

Southeast Breeze

OCTOBER

1983



Southeastern Massachusetts Chapter – Appalachian Mountain Club

EDITOR PAM CARTER

A MESSAGE FROM OUR CHAIRMAN

"HI ALL! Our fall season is studded with special events but none more special than the Chapter's gala, not-to-be-missed 8th ANNUAL MEETING, Sat., Nov. 19, in Sandwich, at Sunset Lodge, Camp Burgess. The location is beautiful, our program outstanding. What else? It's a bargain! See details below: with more to follow next month! SAVE THE DATE!

An appeal: to a dozen or so members who answered the first questionnaire and volunteered to help with jobs, committees, etc., but did not sign names! PLEASE CONTACT ME! WE NEED YOU! And promise to get in touch with you when we find out who you are!

Hope to see you soon..and..again at Annual Meeting!

Vicki

!! ANNUAL MEETING DAY!

Sat., Nov. 19: Sunset Lodge, YMCA Camp Burgess, S. Sandwich
AFTERNOON Activities: a hike! a bike ride! canoeing??

..all meeting at Camp Burgess early afternoon.

EVENING ACTION: happy hour! dinner! meeting! PROGRAM by Dir.
Mass. Audubon's new South Shore Facilities: Dave Clapp



HELP! WANTED!

For the Century Bike Ride, Sat., Oct. 22! Can YOU spare 2-3 or more hours to man checkpoints, register riders, log in the finishers, take photos, cheer up the riders..or...?? YES? Please call Linda Thomas 697-8640; Bob Bentley 866-3057.

INTERCHAPTER WEEKEND

Fri.-Mon., Oct. 7-10: SE Mass/Narragansett NTO Foliage Bike Weekend.....
Wonalancet Cabin, N.H. Strenuous biking: 30/50 mi per day with possible hiking too. Sign up for 2-3 days but reg NOW! Call for details NOW:
Linda Thomas: 697-8640; Bob Wood 695-3074.

ADVANCE NOTICE

Fri.-Sun., Nov. 4-6: Stay at Little House; hike Cardigan Mt.
Several levels of hiking difficulty. Lim. number! Call Vicki
for info and reservations: (eves) 585-3424.

SEE HERE!

STANDARD FIRST AID COURSE! Nov. 1, 10, 15, 29, Dec. 3 & 6: 7-10 PM, Carver/Plymouth area! An IDEAL course for outdoor enthusiasts with emphasis on those 1st aid situations occurring on the trail! river! bike route! Cost approx. \$10 with lim. size class. REG. w/SASE and \$5 non-refund. dep. to
Instructor: Bob Bentley, 14 Lucas St., Carver, MA 02330 (866-3057)

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!!BIKE!



Sun., Oct. 2: Cranberry Cruise: 30 mi. John Howe 587-1177.

SAT., OCT. 22: 2nd ANNUAL SEM/AMC Century Ride: 100 miles in less than 12 hours! \$5 entry fee memb. and \$6, non-memb. RAIN DATE: 10/23. MUST REG by Oct. 17: Bob Bentley 866-3057; Linda Thomas 697-8640.

CANOE..!CANOE!CANOE!..

Oct. 1-2: West River, Lower (CL.II)..Jamaica, Vt., Bob Nixon: 822-5768

Oct. 8: Squeteague/Cataumet, Bassett's Island: Dick Sawyer 563-6614.

Oct. 16: Taunton R., FOLIAGE trip! (flat) Middleboro. Bob Nixon: 822-5768.

Oct. 22: Jones R. (CL. I & Tidal): Leader's choice! Ruth Irwin 477-4637.





HIKES

Sun. Oct 2: Walk Duxbury Beach to Lighthouse. Meet in parking lot at beginning of bridge by 10 a.m. 8 mi; mod. difficulty. J. Landry and A. Healy: 749-5335.

Sun. Oct 2: Hike nature trail and bike path to Coast Guard Beach and Outermost House Beach to Orleans Harbor. 8 m. Meet 11 a.m. at Nat. Seashore Vis. Center, Salt Pond, rte 6, Eastham. Bill Leahy 432-5359.

Sun., Oct. 9: Audubon Reservation; 4-6 mi easy hike; eat by riverside! Meet 10:30 a.m. Audubon House Hdq., Marshfield. J. Aldrich 934-2654 and E. Freole 293-7086.

Sun., Oct. 9: Hike roads and dunes of Gr. Island, Wellfleet; meet park. lot, Gr. Isl. at 11AM..off Chequesset Neck Rd., Wellfleet; about 8 mi. Bring lunch. J. Dalton 945-2258; P.Carter 398-2605.

Sat. Oct. 15: Houghton's Pond, Blue Hill: 6 miles. Meet Houghton's Pond park. lot off rte 128 (pass rte 24 on left, pond is on right at next exit) RAIN DAY: 10/16! S. Smith 238-2548; J. French 238-4065.

