

## SOLO 2000 Wilderness First-Aid

DATE: May 13-14, 2000

PLACE: YMCA Lyndon Center in Sandwich, MA.

### REGISTRATION TO:

Louise Desrochers, 53 Christine Lane,  
Taunton, MA 02780 (508 822-1372)  
by May 3, 2000

COSTS: Overnight \$120 for AMC members,  
\$145 for non-members (sleep in cabins, bring  
own sleeping bag, meals included are 2 lunches,  
Sat. dinner and Sunday breakfast and snacks)

Day: \$95 for AMC members, \$115 for non-  
members which includes 2 lunches and snacks

LEADERS may apply for a scholarship to the  
Executive Board by sending a request to the  
Chapter Chair. The amount of the scholarship  
will be determined by the board and published  
in the Spring Breeze. Last year it was \$70.

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## Executive Board Nominations for 2000

The Nominating Committee of the Southeastern Massachusetts Chapter of the Appalachian Mountain Club presents the following Nominees for the 2000 Chapter Executive Board. Members attending the Annual Meeting will get a chance to vote on a slate of nominees during a brief business meeting.

Additional nominations maybe made by any ten members who shall specify their candidate and the office for which they nominate. The nominations should be placed in the hands of the Nominating Committee Chairperson (Ray Butts 508 880-8597) or Chapter Secretary or mailed to either not later than 21 days prior to the Annual Meeting. Nominations can not be made from the floor except in the case of death, incapacity or withdrawal of the Nominee.

Chapter Chair.....	Dexter Robinson - Hanson
Chapter Vice-Chair.....	Anne Chace -Taunton
Treasurer.....	Joey Gallus - Cotuit
Secretary.....	Linda Wells - Bridgewater
Biking Chair.....	Connie Austin -Marston Mills
Canoeing Chair.....	Muriel Thomas -Centerville
Conservation Chair.....	Cindy Letourneau - Lakeville
Communication Chair.....	To Be Announced Soon
Hiking Chair.....	Walter Wells - Bridgewater
Education Chair.....	Bob Vogel -Marshfield
Membership Chair.....	Jennifer Simmons - Dartmouth
Skiing Chair.....	Mary DuBois-Leeson - Dartmouth
Trails Chair.....	Lou Sikorsky - Weston

### Chapter Annual Meeting is on November 13th.

The Southeastern Massachusetts Chapter's 1999 Annual meeting will be at the Fireside Grille in Middleboro. Last year, 120 members attended. Dress is informal. There will be a Social Hour and an opportunity to meet Chapter Leaders. If you are a new member who has not participated in a Chapter Activity; this will be a good chance to learn about the Southeastern Massachusetts Chapter. For more information and to register— Please see PAGE 7.

# Hiking And Backpacking

Chair Dexter Robinson 781 294-8840  
Vice-Chair Walter Wells 279-1963

Hike Rating : First character indicates distance in miles. Second Character indicates leader's pace. (average terrain) Third character indicates terrain:

#Miles	Pace mph	Terrain
AA=13+	1=v.fast/2.5+	A=v. strenuous
A=9-13	2=fast/2	B=strenuous
B=5-8	3=moderate/1.5	C=average
C=5-	4=leisurely	D=easy

Hikers unsure of their ability should try only one level higher than previously completed.

NOTE: NO PETS without permission from the trip leader. Individuals under 18 must obtain prior consent from the Trip Leader.

## Third Annual Winter Hiking Series for beginners

Attention 3-season hikers!!! Here's an opportunity to extend your hiking into the winter season. Despite what you might have heard from the news media and others, winter can be a fun and enjoyable season to hike. The views are better than summer, trails are smoother, and best of all, there are no bugs. Once again the hiking committee will be offering a series of winter hikes concluding with an overnight backpack to acquaint 3-season hikers with the pleasures of winter hiking. These will be non-technical hikes (i.e. no crampons and ice axes). You don't need to go out and purchase a lot of equipment. The kickoff to the series will be an indoor FREE workshop, Saturday, Nov. 13, 2-4:30 p.m., timed with the Annual Meeting. Call Walter Wells for more info (508-279-1963).

Sat. Oct. 2, Mt. Chocorua (B3B). A must-do mountain for everyone. Register with CL. Linda Church (495-1308, email: lchurch@whoi.edu), L. Dexter Robinson (781-294-8840, 7-9 p.m., email: dexsue@massed.net)

Sat. Oct. 9, Bus trip to NYC. Hike to U.N. and upper East Side of Manhattan. Bring lunch, water and wear comfortable, support, walking shoes. Trip goes rain or shine and limited to 12 participants. Call leaders for information and registration. L. Anne Chace, (824-8821), CL. Ray Butts (880-8597)

Sun. Oct. 10, Mt. Eisenhower (B3B). Up the Edmunds Path to the summit, back the same way. Great views. L. Richard Brech eves. (746-8189, email: brech@adelphia.net), Cl. Walter Wells (279-1963, email: wwells50@aol.com)

Wed. Oct. 13, Hike Planning meeting for January – March, 2000. Our meetings are open to all. Call Walter Wells for information/directions, (279-1963, wwells50@aol.com)

Sat. Oct. 23, Warner Trail (B3C). Edgehill St., Sharon to Foxboro. Best hike on the Warner trail. Great view from Bluff Hill. L. Steve Tulip (828-2689, 7-10 p.m.), CL. Charlie Farrell (822-2123, 7-9 p.m.)

