

# Southeast Breeze



Southeastern Massachusetts Chapter—Appalachian Mountain Club

May, 1994

## From the Chapter Chair

Spring is a time of awakenings! New beginnings, new awarenesses, and new ventures seem to be sprouting up from many directions. Who can believe that it is already time to begin the vitally important search for chapter leadership for the upcoming year? I am pleased to announce the 1994 Nominating Committee. Serving as Chairperson will be Past Chapter Chair Walter Morin. He has put together a capable and experienced committee: Russell Ottey, Vicki Fitzgerald, Richard Iovanni, and Janet Richardson. Call Walter (508-697-5795) or contact any of these nominators if you are interested in serving the chapter or if you have suggestions for the new board. Our chapter functions so well because of the many people who are willing to share their time, energy, and enthusiasm to work for the goals of the AMC.

Speaking of AMC goals . . . our Spring Fling participants awoke to new awareness of the problems facing the 26 million acres of Northern Forest. We heard Tom Steinbach from the AMC staff outline the goals our club is working for: (1) a sustainable forest and forest economy; (2) continued public access to the 4,000 miles of rivers and 3,160 miles of trails which mean so much to us; (3) maintenance of wildlife diversity, clean air and rivers; and (4) the economic and ecological health of the region. It's a gigantic task. Laura Judd and John Pribilla planned this hour long program with the emphasis on *action*. Laura will be our conservation representative to the Northern Forest Council Listening sessions in Boston and invites interested members to join her. Locally we will once again be helping to preserve the fragile barrier beaches by planting beach grass on the Duxbury coastline. Of the various activities available during our ninth spring conservation day, the best attended was the trailwork session! Conservation-mindedness is a strong commitment for us.

The Bay Circuit Trail, a proposed greenway extending around Boston from Ipswich to Duxbury is generating some excitement in Pembroke. Peter Donahue from AMC staff in Boston, and I as your chapter observer, participated in a local meeting. Glen French, director of the Bay Circuit Alliance, shared the experiences of the North Shore communities in establishing areas of continuous public access in their heavily populated region. The concept is not new. It has been talked about since 1897, and the AMC has promoted Trails Day and Bay Circuit Trek events for several years. More than 50 people attended the early April meeting. All of us could be involved. You might be the key to opening a particular piece of the corridor through your contacts or knowledge of the area. Or you might be interested in exploring or eventually maintaining this priceless 'highway.' Please contact me if you want more information.

Make your springtime fresh and new—get involved with new people and new projects. Suzanne Scolamiero, Chapter Chair

## Chapter Spring Outdoor Weekend

This event is intended to provide something for everyone in the Chapter. Whether or not it works depends on the support of all of you—both in attending and in helping to plan the event to suit your desires. Here is where the plans stand now:

**Date:** Friday evening, June 17 to Sunday afternoon June 19.

**Place:** Camp Nan-Ke-Rafe, accessed from Nickerson State Park on the Cape.

**Organization:** As close to a three ring circus as possible, except we are all more players than spectators.

**Costs:** As low as we can make them. Tentatively \$30 per head for the weekend in the bunkhouses and \$20 or less for adults in tents, and \$5 for day trippers participating in activities.

**General Schedule:**

### Friday:

Open for registration etc. about 4 p.m.  
Informal, bring your own happy-hour and cookout.  
Slide and video shows—instructional and of chapter trips.  
Campfire, evening walks etc.

### Saturday:

Bird walk etc. early  
Instructional activities in Canoeing (flatwater and whitewater, Biking, Backpacking, etc. all morning.  
Picnic Lunch.  
Possible equipment displays by EMS, others?  
Beginning level outings: canoeing, biking, hiking, etc.  
Possible conservation/trailwork projects in vicinity.  
Happy-hour, cookout, evening activities as on Friday.

### Sunday:

Bird walk etc. early.  
Quick instruction/review after breakfast.  
Easy, intermediate level trips leave from camp.  
All packed up and out by early afternoon.

### Registration:

Those interested in the instructional sessions in canoeing, biking, family/childrens activities and backpacking must sign up with those groups—special plans are being made vis-a-vis food and overnights. (Canoeing, Dave Shephard, 548-8717; Biking, Mark Tisdale, 775-1682; Family, Jeff Hogan, 823-9762; Backpacking, Don Auclair, 376-4911).

