



The Southeast Breeze

The newsletter of the Appalachian Mountain Club Southeastern Massachusetts Chapter
Fall 2007 - September, October & November

View from the Chair

By Mike Woessner



As I sit down to write this, I've just returned from our chapter's annual summer picnic, held this year at the Lloyd Center for Environmental Studies down in Dartmouth, MA. What a great area! There is an observation deck and a nesting Osprey a short

distance across the bay. There is also a Touch Tank in the observatory basement which several of us visited after lunch to see the many species of wildlife there. We all also enjoyed the picnic area.

About 15 of us took off on two different bike rides while several others hiked the trails on the Lloyd grounds. Everyone returned around 1:00 pm for a cookout. After consuming all the hamburgers and hotdogs and wonderful salads that everyone brought, we held our 1st annual "Cherry Pit



Projectile Competition." This event was very well received and could well become an annual event. Tim Hart came in first place winning an official SEM vest. Other prizes were awarded to runners up who couldn't project quite as far as Tim.

I'd like to thank Pauline Jordan for co-coordinating the picnic and shopping for all the goodies with Joe Courcy. I'd also like to thank Joe for the Cherry Pit event and Linda Church for leading the bike ride.



SEM members take a break from the Cherry Pit Projectile Competition for a group photo at the annual Summer Picnic...

As we all enjoy the rest of our summer, I would like to remind everyone about our annual Chapter Hut Night at the AMC Joe Dodge Lodge in Pinkham Notch, September 28-30th, 2007. While I anticipate that we'll be pretty well booked up by the time you read this, please check with Sue Chiavaroli about any possible openings by calling her at 508-252-4164 or via e-mail at brillow6452@yahoo.com.

Also please see the details on the Fall Pot Luck Dinner for new members on page 3.

After a brief summer hiatus, the Chapter Executive Board held its August meeting on the 8th at the Bourne Community Center. Many upcoming events were discussed. There are still many opportunities to serve on the Board and all of our meetings are open to all members. If you can't make the meetings, but still have some ideas please feel free to contact me and let me know your thoughts. My contact info is: chair@amcsem.org or you can call me at 508-577-4879.

Mike

SEM Fall 2007 Events Calendar...

Sept. 8th -	Trail Wwork in Blue Hills
Sept. 12 th -	SEM Board Meeting UU Church, Main St., Middleboro
Sept. 28-30 th -	Chapter Hut Night Pinkham Notch, NH
Oct. 6 & 7 th -	Wilderness First Aid Training Camp Lyndon on Cape Cod
Oct. 10 th -	SEM Board Meeting Bourne Community Center
Oct. 26 th -	Fall Pot Luck Dinner Bourne Community Center
Nov. 3rd -	SEM Annual Meeting Johnson & Wales Inn, Seekonk Nov.
Nov. 14 th -	SEM Board Meeting UU Church, Main St., Middleboro
Dec. 5 th -	Hiking Committee Meeting UU Church, Main St., Middleboro
Dec. 12 th -	SEM Board Meeting Bourne Community Center

AMC ACTIVITY PARTICIPATION POLICY

AMC encourages involvement in its mission and activities through its membership, programs, policies and procedures. Our goal is to be a community that is comfortable, inviting and accessible for people of any age, gender, race, religion, ethnicity, ability, sexual orientation, or socioeconomic status.

Some AMC programs are designed for a certain age range of members or for a special activity or topic. However, any person who meets the minimum qualifications (age, skills, experience, fitness) established by the trip leader(s) for an activity is eligible to attend, if space is available. Individuals under 18 must be accompanied by a responsible adult.

All participants in AMC activities are required to sign the AMC waiver form provided by the leader. You may preview this waiver form on the chapter website at www.amcsem.org/pdf/waiverform.pdf.

2007 SEM ANNUAL MEETING & BANQUET
Sat., Nov. 3rd . 6-10:00 PM at Johnson & Wales Inn
in Seekonk, MA – register on-line or via phone...

Come enjoy a fabulous buffet dinner, help vote in our chapter's new executive board, and hear a special guest speaker at our annual meeting. A very nice evening!

Visit www.amcsem.org for details and registration info.
Or call Mike Woessner at 508-577-4879

The Appalachian Mountain Club Southeastern Massachusetts Chapter

Chapter includes app. 3,500 members throughout Barnstable, Bristol, Dukes, Nantucket, and Plymouth counties of Massachusetts.

2007 Executive Board

Chapter Chair -	Mike Woessner, chair@amcsem.org 508/577-4879
Vice Chair -	OPEN*
Treasurer -	Claire Goode, treasurer@amcsem.org 508/759-7362
Secretary (Acting) -	Joe Courcy, secretary@amcsem.org 508/272-6781
Biking -	Joe Tavilla, bikingchair@amcsem.org 508/428-6887
Canoe/Kayak -	Robert Zani, paddlingchair@amcsem.org 508/430-1914
Cape Hiking -	Farley Lewis, capehikingchair@amcsem.org 508/775-9168
Communications-	Paul Miller, communicationschair@amcsem.org 508/695-8495
Conservation -	Maura Robie, conservationchair@amcsem.org 508/285-6005
Education -	Walter Deeter, education@amcsem.org 508/279-0626
Hiking Chair-	Sue Chiavaroli, hikingchair@amcsem.org 508/252-4164
Membership -	Kathy Shaw, membershipchair@amcsem.org 508/524-0879
Skiing -	Walter Mark, xcskchair@amcsem.org 508/884-8185
Trails -	Bill Ruel, trailschair@amcsem.org 781/589-3321
Webmaster -	Susanne Piche, webmaster@amcsem.org

*Please contact Mike Woessner if you are interested in volunteering for any open SEM volunteer positions.

The *Southeast Breeze*, the newsletter of the Southeastern Massachusetts Chapter (SEM) of the Appalachian Mountain Club (AMC), is published four times per year as a service to the Chapter's members. SEM members are encouraged to submit letters, articles, photos, and artwork, but materials for publication (space permitting) cannot be returned unless accompanied by SASE. Please mail to: Paul Miller, 169 So. Washington St., No. Attleboro, MA 02760. Digital submissions are preferred, and can be e-mailed to: communicationschair@amcsem.org. Articles will be edited for length, typographical errors, and clarity.

