leadership skills with local groups of children. Give your time to these programs to help kids get outside who might not otherwise have the opportunity. A typical Chapter Youth Program (CYP) might include a local walk with some nature lesson or trail games. CYP leader training and screening is required. L Sally Delisa (picpocit@verizon.net)

HIKING

IMPORTANT: No pets w/o prior permission of trip leader. Individuals under 18 years of age must be accompanied by a parent or responsible adult, and obtain prior consent from L. Those ac-

companying a minor are responsible for minor's actions. Reg. req'd for most hikes, preferably at least 1 week prior to the trip so Ls can discuss prior hiking exp., conditioning, clothing, and equipment.

Always looking for additional hike leaders! Contact hikingchair@amcsem.org

Rating codes (e.g. C4D): first letter indicates distance in mi, middle number indicates pace, second letter indicates terrain.

Miles	Pace (mph)	Terrain
AA = 13+	1 = very fast (2.5)	A = v. stren.
A = 9 - 13	2 = fast (2)	B = strenuous
B = 5 - 8	3 = moderate	C = average
C = <5	4 = leisurely	D = easy

Chapter Trips

(FT) (NM) Thursdays

Jun. 6. Red Line the Blue Hills. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8pm every Thursday night. Register once then show-n-go. L Joe Keogh (508-542-0665 before 9 pm, RLBH_leader@amcsem.org), L Michael Swartz (swartz@brandeis.edu), L Ellen Correia (ellencorreia@gmail.com), R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(FT) (NM) Thursdays

Jun. 13. Red Line the Blue Hills. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8pm every Thursday night. Register once then show-n-go. L Joe

Keogh (508-542-0665 before 9 pm, RLBH_leader@amcsem.org), L Michael Swartz (swartz@brandeis.edu), L Ellen Correia (ellenrcorreia@gmail.com), R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(FT) (NM) Sat., Jun. 15. Introduction to AMC Hiking - Blue Hills. Join us for a nice hike in the Blue Hills and discover the fun, camaraderie, and great exercise of AMC hiking. Minimal equipment required for this intro. hike, but sturdy hiking shoes and water bottles will be a must. L Paul Miller (508-369-4151 before 9:00 P<, paulallenmiller@verizon.net), L Jim Casey (cmne@comcast.net), R Paul Miller (508-369-4151 before 9:00 PM, paulallenmiller@verizon.net)

Sat., Jun. 15-16. Mt Greylock 2 day hike. 2 day Mt Greylock hiking trip. Saturday hike Money Brook Trail to Cataract Falls (7 miles). 3B3Bascom Lodge overnight (\$35/ per person. Limit 10 people). Sunday Rounds Rock Trek (6.9 miles) 3B3. L Anne Duggan (508-789-5538 before 9:30 pm, abduggan12@gmail.com), CL Sue Chiavroli (brillo6452@yahoo.com), CLBryan Jones (bjones1017@gmail.com), R Anne Duggan (177 Rounseville Rd, Rochester, MA 02770, 508-789-5538 before 9:30 pm, abduggan12@gmail.com)

(FT) (NM) Thursdays
Jun. 20. Red Line the Blue Hills. Join us to hike all the trails in the

Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8pm every Thursday night. Register once then show-n-go. L Joe Keogh (508-542-0665 before 9 pm, RLBH_leader@amcsem.org), L Michael Swartz (swartz@brandeis.edu), L Ellen Correia (ellenrcorreia@gmail.com), R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(FT) (NM) Sat., Jun. 22. Family Hiking Series #4. Got kids? Join us for our Family Hiking Series. Hike #4 is our final hike. We have learned a lot since our first hike and we plan to take what we learned and head to New Hampshire. The destination will be decided based on how our group has improved over the last 3 hikes. Appropriate for children 3 and older with some hiking experience. Children under 3 years are welcome in child carriers. Contact leader for more information. L Christine Pellegrini (508-244-9203, chrispellegrini@yahoo.com), CL Bill Pellegrini (billpellegrini@yahoo.com), R Christine Pellegrini (508-244-9203 6-8pm, chrispellegrini@yahoo.com)