Sun. Oct. 24, Three Easy Peaks: Doublehead, Squam & Percival (B3C). A moderate 7 mile hike with 2000 vertical feet spread over the three peaks. Provides "one of the finest views in the Squam range." See Squam Lake as the sailors never have. Also includes boulder caves! A nice hike for those working there up to the 4000 footers. Register w/ CL: Cindy Letourneau (947-5533 7-9 P.M. email: cletourneau@state.ma.us), L. Bob Vogel (238-7732 email: rvogel@mediaone.net)

Sunday, Oct. 31, Quabbin Reservoir (C3C). Mixed woodlands hike, walk past beaver pond. Possible exploration of rock caves. Good for beginners. L. Linda Wells (279-1963, wwells50@aol.com, 7-10 p.m.), CL. Steve Tulip (828-2689, 7-10 p.m.)

Sat. Nov. 6, Borderland State Park.(B3D). Pleasant hike through woods and around ponds. L. Bruce Dunham (587-0679), CL. Richard Jussaume (285-8940)

All area Codes are 508 unless Noted

Sat. Nov. 13 Introduction to Winter Hiking Workshop, 2-4:30 p.m. Middleboro Unitarian Church basement. Call Walter Wells to register and/or information/directions, (279-1963, 7-10 p.m., email: wwells50@aol.com)

Sun Nov. 14, IT'S OH SO CLOSE! Sandwich Dome 3993' (B3C). It's ALMOST a 4000 foot peak! (And is on the 100 highest list.) Come climb this peak and enjoy the fine views. You will definitely be ready to move up to the 4000 foot peaks next year! (2600 vertical feet) L: Bob Vogel (238-7732 email: rvogel@mediaone.net) CL: Paul Vermette (603-598-6623 email: pvermette@aol.com)

Sat. Nov. 20, Little Quittacus Pond and Great Quittacus in Lakeville and Rochester (B3D). Hike on mostly on old fire roads. Includes causeway to island. Approximately 4 hours. L. Elsie Laverty (823-0634, email: elavmca@aol.com)

Sat. Nov. 27, Hill, Sharon Moose (A3D). Multi-loop through oldest Audubon Reservation – scenic ledges with great views. Register with co-leader. L. Louise Desrochers (822-1372, email: LouiseDes@tmlp.com), CL. Dick Carnes (781-871-5764, 7-9 p.m., email: poorich46@aol.com)

Sat, Dec, 4, Winter Hiking Series, Part 1, Greeley Ponds, NH (B3C), Kickoff to the winter hiking series. Snowshoe to ponds. We'll try out part of the Osceola trail as conditions allow. L. Walter Wells (279-1963, 7-10 p.m., email: wwells50@aol.com), CL. Charlie Farrell (822-2123, 7-9 p.m.)

**Hiking - (Continued on page 3)**



SEM Hikers at the summit of Mt. Osceola (4340 ft). This hike was part of the 1999 Mountain Hiking Series.

## Hiking - (Continued from page 2)

Sun. Dec. 12, Carter Hut (B3B). Nineteen-Mile Brook trail to Carter Hut. Winter conditions will likely require extra gear. L. Jeff Lerman, 617-926-1298, email: jelerman@shore.net), CL. Dick Carnes (781-871-5764, 7-9 pm. or poorich46@aol.com

Sun. Dec 12, Borderland State Park - The Outback (B2D). Come explore the outback of Borderland, far from the crowded ponds. Visit Moyle's Quarry on this brisk hike designed to keep us warm. Reg. w/ CL Erika Bloom (996-3290 6-9 p.m.) L. Bob Vogel (238-7732 email: rvogel@mediaone.net)

Sat. Dec. 18, Chickatawbet, Blue Hills (B3C). Good for people who can do 5 level miles trying uphill for the first time. Great views. Register with co-leader. L. Dexter Robinson (781-294-8840, 7-9 p.m., email: dexsue@massed.net), CL. Dick Carnes (781-871-5764, 7-9 p.m., email: poorich46@aol.com)

### Family Hikes:

Family Hikes are intended to bring adult and child family members together to experience the joys of backcountry foot travel. Anyone interested in participating on a Family Outing committee please call chair. Richard Brech for information (746-8189)

Sat. Oct. 9, Worlds End, Hingham, B3D. Scenic hike/walk – meadows, seaside cliffs, butterflies a plenty. Good family hike. Entry fee, \$4. L. Dick Carnes (781-871-5764, 7-9 p.m., email: poorich46@aol.com), CL. Steve Tulip 828-2689, 7-10 p.m.

Sun. Nov. 7, Blue Hills (C3B). Family hike for ages 7 and up, approx. 3 hours. Skyline trail, vigorous ups and downs. L. Richard Brech eves. (746-8189, email: brech@adelphia.net), CL. Steve Tulip (828-2689, 7-10 p.m.)

