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# Southeast Breeze

Winter 2008 (Dec./Jan./Feb.)

Newsletter of the Southeastern Massachusetts Chapter of the Appalachian Mountain Club

### View from the Chair

by Anne Chace

It is a privilege to submit my annual report to the members of the SEM AMC as the chapter chairperson for the year 2002. I am very proud of the activities, leadership and volunteers in our chapter. My sincerest thank you to the members of the executive board and activity leaders for a productive, enjoyable year. Your executive board has been busy and accomplished many things during the past 12 months. Your board members represent the best in volunteer spirit and enthusiasm for the chapter and club. It is an honor for me to work with such a wonderful group of dedicated AMC volunteers. I proudly represent the chapter as a member of the Chapter Committee, and have attended the three meetings held this year, as well as the summer chapter chairperson retreat. I also serve on the AMC Diversity Committee.

Following are highlights of the past year and acknowledgements of outstanding service to our chapter and AMC. Following the outstanding 25th anniversary celebration, "Breezin' Through the Years," and a holiday party hosted by the Vogel Family, the newly elected executive board for 2002 plunged right into work. We attempted to fill all vacancies for vice-chairs, however continue to have openings for Conservation and Membership. If you are interested in either opportunity, please contact Louise Anthony, Linda Cronin, or myself.

Bob Vogel did an excellent job of preparing the annual budget and has continued to assist Donna Desrochers, treasurer, throughout the year. Bob has faithfully served as vice-chairperson and has been an excellent advisor and assistant to me. Our executive board minutes are accurately and expertly prepared and distributed by Barbara Vogel, secretary.

Other goals accomplished during the year were the planning of a Leadership Appreciation Day, training chapter activity leaders through scholarships to Outdoor Explorations, enrolling and maintaining a membership base of 3,000, raising funds for the 125th AMC capital campaign, conducting leadership and WFA training programs for members, assisting members with training scholarships, and providing a broad level of activities for chapter members. In addition to these activities, we were

honored to host the club-wide AMC Spring Gathering in April 2002. Under the leadership of Dexter Robinson, our chapter welcomed members from all AMC chapters to a "Cape Cod Caper Weekend." Members of the Spring Gathering Committee included Erika Bloom, Dick Cairns, Vicki Fitzgerald, Wayne Taylor and your chapter chairperson. Many chapter members graciously volunteered as hosts and hostesses, trip leaders, greeters and also came to participate in the fun activities. Thank you all! It was the best club gathering, ever!

Our chapter received a total of \$2,050 in Supplemental Dues Allocation (SDA) funds this year for the following activities: Spring Gathering, Outdoor Exploration leadership training scholarships, AMGA training for our Rock Climbing Coordinators, and new publication software for chapter communications. Each funding request required the submission of a written proposal approved by the members of the Chapters Committee, upon approval of the SDA sub-committee.

Forty members of the chapter pledged \$2,500 to the AMC capital campaign. These monies will go towards the Kresge Challenge Grant for one million dollars. Thank you for your generosity and foresight.

Two members of the board will be leaving office this November, Donna Desrochers and Wayne Taylor. Donna as served for two years as chapter treasurer. Thank you, Donna, for your service and dedication to our chapter. For the past three years, Wayne Taylor has edited and compiled our newsletter <u>Southeast Breeze</u>. He also upgraded the newsletter mailing to an electronic distribution and obtained a lower bid for printing. Wayne has prepared flyers, brochures, annual reports and programs for our chapter. He also served as Interchapter Excursion Liaison and a vital member of the 25th anniversary committee. In addition, Wayne leads biking, hiking and ski trips. Thank you, Wayne.

I look forward to working with all of you next year as together we achieve new goals and create new opportunities for our SEM AMC chapter. I look forward to meeting many more chapter members as we enjoy, wisely use and help maintain mountains, trails, and rivers. See you on the trail!

Anne Chace Chapter Chair



Southeast Breeze is published quarterly by the Southeastern Massachusetts Chapter of AMC. Chapter Chair: Anne Chace (508) 824-8871 Vice Chair: Bob Vogel (508) 238-7732

Chapter Chair: Anne Chace (508) 824-8871 Secretary: Barbara Vogel (508) 238-7732 Education Chair: Steve Tulip (508) 977-9309

Education Chair: Steve Tulip (508) 977-9309 Membership Chair: Linda Cronin (781) 447-2597 Conservation Chair: Louise Anthony (508) 758-4215 Newsletter Editor: Wayne Taylor (508) 252-6995

WEBSITE ADDREESS: http://www.amcsem.org

### **Editor's Notebook**

#### Tell us about your last great outdoors adventure...

Your comments and suggestions are always welcome, as are your contributions of articles, poetry, photography or anything else. When submitting something, please respect our deadline, which is the 20th of the month, two months prior to the publication date (e.g. Jan. 20 for the Mar/Apr/May issue). We'll publish your submissions on a space-available basis. Contact the new editor of the Breeze, Linda Church, 508-495-1308 (7-9 pm) or lchurch@whoi.edu.

