



# The Southeast Breeze

Quarterly newsletter of the Appalachian Mountain Club, Southeastern Massachusetts Chapter  
Summer 2011 — June, July, August

## View from the Chair

By Jim Plouffe, Chapter Chair



I need your help.

I have one very small, easy task that needs to be completed and you are the perfect person to do it.

However, I have two problems: I don't know who you are and I don't know what the task is.

This is a really covert way of telling everyone that we need volunteers. I am a volunteer as is every one of the SEM Executive Board Members, each of the committee leaders, and many of the people who run the AMC.

We are not new to volunteering and I am positive that you aren't either. But the difference is this: I am not looking for you to use up all your free time as a SEM volunteer. I am simply looking for someone to bring paper cups to our meetings or make a list of things needed for our Chapter Hut Weekend. I am looking for someone to make a couple of phone calls. And I am looking for someone to take pictures at our Open House.

The list of small, easy tasks that we need help with is large, but the time I am asking you to give to do one of these tasks isn't. Would I be happy if, after you do one of the small tasks, you tackle another? Sure! I'd be ecstatic. But I'm not asking you to do that.

Why? Because if 20 people each did one easy simple task, then a whole lot would be accomplished without anyone noticing (except me, because I notice the small things people do). That means that a large event can go off without a hitch due to the small, easy task that you volunteered to do.

Every organization is looking for your help. Every organization is looking for you to donate money and volunteer a month of Sundays to their cause. The only thing we are looking for is for a bunch of people to do some very small tasks. Then, we will be a big success.

To volunteer for one of these small tasks or to find out other ways you could help us grow, contact me at [Chair@amcsem.org](mailto:Chair@amcsem.org). I look forward to meeting you. And to discussing how a small task that you can easily do can have a big impact on your chapter.



### FEEDBACK WANTED

The chapter is considering changing from the paper Breeze newsletter to an electronic Breeze. Why? To be more green and to save on printing and mailing costs so we can use this money for additional programs. What's your opinion? Email the Communications Chair at: [feedback@amcsem.org](mailto:feedback@amcsem.org). Or snailmail Cheryl Lathrop, 17 Robert St., Walpole, MA 02081

# NOTICES

## Meetings:

### SEM Executive Board

Jun 8 – Bourne Community Center (6:30 pm)  
(contact [chair@amcsem.org](mailto:chair@amcsem.org) for more info)

### Hike Planning Meetings

Jun 01, Sep 07, Dec 07  
(contact [hikingchair@amcsem.org](mailto:hikingchair@amcsem.org))

## Where to find activities

1. The Breeze - arrives by email or snailmail
2. AMC Outdoors - arrives by snailmail
3. Online trip listings at [www.amcsem.org](http://www.amcsem.org) ("schedules")
4. Sign up for short notice trip listings at [www.amcsem.org](http://www.amcsem.org)

## Pix and Article Submissions

We encourage SEM members to submit letters, articles, and photos for both The Breeze and our website. Materials for publication will be edited for content and to fit available space and cannot be returned. Please send submissions to [communicationschair@amcsem.org](mailto:communicationschair@amcsem.org)

**Fall Breeze Deadlines:** Jul. 7 trips; Jul. 15 articles & pix

## SEM Non-members

Not an SEM chapter member? Want a subscription to The Breeze? Send your address and a \$10 check payable to AMC SEM to: Leslie Carson, ATT: Non-Member Breeze Subscription, 64 Mill Road, East Sandwich, MA 02537.

## Volunteers needed

Curious about the inner workings of your chapter? Volunteer for the Executive Board! Have technical skills? Volunteer for our website! Have writing/editing skills? Volunteer for *The Breeze*! Like kids? Volunteer for CYP! Want to get out more? Volunteer to lead a hike, bike, or paddle! We have lots of volunteer positions open! Please contact [chair@amcsem.org](mailto:chair@amcsem.org) if you'd like to get more involved with the chapter.

**Find us on Facebook and Follow us on Twitter**

**CHAPTER WEBSITE:** [www.amcsem.org](http://www.amcsem.org)

## AMC ACTIVITY PARTICIPATION POLICY

AMC encourages involvement in its mission and activities through its membership, programs, policies, and procedures. Our goal is to be a community that is comfortable, inviting, and accessible for people of any age, gender, race, religion, ethnicity, ability, sexual orientation, or socioeconomic status. Some AMC programs are designed for a certain age range of members or for a special activity or topic. However, any person who meets the minimum qualifications (age, skills, experience, fitness) established by the trip leader(s) for an activity is eligible to attend, if space is available. Individuals under 18 must be accompanied by a responsible adult. All participants in AMC activities are required to sign the AMC waiver form provided by the leader. Preview the waiver at: [amcsem.org](http://amcsem.org), Forms.

*The Southeast Breeze*, the newsletter of the Southeastern Massachusetts Chapter (SEM) of the Appalachian Mountain Club (AMC), is published 4 times a year. **Editor:** Cheryl Lathrop, **Asst. Editors:** Duncan Kendall, Ann McSweeney, **Proofreader:** Kate Patroliia.  
**Change of Address** to AMC, 5 Joy St., Boston, MA 02108, 800.372.1758, or [www.outdoors.org/membercenter](http://www.outdoors.org/membercenter)

## Appalachian Mountain Club Southeastern Massachusetts Chapter

### 2011 Executive Board & Staff

Chapter Chair	<a href="mailto:chair@amcsem.org">chair@amcsem.org</a> Jim Plouffe, 508-562-0051
Vice Chapter Chair	<a href="mailto:vicechair@amcsem.org">vicechair@amcsem.org</a> Luther Wallis, 508-923-1935
Past Chapter Chair	<a href="mailto:pastchapterchair@amcsem.org">pastchapterchair@amcsem.org</a> Wayne Anderson
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Social Chair	Jodi Jensen, 781-762-4483
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Asst. Webmaster	Kerry Grenier, <a href="mailto:asstwebmaster@amcsem.org">asstwebmaster@amcsem.org</a>
Web Proofreader	Kate Patroliia

The chapter includes ~3,500 members throughout Barnstable, Bristol, Dukes, Nantucket, and Plymouth counties of Massachusetts.

## Wayne Anderson gets a thank-you



On March 29, Wayne Anderson (left) received an award for his contributions to the Appalachian Mountain Club during his service as SEM Chapter Chair from 2009-2010. The award was presented by AMC staffer Roger Scholl during an SEM leadership training workshop that Wayne organized at Borderland State Park.