Sun. Dec. 5, Myles Standish State Park (C4D). Family hike for all ages. Smooth, gently rolling loop trail, L. Richard Brech eves. (746-8189, email: brech@adelphia.net)

**AMC Activities Risk Statement:** The activities listed in the Southeastern Breeze involve varying degrees of danger. When you participate in one of these activities, you should be both physically and mentally prepared and equipped with the appropriate gear. You should be aware of the risks involved and conduct yourself accordingly. The volunteer trip leader is not responsible for your safety: you are. Prior to registering for any activity, you are encouraged to discuss your capabilities with the trip leader. In order to participate in Southeastern Massachusetts Chapter activities, individuals under 18 years must be accompanied by a parent or responsible Adult, or obtain prior consent from the trip leader. Those accompanied by a minor are responsible for the minor's actions.

# Revisiting Monadnock

By Wayne J. Taylor

I'm revising my opinion of Grand Monadnock. Not that it should really matter to anyone, but there was something about my last climb up this rocky tor that created a totally different feeling than what ago. I've now come to regard it for what it is: a "friendly" mountain, easily accessible for a day hike, with a variety of well-kept trails and rewarding views for a relatively modest effort. What's more, there's absolutely no chance of ever getting lonely on the trail.

Monadnock is one of the most climbed peaks in the world, according to the White Mountain Guide. It is said to be second in popularity only to Mt. Fuji in Japan (which now has a tramway to the top and probably shouldn't count). Although I read the guidebook's disclaimer, I don't think I was fully prepared for what I encountered on my first trip up the mountain. As my hiking partner and I reached treeline on the southeast shoulder and got our first close-up view of the summit cone, I was quickly reminded of the landfill near the northern terminus of Route 24. Throngs of hikers were perched atop the granite dome like so many seagulls, their shrill voices echoed in sharp contrast to the quietness of the late morning air. I was appalled and vowed never to return.

Vows uttered in self-righteous indignation seldom stand the test of time, and not that many years later, I decided to give Monadnock another try. Only this time I was going to be smart about it: we'd climb one of the less popular routes (the Marlboro Trail from the west side) and we'd do it in early April. This way we'd surely have the trail and the summit all to ourselves, undisturbed and temporarily detached from the push-pull rhythms of everyday life.

These carefully laid plans probably should have included a mid-week timeline, for even on a cloudy April Sunday, we met a few other hikers on the summit. Not our ideal, of course, but a good sight more bearable than our introduction to Monadnock.

Okay, so maybe it was possible for me to lighten up a bit after all. I might not be able to replicate what Emerson and Thoreau experienced in their mid-19th century hikes on this solitary peak. But at least I could try to accept the fact that others were probably seeking something very much akin to what I sought in the mountains. And how could I really object to that.

This past summer, on a steamy Sunday morning, I decided to take this neo-transcendental philosophy out for a test drive, just to see if it was as comfortable in practice as it

sounded inside my head. The result, after a fairly robust round-trip hike up the White Dot and down the White Cross trail, was my revised opinion of Grand Monadnock. There's a reason why it's such a popular hike. In fact, once you open your eyes to them, there are lots of reasons.

We saw (or heard) more than a dozen species of birds on the trail -- from towhees and white-throated sparrows to a hermit thrush and winter wren, from a soaring raptor circling the summit (perhaps a turkey vulture) to a variety of warblers and a small pack of pan-handling junkos. No seagulls this time.

We exchange cheery "hellos" with at least 100 other hikers -- in groups of one and two, and eights and twelves: families, friends and lovers, as well as at least two camp groups. Coming down, we hear a succession of "omigods" from a gaggle of young campers on their way up one of the several steep ledges on the White Cross trail. Each of the three syllables -- OH-MY-GOD -- is articulated in youthful amazement. On the summit, we witness a seven-year-old boy saying to his father, "Wow, Dad, I'll bet I can see the whole world from here." Two infants, fast asleep on their parents' backs, are perhaps the only folks we meet who fail to offer a greeting.

Not nearly so reserved is the man we meet a few hundred yards short of the summit, perched on an outcropping of rock. Later, we dub him "Monadnock's official greeter." A wiry, white-haired fellow (well into his 70s, we judge), he tells us he enjoys sitting there just to listen to the panting and groaning of hikers on their way up the trail. He chit-chats with us as we huff and puff past his rocky vantage. He's climbed the mountain over a thousand times, he says, and we assume he must be one of the

Monadnock regulars we've read about in preparing for the hike. We pass him in the same spot on our way down, and about five minutes later, he comes flying past us in descent, hopping nimbly from rock to rock.

When he is out of earshot, my hiking partner and I exchange a common observation: We may not choose to climb Monadnock as often, or with as much gusto, as this old fellow, but we're both very pleased to have shared this experience with him (and with the many others we've met on this Sunday morning). And we both express the hope that like our Old Man of Monadnock, we remain able to hike this friendly peak for many more years to come. ΔΔ

## Local Hikes on Cape Cod



Race Point Lighthouse

Thursday & Sunday Hikes—September to May.  
Coordinators: Janet Kaiser (375-0574) Harry Dombrosk (385-9502) & Barbara Hollis (240-1973). Area codes are 508 unless noted Thursday hikes start 9:30 a.m., last about 2 hr., 5-7 mi. Sunday Hikes start 1:00 p.m., last 2--2 1/2 hr., 6-8 mi. Moderate pace, heavy rain cancels. No dogs.

