

Southeast Breeze

MARCH
1984



Southeastern Massachusetts Chapter — Appalachian Mountain Club

EDITOR PAM CARTER

ANNOUNCEMENTS!

SO YOU WANT TO LEAD A WALK or a day hike, bike ride, canoe trip, or other activity! If you've never led before there may be things you want to know: setting up a trip and publicizing it; handling telephone inquiries; calling the shots on the weather; Is scouting necessary? And many more.

Join us for an informal session on entry-level leadership, which we hope will answer the questions you never had the opportunity to ask. Those who have done some leading but seek further information, advice, encouragement, are most welcome too. Come to the Bourne Memorial Community Building, Main Street, Buzzards Bay, at 7:30 p.m., Wednesday, March 21. For details or to register call Vicki Fitzgerald (585-3424) eves. Pre-registration preferred but not essential.

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WEDNESDAY, APRIL 18: Beginner BACKPACKING WORKSHOP: Bourne Memorial Community Building, Buzzards Bay. 7 p.m. Russ Ottey (563-6337).

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SATURDAY, APRIL 14: CAPE COD NATURE TRAIL WORK. Meet Bournedale Herring Run, at 9 a.m. Bring lunch and work clothes. John Smart (888-4811).

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CANOE NEWS

AN INVITATION: Box Nixon (822-5768) invites qualified persons to join him on additional unlisted whitewater trips.

TRUSTY CANOE LEADERS: We are thinking canoe trips for August through October? I think we have a good program through July, thanks to you, but after July we don't have much yet. Nothing in August, Washburn Island, September 8-9, Saco R., September 22-23, a tentative Allagash week, September 15-23, West R. October 6-7, North R., October 7, and Nemasket R., October 21. Please let me know what you will lead, so I can get them scheduled. Thank you, Chuck Wright, Canoe Chairman (564-4250).

CANOE TRIPS

March 10: Weweantic, R., Wareham. Class 1-2. Russ Ottey (563-6637). Spring White-water opener for the stout of heart. Come along and help melt the last ice in the river.
March 24: Mashpee R., Mashpee. Tidal Barry Gallus (428-5391) eves. Paddle down pretty Mashpee R., then explore Popponesset Bay. About 6 mi. An easy paddle if the day is not windy. Meet 9:30 a.m. at New Seabury shopping center corner Rtes 28 & 151, Mashpee. Bring lunch. Call leader if you need a partner or do not have a canoe.

- March 31: Prince Cove, Osterville. Tidal. Chuck Wright (564-4250). We will paddle Prince Cove and Great Bay. About 7 mi. Expect an easy paddle if the wind is not strong. Meet 9:30 a.m. at Mill Pond, corner Rtes 28 & 149, Barnstable. Bring lunch.
- April 7: Herring River. Flat. See early spring on Cape Cod as we paddle through woods and tidal marsh. Bring lunch. Bud Carter. Harry Dombrosk for res. & info (385-9502)
- April 14: Walker's Pond. Flat. Brewster, Ann White (888-4669)
- April 14-15: Canoe Deerfield, Class 2. N.W. MA. Bob Scolomiero (848-8396)
- April 28: Whitewater Instruction. Quahog, Warren. Bob Nixon (822-5768)

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BIKE NOTICES

BIKE TRIP RATING SYSTEM:

- Beginner: 15 mi. or 2 hrs., geared toward riders with little experience.
- Easy: 15-25 mi., slow to moderate pace; a few hills.
- Intermediate: 25-50 mi., moderate pace; occasionally hilly.
- Advanced: More than 50 mi., fast pace and/or very hilly.

Tuesday, March 27: BIKING WORKSHOP #1 "The Basics". The first of a 3-part series which is \$2 per session, or prereg. for all three for \$5, with check to Linda Thomas, 56 Pleasant St., Bridgewater, MA 02324. ALL sessions to be held at the Central Congregational Church, Main St. (Rte 105), Middleboro.