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**Have you found us on Facebook yet?** It's a great spot where members post outdoorsy info that you won't find anywhere else. For example, you'll find a hiking blog with subjects ranging from emergency water purification to the importance of sleeping in dry undies. Eagle cams, too. Watch baby eagles grow before your eyes. Lots of good stuff. Check it out. Facebook.com and search for AMC SEM Chapter. It's easy. Fun, too!

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### SEM 2000 MILE CLUB -- 3/31/2011

Joe Barry	Yarmouthport	876
Mark Tisdale	Marston Mills	675
Leonard Leonardi	Franklin	575
Dan Egan	Brockton	400
John Sullivan	Marshfield	312
Ron Sikora	Cotuit	289
Jack Jacobsen	Fairhaven	286
Joe Tavilla	Osterville	270
Paul Currier	Sandwich	275
Pam Patrick	Orleans	240
Lawrence Cohen	Easton	164
Lee Eckhart	Assonet	149

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## Super Turnout at SEM Open House

Our March 19, SEM Open House filled the Bourne Community Center's dining hall to the brim for an evening of socializing, sharing outdoor experiences, and feasting on a hearty pot luck meal. This was the second year in a row the Open House was held at the community center.

Our 38 registrants included not only recent new members but a few 'prospectives' whom we hope will join the chapter. There were also several long time members that enjoy AMC up north but had not previously engaged in our chapter's events, and even a returning member from last year's Open House. Our guests mixed with a dozen or so Board members and trip leaders who volunteered their time to offer encouragement, share experiences, and suggest ideas for getting started in the variety of outdoor trips we offer.

Our guests were treated to briefings on SEM's hiking, biking, and skiing trips as well as conservation and social events. A slide show of photographs taken at many of our events gave a visual backdrop to the briefings. Though the Knife Edge shots on Mt. Katahdin were intimidating to some, Thomas, the 14 year old in attendance, thought they were cool. Fortunately, the Knife Edge is optional!

Food was plentiful. It ranged from a zesty bean dip and salmon hors d'oeuvre to spiral ham and chili with assorted side dishes, salads, and mucho desserts. No one needed to leave famished.



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## Go the Distance at ALDHA Weekend

Interested in covering some serious ground? The Appalachian Long Distance Hiking Association will hold its annual gathering in North Adams, MA Oct. 7-9. For info about the group or the event, <http://www.aldha.org/index.htm/>.

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## *Help us grow!*

Are you a people person who likes to help others? Do you have some free time? SEM needs a Membership Committee Vice Chair. Help new and prospective members learn about SEM and how to

participate in our chapter. Assist Chair in promoting SEM activities and take over as 2012 Membership Chair. For info, email Len at [membershipchair@amcsem.org](mailto:membershipchair@amcsem.org).

## Leadership training shows class.



There was an excellent turnout for the annual leadership training workshop held March 26 at Borderland State Park. This training is a stepping stone for those SEM members seeking to qualify as volunteer AMC trip leaders. In spite of the cold weather, both the class members and instructors were able to manage smiles for the camera.

For info on the next workshop, please contact Len Ulbricht at [membershipchair@amcse.org](mailto:membershipchair@amcse.org) or 508-359-2250.

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## Wilderness First Aid Training 2011.

On the weekend of April 2-3, SEM held Wilderness First Aid, and CPR, training at the AMC Noble View Outdoor Center ([amcberkshire.org/noble](http://amcberkshire.org/noble)), in Western Mass. AMC's Noble View Outdoor Center sits high on a hilltop, with breathtaking views of the Pioneer Valley. Below, several participants soak up the beauty of nature.



## SEM winter hiking 2011.

by Mike Woessner

On November 7, 2010, 26 people attended the SEM Winter Series Workshop. Presenters covered topics: winter hiking techniques, clothing, equipment, hydration, nutrition, and footwear. This half-day seminar was later followed by a series of three day hikes and then a two-night stay at the AMC Zealand Falls hut.

On December 4th, hikers got their first taste of winter hiking in the Blue Hills in Milton, MA. They hiked for about six miles stopping often to discuss concerns such as equipment, clothing, heat management, and nutrition. Although there was no snow, hikers got a feel for the amount of gear, water, and food that they would have to carry.

The next hike was scheduled for January 8th. As was to become the norm for this year's series, a snowstorm delayed the location and start of the hike. After the predicted storm in Massachusetts, hikers arrived at the trailhead to find very little snow. This hike was a 4.5 mile loop with a ridge walk between peaks Morgan and Persival in the Sandwich range of the White Mountains. As an added bonus, it snowed lightly on the hike back to the trailhead.

February 6th was the last day hike of the series. Two hikes were offered: Mt. Jackson on the Presidential Range (4052') and Mt. Cardigan (3155') in Orange, NH. Both groups of hikers got a chance to use crampons and other winter gear as there was no lack of snow in The Whites.

Finally the group was ready for the two-night overnight at Zealand Hut and once again a snowstorm changed the plan. A few hikers who had stayed in the Crawford Notch area were able to hike in Friday, February 25 and stay 2 nights. The rest had to wait for yet another storm to pass so that they could make it to the trailhead for an early start on Saturday. But, the weather was clear and not too cold as the remaining 13 headed up Zealand Road to the hut. Once there, 5 hearty hikers ventured out after a brief rest to climb up to Zealand Cliff where they were rewarded with spectacular views of the Pemi Wilderness. Afterwards everyone enjoyed a hearty meal of pasta, sauce, and garlic bread.



## Geek wanted

Do you speak HTML? Are you a Dream Weaver? Then we want you! SEM needs another assistant webmaster to help keep our site fresh and current with weekly

updates. Not too much time involved. And get a free pocket protector for signing up. Please contact [webmaster@amcsem.org](mailto:webmaster@amcsem.org).

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## How to reduce your carbon footprint

By Susan Salmon

June is here and everything is green again. What a pleasure it is to enjoy the warm sunny days! With all that green surrounding us, it's a good time to start thinking about reducing our carbon footprints.

The term carbon footprint describes the impact our activities have on the environment, specifically as they relate to climate change from greenhouse gases. Burning fossil fuels, such as carbon dioxide (CO<sub>2</sub>) for electricity, heating, transportation, etc. produce greenhouse gases. They trap heat in the atmosphere and are one of the reasons global warming has become a serious problem. Greenhouse gases have been on the rise since the Industrial Revolution but the rate has been increasing in recent years. Burning fossil fuels and deforestation are significant factors in the creation of greenhouse gases.

Our primary carbon footprint measures the emissions we personally create in large part from burning fuel to heat our homes and drive our cars, for the electricity we use, and even the long distance shipping of goods.

