

Southeast Breeze



Southeastern Mass. Chapter—Appalachian Mountain Club

Editor Linda Thomas

JULY '85

REPORTS...

- Our first "Rites of Spring" weekend at Camp Farley (May 17-19) was a great success, with more than 50 of us celebrating with canoe trips, bike rides, hikes, and nature walks, Breeze folding and labeling, and a Saturday night square dance that had lots of feet tapping (some stomping!).

A highlight was the launching by Lois Fournier of a paper (yes - paper) canoe, built by her students as a fundraiser for world hunger. The paper and varnish canoe miraculously held up thru paddles for a good cause by several AMC thrill-seekers!

- Up at Lonesome Lake, a hardy crew of 16 worked through a raw, wet weekend to get the trail ready for the busy hiking season ahead. The major project accomplished was stabilizing the first big switchback with a log stairway. Thanks to all of you! Next year we'll coordinate the schedule better so you can join us at Camp Farley for our fun weekend and we can beef up the trail crew too!

Deadline . . . next one is July 5 for Sept. Appalachia and the August Breeze.

Trip notices must be submitted through the appropriate activity committee. Other contributions direct to editor, Linda Thomas, 56 Pleasant St., Bridgewater, MA 02324 (697-8640).

HELP WANTED . . .

- Do you own or have access to a word processor with a letter-quality printer?
- Have you always wanted to write front-page news? (Or poetry, one-liners, short stories, etc.?)
- Do you have creative, artistic, cartooning, or mechanical paste-up skills?
- Is your sister-in-law, neighbor, or best friend a printer?
- Do you know how to zip-sort bulk mailings? (Or fold, stick on labels, etc.?)
- Can you walk and chew gum at the same time?

If you answered yes to any of the above, The Breeze needs you! Now that the new format is working it's time to explore some new ideas and get fresh input. If you can contribute just a couple of hours a month . . . we can make The Breeze an even better communication device for the chapter! Please call if you can lend a hand. Linda Thomas, 697-8640 evenings.

IMPORTANT DATES . . .

Save the date - Saturday, September 28. It's our 4th Annual Century Bike Ride. (That's a ride of 100 miles in less than 12 hours . . . or a 50 mile option.)

If you're not a biker, you can still join in the fun and excitement by helping out on the support crew. Spend a couple of hours, or more if you like, at registration, manning checkpoints, handing out juice and water, running a Sagwagon, providing first aid support, talking to prospective members about the club, cheering on the riders at the finish line, taking pictures, etc.

Call one of the Crew Captains if you can help out: Margaret Brown (285-4766); Shirley Forsman (366-2408). Riders - watch the August Breeze for your registration form.

BIKING...

Pauline Watt (826-4605)
Vicki Vinal (934-2777)
Dave Fogg (384-3851)

- ✓ NOTE: The first-ever Midnight Moonlight Ramble Bike Ride on the Canal was a great success . . . with a beautiful full moon to ride by!

Sat., July 13: Cumberland Reservoir. Bike reservoir area and back roads around Wrentham. Bring lunch and bathing suit/weather permitting. Intermediate biking, approx. 40 mi. L Dave and Pat Fogg, 384-3851.

Fri.-Sun., Aug. 23-25: AMC "Triathlon" Weekend. A scaled-down AMC version of the popular triathlon events . . . Bike, canoe, and hike in central/southern VT. Stay at private campground, hot showers, community cooking. Sat.: bike 26 miles, then canoe 10 miles of flatwater on the CT River. Sunday AM, hike Mt. Ascutney, 4 mi. Non-refundable deposit reqd. Ltd. to 25. Kids over 12 OK w/parent. L Bob Nixon, 822-5768; CL Jeff McMullen.

ADVANCE NOTICES

Sat.-Sun., Sept. 7-8: Martha's Vineyard. Intermediate cycling weekend. Bike to Gay Head, lobster hatchery, Chicama Vineyard for wine sampling, swim at Lambert's Cove. Stay at AYH hostel, feast on gourmet dinner and breakfast. Bring 2 lunches. Est. cost \$25. Ltd. to 15. Non-refundable deposit of \$15 and SASE by Aug. 14 to Vicki Vinal, 21 Elm Hill Lane, Box 1330, Duxbury, MA 02331 (934-2777). L John Smart, 883-4811; CL Nancy Gwozdź, 428-4006.

Sat.-Sun., Sept. 14-15: Provincetown Weekend. Easy/intermediate style weekend with lots of time for browsing, beaching, and biking. Stay at motel/inn, meals out. Bring lunches. Non-refundable deposit. Trip size ltd. L Bob Peakes, 896-7326.