Sat., Jun. 22. South Carter Mtn. (hike). Come enjoy a nice hike in the Whites along Nineteen Mile Brook trail up to South Carter Mtn. L Leslie Carson (508-833-8237, ltc929@comcast.net), CL Sue Franconi-Salmon (sfranc321@gmail.com), R Leslie Carson (508-833-8237, ltc929@comcast.net)

(FT) (NM) Thursdays

Jun. 27. Red Line the Blue Hills. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8pm every Thursday night. Register once then show-n-go. L Joe Keogh (508-542-0665 before 9 pm, RLBH_leader@amcsem.org), L Michael Swartz (swartz@brandeis.edu), L Ellen Correia (ellenrcorreia@gmail.com), R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(FT) (NM) Thursdays
Jul. 4. Red Line the Blue Hills. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8pm every Thursday night. Register once then show-n-go. L Joe Keogh (508-542-0665 before 9 pm, RLBH_leader@amcsem.org), L Michael Swartz (swartz@brandeis.edu), L Ellen Correia (ellenrcorreia@gmail.com), R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(AN) Tue., Jul. 9-12. White Mountain Hut-to-Hut Trek (B3B). Join us as we trek across the Northern Presidential Range while enjoying lodging and meals at the AMC Mizpah, Lakes and Madison White Mountain Huts. Our trek will cover more than 23 miles over rugged terrain while enjoying magnificent and unique scenery. This strenuous trip is not for beginners. Trip rating B3B. L Ken Jones (508-697-0142 6-9 pm except Thursdays, lotsoluck@comcast.net), L Leslie Carson (ltc929@comcast.net)

net), R Ken Jones (207 Walnut Street, 508-697-0142 6:00pm-9:00pm except Thursdays, lotsoluck@comcast.net)

(FT) (NM) Thursdays

Jul. 11. Red Line the Blue Hills. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8pm every Thursday night. Register once then show-n-go. L Joe Keogh (508-542-0665 before 9 pm, RLBH_leader@amcsem.org), L Michael Swartz (swartz@brandeis.edu), L Ellen Correia (ellenrcorreia@gmail.com), R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

Sat., Jul. 13. Welch-Dickey Loop. Nice loop hike in Waterville Valley area in NH with excellent views from exposed ledges. Moderate elevation gain, length, and pace make this a great hike for AMC members who may want to give day hiking in the White Mountains a try. L Paul Miller (paulallenmiller@verizon.net), L Jim Casey (cmne@comcast.net), R Paul Miller (508-369-4151 before 9:00 PM, paulallenmiller@verizon.net)

(FT) (NM) Thursdays

Jul. 18. Red Line the Blue Hills. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8pm every Thursday night. Register once then show-n-go. L Joe Keogh (508-542-0665 before 9

pm, RLBH_leader@amcsem.org), L Michael Swartz (swartz@brandeis.edu), L Ellen Correia (ellenrcorreia@gmail.com), R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(FT) (NM) Thursdays

Jul. 25. Red Line the Blue Hills. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8pm every Thursday night. Register once then show-n-go. L Joe Keogh (508-542-0665 before 9 pm, RLBH_leader@amcsem.org), L Michael Swartz (swartz@brandeis.edu), L Ellen Correia (ellenrcorreia@gmail.com), R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(FT) (NM) Thursdays

Aug. 1. Red Line the Blue Hills. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8pm every Thursday night. Register once then show-n-go. L Joe Keogh (508-542-0665 before 9 pm, RLBH_leader@amcsem.org), L Michael Swartz (swartz@brandeis.edu), L Ellen Correia (ellenrcorreia@gmail.com), R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(FT) (NM) Thursdays

Aug. 8. Red Line the Blue Hills. Join us to hike all the trails in the Blue Hills or just enjoy a walk in

the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8pm every Thursday night. Register once then show-n-go. L Joe Keogh (508-542-0665 before 9 pm, RLBH_leader@amcsem.org), L Michael Swartz (swartz@brandeis.edu), L Ellen Correia (ellenrcorreia@gmail.com), R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(FT) (NM) Thursdays