HAVE YOU MOVED? Please send your change of address information to: AMC, 5 Joy St. Boston, MA 02108

NON-SEM AMC MEMBERS who wish to receive the quarterly Southeast Breeze newsletter should send a \$10.00 check made out to "AMC SEM" to: Claire Goode, ATT: Non-Member Breeze Subscription, PO Box 533, Monument Beach MA 02553. Please be sure to provide your mailing address if it's not on the check.

Our **SEM Short Notice E-Mail Trip List** is a great way to find out about late-breaking Chapter activities that might not appear in either the *Breeze* newsletter or the *AMC Outdoors* magazine. If you haven't signed up for the e-mail list yet, just visit www.amcsem.org

SEM New Member Introduction Series:

Join us for "An Overview of Cape Cod Hiking" at our Fall Pot Luck Dinner in Bourne

Friday, Oct. 26th 6:30 – 9:30 pm

Hiking on the Cape? I thought you just went there for the beach? No way Batman!! The diversity of Cape hiking offers a wide range of hikes from Bourne to Provincetown. Some hikes are short while others are more challenging. Some are in remote woodlands while others traverse marshlands and beaches. We do them all.

If you are a new AMC member, just thinking about joining, or a seasoned veteran, please join us for this overview of Cape hiking. The SEM Chapter will be holding a Pot Luck Dinner on Friday, October 26, 2007, in Bourne, MA, from 6:30 to 9:00 pm. All are welcome.

John Gould, an AMC hike leader and vice chair of the SEM Cape Hikes Committee will be giving a talk on Cape hiking. John is also involved in cutting and blazing trails for the 300 Committee, a land conservation group in Falmouth. His presentation will take you to some of the most beautiful places on the Cape that can only be seen by foot. John will talk about the Cape hiking season (September to May) and full moon hikes in the summer.

This overview will give you information about going on hikes with our experienced Cape Hikes leaders who are intimately familiar with each trail, proper hike preparation, and equipment needed to hike safely. Additional AMC SEM leaders will be attending to answer questions and discuss activities the chapter has to offer.

Kathy Shaw and Claire Goode, from the SEM membership committee will be present with newsletters, brochures and information about the AMC SEM chapter.

A raffle drawing will be held for attendees. Prizes include books, an AMC SEM vest and more.

Please contact either KShaw520@aol.com (508-457-4380) or ctgoode@verizon.net (508-759-7362) to register. If your last name begins with A-L, please bring a small side dish, fruit, or dessert. If your last name begins with M-Z, please bring a small salad or veggies. Sitting is limited to 50, so don't delay in registering. The deadline to register is October 21st.

Our June 16th Nature Walk in Sandwich turned out to be a picture perfect day...

By Claire Goode

A small but enthusiastic group turned out for our June 16th the Nature Walk in Sandwich. It was a picture perfect day to go on a walk with friends. Nancy Wigley was the walk's leader and naturalist. Nancy is a Certified Master Naturalist with the Cape Cod Museum of Natural History, which came in very handy for this interpretive walk. She knows her stuff!!



We started out at the Benjamin Nye Homestead and Museum, and walked through a red pine forest, white pine forest, and a salt water marsh. The pine trees were so tall you thought you were in New Hampshire. Who knew there are so many different terrains right here in Sandwich? Nancy identified Lady Slippers, Cat Tails, Sassafras Trees (that has four different shaped leaves: ghost shaped, almond shaped, a left-hand mitten and a right-hand mitten, all on one plant), pitch pine trees (that have 3 needles per bundle), Cape Cod Barbwire, and the dreaded poison ivy for us, plus many more.

A roundup of SEM "hiking series" opportunities...

By Cheryl Lathrop

What's more satisfying than completing a single AMC hike? How about completing a full hiking series? Come join one (or more) of our SEM hiking series for a great experience!

Summer Mountain Hiking Series

The traditional SEM Summer Mountain Hiking Series almost didn't happen this summer. But, new leader Jim Plouffe stepped up to the plate and made it come together. The series began with a workshop at Wompatuck State Park on June 9th taught by Jim Plouffe and Marie Peeler, with contributions from Steve Tulip. Then, on June 23rd, there was a strenuous, six-mile training hike in the Blue Hills to assess everyone's capabilities, with hikes to increasingly harder and higher mountains as the series progressed: Chocorua, Webster/Jackson, and Liberty/Flume. Watch the next *Breeze* for a full round up of this series. [See the Winter 2006 *Breeze* for an article on 2006's summer series, and Jim Plouffe's website: home.comcast.net/~jims_sem_amc/index.htm.]

AT in Western Mass Series



This is a series of SEM Chapter hikes intended to cover the length of the Appalachian Trail (AT) in

Massachusetts, one portion at a time. Experienced leaders, Dexter Robinson and Dick Carnes, periodically schedule separate A3C 10-mile day hikes. The group size is limited to 10 and requires pre-registering. See the listings in the *AMC Outdoors* or the *Breeze*.

Tuesday Conditioning Hikes

Erika Bloom leads a power hike up and down the steep rocky trails of the Blue Hills for four hours every Tuesday morning at 7:00 am. This is for experienced hikers already in condition, looking to maintain their conditioning or train for a major excursion. Because this is a strenuous hike with a fast pace, Erika needs to pre-qualify participants (erika.bloom@comcast.net). [See the Winter 2006 *Breeze* for an article on these hikes.]

Red Line the Blue Hills (RLBH)



The RLBH series was in full swing again this spring, summer, and through the fall as a persistent group of hikers try to put their boots on every inch of every trail in the Blue Hills and "red line" their trail maps. So far, two hikers have completed their first pass: Dexter Robinson

and Fred Wason. A few others are very close, with just a few trails to go; and some are on their second round marking their second map. Anyone can join at any time, so, buy a map and come join us on Thursday evenings from 6-8:00 PM. Register with Jim Plouffe (jimplouffe@comcast.net). [See the Fall 2006 and Summer 2007 *Breeze* for articles on these hikes, and Bob Vogel's website: home.comcast.net/~hike_with_bob_v/.]

Winter Hiking Series'

Keep an eye out for a repeat of many of last winter's popular hiking series:

- Winter Full Moon Hikes (night hikes in Borderland State Park each month)
- Winter Mountain Hiking Series (hiking progressively harder snowy mountains)
- Winter Wonderland on Snowshoes (snowshoe hikes)

[See the Spring and Summer 2007 *Breezes* for articles on these hikes.]

SEM Leader Profile:
Robin Melavalin, Hiking Leader
(In Question & Answer format...)

Ed.: When did you first get interested in the outdoors?

