



Southeast Breeze

Spring Issue 2001
March / April / May

Leadership Training Day Saturday, April 7, 2001

SEM/AMC will conduct an all-day **free** leadership training workshop on April 7 at Borderland State Park for members who wish to lead, or co-lead, activities for the chapter. There are no prerequisites except the desire to learn!

Register with Bob Vogel, 238-7732 (6-9 pm) or e-mail: rvogel@mediaone.net

The workshop will help current and prospective leaders gain the knowledge they need to plan, organize and lead safe and enjoyable AMC trips, and help them build confidence and enthusiasm about leading chapter activities.

Among the workshop topics will be: trip planning, leadership styles, leader's liability. Instruction will be by AMC staff and/or leaders. **FREE LUNCH** will be provided by the Chapter!

This training is an excellent introduction for all potential leaders — hiking, biking, paddling or skiing — who wish to lead SEM/AMC trips.

Change Proposed to By-Laws

Your Executive Board is proposing a change to the Chapter By-Laws that would create a new "Cape Hiking Committee" and also authorize an additional seat on the Board to represent this committee.

This proposal seeks to formalize the existing Cape Hikes group that already provides an active program of day hikes and local walks on Cape Cod for many of our members. The Board recognizes these activities are quite different from those planned and led by the existing Hiking Committee. By seeking formalization of the Cape Hikes group, the Board wishes to assure that this committee and the members who enjoy its activities are provided the same access to committee funding and Chapter-sponsored programs as any of the other standing committees within SEM/AMC.

Members attending the Spring Fling on May 5th will be asked to vote on the proposed amendment during a short business meeting to be held at the event.

View from the Chair by Dexter Robinson

Welcome to the first *Southeast Breeze* of the new millennium, which officially began in 2001. It's been a busy winter season with many activities. About 30 people came out to the Winter Festival in early January, where we had snow for the first time in many years. Those who came enjoyed presentations by Walt Wells, Erika Bloom, and Charlie Farrell on winter hiking. EMS's Fred Abrams presented an introduction to snowshoeing, and later, John Pereira gave a photo workshop while some enjoyed a hike and the opportunity to try out snowshoes. Our winter program was a success as we offered more hikes and overnights this year than ever before and included a more advanced winter series for the first time.

In the last issue, I reported on the Executive Board's endorsement of a prohibition of personal watercraft (PWC) in the Cape Cod National Seashore. For similar reasons, the Board voted at its November meeting to oppose the re-introduction of off-road vehicles (ORVs) into Myles Standish State Forest. At the Board's urging, I wrote letters to the Dept. of Environmental Management (DEM) and to the editors of 12 local newspapers stating our position. DEM is studying the feasibility of allowing ORVs back into the forest after prohibiting them for some 4 years.

A public hearing was held December 13th to comment on a draft trail and resource management plan prepared for DEM by a consulting firm. This meeting — punctuated by loud, intimidating outbursts from the trail riding community — was an opportunity for all concerned about the future of Myles Standish to express themselves. On behalf of the Board I read a statement stating our opposition to ORV use in the forest. (Copies of that statement and our letters are posted on the SEM Website.) One only need hike a short distance in Myles Standish to observe the ongoing damage to trails and the environment caused by these vehicles.

My wife and I along with SEM member Dick Carnes had a first-hand look at more recent ORV damage to the wild western section of Ames Nowell State Park in Abington, where ORV riding is prohibited. Our quiet hike there was interrupted by two loud 3-wheel ORVs that came crashing through the woods on the hiking trail. One got stuck in a wet swamp-like area and proceeded to churn mud and water in all directions. Park officials there have been unable to enforce the ORV ban and have received no help from DEM. If you are concerned about this and the vanishing quiet places in eastern Massachusetts, I suggest you write or call DEM, which appears not to be living up to its mission of "exercising care and oversight for the natural, cultural, and historic resources of the Commonwealth and to provide quality public recreational opportunities which are environmentally sound." Our chapter website now contains some photos of ORV damage at our state forests and parks.

In mid-November the AMC Facilities Committee voted to close the Wonalancet Cabin immediately based on life-safety concerns over the settling of the roof and heavy winter snow loads. There was much reaction by club members to the abrupt closing and its timing. Wonalancet Cabin is on the edge of the WMNF, near

continued on page 7 ...



The *Southeast Breeze* is published quarterly by the Southeastern Massachusetts Chapter of the Appalachian Mountain Club. **Chapter Chair:** Dexter Robinson (781) 294-8840; **Vice Chair:** Anne Chace 824-8871; **Treasurer:** Donna Desrochers 673-7833; **Secretary:** Linda Wells 379-1963; **Education Chair:** Bob Vogel 238-7732; **Membership Chair:** Jennifer Simmons 761-7888. **Newsletter Editor:** Wayne Taylor 252-6995 or e-mail: wjtaylor@mediaone.net. **Website address:** <http://www.amcsem.org> All area codes are 508 unless noted.

