

# Southeast Breeze



Southeastern Mass. Chapter—Appalachian Mountain Club

Editor Linda Thomas

sept '85

## LAST-MINUTE!

Sign up now! If you're looking for something to do in mid-Sept...Fri-Sun, Sept 13-15: TRAIL WORK WEEKEND. Help wanted.. 20 good workers for work/fun on our adopted trail at Lonesome Lake. Free lodging, chip in \$3 for food. Call now! L Bill Brown, 285-4766

## INFO!

Do you know how to treat for shock? What to do for a serious campstove burn? How to detect hypothermia? NO? Then sign up for a First Aid Course today! Call your local Red Cross, or consider a special program...Fall: ADVANCED FIRST AID PROGRESSION COURSE. Oriented toward AMC-type outdoor first aid situations. Will be offered late Oct-early Dec, if enough interest. (Min 5, max 15). Meet in Plymouth or Carver, once a week. Prerequisite: Current std. first aid or multi-media course card. Bob Bentley, 866-3057 Vicki Fitzgerald, 585-3424

## OF INTEREST...

For members of other chapters wanting to receive the Breeze...we have a new policy. The "subscriber" supplies 12 self-addressed labels and postage. \$1.50 for bulk rate mailing, 1-3 week delivery; or \$3 for first class handling.

Current "subscribers" will be notified when your last issue goes out. New subscriptions may be sent to Linda Thomas, Editor, 56 Pleasant St., Bridgewater, MA 02324.

DEADLINE...next one is Sept. 5 for November Appalachia and Oct. Breeze.

Trip notices must be submitted thru the appropriate activity committee. Other contributions direct to the editor..see address above. 697-8640.

## What do YOU think?

...about the proposed dues increase for the club....about the last AMC trip you went on?... about the variety and quantity of activities offered?....about what's the best equipment for your favorite activity....about what the chapter can do to support conservation and trails efforts in your town?

The Breeze welcomes letters to the editor expressing your opinions, ideas, stories, etc. (Please be brief, to the point and type it!

If you really want to put some Fun and Excitement in your life and the club's.... consider getting involved in one of the Chapter committees. The Nominating Committee is getting ready for annual meeting (Nov 16) and is looking for people to work with existing committees as well as take over others from people who've been at the job for a while.

Maybe it's your turn to spend a few hours a month helping out....expanding and improving existing programs, encouraging greater participation, making events more appealing to novices and experts alike.

All kinds of skills are needed...organizational, leadership, typing, administrative, typing, writing, telephone calling, graphic design, publicity, entertaining, envelope-stuffing, financial, teaching, trip planning, driving, research, etc... there's something for everyone!

If you'd like to be considered for a committee slot, please contact one of the Nominating Committee members, or any existing chairpersons. Russ Ottey, 563-6637. Margaret Brown, 285-4766 Linda Thomas, 697-8640

## Did you know...

...that Sept. is a good month for bargains on SKI EQUIPMENT???

Yes, it's not too early to start thinking about challenging trails, fluffy stuff and crisp, cold mornings! Watch the next Breeze for the meeting date to plan our '85/86 Ski Schedule.



## HIKING/BACKPACKING . . .

Walter Morin (697-6690)  
Bruce Dunham (587-0679)

Sat-Sun, Sept 7-8: Mt. Madison. Enjoy a hut hiking trip in the Northern Presidentials. Hike Madison and Adams, both 4000-footers. Ltd. to 8.  
L Russ Ottey, 563-6637.

Sat-Sun, Sept 21-22: Mt. Washington via Tuckerman Ravine. Intermediate backpack trip with camping at Hermit Lake. Hike Mt. Washington, return via Lions Head Trail. Community cooking. L Walter Morin, 697-6690, CL Robert Benvissuto, 697-2025.

## HIKING/CAPE-SUNDAYS

Harry Dombrosk (385-9502)

...all start 11AM sharp...last 3-4 hrs. bring lunch.

Sun, Sept 15: FALL CAPE HIKE KICKOFF!  
Don't miss the season opener at Nickerson State Park. Meet front entrance pkg. lot, Rte 6A, Brewster. L Carters, 398-2605

Sun, Sept. 22: Brewster. Hike woodland roads past pretty lakes. Meet Headwaters Drive. Exit 10, north on Rte 124, then first road on left. CL Harry Dombrosk, 385-9502.

Sun, Sept. 29: Eastham. Spectacular view of ocean via woods roads, nature trail and beach. Meet Salt Pond Vis. Ctr, Rte 6A. L M. Crary, 255-1140.

