

Southeast Breeze



Southeastern Massachusetts Chapter—Appalachian Mountain Club

May, 1990

SEM/AMC Camp Farley Festival

FRIDAY, JUNE 15 - SUNDAY, JUNE 17

What: A potpourri of activities over a whole weekend. A great chance for newcomers to meet lots of people and learn more about the club, and for longtime members to share their fun.

Where: Camp Farley Outdoor Education Center, Sandwich, Cape Cod. We'll be staying in simple cabins. Showers and flush toilets available. **Community cooking.** Plan to pitch in!

What to Bring: sleeping bag, flashlight, raingear, swimwear, activity gear (bikes, canoes, etc.), BYOB.

What's Happening: (tentative schedule)

Friday, June 15. Check-in 6 PM on. Have dinner before arriving. No meals provided Friday. Snacks, dips, punch will be provided. 8 PM Slide show on AMC trips and activities.

Saturday, June 16. 7-8:30 AM Breakfast. 8:30-9:30 AM lunch items will be available to make your trail lunch. Preparation for day's activities. 9:30 AM - 3:30 PM Hiking, biking, canoeing. 4-5 PM Happy hour, BYOB. 5-6 PM Dinner, community cooking. 7-10 PM Square dancing with caller "Toots" Tousignant.

Sunday, June 17. 7-8:30 AM Breakfast. 8:30 AM Educational Workshop: Ocean Charts and Tidal Navigation. 8:30-9:30 AM, lunch items available to make your trail lunch. Preparation for day's activities. 9:30 AM - ??? Hiking, biking, canoeing.

How to register: Send check for \$45 (members) or \$55 (non-members) made out to SEM/AMC, SASE, and registration form to: John Abbott, 9 Joaquin Ave., Assonet, MA 02702. Deadline for registration is Saturday, June 2. No refunds unless someone is available to take your place.

Further information: General: John Abbott (644-5626 6-8 PM only), Vicki Fitzgerald (617-585-3424), John Smart (888-4811). Biking: Al Johnson (775-8959), Nancy Wigley (548-2362). Hiking: Bruce Dunham (587-0679), Mary Beth Baptiste (993-6518). Canoeing: Mark Klim (617-344-6341). Educational Workshop: Anita Franks (617-545-7157).

Camp Farley Festival Registration Form - Deadline 6/2

Name: _____

Address: _____

Phone: _____

Chapter Affiliation: _____

Executive Board Notes

The Spring Fling was a great success. 96 people attended. The \$500 raised will be donated to the AMC Board of Natural Resources for the Clean Air Campaign.

A backlog of size small Century Ride T-shirts left over from previous years will be donated to the Camp Farley Outdoor Education Center for distribution to the children.

We are considering having SEM/AMC pins made to honor long time membership and service to the Chapter. Bill and Margaret Brown are getting cost estimates from jewelry manufacturers.

Reminder. The Chapter has scholarship money available for courses and conferences relevant to AMC activities. You will be expected to share what you learn. Contact Walter Morin (697-5795). AMC training sessions coming up: Wilderness First Aid, 5/19-20, \$100; Mountain Leadership, 6/13-17, \$110; First Aid, 6/10-12, \$150.

Conservation Corner

Pam Carter (398-2605)

** Thanks to all of you who wrote to your congressmen about a strong Clean Air Bill and forest protection legislation. Thanks, too, to Bruce Dunham for capturing the essence of wetlands in his drawing for the Earth Day Pledge.

** Did you know that at one time the U.S. boasted some 200 million acres of wetlands and that currently, according to the EPA, less than half of that remains. Scarey, when you realize the valuable resource wetlands are: the removal of pollutants from water, water storage, habitat for fish and other wildlife, recreational areas.

Currently 200-400 thousand acres of wetlands are lost annually. In our own back yard the Hockomock Swamp, the largest vegetated freshwater wetlands in the state, is under pressure by shopping mall developments.

What can we do about it? Chapter Chair, Walter Morin, and the Conservation Committee are following the issue closely. Keep your eyes on the papers. Learn how to use state and local governments to protect our wetlands. What we learn from this issue we can apply to future threats to our wetlands.

Remember, once they're gone, they're gone forever!

** Update on Greylock Glen: New proposed legislation would eliminate second home development any any use of the land not compatible with non-motorized public outdoor recreational activities. This legislation, which allows relatively low impact activities such as ski trails and golf courses, differs from the AMC position of NO new development. Let your state legislator know how you feel.

