



# *The Southeast Breeze*

The newsletter of the Appalachian Mountain Club Southeastern Massachusetts Chapter  
Winter 2008-09 — December, January, & February

## **View from the Chair**

By Wayne Anderson



At the November Annual Meeting, Mike Woessner passed the Chapter Chair torch to me. Thank you Mike for serving for the last two years and providing outstanding leadership to the Chapter. Yours will be big shoes to fill. I look forward to working with you over the coming year as you serve in the newly created position of Past Chapter Chair. Having both the present and past Chapter Chair on the board should provide excellent continuity. I also look forward to working with Claire Goode as the newly elected Chapter Vice Chair.

Our Annual Meeting gave us a newly elected slate of chapter officers (see page 2). A big thank you to everyone who stepped forward to fill these volunteer leadership positions. We couldn't run the chapter without your leadership. If you'd like to volunteer for an open position, please contact me.

The November Annual Meeting was more than just elections. We also had a great 3-course dinner! And we presented the Volunteer Recognition Awards. Each committee chair selected those that had made exceptional volunteer contributions during the year for recognition. The inspirational speaker for the evening was research scientist Brendan Foley from the Woods Hole Oceanographic Institution. His talk was "Ancient Shipwrecks in the Deep Sea."

We recently held our AMC SEM Chapter Hut Night in New Hampshire at the AMC Cold River Camp in Evans Notch. Spending the weekend hiking, biking, and paddling with all of you was a good reminder of why I joined the AMC—to spend time outside with great folks, doing what I love to do.

Looking forward to the coming year, I am excited that our Hiking committee is launching a Chapter Youth Program (CYP) in coordination with Joy Street. This should provide our local youth with many hiking opportunities and exposure to the outdoors in a safe and fun environment. Also, we will be launching our newly created local chapter weekend—the "Spring Bash"—to be hosted at Camp Burgess where we can participate in local hikes, bike rides, and paddling.

I look forward to my term as Chapter Chair and working with a great team.



## Winter 2008-09 Events Calendar

### SEM Board Meetings (7:00 pm)

Dec 10	no meeting
Jan 14	UU Church, Main St, Middleboro
Feb 11	Bourne Community Center
Mar 11	UU Church, Main St, Middleboro

### Hike Planning Meetings (7:00 pm)

Dec 03	UU Church, Main St, Middleboro
Mar 04	UU Church, Main St, Middleboro

## "SPRING BASH" CAMP BURGESS, SANDWICH, MA APRIL 24, 25, 26

Save the date! Join us for a weekend of fun, workshops, and socializing—along with hikes, bikes, and paddles. Cabins and tent sites are available—or just join us for the day. Watch the Spring Breeze for more details.

### Where can I find hikes, bikes, & paddles?

1. *Breeze* (arrives in your mailbox)
2. *amc outdoors* magazine (arrives in your mailbox)
3. Online trip listings ([trips.outdoors.org](http://trips.outdoors.org))
4. SEM short notice email list ([www.amcsem.org](http://www.amcsem.org))

### AMC ACTIVITY PARTICIPATION POLICY

AMC encourages involvement in its mission and activities through its membership, programs, policies, and procedures. Our goal is to be a community that is comfortable, inviting, and accessible for people of any age, gender, race, religion, ethnicity, ability, sexual orientation, or socioeconomic status.

Some AMC programs are designed for a certain age range of members or for a special activity or topic. However, any person who meets the minimum qualifications (age, skills, experience, fitness) established by the trip leader(s) for an activity is eligible to attend, if space is available. Individuals under 18 must be accompanied by a responsible adult.

All participants in AMC activities are required to sign the AMC waiver form provided by the leader. You may preview this waiver form on the chapter website at [www.amcsem.org/pdf/Volunteer\\_release\\_memo.pdf](http://www.amcsem.org/pdf/Volunteer_release_memo.pdf).

## The Appalachian Mountain Club Southeastern Massachusetts Chapter

The chapter includes ~3,500 members throughout Barnstable, Bristol, Dukes, Nantucket, and Plymouth counties of Massachusetts.

### 2009 Executive Board

Chapter Chair	Wayne Anderson, <a href="mailto:chair@amcsem.org">chair@amcsem.org</a> 508-697-5289
Vice Chair	Claire Goode, <a href="mailto:vicechair@amcsem.org">vicechair@amcsem.org</a> 508-759-7362
Treasurer	Leslie Carson, <a href="mailto:treasurer@amcsem.org">treasurer@amcsem.org</a> 508-833-8237
Secretary	Susan Salmon, <a href="mailto:secretary@amcsem.org">secretary@amcsem.org</a> 508-285-2440
Biking	Joe Tavilla, <a href="mailto:bikingchair@amcsem.org">bikingchair@amcsem.org</a> 508-428-6887
Canoe/Kayak	Bill Fischer, <a href="mailto:paddlingchair@amcsem.org">paddlingchair@amcsem.org</a> 508-420-4137
Cape Hiking	John Gould, <a href="mailto:capehikingchair@amcsem.org">capehikingchair@amcsem.org</a> 508-540-5779
Communications	Cheryl Lathrop, <a href="mailto:communicationschair@amcsem.org">communicationschair@amcsem.org</a> 508-668-4698
Conservation	Fred Yost, <a href="mailto:conservationchair@amcsem.org">conservationchair@amcsem.org</a> 508-699-9305
Education	Hagit Moverman, <a href="mailto:education@amcsem.org">education@amcsem.org</a> 508-238-9264
Hiking	Jim Plouffe, <a href="mailto:hikingchair@amcsem.org">hikingchair@amcsem.org</a> 508-562-0051
Membership	Len Ulbricht, <a href="mailto:membershipchair@amcsem.org">membershipchair@amcsem.org</a>
Skiing	Barbara Hathaway, <a href="mailto:xcskichair@amcsem.org">xcskichair@amcsem.org</a> 508-880-7266
Trails	Bill Ruel, <a href="mailto:trailschair@amcsem.org">trailschair@amcsem.org</a> 508-838-3841
Webmaster	Scott Haigh, <a href="mailto:webmaster@amcsem.org">webmaster@amcsem.org</a> 617-510-7400

*The Southeast Breeze*, the newsletter of the Southeastern Massachusetts Chapter (SEM) of the Appalachian Mountain Club (AMC), is published 4 times a year as a service to the chapter's members. SEM members are encouraged to submit letters, articles, photos, and artwork; materials for publication (space permitting) cannot be returned unless accompanied by SASE. Please mail to: Cheryl Lathrop, 17 Robert St., Walpole, MA 02081. Digital submissions are preferred; please e-mail to: [communicationschair@amcsem.org](mailto:communicationschair@amcsem.org). Articles will be edited for length, typographical errors, and clarity. [Editor: Cheryl Lathrop, Asst. Editor: Ann McSweeney]

**HAVE YOU MOVED?** Please send your change of address information to: AMC, 5 Joy St. Boston, MA 02108. Or access the **Member Center** at [www.outdoors.org/membercenter](http://www.outdoors.org/membercenter).

