

# Southeast Breeze



Southeastern Mass. Chapter—Appalachian Mountain Club

Editor - Phyllis Whitford.

## IMPORTANT NEWS . . .

SEPT '86

from Linda Thomas, Chapter Chair

It's hard to believe that a whole year has gone by since I took on the office of Chapter Chairperson, but it's that time of year again...for a new slate of volunteers stepping forward to take on the business of running the Chapter. One of the amazing things about this organization is the number of people who do come forward to devote their time and efforts to keep the club growing. For those who do, the work is challenging, but the rewards are great for anyone who loves the outdoors and wants to share it.

The Nominating Committee had quite a number of slots to fill this time around and I'd like to extend my personal thanks to those who burned the midnight oil in meetings, brainstorming sessions and telephone work to come up with a strong list of candidates for your approval.

This year's Nominating Committee was chaired by Joey Gallus, Chapter Secretary, who was ably assisted by John Smart, Phyllis Whitford, Bob Milburn, Judy O'Bryant and Marilee Wheeler. Thanks again for your time and sincere interest in the future of the Chapter.

We hope to have a large turnout at the Annual Meeting, where the election of officers will take place. The list of nominated candidates follows:

Office	Candidate	Note
Chairperson	Linda Thomas	Second year
Vice-Chairperson	Paul Murphy	First year
Secretary	Phyllis Godby	First year
Treasurer	Joey Gallus	Former Sec., First year as Treasurer
Historian	Carolyn Crowell	Third year
Membership Comm.		
Chairperson	John Abbott	First year
Vice-Chairperson	Margaret Brown	First year

Communications Comm.		
(Breeze/Bulletin)	Tony Arnold	First year
Excursions/Hiking Comm.		
Chairperson	Bruce Dunham	Previous co-chair/hiking
Vice-Chair, Hiking/Backpacking	Claire Braye	First year
Vice-Chair, Cape Walks	Harry Dombrosk	Second year
Bicycle Comm.		
Chairperson	Art Wessel	First year
Vice-Chair	Roz Reilly	First year
Canoe Comm.		
Chairperson	Barbara Hughes	Fourth year
Trails Comm.		
Chairperson	Russ Ottey	First year, previous Chap. Chair
Vice-Chair	Don Ouellette	Second year
Education Comm.		
Chairperson	Bob Bentley	Second year, previous Chap. Chair
Vice-Chair	Steve Driscoll	First year
Conservation Comm.	Pam Carter	Third year

According to the Chapter By-Laws,...

"Additional nominations may then be made in writing by any ten members, who shall specify the name of their candidate and the office for which they nominate. Such nomination shall be placed in the hands of the Chairperson of the Nominating Committee or the Chapter Secretary or be addressed to either bearing a postmark not later than 21 days prior to Annual Meeting. No person shall be eligible for office unless nominated in accordance with one of the foregoing provisions, except that in case of death, incapacity or withdrawal of any nominee, nomination may be made from the floor." This year, the deadline for any additional nominations would therefore be Oct. 17.

Ever wonder what it takes to become an AMC leader? Come and learn how to start off co-leading, then move on to leading your own trips. Or come to sharpen your present leadership skills....and have fun doing it! This weekend will focus on the "How to's" of leadership.

Save the weekend of November 14-16 for this event. For more information, watch the BREEZE, or contact Bob Bentley, 14 Lucas St., Carver, MA 02330, or Linda Thomas, 56 Pleasant St., Bridgewater, MA 02324.

## HIKING/BACKPACKING . . .

Bruce Dunham (587-0679)  
Walter Morin (697-6690)  
(Please - no calls after 10:00 PM)

Sat.-Sun., Sept. 13-14: Mts. Liberty, Flume, Lincoln & Lafayette. Four 4,000's. Fantastic views hiking over Franconia Ridge Trail. We will camp at Liberty Spring campground on Mt. Liberty (above 3,000'). Community cooking. Call to register. L Walter Morin (697-6690).

Sat., Sept. 20. Blue Hills-Ponkapog Pond. 5-mi. hike over easy terrain. Meet at MDC skating rink on Route 138, Canton. Bring lunch. L Mary Fagan (329-2496).