Editor's Notebook

Tell us about your last great outdoors adventure ... Your comments and suggestions about this newsletter are always welcome, as are your contributions of articles, poetry, photography or anything else related to your membership in AMC. If you're submitting something, please be respectful of our deadline, which is the 22nd of the month, two months prior to the publication date (e.g. April 22 for the June/July/August issue). The newsletter will publish submissions on a space-available basis. Call us at 252-6995 or drop us an e-mail at wjtaylor@mediaone.net if you've got something you'd like to submit.

Not getting your copy of the Breeze? If you're not receiving the newsletter, please call Membership Chairperson Jennifer Simmons (761-7888) or drop her an e-mail (jensimmons@massed.net) to be sure you're on the list.

Mark Your Calendars ...

Wilderness First Aid training: SEM/AMC will once again sponsor a Wilderness First Aid (WFA) training course this fall at Camp Lyndon in Sandwich, MA. It won't be till September, but if you're interested in furthering your first aid skills, save the weekend of Sept. 15-16. Registration details will follow in the next issue of the Breeze. This excellent course is taught by the SOLO organization of Conway, NH. SEM Chapter leaders should note that there will be partial scholarships available to help defray the cost of the course.

Chapter Hut Night: This rite of Fall is planned for the weekend of October 6-7 at Carter Notch Hut. Foliage is often at its peak on this weekend. More details will follow in subsequent issues of the Breeze.

"Membership in a bottle"

A great gift for your favorite outdoors enthusiast.

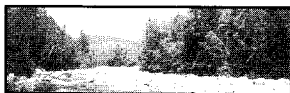
Single Membership \$40.00

Family Membership \$65.00

*Nalgene Bottle with \$10 Gift Certificate
good for AMC lodging, workshops and books.*

New members only

**Contact: Jen Simmons at
761-7888**



ON THE COVER ...

The view looking north toward Bondcliff and the remote woods of the Pemigewasset Wilderness.

The stream in the foreground is the East Branch of the Pemigewasset, beside which runs the Wilderness Trail. The trail follows the bed of a logging railroad, which last operated in the area in the late 1940s.

Photo: Wayne Taylor, May 1998

Newsy Bits

UPDATES

Bascom Lodge ... After 18 years of managing this facility on the summit of Mt. Greylock, AMC has decided to fold its tent. The decision to stop managing Bascom Lodge is due mostly to environmental issues relating to failing water and waste disposal systems at the summit. Mass. DEM is responsible for maintaining these systems and has asked the Club to commit to full or substantial funding of the estimated \$1 million cost of new systems. AMC is unwilling to make that kind of financial investment; however, the Club will continue to provide trails stewardship on Mt. Greylock.

Greylock Glen ... Mass. Inspector General has put a halt to this controversial development project until his office has investigated the many concerns raised by AMC and others.

VOLUNTEER OPPORTUNITIES

Volunteers needed for 2002 Club-wide meeting ... Our Chapter will be hosting a weekend meeting next Spring for everyone in AMC — from the Delaware Valley to Maine — and we might just need a little help to make sure everything goes off smoothly. Hosting this major event alternates among all the local chapters, and every six years we have the honor of showing our fellow Club members from other parts of the Northeast what we do for fun and recreation here in Southeastern Massachusetts.

The event will likely be held sometime in late April 2002 and will involve activities on Friday night, Saturday and half a day on Sunday. We're looking for SEM/AMCers willing to volunteer on the days of the event and also, if you've got the time and creative energy, to participate in the planning process. For instance, we're looking for ideas on how to entertain our guests after dinner on Saturday night.

Anyone interested in helping us out can call SEM/AMC Chapter Chair Dexter Robinson at 781-294-8840, 7-9 pm, or email him at: dexsue@massed.net.

Interchapter Trailwork on the AT ... Work on Mt. Greylock, the state's highest mountain, on Sat., May 26th. Here's your chance to give back to the Appalachian Trail, the hiking path we all love. Join a multi-state effort to maintain the AT in Massachusetts. Saturday workday begins at 9AM. Meet at the Mt. Greylock Visitors Center.

All levels welcome from beginners to experts. Instruction provided. Bring water, lunch, snacks. Be prepared for rain and cold. Bring work gloves.

Afterwards, savor a scrumptious dinner at South Congregational Church in Pittsfield -- \$12 for social hour, dinner and English Country dancing. Reserve by May 14th. Call the Mt. Greylock Visitors Center at (413) 443-0011, Ext. 16. Be sure to ask about camping sites and other overnight accommodations. A confirmation packet will be mailed with directions, what to bring, etc.

Hiking and Backpacking

Chair — Walter Wells 279-1963

Vice Chairs — Charlie Farrell 822-2123

Erika Bloom 996-3290

Hike Rating: First character indicates distance in miles. Second character indicates leader's pace over average terrain. Third character indicates terrain.

Miles	Pace/ mph	Terrain
AA=13+	1=very fast/2.5	A=very strenuous
A=9-13	2=fast/2	B=strenuous
B=5-8	3=moderate	C=average
C=<5	4=leisurely	D=easy

Hikers unsure of their ability should try only one level higher than previously completed. **Note: NO PETS** without permission of Trip Leader. Individuals under 18 must obtain prior consent from Trip Leader.