NON-SEM AMC MEMBERS who wish to receive the quarterly *Southeast Breeze* newsletter should send a \$10.00 check made out to "AMC SEM" to: Leslie Carson, ATT: Non-Member Breeze Subscription, 64 Mill Road, East Sandwich, MA 02537. Please provide your mailing address if it's not on the check.

**SEM Short Notice E-Mail Trip List** — Find out about late-breaking chapter activities (and cancellations) that might not appear in the *Breeze*, the *amc outdoors*, or the online trip listings. Visit [www.amcsem.org](http://www.amcsem.org) to sign up (scroll to the bottom).

**C  
H  
A  
P  
T  
E  
R  
  
H  
U  
T  
  
N  
I  
G  
H  
T**

**CHAPTER HUT NIGHT WEEKEND  
at  
AMC COLD RIVER CAMP**

By Paul Miller

Twenty-five SEM members traveled up to the AMC Cold River Camp in beautiful Evans Notch, NH for our annual Chapter Hut Night on the weekend of Sept. 19-21. The weather was excellent, as were both the facility and the volunteer staff, who fed us some wonderful meals in the comfortable lodge. Three different hikes on Saturday—Deer Mountain, Speckled Mountain, and the Baldfaces—meant there was something for everyone. Others enjoyed bicycling and kayaking in the Evans Notch area. Sleeping accommodations were in comfortable cabins, many with fireplaces and ravine views!



HIKING



BIKING



CRIBBAGE TOURNAMENT



KAYAKING



HAPPY HOUR ON THE PORCH



SOCIALIZING IN THE LODGE

## SO MANY HIKES THIS WINTER !

### THERE'S SOMETHING FOR EVERYONE !



#### FULL MOON HIKES

Like to hike at night? Full Moon Hikes take place at Borderland State Park every full moon evening throughout the winter, October to March. Come join us as we hike by the light of the moon around the ponds and through the woods. Enjoy the winter weather and the quiet of the woods at night. Usually 6-8:00 pm on full (or almost full) moon days. Registration required.

#### THURSDAY MORNING HIKES

The Thursday Morning Hiking Series began its fourth season on September 25 at Borderland State Park with 24 hikers! Different local leaders plan and lead each week's local hike. They can always count on a core group of regulars to carpool and show up! Elsie Laverty created the series and organized the first two years; Ellie MacPherson organized the next year; and Barbara Hathaway organized this year. Thursday morning hikes are show-and-go at 10:00 am.



#### CAPE HIKING SERIES

The Cape Hiking season began in mid-September and continues until mid-May with two-hour hikes almost every Thursday morning and Sunday afternoon, and a longer four-hour hike on most Saturdays. Post-hike social events will include a Christmas party in December and a Chili party in early February. Join us for some fun walks in the winter woods and beaches, and see parts of the Cape that few ever get to see.

#### TUESDAY MORNING HIKES

Erika Bloom leads a 7:00 am Tuesday morning conditioning hike in the Blue Hills. Want great exercise hiking strenuous terrain at a moderately fast pace over lots of steep rocky hills on the Skyline Trail? Registration required. Weather dependent.



#### WINTER HIKING SERIES

Strap on your crampons and hike The Whites this winter. No crowds, no bugs, and no leaves between you and the spectacular winter scenery!

#### SNOWSHOE SERIES

This is a gentler series snowshoeing smaller mountains in NH. The chapter has snowshoes you can borrow if you're a first-timer. Contact the hike leader.

---

See the *Breeze*, online trip listings, *amc outdoors*, and short notice email list for dates and times.



## BIKE NEWS

### 2000-Mile Club

Standings as of Q3  
September 30, 2008

Louis Outor	5664
Leonard Leonardi	4804
Joe Tavilla	4311
Gian Luca	3857
Pam Patrick	3526
Jack Jacobsen	3058
Larry Kornetsky	2564
Peter Ruprecht	2328
Linda Church	2162
John Sullivan	2126
Dan Egan	2095
Ed Foster	2036
Will Mason	2011
Lawton Gaines	2009
Paul Currier	1954
Pati Kent	1568
Paul Gareau	1500



James Rawstron, Kent Brad, Mark Klim  
At the summit of Mt. Wachusett  
August 23, 2008

"We rode 34 miles and conquered all the hills that just kept coming all day long."



### WILDERNESS FIRST AID

On September 6-7, the Education Committee offered a two-day Wilderness First Aid course at Borderland SP. This 16-hour course had a mixture of classroom instruction plus role playing. Participants learned to use the contents of their backpack for first aid.



### RED LINE the BLUE HILLS

At 7:00 pm, on October 2, in the middle of the hike, on a dark October evening — Maureen Kelly finished Red Lining the Blue Hills, all 140 miles. Congratulations to Maureen as the 8<sup>th</sup> finisher! See [home.comcast.net/~hike\\_with\\_bob\\_v](http://home.comcast.net/~hike_with_bob_v) for more RLBH news.



### TRAILWORK

On Tuesday evenings during the summer and fall, Bob Vogel led trail work events at Borderland SP. His 'regulars' included Ellen Correia and Kevin Ryan—plus others. The Rangers appreciated their diligent efforts—100 hours of trail work on the 17 miles of trails! (Pictured: Ellen and Bob)

## SADDLEBACK LOONS & LOONIES

On August 15-17, leader Fred Wason organized a hiking and social weekend at an old time "Fishing Camp" on Mooselookmeguntic Lake in Oquossoc, ME. The group arrived Friday afternoon, set up camp, and dined at a local restaurant. Saturday they climbed Saddleback Mountain, a very challenging Maine 4000-footer (4120'). One highlight included sitting down in the middle of the trail eating blueberries. Another included the thunderstorm that blew in while the group was relaxing at the summit eating lunch — stuff your sandwich in your pocket and run!

Saturday night was the group cookout. Afterwards the group sat on the dock and watched the sun set, watched the moon rise, listened to the loons, and howled at the full moon! Sunday morning it was up early to hike Bald Mountain (2443'). The 30' lookout tower at the summit offered spectacular 360° views of the surrounding lakes and mountains.



