A Cold View from the Chair
By Jim Plouffe, Chapter Chair

In the last View I wrote about the new members of our AMC Executive Board. This time I would like to highlight the hard work and dedication of our returning members. To introduce them, I have chosen to use sports analogies. This is my own feeble attempt at convincing myself that fair weather is right around the corner. I’m actually writing this shortly after stepping inside from shoveling my driveway in the bitterly cold winter air. Brrrr. Any person that can correctly identify the sports gets 5 bonus points.

Conservation – Starting at Quarterback is the always intuitive, Joanne Jarzobski. Last year, Joanne stepped up to the ball and completed a pass with a grant for a new projector. What’s next? We’ll have to see!

Communications - Next, playing Point Guard, is Cheryl Lathrop, our grammar policewoman. Expanding on her predecessor’s work, Cheryl has transformed SEM’s communications. Want to know more about the Chapter? Check the website or Facebook us. Yes, that’s a verb, right Cheryl?

Membership - Of course, no team is complete without our Center Forward, Len Ulbricht. When I joined the board in 2008, it took two people to fill Len’s position. What else needs to be said? Len is doing the job of two people – and doing it very well! Only about 10% of our members are active in the organization. Len is working hard to improve this by involving new members and armchair members alike.

Trails - Batting clean-up is the one returning member that would cause a stir at any airport checkpoint. No, that isn’t Death holding that scythe, it is Kevin Mulligan! From MA to NH, Kevin has brushed his way to organizing events and clearing our trails.

Ski - As a midfielder, Barbara Hathaway, has made a huge impact on SEM’s Ski Program. Under her leadership the Ski Committee was brought back from the edge of oblivion. Whether skiing downhill or cross-country, Barbara has her goggles and poles at her side.

Biking - With our expert Bowler, Joe Tavilla, we can expect to go long distances. He is returning to make sure the wheels turn consistently. Joe has initiated a popular Easy Rider program to introduce newer bike riders to the joys of the road.

We could not do without Past-Chair Wayne Anderson, as Manager. We rely on his insight and knowledge of the past to help us work as a cohesive team. It is through his guidance that I hope, even though we may all be playing different games, the ideal of playing on one team will prevail to make our Chapter stronger.

VOLUNTEERS NEEDED!
Volunteers needed to bring paper cups to meetings. (Oh, and to do many other things too!)
SEM has many opportunities to make a difference in the AMC’s ideals of recreation, education, and conservation.
Contact Jim Plouffe, YOUR Chapter Chair, to find out how you can make a difference!
chair@amcsem.org
Meeting Events Calendar

**SEM Executive Board Meetings (6:30 pm)**
Mar 09--Sunshine Café, Rt. 44, Lakeville
Apr 13--Bourne Community Center
May 11--Sunshine Café, Rt. 44, Lakeville
Jun 08--Bourne Community Center
(contact chair@amcsem.org for more info)

**Hike Planning Meetings (6:30 pm)**
Mar 02, Jun 01 Sunshine Café, Rt. 44, Lakeville
(contact hikingchair@amcsem.org for more info)

SEM Short Notice E-Mail Trip List — Find out about late-breaking chapter activities not appearing in the Breeze, the outdoors, or the online trip listings. Visit amcsem.org to sign up.

Where can I find AMC SEM activities?
1. Breeze (arrives in your mailbox, or electronically)
2. amc outdoors magazine (arrives in your mailbox)
3. Online trip listings: www.amcsem.org (“schedules”)
4. SEM short notice email list: www.amcsem.org

**SUMMER BREEZE DEADLINES** (covers Jun, Jul, Aug):
Apr. 07 trips; Apr. 15 articles, pictures

**SUBMIT PIX TO OUR WEBSITE!**
Send them to webmaster@amcsem.org.

SEM VOLUNTEER OPPORTUNITIES
Curious about the inner workings of your chapter? Volunteer for the Executive Board! Have technical skills? Volunteer for our website! Have writing/editing skills? Volunteer for The Breeze! Like kids? Volunteer for CYP! Want to get out more? Volunteer to lead a hike, bike, or paddle! We have lots of volunteer positions open! Please contact chair@amcsem.org if you’d like to get more involved with the chapter.

FIND US ON FACEBOOK!
FOLLOW US ON TWITTER!
CHAPTER WEBSITE: www.amcsem.org

AMC ACTIVITY PARTICIPATION POLICY
AMC encourages involvement in its mission and activities through its membership, programs, policies, and procedures. Our goal is to be a community that is comfortable, inviting, and accessible for people of any age, gender, race, religion, ethnicity, ability, sexual orientation, or socioeconomic status. Some AMC programs are designed for a certain age range of members or for a special activity or topic. However, any person who meets the minimum qualifications (age, skills, experience, fitness) established by the trip leader(s) for an activity is eligible to attend, if space is available. Individuals under 18 must be accompanied by a responsible adult. All participants in AMC activities are required to sign the AMC waiver form provided by the leader. Preview the waiver at: amcsem.org, Forms.

Appalachian Mountain Club
Southeastern Massachusetts Chapter (SEM)

**2011 Executive Board & Staff**
Chapter Chair chair@amcsem.org
Jim Plouffe, 508-562-0051
Vice Chapter Chair vicechair@amcsem.org
Luther Wallis, 508-923-1935
Past Chapter Chair pastchapterchair@amcsem.org
Wayne Anderson
Treasurer treasurer@amcsem.org
Leslie Carson, 508-833-8237
Secretary secretary@amcsem.org
Karen Singleton, 508-730-7701

Biking bikingchair@amcsem.org
Joe Tavilla, 508-428-6887
Biking (Vice) bikingvicechair@amcsem.org
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Canoe/Kayak paddlingchair@amcsem.org
George Wey, 781-789-8005
Canoe/Kayak (Vice) xxxxxx@amcsem.org
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Cape Hiking capehikingchair@amcsem.org
Pat Sarantis, 508-430-5965
Cape Hiking (Vice) capehikingvicechair@amcsem.org
Bill Vickstrom, 774-454-7386
Communications communicationschair@amcsem.org
Cheryl Lathrop, 508-668-4698
Comms. (Vice) xxxxxx@amcsem.org
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Conservation conservationchair@amcsem.org
Joanne M. Jarzobski, 508-212-4427
Conservation (Vice) conservationvicechair@amcsem.org
Maureen Kelly, 508-224-9188
CYP Chair cycoordinator@amcsem.org
Sally Delisa, 781-834-6851
Education education@amcsem.org
Mike Woessner, 508-577-4879
Education (Vice) educationvicechair@amcsem.org
Open
Hiking hikingchair@amcsem.org
Chris Pellegrini, 508-244-9203
Hiking (Vice) hikingvicechair@amcsem.org
Walt Granda, 508-971-6444
Membership membershipchair@amcsem.org
Len Ulbricht, 508-359-2250
Membership (Vice) membershipvicechair@amcsem.org
Open
Skiing xcskichair@amcsem.org
Barbara Hathaway, 508-880-7266
Skiing (Vice) xcskivicechair@amcsem.org
Farley Lewis, 508-775-9168
Trails trailchair@amcsem.org
Kevin Mulligan
Trails (Vice Chair) trailvicechair@amcsem.org
Open

Social Chair Jodi Jensen, 781-762-4483
Social Networking Susan Salmon (moderator)
Webmaster Bill Denismon, webmaster@amcsem.org
Asst. Webmaster Kerry Grenier, asstwebmaster@amcsem.org
Web Proofreader Kate Patrolia

The chapter includes ~3,500 members throughout Barnstable, Bristol, Dukes, Nantucket, and Plymouth counties of Massachusetts.