Sat. Mar. 10 Blue Hills / Skyline Trail (A2B) Hike this popular trail from end to end. Total distance: about 8.5 miles. Register with L Walt Wells 279-1963, 6-9 pm, or email wwells50@aol.com L Charlie Farrell 822-2123.

Wed. Mar. 14 Hiking Committee Trip Planning Meeting. 7:00 pm at the Unitarian Universalist Church in Middleboro, 25 South Main St. Questions? Call Walt Wells 279-1963, 6-9 pm. Everyone is always welcome.

Sat. Mar. 24 Ponkapoag Pond / Blue Hills (B3D) An easy 5 mile hike around the pond with a possible side trip down the Boardwalk if the water level is right. The Boardwalk is a 1/3rd mile wooden walkway thru a white cedar swamp) Register with Ls Linda or Walt Wells 279-1963, 6-9 pm, or e-mail wwells50@aol.com CL Pauline Jordan 676-5146, 6-9 pm

Sun. Mar. 25 "My First AMC Hike": Myles Standish State Park (B3D) Don't just read along, come along on this easy 3-mile loop, followed by a faster 4-mile loop for those interested. Register with L Bob Vogel 238-7732 6-9 pm or e-mail rvogel@altavista.net Or CL Linda Church 495-1308, 7-9 pm, or e-mail lchurch@whoi.edu

Sun. Apr. 1 Hike the woods on Bill Markson's land (B3D) An easy hike thru woods and swampy areas in Lakeville, MA. Register with L John Poirier 822-1372, 6-9 pm, or e-mail JCPoirier@mediaone.net CL Bill Markson 947-6739, 6-9 pm, e-mail mogulero@yahoo.com

Sat. Apr. 7 Leadership Training at Borderland State Park. A great training program for existing trip leaders or those interested in becoming trip leaders. Open to everyone. See story on p.1. Contact Bob Vogel 238-7732, 6-9 pm, or e-mail rvogel@altavista.net

Sun. Apr. 8 Blue Hills Haul (B2B) Come explore this hilly reservation, not via the Skyline Trail, while we get a good workout. Great views, great fun! This is not for beginners! Register with L Bob Vogel 508 238-7732, 6-9 pm, e-mail rvogel@altavista.net. CL Linda Church. 495-1308, 7-9 pm, or e-mail lchurch@whoi.edu

Sat. Apr. 21 Wapack Trail (B3B) Vigorous hike through woods and over peaks with many scenic vistas. Register with L John Poirier 822-1372 6-9 pm CL Louise Desrochers.

Sun. Apr. 22 George Washington Management Area, Rhode Island (B3C) Easy, 8-mile loop hike in the woods of Western Rhode Island. Register with L Richard Jussaume 285-8940 6-9 pm or e-mail richjuss@ici.net CL Pauline Jordan 676-5146 or e-mail hirst30@aol.com.

Sat. Apr. 28 Horseneck Beach (B3C) Join us on our annual beach walk. Register with L Charlie Farrell 822-2123 or Ray Butts 880-8579 7-9 pm

Sat. Apr. 28 2nd Annual Spring Thaw Special (B3C) Leader's choice of a moderate mountain in southern New Hampshire or Massachusetts that can be climbed without winter gear. Moderate to leisurely pace for those who took the winter off. Register with CL Wayne Taylor 252-6995, 6-9 pm, or e-mail wjtaylor@mediaone.net L Bob Vogel 238-7732, 6-9 pm, or e-mail rvogel@altavista.net.

Sun. Apr. 29 "My First AMC Hike": Borderland State Park (B3D) Don't just read along, come along on this easy 3- mile loop, followed by a faster 4 mile loop for those interested. Register with L Bob Vogel 238-7732, 6-9 pm, or e-mail rvogel@altavista.net.

Sat. May 5 Young Members Hike, Myles Standish State Park. A joint hike with Boston Chapter Young Members. Register with L Linda Church 495-1308 7-9 pm or e-mail lchurch@whoi.edu

Sun. May 6 Blue Hills / Massachuseuck Trail. (B3C) Nice trail thru woods by Ponkapoag and Houghton's Ponds to Chickatawbut Hill. Register with L Richard Jussaume 285-8940, 6-9 pm, or email richjuss@ici.net. CL Bill Markson 947-6739 6-9PM or email mogulero@yahoo.com.

Sat. May 12 Mount Monadnock (B3B) Join us in this popular hike via the Cascade Link and Pumpelly trail to the summit of Monadnock. Spectacular views. Register with Ls Walt or Linda Wells 279-1963 or e-mail wwells50@aol.com.

