

# Southeast Breeze



Southeastern Mass. Chapter—Appalachian Mountain Club

Editor Linda Thomas

Oct '85

## NEWCOMER NOTES . . .

Suzanne & Bob Scolamiero (545-6015)

A special note to ALL OF YOU WHO HAVE JOINED US DURING THE PAST YEAR . . . do come to the 10th Anniversary Annual Meeting on Nov. 15th. This is a great opportunity to socialize with more SE Mass. Chapter "Appies" than you'll ever see gathered at any other time . . . to meet lots of nice folks who share your interests.

A warm welcome too, to our new members for August and September.

Harwich  
Cotuit  
Monpoisett  
W. Yarmouth

Lorraine Frederickson  
Barry Pulsford  
Dorothy Allen  
Julie Meehan

Hingham  
Quincy

Tom & Jean Vaughan family  
Chris & Lynn Gaughan/Maur  
Joanna Petrucci

Weymouth  
Marshfield

Sara Stewart  
Mr./Mrs. William Vickstrom  
Carole Molloy

Plymouth  
Norwell

Alex Marceline  
Robert Meyer family  
Jean Tsokanis

Pembroke  
Halifax  
Whitman

Robert Carlson  
Lee Rogers family  
Carole Gross

N. Easton  
Sharon  
Walpole  
Norton  
Mansfield

Joyce Peterson  
Thomas Baldwin  
Steven Dardinski  
George Burgess  
Lois Maccausland  
Frank Spada

Bellingham  
S. Attleboro  
Attleboro  
New Bedford  
Gloucester

Scott Pleaw  
John Lepper  
Jayne Waraksa  
Carol Tinkham  
Janet Myers

## OF INTEREST...

Good news...Stonehearth Open Learning Opportunities (SOLO), an educational center in Conway, NH, offers an excellent selection of courses in emergency medicine, rescue, and leadership. Instructors are active rescue personnel with extensive outdoor experience. Courses are accredited by the Natl. Registry of EMTs (Emergency Medical Technicians) and may be used for continuing education credit. Some courses carry college credits.

Oct. 12: The First 5 Minutes. Decision-making practice for emergency situations. Life-threatening emergencies; triage and treatment; overall control of the scene. \$25 (w/lunch).

Oct. 13: Orthopedic Emergencies. In-depth look at bone and joint injuries and specific treatments. \$25 (w/lunch).

Oct. 19-20: Rescue Symposium, 2 days. Backcountry rescue, advanced high angle rescue, vehicle rescue for ambulance personnel, off-road vehicle rescue. Write for prices and details.

Nov. 2-3: Backcountry Rescue, 2 days. Stresses difference between city and backcountry emergency medicine. Mock rescue situations. \$80 including lodging, 2 breakfasts, 2 lunches.

Nov. 9-10: Ski Patrol Refresher. Refresh and practice your skills. \$80 including lodging, 2 breakfasts, 2 lunches.

Write for full brochure: SOLO, RFD #1, Box 163, Conway, NH 03818 (603-447-6711).

## 1ST AID

Advanced First Aid Course, taught by Bob Bentley, late October - early December; meet once a week in Plymouth or Carver. Just a few slots left . . . class size is limited. Oriented toward AMC-type outdoor situations. Bob Bentley (866-3057) or Vicki Fitzgerald (585-3424).



## BIKING...

Pauline Watt (826-4605)  
Vicki Vinal (934-2777)  
Dave Fogg (384-3851)

Sat., Oct. 5: Cape Cod. Easy day trip through Mashpee, Marston Mills, Osterville. Approx. 20-25 mi. of the Cape at a peaceful time! L Phyllis Whitford, 588-5324; CL Elsie Laverty, 823-0634.

Sun., Oct. 6: Marion/Wareham/Rochester. Intermediate biketrip, approx. 30 mi. on back roads. L Claire Cabral, 866-2464; CL Elsie Laverty, 823-0634.

Sat.-Mon., Oct. 12-14: Columbus Day Weekend in Provincetown. Intermediate style (10-speeds) biking weekend. See the Cape after the tourists have gone. Beaching, browsing, biking. Stay at cozy motel in woods, double occup., private bath. \$50 per person includes accommodation 2 nights plus a super cookout supper. Other meals eat out. Full amount and SASE due by Sept. 16. Call for details. L Bob Peakes, 896-7326.

Fri.-Mon., Oct. 11-14: NH Foliage Weekend. Join Narragansett Chapter for more rugged intermediate biking from Wonalaucet Cabin, 30-50 miles/day - or optional day hiking. Rustic cabin, comm. cooking. Ltd. to 16. Call before 9 p.m. L Bob and Carol Anderson, 401-846-6344.

