



# *The Southeast Breeze*

Quarterly newsletter of the Appalachian Mountain Club, Southeastern Massachusetts Chapter  
Fall 2010 — September, October, November

## **View from the Vice Chair**

By Claire Goode, Chapter Vice Chair

There's lots happening at the **AMC SEM 2010 ANNUAL MEETING** on November 6, 2010, at the Stoneforge Tavern in Raynham, MA! Come and participate in the running of your chapter. Enjoy seeing your friends, have a nice dinner, and listen to an interesting local speaker!

John Gould, an SEM member, will give a PowerPoint presentation on "Storm Chasing, Severe Weather, and Tornadoes." He'll explain briefly how weather occurs, tornado facts, and how tornadoes form. He'll allow time for questions and answers.

### **PROPOSED CHANGES TO AMC SEM BY-LAWS**

The SEM Chapter's Board of Directors proposes several changes to our current bylaws. These proposed changes will be voted on by our membership at the 2010 Annual Meeting on November 6, 2010, at the Stoneforge Tavern in Raynham, MA. Due to the number of changes, these will be posted on our website for all members to review.

You can review our current chapter bylaws at: [amcsem.org/bylaws.html](http://amcsem.org/bylaws.html). The proposed bylaw changes can be found at: [amcsem.org/bylaw-changes\\_2010.html](http://amcsem.org/bylaw-changes_2010.html). If a paper copy is preferred, please contact me with your mailing address. I can be reached at [ctgoode@comcast.net](mailto:ctgoode@comcast.net), or by phone at 508-759-7362 (before 9:00 pm).

### **ELECTION OF AMC SEM NEW EXECUTIVE BOARD**

The new AMC SEM Executive Board will be voted on at the annual meeting also. Please review the current officers at: [amcsem.org/officers.html](http://amcsem.org/officers.html). Please see the proposed new officers at: [amcsem.org/officers\\_proposed.html](http://amcsem.org/officers_proposed.html).

### **WINTER HIKING WORKSHOP** (on the same day! in the same town!)

The AMC SEM Annual Winter Hiking Workshop will be held November 6 from 1-4:00 p.m. in Raynham. Please contact Mike Woessner ([Stridermw@hotmail.com](mailto:Stridermw@hotmail.com)) 508-577-4879 between 6-9:00 p.m. to register for this free workshop.

**Please see the Annual Meeting full page announcement in this issue of The Breeze.**

**Did you know AMC SEM has a website? With news, events, articles, and pictures!**

**[www.amcsem.org](http://www.amcsem.org)**



## Meeting Events Calendar

### SEM Executive Board Meetings (7:00 pm)

Sep 08 -- Bourne  
 Oct 13 -- Bridgewater  
 Nov 10 -- Bourne

### Hike Planning Meetings (7:00 pm)

Sep 01, Dec 01  
 (contact [hikingchair@amcsem.org](mailto:hikingchair@amcsem.org))

### SEM Annual Meeting

Nov 06 Raynham, MA

**SEM Short Notice E-Mail Trip List** — Find out about late-breaking chapter activities not appearing in the *Breeze*, the *amc outdoors*, or the online trip listings. Visit [www.amcsem.org](http://www.amcsem.org) to sign up (at the bottom of the page).

### Where can I find AMC SEM activities?

1. *Breeze* (arrives in your mailbox, or electronically)
2. *amc outdoors* magazine (arrives in your mailbox)
3. Online trip listings: [www.amcsem.org](http://www.amcsem.org) (“schedules”)
4. SEM short notice email list: [www.amcsem.org](http://www.amcsem.org)

### WINTER BREEZE DEADLINES (covers Dec, Jan, Feb)

Oct. 07 trip listings  
 Oct. 15 articles, pictures

### SUBMIT NEWS & PIX TO OUR WEBSITE!

If you have interesting news or pictures, send them to the [communicationschair@amcsem.org](mailto:communicationschair@amcsem.org) so we can put them on our chapter website, [amcsem.org](http://amcsem.org).

**AMC SEM chapter website: [www.amcsem.org](http://www.amcsem.org)**

### AMC ACTIVITY PARTICIPATION POLICY

AMC encourages involvement in its mission and activities through its membership, programs, policies, and procedures. Our goal is to be a community that is comfortable, inviting, and accessible for people of any age, gender, race, religion, ethnicity, ability, sexual orientation, or socioeconomic status.

Some AMC programs are designed for a certain age range of members or for a special activity or topic. However, any person who meets the minimum qualifications (age, skills, experience, fitness) established by the trip leader(s) for an activity is eligible to attend, if space is available. Individuals under 18 must be accompanied by a responsible adult.

All participants in AMC activities are required to sign the AMC waiver form provided by the leader. Preview the waiver at: [amcsem.org/leadership.html](http://amcsem.org/leadership.html), Forms.

## Appalachian Mountain Club Southeastern Massachusetts Chapter (SEM)

### 2010 EXECUTIVE BOARD & VICE CHAIRS

Chapter Chair	Wayne Anderson, <a href="mailto:chair@amcsem.org">chair@amcsem.org</a> 508-697-5289
Vice Chapter Chair	Claire Goode, <a href="mailto:vicechair@amcsem.org">vicechair@amcsem.org</a> 508-759-7362
Past Chapter Chair	Mike Woessner, <a href="mailto:pastchapterchair@amcsem.org">pastchapterchair@amcsem.org</a> 508-577-4879
Treasurer	Leslie Carson, <a href="mailto:treasurer@amcsem.org">treasurer@amcsem.org</a> 508-833-8237
Secretary	Susan Salmon, <a href="mailto:secretary@amcsem.org">secretary@amcsem.org</a> 508-285-2440
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Biking	Joe Tavilla, <a href="mailto:bikingchair@amcsem.org">bikingchair@amcsem.org</a> 508-428-6887
Biking (Vice)	<b>Open</b>
Canoe/Kayak	Bill Fischer, <a href="mailto:paddlingchair@amcsem.org">paddlingchair@amcsem.org</a> 508-420-4137
Canoe/Kayak (Vice)	<b>Open</b>
Cape Hiking	Pat Sarantis, <a href="mailto:capehikingchair@amcsem.org">capehikingchair@amcsem.org</a> 508-430-9965
Cape Hiking (Vice)	<b>Open</b> , <a href="mailto:capehikingvicechair@amcsem.org">capehikingvicechair@amcsem.org</a>
Communications	Cheryl Lathrop, <a href="mailto:communicationschair@amcsem.org">communicationschair@amcsem.org</a> 508-668-4698
Comms. (Vice)	<b>Open</b>
Conservation	Joanne M. Jarzobski, <a href="mailto:conservationchair@amcsem.org">conservationchair@amcsem.org</a> 508-212-4427
Conservation (Vice)	<b>Open</b> , <a href="mailto:conservationvicechair@amcsem.org">conservationvicechair@amcsem.org</a>
Education	Hagit Moverman, <a href="mailto:education@amcsem.org">education@amcsem.org</a> 508-238-9264
Education (Vice)	<b>Open</b>
Hiking	Jim Plouffe, <a href="mailto:hikingchair@amcsem.org">hikingchair@amcsem.org</a> 508-562-0051
Hiking (Vice Chair)	Chris Pellegrini, <a href="mailto:hikingvicechair@amcsem.org">hikingvicechair@amcsem.org</a> 508-406-5319
Membership	Len Ulbricht, <a href="mailto:membershipchair@amcsem.org">membershipchair@amcsem.org</a> 508-359-2250
Membership (Vice)	<b>Open</b>
Skiing	Barbara Hathaway, <a href="mailto:xcskichair@amcsem.org">xcskichair@amcsem.org</a> 508-880-7266
Skiing (Vice Chair)	Farley Lewis, <a href="mailto:farley@comcast.net">farley@comcast.net</a> , 508-775-9168
Trails	Kevin Mulligan, <a href="mailto:trailschair@amcsem.org">trailschair@amcsem.org</a>
Trails (Vice Chair)	<b>Open</b>
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Webmaster	Susanne Piche, <a href="mailto:webmaster@amcsem.org">webmaster@amcsem.org</a>
Asst. Webmasters	Kerry Grenier, Bill Desmond, Chad Wohlers
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CYP Coordinator	Sally Delisa, <a href="mailto:cypcoordinator@amcsem.org">cypcoordinator@amcsem.org</a> , 781-834-6851

The chapter includes ~3,500 members throughout Barnstable, Bristol, Dukes, Nantucket, and Plymouth counties of Massachusetts.

