

Southeast Breeze



Southeastern Mass. Chapter—Appalachian Mountain Club

Editor Linda Thomas

aug '85

NEWCOMER NOTES . . .

Suzanne & Bob Scolamiero (545-6015)

Welcome to our latest "crop" of new Southeast Mass. Chapter members! We look forward to seeing each of you soon, on the trail, on the water, or the bikeways.

Be sure to mark your calendar with these important SE Mass. dates . . . 3 great chances to meet lots of AMC'ers.

Sat., Sept. 28. 4th Annual Century Bike Ride (Riders, crew, and spectators needed.)

Sat.-Sun., Oct. 26-27. AMC Club-wide Fall Town Meeting, Pinkham Notch, NH

Sat., Nov. 16. SE Mass. Annual meeting, Camp Burgess, Sandwich. Outings in the afternoon, dinner meeting, election of officers.

To all . . . remember: members can take advantage of trips offered by any AMC chapter (although of course, we think the SE Mass trips are the best!). Whatever trip you're interested in - don't hesitate! Call early for details, equipment needed, etc. Hope to see you soon!

G. J. Arnel Family
Robert Bell family
Susan Clark
Robertson Dinsmore family
James Doerr
Janice Feodoroff
Dr. Robt. Frazier
Henry Gilbert
Dave Gunning
Jeff Johnson
Ellyn Kramer
Kim Lenz
Edyth McGlone
Terrence Martin
Ingrid Rogalski
Sally Stafford
Robert Weker family
Donald Wilson

Taunton
Canton
N. Eastham
Falmouth
Dennis
Randolph
Dighton
Hingham
New Bedford
Foxboro
Randolph
New Bedford
S. Weymouth
Foxboro
Weymouth
Rehoboth
Carver
W. Harwich

LAST-MINUTE INFO!

Aug. 2-9: AT Conference, Poultney, VT. Just learned at press time of the 25th meeting of the Appalachian Trail Conference, being held at Green Mountain College. The host, the Green Mountain Club, is also celebrating its 75th anniversary. The week-long event includes over forty hikes, for all abilities; workshops on conservation issues, cold weather hiking, photography on the AT, political action, etc.; excursions to local VT attractions; a daily jog; bicycle tours; panel discussions; evening entertainment and more! Sounds like a great week. For more information contact: The Green Mountain Club, P. O. Box 889, Montpelier, VT 05602 or the ATC Planning Committee, P. O. Box 1680, No. Adams, MA 01247.

Fall Schedule: Advanced First Aid Progression Course. This course, oriented toward AMC-type outdoor first aid situations, will be offered late Oct. through early Dec., if enough interest. (Min. 5, Maximum 15.) Location will be in Plymouth or Carver, once a week. Prerequisite: Current standard first aid or multi-media course card. Call for details. Bob Bentley, 866-3057; Vicki Fitzgerald, 585-3424.

Deadline . . . next one is Aug 5 for October Appalachia and the September Breeze.

Trip notices must be submitted through the appropriate activity committee. Other contributions direct to editor, Linda Thomas, 56 Pleasant St., Bridgewater, MA 02324 (697-8640).

HIKING/BACKPACKING . . .

Walter Morin (697-6690)
 Bruce Dunham (587-0679)
 Harry Dombrosk/Cape Hikes (385-9502)

Fri.-Sun., Aug. 16-18: Zealand Notch.
 (Note date correction from July/Aug.
 Appalachia.) Nice easy hike to hut via
 Zealand Pond Trail, view Thoreau Falls,
 then camp at Ethan Pond. L Ronald Doyon,
 997-3957.

Fri.-Mon., Aug. 30-Sept. 2: Baxter State
 Park/Mt. Katahdin. Sign up early for this
 popular annual weekend hike/camp trip in a
 wilderness area. Hike one of the really
 challenging mountains in the East! L Bob
 Bentley, 866-3057

Sat.-Sun., Sept. 7-8: Mt. Madison. Hike
 Madison and Adams 4000-footers in the
 Northern Presidentials, stay at Madison
 Hut. Ltd. to 8. L Russ Ottey, 563-6637.

ADVANCE NOTICES:

Sun., Sept. 15: Fall Cape Hikes Kickoff.
 Start the new season off at Nickerson
 State Park. 11 AM, front entrance, for a
 3-4 hour outing. L Carters, 398-2605.

Sat.-Sun., Sept. 21-22: Mt. Washington
 Backpack Weekend. Camp at Hermit Lake in
 Tuckerman's Ravine. Hike NE's highest -
 Mt. Washington - return via Lions' Head.
 Intermediates. L Walter Morin (697-6690),
CL Robert Benvissuto, 697-2025.