MOVED? Send your new address to: AMC, 5 Joy St., Boston, MA 02108. Or the Member Center at www.outdoors.org, membercenter, or 800-372-1758.

NON-SEM AMC MEMBERS: Want the quarterly Breeze newsletter? Send your address & a $10 check payable to “AMC SEM” to: Leslie Carson, ATTN: Non-Member Breeze Subscription, 64 Mill Road, East Sandwich, MA 02537.
WAYNE ANDERSON, Past Chapter Chair, SEM (2009-2010)

Joining the AMC in 2002 and working his way up the leadership ladder in just a short period of time, Wayne Anderson has exhibited an enthusiasm that has benefited both the Southeast Massachusetts Chapter and the AMC as a whole. Becoming the Vice Chair of the Hiking Committee in 2006 and proceeding up to Hiking Chair in 2008, and then Chapter Chair in 2009, Wayne has shown his commitment to recreation, education, and conservation, the three most important values that the AMC holds.

Wayne’s accomplishments include:
- The establishment, under his leadership, of the SEM CYP committee, first as an Ad Hoc Committee and subsequently, as a permanent committee within the Chapter By-Laws
- Established and helped maintain the widely acclaimed SEM annual trip to Cold River Camp.
- Has been resourceful in trying to bring together several of the committees in various group activities (biking/paddling/hiking) for our Chapter-wide events, Chapter Hut Weekend and Spring Bash, while encouraging individual committees to bring in new leaders for beginning recreation activities. One success story is the newly developed Easy Riding Series in the SEM Biking Committee.
- Has always been very encouraging and patient with new hikers. Listens and instructs new attendees with an understanding temperament.
- Very generous with his time, opening up his house for meetings and his business to have workshops, such as winter hiking workshops and other various leadership education.

In his personal life, Wayne has adopted his own trail in the White Mountains, leads his granddaughter on hikes, and volunteers his time to do trail maintenance in the Blue Hills Reservation of Massachusetts. While trying to figure out how Wayne fits all this into a normal day, the SEM Chapter is deeply indebted to him for his dedication and determination to make this Chapter even better than it already is.

By Jim Plouffe, current Chapter Chair (2011)

UP FOR ANOTHER RED LINING PROJECT? In case you get tired of Red-Lining the Blue Hills—there are 1,420 mi of trails to cover in the White Mountains! Hike every trail in the AMC NH White Mountain Guide Book! Patches and certificates awarded to all finishers. See the GRID WEBSITE: www.48x12.com

The SEM Communications Committee has an opening!
Vice Communications Chair – Attend executive board meetings to watch and learn; and help the Chair publish the Breeze and oversee the chapter website for 2011. Then take over as Communications Chair in 2012 and oversee a wonderful staff of webmasters, editors, and proofreaders! Contact: communicationschair@amcsem.org.

NEW HIKE LEADER PROFILE: BILL VICKSTROM

Q: When did you join the AMC? Sometime in the 1990s. Growing up, my parents were members of the Worcester Section so I did a few activities with that chapter when I was younger.
Q: Why do you hike? I like to be outside and experience nature, good scenery, enjoy great company, get exercise and also to explore new places that can only be best reached on foot. Having a desk job, I appreciate every chance to get out.
Q: What is your hiking and outdoor experience? I have been an enthusiastic hiker since my early years. My father was an avid hiker and I remember climbing Mt. Wachusett when I was five and also doing many hikes with him.
Q: Why did you want to become an AMC hike leader? I have always led hikes with small groups and the AMC offered the chance to share some of my experiences on a larger scale. After participating in the Red Line Blue Hills series for several years, I decided it was time to step up and take AMC’s Leadership Training Program.
Q: Do you have a favorite hike or favorite hiking story? I have a lifetime of memorable hikes but the ones that stand out above all others were trips in Grand Canyon, Zion and Bryce Canyon National parks and also in Sedona, AZ.
Q: What is the one hiking adventure you dream of? I would like to hike in more of the national parks, with Yosemite Half Dome being at the top of my list.
**SEM 2000 MI CLUB -- 12/31/2010**

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**ALL 48 NOW COMPLETE !**

On January 15, 2011, Dexter Robinson completed, in winter, the summiting of all 48 of New Hampshire’s 4000 footers. The final hike was to Mt. Passaconaway in the southern White Mountains. He celebrated this event with friends, most of whom are SEM winter hikers. Dexter’s most difficult winter hikes included Mt. Adams, requiring 4 attempts, and Mt. Isolation, a 2-day overnight backpack. He notes that the winter list is a challenge given the limited 3 month window of opportunity, variable weather, ground conditions, and required equipment.

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**WINTER FUN**

**White Lining.** January 2011, first “White Lining” hike in the Blue Hills. White Lining is Red Lining (RLBH) in the winter!

**Gunstock downhill ski trip.** Lake Winnipesaukee is in the background. Skiers: Brian Kelly, Hagit Moverman, and Susan Krumholz.
When the family insists you get your hiking stuff out of the living room on Christmas Day! They look happy enough. But, we can’t believe they’re warm in their non-high-tech clothes!

Share Skills With Youth  Become a Volunteer Leader with the Chapter Youth Program (CYP) of AMC SEM. The spring training workshop is scheduled soon! Our group works with facilities to plan and lead children in outdoor activities. If you’re interested in the gratifying experience of getting kids out on the trails and discovering nature, please contact the SEM CYP Chair for workshop details.  cypcoordinator@amcsem.org

MEMBERSHIP OPEN HOUSE  for New, Prospective, and Armchair Members

Pot Luck dinner  
Saturday March 19, 2011

- Introduce new members and those considering joining AMC to SEM’s outdoor activities and special events. Find out how to get started. Armchair members who would like to resume participation in activities are welcome.
- Socialize with members and volunteer leaders. You may meet a familiar face on your first trip.
- Get your feedback – what works, what doesn’t. What are your interests and ideas?
- Invite a friend or neighbor to learn about AMC and our SEM chapter.
- Bring a pot luck dish to share.
- Centrally located for on-Cape and off-Cape residents. Plenty of parking.

The Bourne Community Center  
239 Main Street, Buzzards Bay, MA 02532  
Plan on arriving between 5:30-6:00 pm with your dish to share.  
Registration required, space is limited.

