



# The Southeast Breeze

Quarterly newsletter of the Appalachian Mountain Club, Southeastern Massachusetts Chapter  
Winter 2009-2010 — December, January, February



## View from the Chair

By Wayne Anderson, Chapter Chair

As I sit looking over my backyard with its landlocked Ark (hopefully where it will remain), I realize it has been a year since I began my term as Chair. It is easy to drift off reflecting upon how it was I got here (Thanks Mike!) and on all the fun that I have had in the past year filled with so many eventful AMC outings.

My previous columns have focused on encouraging folks to get out and join an activity or a trip offered by one of our committees. I am pleased to report that there has been a significant increase in participation in our trips, bringing many new faces to the outdoors. I do not believe that this happened by chance. It was the result of many hours of work by our members and their continued effort in keeping the pipeline filled with activities planned for six months in advance.

I would like to thank the executive board for its hard work and dedication. The board's professionalism and support for the committees made it possible for them to offer such quality services and trips. Many thanks also to the committees that worked hard at keeping their activities dynamic and fresh. My final thanks go to the feet on the street – those who led, organized, or worked behind the scenes providing support for activities. Thank you all for your time and for your camaraderie in making this the most dynamic chapter in the club.

My thoughts cannot help drifting to the upcoming winter season. In case you have not noticed, we have a rejuvenated ski committee. We hope that its offerings will complement our already very successful snowshoe and winter hiking series. So don't be afraid of the white stuff; we have plenty of ways for you to get out and play in it.

Lastly, please join me in welcoming the new board members for 2010. Do not hesitate to contact them if you wish to help out.

I was just thinking, maybe I can put some skis on the Ark if we get snow.

Happy Holidays!

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### SEM Short Notice E-Mail Trip List

Find out about late-breaking chapter activities (and cancellations) not appearing in the *Breeze*, the *amc outdoors*, or the online trip listings. Visit [www.amcsem.org](http://www.amcsem.org) to sign up !



## Winter 2009 Events Calendar

### SEM Board Meetings (7:00 pm)

Dec	none
Jan 13	Bourne Community Center
Feb 10	UU Church, Main St, Middleboro
Mar 10	Bourne Community Center

### Hike Planning Meetings (7:00 pm)

Dec 02	UU Church, Main St, Middleboro
Mar 03	UU Church, Main St, Middleboro

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### Where can I find AMC SEM activities?

1. *Breeze* (arrives in your mailbox, or electronically)
2. *amc outdoors* magazine (arrives in your mailbox)
3. Online trip listings: [trips.outdoors.org](http://trips.outdoors.org)
4. SEM short notice email list: [www.amcsem.org](http://www.amcsem.org)

### SPRING BREEZE DEADLINES (covers Mar, Apr, May)

Jan. 7 trip listings  
Jan. 15 articles, pictures

### WANT EVEN MORE BREEZE?

Find more articles and pictures in the electronic version of the *Breeze*!!!

### AMC ACTIVITY PARTICIPATION POLICY

AMC encourages involvement in its mission and activities through its membership, programs, policies, and procedures. Our goal is to be a community that is comfortable, inviting, and accessible for people of any age, gender, race, religion, ethnicity, ability, sexual orientation, or socioeconomic status.

Some AMC programs are designed for a certain age range of members or for a special activity or topic. However, any person who meets the minimum qualifications (age, skills, experience, fitness) established by the trip leader(s) for an activity is eligible to attend, if space is available. Individuals under 18 must be accompanied by a responsible adult.

All participants in AMC activities are required to sign the AMC waiver form provided by the leader. You may preview this waiver form on the chapter website at [www.amcsem.org/pdf/Volunteer\\_release\\_memo.pdf](http://www.amcsem.org/pdf/Volunteer_release_memo.pdf).

## Appalachian Mountain Club Southeastern Massachusetts Chapter

The chapter includes ~3,500 members throughout Barnstable, Bristol, Dukes, Nantucket, and Plymouth counties of Massachusetts.

### 2009 EXECUTIVE BOARD & VICE CHAIRS

<b>Chapter Chair</b>	Wayne Anderson, chair@amcsem.org 508-697-5289
<b>Vice Chapter Chair</b>	Claire Goode, vicechair@amcsem.org 508-759-7362
<b>Past Chapter Chair</b>	Mike Woessner, pastchapterchair@amcsem.org 508-577-4879
<b>Treasurer</b>	Leslie Carson, treasurer@amcsem.org 508-833-8237
<b>Secretary</b>	Susan Salmon, secretary@amcsem.org 508-285-2440
<b>Biking</b>	Joe Tavilla, bikingchair@amcsem.org 508-428-6887
<b>Canoe/Kayak</b>	Bill Fischer, paddlingchair@amcsem.org 508-420-4137
<b>Cape Hiking</b>	Pat Sarantis, capehikingchair@amcsem.org 508-430-9965
<b>Cape Hiking (Vice)</b>	Open, capehikingvicechair@amcsem.org
<b>Communications</b>	Cheryl Lathrop, communicationschair@amcsem.org 508-668-4698
<b>Conservation</b>	Joanne M. Jarzowski, conservationchair@amcsem.org 508-212-4427
<b>Conservation (Vice)</b>	Open, conservationvicechair@amcsem.org
<b>Education</b>	Hagit Moverman, education@amcsem.org 508-238-9264
<b>Hiking</b>	Jim Plouffe, hikingchair@amcsem.org, 508-562-0051
<b>Hiking (Vice Chair)</b>	Chris Pellegrini, hikingvicechair@amcsem.org 508-406-5319
<b>Membership</b>	Len Ulbricht, membershipchair@amcsem.org 508-359-2250
<b>Skiing</b>	Barbara Hathaway, xcskichair@amcsem.org 508-880-7266
<b>Skiing (Vice Chair)</b>	Farley Lewis, farley@comcast.net, 508-775-9168
<b>Trails</b>	Kevin Mulligan, trailschair@amcsem.org
<b>Trails (Vice Chair)</b>	Open
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<b>Webmaster</b>	Susanne Piche, webmaster@amcsem.org
<b>Asst. Webmaster</b>	Scott Haigh

*The Southeast Breeze*, the newsletter of the Southeastern Massachusetts Chapter (SEM) of the Appalachian Mountain Club (AMC), is published 4 times a year as a service to the chapter's members. SEM members are encouraged to submit letters, articles, photos, and artwork; materials for publication (space permitting) cannot be returned unless accompanied by SASE. Please mail to: Cheryl Lathrop, 17 Robert St., Walpole, MA 02081. Digital submissions are preferred: communicationschair@amcsem.org. Articles will be edited for length, typographical errors, and clarity.

**Editor: Cheryl Lathrop**      **Asst. Editor: Ann McSweeney**

**HAVE YOU MOVED?** Please send your change of address to: AMC, 5 Joy St. Boston, MA 02108. Or access the **Member Center** at [www.outdoors.org/membercenter](http://www.outdoors.org/membercenter).

**NON-SEM AMC MEMBERS:** Want the quarterly *Southeast Breeze* newsletter? Send a \$10 check made out to "AMC SEM" to: Leslie Carson, ATT: Non-Member Breeze Subscription, 64 Mill Road, East Sandwich, MA 02537. Please provide your mailing address if it's not on the check.

**AMC SEM VOLUNTEER POSITIONS ARE OPEN !**  
Contact [chair@amcsem.org](mailto:chair@amcsem.org)

## HIKING IN MAINE

Once again, hike leader Fred Wason organized his annual Maine Hiking Weekend. We stayed on Lake Mooselookmeguntic in an old-time fishing camp. This year we hiked Tumbledown Mountain, one of the more interesting mountains ever. Ask any of us about “Fat Man’s Misery” – a steep, chimney-like fissure between several boulders. Claustrophobics should not climb this trail! Here we are again, pre-hike and post-hike!