*The Southeast Breeze*, the newsletter of the Southeastern Massachusetts Chapter (SEM) of the Appalachian Mountain Club (AMC), is published 4 times a year. SEM members are encouraged to submit letters, articles, and photos; materials for publication (space permitting) cannot be returned unless accompanied by SASE. Mail to: Cheryl Lathrop, 17 Robert St., Walpole, MA 02081. Digital submissions are preferred: [communicationschair@amcsem.org](mailto:communicationschair@amcsem.org). Articles will be edited for length, typographical errors, and clarity. **Editor:** Cheryl Lathrop, **Asst. Editor:** Ann McSweeney, **Proofreader:** Kate Patroia.

**MOVED?** Send your change of address to: AMC, 5 Joy St., Boston, MA 02108. Or the **Member Center** at [www.outdoors.org/membercenter](http://www.outdoors.org/membercenter).

**NON-SEM AMC MEMBERS:** Want the quarterly *Southeast Breeze* newsletter? Send your address and a \$10 check payable to “AMC SEM” to: Leslie Carson, ATT: Non-Member Breeze Subscription, 64 Mill Road, East Sandwich, MA 02537.

## Communications Committee has an opening!

**Vice Communications Chair** – Attend executive board meetings to watch and learn, help the Communications Chair publish the *Breeze* and oversee the chapter website for a year. Then take over as Communications Chair and oversee a wonderful staff of webmasters, editors, and proofreaders to help you! Contact: [communicationschair@amcsem.org](mailto:communicationschair@amcsem.org).

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## Volunteer Call for the SEM Membership Committee

The Membership Committee has two goals: to welcome new members and ease their transition to becoming active SEM members, and to promote SEM activities to nonmembers and encourage them to join. We need volunteers to staff SEM “show and tell” displays at local organizations, to help with new-member events, and to assist the Membership Chair in planning membership initiatives. Contact Len Ulbricht, the Membership Chair, at [membershipchair@amcsem.org](mailto:membershipchair@amcsem.org) or 508-359-2250.

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FACEBOOK



TWITTER

**FIND US** on Facebook and become a fan (‘like’ us). Go to [facebook.com](http://facebook.com) and search for “Appalachian Mountain Club, Southeast Mass Chapter.” **FOLLOW US** on Twitter! Go to [twitter.com](http://twitter.com) and search for “amcsem”.

**WE NEED A MODERATOR!** Our AMC SEM Facebook page has been a great success for publicizing chapter activities. It also allows chapter members to add comments and pictures! However, we need a moderator to monitor the postings and pictures, and delete any inappropriate ones. C’mon, we know you’re on Facebook everyday. Volunteer to be our moderator! Contact [communicationschair@amcsem.org](mailto:communicationschair@amcsem.org).

(We also need a moderator for our Twitter account.)

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## WE’RE GOING GREEN!



Enjoy your paper Breeze while it lasts! The chapter is considering changing to electronic distribution of the Breeze. Watch the chapter website and future Breezes for more on this important decision...



## 2000 Mile Bike Club – 6/30/10

Leonard Leonard	2454
Luca Macchi	2255
Joe Tavilla	1809
Joe Barry	1731
Larry Cohen	1698
Dan Egan	1575
Ed Foster	1380
Pam Patrick	1250
Jean Orser	1215
Fred Chase	1215
Ron Sikora	1110
Lawton Gaines	1025
Jim Kelpela	988
Wil Mason	960
Mark Tisdale	925
Ted Rowan	870
Barry Gallus	785
Jack Jacobsen	778
Lee Ekhart	710
Bob Kennedy	700
Michael Powers	495
Peter Kirscham	520



## SEM ANNUAL Winter Hiking Workshop

**November 6, 2010**  
1-4:00pm Raynham, MA

### Attention 3 season hikers!

This year's Winter Hiking Workshop is geared to extend your hiking into winter. Topics include snowshoes, boots, clothing, equipment, day hiking, and overnight backpacking. This is the kick-off event to our annual Winter Hiking Series! The hiking committee will be offering a series of hikes and an overnight backpack to acquaint the 3-season hiker with the pleasures of winter hiking. Please register with Mike Woessner ([Stridermw@hotmail.com](mailto:Stridermw@hotmail.com)) 508-577-4879. Space is limited so sign up early!

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**CHAPTER HUT WEEKEND 2010, Sept. 23-26**

# 2010 AMC SEM ANNUAL MEETING

Saturday, November 6, 2010

Stoneforge Tavern

90 Paramount Drive, Raynham, MA 02767

508-977-9845

**Agenda:**

- 5:00 – 6:00 pm Happy Hour (cash bar open throughout the evening)
- 6:00 – 6:30 pm Business Meeting (including election of 2011 Board)
- 6:30 – 7:30 pm Dinner Buffet
- 7:30 – 7:45 pm Awards
- 7:45 – 8:00 pm Break
- 8:00 – 8:45 pm Guest Speaker: John Gould, SEM member, will give a PowerPoint presentation on "Storm Chasing, Severe Weather, and Tornadoes." He'll explain briefly how weather occurs, tornado facts, and how tornadoes form and will allow time for questions and answers.

**Reminder:** The AMC/SEM Annual Winter Hiking Workshop will be held November 6<sup>th</sup> from 1:00 to 4:00 p.m. in Raynham. Please contact Mike Woessner (Stridermw@hotmail.com) 508-577-4879 between 6-9 p.m. to register for this free workshop.

To register go to [www.amcsem.org](http://www.amcsem.org) for secure online registration using our PayPal account OR mail your check (payable to AMC SEM) with the Registration Form below.

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**AMC Southeast Massachusetts Chapter Annual Meeting Registration Form**

Name(s) of attendees: \_\_\_\_\_

Phone or Email Contact Info: \_\_\_\_\_

\$30.00/per person for registrations received on or before Saturday, October 16th  
\$35.00/per person for registrations received after Saturday, October 16th

If registering by mail, please send this completed form, along with appropriate payment, to: AMC SEM, c/o Leslie Carson, 64 Mill Road, Sandwich, MA 02537.

***Deadline to Register is Wednesday, October 27<sup>th</sup>.***



Jeannine Audet, Leslie Carson, and Anne Duggan completed the SEM Beginner Backpack Series and received certificates of achievement at Mt. Sunapee.



Ponkapoag Pond Hike -- During the SEM Spring Bash, a group of seven took a slow hike to observe the birds and wildflowers along the way.



Blackstone River Bike Path ride



July 24th "Easy Rider" bike ride in Lakeville.



The "Red-Line-the-Blue-Hills" Thursday night hiking series.



Sunday's new "Fast-and-Hilly" hiking series in the Blue Hills.

## Saga of a Moonlight Paddle by Max Sarazin

As we arrived at Long Pond, we were met by a sign which said "Jon & Amy", and there were about 100 cars double-parked everywhere. A wedding on the beach! Next door there was a huge tent with many people and great music. The pond was smooth as glass with no wind, and one by one a half dozen motorboats were pulled out with only one going in -- met by 2 girls with a heavy cooler. It was to be a party on the water.

We paddled effortlessly across and made along the shore. It was such a beautiful night. The moon may have risen, but we never saw it. The party boat was in the middle, drifting. First you'd see a port light, then a starboard as the boat drifted around. The music from the tent grew louder as we approached the takeout, and the party boat came in. They must have run out of beer.