HIKING

Bruce Dunham, Chair (587- 0679)
Mary Beth Baptiste (993- 6518)

HIKE RATING

First character indicates distance:
AA=over 13 mi.; A=9-13 mi.; B=5-8 mi.;
C=less than 5 mi. Second character
indicates leader's pace (average
terrain): 1=very fast (2.5mph or faster);
2=fast (2-2.5 mph); 3=moderate (1.5-2
mph); 4=leisurely (less than 1.5 mph).
Third character indicates terrain:
A=very strenuous; B=strenuous;
C=average; D=easy.

NOTE: Backpacking equipment is
available for rent for use on scheduled
SEM/AMC trips. Call Bruce Dunham
Mary Beth Baptiste (993-6518).

**Sat., Apr. 28. Intermediate Map &
Compass, Blue Hills. L Carolyn
Crowell (888-4923 before 9 PM),
CL Tom Waddell (617 837-5537).**

**Sat., May 5. Skyline Trail, Blue Hills
(B3B).** Excellent warm-up hike for
the White Mts. Should have
previous experience hiking on
strenuous terrain. Meet 9:15 AM at
Houghton's Pond pkg. lot on
Hillside St., S of MDC Police Sta.
Bring lunch. **L Bruce Dunham
(587-0679 before 9:30 PM), CL
John Paananen (586-3652).**

**Sat., May 5. Introductory Hike, D.W.
Fields Park, Avon/Brockton
(C4D).** Walk around Avon Reservoir
and ponds. 9:30-11:30 AM, approx.
From Rte. 24 take Exit 19A,
Harrison Blvd., E to first traffic
light. Turn L onto Pond St. into Bay
Bank pkg. lot. Rain cancels. **L
Sally Foran (586-6013 before 9:30
PM).**

Sun., May 6. Walk for Hunger. Use
your feet in a good cause. Walk
with SEM/AMC "team" to raise
money to feed the hungry. 20 miles
(or part of it) in Boston, Newton,
Cambridge. Get sponsors to pledge
\$\$\$ for your miles. For info, pledge
papers, meeting place call Vicki
Fitzgerald (617-585-3424 eves. until
10).

Sat., May 12. Mt. Monadnock. Day
hike in southern NH. Call before
9:30 PM for details. **L Ginger Blais
(617-957-1826), CL Ray Butts
(636-8992).**

**Sat., May 19. Mid-State Trail
(A3BC).** Rutland State Park to

Moore State Park. Continuation of
our hike across MA. **L Walter
Morin (697-5895).**

**Sun., May 20. Introductory Hike,
Borderland State Park (C4D).** ✓
Meet 2:30 PM at main entrance on
Massapoag Ave. Potluck supper
follows. Call **L** or **CL** to register. **L
Bruce Dunham (587-0679), CL
Emily Powers (617-784-8752 before
9:30 PM).**

Fri.-Mon., May 25-28. Backpacking ✓
in White Mts. to Desolation
Shelter. Spend two overnights in
remote Pemigewasset "Wilderness"
near Mt. Carrigan. 28 mi. in 3 days.
Fri. night at Crawford Notch Hostel.
Community Cooking. \$15 non-ref.
dep. by 5/18. **L Bruce Dunham
(587-0679 before 9:30 PM), CL
Tom Waddell (617-837-5537).**

**Fri.-Sun., June 1-3. White Mts. Day
Hiking (A3B).** Three 4000- footers:
Mt. Osceola and the Tripyramids.
Daypack hiking, tenting at
campground. Community cooking.
Reg. and \$5 dep. by 5/29. Call **L
Bob Benvissuto (697- 2025), CL
Ken Brady (617-986- 6716).**

**Wed., June 6. HIKING
COMMITTEE MEETING.** Call ✓
for location and time. Bruce
Dunham (587-0679), Mary Beth
Baptiste (993-6518).