**Not getting your copy of the Breeze?** Call Membership Chair Linda Cronin (781-447-2597) or drop her an e-mail (linda.cronin@whrsd.k12.ma.us) to be sure you're on the list.

### **Chapter News Notes**

#### How to Sign Up for an SEM/AMC-led Activity

There actually is a prescribed way to sign up for chapter outings. In many cases, leaders want to "screen" potential participants to see if their level of experience and physical conditioning are appropriate for the planned activity. Screening requires a two-way conversation, so when a trip listing says "register with ...," please phone (don't email) the leader/co-leader to sign up. Also, please don't wait till the last minute to register. Trip leaders have a lot of details to plan and organize, and a call the night before to register for tomorrow's activity could well result in your not being allowed to participate.

#### Volunteers Need for NEW Skills Clinic!

The best way to learn new outdoor skills is to have an experienced person teach you. The SEM/AMC Education Committee is seeking volunteers willing to share their knowledge and experience for an Outdoors Skills Clinic that the chapter is interested in organizing. Call Steve Tulip (508) 977-9309 or Laura Smeaton (617) 323-6727 for more information.

### "Membership in a Bottle"

A great gift for your favorite outdoors enthusiast.

Single Membership \$40.00

Family Membership \$65.00

Nalgene Bottle with \$10 Gift Certificate good for AMC lodging, workshops and books.

Contact: Linda Cronin linda.cronin@whrsd.k12.ma.us

**New Members Only** 781-447-2597



Photo credit: Wayne Taylor, Jan. 1996

On the cover ...
Jordan Pond and The
Bubbles on a New
Year's weekend ski trip
to Mt. Desert Island,
Maine.

### **Clubwide News Bits**

ATC NH 2003 — The Appalachian Mountain Club will be hosting the 34th Biennial Meeting of the Appalachian Trail Conference at Waterville Valley, New Hampshire from July 25th to August 1st 2003. This meeting will feature a wide variety of hikes, workshops and entertainment. The general and business meetings of the Appalachian Trail Conference will be held during this time. The meeting theme of "Stewardship Through Education and Action" reflects the vital and changing role of our organization.

Treasurer: Mike Woessner (508) 384-8344

This is a great opportunity for the AMC to showcase its many programs and activities to hikers throughout the country. AMC members who decide to attend will have a chance not only to meet AMC members from other parts of the country, but also to meet the volunteers who maintain the AT, one of the country's best-known long distance hiking trails.

This meeting is for those who hike and the volunteers who maintain hiking trails. For those who have attended previous ATC meetings, this is a great opportunity to come again and renew friendships with fellow hikers and volunteers. For those who have never attended ATC meeting, it is a great opportunity to meet with fellow hikers and the community of volunteers who maintain the country's hiking trails. Many topics of general interest to hikers will be presented within the framework of issues related to the Appalachian Trail.

Waterville Valley is surrounded by mountains and located close to numerous hiking opportunities. The Appalachian Trail is only a few miles from the site. The hiking options are unlimited. For more information, contact Ken Wenger at (978)-456-3722 or kwenger99@yahoo.com

"We are expecting a large turnout and hope to see you there!" according to Conference chair, Steve Crowe

## Rise to the Summit Make a Gift for Future Generations of AMCers

You can share your passion for outdoor recreation and conservation with future generations of hikers, paddlers and other outdoor enthusiasts through a bequest to the Appalachian Mountain Club. If you have already named AMC in your will, please notify us so that we can say thank you and welcome you to the Summit Society.

For information on how to include AMC in your will or to learn about charitable gifts that produce income, please contact the Planned Giving Office at (617) 523-0655 ext. 309, 5 Joy Street, Boston, MA 02108, or via email at summitsociety@amcinfo.org.

## **Hiking and Backpacking**

Chair — Erika Bloom (508) 996-3290 (7-9 pm)

ebloom@attbi.com

Vice Chairs — Patrick Holland (781) 925-4423

Charlie Farrell c.farrell@verizon.com

Ratings: First character indicates distance in miles. Second indicates leader's pace over average terrain. Third character indicates terrain.

Miles	Pace/ mph	Terrain
AA=13+	1=very fast/2.5	A=very strenuous
A=9-13	2=fast/2	B=strenuous
B=5-8	3=moderate	C=average
C=<5	4=leisurely	D=easy

Hikers unsure of their ability should try only one level higher than previously completed. **Note: NO PETS** without permission of Trip Leader. Individuals under 18 must obtain prior consent from Trip Leader.

L = Leader CL= Co Leader

Beginner Winter Hiking Series: A series of progressively more strenuous winter hikes for experienced 3 season hikers who wish to try the 4th (perhaps best!) season. If you missed the workshop Nov. 16, contact Erika Bloom for info and handouts. The series works best if you take part in all of the hikes, but participation in each hike is at the discretion of the leaders and depends on past experience. Register for individual hikes ASAP; preference given to those are completing the series until 10 days before each hike. Crampons are required; they can be bought, rented, or borrowed (full or instep crampons accepted). See the hiking schedule for Series trips Dec 14, Jan 4 & 25, Feb 8, March 1/2. Questions? Contact Erika Bloom (see above). And remember, you don't have to be cold!