We set up our table in the canoe with great light from the candle within the glass chimney. Popped open the wine along with crackers & dip. Libby toasted such a great night. We drifted past the tent where there was a boat with a couple making out, then a couple from the reception walked down the pier looking for a match as he saw our candle. I told him he could keep the book, but he said what if my candle went out. I told him my candle never fails, and he said he'd hafta remember that line.

It turned out to be the bride's sister and her escort. We could see they were breaking up the buffet when I said, "Gee, we didn't even get an hors d'oeuvre!" Julie disappeared into the tent and came out with plates heaping with tender barbequed chicken, jumbo shrimp & sea scallop shish kabob, a mess of large stuffed mushrooms, and a couple pieces each of both white & chocolate wedding cake. I had to bring a doggie bag home as I couldn't eat it all.

Ah, the good life.

## Early Morning Paddle Adventure by Max Sarazin

It was the day of the annual rendezvous with the AMC hikers at the Punkhorn on Sunday morning. Arriving early, I found a pair of large swans wouldn't allow trespassers. On my 3<sup>rd</sup> attempt, I had my canoe over my head and for some unknown reason that made them leave.

By the time Linda arrived, I had the canoe loaded and we were ready to go. Paddling up the east shore we saw all kinds of bird life, including some that we couldn't identify. We were later told that those 5 were Black Crown Night Heron. We also saw the swans, but this time they had 7 cygnets with them.

As they paddled past the passageway into Upper Mill Pond, they either got into Canada Goose territory, or a goose decided to harass the cygnets or swans. That got the ire up of the drake swan who decided to take action. He went after that goose in a style that I was glad I wasn't the object of his attack! The goose took to the air in retreat. But that's not the end...

Now you usually see a swan go halfway across a pond with its wings beating the water, and its little feet running across the water trying to get airborne. Not in this case! That angry swan was airborne in 20 feet! They were a quarter of the distance around the pond ahead of us with the goose 100 feet in the lead.

We watched as the pair passed the ramp near shore navigating the pond in an anti-clockwise direction. Now they were heading toward us so I told Linda to hang on. We were only about 20 feet from shore, and the birds came by about 10 feet from us with the swan in hot pursuit closing in!

They went past us a few hundred feet before the swan knocked the goose down. The swan then returned—crowing to his mate how good he was for half a minute.

# Chapter Hut Weekend Sept. 23-26



Is this going to be an annual event? Well, if it is, you can't beat Cold River Camp in Evans Notch, NH. Hiking, biking, & paddling! Contact Jim Plouffe at [hikingchair@amcsem.org](mailto:hikingchair@amcsem.org) for more information.



[www.outdoors.org/lodging/camps/camps-coldriver.cfm](http://www.outdoors.org/lodging/camps/camps-coldriver.cfm)  
[www.amccoldrivercamp.org](http://www.amccoldrivercamp.org)



## 2010 AMC FALL GATHERING OCTOBER 15-17, 2010

Hosted by the Worcester Chapter  
Prindle Pond Conference Center Hilltop, Charlton, MA

- Explore Central Massachusetts by hiking, cycling, paddling, rock climbing and more...
- Family-oriented activities will be offered, too, so bring your children & grandchildren!
- Enjoy the camaraderie of fellow AMC members in the evening starting with a social hour followed by lively entertainment and a bonfire to wrap it all up.

We'll see you there with boots on!

**FOR MORE INFORMATION:**  
**[WWW.AMCFALLGATHERING2010.COM](http://WWW.AMCFALLGATHERING2010.COM)**



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The Breeze accepts paid advertisements for activities that support the mission of the AMC. Please see [www.amcsem.org/comms.html](http://www.amcsem.org/comms.html) for ad policy.

# CHAPTER ACTIVITIES

## CLUB-WIDE ACTIVITIES

Oct. 15-17 **AMC FALL GATHERING 2010**  
More info: [www.amcfallgathering2010.com](http://www.amcfallgathering2010.com).

## CHAPTER-WIDE ACTIVITIES

Sep. 23-26. **SEM CHAPTER HUT WEEKEND.**  
SEM annual Chapter Hut Weekend. Back to Cold River Camp in Evans Notch, NH. Contact James Plouffe ([hikingchair@amcsem.org](mailto:hikingchair@amcsem.org)) for more info.

Nov. 6. **SEM ANNUAL MEETING**  
Stone Forge Tavern, Raynham, MA. Speaker: John Gould. Topic: "Storm Chasing, Severe Weather, & Tornadoes".

## NOTE ACTIVITIES MARKED FOR :

**FT** = First Timer      **NM** = New Member

## HIKING / BACKPACKING

Chair—Jim Plouffe, 508-562-0051,  
[hikingchair@amcsem.org](mailto:hikingchair@amcsem.org)  
Vice Chair—Chris Pellegrini, 508-406-  
5319, [hikingvicechair@amcsem.org](mailto:hikingvicechair@amcsem.org)

**IMPORTANT:** Hikers unsure of their ability should try only 1 level more difficult than previously completed. No pets without permission of trip Leader. Registration req'd for most trips. Hiking boots strongly recommended. For additional info or to register, contact the trip Registrar (R), Leader (L) or co-Leader (CL). Trip updates available at [trips.outdoors.org](http://trips.outdoors.org). Sign up for the SEM Short Notice E-Mail Trip List at [www.amcsem.org](http://www.amcsem.org).

**Rating codes** (e.g. C4D): first letter indicates distance in mi , middle number indicates pace, second letter indicates terrain.

Miles	Pace (mph)	Terrain
AA = 13+	1 = very fast (2.5)	A = v. stren.
A = 9 - 13	2 = fast (2)	B = strenuous
B = 5 - 8	3 = moderate	C = average
C = <5	4 = leisurely	D = easy

**IMPORTANT:** No pets w/o prior permission of trip leader. Individuals under 18 years of age must be accompanied by a parent or responsible adult, & obtain prior consent from L. Those accompanying a minor are responsible for minor's actions. Reg. req'd for most hikes, preferably at least 1 week prior to the trip so Ls can discuss prior hiking exp., conditioning, clothing, & equipment.

Thu., Sep. 2. Red Line the Blue Hills (C3C). Thurs., 6:00-8:00pm. Hike trails in the Blue Hills, "redlining" our maps as we go. One-time registration, then ShowAndGo. Locations vary each week. L Joe

Keogh ([RLBH\\_leader@amcsem.org](mailto:RLBH_leader@amcsem.org)), L Cheryl Lathrop , R Jodi Jensen (781-249-8346 Early evening, [RLBH\\_registrar@amcsem.org](mailto:RLBH_registrar@amcsem.org))

Thu., Sep. 2. Borderland State Park Easton, MA. (B3C). Meet 10:00 am at Visitor Center. Approx. 5 m. Entrance fee \$5.00 if no pass. Google directions. L Joanne Stanisla (508-528-6799 7-9 p.m., [joannes1@localnet.com](mailto:joannes1@localnet.com)), CL Ellie MacPherson (508-224-6465 7-9 p.m., [elliemacp@comcast.net](mailto:elliemacp@comcast.net))

Thu., Sep. 9. Red Line the Blue Hills. See 9/2.

Thu., Sep. 9. Nelson Memorial Forest (C3C). Th. Morning. Beautiful woodland along Cove Creek & North River. L Sally Delisa (781-834-6851 before 9:00pm, [delisasally@yahoo.com](mailto:delisasally@yahoo.com))

Sat., Sep. 11. Mount Jefferson (B3B). Join us for this fall hiking classic along a unique route. 7.1 mile R/T B3B rating. L Ken Jones (508-697-0142, [lotsoluck@comcast.net](mailto:lotsoluck@comcast.net)), CL/R Leslie Carson (508-833-8237 7:00-9:00pm, [lrc929@comcast.net](mailto:lrc929@comcast.net))

**(FT) (NM)** Thu., Sep. 16. Thursday Morning Blue Hills Hike (B3C). Meet at 10:00 am Trailside Museum Parking lot for a 5-6 mile hike. req equipment: Hiking boots, water, rain jacket & snacks/lunch. Heavy rain will cancel. L Walt Granda (508-999-6038 before 9:00pm, [wigranda@aol.com](mailto:wigranda@aol.com))

Thu., Sep. 16. Red Line the Blue Hills. See 9/2.