Sun. Sept 26. Harwich, Hawks Nest. Rte. 6 to Exit 11 S. on Rte. 137. Take first Right on Spruce Rd. At 0.5 mi. park on side of road. L. Lee Baldwin (432-0805).

Thurs. Sept. 30. Mashpee River Woodlands. Exit 5 S. from Rte. 6 on Rte. 149 to N. toward Falmouth on Rte. 28. At 2.6 mi. pass Botello Home Center. Turn L. on Orchard Rd., the next major crossroad. At end of road turn Right then immediate Left on Mashpee Neck Rd. At 1.0 mi. park on Right, off rd. L. Al Johnson (775-8959).

Sun. Oct. 3. Brewster, Nickerson State Park. Park in main pkg. lot at entrance on Rte. 6A. L. Don Costa (760-5478).

Thurs. Oct. 7. Wellfleet, Griffin Island. Turn N. off Rte. 6 on at "Wellfleet Center" sign onto Main St. Turn L. on Chequessett Neck Rd. "at the dory". Park in Great Island pkg. lot on L. at end of Chequessett Neck Rd. L. Brigitte Falzone 394-6343

Sun. Oct. 10. Dennis, Indian Lands. S. on Old Bass River Rd. from Rte. 6A in Dennis Village. R. into pkg. lot in 4.0 mi. at Town Hall. L. Barbara Hollis (240-1973).

Thurs. Oct. 14. Sandwich, Scorton Creek/Talbot Conservation. From Rte. 6 Exit 5 N on Rte. 149 and turn L. on 6A. At 3.6 mi. cross concrete bridge, take next L to Scorton Creek pkg. lot. L. George Bowman (362-0163).

Sun. Oct. 17. Barnstable, Heartbreak Hills. S. on Rte. 149 off Rte. 6 at Exit 5, to R. on Service Rd. Park in lot at power lines on Left. L. Mark Tisdale 428-6689)

Thurs. Oct. 21. am, Salt Pond Visitor Center. From Rte. 6 at lights turn R. on Nauset Rd. and park in Visitor Center pkg. lot on R. L. Frank Handlen (349-7396).

Sun. Oct. 24. Yarmouth, Buck Island. Exit 7 S. from Rte. 6 to L. on Higgins Crowell Rd. Turn R. at lights onto Buck Island Rd. and park at Sandy Pond Recreation Area on R. opposite Buck Island Village. L. Janet Kaiser (375-0574).

Thurs. Oct. 28. Mashpee, South Cape Beach. From Mashpee Rotary take Great Neck Rd. S. for approx. 3.0 mi. Turn L. on Great Oak Rd. and follow to end to town beach pkg. lot, approx. 3 miles L. Gary Miller (540-1857).

Sun. Oct. 31. Chatham, Goose Pond. Exit 11 S. from Rte. 6 onto Rte. 137. At 2.5 mi. turn R. on Morton Rd. Go 0.2 mi. & park on R. in dirt pkg. lot at power-line. L. Lee Baldwin 432-0805

Thurs. Nov. 4. Brewster, Sheep Pond. Exit 10 N. off Rte. 6 on Rte. 124 to Fishermen's Landing Rd. on R. Park in pkg. lot on pond at end of rd. L. Barbara Hollis (240-1973).

Sun. Nov. 7. Wellfleet, Duck Harbor. Turn N. off Rte. 6 at "Wellfleet Center" sign. Turn L on Chequessett Neck Rd. "at the dory", follow to the end, and Turn R. opposite the Great Island pkg. lot. Park in lot at end of this rd. L. Janet Kaiser (375-0574).

Thurs. Nov. 11. Bourne, Four Ponds Conservation. From Rte. 28, between Otis Rotary & Bourne Bridge, turn W. on Barlows Landing Rd. Go 0.7 mi. to pkg. lot on Right. L. Hilary Hunt (993-6680).

Sun. Nov. 14. Brewster, Punkhorn Parklands. Exit 9 N. off Rte. 6 onto Rte. 134. Turn R. at 2nd traffic light, on Setucket Rd. then R. on Run Hill Rd. Park in Punkhorn Parklands main pkg. lot past dump at end of road. L. George Byron 896-3359

Thurs. Nov. 18. Barnstable, Stonewall Loop South. Exit 5 S. off Rte. 6 onto Rte. 149 to R. on Service Rd. Park under power lines on Left. L. Barbara Hollis (240-1973).

Sun. Nov. 21. Truro, The Pamets Cliffwalk. Meet at end of S. Pamet Rd. in Truro. L. Hortense Kelly (255-3021).

Thurs. Nov. 25, Thanksgiving. Yarmouth, Dennis Pond. Exit 7 N from Rte. 6 and take first R. on first S. on Summer St. off Rte. 6A at Old Yarmouth Inn. Park in Dennis Pond pkg. lot. L. Richard Kaiser (375-0574).

Sun. Nov. 28. Sandwich, Ryder Conservation. N. on Rte. 130 from Rte. 28 for 1.0 mi. to R. on Cotuit Rd., 1.8 mi. to "Ryder Conser. Land" pkg. sign on Left. L. Barbara Hollis (240-1973).

Thurs. Dec. 2. Bourne, Canalside. Park in main visitor pkg. lot on Rte. 6 on northside of canal for hike along canal during hunting season. L. Donna Nickerson (528-3043).