Pre-HIKE



Post-HIKE

## IT'S A FAMILY AFFAIR

At 16 years, Taylor Donnellan is frequently the only “non-adult” on hikes. But, he loves hiking and enjoys talking with and getting to know everyone. Taylor has been an AMC family member and has been participating in AMC hikes since he was 13.

Taylor was first introduced to the outdoors by his Scout troop at age 11. When he started work on his hiking merit badge, his mom and step-dad (AMC Hike Leaders Chris & Bill Pellegrini) made it a family affair. To ensure Taylor learned safe hiking they turned to the AMC. Taylor started with short hikes in the Blue Hills and quickly progressed to NH 4000-footers (14 completed!). He has participated in the summer hiking, winter hiking, and snowshoeing series. What started as a way to enjoy the outdoors as a family grew into a busy pastime for all three!

Taylor brings his knowledge of safe hiking with him whenever he travels with the Scouts and other youth groups. Mom Chris says that Taylor has gained more than a hiking education—he has developed a greater appreciation for the outdoors and met some wonderful people in the process. Taylor says what he loves most about hiking is climbing big rocks!

Taylor is an active member of Boy Scout Troop 111 in Foxboro where he currently holds the Rank of Life Scout. To give back to the environment, Taylor hopes to do trail work in the Blue Hills for his Eagle Scout project.

## WHAT IS THE CYP?

AMC Chapter Youth Programs (CYP) are programs designed to serve youth in the 6-18 yr age group who are participants in youth organizations like the United Way, Boy/Girl Scouts, and the YMCA. The AMC chapter signs a Sponsorship Agreement with the sponsoring organization, and invites qualified AMC volunteers to share their outdoor skills with youth agency participants and attendant staff. The CYP approach fosters partnerships between volunteers and staff and between the chapter and the local youth agencies.

Jim Plouffe has volunteered to be the CYP Coordinator for SEM. Potential CYP Leaders had their first training on October 26.

(Start 'em early! Jim and 5-month-old son Sean on the SEM Tully Trail Hike in October.)



## ACTIVITIES

### Hiking/Backpacking

Chair – Jim Plouffe, 508-562-0051,  
hikingchair@amcsem.org

**IMPORTANT:** Hikers unsure of their ability should try only one level more difficult than previously completed. No pets without permission of trip Leader. Registration required for most trips. Hiking boots strongly recommended. For additional information or to register, contact the trip Registrar (R), trip Leader (L) or co-Leader (CL). SEM Chapter trip updates are also available at [trips.outdoors.org](http://trips.outdoors.org). Please also sign up for the SEM Short Notice E-Mail Trip List at [www.amcsem.org](http://www.amcsem.org).

Miles	Pace (mph)	Terrain Type
AA = 13+	1 = very fast (2.5)	A = very strenuous
A = 9 - 13	2 = fast (2)	B = strenuous
B = 5 - 8	3 = moderate	C = average
C = <5	4 = leisurely	D = easy

#### Thu. Dec. 4. 2 for 1: Ft. Barton, Weetamoo Woods - Tiverton, RI (B3D)

— Great view of Mt Hope Bay from the 30' observation tower at Ft Barton. Some stairs on steep hills, boardwalks in low areas by streams. Drive 5 mi to Weetamoo Woods; stone walls, slab bridges & Borden Brook. 10 a.m. at foot of Ft Barton. Water, snack & lunch; stabilicers if icy. Rain cancels. Call leader for CPL info; see website for directions. L Barbara

Hathaway (508-880-7266 before 10PM, barb224@tmlp.com)

#### Sat. Dec.6. Winter Hike Series #1 (C3C)

— Join us for the first hike in our Annual Winter Hiking Series. While hiking the trails in Blue Hills we will be learning about safe hiking in winter. R Chris Pellegrini, 508-406-5319 (best time to call: 6-9 PM) [chrispellegrini@yahoo.com](mailto:chrispellegrini@yahoo.com).

#### Thu. Dec. 11. Turkey Hill & Thayer Woods, Cohasset MA (B3C)

— About a 6 mile walk through this interesting Trustees of Reservation property. Bring lunch for stop along the way. Directions: Meet at 10 a.m. at the smaller of the two parking areas on Rte 3A. From Rte 3 exit 14 follow Rte 228 north for 6.5 miles, turn right on Rte 3A, go 0.5 miles, parking at Weir River Farm lot on right. Leader Ellie MacPherson 508-224-6465, [camell55@verizon.net](mailto:camell55@verizon.net), [www.thetrustees.org](http://www.thetrustees.org). L Ellie MacPherson (508-224-6465, [camell55@verizon.net](mailto:camell55@verizon.net))

#### Thu. Dec. 11. Borderland Evening Full Moon Hike (C3D)

— Come join us as we hike around the ponds and through the woods under the full moon. Enjoy the winter weather and the quiet of the woods and fields at night. Insulated boots and headlamp/flashlight required. Group size is limited, so please register early. Hike is approximately 6:00pm-8:00pm L/R Cheryl Lathrop ([cheryl4698@verizon.net](mailto:cheryl4698@verizon.net), 508-668-4698), L Dick Carnes

#### Sun. Dec. 14. Wrentham State Forest Romp (C4D)

— Come join us for a pre-winter tour of the woods in beautiful Wrentham, MA. We will explore quarries, waterfalls, and rock formations. Good first-time, family-friendly hike. Children with parents welcome. If there's snow, bring your snowshoes. No previous experience necessary. L Mike Woessner (508-577-4879 Anytime, [stridermw@hotmail.com](mailto:stridermw@hotmail.com)), CL Fred Yost (508-699-9305), R Mike Woessner (12 Bradley Ln., Westford, MA 01886, 508-577-4879, [Stridermw@hotmail.com](mailto:Stridermw@hotmail.com))

#### Sat. Dec. 20. Winter Snowshoe Series Hike #1

— Come join the SEM Chapter for the first in a series of snowshoe hikes. We will be chasing snow, but most likely be at one of the following locations: (A) Dry River/(B) Around Ammonusuc Lake, Smarts Brook Trail, Greeley Ponds, Mt. Willard plus Elephant Head (C3C). L Jim Plouffe (508-586-1394, [jimplouffe@comcast.net](mailto:jimplouffe@comcast.net)), L Steve Tulip ([Stulip2005@comcast.net](mailto:Stulip2005@comcast.net)), L Chris Pellegrini ([chrispellegrini@yahoo.com](mailto:chrispellegrini@yahoo.com)), L Leslie Carson, CL Eva Borsody-Das, CL Cheryl Lathrop, R Steve Tulip ([stulip2005@comcast.net](mailto:stulip2005@comcast.net))

#### Thu. Jan. 8. Borderland Evening Full Moon Hike (C3D)

— See Dec. 11.