**(FT) (NM)** Sat., Sep. 18. Family Hike #1: Tully Trail & Apple Picking Hike (B4C). Annual Fall Tully Trail Hike. Loop hike over Tully Mountain & return to beautiful Tully Lake. Apple picking follows hike. L Jim Plouffe (508-586-1394, [jimplouffe@comcast.net](mailto:jimplouffe@comcast.net)), L Wayne Anderson , CL Bill Pellegrini ([billpellegrini@yahoo.com](mailto:billpellegrini@yahoo.com)), L/R Christine Pellegrini (508-406-5319 6:00-9:00pm, [chrispellegrini@yahoo.com](mailto:chrispellegrini@yahoo.com))

Sun., Sep. 19. Blue Hills Hike: Fast & Hilly (B2B). Hike the North - South loop & Buck Hill of Skyline Trail fast. Meet at 8:45. L/R Maureen Kelly (508-224-9188 4:00-8:00pm, [NOTLITS@aol.com](mailto:NOTLITS@aol.com))

Thu., Sep. 23. Halfway Pond Conservation Area, Plymouth (B3C). Ponds & forest, 6 miles, meet 10AM, for directions see web. L [elliemacp@comcast.net](mailto:elliemacp@comcast.net), 508-224-6465. L Ellie MacPherson (508-224-6465, [elliemacp@comcast.net](mailto:elliemacp@comcast.net))

**(FT) (NM) Sep. 23-26. SEM Chapter Hut Night.** SEM annual Chapter Hut Night. Back to Cold River Camp in Evans Notch, NH. Stay 1/2/3 nights. Can't beat location, activities & price. Cost is \$65/night & incl. cabin w/fireplace, & meals. Open to all; pref. for AMCSEM members if space becomes ltd.). L Jim

Plouffe (508-586-1394, [hikingchair@amcsem.org](mailto:hikingchair@amcsem.org)), L Wayne Anderson (508-697-5289, [chair@amcsem.org](mailto:chair@amcsem.org)), R James Plouffe ([hikingchair@amcsem.org](mailto:hikingchair@amcsem.org)).

Thu., Sep. 23. Red Line the Blue Hills. See 9/2.

Sat., Sep. 25. Mount Moriah (A3B). Chapter Hut Weekend hike - 9 mi. RT, 3400 ft. elev. Hike over Mt. Surprise to Mt.Moriah. L/R Leslie Carson (508-833-8237, [lrc929@comcast.net](mailto:lrc929@comcast.net)), CL George Sousa ([georgesousa@comcast.net](mailto:georgesousa@comcast.net)).

Sat., Sep. 25. Southeastern MA Chapter Hut Hike: Speckled Mountain (B3B). Impressive views on Speckled Mtn/Blueberry Ridge trail. Hike is planned as one of the Cold River Camp activities. L Walt Granda (508-999-6038 before 9:00pm, [wigranda@aol.com](mailto:wigranda@aol.com)), CL Luther Wallis (508-923-1935, [lew89@comcast.net](mailto:lew89@comcast.net)), R Walt Granda (508-999-6038 before 9:00pm, [wigranda@aol.com](mailto:wigranda@aol.com))

Thu., Sep. 30. Thursday Morning Hike: Mount Holyoke Range (B3B). Hike along the Metacomet-Monadnock Trail from Mt Holyoke Summit house to Mt. Norwottuck. L Walt Granda (508-999-6038 before 9:00pm, [wigranda@aol.com](mailto:wigranda@aol.com)), CL Joanne Stanisla ([joannes1@localnet.com](mailto:joannes1@localnet.com)), R Walt Granda (508-999-6038 before 9:00pm, [wigranda@aol.com](mailto:wigranda@aol.com))

Thu., Sep. 30. Red Line the Blue Hills. See 9/2.

Thu., Oct. 7. Red Line the Blue Hills. See 9/2.

Thu., Oct. 14. Red Line the Blue Hills. See 9/2.

Thu., Oct. 14. Pilgrim Trail Walk, Plymouth (B3C). 5+M loop through historic Plymouth, 10AM. Parking behind Jenney Grist Mill, 6 Spring La, 02360. Ellie MacPherson, 508-224-6465, [elliemacp@comcast.net](mailto:elliemacp@comcast.net). L Ellie MacPherson (508-224-6465, [elliemacp@comcast.net](mailto:elliemacp@comcast.net))

Sat., Oct. 16. Bear Mountain/Mount Race Hike (A3B). 10 mile hike-starting at Undermountain Tr, CT & ending at Race Brook Falls parking area. L Walt Granda (508-999-6038 before 9:00pm, [wigranda@aol.com](mailto:wigranda@aol.com)), CL Luther Wallis ([lew89@comcast.net](mailto:lew89@comcast.net)), R Walt Granda (508-999-6038 before 9:00pm, [wigranda@aol.com](mailto:wigranda@aol.com))

Sun., Oct. 17. Blue Hills Hike: Fast & Hilly (B2B ). Hike the North - South loop & Buck Hill of Skyline Trail fast. Meet at 8:45. L/R Maureen Kelly (508-224-9188 4:00-8:00pm, [NOTLITS@aol.com](mailto:NOTLITS@aol.com))

Thu., Oct. 21. Hike Gilbert Hills State Forest, Foxboro, MA (B3C). Thu. Oct. 21, 10 a.m. Meet Lakeview Pavilion, Foxboro. Dir. 95 ex 7B. After rotary, 140N to Lakeview Rd. on left. .3 mi. on right. Water, snacks/lunch. L Joanne Stanisla (508-528-6799 7:00-9:00pm, [joannes1@localnet.com](mailto:joannes1@localnet.com))

Thu., Oct. 21. Red Line the Blue Hills. See 9/2.

**(FT) (NM)** Sat., Oct. 23. Fall Foliage Hike at Mount Tom, MA (B3C). Over the summer we had so much fun, & the scenery was so tremendous, that we had requests to do this hike in the fall foliage. So here we are! Join us on this relatively easy-to-moderate hike. Car spotting will be required, & ice cream will follow the hike. Bring your DCR Park Passport if you have one. L/R Jim Plouffe (508-586-1394, jimplouffe@comcast.net), CL Maureen Kelly

Thu., Oct. 28. Red Line the Blue Hills. See 9/2.

Thu., Oct. 28. Cliff Walk/Bellevue Avenue, Newport, RI (B3D). Meet 10AM facing Cliff Walk on Narragansett Ave. 3.5 mi. each way. 2/3 paved, 1/3 rocky. Optional return by Bellevue Ave. to complete loop. Sturdy walking shoes, water, snack. Lunch on walk or local restaurant. Call leader for carpool info. L Barbara Hathaway (508-880-7266 before 9pm, barb224@tmlp.com)

Sat., Oct. 30. Wapack Trail Section #1 (B3B). Great fall hike with panoramic views. A 9.1 mile hike ascending Barrett, New Ipswich, Pratt & Watatic. L Walt Granda (508-999-6038 before 9:00pm, wlgranda@aol.com), CL Dexter Robinson (dexasue@comcast.net), R Walt Granda (508-999-6038 before 9:00pm, wlgranda@aol.com)

**(FT) (NM)** Sat., Oct. 30. Family Hike #2: F. Gilbert Hills State Forest, Foxboro (C3C). Family Halloween hike. Bring snacks & water; wear suitable footwear. (Costumes encouraged, cookout/campfire to follow). L Jim Plouffe (508-586-1394, jimplouffe@comcast.net), L Christine Pellegrini, L Wayne Anderson, CL Bill Pellegrini, R Jim Plouffe (hikingchair@amcsem.org)

Thu., Nov. 4. Red Line the Blue Hills. See 9/2.