## WANT TO BECOME A SEM LIFER ?

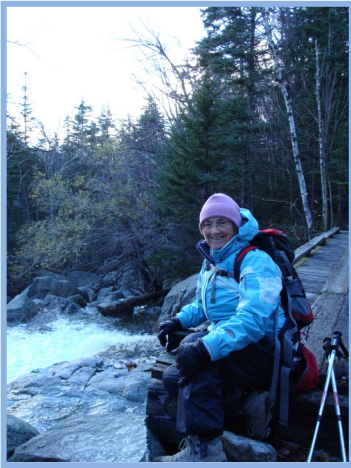
SEM has over 3300 members: individual, family, junior, senior, and lifetime memberships. We have 74 lifers, with tenures commencing as recently as January 2009 to as far back as December 1920. There are two ways to become an AMC Life Member – The first is to “earn” Life Membership through steady involvement with the club. Once an individual has been a member for 25 consecutive years and is at least 69 years old, he or she becomes eligible for complimentary Life Member status. The second way is by contributing \$1000 to the AMC Endowment Fund for an Individual Life Membership or \$1500 for a Family Life Membership. Contact Len Ulbricht, Membership Chair, at [membershipchair@amcsem.org](mailto:membershipchair@amcsem.org).



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☺ Practicing Wilderness First Aid ☺



## HIKING: New Leader Profile – Sally Delisa

**Q: When did you join the AMC?** September, 2005.

**Q: Why do you hike?** I've been a lifetime walker, but hiking opened up more opportunities.

**Q: What is your hiking and outdoor experience?** My childhood was spent exploring woods, streams and fields with family members in rural Michigan. 4-H Club stimulated my nature appreciation through projects in conservation, insects, wildflowers, birds and trees. As a Girl Scout Camp Counselor in NJ and NY, I had to first learn and then teach camping, lashing and outdoor cooking. (long before Leave No Trace!) Later, my husband and I camped in a canvas tent. The scariest camping experience was hearing a black bear sniffing on the opposite side of the thin canvas while trying to sleep in Yellowstone! The most challenging were remote campsites in ME, accessible only by water. Professionally, while working for Duxbury Schools, I completed training in Outdoor Education and enjoyed the opportunity to work outdoors with elementary children.

**Q: Why did you want to become an AMC hike leader?** Elsie Laverty recruited me. I think she was curious about the Bay Circuit Trail and she had heard that we have some nice hiking in my area. Later, the opportunity to work with the new Chapter Youth Program gave me incentive, following knee issues, to complete the requirements for Level 1 Leader.

**Q: Do you have a favorite hike or hiking story?** The first overnight with AMC at Highland Center was truly remarkable. The Naturalist, John, took me on an early morning hike in late September around the pond behind the center. He identified shrubs, fungi, etc. Later, he convinced my friend and me to hike up Mt. Willard. At the top, we had a fabulous, sunny view and I was hooked!

### COMING IN MARCH – OPEN HOUSE for PROSPECTIVE, NEW, OLD, & ARMCHAIR MEMBERS

- Introduce new and prospective members to SEM's activities. Find out how to get started!
- Get feedback from all – what works, what doesn't. What are your ideas?
- Socialize with other members and leaders. A familiar face on your first trip makes it more fun.
- Share in a potluck dinner. No one will go away hungry!
- Perhaps a surprise or two can be had!

Contact Len Ulbricht at [membershipchair@amcsem.org](mailto:membershipchair@amcsem.org) for more information.

### SEM Communications Committee needs help with behind-the-scenes work!

#### VOLUNTEERS NEEDED:

1. **Web Site Police** – We need an eagle-eyed detail person to police our website looking for typos, goobers, broken links, and outdated content. All you need is a computer and a few hours a month. No technical skills needed!
2. **Web Site Committee Member** – The website committee provides high-level oversight of the SEM website and functions in an advisory role. Technical skills are not necessary, but helpful.
3. **Assistant Webmaster** – Our webmaster needs a backup. Technical web development skills (i.e., Dreamweaver) are definitely needed. You'll work under the direction of the Webmaster.

Contact : [communicationschair@amcsem.org](mailto:communicationschair@amcsem.org)

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Our fall end-to-end Skyline hike



OK, on 3, everyone push. 1, 2, 3...  
(Thursday Morning Hikers)



### New this winter: Downhill Skiing

Midweek day trips scheduled in January and February. See trip listings. Contact leader, Len Ulbricht for further details ([lenulbricht@comcast.net](mailto:lenulbricht@comcast.net))

### 2009 SEM Annual Report is available!

See what your chapter has been up to in 2009!  
(Look on the SEM website under 'documents'.)



### 2000 MILE CLUB BIKE MILEAGE 9/30/09

Leo Leonardi	5583
Louis Outor	4931
Gianluca Marchi	4917
Gerard Nelson	4079
Joe Tavilla	3601
Daniel Egan	3222
Steven Knigge	3215
Pam Patrick	3076
Larry Cohen	2915
Ed Foster	2740
Fred Chase	2360
Lee Eckhart	2143
John Sullivan	2151
Wil Mason	2124
Jack Jacobsen	2122
Bob Kennedy	1971
Lawton Gaines	1827
Glenn Mathieu	1783
Jim Kilpea	1672
Paul Currier	1546
Susan O'Connor	1476
Ted Rowan	1392
Linda Church	1308

The AMC SEM 2000 Mile Club is compiled quarterly by Dan Egan. For any further information or to join the 2000 Mile Club, please contact Dan at [danielfrancisegan@hotmail.com](mailto:danielfrancisegan@hotmail.com)

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# 2009 Chapter Hut Night Weekend – Another Huge Success!

By Paul Miller



Traditionally, we alternate our annual SEM Chapter Hut Night (CHN) weekends so that one year we hike into an AMC hut or other facility, and the next year we stay at a “drive in” facility. Although we broke that tradition this year, I don’t think that any one of the 48 or so SEMers that participated in CHN this September is complaining. In fact, all I heard were rave reviews...from old timers and newcomers alike!

Not only did we do a repeat visit to the “drive in” AMC Cold River Camp in beautiful Evans Notch, NH, we also broke tradition by extending the weekend to give participants an opportunity to add a third night. Twenty-five participants took advantage of this by driving up on Thursday; with everyone else arriving on Friday. The largely volunteer-run Cold River Camp is a friendly and inviting facility. Accommodations include cozy, fireplaced cabins; civilized bath facilities (yup, real flush toilets and hot showers!); and the always-inviting Conant Lodge, where we enjoyed hearty meals and socializing around the huge fireplace in the living room. We also enjoyed our daily happy hours on the front porch, with its excellent view of nearby Mt. Baldface.

Evans Notch itself offers virtually unlimited hiking opportunities, bike riding on peaceful and scenic country roads, plus plenty of nearby opportunities for kayaking; and the chapter took good advantage of all of the above. (The fact that we had almost perfect weather once again this year sure didn’t hurt...).



This year’s CHN offered a variety of scheduled hikes for all levels, plus numerous ad hoc bike rides and kayak paddles.

On Friday, we offered a laid back, but very enjoyable hike to Shell Pond. Walt Granda also led a moderate-to-strenuous hike to the summit of 2800-foot Caribou Mountain, where SEMers took in stunning views in all directions from the bare peak. Significantly, of the 13 hikers in this group, five were new members and everyone did great!



We offered three main hiking options on Saturday –

Mike Woessner led a relatively easy hike up nearby Deer Hill, which offered good views of the Cold River Valley, and in the distance, Lake Kezar.

Walt led another moderate-to-strenuous hike up Speckled Mountain with its exposed ridges and excellent views. According to reports, a Gray Jay joined the group, no doubt looking for a handout.

Leslie Carson and Chris Pellegrini led a strenuous, but rewarding, 9.8-mile Baldface Loop hike. This loop took us up the steep approach to South Baldface, with its several challenging, but fun scrambles; across the long, exposed and windblown ridge leading to North Baldface; then past Eagle Crag: followed by the long trek back down to Cold River Camp. From the crystal-clear summit of South Baldface, we enjoyed wonderful views in all directions, but the view westward to the summit of Mt. Washington, with Tuckerman and Huntington Ravines both clearly visible, was most dramatic.



Then, on Saturday night, Jim Plouffe (our illustrious CHN weekend organizer) led a small group on a hike by moonlight, the high point of which was the mysterious sound of a “wild beast,” which turned out to be sound effects created with empty beer cans being crushed by our own, ever-wacky Mike Woessner and Joe Courcy, hiding in the bushes.

Saturday night also offered the opportunity to socialize around a roaring campfire, which led to much laughter and the inevitable sharing of off-color jokes and anecdotes of questionable taste, for which several chapter members are (in)famous.

Perhaps the best part of the whole weekend was that it brought together so many different chapter members, old and new, active and inactive, young and not-so-young; to hike, bike, kayak, eat, drink wine, and socialize in a beautiful mountain environment. For me, it just doesn't get any better than that!



