

Southeast Breeze



Southeastern Mass. Chapter—Appalachian Mountain Club

Editor Linda Thomas

june '85

IMPORTANT NEWS...

National Forest Service...recent bulletin...warns of fire danger in the White Mountains due to dry spring conditions. As of May 9, the ban on use of campfires other than in designated campgrounds was in effect. Hikers and campers should use gas stoves for cooking and be extremely careful with smoking materials. Check with Pinkham Notch (603-466-2727) or the National Forest Service (603-524-6450) for further info... and ALWAYS BE CAREFUL WITH FIRES IN THE WOODS!

NEWCOMER NOTES...

Suzanne & Bob Scolamiero (545-6015)

Newcomers and old-timers alike...do you want to learn more about environmental issues, or improve your skills in canoeing, biking, backpacking or other outdoor activities? Then you're in the right organization! Watch for workshops and instructional trips in the Breeze. Sign up early and broaden your intellectual and recreational horizons. Remember too, that you're welcome to attend workshops and programs at club headquarters at Joy St. in Boston, plus those of other chapters as well as our own.

Next deadline is June 5 for the July Breeze. The next issue of Appalachia is a combined July/August issue and the deadline is past. The next opportunity to get club-wide publicity will be the September issue of Appalachia, with a deadline of July 5.

Trip notices must be submitted through the appropriate activity committee. Other contributions direct to editor, Linda Thomas, 56 Pleasant St., Bridgewater, MA 02324 (697-8640).

CATCH THE SUN!

and show your AMC spirit with this special stained-glass window decoration! We've had them specially made up in the tried-and-true AMC pine tree logo.



If you voted to keep this design, order your "Sunlite" today! Actual size is 3 1/4" round; colors are green, white, and pewter-finish. It comes complete with a suction-cup hanger and makes a great AMC souvenir, gift for a fellow AMC'er, or a lovely addition to your Christmas tree (anyone celebrating in July?).

The Sunlites are available via mail, or you may pick one up from Russ Ottey on a trip...we'll also be selling them at Annual Meeting in the fall, but don't wait! Help promote the AMC and raise a few bucks for our chapter...they're \$4.00 each if you buy it in person, but if you can't wait till you see Russ, order it by mail today!

To order: Send your check for \$5.00 (includes tax, postage and handling) to: Margaret Brown, 202 Taunton Ave., Norton, MA 02776. Please make checks payable to SE MASS AMC/Margaret Brown.

P.S. We're also selling these in quantity to other chapters, AMC camps, Joy St. - so you'll be seeing lots of them. Be the first on your block to get one!

BIKING...

Pauline Watt (826-4605)
Vicki Vinal (934-2777)
Dave Fogg (384-3851)

Sat., June 1: Midnight Moonlight Ramble. Yes, ride the Cape Cod Canal bikepath (easy 15 mi. ride) by the light of the almost-full moon! Start with a short local ride in the afternoon, then camp near the canal; try contra dancing, then bike at midnite! Sleep late Sun. AM, then join Russ Ottey for a ride in Falmouth if you like. L, Linda Thomas, 697-8640.

Sun., June 2: Falmouth. Join the crew from the Midnight Ramble for a ride to Falmouth. Easy, 25-30 miles. L Russ Ottey, 563-6637; CL Linda Thomas, 697-8640.

Wed., June 5: Century Planning Meeting. Anyone willing to help out with registration, road marking, telephone work, publicity, sag wagon, checkpoint duty, finances, encouragement, etc. Meet at Bob Bentley's home, 14 Lucas St., Carver, 866-3057, 7 PM.

Thurs., June: SPECIAL EVENING RIDE AND DINNER SERIES. Start the weekend early with an evening ride and then a get together for dinner at a local restaurant. Bring clothes for a cool evening and money for dinner following the ride. All rides easy - about 15 miles.

Thur., June 6 - Duxbury
Thur., June 13 - Scituate
Thur., June 20 - Manomet
Thur., June 27 - Cohasset

Call Vicki Vinal at 934-2777 for details and meeting places.

Sat., Sun., June 8-9: Martha's Vineyard Weekend. Enjoy a summer ride on Martha's Vineyard. Intermediate biking with time out for beaching, shopping, etc. Accommodations at a cozy inn. Est. cost \$36. Trip limited to 20. L Bernadette Jewell, 477-1332.

Sun., June 9: South Shore Half-Century. Bike Duxbury, Marshfield, and Norwell for a beautiful day-long ride . . . actually a half century! Bring lunch and plenty of water. Back roads and seashore. Inter./Adv. 50 mi. L Art Wessel, 878-9626; CL Rick Lawrence, 837-9085.