Please register with Len Ulbricht at membershipchair@amcsem.org or 508-359-2250.

FIND US ON FACEBOOK!  
FOLLOW US ON TWITTER!  
CHAPTER WEBSITE: www.amcsem.org
WASTE NOT WANT NOT

By Susan Salmon

Did you know?

- The amount of wood and paper we throw away every year is enough to heat 50,000,000 homes for 20 years.
- The U.S. comprises 5% of the world’s population yet we generate 40% of the world’s waste.
- A ton of glass produced from raw materials creates 384 lbs of mining waste and 27.8 lbs of air pollution.
- Using 50% recycled glass cuts the mining waste by 75% and reduces the air pollution by 14-20%.
- Americans throw away enough aluminum every three months to rebuild our entire commercial air fleet.
- Aluminum can recycling saves 95% of the energy needed to make aluminum from bauxite ore.
- Recycling plastic saves twice as much energy as burning it in an incinerator.
- Styrofoam (polystyrene) is not recyclable; it cannot be made into new Styrofoam. A cup in a landfill today will still be there 500 years from now.
- Energy saved from recycling helps the environment by reducing energy related pollution and greenhouse gas emissions.

You can make a difference!

- Reduce your waste by avoiding the use of single use bottles, coffee cups, and bags.
- Bring reusable bags when shopping.
- Don’t leave the water running while brushing your teeth or washing dishes.
- Replace the most often used light bulbs in your home with compact fluorescent light bulbs (CFLs). If every household did this, electricity used for lighting would be cut by half!
- Use it up, wear it out, make it do, or do without.
- Recycle.

We will miss: Carrie Priscilla Dobson

Carrie Priscilla Dobson of Harwich, previously of North Falmouth, died November 20, 2010, after a long battle with carcinoid cancer. She had been a Cape Cod resident since 1968. Carrie was a volunteer for Cape Cod Museum of Natural History, Wild Care, Inc., Cape Playhouse, Fresh Air Children’s Program, Brewster in Bloom, Harwich Council on Aging Travel Desk, a board member of Cape Cod Opera, a past board member of Opera New England of Cape Cod, a past board member of Cape Cod Women’s Organization, a longtime member of Polly’s Place Cancer Support Group, and a past canoe/kayak chair for AMC SEM. Carrie swam daily and was an avid kayaker. Donations may be made to the Carcinoid Cancer Foundation, Inc.
CHAPTER ACTIVITIES

CLUB-WIDE ACTIVITIES
Apr. 29-May 1 SPRING FLING

CHAPTER-WIDE ACTIVITIES
Mar. 19 OPEN HOUSE
Mar. 26 LEADERSHIP TRAINING
Apr. 2,3 WILDERNESS FIRST AID
Sep. 22-25 CHAPTER HUT WEEKEND

NOTE ACTIVITIES MARKED FOR:
FT = First Timer  NM = New Member

FULL LIST at AMCSEM.ORG

HIKING / BACKPACKING

Rating codes (e.g. C4D): first letter indicates distance in mi, middle number indicates pace, second letter indicates terrain.

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<td>2 = fast (2)</td>
<td>B = strenuous</td>
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<td>3 = moderate</td>
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<td>C</td>
<td>4 = leisurely</td>
<td>D = easy</td>
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IMPORTANT: No pets w/o prior permission of trip L. Under 18 yrs must be accompanied by parent or responsible adult. & obtain prior consent from L. Those accompanying a minor are responsible for minor’s actions. Reg. req’d for most hikes, preferably at least 1 wk prior to trip so Ls can discuss prior hiking exp., conditioning, clothing, & equipment.

(CE) Thu., Mar. 3 Walkabout Trail, George Washington Management Area, RI (B3C). Hike 6 mi with lunch stop. NOTE Registration reqd. L/R Art Hart (508-888-2847 9am-9pm, ajhart32@comcast.net)

Sat., Mar. 5 Snowshoe Series #4. Intermediate/Advanced - Excellent snowshoeing up Channpney Falls Trail to Middle Cutoff. Good views of Mt. Chocorua. L/R Leslie Carson (508-833-8237 after 6pm, ltc829@comcast.net), CL M. Kelly

(NM) Thu., Mar. 10. Thursday Morning Blue Hills (B3C). Perambulate Buck Hill with side trip to summit & views of Boston & Mass Bay. 5 mi on lesser traveled trails. No difficult ups or downs. 10 am start at Houghtons Pond parking lot. Stabilizers if icy. Rain cancel. L Len Ulbricht (508-359-2250 before 8pm, lenulbricht@comcast.net)


(FT) (NM) Thu., Mar. 17. Hiking Allens Pond (B3C). Meet 10:00am, Allens Pond Wildlife Sanctuary. Req. equipment. hiking boots, rain gear, water & snacks or lunch. Heavy rain will cancel. Snow or ice will require yaktrak or stabilicers. L Walt Granda (508-999-6038 before 9:00pm, wlgrranda@aol.com)

Sat., Mar. 19. Moose Hill Sanctuary - Sharon. Meet at 9:45 Sanctuary HQ. Walk the Vernal Pool, Hobbs Hill & Bluffs Loops. Bring lunch . L Bill Vickstrom (774-454-7386 7-9PM, wrvick@aol.com), R Bill Vickstrom (11 Ashberry St, Plymouth, MA 02360, 774-454-7386 7-9PM)

Thu., Mar. 24. Boyden Wildlife Refuge/Westville Conservation, Taunton (C3C). Boyden Wildlife Refuge, 1298 Cohanhell St & Westville Conservation Area, Taunton. Meet 10AM. Scenic trails by river. Rain cancel. L Barbara Hathaway (508-880-7266 before 9pm, barb224@tmlp.net)


Thu., Mar. 31. BCT Sherborn Forest/Rocky Narrows (B3C). 10 am start. 6+ mi. Mostly level with an up/down section. Group size limited. Contact leader for details. L/R Len Ulbricht (508-359-2250 before 8pm, lenulbricht@comcast.net)

Apr. 2-3 Wilderness First Aid course

Thu., Apr. 7. Myles Standish State Forest, South Carver (B3C). Meet 10AM at Ranger Station parking lot for a 5-6 mi loop hike. Water, snacks, boots. Rain cancel. See web for directions. L Ellie MacPherson 508-224-6465, ellieiacmp@comcast.net.