WE SLEPT IN COZY 2-PERSON CABINS...



...AND SOCIALIZED IN THE MAIN LODGE

# CHAPTER ACTIVITIES

## HIKING / BACKPACKING

Chair—Jim Plouffe, 508-562-0051,  
[hikingchair@amcsem.org](mailto:hikingchair@amcsem.org)

Vice Chair—Chris Pellegrini, 508-406-5319,  
[hikingvicechair@amcsem.org](mailto:hikingvicechair@amcsem.org)

**IMPORTANT:** Hikers unsure of their ability should try only 1 level more difficult than previously completed. No pets without permission of trip Leader. Registration required for most trips. Hiking boots strongly recommended. For additional info or to register, contact the trip Registrar (R), Leader (L) or Co-Leader (CL). Trip updates available at [trips.outdoors.org](http://trips.outdoors.org). Sign up for the SEM Short Notice E-Mail Trip List at [www.amcsem.org](http://www.amcsem.org).

Miles	Pace (mph)	Terrain
AA = 13+	1 = very fast (2.5)	A = v. stren.
A = 9 - 13	2 = fast (2)	B = strenuous
B = 5 - 8	3 = moderate	C = average
C = <5	4 = leisurely	D = easy

Tue., Dec. 1. Borderland Evening Full Moon Hike (C3D night). Enjoy the quiet woods & fields on a winter night under the full moon. Winter boots & flashlight required. [6-8:00pm]. L Dick Carnes, L Bob Vogel, L/R Cheryl Lathrop ([cheryl4698@verizon.net](mailto:cheryl4698@verizon.net)).

Thu., Dec. 3. 2 for 1: Ft. Barton, Weetamoo Woods - Tiverton, RI (B3D). Great view of Mt Hope Bay from the 30' observation tower at Ft Barton. Some stairs on steep hills, boardwalks in low areas by streams. Drive 5 mi to Weetamoo Woods; stone walls, slab bridges & Borden Brook. 10 a.m. at foot of Ft Barton. Water, snack & lunch; stabilizers if icy. Rain cancels. Call leader for CPL info; see website for directions. L Barbara Hathaway (508-880-7266, [barb224@tmlp.com](mailto:barb224@tmlp.com))

Sat., Dec. 5. Winter Hiking Series #1: Blue Hills Reservation (C3C). (C3C)Join the Southeast Mass Chapter for the first hike in our Annual Winter Hiking Series. While hiking the trails in Blue Hills, we will be learning about safe hiking in Winter. This hike will offer some nice views of Boston & varied terrain. We will be planning lunch on one of the peaks. Keep your fingers crossed for some snow! L Ken Jones, L Mike Woessner, L Dexter Robinson, CL Leslie Carson, CL Bill Pellegrini, L/R Chris Pellegrini (508-406-5319 6-9PM, [chrispellegrini@yahoo.com](mailto:chrispellegrini@yahoo.com))

Thu., Dec. 10. Pilgrim Trail & Daniel Webster Historical Hike (C3C). Pilgrim Trail to Webster Estate. Historic Linden Tree, gravesite & hike

trails in Audubon's DWWS. Meet 9:45. Pre-register leader. L Sally Delisa (781-834-6851 before 9 p.m., [delisasally@yahoo.com](mailto:delisasally@yahoo.com))

Thu., Dec. 17. Town of Plymouth Pilgrim Trail Hike, (B3C). Meet 10 AM at Jenny Grist Mill parking lot off Summer St, for 5 mile Plymouth city loop including waterfront. Call or email for more info. L Ellie MacPherson (508-224-6465 by 9 PM, [elliemacp@comcast.net](mailto:elliemacp@comcast.net))

Sat., Dec. 19. Snowshoe #1 (C3C). Beginner snowshoe. Greeley Ponds or leader choice - weather dependent. Approx. 4-5 miles with little to no elevation. L/R Robin Melavalin (617-780-5362, [rmelavalin@rcn.com](mailto:rmelavalin@rcn.com)), CL Leslie Carson

Wed., Dec. 30. Borderland Evening Full Moon Hike (C3D night). See Dec. 1.

Fri., Jan. 1. Start the New Year Right! (B3C). With a hike! Come for this 6 mile hike around Borderland Park. Visit Moyle's Quarry, on this late morning/afternoon hike. L Bob Vogel (508-238-7732, [hike\\_with\\_bob\\_v@comcast.net](mailto:hike_with_bob_v@comcast.net))

Sat., Jan. 2. Snowshoe at Borderland (C3C). Winter can be fun! Get outside & enjoy snowshoeing at Borderland State Park in N. Easton, MA. L/R Karen Newberger ([k.newberger@comcast.net](mailto:k.newberger@comcast.net))

Thu., Jan. 7. Hike Massasoit (B3C). Meet at 10 a.m. for approx. 5 mile hike (or snowshoe)at Massasoit State Park. Bring lunch,water, sturdy footwear.From Rt. 24S, Rt. 44 E,right At first lights, left at 4 way intersection, park is about 1.5 miles on the right. L Elsie Lavery (508-823-0634, [elavmca@tmlp.com](mailto:elavmca@tmlp.com))

Sat., Jan. 9. Winter Hiking Series #2: Mount Welch, Dickey Loop (C3B). Mount Welch & Dickey Loop - This loop trail offers excellent views for a modest effort. Mount Welch 2605, Mount Dickey 2734 feet. 4.4 miles. Estimated time 4 hours. L Ken Jones (508-697-0142, [lotsoluck@comcast.net](mailto:lotsoluck@comcast.net)), CL Ron Hedlund (508-378-3087 7-9PM except Tuesdays, [ronald.hedlund@verizon.net](mailto:ronald.hedlund@verizon.net)), R Ron Hedlund (508-378-3087 7-9 PM except Tuesdays, [ronald.hedlund@verizon.net](mailto:ronald.hedlund@verizon.net))

Sat., Jan. 9. Mt. Moosilauke via Glenciff Tr (B3B). Challenging winter hike with significant above treeline exposure. Previous 4K winter experience & full winter gear required. Limited to 8. L Dexter Robinson (781-294-8840, [dexsue@comcast.net](mailto:dexsue@comcast.net)), CL Chris & Bill Pellegrini ([chrispellegrini@yahoo.com](mailto:chrispellegrini@yahoo.com)), R Dexter Robinson (781-294-8840 7-9 pm, [dexsue@comcast.net](mailto:dexsue@comcast.net))

Thu., Jan. 14. Hale Reservation, 80 Carby St., Westwood, MA (B3C). Meet at 10 AM at Cat Rock parking area about half mile beyond entrance gate. Hike 5-6 miles to Powisset Peak, hilly terrain. L Art Hart (508-888-2847, [ajhart32@comcast.net](mailto:ajhart32@comcast.net))

Sat., Jan. 16. Mt. Eisenhower (A2B). Mt. Eisenhower winter hike. Full winter gear necessary. 10.0 mile, 2750 elevation gain. 9 hour trip. L Wayne Anderson ([wanderson@mxcsi.com](mailto:wanderson@mxcsi.com)), CL/R Peter Sharpe (47-2 Lonsdale Ave, Attleboro, MA 02703, 774-254-5013 5 p.m. - 9 p.m., [sharpep121@hotmail.com](mailto:sharpep121@hotmail.com))

Sat., Jan. 23. Snowshoe #2 (C3C). Intermediate snowshoe. East of Chocorua or leader choice - weather dependent. Approx. 5 miles with 1200-1700 ft. elevation gain. L Chris & Bill Pellegrini (508-244-9203, [chrispellegrini@yahoo.com](mailto:chrispellegrini@yahoo.com)), CL Leslie Carson ([ltcarson929@comcast.net](mailto:ltcarson929@comcast.net)), R Chris Pellegrini

Thu., Jan. 28. Copicut Woods, Fall River (B3C). Meet at 10:00 a.m. Indian Town Rd. Parking lot. Required equipment: hiking boots, rain gear, water & snacks. Heavy rains will cancel. Snow or ice will require yaktrax or stabilizers. L Walt Granda (508-999-6038 Before 9 P.M., [wigranda@aol.com](mailto:wigranda@aol.com))

Thu., Jan. 28. Borderland Evening Full Moon Hike (C3D night). See Dec. 1.

