

# Southeast Breeze



Southeastern Massachusetts Chapter—Appalachian Mountain Club

October, 1991

## Annual Meeting Program: "Alaska"

AMC volunteer naturalist team, Timothy Williams, PhD, and his wife Janet McL. Williams, MED, from the Biology Department of Swarthmore College, Pennsylvania, will be featured at this year's Annual Meeting. The pair present a brilliantly illustrated lecture conveying not only the essence of our spectacular northernmost state, but also a geological and biological perspective relating to our own Cape Cod and White Mountain glacial topography.

These noted lecturers speak from their extensive knowledge of migration ecology, glaciation, and meteorology, as well as over 25 years of hiking and nature photography. Timothy has taught Biology for 25 years. Janet has spent 25 years doing research on birds, mammals, and natural history, and 15 years lecturing to college and special interest groups and volunteer teaching Science in public schools.

Summer residents of Gorham, NH, and formerly engaged in scientific studies at Woods Hole, The couple maintain their ties to our area by sharing their vast knowledge of the environment as naturalists at Pinkham Notch Camp, Cold River Camp, and the AMC huts.

Meet this stimulating couple as they join in the full day of activities planned for our annual chapter celebration and then treat us to their outstanding performance.

Suzanne Scolamiero, Vice-Chair

## Chapter Slide Show

Suzanne Scolamiero and John Pribilla are putting together a slide show featuring Southeast Mass. Chapter activities. The slides will be shown at pot-lucks and other gatherings.

They have most of what they need, but a few activities are under-represented. If you have prints or slides of the following activities that you could loan, please call John, at 508-394-7008, or Suzanne, at 617-545-6015. Your photos and slides will be returned.

We need pictures of: Coastweeks Conservation Activities; Century Ride; Square Dancing with Toots; Appalachian Trail through-hiking; Winter Camping; Biking, day and weekend trips; and Board or other meeting at Bourne Community Center.

## Conservation Corner

### The Northern Forest

It is not the intention of this Conservation Co-chair to do any preaching, but as a 23-year AMC member who has served with Club conservation for quite a little while, I am singularly concerned with the future of the Northern Forests.

At the August meeting of our chapter's Executive Committee, Club Director Andy Falender stressed the responsibility which AMC shares for their protection. We are all responsible and need to give the forests the care and concern that we do our hiking boots, canoes, or whatever else we use to go off and enjoy the world outdoors. (at least!)

Please take time out to read again the Northern Forest Report in September's "Appalachia". It offers a splendid collection of writings pertaining to this beautiful wilderness area we've got here in northern New England.

Take note of the legislation in the works geared toward their protection; The Forest Legacy Act, for which the Senate has approved \$6,000,000. This is a far cry from the \$25,000,000 which we and other environmental groups had hoped for, but it is a step in the right direction. The House/Senate Conference Committee will make final recommendations this month, so please stay tuned to the outcome. You may need to do some letter-writing to our legislators.

### Southeast Chapter Heroes

A tip of the hat to Al Johnson for his quick tree-removal work along the Cape Cod Bicycle Trail after Hurricane Bob!

Hats off, too, to our chapter's Trail Crew, enthusiastically co-chaired by John Pribilla and Steve Ouelette.

### Bay Circuit Trail dedication

Special Notice: A trail dedication ceremony, preceded by a hike of the newest 15 miles of official Bay Circuit Trail will be held in Andover, on Saturday, Sept. 28. The dedication is being sponsored by the Andover Trails Committee and the Bay Circuit Alliance, who can be reached for more information at 508-470-1982.

Pam Carter, Conservation Co-chair

## Safe Trips

All trips involve some risk. Participants assume responsibility for their own welfare. Discuss your abilities with trip leader prior to trip.

## HIKING

Bob Benvissuto, Chair, (697-2025)  
HIKE RATING

**First character indicates distance:** AA=over 13 mi.; A=9-13 mi.; B=5-8 mi.; C=less than 5 mi. **Second indicates leader's pace:** 1=very fast (2.5mph or faster); 2=fast (2-2.5 mph); 3=moderate (1.5-2 mph); 4=leisurely (less than 1.5 mph). **Third indicates terrain:** A=very strenuous; B=strenuous; C=average; D=easy. Hikers unsure of their ability should try only one level higher than previously attempted.

NOTE: No pets allowed on any hikes. Backpacking equipment is available free of charge to all members. A nominal fee will be charged for non-members. All equipment rental requires a refundable deposit. Call Bruce Dunham, Equipment Manager (587-0679)

### Sat. Oct. 5. Wapack Trail (B3B).

Daytrip to Wapack Mountain Range, S of Monadnock. Hike over 3 2000' peaks. Fine views of fall foliage. Please call for info. before 9:30 PM.  
L Bruce Dunham (587-0679),  
CL Ray Butts (636-8992).

### Sat. Oct. 12. Cliff Walk - Newport RI (B4D).

Hike historic trail set between the ocean and Newport's mansions. Please call only 6 - 8 PM.  
L John & Nancy Abbott (644-5626).