Sat. May 19 Welch and Dickey Mountains (B3B) Moderate hike with lots of views in all directions. Rocky terrain with ledges. Some hiking experience recommended. Good intro hike to the White Mtns. Register with L Louise Desrochers 822-1372 CL John Poirier 822-1372. CL Pauline Jordan 676-5146

Hiking and Backpacking continued

Sat. May 19 Middle and South Carter Mtns. (A3B) Up the Imp Trail, across the Carter Moriah Trail and down the 19 Mile Brook Trail. Register with L Bob Emery 222-8460 7-9 pm. CL Rick Barnes 830-0479 or e-mail: rwarnzee@aol.com.

Sun. May 20 Mt. Moriah (A3B) Up and down the Carter Moriah Trail with many fine views of the north country. Register with L Bob Emery 222-8460 7-9 pm. CL Rick Barnes 830-0479 or e-mail: rwarnzee@aol.com

Sat. May 26 - Mon. May 28 The Bonds and South Twin Mountains. (A3B) Two night backpack. Possible camp-out on Friday night for early start Sat. on long hike to Bondcliff and Mt Bond, with overnight at Guyot Campsite. Second day hike to So. Twin with overnight at 13 Falls Campsite in Pemi Wilderness. Register w/ L Wayne Taylor, 252-6995 6-9 pm, e-mail wjtaylor@mediaone.net. CL Richard Jussaume, 285-8940 or e-mail richjuss@ici.net.

Sat. / Sun. June 2-3 Zealand Hut overnight. (B3C) Join us for a hiking weekend at this popular hut. In via the Zealand Tr. with optional pm hike to Thoreau Falls. Sun. possible early hike to scenic Zeacliff Overlook. Hut fee: \$62 Limit: 8 hikers. Register ASAP with L Erika Bloom 996-3290 7-9 pm or e-mail ebloom@mediaone.net. Checks must be received by May 1. Other L Wayne Taylor, 252-6995 7-9 pm, wjtaylor@mediaone.net.

Sat. June 9 Mt Monroe, NH (B3B) Join us for Walt Wells' 48th 4000 ft. on this moderately paced 7.8 mile hike via the scenic Ammonoosuc Ravine Trail. Optional stay over at Lakes of the Clouds Hut. Register with L Dexter Robinson 781-294-8840 7-9 pm or e-mail dexsue@massed.net Or CL Linda Wells 279-1963 or e-mail wwells50@aol.com

Local Hikes on Cape Cod

Thursday & Sunday Hikes

Cape Hikes Committee Chair: Janet Kaiser 375-0574

Co-Chair: Janet DiMattia 394-9064.

Thurs. hikes start at 9:30 am, last about 2 hrs, 5-7 miles.

Sun. hikes start at 1:00 pm, last 2-2 1/2 hrs, 6-8 mi.

Moderate pace. NO DOGS.

Thurs. Mar. 8 Yarmouth, Bud Carter Trail. From Rte 6 Exit 8S onto Station Rd.. Turn L at first traffic light onto Whites Path, follow to end. L across bridge to Driftwood Lane. Park at 16 Driftwood Lane if no space avail at trailhead. L Pam Carter 398-2605

Sun. Mar. 11 West Barnstable. Barnstable Conservation Land. Exit 5 S off Rte 6 onto Rte. 149 to R on Service Rd. Park under power lines on left. L Barbara Hollis 240-1973

Thurs. Mar. 15 Yarmouth, Inkberry Trail. From Rte 6 Exit 7 S. Turn L on Higgins Crowell Rd. then L at lights on Buck Island Rd. Turn R at end of Winslow Grey Rd. Go .5 mi. Park on R at Raymond J. Syrjala Conserv. Area. L. Janet DiMattia 394-9064

Sun. Mar. 18 Wellfleet, White Crest Beach. From Rte 6 E on LeConte Hollow Rd. to end, L on Ocean View Rd. to beach prkg lot. L Frank Handlen, 349-7396

Thurs. Mar. 22 Dennis Run Pond. From the intersection with Old Bass River Rd. go W on Setucket Rd. approx. 1 mi and park in small lot on N side of road (bike path), E of junction with Mayfair Rd. L Janet Kaiser 375-0574

Sun. Mar. 25 Brewster, Nickerson State Park. From Rte 6A enter Park and park in main parking lot. L Jack Handlen 255-5292

Thurs. Mar. 29 Wellfleet, Great Island. Turn N off Rte 6 at "Wellfleet Center" sign onto Main St. Turn L on Chequessett Neck Rd. "at the dory" and follow to end. Park in Great Island pkg lot on Left. L Frank Handlen 349-7396

Sun. Apr. 1 Truro, North Pamet. From Rte 6 Truro, turn E at Pamet Rd. sign. Meet at end of So. Pamet Rd. L Ron VanderWiel 255-3361

Thurs. Apr 5 Barnstable, Deacons Farm. Exit 5 off Rte 6, go N Park behind Fire Station on R. L Harry Dombrosk 385-9502

Sun. Apr. 8 Eastham, Doane Rock. From Rte. 6 turn R on Nauset Rd. at lights at Visitor Center. Bear R off Nauset Rd. to Doane Rd. Turn R at Picnic Area sign and park in 2nd pkg lot. L Janet Kaiser 375-0574