Sun., Oct. 16: Hike woods, roads and trails: 8 mi., Marconi area. Meet with lunch 11 AM Nat. Seashore Hdq. bldg, rte 6, Wellfleet. Carter 398-2605

Sun., Oct. 16: Get acquainted with central Cape Cod! Hike in Barnstable Conservation area! Call George Thieu for details: 362-2462.

Sun., Oct. 23: Ames Nowell State Park, Abington; easy walk around lake and thru fall foliage. Meet 10am park hdq., Linwood St., Abington. P. Manfredi 378-3855; P. Whitford 588-5834.

Sun., Oct. 23: Hike trails of Pochet Island, Pleasant Bay: 7 miles. Meet park. area Nauset Beach, E. Orleans; bring lunch! B. Savage 896-3128.

Sat., Oct. 29: Hike with Boston Chapter AMC and Friends of Borderlands at BORDERLAND STATE PARK, Easton. Meet 10:30am park. lot, Massapog Ave., Easton for 7 mi hike. C. Bray 238-3434.

Sun., Oct. 30: Hike bike path and/or horse trails..about 8 mi..P-town! Meet Herring Cove Beach at terminus rte 6, P-town and park near bathhouse! 11 AM. Lunch! Kathy Meads 487-1517

Sun., Nov. 6: Hike roads and trails thru dunes to Cape Cod Light: 8 mi. Meet 11 AM park. area Newcomb Hollow Beach, Wellfleet. J. Dalton 945-2258.



THURSDAY MORNINGS!

(hikes meet 9:30 am..and last approx. 2 hours!)

Oct. 6: N. Eastham and Marconi Res; meet Nat. S.S. Vis. Center, Salt Pond, Eastham to hike trails with ocean views. J. Dalton 945-2258.

Oct. 13: Griffin Island: meet Gr. Island park. area off Chequesset Neck Rd., Wellfleet. Hike thru pine and oak with dense bear berry ground cover. An interesting hike! Ted Tucker 385-8158.

Oct. 20. Head of Meadow Trail, N. Truro. Meet at Highland Coast Guard Beach approx. 1 mi north Highland Light, N. Truro. Hike remnant of Old Kings Hwy and Head of Meadow Trail. Harry Dombroski 385-9502.

Oct. 27: High dunes of Pamet. Meet park. area of environmental Ed. Center (old Coast Guard Station at end of N. Pamet Rd., Truro) Hike roads and trails thru high dunes..a most interesting hike-area! J.Dalton 945-2258.





NOVEMBER					1983				
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13	14	15	16	17	18	19			
20	21	22	23	24	25	26			
27	28	29	30						

A MESSAGE FROM OUR CHAIRMAN

"HI ALL! But especially to you POTENTIAL LEADERS! You know who YOU are, but WE don't know who you are..those of you out there who are AMC and Chapter members because you support and "believe in" the Club. You are competent and experienced outdoorspersons; you are not groupies..and you prefer to hike..or backpack..or canoe alone or with your friends. That's okay! BUT! We need more leaders..and YOU have expertise which new members, especially, could learn from. SO! Would YOU consider donating one or two days..or weekend to lead a Chapter activity or two? You WILL?! GREAT! Please call me: 585-3424 NOW! Thanks..."

MEETING!

Wed. Nov. 9: 7 PM: Exec. Comm. Meeting for SE AMC
officers and any interested AMC'ERS!
Middleboro..1st Congregational Church. Call Vicki.

WHOOOOOOOOOOPS!

"Will the person who took the wrong jacket by mistake at the New Members Social please call me to arrange for a swap??????????
I've got yours! Thanks, Joanne: 384-3959.

STANDARD FIRST AID COURSE

An ideal course for you outdoor enthusiasts; hurry!
And register NOW with instructor Bob Bentley: 888-3057.
(Cost: \$10 for class held in Plymouth-Carver area beginning Nov. 1)

WHAT???????

Yes, it is time to start thinking about SNOW! So launch your ski season by attending our Chapter's x-country ski workshop, Tuesday evening, DECEMBER 13, at 7:30PM at the BOURNE MEMORIAL COMMUNITY BUILDING, Main Street, Buzzards Bay! Highlights of the event include tips from our own instructors regarding equipment, technique and clothing.... a real MUST for those wanting to engage in our ski instruction in January! See you there! Gotta question? Bob Bentley: 888-3057.

ATTENTION!

...Next year Canoe Trip leaders: THURS. DEC. 1...7:30 PM MEETING...to schedule our Future Canoe trips! Meet for Wine-Cheese party..slide show of Glacier Basin.. and discussion regarding suggestions for our trips and locations. Toby Lorenzen is hosting this event; Chuck Wright will tell you more. Call by NOV. 23: 564-4250.

