

# Southeast Breeze



Southeastern Mass. Chapter—Appalachian Mountain Club

Editor Linda Thomas

## NEWCOMER NOTES

Suzanne & Bob Scolamiero (545-6015)

Welcome to the new members listed below and any others who have joined in the last few months whom we may have missed. As we enter our busy activity season, we hope to see all of you soon.

Are you waiting for someone to contact you? Well - don't wait - get involved! AMC is an outdoor club, and we meet on the trails, the waterways, and the bikepaths. How do you meet people? Call the trip leaders or committee chairpeople listed in the "Breeze" or "Appalachia" with your questions, comments, or wish to join a trip. Try it - you'll like it!

### Cape

Dr. Mary Silver  
Lois Fournier  
Edna Finney  
Gail Hennessey

Woods Hole  
Centerville  
S. Dennis  
Yarmouth

### Off-Cape

Art Laughton  
Sara Jones  
Susan Rogalski  
Douglas Beard family  
Kenneth Watjen family  
Wayne Grenier  
Joan Mersch family  
Paula MacKertich  
Ed Gallant  
Peter Berkowitz  
Jeff Beyer  
Robert/Kathy Lawrence family

Cohasset  
Scituate  
Bridgewater  
Lakeville  
Mattapoisett  
N. Dartmouth  
S. Weymouth  
N. Weymouth  
Pembroke  
Brockton  
Norton  
Rehoboth

## SPECIAL EVENTS...

Fri.-Sun., May 17-19:

① **RIGHTS OF SPRING WEEKEND.** It's not too late to register for our fabulous Camp Farley Weekend! Choose hikes, bike rides, or canoeing activities both days - easy or challenging. Plus conservation corner, new members group, Friday night slide show, Sat. night square and contra dance, great food, wild stories, and more. Complete details and registration form in April Breeze. Unheated cabins, running water, johns, community cooking - approx. \$25 per person for the whole deal! A great chance to meet lots of AMC'ers and enjoy a beautiful spring weekend on the Cape.

SPECIAL FOR NEW MEMBERS SINCE 1/85 - sign up for the weekend and collect a special AMC "Sunlight" gift at Camp Farley.

To register, send \$10 deposit to Vicki Fitzgerald, 220 High St., Duxbury, MA 02332 (585-3424). • Directions to Camp Farley: Off Mid-Cape Hwy (Rte. 6), take Exit 2, Rte. 130 South, about 5 mi. - just past Byrne's Sand & Gravel. Camp Farley (4-H) sign on left. Follow dirt rd. about 1/2 mi. Tel. at camp is 477-0810.

② **LONESOME LAKE TRAILWORK WEEKEND (NH)**

Bill Brown, Trails chairperson, has a few spots left on this popular work weekend on our adopted North Country trail. Call now; details April "Breeze" (285-4766).

"Appalachia" - next deadline is May 5 for the combined July/August issue - so think about advance notices for September, too! Please supply 2 typed, double-spaced copies. Material submitted for "Appalachia" will automatically be included in the appropriate "Breeze."

Next "Breeze" deadline also May 5, for June issue. I will continue to publish the Breeze every month, so we can publicize additional and/or updated information. Submit trip notices through the appropriate activity committee. Other contributions direct to editor, L. Thomas, 56 Pleasant St., Bridgewater, MA 02324 (697-8640).

## BIKING...

Pauline Watt (826-4605)  
Vicki Vinal (934-2777)  
Dave Fogg (384-3851)

May is National Bicycling Month, so come on out and join us for some "bike celebrating."

The bike program offers something for everyone. Call the leader if you've got any questions. Don't put it off - pick a trip and call now - they fill fast! To help you choose a trip suited to your biking abilities and interests, here's a guideline to our trip rating system.

Beginner: up to 15 miles, 2 or more hours. Geared to riders with very little cycling experience. Frequent stops.  
Easy: 15-25 miles. Slow to moderate pace, with a few hills.  
Interm.: 25-30 miles. Moderate pace, occasional hills.  
Advanced: More than 50 miles, fast pace and/or very hilly.

### General Info about bike trips:

- Please preregister for all trips with leader or co-leader.
- 10 speeds desirable, but many trips OK for 3-speed. Check with leader.
- Helmets suggested, but not mandatory unless specified by leader.
- Children are welcome when accompanied by adult, but must be OK'd by leader.
- Bike should be in good working condition. Carry pump, tools, spare tube.
- Dress for weather. If weather is doubtful, check with leader.
- SASE = stamped, self-addressed envelope. May be required to get trip details.
- Charge for non-members: Daytrips \$1. Weekend/longer, \$1/day.

If you haven't got your copy of the full biking schedule thru November yet, send your SASE to Vicki Vinal, 21 Elm Hill Lane, Duxbury, MA 02332.

Sat., May 4: Wellfleet. Enjoy the sights of Wellfleet on intermediate ride - 28 mi. L Bob Peakes (896-7326).