**Sun Dec 8 - Arnold Arboretum** (C4D) A leisurely walk through one of the jewels of the Emerald Necklace to shake off the chill of approaching winter and experience the diversity of trees and plants inside the city limits of Boston. Register with CL Diane Phillips 508-378-2334 (8-10pm) dwpmountains@attbi.com L Laura Smeaton 617-323-6727 smeaton@sdac.harvard.edu

**Weds Dec 11 - Hike Planning meeting.** Meet at the Universalist Unitarian Church, 25 S. Main St., Middleboro at 7:00 pm. All are welcome to attend; new leaders and co-leaders needed (will train!). Contact Erika Bloom for info or directions 508-996-3290 (7-9 pm), ebloom@attbi.com .

Sat Dec 14 – Winter Hiking Series # 1 Blue Hills Hike/ Workshop (B4C) First of the winter hiking series; we will hike with stops to discuss winter hiking techniques, equipment and clothing. Bring a bag lunch for a panoramic feast. Register with CL Mike Woessner 508-384-8344 (7-10 pm)Stridermw@hotmail.com L Charlie Farrell 508-822-2123 (7-9 pm) cfarrell@verizon.net

Sat Dec 21 – Celebrate the Winter Solstice by the light of the silvery moon – Massasoit State Park (B3D) Walk through pine woods forest and by the lakes. Optional backpackers potluck dinner at picnic area. Register with CL Barbara Hathaway 508-880-7266 (7-9:30 pm) barb224@aol.com . L Steve Tulip 508-977-9309 (lv msg) situlip@attbi.com

Sat Dec 21 – Wampatuck (B3C) Easy to moderate walk through picturesque woods – good for families. Register with L or CL. L Bill Ruel 781-589-3321 (7-9 pm M-F) campber-bill824@aol.com . CL Barbara Leland 508-295-9745 BRBRLEL@aol.com

Wed Jan 1 – Borderland (B2D) Start the year off right with a brisk 7-mile hike (snowshoe?) around the ponds and through the woods. Late start to allow sleeping-in after the parties. L Bob Vogel 508-238-7732 (6-9 pm) rvogel@attbi.com CL Barbara Leland 508-295-9745 BrbrLel@aol.com

Sat Jan 4 – Winter Hiking Series #2 Mt. Potash, NH (C3C) Excellent views for a modest effort and a good introduction to the Whites in winter. Register with Winter Leader in Training Mike Vining 781-344-0103 (7-9 pm). L Patrick Holland 781-925-4423 pat.holland@aoltwbg.com (6-9pm) CL Steve Tulip 508-977-9309 sjtulip@attbi.com (7-9pm)

Sat/Sun Jan 11/12 – Tom/Field/Willey Backpack (A3A) Sat Backpack to Tom Col and set up camp. Climb Field and Willey. Sun Climb Tom & back, hike out. Register with Winter Leader in Training Paul Vermette 603-598-6623 (5-8 p.m) pvermette@att.net . Other LIT Bill Ruel 781-589-3321 (7-9 pm M-F) camperbill824@aol.com, Ls Bob Vogel 508-238-7732 rvogel@attbi.com , Erika Bloom 508-996-3290 (7-9 pm) ebloom@attbi.com

Wed Jan 15 - Wednesday Evening Hike @ Borderland (C3D) Come join us as our evening hike (snowshoe?) takes us out in moonlight! L Bob Vogel 508-238-7732 (6-9 pm) rvogel@attbi.com

**Sun Jan 19 – Slocum River Ramble** (C4D) Hike/walk through the scenic and historic Slocum River Reserve in S. Dartmouth. Look for signs of the season, especially tracks if snow permits! Beginners and kids welcome. Local naturalist insight included. Hot drinks planned. 10 AM start planned. Register with L Mike Vining 781-344-0103 (7:30-9 pm). CL Bob Bailey 508-636-4094 (7-9 pm).

Continued on next page ▶

### **Short-Notice Trips**

For various reasons (often weather-related), AMC trips are sometimes planned on short notice, long after publication deadlines have come and gone. To find out if there's a trip planned that isn't in the Breeze or AMC Outdoors, you can sign up for an email alert service that will notify you of short-notice and weather-dependent trips for all SEM activities. Visit the Chapter Web site at <a href="https://www.amcsem.org">www.amcsem.org</a> and sign up.