#### Thu. Jan. 8. Ponkapoag, Blue Hills

(B3C) — 5-mile hike at Ponkapoag area of Blue Hills. Meet at 10 a.m. at Ponkapoag Golf Club Parking Lot. Bring water, snack

& lunch possibly at AMC camp. Wear appropriate footwear - Yaktrax or Stabilicers if icy. Directions: Rte 93/128, exit 2, Rte 138 south to first set of lights. Turn left into Golf Course pkg lot. L Claire Braye (508-857-0320 before 9 PM, cbraye57@comcast.net)

**Sat. Jan. 10. Winter Hike Series #2, Mount Welch and Mount Dickey Loop (C3B)** — Mount Welch and Dickey Loop - This loop trail offers excellent views for a modest effort. The tree line drops away quickly while hiking this loop exposing large slabs of granite offering terrific views over two wonderful summits. Hike offers moderate exposure while on the slabs. We'll plan on lunch on one of the summits weather permitting. Mount Welch 2605 feet. Mount Dickey 2734 feet. Estimated distance 4.4 miles. Estimated time 4 hours. L Ken Jones (508-697-0142 7-9 PM, lotsoluck@comcast.net), L Leslie Carson , R Ken Jones (508-697-0142 7-9 PM, lotsoluck@comcast.net)

**Thu. Jan. 15. Allen's Pond Sanctuary, Dartmouth, MA** — Beautiful hike around tidal pond, views of Elizabeth Islands, migratory birds & wild life. Meet 10 a.m., bring lunch & drink. Bayside Restaurant across trailhead. Directions: I-195 exit 10, Westport; Rte 88 S to end. Left at ocean-side stop sign onto East Beach Rd, go east. At 90 degree bend turn N away from shoreline, look for Sanctuary signs and Beach Loop entrance to mass Audubon. Park on right near hdqtrs. L Rick McNally (508-636-7179 7 to 9PM, rjmcnally@charter.net)

**Thu. Jan. 22. D W Field Park, Brockton, MA** — A good winter walk in the park, 4-6 mi, fairly level with nice scenery. Meet at 10 a.m., bring stabilicers if icy, snack & water. Optional group lunch at local eatery after hike. Directions: Rte 24, exit 18, Rte 27 N to Oak st, turn right, park is 1.2 mi on left. L Claire Braye (508-857-0230 before 9PM, cbraye57@comcast.net)

**Sat. Jan. 24. Winter Snowshoe Series Hike #2** — Come join the SEM Chapter for the second in a series of four snowshoe hikes. We will be chasing snow, but most likely be at one of the following locations: Smarts Brook Trail, Mt. Willard plus Elephant Head, Potash Mountain, Lincoln Woods to Lafayette (C3C). L Jim Plouffe (508-586-1394, jimplouffe@comcast.net), L Steve Tulip (Stulip2005@comcast.net), L Chris Pellegrini (chrispellegrini@yahoo.com), L Leslie Carson , CL Cheryl Lathrop , CL Eva

Borsody Das , R Steve Tulip (Stulip2005@comcast.net)

**Thu. Jan. 29. Bioreserve/Copicut Woods, Fall River** — Copicut offers a splendid intro to the ecological and cultural features of the Bioreserve. Trails wind through vernal pools, Miller Brook & an abandoned farm settlement. Bring water, snack & lunch; Yaktrax/Stabilicers if icy. Meet at 10 AM. Directions on Trustees website. L Walt Granda (508-999-6038 before 9 PM, wlgranda@aol.com)

**Thu. Feb. 5. Burrage Pond Wildlife Mgmt Area, Hanson, MA (B3D)** — Burrage Pond is a series of old cranberry bogs managed by the DFW. Hike a 6-mi loop on flat gravel roads with some side trails. Migrating birds abundant in season. Mostly open area could be windy; if icy bring Yaktrax or Stabilicers. Bring water, snacks & lunch. Meet at 10 a.m. Directions: From Rte 27 in Hanson, take Pleasant St to Hawkes Rd. Entrance and Pkg on right after crossing RR tracks. L Ed Fopiano (508-378-2203 before 9 PM, edfopiano@verizon.net)

**Sat. Feb. 7. Winter Hike Series #3, Mount Pierce (B3B)** — Mount Pierce - Join us as we trek up the oldest continually maintained footpath in the U.S. and loop over the 4312-foot summit for a 6.5-mile R/T with 2392' of elevation gain. Estimated time 6 hours. L Ken Jones (508-697-0142, lotsoluck@comcast.net), CL Bill and Chris Pellegrini , R Chris Pellegrini (508-406-5319 7-9 PM, chrispellegrini@yahoo.com)

**Mon. Feb. 9. Borderland Evening Full Moon Hike (C3D)** — See Dec. 11

**Thu. Feb. 12. Joe's Rock & Birchwold Farm Conserv, Wrentham/Plainville** — Lovely 4-5 mi hike. Meet at 10 a.m. We will climb up to Joe's Rock (very short) then cross the road to Birchwold. Bring drink and snack for trail; lunch to eat at leader's home after hike. Leader will provide homemade desserts and beverages. Bring stabilicers if icy. Directions: Rte 495N exit 15, right off exit, left at first light, Rte 121. At 3.5 mi look for Joe's Rock Conservation Area sign on right. L Joanne Staniscia (508-528-6799 before 9PM, joannes1@localnet.com)

**Thu. Feb. 19. Noanet Woodlands, Dedham St., Dover, MA (B3C)** — Meet at 10 a.m. at ranger station, Caryl Park entrance and parking on Dedham St., 0.6 mi. east of Dover center. We will roam the trails in this 700 acre reservation, visit old

mill sites, ponds and restored 24' high milldam and underground tailrace. Hike about 6 mi. on moderate terrain. Bring water & lunch. L Arthur Hart (508-888-2847 9A to 9P, ajhart32@comcast.net)

**Sat. Feb. 21. Winter Snowshoe Series Hike #3** — Come join the SEM Chapter for the third in a series of four snowshoe hikes. We will be chasing snow, but most likely be at one of the following locations: The Kettles and the Scaur, Hedgehog Mountain - East Ledges, Lincoln Woods to Black Pond, Lonesome Lake (B3C). L Jim Plouffe (508-586-1394, jimplouffe@comcast.net), L Steve Tulip , L Leslie Carson , L Eva Borsody Das , CL Chris Pellegrini , CL Cheryl Lathrop , R Steve Tulip (Stulip2005@comcast.net)