(NM) Sat., Apr. 9. Mount Holyoke Range (B3B). Hike along the Metacomet-Monadnock Trail from Mt Holyoke trailhead to Mt Norwottuck. L/R Walt Granda (508-999-6038 before 9pm, wlgrranda@aol.com), CL Steve Long (ds2long@comcast.net)

(FT) (NM) Thu., Apr. 14. Red Line the Blue Hills (C3C). Hike 6-8:00pm Thursdays at different locations in the Blue Hills. Register once then show-up. Red-line,your map, or just come for fun. Very social group. Moderate pace. L Joe Keogh (RLBH_leader@amcem.org), L Maureen Kelly, L Michael Swartz, L Ellen Correia, R Jodi Jensen (781-249-8346 early evening, RLBH_registrar@amcem.org)

Thu., Apr. 14. SEM Hike, Lakeville, MA (B3C). Registration req’d. Number of participants limited. 7-8 mi walk thru pine woods along lake shore to local conservation area at Betty’s Neck. Call for meeting place & time. Bring lunch, water, sturdy hiking shoes/boots. May have some wet spots. L/R Elsie Laverty (elavmca@tmlp.com)(23 Macy St., Raynham, MA 02767, 508-823-0634 before 9pm)

(SM) Sat., Apr. 16. Mount Kearsage (C3C). Bare summit with views in all directions. 10:30 start at trailhead. Carpooling recommended. Registration req’d. L/R Len Ulbricht (508-359-2250 before 8pm, lenulbricht@comcast.net), CL Peter Sharpe (774-254-5013, sharpep12@hotmail.com)

Sun., Apr. 17. Fast & Hilly (B2B). Hike the North - South loop & Buck Hil of Skyline Trail fast. Meet at 8:45a. L/R Maureen Kelly (508-224-9188 before 8pm, MoKel773@aol.com)


Thu., Apr. 21. Red Line the Blue Hills (see Apr 14)

Thu., Apr. 21. 2 For 1: Fort Barton, Weetamoo Woods, Tiverton, RI (B3D). Great view of Mount Hope Bay; some stairs on steep hills, boardwalks in low areas. Lunch at Weetamoo Woods. Meet 10am at foot of Ft. Barton. L Barbara Hathaway (508-880-7266 before 9pm, barb224@tmlp.net)

Sat., Apr. 23. Ipswich River Sanctuary - Topsfield. Hike thru wetlands, fields & forests, eskers, & along wandering river. Meet at 9:45 at HQ. Bring lunch. L Bill Vickstrom (774-454-7386 7-9 PM, wrvick@aol.com), R Bill Vickstrom (11 Ashberry St, Plymouth, MA 02360, 774-454-7386 7-9 PM)

Thu., Apr. 28. Red Line the Blue Hills (see Apr 14) Thu., May. 5. Red Line the Blue Hills (see Apr 14)

Thu., May. 5. Blue Hills Quarry Walk, 651 Willard St, Quincy (B3C). Meet 10 AM She A Rink parking lot. 5-6 mi with some rocky ledges; boots, water, snack. See web for directions or call L Ellie MacPherson, 508-224-6465, ellieiacmp@comcast.net, cell 978-478-7106. Storm cancels.

Sun., May. 8. Fast & Hilly (B2B). Hike the North - South loop & Buck Hil of Skyline Trail fast. Meet at 8:45a. L/R Maureen Kelly (508-224-9188 before 8pm, MoKel773@aol.com)
Thu., May. 12. Red Line the Blue Hills (see Apr 14)

Thu., May. 12. Thursday Morning Hike: Redemption Rock. Slow-paced hilly woods walk along Mid-State Trail from Redemption Rock to Crow Hill. 6 mi hike. Lunch atop Crow Hill. L Jerry Yos (781-935-4647 before 11pm)

(L) (NM) Sat., May. 14. Summer Series Hike #1 Blue Hills (B3C). 6-7 mi conditioning hike for Summer Series. First timers have the opportunity to learn safe hiking practices. L/R Walt Granda (508-999-6038 before 9pm, wgranda@aol.com), CL Maureen Kelly (502-224-9188 4-8pm, mokel773@aol.com) SAVE THE DATE: June 4 Hike #2 Monadnock. Aug 13-14 weekend hiking.


Thu., May. 19. Red Line the Blue Hills (see Apr 14) Thu., May. 26. Red Line the Blue Hills (see Apr 14)

Thu., May. 26. North Hill Marsh (C3C). Th. morning C-3-C. Variety of trails & wildflowers. Meet 9:45 in parking area. L Sally Delisa (781-834-6851 before 9:00pm, delissasally@yahoo.com)

Sat., May. 28. Skyline End-to-End (A3C). Springtime hike on Skyline. Hike starts at Royal St. & ends at Shea Rink. L/R Chris Pellegrini (508-244-9203 6-9pm, chrispellegrini@yahoo.com)

CAPE COD HIKES

Most Cape Hikes are “Show & Go.” For additional info, contact trip Leader/Co-Leader (L/CL) or visit trips.outdoors.org. (Set Committee to “Cape Hikes.”)

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Thu., Mar. 3. East Falmouth-Mashpee, Quashnet River (C3C). Walk in upland woods alongside pretty stream. From Mashpee rotary, Rte 28N to Falmouth 2.1 mi, take R on Martins Rd to parking area. 2 hours. Meet 9:45. If rain/snow forecast, contact L L John Gould (508-540-5779, jghould@comcast.net)

Mar. 5. Truro. High Head: Dune Shacks (B3B). Meet 9:45 at parking lot by bike trail on High Head Rd. Hike dunes & beach from High Head to the eastern-most dune shacks & back. Breathtaking views of the dunes, ocean & cranberry bogs. 3 1/2 hrs. Bring lunch. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Sun., Mar. 6. Falmouth, Beebe Woods (C3D). Thru woods, past ponds & farm with sheep/lambs/lambs. Meet 12:45 - 2 hours. Route 28 South then 0.6 mis past hospital lights to right on Depot Avenue. Continue 0.4 mis up hill. If rain or snow forecast contact leader. L L John Gould (508-540-5779, jghould@comcast.net)

Thu., Mar. 10. Eastham-Coast Guard Beach (C4D). Easy hike thru woods & marshes. Nice views of Nauset Marsh & Atlantic Ocean. Meet at Salt Pond Visitor Center off Rte 6 at 9:45AM. 2 hrs. L Farley Lewis (508-775-9168, farlewiss@comcast.net)


Sun., Mar. 13. Mashpee South Cape Beach (C3C). Flat hike thru woods for 2mi., then 2mi. on sandy peninsula. From Mashpee rotary, take Great Neck Rd. south 2.7mi., left on Great Oak Rd. Follow to town beach pkg. Meet at 12:45. 2hrs. Conditions dependent-email leader. L Gary Miller (508-540-1857, Garymaxx@verizon.net)

Thu., Mar. 17. West Yarmouth, Sandy Pond (C3C). Route 6, Exit 75 to left on Camp Street, then left on Buck Island Rd. Left at Sandy Pond Recreation Area. Meet at 9:45am. 2 hrs. L Janet Kaiser (508-432-3277, jtkaiser@comcast.net)

