



Southeastern Massachusetts Chapter—Appalachian Mountain Club

JUNE, 1990

## SEM/AMC Camp Farley Festival

FRIDAY, JUNE 15 - SUNDAY, JUNE 17

**What:** A potpourri of activities over a whole weekend. A great chance for newcomers to meet lots of people and learn more about the club, and for longtime members to share their fun.

**Where:** Camp Farley Outdoor Education Center, Sandwich, Cape Cod. We'll be staying in simple cabins. Showers and flush toilets available. **Community cooking.** Plan to pitch in!

**What to Bring:** sleeping bag, flashlight, raingear, swimwear, activity gear (bikes, canoes, etc.), BYOB.

**What's Happening:** (tentative schedule)

**Friday, June 15.** Check-in 6 PM on. Please have dinner before arriving. No meals provided Friday. Snacks, dips, punch will be provided. 8 PM Slide show on AMC trips and activities.

**Saturday, June 16.** 7-8:30 AM Breakfast. 8:30-9:30 AM lunch items will be available to make your trail lunch. Preparation for day's activities. 9:30 AM - 3:30 PM Hiking, biking, canoeing. 4-5 PM Happy hour, BYOB. 5-6 PM Dinner, community cooking. 7-10 PM Square dancing with caller "Toots" Tousignant.

**Sunday, June 17.** 7-8:30 AM Breakfast. 8:30 AM **Educational Workshop:** Ocean Charts and Tidal Navigation. 8:30-9:30 AM, lunch items available to make your trail lunch. Preparation for day's activities. 9:30 AM - ??? Hiking, biking, canoeing.

**How to register:** Send check for \$45 (members) or \$55 (non-members) made out to SEM/AMC, SASE, and registration form to: John Abbott, 9 Joaquin Ave., Assonet, MA 02702. Deadline for registration is Saturday, June 2. No refunds unless someone is available to take your place.

**Further information:** General: John Abbott (644-5626, 6-8 PM only), Vicki Fitzgerald (617-585-3424), John Smart (888-4811). Biking: Al Johnson (775-8959), Nancy Wigley (548-2362). Hiking: Bruce Dunham (587-0679), Mary Beth Baptiste (993-6518). Canoeing: Mark Klim (617-344-6341). Educational Workshop: Anita Franks (617-545-7157).

Camp Farley Festival Registration Form - Deadline 6/2

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Chapter Affiliation: \_\_\_\_\_

## Executive Board Notes

**AMC Votes for New By-Laws.** 98% of members voting said "yes" to the new by-laws. An extremely high ballot return (48%) showed that members cared about the issue. Now let's use those new by-laws to make AMC all we want it to be.

Anita Franks, Education Chair, has resigned from the Executive Board due to other commitments. She will continue to be active in Chapter activities. We thank her for the work she has done.

**The Nominating Committee** for our Chapter's Executive Board is now being formed and will begin searching for candidates. According to Chapter by-laws, all officers are elected for one-year terms with a maximum of two or three consecutive terms on most positions. The Executive Board consists of: Chairperson, Vice-Chairperson, Secretary, Treasurer, Historian; the Chairpersons for Hiking, Biking, Canoeing, Trails, Skiing (ad hoc), Social Events (ad hoc), Membership, Communications, Conservation, Education and Public Relations; any additional ad hoc positions created by the Chairperson and voted on by the Board.

Start thinking about potential candidates for these offices. The nominating committee will be published in the July/August Breeze and will welcome your suggestions for any office. **The following officers must be replaced:** Chair, Vice-Chair, Secretary, Communications, Hiking, Education.

## Conservation Corner Pam Carter (398-2605)

Well, how are we doing with carrying out our Earth Day Pledges (April Breeze) to adopt a less wasteful lifestyle?

"Not so good," has to be my own reply. I am finding it very hard to change my individual behaviors such as taking long hot showers daily, leaving unnecessary lights burning and leaving water running while brushing my teeth. Thank heavens for the help of my "better half" who is much more disciplined!

But that's what it takes: teamwork and individual initiative! For instance, on a recent hike one of our members suddenly bent down, picked up a discarded plastic bag, and spent the rest of the morning's outing filling it with litter. Her doing so inspired others to help.

The leaders on a Chapter Earth Day canoe trip carried a basket in their canoe to pick up litter along the way. Although it did not take very long to fill, their doing so conveyed an important message to fellow paddlers. Litter is something we can each do something about.