**Fri.-Sun., June 8-10. White Mts.
Backpacking.** Hike into Imp
Shelter. Hike Moriah. Intermed.
level. Community cooking. Limit 6.
**L Ken Lipman (993-1776 days,
994-7590 eves).**

**Fri.-Sun., June 8-10. Day Hikes in
White Mts. (A3B).** Franconia
Notch area. Mts. Lafayette and
Lincoln. Stay at campground.
Community cooking. Sunday
leader's choice. Call to reg. **L
Walter Morin (697-5795), CL Mary
DuBois (997-4489).**

**Sun., June 10. Introductory Hike at
World's End, Hingham (C4D).** Call
before 9:30 PM for Details. **L
Ginger Blais (617- 957-1826), CL
Linda Schorm (617-331-6662).**

Advance Notice

**Fri.-Sun. June 29-July 1. Day Hikes
in White Mts. (A3B).** Crawford

Notch area. Webster Cliffs, Mts.
Jackson and Webster. Stay in condo.
Community cooking. Indoor pool,
etc. to soothe aching body. Next day
hike Arethusa Falls, Ripley Falls
and Frankenstein Cliffs. Limit 10.
Call to reg. by 5/25 and find out
whether to send non-ref. \$40 dep. **L
Walter Morin (697-5795), CL Tom
Waddell (617-837-5537), CL John
Paananen (586-3652).**

1990 Chapter Hut Night

Join us for the weekend at our 3rd
Annual Chapter Hut Night in the White
Mts. This year the Chapter has
reserved Carter Notch Hut for Sat.,
August 4. The \$42 cost includes
Happy Hour after the Saturday hike,
Saturday supper and lodging, Sunday
breakfast. Include \$7 more if you
would like a custom- designed T-shirt
(total \$49).

Deposits due by 6/7. Send non-refund-
able check (refunds only if a replace-
ment can be found for you) for \$42
(no shirt), or \$49 (with shirt), payable
to: Bruce Dunham, 29 Rockford St.,
Brockton 02401. **Please call before
mailing any check.** Limited to 36.
Non-members will be charged an
additional \$7. **L Bruce Dunham
(587-0679, eves. before 9:30), CL
Walter Morin (697-5795), CL Vicki
Fitzgerald (617-585-3424), CL Bob
Benvissuto (697-2025).**

Limited reservations are available at
Pinkham Notch for Friday night at an
additional cost of \$24.

CAPE HIKES

Harry Dombrosk (385- 9502)
Sun. hikes start 11AM, last 4 hrs; 8-11
mi. Bring lunch.
Thurs. hikes start 9:30AM, last 2 hrs; 5-7
mi.
Mod/brisk pace.
NO DOGS ALLOWED.

**Thurs., May 3. Harwich, Herring
River Scenic Trail.** From Rte. 28 in
Dennisport turn N on Depot Rd. at
Barbos Furniture Co. Travel 1.5 mi.
and park on R where Bike Path
crosses Depot. Rd. **L Larry Cotreau
(896-5710).**

Sun., May 6. Harwich, T.W. Trail.
Canoe trip joins us for lunch. Meet
in Bike Path pkg. lot on
Headwaters Dr. which is off Rte.
124 just N of Exit 10, Rte. 6. **L
Larry Cotreau (896-5710).**

Thurs., May 10. Orleans, Pleasant Bay. Meet in pkg. lot rear of CITGO Sta. on Rte. 28 about 200 yds. N of Jct. Rte. 139. **L** Bill Dickson (255-0299).

Sun., May 13. Truro, Paradise Valley. Meet in abandoned rest area on left (W) side of Rte. 6 about 1 mi. N of Truro town sign. **L** Kathy Meads (487-1517).

Thurs., May 17. Mashpee River Woodlands. From Mashpee rotary take Rte. 28 toward Hyannis. Go 0.4 mi. and take first R on Quinaquisset Ave. Go 0.7 mi. and turn R on Mashpee Neck Rd. Then go 1.1 mi. and turn R into pkg area at sign. **L** Nancy Wigley (548-2362).

Sun., May 20. Brewster. Last Hike of Season. Meet in main pkg. lot of Nickerson State Park on Rte. 6A. **L** Nancy Wigley (548-2362).

BIKING

Al Johnson, Chair. (775-8959)

Nancy Wigley, Co-Chair. (548-2362)

Bicycle Ratings:

Beginner: Up to 15 mi, 2 or more hours. Geared to inexperienced riders.

Easy: 15-25 mi. Slow to moderate pace. Few hills.

Intermediate: 25-50 mi. Moderate pace. Occasional hills.

Advanced: 50 mi. or more. Fast pace and/or very hilly.

Riders are encouraged to have a bike in good working order (preferably 10 speed). Helmets are strongly recommended. Riders should dress for weather. If weather doubtful, check with leaders. Riders should check with leaders about any uncertainties they have pertaining to the pace, ability, equipment etc. needed for the ride.

TUESDAY EVENING CAPE RIDES

The Chapter will be offering bike rides on Tuesday evenings May 15 - Sept. 18. All rides start 6 PM. Easy, 12-20 mi. This year's co-ordinator is Nancy Wigley (548-2362). Please phone her if you need more information.