Those who want only to overnight and enjoy the weekend should contact Dave Shephard as should anyone with general questions (548-8717 at home, 548-9600, at work).

Day trippers are welcome without registration, but if you want to go on a trip please call the trip leaders (tba, next issue).

Declaring your intentions by phone or the coupon on page 3 would be immensely helpful to the organizers!

## Last Chance for the AMC Spring Meeting

Use form in March issue  
or Call Mary Angulo (771-1192).

## CHAPTER MAJOR ACTIVITIES CALENDAR

May 20-21 .. Adopted trails-Lonesome Lake	Sept 17 .....	Coast Weeks/Fall Frolic	
April 29-May 1 .....	AMC Spring Meeting	Sept. 24 .....	Bicycle Century Ride
June 17-19 ....	Outdoor Activities Weekend	Oct. 15 .....	Chapter Hut Night
Sept. 9-10 ..	Adopted trails-Lonesome Lake	Nov. 5 .....	Chapter Annual Meeting

## HIKING

Don Auclair, Chair (376-4911)

Donna Newman, Vice-Chair (477-3854)

Al Johnson, Vice-chair, Cape (775-8959)

**HIKE RATING** First character indicates distance; Second character indicates leader's pace (average terrain); Third character indicates terrain.

Miles	Pace/mph	Terrain
AA=13+	1=v. fast/2.5+	A=v. stren.
A=9-13	2=fast/2	B=strenuous
B=5-8	3=mod/1.5	C=average
C=5-	4=leis/1.5-	D=easy

Hikers unsure of their ability should try only one level higher than previously completed.

**NOTE:** No pets without permission from the leader. Individuals under 18 must obtain prior consent from Trip Leader. Limited hiking equipment is available for use on Southeastern MA trips only. Call Bruce Dunham, (587-0679).

### Sat., May 7, Blue Hills, Skyline Trail A3B

Warm-up hike for the Whites. Twelve rugged miles. L Bruce Dunham (587-0679, between 6-9:30pm)  
CL Dave Bennett (222-6943).

### Sat., May 14, Mt. Monadnock B3C

The long way. Pumpelly Trail and Marlborough Trail. L Dave Bennett (222-6943)  
CL Ginger Blais (957-1826).

### Sat., May 14, Mt. Lafayette A3A

Spend night at Greenleaf Hut.  
L Carol Swete (759-4458).

### \*Sat., May 21, George Washington State Forest, RI B3D

L Louise Desrochers (673-9752) CL Rich Iovanni (all calls to L).

### \*Sun. May 22, Borderland Beginner's Hike B3D.

Hike 5 mi through State Park.  
CL Don and Mary Dempsey (238-7530).

### Fri - Sun., May 27 - 29, AA3A

Friday - take Falling Waters Trail to Franconia Ridge Trail to Greenleaf Hut and spend the night. Saturday - take Garfield Ridge Trail to Galehead Hut for Saturday night. Sunday - out over Gale River or North Twin Spur Trails. L Jeff Hogan (823-9762)  
CL Don Auclair (376-4911).

### Sat. - Mon., May 28 - 30. Backpack Mt.

Isolation, AA3B. Via Davis Path and Rocky Branch Trails. 3 days, 2 overnights, intermediate level. Community cooking. \$10 deposit. Call L for more info.  
L Bruce Dunham (587-0679)  
CL Dave Bennett (222-6943).

### Sat., Jun 4th, Morgan & Percival

Mountains B3C Squam Lakes region. Limited to 24 hikers. Eat at Common Man on the way home. CLs Louise Desrochers (673-9752) and Anne Chase (824-8871).

## SAFE TRIPS

All trips involve some risk. Participants assume responsibility for their own welfare. Discuss your abilities with trip leader prior to the trip.

**Note:** all phone numbers are area code 508 unless 617 is specified.

\* Indicates that the trip is suitable for novices.

## Cape Cod Hikes

Al Johnson, Vice-chair, Cape (775-8959)

Sun. Hikes start 11 a.m. Last 4 hrs. 8 - 11 mi. Bring lunch. Thurs Hikes start 9:30 a.m. Last 2 hrs. 5 - 7 mi. Moderate pace.\*  
No dogs allowed.