Sun. Dec. 5. Sandwich, Scorton Creek/Talbot Conservation. Exit 5 N from Rte. 6 to L. on 6A. At 3.6 mi. cross concrete bridge, take next Left to Scorton Creek pkg. lot. L. George Bowman (362-0163).

Thurs. Dec. 9. Brewster, Parson's Perch. Exit 9 N off Rte. 6 onto Rte. 134 and Turn Right at 2nd traffic light on Setucket Rd. At 1.0 mi. Turn R. on Slough Rd. and at 0.8 mi. park on Left at Walker Pond pkg. area. L. Harry Dombrosk (385-9502).

Sun. Dec. 12. Eastham, Tilcon Gravel (formerly Roaches). Turn R(East) on Railroad Avenue off Route 6, then R. at stop sign, on Nauset Rd. Pass Tilcon Gravel and park on L. on Oak Leaf Rd. L. Janet Kaiser (375-0574).

Thurs. Dec. 16. Falmouth, Holly Hills (Long Pond). From Mashpee Rotary, W. on Rte. 151 3.2 mi., turn L. on Sandwich Rd. at lights. In 3.7 mi. turn R. on Brick Kiln Rd. at lights. In 0.8 mi. turn L. on Gifford St. at lights. In 1 mi. enter Goodwill Park on R. and park immediately. L. Nancy Wigley (548-2362).

Sun. Dec. 19. Dennis, Run Pond. From the intersection with Old Bass River Rd., go W. on Setucket Rd. approx. 1.0 mi. and park in small lot on North (bike path) side of road, East of junction with Mayfair Rd. L. Richard Kaiser (375-0574).

Thurs. Dec. 23. Yarmouth, Chase Garden Creek. From intersection with Union St. at flashing light, go East on 6A 0.5 mi. Turn L. at Bass River Rod & Gun Club sign and park in pkg. area. L. Janet Kaiser (375-0574).

Sun. Dec. 26. Harwich Herring River. Exit 9 S. off Rte. 6 onto Rte. 134. Turn L. at 3rd traffic light on Upper County Rd., then L. onto Great Western Rd. Follow approx. 2.2 mi. Park inside fence on L. at Sand Pond. L. Barbara Hollis (240-1973).

**Local Hikes on Cape Cod**  
continued on page 5

### Local Hikes on Cape Cod continued)

Thurs. Dec. 30. Barnstable, Spruce Pond Conservation. Exit 6 from Rte. 6 to Burger King on Rte. 132. Park in commuter lot behind Burger King. L. Harry Dombroski (385-9502).

Sun. Jan. 2. Bourne, Canalside. Park in main visitor pkg. lot at traffic lights on Rte. 6 on northside of canal for hike along canal. L. Al Johnson (775-8959).

Thurs. Jan. 6. Wellfleet, White Crest Beach. From Rte. 6, East on LeCount Hollow Rd. to end, left on Ocean View Drive to public beach parking lot on R. L. Larry Cotreau (385-2943).

### Longer Hikes on Cape Cod

Sun. Oct. 3. Truro, Paradise Valley. 11:00 am. From Rte. 6, park on George Nielson Rd., 1/4 mi. N of Truro town line on L. 10 mile hike thru woods to Bay. Bring lunch. L: Alice Oberdorf 771-8261.

Sun. Oct. 31. Wellfleet Ponds hike. 11:00 am. Park at Gull Pond Landing parking off Gull Pond Rd. in Wellfleet. National Seashore area of woods, dirt roads, ponds, and paths. Hike to Ocean. Approx. 9 mi. Bring lunch. L: Alice Oberdorf 771-8261.

Sun. Nov. 14. Truro, Pamet area hike. Meet at E. end of S. Pamet Rd in Truro for hike in woods and dunes. Approx. 10 mi. L. Alice Oberdorf 771-8261.



## Don't Forget!

The Introduction to  
Winter Hiking Workshop

On November 13  
2:00 - 4:30 P.M.

Leader: Walter Wells 508 279-1963  
Email: wwells50@aol.com

My wife is not what you'd call a good sleeper. It's not her fault, of course. Some of it is probably hereditary; her mom often operates for days on only minutes of shut-eye. Some of it no doubt has to do with the rumbling emanations she says come from my side of the bed. Add to these factors an unfamiliar or uncomfortable sleeping place and -- well, you're probably way ahead of me by now.

Truth is, I'm not such a great sleeper myself when it comes to that first night in one of the AMC White Mountain huts. Comfortable and enjoyable

as they are in their own particular way, the huts also provide a fairly reliable nightly dose of distractions - from teenage giggles and leaden-footed trips to the bath room to scratchy blankets, sticky mattress covers and ... did I mention the snoring? Earplugs and sleeping aids notwithstanding, the hut experience may not be for everyone.

Gayle had included herself among that group based on a few hut stays in past years. She'd not slept well (or at all)

on each of those occasions and found little enjoyment in the next day's activities. Since the reason for staying in the huts in the first place was to enjoy ourselves, there seemed little purpose in subjecting her further to an experience where enjoyment came in second.