**(FT) (NM)** Thu., Nov. 4. Thursday Morning Blue Hills (B3C). Perambulate Buck Hill with side trip to summit & views of Boston & Mass Bay. 5 miles on lesser traveled trails. No difficult ups or downs. 10 am start at Houghtons Pond parking lot. Heavy rain cancels. L Len Ulbricht (508-359-2250 before 9:00pm, lenulbricht@comcast.net)

**(FT) (NM)** Sat., Nov. 6. Southeastern Massachusetts Chapter Annual Meeting. Meet new friends or reconnect with longtime hiking, biking, or paddling partners! Enjoy a wonderful dinner & inspirational speaker, cast your vote for the 2011 SEM Board, & celebrate our 2010 accomplishments. L Wayne Anderson (chair@amcsem.org), R Barbara Hathaway (barb224@tmlp.com)

**(FT) (NM)** Sat., Nov. 6. Winter Hiking Workshop. Attention 3 season hikers! This years Winter Workshop is geared to extend your hiking into winter. Topics include boots, clothing, day hiking & overnight equipment. The hiking committee will be offering a series of hikes & overnight backpack to acquaint 3 season hiker with the pleasures of winter

hiking. L Jim Plouffe (508-586-1394, hikingchair@amcsem.org), L Mike Woessner, L Chris Pellegrini, L Bill Pellegrini, CL Wayne Anderson, R Mike Woessner (508-577-4879, stridermw@hotmail.com)

Sun., Nov. 14. Blue Hills Hike: Fast & Hilly (B2B). Hike the North - South loop & Buck Hill of Skyline Trail fast. Meet at 8:45. L/R Maureen Kelly (508-224-9188 4:00-8:00pm, NOTLITS@aol.com)

Thu., Nov. 18. Frank Knowles Reserve & Lloyd Center, Potomska Road (C3C). Meet 10a at Knowles Reserve for 3-mi hike then to Lloyd Ctr for up to 5-mi hike, lunch, tour of Ctr. Wear orange. L Barbara Hathaway (508-880-7266, barb224@tmlp.com)

Sat., Nov. 20. Mount Moosilauke (B3B). 7.9 mile loop with good views from the South Peak. Could have winter conditions. L Leslie Carson (508-833-8237, ltc929@comcast.net), CL/R Maureen Kelly (617-943-4288, NOTLITS@aol.com)

**(FT) (NM)** Sun., Nov. 21. Family Hike #3: Ellisville State Park (C4C). Family Thanksgiving hike on a scenic beach walk with bird sightings. Trip after hike to Plymouth Rock & ice cream. L Jim Plouffe (508-586-1394, jimplouffe@comcast.net), L Chris Pellegrini, L Wayne Anderson, CL Bill Pellegrini, R Jim Plouffe (hikingchair@amcsem.org)

### CAPE COD HIKES

Chair: Pat Sarantis, 508-430-9965, capehikingchair@amcsem.org.  
Vice Chair: OPEN, capehikingvicechair@amcsem.org.

Most Cape Hikes are "Show & Go." For additional info, contact trip Leader/Co-Leader (L/CL) or visit [trips.outdoors.org](http://trips.outdoors.org). (Set Committee to "Cape Hikes.")

Miles	Pace (mph)	Terrain Type
AA = 13+	1 = v. fast (2.5)	A = v. strenuous
A = 9 - 13	2 = fast (2)	B = strenuous
B = 5 - 8	3 = moderate	C = average
C = <5	4 = leisurely	D = easy

S Thu., Sep. 9. Nickerson Ponds Brewster (C3C). First hike/picnic follows. Meet 9:45 Flax Pond Beach Pkg lot. Enter Nickerson St Pk from 6A in Brewster, main rd to L on Flax Pond rd to Beach Pkg lot on R. Two hours. Bring small lunch/something to share. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

Sat., Sep. 11. Wellfleet Cahoon Hollow to Fresh Brook Village (A3B). Great Pond to Fresh Brook/Marconi. Rt. 6 to Wellfleet. R on Cahoon Hollow Rd. at cemetery before stop light to Wellfleet Ctr. Go 0.5 mi to Great Pond pkg. lot on L. Meet 9:45am, 10 mi. 4hrs. Bring lunch. L Todd Kelley (kelleytrailblazer@yahoo.com)

Sun., Sep. 12. Barnstable-Crooked Cartway (C3C). Wooded walk to The Deck. Take Rte. 149 to Rotary at Cape Cod Airport, Marstons Mills. West on Race

Lane for 1.1 miles. Right onto Crooked Cartway to end. Meet at 12:45pm. 2 hours. L Farley Lewis (508-775-9168, farley@comcast.net)

Thu., Sep. 16. Crowe to Crowe Loop, Dennis (C3C). 2hr. hike. Paths, beach, quiet roads. Meet 9:45am. From Rt. 6, ex 9 onto Rt. 134N to Rt. 6A. R on 6A, L onto School St., then R onto South St. to lot on R past cemetery. L Maria Sylvester (508-385-4045, sylvester\_maia@hotmail.com)

Sat., Sep. 18. Mashpee-South Cape Beach (C3C). Flat hike through woods for 2 miles, then 2 miles on sandy peninsula. From Mashpee rotary, take Great Neck Rd.S 2.7 mi, left on Great Oak Rd. Follow to town beach pkg. Meet at 9:45. 2 hours. L Gary Miller (508-540-1857, Garymaxx@verizon.net)

Sun., Sep. 19. Truro, Bearberry Hill (C3C). Pretty sand path from hilltop 360 ocean view to Longnook overlook. Rt 6 to Pamet Rd; R @ bottom of ramp, L on South Pamet Rd to parking lot at beach. 2 hrs Meet 12:45. L Pat Sarantis (508-430-9965, patsarantis@gmail.com)

### **(FT) (NM) Sep. 23-26. SEM Chapter Hut Night.**

Sat., Sep. 25. Barnstable-Sandy Neck (B3B). Hike barrier beach to trail 4, returning along marsh trail. Mostly soft sand. Four hours, bring lunch. Meet at 9:45 AM. From Sandwich Rt. 6A across from Amari Restaurant turn north onto Sandy Neck Rd. Park in lower lot. L Elissa Crowley (508-362-5062, ejcrowley181@gmail.com)

Thu., Sep. 30. Eastham, Nauset Marsh (C3C). Walk the edge of a beautiful marsh, a CC jewel. Rt 6 to R on Gov Prence Rd, R on Fort Hill Rd to first parking lot on L. Carpooling necessary. 2 hrs; Meet 9:45. L Pat Sarantis (508-430-9965, patsarantis@gmail.com)

Sat., Oct. 2. Provincetown: Herring Cove to Tip of Cape (B3B). Park in left corner of left pkg. lot at 9:45am at Herring Cove Beach in Provincetown. Hike dunes/tidal flats to Long Point (tip of the Cape). 4hrs; Lunch. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Thu., Oct. 7. Barnstable-Danforth Trails (C3C). 2 hrs. Newer trails with a unique feature. From route 149, W. on Race Lane, lot short distance on Left. Meet at 9:45AM. L Gary Miller (508-540-1857, Garymaxx@verizon.net)

Sun., Oct. 10. Wellfleet, White Crest Beach (C3C). Wooded Trails to Marconi White Cedar Swamp. Rt 6, R on LeCount Hollow Rd to beach gatehouse. L on Ocean View Rd for 0.9 mi to R at beach parking lot. 2 hrs; Meet 12:45. L Pat Sarantis (508-430-9965, patsarantis@gmail.com)

Thu., Oct. 14. Crowe to Crowe Loop, Dennis (C3C). 2hr. hike. Paths, beach, quiet roads. Meet 9:45am. From Rt. 6, ex 9 onto Rt. 134N to Rt. 6A. R on 6A, L onto School St., then R onto South St. to lot on R

past cemetery. L Maria Sylvester (508-385 4045, sylvester\_maria@hotmail.com)