### HIKING and BACKPACKING continued

Sat Jan 25 – Winter Hiking Series #3 Mt. Tecumseh (B3B) Our first 4,000 footer! One of the easier winter 4ks and a good chance to learn winter techniques. Register with Leader in Training Bill Ruel 781-589-3321 (7-9 pm M-F) camperbill824@aol.com . L Bob Vogel 508-238-7732 rvogel@attbi.com CL Alan Ruiz 508-643-0950 gandalf7@mindspring.com

Sat Jan. 25 - Mt. Madison N.H. (B3B) Challenging winter hike to the summit via the Valley Way Trail. Previous above tree-line winter experience and full winter gear are required. Moderate pace. Register with leader Dexter Robinson 781-294-8840 (7-9 p.m.) dexsue@attbi.com CL Paul Vermette 603-598-6623 (5-8 p.m.) pjvermette@yahoo.com

Sat/Sun Jan 25/26 - Caribou Mt Backpack, ME (B3B) Moderate hike in a little visited part of the White Mountains with views of Evans Notch & the Wild River Valley from the summit-but we'll camp below treeline. Limited to 8 participants. Register with Leader Patrick Holland 781-925-4423 (6-9pm) pat.holland@aoltwbg.com CL Walter Wells, WaltandLinda@attbi.com 508-279-1963 (7-9 pm)

**Sun Feb 2 – West Island Beach/Forest Walk** (C3D) Brisk winter walk, must dress for the weather – winter winds can be chilly! Warm drinks provided. Leader's dogs only please. Register with L Erika Bloom 508-996-3290 ebloom@attbi.com

Sat Feb 8 – Winter Hiking Series #4 Mt. Jackson (B3B) Continuing the series, this hike is to a 4,000 footer with fine views. Register with Winter Leader in Training Mike Woessner 508-384-8344 stridermw@hotmail.com. L Bob Emery 508-222-8460 (6-8 pm). CL Walt Wells 508-279-1963 (7-9 pm) WaltandLinda@attbi.com

Wed Feb 12 - Wednesday Evening Hike @ Borderland (C3D) Come join us as our evening hike (snowshoe?) takes us out in the moonlight! L Bob Vogel 508-238-7732 (6-9 pm) rvogel@attbi.com

Sat Feb 22 – Myles Standish (B3C) Up one side of reservoir, out on Bentley Loop that will bring us back to come down the other side of the reservoir. Register with L Barbara Leland 508-295-9745 BRBRLEL@aol.com . CL Bill Ruel 781-589-3321 (7-9 pm M-F) campberbill824@aol.com

Sat/Sun Mar 1/2 - Mt Jefferson/Grey Knob Cabin (A2A) Long, strenuous hike with significant time above treeline. We'll spend the night at Grey Knob or Craig Camp cabins and hike out Sun. Previous above treeline experience required. Limited to 6 participants.

Register with Winter Leader in Training Mike Woessner 508-384-8344 (7-9pm) strider@hotmail.com L Patrick Holland 781-925-4423 (6-9pm) pat.holland@aoltwbg.com CL Dexter Robinson 781-294-8840 (7-9 pm): dexsue@attbi.com

Sat/Sun Mar 1/2 – Winter Hiking Series #5 Ethan Pond Beginner Backpack (A3C) This is the final hike in the Winter Hiking Series, for those new to winter backpacking. Register with Winter Leader in Training Alan Ruiz 508-643-0950 (before 9 pm) gandalf7@mindspring.com L Walt Wells 508-279-1963 (7-9 pm) WaltandLinda@attbi.com L Charlie Farrell 508-822-2123 (7-9 pm) cfarrell@verizon.net

Sat Mar 8 - Snowshoe Hike to Notchview Reservation (B3B) Late winter snowshoe hike at Notchview Reservation in Windsor MA. Hike in the backcountry area and return to Visitors' Center for hot drinks. May run in conjunction with a XC Ski trip. Area descriptions and details can be found at www.thetrustees.org Register with L Steve Tulip 508-977-9309 (lv. msg. if evening call) sjtulip@attbi.com CL Laura Smeaton 617-323-6727(7–9 pm) Smeaton@sdac.harvard.edu

Sun Mar 9 – Pemigewasset Snowshoe (NH) B3C/D Join us for an easier snowshoe ramble along the Pemigewasset River (East Side Trail). Scenic winter river scenes, possible animal tracks/sightings. Can borrow or rent snowshoes. Register with Winter Leader in Training Mike Vining 781-344-0103 (7:30-9 pm). L Erika Bloom 508-996-3290 (7-9 pm) ebloom@attbi.com

Sat/Sun Mar 15/16 – Exploring Evans Notch (B3B) Stay at AMC Cold River Camp in a rustic cabin-wood stove for heat. Hike up to Bicknell Ridge on Sat and Blueberry Mt. on Sun. Register with Winter Leader in Training Paul Vermette 603-598-6623 (5-8 pm) pvermette@att.net . L Patrick Holland 781-925-4423 (6-9pm) pat.holland@aoltwbg.com

## Interested in Co-leading a Rock Climbing Activity?

Even though the rock climbing season is officially over, the chapter is in the midst of working out the details for the 2003 season. Any member who might be interested in co-leading an activity is encouraged to contact John Pereira (508-254-8303 or via email :iceclimbing@backpacker.com). Some type of climbing experience is recommended, but not a requirement to become a co-leader.

FYI: All potential co-leaders will be required to attend a rock climbing co-leader training course in April 2003 in order to co-lead an activity.

AMC Activities Risk Statement: Activities listed here involve varying degrees of danger. When you participate in these activities, you should be prepared physically and mentally, and equipped with appropriate gear. You should be aware of the risks and conduct yourself accordingly. Volunteer trip leaders are not responsible for your safety; you are. Before registering for any activity, you should discuss your capabilities with the trip leader. To participate in chapter activities, individuals under age 18 must be accompanied by a parent or responsible adult, or obtain prior consent from the trip leader. Those accompanied by a minor are responsible for the minor's actions.