We are all familiar with ways to reduce our primary footprint and many of us have taken steps to do so. Turning off lights, TVs, computers, and game consoles when not in use is one of the simplest steps to take. Turning the heat down one degree and the air conditioning up a degree are also easy steps. Installing energy-saving light bulbs and hanging laundry to dry are other ways to reduce your primary carbon footprint. Other steps to take include running the washer and dishwasher only when full. A programmable thermostat set to turn the heat down at night and up in the morning will also help. Not only do these steps reduce fuel consumption but the electric and fuel bills will be less, too. If your refrigerator or freezer is more than 15 years old, you should consider buying new ones that have an energy efficiency rating of "A".

Many of us live in neighborhoods that are too far from the local shops to get there by walking. Try organizing your day to run errands in one trip. Plan meals for the week, write a list, and make one weekly trip for groceries. These two steps reduce the fuel used driving around town and they are also a more efficient use of your time.

Our secondary footprint is the indirect consumption of energy from the life cycle of purchased products. The life cycle of a product begins with harvesting and transporting raw materials, the manufacture and transport of the finished merchandise, to the eventual breakdown and discarding of the product. The more we buy the more emissions are created on our behalf at this secondary level.

There are many easy ways to reduce our secondary footprint, as well. It begins by making conscious purchasing choices. You can begin by using refillable water bottles instead of buying bottled water. The same goes for buying coffee—bring your own reusable travel mug. Buy locally grown produce from the local farm stands or farmers' markets. Local grocery stores also offer locally grown produce so it's getting easier and easier to make that choice. Try to avoid over-packaged products and buy recycled products.

There are similar choices to consider when remodeling a home. For instance, granite for countertops mined in your local region will have less impact on the environment simply by the shorter distance to transport the material. Granite from New Hampshire will have a smaller carbon footprint than granite imported from Italy or elsewhere. Hardwood floors can be made from reclaimed wood or from sustainably harvested wood. Bamboo and cork flooring are other environmentally friendly options.

If you'd like to calculate your carbon footprint, check out the two calculators the EPA offers on their website; one is for personal and the other is for your household's impact. Here are the links:

[http://www.epa.gov/climatechange/emissions/ind\\_calculator.html](http://www.epa.gov/climatechange/emissions/ind_calculator.html)

[http://www.epa.gov/climatechange/emissions/ind\\_calculator2.html](http://www.epa.gov/climatechange/emissions/ind_calculator2.html)

Global warming may seem like an overwhelming problem to solve but each individual's choices can collectively make a difference. Like the saying says, "Think Globally, Act Locally." If people committed to caring for their little corner of the world imagine what a difference that would make globally. To quote another saying, "Be the change you'd like to see." Let's get started!



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### ANOTHER RLBH FINISHER!

Walt Granda is the first of the Thursday night Red Line the Blue Hills (RLBH) hikers to complete "green-lining" the Blue Hills. This means that Walt has hiked all 140 miles—every inch of every trail—of the Blue Hills three times! The first time he red-lined his map; the second time he blue-lined his map; and the third time he green-lined his map. What color is next?! He finished 3/18/11. Congrats to Walt!

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# CHAPTER ACTIVITIES

## CLUB-WIDE ACTIVITIES

Oct. 14-16 FALL GATHERING

## CHAPTER-WIDE ACTIVITIES

Sep. 22-25 CHAPTER HUT WEEKEND

Nov. 5 ANNUAL MEETING & DINNER

## NOTE ACTIVITIES MARKED FOR :

FT = First Timer    NM = New Member

FULL LIST at [AMCSEM.ORG](http://AMCSEM.ORG)

## HIKING / BACKPACKING

**IMPORTANT:** Hikers unsure of their ability should try only 1 level more difficult than previously completed. No pets without permission of trip Leader. Registration req'd for most trips. Hiking boots strongly recommended. For additional info or to register, contact the trip Registrar (R), Leader (L) or co-Leader (CL). Trip updates available at [trips.outdoors.org](http://trips.outdoors.org). Sign up for the SEM Short Notice E-Mail Trip List at [www.amcsem.org](http://www.amcsem.org).

**Rating codes** (e.g. C4D): first letter indicates distance in mi , middle number indicates pace, second letter indicates terrain.

Mis	Pace (mph)	Terrain
AA = 13+	1 = very fast (2.5)	A = v. stren.
A = 9 - 13	2 = fast (2)	B = strenuous
B = 5 - 8	3 = moderate	C = average
C = <5	4 = leisurely	D = easy

**IMPORTANT:** No pets w/o prior permission of trip L. Under 18 yrs must be accompanied by parent or responsible adult, & obtain prior consent from L. Those accompanying a minor are responsible for minor's actions. Reg. req'd for most hikes, preferably at least 1 wk prior to trip so Ls can discuss prior hiking exp., conditioning, clothing, & equipment.

**(FT)(NM)** Thu., Jun. 2. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then show-n-go. L Joe Keogh (RLBH\_leader@amcsem.org), L Maureen Kelly, L Michael Swartz, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH\_registrar@amcsem.org)

Sat., Jun. 4. SEM Summer Series Hike #2 Mount Monadnock (B3B). Second summer series hike is 7 miles in Southern NH. Series participants have first priority, as spaces are limited. L Walt Granda (508-999-6038 Before 9 pm, wlgranda@aol.com), CL Maureen Kelly (508-224-9188 4-8 pm, MoKel1773@aol.com), R Walt Granda (508-999-6038 Before 9:00pm, wlgranda@aol.com)

**(FT)(NM)** Thu., Jun. 9. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then

show-n-go. L Joe Keogh (RLBH\_leader@amcsem.org), L Maureen Kelly, L Michael Swartz, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH\_registrar@amcsem.org)

(CE) Sun., Jun. 12. Midstate Trail Section Hike #4. Join us as we continue our quest to complete the 92 mile Mid-state Trail. Registration required. More info at <http://mysite.verizon.net/fmwason/>. L Fred Wason (fmwason@verizon.net), CL Cheryl Lathrop, R Ellen Correia (ellencorreia@gmail.com)

**(FT)(NM)** Thu., Jun. 16. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then show-n-go. L Joe Keogh (RLBH\_leader@amcsem.org), L Maureen Kelly, L Michael Swartz, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH\_registrar@amcsem.org)

**(FT)(NM)** Thu., Jun. 23. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then show-n-go. L Joe Keogh (RLBH\_leader@amcsem.org), L Maureen Kelly, L Michael Swartz, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH\_registrar@amcsem.org)