Sat., Sept 28: Fourth Annual Century Bike Ride. Raindate 9/29. Participate in the bike challenge of the season. Bike 100 miles in less than 12 hours, through Carver, Rochester, Wareham, Middleboro, Plymouth, etc. 50 mile cut off point. Entry fee, prizes, fun and accomplishment for all.

Preregistration required by 9/15. Call after July 15 for details. L Bob Bentley, 866-3057; CL Vicki Vinal, 934-2777; Art Wessel, 878-9626. See August Breeze for registration form. Registrar/Dave Fogg, 77 Cumberland Rd., Wrentham, MA 02093-1826 (384-3851).

SPECIAL EVENT . . .

Sat., Sept. 14: American Bike Festival, Boston. Bike 25-30 traffic-free miles in Boston . . . yes, in the city! Sponsored by GRAPE-NUTS and BICYCLING Magazine, in four cities around the country. Refreshments, great prizes, and a live band. Benefits the Boston Area Bike Coalition. \$8 entry fee to BABC, P. O. Box 1015, Kendall Sq. Branch, Cambridge, MA 02142. Let's get a group to represent SE Mass. AMC!

HIKING/BACKPACKING . . .

Walter Morin (697-6690)
Bruce Dunham (587-0679)
Harry Dombrosk/Cape Hikes (385-9502)

- ✓ The Beginners Backpack Evening on May 31 was a smashing success . . . with over 40 would-be backpackers there to learn all about it. Great job by the committee people in putting together this kickoff for a great season to come!

Sat.-Sun., July 20-21: Mt. Carrigan. Hike/backpack weekend with beautiful views from 4000-footer. L Vicki Fitzgerald, 585-3424; CL Bruce Dunham, 587-0679.

Sat.-Sun., July 27-28: Wildcats and Carter Notch Hut. Hike 19-mile Brook Trail, swim in hut area, return over the Wildcats (two 4000-footers!) to Pinkham Notch Camp. Ltd. to 8. L Walter Morin, 697-6690; LC Robert Benvissuto, 697-2025.

Fri.-Sun., Aug. 16-18: Zealand Notch. NOTE: > This date is correct (July Appalachia is wrong). < Nice easy hike to hut via Zealand Pond Trail, view Thoreau Falls, then camp at Ethan Pond. L Ronald Doyon, 997-3957.

Fri.-Mon., August 30-Sept. 2: Baxter State Park/Mt. Katahdin. Sign up early for this popular annual weekend hike/camp trip in a wilderness area. Hike one of the really challenging mountains in the East! L Bob Bentley, 866-3057.

ADVANCE NOTICE

Sat.-Sun., Sept. 7-8: Mt. Madison. Hike Madison and Adams 4000-footers in the Northern Presidentials, stay at Madison Hut. Ltd. to 8. L Russ Ottey, 563-6637.

CANOEING...

Chuck Wright (564-4250)
Barbara Hughes (362-3954)

Thurs., July 4: Hadley Harbor. Tidal canoe trip for the holiday. Cross Woods Hole passage to Hadley Harbor on Naushon Island, first of the beautiful Elizabeth Islands. Ltd. to fairly strong canoeists. L Chuck Wright, 564-4250.

Fri.-Sun., July 5-7: Androscoggin R. Weekend canoe trip on a popular Class 1/2 river in NH. L Ed York, 385-6118.

Sat.-Sun., July 13-14: Ipswich R. Weekend. A flatwater canoe weekend thru Ipswich River Wildlife Sanctuary and Palmer State Park. \$10 deposit by July 8. L Judy O'Bryant, 587-3370.

Mon.-Sun., July 15-21: Weeklong Wilderness Trip, Maine. A week of paddling and camping in Northern Maine. SASE to L for details. L Ruth Irwin, 85 West St., Whitman, MA 02563 (447-4637); CL Claire Cabral, 866-2464.

Sat., July 20: Nauset River, Eastham. Paddle a beautiful tidal creek to the ocean. Picnic, swim. L Bob and Suzanne Scolamiero, 545-6015 or 545-0036.

Sat.-Sun., Aug. 3-4: Paddle and Concert, Tanglewood/Berkshires. Enjoy the Berkshires and classical music in style. L Paula Phillips, 826-8080.

Sat., Aug. 10: North River, Marshfield. A popular tidal trip on the historic and beautiful North River. L Ruth Irwin, 447-4637 (or Bob Milburn, 294-0875).