Recently, Starkist broke ranks and announced that they will use methods of tuna fishing which protect dolphins and to will specially label their dolphin-safe tuna cans. Lo and behold, the rest of the industry followed, despite having earlier called it an outrageous idea which was much too expensive!

Keep writing to your federal, state and local officials about environmental issues in their jurisdiction. Individual voices do make a difference!



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## Safe Trips

All trips involve some risk. Participants assume responsibility for their own welfare. Discuss your abilities with trip leader prior to trip. Leaders have the authority to deny participation to anyone whose clothing, equipment or level of skill makes their participation unsafe.

## Activity Fees

Fees for trips are as follows: Day trips: No fee. Weekend trips: Members \$2, Non-members \$5. (Above cost of trip.)

## HIKING

Bruce Dunham, Chair (587-0679)  
Mary Beth Baptiste (993-6518)

### HIKE RATING

**First character indicates distance:** AA=over 13 mi.; A=9-13 mi; B=5-8 mi.; C=less than 5 mi. **Second character indicates leader's pace** (average terrain): 1=very fast (2.5mph or faster); 2=fast (2-2.5 mph); 3=moderate (1.5-2 mph); 4=leisurely (less than 1.5 mph). **Third character indicates terrain:** A=very strenuous; B=strenuous; C=average; D=easy.

NOTE: Backpacking equipment is available for rent for use on scheduled SEM/AMC trips. Call Bruce Dunham or Mary Beth Baptiste.

NOTE: PETS may NOT accompany owners on Chapter hikes without specific permission from the hike Leader.

**Fri.-Sun., June 1-3. Day Hikes in White Mts. (A3B).** Three 4000-footers: Mt. Osceola and the Tripyrramids. Daypack hiking, tenting at campground. Community cooking. Reg. and \$5 dep. by 5/29. Call L Bob Benvissuto (697-2025), CL Ken Brady (617-986-6716).

**Fri.-Sun., June 8-10. Backpack in White Mts.** Hike into Imp Shelter. Hike Moriah. Intermediate level. Limit 6. Community Cooking. L Ken Lipman (993-1776 day, 994-7590 eve).

**Fri.-Sun., June 8-10. Day Hikes in White Mts. (A3B).** Franconia Notch area. Mts. Lafayette and Lincoln. Stay at campground. Community cooking. Sunday leader's choice. Call to reg. L Walter Morin (697-5795), CL Mary DuBois (997-4489).

**Sun., June 10. Introductory Hike at World's End, Hingham (C4D).** Call before 9:30 PM for Details. L

Ginger Blais (617-957-1826), CL  
Linda Schorm (617-331-6662).

**Fri.-Sun., June 15-17. Camp Farley Festival.** See page 1.

**Fri.-Sun. June 29-July 1. Day Hikes in White Mts. (A3B).** Crawford Notch area. Webster Cliffs, Mts. Jackson and Webster. Stay in condo. Community cooking. Indoor pool, etc. to soothe aching body. Next day hike Arethusa Falls, Ripley Falls and Frankenstein Cliffs. Limit 10. Call to reg. by 5/25 and find out whether to send non-ref. \$40 dep. L Walter Morin (697-5795), CL Tom Waddell (617-837-5537), CL John Paananen (586-3652).

**Sat., June 30. Introductory Hike (C4D).** Circle Shawme Ponds, Sandwich. Historic Nature Hike. Bring lunch. Limit 10. Call before 9 PM for details. L Carolyn Crowell (888-4923).

**Fri.-Sun., July 6-8. Day Hikes in Green Mts. (A3B).** Camel's Hump and Mt. Mansfield. Stay in campground. Community cooking. Let's compare the greens to the Whites. Call to reg. L Walter Morin (697-5795), CL Linda Schorm (617-331-6662).

**Sat., July 7. Introductory Hike.** Rhododendron State Park, southern NH (C4D). Call L for details. L Joanne Haracz (285-5868), CL Anne Chace (824-8871).

## 1990 Chapter Hut Night

*August 3-4*  
This year the Chapter has reserved Carter Notch Hut our 3rd Annual Chapter Hut Night, Sat., August 4. The \$42 cost includes Happy Hour after the Saturday hike, Saturday supper and lodging, Sunday breakfast. Include \$7 more if you would like a custom-designed T-shirt (total \$49). Non-members will be charged an additional \$7. Limited reservations are available at Pinkham Notch for Friday night at an additional cost of \$24.