RM: I come from a family of hikers, campers and nature lovers on both sides. When I was a teenager, my family drove to Yellowstone camping with six kids, our dog Fang, and our large, heavy canvas tent. Many other camping experiences over the years in the US, Mexico and Canada have further increased my appreciation for the outdoors. For example, about five years ago my brother and sister got me into hiking with them in Baxter State Park, as an annual sibling event. That first trip, I hiked to Chimney Pond with two bulky Mexican blankets bungied to my small pack because I didn't have a sleeping bag. As a result I started learning about appropriate gear.

Ed.: When did you join the AMC and how did you start getting involved as a leader?

RM: I joined the AMC in 2004, did the SEM leader training that spring and then did the winter hiking series. I also took Boston chapter leader training last year to get more experience and started co-leading hiking, backpacking, snowshoeing and kayaking trips. The leaders in SEM are great role models and have a wealth of information.

Ed.: What do you personally get out of being an AMC volunteer leader?

RM: Being an AMC leader fits well with my work in study abroad – supporting people as they move out of their comfort zones, face new challenges and view the world from other perspectives, such as from mountaintops.

Ed.: Describe some of the favorite trips that you lead.

RM: Last summer I co-led a hike with Éva Borsody Das on the Baldfaces. We ate blueberries, scrambled up slabs, and had stunning views from the summits. As we came down the mountain, we



stopped for a swim in an emerald pool with a crevice waterfall.

Another favorite was this past March on Liberty and Flume. We camped on Franconia Ridge, which is only allowed in winter. We dug in the deep snow to make a kitchen area and melted it for tea. The morning sun came streaming into our tents and we did some

yoga stretches before heading to Flume. The wind was fierce on the exposed summits. It is invigorating to be out there with the elements, at one with nature. Well, as long as we have plenty of fleece and wind gear!

And then there were the January hikes when we saw bear paw prints in fresh snow on Pack Monadnock and a moose bed in the snow, complete with hairs, on Baldpate in Maine.

Ed.: Anything else you'd like to share with us?

RM: One of the best things about the AMC is the people. As a volunteer-run organization, everyone is involved because they love the outdoors. I've hiked with people who are dealing with health issues and the group provides both support and a healing environment. Also, since the AMC offers a variety of learning and training opportunities at no or low cost, it makes learning about the outdoors and developing leadership skills more accessible to everyone. In January 2008 I will co-lead a major excursion to Grenada with Jan Taylor for 10 days of fun in the Caribbean. The group will hike on volcanoes and, kayak and snorkel in the Caribbean. you're all invited to come to Grenada – we just reduced the price! (*Robin can be reached at rmelavalin@rcn.com or 617.780.5362*)

Know an SEM leader you'd like to see profiled in the Breeze? Please send your recommendations to communicationschair@amcsem.org

SEM hard at work on the trails...



PHOTOS ABOVE: A small but intrepid group of SEMers turned out to perform a well-needed spring cleanup on our adopted trail, Lonesome Lake Trail in NH, on June 19th

PHOTOS ABOVE: Thirty-seven volunteers showed up bright and early at Myles Standish Park on National Trails Day, Saturday, June 2nd to work on the Bentley Loop Trail. It was a glorious day to be outdoors, warm, sunny and not too many bugs.



PHOTO LEFT: Volunteers from AMC SEM and Friends of the Blue Hills joined with members of the DCR Blue Hills TrailWatch in June as part of a series of trail work sessions at the Blue Hills Reservation.

Jim Kaemmerlen, a volunteer for TrailWatch, began the morning with a brief clinic and demonstration, after which the group of about a dozen volunteers grabbed their chosen implements and headed out on the trails in the Houghton's Pond section.

More Blue Hills TrailWatch trail work sessions are scheduled for August 26th and September 8th.

Hiking/Backpacking Activities

Chair – Sue Chiavaroli, 508-252-4164, hikingchair@amcsem.org

IMPORTANT: Hikers unsure of their ability should try only one level more difficult than previously completed. No pets without permission of trip Leader. Registration required for most trips. Hiking boots strongly recommended. For additional information or to register, contact the trip Registration leader (R), trip Leader (L) or co-Leader (CL). SEM Chapter trip updates are also available at <http://trips.outdoors.org>. Please also sign up for the SEM Short Notice E-Mail Trip List at www.amcsem.org.

Miles per Hike	Pace (MPH)	TerrainType
AA = 13+	1 = very fast (2.5)	A = very strenuous
A = 9 - 13	2 = fast (2)	B = strenuous
B = 5 - 8	3 = moderate	C = average
C = <5	4 = leisurely	D = easy

Tue., Sep. 4. Tuesday Morning Blue Hills Hike (B2-3B) – Great exercise hiking strenuous terrain at a moderately fast pace. Join leader as she trains for Mount Kilimanjaro (again!). Lots of steep, rocky hills! Register for details; start time usually 7 AM, hike goes most (not all) Tuesdays. Hiking boots required. Not for beginners. L Erika Bloom (508-951-1001, erika.bloom@comcast.net)

Thu., Sep. 6. Red Line the Blue Hills – The Red Line the Blue Hills Series is an attempt to hike on every trail within the Blue Hills Reservation, an oasis among an urban metropolis. Join us for a varied and fun series of hikes. We hike rain or shine. L Jim Plouffe (508-586-1394 4 - 8 PM, jimplouffe@comcast.net), L Jerry Yos , L Bob Vogel , CL Fred Wason

Tue., Sep. 11. Tuesday Morning Blue Hills Hike (B2-3B) – Please see Sep. 4th listing for details

Thu., Sep. 13. Red Line the Blue Hills – Please see Sep. 6th listing for details

Tue., Sep. 18. Tuesday Morning Blue Hills Hike (B2-3B) – Please see Sep. 4th listing for details

Thu., Sep. 20. Red Line the Blue Hills – Please see Sep. 6th listing for details

Tue., Sep. 25. Tuesday Morning Blue Hills Hike (B2-3B) – Please see Sep. 4th listing for details

Thu., Sep. 27. Red Line the Blue Hills – Please see Sep. 6th listing for details

Thu., Sep. 27. Betty's Neck Hike (C3C) – Walk around bogs and into woods in newer conservation area. Meet 10 a.m. with lunch or snack. Directions: From 459 take Rt. 105S, becomes Rt. 105/18. Follow 105 where it forks left from Rt.18. Take left after passing the Clark Cemetery onto Long Point Rd. and continue for 1-2 miles. The road will make a sharp turn to the right and cross a causeway. Look for parking on the left. L Elsie Laverty (508-823-0634, elavmca@tmlp.com)