Thurs. Apr. 12 Dennis, Indian Lands. S. on Old Bass River Rd. from Rte 6A in Dennis Village. R into pkg lot in 4 mi at Town Hall. L Barbara Hollis 240-1973

Sun. Apr. 15 Barnstable, Sandy Neck. Rte 6A to Sandy Neck Beach pkg. lot at end of Sandy Neck Rd. L Pam Carter 398-2605

Thurs. Apr. 19 LITTER PICK-UP HIKE. Bring gloves and plastic bag. Sandwich, Ryder Conservation Lands. N on Rte 130 from Rte 28 for 1 mi to R onto Cotuit Rd. 1.8 mi to Ryder Cons. Land pkg sign on left. L Nancy Wigley 548-2362

Sun. Apr. 22 Wellfleet, Duck Harbor. Turn N off Rte 6 at "Wellfleet Center" sign. Turn L on Chequessett Neck

AMC Activities Risk Statement: *Activities listed here involve varying degrees of danger. When you participate in these activities, you should be prepared physically and mentally, and equipped with appropriate gear. You should be aware of the risks and conduct yourself accordingly. Volunteer trip leaders are not responsible for your safety; you are. Before registering for any activity, you should discuss your capabilities with the trip leader. To participate in chapter activities, individuals under age 18 must be accompanied by a parent or responsible adult, or obtain prior consent from the trip leader. Those accompanied by a minor are responsible for the minor's actions.*

Local Cape Hikes continued

Rd. "at the dory", follow to end, turn R opposite Great Island pkg lot. Park in lot at end of road. L Janet Kaiser 375-0574

Thurs. Apr. 26 Harwich, Herring River. Exit 9 S off Rte 6 onto Rte 134. Turn L at 3rd traffic light on Upper County Rd. then L onto Great Western Rd. Follow approx. 2.2 mi. Park inside fence on L at Sand Pond. L Janet DiMattia 394-9064

Sun. Apr. 29 Yarmouth, Inkberry Trail. N from Rte 28 on Winslow Gray Rd. at light, .4 mi to pkg on L. Frank Handlen 349-7396

Thurs. May 3 Mashpee, River Woodlands. Exit 5 S from Rte 6 to Rte 149 to N toward Falmouth on Rte 28. at 2.6 mi past Botello Home Center, turn L on Orchard Rd (the next major intersection). At end of Orchard Road. turn R then immy L onto Mashpee Neck Rd. At 1 mi park on R off rd. at sign "Mashpee River Woodlands". L Nancy Wigley 548-2362

Sun. May 6 Truro, So. Pamet. From Rte 6 Truro, turn E at "Pamet Road" sign. Meet at end of So Pamet Rd. L Ron VanderWiel 255-3361

Thurs. May 10 West Barnstable Conservation Lands. Exit 5 S off Rte 6 onto Rte 149 to R on Service Rd. Park under power lines on Left. L Barbara Hollis 240-1973

Sun. May 13 Brewster, Nickerson State Park. From Rte 6A enter Park. Park in main parking lot. L Jack Handlen 255-5292

LONGER CAPE HIKES

Saturdays and Sundays — Meet at 10 am unless otherwise noted. BRING LUNCH

Mar. 24, 31, Apr. 7, 14, (4/21 rain date) "ELBOW TO END" beach walking series. Hike from Chatham to Race Point. Call L Peter Selig 432-7656 for further information.

April 28 Eastham, Doane Rock. From Rte 6 turn R on Nauset Rd at lights at Visitor Center. Bear R off Nauset Rd. to Doane Rd. Turn R at Picnic area sign and park in 2nd parking lot. L Brigitte Falzone 394-6346

May 5 NO HIKE. SEM SPRING FLING see page 8

May 12 Wellfleet - Griffin Island and Bound Brook. Turn N off Rte 6 at Wellfleet Center sign onto Main St. Turn L on Chequessett Neck Rd "at the dory". Park in Great Island pkg lot on L at end of road. L Ron Vanderwiel 255-3361

SUMMER FULL MOON HIKES

Call L Peter Selig 432-7656 for time.

Mon. June 4 Cape Cod Canal. Call L Pam Carter 398-2605 for time

Mon Aug. 6 Harding Beach. From Rt 28 Barn Hill Rd to Beach Rd to Harding Beach.