### Thu., Apr. 28, W. Yarmouth, Buck Island

**Trail.** From Mid-Cape take Exit 7 and head S towards Hyannis. Approx. 100 yds. turn left on Higgins Crowell Rd. At 1st set of its turn right on Buck Island Rd. Approx. 1mi turn right and park at sign "Sandy Pond Rec Area" almost across from the Yarmouth Highway Dept. Garage.  
L Al Johnson (775-8959).

### Sun., May 1, Mashpee, Daniel Webster

**Footpath.** From Mashpee Rotary on Rt 28 take Great Neck Rd S toward New Seabury. Go 0.6 mi and turn L at sign "Sandalwood". Proceed 0.4 mi on Amos Landing Rd and park at Cul-De-Sac.  
L John Peinert (295-5391)

### Thu., May 5, Falmouth, Holly Hill.

From Mashpee Rotary on Rt 28 take Rt 151. Drive 3.2 mi and turn L on Sandwich Rd. Go another 3.7 mi and at the Lts. turn R on Brick Kiln Rd. Drive 0.8 mi and take the 2nd L on Gifford St. and the Lts. Go 1 mi and turn R into Goodwill Park. Park on R immediately after entering park.  
L Nancy Wigley (548-2362).

### Sun., May 8, Bourne, Four Pond

**Conservation Area.** From the Bourne Bridge go S on Rt 28 approximately 3 miles. Turn R on Barlows Landing Road. Proceed about 1 mi and turn R into Four Pond Conservation Area parking lot.  
L John Peinert (295-5391).

### Thu., May 12, Sandwich, Talbot Wildlife

**Refuge.** Driving W on 6A in East Sandwich, turn L on Old County Rd almost across from Post Office. Drive 1.4 mi and turn L towards pkg. area at sign "Talbot Point Conservation Lands". L TBA.

### Sun. May 15, Harwich, Herring River

**Scenic Walk.** From Rt 28 in Dennisport, turn N on Depot Rd at Barbos Furniture Co. Travel 1.5 mi and park on R where Bike Path crosses Depot Rd.  
L Al Meade (896-2296)

### Thu., May 19, Sandwich, Ryder

**Conservation Lands.** From Rt 28 in Mashpee take Rt 130 N. Go 1 mi and turn R onto Cotuit Rd. Go another 1.8 mi and turn L at sign: "Ryder Conservation Lands Town of Sandwich".  
L Nancy Wigley (548-2362)

### Sun., May 22, Harwich, Headwater Hike

and LUNCH WITH CANOE GROUP. Meet in Bike Path pkg. lot on Headwaters Drive which is off Rt 124 just N of Exit 10, Rt. 6.  
L Al Meade (896-2296).

Last Spring Cape Hike — will resume in September.

## EDUCATION

Ray Butts, Chair (636-8992)

**Beginner Hiking.** See Hiking May 22.

**See Canoeing,** June 5.

**AND plan on coming to the Spring Outdoor Weedend, June 17 to 19.**

## CANOEING

**NOTE:** Boats are available for rent on SEM-AMC trips and for longer terms to members. Contact trip leader or Canoe Chair. We will try to match you up with a partner, too. Call matchmaker Ruth Shephard (548-8717)

## Flatwater

**Sat., May 7. The Nemasket River.** Cold and quick water requiring some experience.  
L Dave Shephard (548-8717).

### Fri.-Sun., May 13-15. Midstate Waters

**Weekend.** Quinebaug River, Westville Lake with optional white water romp at take out, Sevenmile River. \$20.00/person for mobil home accommodations; Sat. lunch, trailer portage and shuttle.  
L Clarence Burley (867-5814).

### Sun., May 22. Annual combined

**canoe-hikers Gourmet Picnic** at Walkers' Pond. L Nancy Wigley (548-2362)  
CL Muriel Thomas (428-3593).

### Fri.-Sun., May 27-29. Bald Mt., Vt.

Combined canoe-biking tent camping weekend.  
L Bill Rehill (543-6879).

### Fri.-Sun., May 27-29. Battinckill River.

Canoe camping. L Bob Milburn (587-9743).

### Sat., June 4. Bass River at Lady Slipper

Orchid time. Joint trip with George Ellmore and Boston Chapter. CLs Dave Shephard (548-8717) and Nancy Wigley (548-2362).