"The Basics": Information session on selecting a new bike or upgrading an old one; how to outfit it with the right accessories and equipment for your style of riding; touring setups; what to wear; basic equipment and tools. There will be some riding trips too, to improve your riding technique and increase your fun. Bill Sykes, Corner Cycle plus AMC "experts." 7-9:30 p.m.

- April 3 BIKING WORKSHOP #2: Tune-up Time 7-10 p.m. Bill Sykes will show us a basic tune-up procedures and adjustments. This is a hands-on workshop... bring own bike, a dropcloth and the following tools: tire irons, assortment of Allen wrenches, small adjustable wrench, small, regular and Phillips screwdrivers, plus any special bike tools you may have. A great opportunity to learn about getting ready for the road and keeping your bike in tune!
- April 7 BIKING WORKSHOP #3: On-The-Road Repairs 7-10 p.m. Learn how to handle those surprise on-the-road emergencies and minor repairs. Bill Sykes will be on hand again with his expertise. Bring own bike and tools as listed for Workshop #2. A good refresher for last year's participants plus anyone who's never changed a flat or broken a cable, etc.

BIKE TRIPS

- Sunday, April 1: 9th Annual Pedalling Premiere. Cape Cod Canal with special side trip 15-20 mi., easy pace. Meet 10:30 a.m. at Buzzards Bay RR station. Bring lunch. Dress warmly. Bob Bentley (833-3057). Linda Thomas (697-8640).
- Saturday April 7: Cranberry Country Bike. Rochester/Marion area. Easy pace. 20-25 mi. Claire Cabral (866-2464). Myrtle Winslow (295-9464).
- Sunday, April 8: Sandwich Bike Trip. Explore the back roads of the Sandwich area. Approx. 30 mi. Intermediate. John Smart (888-4811).
- Sunday, April 15: Upper Cape Biking. Intermediate biking on back roads of Sandwich/Forestdale area. Bernadette and Mark Jewell (477-1332).

Saturday April 21: Bike Leaders Only! Short ride and training session followed by supper. Contact Pauline Watt (826-4605) if you want to lead a trip but haven't scheduled it yet.

Saturday, April 28: Bike the Cumberland Reservoir Area. Intermediate 25-30 mi. scenic country roads. Call Joanne Stanishia (384-3959), Pat & Dave Fogg (384-3851).

Saturday, April 28: Beginner's Bike and Fish Fry Festival. Leisurely 15 mi. ride around West Island Seashore (near New Bedford). Lots of camera stops. Late afternoon fish fry or clamboil at leader's home. Intermediate riders from Cumberland welcome at fish fry. Susan Hillyer (992-8986).

Sunday, April 29: South Shore Biking: Tour the beautiful coastal towns of Cohasset, Scituate, and Norwell. Intermediate. Approx. 32 mi. Jeff McMullen (826-8987), Barbara Gifford (826-4760), Art Wessel (878-9626).

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THURSDAY MORNING HIKES

ALL BEGIN AT 9:30 A.M. SHARP!

March 8: Fisherman's Landing to Long and Seymour Ponds. Meet Fisherman's Landing on Sheep Pond, off Rte 124, Brewster. Hike to Long Pond and around Seymour Pond. Ted Tucker (385-8158)

March 15: Gull Pond and Old Kings Hwy. Meet public landing, Gull Pond, Wellfleet. Hike wood roads and sections of Old Kings Hwy. Hike is in the vicinity of the lakes discussed in Thoreau's "Cape Cod" the night he stayed at the Oysterman's House in 1849 in Truro. Dick Nicholson (349-2494).

March 22: Nickerson State Park. Meet at entrance, Rte 6A, Brewster, for Leader's Choice in pretty park! Harry Dombrosk! (385-9502) (Sorry; scenic! park)

March 29: Quivet Marsh and Cape Cod Bay. Meet parking area, Cold Storage Beach, E. Dennis. Circular hike along perimeter of Quivet Marsh and beach. Rachel Wood (385-5091)

April 5: Head of Meadow Trail, N. Truro. Meet parking area Highland and Coast Guard Beach, approx. 1 mi. north Highland Light, N. Truro. Dick Nicholson (349-2494).