TRIP IS FILLED. To get on waiting list call L Bruce Dunham (587-0679), eves. before 9:30). CL Walter Morin (697-5795), CL Vicki Fitzgerald (617-585-3424), CL Bob Benvissuto (697-2025).

## CAPE HIKES

Cape hikes will resume in September.

## BIKING

Al Johnson, Chair. (775-8959)  
Nancy Wigley, Co-Chair. (548-2362)

### Bicycle Ratings:

**Beginner:** Up to 15 mi, 2 or more hours. Geared to inexperienced riders.

**Easy:** 15-25 mi. Slow to moderate pace. Few hills.

**Intermediate:** 25-50 mi. Moderate pace. Occasional hills.

**Advanced:** 50 mi. or more. Fast pace and/or very hilly.

Riders are encouraged to have a bike in good working order (preferably 10 speed). Helmets are strongly recommended.

Riders should dress for weather. If weather doubtful, check with leaders. Riders should check with leaders about any uncertainties they have pertaining the pace, ability, equipment etc. needed for the ride.

## TUESDAY EVENING CAPE RIDES

The Chapter will be offering bike rides on Tuesday evenings May 15 - Sept. 18. All rides start 6 PM. Easy, 12-20 mi. This year's co-ordinator is Nancy Wigley (548-2362). Please phone her if you need more information.

## SUNDAY MORNING BIKE RIDES.

June 3 - Sept. 2. Cape side of Cape Cod Canal. Meet 11 AM at E end of Canal at Corps of Engineering pkg. lot. Leisurely lunch ride. L Al Johnson (775-8959).

**Sat., June 2. Pembroke/Duxbury. Int.** 35 mi. L Linda Coombs (617-293-7390, before 9 PM), CL Vicki Vinal (617-934-2777).

**Sat.-Sun., June 2-3. Martha's Vinyard. Annual Family Bike Trip.** Adults must be accompanied by a child. The trip will be attuned to the weakest rider, but 10-speed bikes and helmets are strongly recommended. Average daily mileage less than 12 mi. Visit the old Methodist Campground in Oakbluffs, the antique merry-go-round and Wind Farm. Stay at Youth Hostel. \$15 dep. req. by 5/13. Non-refundable unless there is a waiting list. Cost est. \$40 includes everything except lunches which you bring. For more info call or write L Betsy Mac Lean, PO Box 313, W. Barnstable, 02668 (778-6864), CL Nancy Ellis (240-0147).

**Sun., June 3. Canal.**

**Sun., June 3. Easton.** 30 mi. Meet 10:30 AM. Rte. 126 & 106. L Claire Braye (238-3434).

**Tues., June 5.** Meet at Dennis Town Hall for ride to Scargo Tower.

**Wed., June 6. CENTURY PLANNING MEETING,** Carver. Call Bob Bentley (866-3057) for directions.

**Fri.-Sun., June 8-10. Campout at Foxboro Normandy Farms Campground.** Easy, "take time to smell the flowers" rides. Sat., Sun. in surrounding countryside. View Founders' Day Parade and activities, Sat. Pool and Jacuzzi. Bring lunches. All other meals provided. Meet Fri., 7:30 PM, Foxboro Common, Rte. 140. \$24 dep. by 5/22. L Bill Rehill (543-6879).

**Sun., June 10. Canal.**

**Tues., June 12.** Meet at N. Falmouth Library, ride County Rd. to Canal.

**Fri.-Sun., June 15-17. Camp Farley Weekend.**

**Sun., June 17. Canal.**

**Tues., June 19.** Meet at Rock Harbor pkgng. lot right off Orleans rotary.

**Fri.-Sun., June 22-24. Maine.**

Weekend ride in the Merry Meeting Bay Area of Coastal Maine. This is an Int. tour, riding 45-50 mi. a day. Non.-ref. dep. \$20 due 6/14. L Bob Bentley, 14 Lucas St., Carver, 02330. (866-3057).