Sun., Oct. 17. Barnstable-Bridge Creek Conservation (C3D). Flat terrain, cedar upland, maple swamp & salt marsh, bogs, stone walls. Meet at 12:45pm. 2 hrs. Rt 6 to ex 5. North on Rt 149...park along grass triangle on immediate left beside West Parish Church. L Farley Lewis (508-775-9168, farley@comcast.net)

Thu., Oct. 21. Doane Rock Eastham (C3C). Hike woods to beach Doane Rock to Nauset & Three Sisters. From Rt 6 in Eastham R at Salt Pond Visitors Center. Go past center to pkg R at Doane Rock picnic area. Meet 9:45. Two hours. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

Sat., Oct. 23. Moraine Trail, Falmouth (A3B). 9-mi., 5-hr. hike along moraine & woodlands. Meet at Goodwill Park in Falmouth at 9:30am to carpool to start of trail at 9:45. See web listing for information & driving directions. If rain forecast, call L. Bring lunch. L John Gould (508-540-5779, jhgould@comcast.net)

Thu., Oct. 28. Truro, Ryder Beach (C3C). Beach to woodland trails, hills, scenic bay views. Rt 6, L on Prince Valley Rd. to end. R on County Rd. Immed. L on Ryder Beach Rd. Park at End. Meet 9:45 a.m. >2 hrs. L Janet Kaiser (508-432-3277, jtkaiser@comcast.net)

Sat., Oct. 30. Provincetown, Snail Road Dunes (C3B). Meet 9:45 am. at the Snail Road trailhead on Route 6 at east end of Provincetown. Explore dunes, historic dune shacks, cranberry bogs, 360 views. hike up & down 2 miles to ocean & back. bring lunch. 3 1/2 hours. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Sun., Oct. 31. Harwich, Herring River (C3C). Wooded walk, views of reservoirs, Herring River, Cran Bogs. Rt 6 to Ex 10, R on 124 for 2 mi to center. R for 2 mi on Main St/Gr West Rd to Sand Pond on R. 2 hrs; Meet 12:45. L Pat Sarantis (508-430-9965, patsarantis@gmail.com)

Thu., Nov. 4. Hawksnest State Park Harwich (C3C). Woods walk. Meet 9:45. ex 11 off Rt 6, go diagonally across from ex to Spruce Rd & pk on side of road approx. half mi down. Two hours. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

**(FT) (NM)** Sat., Nov. 6. Winter Hiking Workshop. Attention 3 season hikers! This year's Winter Workshop is geared to extend your hiking into winter. Topics include boots, clothing, day hiking & overnight equipment. The hiking committee will be offering a series of hikes & overnight backpack to acquaint 3 season hiker with the pleasures of winter hiking. L Jim Plouffe (508-586-1394, hikingchair@amcsem.org), L Chris Pellegrini, L Bill Pellegrini, CL Wayne Anderson, L/R Mike Woessner (508-577-4879, stridermw@hotmail.com)

Sun., Nov. 7. Benjamin Nye Trail, Sandwich (C4C). Working bogs, salt marsh, ponds/brooks, game farm. Rt 6, Ex 4, N on Chase Rd for 1/2 mi, L on County Rd; @ 1 mi park across from Grange Hall. 2 hrs; Meet @ 12:45. L Nancy Wigley (508-548-2362, nrwigley@verizon.net)

Thu., Nov. 11. Barnstable Conservation (B2B). Hike the Barnstable Conservation area. Meet at Parking lot (power line) on Service Rd. Exit Route 6 at ex 5, go south 100 yds to service road. Turn right. Lot on left. Meet at 9:45 am. 2 hrs. L Elissa Crowley (508-362-5062, ejcrowley181@gmail.com)

Sat., Nov. 13. Truro: High Head to Head of the Meadow (C3C). Meet at 9:45 am. at High Head Rd., as far as you can drive in toward the bike trail. We will hike over dunes to beach. will walk the bike path back by Pilgrim Spring. 3 1/2 hours. lunch. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Sun., Nov. 14. East Falmouth-Mashpee, Quashnet River (C3C). Walk in upland woods alongside pretty stream. From Mashpee rotary, Rt 28N to Falmouth 2.1 miles, take R on Martins Rd to parking area. 2 hours. Meet 12:45. If rain forecast call L. L John Gould (508-540-5779, jhgould@comcast.net)

Thu., Nov. 18. Brewster, Punkhorn Parklands C3C). Wooded, hilly trails, pond views. ex 9B Rt 6, go 2.0 mi. to R on Satucket, follow bear Right at Stony Brook Rd. In 0.3 mi R on Run Hill Rd. 1.3 mi to parking lot left. 2 hours. Meet at 9:45am. L Janet Kaiser (508-432-3277, jtkaiser@comcast.net)

Sat., Nov. 20. Truro/Bay Sea Turtle Walk(C3C). 9:45 a.m. Corn Hill Beach. carpool to trail head. Walk bay beach looking for hypothermic sea turtles. 3 1/2 hours. Lunch. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Sun., Nov. 28. Mashpee, Santuit Pond (C3C). Water views, working bogs, woodland trails. Rt 6, Ex 5; S on Rt 149 to Rt 28. R on 28; R on Santuit/Newtown Rd for 0.8 mi to yellow gate on L. Meet 12:45 for 1 pm hike; 2 hrs. L Nancy Wigley (508-548-2362, nrwigley@verizon.net)

## BIKE RIDES

Chair – Joe Tavilla, 508-428-6887, bikingchair@amcsem.org  
Vice Chair: open, bikingvicechair@amcsem.org

NOTE: Approved helmets, water bottles, & spare tires req'd. If start time & location aren't indicated, contact ride leader (L).

NOTE: for additional SEM bike rides, check *AMC Outdoors*, visit [www.amcsem.org](http://www.amcsem.org), or use the AMC online trip listing system: [trips.outdoors.org](http://trips.outdoors.org) (set Committee to "Biking" & Chapter to "Southeastern Mass"), or sign up for the SEM Short Notice list: [www.amcsem.org](http://www.amcsem.org).

Bike Ride Ratings		
Miles	Pace/MPH	Terrain
AA = 50+	1 = 17+	A = Very Hilly

A = 35-50	2 = 13-16	B = Hilly
B = 25-35	3 = 11-13	C = Rolling
C = <25	4 = up to 11	D = Flat

**WANTED:** Ride Leaders & Co-Leaders. Are you enthusiastic about cycling? Do you like showing other riders your favorite roads? If yes, then why not share your enthusiasm & routes w/ your fellow AMC members? Contact Bike Chair Joe Tavilla (508-428-6887, SilverSki@Earthlink.net) for more info.

**AMC SEM 2,000 Mile Club.** Our unique 2,000-mi Club! Certificates of achievement & embroidered award patches are presented annually to members who ride 2,000 mi or more per year. Contact the bicycling chair to reg. your mileage & for more info. L Joe Tavilla (508-428-6887 7-7, bikingchair@amcsem.org).

## Turn Those Tires on Tuesday

Rides scheduled all year long, weather permitting. 25 mi of road or 15 mi of mtn. biking. Tues. at 2 p.m. Flat to hilly. Contact L for start location & directions. Intermed. pace. Riders & bicycles in top shape; tires & riders pumped & ready to roll; helmets & water req'd. L Paul Currier (508-833-2690 8 am-7 pm, pbencurrier@hotmail.com)

Fri., Sep. 3. Cape Cod Views. Ride both sides of Cape Cod. Beaches, lighthouses, lesser travelled roads. Follow-The-Leader style. Stay together pace. 35(+/-) miles. L Joe Tavilla (508-450-1934 8:00am-8:00pm, silverski@earthlink.net)

Tue., Sep. 7. **Scenic Cycling on Tuesdays.** Intermediate paced Road/Mountain cycling on Cape Cod. Occasional stops at known & lesser known interesting places. L Paul Currier (508-833-2690 8:00am-7:00pm, paulbcurrier@comcast.net)

Fri., Sep. 10-12. Great North Woods. Explore the Great North Woods. 45-60mi. per day. Opt. ride to Canadian border. L Jon Fortier (508-982-1855 8:00am-7:00pm, jon.of.carver@gmail.com)

Tue., Sep. 14. Scenic Cycling on Tuesdays. See 9/7.