Sun., May 5: Cape. Bike Osterville, Centerville, and Craigville, beaches and back roads. 32 mi. - intermediate. Bring lunch, dress warmly. L Charles & Pauline Watt (826-4605).

Tues., May 7: Evening ride in Bridgewater. The first evening ride of the season. Meet Bridgewater-Raynham Reg. H.S. pkg. lot, off Rte. 104 toward Raynham. 6 PM. 15 Mi - easy. L Linda Thomas (697-8640).

Sat., May 11: W. Wareham. Easy daytrip thru W. Wareham, So. Middleboro and Rochester. 20-25 mi. L Myrtle Winslow (295-9464); CL Claire Cabral (866-2464).

Sat.-Sun., May 17-19: Camp Farley Weekend Biking. See Special Events - Bike trip both days.

Fri., Mon., May 24-27, Bike Inn-to-Inn in VT. Bike 35-50 mi. each day in So. Central VT, carrying gear. Stay at country inns or B & B's. Intermed./Advanced. Approx. cost \$115. Non-refundable deposit of \$35, with bal. by May 10. Trip size ltd. L Linda Thomas (697-8640); CL, Dave Fogg (384-3851).

Sat., June 1: Midnight Moonlight Ramble. Yes, ride the Cape Cod Canal bikepath (easy 15 mi. ride) by the light of the almost-full moon! Start with a short local ride in the afternoon, then camp near the canal. Ride at midnight, sleep late Sun. AM, then join Russ Ottey for a ride in Falmouth. L, Linda Thomas (697-8640).

Sun., June 2: Falmouth. Join the crew from the Midnight Ramble for a ride to Falmouth. Easy, 25-30 miles. L Russ Ottey (563-6637); CL Linda Thomas (697-8640).

Wed., June 5: Century Planning Meeting. Anyone willing to help out with registration, road marking, telephone work, publicity, sag wagon, checkpoint duty, finances, encouragement, etc. Meet at Bob Bentley's home, 14 Lucas St., Carver (866-3057) 7 PM.

Thurs., June 6: Evening Bike/Dinner Ride, Duxbury. Join our new "series" of easy 15-mile evening rides, followed by dinner at a local restaurant. Dress for cool evening and bring dinner \$. L Vicki Vinal (934-2777).

Sun., June 9: South Shore Half-Century. Bike Duxbury, Marshfield, and Norwell for a beautiful day-long ride . . . actually a half century! Bring lunch and plenty of water. Back roads and seashore. Inter./Adv. 50 mi. L Art Wessel (878-9626); CL Rick Lawrence (837-9085).

## ....BIKING...

Sat., Sun., June 8-9: Martha's Vineyard Weekend. Enjoy a summer ride on Martha's Vineyard. Intermediate biking with time out for beaching, shopping, etc. Accommodations at a cozy inn. Est. cost \$36. Trip limited to 20. L Bernadette Jewell (477-1332).

## ADVANCE NOTICE

Fri.-Sun., June 14-16: Bike/Camp in VT. (Note corrected date!) Another popular trip . . . vigorous riding for intermediate and advanced bikers. 50 on Sat., 25 on Sun. Approx. \$20 covers camping fee and community cooking. Non-refundable deposit. L Bob Nixon (822-5678); CL, Jeff McMullen.

## FAMILIES!

Are you looking for family-oriented activities, especially those suited to small children . . . perhaps a picnic or short walk? A new family member with 2 children, 3 and 6 years old, is especially interested in getting something like this going on the Cape. Please call Marion Colman at 540-8183 (Falmouth) if you're interested.

## HIKING/CAPE-THURSDAYS

Harry Dombrosk/Cape Hikes (385-9502)

. . . all meet 9:30 AM, last about 2 hours

May 2: Truro. Meet parking lot, Head of Meadow Beach. L Hortense Kelly (255-3021).

May 9: Brewster. Meet end of Fisherman's Landing Rd., off Rte. 124, 2 mi. no. of exit 10, Mid-Cape Hwy. L Carters (398-2605).

May 16: Nickerson St. Pk. Meet main pkg. lot, 6A, Brewster. L T. Tucker (385-8158).

May 23: E. Dennis. Meet pkg. lot Cold Storage Beach, E. Dennis. L R. Wood (385-5091).

May 30: Brewster. Meet Bakers Pond Rd., off 6A in Orleans, just over line from Brewster. L, R. Nicholson ((349-2494).

June 6: Nickerson St. Pk. Meet pkg. lot end of Flax Pond Rd. (first rd. to L after park entrance. L, Bill Leahy (432-5359).

## HIKING/CAPE-SUNDAYS

. . . all start 11 AM sharp - bring lunch.

May 5: Truro Dunes. Meet Old Coast Guard Sta., North Pamet Rd., off Rte 6. L, R. Nicholson (349-2494).

May 12: Paradise Valley, S. Truro. Meet Rte. 6 at abandoned rest area on left 1 mi. north of Truro town line. L Kathie Meads (487-1517).