**Sat. Feb. 28. East Osceola (A3B)** — Join us for an advanced winter hike to test out those crampons and snowshoes as we tackle East Osceola. Full winter gear required. L Jim Plouffe (508-562-0051, jimplouffe@comcast.net), L/R Leslie Carson (64 Mill Road, East Sandwich, MA 02537, 508-833-8237 6-9 PM, ltcarsen929@comcast.net)

**Sat./Sun. Mar. 7/8. Winter Hike Series #4 Overnight** — Save the date!

**Tue. Mar. 10. Borderland Evening Full Moon Hike (C3D)** — See Dec.11.

**Sat. Mar. 14. Winter Snowshoe Series Hike #4** — Come join the SEM Chapter for the fourth in a series of four snowshoe hikes. We will be chasing snow, but most likely be at one of the following locations: The Kettles and the Scaur, Champney Falls (Upper), Hedgehog Mountain Summit, Kearsarge North (B3B). L Jim Plouffe (508-586-1394, jimplouffe@comcast.net), L Steve Tulip (stulip2005@comcast.net), L Cheryl Lathrop , L Chris Pellegrini , CL Eva Borsody Das , CL Bill Pellegrini , R Steve Tulip (Stulip2005@comcast.net)

**Sat. Mar. 21. Franconia Ridge - Lafayette, Lincoln, Little Haystack (B3B)** — Join us as we trek across a wonderful section of Franconia Ridge bagging three 4000 foot summits weather permitting. Full above tree line gear required for the 8.8 mile 3480' elevation gain trip. Estimated time 8.5 hrs. L/R Ken Jones (508-697-0142 7-9 PM, lotsoluck@comcast.net).



# Cape Cod Hikes

Chair – John Gould, 508-540-5779,  
capehikingchair@amcsem.org

Most Cape Hikes are "Show & Go." For additional information, contact the trip Leader (L) or Co-Leader (CL) or visit [trips.outdoors.org](http://trips.outdoors.org). (Set Committee to "Cape Hikes.")

Miles	Pace (mph)	Terrain Type
AA = 13+	1 = v. fast (2.5)	A = v. strenuous
A = 9 – 13	2 = fast (2)	B = strenuous
B = 5 – 8	3 = moderate	C = average
C = <5	4 = leisurely	D = easy

**Thu. Dec. 4. Provincetown - Whales and Trails (B3C)** — Meet at Herring Cove Beach, 9:45 a.m. in parking lot to the right of entrance. Walk through pine barrens, over dike with classic Cape Cod vistas, through salt marsh to arrive at beach by Race Point Lighthouse. We could see whales from shore. Bring your binos!! Allow 3 hours. L Nancy Braun (508-487-4004, [nancytruro@comcast.net](mailto:nancytruro@comcast.net))

**Sun. Dec. 7. Benjamin Nye Trail, Sandwich (C4C)** — Working cranberry bogs, Talbott point, enchanting red pine forest, Scorton Creek, Hoxie Pond, Fish Hatchery and Game Farm from bygone days. From Rte 6A take Exit 4 (Chase Rd.) and turn N(toward 6A). Go about 1/2 mile and take Left on County Rd. One mile to parking on left across from Sandwich Grange Hall. Meet 12:45 2 hrs. L Nancy Wigley (508-548-2362, [nrwigley@verizon.net](mailto:nrwigley@verizon.net))

**Thu. Dec. 11. Truro Pond/Beach Walk (B3C)** — Meet 9:45. From Rte 6, coming from Wellfleet take first R (Rose Rd, no sign) after Truro town line. Take another R on Collins Rd to first dirt road on right (Old Kings Highway). Hike to beach and return all by pristine, glacial ponds. Spectacular scenery. Hike will take 3 hours. L Nancy Braun (508-487-4004, [nancytruro@comcast.net](mailto:nancytruro@comcast.net))

**Sun. Dec. 14. Yarmouth Potluck Party and Hike (C3C)** — Reserve the date. Christmas Potluck Supper at Pam Carter's 16 Driftwood Lane, So. Yarmouth. (Call 508-398-2605 for directions). Hike first in the three ponds area. Meet at 12:45. From Rte 6 exit 8S to R at 2nd traffic light onto Old Townhouse Rd. L on West Yarmouth Rd. Go about 1 mi to pkg on side of road. L Janet DiMattia (508-394-9064, [jandimattia@verizon.net](mailto:jandimattia@verizon.net))

**Thu. Dec. 18. Sandwich-Ryder Conservation Land/Lowell Reservation (C4D)** — Wooded walk with nice views of Mashpee-Wakeby Ponds. North on Rte.130 from Rte. 28. Right onto Cotuit Rd. 1.8 miles to Ryder Conservation Lot on left. Meet at 9:45 a.m. for a 10 a.m. Start. 2 hours. L Farley Lewis (508-775-9168, [farlewis@comcast.net](mailto:farlewis@comcast.net))

**Sat. Dec. 20. Barnstable, Sandy Neck Interior (A3B)** — Hike from gatehouse along the marsh trail to trail 5 and return on the horsetrail through the most enchanting part of this barrier beach. Rte. 6A in Sandwich just before Barnstable town line turn N. on Sandy Neck Rd. Follow to gatehouse. Meet @ 9:45 a.m., bring lunch, 11 miles, 6 hrs. L Todd Kelley (508-945-9929, [kellytrailblazer@yahoo.com](mailto:kellytrailblazer@yahoo.com))

**Sun. Dec. 21. Falmouth, Hatchville Woods** — Woodland trails to Coonamessett Pond. Back through wetlands habitat and cranberry bogs. Meet at 12:45 for 1:00 start. Rte 151 West 3.4 mi from Mashpee Rotary. Left on Sandwich Rd at lights. 1.6 mi to right on Hatchville Rd. .5 mi to parking lot on left at pumping station. L Hilary Hunt (508-495-0439 8:00 am - 8:00 pm, [hhunt@cape.com](mailto:hhunt@cape.com))

**Sat. Dec. 27. Brewster, Punkhorn Grande (A3B)** — Tour the Punkhorn and visit quarry sites, first commercial cranberry bogs and pine barrens. Stony Brook Rd. to S. on Run Hill Rd. Follow to parking lot on L. when road becomes gravel. Meet @ 9:45 a.m., bring lunch, 10 mi. 5 hrs. L Todd Kelley (508-945-9929, [kellytrailblazer@yahoo.com](mailto:kellytrailblazer@yahoo.com))

**Sun. Jan. 4. Barnstable-Barnstable Conservation, "Trail of Tears" (C3C)** — Meet at 12:45 pm at parking lot (power line) on Service Rd. between Exit 5 and Exit 4. Exit Route 6 at Exit 5, go south 100 yds to service road. 2 hour hike. L Peter Selig (508-432-7656, [pandmselig@hotmail.com](mailto:pandmselig@hotmail.com))