It was really a shame she couldn't enjoy it, because there's an awful lot about the hut system and the hut experience to recommend. By staying in one of the eight huts that stretch from Lonesome Lake in the west to Carter Notch in the east, hikers are able to extend the scope of their trips without having to pack in their own room and board. Not everyone can carry a 30- to 40-pound backpack with all the necessities for an overnight in the mountains, so a hut-stay allows one to pack relatively light and still be able to stay out in the woods for awhile.

And if you've got a healthy appetite and like family-style dining, then you're in for a special treat at the huts. Dinner and breakfast are included in the prix fixe, and if you walk away hungry from one of these meals, you've only yourself to blame. I can remember gorging myself on a

full turkey dinner one mid-summer's night at the Lonesome Lake hut (with pumpkin pie for dessert, no less), then facing down a full table of White Mountain porridge, sausage and pancakes at breakfast the next morning. Bringing high-energy trail snacks for the midday munchies is definitely a good idea when hiking, but I always seem to pack more snacks than I can possibly eat when staying at the huts.

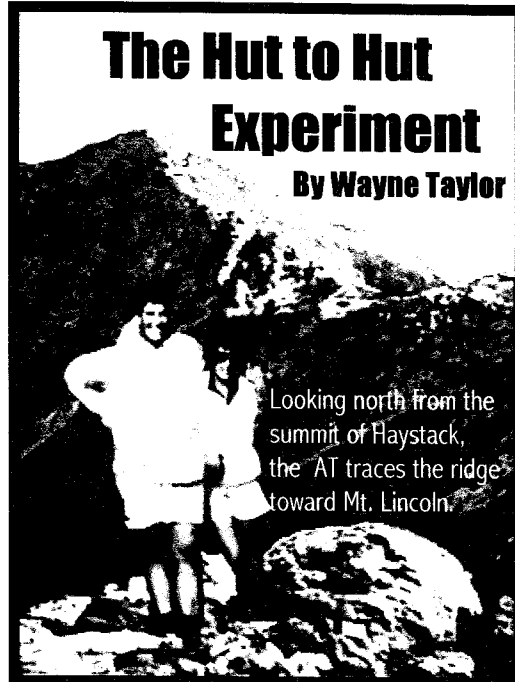
The camaraderie of fellow hikers is another enjoyable aspect of the hut experience.

Exchanging tales of past trips and future plans is great way to share accumulated trail lore and also learn about possible new adventures. Each time I visit a hut it I'm introduced to something new: a card game (frequently one being played by an exuberant group of youngsters), a not-as-yet encountered variety of flora or fauna (thanks often to the resident hut naturalist), a new, but somewhat familiar story of derring-do by the hut croo (usually one involving a midnight quest in search of the storied Oakes Gulf airplane propeller).

On a recent trip to Greenleaf hut, we met a couple from Montreal who taught us an interesting new usage of the French word "cadeau," which means gift or, in their context, an unexpected encounter with something of such awesome natural beauty that it seems like a gift from above.

Gayle and I received a sort of "cadeau" this past July when we undertook an experiment to see if we could somehow find a way to wrest enjoyment from a hut-to-hut hike. Actually, aside from her difficulty sleeping in the huts, Gayle loves just about everything else involved in such a trip. So after numerous discussions and a few "sketchbook studies" involving different methods of inducing sleep away from home, we decided to give the huts another go. One weekend last March on our way skiing, we'd stopped at Pinkham and made hut reservations for two nights when the July moon would be full.

We have a strong connection to the Franconia region and since we'd not yet stayed at the Greenleaf or Lonesome Lake huts, we built our



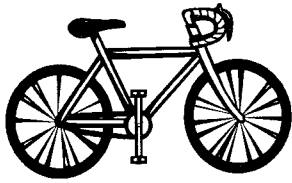
## The Hut to Hut Experiment

By Wayne Taylor

Looking north from the summit of Haystack, the AT traces the ridge toward Mt. Lincoln.

**Hut to Hut—Continued on Page 8**

## Bicycling



Connie Austin, Chair 420-8943

Helmets required on all Bike Rides

Please call Leaders before 10: P.M.

Sat. September 25. Cranberry country; Carver-Middleboro; easy 30-35 miles. Call Leader John Poirier 822-1372

Sat. Oct. 23. Westport, MA. Approximately 25 miles. Ride past Horseneck Beach and Farm-land. Call Co-Leaders for time for time and meeting place. L. Elsie Laverty 823-0634 . L. Connie Austin 420-8943

## SEM Member Bulletin Board

### AMC Martha's Vineyard members

Lisa Amols ( 508 693-1009) who lives on Martha's Vineyard will like to get in touch with other AMC members on Martha's Vineyard. Lisa would also like to hear from members in Wood-shole or Falmouth. Please call if you want to car-pool or just want to get in touch with other AMC Members who live on Martha's Vineyard.

### Breeze Volunteers

Thank-you to the July/August/September Breeze Volunteers: Joanne Staniscia, Claire Braye, Dave Costa, Barbara Hathaway, Joan Grigoire, Barbara and Dave Williams. Thanks and kudos to all.