Tue., Sep. 21. Scenic Cycling on Tuesdays. See 9/7.

Thu., Sep. 23. Full Harvest Moon Ride C2B. See a sunset/moonrise over Cape Cod Canal & a tour of the Mass Maritime Academy. L Paul Currier (508-833-2690 8:00am-7:00pm, paulbcurrier@comcast.net)

## (FT) (NM) Sep. 23-26. SEM Chapter Hut Night.

Tue., Sep. 28. Scenic Cycling on Tuesdays. Intermediate paced Road/Mountain cycling on Cape Cod. Occasional stops at known & lesser known interesting places. L Paul Currier (508-833-2690 8:00am-7:00pm, paulbcurrier@comcast.net)

Tue., Oct. 5. Scenic Cycling on Tuesdays. See 9/7.

Fri., Oct. 8. The Newport Scene. Ride will feature a lunch stop at Salve Regina College. 35(+/-) miles. L Joe Tavilla (508-450-1934 8:00am-8:00pm, silverski@earthlink.net)

Tue., Oct. 12. Scenic Cycling on Tuesdays. See 9/7.

Tue., Oct. 19. Scenic Cycling on Tuesdays. See 9/7.

Fri., Oct. 22. Full Hunter's Moon Ride C2C. See a sunset/moonrise over Cape Cod Canal & a tour of Gray Gables/Mashnee Island. C2C. L Paul Currier (508-833-2690 8:00am-7:00pm, paulbcurrier@comcast.net)

Tue., Oct. 26. Scenic Cycling on Tuesdays. See 9/7.

Tue., Nov. 2. Scenic Cycling on Tuesdays. See 9/7

Tue., Nov. 9. Scenic Cycling on Tuesdays. See 9/7.

Tue., Nov. 16. Scenic Cycling on Tuesdays. See 9/7.

Sun., Nov. 21. Full Beaver Moon Ride C2B. See a sunset/moonrise over Cape Cod Canal & a tour of the Mass Maritime Academy. C2B. L Paul Currier (508-833-2690 8:00am-7:00pm, paulbcurrier@comcast.net)

Tue., Nov. 23. Scenic Cycling on Tuesdays. See 9/7.

Tue., Nov. 30. Scenic Cycling on Tuesdays. See 9/7.

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## PADDLES

Chair: Bill Fischer, 508-420-4137, paddlingchair@amcsem.org

For info on SEM canoe & kayak trips, check *AMC Outdoors*, visit [amcsem.org](http://amcsem.org), use the online trip listing system: [trips.outdoors.org](http://trips.outdoors.org), (set Committee to "canoe/kayak", set Chapter to "Southeastern MA").

Wed., Sep. 1. Slocum River - Dartmouth. I-195 to ex 12, S on Faunce Corner Rd., cross Rt. 6 to Old Westport Rd. to Chase Rd., R on Russells Mills Rd. to town park on L. Life vest & spray skirt reqd. L Haven Roosevelt (508-997-5160, havenesq@comcast.net)

Sat., Sep. 4. Leader's Choice. Call for information. Life vest & spray skirt required. Reg reqd. L Ed Foster (508-420-7245, erfoster@comcast.net)

Wed., Sep. 8. Sandwich Harbor - Sandwich. Call or email for information. Life vest & spray skirt

required. Reg reqd. L Ed Foster (508-420-7245, erfoster@comcast.net)

Sat., Sep. 11. Barnstable Harbor - Yarmouthport. Take ex 8N from Rt. 6, cross Rt. 6A, bear R onto Center St. at Cemetery & continue to the parking lot at end. Life vest required. L Paul Corriveau (508-362-0451, jeanorser@aol.com), CL Jean Orser (508-362-0451, jeanorser@aol.com)

Wed., Sep. 15. Leader's Choice. Call or email for information. Limitations: Life vest required. Spray skirts may be required. Reg reqd. L Libby Pratt (508-255-3280, elizpratt@yahoo.com), CL Margot Fisch (ivyabby@msn.com)

Sat., Sep. 18. Mashpee Wakeby Ponds. From Rt. 28 take Rt. 130N, 2mi. to R at "State Landing" sign. Limitations: Life vests required. Skirts may be req depending on conditions. L Nancy Wigley (508-548-2362, nrwigley@verizon.net)

Wed., Sep. 22. Outer Islands of Boston from Hull. Rt. 3, ex 14. Rt. 228 towards Hingham to L; Rt. 3A to rotary. First right onto Summer St. Second traffic lights, L onto Geo. Wash. Blvd. to Nantasket Ave./Main St. to Hull Gut. Life vest & spray skirt reqd. L George Wey (781-789-8005, geowey@comcast.net)

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## (FT) (NM) Sep. 23-26. SEM Chapter Hut Night.

Sat., Sep. 25. Herring River - Harwich. Trip starts on Rt. 28 at Herring River Bridge in Harwich. Limits: Wearing of life jackets reqd. L Jean Orser (508-362-0451, jeanorser@aol.com), CL Paul Corriveau (508-362-0451, jeanorser@aol.com)

Wed., Sep. 29. Dike Creek - Dartmouth. I-195, ex 13S to Rt. 140; R on Rt. 6. L on Slocum Rd. L at stop sign to Bridge St., R over bridge, immediate L on Smith Neck Rd. Limits: Life vest & spray skirt reqd. L Haven Roosevelt (508-997-5160, havenesq@comcast.net)

Sat., Oct. 2. Leader's Choice. Call or email for information. Limitations: Life vest, spray skirts, & wet or dry suits required. L Bill Fischer (508-420-4137, wmbbarbarafischer@comcast.net)

Wed., Oct. 6. Pamet Harbor - Truro. Rt. 6, R at "Pamet Harbor" sign to R at end of ramp & R onto South Pamet Rd. with L & R onto Depot Rd. to put-in. Launching fee \$5. Life vest, spray skirt, & wet/dry suit reqd. L Don Paladino (508-349-2950, djp1958@comcast.net)

Sat., Oct. 9. Barnstable Harbor - Barnstable. Call or email for info. Limits: Life vest, spray skirt, & wet or dry suit required. L Ed Foster (508-420-7245, erfoster@comcast.net)

Wed., Oct. 13. Onset Bay - Onset. Rt. 25, ex 1 towards Onset. L onto 6E/28S to L onto Riverside

Dr. Follow curve to beach, park on grass. Limitations: Life vest, spray skirt, & wet or dry suit reqd. L Haven Roosevelt (508-997-5160, havenesq@comcast.net)

Sat., Oct. 16. Indian Lakes - Marstons Mills. Rt. 6, ex 5S on Rt. 149 to R at "Indian Lakes" sign on R, Mystic Rd. right after cemetery. Limits: Life vest & wet or dry suit reqd, spray skirt may be req depending on wind condition. L Nancy Wigley (508-548-2362, nrwigley@verizon.net)

Wed., Oct. 20. Centerville River - Centerville. From Rt. 28 Centerville, take Old Stage S to R on So. Main St. to L on Hayward Rd. to town way to water. Limitations: Life jacket, spray skirt, & wet or dry suit required. L Bill Fischer (508-420-4137, wmbbarbarafischer@comcast.net)

Sat., Oct. 23. Boatmeadow Creek - Eastham. Rock Harbor Rd. from Orleans Rotary to R onto Bridge Rd. Straight onto Bayview to town landing. Limits: Life vest, spray skirt, & wet or dry suit reqd. L Max Sarazin (msarazin@comcast.net)