**Thu. Jan. 8. Yarmouth Port, Gray's Beach (C3D)** — Hike in Conservation land over trails along marsh, through woods, some roads, includes the boardwalk with views of Sandy Neck, Chapin Beach, Chase Garden Creek. Meet at 9:45 a.m. Two hours. L Janet Kaiser 508-432-3277, [jtkaiser@comcast.net](mailto:jtkaiser@comcast.net). L Janet Kaiser (508-432-3277, [jtkaiser@comcast.net](mailto:jtkaiser@comcast.net))

**Sat. Jan. 10. Falmouth- Coonamesett Reservation (C3C)** — New Hike. 2 hr.

hike on some recently opened trails with view of Little Jenkins pond, Coonamesett pond and bog, and a Christmas tree farm. Meet 9:45. Route 151 Falmouth to Nickelodeon theater. Park across the street on dirt pulloffs either side of Ranch Road. L Gary Miller (508-540-1857, [Garymaxx@verizon.net](mailto:Garymaxx@verizon.net))

**Sun. Jan. 11. Brewster, Nickerson State Park (C3C)** — Winter hike on woods trails, by ponds, some hills. Meet at 12:45 at the front main pkg area off of Rte 6A in Brewster. Two hours. Bad weather cancels. If in doubt call leader. L Janet DiMattia (508-394-9064, [jandimattia@verizon.net](mailto:jandimattia@verizon.net))

**Thu. Jan. 15. Harwich Island Pond Conservation area (C3C)** — Hike through woods on new trails in Conservation Area to Island Pond, and Katie's Pond, Lavender Farm -some bike trial walking. Meet at 9:45 for a two hour hike. From Rte 6 take exit 10 S to 4-way stop. Take R 0.08 mi to new pkg lot on L - just beyond Davy's Ribs. Bad weather cancels. If in doubt call L. L Janet DiMattia (508-394-9064, [jandimattia@verizon.net](mailto:jandimattia@verizon.net))

**Sun. Jan. 18. Wellfleet - White Crest Beach (C3C)** — Woodland trails which lead to Duck Pond. From Rte. 6 go R on LeCounts Hollow Rd. At beach gatehouse L on Ocean View Dr for 0.9 miles to beach parking lot on right. Meet at 12:45. 2 hours. L Pat Sarantis ([ediespond@hotmail.com](mailto:ediespond@hotmail.com))

**Thu. Jan. 22. Falmouth-Long Pond & Collins Woodlot (B3C)** — Walk along pond, moraine, and through town forest. From Mashpee rotary, take 151 west 3.4m to L at Sandwich Rd. Go 3.7m south to R on Brick Kiln; then 0.9m west and pass through traffic light at Gifford to parking area on R just beyond light. meet 9:45 for 10 start. More than light rain or snow cancels. 2.5 hours. L John Gould (508-540-5779, [jhgould@comcast.net](mailto:jhgould@comcast.net))

**Sun. Jan. 25. Harwich -Hawksnest State Park (B3C)** — Winter walk on dirt roads and wooded trails by several ponds. Meet at 12:45 for a 2 hour walk. Take exit 11 off Rte 6, go diagonally across from exit to Spruce Rd and pk on side of road approx. half mile down. Bad weather cancels. If in doubt call L. L Janet DiMattia (508-394-9064, [jandimattia@verizon.net](mailto:jandimattia@verizon.net))

**Thu. Jan. 29. Barnstable-Old Jail Conservation Area (C3C)** — Newly opened areas of conservation land contrast old footpaths through the woods. Meet at

Old Jail Lane Conservation Land Parking Lot. Take exit 6 to Route 132 S 1.4 miles to lights at Phinney's Lane. Turn L. Go 1 mile and turn L onto Old Jail Lane. Go 0.5 miles to parking area on left. Meet at 9:45 a.m. 2 hours. L Elissa Crowley (508-362-5062, e.crowley@verizon.net)

**Sat. Jan. 31. Bourne- Four Ponds (C3C)** — Two hour hike on Pine Trail through diverse habitats, wetlands and forests. Route #28 to Barlows Landing Road to Bourne Four Ponds lot on right. Meet at 9:45 a.m. L Gary Miller (508-540-1857, Garymaxx@verizon.net)

**Sun. Feb. 1. Falmouth, Bourne Farm (C3C)** — Trails across open fields and woodland. Pass through cow tunnel under railroad bridge to Herring River marsh. Meet 12:45 for 1:00 start. Rte 151 West to N. Falmouth. Left at light onto Rt 28A for 2 miles. Parking lot on right at Bourne Farm. L Hilary Hunt (508-495-0439 8:00am - 8:00pm, hhunt@cape.com)

**Thu. Feb. 5. Dennis-Crowe to Crowe Loop (C3C) and Chili Party** — 2 hr. hike on paths, beach, and quiet roads. Followed by Chili Party at noon hosted by Janet and Richard Kaiser. Meet 9:45. From Route 6 take exit 9 onto Route 134 north to Route 6A. Go right on 6A, then left on School St, then right on South St to lot at end on right past cemetery. L Maria Sylvester (508-385-4045, sylvester\_maria@hotmail.com)

**Sat. Feb. 7. Truro-Longnook Beach, Bearberry Hill (B3C)** — Several spectacular views as we hike N to old Air Force Station, S to Higgins Hollow, then on to Bearberry Hill. Meet at 9:45; bring lunch; 4 hours. From Rte 6 in Truro R on Longnook Rd (left at junction) to beach parking lot at the end. L Pat Sarantis (508-430-9965, ediespond@hotmail.com)

**Sun. Feb. 8. Harwich-Herring River (C3C)** — Winter walk in conservation area through woods by river, bogs and herring run. Meet at 12:45 at Sand Pond in Harwich. From Rte 6 take 9A S to L at 3rd light. Take another immed L on Great Western and go to pkg area on L at Sand Pond. Bad weather cancels. If in doubt call L. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

**Thu. Feb. 12. Truro- High Head Sand Dune Walk (B3C)** — Meet at 9:45 p.m. at High Head Rd., as far as you can drive in toward the bike trail. We will hike over dunes by dune shacks and cranberry bogs. Back via beach, weather permitting. If high winds, we will walk the bikepath to Pilgrim Spring and beyond. If snow call

leader. 3 1/2 hrs. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

**Sat. Feb. 14. Wellfleet-Duck Harbor to the Hollows (B3B)** — Review glacial terminology and connect it to the land beneath your feet in this glacial paradise. Duck Harbor over Bound Brook Island to Lombard and Paradise Hollows. Rte. 6 to Wellfleet Center. L. on Commercial St. R. on Kendrick Rd. to Chequessett Neck Rd. R. on Griffin Island Rd. to end at Duck Harbor. Meet @ 9:45 a.m., bring lunch, 8 mi. 4 hrs. L Todd Kelley (508-945-9929, kellytrailblazer@yahoo.com)