Fri.-Sun., Sept. 19-21. Carrigain Notch Trail to Desolation Shelter. Easy terrain 6.5 mi. with option of climbing Carrigain; steep. Community cooking Sat. night at shelter. Hike out Sunday via Nancy Pond Trail, through stands of virgin spruce and Nancy cascades; 8.2 mi. Beginner backpackers welcome. L Ron & Mary Anne Doyon (998-1637) CL Robert Benvissuto (697-2025).

Sat., Sept. 27. 7-mi. hike on Duxbury Beach. Meet 10:00 AM at eastern end of Powder Point Bridge. L Jane Aldrich (934-2654, before 9 PM) CL Judy Zottoli (837-6799, before 9 PM).

Sat.-Sun., Sept. 27-28. Mahoosuc Notch, Old Speck (4,000'), Maine. Intermediate hike through the "toughest" mile on the AT and join me in the last of the Maine 4,000's. We will stay at Speck Pond and community cook. Call to register with L Walter Morin (697-6690).

Sat.-Mon., Oct. 11-13. Mts. Jefferson & Washington. Great Gulf, day climbs from Gulf to Mt. Jefferson & Mt. Washington. Limited to 10. Intermediate. Call to register. L Sandy Letterman (584-1196).

## ADVANCE NOTICE....

FALL TOWN MEETING - Sat.-Sun., Oct. 25-26. Pinkham Notch, NH. Details and registration info in September issue of Appalachia Bulletin.

## HIKING/CAPE-SUNDAYS

Harry Dombrosk (385-9502 before 9PM)

All hikes begin 11 AM sharp, last approx. 4 hrs., bring lunch.

Sun., Sept. 21. Harwich/Brewster. Old wood roads and trails in Harwich and Brewster. Meet at Bike Path lot on Headwaters Drive, off Route 124 just N of Exit 10 from Mid-Cape. L Larry Smith (432-2555).

Sun., Sept. 28. Nickerson State Park. Meet front entrance pkg. lot, Brewster, for Leader's Choice which will visit nearby coastal beach in honor of Seacoast Week. L Pam & Bud Carter (398-2605).

Sun., Oct. 5. Yarmouthport. New hike in historic Yarmouthport. Meet at Dennis Pond parking lot on Summer St. From Rte. 6A turn S on Summer St. at Old Yarmouth Inn. L George Thew (362-2462) CL Barbara Hughes (362-3954).

Sun., Oct. 12. National Seashore Vis. Ctr., Eastham. Meet at Visitors' Center, Rte. 6, Eastham. Hike will highlight Seacoast Week and follow nature trails to beach. A nice hike to learn something about effective/ineffective beach management. L Marilyn Cray (255-1140).

## HIKING/CAPE-THURSDAYS

All hikes start 9:30 AM, last approx. 2 hrs.

Thurs., Sept. 18. Brewster. Meet at Fisherman's Landing Road, off Rte. 124, Brewster. Hike around Sheep Pond. L Larry Coutreau (896-2884).

Thurs., Sept. 25. Cold Storage Beach, East Dennis. Turn N off Rte. 6A on School St., 1 mi. E of Rte. 134. A nice hike to learn a bit about bay beaches. L Rachel Wood (385-8158).

Thurs., Oct. 2. Fisherman's Landing Road, Brewster. Meet at parking lot off Rte. 124 to hike the T.C. Trail. L Ted Tucker (385-8158).

Thurs., Oct. 9. Gray's Beach, Yarmouthport. A fine hike through tidal estuary terrain. Turn N from Rte. 6A at the BP gas station and follow to parking lot at beach. L Bud & Pam Carter (398-2605).

# \* \* SE MASS CHAPTER 11th ANNUAL MEETING \* \*

Mark your calendars and send in your reservation form NOW for the social event of the AMC fall season...Sat., Nov. 8. AMC'ers from all over the SE Chapter will be gathering in Sandwich, MA for an afternoon of activities followed by dinner and entertainment.

The day will provide plenty of opportunity for new and old members to meet, exchange stories, swap ideas and participate in a variety of events.

WHEN: Sat., November 8

WHERE: Camp Burgess (A YMCA facility) in Sandwich, MA. Take Mid-Cape Highway (Rte. 6) to Exit 2, South on Rte. 130 1.6 mi. Bear left on Cotuit Rd. for 1.3 mi., left on Farmersville Rd. for 1.2 mi, then left again on Stowe Rd., about 1/2 mi. Camp Burgess is on the left opposite Triangle Pond. Tel. no. at camp: 428-2571.