Thu., Feb. 4. Hike Joe's Rock/Birchwood Fam, Wrentham, MA. (C3C). 10 a.m. Joe's Rock, 121 Directions: 495 exit 15. Right then left at light. Water, lunch to eat at leader's. Desserts, beverages provided. Traction devices if icy. Storm cancels. L Joanne Stanisla (508-528-6799 7-9 pm, [joannes1@localnet.com](mailto:joannes1@localnet.com))

Sat., Feb. 6. Winter Hiking Series #3: Mt. Jackson (B3B). Hike #3 of SEM's Winter Hiking Series. 5.2 Mi. RT 2,128ft gain. Snowshoes & crampons mandatory. Full winter gear. L Mike Woessner (508-577-4879, [stridermw@hotmail.com](mailto:stridermw@hotmail.com)), CL Ken Jones (508-697-0142, [lotsoluck@comcast.net](mailto:lotsoluck@comcast.net)), R Mike Woessner (12 Bradley Ln., Westford, MA 01886, 508-577-4879, [Stridermw@hotmail.com](mailto:Stridermw@hotmail.com))

Sat., Feb. 6. Mt. Monroe (B3B). Challenging hike with significant above treeline exposure. Previous 4K winter experience, full winter gear required. Limited to 8. L Dexter Robinson (781-294-8840, [dexsue@comcast.net](mailto:dexsue@comcast.net)), CL George Sousa ([georgevsousa@comcast.net](mailto:georgevsousa@comcast.net)), R Dexter Robinson (781-294-8840 7-9 pm, [dexsue@comcast.net](mailto:dexsue@comcast.net))



Sat., Feb. 20. Snowshoe #3 (C3C). Intermediate snowshoe. Blueberry Mtn. (Benton) or leader choice - weather dependent. Approx. 5 miles with 1200+ ft. elevation gain. L Leslie Carson (508-833-8237, ltcars929@comcast.net), CL Chris & Bill Pellegrini (chrispellegrini@yahoo.com), R Leslie Carson

Thu., Feb. 25. Rocky Woods-Medfield (B3C). Meet at 10:00 a.m. Hartford St. parking lot. Required equipment: hiking boots, rain gear, water & snacks. Heavy rain will cancel. Snow or ice will require yaktrax, stabilicers or snowshoes. L Walt Granda (508-999-6038 before 9:00 p.m., wigranda@aol.com)

Thu., Feb. 25. Borderland Evening Full Moon Hike (C3D night). See Dec.1.

Thu., Feb. 25. Walkabout Trail, Gloucester RI (B3C). Hike 6-8 miles, mostly level in George Washington Management Area. L Art Hart (508-888-2847 9-9, ajhart32@comcast.net)

## CAPE COD HIKES

Chair: Pat Sarantis, 508-430-9965, [capehikingchair@amcsem.org](mailto:capehikingchair@amcsem.org).

Vice Chair: OPEN, [capehikingvicechair@amcsem.org](mailto:capehikingvicechair@amcsem.org).

Most Cape Hikes are "Show & Go." For additional info, contact trip Leader/Co-Leader (L/CL) or visit [trips.outdoors.org](http://trips.outdoors.org). (Set Committee to "Cape Hikes.")

Miles	Pace (mph)	Terrain Type
AA = 13+	1 = v. fast (2.5)	A = v. strenuous
A = 9 – 13	2 = fast (2)	B = strenuous
B = 5 – 8	3 = moderate	C = average
C = <5	4 = leisurely	D = easy

Thu., Dec. 3. Mashpee South Cape Beach (C3C). Flat hike through woods for 2 miles, then 2 miles on sandy peninsula. From Mashpee rotary, take Great Neck Rd. S 2.7 mi, left on Great Oak Rd. Follow to town beach pkg. Meet at 9:45. 2 hours. L Gary Miller (508-540-1857, Garymaxx@verizon.net)

Sat., Dec. 5. Provincetown, Snail Road Dunes (C3B). Meet 9:45 a.m. at the Snail Road trailhead on Route 6 at east end of Provincetown. Explore dunes, historic dune shacks, cranberry bogs, 360 views. hike up & down 2 miles to ocean & back. bring lunch. 3 1/2 hours. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Sun., Dec. 6. Bourne, Cataumet Greenway (C3C). Meet 12:45 for 1pm start. Rt 28 S to Otis Rotary. Take 1st exit off of rotary. At lights

take L, R onto County Rd. L onto Shore Rd. L on Redbrook Hbr Rd. Park on R. 2 hrs. L Linda Church (508-495-1308, lchurch@whoi.edu)

Thu., Dec. 10. Yarmouth, Sandy Pond (C3C). Rte 6, Exit 7S, L Camp St, L Buck Island Rd, L Sandy Pond Rec.Area. Meet 9:45. 2 hrs. L Janet Kaiser (508-432-3277, jtkaiser@comcast.net)

Sat., Dec. 12. Falmouth, Long Pond (C3C). Hike around Long Pond in Falmouth. Meet: 9:45. Length: 4 miles. Directions: Online. L Joanne Jarzobski (508-212-4427 3-7 PM, joannejarzobski@yahoo.com)

Sun., Dec. 13. West Falmouth, Bourne Farm (C3C). Falmouth, Bourne Farm. C3C 1:00 start. 2 hr hike. From rt 28, take rt 151 w to N Falmouth. left at light to 28A south for 2 mi. Parking lot on r at Bourne Farm. L Hilary Hunt (508-495-0439 8 am - 8 pm, hhunt@cape.com)

Thu., Dec. 17. Sandwich, Benjamin Nye Trail (C4C). Woods, water, & more galore. Exit 4 from Rt. 6, turn North for 1/2 mile & left on County Road. One mile to parking across from Grange Hall. Meet 9:45, 2 hrs. L Nancy Wigley (508-548-2362, nrwigley@verizon.net)

Sat., Dec. 19. West Falmouth, Quaker Woods (C4C). Walk back in time 350 years to the site of one of the earliest Cape settlements, & see the first Quaker Burial Ground on the Cape. Meet 9:45. 2 hours. See web listing for driving directions. If rain, call. L John Gould (508-540-5779, jhgould@comcast.net)

Sun., Dec. 27. Truro Ryder Beach (C3C). Hike along beach, woods, views. Meet 12:45. From Rte 6 take L Prince Valley Rd just beyond Truro line. R at end then immed. L to pkg at end. Heavy snow/ice cancels. Doubt? Call L. Two hours. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

Thu., Dec. 31. Barnstable-Old Jail Conservation Area (C3C). Conservation land, old footpaths. Meet at Old Jail Conservation Land. Exit 6 to Route 132 S 1.4 miles to lights at Phinney's Lane. Left. 1 mile, L onto Old Jail. 0.5 miles to parking area. Meet 9:45 a.m. L Elissa Crowley (508-362-5062, e.crowley@verizon.net)

Sat., Jan. 2. Brewster-Nickerson State Park - (C3C). First Hike of 2010 - woods, ponds - route depends on trail conditions. Meet 9:45 at main pkg area of park. Two to three hours. Bring snack. Icy conditions cancels. Doubt? Call L. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

Sun., Jan. 3. Provincetown, Clapp's Pond/Beech Forest (C3C). Meet 11:45 at Clapp's Pond trailhead on Rte 6, just past & opposite Shankpainter Rd. in Provincetown.