**Sun. Feb. 15. Brewster-Nickerson State Park - (C3C)** — Nickerson Sunday Hike/Snowshoe Trip (C3C) 2 Hrs., Nickerson State Park, Brewster, MA, Route 6A near Orleans line. Hike/Snowshoe in Nickerson State Park. Call Leader for specifics, 508-432-7656. L Peter Selig (508-432-7656, pandmselig@hotmail.com)

**Thu. Feb. 19. Truro- Ryder Beach (C3C)** — Some sand walking, hills, woods, views. Meet at 9:45. From Rte 6 just over Truro line take L onto Prince Valley Rd. Follow to end. R then immed L on Ryder Beach Rd. to pkg at end. 2 hours. L Pat Sarantis (508-430-9965, ediespond@hotmail.com)

**Sun. Feb. 22. East Falmouth-Mashpee, Quashnet River (C3C)** — Walk in upland woods alongside pretty stream. From Mashpee rotary, Rte 28N to Falmouth 2.1 miles, take R on Martins Rd to parking area. 2 hours. Meet 12:45 for 1:00 start. If rain/snow forecast call L. L John Gould (508-540-5779, jhgould@comcast.net)

**Thu. Feb. 26. Cotuit-Little River Sanctuary (C3D)** — Wooded walk with views of Eagle Pond. Meet promptly at 9:45 a.m. Car pool shuttle from parking area in front of Brooks Pharmacy located at the intersection of Rte. 28 and Putnam Ave. in Cotuit. Two hours. L Farley Lewis (farlewis@comcast.net), CL Bill Zimmer (508-790-4143)

**Sat. Feb. 28. Sandwich- Shawme Crowell State Forest (B3C)** — Explore State Forest trails, varied terrain, mostly wooded, length of hike to be determined by weather. Route 6 to exit 2. Head north on route 130. The entrance to the park will be on your left shortly past Sandwich center. Meet in the parking lot at 9:45 for a 10 a.m. start. L Elissa Crowley (508-362-5062, e.crowley@verizon.net), CL Farley Lewis (508-775-9168)

## Bike Rides

Chair – Joe Tavilla, 508-428-6887, bikingchair@amcsem.org

NOTE: Approved helmets, water bottles, & spare tires required. If start time and location are not indicated, contact ride leader (L).

NOTE: for additional SEM bike rides, please check *AMC Outdoors*, visit [www.amcsem.org](http://www.amcsem.org), or use the AMC online trip listing system: [trips.outdoors.org](http://trips.outdoors.org) (set Committee to "Biking" and Chapter to "Southeastern Massachusetts"), or sign up for the SEM Short Notice trip list at [www.amcsem.org](http://www.amcsem.org).

**Tue. Dec. 2. Tuesdays At Two** — Dec thru Feb: Cycling for Two Hours on Tuesdays at 2:00PM. Location: Plymouth, Canal Area, & Cape Cod. Distance: 24+/- for Road Cycling or 12+/- for Mountain Biking. Pace: Intermediate. Terrain: Varies from flat to hilly. Start Location: Contact ride leader Directions: Contact ride leader. L Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

**Tue. Dec. 9. Tuesdays At Two** (see Dec. 2)

**Fri. Dec. 12. Full Cold Moon Ride** — Ride Description: Road cycling A flat ride along the canal and through Gray Gables and Mashpee Island at an intermediate pace for 24 +/- miles. We'll catch the sunset over Buzzards Bay, perhaps the Energy Train in its trek over our famous RR Bridge: [capecodrails.railfan.net/buzbay/buzbay.html](http://capecodrails.railfan.net/buzbay/buzbay.html); [en.wikipedia.org/wiki/Cape\\_Cod\\_Canal\\_Railroad\\_Bridge](http://en.wikipedia.org/wiki/Cape_Cod_Canal_Railroad_Bridge); [www.youtube.com/watch?v=Hjt8IMP3i4Q](http://www.youtube.com/watch?v=Hjt8IMP3i4Q) and moonrise over Sagamore. Contact ride leader for start time. L Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

**Sat. Dec. 13. Cape Cod Rail Trail** — Enjoy the off-season tranquility of the Cape Cod Rail Trail. Distance: 25-30 miles. Terrain: Flat. L Jack Jacobsen (508-353-3708 8:00AM-7:00PM, cyclejac51@yahoo.com)

**Tue. Dec. 16. Tuesdays At Two** (see Dec. 2)

**Tue. Dec. 23. Tuesdays At Two** (see Dec. 2)

**Tue. Dec. 30. Tuesdays At Two** (see Dec. 2)

**Thu. Jan. 1. Annual New Years Day Ride** — 27 miles or so, intermediate pace. Out and at 'em for an early start on our annual 2000-mile (3K? 4k? 5k?) pursuit!

Bailouts for less miles; optional additional miles. This ride includes the coast and harbor of Marion; Sea Shell Beach, "private" Converse Road loop, Point and Delano Roads to Kittansett Golf Club with views of 3 canal bridges and Planting Island. Early registration recommended - ride limit 12. L Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

**Tue. Jan. 6. Tuesdays At Two** (see Dec.2)

**Sat. Jan. 10. Full Wolf Moon Ride** — Ride Description: Road cycling. Ride the hills and shores of Sagamore and on the canal trail to Buzzards Bay. We'll catch the sunset over Onset Bay, perhaps the Energy Train its trek over our famous RR Bridge: capecodrails.railfan.net/buzbay/buzbay.html; en.wikipedia.org/wiki/Cape\_Cod\_Canal\_Railroad\_Bridge; www.youtube.com/watch?v=Hjt8IMP3i4Q a tour of Mass Maritime, and moonrise over Plymouth Bay. L Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

**Tue. Jan. 13. Tuesdays At Two** (see Dec. 2)

**Tue. Jan. 20. Tuesdays At Two** (see Dec. 2)

**Tue. Jan. 27. Tuesdays At Two** (see Dec. 2)

**Tue. Feb. 3. Tuesdays At Two** (see Dec. 2)

**Mon. Feb. 9. Full Snow Moon & Eclipse Ride** — Ride Description: Road cycling Ride along the canal and through Gray Gables and Mashnee Island at an intermediate pace for 24 +/- miles. We'll catch the sunset over Buzzards Bay, perhaps the Energy Train in its trek over our famous RR Bridge: capecodrails.railfan.net/buzbay/buzbay.html; en.wikipedia.org/wiki/Cape\_Cod\_Canal\_Railroad\_Bridge; www.youtube.com/watch?v=Hjt8IMP3i4Q and moonrise over Sagamore. L Paul Currier (508-833-2690 8:00AM-7:00PM, pbencurrier@hotmail.com)