Mar. 19. Whales, Whales: Provincetown (B3B). Meet 9:45 upper parking lot Race Pt Beach. Walk soft sand thru dunes to Race Pt lighthouse. 31/2 hrs walk. extra time to watch for whales. Bring lunch & bins. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Sun., Mar. 20. Brewster, The Punkhorn (C3C). Woods,ponds. Rte 6, Ex 10, L on Rte 124 to L, L on 6A 1.2 mi, L on Stony Brook Rd 0.6 mi, L on Run Hill Rd 1.3 mi Lot on L. Meet 12:45; 1:00 start. 2 hrs. L Pat Sarantis (508-430-9965, patsarantis@gmail.com)

Thu., Mar. 24. Dennis Crowe to Crowe Loop (C3C). 2hr. hike. Paths, beach, quiet Rds. Meet 9:45am. From Rte 6, exit 9 onto Rte 134N to Rte 6A. R on 6A, L onto School St., then R onto South St. to lot on R past cemetery. L Maria Sylvester (508-385-4045, sylvester_maria@hotmail.com)

Sat. Mar. 26. Leadership Training,

Sat., Mar. 26. Great Island Wellfleet (B3C). Great island Wellfleet Meet 9:45 at Great Island parking lot on Chequesett Rd in Wellfleet. This will be a 4 hour beach hike out to Jeremy Point. Great bay views & Wellfleet Harbor. L Bill Vickstrom (774 454-7366 7-9pm, wvrick@aol.com)

Sun., Mar. 27. Brewster Nickerson State Park (C3C). End of winter woods walk. Route depending upon ground conditions. Meet 12:45 Nickerson State Park entrance pkg lot on Rte 6A. Two hours.

Thu., Apr. 4. Barnstable-Bridge Creek Conservation (C3D). Flat terrain, cedar upland, maple swamp & salt marsh. bogs, stone walls. Meet at 9:45am. 2 hrs. Rte 6 to Exit 5. North on Rte 149...park along grass triangle on immediate left beside West Parish Church. L Farley Lewis (508-775-9168, farlewiss@comcast.net)


Sun., Apr. 17. Harwich, Herring River (C3C). Wooded, Herring may be running. Rte 6, R on 124. 2 mi to Ctr, R on Main St/Gr Western 2 mi to Sandy Pond lot on R. Meet 12:45; 1:00 start. 2 hrs. L Pat Sarantis (508-430-9965, patsarantis@gmail.com)


Sat. Apr. 30. Provincetown: Snail Rd Dunes (B3B). Meet 9:45am at Snail Rd trailhead on Rte 6, east end of Provincetown. Dunes, dune shacks &

Snow/rain cancels. Doubt? Call leader. L Janet DiMattia (508-394-9064, janetdi@verizon.net)


Set Committee to “Cape Hikes.”
cranberry bogs with 360-deg, views! 3.5hrs. Bring lunch & binoculars! L Nancy Braun (508-487-4004, nancyturco@comcast.net)

Sun., May. 1. Sandwich: Benjamin Nye Trail (C4C). Former game farm/fish hatchery. From Rt 6, Ex 4 N on Chase Rd for 1/2 mi, L on County Rd. @ 1 mi park across from Grange Hall. 2 hrs, meet @ 12:45 pm. L Nancy Wigley (508-548-2382, nwigley@verizon.net)

Sat., May. 7. Pochet Island. Meet at 9:45 at S end of Nauset Beach parking lot. Hike along remote beach to Pochet Island. L Bill Vickstrom (774-454-7386 7-9pm, wrvick@aol.com). Contact leader for directions.

Sun., May. 8. Brewster: Nickerson State Park (C3C). Mother's Day walk around ponds, woodland trails, few hilly sections. Meet 12:45. Enter State Park from rte 6A in Brewster. Main rd to L on Flax Pond Rd. to pkg at end of Rd. Two hours. Heavy rain cancels. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

Thu., May. 12. Mashpee South Cape Beach (C3C). Flat hike thru woods for 2mi., then 2mi. on sandy peninsula. From Mashpee rotary, take Great Neck Rd. south 2.7mi., left on Great Oak Rd. Follow to town beach pkg. Meet at 9:45am. 2hrs. L Gary Miller (508-540-1857, Garymaxx@verizon.net)

Sun., May. 15. Truro, Bearberry Hill (C3C). Sand path w hilltop 360 view. Rt 6 to Pamet Rd, R off ramp, L on S Pamet Rd to beach pkg lot. Meet 12:45; 1:00 start. 2 hrs. L Pat Sarantis (508-430-9965, patsarantis@gmail.com)

Thu., May. 19. Wellfleet Great Island Hike/Picnic (C3C). Hike around Great Island. 2hrs. End-of-year picnic follows. Bring small lunch & something to share (veggies, dessert, etc.) Meet at 9:45am at Great Island pkg. lot on Chequesett Rd. in Wellfleet. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

Tue., Jun. 14. Full Moon Hike: West Dennis Beach (C4C). Rte 6 Exit 9A S Rte 134, go straight, cross Rte 28, go to end, turn Right. 0.5 mi turn Left to beach pkg near rotary. Meet 7 p.m. < 2 hr janet kaiser 508 432 3277. L Janet Kaiser (508-432-3277, jkaiser@comcast.net)

BIKE RIDES

NOTE: Approved helmets, water bottles, & spare tires req’d. If start time & location aren’t indicated, contact ride leader (L).

NOTE: for additional SEM bike rides, check AMC Outdoors, visit www.amcsem.org, or use the AMC online trip listing system: trips.outdoors.org (set Committee to “Biking” & Chapter to “Southeastern Mass.”), or sign up for the SEM Short Notice list: www.amcsem.org.

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WANTED: Ride Leaders & Co-Leaders. Enthusiastic about cycling? Like showing others your favorite roads? If yes, then share your enthusiasm & routes w/your fellow AMC members! Contact Bike Chair Joe Tavilla (508-428-6887, SilverSkigEarthlink.net) for more info.

AMC SEM 2,000 Mi Club. Our unique 2,000-mi Club! Certificates of achievement & embroidered award patches are presented annually to members who ride 2,000 mi or more per year. Contact the bicycling chair to req. your img & for more info. L Joe Tavilla (508-428-6887 7-7, bikingchair@amcsem.org).