Tue., Oct. 2. Tuesday Morning Blue Hills Hike (B2-3B) – Please see Sep. 4th listing for details

Thu., Oct. 4. Blue Hills Quarries, Willard St, Quincy, MA, B3C – Hike (app. 6 miles) via the Quarries Footpath to the historic granite quarries, in and out, some low ledges to cross. Then to Rattlesnake Hill and back via the Green trail. Lunch along the way. Directions: Meet at Shea Ice Rink at 10AM. From Rt 93/128 exit 6, go north on Willard St 0.7 miles, parking on left. L Ellie MacPherson (508-224-6465 by 9 PM, camell55@verizon.net)

Tue., Oct. 9. Tuesday Morning Blue Hills Hike (B2-3B) – Please see Sep. 4th listing for details

Thu., Oct. 11. Moose Hill Sanctuary (C3C) – Walk through the woods of this beautiful sanctuary. Meet at 10 a.m. Bring lunch and water. For directions go to massaudubon.org. Trail fee for non Audubon members. L Elsie Laverty (508-823-0634, elavmca@tmlp.com)

Tue., Oct. 16. Tuesday Morning Blue Hills Hike (B2-3B) – Please see Sep. 4th listing for details

Thu., Oct. 18. F.Gilbert Hills SF, Foxboro, MA, B3C – 10 AM, Approx.7 mi beautiful hike through woods and over hills in fall colors. Bring lunch. Directions: Coming from N or S I-95 exit 7, Rt 140 N about 2 mi, 3/4 around common, South St about 2 mi, right on Mill St. L Joanne Staniscia (508-528-6799 by 9 PM, joannes1@localnet.com)

Sat., Oct. 20. Metacomet-Monadnock Trail Mt. Tom Reservation (B3B) – Section 6 of the M&M trail from Rt. 141 to the Conn. river. A 6 mile hike across a spectacular section of this trail. Beautiful views from the cliffs of Mt. Tom and Whiting, virgin hemlock forest, bird viewing platform with 360 degree view, and turn-of-the-century hotel ruins. L/R Dexter Robinson (781-294-8840 7-9:30pm, dexsue@comcast.net), CL Jim Plouffe (508-586-1394 5-9pm, jimplouffe@comcast.net)

Tue., Oct. 23. Tuesday Morning Blue Hills Hike (B2-3B) – Please see Sep. 4th listing for details

Thu., Oct. 25. Allens Pond Sanctuary, Dartmouth, MA – Beautiful hike around tidal pond, views of Elizabeth Islands, migratory birds and wild life. Meet 10 AM bring lunch and drink. Bayside Restaurant across trailhead. Directions: From I 195 exit 10, Westport, Rt 88 south to end. Left at ocean-side stop sign onto East Beach Rd, go east, at 90 degree bend turn north away from shoreline, look for Sanctuary signs and BEACH LOOP entrance to Mass Audubon, parking on right near headquarters. L Rick McNally (508-636-7179 7-9, rjmcnally@charter.net), CL Art Hart (ajhart@webtv.net)

Tue., Oct. 30. Tuesday Morning Blue Hills Hike (B2-3B) – Please see Sep. 4th listing for details

Thu., Nov. 1. Turkey Hill, Whitney & Thayer Woods, Cohasset, B3C – About a 6 mile walk with harbor views, from Weir River Farm though Holly grove and woods. Lunch along the way. Directions: Meet at 10 AM, from Rt 3 exit 14, follow Rt 228 north for 6.5 miles, turn right on Rt 3A, go 0.5 miles, parking on right for Weir River Farm/Turkey Hill. L Ellie MacPherson (508-224-6465 by 9 PM, camell55@verizon.net)

Tue., Nov. 6. Tuesday Morning Blue Hills Hike (B2-3B) – Please see Sep. 4th listing for details

Thu., Nov. 8. Blue Hills Hike (C3C) – Blue hills hike. Meet at Houghton's pond for 3 hour hike. Bring lunch, water, hiking boots. Directions: From Rt. 128 take exit 3N. Go 0.5 miles to stop sign. Go right on Hillside St. 0.2 miles to parking area on left. L Elsie Laverty (508-823-0634, elavmca@tmlp.com)

Tue., Nov. 13. Tuesday Morning Blue Hills Hike (B2-3B) – Please see Sep. 4th listing for details

Thu., Nov. 15. Borderland SP, Easton (B3C) – 10 AM, Depending on conditions, we will hike 5-6 mi through woods, over ledges and around ponds in this beautiful park. Bring lunch. Directions: From Rt 24 or I-95 to Rt 106, to Easton, N on Poquanticut Ave, left on Massapoag Ave to park entrance on right, \$2 parking fee. L Claire Braye (508-857-0320 by 9M, cbraye57@comcast.net)

Tue., Nov. 20. Tuesday Morning Blue Hills Hike (B2-3B) – Please see Sep. 4th listing for details

Tue., Nov. 27. Tuesday Morning Blue Hills Hike (B2B) – Please see Sep. 4th listing for details

Thu., Dec. 6. Halfway Pond, Plymouth (B3C) – Pretty walk around and between ponds, forest loop near Myles Standish SF. About 6 miles, lunch along the way. Directions: South Plymouth, Rt 3 exit 3, go SW for 0.2 miles, cross Long Pond Rd to Clark Rd, 0.4 miles to T end, turn left, park across from Long Pond on right. L Ellie MacPherson (508-224-6465 by 9 PM, camell55@verizon.net)

Cape Cod Hikes

Chair – Farley Lewis, 508-775-9168
capehikingchair@amcsem.org

Most Cape Hikes are “Show & Go...” For additional information, contact the trip Leader (L) or Co-Leader (CL) or visit <http://trips.outdoors.org>. (Set Committee to “Cape Hikes.”)