Beautiful hike in plush woods with numerous & varied ponds. Moderate hills. Smallpox cemetery. 3 1/2 hours. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Thu., Jan. 7. Dennis-Crowe to Crowe Loop (C3C). 2 hr. hike on paths, beach, quiet roads. Meet 9:45. From Rte 6 exit 9 onto Rte 134 north to Rte 6A. Take R on 6A then L onto School St. then R onto South St. to lot at end. L Maria Sylvester (508-385-4045, sylvester\_maria@hotmail.com)

Sat., Jan. 9. Falmouth- Coonamesett Reservation (C3C). 2 hr. hike in Crane reservation, Magic Meadow, Otis Pond. Meet 9:45. Route 151 Falmouth to Nickelodeon theater. Park across the street on dirt pulloffs either side of Ranch Road. L Gary Miller (508-540-1857, Garymaxx@verizon.net)

Sun., Jan. 10. Wellfleet - White Crest Beach (C3C). Lovely wooded walk to Duck Pond, some hills. Rte 6 to R on LeCount Hollow Rd. At beach toll booth take L on Ocean View Rd, 0.9 mi to parking lot on R. Meet 12:45, 2 hours. L Pat Sarantis (508-430-9965, ediespond@hotmail.com)

Thu., Jan. 14. East Falmouth-Mashpee, Quashnet River (C3C). Walk in upland woods alongside pretty stream. From Mashpee rotary, Rte 28S to Falmouth 2.1 mi, take R on Martins Rd. to pkg. area. 2 hrs. Meet 9:45. For questions call Leader. L David Selfe (508-771-0620, kdselfe@comcast.net)

Sat., Jan. 16. Truro, Ballston Beach to Jenny Lind Tower (B3C). Hike from Ballston Beach on the Bearberry Trail to the Jenny Lind Tower. Rte. 6 to Truro at South Pamet Rd. to end at Ballston Bch. Meet at 9:45am, bring lunch 8 miles. L Todd Kelley (508-945-9929, kelleytrailblazer@yahoo.com)

Thu., Jan. 21. Harwich-Hawk's Nest State Park (C3C). Exit Rte. 6 at Exit 11. Head west on Spruce Street opposite off ramp. Go approximately 1/2 mile & park on left side of the road. Meet at 9:45. Two hours. L Peter Selig (508-432-7656, pandmselig@hotmail.com)

Sat., Jan. 23. Falmouth, Coonamesett Pond & Cranberry Bogs (C3C). Meet 9:45. Length 2 hrs. Directions: online. L Joanne Jarzobski (508-212-4427 3-7 PM, joannejarzobski@yahoo.com)

Sun., Jan. 24. Falmouth, Long Pond & Collins Woodlot (B3C). Walk along pond, moraine, & through town forest. See web listing for driving directions. More than light rain or snow cancels. Meet 12:45. 2.5 hours. L John Gould (508-540-5779, jhgould@comcast.net)

Thu., Jan. 28. Harwich, Herring River & Chili Party (C3C). Winter hike on dirt

roads/woodland trails in Bell's Neck Conservation Area. Meet 9:45 Sand Pond on Great Western Rd in Harwich. Icy trail conditions cancel. Doubt? Call leader. Chili potluck after. Details call J Kaiser at 508-432-3277. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

Sat., Jan. 30. Cotuit-Little River Sanctuary (C3D). Wooded walk with views of Eagle Pond. Meet promptly at 9:45 a.m. Car pool shuttle from parking area in front of Rite-Aid Pharmacy located at the intersection of Rte. 28 & Putnam Ave. in Cotuit. Two hours. L Farley Lewis (508-775-9168, farlewis@comcast.net)

Sun., Jan. 31. Yarmouth Three Ponds (C3C). Winter walk - woods, bogs, ponds. Meet 12:45. Take exit 8 from Rte 6. R at second light. L on West Yarmouth Rd. Pk on side of road in 1 mile. Icy conditions cancel. Doubt? call L. Two hours. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

Thu., Feb. 4. Brewster - The Punkhorn (C3C). Wooded, hills with pond views. N at Exit 9 off Rte 6 for 2 mi, R on Satucket, slight R at Stony Brook Rd, .3 mi, R on Run Hill Rd, 1.3 mi to parking on L. 9:45. 2 hours. L Pat Sarantis (508-430-9965, ediespond@hotmail.com)

Sat., Feb. 6. Barnstable-Bridge Creek Conservation (C3D). Easy winter walk through varied woodlands & wetlands. 2 hours. Meet at 9:45 am. From exit 5 off Rt. 6 turn north on Rt. 149. At village green on left beside Cong. church, park on far side. L Heidi Moss (508-362-6440 9 am - 8 pm, mossheidi@hotmail.com)

Sun., Feb. 7. Truro, Collins Road (B3C). Meet 9:45. From Rte 6 take first R after Truro town line. Take another R on Collins Rd to first gated dirt road. Hike old roads in woods, to beach via high bluff, return by glacial ponds. 3 1/2 hours. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Sun., Feb. 14. Mashpee, Santuit Pond (C3C). Conservation area pond, river, bogs. From Rte 6 exit 5 S on Rte 149 to R on Rte 28. Drive 1.8 mi to R on Santuit/Newtown Rd. 1 mi to entrance at yellow gate on L. Meet 12:45. 2 hrs. L Heidi Moss (508-362-6440 9 am - 8pm, mossheidi@hotmail.com)

Thu., Feb. 18. Harwich, Island Pond (C3C). Rte 6 Exit 10 Rte 124S. L Old Colony Rd (crosswalk). Park R Harwich Town lot. Meet 9:45. 2 hrs. L Janet Kaiser (508-432-3277, jtkaiser@comcast.net)

Sat., Feb. 20. Sandwich, Ryder Conservation/Lowell Holly (C3C). Explore Ryder Conservation on to Lowell Holly's Conaunet Neck. From Rte.6 exit 2 South on Rte 130 about 1.5 mi. to Left on Cotuit Rd. 5

mi. to small parking on right. Meet at 9:45am 2.5 hrs. 5 mi. L Todd Kelley (508-945-9929, kellytrailblazer@yahoo.com)

Sun., Feb. 21. Dennis, Indian Lands Conservation Area (C3C). Average walk in uplands near river. RT.6 exit 9A.South on RT.134.3RD set of lights right on Uppercounty road. At stop sign go right on Main St. Town Hall on left. Park on right of lot. Meet at 12:45. 2 hours. L David Selfe (508-771-0620, kdselfe@comcast.net)

Thu., Feb. 25. Brewster, Nickerson State Park (C3C). Hike/Snowshoe Trip. Meet 9:45. 2 Hrs., Nickerson State Park, Brewster, MA, Route 6A near Orleans line. Call for specifics, 508-432-7656. L Peter Selig (508-432-7656, pandmselig@hotmail.com)

Sat., Feb. 27. Eastham-Coast Guard Beach (C4D). Easy hike through woods & marshes. Nice views of Nauset Marsh & Atlantic Ocean. Meet at Salt Pond Visitor Center off Rte. 6 at 9:45AM. 2 hours. L Farley Lewis (508-775-9168, farlewis@comcast.net)

Sun., Feb. 28. Falmouth, Beebe Woods/Lambs (C3C). Flats, hills. Rt 28 S fr Bourne Bridge to Fal. Go thru lights in Falmouth, R on Depot Rd. Park at end at Conservatory. 12:45 for 1pm start. 2 1/2 hrs. L Linda Church (508-495-1308, lchurch@whoi.edu)

## BIKE RIDES

Chair – Joe Tavilla, 508-428-6887, [bikingchair@amcsem.org](mailto:bikingchair@amcsem.org)

NOTE: Approved helmets, water bottles, & spare tires req'd. If start time & location aren't indicated, contact ride leader (L).

NOTE: for additional SEM bike rides, check *AMC Outdoors*, visit [www.amcsem.org](http://www.amcsem.org), or use the AMC online trip listing system: [trips.outdoors.org](http://trips.outdoors.org) (set Committee to "Biking" & Chapter to "Southeastern Mass"), or sign up for the SEM Short Notice list: [www.amcsem.org](http://www.amcsem.org).

Bike Ride Ratings		
Miles	Pace/MPH	Terrain
AA = 50+	1 = 17+	A = Very Hilly
A = 35-50	2 = 13-16	B = Hilly
B = 25-35	3 = 11-13	C = Rolling
C = <25	4 = up to 11	D = Flat

Tue., Dec. 1. Tuesdays At Two. Intermediate-paced road or mountain biking rides include views of & occasional stops at known & lesser-known unique & interesting spots. L Paul Currier (508-833-2690 8:00AM-7:00PM, paulbcurrier@comcast.net)

Wed., Dec. 2. Full Cold Moon Ride. Ride the canal, Gray Gables, Mashnee Island.

Intermediate pace, 22 +/- miles. Sunset over Buzzards Bay & moonrise over Sagamore. L Paul Currier (508-833-2690 8:00AM-7:00PM, paulbcurrier@comcast.net)

Tue., Dec. 8. Tuesdays At Two. See Dec. 1.  
Tue., Dec. 15. Tuesdays At Two. See Dec. 1.  
Tue., Dec. 22. Tuesdays At Two. See Dec. 1.  
Tue., Dec. 29. Tuesdays At Two. See Dec. 1.