Sat., Jun. 25. Sandwich Mountain (Dome) (B3B). El. 3993 ft, El. Gain 2500 ft. 8 miles R/T. Several lookouts of Sandwich Range. Expect brook crossings. L Len Ulbricht (508-359-2250 before 8pm, lenulbricht@comcast.net), CL Peter Sharpe (774-254-5013, sharpe121@hotmail.com), R Len Ulbricht (508-359-2250 before 8pm, lenulbricht@comcast.net)

Sat., Jun. 25-26. Mt. Isolation Backpack. Enjoy great views and camaraderie on an overnight backpack to Mt. Isolation. 14+ miles round trip. Backpack experience req'd. L Leslie Carson (508-833-8237, ltc929@comcast.net), CL Maureen Kelly (617-943-4288, NOTLITS@aol.com), R Maureen Kelly

**(FT)(NM)** Thu., Jun. 30. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then show-n-go. L Joe Keogh (RLBH\_leader@amcsem.org), L Maureen Kelly, L Michael Swart, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH\_registrar@amcsem.org)

**(FT)(NM)** Thu., Jul. 7. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then show-n-go. L Joe Keogh (RLBH\_leader@amcsem.org), L Maureen

Kelly, L Michael Swartz, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH\_registrar@amcsem.org)

Sat., Jul. 9. SEM Summer Series Hike #3 Mt Osceola (B3B). Third summer hike is a 4000 footer. Series participants have first priority, as spaces are limited. L Walt Granda (508-999-6038 before 9 pm, wlgranda@aol.com), CL Maureen Kelly (508-224-9188 4-8 pm, MoKel1773@aol.com), R Walt Granda (508-999-6038 before 9:00pm, wlgranda@aol.com)

**(FT)(NM)** Thu., Jul. 14. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then show-n-go. L Joe Keogh (RLBH\_leader@amcsem.org), L Maureen Kelly, L Michael Swart, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH\_registrar@amcsem.org)

(CE) Sun., Jul. 17. Midstate Trail Section Hike #5. Join this fifth section hike as we continue our 92 mile journey through central MA. Registration Required. Details at <http://mysite.verizon.net/fmwason/>. L Fred Wason (508-699-7635, fmwason@verizon.net), CL Cheryl Lathrop, CL Bill Vickstrom, R Ellen Correia (ellencorreia@gmail.com)

**(FT)(NM)** Thu., Jul. 21. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then show-n-go. L Joe Keogh (RLBH\_leader@amcsem.org), L Maureen Kelly, L Michael Swartz, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH\_registrar@amcsem.org)

**(FT)(NM)** Thu., Jul. 28. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then show-n-go. L Joe Keogh (RLBH\_leader@amcsem.org), L Maureen Kelly, L Michael Swartz, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH\_registrar@amcsem.org)

**(FT)(NM)** Thu., Aug. 4. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then show-n-go. L Joe Keogh (RLBH\_leader@amcsem.org), L Maureen Kelly, L Michael Swartz, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH\_registrar@amcsem.org)

**(FT)(NM)** Thu., Aug. 11. Red Line the Blue Hills (C3C). Hike 6-8pm Thursdays at different locations in the Blue Hills. Register once then show-n-go. L Joe Keogh (RLBH\_leader@amcsem.org), L Maureen Kelly, L Michael Swartz, L Ellen Correia, R Jodi



Jensen (781-249-8346 early evening,  
RLBH\_registrar@amcsem.org)

Sat., Aug. 13-14. SEM Summer Series Hike #4  
Weekend in the Presidentials. Saturday Mt.  
Eisenhower by Edmunds Path and Sunday  
Webster/Jackson or Pierce/ Mizpah Hut.  
Preference to series participants. L Walt  
Granda (508-999-6038 before 9:00,  
wlgranda@aol.com), CL Maureen Kelly (508-  
224-9188 before 8:00, MoKel773@aol.com),  
CL Cheryl Lathrop, R Maureen Kelly (508-224-  
9188 before 8:00, MoKel773@aol.com)

(CE) Sun., Aug. 14. Midstate Trail section Hike  
#6. Hike the sixth section of the 92 mile long  
Midstate trail. 8.3 miles on narrow scramble-y  
trails. Details at  
<http://mysite.verizon.net/fmwason/>. L Fred  
Wason (508-699-7635, fmwason@verizon.net),  
CL Cheryl Lathrop, CL Bill Vickstrom, R Ellen  
Correia (ellencorreia@gmail.com)

(AN) (CE) Mon., Aug. 15-20. Western Maine  
Hut to Hut Trek. Enjoy the ambiance of a Hut-  
to-Hut hiking experience. Hike along the ridges  
of a few 4000 footers, explore old growth  
forests, secluded lakes and rivers. Our days will  
be filled with hiking and canoeing while our  
evenings will be spent relaxing in comfortable  
huts. Our last day will be at a lakeside cabin in  
The Forks. (\$488 pp). L Ken Jones (508-697-  
0142 6-9 PM Except Thursdays,  
lotsoluck@comcast.net), CL Leslie Carson, R  
Ken Jones (207 Walnut Street, Bridgewater,  
MA 02324, 508-697-0142 6-10 PM - Except  
Thursdays, lotsoluck@comcast.net)

(FT)(NM) Thu., Aug. 18. Red Line the Blue Hills  
(C3C). Hike 6-8pm Thursdays at different  
locations in the Blue Hills. Register once then  
show-n-go. L Joe Keogh  
(RLBH\_leader@amcsem.org), L Maureen  
Kelly, L Michael Swartz, L Ellen Correia, R Jodi  
Jensen (781-249-8346 early evening,  
RLBH\_registrar@amcsem.org)

(FT)(NM) Thu., Aug. 25. Red Line the Blue Hills  
(C3C). Hike 6-8pm Thursdays at different  
locations in the Blue Hills. Register once then  
show-n-go. L Joe Keogh  
(RLBH\_leader@amcsem.org), L Maureen  
Kelly, L Michael Swartz, L Ellen Correia, R  
Jodi Jensen (781-249-8346 early evening,  
RLBH\_registrar@amcsem.org)

Sat., Aug. 27-28. Owl's Head Backpack. Two-  
day backpack in the Pemi summiting Owl's  
Head. 21+ miles round trip. Backpack  
experience req'd. L Leslie Carson (508-833-  
8237, ltc929@comcast.net), CL Ken Jones  
(lotsoluck@comcast.net), R Leslie Carson

(FT)(NM) Thu., Sep. 1. Red Line the Blue Hills  
(C3C). Hike 6-8pm Thursdays at different  
locations in the Blue Hills. Register once then  
show-n-go. L Joe Keogh  
(RLBH\_leader@amcsem.org), L Maureen

Kelly, L Michael Swartz, L Ellen Correia, R Jodi  
Jensen (781-249-8346 early evening,  
RLBH\_registrar@amcsem.org)

## CAPE COD HIKES

Most Cape Hikes are "Show & Go." For additional  
info, contact trip Leader/Co-Leader (L/CL) or visit  
[trips.outdoors.org](http://trips.outdoors.org). (Set Committee to "Cape Hikes.")