TRAILWORK...

Fri.-Sun., Sept. 13-15: Lonesome Lake
 Trailwork Weekend in NH. Needed: 20 good
 workers for some hard work and good fun on
 our adopted trail at Lonesome Lake in
 Franconia Notch. Free lodging and chip in
 \$3.00 for the food. Please reserve by
 September 7. For details call L Bill
 Brown, 285-4766, 202 Taunton Ave., Norton,
 MA 02766.

LONESOME LAKE TRAILWORK WEEKEND
 September 13-15

— Yes, sign me up. \$3.00 enclosed
 (non-refundable)

NAME: _____

ADDRESS: _____

TEL.: _____

Send to Bill Brown--address above.

CANOEING...

Chuck Wright (564-4250)
 Barbara Hughes (362-3954)

Aug. 3-4: Paddle and Concert, Tanglewood,
 Berkshires. A weekend intended to include
 paddling local waters and a concert at
 Tanglewood. L Paula Phillips, 826-8080.

Sat., Aug. 10: North River, Marshfield.
 This ever-popular tidal trip on the
 historic and beautiful North River will be
 led by either Ruth Irwin, 447-4637 or Bob
 Milburn, 294-0875.

Sat.-Sun., Aug. 17-18: Knubble Bay,
 Maine. Camp in the AMC cabin and explore
 the magical tidal waters by canoe or sea
 kayak. L Tony Arnold, 759-4767, and
 Barbara Hughes, 362-3954.

Sat., Aug. 24: Lake Wequaquet,
 Centerville. Paddling, sailing, possible
 cookout. Good trip for beginning
 canoeists. L Barbara Hughes, 362-3954; CL
 Jerry Cottle, 775-0696.

Sat.-Sun., Sept. 7-8: Washburn Island,
 Falmouth. Camp on gorgeous island and
 paddle popular Waquoit Bay, flatwater.
L Chuck Wright, 564-4250; CL Marilyn
 Young, 222-0472.

ADVANCE NOTICE:

Sat.-Sun., Sept. 21-22: Saco River
 Weekend. Class I flatwater camping and
 paddling on a crystal clear river. L Judy
 O'Bryant, 587-3370.

BIKING...

Pauline Watt (826-4605)
 Vicki Vinal (934-2777)
 Dave Fogg (384-3851)

New to Bike Schedule!

Sat., Aug. 3 (Raindate Aug. 4): Cape Cod
 Rail Trail. Intermediate cycling,
 approximately 20 to 40 miles depending on
 weather. Picnicking, swimming (both fresh
 water and salt water) and lots of
 socializing. L Bernadette Jewell,
 477-1332.

Thurs.-Sun., Aug. 8-11: New England Bike
 Rally. Near '85 New England Bike Rally.
 Join 1000 bikers at UMASS Amherst for 1 to
 4 days of rides of all lengths (5-100
 miles), exhibits, movies, equipment, fun.
 Explore a new area, meet lots of new
 people! Write for details NEAR '85 c/o Al
 Eklund, 14K Brandywine Dr., Amherst,
 MA 01002.

... MORE BIKING...

Fri.-Sun., Aug. 23-25: Triathlon Weekend. Special 3-part event: "A Triathlon Weekend." Bike, canoe, and hike: an AMC version of the triathlon sport in the same weekend. Central/southern VT. Stay at a private campground, hot showers, community cooking. Sat., bike 25 mi., canoe approx. 10 on CT river, flatwater. Then Sun., am hike Mt. Ascutney (4 mi.), beautiful waterfall. Non-refundable deposit required. Limited to 25. Kids over 12 ok with parent. Call after May 1st. L Bob Nixon, 822-5768; CL Jeff McMullen.

Sat.-Sun., Sept. 7-8: Martha's Vineyard. Intermediate cycling weekend. Bike to Gay Head, lobster hatchery, Chicama Vineyard for wine sampling, swim at Lambert's Cove. Stay at AYH Hostel, gourmet dinner and breakfast. Bring 2 lunches. Est. cost \$25. Ltd. to 15. Non-refundable deposit of \$15 and SASE by Aug. 14 to Vicki Vinal, 21 Elm Hill Lane, Box 1330, Duxbury, MA 02331 (934-2777). L John Smart, 888-4811; CL Nancy Gwodz, 428-4006.

Sat.-Sun., Sept. 14-15: Provincetown. SEE CORRECTED NOTICE BELOW.