Thu., Dec. 31. Full Long Nights Moon Ride & Eclipse. Ride the canal, Gray Gables & Mashnee Island. Intermediate pace, 22 +/- miles. Sunset over Buzzards Bay & Sagamore moonrise. L Paul Currier (508-833-2690 8:00AM-7:00PM, paulbcurrier@comcast.net)

Fri., Jan. 1. 7th Annual New Year's Day Ride. Kick off for our cycling schedule & our goal to attain 2000 or more miles. Leisurely road ride including beautiful coast of Marion. 25 miles with bailouts; additional mileage option available. L Paul Currier (508-833-2690 8:00AM-7:00PM, paulbcurrier@comcast.net)

Tue., Jan. 5. Tuesdays At Two. See Dec. 1.  
Tue., Jan. 12. Tuesdays At Two. See Dec. 1.  
Tue., Jan. 19. Tuesdays At Two. See Dec. 1.  
Tue., Jan. 26. Tuesdays At Two. See Dec. 1

Sat., Jan. 30. Full Wolf Moon Ride. Ride the hills/shores of Sagamore & canal trail to Buzzards Bay. Catch the spectacular sunset over Onset Bay during a tour of Mass Maritime & moonrise over Plymouth Bay. L Paul Currier (508-833-2690 8:00AM-7:00PM, paulbcurrier@comcast.net)

Tue., Feb. 2. Tuesdays At Two. See Dec. 1.  
Tue., Feb. 9. Tuesdays At Two. See Dec. 1.  
Tue., Feb. 16. Tuesdays At Two. See Dec. 1.  
Tue., Feb. 23. Tuesdays At Two. See Dec. 1.

Sun., Feb. 28. Full Snow Moon Ride. Ride the hills/shores of Sagamore & canal trail to Buzzards Bay. Catch the spectacular sunset over Onset Bay during a tour of Mass Maritime & moonrise over Plymouth Bay. L Paul Currier (508-833-2690 8:00AM-7:00PM, paulbcurrier@comcast.net)

## SKI

Chair — Barbara Hathaway, [xcskichair@amcsem.org](mailto:xcskichair@amcsem.org), 508-880-7266

Vice Chair: Farley Lewis, [farlewis@comcast.net](mailto:farlewis@comcast.net), 508-775-9168

Sat., Jan. 2. XC Ski Instruction, Great Brook Ski Touring Ctr. XC instruction geared for the beginner. Rentals available, trail pass reqd. For info call L/R Bob Bentley (508-866-3057 7-9 PM), CL Art Paradise, CL Marc Bober

Sat., Jan. 9. Ski Cape Cod! Depending upon conditions, ski at either: Barnstable Conservation Lands, Nickerson SP, Eagle Pond. L Farley Lewis (508-775-9168 before 9 PM, farlewis@comcast.net), CL Mike Pigo-Cronin (508-771-3134 before 9 PM)

Tue., Jan. 12. Midweek Downhill Ski. Downhill ski day trip to Berkshires, southern VT or southern NH, depending on conditions. For experienced intermediate level skiers only. L Len Ulbricht (508-359-2250 before 9pm, lenulbricht@comcast.net)

Fri., Jan. 15-18. Backcountry Ski Adventure in Southern VT. Backcountry skiing, Catamount in VT. \$300 p/p. Details on web. Reg by Dec 30 w Marc Bober or Art Paradise. L/R Marc Bober (978-726-3939 7-10 PM, mcbober@att.net), CL Art Paradise (978-372-7442 7-10 PM, paradise1@mindspring.com)

Fri., Jan. 15-18. Boston 40+ joins SEM Chapter for 24th year at cozy Applebrook B&B. XC ski at Bretton Woods, Great Glen, Jackson, or Bear Notch. Downhill or back country skiing, snowshoeing & ice skating nearby. Approx \$190-325 p/p covers 3 nights lodging, 3 hearty breakfasts, 4-course dinner Sat. night & light supper on Sunday. R/L: Barbara Hathaway 508-880-7266 (best time to call: before 9PM) barb224@tmlp.com

Tue., Jan. 26. Midweek Downhill Ski. See 1/12/10. L Len Ulbricht (lenulbricht@comcast.net)

Sun., Jan. 31. Back Country, Myles Standish State Forest. Ski little known areas of MSSF & see many aspects of its environment. Intermediate ability required. Bob Bentley for info. L/R Bob Bentley (508-866-3057 7-9 PM), CL Art Paradise, CL Marc Bober

Wed., Feb. 3. Ski Cape Cod! Depending upon conditions ski at either Barnstable Conservation Land, Nickerson State Park, Eagle Pond. L/R Farley Lewis (508-775-9168 before 9 PM, farlewis@comcast.net), CL Mike Pigo-Cronin (508-771-3134 before 9 PM)

Tue., Feb. 9. Midweek Downhill Ski. See 01/12/10.

Sat., Feb. 20-24. Craftsbury Outdoor Center, VT. \$525 p/p. 4 nights lodging, pvt baths, 3 meals a day, trail pass. L/R Barbara Hathaway (508-880-7266 before 9 PM, barb224@tmlp.com)

Tue., Feb. 23. Midweek Downhill Ski. See 01/12/10.

**SEM WEBSITE HELP NEEDED**  
See p. 4 for details

## LEADERSHIP TRAINING APRIL 10

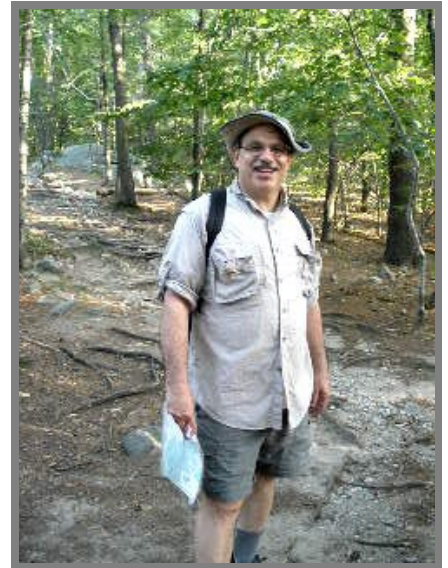
Do you like hiking, biking, canoeing, paddling, or skiing? Then come & inspire & share your love for the outdoors with others by becoming an AMC SEM leader.

The SEM chapter offers a 1-day leadership training at Borderland State Park, on April 10, 2010. The training will cover many aspects of becoming a leader such as: Leadership styles, day hike planning, screening participants, accident scene management, outdoors role-playing, & more.

For more information & registration, contact Education Chair, Hagit Moverman: [dmoverman@comcast.net](mailto:dmoverman@comcast.net). Please visit our education page on the AMC SEM web site for more information ([amcsem.org](http://amcsem.org)).



NORTH-SOUTH TRAIL HIKERS



**MICHAEL SWARTZ**  
10<sup>th</sup> RLBH FINISHER: 8.27.09

## AMC 2010 ANNUAL MEETING JANUARY 30

AMC's 2010 Annual Meeting is Saturday, Jan. 30 2010 at the Crown Plaza Boston North Shore (formerly Sheraton Ferncroft Resort) in Danvers, MA. The event will host committee meetings, volunteer recognition, an expo, & several workshops including Trail Mapping with High-End GPS, New England Scenic Trail, Adventuring and Hiking Around the World, Get Real & Get Active about Climate Change, etc. The keynote speaker is Jonathan Waterman, an author, photographer, & adventurer. For more info: [www.outdoors.org/annualmeeting](http://www.outdoors.org/annualmeeting)

## SPRING FLING April 30 – May 2

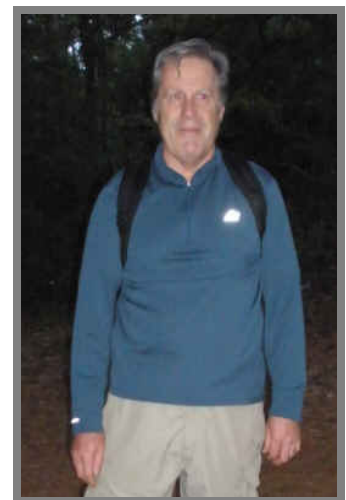
Mohican Outdoor Center, New Jersey

HIKING \* BIKING \* PADDLING

CABINS \* TENTS

## PROOFREADER NEEDED!

Help us proof the *Breeze* four times a year before it goes to the printer. Please contact: [communicationschair@amcsem.org](mailto:communicationschair@amcsem.org)



**BILL VICKSTROM**  
11<sup>th</sup> RLBH FINISHER: 9.17.09

## Did you know?

Did you know that the *Breeze* is produced by the SEM Communications Committee?