Wed., Oct. 27. Popponeset Bay - Mashpee. Registration required, call for directions. Limits: Life vests, spray skirt, & wet or dry suit reqd. L Louise Foster (508-420-7245)

Sat., Oct. 30. Walker, Upper & Lower Mill Ponds - Brewster. Rt. 6S, ex 10 to R on Queen Anne Rd. R on Depot St./Slough Rd. to the put-in on the right. Limits: life vests & wet or dry suits reqd. Spray skirts may be required. L Nancy Wigley (508-548-2362, nrwigley@verizon.net)

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## TRAILS

Chair: Kevin Mulligan, trailschair@amcsem.org

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## SKI

Chair: Barbara Hathaway, xcskichair@amcsem.org, 508-880-7266  
Vice Chair: Farley Lewis, farlewis@comcast.net, 508-775-9168

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## EDUCATION

Chair: Hagit Moverman, 508-238-9264, education@amcsem.org

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## CONSERVATION

Chair: Joanne M. Jarzobski, 508-212-4427, conservationchair@amcsem.org

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## MEMBERSHIP

Chair: Len Ulbricht, 508-359-2250, membershipchair@amcsem.org

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## ADDITIONAL ACTIVITY LISTINGS AT:

[WWW.AMCSEM.ORG](http://WWW.AMCSEM.ORG)



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by Joanne Jarzobski, Conservation Chair



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## ADDITIONAL CONTENT FOR ELECTRONIC SUBSCRIBERS ONLY !

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### SWAP \* BARTER \* SELL \* TRADE

#### HAVE OUTDOOR EQUIPMENT ?    NEED OUTDOOR EQUIPMENT ?

THE ELECTRONIC BREEZE WILL PUBLISH FREE ADS FOR MEMBERS TO SWAP/BARTER/SELL/TRADE OUTDOOR EQUIPMENT. Send your ads to: [communicationschair@amcsem.org](mailto:communicationschair@amcsem.org) . Please put "BREEZE – SWAP" in the subject line.



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### NEWS FROM JOY STREET (AMC Headquarters)

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If you have general questions about any of these items, please contact Laura Hurley, AMC public relations assoc. director, at 617-391-6621 or [lhurley@outdoors.org](mailto:lhurley@outdoors.org). Questions about individual items should be directed to the contact indicated.

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\*\*\*Save the date, AMC Fall Gathering is October 15-17 - 2010 Fall Gathering, hosted by the Worcester Chapter, will be held on October 15-17 at the Prindle Pond Conference Center Hilltop, Charlton, MA. Whether you enjoy hiking, biking, paddling, rock climbing or just like to socialize with other AMC members (or non-members), October is a great time to explore central Massachusetts. Plus family-oriented activities will be offered, so bring your children and grandchildren. Top it all off with lively Saturday evening entertainment and a bonfire. This will be an event you won't want to miss! For more information, check out our website at: <http://www.amcworchester.org/FallGathering2010.htm>.

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\*\*\*Chapter group reservations begin August 2 with REDUCED group rates for 2011 - Starting August 2, chapter groups can make reservations at AMC's lodges and huts for 2011, one month before the general public. New this year, chapter groups will enjoy even greater benefits as part of AMC's chapter stimulus program.

\* Reduced special rates: Bring 5 participants and the 6th stays free -- that's down from 9 participants and the 10th stays free.

# Paid trip participants = free spots  
5-17 = 1

18-26 = 2  
27-35 = 3  
36-44 = 4  
45-53 = 5  
54-62 = 6  
63-71 = 7  
72-80 = 8

\* Bunkhouse specials: stay 2 nights at Shapleigh or Little Lyford Bunkhouse, get the 3rd free. Book the entire bunkhouse (16 beds at Shapleigh and 10 beds at Little Lyford) for 2 nights midweek (Monday-Thursday) and the 3rd night is free.

\* Free trip planning: A dedicated group coordinator will handle all reservations and logistical needs for your trip or event.

\* More lenient payment schedule: For groups of 20 and under, payment in full is due 14 days before your first night's stay.

AMC's group sales specialists are ready to work with you. For more information on special offers and chapter group reservation policies, visit: [www.outdoors.org/chapters/groups/index.cfm](http://www.outdoors.org/chapters/groups/index.cfm)

To book a group stay, contact Group Sales at 603-278-4453 ext. 5190.

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\*\*\*2011 individual reservations open September 1 with REDUCED family rates - Starting September 1, individual members and the public can book reservations at AMC lodges and huts for the coming year. New rate and reservation options for 2011 include:

\* Central and online booking for Mohican: as of September 1, members and the general public can reserve space at Mohican by calling our central AMC Reservations number (603-466-2727), which is staffed from 9AM-5PM, Monday through Saturday, or by making a reservation request online 24 hours a day, 7 days a week at [www.outdoors.org/lodging](http://www.outdoors.org/lodging).

\* Family-friendly Rates: as part of AMC's mission to get more youth outdoors, we are introducing new rates and discounts for families in 2011:

--New Youth Rates: AMC will offer new Youth rates for ages 13-17 at a discount to adult rates. Currently anyone 13 and up pays the adult rate.

--New Child Rates: in response to feedback from families, 2011 child rates will be rolled back up to 25% at frontcountry lodges, and reduced slightly at our huts. Private family room rates at the Highland Center will be more competitively priced. These new discounts will be in addition to existing membership and extended 3- and 5-night stay discounts.

Don't miss out - plan your 2011 Vacation starting September 1! Visit [www.outdoors.org/lodging](http://www.outdoors.org/lodging) or call 603-466-2727 for more information and reservations.

\*\*\*AMC website gets a new look - In September, AMC's website, [www.outdoors.org](http://www.outdoors.org), will have a new look, making it an even better planning resource for all your outdoor adventures. Members will find a one-click search for all AMC activities, including chapter trips, guided programs, major excursions, and volunteer opportunities. Access to AMC's Member Center will be streamlined, with personalized reminders about upcoming chapter events, renewals, and member deals, based on your member profile. You can also check lodging availability, current conditions, and the latest AMC blog posts right on the homepage.

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\*\*\*Climate Change action for all ages: "Confronting Climate Change" presentation - If you enjoy spending time outdoors paddling, skiing, hiking, or cycling, you can expect climate change to impact the places and activities you love. The Appalachian Mountain Club's presentation "Confronting Climate Change" outlines how climate change can affect your favorite recreational opportunities in your region and includes practical steps to help you become an activist for greener living. The greatest potential for slowing or reversing warming trends rests with the day-to-day actions you can take as an individual and as part of a group. This presentation will energize and equip you. Versions are available for ages Kindergarten and up. Become a presenter or invite a trained AMC volunteer to give the presentation in your chapter or local community. Contact Faith Salter for information ([fsalter@outdoors.org](mailto:fsalter@outdoors.org)). To learn more about AMC and climate change, visit: <http://www.outdoors.org/conservation/issues/climate-change.cfm>

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\*\*\*Save the date, AMC's 135th Annual Meeting - Annual Meeting will be held on Saturday, January 29, 2011, at the Sheraton Four Points, Norwood Hotel & Conference Center, Norwood, MA. This event is open to everyone and will include exciting workshops, an AMC Showcase highlighting AMC Chapters and destinations, volunteer awards, as well as AMC's 135th Business Meeting. At night, we will have the opportunity to enjoy dinner and a fantastic keynote speaker. Questions regarding the 2011 Annual Meeting can be directed to Cindy Martell, Event Coordinator, at 617-391-6603 or [cmartell@outdoors.org](mailto:cmartell@outdoors.org). Stay tuned for registration info and more details at: [www.outdoors.org/annualmeeting](http://www.outdoors.org/annualmeeting)

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**JOIN THE AMC!**

**VISIT THE AMC SEM CHAPTER WEBSITE: [WWW.AMCSEM.ORG](http://WWW.AMCSEM.ORG)**

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