Sun, Oct 6: Great Island. Beach and woodland trails on scenic island. Meet pkg. lot off Chequesset Rd, Wellfleet. L Audrey and Dick Noeholson, 349-2494

## HIKING/CAPE-THURSDAYS

...all meet 9:30 AM..about 2 hours.

Thurs, Sept. 19: E. Dennis. Meet at Cold Storage Beach to hike pretty Quivet Marsh. L R. Wood, 385-5091.

Thurs, Sept. 26: Brewster. Meet Fisherman's Landing Rd, off Rte 124, Brewster. 2 mi. north of Exit 10, Midcape Hwy. L T. Tucker, 385-8158.

Thurs., Oct. 3: Wellfleet. Hike Audubon Sanctuary. Meet at entrance, Rte 6A. L W. Hanger, 385-2651.

Thurs, Oct 10: Yarmouthport. Meet at pkg. lot, Grey's Beach. Go north off 6A, Yport at blinking light (Union St.) and follow approx. 1½ mi. to beach. L Carter's, 398-2605

## CANOEING...

Chuck Wright (564-4250)  
Barbara Hughes (362-3954)

Sat-Sun, Sept 7-8: Washburn Island, Falmouth. Camp on gorgeous island and paddle the popular Waquoit Bay, flatwater. L Chuck Wright 564-4250, CL Marilyn Young, 222-0472.

Sat, Sept. 14: Monomoy area, Chatham. Paddle from Stage Harbor out to Monomoy Island... land of migrating birds, horseshoe crabs and more. L Russ Ottey, 563-6637.

Sat-Sun, Sept 21-22: Saco River, Maine. Flatwater, class 1 canoe/camping trip on a crystal clear river. L Judy O'Bryant, 587-3370.

Sat-Sun, Oct 5-6: West River, Vermont. Class 2 trip with L Ernie Varnum, 947-1967 CL Russ Ottey, 563-6637.

## BIKING...

Pauline Watt (826-4605)  
Dave Fogg (384-3851)  
Vicki Vinal (934-2777)

Sat-Sun, Sept 7-8: Martha's Vineyard. Intermediate cycling weekend. Stay at AYH Hostel. Est. cost \$25. Ltd. to 15.  
L John Smart, 888-4811, CL Nancy Gwozdz 428-4006.

Sun, Sept. 15: Warmup for the Century. Advanced bicycling (55 miles) thru Marion, Mattapoissett, Rochester area. L Rick Lawrence, 837-9085, CL Art Wessel, 878-9626

Fri-Sun, Sept 20-22: Schoolhouse Biking, VT. Enjoy hilly scenic terrain in Northern Vermont. Intermediate trip, stay at rustic cabin. L Russ Ottey, 563-6637, CL John Smart 888-4811

Sun, Sept, 22: Scituate. Daytrip along country roads and shoreline in Scituate. Meet 10:30 AM for an easy 14-mile ride. Bring noon nibbles and dish for a potluck supper later on. May need to dress for wind. L Suzanne and Bob Scolamiero, 545-6015, 545-003

Sat, Oct 5: Cape Cod. Easy daytrip thru Mashpee, Marstons Mills, Osterville. Approx. 20-25 miles of the Cape at a peaceful time! L Phyllis Whitford, 588-5324. CL E. Laverty 823-0634



# ... MORE BIKING...

Sun, Oct 6: Marion/Wareham/Rochester.  
Intermediate style biking. Approx. 30  
miles on backroads. L Claire Cabral,  
866-2464, CL Elsie Laverty, 823-0634.

Sat-Mon, Oct 12-14: Columbus Day Weekend  
in Provincetown. \*\*\* Note extension to  
three days. Intermediate weekend, 10  
speeds required. Beaching, browsing, biking  
Stay at cozy motel in woods, dbl occupancy,  
private bath. \$50 pp includes 2 nights  
accomodations plus a super cookout supper.  
Full amount and SASE by Sept. 16. Call  
for details. L Bob Peakes, 896-7326.

Sept 21-23: Autumn Escape Bike Trek for  
Life and Breath. Help raise \$\$ for Mass.  
Lung Assoc. by biking from Ptown to Plymouth.  
\$250 min. pledges plus \$20 registration fee.  
Cruise to Ptown, 2 nights accomodations,  
meals, sagwagon, prizes too. Registration  
set by Aug. 30, but I doubt they'll turn  
people with pledges away! Trek hdqtrs:  
426-8330, or Middleboro Lung Assn, 947-7204.