### Sat. - Mon. Oct. 12 - 14. Backpack to Mt. Isolation - 4005' (AA3B) via Davis Path and Rocky Branch Trail.

Total 19 mi. 2 overnights, intermediate level. Community cooking. \$8 dep. req. Please call before 9:30 PM.  
L Bruce Dunham (587-0679),  
CL Linda Schworm (617-331-6662).

### Thurs. Oct. 17. Winter hike planning night.

Burger King, northbound on Rte. 24, Bridgewater. 7 pm. Interested hikers are encouraged to attend. We will discuss the hike schedule for November through March, year - end review, and new hiking ideas. All are welcomed. Bring a friend!  
L Bob Benvissuto (697-2025)

**Sat. Oct. 19. Mt. Monadnock, Pumpelly Trail (A3B).** Enjoy beautiful views and the fall weather on this uncrowded trail. Call for details. L Ginger Blais (957-1826).

**Sat. Oct. 19. Blue Hills - North- South Skyline Trail (A3B).** Liesurely pace, ideal for beginner hiker to test abilities and interest for more advanced hiking.  
Please call 6 - 8 PM only.  
L John & Nancy Abbott (644-5626).

**Fri. - Sun. Oct. 18 - 20. Carter - Moriah Backpack (A2A).** Hike to Moriah, stay at Imp Shelter. Hike across Carter and Carter Dome, Stay at Carter Hut. Out over Wildcat. Experienced Hikers only. Call for details. L Walter Morin (697-5795),  
CL Bob Marchand (674-2905).

**Fri. - Sun. Nov. 1 - 3. White Mts. Day Trips (B2B).** Leader's choice. Stay at Randolph Mountain Club Greyknob Cabin and use it as our base. L Walter Morin (697-5795).

### Fri. - Sun. Nov. 8 - 10. Cardigan

Lodge hiking weekend. Stay at "Little House" Fri. & Sat. nights. Popular weekend with limited space. Non-refundable \$35 dep. req., unless replacement can be found. Please call before 9:30 PM.  
L Vicki Fitzgerald (585-3424),  
CL Bruce Dunham (587-0679).

## CAPE HIKES

Harry Dombrosk (385-9502)  
Sun. Hikes start 11 AM, last 4 hrs. 8 - 11 mi.. Bring lunch. Thurs. Hikes start 9:30 AM, last 2 hrs. 5 - 7 mi., brisk pace. No Dogs allowed.

**Thurs. Oct. 3. Harwich. Herring River Scenic Trail.** From Rte. 28 in Dennisport turn N on Depot Rd. at Barbo's Furniture. Go 1.5 mi. and park on R where bike path crosses Depot Rd.  
L Al Meade (896-2296),  
CL Nancy Wigley.

**Sun. Oct. 6. Brewster.** Meet at main pkg. lot at Nickerson State Park. Rte. 6A. L Bud & Pam Carter (398-2605).

**Thurs. Oct. 10. Eastham.** Meet in pkg. area across from Roach Gravel Pit. Travel N on Rte. 6, turn R at 2nd set of lights after Salt Pond Visitors' Center.  
L Stan Parker (255-3681),  
CL Monica Eldred.

**Sun. Oct. 13. Truro.** Paradise Valley. Meet in abandoned rest area on left (W) side of Rte. 6 about 1 mi. N of Truro town sign.  
L Kathy Meads (487-1517),  
CL Al Johnson.

**Thurs. Oct. 17. Brewster. Tri - Town Trail.** From Rte. 6A in E Dennis turn S on Airline Rd. (8/10 mi. E of lights at Rte. 134). Drive 1.2 mi. and bear L on Slough Rd. Go 8/10 mi., park on L in pkg area for Walker Pond.  
L Ann Hamilton (385-2943),  
CL Stan Parker.

**Sun. Oct. 20. Wellfleet.** Great Island. Meet in pkg lot at end of Chequessett Neck Rd.. From Rte. 6, turn W at sign for Wellfleet Center.  
L Hortense Kelly (255-3021),  
CL Monica Eldred.

**Thurs. Oct. 24. Mashpee River Woodlands.** From Mashpee Rotary take Rte. 28 Towards Hyannis. Go 4/10 mi., take 1st R on Quiaquisset Ave. Go 7/10 mi. and turn R on Mashpee Neck Rd. Go 1.1 mi., turn R into pkg area at sign.  
L Nancy Wigley (548-2362).

**Sun. Oct. 27. Sandwich. Maple Swamp Trail.** From Rte. 6, take exit 4, Chase Rd., South. Almost immediately, turn R (W) on Service Rd.. Drive about 1 mi. and turn L into pkg lot at sign "Maple Swamp Conservation Lands."  
L Janet Taylor (362-8149),  
CL Al Johnson.

**Thurs. Oct. 31. Yarmouthport.** Gray's Beach. Turn N from 6A at Getty Station. follow to parking lot at beach.  
L Al Johnson (775-8959),  
CL Janet Taylor.