Sat., Oct. 19: Cranberry Cruise. Popular annual biketrip thru cranberry country at harvest time. Approx. 30 miles. Bring lunch, dress warmly. L Linda Thomas, 697-8640. (Raindate, Oct. 20.)

Sun., Oct. 27: Leader's Choice, South Shore area. A surprise trip...easy/intermediate, with L Charles and Pauline Watt, 826-4605.

## CANOEING...

Chuck Wright (564-4250)  
Barbara Hughes (362-3954)

Sat.-Sun., Oct. 5-6: West River, VT. Class 2 trip. L Ernie Varum, 947-1967, CL Russ Ottey, 563-6637.

Sat., Oct. 19: Nemasket/Taunton Rivers. Popular fall foliage trip on flatwater. L Bob Nixon, 822-5768.

## SPECIAL!

Fri.-Sun., Oct. 26-28: AMC ANNUAL TOWN MEETING, Pinkham Notch, No. Conway, NH. Details: Russ Ottey, 563-6637.

## HIKING...

Walter Morin, 697-6690; Bruce Dunham, 587-0679  
Sat., Oct. 19: Moose Hill Audubon Sanctuary, Sharon, MA. Easy 5-7 mi. hike, L Bruce Dunham, 587-0679. Call 7-9 PM evenings.

## HIKING/CAPE-THURSDAYS

Harry Dombrosk/Cape Hikes (385-9502)

. . . all meet 9:30 AM . . . about 2 hrs.

Thurs., Oct. 3: Audubon Sanctuary, Wellfleet. Meet at the Sanctuary, Rte. 6A. L W. Hanger, 385-2651.

Thurs., Oct. 10: Grey's Beach, Yarmouthport. New hike route! North off 6A, Yarmouthport @ blinking light (Union St.) and follow approx. 1 1/2 mi. to Grey's Beach pkg. lot. L Bud and Pam Carter, 398-2605.

Thurs., Oct. 17: 7 Ponds of Wellfleet. Meet Gull Pond Pub. Leg., off Gull Pond Rd., Wellfleet. L Dick Nicholson, 349-2494.

Thurs., Oct. 24: Nickerson State Pk. Meet Flax Pond pkg. lot, off Rte. 6A, Brewster, 1st rd. on left after entrance. L Harry Dombrosk, 385-9502.

Thurs., Oct. 31: Eastham. Calling all Halloween spooks . . . meet pkg. lot opp. Roach Co., Nauset Rd., near junction of RR Ave., Eastham. L R. Nicholson, 349-2494.

Thurs., Nov. 7: Sheep's Pond, Brewster. Meet end of Fisherman's Landing Rd., off Rte 124, 2 mi. no. of exit 10, Mid-Cape Hwy. L Bud and Pam Carter, 398-2605.

## HIKING/CAPE-SUNDAYS

. . . all start 11 am sharp . . . last 3-4 hours, bring lunch!

Sun., Oct. 6: Great Island. Meet pkg. lot off Chequesset Neck Rd., Wellfleet. Nice hike on beach and woodland trails. L Audrey and Dick Nicholson, 349-2494.

Sun., Oct. 13: Mystery Hike/Nickerson. Meet Flax Pond pkg. lot, Nickerson State Park, Rte 6A, Brewster, 1st left after park entrance to end. L Bud and Pam Carter, 398-2605.

Sun., Oct. 20: Harwich. Meet abandoned RR pkg. area, on bike path, Rte 137. L B. Savage, 896-3128.

Sun., Oct. 27: Paradise Valley, S. Truro, Scenic hike. Meet Rte 6, abandoned rest area, exactly 1 mi. north Truro town line. L Kathy Meades, 487-1517.



Sun., Nov. 3: Pocket Island. Get-away-from-it-all hike on beach and woodland trails. Meet Orleans Beach pkg. lot, end of Beach Rd., E. Orleans. L B. Savage (896-3128); CL Bud and Pam Carter, 398-2605.

Sun., Nov. 10: Nickerson State Park. Explore the perimeter. Meet front entrance pkg. lot, Rte 6A, Brewster. L Luann Angelone, 432-8159.

Deadlines . . . October 5 for December Appalachia and COMBINATION NOVEMBER/DECEMBER Breeze. Nov. 5 FOR COMBINATION JANUARY/FEBRUARY Appalachia.

## frosty stuff!

Wed., Oct. 23, 7:30 PM. Get together to plan our winter activities...X-C skiing, snowshoeing, hot tubbing, winter camping... Let's get creative and set up a full schedule. Remember, the Jan./Feb. issue of Appalachia is a combined issue, so trips must be scheduled early! Bourne Community Bldg., Main St., Buzzards Bay. Details: J. Smart, 888-4811.

Trip notices must be submitted through the appropriate activity committee. Other contributions direct to Editor, Linda Thomas, 56 Pleasant St., Bridgewater, MA 02324.