IF YOU HAVEN'T REGISTERED FOR THE CENTURY RIDE YET (OR TO HELP OUT THE CREW)

DO IT TODAY ! ! ! ! !

★ Get in on one of our BIGGEST Events of the year . . . riders, crew, and spectators needed!  
SAT., SEPT. 28 . **4th Annual Century Ride!** (Raindate: Sun., Sept. 29) ★

Take the challenge of riding 100 miles in  
less than 12 hours, or try the 50-mile  
route. Enjoy this beautiful fall ride  
thru Carver, Plymouth, Wareham, Marion,  
Mattapoisett, Middleboro, etc. It's a  
go-at-your-own-pace event and all riders  
should carry a pump, spare tube/patch kit,  
and tools - and know how to use them! And  
start training now . . . it's a long ride!

Oranges, water, juice, and encouragement  
provided at two checkpoints. Roads are  
marked and written directions provided.  
Sagwagon for the last 25 miles.

SIGN UP EARLY TO RIDE OR TO HELP OUT AS A CREWPERSON . . . helping with registration,  
checkpoints, giving encouragement, running the sagwagon, taking photos, handing out  
prizes, helping with pre-event publicity, etc.

Further info:

Bob Bentley, 866-3057  
Vicki Vinal, 934-2777

Art Wessel, 878-9626  
Dave Fogg, 384-3851

Crew Captains: Margaret Brown, 285-4766  
Shirley Forsman, 866-2408

SE MASS AMC - FOURTH ANNUAL CENTURY BIKE RIDE REGISTRATION FORM---Sat., Sept. 28, 1985---

- ☐ 100-mile route  
Adult T-shirt size: S M L XL  
☐ 50-mile route  
☐ Crew person (no charge of course)

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

TEL. \_\_\_\_\_

\_\_\_\_ Under 18. Riding with \_\_\_\_\_

Chapter affiliation: \_\_\_\_\_

Send with a self-addressed, stamped  
envelope and your check (made payable to  
Dave Fogg/SE MA AMC) to Dave Fogg, 77  
Cumberland Rd., Wrentham, MA 02093-1826.



## NEWCOMER NOTES . . .

Suzanne & Bob Scolamiero (545-6015)

We'd like to say "HI" to our largest crop of new members yet in a single month...21+ new SE Mass AMC-ers in July! (By the way...we're over 875 members strong according to the latest mailing list!)

Hope to see you soon...if not on a regular trip..at the Centry Bike Ride (Sept. 28) or Annual Meeting (Nov 16).

Bourne	Martha Tarafa
Eastham	Gary Higgins
E. Falmouth	Charles Morgan Jr.
Forestdale	John Pribilla
Hyannis	Cara Feldberg
Brookline	Mary Gavala family
Hingham	Alexander Kondracki
Duxbury	Terri Bobseine
Kingston	J. William Gonyea family
Holbrook	Mary Clark
	Lynn & Geoff Adams fam.
Whitman	Anne Joseph
Stoughton	Monika Buob
Middleboro	Janet Dunwoodie
Taunton	John Nowak
New Bedford	Mary Baptiste
S. Dartmouth	Mary Dubois
Somerset	Leonard Judge
Providence/RI	Sandra Conley
	Rich/Laura Leopold fam.
Pawtucket/RI	Mary Corrigan

## CONSERVATION CORNER...

by Pam Carter (398-2605)

Well, folks, it's time to fight! Bear with me and I'll tell you why...but first, a question. DID YOU KNOW there is such a thing as the NATIONAL TRAILS SYSTEM ACT? And that Congress in 1978 allocated \$90 million for land acquisitions to provide permanent protection for our beloved Appalachian Trail?

Well, 'tis true. BUT, one little flaw is that the actual amount to be spent each year must be approved by the Congress.

So, here's the problem...for fiscal year 1986, the President has allowed for ZERO \$ for AT land buys, and has asked for a 3-yr. moratorium on all Federal land acquisitions. But AT Committee officials have protested by requesting \$9.3 million for the Natl. Park Service and \$700,000 for the Forest Service, so Congress has been busy with eharings since May. That's where we come in!

AMC-ers owe it to ourselves to voice our opinions on the matter to our legislators NOW! If the AT acquisition project is not funded, there's a chance that we'll be left with disjointed sections of the Trail.

WRITE TO YOUR CONGRESSPERSON NOW!!!  
Questions or thoughts: Pam Carter,  
16 Driftwood Lane, S. Yarmouth, MA 02664  
398-2605.



Southeastern Massachusetts Chapter  
APPALACHIAN MOUNTAIN CLUB  
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**Time  
Dated!**