Sun., Sept. 14: Warm up for Century. Advanced bicycling (55 mi.) thru Marion, Mattapoisett, Rochester. L Rick Lawrence, 837-9085; CL Art Wessel, 878-9626.

ADVANCE NOTICES:

Fri.-Sun., Sept. 20-22: Visit the Schoolhouse. Bike in the North Country - Vermont. Enjoy the hilly but scenic terrain. (Intermed. cycling.) L Russ Ottey, 563-6637; CL John Smart, 888-4811.

Sat.-Sun., Oct. 12-13: Provincetown Biking Weekend. (Note dated corrected from Sept. 14-15.) Intermed. style weekend with time for biking, browsing, and beaching the Cape at a quiet time. Stay at motel/inn, meals out. Bring two lunches. 10-speed required. Non-refundable deposit. L Bob Peakes, 896-7326.

Get in on one of our BIGGEST Events of the year . . . riders, crew, and spectators needed!

SAT., SEPT. 28 . 4th Annual Century Ride! (Raindate: Sun., Sept. 29)

Take the challenge of riding 100 miles in less than 12 hours, or try the 50-mile route. Enjoy this beautiful fall ride thru Carver, Plymouth, Wareham, Marion, Mattapoisett, Middleboro, etc. It's a go-at-your-own-pace event and all riders should carry a pump, spare tube/patch kit, and tools - and know how to use them! And start training now . . . it's a long ride!

Oranges, water, juice, and encouragement provided at two checkpoints. Roads are marked and written directions provided. Sagwagon for the last 25 miles.

SIGN UP EARLY TO RIDE OR TO HELP OUT AS A CREWPERSON . . . helping with registration, checkpoints, giving encouragement, running the sagwagon, taking photos, handing out prizes, helping with pre-event publicity, etc.

Further info:

Bob Bentley, 866-3057
Vicki Vinal, 934-2777

Art Wessel, 878-9626
Dave Fogg, 384-3851

Crew Captains: Margaret Brown, 285-4766
Shirley Forsman, 866-2408

SE MASS AMC - FOURTH ANNUAL CENTURY BIKE RIDE REGISTRATION FORM---Sat., Sept. 28, 1985---

- ☐ 100-mile route
Adult T-shirt size: S M L XL
☐ 50-mile route
☐ Crew person (no charge of course)

Send with a self-addressed, stamped envelope and your check (made payable to Dave Fogg/SE MA AMC) to Dave Fogg, 77 Cumberland Rd., Wrentham, MA 02093-1826.

NAME _____
ADDRESS _____

TEL. _____
____ Under 18. Riding with _____

Chapter affiliation: _____

OF INTEREST...

Pinkham Notch Camp, AMC North Country Headquarters offers lots of weekend programs and Saturday night lectures. Check Appalachia for details, or contact: Summer Workshops 1985, AMC Box 298, Gorham, NH 03581 (603-466-2727).

- July 28-Aug. 3 Landscape Painting
- Aug. 2-4 History of Crawford Notch
- Aug. 3-4 Biking: Touring and Repair
- Aug. 4-10 Natural Science in the White Mountains
- Aug. 8-11 Exploring the Wild River (hike/camp.)
- Aug. 11-16 Drawing on the Right Side of the Brain - Part I
- Aug. 17-18 Drawing on the Right Side of the Brain - Part II

CONSERVATION CORNER...

Pam Carter, 398-2605

"I want people to go out and enjoy the land, and the rest of it will take care of itself," believes William McKay, a member of the Friends of the Mashpee River of Cape Cod. He and many others know the only real way to appreciate the beauty of the outdoors such as that along the 8-mile course of the Mashpee River is to canoe it, or to walk its shores!

McKay and fellow members of the Friends of the Mashpee River are attempting to save the river by convincing the town they ought to take advantage of the chance to buy 250 undeveloped acres along the east banks of the river. "Save the Mashpee River" bumper stickers, showing colored slides of the river set to instrumental music and giving guided tours of the area are methods his organization is using.

Perhaps some of US could make it a point to use the Mashpee River - by foot or by canoe - and to do the same . . . often! . . . in our OWN immediate areas - be it on Cape Cod or in the suburbs of Boston, the Charles River, Blue Hills, Arnold Arboretum, and elsewhere, if only to encourage others to do the same: "to go out and enjoy the land, and the rest will take care of itself."

HAVE A GREAT SUMMER!



Southeastern Massachusetts Chapter
APPALACHIAN MOUNTAIN CLUB
5 Joy Street
Boston, MA 02108

Non-profit
Organization
U.S. Postage
PAID
Easton, MA 02334
Permit No. 5

**Time
Dated!**