### Sun., June 5. Intermediate Instructional

**Class.** Limit 12. Call by May 30.  
L Ed York (385-6118).

## CAPE COD THURSDAY CANOE TRIPS

Thurs. Easy 3 to 5 hour paddling for beginners. All trips start at 10:30 a.m. unless otherwise noted. PFD's required for all participants. Bring lunch. Co-leaders Ralph Upton (398-9680) and Nancy Wigley (548-2362).

### Thurs. May 26, Mashpee River in

**Mashpee.** From Mashpee Rotary, take Rt 28 East .5 mi. to first right on Quinaquisett Ave. Go .7 mi to R on Mashpee Neck Rd., to launch ramp.

### Thurs. June 2, Swan Pond/ River in

Dennisport. From Rt 6, Exit 9, go south on Rt 134 to third set of lights. Take L on Upper County Road; go 1.6 mi. to Clipper Lane on left, bear left to pkg. lot.

## SOCIAL EVENTS

Vickie Fitzgerald, Chair (617-585-3424)

Consider participating in the AMC Spring Meeting April 29 to May 1!

**Sun. May 15. Marshfield, Pot Luck Supper** and Beach Hike. 1 p.m. hike, 3 p.m. supper, 4:30 Slides of China by Suzanne Scolamiero. Call Jean Kennedy (834-4246) or Edith Miller (834-4889) for reservations and directions. \$1.00 at the door.



## Whitewater

Paul Farrington, Chair (285-7041)

Sat. - Sun., Apr. 30 - May 1, White Mountains, Saco & Swift, NH, 2-3, L John Payton (660-4961).

Week of April 30 to May 8 or May 8 to 15, Tennessee, Georgia and North Carolina Week of Rivers, 2-4, L Paul Farrington (285-7041), Call early, reservations required and strict screening will apply. Dates to be determined

Sat., May 14, Dead, ME, at 7500 CFS, 3-4, L Mark Klim (697-2878).

Sat., May 14, Tariffville, CT, 2, L Dave Lundquist (674-8830), CL John Payton (660-4961).

Sat. - Mon., May 28 - 30, Mem. Day, To be Determined, Contact Paul Farrington (285-7041).

Sat. - Sun., June 4 - 5, Deerfield, MA, 2-4, L John Payton (660-4961).

## CONSERVATION

John Pribilla, Chair (457-5231)  
Laura Judd, CoChair (617-878-7395)

Mon. May. 2. Arbor Day (week) tree planting with students from Pebles School. Tidal Flats Recreation Area Bell Rd. (off Trowbridge Rd from Bourne Rotary) 1 p.m. More info, call John Pribilla (457-5231).

## FAMILY/CHILDRENS EVENTS

Jeff Hogan, Chair (823-9762).

We are planning a variety of activities for the spring season. This year we are going to integrate different outdoor activities including hiking, canoeing and biking into our family outings program.

\*Sun. April 30. Intro Family Hike.

Massasoit State Park C4D. Leisurely hike through the park to meet new families and to welcome new family outings season. Children in backpacks welcome. Limit 20. L Jeff Hogan (823-9762 7-9p.m. only).

## TRAILS

Co-Chairs: Stephen Ouellette (617-696-6464) and Ginger Blais, (422-8008).

Sun., May 8. Miles Standish State Forest.

We'll be cutting brush back and painting trail blazes on the scenic trail that winds its way through the State Forest. We may also be putting up a couple of signs to help hikers find their way across the meadows. This is a good project if you've never done any trailwork and want to get the feel of it. Tools are provided. Call leader for details. L Bob Bentley (866-3057)

Fri. - Sun., May 20-22. Lonesome Lake at Franconia Notch. Stay at Lonesome Lake Hut Friday and Saturday nights. Work on trails all day Saturday and enjoy our own home cooked dinner on Saturday night. Sunday is free for your own activities. \$10 reservation fee required, refunded when you come. Limited to 15. Call leader for details. L Ginger Blais (422-8008).

## BIKING

Mark Tisdale, Chair (775-1682)  
Nancy Wigley, Vice-Chair, Cape, (548-2362)

Bike Trip Ratings: Beginner: Up to 15 mi., 2 or more hr. Geared to inexperienced riders. Easy: 15-25 mi. Slow to moderate pace. Few hills. Intermediate: 25-50 mi. Moderate pace. Occasional hills. Advanced: 50 mi. or more. Fast pace and/or very hilly.