WEEKEND BIKE TRIP

Overnight bike trip to the Youth Hostel on Martha's Vineyard (by ferry)
Nov. 12-13! Trip highlights easy pedalling around the island but first you must send \$6.25 to John Smart, 296 Old Plymouth Rd., RFD #1, Buzzards Bay 02532 TO HOLD YOUR SPACE AT THE HOSTEL..no later than: NOV. 5!
Estimated cost for entire weekend about \$25 incl. ferry etc.
NEED to bring: two lunches, warm clothing, rain-gear, wind-breaker, gloves, toilet articles and room to help carry group food.
ALSO! Bring sleeping bag OR hostel type sleep sack: see below!

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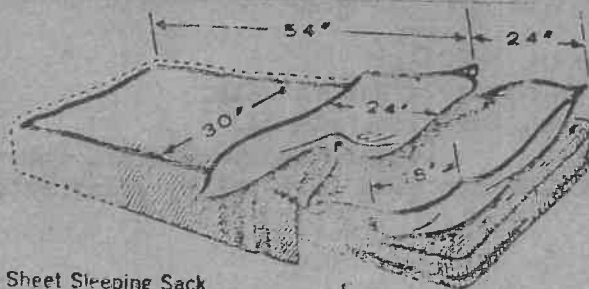
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Sheet Sleeping Sack

This can be made from unbleached muslin or oak sheets. The bag should measure 78
in. long x 30 in. wide with a pocket to cover the pillow 18 in. deep. A flap of 24 in. is
needed to protect the upper blanket, and a gusset each side of the bag adds roominess
and prevents tearing. Many AYH councils sell ready-made nylon or muslin-sheet sleep-
ing sacks.

THURSDAY MORNING HIKES

(All meet at 9:30 AM and last approx. 2 hours)

- Nov. 3: Audubon Wildlife Sanctuary. Meet Parking area of Sanctuary which is immed. north of Wellfleet Drive-in Theatre, rte 6, Wellfleet. Hike roads, trails of Sanctuary. Wallace Hanger 385-2651.
- Nov. 10: Nickerson State Park, Leader's Choice, Meet at Park entrance, rte 6A, Nickerson State Park, Brewster. Harry Dombrosk 385-9502.
- Nov. 17: Gull Pond and Old King's Hiway. Meet pub.landing, Gull Pond, Wellfleet. Hike wood roads and section of Old Hiway. Dick Nicholson 349-2494
- Nov. 24



HAPPY THANKSGIVING!

- Dec. 1: Nature Trail, Eastham. Meet Nat. S.S. Vis. Center, Rte 6, Eastham to hike nature trail and bike path to Coast Guard Beach. Wallace Hanger 385-2651
- Dec. 8: Fisherman's Landing to Seymour Pond. Meet at Landing, Sheep Pond off rte 124 Brewster to hike around pond. Ted Tucker 385-8158.

MORE hikes!

- Sun., Nov. 6: Meet parking area NEWCOMB HOLLOW BEACH, WELLFLEET, 11 AM to hike roads and trails thru dunes to Cape Cod Light: 8 miles. J. Dalton 945-2258; AND Harry Dombrosk 385-9502 AND R. Nicholson 349-2494.
- SAT., Nov. 12: AUDUBON SANCTUARY, Moose Hill, Sharon: 7 miles. Meet 11AM at Sharon R.R. Station, rte 27. Bruce Dunham 587-0679.
- Sun., Nov. 13: BLUE HILLS-SKYLINE TRAIL. Depend. on conditions: x-c ski or hike! Meet 9AM at park. area past Ho-Jo's, Canton Ave off 128. Bring trail lunch for "easy" 8 miler! Stu Morris 399-8289.
- Sun., Nov. 13: Meet park. area, FISHERMAN'S LANDING, Brewster on Fisherman's Rd., approx. 2 miles north exit 10 Mid-Cape. 11AM. Hike around the 4 ponds of Brewster and Harwich. Nice hike with Harry Dombrosk 385-9502.
- Sun., Nov. 20: Meet 11AM Nickerson State Park, rte 6A, to hike pretty Park's Perimeter. Bring lunch and join gang for 8-or-so-mile hike. Harry Dombrosk.
- Sun. Nov. 27: Meet HIGHLAND LIGHT: I (Cape Cod Light) Truro to hike roads and trails towards Pamet. About 8 miles. Bring lunch. Col. John Dalton 945-2258.
- Sun., Dec. 4: Meet NAT. S.S. VISITOR'S CENTER, Salt Pond, rte 6, Eastham to hike trails and roads of N.Eastham-Marconi area. 11AM. 8 miles. Col. John Dalton.
- Sun. Dec. 11: Meet entrance to NICKERSON State Park, rte 6A at 11AM to circle Flax, Cliff and Little Cliff Ponds. 7 or more miles dep. on conditions. Bud Carter 398-2605.