Aug. 15. Red Line the Blue Hills. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8pm every Thursday night. Register once then show-n-go. L Joe Keogh (508-542-0665 before 9 pm, RLBH_leader@amcsem.org), L Michael Swartz (swartz@brandeis.edu), L Ellen Correia (ellenrcorreia@gmail.com), R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

Sat., Aug. 17. Whiteface Mtn. Loop hike over Blueberry Ledge Trail to Rollins Trail to Dickey's Mill Trail. Strenuous hike with challenging rock ledge scramble and a water crossing. One of the more challenging hikes in the Whites. For experienced White Mtn hikers only. Magnificent views from bare ledge precipices. El 4010, el change 2838 Ft, 10 mile loop. L Len Ulbricht (lww9944@verizon.net), CL sue franconi-salmon (sfranc321@gmail.com), R len ulbricht (lenu44@gmail.com)

AN) (CE) Mon., Aug. 19-25. Mount Katahdin Backpack. Join

us for an extended backpack through Baxter State Park. We will camp at Wassataquoik Stream, Russell Pond, Roaring Brook, and Chimney Pond. Weather permitting we will summit Mount Katahdin, traverse the Knife Edge and summit Pamola. We will also plan on climbing Hamlin Peak via Hamlin Ridge. Group dinners provided. L Ken Jones (508-697-0142 6-9 pm except Thursdays, lotsoluck@comcast.net), CL Luther Wallis (508-310-3949, lew89@comcast.net), R Ken Jones (207 Walnut Street, Bridgewater, MA 02324, 508-697-0142 6-9 PM Except Thursday, lotsoluck@comcast.net)

(FT) (NM) Thursdays
Aug. 22. Red Line the Blue Hills. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8pm every Thursday night. Register once then show-n-go. L Joe Keogh (508-542-0665 before 9 pm, RLBH_leader@amcsem.org), L Michael Swartz (swartz@brandeis.edu), L Ellen Correia (ellenrcorreia@gmail.com), R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(FT) (NM) Thursdays
Aug. 29. Red Line the Blue Hills. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8pm every Thursday night. Register once then show-n-go. L Joe Keogh (508-542-0665 before 9

pm, RLBH_leader@amcsem.org), L Michael Swartz (swartz@brandeis.edu), L Ellen Correia (ellenrcorreia@gmail.com), R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(FT) (NM) Thursdays
Sep. 5. Red Line the Blue Hills. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8pm every Thursday night. Register once then show-n-go. L Joe Keogh (508-542-0665 before 9 pm, RLBH_leader@amcsem.org), L Michael Swartz (swartz@brandeis.edu), L Ellen Correia (ellenrcorreia@gmail.com), R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(FT) (NM) Thursdays
Sep. 12. Red Line the Blue Hills. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8pm every Thursday night. Register once then show-n-go. L Joe Keogh (508-542-0665 before 9 pm, RLBH_leader@amcsem.org), L Michael Swartz (swartz@brandeis.edu), L Ellen Correia (ellenrcorreia@gmail.com), R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(FT) (NM) Thursdays
Sep. 19. Red Line the Blue Hills. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8pm every Thursday night. Register

once then show-n-go. L Joe Keogh (508-542-0665 before 9 pm, RLBH_leader@amcsem.org), L Michael Swartz (swartz@brandeis.edu), L Ellen Correia (ellenrcorreia@gmail.com), R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(FT) (NM) Thursdays
Sep. 26. Red Line the Blue Hills. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8pm every Thursday night. Register once then show-n-go. L Joe Keogh (508-542-0665 before 9 pm, RLBH_leader@amcsem.org), L Michael Swartz (swartz@brandeis.edu), L Ellen Correia (ellenrcorreia@gmail.com), R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

(FT) (NM) Thursdays
Oct. 3. Red Line the Blue Hills. Join us to hike all the trails in the Blue Hills or just enjoy a walk in the woods. Location, terrain and elevation will vary each week. Time is approximately 6-8pm every Thursday night. Register once then show-n-go. L Joe Keogh (508-542-0665 before 9 pm, RLBH_leader@amcsem.org), L Michael Swartz (swartz@brandeis.edu), L Ellen Correia (ellenrcorreia@gmail.com), R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcsem.org)

*Send your photos to
sendphotos@amcsem.org*