SUNDAY MORNING BIKE RIDES.

June 3 - Sept. 2. Cape side of Cape Cod Canal. Meet 11 AM at E end of Canal at Corps of Engineering pkg. lot. Leisurely lunch ride. **L** Al Johnson (775-8959).

Sat., May 5. Mattapoisett. Enjoy a brisk-paced, 28 mi. ride. Int.-Adv. **L** Dave Poole (617-293-9415).

Sun., May 6. Bridgewater, Middleboro, Halifax. Afternoon trip, starts 1 PM. **L** Walter Morin (697-5795).

Sat., May 12. Lakeville to Marion. Int. 35 mi. **L** Elsie Laverty (823-0634).

Sun., May 13. Coastal Ride. Norwell, Cohasset, Scituate. Int. 27 mi. **L** Art Wessel (617-878-9626).

Tues., May 15. Meet at Friendly's for north side Canal ride.

Sat., May 19. Freetown. Enjoy a leisurely paced ride in and around Freetown. Easy. 18 mi. Cookout will follow. **L** John and Nancy Abbott (644-5626, 6-8 PM).

Sat., May 19. Nickerson State Park to Harwichport via Bike Trail. Easy/Int. approx. 25 mi. **L** Walter Morin (697-5795).

Tues., May 22. Meet at Rte. 134 off Rte. 6 at start of Cape Cod Rail Trail.

Fri.-Sun., May 25-27. Nantucket Island. Joint trip with Narragansett Chapter. Ferry over to this beautiful isle for a weekend of biking, swimming, beach walking, exploring. Stay Fri. and Sat. nights at A.Y.H. with beach (and full moon!) right out the front door. Cost approx. \$40 for lodging, 2 breakfasts, and Sat. night steak barbeque. Ferry an additional \$18 plus \$9 for each bike. Limited space. Register early. Send \$25 non-ref. dep. to **L** Mary DuBois. 370 Russells Mills Rd., S. Dartmouth, MA 02748, (997-4489).

Tues., May 29. Meet at E end of Canal near Corps of Engineering pkg. lot.

Sat., June 2. Pembroke/Duxbury. Int. 35 mi. **L** Linda Coombs (617-293-7390, before 9 PM), **CL** Vicki Vinal (617-934-2777).

Sat.-Sun., June 2-3. Martha's Vineyard. Annual Family Bike Trip. Adults must be accompanied by a child. The trip will be geared to the weakest rider, but 10-speed bikes and helmets are strongly recommended. Average daily mileage less than 12 mi. Visit the old Methodist Campground in Oak

Bluffs, the antique merry-go-round and Wind Farm. Stay at Youth Hostel. \$15 dep. req. by 5/13. Non-refundable unless there is a waiting list. Cost est. \$40 includes everything except lunches which you bring. For more info call or write **L** Betsy Mac Lean, PO Box 313, W. Barnstable, 02668 (778-6864), **CL** Nancy Ellis (240-0147).

Sun., June 3. Canal.

Sun., June 3. Easton. 30 mi. Meet 10:30 AM. Rte. 126 & 106. **L** Claire Bray (238-3434).

Tues., June 5. Meet at Dennis Town Hall for ride to Scargo Tower.

Wed., June 6. CENTURY RIDE PLANNING MEETING, Carver. Call Bob Bentley (866-3057) for directions.

CANOEING

Mark Klim (617-344-6341)

NOTE: Boats are available for rent on SEM-AMC trips only. Aluminum canoe, \$7/day; Chinook Kayak, \$7/day; C-1, \$5/day. All include PFD, paddles and roof carrier. Contact trip leader.

FLATWATER

Sat., May 5. North River. Joint trip with Narragansett Chapter. Potluck supper. **L** Hank Stahr and Jane Thompson Stahr (617-545-4486).

Sun., May 6. Walkers Pond. Meet hikers for gourmet lunch. **L** Nancy Wigley (548-2362), **CL** Anita Franks (617-545-7157).

Sat., May 12. Bass River. Yarmouth, Tidal. **L** Bud Carter (398-2605), **CL** Nancy Wigley (548-2362).

Sat., May 19. Taunton River. Joint trip with Taunton River Watershed Alliance. **L** Dave Gunning (997-6876).

Sat.-Sun., May 19-20. Wood River, RI. Joint with Narragansett Chapter. **L** Judy O'Bryant (617-293-2277), **CL** Bob Fuller (617-585-8751), **CL** John Botelho (824-6354). \$10 dep. req.