Turn Those Tires on Tuesday

Rides scheduled all year long, weather permitting. 25 mi of Rd or 15 mi of mtn. biking. Tues. at 2 p.m. Flat to hilly. Contact L for start location & directions. Intermediate.-paced. Riders & bicycles in top shape; tires & riders pumped & ready to roll; helmets & water req’d. L Paul Currier (508-833-2690 8 am-7 pm, pbencourier@hotmail.com)

Tue., Mar. 1. Scenic Cycling On Cape Cod. Great views & occasional stops at unique & interesting spots. Intermediate pace/24 mi/2hrs. L Paul Currier (508-833-2690 8am-7pm, paulcurrier@comcast.net)

Tue., Mar. 8. Scenic Cycling On Cape Cod. Great views & occasional stops at unique & interesting spots. Intermediate pace/24 mi/2hrs. L Paul Currier (508-833-2690 8am-7pm, paulcurrier@comcast.net)

Tue., Mar. 15. Scenic Cycling On Cape Cod. Great views & occasional stops at unique & interesting spots. Intermediate pace/24 mi/2hrs. L Paul Currier (508-833-2690 8am-7pm, paulcurrier@comcast.net)

Sat., Mar. 19. Sunset/Full Moon Ride. Late day/early evening ride with scenic sunset & moonrise in the Cape Cod Canal area. Intermediate pace/flat/22 mis. L Paul Currier (508-833-2690 8am-7pm, paulcurrier@comcast.net)

Tue., May 17. Sunset/Full Flower Moon. Late day/early evening ride with scenic sunset & moon rise in the Cape Cod Canal area. Intermediate pace/flat/22 mis. L Paul Currier (508-833-2690 8am-7pm, paulcurrier@comcast.net)


Wed., Jun. 15. Sunset/Full Strawberry Moon Ride. Late day/early evening ride with scenic sunset & moon rise in the Cape Cod Canal area. Intermediate pace/flat/22 mis. L Paul Currier (508-833-2690 8am-7pm, paulcurrier@comcast.net)

Thu., Jun. 21. Scenic Cycling On Cape Cod. Great views & occasional stops at unique & interesting spots. Intermediate pace/24 mi/2hrs. L Paul Currier (508-833-2690 8am-7pm, paulcurrier@comcast.net)
Tue., Jun 28 Scenic Cycling On Cape Cod (see 3/1)

PADDLES

For info on SEM canoe & kayak trips, check AMC Outdoors, visit amcs.com, or use the online trip listing system: trips.outdoors.org, (set Committee to "canoe/kayak", set Chapter to "Southeastern MA").

Sat., Apr. 2. Leader’s Choice. Probably Sandwich Harbor or Barnstable Harbor & their creeks. L Ed Foster (508-420-7245, erfoster@comcast.net)


Sun., Apr. 3. Maasheep Wakeby Ponds. Approximately 6 mi along the shores of this pond. WETSUITS & SPRAY SKIRTS REQD. PREREGISTER FOR DIRECTIONS. L Louise Foster (508-420-7245, janelouise@comcast.net)


Sat., Apr. 16. Centerville River. 10:30 am Put in Fr Rt 28 Centerville take Old Stage S into main St. R on S Main St to L on Hayward Rd. PFD. L Bill Fischer (508-420-4137, wmbarbarafischer@comcast.net)

Wed., Apr. 20. Leader’s Choice. Paddle around some of the partially protected waters of Buzzards Bay. Location depends upon wind & water temperature. L Haven Roosevelt (508-636-0006 any time, havenesq@comcast.net)

CE Sat., Apr. 23. Indian Lakes. Approximately six miles around these lakes. WET SUITS & SPRAY SKIRTS REQD. PREREGISTER FOR DIRECTIONS. L Louise Foster (508-420-7245, janelouise@comcast.net)

Wed., Apr. 27. Long Pond, Lakeville. Leisurly 10-mi. tour around the edge of Long Pond. PFD, spray skirt & wet or dry suit reqd. Launch 10:30AM at state ramp off Rt.18, 8 mi. south of I-495 Exit 4 L Wesley Ewell (774-313-7599 7am-9pm, twofootartist@yahoo.com)

Sat., Apr. 30. Blackfish Creek & Lieutenant Island. Put-in: From Rte.6 Wellfleet turn onto Pilgrim Spring Rd. (just past the fire tower). Straight on Indian Neck Rd., right on Samoset Ave. & right on Nauset Rd. Life vest, spray skirt & wet or dry suit req. L Don Palladino (508 349 2950, dpj1958@comcast.net)

Wed., May 4. Leader's Choice. Leader's Choice, probably Sandwich or Barnstable Harbor. L Ed Foster (508-420-7245, erfoster@comcast.net)

Sat., May 7. Onset Harbor & Creeks. A leisurely 8-10 mi. tour around scenic Onset harbor & its estuaries. PFD & wet or dry suit req. Spray skirt rec. Launch 10:30AM at Riverside Dr., off Main Ave. L Wesley Ewell (774-313-7599 7:00AM-9:00PM, twofootartist@yahoo.com)

Wed., May. 11. Waquoit River/Hingham Bay Islands. Put-in: Beach.pk’g. Lot off Rt.3A just prior to Hingham Harbor rotary. Level 3 Paddle. Life vests & spray skirts req’d. L George Wey (781 789-8005, Geowey@comcast.net)

Sat., May. 14. Mill Walker Ponds,Brewster. Rt. 6, Exit 10N. L Stoney Brook Rd; L Rurn Hill Rd. To end. Lot vest req’d. L Jean Orser (508-362-0451, jeanors@aoi.com), CL Paul Corriveau (508-362-0451, paulcorn@gmail.com)

CE Wed., May. 25. Around West Island. Fairhaven,I 195 S to Rte 240 cross Rte 6 to Sconticut Neck Rd. L on Seaview(park) Spray skirt req’d. L Haven Roosevelt (508-636-0006 anytime, havenesq@comcast.net)

CE Sat., May. 28. Shoestring & Popponesset Bays. Several options, depending on conditions. 8 to 10 mi. SPRAY SKIRTS REQD, PREREGISTER FOR DIRECTIONS. L Louise Foster (508-420-7245, janelouise@comcast.net)

Wed., Jun. 1. Leader’s Choice. Probably Barnstable Harbor & Clay’s, Bass, & Lone Tree Creeks. L Ed Foster (5084207245, erfoster@comcast.net)


CE Wed., Jun. 8. Slocum River, Little River. I 195 exit 12, S Faunce Corner Rd, cross Rte 6 Old Westport Rd to Chase Rd, R on Russells Mills Rd to town park on L. L Haven Roosevelt (508-636-0006 anytime, havenesq@comcast.com)

Sat., Jun. 11. Bass River South, Dennis. Route6, Exit15, R Upper County; L Main; R Cove to Town Landing. Life vest req’d; spray skirt if windy. L Paul Corriveau (508-362-0451, paulcorn@gmail.com), CL Jean Orser (508-362-0451, jeanors@aoi.com)

Wed., Jun. 15. Great Pond to Green Pond, Falmouth. Paddle from Great Pond out to Nantucket Sound to Green Pond & back. L gifford allen (774-392-0634 anytime, gifallen@verizon.net)

Sat., Jun. 18. Oyster Pond, Oyster River, Stage Harbor, Chatham. Route 6 Exit 11S (137), L Rte 28; R Queen Anne; R Pond St to Beach. Life jacket & spray skirt req’d. L Betty Hinkley (5082414782, bhinley@mindspring.com)

Wed., Jun. 22. Westport River- East Branch. L to Rte 88 S. L at 2d light (Old County Rd. One mi to Head Of Westport Village, park on East side of river. L Haven Roosevelt (508-997-5160 any time, havenesq@comcast.net)