COST: \$15.00 includes happy hour goodies, dinner and all activities.

## NEWS . . .

RESERVATIONS: By Monday, Nov. 3, please! Send reservation form below with your check to: Bill DeWilde, Box 2, Truro, MA, 02666

QUESTIONS: Linda Thomas 697-8640  
Bill DeWilde 349-2105

## TENTATIVE SCHEDULE OF EVENTS (Watch Oct. BREEZE for final details)

- 12 - 3 PM Activities (Call Leader for details after Oct 1)
  - Hiking Bruce Dunham 587-0679
  - Biking Dave Fogg 384-3851  
Claire Cabral 866-3464
  - Canoe Chuck Wright 564-4250  
Barbara Hughes 362-3954
- 3-- 5:30 PM Square Dancing in Sunset Lodge, a repeat performance by our caller from Camp Farley, "Toots"
- 5:30 - 6:30 PM Happy Hour - with cash bar for wine & beer (goodies provided)
- 6:30 PM Family style dinner: Roast Beef or Baked Fish, with salad, baked potato, vegetable, rolls & butter & dessert
- 8 PM Business Meeting & election of officers for '87
- 8:45 PM Slide show, "Impressions of the North River", by Harold Simms of Norwell. A look at various aspects of a natural resource in our own backyard...birds, fauna, fog, patterns, the river in a storm, boating, and more.

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 Yes, I/we want to attend the Nov. 8 11th Annual Meeting!

Name(s): \_\_\_\_\_ Roast Beef \_\_\_\_\_ Baked Fish

\_\_\_\_\_ Roast Beef \_\_\_\_\_ Baked Fish

Address: \_\_\_\_\_

Total enclosed ( @ \$15/person) \_\_\_\_\_

## CONSERVATION CORNER...

by Pam Carter

The celebration of Coastweek (Sept. 20-Oct. 13) was initiated to help increase public awareness and understanding of one of our most vital and dynamic resources - our nation's coast. Throughout the years, a great deal of stress has been placed on our coast - development, recreational use, and, of course - the shipbuilding and commercial fishing which flourished in the 18th and 19th centuries. A main problem here lies in the fact that our little known barrier beaches have suffered the beating as well.

What is a "barrier beach"? A narrow strip of beach and dunes separated from the mainland by a marsh, bay or river - which provides a storm buffer for our harbors and mainland areas behind it - such as Plum Island in Newbury and Ipswich, or Monomoy Island south of the Chatham mainland.

Why have our barrier beaches been harmed? Storms! Storms caused man's attempts to stabilize and control the resulting erosions as well as to repair the damaged homes and businesses. So it is man's response, ie. the building of seawalls that do the most harm since such endeavors interfere with the natural processes of the barrier beach, which, in time, is quite able to heal itself.

What can we do about that? Help make others aware that such environmental issues are not going to go away - that we citizens must take an interest in our local government and its role in barrier beach management. For instance, supporting the development of management plans for town-owned barrier beach areas to prevent improper development.

In the meantime, please support our Chapter's activities during Coastweek's celebration.

## OTTEY'S ODYSSEY

by Bob Bentley

After taking a week off to attend the wedding of chapter members Marilyn Young & Steve Hayes, Russ resumed his hike on the AT at Crawford Notch, on Aug. 19. He is headed for the 300+ miles left between Crawford Notch and Mt. Katahdin. He hopes to wind up his journey in the beautiful foliage time of late September.

## NEWCOMER NOTES . . .

Suzanne & Bob Scolamiero (545-6015)

The BREEZE is your contact with your outdoor club. The activities chairpersons' names and numbers are for you to use if you have questions about biking, canoeing, conservation, hiking trips, etc. Your welcome letter from the SE Chapter contains a return section which is only an indication of your interests. You return this so we can send you mailings on separate committee activities. But the bottom line is "You call us - we don't call you!" So, join us soon - we enjoy ourselves! Welcome to the following AMC'ers who have recently joined:

Attleboro	Sharon Carlson
Brant Rock	Susan Sponeybarger
Brockton	Judith K. Burns Family
	Rob & Deb Landis Fam.
	Kathleen Magee
	Charles Katuska
	Alexander Sperdelozzi
	David Wells Family
	Paul Cooperstein Fam.
	Sandra Hanes
Cambridge	Gail DeSabatino
Chatham	Phillip E. Bolster
Chestnut Hill	Robert Porter Fam.
Cohasset	John Ryon
E. Freetown	M. Dorothea Gifford
Fairhaven	David Kaufman Fam.
Falmouth	Cynthia Stockwell
Foxboro	Roger Dashner Fam.
Hingham	Clare & Charles Putnam Fam.
Marshfield	Janie Osbourne
Marstons Mills	Richard E. Land
Middleboro	Shirley Manson
North Attleboro	Susan Purpura
	G. Fred Stocker
North Weymouth	Jeanne Couillard
Osterville	Jacqueline Jewkes
Plymouth	Nancy Bekavac
	Karen Fisher
Providence, RI	William Hentschel Fam.
Rehoboth	Brian Louro
Rockland	Barbara Peterson
Somerset	Richard A. Haskell
South Easton	Carol Baldwin
Truro	Jessica Seamans
Waquoit	Richard Anderson
West Barnstable	
West Bridgewater	

### CHANGE OF ADDRESS?

If you change your address - or are not receiving your AMC mail - notify AMC HQ at 5 Joy St., Boston, MA 02108. Our BREEZE mailing labels come from AMC HQ.

## CANOEING...

Barbara Hughes (362-3954)

Chuck Wright (564-4250)

(Please - no calls after 10:00 PM)

Sat., Sept. 6. Mashpee River, Mashpee, flat, tidal. Explore this beautiful and historic river; good birding. 5-8 mi. with lunch on beach overlooking Vineyard Sound. Call L Barry Gallus (428-5391, before 9 PM).

Fri.-Sun., Sept. 12-14. Washburn Island, Falmouth, tidal. Primitive camping on a beautiful island, canoeing in Waquoit Bay. Call L Chuck Wright (564-4250) or CL Claire Cabral (866-2464).

Sat., Sept. 20. Monomoy Island, Chatham, tidal. In observance of 5th Annual Coast Week, paddle from Stage Harbor to Monomoy; limited to experienced paddlers. Joint trip with Narragansett Chapter; you may join them for camping weekend. Call L Russ Ottey (563-6637) or CL Barbara Hughes (362-3954).

Fri.-Sun., Sept. 26-28. Saco River, Maine. Primitive camping on this beautiful clear river Sat. night, in campground Fri. night. Joint trip with Sub-Sig. Call L Marilyn Young CL Steve Hayes (438-7263).

Sat., Oct. 4. Nemasket-Taunton Rivers, Middleboro, flat. A pleasant outing on a gentle river; good for beginners. Call L Judy O'Bryant (587-3370).

Sat.-Sun., Oct. 4-5. West River, Vermont, Class 2 whitewater. Call L Bob Scolamiero (545-6015) for details.

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Sat., Sept. 27.

## 5th Annual Century Ride!

Rain date - Sun., Sept. 28

Get in on one of our biggest events of the year - riders, crew and spectators needed!  
IF YOU HAVEN'T REGISTERED FOR THE CENTURY RIDE YET (OR TO HELP THE CREW) - DO IT TODAY!

Take the challenge of biking 100 miles in less than 12 hours, or try the 50-mile route. This year there is an additional optional ride of 25 miles. Enjoy this beautiful fall ride thru Carver, Plymouth, Wareham, Marion, Mattapoisett, Middleboro, etc. It's a go-at-your-own pace event and all riders should carry a pump, spare tube/patch kit, and tools - and know how to use them! And start training now - it's a long ride!!!

Min. age: 14. Riders under 18 must ride with a parent or other adult who agrees to be responsible for him/her. No exceptions.

SIGN UP RIGHT AWAY TO RIDE OR TO HELP OUT AS A CREWPERSON...helping with registration, checkpoints, giving encouragement, running the sagwagon, taking photos, handing out prizes, helping with pre-event publicity, etc. FOR FURTHER INFO CALL:

Bob Bentley 866-3057 Art Wessel 878-9626 Dave Fogg 384-3851  
CREW CAPTAIN: Margaret Brown 285-4766

Oranges, water, juice, and encouragement provided at two checkpoints. Roads are marked and written directions provided. Sagwagon provided for the last 25 miles.