Riders are encouraged to have bike in good working order (preferably 10 spd). Riders having any doubts are encouraged to check with trip leader about pace of trip, their ability and equipment, and the weather if doubtful. Helmets are required (HR in the description) on many bike rides and highly recommended on most others (HHR).

\*Sat. Apr. 30, Spring Bicycle Ride. Enjoy easy 15 mi. ride along beautiful Cape Cod Canal. Meet 9 am at Friendly's Restaurant at Sagamore Rotary (traveling from the Cape take first right off rotary. Bridge. H R. Ride to Mass Maritime Academy, stopping at Canal Visitor's Center for display and history of the Canal and Canal control office where ship traffic is monitored. For details call L Nancy Wigley (548-2362).

\*Sun. May 1, Sandwich. 30 miles. part of AMC Spring Meeting. L Carol Swete (759-4458).

\*Sat., May 7, Onset. 30 miles. Beautiful backroad route past bogs and ponds to Onset beach for lunch. Return past the Tremont Nail Factory with ice cream stop. 30 mi. with shorter loop possible. L Elsie Laverty (823-0634 before 9 p.m.) HSR.

Sat., May 14. Rock Harbor to Great Island. 45 miles. L Mark Tisdale (775-1682) HHR.

Tues., May 16. Ride Til Dark, Mountain bike - Cohasset, MA - Nice trails, moderate pace. 6:00 p.m. Call L Bill Boles (583-0067).

Sat., May 21, Mid-Cape Metric Century. L Mark Tisdale (775-1682) HHR.

Fri-Mon., May 27-May 30, Townshend, VT. 40 miles, easy pace, mostly flat, 12-20 speed bike a must. Tent camping. Biking, scenery and campground fantastic. In conjunction with canoe trip. \$15 deposit by May 21. L Bill Rehill (543-6879) CL Dave Williams (238-3638). HR.

Tues., May 30. Mountain Bike Spring Warm Up, Carver, MA. This will be a follow-the-leader ride. We will divide into groups. Pace and mileage will vary with desire. 10-25 miles. 9:30 a.m. Call (866-4033) to sign up.

Sat. June 4. Senic ride joint with Narragansett Chapter. Start in Tiverton and tour coastal farmland and beaches. 25 and 50 miles. Maps if you want to go ahead. One of the best rides in the area. CLs D. MacQuattie (401-246-0449) and Elsie Laverty (823-0634).

Sat., June 4, Marconi Metric Century. L Mark Tisdale (775-1682) HHR.

Sat. - Sun., June 4 - 5. Plymouth to Provincetown. Fourth annual Bike Ride. 65 mi on first day; 35 on second. Stay at Eastham Youth Hostel on Sat. Bring or buy lunches; Sat. dinner and Sun. bkfst provided. Boat ride back to Plymouth on Sun. Riders should be self-sufficient, its a go-at-your-own-pace ride. Cost \$40. For details call L Tom Waddell (617-837-5537). CL Rich Iovanni.

## Tuesday Evening Cape Bicycle Rides

All rides start at 6:00 p.m. The rides are easy and will vary between 12 and 20 miles. Coordinators are Alice Oberdorf (771-8261) and Nancy Wigley (542-2362).

Tues., May 17. Meet at East end of the canal near Corps of Engineers parking lot.

Tues., May 24. Meet at Rt 134 off Rt 6 at the head of the Cape Cod Rail Trail for ride to Fisherman's Landing and Nickerson State Park.

Tues., May 31. Meet at Dennis Town Hall parking lot for ride to Mill Pond and Scargo Tower.

## MEMBERSHIP

Diana Yohe, Chair (947-5622),  
Mary Graffigna, Co-Chair (888-1481).

Please, if you have questions about our activities or need information about the Southeastern Mass. Chapter call us.

Events of Special Interest this Month: The AMC Spring Meeting, April 30 to May 1. Give it and associated daytime events a try. See Social, Sun. May 15. Pot Luck, See Family Activities, April 30, family hike See Hiking May 22.