Looking east from Mt. Desert Island, Maine

Canoe and Kayak

Chair — Arthur Hart (781) 762-5251

Co-Chair — Dave Williams 238-3638

RENTALS AVAILABLE: AMC Members \$6 day, Non-members \$15 — *Old Town 17 ft FG Canadienne Canoe* (Dave in Easton 238-3638); *Grumman 17 ft Alum. Canoe* (Carolyn in Sandwich 888-4923); *Chinook 17 ft Sea Kayak* (Carrie in Harwich 430-9892)

WHAT TO CARRY OR WEAR ON A DAY TRIP:

* CG-Approved Personal Flotation Device (PFD) which should be worn at all times even though it is only required to be worn between Sept 15 to May 15. * Hat w/ brim * Sunglasses with cord, 100% UV screen * Water shoes or boots * Other clothing suitable for the water temp. rather than air temp., especially in Spring and Fall! * In a dry bag, a complete change of warm clothes (wool or pile in Spring and Fall), a pack towel, sweater and windbreaker, wool cap, neoprene gloves, 2 piece rain suit and in good weather a swimsuit * Also sunscreen, bug dope, Swiss army knife, duct tape and some band aids, moleskin and some toilet paper in a zip lock bag, a compass and map of the area. * *Most important, water and lunch.*

OUTFITTING: A canoe should have 10-ft bow and stern lines (painters) secured with bungee cord but readily accessible. Kayaks should have grab loops on each end. A bailer and sponge and perhaps a small folding canoe type chair, to make the lunch stop more enjoyable, complete a typical outfit.

INTERNATIONAL SCALE OF RIVER DIFFICULTY

This rating system may be listed on some of our quick water trips so paddlers should be aware of this rating system. It is explained in detail in AMC River Guides and most other paddling books. Briefly, there are 6 classes which run from Class I: Easy to Class VI: Extreme (as in, you might not come home!!). If you have any questions about your ability or the difficulty of a trip you should ask the leader.

SAT. TRIPS: call L or CL to register and for time and directions to put-in. Leaders will determine if your experience is suitable for the trip.

WED. or THURS. TRIPS: no registration required unless listed. Allow time to park, unload and be in the water ready to go at 10:30 am



Canoe and Kayak continued

Spring Paddling Schedule

Sat. Mar. 24 Weweantic River, Wareham. Quickwater to class I; paddlers should be prepared for cold water. L Jeff Tubman 896-7858, jltbmn@capecod.net

Sat. Mar. 31 Pleasant Bay tidewater trip, Cape Cod. Open boat and kayak paddlers experienced with cold and windy water are welcome. L. Ed York 385-6118 (recorded details after 5 pm Mar 30 or earlier for tips and conversation)

Sat. Apr. 7 Nemasket River, Middleboro. L Leon Rogers, 362-3954, leeandbarb@capeonramp.com

Sat. Apr. 14 Town/Hockomock River, Bridgewater and W. Bridgewater. L Dave Williams, 238-3638.

Wed. Apr. 18 Herring River, W. Harwich. Park and launch from S side of Rt 28, W of bridge. L Jeff Tubman, 896-7858 jltbmn@capecod.net

Sat. Apr. 21 Upper Charles River, Norfolk/Medfield. Quickwater (depending on water level). L Art Hart 781/762-5251 ajhart@webtv.net

Sun. Apr. 22 KAYAK POOL SESSION. Buckland Middle School, Middleboro. Learn and practice kayak wet exits and water safety. Members \$10. Register w/ Art Hart 781/762-5251, ajhart@webtv.net

Wed. Apr. 25 Leaders Choice (Cape Cod) L Al Johnson 775-8959.

Sat. Apr. 28 Ockway and Popponeset, Mashpee. L Ralph Upton 398-9680

Wed. May 2 Toby's Island, Pocasset. L Dick Coveney 790-1016, dickcoveney@mediaone.net

Sat. May 5 SPRING FLING PADDLE - Monponsett Lake, Halifax. Meet at Halifax Beach with lunch at noon. L Leon Rogers 362-3954, leeandbarb@capeonramp.com

Wed. May 9 Scorton Creek- Sandwich. L Carolyn Crowe, 888-4923.

Sat. May 12 Pamet River. Truro. L Jeri Housley, 888-8264

Wed. May 16 Monomoy Is., Chatham. Tidewater often w/ difficult wind and current; kayak spray skirts mandatory.

Put in off road connecting to Morris Island near as possible to inlet opp. harbor. Legal to park on side facing town. L Dick Coveney, 790-1016, dickcoveney@mediaone.net

Sun. May 20 Picnic with the hikers, Walkers Pond, Brewster. Paddlers bring extra food (soup to nuts) to share with hikers. L Muriel Thomas 428-3593, mmtctrv@aol.com, CL Nancy Wigley, 548-2362 nwigley@capecod.com

Thur. May 24 Waquoit Bay, Falmouth. L Nancy Wigley 548-2362, CL Muriel Thomas, 428-3593

Fri. May 25 - Mon. May 28 Memorial Day Weekend Canoe Camping. Leader's choice, location to be determined. L Dave Shephard 548-8717, davesheprd@aol.com

Thur. May 31- Bass R. South - S. Yarmouth. L. Max Sarazin

Biking

Chair — Connie Austin 420-8943

Co-Chair — Elsie Laverty 823-0634

HELMETS REQUIRED.

Beginner = mostly flat 15-18 miles, 10-12 mph pace

Intermediate = some hills, 25-35 miles 13-16 mph

Call leaders before 9 pm to match rides to biking ability.