## BIKING

Tom Waddell, Co-Chair,  
(617-837-5537)

Richard Iovanni, Co-Chair  
(617-331-6662)

### Bike Trip Ratings:

Beginner: Up to 15 mi., 2 or more hr. Geared to inexperienced riders. Easy: 15-25 mi. Slow to moderate pace. Few hills. Intermediate: 25-50 mi. Moderate pace. Occasional hills. Advanced: 50 mi. or more. Fast pace and/or very hilly.

Riders are encouraged to have bike in good working order (preferably 10 speed). Helmets are required at discretion of trip leader. If weather doubtful, check with leader. Riders are encouraged to check with trip leader about pace of trip and ability and equipment needed for participation. One 10-speed bike and helmet available to AMC members.

### Great job, Century Riders and Crew!

**Sat. Oct 5. Cranberry Cruise.** Enjoy an easy to intermediate 25 - 30 mi. ride and watch the cranberry harvest. Flat ride. Bring lunch, helmet required. Optional 15 mi. additional loop. Rain date Sun. Oct. 6.  
L Claire Cabral (866-2564).

**Sat. Oct. 19. Foliage Tour with Winery Stop.** Leisurely 30 mi. ride through Raynham and Bridgewater.  
L Elsie Laverty (823-0634),  
CL Linda Thomas.

## CANOEING

NOTE: Boats are available for rent on SEM-AMC trips only. Aluminum canoe, \$7/day; Chinook Kayak, \$7/day; C-1, \$5/day. All include PFD, paddles and roof carrier. Contact trip leader.

### FLATWATER

Lois Rogers (477-8557)

**Sat. Oct. 5. Chase Garden Creek.**  
L Nancy Wigley (548-2362).

**Fri. - Mon. Oct. 11 - 14. Connecticut River.** Canoe camping. Foliage should be nice and there be Bald Eagles there.  
L David Shephard (548-8717).

**Sun. Oct. 20. Leader's Choice. Tidal.**  
L Ed York (385-6118).

**Sat. Nov. 2. Taunton River.**  
L Herb Edgren (617-472-7271).

### WHITEWATER

Mark Klim (617-344-6341)

**Sun. Oct. 20. Farmington, (3 - 4).**  
L Mark Klim (617-344-6341).

**Sat. - Sun. Nov. 2 - 3. Tohican, (3).**  
L Paul Farrington (285-7041).

## TRAILS

Stephen Ouellette (339-7727)

John Pribilla (477- 2817)

**TRAILS T-SHIRTS.** Support your chapter TRAIL CREW. Contribute \$10 or more and get a special T-shirt with our new Lonesome Lake Beaver logo. Contact Stephen Ouellette.

Most Trail Crew Trips have tasks for all skill levels. Call trip leader for details. Unless otherwise stated, bring work clothes, gloves, lunch and beverage. Tools will be provided.

**Sat. Oct. 5. Plymouth County Wildlands Trust.** Call leader for location. L Russ Ottey (563-6637).

**Sat. Oct. 19. Warner Trail, Wrentham.** Call leader for location.  
L Don Ouelette (339-7727).

**Sat. Nov. 9. Herring Run.** Meet at Herring Run Rest Area in Bournedale, 9 AM.  
L John Pribilla (759-4431).

## Social Events

Vicki Fitzgerald (617-585-3424)

Let Vicki know what your ideas are for chapter social activities.

To get on Dance mailing list, contact Vicki at 220 High St., Duxbury, MA 02332.



## Why Become A Trip Leader?

There's the obvious reason: no leaders, no trips. But there are other reasons. Getting some of your trip expenses paid may be one. Traditionally, a portion of the leader's costs can be charged to the trip to be split among the participants as an incentive/reward for leadership. Doing a trip where, when, and how you choose is a good reason.

But the best reason I have found for leading trips is the increased pleasure and satisfaction. First, you begin to plan weeks or months ahead. This adds to the anticipation of the trip.

And then there is the trip. Nothing contributes more to your alertness than the responsibility of leading. As leader, you are more aware of things around you and the possible implications for the group. Is the weather changing? Is someone getting tired? Are you on course? Should we alter our plans? Does someplace look more interesting than where we planned to go?

Yes, leading trips is sometimes exhausting but your satisfaction and the appreciation of others at the completion of a trip well run is the pay-back. And you don't easily forget a trip you run yourself.

The leadership workshop tentatively scheduled for this fall will not occur. Your indefatigable leadership chairman grew fatigued! his apologies to all.

Chuck Wright, Education Chair

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## Family Activities

Suzanne Scolamiero (617-545- 6015)

If you have any ideas for this new program, we would love to hear from you.

## Skiing

Marie Johnson (238-7250)

Yes, I know, It's only October, but it's time to start planning for the upcoming ski season and call Marie with your ideas!

**Fri. - Wed. Dec. 27 - Jan. 1. New Year's at Craftsbury Common Nordic Ski Center in Vermont.** Cross-country skiing on groomed ski trails plus longer trips through nearby hills and dales and on Catamount Trail. Informal family-style dining. Further information: SASE to Jane Thomson- Stahr, 13 Circuit Ave., Scituate, MA 02066-4349.



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