## **Cape Cod Hikes**

Chair—Janet DiMattia (508) 394-9064 Vice Chair— Heidi Moss (508) 362-6440

Thurs hikes: 9:30-11:30 am; Sun hikes 1-3:15 pm NO DOGS; Heavy rain cancels. If in doubt, call leader. PLEASE NOTE - Sat hikes will be listed separately under "LONGER CAPE HIKES." Sat. hikes are faster-paced: 10 am to 2pm. Bring Lunch.

Sun. Dec. 1 - TRURO, Ryder Beach (B3C) Take Rt. 6 N to 1st L (Prince Valley Rd.) after Wellfleet/Truro line to the end, then R on Old County Rd. Immed. L on Ryder Beach Rd. park at end. L. Jack Handlen 508-255-5292

Thurs. Dec. 5 - BOURNE Canal Walk (C3D) Park at Visitors Center on N side. L. Donna Nickerson 598-528-3043

Sun. Dec. 8 - MASHPEE Ryder Conservation Area (C3C) N. on Rt 130 from 28 for 1 mi. to R on Cotuit Rd., 1.8 to Ryder Cons. Land pkg lot on left. L Nancy Wigley 508-548-2362

Thurs. Dec. 12 - WELLFLEET Marconi Beach (C3C) Go R on Marconi Beach Rd at light from Rt. 6. Go L to HQ, going past HQ bldg., take first R, park on road at end. L Barbara Hollis 508-240-1973

Sun. Dec 15 - CHRISTMAS PARTY and DENNIS, Run Pond Hike (C4C) Rt. 134 to Setucket Rd. west. from intersection of Old Bass River Rd. go 1 approx. 1 mi. and park in lot on N side of rd. Ls Richard and Janet Kaiser 508-375-0574

**Thurs. Dec. 19 - HARWICH Herring River** (C3C) Exit 9 S off Rt 6 onto 134. Turn L at 3rd light on Upper County Rd., then immed. L onto Great Western. Go 2.2. Park inside fence at Sand Pond. L Janet DiMattia 508-394-9064

Sun. Dec. 22 - BREWSTER Nickerson State Park (C3B) Go in main entrance of park. take first L onto Flax Pond Road. Go past Flax Pond all the way to Cliff Pond at the end of the rd. L Jack Handlen 508-255-5292

Thurs. Dec. 26 EASTHAM Doane Rock (C3C) From Rt 6 turn R at lights at Nat'l Seashore Visitor Center. Follow Rd. to Doane Rock and park in 2nd lot. L Barbara Hollis 508-240-1973

Sun. Dec. 29 BARNSTABLE Spruce Pond (C3C) Exit 5 off Rt 6 N. Park at triangle in front of church on L. Walk to trailhead behind firehouse L Heidi Moss 508-362-6440

Thurs. Jan. 2 - DENNIS Indian Lands (C3D) Exit 9 N from RT 6 to L at light on Bob Crowell Rd. L on Old Bass River Rd. Follow to Dennis Town Hall pkg on R approx. 1 mi. L Janet DiMattia 508-394-9064

Thurs. Jan. 2 - DENNIS Indian Lands (C3D) Exit 9 N from RT 6 to L at light on Bob Crowell Rd. L on Old Bass River Rd. Follow to Dennis Town Hall pkg on R approx. 1 mi. L Janet DiMattia 508-394-9064

Sun. Jan. 5 - MASHPEE Johns Pond (C3C) N on Currier Rd off RT. 151 and quick R on Hooppole Rd. R on Back Rd. Follow signs to Town Beach through trailer park. L Farley Lewis 508-775-9168

**Thurs. Dec. 26 EASTHAM Doane Rock** (C3C) From Rt 6 turn R at lights at Nat'l Seashore Visitor Center. Follow Rd. to Doane Rock and park in 2nd lot. L Barbara Hollis 508-240-1973

**Sun. Dec. 29 BARNSTABLE Spruce Pond** (C3C) Exit 5 off Rt 6 N. Park at triangle in front of church on L. Walk to trailhead behind firehouse L Heidi Moss 508-362-6440

**Thurs. Jan. 2 - DENNIS Indian Lands** (C3D) Exit 9 N from RT 6 to L at light on Bob Crowell Rd. L on Old Bass River Rd. Follow to Dennis Town Hall pkg on R approx. 1 mi. L Janet DiMattia 508-394-9064

**Thurs. Jan. 2 - DENNIS Indian Lands** (C3D) Exit 9 N from RT 6 to L at light on Bob Crowell Rd. L on Old Bass River Rd. Follow to Dennis Town Hall pkg on R approx. 1 mi. L Janet DiMattia 508-394-9064

Sun. Jan. 5 - MASHPEE Johns Pond (C3C) N on Currier Rd off RT. 151 and quick R on Hooppole Rd. R on Back Rd. Follow signs to Town Beach through trailer park. L Farley Lewis 508-775-9168