Miles per Hike	Pace (MPH)	TerrainType
AA = 13+	1 = very fast (2.5)	A = very strenuous
A = 9 - 13	2 = fast (2)	B = strenuous
B = 5 - 8	3 = moderate	C = average
C = <5	4 = leisurely	D = easy

Thu., Sep. 13. Cotuit-Little River Sanctuary (C3D) – Wooded walk with views of Eagle Pond. Meet promptly at 9:45 am. Car pool shuttle from parking area in front of Brooks Pharmacy located at the intersection of Rte. 28 and Putnam Ave. in Cotuit. Two hours. Potluck to follow at L's. L Farley Lewis (508-775-9168 Before 9pm, farlewis@comcast.net)

Sat., Sep. 15. Wellfleet, Jeremy Point (B2C) – Hike along bay, through woods, along dunes out to Jeremy Point. Great views of Wellfleet Harbor. Meet 9:45 am at Great Island Pkg lot on Chequesett Rd. Wellfleet. 4 hours. Bring lunch. L Peter Selig (508-432-7656, pandmselig@hotmail.com)

Sun., Sep. 16. Dennis-Crowe to Crowe Loop (C3C) – 2 1/2 hr. hike on paths, beach, and quiet roads. Meet 12:45. From route 6 take exit 9 onto route 134 north to route 6A. Right on 6A then left on School St. then right on South St. to lot at end on right past cemetery. L Maria Sylvester (508-385-4045, sylvester_maria@hotmail.com)

Thu., Sep. 20. Truro Ryder Beach (C3C) – Beach, woodland trails, some hills with scenic views of Cape Cod Bay. From Rte 6, L on Prince Valley Rd. Go to end. R on County Rd. Immed. L on Ryder Beach Rd. Park at End. Meet 9:45 A.M. 2 hours. J. Kaiser, 508 432 3277 jtkaiser@verizon.net. L Janet Kaiser (508-432-3277, jtkaiser@verizon.net)

Sat., Sep. 22. Eastham Coast Guard and Nauset Beaches (B3C) – Four hour walk through upland woods to beach, Some soft sand, lighthouses, views. Meet 9:45 a.m. at Salt Pond Visitors Center off Rte 6 in Eastham. Bring lunch. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

Sun., Sep. 23. Mashpee Woodlands (East) (C3C) – Varied terrain, woods, several hills, wonderful river views. Meet 12:45 pm. 2 hrs. From rte 28 Mashpee take L at Lights onto Orchard St. Take R on Quinaquisett. Immediate L onto Mashpee Neck Rd...approx. 1 mi to marked parking on R. L Betty Donaghue (508-428-4679, bettyccfla@aol.com)

Thu., Sep. 27. Brewster - The Punkhorn (C3C) – Wooded trails with views of Upper Mill Pond and Walkers Pond. Take Exit 9B off Rte 6 and go 2.0 miles. R on Satucket (which becomes Stony Brook Rd). After 3.0 miles R on Run Hill Rd. Go 1.3 miles to parking lot on left. 2 hours. Meet at 9:45 am. L Pat Sarantis (508-430-9965, ediespond@hotmail.com)

Sun., Sep. 30. Brewster Nickerson State Park (C3C) – Walk the perimeter of several ponds in the park. Woodland trails, few hilly sections, Meet 12:45 at Fisherman's Landing. State park entrance off rte 6A in Brewster. Stay on main rd in pk for 1.8 miles, pkg on left. Two hours. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

Thu., Oct. 4. Truro-Long Nook Beach to Ballston Beach (B3C) – Hike the most spectacular beach on Cape Cod. App. 3 hrs. Take Long Nook Rd. off Rte. 6 to end at beach parking lot. Hike begins and ends here. Meet at 9:45 am. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Thu., Oct. 11. Mashpee South Cape Beach (C3C) – 2 hr. flat hike with 2 mi. of wooded trails and 2 mi. on sandy peninsula. Meet Thurs 9:45 a.m. From Mashpee rotary take Great Neck Rd 2.7 mi, left on Great Oak Rd. to town beach lot at end. L Gary Miller (508-540-1857, Garymaxx@verizon.net)

Sat., Oct. 13. Nantucket Ram's Pasture (B3C) – Come to Nantucket for an app. 3.5 hr. hike on the Middle Moors. Bring lunch. Make own ferry or airline arrangements, arriving before noon. Exact meeting time TBA. Register by Oct 8 so we can send travel details. L Heidi Moss (508-362-6440 9 am -8 pm, mossheidi@hotmail.com), CL John Whelan (sockpirate@comcast.net)

Sun., Oct. 14. Four Ponds Conservation - Bourne (B3C) – salt marsh, ponds, old trout hatchery, some moraine trail. 2.5 hrs. From Rte 28 in Bourne take R on Barlows Landing Rd (Pocasset/Wings Neck) 7/10 mile to pkg on right. Meet at 12:45 PM for 1 PM hike. L Nancy Wigley (nrwigley@cape.com)

Thu., Oct. 18. Dennis-Crowe's Pasture (C3C) – Walk thru woods, dirt roads to pasture, soft sand to quivett creek, back along beach and woods. Meet at 9:45. 2 hrs. Exit 9B North from Rte 6, 2nd light R on Setucket Rd. 1 mi to L on Airline Rd. 1.3 mi cross Rte 6A onto School st., 1st R onto South St to parking. L Betty Donaghue (508-428-4679, bettyccfla@aol.com)

Sat., Oct. 20. Chatham, South Monomoy Lighthouse Adventure, Revisited (A2A) – Meet at South Beach at Chatham lighthouse and hike to lighthouse on South Monomoy. (18.3 miles round trip) Leave Chatham lighthouse at 9 a.m. Bring lunch. 3.5 hours to get to South Monomoy lighthouse., 0.5 hr lunch, 4.5 hours return. L Peter Selig (508-432-7656, pandmselig@hotmail.com)

Sun., Oct. 21. Barnstable-Bridge Creek Conservation (C3D) – Flat terrain, cedar upland, maple swamp and salt marsh, bogs, stone walls. Meet at 12:45. 2 hrs. From exit 5 off Rte 6 North on Rt 149. Park along grass triangle on immediate left beside church. L Farley Lewis (508-775-9168, farleywis@comcast.net), L Betty Donoghue (508-428-4679, bettyccfla@aol.com)

Thu., Oct. 25. Wellfleet - White Crest Beach (C3C) – Woodland trails/hilly. From Rt 6 R on LeCount Hollow Rd. At beach gatehouse L on Ocean View Dr. 0.9 miles to beach parking lot on R. Meet at 9:45 a.m. L Pat Sarantis (508-430-9965, ediespond@hotmail.com)