Wed. Mar. 14 Cape Cod Canal / Sagamore, Intermediate Ride starting at 6 pm, 25 miles, 13-16 mph pace. Contact CLs Paul Currier (833-2690, pbencurrier@hotmail.com) or Jim Kilpela (295-1361, jmkilpela@mediaone.net)

Sun. Mar. 25 Intermediate ride, 25-30 miles. 13-16 mph. Call L Sheila Plase (420-4438)

Wed. Apr. 11, Cape Cod Canal / N. Falmouth, Intermediate ride starting at 6 pm, 25 miles, 13-16 mph pace.

Contact CLs Paul Currier (833-2690, pbencurrier@hotmail.com) or Jim Kilpela (295-1361, jmkilpela@mediaone.net)

Sun. Apr. 22 Rochester, Intermediate Ride, 30-35 miles, 13-16 mph pace, contact CLs Jim Kilpela (296-1361)

jmkilpela@mediaone.net or Paul Currier (833-2690).

Sat. Apr. 28 Raynham / Bridgewater. Easy 20-25 mi. Good for beginners who want to start riding with a group. L Elsie Laverty (823-0634) before 9 pm. CL Nancy Beach

Wed. May 9 Wareham / Marion, Intermediate Ride starting at 6 pm. 25 miles, 13-16 mph pace. Contact CLs Jim Kilpela (295-1361, jmkilpela@mediaone.net) or Paul Currier (833-2690, pbencurrier@hotmail.com)

Sat. May 12 Beautiful East Bay Bike Path. Approx. 30 easy miles with shorter option possible. Contact L Frank Wagner (880-7743) or CL Marie Richards (533-2872)

Sun. May 13 Beginner Ride. North Cape Cod area, to be determined by leader. Contact L Linda Church (485-1308) lchurch@whoi.edu for details.

Sun. May 20 N. Falmouth / Woods Hole, Intermediate Ride, 30-35 miles, 13-16 mph pace. Contact CLs Paul Currier (833-2690, pbencurrier@hotmail.com) or Jim Kilpela (295-1361, jmkilpela@mediaone.net) for details

Sat. June 23 11 AM. Beginner ride, 16 miles. some easy hills. Rock Harbor to Coast Guard and Nauset Light Beach. Bring lunch. Paul Ligor (775-6885) paligor@aol.com

TUESDAY NITE BIKE RIDES (May 22 -- Aug 28)

Rides begin at 6 pm, last about 2 hrs and will vary in length from 15-18 miles at beginners pace. Helmets required. L Alice Oberdorff (771-8261), CL Connie Austin (420-8943). Call leaders to determine if trip is appropriate for you.

Tues. May 22. Cape Cod Canal: Meet at east end of Canal, cape side. From Rt. 6A take Tupper Rd. to Freezer Rd. to Army Corps of Engineers parking lot.

Tues. May 29 Rail Trail Dennis/Yarmouth. Meet at Rte.

Biking continued

134 (go south from Rte. 6, Ex 9) at head of Rail Trail pkg lot... for ride to Fisherman's Landing.

Tues. June 5 N. Falmouth to Canal. Meet at North Falmouth Library at west end of Rte. 151 on left. Coastal ride to drawbridge on Canal.

Trails

Chair — Lou Sikorsky 678-3984

Vice Chair — Pat Holland 781-925-4423

We need your support to help keep our trails in the excellent condition that they have been kept in for many years, and it would be great to see some new faces out there. Our thanks to all of you who have been so supportive in your past efforts and to those who made our trip last May a huge success.

The work we do is not that difficult, and we always have a great time. Our crew has done everything from picking up trash to cutting back brush to rebuilding bridges and switch-back steps. We fielded trips to Lonesome Lake in May and September, where we stay the weekend at the AMC hut and work on our adopted trails - the Lonesome Lake, Around the Pond and Upper Lonesome Lake trails. While there, our Crew Gourmet Chefs cook up excellent meals, and our leaders usually offer up a day hike on Sunday before departing, if time and weather allow. If you want to help, contact Lou Sikorsky, 678-3984, e-mail: hikinglou@cs.com, or Pat Holland, (781) 925-4423, e-mail: pat.holland@littlebrown.com.

We'd be happy to talk with you and answer any questions about what we do. Our participation level was way down last year, and we could lose some of our adopted trails if we don't do the work they need. So how about a little help in keeping them in good shape. We'll be planning other trips, so check out the website (www.amcsem.org) for further offerings. Also if you are interested in trails education, please contact Lou. Thanks, and we hope to see you on the trail.

Sat. May 12 Warner Trail Clean-up. This is the local trail that we maintain for the Friends of the Warner Trail. We will meet at 9 am. For directions and any questions, call Lou at 678-3984 or Pat at (781) 925-4423.

Fri.-Sat. May 25-26 Come join us at Lonesome Lake Hut for work on our adopted trails and have some real fun. We will stay two nights at the hut. We have reservations for 18 bunks, and due to financial constraints, we can only take 18 people. We need a **definite commitment** from all who wish to go by no later than April 22. The cost is \$30. Now where can you stay in the Whites on a weekend for that price. Full payment is needed to reserve your spot. Space is limited, so don't delay. Call Lou or Pat ASAP to register.