**Thurs. Jan. 9 - EASTHAM Salt Pond** (C3C) From Rt 6 turn R at lights at Nat'l Seashore Visitor center. Park at center pkg lot. L Peter Selig 508-432-7656

Sun. Jan 12 - WELLFLEET White Crest (C3C) From Rt 6 E on LeCount Hollow Rd. to end. L on Ocean View Dr to beach pkg lot on R. L Jack Handlen 508-255-5292

Thurs. Jan 16 - YARMOUTH - Grays Beach and CHILI PARTY (C3C) Exit 8 from Rt 6 to 6A. Turn L, then immed. R on Old Church Rd at playground to Center St. Bear R, follow to pkg lot at beach at the end. L's Richard and Janet Kaiser 508-375-0574

**Sun. Jan. 19 - MASHPEE South Cape Beach** (C3C) From Mashpee rotary take Great Neck Rd.2.7, bear L on Great Oak Rd. and follow to end - turning L to the town beach pkg lot at 2.5 mi. L Gary Miller 508-540-1857

**Thurs. Jan 23 - WELLFLEET Marconi Beach** (C3C) Go R at light from Rt 6 on Marconi Beach Rd. Go L toward HQ passing HQ bldg. Take 1st R. Pk at end of road. L Barbara Hollis 508-240-1973

**Sun. Jan 26 - FALMOUTH Beebe Woods** (B3C) From Rt 28 follow signs to hospital on Ter Heun Dr. Go beyond Hospital and JML Facility, park on L in dirt lot. L Linda Church 508-495-1308

Thurs. Jan. 30 -- BREWSTER Punkhorn Parson's Perch (D4D) Exit 9N on Rt 134 to second light, turn R onto Setucket Rd. R on Run Hill Rd. Pass the main pkg lot at end of pavement bearing L at first junction. Go 0.5 to pkg lot on R. L Harry Dombrosk 508-385-9502

### CAPE COD HIKES continued

Sun. Feb. 2 - WELLFLEET Duck Harbor (C3B) Turn L off Rt 6 at Wellfleet Center light onto Main St. Take L at Dory onto E. Commercial St to Harbor. Take R on Chequessett Neck Rd. Take R at Great Island and follow all the way to end. L Janet Kaiser 508-375-0574

**Thurs. Feb. 6 - COTUIT Little River Sanctuary** (C3C) Exit 5 of Rt. 6. Take 149 S to Rt. 28. Park at Cotuit Landing Shopping Center on R to carpool to trail head. L. Farley Lewis 508-775-9168

**Sun. Feb. 9 - BREWSTER Nickerson State Park** (C3C) Go into main entrance of park. Follow main road 1.8 m and park at Fisherman's Landing on L. L Jack Handlen 508-255-5292

**Thurs. Feb. 13 - BOURNE Canal walk**. (3C3) Park at visitor center on N side of canal. L Blanche Greig 508-771-3696

Sun. Feb. 16 - SANDWICH Maple Swamp (C3C) Exit 4 S off Rt 6 on Chase Rd. Turn R immed. on Service rd. At approx. 1 mi. park in lot at L. L Heidi Moss 508-362-6440

**Thurs. Feb. 16 -YARMOUTH Inkberry** (C3C) From Rt 28 in W. Yarmouth turn N at light onto Winslow Gray Rd. parking at L 0.4 mi. L Janet DiMattia 508-394-9064

Sun. Feb. 23 -MASHPEE South Cape Beach (C3C) From Mashpee rotary take Great Neck Rd. Bear L at 2.7 on Great Oak Rd. and follow 2.5 mi. to Town Beach pkg lot . L Gary Miller 508-540-1857

**Thurs. Feb. 27 - BARNSTABLE Deacon's Farm.** (D4D) Exit 5 N off Rt 6. Park at triangle on L and walk N to trailhead behind fire house. L Harry Dombrosk 508-385-9502

Sun. March 2 - BARNSTABLE Conservation Land - Otis Atwood (C3C) Exit 5 from Rt 6. Go S on Rt 149 to immed. R onto Service rd. Park in lot on L by power lines. Call Janet Dimattia for details, 508-394-9064

### LONGER CAPE HIKES

10 am -2 pm — Faster paced, 8-10+ mi. — BRING LUNCH

**Sat. Dec. 7 - TRURO South Pamet and Ponds**. From Rt. 6 turn E at Pamet Rd. Meet at end of S. Pamet Rd. L Bob Freeman 508-432-4341

**Sat. Dec. 14- WELLFLEET Newcomb Hollow.** At 2nd light in Wellfleet turn R on Gross Hill Lane, turn L on Ocean View Dr. to end following signs to Newcomb Hollow Beach. L Ron VanderWiel 508-255-3361

**Sat. Dec 21 - DENNIS Dennis Pond**. From Rt 6 take exit 7 N (Willow St) parking at lot on R approx. 0.5 mi. L Brigitte Falzone 508-394-6343

Sat. Dec. 28 - TRURO/WELLFLEET Ryder Beach and Duck Harbor, Rt 6 N in Truro to L on Prince Valley Rd. Go to end, R on Old County Rd. Immed.L on Ryder Beach Rd. park at end. L Janet DiMattia 508-394-9064