**Sat., June 23. Oosterville.** Enjoy a Beg./Easy ride, 10-15 mi. Lunch and swim stop. L Betsy MacLean (778-6864).

**Sun., June 24. Halifax, Middleboro, Plympton.** Easy/Int. 25 mi. L Phyllis Godby (617-293-2294).

**Sun, June 24. Canal.**

**Tues., June 26.** Meet at N. Falmouth Library for Wild Harbor ride.

**Fri.-Sun., June 29-July 1. Woodstock and Pomfret, VT.** Easy/Int. Fri., camp at Quechee Gorge State Park. Sat., Leisurely 25-mi. bike ride, stay overnight at farmhouse. Sun., 26-mi leisurely ride on backroads. Bring lunches. All other meals provided. \$20 dep. by 6/1. L Bill Rehill (543-6879).

**Sat., June 30. Segregansett, Taunton River, S. Dighton.** 30 mi. L Ernest

Goff (880-3863 or 800-696-4633, nights).

**Sat., June 30. 8th Annual Buffet at Peakes' Patio.** Enjoy an Int. 25-mi. ride through Brewster, Dennis and Harwich. Food, drink and conversation follow on the Peakes' Patio. This is always a favorite. L Bob Peakes (866-3057).

**Sun., July 1. Canal.**

**Tues., July 3.** Meet at Woods Hole Shining Sea Bike pkgng. lot.

**Sat., June 9. Waquoit Bay, Washburn Island, Falmouth.** Tidal. L Barbara Rogers (362-3954), CL Lee Rogers.

## CANOEING

Mark Klim (617-344-6341)

**NOTE:** Boats are available for rent on SEM-AMC trips only. Aluminum canoe, \$7/day; Chinook Kayak, \$7/day; C-1, \$5/day. All include PFD, paddles and roof carrier. Contact trip leader.

## FLATWATER/TIDAL

**Sat., June 16. Herring Pond.**

Beginners welcome. L Anita Franks (617-545-7157).

**Sat., June 23. Duxbury marshes.**

Joint trip with Plymouth County Wildlands Trust. Beach picnic. L Anita Franks (617-545-7157), CL Jencie Stewart (617-934-2510).

**July 7-14, Lake Champlain Canoe Camping** (note date change).

Interchapter Excursion. Paddle through Missisquoi National Wildlife Refuge — hiking, birding, looking for mammals in the 6,000-acre Missisquoi River delta. Paddle to and explore lake islands. Limit 12. Approx. cost \$160. For info send SASE to L Paula Phillips, 101 Washington St., Pembroke, MA 02359 (617-826-8080), CL Ruth Irwin (617-447-4637).

**June 22-30. Wilderness Trip.**

**Moosehead Lake, ME.** L Al Meade (896-2296), CL Al Johnson (755-8959). Call by 5/1. Dep. req.

## WHITEWATER

**Sat., June 6. T-Ville.** (2) L Paul Farrington (285-7041).

**Wed., July 4. Pemi-Bristol.** (2) L Mark Klim (617-344-6341).

## MUSIC/DANCE

**Sun., June 10. Mystic Seaport Sea Music Festival,** Mystic, CT. An opportunity to combine a visit to historic Mystic Seaport with the enjoyment of Folk Music. L Chuck Wright (584-4250).

**Contra Dance.** Date to be announced.

To get on mailing list send address to Vicki Fitzgerald, 220 High St., Duxbury 02332.

## NEWCOMERS' NOTES

Margaret Brown (394-7008)

Welcome to all new members of the Southeastern Massachusetts Chapter of the AMC (SEM/AMC). To get the most out of your membership, become involved with club activities. Call trip leaders for information about any trip which interests you. Committee Chairs will be glad to help you find activities to meet your level of skill. Our potluck suppers and activities are an excellent way to meet old and new members and learn about programs offered.

**We welcome these new Members:**

Jeanmarie Kent, Brockton  
Ruth Kingsley, Brockton  
Elaine Rosette, Duxbury  
Sharon Skeels, Fall River  
Holly Sundquist, Falmouth  
Lee Baldwin, Harwichport  
Mary McDonald, Harwichport  
Susan Wetzel, Hingham  
Eva Sgazi, Kingston  
Douglas Board, Lakeville  
Sarah MacDonald, New Bedford  
Thomas Vendetti, N. Carver  
Matt Johnson, N. Easton  
James Kane, Oak Bluffs  
Robert Cummings, Plymouth  
Janet White, Plymouth  
Elizabeth Faragher, Plymouth  
Guida Rodrigues, Provincetown  
Lynne Anderson, Raynham  
Cynthia Reuss, Sandwich  
George Viveiros, Somerset  
Donna McManus, Taunton  
Judy McAvoy, Tucson, AZ  
Linda Smith, Westwood  
Nancy Smith, Westwood  
Isabelle Williams, Woods Hole

## For Sale

Klepper Aerius II, 2-person folding kayak. Rugged. Stores in small car trunk. Good condition. Sailing rig. \$1200. Terry Bremer (617-826-5050).