Sat., Jun. 25. West Falmouth Harbor to Cedar ledge Light. Put-in is West Falmouth Harbor, will proceed out to Cedar ledge Light & then back to shore for lunch. L gifford allen (774-392-0634 anytime, gifallen@verizon.net)

Wed., Jun. 29. Nauset Marsh, Eastham. 9+ Mi.Paddle. Put-in: 1.5 Mi.North from Rt.6 Eastham rotary to Hemenway on Right.Life vests & spray skirts req’d. L George Wey (781 789-8005, Geowey@comcast.net)


Sat., Jul. 9. Monks Cove to Bassets Island. Launch from Monks Cove & paddle south to Bassett’s Island for lunch. L gifford allen (774-392-0634 anytime, gifallen@verizon.net)

Wed., Jul. 13. Waquoit River. Brisk 10-12-mi. trip down the Waquoit River & into Wareham Harbor. PFD & spray skirt req. Launch 10:30AM at State ramp in rest area between Exits 20 & 21 on I-195 East. L Wesley Ewele (774-313-7599 7:00AM-9:00PM, twofootartist@yahoo.com)

Sat., Jul. 16. Leader’s Choice. Probably Southway to Monomoy Is., returning thru Stage Harbor. L Ed Foster (5084207245, erfoster@comcast.net)

Wed., Jul. 20. Slocum River-Gillette Creek. I 195 exit 12 S Faunce Corner Rd cross Rte 6 Old Westport Rd to Chase Rd, R on Russells Mills Rd to town park on L. L Haven Roosevelt (508-997-5160, havenesq@comcast.net)

Sat., Jul. 23. Follins/Mill ponds, Dennis. Route6 Exit 9N (134); L Bob Crowell; R Old Bass River; L Mayfair; L Follins Pond to end. Life vests req’d; spray skirt if windy. L Jean Orser (508-362-0451, jeannors@aoi.com), CL Paul Corriveau (508-362-0451, paulcorn@gmail.com)

Wed., Jul. 27. Quissett Harbor to Weepecket Island. Put in at Quissett Hbr., cross Woods Hole for lunch on the Weepecket Is. L Gifford Allen (774-392-0634 anytime, gifallen@verizon.net)
Sat., Jul. 30. Wellfleet Harbor & Great Island. Put-in: Route 6 in Wellfleet, left at traffic light toward Wellfleet Center. Go 0.3m. Left on East Commercial Street to Town Marina. Right on Kendrick Ave. to Mayo Beach parking on left. Life vest & spry skirt req. L Don Palladino (508 349 2950, dpj1958@comcast.net)

Wed., Aug. 3. New Bedford Harbor & Acushnet River. 195 Exit 15, Rt 18 S, after 3 lights L Cove St (4th light), to last lot in Fort Taber Park. L Haven Roosevelt (508-636-0006, havenesq@comcast.net)

Sat., Aug. 6. Walker, Upper Mill, & Lower Mill Ponds. Brewster. Route 6 Exit 10N (124); L Long Pond; L RTE 6A; L Stony Brook; L Run Hill to end. Life vests req’d. Spray skirt if windy. L Betty Hinkley (508-241-4782, bhinkley@msn.com)


Wed., Aug. 17. Allen’s Pond. Same as Slocum River but continue on Horseneck Rd. to State Park on L. Spray skirt req’d. L Haven Roosevelt (508-636-0006, havenesq@comcast.net)

Sat., Aug. 20. Leader’s Choice. Probably Pleasant Bay to North Beach Cut. & around Strong Island. L Ed Foster (5084202745, erfoster@comcast.net)


(CE) Sat., Aug. 27. Shoestring and Popponesset Bays. Several options depending on conditions. 8 - 10 mis. SPRAY SKIRTS REQD. PREREQUISITE FOR DIRECTIONS. L Louise Foster (508-420-7245)

Wed., Aug. 31. North River, Marshfield to Hanover. Put-In: Marshfield side of Union St. Bridge. Spot cars in Hanover. Level 3. Life vest req’d. Spray skirt may be req’d. L George Wey (781 789-8005, Geowey@comcast.net)


Wed., Sep. 7. Centerville River. Hayward st. put-in. See web site for directions. 10:30am. PFD req’d. L Bill Fischer (508-420-4137, wmbarbarafischer@comcast.net)

Sat., Sep. 10. Leader’s Choice. Probably Sandwich Harbor & Mill, Dock, and/or Spring Hill Creeks. Or possibly Barnstable Harbor. L Ed Foster (5084202745, erfoster@comcast.net)

Wed., Sep. 14. Onset Butternut Cove. Rt 25 exit 1 to Onset, L on 6E2/285 to Main Ave. 0.2mi L Riverside Dr. Park on grass. L Haven Roosevelt (508-997-5160, havenesq@comcast.net)

Sat., Sep. 17. Mashpee-Wakeby Ponds. Mashpee-Wakeby Ponds. Leisurely trip following shoreline. Lunch on sandy beach. PUT-IN: From Rt 28 take Rt. 130N 2 mi to R at “State Landing” sign. LEVEL: 2 LIMITATIONS: Life vest req’d. L Nancy Wigley (508-548-2362, nwrigley@verizon.net)

Wed., Sep. 21. Pocasset Harbors. A leisurely 8-mi. tour around Bassett’s Island & the harbors of Pocasset. PFD req. Spray skirt rec. Launch 10:30AM. Call for location. L Wesley Ewell (774-313-7599 7:00AM-9:00PM, twofootartist@yahoo.com)

Sat., Sep. 24. Meetinghouse Pond, Little Pleasant Bay, Orleans. DESCRIPTION: Meetinghouse Pond, Little Pleasant Bay, Orleans. PUT-IN: From Rt 28 E on Main St R to Rt. Barley Neck Rd, R at next fork (Barley Neck Rd) to town landing on R. Life vest & spray skirt req’d. L Betty Hinkley (508-241-4782 any time, bhinkley@msn.com)

Wed., Sep. 28. Swift Neck. Rt 25 W, Exit 2 R 6/28 to 6W L Swifts Beach Rd, after Lynne L Shore Ave to end. L Haven Roosevelt (508-997-5160 any time, havenesq@comcast.net)

Sat., Oct. 1. Fiddler’s Cove to Wild Harbor & Herring Brook. N. Falmouth to Old Silver Beach. Will paddle south to Herring Brook. PFD & spray skirt req’d. L giftiff allen (774-392-0634 anytime, giftallen@verizon.net)

Wed., Oct. 5. Westport River West Branch. 195 to Rt 88 S to Westport, bridge over River. R to boat ramp on River. L Haven Roosevelt (508-997-5160 any time, havenesq@comcast.net)

Sat., Oct. 8. Chase Garden Creek, Yarmouth Port. Route6 Exit 8N (Union); L RTE 6A; immediate R Center to Grey’s Beach. Life jacket & spray skirt req’d. L Paul Corriveau (508-362-0451, paulcorr@gmail.com), CL Jean Orser (508-362-0451, jeanorsens@aol.com)