**Sat. Jan. 4 - BARNSTABLE Trail of Tears.** Exit 5 off Rt 6 onto Rt 149. Take immed. R on Service Rd.Park in lot on L by power lines. L Bob Freeman 508-432-4341

**Sat. Jan. 11 - WELLFLEET Gull Pond.** From Rt 6 take Gross Hill Rd. to pkg on town landing at Gull Pond. L Ron VanderWiel 508-255-3361

**Sat. Jan. 18 - WELLFLEET Newcomb Hollow.** At 2nd light in Wellfleet turn R on Gross Hill Lane, turn L on Ocean View Drive to end following signs to Newcomb Hollow Beach. L Brigitte Falzone 508-394-6343

Sat. Jan 25 - BREWSTER Nickerson Park and Hills. Park in main pkg lot at entrance on 6A. L Bob Freeman 508-432-4341

**Sat. Feb. 1 - TRURO North Pamet to Jenny Lind**. From Rt. 6 Truro turn E at Pamet Rd. Meet at end of S, Pamet Rd. L Ron VanderWiel 508-255-3361

Sat. Feb. 8 - HARWICH - Herring River to Coy Brook Woodlands. Exit 9S off Rt. 6 onto 134. Turn L at 3rd. light on Upper County Rd, then immed. L onto Great Western. At 1.4 turn R on Depot Rd.- go 0.2 and park in lot on L at bike crossing. L Janet DiMattia 508-394-9064

Sat. Feb 15 - BARNSTABLE Sandy Neck Rt 6A to Sandy Neck Beach pkg lot at end of Sandy Neck Rd. L Peter Selig 508-432-7656

Sat. Feb. 22 - PROVINCETOWN Beech Forest/Clapps Pond. From Rt. 6 take R on road to Province Lands Visitor Center. Pk at Beech Forest pkg lot. L Ron VanderWiel 508-255-3361

Sat. Mar. 1 - EASTHAM Doane Rock. From Rt 6 turn R at lights on Nauset Rd. & Nat'l Seashore Visitor center. Follow road to Doane Rock area and park in 2nd lot. L Brigitte Falzone 508-394-6343

#### Impromptu Fish Lecture on the Cape

On Sept. 19, Cape hikers were treated to an interesting impromptu talk when they had the good fortune of coming upon a group from the Fisheries and Game Division of Mass. Wildlife working on brook trout along the Mashpee River.

Steven Hurley, District Fisheries manager, showed Cape hikers brook trout, stickleback, and the rare brook lamprey, sharing many interesting facts about each of these species and giving hikers a demonstration of the method used for collecting the fish.

Thanks to leader Nancy Wigley for seizing this opportunity for a wonderful learning experience for Cape hikers and an added bonus to a lovely day hiking along the Mashpee River.

## Skiing

Chair—Barbara Hathaway (508) 880-7266 <u>Vice Chair</u>—Sarah Beard (508) 758-2613

If there's snow locally, but no trip listed, contact Barbara Hathaway, 508-880-7266, barb224@aol.com, to check on short-notice trips.

**Sat., Jan. 4 - Leader's Choice**. Stay close to home and enjoy your day skiing the trails at Borderland in Easton, Great Brook Farm in Carlisle or Windblown in southern NH. Contact L Sarah Beard 508-758-2613, 7-9 pm, or CL Barbara Hathaway 508-880-7266, e-mail barb224@aol.com.

Sat., Jan. 11 – XC Ski Workshop at Weston Ski Trak. Whether you've never skied before, just want to brush up on your technique or try out the latest equipment, this one's for you. Man-made snow on the teaching area guarantees lessons. \$36 (package deal) covers the cost of a group lesson by a certified ski instructor (\$15), trail pass (\$11), and rental of the latest equipment (\$12). Registration and payment needed by December 28

ment (\$12). Registration and payment needed by December 28 to reserve your spot. Contact Barbara Hathaway 508-880-7266 for details.

Jan. 17-20 - MLK WEEKEND AT APPLEBROOK B&B, N.H. All chapters welcome to join us for our 16th MLK weekend of x-country skiing, great company and hearty meals. Ski possibilities include Bretton Woods, Great Glen, Balsams, Jackson Village. Downhill, snow shoeing and ice skating also possible. Approx. \$140 to \$200 per person includes 3 nights lodging, 3 breakfasts, 1 full dinner, and 1 supper, all at cozy Applebrook B&B in Jefferson, N.H. Don't forget the famous "hot tub under the stars"! Register with Leader Sarah Beard, 508-758-2613, 7-9 p.m. Co-leader Bob Kalchthaler, 508-947-4924; bobksteelers@aol.com.

**Sun., Jan. 26 – Winter Festival at Borderland**. Winter hiking tips, snowshoe and ski presentations and demos.

Jan. 31 – Feb. 1 - Intermediate Backcountry Ski and Snowshoe on the AT above Crawford Notch. Conditions permitting, we'll snowshoe to Ethan Pond, then ski on to Shoal Pond and Thoreau Falls in the Pemigewasset Wilderness. Leaders' choice on Sunday. Will provide list of local overnight lodging options. Register with L Wayne Taylor, 508-252-6995 (before 9 pm), witaylor@attbi.com. L Mary Dubois Leeson, 508-997-4489.