Sat.-Sun., Aug. 17-18: Knubble Bay, Maine. Camp in the AMC cabin and explore these magical tidal waters by canoe or sea kayak. L Tony Arnold, 759-4767; CL Barbara Hughes, 362-3954.

CATCH THE SUN!

Have you got your AMC stained glass "Sunlite" emblem yet? It's the pine tree AMC logo in green, white, and pewter finish...a great gift, souvenir, or Christmas tree decoration.



Russ Ottey and some of the board members will have them on various trips . . . for \$4 each, or if you like, order by mail from: Margaret Brown, 202 Taunton Ave., Norton, MA 02776. Check for \$5.00 covers postage and handling, too - payable to Margaret Brown/SE MASS AMC.

CONSERVATION CORNER...

Pam Carter

What can an AMC'er do to help assure that in the year 2000 the HIKER is still able to escape to the natural beauty of trails like the Falling Waters in the Franconia Range of the White Mountains . . . or the CANOEIST to rivers like that beautiful Pemigewasset in New Hampshire . . . and the CYCLIST to those pedals along old country roads or scenic waterfronts?

CONcern for our natural environment with SERious interest in trying to protect such a VALuable Treasure by keeping Informed of the controVersial issues invoTving the environment (through news media and, of course, AMC publications!) . . . realizing we Owe it to one another to try and help our environment to be one in which Nature, too, can live . . . in the year 2000 . . . and those years to follow!

Time
Dated!

MA 02324

BRIDGEWATER
56 PLEASANT ST
MS LINDA B THOMAS
MA 0101890

SE

Boston, MA 02108
5 Joy Street

Southeastern Massachusetts Chapter
APPALACHIAN MOUNTAIN CLUB



Non-profit
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Permit No. 5

NEWCOMER NOTES . . .

Suzanne & Bob Scolamiero (545-6015)

Hello and glad to have you in our latest crop of new members. We hope each of you finds the AMC a positive one.

Don't be afraid to jump right in! If you're interested in a particular activity, call the leader. If you don't have the right equipment, ask anyway . . . the leader can tell you what you need, where you might rent or borrow it, etc. (the chapter does have some rental canoes). Committee chairpeople listed under the different activities are also always ready to help.

Welcome - hope to see you soon!

Hingham
Scituate

Lewis Cotton
George Cook
Lorraine Bender
Patrick Gray family
Brian Kelly

Norwell

Donna Sherman
Barbara Pickett
Susan Cornick
John Goldrosen
Kathleen Cummings-Roth family
Nancy Moloney
Lurline Sallie
Riscilla Bates
Martin Curran
Gary Deberry

Kingston
Pembroke
Whitman
Lakeville
N. Attleboro
Foxboro
N. Bedford
E. Dennis
Monument Beach

> Don't forget...any member can participate in events of any other chapter as well as our own. Best to call early for any trip!

for sale!

Camp Trails back pack. Skyline model. Large cruiser size. Used but in excellent condition. Four side pockets and map pocket on flap. A very reasonable \$35. Call or write Carolyn Crowell (888-4923) RFD #1, 33 Charles St., Sandwich, MA 02563.

OF INTEREST...

Bascom Lodge at Mt. Greylock in the Berkshires has a great summer program lined up. Enjoy great views from the summit (at 3491', the highest peak in Massachusetts!).

This is a beautiful stone lodge with room for 30 people overnight. Breakfast and dinner available. Open for day visitors too . . . walks, educational displays, evening campfires, 35 miles of trails, including a section of the AT, 10,000 acres of woods of the Mt. Greylock State Reservation. The Lodge is run by the AMC. Programs \$30-40 per person plus lodging and meals. Write for details: AMC Bascom Lodge, P. O. Box 586, Lanesboro, MA 01237 (413-743-1591).

July 18-19: The Fullness of Summer - Celebrate nature's bounty and diversity at the height of the growing season with naturalist, teacher, author Jorie Hunken.

July 25-26, and Aug. 8-9: Beginner Backpacking and Camping - Learn the basics from trip planning and equipment needs to efficient hiking techniques and low impact camping. Spend Wednesday night at Bascom Lodge and camp out Thursday night. Course fee: \$35, AMC members; \$40, non-members; includes Wednesday lodging and Thursday breakfast.

Aug. 15-16: Geology of the Mount Greylock Region - Hike to some of the best outcrops on the mountain and learn about places of geological interest on the Mt. Greylock Reservation with Paul Karabinos, Professor of Geology, Williams College.

Aug. 29: Keeping a Field Naturalist's Sketchbook. Learn how to record specific events of nature in journal format with Clare Walker Leslie, author of Nature Drawing: A Tool for Learning. All skill levels will be welcome.