### Getting your copy of the "BREEZE"

The Breeze is mailed on or about March 18th, June 18th, September 18th and December 18th-Contact Elsie Laverty at 823-0634 or ELavmca@aol.com if do not receive your Breeze

Change of Address: Contact 5 Joy Street at (617) 523-0655 EXT. 341

### How to join the AMC

Contact Membership Chair Mary Gravel in Taunton at 508 822-1296 Ask about our Membership-in-a-Bottle

## Flatwater Canoeing & Kayaking



Nauset Spit" is the outer beach blocking the Atlantic Ocean from Nauset Marsh. We set up our milk carton tables with red & white table cloths in our windbreaks and enjoyed "pseudo" champaign (ginger ale), cavier and roast chicken. Nancy Wigly, Carol Clark-Rowe, Carrie Dobson, Herbie Edgren, Al Johnson, Al Meade, Ralph Upton and Max Sarazin among others in attendance.

Muriel Thomas, Chair 428-3593  
Dave Williams, Vice-Chair 238-3638.

### SEMass Canoe Info:

Nancy Wigley 548-2362 Upper Cape  
Al Johnson 775-8959 Mid-Cape  
Larry Cotreau 385-2943 Lower Cape

For trips that list a Leader with phone no., call and register with that Leader for time, and directions to the Put-In.

Wed. and Thur. trips leave from Put-In at 10:30 AM.sharp.

PFD's must be worn from Sept. 15 until May 15, and must be in canoe the rest of the year. Paddlers participate at their own risk. Bring lunch on all trips.

Canoes for rent:  
Sandwich: Carolyn 888-4923  
Harwich: Carrie 430-9892  
Easton: Dave 238-3638  
Kayak for rent:  
Harwich: Carrie 430-9892

Sat. Oct.2 Oyster Pond/River, Chatham. CL's Herbie Edgren 617 472-7271 or Muriel Thomas 428-3593 Email: mmtctrv@aol.com

Wed Oct 6. Prince Cove, Cotuit. S on Prince Ave (just E of rte 149 on rte 28) 0.5 mi to Town Landing on L. Wait for parking instr.

### Columbus Day Weekend.

Fri to Mon Oct 8 to 11. Saco River, Maine Reg by Oct 1 w/\$15.00 deposit. CL's Dave & Barb Williams (238-3638) before 9:00 pm.

Sat Oct 9. Sandwich Harbor. Rte 6A Jarves Street to footbridge L. Paul Currier 888-2690 or 781-848-1671.

Wed Oct 13. Leader's Choice (possibly Hyannis Harbor). L Dick Coveny 790-1016 or LSI@capecod.net

Sat Oct 16. Leader's Choice - Tidal/experienced paddlers only. L Ed York 385-6118.

Wed Oct 20. Mashpee River. 0.5 mile E on Rte 28 from Mashpee Rotary to R onto Quinaquisset Ave. Proceed 0.7 mi to Mashpee Neck Rd to launching ramp. L Al Johnson 775-8959.

Sat Oct 23. Charles River (S. Natick to Needham). L Art Hart at 781-762-5251 or ajhart@webtv.net

Wed Oct 27. Mashpee/Wakeby Ponds. Put in at landing off Rte 130 opposite Coffee Grower's Outlet. L's Nancy Wigley 548-2362 or nrwigley@cape.com or Muriel Thomas 428-3593 or MMTCTRV@aol.com

Sat Oct 30. Leader's Choice, EXPERIENCED paddlers only L Ed York 385-6118.

All area codes are 508 unless noted

# 1999 Annual Meeting

## Southeastern Massachusetts Chapter APPALACHIAN MOUNTAIN CLUB

**When: Saturday— November 13, 1999**

**Where: Fireside Grill in Middleboro, MA**

**COST: \$20.00 per person**



### Evening Program

### "The Tour Du Mont Blanc"

With Bill Russell

In 1997 Bill Russell led a group of 12 hikers on a 120 mile hike around this fabulous mountain, the highest in Europe. He started in Chamonix, France, then down into Courmayeur, Italy, up into Switzerland and ended in Chamonix, staying at high altitude cabannes and small alpine inns. "It was a hike of a lifetime!". Come and enjoy the spectacular scenery of this great hike.

Our Dinner will be Buffet Style meal consisting of chicken broccoli, baked stuffed shells, garden salad, potato of the day, vegetable of the day, rolls and butter, kahlua mousse for dessert and coffee.

During the day there will be WORKSHOP on Winter Hiking with Walter Wells, See page two for details...

Call Louise at 508-822-1372 with questions. — Registration Deadline: November 6, 1999

### Schedule

6:00 — 7:00 PM.... Happy Hour with cheese and crackers and vegetables and dip, (CASH BAR)

7:00 — 8:00 PM.... Dinner Buffet

8:00 — 8:30 PM.... Annual Meeting, Election of Officers

8:30 — 9:30 PM.... Program, Bill Russell's Mountain Tours

### Directions to Fireside Grille in Middleboro:

Take exit 6 off Route 495 onto Route 44 East. Head East for about two-tenths until you reach the Middleboro Rotary. Bearing right past a Friendly Restaurant, the Fireside Grille is located close to the Rotary, NEXT to the Friendly Restaurant. (taking route 28 will also take you to the Middleboro Rotary). The telephone number at the Fireside Grille is 508 947-333

Cost is \$20.00

(same price for members and non-members)