April 12: Beach and dunes to Orleans Harbor. Meet. Park. area Nauset Beach. Bill Leahy (432-5359).

April 19: Meet at Newcomb Hollow beach off Rte 6, Wellfleet. Hike trails and wood roads north. Dick Nicholson (349-2494).

April 26: Meet Audubon Sanctuary, Rte 6, Wellfleet. Ted Tucker (385-8158); Wally Hanger.

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HIKES

ALL START 11 A.M. SHARP -- UNLESS OTHERWISE NOTED!

March 11: Meet Great Island park. area off Chequesset Neck Rd., Wellfleet. Hike roads and trails of Great Island. Dick Nicholson (349-2494).

March 18: Meet Herring Cove Beach, Provincetown. Park near Bath-house. Herring Cove Beach is at terminus of Rte 5 in P-town. Hike bike path and/or horse trails. Kathy Meads (487-1517).

March 25: Sandy Neck. Meet park. area Sandy Neck, off Rte 6A, sandwich; hike out beach and return thru woods, sand roads. Harry Dombrosk (385-9502).

April 1: Nickerson State Park Leader's Choice to explore new trails. Meet at park. area of Park, Rte 6A, Brewster. Harry Dombrosk (385-9502). Bill Leahy (432-5359).

April 1: Duxbury Beach Walk. Meet 10 a.m.! At beach end of Powder Point Bridge. Bring lunch. Approx. 8 mi., rain cancels! Jane Aldrich (934-2654); Vicki Fitzgerald (585-3424).

April 8: Meet Nauset beach parking area (Orleans beach), E. Orleans. Hike trails on Pochet Island. Park-like area with views of ocean and Pleasant Bay. 7 mi with some beach walking. Barb Savage (896-3128).

April 15: Meet parking area of Old Coast guard Station on No. Pamet Road, Truro, Rte 6. Hike north on trails behind dunes. Dick Nicholson (349-2494).

SATURDAY APRIL 14: Borderland State Park, Easton. Easy hike on wood roads and trails about 5-6 miles. Bring lunch and water. No dogs allowed. Meet 10 a.m. at park entrance, Massapog Ave. From north, take Rte 27 to Sharon Center then 4.4 mi. via Pond St. and Massapoag Ave. From south via Rte 123 or Rte 106 to Swift Park, opp. Belcher Foundry. Then N. via Popuonicut Ave. and Massapoag Ave. Bernard Lawson (238-4669).

Sunday, April 22: Leader's Choice, Nickerson State Park, Rte 6A, Brewster. Carters (398-2605).

Sunday, April 29: Hike Old Kings Hwy and trails toward Highland Light. Meet at Long Neck Beach at end of Long Neck Rd., Rte 6, Truro. Harry Dombrosk (385-9502) R. Nicholson

Sunday, April 29: AFTERNOON: Meet 12:30 p.m. for 2-3 hr. hike in Barnstable Conservation area. Meet power lines service area off Rte 134, W. Barnstable. George Thew (362-2462).

Saturday, May 5: 25 Mile Endurance. Nickerson State Park. 8:30 a.m. sharp. Carters (398-2605).

ADOPT A TRAIL WEEKEND

Dear Friend of the Trail:

On May 18, 19 and 20 we will again return to Lonesome Lake AMC hut to work on Lonesome Lake Trail. If you enjoyed your accomplishments last year, or if you are interested in joining our Merry Band, please complete the form below and mail to:

Stu Morris
31 Earle Avenue
S. Attleboro, MA 02703

You will be responsible for your own food; the Hut provides cooking facilities and utensils. If you require directions and map, include SASE with your form. RSVP BEFORE MAY 11, PLEASE.

Contributions to the wine-and-cheese party Saturday night are welcome. Questions??? Call Bill Brown (285-4766) or Stu Morris (399-8289).

ADOPT A TRAIL WORK WEEKEND

MAY 18-19-20

NAME: _____ ADDRESS _____
CITY: _____ STATE: _____ ZIP: _____ TEL: _____
ETA at Hut TIME: _____ AM PM DATE: _____

Please indicate if you have car, will pool. Yes () No ()