May 19: Ponds in Brewster. Around Baker, Eel and Higgins Ponds. Meet main pkg. lot Nickerson St. Pk., Rte 6A, Brewster. L Luann Angelone (432-8159).

May 26: Great Island, Wellfleet. Combination beach and woodland trails. Meet in Gr. Is. pkg. lot, end of Chequesset Neck Rd., Wellfleet. L Dick Nicholson (349-2494).

June 2: Reverse T. W. Trail. See 7 ponds in Brewster and Harwich. Meet bike path pkg. lot, Headwaters Dr., Harwich. Exit 10 off Mid-Cape Hwy., No. on Rte. 124. L J. Bickley (778-0440).

June 9: Sheep Pond, Harwich. Reverse hike around pond. Meet bike path pkg. lot, Headwaters Dr. L Bud Carter (398-2605).

NO CAPE HIKES IN THE SUMMER - SEE YOU IN SEPTEMBER!

## HIKING/GENERAL

Walter Morin (697-6690)

Bruce Dunham (587-0679)

Sat., May 4: Blue Hills. Strenuous 15 mi. hike over Skyline Trail. Intermediate. L Bruce Dunham (587-0679, 7-9 PM); CL Claire Braye (238-3434).

Sun., May 12: Mt. Monadnock. Day hike to 3000-footer in So. NH. Beginners! Leave early, bring lunch and daypack. Call to register and carpool. L Walter Morin (697-6690); CL Robt. Benvissuto (697-2025).

Fri., May 31: Beginners Backpack Evening. SPECIAL - EVERYTHING YOU WANTED TO KNOW ABOUT BACKPACKING. Demos on how and what to pack for day or weekend trips. Tips on equipment, boots, etc. 7:30 PM at Catholic Center, Bridgewater State College. Call for details and directions. Walter Morin (697-6690).

Time  
Dated!

MA1011890  
MS LINDA B THOMAS  
56 PLEASANT ST  
BRIDGEWATER  
MA 02324

Red  
4/20  
4/24  
(AM)  
(Eaton road)  
(near)

Boston, MA 02108  
5 Joy Street

Southeastern Massachusetts Chapter  
APPALACHIAN MOUNTAIN CLUB



Non-profit  
Organization  
U.S. Postage  
PAID  
Easton, MA 02334  
Permit No. 5

### ...HIKING...

Sat.-Sun., June 8-9: Mass. AT to Seth Warner Shelter, VT. Weekend hike/camping. Need tents. 14 Mi. round trip, geared for beginners. Ltd. to 8, call early. L John Smart (888-4811); CL Claire Cabral (866-2464).

Sat.-Sun., June 15-16: Mt. Tecumseh and Osceolas. Day hikes from base camp to three 4000-footers. Easy pace, excellent views of Waterville Valley area. L Walter Morin (697-6690); CL Robt. Benvissuto (697-2025).

### CANOEING...

Chuck Wright (564-4250)  
Barbara Hughes (362-3954)

Sat., May 4: Scorton, tidal. Sandwich. Paddle a tidal creek through conservation area with an informed naturalist. Contact Carolyn Crowell (888-4923).

Sat., May 11: Leader's choice, Class 2. Another opportunity to practice whitewater skills. Bob Nixon will pick the location depending on conditions. (822-5678)

Sun., May 12: Megansett Harbor, North Falmouth. The focus of this day will be on sea kayaking, but anyone with canoe or rowing boat is welcome. Meet 10 AM for an hour or two of talk before having lunch (B.Y.O.) and setting off on a paddle. L Chuck Wright (564-4250).

Sat., May 18: Barnstable Harbor, tidal. Explore the labyrinth of channels in the extensive marshes of Barnstable Harbor and perhaps cross to Sandy Neck. L Ann White (888-4669)

Sat.-Mon., May 25-27: Battenkill, Class 1. VT. Paddle the pretty Battenkill River and camp with Bob Milburn (294-0875); CL Anne Mitchell (587-3078).

Sat., June 1: Westport, tidal. Come see the ospreys with us on this interesting river. L Paul Murphy (822-6486).

Sat., June 8: Bass, tidal. Yarmouth. Canoe this historic Cape Cod river with Barbara Hughes (362-3954) and Bud Carter (398-2605).

### ADVANCE NOTICE

Sun., June 16: Beginners' Canoe Instruction. This is a great program where brand new canoers can get basic canoe instruction on a one-to-one basis; also for rusty canoers to brush up on their skills. Will be at Camp Farley, Mashpee. Please call leader EARLY so we can provide enough instructors. L Tony Arnold (759-4767).

### NEW! SAILING...

Sundays in May. Afternoon sail out of Scituate Harbor aboard 30-ft. pilothouse ketch. Weather-dependent. Group size limited. For details and sign up call L Bill Krusell (837-6659) evenings.

### SPECIAL!

THANKS . . . to our resident artist Bruce Dunham, for our attractive new masthead design . . . it gives us a nice new look!