Jan. 31- Feb 1 - Intermediate XC Skiing at Bretton Woods on the grounds of the magnificent, historic Mt. Washington Hotel. Snowshoeing, ice skating and tubing also available. Stay 2 nights at Carlson's Lodge, 10 min. away. Relax by the wood stove in their large, cozy living room. Approx. \$85 - \$95 per person for 2 nights lodging (2 dbl beds or 2 queens, pvt baths), Saturday breakfast and happy hour snacks. Register by Jan. 16 with L Barbara Hathaway 508-880-7266 or CL Kathy Moss 617-354-1363 before 9 pm.

**Sun., Feb. 9- Leaders' Choice**. Possibilities of skiing locally include Massasoit State Park in East Taunton, Borderland in Easton, or Great Brook Farm in Carlisle. Call L Bob Kaltchthaler for details at 508-947-4924; bobksteelers@aol.com.

Sun. Feb. 16 - My First XC Ski Trip! Windblown, New Ipswich, NH. OK, you want to try XC Skiing, but don't want to buy the gear first. Come with us to a XC center where you can rent

gear and give it a try. Just \$29 w/ rental gear. See www.windblownxc.com. More experienced skiers welcome to come and ski too. (\$14 w/o rental gear.) Email for full details. Reg w/ L Bob Vogel 508-238-7732 rvogel@attbi.com CL Barbara Hathaway 508-880-7266, Barb224@aol.com February 21-23 - Mountain Fare Inn. Cross country ski weekend at cozy inn near Waterville Valley. Two nights lodging, two full breakfasts, sauna, game room with woodstove, \$96 per person. Back country skiing if conditions permit (metal edges not required). Limited to 9 participants. Register with L Sarah Beard (508) 758-2613, 7-9 pm or CL Bob Kalchthaler (508) 947-4924, bobksteelers@aol.com.

**Sat. March 8 – Notchview Reservation, Windsor, MA.** This property has 27km of groomed and back country trails from gentle slopes to challenging hills; 2 trailside shelters and a visitor center to warm you. Planned to run in conjunction with snowshoe/hiking trip led by Steve Tulip. After the day's activities, the 2 groups will gather together for dinner before heading home. Watch for additional details in the next *Breeze* or contact Barbara Hathaway at 508-880-7266.

## Biking

Chair — Nancy Beach (508) 699-0032 Vice Chair — Jim Kilpela (508) 295-1361

#### **HELMETS REQUIRED**

Inflated tires/water also necessities. Spare tire/pump helpful. Beginner rides: mostly flat, 15-18 mi @ 10-12 mph pace Intermediate rides: some hills, 25-35 mi @ 13-16 mph pace Call leader before 9 pm to register, match rides with abilities.

"Tuesday Night - Bicycling the Afternoon" series continues throughout the winter on the beautiful Cape with L Paul Currier 508-833-2690 or pbencurrier@hotmail.com

Sat. Dec. 7 - Cape Cycle near the warm waters of the Cape with L Paul Currier 833-2690 pbencurrier@hotmail.com
Sat. Dec.14 - Sharon rescheduled from Oct. Hilly, streets and

forests to keep you warm. Leisurely 20-30 miles if above 45 degrees and clear streets. Nancy Beach 699-0032 nbeach@naisp.net

**Sat. Jan.11 - Cape.** Beat those mid-winter blahs and get the blood circulating on the Cape with L Paul Currier 833-2690 pbencurrier@hotmail.com

Sat. Jan 25 - Plainville/Wrentham. Let's warm up on the hills and hide in the valleys of this rural ride. Leisurely 20-30 if above 45 degrees and clear streets. Nancy Beach 699-0032 nbeach@naisp.net

Sat. Feb 8 - Cape. Will see you with mucklucks, parkas and approriate gear for this ride. L Paul Currier 833-2690 pbencurrier@hotmail.com

#### FOR SALE GIANT Road Bike

Triple chain ring, index gearing, two bottle cages and odometer. 19" carbon fiber frame, in very good condition with two new tires. Asking \$400.

E. Laverty, 508-823-0634



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# **Winter Festival**

## Sunday, January 26, 2003 12:00 — 4:00 pm Borderland State Park

Join us for informative presentations on winter activities, such as snowshoeing, hiking and cross country skiing. Topics to include gear, clothing, etc. Light lunch provided (soup & bread, beverages). Optional hike/snowshoe starting at 9:00; some snowshoes available to borrow if it snows.

Cost \$5 adults, \$2 children (12 and under). **Register by Jan 20th** with hiking chair Erika Bloom, 508-996-3290 (7-9 pm) <a href="mailto:ebloom@attbi.com">ebloom@attbi.com</a>

For questions on skiing, contact cross country ski chair Barbara Hathaway 508-880-7266 (7-9 pm), <u>Barb224@aol.com</u>