Mis	Pace (mph)	Terrain Type
AA = 13+	1 = v. fast (2.5)	A = v. strenuous
A = 9 - 13	2 = fast (2)	B = strenuous
B = 5 - 8	3 = moderate	C = average
C = <5	4 = leisurely	D = easy

Tue., Jun. 14. Full Moon Hike: West Dennis  
Beach (C4C). Rte 6 Exit 9A S Rte 134, go  
straight, cross Rte 28, go to end, turn Right. 0.5  
mi turn Left to beach pkg near rotary. Meet 7  
p.m. < 2 hr Janet Kaiser 508 432 3277. L Janet  
Kaiser (508-432-3277, jtkaiser@comcast.net)

## BIKE RIDES

NOTE: Approved helmets, water bottles, & spare  
tires req'd. If start time & location aren't indicated,  
contact ride leader (L).

NOTE: for additional SEM bike rides, check *AMC  
Outdoors*, visit [www.amcsem.org](http://www.amcsem.org), or use the AMC  
online trip listing system: [trips.outdoors.org](http://trips.outdoors.org) (set  
Committee to "Biking" & Chapter to "Southeastern  
Mass."), or sign up for the SEM Short Notice list:  
[www.amcsem.org](http://www.amcsem.org).

Bike Ride Ratings		
Mis	Pace/MPH	Terrain
AA = 50+	1 = 17+	A = Very Hilly
A = 35-50	2 = 13-16	B = Hilly
B = 25-35	3 = 11-13	C = Rolling
C = <25	4 = up to 11	D = Flat

**WANTED:** Ride Leaders & Co-Leaders.  
Enthusiastic about cycling? Like showing  
others your favorite roads? If yes, then share  
your enthusiasm & routes w/your fellow AMC  
members! Contact Bike Chair Joe Tavilla (508-  
428-6887)

**AMC SEM 2,000 Mi Club.** Our unique 2,000-mi  
Club! Certificates of achievement &  
embroidered award patches are presented  
annually to members who ride 2,000 mi or  
more per year. Contact the bicycling chair to  
reg. your miage & for more info. L Joe Tavilla  
(508-428-6887 7-7, [bikingchair@amcsem.org](mailto:bikingchair@amcsem.org)).

## Turn Those Tires on Tuesday

Rides scheduled all year long, weather  
permitting. 25 mi of rd or 15 mi of mtn. biking.  
Tues. at 2 p.m. Flat to hilly. Contact L for start  
location & directions. Intermed. pace. Riders &  
bicycles in top shape; tires & riders pumped &  
ready to roll; helmets & water req'd. L Paul

Currier (508-833-2690 8 am-7 pm,  
[pbencurrier@hotmail.com](mailto:pbencurrier@hotmail.com))

Wed., Jun. 1. Summer Wednesdays. Every  
Wednesday at a variety of Cape Cod locations  
- 10:00AM start, 22 - 35 miles, intermediate  
pace. L Mark Tisdale (508 292 8885 8:00AM-7-  
00PM, [berwick67@gmail.com](mailto:berwick67@gmail.com))

Tue., Jun. 7. Scenic Cycling On Cape Cod.  
Great views and occasional stops at unique  
and interesting spots. Intermediate pace/24  
miles/2hours. L Paul Currier (508-833-2690  
8am-7pm, [paulbcurrier@comcast.net](mailto:paulbcurrier@comcast.net))

Wed., Jun. 8. Summer Wednesdays. Every  
Wednesday at a variety of Cape Cod locations  
- 10:00AM start, 22 - 35 miles, intermediate  
pace. L Mark Tisdale (508 292 8885 8:00AM-7-  
00PM, [berwick67@gmail.com](mailto:berwick67@gmail.com))

Sat., Jun. 11. Dighton Rock Ride. 37 miles.  
Rural back roads of Lakeville, Freetown,  
Berkley. Lunch stop to see rock with the  
ancient inscriptions. L Jack Jacobsen (508-353-  
3708 7am-8pm, [cyclejac51@yahoo.com](mailto:cyclejac51@yahoo.com))

Wed., Jun. 15. Sunset/Full Strawberry Moon  
Ride. Late day/early evening ride with scenic  
sunset & moon rise in the Cape Cod Canal  
area. Intermediate pace/flat/22 miles. L Paul  
Currier (508-833-2690 8am-7pm,  
[paulbcurrier@comcast.net](mailto:paulbcurrier@comcast.net))

Wed., Jun. 15. Sunset/Full Strawberry Moon  
Ride. Hills/shores of Sagamore and canal trail  
to Buzzards Bay. Catch Onset Bay sunset.  
Tour Mass Maritime, moonrise over Plymouth  
Bay. L Paul Currier (508-833-2690 8:00AM-  
7:00PM, [pbencurrier@hotmail.com](mailto:pbencurrier@hotmail.com))

Wed., Jun. 15. Summer Wednesdays. Every  
Wednesday at a variety of Cape Cod locations  
- 10:00AM start, 22 - 35 miles, intermediate  
pace. L Mark Tisdale (508 292 8885 8:00AM-7-  
00PM, [berwick67@gmail.com](mailto:berwick67@gmail.com))

Tue., Jun. 21. Summer Solstice Ride. Enjoy  
Cape Cod on the longest day of the year - a  
club favorite. 23 miles. L Joe Tavilla  
([SilverSki@Earthlink.net](mailto:SilverSki@Earthlink.net))

Tue., Jun. 21. Scenic Cape Cod Cycling.  
Various Cape locales - water views, points of  
interest, ice cream stop. 22(+/-) miles. Group  
pace. L Joe Tavilla ([SilverSki@Earthlink.net](mailto:SilverSki@Earthlink.net))

Wed., Jun. 22. Summer Wednesdays. Every  
Wednesday at a variety of Cape Cod locations  
- 10:00AM start, 22 - 35 miles, intermediate  
pace. L Mark Tisdale (508 292 8885 8:00AM-7-  
00PM, [berwick67@gmail.com](mailto:berwick67@gmail.com))