Sat., Oct. 15. Indian Lakes, Marstons Mills. PUT-IN: Rt 6, Exit 5S on Rt 149 for 2.9 mis. Right onto Mistic Drive (at Indian Lakes sign); 0.7 mis to lane on right “Town Way to Water” Life vest req’d. L Nancy Wigley (nwrigley@verizon.net)

Wed., Oct. 19. Dike Creek. 195 Exit 13S, Rt 140, R on Rt 6 L Slocum Rd. At stop sign to Bridge St. R over bridge L on Smith Neck Rd. L Haven Roosevelt (508-636-0006, havenesq@comcast.net)


Sat., Oct. 29. Walker Pond. 10:30 am PFD + Wet suit/dry suit req. Spray skirt req’d. See website for directions. L Bill Fischer (508-420-4137, wmbarbarafischer@comcast.net)

TRAILS
May 21, Lonesome Trail Work

SKI & DOWNHILL

(AN) (CE) Fri., Mar. 4-6. XC Skiing, White Mountains. Boston 40+ & SEM join together at Applebrook B&B in Jefferson, NH for skiing & snowshoeing. 2 nights lodging, 2 breakfasts. 1 dinner from $85 to $180 p/p. L/R Barbara Hathaway (508-880-7266 before 9pm, barb224@tmlp.net), CL Wayne Cardoza (603-673-2518 before 9pm, wmcmac@comcast.net)


EDUCATION
Mar. 26 LEDERSHIP TRAINING Apr. 2, 3 WILDERNESS FIRST AID

CONSERVATION Watch our website!
MEMBERSHIP March 19, Open House
CHAPTER YOUTH (CYP) Watch our website!
Join us for some special conservation events to celebrate EARTH DAY in April!

For more information, please email conservationchair@amcsem.org OR check the SEM website (amcsem.org).

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The Conservation Chair is looking for volunteers to join the Conservation Committee.
If you’d like more information or to become a volunteer, please contact Joanne M. Jarzobski at conservationchair@amcsem.org

Think green - Conserve it...then reuse it...finally recycle it!
SWAP * BARTER * SELL * TRADE
HAVE OUTDOOR EQUIPMENT? NEED OUTDOOR EQUIPMENT?
The Electronic Breeze will publish free ads for members to swap/barter/sell/trade outdoor equipment. Send your ads to: communicationschair@amcsem.org. Please put "BREEZE – SWAP" in the subject line.

JOIN THE AMC!
Visit the AMC SEM chapter website: www.amcsem.org

NEWS FROM JOY STREET

***Save the date: Spring Fling at Mohican Outdoor Center April 29-May 1 -- AMC's third annual Spring Fling clubwide event at the Mohican Outdoor Center will be a fun-filled weekend featuring hikes on the scenic trails in the Delaware Water Gap, biking on the park's roads and rail-trails, a visit to the Lakota Wolf Preserve, paddling on Catfish Pond (canoes, kayaks and all gear provided!), and making S'mores around the campfire. A variety of guided activities for you to choose from will be provided throughout the weekend, and all meals are included. AMC members and non-members (families, too!) are invited. Bring your favorite musical instrument and join Mohican's own band Saturday night in playing the classics and a few originals. This will be a chance for all twelve chapters to come together just to relax and have fun - no meetings, no business agenda, just a chance to get acquainted with fellow outdoor enthusiasts from all over the Northeast. Register early by calling AMC Reservations (603-466-2727), as last year's event sold out quickly. Visit www.outdoors.org/lodging/mohican for more information on Mohican.

***Gorman Chairback Lodge and Cabins now open: use your chapter group discount -- AMC's newest destination in the Maine Woods, Gorman Chairback Lodge and Cabins, is now open. With a new "green," LEED-registered lodge, refurbished shoreline cabins, and a growing network of trails, Gorman Chairback is a great spot for hiking, fishing, paddling, skiing, and snowshoeing. Gorman Chairback is located near Moosehead Lake, surrounded by 66,000 acres of conservation land. Use your member discount, or if you are a chapter leader, take advantage of our special group discounts and services to plan a trip soon. To learn more, visit www.outdoors.org/mainelodges.
***AMC launches new lower rates for children and teens -- As part of its commitment to get more kids and families outdoors, AMC has lowered its everyday rates for children ages 3-12 and introduced a new rate for teens, who previously paid the full adult rate. Child rates at Cardigan and Joe Dodge Lodge now start at $29/night for lodging, meals, and programs, a 25% savings over 2010. Highland Center and Maine Lodge rates are now $34/night, and Hut rates are $49/night. AMC will also be rolling out a new natural playscape and program options at the Highland Center this summer. For details, visit www.outdoors.org/kidsguide.

***Calling all Teen Adventurers: AMC's 2011 Teen Wilderness Adventures catalog is now available -- These 4-27 day programs allow teens to build outdoor skills while gaining confidence in the backcountry and meeting new friends. This year, we've expanded our offerings for older teens and added new offerings such as a 27-day Maine Wilderness Adventure and an Intermediate Whitewater Kayaking Adventure. To learn more, visit www.outdoors.org/teenwilderness or visit Teen Wilderness Adventures on Facebook at www.facebook.com/teenwildernessadventures.

***AMC Mountain Leadership School: call for volunteer instructors -- Mountain Leadership School is seeking qualified individuals to expand its volunteer instructor pool. MLS is the AMC's premier outdoor leadership training program, having trained leaders for outdoors organizations for over 50 years. The MLS program consists of 5 days of experiential learning, including a summer backpack in New Hampshire's White Mountains. Each student leads the group for one shift and co-leads the group for another shift.

The MLS program relies on the efforts of our volunteer staff to provide high-quality education to those aspiring to become outdoor leaders. Instructing is personally rewarding and is a uniquely powerful way to share your outdoors leadership knowledge and experience with enthusiastic, talented, and interesting students. Instructing MLS requires excellent outdoor, leadership, and communication skills and demands energy, maturity, and commitment.

The MLS Instructor's role is to teach in both classroom and backcountry settings using a variety of methods. The instructors provide structure and tactfully share honest feedback with the student leaders. Instructors oversee the program in the field by being constantly aware of the group's situation, progress within the program schedule, and student-leader performance.

For further information about this rewarding and challenging experience, please email mlsinstructor@gmail.com.

New Spring titles from AMC Books
AMC Books are available through bookstores and outdoor retailers, or directly from AMC at www.outdoors.org/amcstore or by calling 800-262-4455. When members order directly from AMC, they receive a 20% discount and know that all proceeds go to support AMC's mission.

***"Passport to AMC's High Huts" By Ty Wivell -- Visitors to the Appalachian Mountain Club's famed huts in the White Mountains will find this compact, easy-to-carry book both a valuable guide to each of the eight huts in the AMC system and a treasured souvenir of their trip. Guests can have their passport stamped to commemorate their visit to each hut. Available in April.

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