Fri.-Mon., May 25-28. Batten Kill River, VT. Flat-Class 1. **L** Bill Rehill (543-3921). \$10 dep. req.

Sat., June 9. Waquoit Bay,
Washburn Island, Falmouth. Tidal.
L Barbara Rogers (362-3954), CL
Lee Rogers.

ADVANCE NOTICE: Lake Champlain Canoe Camping.
Interchapter Excursion. July 7-14,
(note date change). Paddle through
Missisquoi National Wildlife
Refuge — hiking, birding, looking
for mammals in the 6,000-acre
Missisquoi River delta. Paddle to
and explore lake islands. Limit 12.
Approx. cost \$160. For info send
SASE to L Paula Phillips, 101
Washington St., Pembroke, MA
02359 (617-826-8080), CL Ruth
Irwin (617-447-4637).

WHITEWATER

Sat.-Sun., May 5-6. West. (2 + 3).
Upper and Lower sections. L Paul
Farrington, CL A.J. Farrington
(285-7041).

Sun., May 20. T-Ville or Better. (2-3)
L Mark Klim (617-344-6341).

TRAILS

Stephen Ouellette (339-7727)
John Pribilla (477-2817)

TRAILS T-SHIRTS Support your
chapter TRAIL CREW. Contribute \$10
or more and get a special T-shirt with
our new Lonesome Lake Beaver logo.
Contact Stephen Ouellette.

Most Trail Crew Trips have tasks for
all skill levels... you don't have to be
Paul Bunyan. Call trip leader for
details. Unless otherwise stated, bring
work clothes, gloves, lunch and
beverage. Tools will be provided.

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Sat., May 5. Plymouth County
Wildlands Trust, Rochester.
9 AM. Call trip leader for details.
L Russ Ottey (563-6637).

Sat.-Sun., May 19-20. Adopted Trail,
Camp Dodge, NH. Space for 20.
Bring sleeping bag and be prepared
for warm and cold weather. Food
provided. \$10 dep. req. Will be
returned when you show up. L John
Pribilla (477-2817), L Stephen
Ouellette (339-7727).

DANCE

The April potluck and contra dance
was a success. Time and place for May
dance not yet decided. Get on dance
mailing list by writing to Vicki
Fitzgerald, 220 high St., Duxbury
02332.

POTLUCK

Sun., May 20. Introductory hike
2:30PM at Borderland State Pk.
Potluck follows at CL's home in
Sharon. Call L Bruce Dunham
(587-0679 bef. 9:30PM), CL Emily
Powers (617-784-8752).

NEWCOMERS' NOTES

Margaret Brown (394-7008)

To get the most out of your
membership, get involved with your
club. Call trip leaders for information
about any trip which interests you.
Committee Chairs will be glad to help
you find activities to meet your level of
skill. Formal and informal instruction
are offered. Our potluck suppers and

activities are an excellent way to learn
about programs and to meet other old
and new members and Chapter
officers.

We welcome these new Members:

Richard Williams, Brewster; Daniel
Stewart, Carver; Bob Elder, E.
Falmouth; John Nieman, Fairhaven;
Robena Meda, Norfolk; Jaime Pereira,
N. Dartmouth; Stanley Parker, Orleans;
Carolyn Tower, Scituate; Bob Weiman,
Woods Hole; Louise Candela,
Wrentham

Activity Fees

Fees for trips are as follows: Day trips:
No fee. Weekend trips: Members \$2,
Non-members \$5. (Above cost of trip.)

Safe Trips

All trips involve some risk. Participants
assume responsibility for their own
welfare. Discuss your abilities with trip
leader prior to trip. Leaders have the
authority to deny participation to
anyone whose clothing, equipment or
level of skill makes their participation
unsafe.

FOR SALE

17' Grumman, whitewater design,
\$375; 17' Grumman, T keel, \$350;
custom molded medium volume C-1,
\$150; Mithril touring kayak, flotation
and skirt, \$375. Call Lee and Barbara
Rogers (362-3954).

Heart-breakingly beautiful wood strip
canoe. Tandem. 50 lb. New. Worth
\$1200. Will take first reasonable offer.
Might even deliver. Please call Lois
Rogers (477-8557).

DATED NOTICES

Southeastern Massachusetts Chapter
APPALACHIAN MOUNTAIN CLUB
5 Joy Street
Boston, MA 02108