Fri.-Sun., June 14-16: Weekend in Vermont. Weekend bike/camping trip in Vermont. Vigorous riding, wonderful campground, hot showers, community cooking. Approx. cost \$15-\$20 for campsite and food. Non-refundable deposit required. Ltd. to 25. 50 mi./Sat.; 25 mi./Sun. Sag wagon provided. L Bob Nixon, 822-5768; CL, Jeff McMullen.

Sat., June 15: Visit Dighton Rock. Bike through backroads of Lakeville, East Taunton, Assonet and Dighton. Bring lunch. Interm. 30-32 miles. L Elsie Laverty, 823-0634; CL Claire Cabral, 866-2464.

Sat., June 22: Brewster Backroads. Bring lunch and a bathing suit for a swim stop. Refreshments will be served on the patio following the trip. Easy 20 miles. Raindate 6/23. L Bob Peaks, 896-7326.

Sat., June 29: Wareham area. Bike roundtrip from West Wareham to South Carver. Bring lunch. Easy 15-20 miles. L Myrtle Winslow, 295-9464; CL Shirley Forsman, 866-2408.

Sat., July 13: Cumberland Reservoir. Intermediate 40-mi. trip around reservoir area and Wrentham backroads. Bring lunch and bathing suit. L Dave and Pat Fogg, 384-3851.

... MORE

Two chances to pedal your butt for a good cause!

Sat., June 8: Cape Cod Hospicecycle. (Rain date June 9.) Choose 25K, 50K or 100K route through scenic W. Barnstable, Osterville, Hyannisport, Bass River, Dennis, etc. Benefits Hospice Association of Cape Cod, Inc. \$25 min. pledge from sponsors. Get a t-shirt and chance for some nifty prizes! Call 428-4490 for details.

Sat.-Sun., June 15-16: MS 150 Bike Tour. Exciting 3-state (MA, NH, ME) 150-mile tour to benefit the National MS Society. Sat., 75 miles, Haverhill, MA to Durham NH. NE clambake dinner w/entertainment. Sun., 75 miles back along ME and NH coastline to start. \$35 minimum pledges, plus lots of other prizes and a T-shirt! Call 890-4990 for details, before June 10.

HIKING/BACKPACKING . . .

Walter Morin (697-6690)

Bruce Dunham (587-0679)

Harry Dombrosk/Cape Hikes (385-9502)

Fri., May 31: Beginners Backpack Evening. SPECIAL - EVERYTHING YOU WANTED TO KNOW ABOUT BACKPACKING. Demos on how and what to pack for day or weekend trips. Tips on equipment, boots, etc. 7:30 PM at Catholic Center, Bridgewater State College. Call for details and directions. Walter Morin, 697-6690.

Sun., June 2: 7 Ponds Hike. Reverse T.W. Trail, in Brewster and Harwich. Meet 11 AM sharp in bike path pkg. lot, Headwaters Dr., Harwich. Exit 10 (Rte 124 No.) off Mid-Cape Hwy. L J. Bickley, 778-0440.

Thurs., June 6: Nickerson St. Pk. Meet 9:30 AM pkg. lot end of Flax Pond Rd. (first rd. to left after park entrance). L Bill Leahy, 432-5359.

Sat.-Sun., June 8-9: Mass. AT to Seth Warner Shelter, VT. Weekend hike/camping. Need tents. 14 mi. round trip, geared for beginners. Ltd. to 8, call early. L John Smart (888-4811); CL Claire Cabral (866-2464).

Sun., June 9: Sheep Pond, Harwich. Reverse hike around pond. Meet 11 AM bike path pkg. lot, Headwaters Dr. L Bud Carter (398-2605).

Sat.-Sun., June 15-16: Mt. Tecumseh and Osceolas. Day hikes from base camp to three 4000-footers. Easy pace, excellent views of Waterville Valley area. L Walter Morin, 697-6690; CL Robert Benvissuto, 697-2025.

Sat.-Sun., June 22-23: The Hancocks. Camping/hiking weekend with day hikes to two 4000-footers. Camp at #16 or #24 in the Pemi-wilderness. Intermediates. L Bob Bentley, 866-3057.

ADVANCE NOTICE

Sat.-Sun., July 20-21: Mt. Carrigan. Backpack weekend with beautiful views from yet another 4000-footer. L Vicki Fitzgerald, 585-3424; CL Bruce Dunham, 587-0679.

Sat.-Sun., July 27-28: Wildcats and Carter Notch Hut. Hike 19-mi. Brook trail, enjoy swimming at the hut area, then return over the Wildcats (two 4000-footers) to Pinkham Notch Camp. Ltd. to 8. L Walter Morin, 697-6690. CL Robert Benvissuto, 697-2025.

CANOEING...