Sat., Oct. 27. Crane Moraine (B3C) – New hike in Crane Wildlife Reservation, along moraine: vistas of Buzzards Bay, ponds, boulder fields. Four hours - bring lunch. Meet 9:45 at pkg area across from Falmouth Animal Hospital S side of Rt 151, just E of Rt 28. From Mashpee Rotary go W on Rt 151 6.3 miles. If rain check w/L. L John Gould (508-540-5779, jhgould@comcast.net), CL Linda Church (508-495-1308)

Sun., Oct. 28. Sandwich - Benjamin Nye Trail (C4C) – Working bogs, Red Pine forest, salt marsh with creeks/ponds. Remains of fish hatchery and game farm. From Rte. 6 take Exit 4 (Chase Rd). Turn N (toward 6A), go approx. 1/2 mile, and take L on County Rd. One mile to parking on R at Sandwich Grange Hall. Hike starts promptly at 1 pm. 2 hours. L Nancy Wigley (nrwigley@cape.com)

Thu., Nov. 1. Provincetown- Snail Road Dunes (C3B) – Meet at 9:45 a.m. at the Snail Road trailhead on Route 6 at east end of Provincetown. Explore Provinceland dunes, see historic dune shacks, cranberry bogs, and spectacular 360 views as we hike up and down 2 miles to the ocean and then back. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Sat., Nov. 3. Barnstable, Barnstable Conservation, "Trail of Tears" (A2B) – Meet at Parking lot (power line) on Service Rd. between Exit 5 and Exit 4. Exit Route 6 at Exit 5, go south 100 yds to service road. Meet at 9:45 a.m. Bring lunch. L Peter Selig (508-432-7656, pandmselig@hotmail.com)

Sun., Nov. 4. Jehu Pond Conservation Area, Mashpee (C3C) – From the Mashpee Rotary take Great Neck Rd South, then Continue S on Great Oak Rd until you come to the 2nd Jehu Conservation Sign on right, about 4 miles from rotary. Meet at 12:45 pm for a 1 pm start. Two hours. L Linda Church (508-495-1308 7-9pm, lchurch@whoi.edu), CL John Gould (508-540-5779)

Sat., Nov. 10. Yarmouth Inkberry and Three Ponds (B2C) – Fall four hour walk around cranberry bogs, thru woodlands, to three ponds. Meet 9:45 at small dirt rd pkg area on Winslow Gray Rd. From Rte 28 turn at light across from Molly's restaurant. Pkg lot about 1/2 mile on L. Bring lunch. Heavy rain cancels. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

Sun., Nov. 11. Sandwich- Camp Lyndon (C3C) – Hilly hike with views of Cape Cod bay, tall white pines and a walk along Lawrence Pond. 2+ hours. Meet at 12:45 pm for 1 pm start. From Rt 6 exit 4 turn south on Chase Rd then immed. R on Service Rd. 1 mile to

Maple Swamp lot on L. Look for large brown sign. L Heidi Moss (508-362-6440 9 am -8 pm, mossheidi@hotmail.com)

Thu., Nov. 15. Provincetown-Hatches Harbor/Race Point (C3C) – Meet at Herring Cove Beach, 9:45 a.m. in parking lot to the right of entrance. Walk through pine barrens, over dike with classic Cape Cod vistas, through salt marsh to arrive at beach by Race Point Lighthouse. We will carpool from Herring Cove to trailhead. Approx. 2 hrs. L Nancy Braun (508-487-4004, nancytruro@comcast.net)

Sun., Nov. 18. Bourne Farm, West Falmouth (C3C) – hike in the woods along cranberry bogs, open fields, under a cattle tunnel. For the Bourne Bridge take Thomas Landers exit of the hwy (Rt 28 S). Take R at end of ramp and at end of road a slight jog to Bourne's Farm on left. Meet at 12:45 p.m. for 1 p.m. start. Two hours. L Linda Church (508-495-1308 7-9pm, lchurch@whoi.edu), CL John Gould (508-540-5779)

Thu., Nov. 22. Yarmouth Bud Carter Trail (C3C) – Thanksgiving Day hike in pretty wooded area with plenty of short hilly sections to work up an appetite. Meet at 9:45 a.m. in small lot on N Dennis Rd. From Rte 6 take exit 8 S. Take immediate L at light to end, L on N. Main which immediately becomes N Dennis Rd. Follow about 1 mile to pkg lot on L. Two hours. Rain cancels. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

Sat., Nov. 24. Brewster Nickerson State Park (B2C) – Four hour hike through much of the State Pk. Varied terrain - hills, ponds, open areas, woods. Meet at main pkg lot at entrance of Pk off 6A at 9:45. Bring lunch. Rain cancels. If in doubt call that morning. L Janet DiMattia (508-394-9064, jandimattia@verizon.net)

Sun., Nov. 25. Mashpee - Mashpee Woodlands East (C3C) – Varied terrain: woods, hills, river views... Meet 12:45 pm. 2 hrs. From West. Rt 28 Mashpee. Left at lights onto Orchard St. Take right on Quinaquisett. Immediate left onto Mashpee Neck Rd. Approx 1 mi. to marked parking on right. L Betty Donoghue (508-428-4679, bettyccfla@aol.com)

Thu., Nov. 29. Dennis- Crowe's Pasture(C3C) – Walk thru woods, dirt roads to pasture, soft sand to Quivett Creek, back along beach and woods... Meet at 9:45am. 2 hrs... Exit 9B North from Rte 6, 2nd light right on Setucket Rd. 1 mile to left on Airline Rd, 1.3 miles cross Rte 6A onto School St., 1st right onto South St. to pkg. L Betty Donoghue (508-428-4679, bettyccfla@aol.com)

Sat., Dec. 1. W. Falmouth Harbor & Uplands (C4C) – A short 2-hr hike, from a pretty harbor to upland woods, past the Quaker Burial Grounds. Meet 9:45 for 10:00 start. From N or E take Rt 28 South to Brick Kiln Rd exit and go R at end of ramp. After 0.5 m. go R on 28A, then 0.6 m. to L at Old Dock Rd. Park at harbor 0.2 m. on R. If rain, check w/L. L John Gould (508-540-5779, jhgould@comcast.net), CL Linda Church (508-495-1308 7-9)

Sun., Dec. 2. Barnstable Conservation (C3C) – Moderately hilly hike on dirt roads and mountain bike trails with stop at observation deck. 2 hrs, meet at 12:45 pm for 1 pm start. From Rt 6 exit 5 turn south on Rt 149. At roundabout R on Race Lane. 1.5 miles to R on Crooked Cartway, pk at end. L Heidi Moss (508-362-6440 9 am -8 pm, mossheidi@hotmail.com)

Bike Rides

Chair – Joe Tavilla, bikingchair@amcsem.org, 508/428-6887

NOTE: Approved helmets required for all AMC bike rides. If start time and location are not indicated, contact ride leader (L).