Mon., Jun. 27-Aug. 31. Morning Madness.  
Occasional morning 30 mile road cycling. Start  
time/location: 6:30AM, Sandwich Recreation  
Area. L Paul Currier (508-833-2690 8:00AM-  
7:00PM, [paulbcurrier@comcast.net](mailto:paulbcurrier@comcast.net))

Tue., Jun. 28. Scenic Cape Cod Cycling. Various Cape locales - water views, points of interest, ice cream stop. 22(+/-) miles. Group pace. L Joe Tavilla (SilverSki@Earthlink.net)

Wed., Jun. 29. Summer Wednesdays. Every Wednesday at a variety of Cape Cod locations - 10:00AM start, 22 - 35 miles, intermediate pace. L Mark Tisdale (508 292 8885 8:00AM-7:00PM, berwick67@gmail.com)

Tue., Jul. 5. Scenic Cape Cod Cycling. Various Cape locales - water views, points of interest, ice cream stop. 22(+/-) miles. Group pace. L Joe Tavilla (SilverSki@Earthlink.net)

Wed., Jul. 6. Summer Wednesdays. Every Wednesday at a variety of Cape Cod locations - 10:00AM start, 22 - 35 miles, intermediate pace. L Mark Tisdale (508 292 8885 8:00AM-7:00PM, berwick67@gmail.com)

Thu., Jul. 7. Thursday Night Rides. Easy pace & distance at various Southeast MA locales. 20-22 miles, flat/rolling terrain. 6:00PM start. L Jack Jacobsen (508-353-3708 7:00AM-8:00PM, cyclejac51@yahoo.com)

Sat., Jul. 9. Easy Rider. Ned's Pt. Lighthouse Ride. Nice-N-Easy 24 miles. Mattapoisset Harbor, Rochester farm country. Lunch at Eastover Farms. L Jack Jacobsen (508-353-3708 7:00AM-8:00PM, cyclejac51@yahoo.com)

Tue., Jul. 12. Scenic Cape Cod Cycling. Various Cape locales - water views, points of interest, ice cream stop. 22(+/-) miles. Group pace. L Joe Tavilla (SilverSki@Earthlink.net)

Wed., Jul. 13. Summer Wednesdays. Every Wednesday at a variety of Cape Cod locations - 10:00AM start, 22 - 35 miles, intermediate pace. L Mark Tisdale (508 292 8885 8:00AM-7:00PM, berwick67@gmail.com)

Thu., Jul. 14. Thursday Night Rides. Easy pace & distance at various Southeast MA locales. 20-22 miles, flat/rolling terrain. 6:00PM start. L Jack Jacobsen (508-353-3708 7:00AM-8:00PM, cyclejac51@yahoo.com)

Fri., Jul. 15. Full Buck Moon Ride. Canal/Gray Gables/Mashnee Island. 22 +/--miles. Buzzards Bay sunset/Sandwich moonrise. L Paul Currier (508-833-2690 8:00AM-7:00PM, paulbcurrier@comcast.net)

Sat., Jul. 16. Osterville Village Day Ride. Waterviews, beaches, golf courses and the excitement of Osterville Village Day. 30(+/-) miles, flat/rolling. L Joe Tavilla (SilverSki@Earthlink.net)

Tue., Jul. 19. Scenic Cape Cod Cycling. Various Cape locales - water views, points of

interest, ice cream stop. 22(+/-) miles. Group pace. L Joe Tavilla (SilverSki@Earthlink.net)

Wed., Jul. 20. Summer Wednesdays. Every Wednesday at a variety of Cape Cod locations - 10:00AM start, 22 - 35 miles, intermediate pace. L Mark Tisdale (508 292 8885 8:00AM-7:00PM, berwick67@gmail.com)

Thu., Jul. 21. Thursday Night Rides. Easy pace & distance at various Southeast MA locales. 20-22 miles, flat/rolling terrain. 6:00PM start. L Jack Jacobsen (508-353-3708 7:00AM-8:00PM, cyclejac51@yahoo.com)

Tue., Jul. 26. Scenic Cape Cod Cycling. Various Cape locales - water views, points of interest, ice cream stop. 22(+/-) miles. Group pace. L Joe Tavilla (SilverSki@Earthlink.net)

Wed., Jul. 27. Summer Wednesdays. Every Wednesday at a variety of Cape Cod locations - 10:00AM start, 22 - 35 miles, intermediate pace. L Mark Tisdale (508 292 8885 8:00AM-7:00PM, berwick67@gmail.com)

Thu., Jul. 28. Thursday Night Rides. Easy pace & distance at various Southeast MA locales. 20-22 miles, flat/rolling terrain. 6:00PM start. L Jack Jacobsen (508-353-3708 7:00AM-8:00PM, cyclejac51@yahoo.com)

Tue., Aug. 2. Scenic Cape Cod Cycling. Various Cape locales - water views, points of interest, ice cream stop. 22(+/-) miles. Group pace. L Joe Tavilla (SilverSki@Earthlink.net)

Wed., Aug. 3. Summer Wednesdays. Every Wednesday at a variety of Cape Cod locations - 10:00AM start, 22 - 35 miles, intermediate pace. L Mark Tisdale (508 292 8885 8:00AM-7:00PM, berwick67@gmail.com)

Thu., Aug. 4. Thursday Night Rides. Easy pace & distance at various Southeast MA locales. 20-22 miles, flat/rolling terrain. 6:00PM start. L Jack Jacobsen (508-353-3708 7:00AM-8:00PM, cyclejac51@yahoo.com)

Sat., Aug. 6. Easy Rider. Nice-N-Easy 22 miles, quiet country roads, beautiful Lakeville lakes, visit Lakeville Historical Museum. L Jack Jacobsen (508-353-3708 7:00AM-8:00PM, cyclejac51@yahoo.com)

Tue., Aug. 9. Scenic Cape Cod Cycling. Various Cape locales - water views, points of interest, ice cream stop. 22(+/-) miles. Group pace. L Joe Tavilla (SilverSki@Earthlink.net)

Wed., Aug. 10. Summer Wednesdays. Every Wednesday at a variety of Cape Cod locations - 10:00AM start, 22 - 35 miles, intermediate pace. L Mark Tisdale (508 292 8885 8:00AM-7:00PM, berwick67@gmail.com)

Thu., Aug. 11. Thursday Night Rides. Easy pace & distance at various Southeast MA

locales. 20-22 miles, flat/rolling terrain. 6:00PM start. L Jack Jacobsen (508-353-3708 7:00AM-8:00PM, cyclejac51@yahoo.com)

Sat., Aug. 13. Sunset/Full Sturgeon Moon Ride. Hills/shores of Sagamore and canal trail to Buzzards Bay. Catch Onset Bay sunset. Tour Mass Maritime, moonrise over Plymouth Bay. L Paul Currier (508-833-2690 8:00AM-7:00PM, paulbcurrier@comcast.net)