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**APPALACHIAN MOUNTAIN CLUB**  
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Boston, MA 02108

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**Read on for additional content for  
electronic subscribers only!**

# PLEASE RECYCLE YOUR BREEZE

## CONSERVATION CORNER

by Conservation Chair



This year has been both interesting and challenging. From the start of the AMC's Climate Change Challenge, to the first Critical Treasures Event, there has been plenty to do. The interest and support has been great. We are already working on the next critical treasure event at Ames Nowell and bringing the Summer Picnic to Myles Standish State Forest for another celebration of this great recreation area.

A conservation committee meeting for January or February is in the planning process as I type this, and will not make the deadline for this Breeze. Please contact Fred Yost 508-699-9305, fey\_iam@hotmail.com or Joanne Jarzowski 508-212-4427, joannejarzowski@yahoo.com if you are interested in participating.



*The Southeast Breeze is printed  
On 100% recycled paper using  
environmentally friendly ink.*

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## ADDITIONAL CONTENT FOR ELECTRONIC SUBSCRIBERS ONLY !

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### SWAP \* BARTER \* SELL \* TRADE

HAVE OUTDOOR EQUIPMENT ?    NEED OUTDOOR EQUIPMENT ?

**For sale: Caspia kayak, by Perception. 10'4" long, 42 lbs. with paddle. Excellent condition. \$200. Carolyn Crowell 508-888-4923.**

THE ELECTRONIC BREEZE WILL PUBLISH FREE ADS FOR MEMBERS TO SWAP/BARTER/SELL/TRADE OUTDOOR EQUIPMENT.  
Send your ads to: [communicationschair@amcsem.org](mailto:communicationschair@amcsem.org) . Please put "BREEZE – SWAP" in the subject line.

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### **We just completed Section #2 of the North-South Trail!**

The 77 mile long North-South Trail runs along the western border of RI. SEM Hike Leader Fred Wason has planned a series of day hikes to section-hike this trail. When we finish in the summer of 2010, and hit the end, we're going to drop our packs on the beach and run into the ocean! Visit Fred's hiking website to learn more about these hikes: <http://mysite.verizon.net/fmwason>.

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## North-South Trail Series, Section #3 (A trail diary)

Lots of road walking and wet dirt track through the woods. Foot path was somewhat rough, a good reason to emphasize waterproof hiking boots for ankle support. Had to share a portion of the trail with a Jeep rally coming in the opposite direction, about 12 vehicles. Dress for the day: orange caps, while others of us had orange and bright yellow vests (bow hunting season in RI.) While we did see some hunters entering the woods and heard gun shots in the near distance we encountered no problems. We had just left a particularly wet and rutted section of a wood track and had climbed a hill past a pretty pastoral farm with cows and all when Walt Granda asked me where my GPS was, it seems I had lost the \$300 device scrambling off track to get around ponds left in the track from the heavy rains the day before. What do I do--call my insurance company, gripe and moan or go back and try (haha) to find it? Well Jodi and Ralph and my daughter volunteered to hike back with me to see if we could locate said instrument. As luck would have it, we backtracked about 2 tenths of a mile to the last puddle we had to bushwhack around where my daughter spotted it leaning against the base of a tree within inches of the puddle (it didn't even get wet). Little time was lost, my pocketbook gave a sigh of relief and I was able to log the important information for this section -- that being nine miles of trail and over 600 ft of elevation. We did this section from South to North: 11 intrepid hikers joined the fun. Lunch was greatly enjoyed at mile 6 in a bright sunny spot where some resisted leaving. The last mile of the trail was an adventure; it crosses a paved road onto a single track on the other side; we were all getting tired and not paying attention so when the single track came back out to the road it turned sharp right and continued on a well-defined soft trail back into the woods--which I took! After zipping along for probably 1/4 mile, I determined it was leading us in a direction where I had seen several hunters entering the woods as I drove to the starting point in the morning and we had not seen a trail blaze since making the turn even though the description said it followed a woodland trail parallel to the road. I made an executive decision to take a side trail we came upon going in the general direction where I knew the road to be. Alas, after climbing over several fallen trees as the trail closed in on us and after several hundred yards it ended, so a second executive decision had to be made to return to the point where it first met the road. On the return trip, I stayed at the back so I could not hear the moaning, groaning and comments being made about my executive decisions. When we got back to the point of our (my) mistake we saw all kinds of blue blazes pointing to a barely distinguishable path that did follow the road. Being tired, all agreed to follow the paved road instead of the path the last 2 tenths of a mile to Rt. 44 where we turned left and returned to our waiting cars. You may note that I have not covered this complete section and must return to do so. Hope you enjoyed this trip report! —Fred Wason ☺

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### 2009 SEM Annual Meeting

On Saturday, November 7, the AMC SEM Chapter held its 2009 Annual Meeting, where it elected the chapter officers and Executive Board (see your new Executive Board on p.2 of *The Breeze*). After the meeting, we had a wonderful banquet and presented awards. The featured speaker was Beth Schwarzman, who gave a very interesting talk and slide show on the geology of Southeast Mass. All this was held at the Dan'l Webster Inn in Sandwich. What a great time making new friends and reconnecting with our longtime hiking, biking, and paddling partners!

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## WANT TO BECOME A SEM LIFER ?

By Len Ulbricht, Membership Chair, [membershipchair@amcsem.org](mailto:membershipchair@amcsem.org)

SEM has over 3300 members, composed of individual, family, junior, senior and lifetime memberships. We have 74 lifers, with tenures commencing as recently as January 2009 to as far back as December 1920. AMC has a policy for granting lifetime membership. Perhaps some of you may be eligible, or would like to consider it. There are two ways to become a Life Member –

The first way is to “earn” Life Membership through steady involvement with the club. Once an individual has been a member for twenty-five consecutive years and is at least 69 years of age they become eligible for complimentary Life Member status. Please note the stress on consecutive – if they have a break in their membership status – if they have been a member for 25 years “on and off” they do not qualify.

The second way to obtain Life Membership is by contributing \$1,000 to the AMC Endowment Fund for an Individual Life Membership or \$1,500 for a Family Life Membership. Individual Life Membership covers an individual with the full benefits of membership and cannot be transferred. Spouses and children under 21 who live at the same address are included in a Family Life Membership. The benefits are the same as Individual Life Membership and extend to all members of the family who meet the requirements.

Please note that qualifying for life membership does not happen automatically – members who feel they qualify will need to get in touch with the membership chair of the chapter or with the membership office at Joy Street for confirmation of their status before we can make them official. We cannot assume anyone has reached the qualifying age.

Life Members receive all the benefits of membership including the member magazine AMC Outdoors, plus a subscription to the bi-annual mountaineering journal, Appalachia. As a result of these benefits, \$213.42 of the total membership payment is non-deductible. The life member also receives invitations to assorted special events throughout the year.

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## SEM Communications Committee needs some help with behind-the-scenes work!

Contact the Communications Chair: [communicationschair@amcsem.org](mailto:communicationschair@amcsem.org)

### SEM WEBSITE

- **Web site police** – Have an eye for detail? We need an eagle-eyed detail person to police our website looking for typos, formatting goobers, broken links, and outdated content. All you need is a computer and a few hours a month. Basically just click around our website periodically and see what you can find and let us know. No technical skills needed!
- **Web Site Committee Member** – The website committee provides high-level oversight of the SEM website, and functions in an advisory role. Technical skills are not necessary, but helpful. Mostly you need to know how the chapter is organized, what each committee does, how to use the SEM website, and how the website content is used by each of the various committees. The committee meets once a month (at the most) and does most of its work by email and Google ‘shared’ documents.
- **Assistant Webmaster** – Our webmaster needs a backup. Technical web development skills (i.e., Dreamweaver) are definitely needed. You’ll work under the direction of the Webmaster.

### THE BREEZE

- **Proofreader** – Got an eye for detail? Do typos jump off the page at you? The Breeze needs another set of eyes for proofing before we go to print – 4 times a year. (Also for occasional other documents a few times a year.)
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## NEWS FROM JOY ST.