## \* SE MASS CHAPTER TENTH ANNUAL MEETING \*

Come celebrate the 10th anniversary of our Chapter! This is a big milestone for us, so be there! Join in the afternoon activities and/or the evening dinner program. It's a great chance to catch up with old and new members, share your ideas, swap stories, and get your AMC suncatchers (see p. 4).

CAMP BURGESS (YMCA). Sunset Lodge, Sandwich.

### SCHEDULE OF EVENTS:

1 PM Afternoon Activities

Hiking - Carolyn Crowell, 888-4923  
Biking - Dave Fogg, 384-3851  
Canoeing - Chuck Wright, 564-4250

(There will be a place for you to change before dinner.)

5 PM Happy Hour - cash bar for wine & beer

6:30 PM Dinner

8 PM Short business meeting and election of officers for '86

8:30 PM MYSTERY SLIDE PROGRAM - Something exotic, no doubt!

DINNER SELECTIONS: Roast Beef or Baked Fish with salad, baked potato, vegetable, rolls and butter, and dessert. Cost: \$15 per person.

DIRECTIONS: Mid-Cape Highway (Rte 6) to Exit 2, south on Rte 130 1.6 miles. Bear left on Cotuit Road for 1.3 mi., left on Farmersville Rd. for 1.2 mi, then left again on Stowe Road, about 1/2 mi. Camp Burgess is on the left opposite Triangle Pond. Tel. No. at camp: 428-2571.

RESERVATIONS: By Monday, Nov. 11, PLEASE! Send check to: Bill DeWilde, Box W, Truro, MA 02666.

QUESTIONS: Russ Ottey, 563-6637.

\_\_\_\_ Yes, I/we want to be there to celebrate our 10th anniversary!

Name(s): \_\_\_\_\_

\_\_\_\_ Roast Beef \_\_\_\_\_ Baked Fish

\_\_\_\_ Roast Beef \_\_\_\_\_ Baked Fish

Address: \_\_\_\_\_

Total enclosed (@ \$15/person): \_\_\_\_\_



## XMAS IDEAS

Yes, that time is only a few weeks away - so here's a couple of gift ideas that will help you beat the shopping crowds and leave more time for AMC fun!

● GIFT MEMBERSHIP IN AMC. Introduce a friend to AMC with a gift membership . . . before the dues go up! (in '86.) Adult \$35, Family \$50, Youth (to 23) \$20, Senior (70+) \$25. (These rates include the one-time application fee.) Send name, address, and desired chapter affiliation (Southeast Mass., we hope) plus your check to AMC, 5 Joy St., Boston, MA 02103 (523-0636).

● AMC LOGO SUNCATCHERS make a great small gift to hang on the Christmas tree, and all year round in a sunny window. They're 3 1/4" round, with the AMC pine tree logo in green and white, with a pewter finish. Complete with suction cup hanger. Buy several for your friends (don't forget one for yourself)... available at our Annual Meeting on Nov. 16 @ \$4 each, or by mail for \$5 each, 3 for \$14 (includes tax, postage and handling). Send check, payable to SE MASS AMC/Margaret Brown, 202 Taunton Ave., Norton, MA 02776.



## CONSERVATION CORNER...

"The Boston Chapter Task Force on Clean Air and Acid Rain is endorsing Mass. Senate bill 1187, an act to limit acid rain and acid deposition caused by in-state pollution. The bill calls first for a cap on sulfur dioxide emissions (SO<sub>2</sub> converts to sulfuric acid in the atmosphere) and, starting in 1989, a gradual reduction in emissions to a level considered (relatively) environmentally healthful. At present, S. 1187 is stalled in the Senate Ways and Means Committee.

"We ask that any or all concerned persons write to Senate President William Bulger (State House, Boston 02133) and urge him to move the bill forward. It will help to send copies of any letters to both your State Senator and Representative, and to Governor Dukakis, at the same address.

"Much support for this bill has been mobilized by MASSPIRG, the Mass. Public Interest Research Group. On a separate front, MASSPIRG is planning a major initiative petition drive which is designed to put a proposed acid rain/acid deposition program on the State ballot. Volunteers are urgently needed for the petition signature campaign (late September), and we encourage all AMC members to sign the petition when it arrives at your door."

MASSPIRG: Boston, 423-1796 (Kristin Palace)  
Amherst, 413-256-6434 (Matt Wilson)  
AMC Info: Robin Manning, 523-0636 or Task  
Force Chair, Alan Greene, 862-0026



Southeastern Massachusetts Chapter  
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Boston, MA 02108

Non-profit  
Organization  
U.S. Postage  
PAID  
Easton, MA 02334  
Permit No. 5

**Time  
Dated!**