Tue., Aug. 16. Scenic Cape Cod Cycling. Various Cape locales - water views, points of interest, ice cream stop. 22(+/-) miles. Group pace. L Joe Tavilla (SilverSki@Earthlink.net)

Wed., Aug. 17. Summer Wednesdays. Every Wednesday at a variety of Cape Cod locations - 10:00AM start, 22 - 35 miles, intermediate pace. L Mark Tisdale (508 292 8885 8:00AM-7:00PM, berwick67@gmail.com)

Thu., Aug. 18. Thursday Night Rides. Easy pace & distance at various Southeast MA locales. 20-22 miles, flat/rolling terrain. 6:00PM start. L Jack Jacobsen (508-353-3708 7:00AM-8:00PM, cyclejac51@yahoo.com)

Wed., Aug. 24. Summer Wednesdays. Every Wednesday at a variety of Cape Cod locations - 10:00AM start, 22 - 35 miles, intermediate pace. L Mark Tisdale (508 292 8885 8:00AM-7:00PM, berwick67@gmail.com)

Thu., Aug. 25. Thursday Night Rides. Easy pace & distance at various Southeast MA locales. 20-22 miles, flat/rolling terrain. 6:00PM start. L Jack Jacobsen (508-353-3708 7:00AM-8:00PM, cyclejac51@yahoo.com)

Tue., Aug. 30. Scenic Cape Cod Cycling. Various Cape locales - water views, points of interest, ice cream stop. 22(+/-) miles. Group pace. L Joe Tavilla (SilverSki@Earthlink.net)

Wed., Aug. 31. Summer Wednesdays. Every Wednesday at a variety of Cape Cod locations - 10:00AM start, 22 - 35 miles, intermediate pace. L Mark Tisdale (508 292 8885 8:00AM-7:00PM, berwick67@gmail.com)

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## PADDLES

For info on SEM canoe & kayak trips, check *AMC Outdoors*, visit [amcsem.org](http://amcsem.org), use the online trip listing system: [trips.outdoors.org](http://trips.outdoors.org), (set Committee to "canoe/kayak", set Chapter to "Southeastern MA").

Wed., Jun. 1. Leader's Choice. Probably Barnstable Harbor and Clay's, Bass, and Lone Tree Creeks. L Ed Foster (5084207245, erfoster@comcast.net)

Sat., Jun. 4. Monks Cove to Widows Cove. Paddle across the CC Canal into Widows

Cove. Level 4. Strong currents/open ocean conditions. L (774.392.0634 anytime, gifallen@verizon.net)

(CE) Wed., Jun. 8. Slocum River, Little River. I 195 exit 12, S Faunce Corner Rd, cross Rt 6 Old Westport Rd. to Chase Rd, R Russells Mills Rd to town park on L. PFD req'd. L Haven Roosevelt (508-636-0006 anytime, havenesq@comcast.net)

Sat., Jun. 11. Bass River South, Dennis. Route6, Exit9S; R Upper County; L Main; R Cove to Town Landing. Life vest required; spray skirt if windy. L Paul Corriveau (508-362-0451, paulcorri@gmail.com), CL Jean Orser (508-362-0451, jeanorser@aol.com)

Wed., Jun. 15. Great Pond to Green Pond, Falmouth. Paddle from Great Pond out into Nantucket Sound to Green Pond and back. L Gifford Allen (774-392-0634 anytime, gifallen@verizon.net)

Sat., Jun. 18. Oyster Pond, Oyster River, Stage Harbor, Chatham. Route 6 Exit 11S (137). L Rte 28; R Queen Anne; R Pond St to Beach. Life jacket and spray skirt required. L Betty Hinkley (5082414782, bhinkley@mindspring.com)

Wed., Jun. 22. Westport River- East Branch. I 195 to Rte 88 S. L at 2d light (Old County Rd. One mile to Head Of Westport Village, park on East side of river. L Haven Roosevelt (508-997-5160 any time, havenesq@comcast.net)

Sat., Jun. 25. West Falmouth Harbor to Cleveland Ledge Light. Put-in is West Falmouth Harbor, will proceed out to Cleveland Ledge Light and then back to shore for lunch. L Gifford Allen (774-392-0634 anytime, gifallen@verizon.net)

Wed., Jun. 29. Nauset Marsh, Eastham. 9+ Mi.Paddle. Put-in: 1.5 Mi.North from Rt.6 Eastham rotary to Hemenway on Right.Life vests & spray skirts Req'd. Level 3. L George Wey (781 789-8005, Geowey@comcast.net)

Wed., Jul. 6. Boston Harbor Inner Islands. Circumnavigate several harbor Islands. Put-in:Hull Gut, Hull,Ma. Level 3 Paddle. Life vests & spray skirts req'd. L George Wey (781 789-8005, Geowey@comcast.net)

Sat., Jul. 9. Monks Cove to Bassets Island. Launch from Monks Cove and paddle south to Basset's Island for lunch. L Gifford Allen (774-392-0634 anytime, gifallen@verizon.net)

Wed., Jul. 13. Weweantic River. A brisk 10-12-mi. trip down the Weweantic River and into Wareham Harbor. PFD and spray skirt req. Launch 10:30AM at State ramp in rest area between Exits 20 & 21 on I-195 East. L Wesley Ewell (774-313-7599 7:00AM-9:00PM, twofootartist@yahoo.com)

Sat., Jul. 16. Leader's Choice. Probably Southway to Monomoy Island, returning through Stage Harbor. L Ed Foster (5084207245, erfoster@comcast.net)

Wed., Jul. 20. Slocum River-Giles Creek. I 195 exit 12 S Faunce Corner Rd cross Rte 6 Old Westport Rd to Chase Rd, R on Russells Mills Rd to town park on L. L Haven Roosevelt (508-997-5160, havenesq@comcast.net)

Sat., Jul. 23. Follins/Mill ponds, Dennis. Route6 Exit 9N (134); L Bob Crowell; R Old Bass River; L Mayfair; L Follins Pond to end. Life vests required; spray skirt if windy. L Jean Orser (508-362-0451, jeanorser@aol.com), CL Paul Corriveau (508-362-0451, paulcorri@gmail.com)

Wed., Jul. 27. Quisset Harbor to Weepecket Island. Put in at Quisset Hbr., cross Woods Hole for lunch on the Weepecket Is. L Gifford Allen (774-392-0634 anytime, gifallen@verizon.net)