\*\*\*AMC completes purchase of 29,500 Roach Ponds Tract in Maine - AMC completed the purchase of the Roach Ponds tract in late September, permanently protecting 29,500 acres of forest land as part of the Maine Woods Initiative. The parcel connects to AMC's Katahdin Iron Works tract, creating a 63-mile-long corridor of conservation land stretching north to Baxter State Park and comprising nearly 600,000 contiguous acres of conservation land open to public recreational use. This conservation accomplishment was possible due to the generous support of members, foundations, and other donors to the Campaign for the Maine Woods. So far AMC has raised \$45 million toward a \$52 million goal. For details, and to sign up for AMC's Maine Woods Initiative e-newsletter, visit: [www.outdoors.org/mwi](http://www.outdoors.org/mwi).

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\*\*\*Registration for AMC's 2010 Annual Meeting is now open - On Saturday, January 30, 2010, at the Sheraton Ferncroft Resort in Danvers, MA, the AMC will be gathering for a full day of AMC workshops, business meetings, and volunteer awards. Wrap up the day with dinner and keynote speaker Jonathan Waterman, author of "Where Mountains are Nameless - Passion and Politics in the Arctic National Wildlife Refuge." Since 1983, Waterman has taken 18 trips into the far North and has spent over 200 days in and around the embattled Arctic Refuge. Workshops during the day will range from how-tos for caring for trail tools and getting families outdoors to an AMC historical film fest. For more details and to register for the event, visit: [www.outdoors.org/about/annualmeeting](http://www.outdoors.org/about/annualmeeting).

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\*\*\*New tools available online for getting kids outdoors - AMC has created two presentations with tools and information to help families plan for and enjoy getting outside. These include "Staying Safe and Found", a parent/child workshop about how to pack, how to stay together, and what to do if a child gets lost in the woods, and "Hiking as a Family", which walks through the most common concerns parents have about their kids spending time outdoors. Chapters can also use these tools as part of local outreach. Both presentations are available at [www.outdoors.org/recreation/family](http://www.outdoors.org/recreation/family).

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\*\*\*Go Green with AMC Member Center - AMC's Member Center not only is a way to find the latest member-only deals and sign up for e-delivery of chapter activities, but it offers a great way to help the environment. You can help AMC save paper, printing, and postage costs by signing up for e-delivery of your chapter's newsletter as well. Sign up in November or December and be entered to win a Mountain Hardwear UltraLamina 0-degree sleeping bag - a \$220 value! Check it out at [www.outdoors.org/membercenter](http://www.outdoors.org/membercenter).

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\*\*\*New "Girlfriend Getaways" at Highland Center - Escape to the White Mountains with your girlfriends this winter and enjoy a midweek stay at AMC's Highland Center. This program allows you to customize your dates and explore the beautiful New Hampshire wilderness at your own pace or participate in the Highland Center's scheduled guided hikes and naturalist and outdoor skills programs. As part of this fun adventure package, you'll have time to relax with a 50-minute spa treatment at the Mount Washington Spa. Special gift includes a bottle of Farnum Hill Cider. All-inclusive rates including meals, guided programs, and spa treatment start at \$199 for members. Package is available January 3-May 27, Sunday-Thursday.

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\*\*\*Ski, Stay, and Save packages in New Hampshire are back - AMC will continue to offer all-inclusive ski-and-stay packages at the Highland Center and Joe Dodge Lodge this winter. Packages include dinner, shared or private room accommodations, buffet breakfast, and one-day ski ticket -- with special breaks for midweek stays.

\* Choose from downhill and cross-country ski packages at the Highland Center. Bretton Woods Nordic ski trails leave right from the lodge door. The cross-country package starts at just \$66 per night for members, and the downhill package



starts at \$114 per night for members.

\* At Joe Dodge Lodge, cross-country ski and tube for free at nearby Great Glen Trails. This special package starts at the low price of \$63 per night for members. Guests can also choose the downhill ski package and enjoy great powder at Wildcat. Prices start at \$99 per night for members.

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\*\*\*New Maine Woods guided lodge-to-lodge skiing adventures - New this year, AMC is offering 2- and 4-night guided lodge-to-lodge skiing adventures on February 15-19 and March 5-7. These packages let you experience the beauty of the Maine wilderness with a trusted AMC guide by your side. You'll enjoy your own private cabin, home-cooked meals, gear shuttling, and warm hospitality. Guided prices for members start at \$165 per night.

Self-guided 3- and 5-night lodge-to-lodge skiing packages are also available from January 22-March 28, letting you explore this winter wonderland at your own pace. Little Lyford offers ski-in only access in winter (gear shuttle available), while Medawisla offers drive-in access. Self-guided prices start at \$119 per night for AMC members.

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\*\*\*New "Not Without Peril, 10th Anniversary Edition" available now - Among the most beautiful and deadly mountains in the world, Mount Washington has challenged adventurers for centuries with its severe weather. From the days when gentlefolk ascended in hoop skirts and wool suits to today's high-tech assaults on wintry summits, this book offers extensive and intimate profiles of people who found trouble on New Hampshire's Presidential Range, from the nineteenth century through the present day.

Recognized by the Boston Globe as one of the 100 Essential New England Books, the first edition garnered commendation from the Banff Mountain book festival for its gripping tales of exploration and tragedy. This tenth anniversary edition includes a foreword from Mohamed Ellozy, former accidents editor of "Appalachia," an afterword from the author offering a personal account of an evening spent at the Mount Washington Observatory while 160-mile-per-hour winds raged outside, an updated chronology of deaths on Mt. Washington, and new historical photos. For more information on other AMC Books, go to [www.outdoors.org/amcstore](http://www.outdoors.org/amcstore). Retail Price: \$18.95 AMC Member Price: \$17.06

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\*\*\*Major Excursions Adventure Travel Leadership Training, November 20-22 - Visit some of the most exciting places in the world as the leader of an AMC Major Excursion. This workshop provides important training to people who have AMC activity leadership experience (no beginners) to transition from leading weekend chapter activities to more complex and longer trips, both domestically and overseas. Previous outdoor leadership training is highly desirable. Emphasis is on planning, cost estimating, trip management, people skills, and risk management. Includes procedures and guidelines for researching, proposing, and leading Major Excursions. Exchange ideas, problems, and solutions with some of the AMC's most skilled leaders. Small group size assures abundant discussion and access to instructors. Cost: approx. \$85 incl. 2 nights lodging, 2 breakfasts, lunches, and 1 dinner. Training is held at the White Memorial Foundation in Litchfield, CT. Download registration package at: <http://snebulos.mit.edu/majorexursions/>. Questions? Contact Merri Fox ([merri.fox@pw.utc.com](mailto:merri.fox@pw.utc.com), 860-485-1697) or Sue Lach ([slach@me.com](mailto:slach@me.com), 860-533-0219).

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\*\*\*Discover the PA Highlands with AMC's New PA Highlands Regional Recreation Map & Guide - This two-sided folding map and guide includes 75 parks, trails, and preserves to hike, bike, boat, and camp throughout this 13-county region in Southeastern PA. To get a free copy, go to [www.outdoors.org/hikethehighlands](http://www.outdoors.org/hikethehighlands) under hiking resources (\$2.95 S&H).

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Enjoy a Fun, Activity-Filled Weekend with your AMC Friends at

The Second Annual

## Spring Fling

April 30 - May 2, 2010

At AMC's Mohican Outdoor Center - Blairstown, New Jersey  
([www.outdoors.org/lodging/lodges/mohican/index.cfm](http://www.outdoors.org/lodging/lodges/mohican/index.cfm))

Activities will include:

- **Hiking** at various levels on the AT and other trails in the Kittatinny Mountains near the Delaware Water Gap
- **Paddling** on the Center's Catfish Pond - Canoes/Kayaks provided
  - **Biking** on local roads
  - A Visit to the **Lakota Wolf Preserve** (great for kids!)
  - Touring **Historic Millbrook Village**
- **Evening Music Jams** - bring your own instrument and join in
- **Campfires** around the historic Council Rock - with S'mores, of course!

Accommodations:

Cabins and Tent sites

Kids under 12 enjoy a discount

Price to be determined Includes:

Friday and Saturday Evening Lodging or Tent Site

Happy Hours (BYO) - Friday and Saturday Evenings

Breakfasts - Saturday and Sunday; Trail Lunches - Create your own

BBQ Dinner - Saturday evening

(Vegetarian options available on prior request)