NOTE: for additional SEM bike rides, please check *AMC Outdoors*, visit www.amcsem.org, or use the AMC online trip listing system: <http://trips.outdoors.org> (set the Committee to “Biking,” and the Chapter to “Southeastern Massachusetts”), or sign up for the SEM Short Notice trip list at www.amcsem.org.

Sun., Sep. 2. Sunday Afternoon Rides – Rides begin at 1:30 from various locations in Carver, Rochester, Lakeville, Dartmouth, Middleboro and Westport. Distance 25-30 miles. L Jack Jacobsen (508-353-3708 8:00AM-8:00PM, cyclejac51@yahoo.com)

Fri., Sep. 7-9. Eastham's 30th Annual Windmill Weekend – 25 mile ride in Eastham with a stop at Eastham's Windmill Weekend festivities.. L Paul Currier (508-833-2690 7:00AM-7:00PM, pbencurrier@hotmail.com)

Sun., Sep. 9. Sunday Afternoon Rides – Please see Sep. 2 listing for details

Sun., Sep. 16. Sunday Afternoon Rides – Please see Sep. 2 listing for details

Sat., Sep. 22. Pioneer Valley Spectacular – Highlights include: Connecticut River Valley, Poet's Seat Tower, Sugarloaf Mt. summit and plenty of beautiful mountain scenery. Some difficult hill climbs. Intermediate level ride. 45 miles. Carpooling is possible. L Jack Jacobsen (508-353-3708 8:00AM-8:00PM, cyclejac51@yahoo.com)

Sun., Sep. 23. Sunday Afternoon Rides – Please see Sep. 2 listing for details

Wed., Sep. 26. Full Harvest Moon Ride – Sagamore Recreation Area. Intermediate pace for 22 miles or so on the canal trail and Sagamore Shores. Sunset over Onset Bay from Mass Maritime and moonrise over Plymouth Bay from Scusset Beach. L Paul Currier (508-833-2690 7:00AM-7:00PM, pbencurrier@hotmail.com)

Sat., Sep. 29. Looking For A Hill – No hills, just lots of flat quiet roads, scenic cranberry bogs, llama farms, the quaint coastal town of Marion, clydesdale horses and a seacost golf course. L Joe Tavilla (508-428-6887 8:00AM-8:00PM (silverski@earthlink.net))

Sun., Sep. 30. Sunday Afternoon Rides – Please see Sep. 2 listing for details

Wed., Oct. 3. Woodsy Wednesday – Cape Cod Trails with Paul. 4:00 PM start. L Paul Currier (508-833-2690 7:00AM-7:00PM, pbencurrier@hotmail.com)

Sat., Oct. 6. Mount Wachusett Ride – we'll pedal through the classic New England towns of Princeton and Sterling and climb to the top of Mt. Wachusett. Awesome scenery in the foliage season. Intermediate level ride. L Jack Jacobsen (508-353-3708 8:00AM-8:00PM, cyclejac51@yahoo.com)

Sun., Oct. 7. Sunday Afternoon Rides – Please see Sep. 2 listing for details



Thursday evening riders Pauline Jordan, Paul Currier, and Rick Russell (photo by Jack Jacobsen)

Tue., Oct. 9. Twenty Two on Tuesday – Out and about at various Cape Cod locations. Contact Paul Currier for details. About 22 miles. 4:00 PM start. L Paul Currier (508-833-2690 7:00AM-7:00PM, pbencurrier@hotmail.com)

Sat., Oct. 13-14. Wellfleet Oysterfest Ride – We'll ride for 25 or so miles in beautiful Wellfleet on the best day weather wise and will partake of the best oysters this side of anywhere! <http://www.wellfleet-oysterfest.org>. L Paul Currier (508-833-2690 7:00AM-7:00PM, pbencurrier@hotmail.com)

Sun., Oct. 14. Sunday Afternoon Rides – Please see Sep. 2 listing for details

Sun., Oct. 21. Sunday Afternoon Rides – Please see Sep. 2 listing for details

Sun., Oct. 28. Sunday Afternoon Rides – Please see Sep. 2 listing for details

Sun., Nov. 4. Sunday Afternoon Rides – Please see Sep. 2 listing for details

Wed., Nov. 7. Woodsy Wednesday – Cape Cod Trails with Paul. 2:00 PM start. L Paul Currier (508-833-2690 7:00AM-7:00PM, pbencurrier@hotmail.com)

Sun., Nov. 11. Sunday Afternoon Rides – Please see Sep. 2 listing for details

Tue., Nov. 13. Twenty Two on Tuesday – Out and about at various Cape Cod locations. Contact Paul Currier for details. About 22 miles. 2:00 PM start. L Paul Currier (508-833-2690, pbencurrier@hotmail.com)

Sun., Nov. 18. Sunday Afternoon Rides – Please see Sep. 2 listing for details

Sat., Nov. 24. Full Beaver Moon Ride – Intermediate pace for 22 miles or so on the canal trail and Sagamore Shores. Sunset over Onset Bay from Mass Maritime and moonrise over Plymouth Bay/Scusset Beach; for the more adventurous, additional miles in the moonlight. L Paul Currier (508-833-2690 7:00AM-7:00PM, pbencurrier@hotmail.com)

Sun., Nov. 25. Sunday Afternoon Rides – Please see Sep. 2 listing for details

Kayak Paddles

Chair – Robert Zani, 508-430-1914

paddlingchair@amcsem.org

For information on SEM canoe and kayak trips, please check *AMC Outdoors*, visit www.amcsem.org, or use the AMC online trip listing system: <http://trips.outdoors.org>, (set Committee to “canoe/kayak” and set Chapter to “Southeastern Massachusetts”).