**Tue. Feb. 10. Tuesdays At Two** (see Dec. 2)

**Tue. Feb. 17. Tuesdays At Two** (see Dec. 2)

**Sat. Feb. 21. Cape Cod Rail Trail** — Enjoy the off-season tranquility of the Cape Cod Rail Trail. Distance: 25-30 miles. Terrain: Flat. L Jack Jacobsen (508-353-3708 8:00AM-7:00PM, cyclejac51@yahoo.com)

**Tue. Feb. 24. Tuesdays At Two** (see Dec. 2)

## XC Skiing

Chair – Barbara Hathaway, 508-880-7266, xcskichair@amcsem.org.  
Vice Chair — Farley Lewis, 508-775-9168, farlewis@comcast.net.

For information on SEM ski trips, please check AMC Outdoors, visit [www.amcsem.org](http://www.amcsem.org), or use the AMC online trip listing system: [trips.outdoors.org](http://trips.outdoors.org), (set Activity to "Cross-Country/Nordic" and set Chapter to "Southeastern Massachusetts").

**Sat. Jan. 3. XC Ski Instruction: Great Brook Ski Touring Center** — A good opportunity to use the new skis you got for Christmas or rent from the Center. Conditions permitting we will provide instruction to novice-intermediate skiers at Great Brook Ski Touring Center in Carlisle, MA. Register with Leader. L/R Bob Bentley (508-866-3057 7 to 10 PM, bentleyr@h2otest.net), CL Marc Bober (978-251-4794 before 9 PM, mcbober@att.net).

**Fri. Jan. 16-19. XC Ski MLK Weekend, Jefferson, NH** — Boston's 40+ Chapter joins SEM Chapter's celebration of their 23rd year at cozy Applebrook B&B in Jefferson, NH. XC ski at Bretton Woods, Great Glen, Jackson or Bear Notch. Downhill or back country skiing, snowshoeing, & ice skating nearby. Approx \$180-325 p/p covers 3 nights lodging, 3 hearty breakfasts, a 4-course dinner Sat. night and light supper on Sunday. Register w/Leader. L/R Barbara Hathaway (508-880-7266 before 9 PM, barb224@tmlp.com), CL Wayne Cardoza (603-673-2518 before 9 PM, wmc\_amc@comcast.net).

**Fri. Jan. 16-19. Backcountry Ski Adventure in Southern VT** — Join us on MLK Weekend for backcountry skiing along the Catamount trail in the Stratton-Wilmington areas of southern VT. Lodge near Mt. Snow has indoor & outdoor hot tubs & heated pool. Participants should be capable of skiing 5-7 mi each day (no beginners please). Approx. \$160 p/p dbl occupancy for 3 nights incl Sat, Sun, & Mon breakfast; Sat & Sun dinners. Reg by Dec 30 w CL or L. L Art Paradise (978-372-7442 7-10 PM, paradise1@mindspring.com), CL Marc Bober (978-649-2351 7-10 PM, mcbober@att.net), R Marc Bober.

**Sat. Jan. 24. XC Ski Windblown, New Ipswich, NH** — Expertly groomed trails await you at Windblown, a comfortable, friendly, family-owned ski center with 25

miles of trails and great views of Monadnock. Sit by the fire in the lodge while enjoying homemade soup & sandwiches, or muffins and cookies with a hot beverage. For details and to register, call Barbara. L/R Barbara Hathaway (508-808-7266 before 9 PM, barb224@tmlp.com), CL Farley Lewis (508-775-9168 before 9 PM, farlewis@comcast.net).

**Sat. Jan. 31. XC Ski, Myles Standish, Plymouth, MA** — Join us to cross country ski ungroomed trails in the little known areas of Myles Standish State Forest. Advanced novice to intermediate skiing ability required. Register with Leader. L/R Bob Bentley (508-866-3057 7 to 10 PM, bentleyr@h2otest.net), CL Marc Bober (978-251-4794 before 9 PM, mcbober@att.net).

**Tue. Feb. 10-12. XC Ski Escape, Franconia NH** — Cozy rooms, inviting fireplaced living room and great views of White Mountains. \$170-215 covers cost of 2 nights lodging, 2 dinners, 2 breakfasts, ski pass to 65k of groomed trails, xc ski, ice skate & snowshoe rentals. L/R Barbara Hathaway (508-808-7266, barb224@tmlp.com), CL Farley Lewis (508-775-9168 before 9 PM, farlewis@comcast.net).

### SPRING BREEZE DEADLINES

Jan. 7 trip listings  
Jan. 15 articles

### NEW!

#### AMC's Online Member Center

Check out the new online Member Center where you can log in and update your contact information, indicate your activity and volunteer interests, manage e-newsletter subscription preferences, renew your membership, or subscribe to *Appalachia*. Check it out today: [www.outdoors.org/membercenter](http://www.outdoors.org/membercenter).

Save trees! Choose to receive the *Breeze* in electronic form.

[www.outdoors.org/membership](http://www.outdoors.org/membership)  
Click on Member Center.



Southeastern Massachusetts Chapter  
APPALACHIAN MOUNTAIN CLUB  
5 Joy Street  
Boston, MA 02108

Non-Profit Organization  
U.S. Postage  
**PAID**  
Taunton, MA 02780-9998  
**Permit No. 511**

## CONSERVATION CORNER

by Fred Yost, Conservation Chair



Looking for a good book to curl up with this winter? If so, then read on!

Have you ever wondered, while skiing or hiking through the winter wonderland, how the wildlife that you see survives the cold of winter? Have you been curious about the critters that you saw in the fall and can't find again until the spring? Award-winning author Bernd Heinrich answers these questions in [The Winter World: the Ingenuity of Animal Survival](#). Heinrich is a professor at the University of Vermont, and has an uncanny perceptiveness and curiosity about nature that he shares in a very readable style.

While many of our birds stay in the north throughout the year, some make long journeys to warmer climates for the colder months. [Living on the Wind: Across the Hemisphere With Migratory Birds](#) by Scott Weidensaul tells about the movements of these birds and some of the perils they face. While this book tells its story through birds, it relates the need for conservation in addition to the natural history of migration.



*The Southeast Breeze is printed on  
100% recycled paper using  
environmentally friendly ink.*