Chuck Wright (564-4250)

Barbara Hughes (362-3954)

Sat., June 1: Westport, tidal. Paddle this tidal river and see the ospreys! L Paul Murphy, 822-6486.

Sat., June 8: Bass River, Yarmouth. Canoe this historic Cape Cod river with L Barbara Hughes, 362-3954, and CL Bud Carter, 398-2605.

Sun., June 16: Beginners' Instruction. Camp Farley, Mashpee. This is a great program where brand new canoers can get basic canoe instruction on a one-to-one basis; also for rusty canoers to brush up on their skills. Please call early so we can provide enough instructors. L Tony Arnold, 759-4767.

Sat., June 22: Nemasket R., Middleboro. Flatwater canoeing with L Bob Ladd, 697-6241.

Sat.-Sun., June 22-23: Wood R., RI. Weekend flatwater trip in Rhode Island. L Bob Milburn, 294-0875.

Sat., June 29: Waquoit Bay, Falmouth. Get some tidal canoeing experience. L Paul Murphy, 822-6486.

Thurs., July 4: Hadley Harbor, Woods Hole. Celebrate the 4th on this tidal trip. Ltd. to fairly strong canoeists. L Chuck Wright, 564-4250.

ADVANCE NOTICE

Fri.-Sun., July 5-7, Androscoggin R., NH. Spend the holiday weekend on a canoe/camping trip with Class 1,2 waters. L Ed York, 385-6118.

Sat.-Sun., July 13-14: Ipswich R. Weekend. A flatwater canoe/camping weekend in the Topsfield area. L Judy O'Bryant, 587-3370.

Mon.-Sun., July 15-21: Weeklong Wilderness Trip. Explore the waters in Maine with L Ruth Irwin, 447-4637; CL Claire Cabral, 866-2464. SASE for details: 85 West St., Whitman, MA 02563.

Time
Dated!

Robert Bentley
14 Lucas St
Carver MA 02330

Non-profit
Organization
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Permit No. 5

Southeastern Massachusetts Chapter
APPALACHIAN MOUNTAIN CLUB
5 Joy Street
Boston, MA 02108



CONSERVATION CORNER...

by Pam Carter, (398-2605)

Fields, farms, and forests . . . what a patchwork of loveliness . . . a 360-degree vista of the world below from the mountain summit. The view, the quiet, and that temporary escape from civilization are tonic to our souls . . . weary from the stress of just getting from home to trailhead.

Because sharing the companionship of Mother Nature has proven to be one of life's greatest treasures, we try not to let anything prevent us from enjoying the day - not even the trash. Trash . . . that ugly stuff tossed away along the trail . . . some of it even tucked away beneath a rock. Oh, silly human!! Why not take home that paper, plastic, metal or whatever and get rid of it properly? And the food scraps as well! Toss the latter in your garden . . . where they'll do some good!!

Silly human! You came out to be with Mother Nature, did you not? Well, we did too . . . so let's make a truce . . . to help keep Mother Nature . . . as she wants to be . . . uncluttered by human waste.

OF INTEREST...

AMC Mountain Leadership School

June 12-16. An excellent opportunity to learn how to lead groups through the woods and mountains with confidence and safety. Ideal for camp counselors, AMC hike leaders, leaders of church or scout groups, or leaders of informal groups of family and friends.

Standard course: spend nights in AMC huts. Presidential Range. Woods Section: Camp out 2 nights, cooking too.

The course covers basic and advanced topics of summer backpacking and provides leadership training through realistic simulated situations. Fee of \$140 covers full program lodging, and cost of most meals.

Also, June 9-11 - Red Cross Standard First Aid Course (\$140). For details - contact AMC Education Dept., 5 Joy St., Boston, MA 02108 or call 523-0636.

WORKING VACATIONS!

Mountain volunteers wanted for AMC Trails Program of public service backcountry projects. Week or weekend basis. Join a crew of 8-12 people, working on 10-14 day projects. Participation fees (\$100-150), travel and food expenses tax-deductible! Have fun and make a real contribution to the Trails Program.

New England

Trails Days - White Mtns., June 29, Aug. 24.
Catskills, Mtn. Gate Lodge - weekly
Camp Dodge, NH - weekly
Mt. Greylock, Berkshires

Other

June-Aug. Chugach Natl. Forest, Alaska
July: Lincoln Natl. Forest, New Mexico
White River Natl. Forest, Colorado
Teton Natl. Pk., Wyoming
Virgin Island Natl. Pk.
Wasatch Natl. Forest, Utah
Aug.: Bridger Teton Natl. Forest, Wyoming
Shoshone Natl. Forest, Wyoming

For details, write AMC Trails Program, Box 298, Gorham, NH 03581.