Sat., Sep. 1. Cotuit Bay – PUT-IN: S on rte 149, to R on rte 28, to L on Putnam Ave (at tfc lt), str onto Shore Rd, to pkg area on L. Life vest required. L Ed Foster (508-420-7245, erfoster@comcast.net)

Wed., Sep. 5. Lewis Bay, Yarmouth – PUT-IN: S on Willow St (exit 7), L on Higgins Crowell Rd, cross rte 28 onto Berry Ave to R on New Hampshire to beach. Life vest required, spray skirts may be required. L Ed Foster (508-420-7245, erfoster@comcast.net)

Sat., Sep. 8. Popponesett Bay, Mashpee – Tides will allow for exploring any of the many inlets in the area. Final destination will depend on wind conditions. We will stop mid-day for lunch. Registration required, call for directions. Life vests and spray skirts required. L Louise Foster (508-420-7245)

Wed., Sep. 12. Washburn Island – Leisurely 4 hr paddle in Waquoit Bay. Bring lunch. From Mashpee Rotary follow rte 28 W 3.9 mi. Pass Edward's Boat Yard and L at White's Landing. Launch promptly at 10:30am. Life Jacket Req. L Nancy Wigley (508-548-2362, nrwigley@verizon.net)

Sat., Sep. 15. Onset Bay – PUT-IN: From rte 25 in Wareham take exit 1 toward Onset, L at 2nd light onto 6E/ 28S, pass Walmart to R on Main Ave about .3mi to L onto Riverside Dr. Follow around to beach, park on grass. Life vest required, spray skirt may be required. L Don Savino (508-295-4562, donsavino@webtv.net)

Wed., Sep. 19. Wequaquet Pond, Hyannis – App. 9 mile paddle if we follow the shoreline all the way. PUT-IN: Rte 6, exit 6, S on rte 132, immediate R onto Shoot Flying Hill Rd to put in on the left. LI Life vest required, spray skirt may be required. L Robert Zani (508-430-1914, rcza@comcast.net), CL Phyllis Evenden (508-563-6766, phyllis.evenden@verizon.net)

Sat., Sep. 22. North River, Hanover – 9:30 to shuttle cars and launch 10:30. Rte 3 Exit 12, rte 139 W, R at rte 53 N at lgts, L Broadway, bear L onto Elm 0.5 mi. to Indian Head Dr., L across from Luddam's Ford. Shuttle from there. PFDs req. Lvl. 2/3, Registration via email required. L Jeri Housley, 508-888-8264, housley@us.ibm.com.

Wed., Sep. 26. Monomoy Island, Chatham – Registration required for the trip and the put-in directions. Life vest required, spray skirt required. L Ed Foster (508-420-7245, erfoster@comcast.net)

Sat., Sep. 29. Pocasset River and Tobey Island, Bourne – PUT-IN: From Rt. 28 south, turn right onto Barlow's Landing Road. Proceed 1.6 miles west to Shore Road and turn right onto Shore Road. Proceed approximately 2/10 mile to paved town parking lot on left, just on other side of Pocasset River. L Phyllis Evenden (508-563-6766, phyllis.evenden@verizon.net)

Wed., Oct. 3. Mashpee Wakeby Ponds – PUT-IN: From rte 28 take rte 130 N 2 mi to R at "State Landing" sign. Life vest required. Spray

skirt may be required depending on the wind conditions. L Bill Fischer (508-420-4137, wambararafischer@comcast.net)

Sat., Oct. 6. Nemasket and Taunton Rivers, Middleboro – PUT-IN: Car shuttle required. Registration required for the trip and the put-in directions. Life vest required. Downed trees may require a portage or two. L Art Hart (781-762-5251, ajhart@webtv.net)

Wed., Oct. 10. Centerville River – PUT-IN: From rte 28 in Centerville take Old Stage Rd S. Runs into Main St, R on So Main St at light to L on Haywood Rd to town way to water. Life vest required, spray skirts may be required. L Bill Fischer (508-420-4137, wambararafischer@comcast.net)

Sat., Oct. 13. Pamet Harbor, Truro – PUT-IN: Rte 6 R at "Pamet Harbor" sign to R at end of ramp and R onto South Pamet Rd. with L and R onto Depot Rd to boat landing. Estimated launching fee of \$5.00. Life vest required. Spray skirt may be required. Registration required. L Ed Foster (508-420-7245, erfoster@comcast.net)

Wed., Oct. 17. Indian Lakes, Marstons Mills – PUT-IN: Rte 6 exit 5 S on rte 149 to R at "Indian Lakes" sign on R, Mystic Rd right after cemetery. Meander down to R until reach put-in. Life vest required, spray skirt may be required depending on wind condition. Registration required. L Louise Foster (508-420-7245)

Sat., Oct. 20. Lewis Bay, Yarmouth – Please see Sep. 5th listing for details. Registration required.

Wed., Oct. 24. Leader's Choice – email for information. L Robert Zani (508-430-1914, rcza@comcast.net)

Sat., Oct. 27. Nauset Marsh, Eastham – PUT-IN: 1.5 N of Orleans Rotary on rte 6 to R on Hemenway Rd to landing. Life vest required, spray skirt may be required depending on wind conditions. L Robert Zani (508-430-1914, rcza@comcast.net)

Wed., Oct. 31. Fiddlers Cove, North Falmouth – Leisurely 3.5 hr paddle on salt water harbors and cove. Lunch stop on a sandy beach. PUT-IN: Rte 28 to West on rte 151, cross rte 28A onto County Rd, approx. 1 mi to launch site near Megansett Yacht Club. Life vest required. L Nancy Wigley (508-548-2362, nrwigley@verizon.net)

Trails

Chair – Bill Ruel, 781-589-3321, trailchair@amcsem.org

Co-Chair – Lou Sikorsky, 508-678-3984, hikinglou@charter.net

For information on SEM trailwork activities and trips, please contact either Bill Ruel or Lou Sikorski (contact information above).

Sat., Sep. 8. Blue Hills Trail work. Join a work party of volunteers on AMC's club-wide trails day to perform trail maintenance in the Blue Hills. Beginners welcome. About 4-5 hours of work. L/R Dexter Robinson (781-294-8840 7-9:30pm, dexsue@comcast.net)

Education

Chair – Walter Deeter, 508-279-0626, education@amcsem.org

Sat., & Sun., Oct. 6 & 7 - Wilderness First Aid (WFA) training at Camp Lyndon on Cape Cod. Here's your chance to get WFA-certified or to renew your certification, as required for SEM leaders (SEM leader scholarships available)



Southeastern Massachusetts Chapter
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*Hiking the newly formed land
bridge to South Monomoy Island in
the company of seals...*



Watching seals on South Monomoy (PHOTO: Janet DiMattia)

Lunch at the lighthouse (PHOTO: Janet DiMattia)



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