Registration Deadline: November 6, 1999

Make Check (non-refundable) payable to:  
SEM/AMC

Mail the completed form and check to:  
Louise Desrochers,  
53 Christine Lane,  
Taunton, MA 02780

### Registration Form for 1999 Chapter Annual Meeting

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Tel. \_\_\_\_\_ Number attending \_\_\_\_\_ Amt. enclosed \_\_\_\_\_

## Hut to Hut Continued from page 5

plan around them. We spotted the car at the east end of the Franconia Ridge Trail, near the Cannon Mountain tramway station, then climbed the 2.5 miles to the Greenleaf hut via the Greenleaf Trail. This trail goes steeply up to Eagle Pass, then ascends more moderately up the ridge to the west shoulder of Mt. Lafayette. Here is where the hut sits, commanding a peerless view of the rocky peaks at the north end of the Franconia Ridge and a marvelous vantage point for the setting of the sun over Sugar Hill and the distant peaks of Vermont's Green Mountains. Later that evening, the full moon rose behind a thin veil of clouds beyond the ridge, silhouetting the summit of Mt. Lincoln in its ghostly aura.

Early the following day, we climbed the 1.1 miles to the summit of Lafayette, then headed south along Franconia Ridge, which has some of the most spectacular views of anywhere in the Whites. Along this stretch, a link in the Appalachian Trail, we stopped twice to chat with thru-hikers, a young man, then a young woman. The woman, who'd started her Georgia-to-Maine hike of the AT in mid January, asked where she might find the next spring. Like her hiking companion, a mile or so ahead, she too was getting low on water and was extremely grateful for our offer of a spare quart. "It's trail magic," she said. "Just when things start looking bad, something good always happens to change it." We wished her well and hoped the magic would continue keeping her company for the 300-plus miles still remaining between her and Katahdin.

Depending on the weather and how we were feeling when we reached the summit of Haystack, our plan was either to head down via the Falling Waters Trail or continue south for another couple miles along the ridge and descend via Liberty Springs. Once at the valley floor, we'd climb to Lonesome Lake either from Lafayette Camp

ground or by continuing along the AT via the Cascade Brook Trail. The shorter route would be about 7.5 miles, the longer way closer to 10.5.

We chose the shorter, but more interesting route down, which passes several very pretty waterfalls.

It would take us just about eight hours, with several short pit stops and a couple of major refuelings, to walk the 7.5 miles from Greenleaf to Lonesome Lake. Arriving just before 4 p.m., we were happy to learn that the hut was not completely full that night ... that we'd have our own "private" bunk room. We relaxed before dinner and later walked down to the edge of the lake to see the sunset paint the few lingering clouds a pale shade of fuscia. We read a bit before dousing our headlamps. Then, for the second night in a row, we slept. Both of us.

Somehow the hut-to-hut experiment had been a success. Our first night at Greenleaf, I'd awakened to the terrifying counterpoint of two Gargantuan snorers. Major leaguers, they were. Between choruses, I also heard a pitiful voice asking them over and over again P-L-E-E-E-A-S-E to be quiet. The voice was close-by. I was sure it was Gayle and that our experiment was at once going to be a miserable failure.

"How'd you sleep?" I asked her next morning.

"Not bad," she said.

"Then it wasn't you?"

"Wasn't me what?"

Chances are you're not always going to get your best night's sleep at one of the AMC's huts. But that doesn't seem to deter the thousands of hikers that take advantage of their mountain hospitality each year. Trying to sleep under less than ideal conditions is only one small part of the hut-to-hut experience. It can be an overwhelmingly small part if you let it. But if you're willing to experiment (and only Gayle can tell you her exact recipe for slumber), there's a whole lot of fun to be had during your waking hours. ΔΔ

## The Tully Trail

### Fellow Outdoors people:

I have recently been hired by Mount Grace Land Conservation Trust to spread the word about Tully Trail. Tully Trail is a 20-mile loop trail we're creating in central Massachusetts that has an abundance of panoramic vistas, gushing waterfalls, pristine lakes and miles of secluded forest (I'm really not exaggerating). The trail leaves the summit of Tully Mountain (1,000 feet) passes Tully Lake and Doane's Falls which are both excellent swim holes, climbs up Jacob's Ridge for views to the distant west, crosses Spirit falls and Royalston Falls, jumps onto the M&M trail for a mile or so, then starts heading south toward Sheomet Lake (another great swimming hole), and back to Tully Mountain. There is a campground owned by The Trustees of Reservations near Tully Lake and food and drink opportunities near Tully Mountain. What is really amazing about this trail is that very few folks have been aware that all this beauty has always been right out their backdoor! I'm contacting you in hopes that you and some of your folks can spread the word about this wonderful hiking opportunity in Central Mass. My work phone number is (978) 544-7170 or  
Email: mail@ShaysNet.COM

I hope to soon hike with you on the Tully Trail!  
Gary Culver

## Spring Fling 2000

The Chapter's Annual Spring Fling will take place on April 22, 2000.

More Details next Breeze.



Southeastern Massachusetts Chapter  
APPALACHIAN MOUNTAIN CLUB  
5 Joy Street  
Boston, MA 02108

### DATED NOTICES

Mr. & Mrs. Wayne J. Taylor  
409 Fairview Avenue  
Rehoboth, MA 02769

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