1-800-253-1300 - at Instruction Schools

# Southeastern Massachusetts (SEM) Chapter Member Survey

Please take time during this month to complete this survey and return it at the end of the month to Naomi Lipton, 35 Provost St., Brockton MA 02402. IF YOU DO NOTHING ELSE, PLEASE ANSWER **FIRST THREE QUESTIONS THOUGHTFULLY AND RETURN.** Use additional paper as needed.

All questions are optional. We will try to use this information to make this a better Chapter for our members. If there is more than one member in your household, each should answer. Please leave your mailing label on the survey form unless you really crave anonymity. You may, of course, send any anonymous comments in a separate envelope.

**1. In general** how satisfied are you with your AMC Membership?

**2. What can the Chapter offer you** that it is not already offering? (Be specific.) (e.g.type of activity, level of skill, topics for instruction, mid-week activities, family activities)

**3. Should this Chapter choose one specific local conservation issue** to work on? **Which one?** Are you willing to write letters make calls, write articles, give talks, do hands-on work?

## 4. MEMBERSHIP

How long have been a member of AMC? of SEM?

Are you planning to continue your membership?

Why

What can we do to help new members?

Why did you join AMC?

What Outdoor or Sports Clubs do you belong to?

What Conservation organizations do you belong to?

## 5. ACTIVITIES

Please place a check next to each activity you ever did with AMC, and a number for how many times you participated in the past 24 months.

intro. hike,  cape hike,  urban hike,  day hike,  day-hike weekends,  backpack day,  backpack weekend;  FW trip,  FW week-end,  WW trip,  WW weekend; bicycle day trip:  Beg/Easy,  Int.,  Adv.;  bicycle weekend,  Century Ride;  trailwork day,  trailwork weekend;  X-country ski day,  X-C weekend;  Downhill day,  Downhill weekend;  snowshoe trip

Spring Fling,  Fall Frolic,  SEM Annual Meeting,  Camp weekend,  Chapt. Hut Night.,  potluck,  leadership training,  first aid

(NOT as part of chapter activities):  huts,  lodges,  canoe camps,  August Camp

If you have STOPPED participating in activities, please list activity (including level) and reason (too easy, too hard, didn't enjoy, didn't enjoy company, no equipment, not enough training, not enough time, go with other people, other (specify):

What activities did you start after joining AMC?

What activities have been most enjoyable?

## 6. LEADERSHIP

Do you think that trip leaders should have uniform, club-wide training? What training do you think is essential for leaders in the activities you participate in (specify)?

What activities are you currently leading or co-leading ?

Are you interested in becoming a trip leader? What activity? What training do you need?

Have you attended an AMC leadership training workshop? Would you?

Have you been trained in CPR? First Aid? Mountaineering First Aid?

Are you interested in working on a committee or Executive Board office?

## 7. EDUCATION

What do you want to learn?

Preferred workshop length? (1-2 hours, 1-2 hour series, all day, weekend)

What skills or topics are you able to teach in the Chapter?

Are you willing to be a resource person or speaker to community groups? (specify topics)

## 8. SOUTHEAST BREEZE

Should the Breeze continue to print all trip notices or only changes from what appears in Appalachia Bulletin?

What kinds of articles, features, information do you want to see in the Breeze? Will you help write them?

## 9. ADDITIONAL COMMENTS?

The *Southeast Breeze* is published ten times a year by the Communications Committee of the Southeast Mass. Chapter of the Appalachian Mountain Club. Subscriptions for nonand is provided as a member benefit. Subscriptions for non-members are \$3 for one year. Members of other Chapters may renew annually. Subscriptions, distribution and public relations: Chuck Wright, 123 Chester St. N.Falmouth, MA 02556 (564-4250). Change of address: AMC, 5 Joy St., Boston, MA 02108. Editor: Naomi Lipton, 35 Provost St., Brockton, MA 02402 (587-4505). Printed by The Job Shop, Woods Hole 02543

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