## BULLETIN BOARD

Bulletin Board items not sponsored or endorsed by AMC. Use your normal discretion in responding.

For Sale. Class A Motor Home, 1984 Itasca 33'. Low milage and all the goodies. Call Carrie Roscovics (548-6297).

## Spring Outdoor Weekend Advanced Registration

I/we are interested in attending \_\_\_\_\_ number of adults/kids

I/we plan to  daytrip or  overnight, which days and nights \_\_\_\_\_

I/we want to participate in the instructional activities;  Canoeing,  Biking

Family/Childrens,  Hiking/Backpacking,  other \_\_\_\_\_

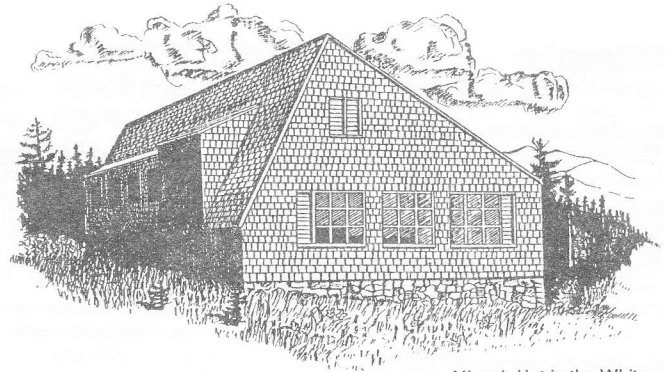
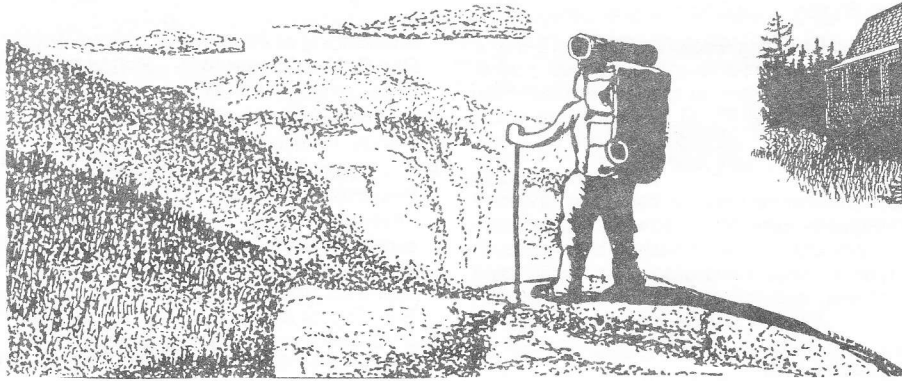
Please contact me with more information.

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Send form (and comments) to David Shephard P.O. box 44, Woods Hole, MA 02543



Mizpah Hut in the Whites



A composite of drawings Chapter Vice-Chair, Bruce Dunham has done for us over the years

The *Southeast Breeze* is published ten times a year by the Communications Committee of the Southeastern Massachusetts Chapter of the Appalachian Mountain Club. Subscriptions for Chapter members are provided as a member benefit. Subscriptions for members of other chapters or non-members are \$5 for one year. Editor and Subscriptions: Dave Shephard, P.O. Box 44, Woods Hole, MA 02543 (508-548-9600) days, 548-8717 home).

Change of address: AMC, 5 Joy St., Boston, MA 02108 (617-523-0636).  
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Club Officers: Chair, Suzanne Scolamiero, (617-545-0036); Vice-Chair, Bruce Dunham, (587-0679); Co-Secretaries, Jean Kennedy, (617-834-4246); and, Mary Graffigna, (888-1481); Treasurer, Mary Angulo, (771-1192); Historian, Regina Auclair, (376-4911); Membership Co-Chairs, Mary Graffigna, (888-1481); and, Diana Yohe, (947-5622); Education Chair, Ray Butts, (636-8992); Activities Coordinator, Nancy Hurley (888-1617). These officers and the activities chairs (names and phone nos. in calendar headings) constitute the chapter Executive Board. We meet on the fourth Tuesday each month, 7:15 p.m., at the Bourne Community Center. Members are invited.

**DATED NOTICES**

Non-Profit  
 Organization  
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Southeastern Massachusetts Chapter  
**APPALACHIAN MOUNTAIN CLUB**  
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