PRIZES! Those who complete the 100 miles get a special limited edition, custom designed T-shirt. All riders qualify for a selection of other fun prizes.

RIDER DONATION:	Before 9/14	After 9/14
AMC members	\$ 8	\$11
Non-members	\$10	\$13

SE MASS AMC - FIFTH ANNUAL CENTURY BIKE RIDE REGISTRATION FORM Sat., Sept. 27, 1986

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

TEL. \_\_\_\_\_

\_\_\_\_ Under 18. Riding with \_\_\_\_\_

Chapter Affiliation: \_\_\_\_\_

\_\_\_\_ 100-mile route  
\_\_\_\_ Adult T-shirt size: S M L XL  
\_\_\_\_ 50-mile route  
\_\_\_\_ 25-mile route  
\_\_\_\_ Crewperson (no charge, of course)

Send with self-addressed, stamped envelope and your check (made payable to Dave Fogg/ SE MA AMC), to: Dave Fogg, 77 Cumberland Rd., Wrentham, MA 02093-1826.

## BIKING...

Dave Fogg (384-3851)  
Claire Cabral (866-2464)  
(Please - no calls after 10:00 PM)

Sat., Sept. 13. Massasoit State Park, Marion. Advanced 50-mile ride in preparation for the Annual Century Ride. Rain date, Sun., Sept. 14. L Rick Lawrence (837-9085).

Sat., Sept. 20, 1986. 5th Annual Coast Week Celebration. Celebrate with a 26-mi. bike ride of coastal areas of Cohasset & Scituate. Join us as we explore the land SE of Boston where the coastline curves from east-west to a north-south direction. Bring lunch & dress for wind. Intermed. L Dave Fogg (384-3851) CL Art Wessel (878-9626).

Fri.-Sun., Sept. 19-21. Provincetown. Two days & nights in exotic P-town! Stay in Gulls' Nest Motel 0.8 mi. from end of the Provinceland bike trails. Browse, beach, bath & bike (easy & intermediate). Cost \$50. incl. Sat. supper. Contact L Bob Peakes (896-7326) CL Roz Reilly.

Fri.-Sun., Sept. 19-21. American Lung Assoc. Benefit Ride. Travel from Plymouth to Provincetown with a ferry ride back to Plymouth. For details call Steve (947-7204).

Sat., Sept. 27. FIFTH ANNUAL CENTURY RIDE. See special notice and registration form.

Sat., Oct. 4. Back roads of Wellfleet. 30-mi. inter. loop on back roads on the bay thru Truro to Wellfleet, on the outer beaches past Newcomb Hollow, Cahoon Hollow White Crest (surfer's delight), and Le-count Hollow beaches. Only 1-mi. on Rte. 6. 10-speeds a must; helmets strongly recommended. Bring lunch & swimsuit. Call L Bob Peakes (896-7326) CL Roz Reilly.

## LAST-MINUTE INFO!

Sat.-Sun., Oct. 4-5. Block Island, RI, Bicycling Weekend. Spend 2 days touring, browsing and beaching on quaint Block Is. Stay Sat. night at Seacrest Inn, continental breakfast Sun. AM included. Sat. night dinner on your own. Take early Sat. AM ferry from Galilee, RI, return Sun. night. Trip limited to 14. Cost \$42. incl. ferry cost. Send entire fee with SASE to L Margaret Brown no later than Sept. 20. 202 Taunton Ave., Norton, MA 02766 (285-4766) CL Bill Brown.

## HELP WANTED . . .

The Crawford Committee has appealed for help in maintenance of the Carriage House which is used for storage and as a hut supply point. They have scheduled two volunteer work weekends this fall - Sept. 27-28, and Oct. 4-5.

Besides wielding hammers & brushes, there will be plenty of jobs for those less construction-minded. Food & accommodations in the cabins will be furnished for volunteers who preregister with Pinkham Reservations. If you are interested in a fun weekend while doing a good deed, call 1-603-466-2727 and sign up for a volunteer work weekend.



Southeastern Massachusetts Chapter  
APPALACHIAN MOUNTAIN CLUB  
5 Joy Street  
Boston, MA 02108

Non-profit  
Organization  
U.S. Postage  
PAID  
Easton, MA 02334  
Permit No. 5

Time  
Dated!