SEM / AMC Classifieds

This feature is a courtesy to SEM/AMC members. There is NO CHARGE, and ads will run on a space-available basis. This space is strictly for offering outdoor gear; it's not the place to try to sell your SUV or off-load that piece of exercise equipment you never use. Editor will decide what is and is not appropriate use of this space.

Canoeing and outdoor equipment:

- * Wmns. size 6.5 Rocky Boots, exc. cond, \$10
 - * Voyager Camera Dry-Bag, 12 x 14, new, \$10
 - * U.S. Divers mask / snorkel set, used once, \$15
 - * Wilderness Systems Throw Bag, new, \$5
 - * Kit: Contoured Knee Pads, strapping, deck pad, D-rings, adhesive, new \$10
 - * Rain chaps, wms. sm. used once \$5
- Call Anita, 781-749-1067, before 9 pm

Bike rack:

Gutter mounted Thule bike rack, \$100. 6 Locks plus home made roof rack mounts. Custom mounts now available at stores John Smart, 296 Old Plymouth Rd., P.O. Box 1212, Sagamore Beach, MA 02562, e-mail: weejock@juno.com

To submit your ad, please send to Wayne Taylor, 409 Fairview Avenue, Rehoboth, MA 02769, or e-mail: wjtaylor@mediaone.net. Don't forget to include your name, address, phone and e-mail address. Submissions must be received by the 22nd of January (Spring issue), April (Summer), July (Fall) and October (Winter).

View from the Chair (continued from p. 1)

Mt. Chocorua. It is run by volunteers and offers a low cost alternative to other AMC facilities. Your Executive Board voted unanimously to have me write to Peter Madeira, Regional Director, AMC Outdoor Programs Centers, asking why the cabin was closed so suddenly and why maintenance funds were routinely denied despite the availability of substantial reserves. I expressed the Board's feeling that Wonalancet Cabin serves a valuable function for AMC members and the hope that it would be re-opened or replaced as soon as possible. Peter promptly replied reiterating the report of the building inspector who deemed the cabin unsafe for winter occupancy. However, he also expressed the need for a completed Long Range Plan to address future directions for the cabin. I am happy to report that the Boston Chapter has been very pro-active in trying to resolve the fate of the cabin. Two of its members have volunteered to sit on the Wonalancet Working Committee to assist in the creation of a solution to its current problems.

So there's a lot happening in the club and the chapter. On April 7 we have leadership training at Borderland State Park. And the Spring Fling comes up on May 5, with international folk dancing (see registration details on next page). We are trying something different at this year's Spring event by having a pot luck meal. If you sign up and bring something for the potluck, the entire event is FREE. I hope to see you there. ▲ ▲ ▲

SPRING FLING 2001

Saturday, May 5th
Beal House / Sampson Hall in Kingston
Cost: \$5 for dancing only

Join the fun at the Annual SEM/AMC Spring Fling ... *International Dancing with Marcie Van Cleave* ... and a potluck dinner (The entire event is FREE if you contribute a dish to the meal). Spring Fling is a great way to get out and enjoy the season and visit with AMC friends, old and new. Check the canoeing, biking and hiking notices in this issue for the special activities planned during the day and call the leaders for further details.

Evening Schedule

5:00 pm	Social Hour (appetizers and wine provided by SEM/AMC) New Member Information
6:00 pm	Potluck Dinner (bring a dish and the dancing's free)
7:15 pm	International Dancing (with Marcie Van Cleave)

Please register with Dexter Robinson (781-294-8840, 7-9 pm, or e-mail: dexsue@massed.net) and indicate what you're planning to bring for the potluck (salad, vegetable, main course or dessert).

Directions to Beal House / Sampson Hall, Kingston — From the north: take Rte 3 south to Exit 9. Go right off ramp onto Rte 3A toward Kingston. Go 0.7 mi and bear left onto Rte 106 at junction of Main and Summer Sts. Go 0.2 mi on Rte 106. Beal House is on left across from Unitarian Church. From the south: take Rte 3 north from Sagamore Bridge to Exit 9 and follow directions above. or from Rte 495, take Rte 58 north to junction of Rte 106 in Halifax. Go right on Rte 106 and follow for about 5.5 mi. Hall is on right across from Unitarian Church. From the northwest: take Rte 58 south to Rte 27 and follow Rte 27 to Rte 106. Beal House is on your right across from Unitarian Church. From the west: take Rte 44 to Rte 80. Follow Rte 80 north to junction with Rte 3A. Take left at the traffic light onto Rte 3A and proceed a short distance to Rte 106. Follow directions above. One also can follow Rte 106 east from Rte 24 or Rte 18.

Cost is \$5 for dancing only
Registration Deadline: April 20, 2001
Make check payable to: **SEM / AMC**
Mail completed form and check to:
Dexter Robinson
227 Winter Street
Hanson, MA 02341

Registration Form for 2001 Spring Fling

Name _____
Address _____
City/State/Zip _____
Tel. _____ Number attending _____ Amt. Enclosed _____



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