Sat., Jul. 30. Wellfleet Harbor and Great Island. Put-in: Route 6 in Wellfleet, left at traffic light toward Wellfleet Center. Go 0.3m. Left on East Commercial Street to Town Marina. Right on Kendrick Ave. to Mayo Beach parking on left. Life vest and spray skirt req. L Don Palladino (508 349 2950, djp1958@comcast.net)

Wed., Aug. 3. New Bedford Harbor and Acushnet River. 195 Exit 15, Rt 18 S, after 3 lights L Cove St (4th light), to last lot in Fort Taber Park. L Haven Roosevelt (508-636-0006, havenesq@comcast.net)

Sat., Aug. 6. Walker, Upper Mill, and Lower Mill Ponds, Brewster. Route 6 Exit 10N (124); L Long Pond; L Rte 6A; L Stony Brook; L Run Hill to end. Life vests required. Spray skirt if windy. L Betty Hinkley (508-241-4782, bhinkley@mindspring.com)

Wed., Aug. 10. Mattapoisset Harbor. Will paddle Mattapoisset Hbr. and area. Total distance approx. 12 miles. PFD and spray skirt required. L Gifford Allen (774-392-0634 anytime, gifallen@verizon.net), CL Haven Roosevelt

Sat., Aug. 13. Monks Cove & Back River. A leisurely 8-mi. tour around Monk's Cove, Phinney's Harbor and scenic Back River. PFD req. Spray skirt req'd. Launch 10:30AM at Monk's Park, off Shore Rd. in Pocasset. Barlow's Landing Rd. from Rte. 28 South to Shore Rd. L Wesley Ewell (774-313-7599 7am-9pm, twofootartist@yahoo.com)

Wed., Aug. 17. Allens Pond. Same as Slocum River but continue on Horseneck Rd. to State Park on L. Spray skirt req'd. L Haven Roosevelt (508-636-0006, havenesq@comcast.net)

Sat., Aug. 20. Leader's Choice. Probably Pleasant Bay to the North Beach Cut, and

around Strong Island. L Ed Foster (5084207245, erfoster@comcast.net)

Wed., Aug. 24. Boston Harbor Outer Islands. Circumnavigate several Outer Harbor Islands. Put-In: Hull Gut, Hull,Ma. Level 3 Paddle. Life vests & spray skirts req'd. L George Wey (781 789-8005, Geowey@comcast.net)

(CE) Sat., Aug. 27. Shoestring and Popponesset Bays. Several options depending on conditions. 8 -10 miles. SPRAY SKIRTS REQUIRED. PREREGISTER FOR DIRECTIONS. L Louise Foster (508-420-7245)

Wed., Aug. 31. North River, Marshfield to Hanover. Put-In: Marshfield side of Union St. Bridge.Spot cars in Hanover. Level 3. Life vest req'd. Spray skirt may be req'd. L George Wey (781 789-8005, Geowey@comcast.net)

Sat., Sep. 3. Long Pond, Brewster. DESCRIPTION: Long Pond, Brewster. Circle the pond; eat lunch on a sandy beach. PUT-IN DIRECTIONS: Exit 10 off Rt 6 N on Rt 124. Just after crossing the Brewster Town line R on Crowell's Bog Road LIMITATIONS: Life vest required. L Betty Hinkley (508-241-4782, bhinkley@mindspring.com)

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## CHAPTER YOUTH PROGRAM (CYP)

Share Skills With Youth -Become a Volunteer Leader with the Chapter Youth Program (CYP) of the SEM Chapter. We work with various organized groups to plan and lead children in outdoor activities (e.g., YMCA). If you're interested in the gratifying experience of getting kids out on the trails and discovering nature, please contact the SEM CYP Chairperson for workshop details. cypcoordinator@amcsem.org

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## TRAILS

Watch our chapter website for notices!

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## SKIING

It'll be here before you know it!

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## VOLUNTEERS NEEDED!

Volunteers needed to bring paper cups to meetings. (Oh, and to do many other things too!) SEM has many opportunities to make a difference in the AMC's ideals of recreation, education, and conservation. Contact Jim Plouffe, YOUR Chapter Chair, to find out how you can make a difference! chair@amcsem.org

## CONSERVATION CORNER

by Joanne Jarzowski, Conservation Chair



SEM had a wonderful representation of members supporting the special “Earth Day” related events in April, including the 11<sup>th</sup> Annual Canal Clean-Up, DCR’s Park Serve Day, and Mass Audubon’s Volunteers to Work for Wildlife. Thanks to all our members and board for helping our friends and these treasured parks/areas we all enjoy.

SEM will be celebrating the second annual “**Green June**” with special conservation events throughout the month, including walks, talks, a whale watch, bikes, family outings, and paddles. Please visit the website ([amcsem.org](http://amcsem.org)) or email the chair ([conservationchair@amcsem.org](mailto:conservationchair@amcsem.org)) for details about those events.

The conservation committee is looking for volunteers; please email the chair if you’d like to join or if you’d like more information.

 Think green - Conserve it, reuse it, recycle it



A group of hikers enjoys the springtime weather and a panoramic view of Boston from Quincy quarry.

## A Big Thank You to SEM Fencers

### **Taunton Conservation Commission**

April 28, 2011

**Subject:** Gertrude Boyden Refuge

Greetings Friends,

As the current Chairman of the Taunton Conservation Commission, I wanted to express my gratitude for the assistance of members of your organization. On two separate occasions, some of your members have helped the TCC and the Friends of Boyden install several hundred feet of post and rail fencing at the Boyden Refuge. If you are not aware, the Boyden Refuge in Taunton is a public park and wildlife sanctuary of great beauty. This park plays host to many local events throughout the year and as a result of the hard work so freely given to us by AMC members, Barbara Hathaway, Kevin Mulligan, Chris Pellegrini and Bill Pellegrini we have been able to beautify it even further.

I am encouraged that organizations like yours exist. It may even be a good idea for you and your membership to consider the Boyden Refuge for any picnics or other events you may be planning in the future.

On behalf of the Taunton Conservation Commission, thank you and we look forward to working together again.

Brian Marques  
Chairman  
Taunton Conservation Commission  
508.823.8975

*Taunton City Hall, 15 Summer Street, Taunton, MA 02780*

## It's Never Too Cold for the Hard Core!

Some of the hikers who participated in the Chapter's 2010-11 Winter Hike Series could still manage a smile (or rough approximation) after some seriously nippy trail time.



Julieanne Capone



Alan Greenstein



Sue Salmon



Leslie Carson



Kevin Mulligan



Maureen Kelly



Karen Singleton

*Photos by Mike Woessner*